

Primary 2 Parents' Briefing



Damai Primary School

Confident Individuals | Thinking Learners | Engaged Leaders

27 January 2023

Principal's Address



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Confident Individuals | Thinking Learners | Engaged Leaders

27 January 2023

Welcome To All Parents

- **Hope 2023 started well and safe**
- **Looking forward to a strong partnership for 2023**



Agenda

Principal's Briefing

1. Introduction of School Personnel
2. School Vision, Mission and Values
3. Parents - Partners in Education
4. Social Emotional Learning (SEL)
5. Other Important Matters

Year Head's Briefing

1. General Matters
2. Assessment Matters
3. Holistic Reporting
4. P2 Level Programmes for the Year
5. Upcoming Parents' Engagement
6. Parents Kit – Starting School Right
7. Interaction & Briefings – Form Teachers in the Form Class

Our Vision

Confident Individuals
Thinking Learners
Engaged Leaders



Our Vision

Confident Individuals	who demonstrate SPARK values, communicate effectively and want to make a difference
Thinking Learners	who think critically and innovatively, and learns collaboratively
Engaged Leaders	who care and have the courage to want to contribute



Our Mission

*To Nurture and Empower
every Damaian
to Learn, Grow, and Lead*



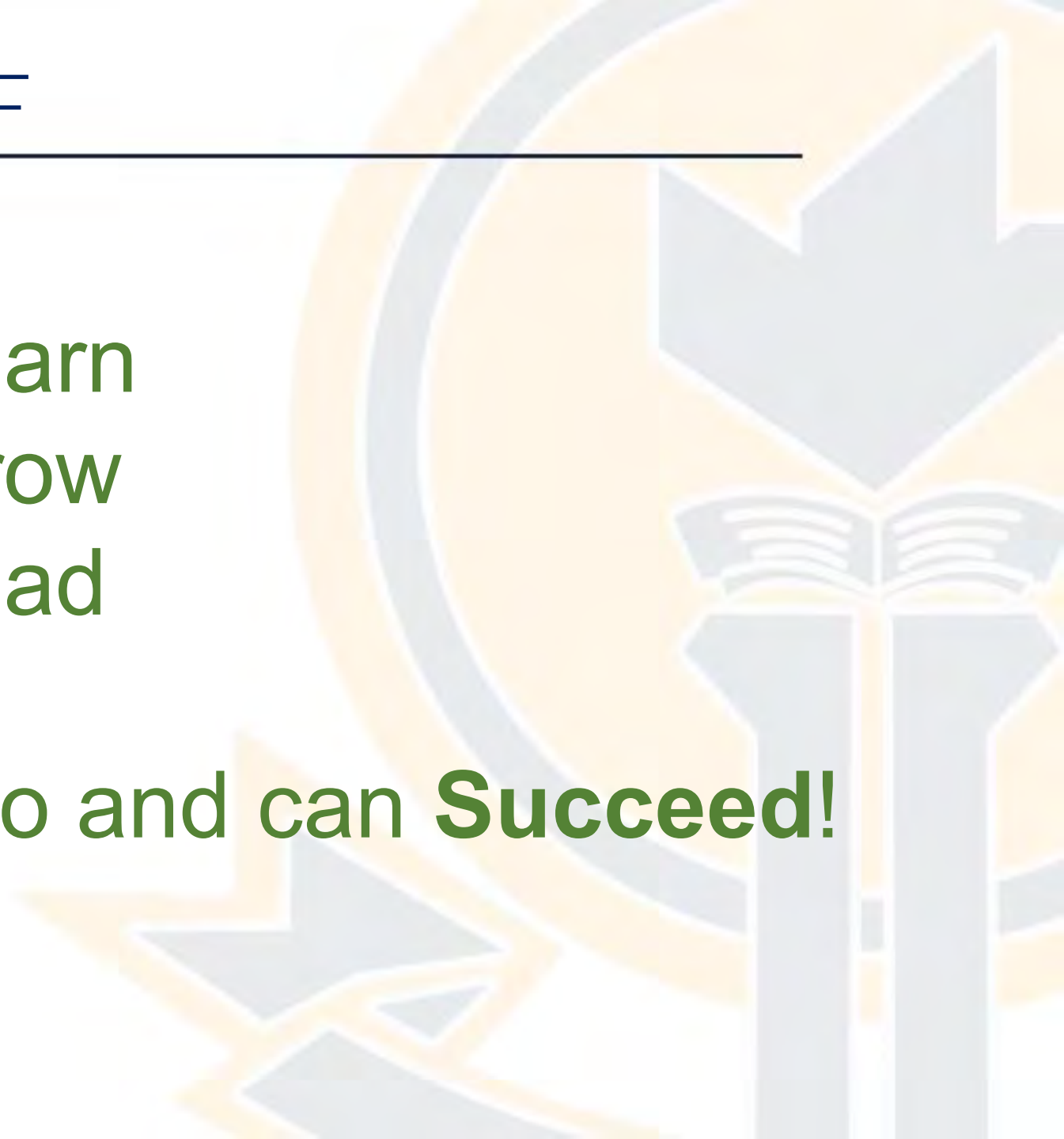
OUR CORE BELIEF

Every Student Can Learn

Every Student Can Grow

Every Student Can Lead

Every Student wants to and can **Succeed!**



DPS - A School of Care & Distinction

Care

Showing concern (through thoughts, words & actions) for each teacher & student.

Distinction

Marked by unique & quality learning experiences (based on student profile & school programmes).

Our **SPARK** Values

Sincerity to self and others

Passion for learning

Aspiration to succeed

Resilience in life

Kindness to all



Our **SPARK** Values

“Every Damaian has self-discipline to uphold our SPARK values.”

S incerity to self and others	Honesty / Care / Respect
P assion for learning	Responsibility / Self-directed / Curiosity
A spiration to succeed	Commitment / Seek to improve
R esilience in life	Perseverance / Adaptability
K indness to all	Helpful / Empathy

Good Discipline

- The school believes that good discipline is an important factor to help create positive school with a conducive environment for our students
- All Damaians need to know our school rules and adhere to them as expected
- Parents are our partners in this journey



Good Discipline

- Help us to educate Damaians
 - must be mindful of own actions/words
 - treat others the way you would like to be treated
 - respect personal space
 - interact / play safely
 - have the morale courage to be an upstander



Good Discipline

- When something happened
 - Tell the person to stop what he/she is doing
 - Share that you do not like it
 - Inform your teacher soonest possible
- DO NOT take things into your own hands



Good Discipline

- School is a safe place – **Zero Tolerance** for Unacceptable behaviour that
 - is hurtful and undermines others to feel safe and secure
 - hinders effective learning and healthy development



Good Discipline – Beyond School

- Safety on school buses
- Buckle up and be seated until time to alight
- No playing and avoid talking loudly on school buses
- Follow the instructions by driver and bus attendance

Remember

In all that you do, always think before you act

1) Is it right or wrong?

2) Is it kind or helpful?

3) Will my parents/teachers be proud of me?



