



# **Briefing to P6 Parents**

**Endeavour Promotes Success** 

28 January 2022

## Navigating Primary 6

"Education...is painful, continual and difficult work to be done in kindness, by watching, by warning, by praise, but above all, by example."

— John Ruskin



### **Direct School Admission**



For more information, check this out:

http://www.moe.gov.sg/education/admissions/dsa-sec/





Allows students to apply to some schools before taking the PSLE.

Has talent and passion in sports, music, arts, CCAs and specific academic areas.

#### Note:

If your child is admitted to a secondary school through DSA-Sec, they are not allowed to:

- Submit school choices during the Secondary 1 (S1) posting process.
- Transfer to another school.
- They must commit to their chosen school for the duration of the programme.



All Primary 6 students can apply for DSA-Sec based on a wide-range of talents, including:

- Sports and games
- Visual, literary and performing arts
- Debate and public speaking
- Science, mathematics and engineering
- Languages and humanities
- Uniformed groups
- Leadership
  - Prefects
  - Student Peer Supporters
  - CCA leaders



#### **DSA-Sec Application Portal**

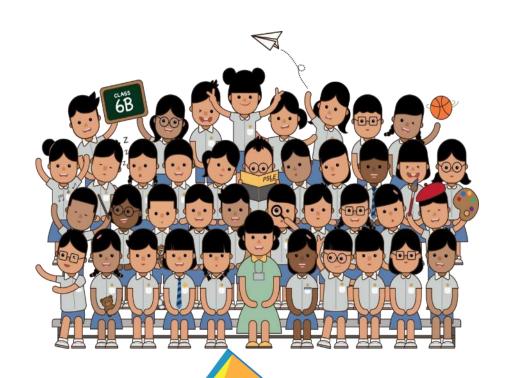
■From the 2019 DSA-Sec, students will be able to apply for DSA through a centralised DSA-Sec Application Portal, using a common application form.



Tentative dates	Events
January to May	<ul> <li>Explore school choices</li> <li>Schools offer different talent areas and each has its own selection process and schedule.</li> <li>Visit the schools' websites for more information.</li> </ul>
May to June	<ul> <li>Apply</li> <li>Once you have explored and shortlisted the schools, submit your child's application online through the DSA-Sec portal</li> </ul>
July to September	<ul> <li>Attend interviews, trials, tests or auditions</li> <li>Different schools have different selection processes. If shortlisted, your child may have to attend e-interviews and e-auditions or trials.</li> <li>Selected students will receive DSA-Sec offers from schools by end September</li> </ul>
October	<ul> <li>Select preferred schools</li> <li>Choose up to 3 school choices in order of preference using the DSA-Sec Portal</li> </ul>
November	Receive school allocation results Receive school allocation along with PSLE results.

### **PSLE 2022**

IT'S PART OF A BIGGER STORY



#### **Key dates to note for P6 students**

<b>Preliminary Examination 2022</b>	Dates
Oral	20 to 21 July
Listening Comprehension	5 August
Written Examination	4 to 18 August

PSLE 2022	<b>Tentative</b> Dates
Registration	8 to 24 March
Oral	11 to 12 August
Listening Comprehension	16 September
Written Examination	29 September to 5 October
Release of PSLE Results	23 to 25 November

Note: The examination timetable will be made available by end-February

#### P6 is not just about the PSLE......

"The PSLE marks the conclusion of one stage of a child's learning journey and the beginning of another. It is important to help our children develop the stamina to persevere in this journey. And we want parents to join us in encouraging their children to develop a love for learning."

Former Education Minister Heng Swee Keat



#### And what we can do to help our children

"The greatest gift we can give our children is to accept and love them unconditionally, and help them be at ease with who they are."

**Education Minister Chan Chun Sing** 



#### The well-being of the children

- It is easier to identify a child's physical needs.
- But a child's mental and emotional needs may not be as obvious.
- Good mental health allows children to think clearly, develop socially and learn new skills.
- Additionally, good friends and encouraging words from adults are all important for helping children develop self-confidence, high self- esteem, and a healthy emotional outlook on life.



### Signs of concern

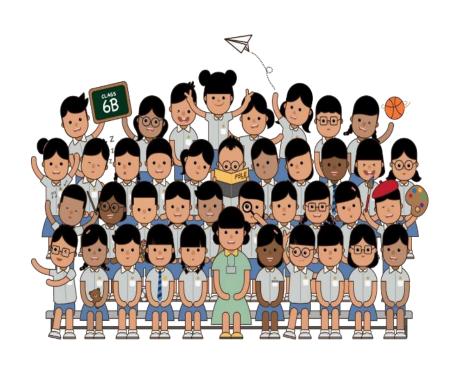
- Decline in school performance
- Poor grades despite strong efforts
- Regular worry or anxiety
- Repeated refusal to go to school or take part in normal children's activities
- Hyperactivity or fidgeting
- Persistent nightmares
- Persistent disobedience or aggression
- Frequent temper tantrums
- Depression, sadness or irritability



Reference: https://www.mhanational.org/what-every-child-needs-good-mental-health

#### Basics for a child's good mental health

- Love and acceptance from family
- Self-confidence and high self-esteem
- The opportunity to play with other children
- Encouraging teachers and supportive caretakers
- Safe and secure surroundings
- Appropriate guidance and discipline



#### Provide appropriate guidance & discipline

- Children need:
  - the opportunity to explore and develop new skills and independence;
  - to learn that certain behaviours are unacceptable and that they are responsible for the consequences of their actions.
- Be firm, but kind and realistic with our expectations.
  - Children's development depends on our love and encouragement.
- Set a good example.
  - We cannot expect self-control and self-discipline from a child if we do not practise this behaviour.



