



Nov 2020



## Principal's Message

Dear Parents/Guardians

It has been an exceptional year of COVID-19, and our pupils have shown resilience and adaptability, especially during the period of Full Home-Based Learning. We would like to take this opportunity to thank you for your kind understanding and unwavering support as our partners in education in the best interest of your child/ward.

Ending the year on a positive note, we wish to extend our heartiest congratulations to our Frontierer, Thecla Viyoshi Magha Anagaleka, who graduated in 2019 for being awarded the prestigious Prime Minister's Book Prize (Primary) 2020. This is an annual award given to primary school pupils who have shown effective bilingualism, in English Language and Mother Tongue Language. Thecla is indeed our pride and joy and I am grateful to the teachers who have taught and groomed Thecla during her six-year journey in Frontier Primary School.

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## At A Glance

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Do you have any feedback or ideas for iN-Touch?

Do let us know on our website at <https://forms.cwp.gov.sg/frontierpri/feedback>

You can also view our past issues at <http://frontierpri.moe.edu.sg/useful-information/in-touch/>

**Confident Thinkers • Adaptable Individuals • Passionate Leaders**

**Make A Difference • Be The Difference**



## Principal's Message

As we prepare for the end of 2020, we wish to inform you of a few key updates in the new academic year 2021 for your forward planning and information.

### 1) Change in School Report Book

In view of the change in the reporting of pupils' learning progress, the school has reviewed the use of the current B5-sized Report Book and found that it is unable to hold the increasing number of result slips for 6 years. Hence, a new A4-sized Report Book will be used from 2021. Please take note of the following:

- P1 – P3 pupils will use an off-white Report Book while P4 – P6 pupils will use a white Report Book.
- Only P1 (2021) and P4 (2021) pupils will need to purchase the new A4-sized Report Book which would be reflected in the booklist.

### 2) Recess Timing

For the safety of our pupils, we will continue to stagger our recesses in 2021 as follows:

P1	P2	P3	P4	P5	P6
8.45 am	9.15 am	9.45 am	10.15 am	10.45 am	11.15 am

\* Snack Breaks will be given to all pupils either before or after their recess. More details will be provided at the beginning of next year.

### 3) Resumption of SwimSafer 2.0

As SwimSafer 2.0 was disrupted this year due to COVID-19, we will resume the programme for our Primary 4 pupils in 2021 to enable continuation of learning swimming proficiency and water survival skills, with adherence to the prevailing Safe Management Measures (SMMs). More details will be given in 2021 prior to the commencement of the programme.

### 4) Frontier turns 10 in 2021!

The school will be celebrating our 10<sup>th</sup> anniversary in 2021 and there will be a series of programmes planned, leveraging existing school events, in commemoration of this significant milestone. This is to instil a deeper sense of identity and belonging for the school in our Frontierers.