Parents are important partners in education

- **T**rust is the foundation
- **R**emember the child as our focus
- **U**nderstand our shared responsibilities
- **S**eek common ground
- **T**ogether, we work towards common goals



Parent-Teacher Communication

At DPS, we value parent-teacher communication via

- Parents Gateway
- Student Handbook
- Emails
- Phone calls – via school line **6445 6483**
- Meetings
- School Website
- Letters to parents
- Parents' Briefings
- Parents-Teacher Meeting



Parent-Teacher Communication

- First point of contact – Form Teachers / Subject Teachers
- Level-related matters – Year Heads
- School-related matters – Admin Manager / School Leaders
- School is still the best point of contact

Parent-Teacher Communication

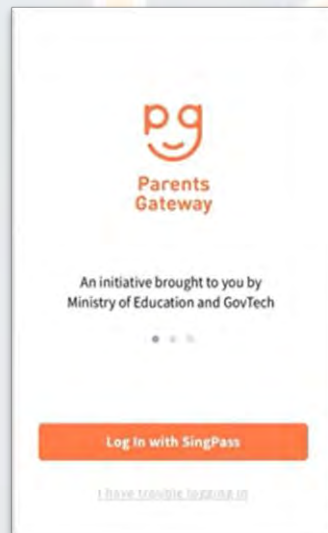
- Seek parents' understanding for the following:
 - Teachers can be contacted during **school days between 7.30 am and 5.30 pm**
 - Teachers may only be able to respond on the next working day if they are not contactable or unable to access their email promptly during the day or if the queries and / or requests are made beyond the school hours
 - Teachers will try their best to respond to all queries and feedback within 3 working days. For complicated matters / issues, we seek your understanding that more time may be required to resolve them before we get back to you.

Parent-Teacher Communication

- Seek parents' understanding for the following:
 - Teachers are not expected to respond to parents' and students' queries during the weekends except for emergencies.
 - If the queries and / or requests made during school hours are urgent, please contact the school's General Office for assistance.
 - Teachers are not expected to provide their personal phone number to parents.

Principal's Monthly Letter to Parents

- Keep a look out for the Principal's Letter to Parents
- Important information is available for parents to allow you to keep posted of the school matters
 - Through Parent Gateway (PG)
 - Keep your PG notification on
- ***Help to communicate with your child on notifications/letters you have given consent***



Attendance in School

- Your child's attendance in school is important and compulsory
- Only when your child is in school will we be able to nurture him/her
- Let's work to support your child to have a good start to P2 in 2023



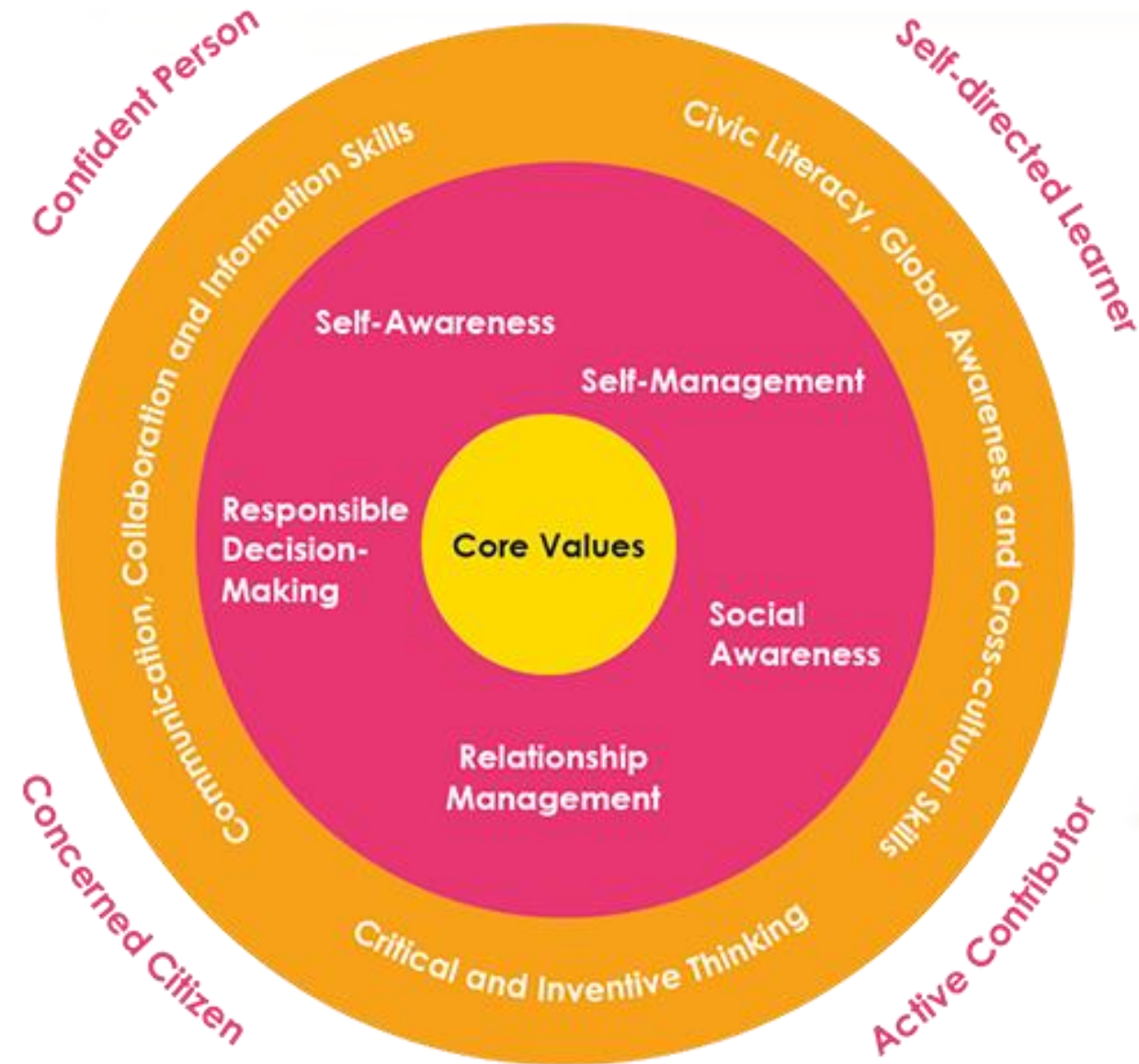
Attendance in School

- Help our children to cultivate the good habit of responsibility and punctuality in primary school
- Students are to report to the classrooms for attendance-taking and morning assembly by 7.30 am
- Ensure your child be in school 5 to 10 min before 7.30 am to give them time to reach the classrooms for morning assembly
- Students who are not in school by 7.30 am to participate in flag-raising together with the student population, will be deemed late for school
- Habitual late-coming will be noted and included in student's behaviour record which will impact the conduct grade of the students

Social Emotional Learning (SEL)

- Social Emotion Learning refers to the acquisition of skills for students to:
 - Recognise and manage emotions
 - Develop care and concern for others
 - Make responsible decisions
 - Establish positive relations
 - Handle challenging situations effectively

Social Emotional Learning (SEL)



- SEL competencies can be categorised into five interrelated domains:
 - Self-awareness
 - Self-management
 - Social awareness
 - Relationship management
 - Responsible decision making

SEL Competencies	Domains	Description
Self Awareness	Relate to the understanding of self which helps in managing one's emotions and personal behaviours	A person who understands his own emotions, strengths, inclinations and weaknesses is able to develop positive self-concept and self-worth.
Self Management		A person who manages himself effectively is able to manage his own emotions, exercise self-discipline and display strong goal-setting and organisation skills.

SEL Competencies	Domains	Description
Social Awareness	Relate to one's social interactions	A person who has social awareness is able to accurately discern different perspectives, recognise and appreciate diversity and demonstrate empathy and respect for others.
Relationship Management		A person who manages relationships well is able to establish and maintain healthy relationships through effective communication and is able to work with others to resolve conflicts.

SEL Competencies	Domains	Description
Responsible Decision Making	<p>Relate to how one handles oneself, relate to others and deal with challenging situations when making moral and ethical choices</p>	<p>A person who makes responsible decisions is able to identify and analyse the implications and consequences of decisions made based on sound moral considerations.</p>

Outcomes of SEL

- Through SEL, our students acquire **skills, knowledge** and **dispositions** to manage self and relationships effectively and make responsible decisions essential for personal and social well-being.
- Research shows **a strong link** between SEL and student outcomes in the areas of mental well-being, character development, school success, career success and responsible citizenship.

