



GONGSHANG PRIMARY SCHOOL

Primary 1 2025 Parents Briefing



2 JANUARY



Today's Programme

- Principal's Address
- Briefing by Year Head, P1/P2
- Briefing by HOD, Student Management
- Briefing by School Counsellor



Today's Programme

Classes	0730-0800	0800-0830	0830-0900	0900-0930
All P1 Classes	Address by Principal	Briefing by Year Head		
1P, 1I, 1C, 1G			Recess	<ul style="list-style-type: none">Briefing by HOD, Student ManagementBriefing by School Counsellor
1T, 1R, 1H, 1K		<ul style="list-style-type: none">Briefing by HOD, Student ManagementBriefing by School Counsellor	Recess	





Principal's Address

Our Vision

**Active Learners,
Confident Leaders,
Gracious Citizens**



Our Mission

We nurture and inspire every Gongshanger to be a

*Learner with Zeal
Leader with Courage
Citizen with Purpose*



Our Values

勤	Perseverance	<ul style="list-style-type: none">✓ Every Gongshanger will understand the value of hard work.✓ Every Gongshanger will continue to work towards his/her goals despite challenges.
俭	Thrift	<ul style="list-style-type: none">✓ Every Gongshanger is able to tell the difference between 'needs' and 'wants'.✓ Every Gongshanger is able to use resources prudently to avoid wastage.
诚	Integrity	<ul style="list-style-type: none">✓ Every Gongshanger will do the right thing even when nobody is around or watching.✓ Every Gongshanger will have the moral courage to stand up for what is right.
敬	Respect	<ul style="list-style-type: none">✓ Every Gongshanger will have pride and confidence in themselves.✓ Every Gongshanger will appreciate differences in others and be sensitive to the feelings of others.



What is Primary School about?

1

Laying a strong foundation

2

Nurturing well-rounded individuals & passionate lifelong learners

3

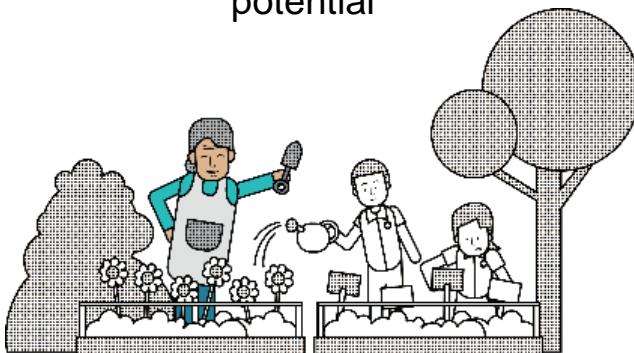
Providing learning opportunities, recognising our children's strengths & developing their potential

4

Preparing our children for the future

5

Providing a safe learning environment to support their well-being



Holistic development Primary 1 includes:

Focus on building greater confidence and nurturing a stronger intrinsic motivation to learn



Offering age-appropriate assessment strategies to support learning

No examinations and weighted assessments at P1 and P2 to encourage the joy of learning.

Student Learning Dispositions

Curiosity

- ✓ Asks questions to develop a deeper understanding
- ✓ Eager to explore possibilities
- ✓ Enjoys problem-solving

Responsibility

- ✓ Listens attentively in class
- ✓ Participates actively in lessons
- ✓ Takes pride in completing all tasks assigned

Resilience

- ✓ Stays positive in the face of setbacks
- ✓ Keeps on trying when faced with problems
- ✓ Is willing to take on challenges

Open-mindedness

- ✓ Considering other viewpoints
- ✓ Acts on feedback and uses it to improve performance
- ✓ Is willing to try out new ideas or solutions offered by peers

Teamwork

- ✓ Works and plays cooperatively with others towards learning goals
- ✓ Shows respect for others
- ✓ Practises turn-taking in group activities

Smoothening the transition to Primary 1

When your child enters primary school, their experience will include:

**New friends and
teachers**



Smoothening the transition to Primary 1

1. Transition is the process in which a child moves into a new environment

2. When moving from pre-school to primary, a child will have to adapt to unfamiliar setting and routines

When your child has transited well, he/she will:

- Feel safe and comfortable in the new environment
- Be able to manage daily challenges
- Be able reach out to teachers and/or peers for support when needed

How can you prepare your child for Primary 1?

You can start talking to your child about the following:



Adjusting to a larger learning environment



Interacting with more peers and teachers



Adapting to longer school hours and new routines



Taking the initiative to ask for help



Becoming more independent and responsible

How else can you support your child?

