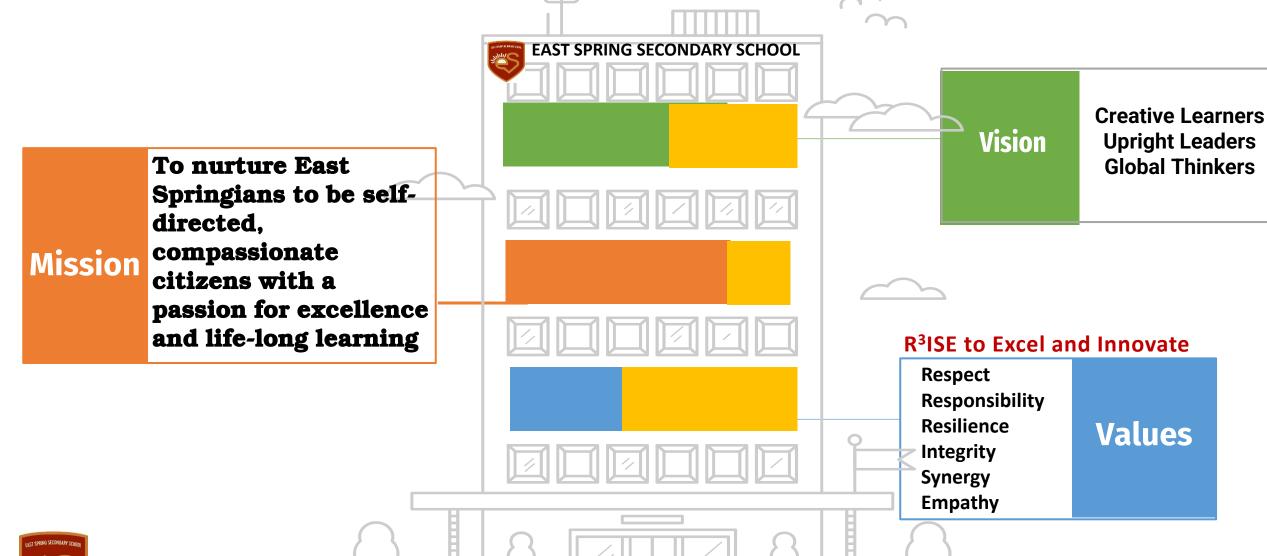
### Secondary 4 & 5 Meet-the-Parents Session School Leaders' Address

3 Mar 2023



### **East Spring Secondary School**

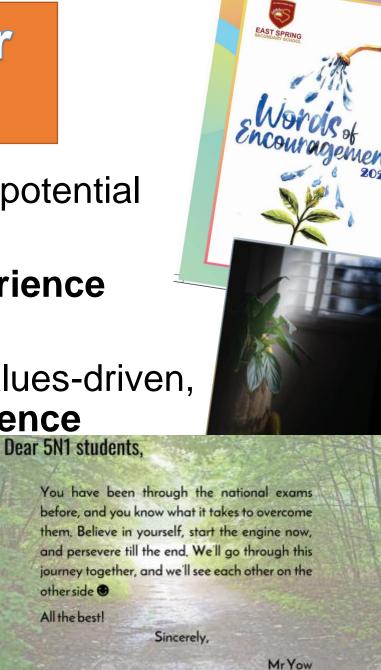


East Spring Secondary School

Creative Learners // Upright Leaders // Global Thinkers

### **We Believe in our Students**

- We believe our students have potential and talents
- We want our students to experience **success**
- We want our students to be values-driven, to have the mindset of excellence



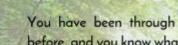
Dear 4N1

It is never too late to start now. It is the time for us to grow This is going to be a journey for all of

Let us experience it to the fullest with

I wish you all with the true happiness that you deserve.

> With lots of love Mrs Dev



You have been through the national exams before, and you know what it takes to overcome them, Believe in yourself, start the engine now, and persevere till the end. We'll go through this journey together, and we'll see each other on the other side

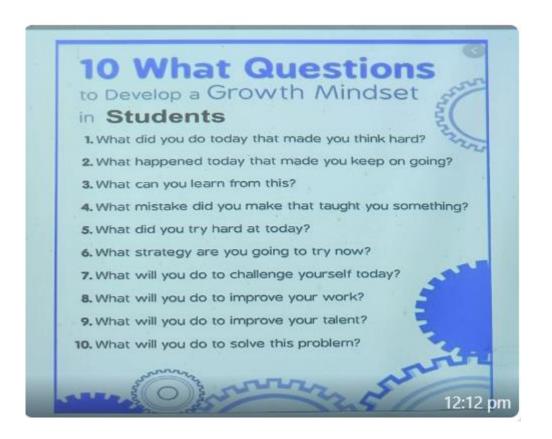
All the best!

### Supporting our students

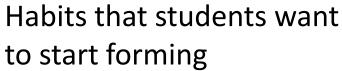
- Would like to know how to encourage my child to be motivated to study or think for her future and well being?
- How to tell children study for a longer period than now without hurting their feelings?
- How best to encourage the child to see the bigger picture and be better than think they can be?
- How the school prepares the students for O Level?