Damaians to

- Attend school regularly
- Take learning during lessons seriously
- Develop good study habits
- Complete homework and learning activities given
- Exercise self-discipline and diligence to revise daily
- Seek clarification and help from teachers, classmates or friends when they face difficulty
- Demonstrate Passion for Learning, Aspiration to Succeed and Resilience in Life

School-Home Partnership

- Proper school uniforms/PE attire – **include name tag**
- School driveway – **drop and go**
- Safety – utmost importance

Eg Follow safety rules,

No parking on the red zone outside main gate,

Be punctual in picking up your child



At Damai Primary School

- Provide a safe and conducive learning environment
- Have supportive and caring teachers and staff to journey with your children for their holistic development
- Be our supportive partners for your children
 - Work closely with the teachers
- Be the positive role models for our Damaians

Have a great 2023 ahead!

RESILIENCE-FOSTERING INTERACTIONS

Give our Children **S.P.A.C.E** to grow

SUPPORT

- Provide positive feedback
- Be willing to listen

PROBLEM SOLVE

- Reflect on setbacks together
- Guide your child to develop alternate plans

AFFIRM

- Affirm strengths and efforts
- Use of effective praise

CHEER

- Cheer your child on for every effort
- Celebrate all successes, even small ones

EMPower

- Let your child make decisions
- Encourage your child to voice his/her ideas, and carry out the plans made

PROVIDE ADEQUATE CHALLENGE

- **Stimulating Environment**
 - Provide opportunities for challenges
 - Nurture your child's talents
- **Structure**
 - Set consistent and realistic expectations
 - Maintain daily routines with clear boundaries
 - Assign responsibilities (e.g. household chores)
- **Supervision**
 - Monitor your child's progress
 - Look out for signs of distress



PROVIDE HIGH SUPPORT

- **Responsive Environment**
 - Know your child's needs
 - Be present
- **Role Modelling**
 - Role model social skills
 - Be consistent in teaching and setting examples
- **Reassurance**
 - Encourage your child regularly and intentionally
 - Tell your child "I believe in you"



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Ministry of Education
S.A.C.E. 2021

Year Head Briefing



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Mrs Nadira Khan
Year Head (Lower Primary)

Information Presented

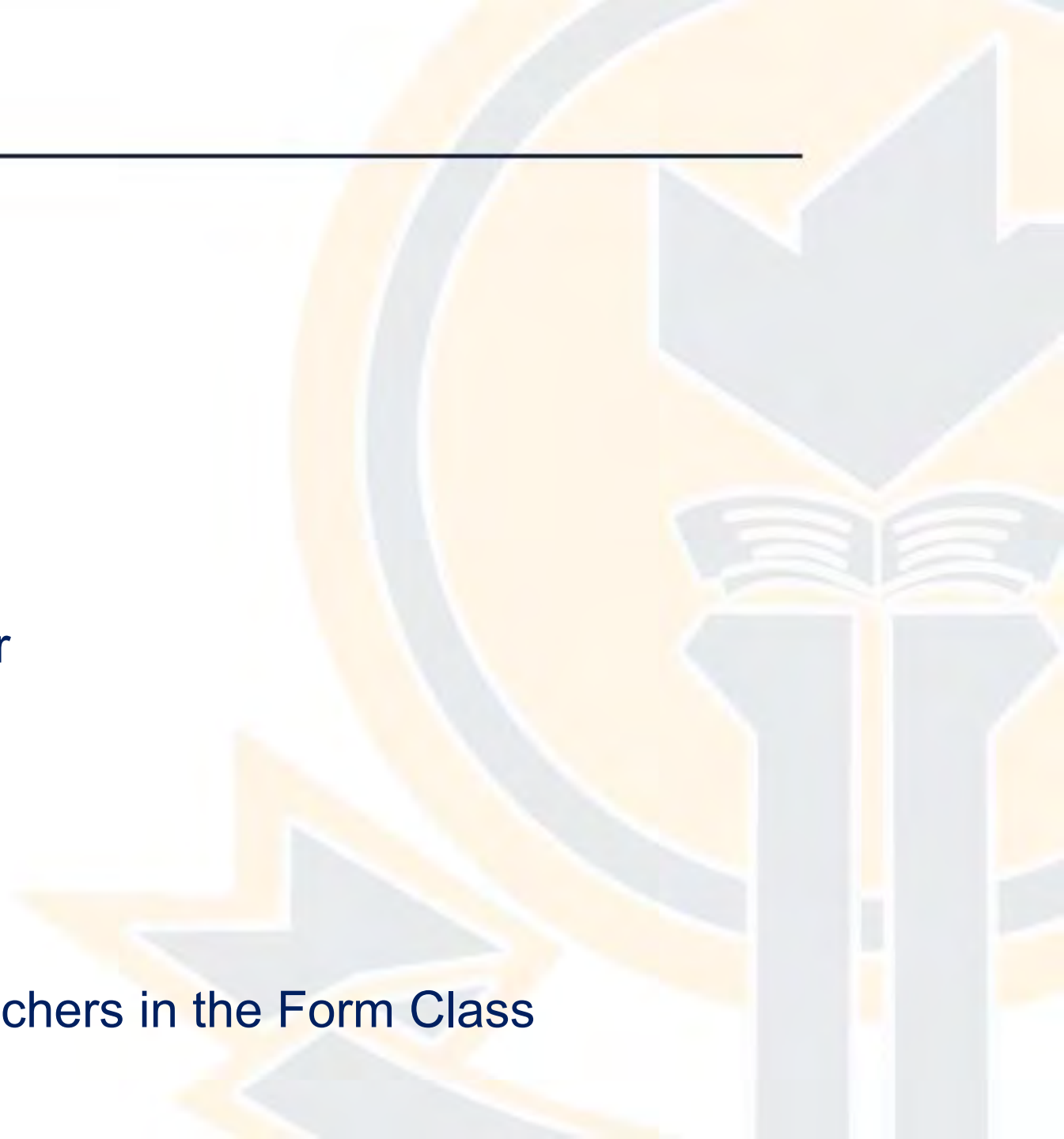
- Slides will be posted onto school website by 10th February 2023.



Agenda

Briefing by Year Head

- General Matters
- Assessment Matters
- Holistic Reporting
- P2 Level Programmes for the Year
- Upcoming Parents' Engagement
- Starting School Right – Parent Kit
- School-Parent Partnership
- Interaction & Briefings – Form Teachers in the Form Class



Year Head (Lower Primary)

- Mrs Nadira Khan

Email : nadira_abdullah@schools.gov.sg

Telephone : 64456483



Hey, are you feeling stressed?

Faced with many challenges in life? You can learn to tackle them.



Tackling Exam Stress

- Start revision early.
- Stick to a revision timetable.
- Set realistic targets.
- Seek help when in doubt.
- Be prepared.



Staying Positive

- Believe that you can face any challenge.
- See the positive side of any situation.
- Mistakes are not failures. Learn from them.
- Be strong.



Managing Anger

- Do not use hurtful words. Walk away.
- Take a few deep breaths.
- Think through the problem and resolve it calmly.
- Stay cool.



De-stressing and Relaxing

- Talk to your family, teacher or friend.
- Exercise or play a sport with your friends.
- Go for a movie or read your favourite novel.
- Be happy.

HAVE YOU TRIED ANY OF THESE TIPS?

Share these tips with your friends and help them cope with their challenges too!

To find out more about managing your mental wellness, visit www.hpb.gov.sg or call HealthLine at 1800 2231313.