Support

your child and encourage them to overcome challenges with your care

Affirm

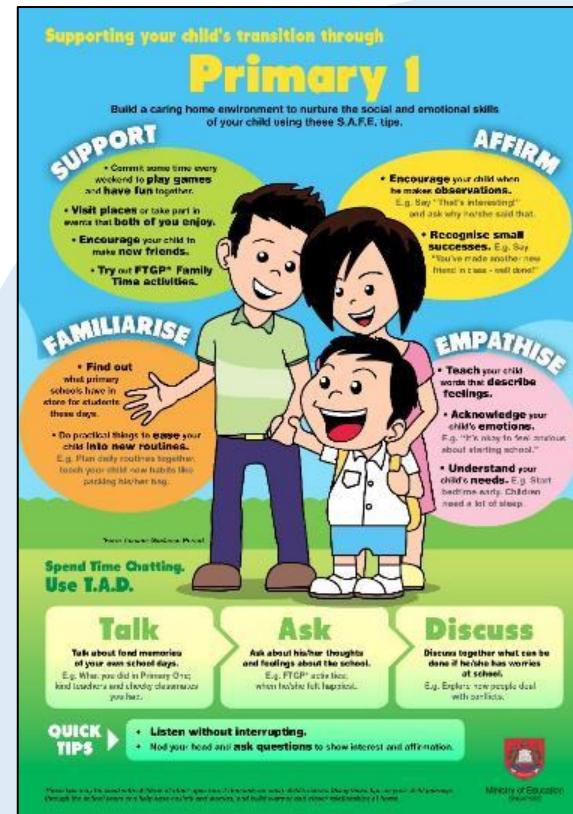
your child by recognising small successes and praising their efforts

Familiarise

your child with new routines gradually and share your experiences in primary school

Empathise

with and acknowledge your child's feelings



How else can you support your child?

Primary 1 is an exciting and fun stage for your child.
Help your child to enjoy the journey by developing these skills:



Nurture a love for reading
Sign your child up for a free Library membership and myLibrary ID to enjoy NLB's e-resources!

Relating Well to Others

Build your child's interpersonal skills by:

01

Modelling the use of friendly and polite phrases

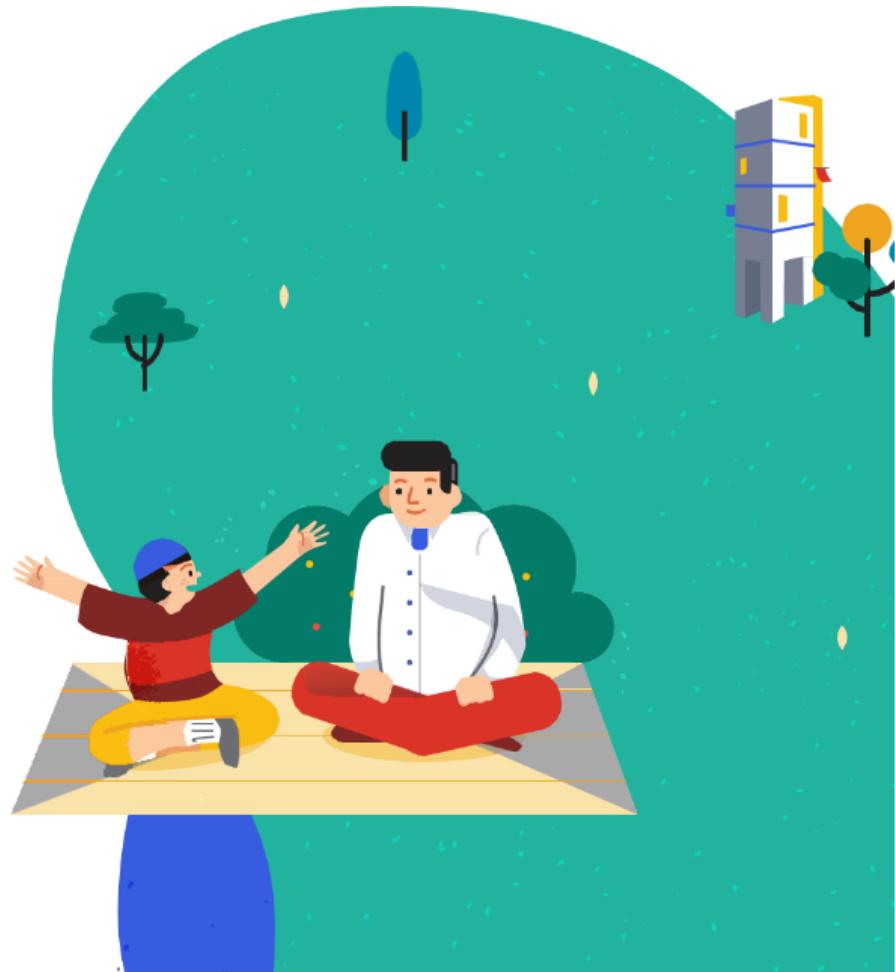
"May I please..."

"Hi! My name is...What is your name?"