# Motivation Workshop 1 to 3 March

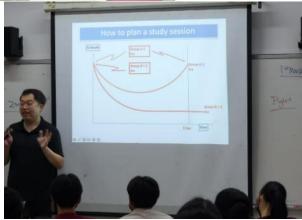








Drawing out their goals



How to plan a study session



# Motivation Workshop 1 to 3 March





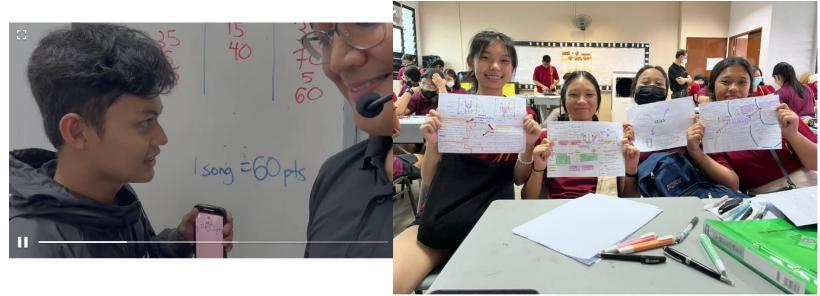


Writing positive affirmation to peers

Teamwork in chair drop game: shift position without dropping the chair



# Motivation Workshop 1 to 3 March



Remembering 20 unconnected words by creating a story to link up the words

Applying mindmaps in Bio and Geography



Class spirit: discuss first, agree to do mindmaps on different topics, exchange with each other



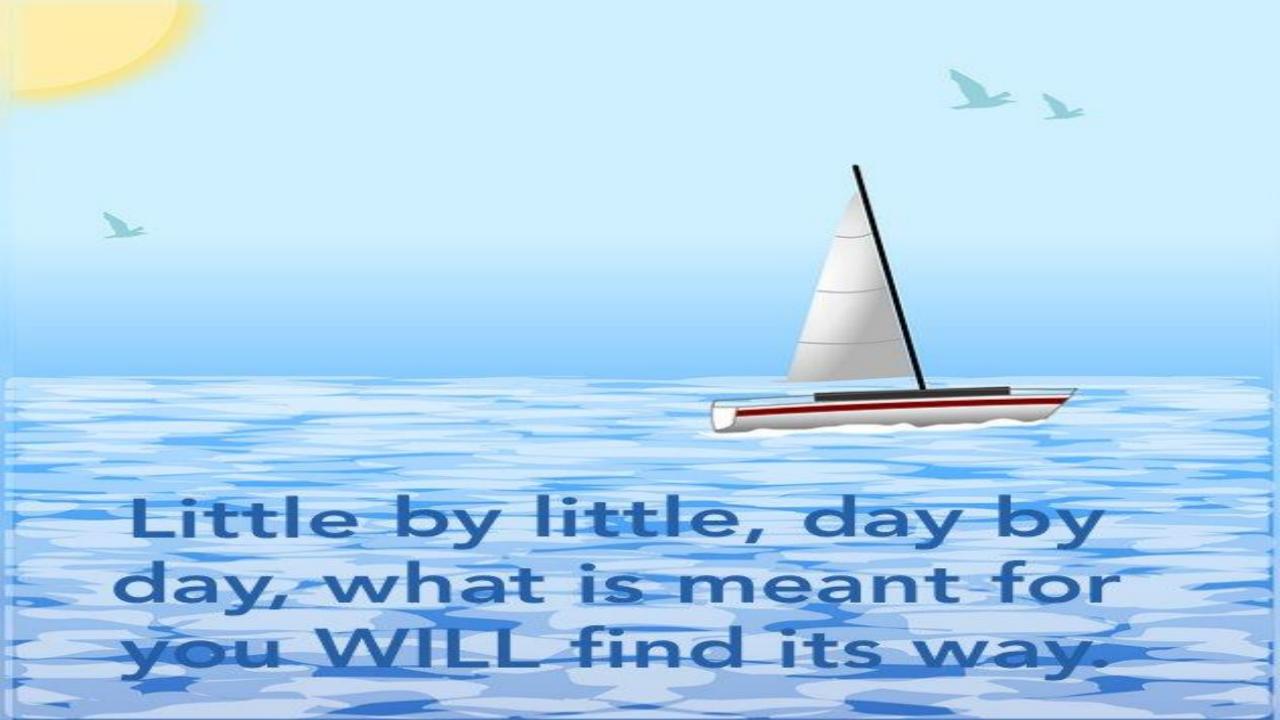
### Motivation Workshop How to follow up and sustain

Motivation needs encouragement and daily consistent effort to sustain.