Assessment Matters

- Written assessment
- Oral assessment
- Activity-based assessment
- No weighted assessment and examinations in Primary 1 & 2

- ✓ Shorter assessments
- ✓ More and richer feedback
- ✓ Appropriate types of assessment

HA Communication Modes

Communication 'Modes' (Evidence of Learning & Development)



Pupil Portfolio

Pupil Progress Card

Pupil Holistic Report Card

Subject	1st Term	2nd Term	3rd Term	4th Term	5th Term	6th Term	Overall
English	85.0	85.0	85.0	85.0	85.0	85.0	85.0
Maths	85.0	85.0	85.0	85.0	85.0	85.0	85.0
Science	85.0	85.0	85.0	85.0	85.0	85.0	85.0
History	85.0	85.0	85.0	85.0	85.0	85.0	85.0
Geography	85.0	85.0	85.0	85.0	85.0	85.0	85.0
Art	85.0	85.0	85.0	85.0	85.0	85.0	85.0
Music	85.0	85.0	85.0	85.0	85.0	85.0	85.0
Physical Education	85.0	85.0	85.0	85.0	85.0	85.0	85.0
Personal, Social & Health Education	85.0	85.0	85.0	85.0	85.0	85.0	85.0
Overall	85.0	85.0	85.0	85.0	85.0	85.0	85.0

Teacher's Signature: _____ Date: _____

Parent's Signature: _____ Date: _____

Headteacher's Signature: _____ Date: _____

Results Slip



(Achievement, Holistic Development, Growth, Progress)



Child & Learning Environment

(Display of Children's Work: Physical /Digital)

How will this benefit my child?

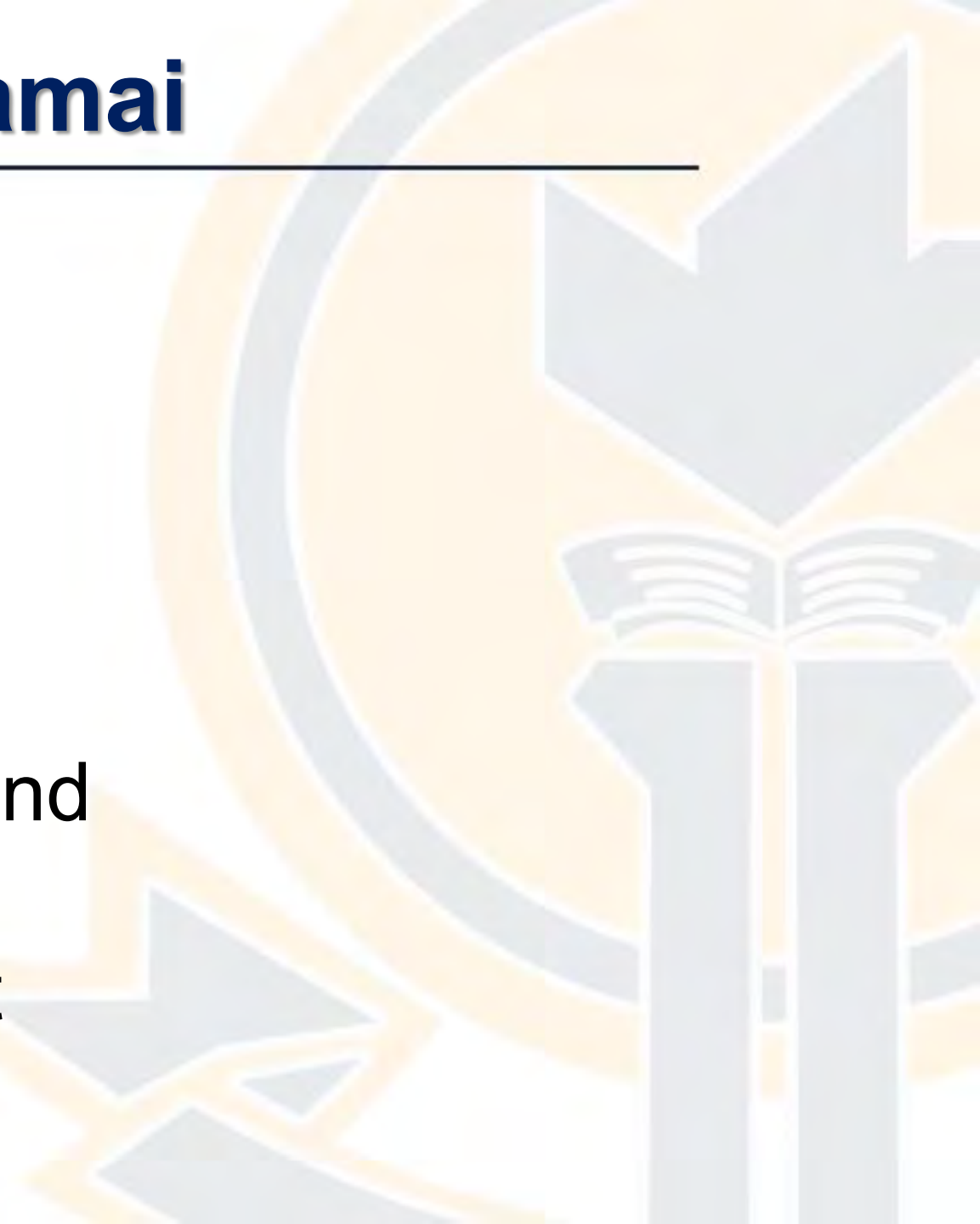
- More opportunities to show learning
- Caters to wider range of learning styles
- Regular and timely feedback