"Could you help me with..."

02

Providing opportunities for your child to share and take turns during playtime with other children



Developing Good Habits

Routines help your child build confidence and learn to manage things by themselves.

Take their temperature using a thermometer



Practise consistent pre-bedtime routines and have at least 9 hours of sleep

Wash their hands



Guide your child to do the following independently:



Dress themselves

Pack their bag and check for materials



Buy food at the canteen



Make healthy food choices



Knowing when and how to ask for help



Nurturing Positive Attitudes

Developing the right learning attitude will help your child learn better. You can encourage your child to:



Ask questions about their experiences and their observations on the world around them



Reflect on learning experiences, learn from mistakes and try ways to do something better



Persevere even when faced with challenges



Knowledge, Skills & Dispositions for the start of Primary 1



Values, Social-Emotional Competencies, Citizenship Dispositions

Art

English Language

Mathematics

Mother Tongue Languages

Music

Physical Education

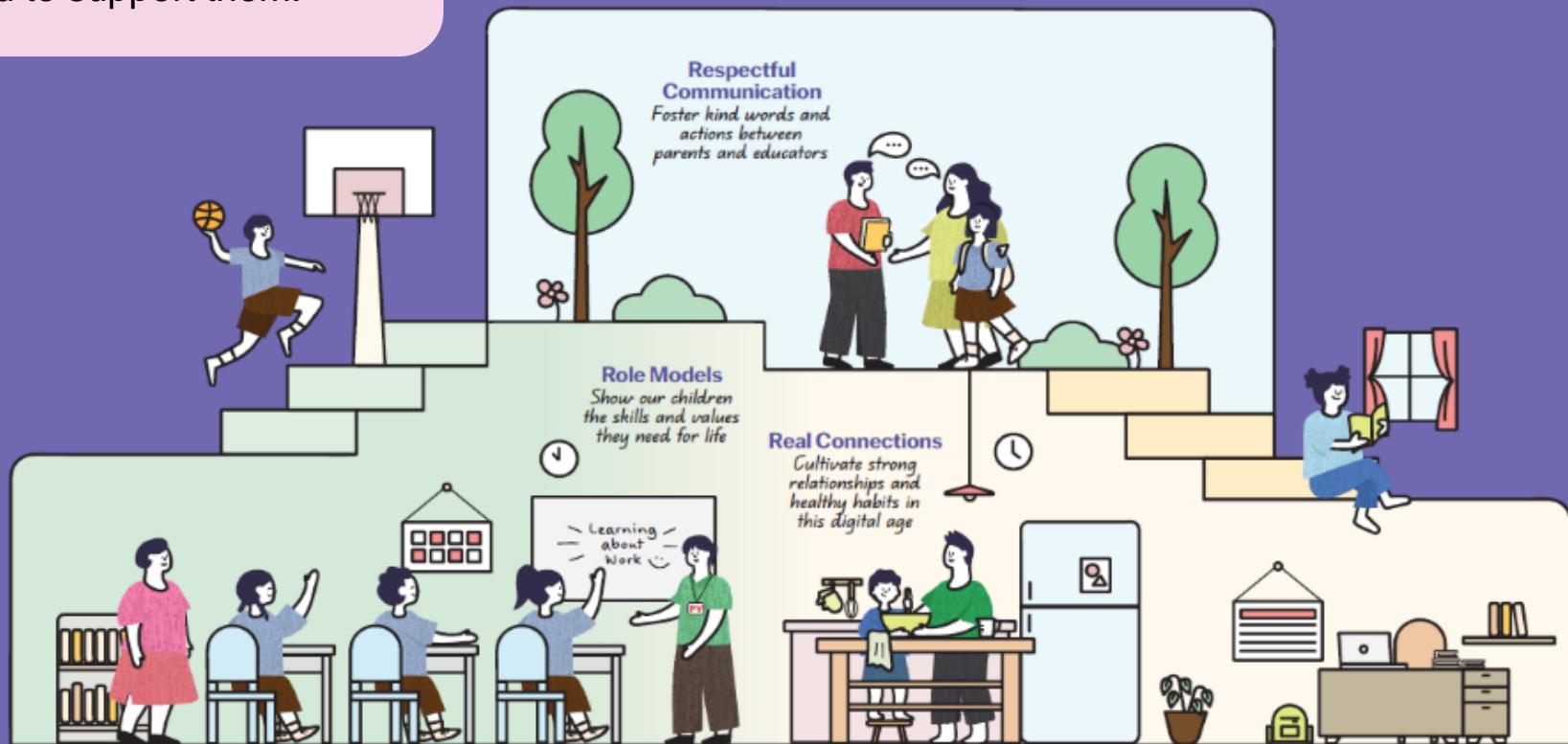
<ul style="list-style-type: none"> Understand and Care for Oneself Show Care and Respect for Others Make Responsible Decisions and Act on Them 	<ul style="list-style-type: none"> Enjoy Participating in Art Express Ideas and Feelings through Art Demonstrate Awareness of Art from Different Cultural Groups 	<ul style="list-style-type: none"> Listen and Speak for Enjoyment and Information Read with Enjoyment and Understanding Communicate Ideas and Information through Writing or Using Symbols or Letter-Like Shapes 	<ul style="list-style-type: none"> Basic Understanding of Numbers Up To 10 Recognise Simple Patterns Compare Quantities Between Two Groups of Objects 	<ul style="list-style-type: none"> Enjoy and Show an Interest in Learning Mother Tongue Language. Enjoy and Show an Interest in Listening and Speaking in Mother Tongue Language. Demonstrate Awareness of Local Ethnic Culture 	<ul style="list-style-type: none"> Enjoy Participating in Music and Movement Activities Express Ideas and Feelings through Music and Movement Activities Demonstrate Awareness of Music and Movement from Different Cultural Groups 	<ul style="list-style-type: none"> Enjoy Physical Activities Display Coordination in Motor Tasks Demonstrate Awareness of Healthy Habits and Safety
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School- Home Partnership