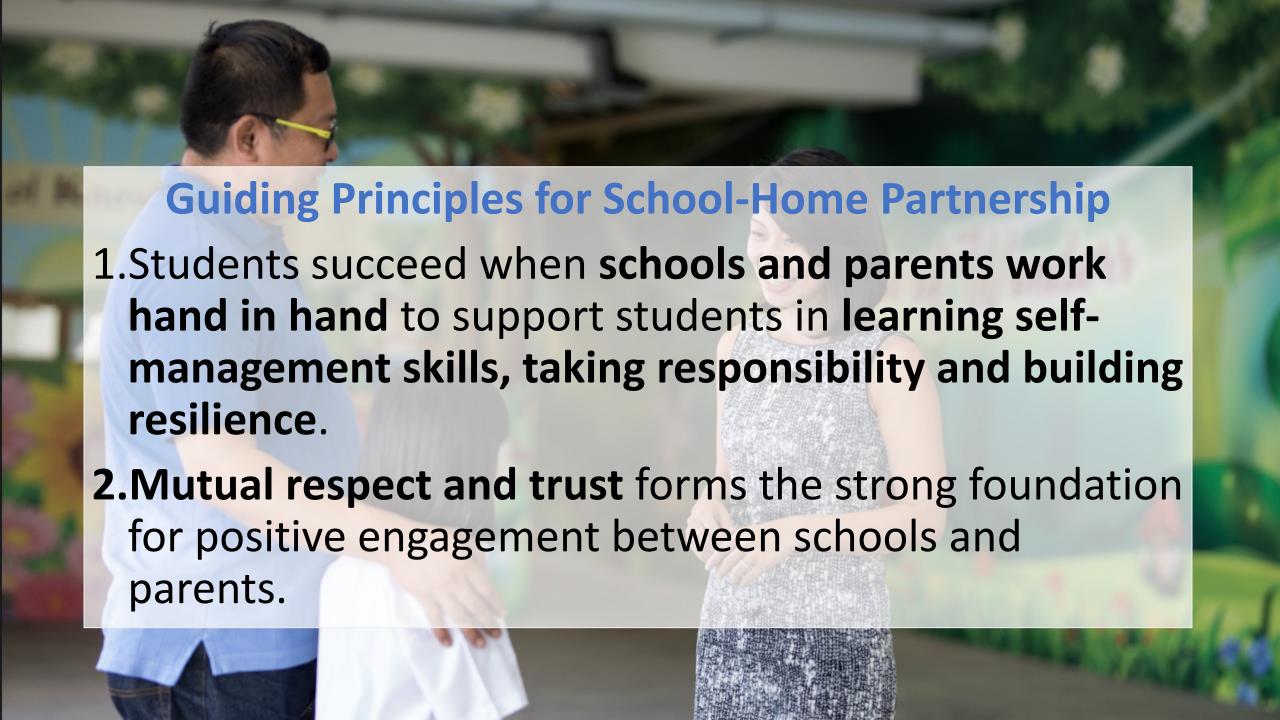
In class, teachers will reinforce the application of the study skills, memory techniques and note-taking skills that are helpful in their subjects.

At home, it makes a big difference if parents show interest in your child's efforts to apply the skills, encourage, remind, and affirm the effort.









### Supporting our students

- I'm more concerned on scores.
- would like to find out whether the school will be assisting the graduating class with more help eg more days for revision
- How school can help support child's learning. If child is struggling with certain subjects, will teachers carve out time to provide more support?
- This is the students' final year taking O levels, so what are the plans (revision packages) the school had been preparing to help the students for the exam?

