



MAKAN EXPRESS



DAILY ITEMS

CURRY PUFF (POTATO/SARDINE)	\$0.50	MINERAL WATER (500ML)	\$0.50
HASH BROWN	\$1.00	PACKET ASSORTED MILK	\$1.00
FISH FILLET	\$1.00	MILO DRINK	\$0.80
BAKED SKINLESS DRUMLET	\$0.80	OVALTINE	\$0.80
CHICKEN FINGER (5 PCS) (MON & TUE ONLY)	\$1.00		
CHICKEN NUGGET (3PCS) /	\$1.20		
CHICKEN KATSU	\$1.20		
KATSU SANDWICH (1 PC W/ BREAD)	\$2.00		
ROTI JOHN W/ EGG/SAMBA SAUCE	\$1.70		
ROTI JALA W/ CURRY CHICKEN	\$1.70		
BAKED POTATO WEDGES	\$1.00		
MASHED POTATO	\$1.50		
CHEESE STICK (2 PCS)			

***VEGETARIAN OPTION**





MAKAN EXPRESS



MONDAY

NASI LEMAK / CHICKEN RICE \$1.70 / \$2.00
CHICKEN CUTLET RICE W/ POTATO

TUESDAY

NASI LEMAK/ CHICKEN RICE \$1.70 / \$2.00
LONTONG VEG. LEMAK GRAVY
FISH SOUP RICE
EGG FRIED RICE

WEDNESDAY

NASI LEMAK / CHICKEN RICE \$1.70 / \$2.00
CHICKEN CUTLET RICE W/ POTATO
SHREDDED CHICKEN SOTO SOUP
TOM YAM CHICKEN RICE

THURSDAY

NASI LEMAK / CHICKEN RICE \$1.70 / \$2.00
TOM YAM SOUP RICE
CHICKEN CUTLET W/RICE
SOTO SOUP
EGG FRIED RICE
CHICKEN SAUSAGE W/ RICE

FRIDAY

NASI LEMAK / CHICKEN RICE \$1.70 / \$2.00
CURRY CHICKEN / CHICKEN SATAY W/
RICE
BRIYAN CHICKEN W/RICE
AYAM MASAK MERAH W/ RICE
ROTI JALA W/ CURRY CHICKEN

*All meals come
with a fruit!*





PONDOK DELIGHTS



DAILY ITEMS

POTATO CURRY PUFF (THU & FRI ONLY)	\$0.50	TRADITIONAL MALAY KUEH (1PC)	\$0.80
SAMOSA VEG	\$0.50	PRATA WITH CURRY	\$1.50
POPIAH VEG (THU & FRI ONLY)	\$0.50	CHICKEN POP CORN (50 GM)	\$1.00
SOTONG BALL	\$0.50	SANDWICH (TUNA/ EGG W TOMATO, LETTUCE)	\$1.00
CRAB MEAT	\$0.50	HASH BROWN	\$0.80
CHICKEN DRUMLET / MID JOINT	\$0.80		
BAKED POTATO WEDGE (5PCS)	\$1.00		
CHICKEN FINGER (5PCS) (THU & FRI ONLY)	\$1.00	ASSORTED PACKET MILK	\$0.80
FISHBALL (5PCS)	\$1.00	OVALTINE	\$0.80
ROTI JOHN (WITH FRUIT)	\$1.50	MILO PKT	\$0.80
ROTI JALA (WITH FRUIT)	\$1.50		
CHICKEN KEBAB (WITH FRUIT)	\$1.50		
*VEGETABLE SALAD	\$1.50		

