

2026 Secondary 1 Orientation Programme
“Our Damai Heartbeat”

02 January 2026, Friday

Day 1: Feeling the Damai Heartbeat

Time	Activity	Venue
0730 - 0830	Morning Assembly & Attendance	Hall (together with Sec 2 – 4/5)
	Principal's Address, Mr Prashant	
	Briefing on School Discipline & Attire & Grooming Check	
0830 - 0850	Year Head's Address, Ms Lenny Marlina	Hall
0850 - 0950	Form Teacher Time <ul style="list-style-type: none"> • Getting to know one another • Brainstorming Class identity Meet Your OGLs & Feel the Damai Heartbeat	Respective Classrooms
0950 - 1030	Recess	Canteen
1030 - 1115	Class Bonding Games & Class Cheer	Respective Classrooms
1115 - 1145	School Tour	School Premises
1145 - 1215	Learning of School Song	Hall
1215 - 1230	Class Huddle	Hall
1230	Dismissal	

05 January 2026, Monday

Day 2: Living Out the Damai Heartbeat

Time	Activity	Venue
0730 - 0740	Morning Assembly & Attendance	Hall
0740 - 0810	Sharing on Managing Transition by School Counsellor, Ms Ilyana Saat	Hall
0810 – 0820	Sharing on CCA selection by HOD/PE&CCA, Mr Ng Zhi Xian	hall
0820 – 0910	Class Bonding Games	Respective Classrooms
0910 – 0950	Recess	Canteen
0950 - 1120	Amazing Race @ Damai	Hall & School Premises
1120 - 1230	Mass Dance Practice	Hall
1230 - 1300	Class Huddle	Hall
1300	Dismissal	

08 January 2026, Thursday

Day 3: Living Out the Damai Heartbeat

Time	Activity	Venue
Report by 1630	Attendance-Taking	Hall
1645 – 1745	Mass Dance Practice	Hall
1745 – 1830	Dinner	Canteen
1830 - 1845	Sec 1s to Assemble in the Hall	Hall
1845 - 2000	Sec 1 Meet-The-Parents (MTP) Session <ul style="list-style-type: none">• Mass Dance Performance• Principal's Address, Mr Prashant• PDLP Briefing by SH/ICT, Ms Dolly Khoo• CCA Briefing by HOD/PE &CCA, Mr Ng Zhi Xian	Hall
2000 - 2030	Sec 1 Parents Meet the Form Teachers	Respective Classrooms
2030	End of MTP	