### School's Strategies to Support Graduating Students

Words of Encouragement

Self Study

Revision Planner

Class Adoption
System

June

Academic

Support

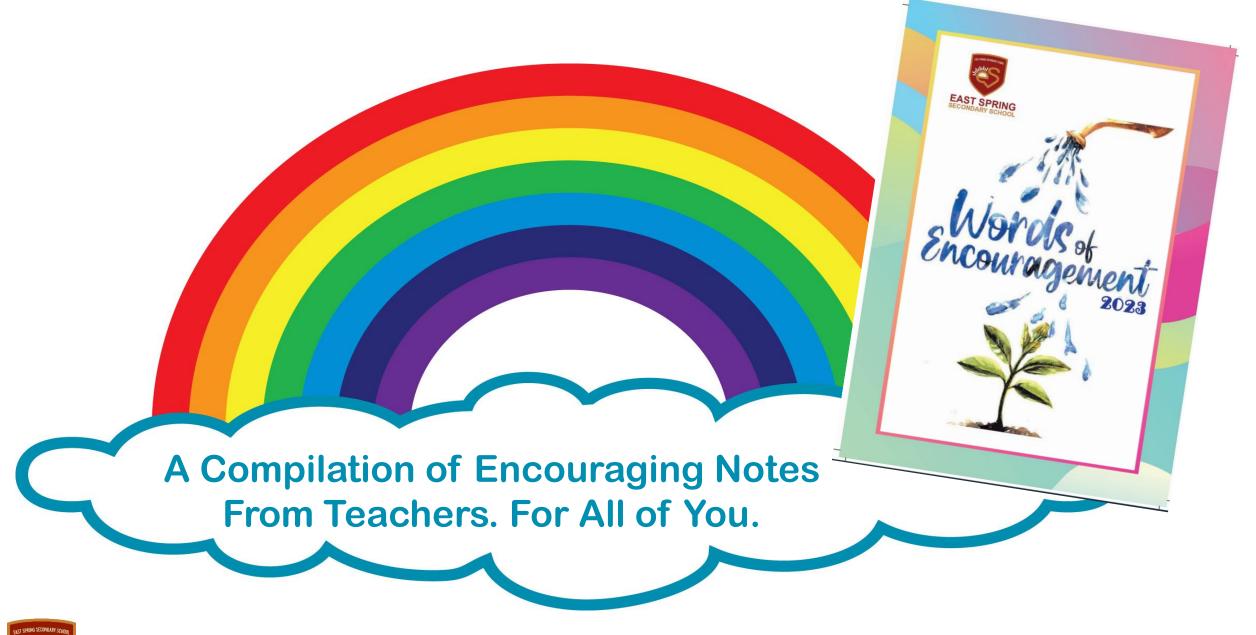
Programme

Mentoring

Programme

**Engaging your heart and mind** 







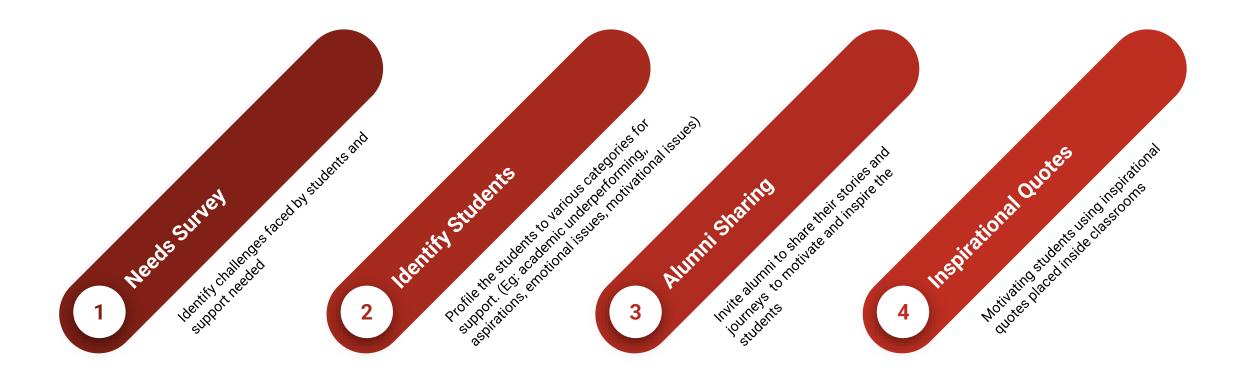
### Class Adoption by Key Personnel

**Why:** To provide stronger support for the class

Who: One Head of Department or Subject
Head attached to each graduating class
to keep track of students' progress, give
advice and encouragement, and identify
any other support and intervention
needed



#### Support by the Key Personnel Adopting the Class





To provide learning support for students based on needs:

- Teacher guidance
- Adult supervision
- Conducive space



#### **June Academic Support Programme**

(Tentative schedule)

Week 1 - 30 May (Tue), 31 May, 1 Jun (Thur)

Week 4 – 19 Jun (Mon), 20 Jun, 21 Jun (Wed)

#### Includes

- Master Classes on selected topics
- Timed Practice
- Self study

Students sign up for the Jun ASP, to receive the schedule.

#### Revision Planner

Every student in graduating classes will receive a Revision Planner this evening.



#### This will help you to:

- 1. Write down your targets for every subject and overall points, i.e. L1R5, L1R2B2 etc to secure your preferred courses.
- 2. Record your progress in WA and Prelim.
- 3. Write down your exam dates, to remind yourself the time left to catch up on your subjects/topics.
- 4. Plan and commit to the subjects and topics for your daily revision and practice.
- 5. Keep track of the topics revised, and those not yet revised.
- 6. Remind yourself to revisit topics, so that you remember. And to practise, so that you can apply what you learnt.



### Mentoring

- 1. Students are invited to indicate their preferred choices. The mentor need not be his/her Sec 4/5 teacher.
- We will try our best to match the mentor preferences as far as possible. However, for the mentoring to be effective, we will assign up to 3 or 4 students per teacher.
- 3. Mentor teacher will meet up with the mentee students once every 3 to 4 weeks to review their progress, and advise what they need to do to stay on track to achieve their targets.



### Supporting our students

- What are the criteria for Poly for N level students and what if one doesn't want to continue to Sec 5?
- Need advice on options to go JC or Poly
- Path after O level
- About her improvement in studies, N level exams and how to choose next year's courses according to her points



Each student receives a hardcopy of JAE/JIE Booklet 2023 this evening.