- More confident
- Motivated to learn
- Enjoys learning



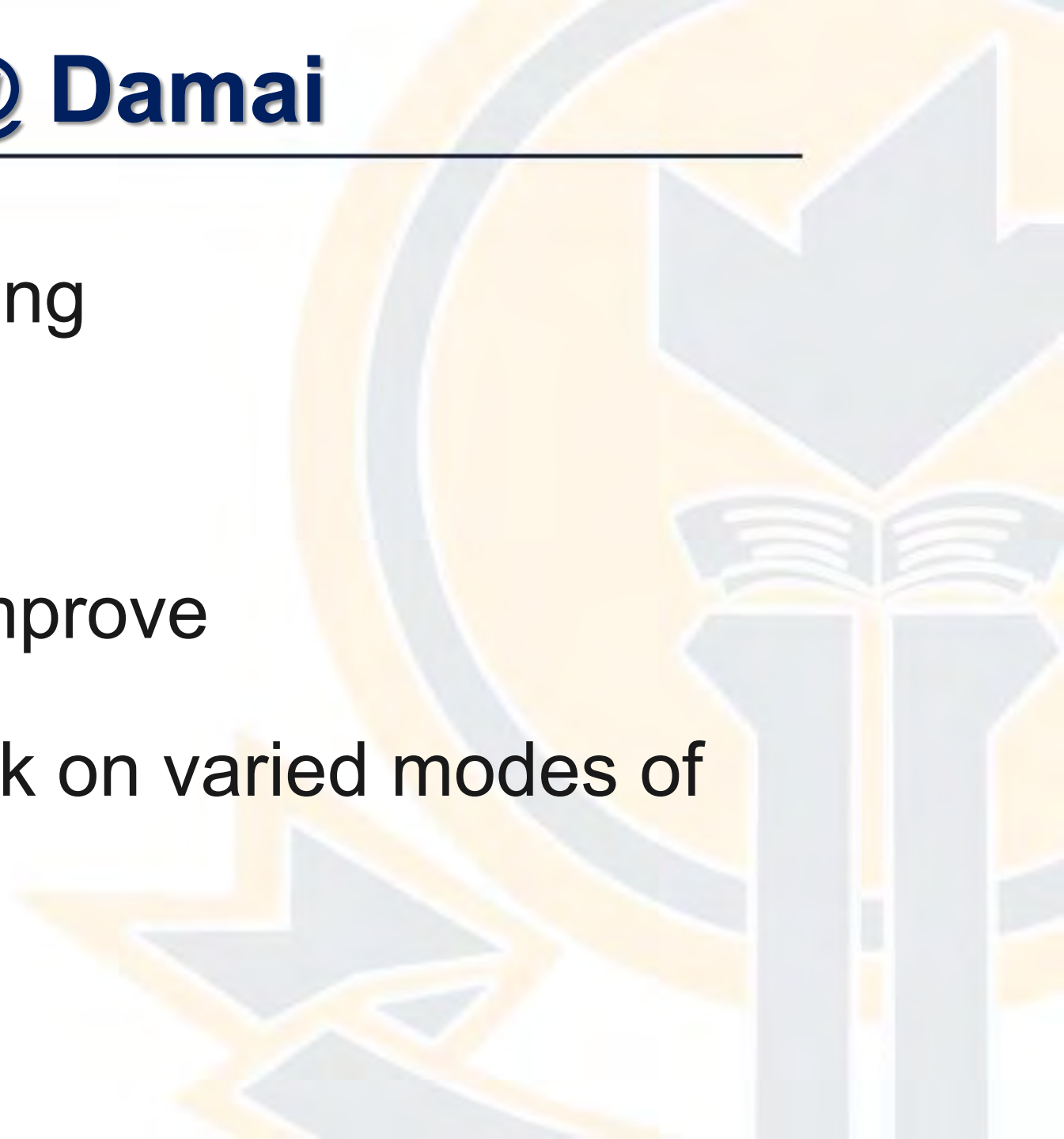
Holistic Reporting @ Damai

- In the black file, you will find your child's
 - ✓ Termly Reflections
 - ✓ Semester Progress Cards
 - ✓ Assessments – Weighted and Non-weighted
 - ✓ Certificates of achievement



Holistic Reporting @ Damai

- Promote reflective thinking
- Have a growth mindset
- Emphasise on how to improve
- Provide regular feedback on varied modes of assessment



General Matters - Attendance

Students are to attend school daily unless they are unwell. They are also to be punctual for all school activities.

Parents are advised to

- Inform the school on their child's absence in the morning
- Submit the following documents to school upon your child's return to school:
 - Medical Certificate from a doctor (for unwell cases)
 - Parent Letter

Our Level Programmes


- Start it Right Programme
- Road Safety Walk
- Values In Action Programmes
- Learning Journeys
- Learning for Life Programmes (LLP)
 - SPARKs@Play
- Applied Learning Programmes (ALP)
 - Digital and Media Literacy @ Damai
- Support Programmes
 - Learning Support – Maths (LSM)
 - Learning Support – English (LSP)



Looking forward to..

- PAL Lessons – Outdoor activities, Visual Arts, Sports & Games and Performing Arts
- English Language / Mother Tongue Speech & Drama
- Learning Journey to National Orchid Garden
- Mother Tongue Fortnight

Snack Break (10 mins @ 11.20am)

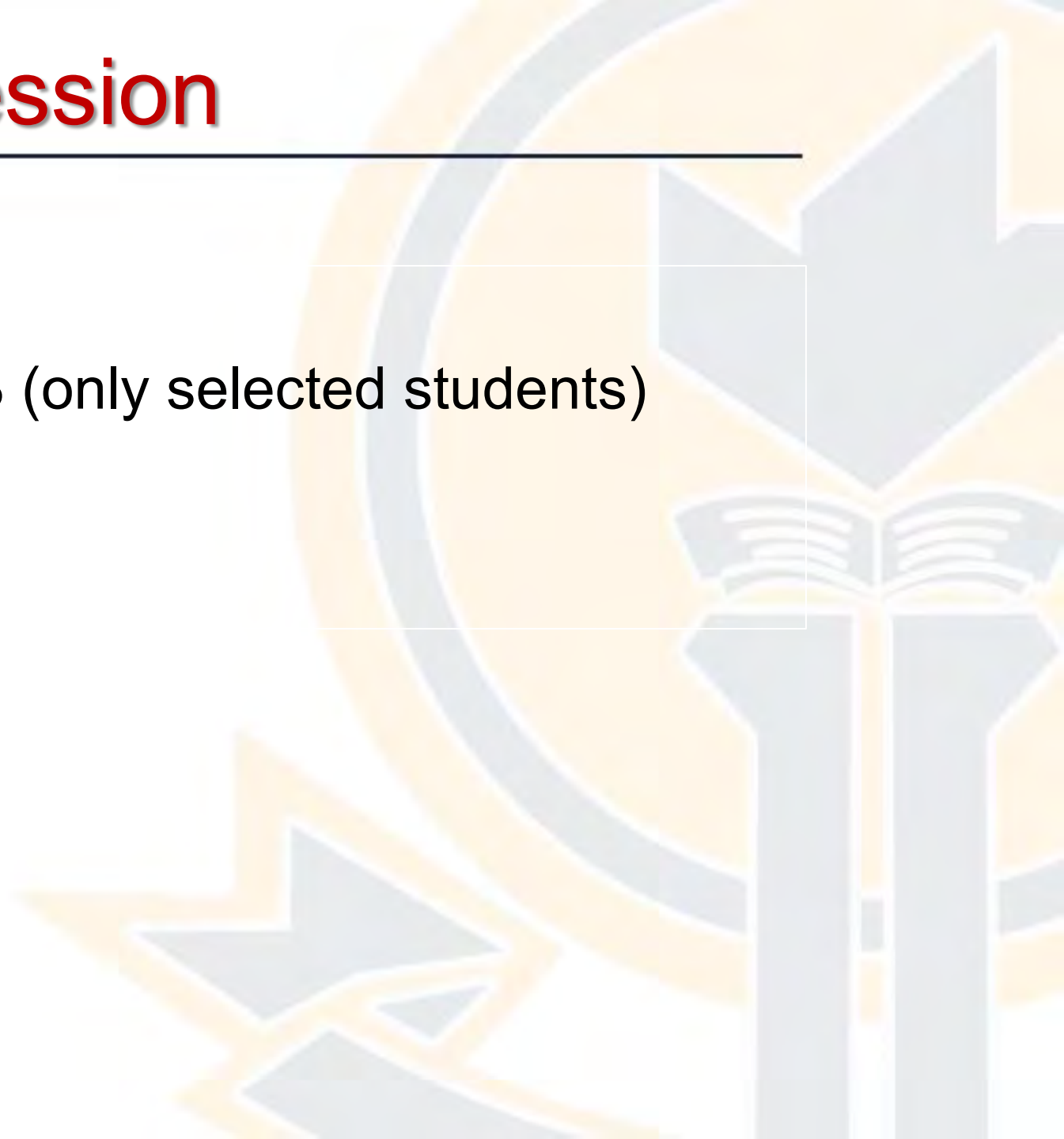
- Important part of a child's diet
 - Manage hunger and fill nutrients gaps
 - Boost well-being
- 
- A photograph showing two bowls of food. On the left is a pink bowl containing a red soup with a piece of red vegetable. On the right is a white bowl containing a yellow soup with pieces of yellow vegetable.



Choose something which is healthy, simple and fast to prepare!

Meet the Parent's Session

- Wednesday, 24th May 2023
- Thursday, 16th November 2023 (only selected students)



Starting School Right

Parent Kit

**Missed our
last issue?**

[Click here](#) for our
previous Parent Kits



Ministry of Education
SINGAPORE

Welcome to the new school year!

To ensure our children transit smoothly back to school and complement the efforts of the school, we can equip our children with skills to enjoy their school life.

Read on to find out what you can do at home to help our children develop resilience, set good goals, and teach them how to relate to others.



1. Complement the school's efforts by knowing and supporting your child

Encourage your child to reflect on their experiences in school by having regular conversations with them. By simply recalling and sharing what they have learnt and experienced, they reinforce their learning in school and reflect on their experiences.

These conversations also help us better understand their experiences and allow us to journey with them. Here are some conversation starters:



For Primary Students

- What was your happiest moment in school today?
- Was there anything that didn't go well for you in school today?
- What are you looking forward to in school tomorrow?