***VEGETARIAN OPTION**





PONDOK DELIGHTS



MONDAY

SEAFOOD SPAGHETTI / FRIED MACARONI /
STEAMED CARROT CAKE / NOODLE SOUP /
MEE SIAM \$1.70 / \$2.00

THURSDAY

FRIED SPIRAL SPAGHETTI / SPAGHETTI \$1.70 / \$2.00
CHICKEN OLIO / MACARONI / LAKSA /
MEE BANDUNG

TUESDAY

SOTO (BEE HOON OR YELLOW NOODLE) / \$1.70 / \$2.00
LONTONG / FRIED HOKKIEN MEE

FRIDAY

KWAY TEOW HONG KONG / FRIED KWAY \$1.70 / \$2.00
TEOW / YEE MEE / BAKED MACARONI /
MEE REBUS / MEE SOUP

WEDNESDAY

FRIED BEE HOON / MEE HONG KONG / \$1.70 / \$2.00
MEE GORENG / SPAGHETTI CARBONARA /
FRIED PASTA PENNE



All meals come
with a fruit!



TASTY KITCHEN



DAILY ITEMS

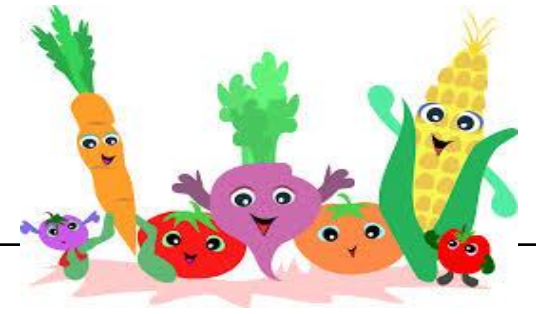
OTHERS (SUBJECTED TO AVAILABILITY)

SPICY PORK/CHICKEN WITH RICE	\$1.70/\$2.00
CHICKEN CUTLET WITH RICE	\$1.70/\$2.00
SHRIMP PASTE CHICKEN WITH PANDAN RICE	\$2.00
BLACK PEPPER CHICKEN WITH RICE	\$1.70/\$2.00
JAPANESE CHICKEN CURRY WITH RICE / ROTI PRATA	\$2.00
FRIED CARROT CAKE	\$1.70/\$2.00
FRIED RICE / PASTA	\$1.70/\$2.00
MIXED VEGETABLES/ POTATOES / CHICKEN / PORK	\$0.80





TASTY KITCHEN



DAILY ITEMS

WHOLEMEAL WRAP (2 SLICES)	\$1.40	MINERAL WATER (500ml)	\$0.50
CHICKEN/FISH FILLET BURRITO WRAP	\$1.40	ASSORTED PACKET DRINKS	\$0.70
CHICKEN YAKITORI	\$1.00	NESTLE MILO	\$0.80
CURRY PUFF (2 PC)	\$1.00	OVALTINE MALTED DRINK	\$1.00
HASHBROWN	\$1.00	ASSORTED MILK PACKET	\$1.00
CHEESE TOFU FISHCAKE	\$0.60		
CHEESE CHICKEN MEATBALL	\$0.60		
CHICKEN KARAAGE	\$0.50		
CRABSTICK (1 PC)	\$0.50		
FISH BALL (4 PCS)	\$1.00		
CHICKEN / FISH NUGGET (1 PC)	\$0.40		
SCRAMBLED EGG / BRAISED EGG	\$0.60		
SUNNY SIDE UP EGG	\$0.60		





TASTY KITCHEN



MONDAY

JAPANESE CURRY CHICKEN WITH RICE	\$2.00
CHAR SIEW RICE	\$1.70/\$2.00

TUESDAY

BRAISED PORK/CHICKEN RICE WITH EGG	\$2.00
TERIYAKI CHICKEN RICE	\$1.70/\$2.00
MACARONI & CHEESE	\$1.70/\$2.00

WEDNESDAY

SHRIMP PASTE CHICKEN PANDAN RICE	\$2.00
TERIYAKI CHICKEN RICE	\$1.70/\$2.00

THURSDAY

BRAISED PORK/CHICKEN RICE WITH EGG	\$2.00
CREAMY / TOMATO SAUCE PASTA	\$1.70/\$2.00

FRIDAY

CHAR SIEW RICE	\$1.70/\$2.00
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All meals come with a fruit!