Post-Secondary Options	More Info on Post	-Secondary Courses
MOE Post-Secondary Education Booklet — information on post- secondary options available	Joint Intake Exercise (JIE) Booklet 2023 - applications for ITE Nitec and Higher Nitec (DPP - Direct Entry Scheme to Poly programme) courses after release of N Level results	Joint Admissions Exercise (JAE) Booklet 2023 – applications to JC/MI/Poly after release of O Level results

### Key Pathways for 4 Exp/ 5N(A)

Junior College (JC) / Millennia Institute (MI)

- 2-year (JC) or 3-year (MI) academic programme, leading to GCE A-Level Exams
- **Eligibility Criteria:** 
  - ☐ <u>JC:</u> L1R5 <= 20

& Subject Requirements

MI: L1R4 <= 20 & Subject Requirements

#### **Polytechnic**

- 3-year course in a specialised field, leading to a Diploma
- **Eligibility Criteria:** 
  - ☐ ELR2B2 <= 26
  - Course-specific requirements
  - ☐ Usually include C6 or better in English and Math

Important Note: Eligibility does NOT guarantee you a place!



### **Key Pathways for N(A)**

### 1. Poly Foundation Programme

#### **Eligibility Criteria:**

- ☐ ELMAB3 <= 12 (before CCA Bonus Points)
- Met course-specific entry requirements (E.g EL Grade 2 or better for selected courses)

(Note: Eligibility does <u>not guarantee</u> you a place in a PFP course)





### 2. Direct Entry Scheme Poly Programme

- > 2 year Higher Nitec programme at ITE, and a 10 week preparatory course
- **Eligibility Criteria:** 
  - ELMAB3 <= 19 (before CCA Bonus Points)
  - Met course-specific entry requirements

(Note: Eligibility does <u>not</u> guarantee you a place in a DPP Higher Nitec course)



### 3. GCE O-Level via Secondary 5

- Eligibility Criteria:
  - ☐ ELMAB3 <= 19 (before CCA Bonus Points)
  - ☐ English, Math and Best 3 Subjects <= 5

### **Key Pathways for N(T)**

#### **ITE NITEC**

- 2 year course, leading to a Certification in a specialised field
- More than 90 full-time courses offered
- Eligibility Criteria:
  - ☐ Course-specific requirements, usually based on **Best 4 Subjects**

Important Note: Eligibility does NOT guarantee you a place!

This time next year, where do I want to be? What options for post-secondary education will I have?





#### Your aggregate scores:

JC	MI		Polyte	echnic			ITE	
L1R5	L1R4	ELR2B2-A	ELR2B2-B	ELR2B2-C	ELR2B2-D	ELB4-A	ELR1B3-B	ELR2B2-C
7	100	7	7.	7	7.	7	7	7

#### Your eligible courses:

- You meet the entry requirements for the below courses and are eligible to apply. However, a place in the course is not guaranteed as admission is based on merit, your choices and available vacancies.
- Course codes and descriptions can be found in the JAE Information Booklet.

#### JC/MI:

You are eligible for all JC/MI courses.

#### Polytechnic/ITE:

8	032	033	C34	C35	C36	038	041	C42	C43	C45	04.6	C4.7	C49.	C50	C51	C52	054	C59:	C60	
	C62	CE3	065	0.66	· 联67:	C69:	.: C70.	4271	C72	C73	C75	C80	C81:	C85	C87	CB9	C93	C94	2006	
	090	C98	SNI TO	30.7.2	- 1833 m.	1940	. N41.	314.2	3143	1144	N45	N48	N50	N51	N53	1954	105/5	MAK	824.7	
	N59	NEC	N65	16.7	M69	N70.	NAT.	N72	N73	1174	N81	N82	N8.3	N85	NRS	1191	3093	M9.0	M96	
	N97	M98	REL	361.2	R13	R14	R1.6	R1.7	R18	R19	R21	R22	R24:	R25	826	R28	#32	23.3	0.34	
å	R35	3136	837	R39	R40	R42	R43.	R45	R46	R47	R48	R49	R50	R52	854	855	856	857	25%	
8	859	R60	38600	R627	529	. 830	532	332	538	540	542	547	548	350	353	854	865	564	0.55	
	567	355B	359	\$70	3571	:: \$73	374	875	-376	\$88	\$89	390	591	394	398	3598	8.99	201	200.5	
	TOA	TOT	(学(08)	709	T18	713	T17.	T18	720	T22	T23	725	T26	T28	729	730	7733	729	T138	
	740	(FIEE)	<b>安全</b>	<b>学家B</b>	750	:751	T53	T5-6	758	759	T60	T62	T63	764	765	766	767	T68		
ě	710	711	912	V13	V14	: V15-	V18.	V19	720	V21	V22	V23	V24	926	¥27	V28	V29	V30	V35	
	W39	V40	741	V42	2014	V45	747	V49	V52	V54	. V55	V60	V61	V62	963	264	1755	V66	V67	
ŝ	V68	270	773	¥72	773	V74	V75	V27	V78	V80-	V81	V82	V84	V85	V86	V87	V8.8	V89	V90	
	V91	V92	V93	V94	V95	V96	V97.	V98	V99.											

