## SENIOR ACTIVITY P5 LASALLIAN LEADERS



During the September holidays, a small group of our P5 Lasallian Leaders spent some time at Fei Yue Senior Activity Centre. They led a 1.5 hour session during which they organised games for the elderly, exercised and interacted with them. Stepping outside of school to experience servant leadership through service to their community helped our Lasallians push themselves as mindful servant leaders. Here's what our Lasallians had to say...

The session was meaningful for me as it allowed me to get to know the elderly better. I learned a lot about them and the challenges they face. I learned that they enjoy being around others and interacting with them. I also realised that they feel using the internet is challenging. They know how to use things that are simple. This is why they avoid complicated things like using the internet and prefer to use technology for simpler things, like calling a friend or watching the television. Listening to them was eye-opening for me. I feel excited and am motivated to find new ways to help them.

Hongyu, 5D



I was initially worried about how to speak to the elderly, if they would understand us and what we would talk about since we have so many years of difference. However, my trip to Fei Yue really surprised me. When we went there, the elderly were very cheerful and they opened up to us easily. This was very heartwarming and reassuring as I was afraid that they would keep to themselves. Spending time with them reminded me of the importance of patience and kindness. I feel happy that we made the seniors at Fei Yue happy.

Vasubbratha, 5D

