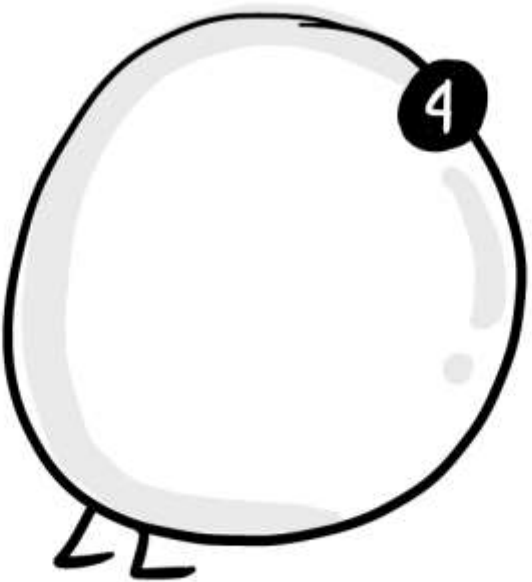
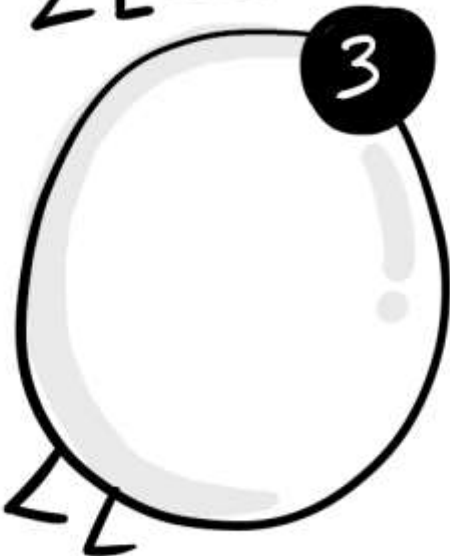
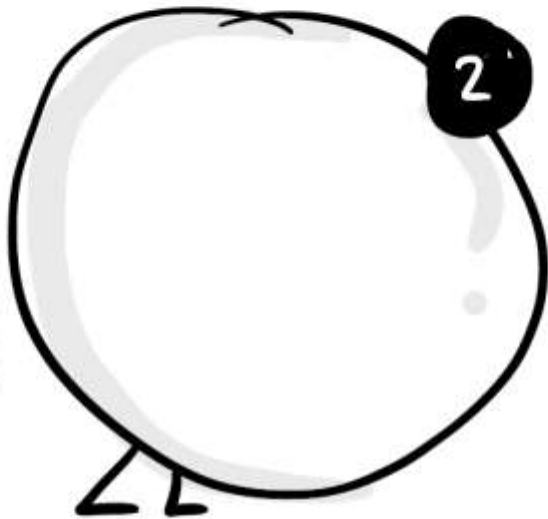
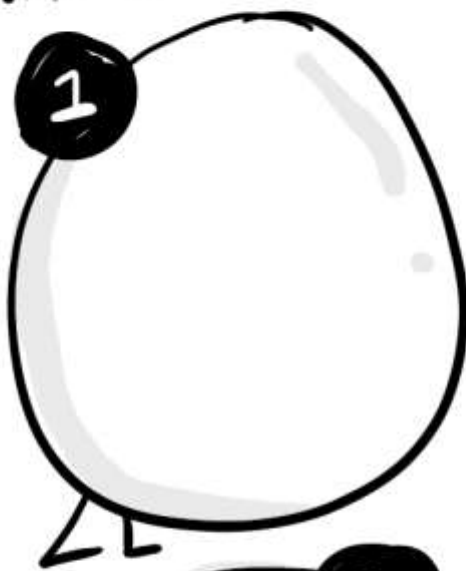




IF YOU CAN. TAKE A WALK
OUTSIDE. DRAW 4 THINGS YOU REMEMBER



MORNING

WAKE? WAKE!!  WHAT'S THE PLAN TODAY?

WHAT DID YOU GET DONE? ANY SURPRISES.

EVENING

Quiet

There's not
Many cars on
The road....
No noise!!!
What other
sounds can
You hear
now?
Birds?
WIND?
The sea?
Laughter?