L1R5 30

### L1R5 7

- > JC/MI Eligibility
- Polytechnic/ITEEligibility

D7, MALAY = 84, MATHEMATICS = E8, SCIENCE (CHEMISTRY & BIOLOGY) = D7, NTS = F9, HUMANITIES (SOCIAL STUDIES, HISTORY) = D7, GEOGRAPHY = E5

	Polyte	ITE				
ELR2B2-A	ELR2B2-B	ELR2B2-C	ELR2B2-D	ELB4-A	ELR183-B	ELR2B2-C
	-	-	-	30	31	31

#### Your eligible courses:

- You meet the entry requirements for the below courses and are eligible to apply. However, a place in the course is not guaranteed as admission is based on merit, your choices and available vacancies.
- Course codes and descriptions can be found in the JAE Information Booklet.

#### ITE

V12 V14 V19 V27 V39 V40 V41 V52 V54 V55 V62 V64 V65 V66 V80 V81 V82 V85 V86 V90 V91 V92 V93 V97



### **JIE Form N**

NA

T Score 166

EMB3: 8

#### 2021 JOINT INTAKE EXERCISE (GCE 'N' LEVEL) FOR ITE COURSES

Based on your OCE 'S' level examination results, you are sligible to apply

# Joint Intake Exercise 'H' Pull-time Higher Nite under Direct-Entry-Scheme to Polytechnic Progra Course College Course College Course College Course College FFACC CC-AM FPCSE CC-SM FPIAD CC-SM FPMEC CO FFACC CE-SM FPECE CC-AM FPIAD CC-CAM FPMEC CO FFBIS CE-SM FFECE CW-CK FPISN CC-SM FPMST CO FFBIS CC-AM FPELE CC-SM FPISN CC-SM FFMST CO FFBSC CW-CK FFELE CW-CK FPISN CS-SM FFMST CO FFBSC CW-CK FFELE CW-CK FPLIT CS-SM FFMST CO FFBSC CC-AM FPGAD CC-AM FPINTO CW-CK FFBSE CC-SM FPGAD CC-AM FPINTO CW-CK FFBSE CC-SM FPGAD CC-AM FPINTO CW-CK FFBSE CC-SM FPIAD CC-AM FFMCE CC-AM FFBSE CC-SM FPIAD CC-AM FPICO CW-CK

#### Joint Intake Exercise 'N' Full-time 2-Year Nitec Courses

Course	College	Course	College	Course	College	Course	C
NFAAZ*	CC-AM	NFBWZ*	CE-SM	NFFTZ*	CE-SM	NFPBZ*	ē
NFACZ*	CM-CK	NFCPZ	CE-SM	NPFTZ*	CW-CK	NFPRD*	Curan
NPAFZ	CE-SM	NFCSZ*	CE-SM	NFHFD*	CE-SM	NFRSZ	CC-AM
NFAMZ*	CC-AM	NFDAN*	CC-AM	NFHPO	CW-CK	NFRSZ	CE-SM
NFATN*	CC-AM	NFDPE	CC-AM	NFICT	CC-AM	NFRSZ	CW-CK
NEATV	CW-CK	NPECT	CE-SM	NFICT	CE-SM	NFRTZ*	CW-CK
NFATE*	CC-AM	NFECE	CC-AM	NFICT	CW-CK	NFSTZ	CW-CK
NFBEM	CE-SM	NFECZ	CE-SM	NFIED*	CC-AM	NFTTZ*	CW-CK
NFBEM	CN-CK	NFECZ.	CW-CK	NFLSZ	CE-SM	NFUEZ	CC-AM
NFBEV	CE-SM	NFELL	CE-SM	NFMCR.	CC-AM	NFUGL	CE-SM
NFBSA	CC-AM	NFELL	CW-CK	NEMCR	CW-CK	NFVCZ*	CC-AM
NFBSA	CE-SM	NPELP	CE-SM	MEMTZ	CC-AM	NEVPZ*	CC-AM
NPBSA	CW-CK	NFELP	CW-CK	NFMTZ	CE-SM	NFWCZ*	CW-CK
NFBSZ	CC-AM	NFFAZ*	CC-AM	NEMTZ	CW-CK	NEWEB	CC-AH
NFBSZ	CE-SM	NFPLR*	CC-AM	NFNSE*	CB-SM	NEWEB	CE-SM
NFBSZ	CW-CK	NFFTZ*	CC-AM	NFOPZ*	CE-SM	NEWEB	CM-CK

\*Applicants who have applied and are shortlisted for these courses will be required to attend an admission interview and/or test on 23 Dec. 24 Dec (AR) or 28 Dec 2020

You may refer to the ITH's Admission Booklet for the names of courses and ITH colleges. To apply, p go to www.ite.edu.sg/apply-for-ITH-courses. At the application website, key in your NHIC/FIN and Da Birth to start your application. Applicants are allowed to indicate a maximum of 12 choices. There guarantee applicants will automatically be granted a place in one of the courses applied for. Admis to a course is based on merit and wacancies for the course.