2. Help your child think about what they want to achieve this year

These goals could be diverse and simple, like keeping notes for a certain subject, reading more, learning something new in a CCA, or even just wanting to be a kinder person this year.



For younger children, the first step is to slice their goals up into manageable portions. Instead of a chat, **turn it into a fun, crafty activity!** Check out our Instagram account for more details.

LEARN HOW TO
RIDE A BIKE

SLEEP BY 11PM

HELPING OUT
WITH HOUSEWORK

EAT FRUITS
EVERYDAY



3. Help your child relate to others

A large part of what makes school memorable for our children is the friendships forged, but sometimes working up the courage to make new friends can be daunting.

Encourage your child to be kind to others by taking the initiative to talk to their schoolmates. Have your child ask them about their day. A simple "How are you?" and a word of encouragement can make someone's day!



Being kind is one way to make lots of friends! Check out our [Instagram post](#) for some tips.



4. Help your child build resilience

Learning from challenges and difficult experiences makes us stronger. It is important to help your child adopt positive mindsets so that they develop the resilience and perseverance to overcome future difficulties.

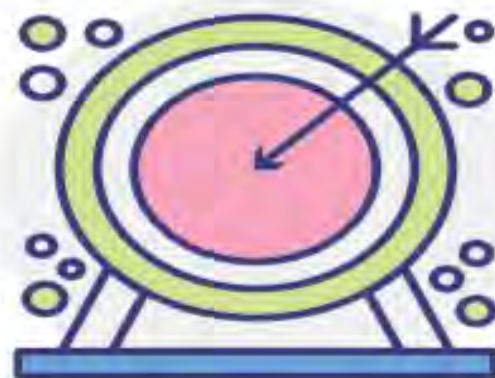


What is a resilient child? It is a child who adapts positively despite setbacks and perseveres in the face of challenges.

Resilience can be nurtured! Here are some ways:

a) When faced with a challenge, guide them to set and move towards their goals.

This encourages them to have a focus and move forward in the face of challenges. Check out page 5 for how you can set goals with your child.



4. Help your child build resilience

b) Facilitate and practice the problem-solving process with them.

Remember S.O.D.A.S:

- Identify the **S**ituation
- Explore 2 to 3 **O**ptions within their control
- Think of **D**isadvantages of each option
- Think of the **A**dvantages of each option
- Select the overall best **S**olution

This will help them find alternative solutions to their problems and build their confidence in overcoming challenges.



4. Help your child build resilience

c) If they are unable to think of a solution to their challenges and are feeling anxious, reframe their thinking by asking them these questions:

1

How do you feel about this situation? What's going through your mind?

2

Why are you feeling this way?
What caused you to have these thoughts?



3

It might seem this way...
but is there another point
of view we can take?

4

Thinking about it again,
how do you feel about
the situation now?

4. Help your child build resilience



Try Gratitude Journaling!

Positive thinking can also be made into a daily practice. You can start a gratitude journal together with your child to remind them that despite the circumstances, there is always something to be grateful for. It's as simple as recording three things they are grateful for every day. These things could be as small as weekends with the family or an extra serving of their favourite dish during dinner.

When they are feeling down, reviewing their journal will help them recognise that there are always small moments of joy if we look for them.



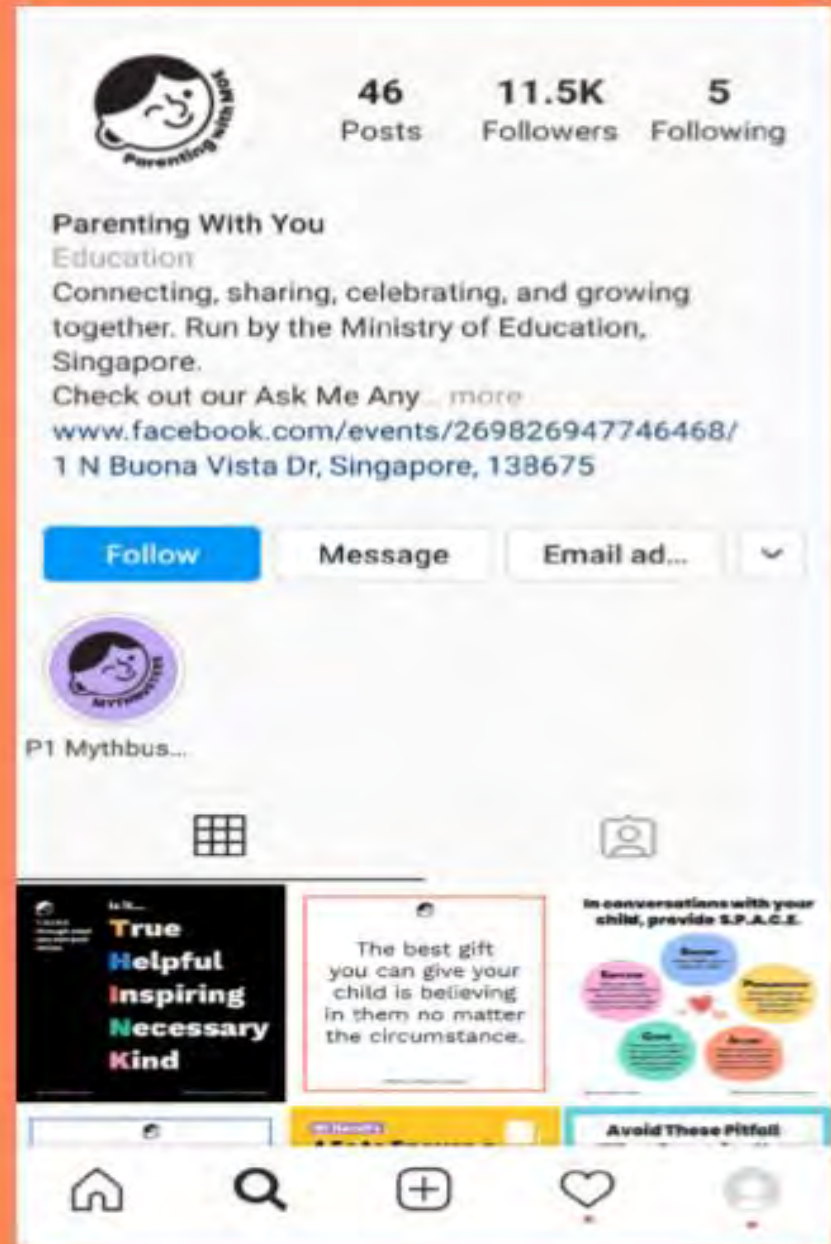
For more tips on building resilience, check out our tips [here](#).



We want to share more than parenting tips with you.

Check out our Instagram page
for parents to connect and
celebrate the ups and downs of
parenting, share tips and stories
on the parenting experience,
and grow together.

Follow us [@parentingwith.moesg](https://www.instagram.com/parentingwith.moesg)



School-Parent Partnership



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How can we support you better?