Our children do best when schools and parents work hand in hand to support them.

Guidelines for School-Home Partnership

Raising a Happy, Confident, and Kind Generation Together

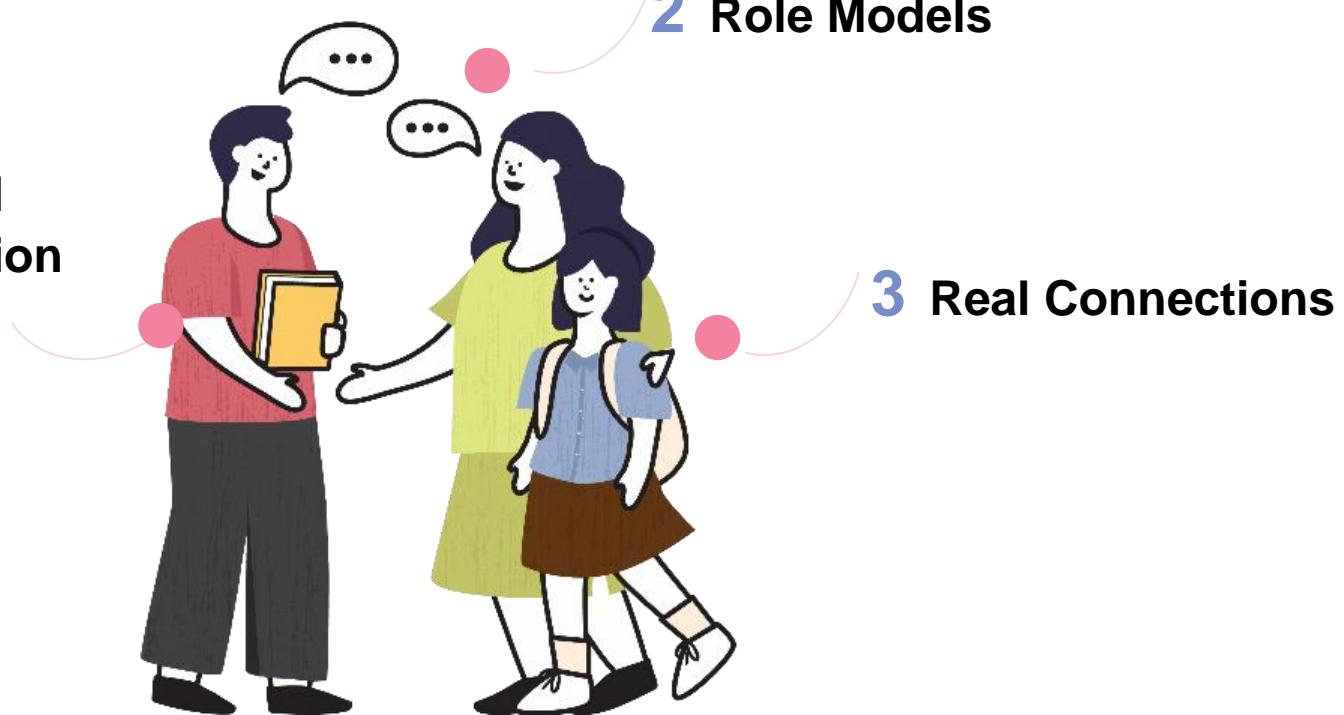


3 areas we can work together on to foster School-Home Partnership

1 Respectful Communication

2 Role Models

3 Real Connections



Respectful Communication

**Foster kind words and actions
between schools and educators**



Listen to and understand each other's perspectives and concerns regarding each child



Communicate kindly using official channels. Teachers are not required to share their personal mobile numbers



Respect each other's time by communicating during working hours



Modes of Communication

- My Learning Journal (Pupils' Handbook)
- Teachers' e-mail : can be found in Parents' Handbook or school website
- Telephone calls
- School e-mail : gsps@moe.edu.sg

Role Models

Show our children the skills and values they need for life



Find joy in everyday experiences with our children



Instill confidence by encouraging responsibility and believing in our children's abilities



Model good values in words and actions



Check out this video on MOE YouTube for tips on how parents can support the social-emotional learning of their children.