### **Enhancing your child's well-being in EPS**

#### Emphasis on social-emotional needs

- Form Teacher's Guidance Period
- One-to –One Student-Teacher Conferencing
- Character & Citizenship Education Lessons
- Talks by Year Heads
- Access to Teachers, YH, School Leaders & Counsellors

#### Leveraging on Peer Support Relationships (PSR)

- Student Peer Supporters (SPS) are selected by Form Teachers and trained to:
  - Help identify signs of distress in their peers and offer basic social and emotional support;
  - Contribute to a caring culture in the school;
  - Influence positive mindsets and behaviours among their peers





### **Supporting your child at EPS**

Dates of Structured Programme	Levels involved
22 to 24 June 2022	P5 & 6 students
(Last week of June Holidays)	(8 a.m. to 11.30 a.m.)
7 to 9 September 2022	P6 students
(September Holidays)	(8 a.m. to 11.30 a.m.)

Dates	Activity
8 April 2022	PSLE & DSA Briefing (4 p.m. to 5.30 p.m.)
Fridays in Terms 3 & 4	PSLE Revision (7.30 a.m. to 9.30 a.m.)

#### **Supporting your child at EPS**

- PSLE Booklets (2019-2021)
  - Delivery by end February 2022
- Handing over of student leadership roles & stepping down from CCAs
  - From Term 3 onwards
  - CCA periods will be repurposed for PSLE preparation
- After-school support for selected students
  - From Term 2 onwards



### Developing vour child at EPS

- P6 Education & Career Guidance sessions (January & April)
- Eunos Olympiad
- Post-Exam PSLE Enrichment (PEPSE)
  - Sexuality Education
  - Personal Grooming & Social Etiquette Training
  - Conversations with professionals on career guidance
  - Kick-Boxing
  - K-Pop Dance
  - Values In Action
  - Kite making workshop
  - Guitar enrichment lessons

### Journevina through P6 together

- Know your child/ward's strengths and interests and development in academic and non-academic areas
- Partner the school in the holistic development of your child
- Foster the Joy of learning in your child/ward so that they can be life-long learners



# Teachers and parents play complementary roles in raising confident learners



#### Together with you, the teachers will:

- Let your child know that they are loved and accepted regardless of their examination performance
- Recognise that it is normal to feel stressed, anxious and nervous during the examination period
- Provide positive feedback and cheer him/her on for every improvement and progress
- Encourage them and be their best cheer leaders as much as it is not easy for us, remember that it is not easy for them too

### Journey the year with your child

#### JUST 3 SIMPLE PARTS!

#### 1. Start-of-year Check-in

REFLECT TOGETHER, MAKE AN ACTION PLAN (WISH, OUTCOME, OBSTACLE, PLAN), STICK YOUR PLAN UP SOMEWHERE VISIBLE!

#### 2. Mid-Year Check-in

REFLECT TOGETHER. PLAN FOR THE JUNE HOLIDAYS USING A FUN BINGO GAME!





### Dear Parents & Children.

Remember the reflection exercise about what makes us feel stressed or cared for and the WOOP Action Plan you set

together at the start of the year?

0 - Obstacle

You might have stuck it up on a wall, or on your fridge, or kept it somewhere close.

As the mid-year holiday approaches,

let's take some time to reflect on how

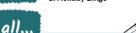
you have stuck to your plan so far. and plan for a fulfilling and fun June holidays.



1. Individual Check-in Exercise 2. Joint Check-in Exercise

3. Holiday Bingo

Recall.







WOOP Action Plan

#### Activitu

- 1. Individual Reflection 2. Joint Reflection
- 3. Joint Planning Exercise
- 4. Write out our Plan!



You/your child are beginning Some of you may be excited, and

#### Children

We want you to know that there will always be support for you

in your journey ahead. Like every other year, there might be challenges, but what remains constant is this:

#### Your well-being and health are most important.

This exercise will help you reflect on what kind of care and support you need, and how you can work with your family to get that support.

#### 3. End-of-Year Check-in

REFLECT TOGETHER. WRITE A NOTE OF GRATITUDE. FIND OUT HOW MUCH SLEEP ANIMALS GET & TALK ABOUT THE KIND OF CONVERSATIONS YOU HAVE!

#### child's needs

and some ways to care for and support them this year.



Mid-Year

Check-in

WOOP

tion Plan

June Holidays!

This year, we will make sure that

To do this, we will

official(closed) / non-sensitive



# Thank you!