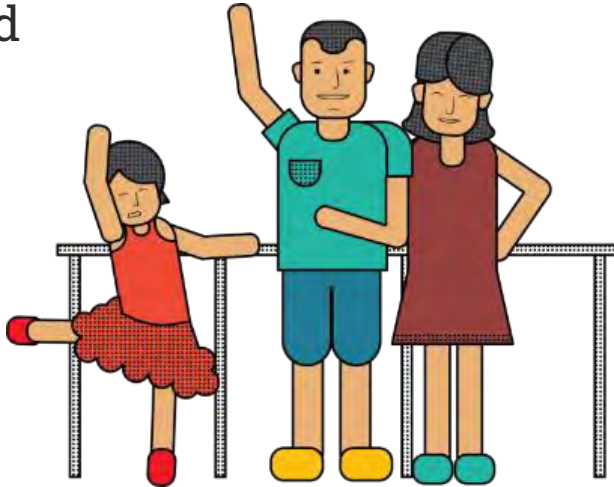
- Increased involvement of parents in their child's educational journey
- School-Home Partnership help to clarify what meaningful parent engagement looks like

Partnering the School

1 Knowing
your child

2 Developing
your child

3 Keeping in
touch with the
school



DEVELOPING GOOD HABITS

- **How parents can help:**

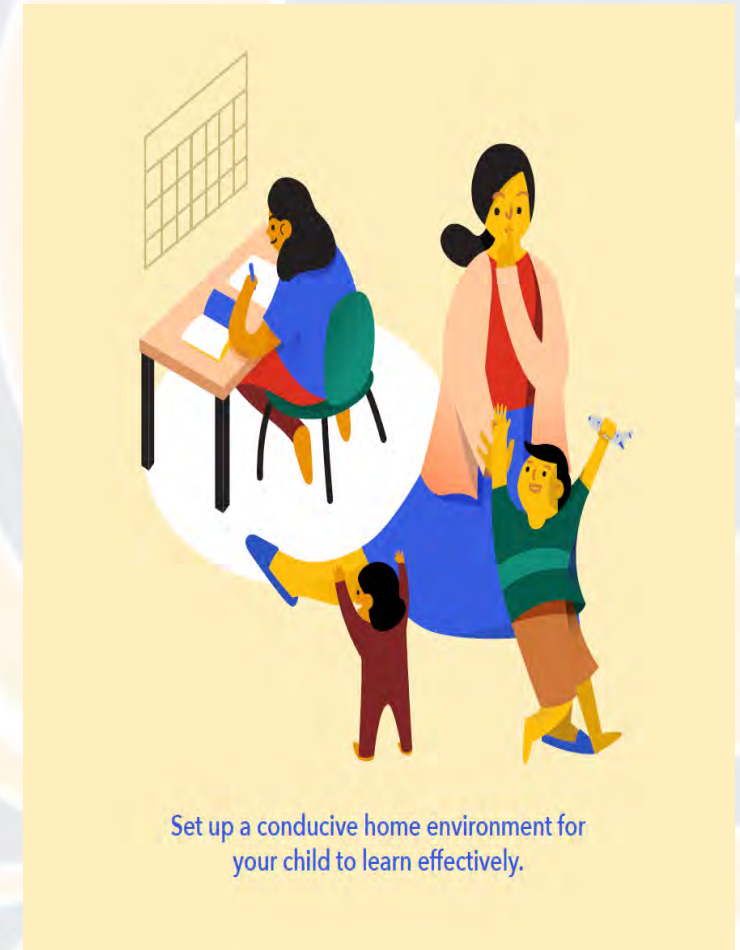
- *Routines at Home*

- Setting up a conducive home environment.

- e.g. At home, set up a well-lit desk and a study area*

- e.g. Parent could read with their children, set them housework etc.*

- Encourage your child to pack his/her own schoolbag and bring required items to school



Set up a conducive home environment for your child to learn effectively.

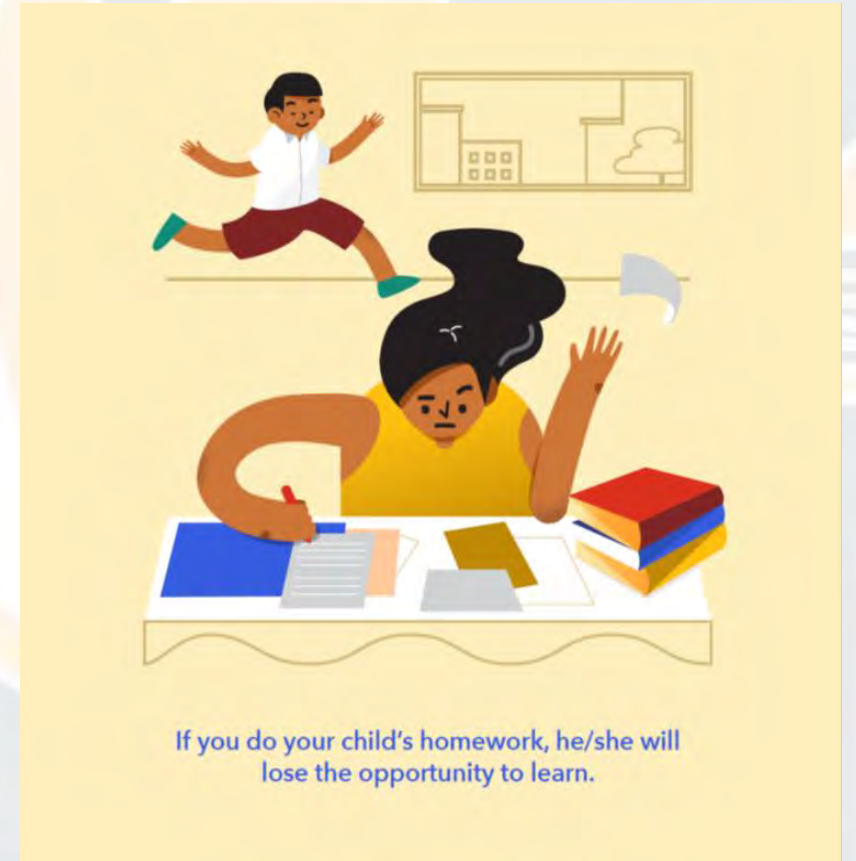
DEVELOPING GOOD HABITS

- **How parents can help:**

- *Self-directed Learner*

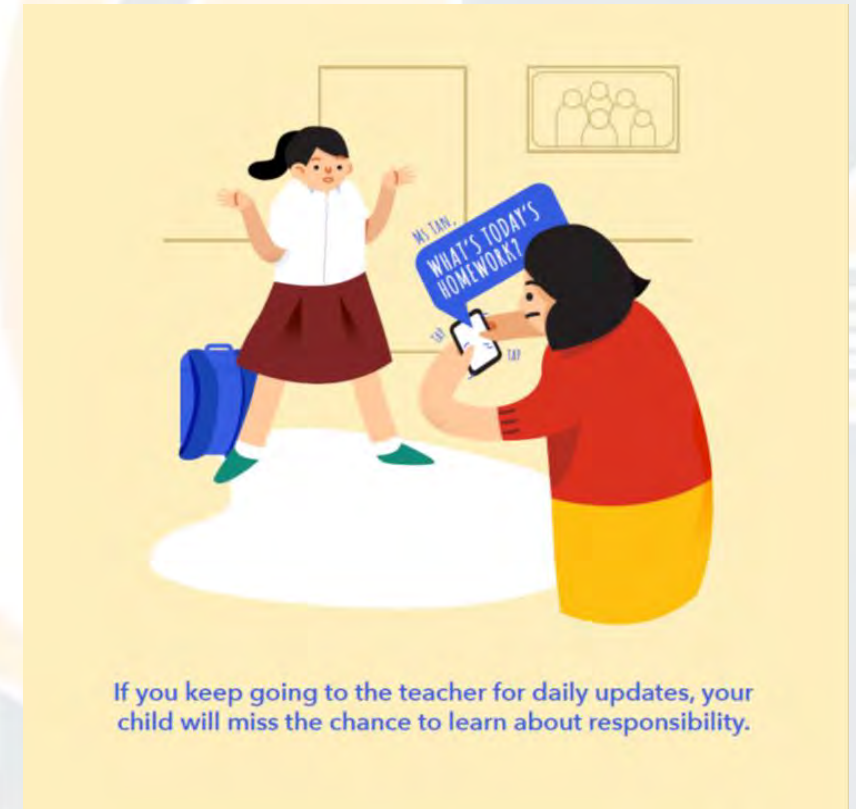
Homework and Learning Support

- Allow your child to attempt the homework on his/her own
- Encourage your child to approach the teacher if he/she needs help with homework
- Parents should ask their child about what they have jotted down in their Student Handbook as opposed to contacting the teacher.