Real Connections

Cultivate strong relationships and healthy habits in this digital age

Establish good habits for our children to stay confident and in control of their technology use

Build strong bonds through shared experiences and meaningful conversations



Provide a balanced mix of engaging online and offline activities, at school and at home





Cyber Wellness



Did you know?

67% of children aged seven to nine in Singapore use smartphones every day, and are active on social media

DEVICES USED DAILY BY CHILDREN (%)

	Overall	Aged 7 to 9	Aged 10 to 12	Aged 13 to 16
Smartphone	84	67	85	98
Personal laptop	32	13	30	51
Family laptop	36	44	37	27
Tablet/iPad	52	65	51	40
Others	15	7	5	5

Age when they started using social media

Current age/ Starting age	Overall	Age 7 to 9 years old	Age 10 to 12 years old	Age 13 to 16 years old
3 years old or below	9%	17%	6%	4%
4-6 years old	25%	42%	24%	11%
7-9 years old	39%	41%	46%	31%
10-12 years old	22%	NA	24%	40%
13-16 years old	5%	NA	NA	14%

Source: The Straits Times, 7 Feb 2021

Parents may not be aware of the online risks

Parents might not be aware, but...

1 in 3 children has chatted with strangers online

1 in 3 children has been exposed to pornographic materials

1 in 4 children has overshared their personal information

Source: MLC-TOUCH Parent Child Poll Findings, 22 Aug 2023

How can parents help their child develop good digital habits?

- As parents/guardians, you play a significant role in helping your child establish healthy digital habits, and learn to use technology in a positive and meaningful way.
- Here are some ways:
 - Role model good digital habits** for your child/ward (e.g. parents/guardians not using devices during mealtimes).
 - Have regular conversations with your child** to better understand what they do online, how to stay safe and how to use technology in a responsible manner.
 - Discuss and develop a timetable with your child** to moderate their time spent on screens.
- For more content to support your parenting in the digital age and more, please scan the QR code at the top right-hand corner to access the **Parenting for Wellness** Toolbox for Parents.

Navigating the Digital Age

Page 1 of 2

Helping Your Child Manage Device Use & Stay Safe Online



Develop a Family Screen Use Plan

- A family screen use plan consists of screen use rules, their consequences and screen-free activities that the family can engage in.
- As a family, create your screen use rules by discussing and agreeing on expectations of screen use and the consequences of breaking these rules clearly.

Your screen use rules can include:

- Device-free times and places
- Time limit for devices

- "What are some suggestions on when and where devices should not be used?"
- "What should we do if we break our agreement?"

- Decide as a family what screen-free activities you want to engage in, like going outdoors, playing sports or playing board games together.
- "What screen-free activities do you think we can do together?"

- Engaging your child in the process of creating screen use rules and inviting them to suggest activities to do together helps increase their ownership of the whole family screen use plan.
- "What do you think of our screen use rules?"

Role Model Behaviours and Have Open Conversations

- Be consistent in role modelling positive screen use behaviours and habits.
- Engage your child in open conversations about their online activities, how to navigate the online space and its associated challenges. For example:
 - State observation: "I noticed you have been spending a lot of time on your device."
 - Ask open-ended questions: "What do you usually do on your device?"



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You've got this!

How can parents better support their child's digital habits?

Achieving balanced screen time

- **Screen time** refers to the amount of time spent using devices each day. Having some screen time can be beneficial, such as when your child uses devices to learn and connect with others.
- However, it is important to be aware that **spending an excessive amount of time using devices is unhealthy**, as it is associated with insufficient good quality sleep, sedentary behaviours, increased obesity, and poorer mental health and well-being.
- **Discuss and develop a timetable** with your child to moderate their time spent on screens.
- Children aged 7 – 12 should have **consistent screen time limits**.

Using parental controls to manage device use and stay safe online

- **Parental controls** refer to a group of settings that put you **in control of what your child can see and do on a device or online**.
- Such controls can allow you to **supervise and monitor your child's online activities and protect them** from inappropriate content, online sexual grooming, cyberbullying and other online risks.
- Parental control settings can be used to **monitor and limit screen time** as agreed with the child.

Scan QR code to download the Ministry of Health's Guidance on Screen Use in Children for more information.