WESTERN FOOD



DAILY ITEMS

SUNNY SIDE UP EGG	\$0.60	HASH BROWN	\$1.00
SCRAMBLED EGG	\$0.60	CHICKEN MEAT BALL	\$0.70
BAKED BEANS	\$0.70	YAKITORI	\$1.00
COLESLAW	\$0.90		
SWEET CORN CUP	\$1.00	OTHERS (SUBJECTED TO AVAILABILITY)	
MASHED POTATO	\$1.00		
MUSHROOM SOUP	\$1.00	WRAPS / KATSU CHICKEN	\$2.00
FRENCH TOAST	\$1.00	ROASTER BUFFALO CHICKEN	\$2.00
EGG MAYO SANDWICH	\$1.00	W/ RICE & BEANS	
CHICKEN NUGGET (3 PCS)	\$1.20		
CHICKEN BUFFALO DRUMLET	\$0.80		

***VEGETARIAN OPTION**





WESTERN FOOD



MONDAY

TERIYAKI / KATSUDON -CHICKEN/FISH BURGER	\$2.00
SAUSAGE WITH BUN	\$1.70
CHICKEN CHOP WITH RICE	\$1.70/\$2.00
HAM & EGG BURGER	\$2.00
CRISPY CHICKEN CUTLET W/RICE	\$2.00

TUESDAY

TERIYAKI /KATSUDON CHICKEN/FISH BURGER	\$2.00
SAUSAGE WITH BUN	\$1.70
HAM & EGG BURGER	\$2.00
CHEESE & EGG MAYO BURGER	\$2.00
FRIED RICE WITH EGG	\$1.70/\$2.00
BLACK PEEPER CHICKEN W/ RICE	\$2.00
JAPANESE CHICKEN CURRY RICE W/RICE	\$2.00

WEDNESDAY

TERIYAKI/ KATSUDON -CHICKEN/FISH BURGER	\$2.00
SAUSAGE WITH BUN	\$1.70
HAM & EGG BURGER	\$2.00
JAPANESE CURRY KATSU WITH RICE	\$2.00
CHICKEN MACARONI	\$2.00
GRILLED CHICKEN W/ RICE	\$2.00
SAUSAGE SLICES W/RICE	\$2.00

THURSDAY

TERIYAKI/ KATSUDON -CHICKEN/FISH BURGER	\$2.00
SAUSAGE WITH BUN	\$1.70
HAM & EGG BURGER	\$2.00
TERIYAKI CHICKEN WITH RICE & CORN	\$2.00
JAPANESE CURRY CHICKEN WITH RICE	\$2.00
ROAST CHICKEN DRUMLET W/RICE	\$2.00
CHICKEN MACARONI/ SPAGHETTI	\$2.00

FRIDAY

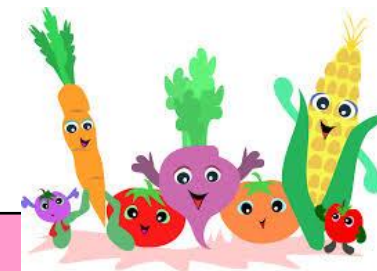
TERIYAKI/ KATSUDON -CHICKEN/FISH BURGER	\$1.80
SAUSAGE WITH BUN	\$1.70
HAM & EGG BURGER	\$2.00
CHICKEN CHOP WITH RICE & BAKED BEANS	\$2.00
FRIED RICE W/ EGG	\$\$1.70/\$2.00
CRISPY CHICKEN CUTLET W/ RICE	\$2.00



All meals come
with a fruit!