#### Traineeship Intake

Course	Course	Course	Course	Course	Course
NAATV	NACSZ	NAICT	NAWCZ	T2MEL	TZPIF
NABEM	NAHFD	NAMCR	TIDES	T2MOT	TESTF
NABSZ	NAHPO	NARSZ	T2DET	T2MRM	T9HCH

You can also choose to enrol in a Traineeship course which will enable you to get the job you want, earn an income, and be awarded with the ITE Course Certificate: To apply, please go to www.ite.edu.eg/apply-for-ITE-courses.

#### 2021 JOINT INTAKE EXERCISE (GCE 'N' LEVEL)

Based on your GCE 'N' level examination results, you

#### Joint Intake Exer Full-time 2-Year Nit

Course	College	Course	College	Course	C
NFAAZ*	CC-AM	NFBWZ*	CE-SM	NFFTZ*	C
NFACZ*	CW-CK	NFCPZ	CE-SM	NFFTZ*	C
NFAFZ	CE-SM	NFCSZ*	CE-SM	NFHFD*	C
NFAMZ*	CC-AM	NFDAN*	CC-AM	NFHPO	C
NFATN*	CC-AM	NFDPE	CC-AM	NFICT	C
NFATV	CW-CK	NFECT	CE-SM	NFICT	C
NFATZ*	CC-AM	NFECZ	CC-AM	NFICT	, C
NFBEM	CE-SM	NFECZ	CE-SM	NFIED*	C
NFBEM	CW-CK	NFECZ	CW-CK	NFLSZ	· Ce
NFBEV	CE-SM	NFELL	CE-SM	NFMCR	CC
MUDGA	CC-2M	MEDICAL TO	CT65 CT65	ACCOMMON	- Shair

NFELP

NFELP

NFFAZ\*

NFFLR\*

NFFTZ\* CC-AM

CE-SM

CW-CK

CC-AM

NFBSA

NFBSA

NFBSZ

CE-SM

CW-CK

CC-AM

CW-CK

# NT T Score 142 FMB1: 3

T	C		VII
D*	C		
Z	Caran	BFUBA	CC-NN
R	CC-AM	NFUGL	CE-SM
R	CW-CK	NFVCZ*	CC-AM
Z	CC-AM	NFVPZ*	CC-AM
z	CE-SM	NFWCZ*	CW-CK
Ż	CW-CK	NFWEB	CC-AM
Z*	CE-SM	NEWEB	CE-SM
Z*	CE-SM	NFWEB	CW-CK
F1 (18)	Million Co. C. C. Co.	TOTAL STEEL	

\*Applicants who have applied and are shortlisted for these courses will be required to attend an admission interview and/or test on 23 Dec, 24 Dec (AM) or 28 Dec 2020

NFMT

NFMT

NEMT

NFNS

NFOP

You may refer to the ITE's Admission BookLet for the names of courses and ITE colleges. To apply, please go to www.ite.edu.sg/apply-for-ITE-courses. At the application website, key in your NRIC/FIN and Date of Birth to start your application. Applicants are allowed to indicate a maximum of 12 choices. There is no guarantee applicants will automatically be granted a place in one of the courses applied for. Admission to a course is based on merit and vacancies for the course.

#### Traineeship Intake

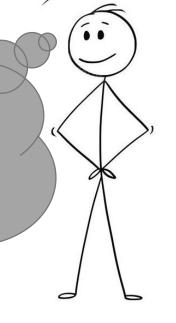
Course	Course	Course	Course	Course	Cours
NAATV	NACSZ	NAICT	NAWCZ	T2MEL	TZPIF
NABEM	NAHFD	NAMCR	T2DES	TOMOT	T2STF
NABSZ	NAHPO	NARSZ	T2DET	TZMRM	ТЭНСН

You can also choose to enrol in a Traineeship course which will enable you to get the job you want, earn an income, and be swarded with the ITE Course Certificate! To apply, please go to www.ite.edu.sg/apply-for-ITE-courses.

I am an O Level student and want to go to Poly! I will need to get a good score for my ELR2B2.

I am an <u>O Level</u> student and want to go to <u>JC</u>. I will need to do well in my <u>L1R5</u>.

I am taking the <u>N(T)</u>
exam and will need to
do well for my
Aggregate based on
my <u>Best 4 subjects</u>.



I am taking the <u>N(A)</u> exams. I will need to score well for my <u>ELMAB3</u>.