### 5) Reminders

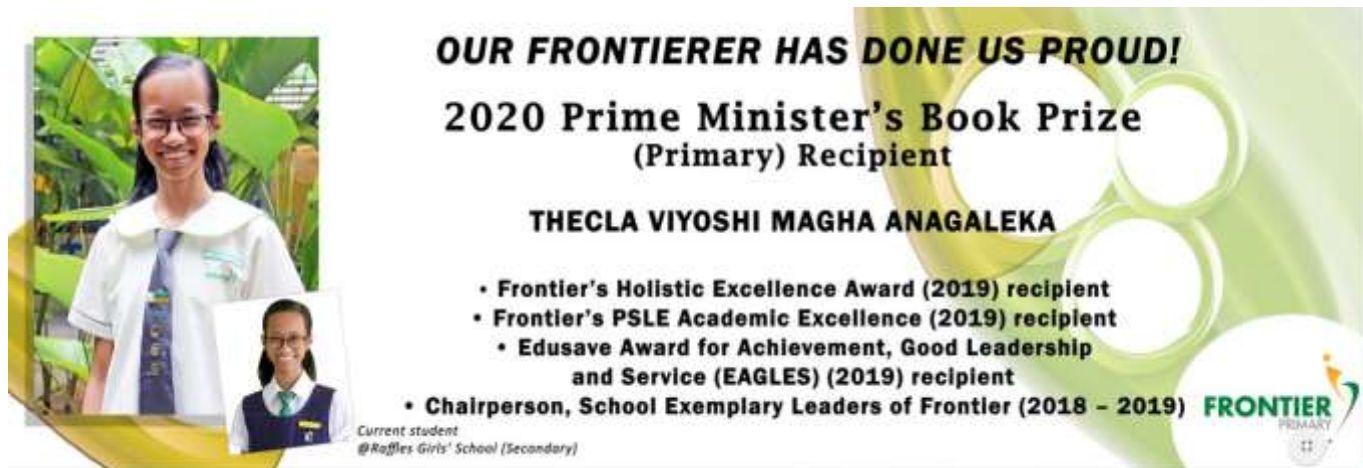
School re-opens on 4 Jan 2021 (Mon) and the school hours are 7.30 am to 1.30 pm, Monday to Friday. Pupils are expected to be in school by 7.20 am, similar to current and previous years. There is no change to the structure of the after school programme, and more information on the staggered dismissal and lunch time will be shared at the start of 2021. In view of the volatile situation, the model for school reopening will be subjected to some changes in accordance with the national posture and it will be communicated via Parents Gateway before 4 Jan 2021.

We wish your child/ward a safe, restful and meaningful school holidays.



## ANNOUNCEMENTS

### 2020 Prime Minister's Book Prize (Primary) Recipient



Frontier Primary is proud to share that our 2019 graduate Thecla Viyoshi Magha Anagaleka has been awarded the prestigious Prime Minister's Book Prize (Primary) 2020.

This prestigious annual award is given to primary, secondary and pre-University pupils to promote effective bilingualism, in English Language and Mother Tongue Language, in schools.

We would like to congratulate Thecla for her wonderful achievement and hope that she will continue to live up to the school motto—*Make A Difference, Be The Difference*, to the people around her and beyond.

### The President's Award For Teachers (PAT) 2021

The President's Award for Teachers (PAT) gives national recognition to teachers for their dedication and hard work in developing our young. These teachers prepare pupils for life, as well as model commitment to continuous learning and enterprise. They inspire both their pupils and peers through their words and deeds. Nomination for PAT 2021 is now open and will close on Tuesday, 26 January 2021.

We would like to invite pupils and parents to submit your nomination(s) for any deserving teacher(s) by going to the website [go.gov.sg/pat2021](https://go.gov.sg/pat2021) or scanning the given QR code.

**PAT 2021**





## ANNOUNCEMENTS

### MOE Service Excellence Award (MSEA) 2020

The MOE Service Excellence Award (MSEA) recognises MOE staff who are passionate in service delivery, consistent in serving our stakeholders and partners with C.A.R.E (Courtesy, Accessibility, Responsiveness and Effectiveness).

Frontier Primary School is happy to announce that the following officers have been awarded the MSEA 2020 in recognition of their service excellence:



Mr Wong Teong Man – Platinum  
(Operations Manager)



Mr Wong Teong Man – Gold  
(Operations Manager)



Mdm Lee Hao Yih Dorcas – Gold  
(Subject Head / Chinese Language)



Mdm Hannaria Srihanum Tumbuck – Gold  
(Senior Teacher / Learning Needs)



Mdm Lim Lan Shii – Gold  
(Teacher)



Mdm Nusraat Begum Bte Akbar Ali – Silver  
(Subject Head / Character and Citizenship Education)



Mdm Norhayati Binte Iknor – Silver  
(Teacher)



Mdm Aneesah Beevi Bte Amssah – Silver  
(Teacher)



Miss Peh Shu Yu – Silver  
(Teacher)





## ANNOUNCEMENTS

### Caring Teacher Awards 2020

The Caring Teacher Awards is organised by the National Institute of Education every year to acknowledge teachers who go beyond the call of duty for the holistic development of their pupils and to ensure that their charges grow up to be confident and independent learners for our nation.

