


March 2022

Gongshang Bulletin

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School Holidays

Term 1 Break : 12 March 2022 (Saturday) to 20 March 2022 (Sunday)

Primary 3 and Primary 5 Weighted Assessment (WA) in Semester 1 (March)

The schedule for the Primary 3 and Primary 5 WA was sent via Parents' Gateway on 11 February 2022 (Ref No: 22/E/058 and Ref No: 22/E/071). A hard copy was also given to your child/ward on the same day. You may refer to the PG message and the letter attached for more details.

Primary 3

Term/Week	Date	Subject	Duration
Term 1 Week 10	Thursday, 10 March 2022	Math WA (1)	45 min
	Friday, 11 March 2022	Science WA (1)	20 min

Primary 5

Term/Week	Date	Subject	Duration
Term 1, Week 10	Tuesday, 8 March 2022	Science WA (1)	30 min
	Thursday, 10 March 2022	Math WA (1) Foundation Math WA (1)	30 min 5 min

Primary 5 and P6 Supplementary Programme during March Holidays

Dates: 17 March 2022 (Thursday) and 18 March 2022 (Friday)

Reporting time: *7.30 a.m. (To report to the classroom by 7.25 a.m.)

Venue: Pupils' respective classrooms

Teacher-in-charge: Mrs Shirley Puay

*Please refer to the letters (Ref. No. 22/E/077 for P5 and Ref. No. 22/E/78 for P6) which were issued on 23 February 2022 for the dismissal time for your child's/ward's class.

P5 Trips for International Experience(TIE) - Vietnam (virtual)

As part of our school's effort to develop concerned citizens with global awareness and cross-cultural skills, the school is conducting a virtual 'overseas' learning journey to Vietnam for our Primary 5 pupils on 17 March 2022 and 18 March 2022.

The objective of the programme is to strengthen our pupils' foundational understanding and exposure to the region through virtual learning journey. This is a platform for our pupils to discover and experience the parallels and contrast between educational, cultural and social systems in Singapore and Vietnam. The programme will include video conferencing with Vietnamese teachers and pupils, virtual tours to historical sites and the learning of the Vietnamese culture and language.

The details are as follows:-

Day	Classes	Time
17 March 2022 (Thursday)	P5 Respect, P5 Courage, P5 Harmony	10.00 am – 1.30 pm
18 March 2022 (Friday)	P5 Perseverance, P5 Thrift, P5 Integrity	7.30 am – 11.30 am (includes a 30-minute recess break)

Nomination of Arif Budiman Malay Language Teacher Award 2022

The *Arif Budiman* Malay Language Teacher Award (AGAB) is an annual award which recognises outstanding Malay Language teachers who have made significant contributions to the teaching and learning of Malay language in our schools.

AGAB 2022 is jointly organised by the Malay Language Council, Singapore (MBMS), the Malay Language Teachers' Association (PGBM), Berita Harian (BH) and the Malay Language Learning and Promotion Committee (MLLPC).

The AGAB 2022 Organising Committee invites you to nominate outstanding Malay Language teachers from the school who are eligible and deserving of the award. Nomination is open from 4 February to 1 April 2022. The closing date for nomination is 1 April 2022.

Nomination forms can be downloaded from the following websites:

www.mbms.sg , www.mllpc.sg , www.beritaharian.sg

Online nomination forms can also be accessed via: <https://go.gov.sg/agab2022>

HPB Resources For Parents - Parents' Newsletters

Edition 1: Sharing of HPB programmes for students in schools, and how parents can continue building healthy habits at home for their children.

The first edition (<https://go.gov.sg/parentsnewsletter1>) addresses the following questions:

- What types of healthy food are sold in my child's school?
- How can I continue preparing healthy food at home for my child?
- Embark on the "One-Week Eat Healthy" Challenge with your children!
- Does my child's school provide any programmes to help with stress?
- Vaping: What is it?
- How do I keep safe, hygiene and clean at home?



Edition 2: What parents can do to help their children through big transitions like transition to Primary or Secondary School.

The second edition (<https://go.gov.sg/parentsnewsletter2>) addresses the following questions:

- What can your child expect in terms of the transition of food served in preschool and primary school?
- How can I prepare my child to make good food decisions in school?
- How do I help my child through a major transition like a change of schools?
- Start a wellness journal with your child.
- Vaping, The myths and facts. How can you spot signs in your child?
- Role model good personal hygiene habits



Cyber Wellness Message – Excessive Screen Time

Is your child spending too much time on watching television, on the computer or on his mobile devices?

Excessive screen time is a real problem. Watch this short video (<https://youtu.be/fScWDhN4rHM>) as mental health professional Dr Daniel Fung shares the steps parents can adopt to prevent this increasingly common problem in children.