outside

①

②

③

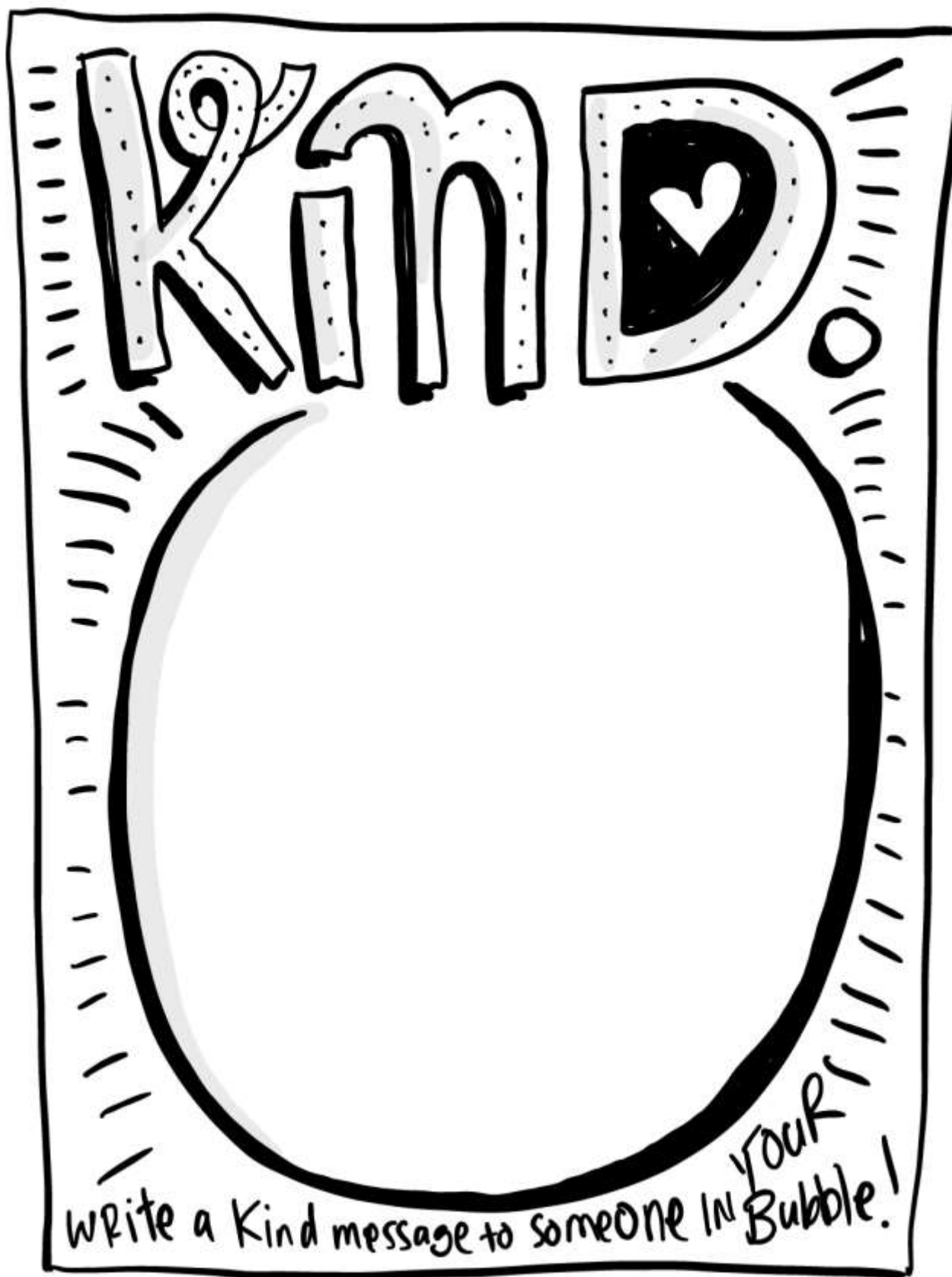
④

⑤

⑥

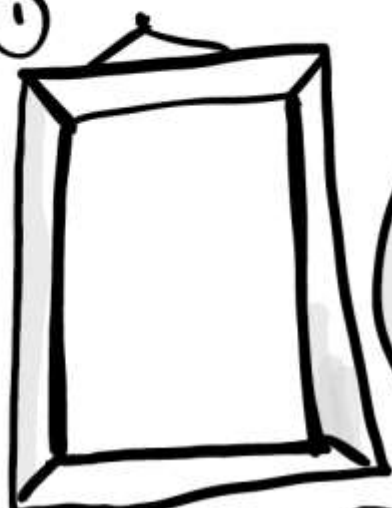
⑦





DRAW TODAY IN PICTURES.

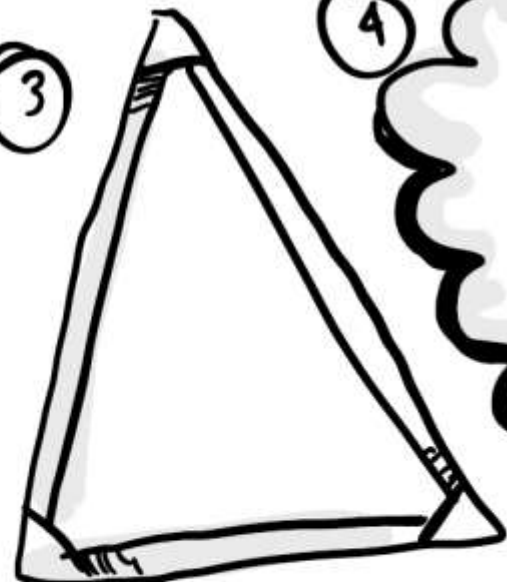
①



②



③



④



... NO WORDS ...



Pantry

Draw Whats in
Your Cupboards at
Home



A SHOPPING
LIST FOR
Next time



Four horizontal lines for writing a shopping list.

Details of the Day.....

Let's get down to the nitty gritty... write away!



7Am

8Am

9Am

10Am

11Am

12pm

1pm

2pm

3pm

4pm

5pm

6pm

7pm

8pm

9pm

10pm



A Week's Worth

HIGHLIGHTS OF THE
WEEK JUST GONE



DAY	DAY	DAY
DAY	DAY	DAY
DAY.		

BLANK

TO

WRITE

WHATEVER

YOU

WANT

Feelings

What are your feelings today. Chat
about them with those in your bubble



SHARE THE

WRITE A poem, CALL SOMEONE SPECIAL +

READ OUT LOUD TO THEM.

CARE

MY STAY AT HOME SUMMARY.

SUM UP THIS time

 ? TO Future Kids ? 

Signed: _____