We are pleased to announce that the following teachers have been conferred the Caring Teacher Award this year:



*Mr Tan Choon Seng Anderson  
(HOD/ PAM and CCA)*



*Mdm Hannaria Srihanum Tumbuck  
(Senior Teacher/ Learning Needs)*



*Miss Su-En Loh  
(Teacher)*



*Miss Lim Weiqing Eulindra  
(Teacher)*



*Mdm Lim Lan Shii  
(Teacher)*



## ANNOUNCEMENTS

### Recipients of Edusave CHaracter Award (ECHA) and Frontier Character Award (FCA) 2020

The Edusave CHaracter Award (ECHA) and Frontier Character Award (FCA) are given to deserving pupils who have excellent character, demonstrate strongly the school values and exhibit a high level of civic consciousness. The ECHA is an award by the Ministry Of Education (MOE) which seeks to recognise Singapore Citizens, while the FCA is a school-based award which seeks to affirm pupils who display outstanding character excellence.

The school has put in place a structured and rigorous process of nomination and selection, and is pleased to announce the recipients of both awards as shown below. Congratulations to all recipients!

<b>ECHA</b>		<b>ECHA</b>
<b>Name</b>		<b>Name</b>
Adele Yong		Chew Shi Geng
Nur Insyira Nadzirah		Mira Binte Idi Bakhtiar
Noshin Auni Binte Muhammad Azri		Brendon Chan Yi Ming
Eryna Sarah Indra Herman		Fan Ming Hui
Joel Tan Jun Yao		Filomena Litani Magha Amiela
Miko Lee Jie Ning		Bosca Boo Cheng Xuan
Jodee Chia Wen Ling		<b>FCA</b>
Felicia Goh Yu Xuan		<b>Name</b>
May Phyu Thant @ Chloe		Lim Si Rou
Tan Hui Fang Wynne		Chong Sze Han
Phua De Qi Ilyssa		Wong Wei En Cayden
Alonso Seet Zu Yi		Alexis Sng Yu Wen
Iman Insyirah Binte Mohammad Hafiz		Wong Xuan Lin, Kloey
Mohamed Ariq Darwisy Bin Mohamed Effendi		Shmily Ho Shuet Mun
Qaireen Bashirah		Muhammad Haziq Bin Alias
Jayden Teo Chi Wun		Chan Yin Kay
Raphaelle Teng Li Wen		Nur Dyan Syarafana
Zwe Min San		Ryan Lynn Latt
Madeleine Lau Jia Xi		Felyssya Injiella Binte Faizal
Adli Sufi Bin Saharudin		Ang Yun Ning
Keane Poh Hong Wei (Fu Hongwei)		Anina Anna Anish



## ICT MATTERS

As we look back at 2020, it has definitely been a challenging year as we embarked on Home-Based Learning through the Student Learning Space (SLS), Google Meet and Zoom especially during the Circuit Breaker period.

Parents have to make tough decisions on the amount of screen time that was deemed necessary for their children as well as having to monitor on their access to online games, videos and web surfing. As such, the ICT department has listed some guides and videos below to help parents better manage their children's online habits.

### **1. MOE's Parent Kit on Cyber Wellness**

Click on the link or scan the given QR code for the MOE's Parent Kit on cyber wellness to find out more about the following topics:

- Deciding how much time to spend online
- Staying safe online
- Cyber bullying
- Setting strong passwords
- Responsible online behaviour
- Developing digital literacy skills



Link: <https://go.gov.sg/moe-cyber-wellness>

### **2. Self-Help Videos on Parental Control**

Click the links below to access videos which will help parents keep their child safe through the use of parental controls on YouTube, iPhones/iPads and android devices:

- <https://go.gov.sg/youtubecontrols>
- <https://go.gov.sg/ipadiphonecontrols>
- <https://go.gov.sg/trackncontrolandroid>

### **3. Cyber Wellness Workshop Preference Survey for Parents**

Parents are encouraged to complete the Cyber Wellness Workshop Preference Survey through the given link or QR code so that the school can better engage and support you!