WESTERN FOOD



DAILY ITEMS

TEMPURA CHICKEN / FISH BURGER	\$2.00	MINERAL WATER (500ML)	\$0.50
CHEESE & EGG MAYO BURGER	\$2.00	MILO PACKET	\$0.80
CHICKEN CHOP W/ RICE	\$1.70/\$2.00	OVALTINE	\$0.80
SAUSAGE SLICE W/ RICE (MEAL)	\$2.00	HORLICKS PKT	\$1.00
GRILLED CHICKEN W/ RICE (MEAL)	\$2.00	ASSORTED MILK PKT	\$1.00
CHICKEN CHEESE COCKTAIL (4PCS)	\$1.00		
CHICKEN/ FISH PATTIES	\$1.20		
KATSU CHICKEN	\$1.40		
KURAAGE CHICKEN	\$1.20		
POPCORN CHICKEN	\$1.00		
CHICKEN SAUSAGE	\$1.20		
POTATO WEDGES	\$1.00		

***VEGETARIAN OPTION**





CHINESE WOK



DAILY ITEMS

FISH BALL (1PC)	\$0.30	MINERAL WATER (500ML)	\$0.50
CRAB MEAT (1PC)	\$0.50	MILO PKT	\$0.80
SUNNY SIDE UP EGG	\$0.50	OVALTINE PKT	\$0.80
*FRIED RICE W/FRUIT	\$1.70 / \$2.00	HORLICK PKT	\$1.00
CHICKEN NUGGET	\$0.40	ASSORTED MILK PKT	\$1.00
CHICKEN DRUMLET	\$0.80		
JAPANESE CURRY RICE	\$1.70 /\$2.00		

***VEGETARIAN OPTION**





CHINESE WOK



MONDAY

CHICKEN RICE

\$1.70 / \$2.00

TUESDAY

FRIED RICE

\$1.70 / \$2.00

WEDNESDAY

SPAGHETTI

\$1.70 / \$2.00

THURSDAY

**SOYA SAUCE MINCED PORK \$1.70 / \$2.00
& POTATO WITH RICE**

FRIDAY

CHICKEN RICE

\$1.70 / \$2.00



*All meals come
with a fruit!*



YUMMY NOODLES



DAILY ITEMS

FISH BALL NOODLE	\$1.70 / \$2.00	MEATS (PORK / CHICKEN)	\$0.60
TOM YUM NOODLE	\$1.70 / \$2.00	CHICKEN NUGGET	\$0.40
CURRY NOODLE	\$1.70 / \$2.00	CHICKEN PATTY	\$1.20
KWAY CHAP	\$1.70 / \$2.00	OTHERS (VEG/TOUFU/ EGG/FISHCAKE)	-
MINCED MEAT NOODLE	\$1.70 / \$2.00	ASSORTED MILK PACKET	\$1.00
FRIED BEE HOON	\$1.70 / \$2.00	MILO/ OVALTINE	\$0.80
*NOODLES	\$1.70 / \$2.00		

***VEGETARIAN OPTION**





YUMMY NOODLES



MONDAY

IPOH HOR FUN

\$1.70 / \$2.00

THURSDAY

LOR MEE

\$1.70 / \$2.00

TUESDAY

CHICKEN NOODLE

\$1.70 / \$2.00

FRIDAY

HOR FUN

\$1.70 / \$2.00

WEDNESDAY

WANTON NOODLE

\$1.70 / \$2.00



*All meals come
with a fruit!*



ASIAN FUSION



DAILY ITEMS

CHICKEN NUGGET	\$0.40	LUNCHEON MEAT (w/healthy logo)	\$1.00
AIR-FRY CHICKEN WING/DRUMLET	\$0.50		
CHICKEN YAKITORI	\$0.50		
PLAIN OMELETTE/SUNNY SIDE			
UP/SCRAMBLED EGG	\$0.60		
RAMEN EGG	\$0.70	MINERAL WATER	\$0.50
TOMATO EGG	\$0.70	ASSORTED MILK PKT	\$1.00
MINCED MEAT OMELETTE	\$1.00	MILO PKT	\$0.80
STEAMED EGG WITH MINCED MEAT	\$1.00	OVALTINE PKT	\$0.80
CHICKEN/PORK CUTLET/STICK	\$1.00		
PORK ROLL WITH ENOKI MUSHROOM	\$1.00		
TOMATO HONEY MEAT BALL (2 PCS)	\$1.00		
AIR FRY DUMPLING	\$1.00		
JAPANESE RICE BURGER	\$2.00		