Briefing by Year Head



PREPARING FOR SCHOOL

Reporting and Dismissal Time

Daily	
Reporting Time	7.30 a.m. (Flag-raising ceremony will begin) Ensure your child has a storybook for silent reading. Mon – Wed: English storybooks Thurs – Fri: Mother Tongue Languages storybooks
Recess	8.30 a.m. – 9.00 a.m.
Snack Break	11.30 a.m. Encourage your child to bring healthy snacks.
Dismissal Time	*1.20 p.m.



2 JANUARY 2025 – 8 JANUARY 2025



ORIENTATION PROGRAMME

Start Right! Booklet

Some examples of the activities in the booklet

GONGSHANG PRIMARY SCHOOL

Start Right!

Name: _____ ()

Class: 1-_____

I'll share my learning experiences in school with my parents.

All About Me

Name: _____

Two words to describe:
Myself: _____



Pupils' Feedback

	Colour		
1) I enjoyed my first five days of school.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2) I have new friends.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3) I like my teachers.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4) My buddy is very helpful.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5) I like my new school.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Find a friend who...

wears glasses	has a lunch box
Name: _____	Name: _____
likes chocolate ice-cream	likes to draw
Name: _____	Name: _____
has a sister or brother	has a pet
Name: _____	Name: _____

Parents'/ Guardians' Feedback

Tick the box.	Agree	Disagree
My child enjoyed the first week of school.	<input type="checkbox"/>	<input type="checkbox"/>
Other comments (if any)	 	

Name of Parent: _____

Signature: _____



ORIENTATION PROGRAMME

During recess:

- P4 Buddy Programme
- Ensure that your child has small notes/coins.
- Assure your child that if he/she should forget to bring money for recess, it is ok. He/She can approach any of his teachers for help.



Sample of Class TT

1P - Odd

Class teachers: Gwendolyn (4/5), Sim Lan (MTL)
F1-16 (1P)

Gongshang Primary School

	1 7:30 - 8:00	2 8:00 - 8:30	3 8:30 - 9:00	4 9:00 - 9:30	5 9:30 - 10:00	6 10:00 - 10:30	7 10:30 - 11:00	8 11:00 - 11:30	9 11:30 - 12:00	10 12:00 - 12:30	11 12:30 - 13:00	12 13:00 - 13:30	13 13:30 - 14:00	14 14:00 - 14:30	15 14:30 - 15:00
Mo	Asmby	RECESS	EL	EL LSP LSP	MTL	PHE	MA	MA LSM							
Tu	MTL	RECESS	MA MA LSM	PHE	EL	EL LSP LSP	PAL								
We	FTT EL LSP LSP	RECESS	MA MA LSM	CCE	MTL	EL	PHE								
Th	MTL	RECESS	EL	Art	MUS	MA MA LSM	EL LSP LSP								
Fr	FTGP	RECESS	EL LSP LSP	EL	SS	MA MA LSM	CCE	MTL							

Timetable generated: 5/12/2024

aSc Timetables Online



Sample of Class TT

1P - Even

Class teachers: Gwendolyn (4/5), Sim Lan (MTL)
F1-16 (1P)

Gongshang Primary School

	1 7:30 - 8:00	2 8:00 - 8:30	3 8:30 - 9:00	4 9:00 - 9:30	5 9:30 - 10:00	6 10:00 - 10:30	7 10:30 - 11:00	8 11:00 - 11:30	9 11:30 - 12:00	10 12:00 - 12:30	11 12:30 - 13:00	12 13:00 - 13:30	13 13:30 - 14:00	14 14:00 - 14:30	15 14:30 - 15:00
Mo	Asmby	RECESS	EL	EL LSP LSP	MTL	PHE	MA	MA	LSM						
Tu	MTL	RECESS	MA MA LSM	PHE	EL	EL LSP LSP	PAL								
We	FTT LSP LSP	RECESS	MA MA LSM	CCE	MTL	EL	PHE								
Th	MTL	RECESS	EL	Art	MUS	MA MA LSM	EL LSP LSP								
Fr	FTGP	RECESS	EL LSP LSP	EL	MA MA LSM	CCE	MTL								

