



E U N O S P R I M A R Y S C H O O L

Briefing to P4 Parents

Endeavour Promotes Success

21 January 2022

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Embracing the changes

“You never change your life until you step out of your comfort zone;
change begins at the end of your comfort zone.”

- Roy T. Bennett



From P3 to P4

“Let us prepare every child for the test of life, and not just a life of tests”

PM Lee, National Day Rally 2012



Changes in P4

- Assessments
 - In P3, there were WA1 and WA2
 - In 2021, the EYE exams were cancelled because of pandemic
- What's examinations like in P4?
 - Term 1 – Mastery Test 1
 - Term 2 – MYE
 - Term 3 – Mastery Test 2
 - Term 4 – EYE
- The students will also be going through Subject Based Banding in P4
 - SBB briefing on 29th July



Cultivate the Joy of Learning

- Examinations are not the be-all and end-all, but provide the opportunity for your child to assess how much they have learnt
- not over-emphasising academic performance
- focus on your child's learning journey, rather than compare them to others



Transiting from P3 to P4

Practical tips

- Remind your child to check their student diary daily; let them learn to be responsible for their learning
- Co-construct a schedule of things to do each day with your child and be consistent in following through with it
- Get them to do a quick sharing of the key points learnt on a new topic or a revision topic everyday



Well-being of the Child

Practical tips

- Provide practical support and share your own experiences of dealing with stress and learning
- Communicate with your child in a supportive manner in daily conversations
 - What questions do we ask our children when they come home?



Instead of “How was your day at school?” try...

What made you smile or laugh today?	What was the hardest thing you did today? How did you overcome it?
What did you do that was really fun today?	Did someone help or said something nice to you today?
What was the least favourite thing that happened today?	Did you have challenges following
What did you do that was kind today?	Did you learn something you did not understand at first? What did you do?
If you could change one thing about your day, what would it be?	What do you look forward to do in school tomorrow?



IF YOUR CHILD IS...

- Procrastinating because he/she is anxious
- Distracted by digital devices
- Stuck in his/her revision because he/she has forgotten concepts learnt previously

YOU CAN TRY TO...

- Guide him/her to break down revision into smaller, more achievable tasks.
- Set ground rules together e.g. 10 mins of play after each task is completed. The key is to be consistent and to lead by example!
- Encourage your child to revisit the earlier chapters. If needed, ask them to approach his/her teachers and/or older siblings for help.

Teachers and parents play complementary roles in raising confident learners



Together with you, the teachers will:

- Let your child know that they are loved and accepted regardless of their examination performance
- Recognise that it is normal to feel stressed, anxious and nervous during the examination period
- Provide positive feedback and cheer him/her on for every improvement and progress
- Encourage them and be their best cheer leaders as much as it is not easy for us, remember that it is not easy for them too

Journey the year with your child

JUST 3 SIMPLE PARTS!

1. Start-of-year Check-in

REFLECT TOGETHER, MAKE AN ACTION PLAN (WISH, OUTCOME, OBSTACLE, PLAN),
STICK YOUR PLAN UP SOMEWHERE VISIBLE!



2. Mid-Year Check-in

REFLECT TOGETHER,
PLAN FOR THE JUNE HOLIDAYS USING
A FUN BINGO GAME!



3. End-of-Year Check-in

REFLECT TOGETHER,
WRITE A NOTE OF GRATITUDE,
FIND OUT HOW MUCH SLEEP ANIMALS GET &
TALK ABOUT THE KIND OF CONVERSATIONS YOU HAVE!



Mid-Year
Check-in
WOOP
Action Plan
June Holidays!

Dear Parents & Children,

Remember the reflection exercise about what makes us feel stressed or cared for, and the WOOP Action Plan you set together at the start of the year?

W - Wish
O - Outcome
O - Obstacle
P - Plan

You might have stuck it up on a wall, or on your fridge, or kept it somewhere close.

As the mid-year holiday approaches, let's take some time to reflect on how

you have stuck to your plan so far, and plan for a fulfilling and fun June holidays.

Activity:

1. Individual Check-in Exercise
2. Joint Check-in Exercise
3. Holiday Bingo

Recall...

This year, we will make sure that _____

To do this, we will _____



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Hel
You/your child are beginnir
Some of you may be excited, an
year w

Children

We want you to know that there will always be support for you in your journey ahead.

Like every other year, there might be challenges, but what remains constant is this:

Your well-being and health are most important.

This exercise will help you reflect on what kind of care and support you need, and how you can work with your family to get that support.

child's needs
and some ways to care for
and support them this year.



Our
WOOP
Action Plan

Start-of-year
Check-in!

Activity

1. Individual Reflection
2. Joint Reflection
3. Joint Planning Exercise
4. Write out our Plan!



Thank you!