Link: <https://qrgo.page.link/QvKea>



## Schoolbag

### Developing Resilience In Our Pupils: From “I’m okay” to “It’s okay”

“How are you?”

Do you find your children habitually responding with “I’m okay”, yet feel a tinge of discomfort at how untrue that really is? “Just super busy,” they may add to sound more authentic.

Sometimes, saying “I’m okay” comes from a need to keep things cordial in situations that do not afford our children a chance to bare their souls. Other times, it could be a convenient response to appear put-together regardless of how they may actually feel. What makes our children compelled to show that all is well?

#### **A) *The need to be perfect : Striving for excellence – a double edge sword***

- Take a step back and give your children time to figure it out on their own first
- Assure them of their strengths or areas they have done well, before addressing their mistakes

#### **B) *They may hide their pain***

Saying “I’m okay” is just a way for children to avoid facing difficult thoughts and emotions.

- Children may not recognise the need for help, and may not perceive that the problem is serious enough to require help
- Create a safe space for them to share their thoughts and encourage them to be vulnerable and recognise that everyone has their limitations
- Look beyond the surface to understand what your children are really thinking and feeling

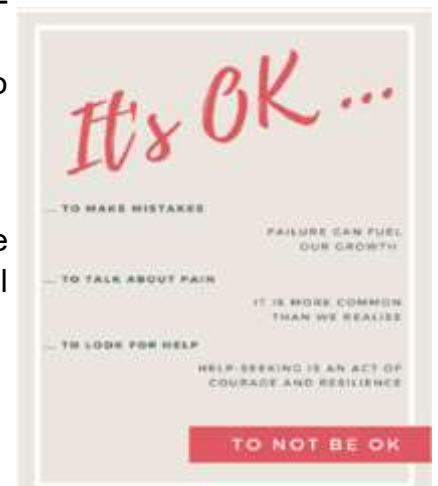
#### **C) *It’s ok to seek help***

- Let them know that it’s okay to make mistakes and that mistakes and failures are part of their learning process and another chance to practise self-compassion
- Guide them to temper their expectations and be kind to themselves when they encounter problems along the way.

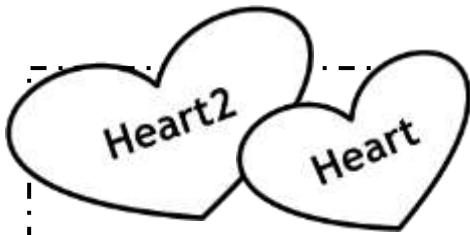
Let’s continue to strengthen resilience in our children through the current challenges. As they develop a positive mindset, they will be better prepared for the future.

Read more on how you can help your children by visiting

<https://www.schoolbag.edu.sg/story/from-i-m-okay-to-it-s-okay>







## **How to keep your child occupied during the upcoming school holidays?**

School holidays are approaching. With the restrictions on overseas travel, it might be time to rediscover Singapore with your child while practising safe social distancing.

Here are some suggested outdoor activities which you can carry out with your child/children:

- *Take a stroll through the Outdoor Gardens at Gardens by the Bay*
- *Go on a hike at the Southern Ridges*
- *Explore Singapore Botanic Gardens*
- *Visit a fire station/ Civil Defence Heritage Gallery*
- *Cycle along East Coast Park*
- *Enjoy the nature at Bukit Timah Nature Reserve*
- *Feed the goats at Hay Dairies Farm*

If you and your child/children prefer indoor activities, you may refer to the following suggested activities:

- *Learn to bake using kid-friendly recipes*
- *Read a book every week*
- *Play board games with family*
- *Make art and craft out of recycled materials*
- *Make a scrapbook*
- *Try out cool science experiments*
- *Set up an indoor scavenger hunt*

**Stay Safe!**  
**Have a fun and fruitful holiday!**