Timetable generated: 5/12/2024

aSc Timetables Online



Attire

- School Uniform
- PHE/PAL Periods: PE attire
- Wednesdays: House T-shirt



PE House T-shirt(Blue) Kestrel – Gongshang Primary School

\$6.00 – \$9.00

Select options



PE House T-shirt(Green) Osprey – Gongshang Primary School

\$6.00 – \$9.00

Select options



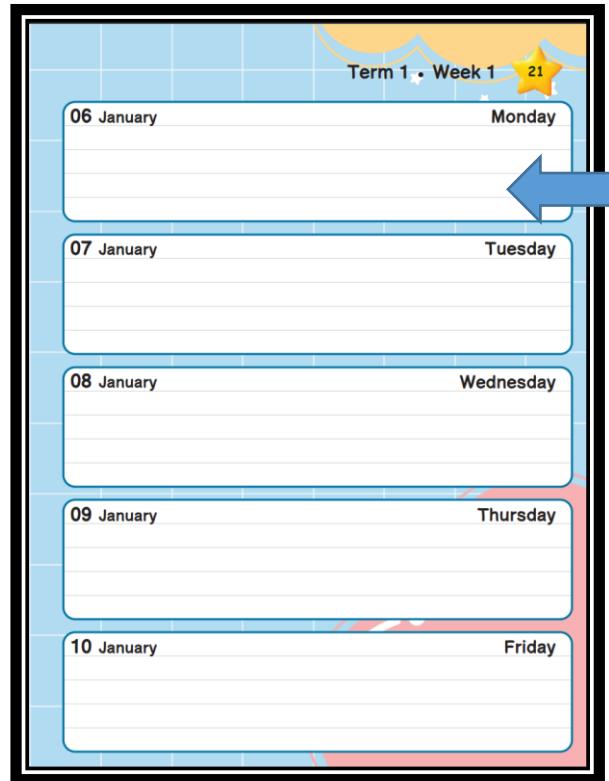
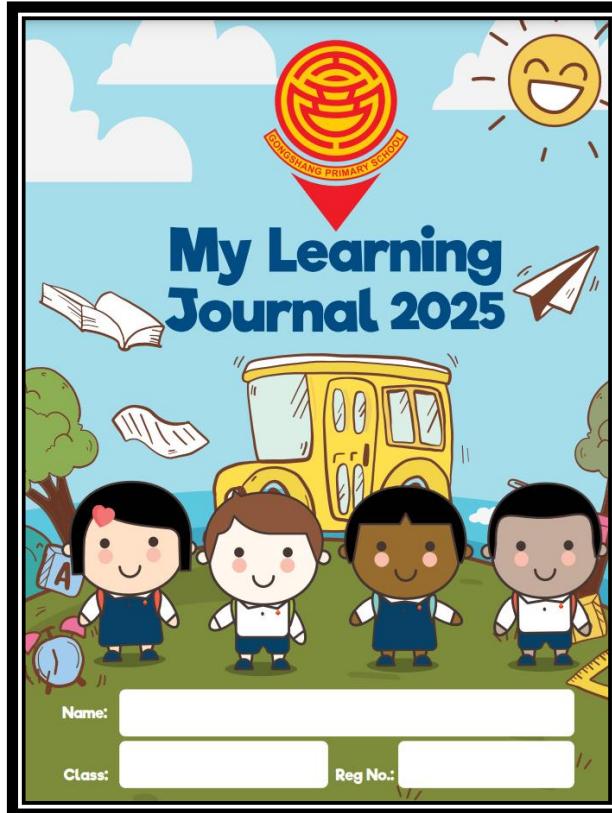
PE House T-shirt(Purple) Falcon – Gongshang Primary School