# Contrasting suggestions about Academic Support Programme (ASP)/Consultations

	Requesting more sessions	Requesting shorter/fewer sessions		
	1. I would like to find out whether the school will be assisting the graduating class with more help eg more days for revision.	4. The school hours are too long and on top of this plenty of homework to be finished. It's worse than a normal workday		
	2. Would the school be providing more support in the form of extra remedial sessions or personal 1 to 1 Consultations to students who are weaker in certain subjects?	5. Student felt stressful as long hours of school and certain subject which seems too much. Asking resubmit their work done until 8 times. Instead of showing what is the mistake to teach, not to pressure student D & T subject especially. Student will lost interest of the subject.		
NG SEC	3. Will there be any additional revision lessons for students taking their O levels this year? For students without tuitions and weak in their school grades?	6. For certain class(es), students have a total of 5 hours of Maths lessons (during lesson time and ASP after school hours) on alternate Mondays. This may not necessarily be effective learning for the students		

as it could be overwhelming.

## Contrasting suggestions about Academic Support Programme (ASP)/Consultations

We take your feedback into consideration.

We have to support the learning needs of broader student segments. To benefit as many of our students as possible, considering our available resources, we often arrange for small group consultations, rather than one to one session.

#### **Clarification**:

6) In previous slide: not 5 hrs of Maths, it's 1 hr Maths and 2 hrs Add Maths on alternate Mondays to support students in the learning of challenging concepts. If unable to attend due to CCA, can approach teacher for alternative arrangement.

# Contrasting suggestions about Academic Support Programme (ASP)/Consultations

#### Clarification on point 5:

Nature of coursework, it's a national exam component:

- in D&T, there's a compulsory ideas generation component, need to show thinking in terms of several alternative ideas
- Teacher cannot provide the answer/solution, only allowed to use questions to trigger students' thinking
- They are not moving on to the next stage, hands-on work on the prototype.

# Academic Support Programme (ASP)/Self-Study Session

#### **ASP Odd Week**

	2.30 pm to 3	3.30 pm (1 h)		
	4NT, 4NA	4E5N		
Monday	Science	Mathematics		
Thursday	English I	English Language		
Friday	Mother Tongue (12	Mother Tongue (12.30 pm to 1.30 pm)		

#### **ASP Even Week**

		2.30 pm to 3	3.30 pm (1 h)
		4NT, 4NA	4E5N
	Monday	Mathematics	Humanities
EAST	Friday	Mother Tongue (12	.30 pm to 1.30 pm)

Self-Study Sessions on Mondays 3.30 pm to 5.30 pm

- Sign-up basis
- Teachers volunteer their time to provide consultation. Students can approach any teacher.

# Questions about Early Admission Exercise (EAE)

Questions	Answers
Will the school be assisting students to prepare for Poly EAE?	Yes. School will be organising a Portfolio Workshop, Interview Workshop and FT time will be allocated for students to draft their writeups.
When will be the interview for the early admission to poly?	End June will be the application deadline, and interviews will begin after.
EAE and how it works.	https://eae.polytechnic.edu.sg/eaeStudIns/menu.jsp?type=Introduction Students are invited to attend interview and if successful, they are granted a conditional offer to polytechnics prior to the release of their O level results, and can continue to secure that place if they meet the Minimum Entry Requirements for the course and an ELR2B2 of 26 or less.
Have the students been given career guidance counselling?	ECG lesson within the CCE 2021 syllabus initiates these conversations. Students can also book an individual or group session anytime with the ECG counsellor.

### **Questions about CCA**

Questions	Answers
When will my daughter step down from CCA?	CCA stand down is on the 28 April.
What do we need to accumulate for DSA trials	Visit school websites for criteria.

#### Other Questions/Feedback

Questions	Answers
School canteen not much of a choice of food, and expensive	Our school has 7 running stalls serving both Halal and non halal food, offering a variety of choices . Eg. Western, Muslim rice and noodles, Chinese rice and noodles, snacks as well as hot & cold beverages with fruits choices in line with HPB Healthier Choice. We will continue to review with the canteen operator.  We worked with the canteen operators to manage the price. As you are aware that inflation had drive up the costs of food. In December, food inflation rose to 7.5 per cent from 7.3 per cent in the previous month. We had kept the price steady from last year with most food items price remaining stable.



### Other Questions/Feedback

Questions	Answers
Can the school renovate the toilet. Toilets seems to be dark and dirty. Please look into this matter.	We appreciate your feedback on the cleanliness. We have started using high powered water jets for cleaning the toilets. We will continue to maintain good hygiene, safety and functioning of the toilets. The toilets are installed with auto-sensor lights therefore it may appear dark at times, but we will take your feedback and check on the lighting intensity. We noted your suggestion on renovating the toilet, we will seek improvement if it falls short in its functionality and safety.

#### **Caution: unhealthy habits that contribute to poor results**



- 1. Giving in to distractions and losing track of time: social media, gaming on the phone, Netflix, dramas, YouTube, BGR. Leading to lack of sleep, not able to pay attention in class the next day.
- 2. Wrongly assuming that it is easy to pass the national exam with minimal effort. Putting off the revision and practice until near the exam, until it is too late.
- Being satisfied with "I roughly know the topic and roughly know how to do."
- 4. Bad coping strategies, e.g. gaming when stressed, to the point that it is not even enjoyable anymore. Hanging out with friends who also have unhelpful coping strategies.