ASIAN FUSION



MONDAY

MINCED PORK/CHICKEN BASIL WITH RICE	\$1.70/\$2.00
LEMONGRASS PORK/CHICKEN WITH RICE	
TOMATO HONEY PORK/CHICKEN WITH RICE	
STEAM CHICKEN, ENOKI MUSHROOM WITH RICE	
MISO GINGER PORK WITH RICE	
SOUP RAMEN/UDON	
*MIXED VEGETABLES WITH RICE	

TUESDAY

ROAST CHICKEN DRUMLET WITH RICE	\$1.70 /\$2.00
BRAISED PORK/CHICKEN WITH RICE	
JAPANESE SOY PASTA	
HONEY CHILLI PORK/CHICKEN WITH RICE	
LEMON FISH W/ RICE	
CURRY UDON	
*MIXED VEGETABLES WITH RICE	

WEDNESDAY

CHAR SIEW WITH RICE	\$1.70/\$2.00
CHICKEN TERAYAKI WITH RICE	
BBQ PORK/CHICKEN WITH RICE	
HORSIN PORK/CHICKEN WITH RICE	
TOMATO FRIED RICE	
SHRIMP PASTE FRIED RICE	
PAO FAN (SOUP RICE)	
HOTDOG/LUNCHEON MEAT POTATO W/ RICE	
*MIXED VEGETABLES WITH RICE	

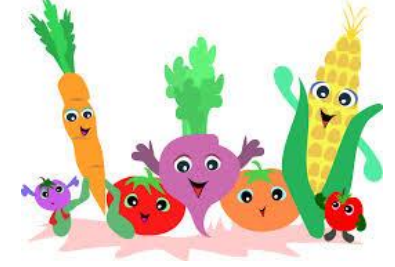
***VEGETARIAN OPTION**

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ASIAN FUSION



THURSDAY

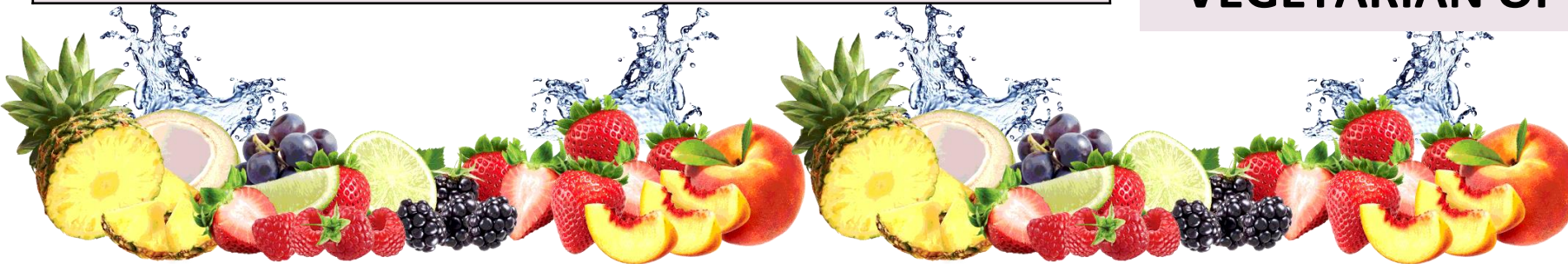
FRIED UDON/RAMEN	\$1.70/\$2.00
CHICKEN CURRY W/PRATA/ RICE	
THAI GREEN CURRY WITH RICE	
ORANGE CHICKEN WITH RICE	
LEMON CHICKEN WITH RICE	
GINGER CHICKEN WITH RICE	
CABBAGE RICE	
JAPANESE CURRY W/ RICE	
Sushi – Jap cucumber/egg/tuna/crab stick	
*MIXED VEGETABLES WITH RICE	