\$6.00 – \$9.00

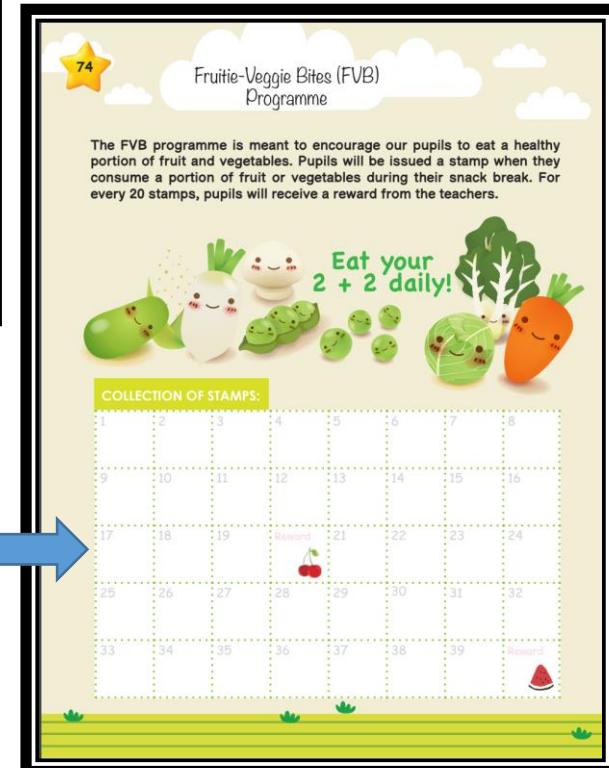
Select options



My Learning Journal



Record homework/communication to parents or vice versa

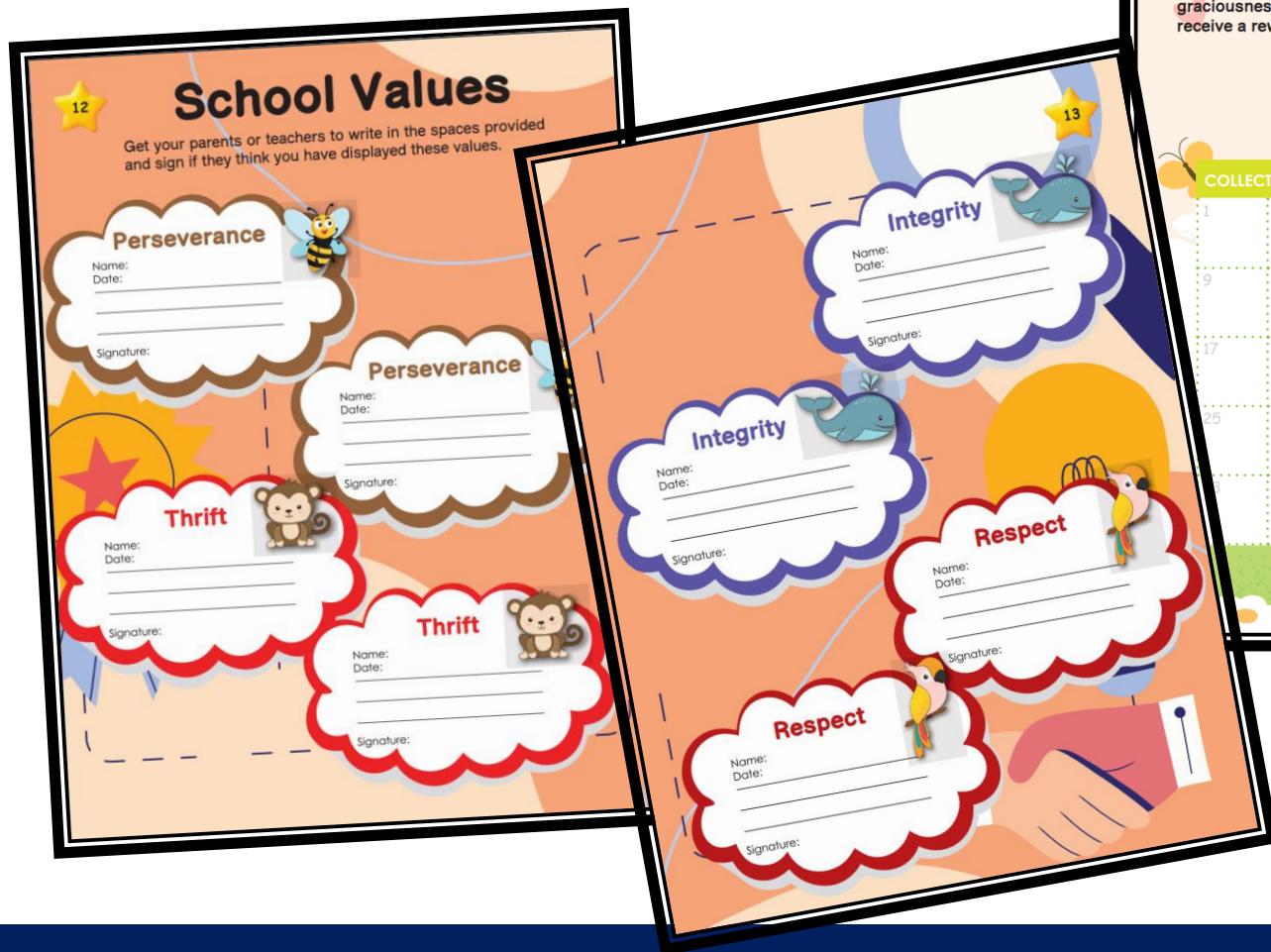


Encourage your child to bring fruits for snack



My Learning Journal

Support your child in practising school values and developing strong character through everyday activities and meaningful interactions.



Communication



- Letters for parents/Homework/Timetable
- Do check daily to ensure you receive all the important information.
- Ensure that the file is in your child's bag daily.



Dismissal

(please make prior arrangement with your child):

- SCC / External SCC
- Sibling Corner
- Side Gate / Main Gate
- Car Porch
(you can drive in from 1.45 p.m. onwards)



Reading Mother Tongue Languages
Storybooks



Read With Me

10 Jan 2025, Friday
2.00 p.m. – 4.00 p.m.



Today's Programme

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1T, 1R, 1H, 1K			<ul style="list-style-type: none">Briefing by HOD, Student ManagementBriefing by School Counsellor	Recess



Briefing by

- HOD (Student Management)
- School Counsellor