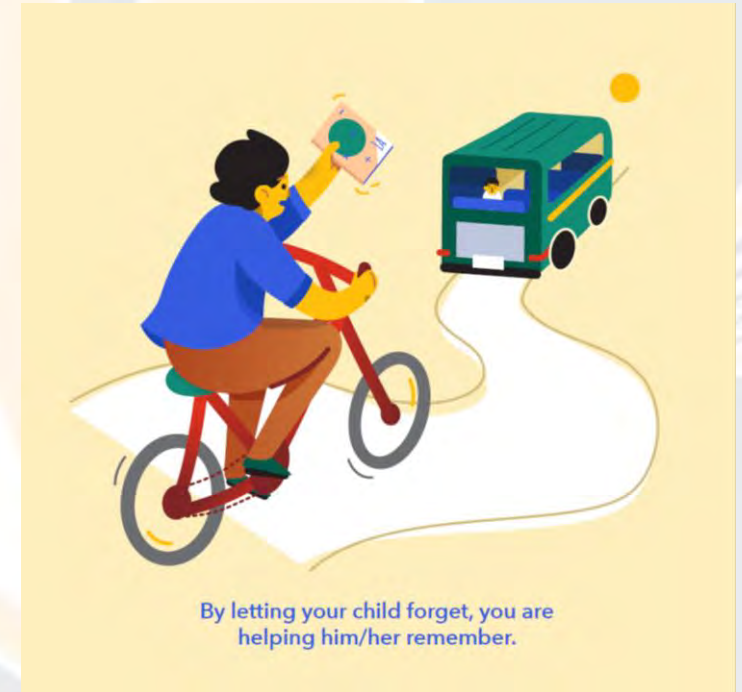
MANAGING SELF

- **How parents can help:**
Self-directed Learner
- Work with your child's teachers to understand his/her strengths, interests and development in academic and non-academic areas.
- Recognise your child's small successes beyond academic results
- Praise your child for his/her efforts, without focusing only on the outcome



MANAGING SELF

- How parents can help:
Self Management on Building Resilience
- To try and not to give up if facing challenges
- To manage friendship issue
- To instil self-discipline

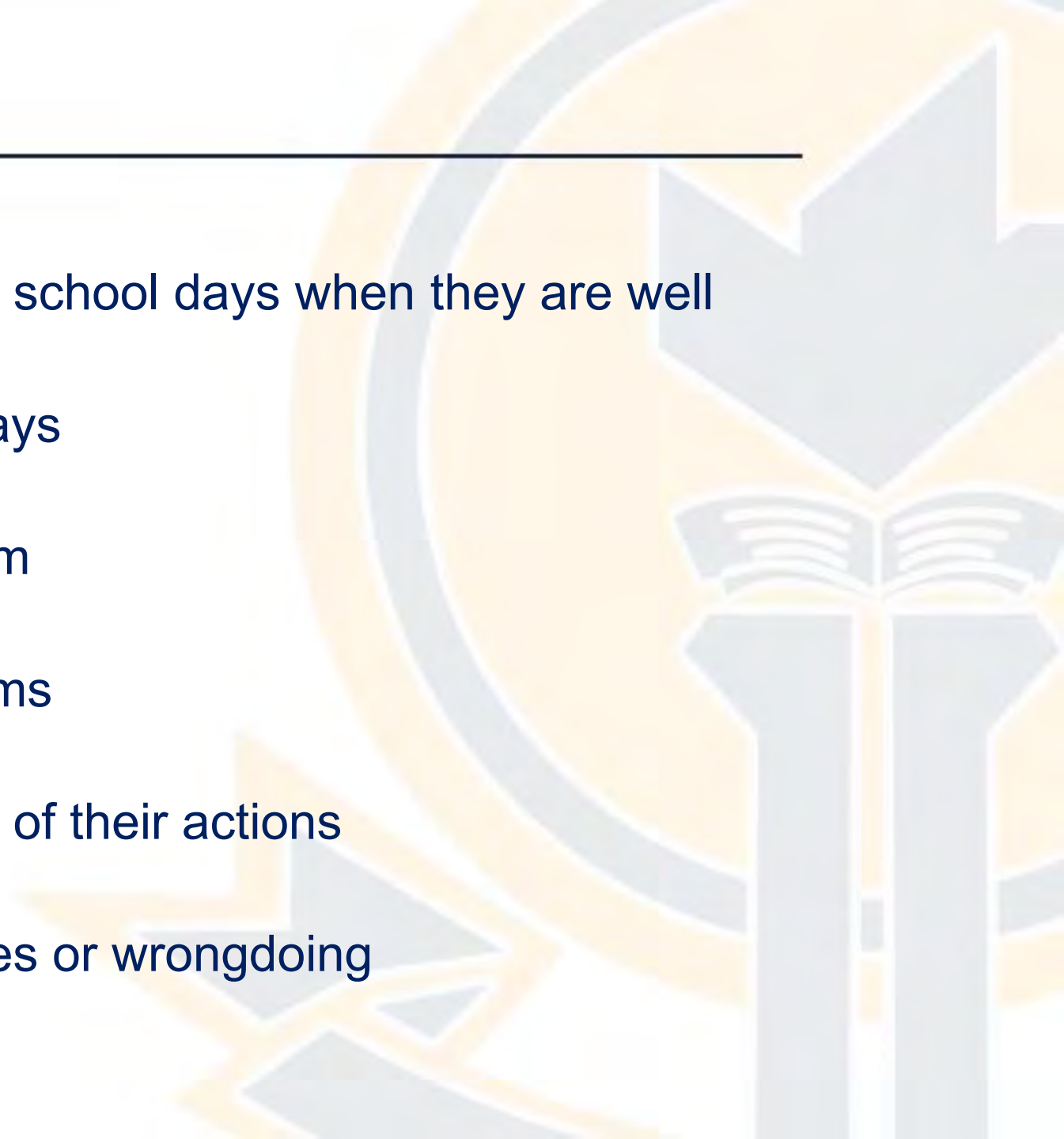


School-Home Partnership

- Familiarise yourself with school communication platforms
- Read the Student Handbook, parent memos & notifications
- Build good relationships & trust the teachers to want the best for each student
- Encourage friendships
- Volunteer in school activities & PSG

PARENTS MUST NOT

- Allow the child to stay at home during school days when they are well
- Bring them overseas during school days
- Do homework or assignments for them
- Make Home Delivery for forgotten items
- Rescue them from the consequences of their actions
- Hide or give reasons to justify mistakes or wrongdoing



SUPPORT YOUR CHILD

BE THERE:

- **Believe** in your child; emphasize on his/her strengths
- **Encourage** your child to give his/her best
- **Treasure** the process of learning, and not just focus on the results
- **Help** your child develop a structure and routine for studying
- **Expect** realistically what your child is capable of; help him/her experience success
- **Recognise** the symptoms of stress/anxiety and address them
- **Empathise** with your child regarding the challenges s/he is facing

Forming a Constructive Parent-Teacher Partnership

3 Cs

Communication – Frequent, two-way communication is important to stay abreast with what is happening in school

Consistency - Create routines and providing opportunities to enhance students' learning at home.

Collaboration – A cooperative partnership involves planning and problem-solving to develop specific, positive strategies to help students reach their full potential.

Communication Platforms

- Student Handbook
- Email (Introductory Letter receiving on 3/1 via PG)
- General Office Telephone Number: 64456483
- Face to Face Meeting (Send an email to make an appt)
- Parents' Gateway (to switch on notifications)
 - Notifications, travel forms