FRIDAY

POTATOES & MINCED PORK/CHICKEN WITH RICE	\$1.70/\$2.00
CHICKEN STEW WITH RICE	
SHRIMP PASTE CHICKEN WITH RICE	
BLACK PEPPER CHICKEN WITH RICE	
SOUP RAMEN/UDON	
BULGOGI (KOREAN MARINATED PORK/CHICKEN W/ RICE	
MAPO TOFU W/ RICE	
JAPANESE STYLE CARBONARA	
*MIXED VEGETABLES WITH RICE	

*VEGETARIAN OPTION

*All meals come
with a fruit!*





HOT DRINKS & SNACKS



DAILY ITEMS

FISH BALL	\$0.30	FRENCH TOAST	\$1.00
CHICKEN SIEW MAI	\$0.60	SCRAMBLE EGG BUN	\$1.00
TAU SAR PAU	\$0.60	MINI CHICKEN FUN CHOY	\$1.20
CHEE CHEONG FUN	\$0.70	CHEESE EGG /MAYO BUN	\$1.20
HONEY CHICKEN PAU	\$0.70	MINI LOR MAI KAI	\$1.20
YAM PAU	\$0.70	KAYA TOAST SET (2 SLICES OF BREAD,	\$2.00
*VEGETABLE PAU	\$0.70	2 SOFT BOILED EGGS & HOT DRINK)	
EGG/TUNA SANDWICH	\$0.70	HOT CHRYSANTHEMUM	\$0.70
CHICKEN PAU	\$0.80	TEA / COFFEE (W/O MILK)	\$0.70
NESTUM CEREAL	\$0.90	TEA / COFFEE (WITH MILK)	\$0.80
CEREAL WITH MILK	\$1.00	TEA/ COFFEE- C	\$0.90
WAFFLE (WITH FILLING)	\$0.80	MILO / HORLICK	\$0.90
PANCAKE (3 PCS)	\$0.90	CRACKERS	\$0.30 –
STEAM CORN	\$1.00		\$0.80
CHESSY OMELETTE BUN	\$1.20		

***VEGETARIAN OPTION**





HOT DRINKS & SNACKS



DAILY ITEMS

EGG TART	\$0.80	TERIYAKI PAU	\$0.80
SWISS ROLL	\$0.80	CUP CORN	\$1.00
TAPIOCA KUEH	\$0.70	CURRY PUFF	\$1.00
CRYSTAL DUMPLING	\$0.50	SARDINE PUFF	\$0.80
KUEH DAH DAH	\$0.90	SPRING ROLL	\$1.00
KUEH DOU DOU	\$0.70	PIZZA	\$1.00
KUEH SALAT	\$0.50	SAMOSA	\$0.80
KUEH KOR SWEE	\$0.50	SESAME BALL	\$0.70
KUEH LAPIS	\$0.60	HAM CHIM PENG	\$0.80
MALAI KOR	\$0.60	FRIED BUTTERFLY DOUGH	\$0.80
PAK TONG KOR / BLACK TONG KOR	\$0.60	FRIED TAPIOCA	\$0.60
CREAM PUFF	\$0.30	MUAR CHEE (PEANUT/COCONUT)	\$0.80
STEAM YAM CAKE	\$0.80	PULAT INTI	\$0.70
SOON KUEH	\$0.80	HAM/CHICKEN SANDWICH	\$2.00
OTAH	\$0.60	GARLIC BREAD	\$0.40
Takoyaki Ball	\$1.50		

***VEGETARIAN OPTION**





HOT DRINKS & SNACKS



MONDAY

TEA HERBAL EGG	\$0.50
HOMEMADE BARLEY WATER	\$0.50
BAKED POTATO	\$1.20

TUESDAY

JAPANESE RICE BALL	\$0.50
ROTI JOHN	\$1.00

WEDNESDAY

CARBONARA MACARONI	\$1.20
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THURSDAY

ROTI JOHN	\$1.00
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FRIDAY

CHICKEN PORRIDGE	\$1.20
ROTI JOHN	\$1.00



*All meals come
with a fruit!*