

Term(T) Week(W)	Lesson		Remarks
T1W1 [2 – 6 Jan]	Admin	Target Setting	1 st week of school
T1W2 [9 – 13 Jan]	Practical (Tue)	Practical: Pasta with Meatballs	Practical → 0900 – 1030h (Tue)
	Practical (Thu)	Practical: Pizza	Practical → 0800 – 0930h (Thu) Bring Apron, towels x 2, container x 1, plastic bags x 5* *Note: for 1 st lesson only
T1W3 [16 – 20 Jan]	Theory	T17: Reactions in Food during Preparation & Cooking	20/1 (Fri): Sch. Celebration for CNY
T1W4 [23 Jan – 27 Jan]	Theory	T17: Reactions in Food during Preparation & Cooking	23/1 (Mon) & 24/1 (Tue): CNY
T1W5 [30 Jan – 3 Feb]	WA1 (Tue)	T1-6: ALL nutrients, health problems T11: Cereals T17: Sauces, Cakes ONLY	File Check by Teacher on Tue
	Coursework	Research	Supplementary Programme for Coursework: Time → 1400 – 1600h
	Supp (Fri)	Research	
T1W6 [6 – 10 Feb]	Coursework	Research	
T1W7 [13 – 17 Feb]	Coursework	Decision Making	Supplementary Programme for Coursework: Time → 1400 – 1600h
	Supp (Fri)	Decision Making	
T1W8 [20 Feb – 24 Feb]	Coursework	Investigation (Plan)	
T1W9 [27 Feb – 3 Mar]	Coursework	Investigation (Plan)	Supplementary Programme for Coursework: Time → 1400 – 1600h
	Supp (Fri)	Investigation (Conduct) – Session 1	
T1W10 [6 – 10 Mar]	Coursework	Investigation (Plan /Conduct)	PTC for Sec 4/5 (TBC)
Term Break	Supp (Tue)	Investigation (Conduct) – Session 2	Supplementary Programme for Coursework (Standby date): Time → TBC
Term Break			
T2W1 [20 – 24 Mar]	Coursework	Investigation (Plan/ Conduct)	Supplementary Programme for Coursework: Time → 1400 – 1600h
	Supp (Fri)	Investigation (Conduct) – Session 3	
T2W2 [27 – 31 Mar]	Coursework	Investigation (Apply)	
T2W3 [3 – 7 Apr]	Coursework	Investigation (Apply) Planning	Fri 7/4: Good Friday • Students to start ordering ingredients for Practical Exam
T2W4 [10 – 14 Apr]	Coursework	Planning	• Students to start ordering ingredients for Practical Exam
T2W5 [17 – 21 Apr]	Coursework	Planning	Sat 22/4: Hari Raya Puasa (Early dismissal for Muslim students on 21/4)
	Supp (Fri)	Execution Session 1	Practical Exam for 4E5N CW

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T2W6 [24 – 28 Apr]	Coursework	Planning	
	Supp (Fri)	Execution Session 2	Only for students who are not taking A Math
T2W7 [1 – 5 May]	Coursework	Planning	Mon 1/5: Labour Day Fri 5/5: Commendation Day
T2W8 [8 – 12 May]	Revision	Revision for WA2	Practical Exam for 4E5N CW
	WA2 (Thu)	T1-6: ALL nutrients, health problems T15: Fruit, Vegetables & Pulses T16: Seafood T17: Pastries, batter	
	Supp (Fri)	Execution Session 3	
T2W9 [15 – 19 May]	Coursework	Re-visit other parts of coursework	Practical Exam for 4E5N CW
	Supp (Fri)	Execution Session 4	Practical Exam for 4E5N CW After MTL intensive programme
T2W10 [22 – 26 May]	Coursework	Evaluation	MTL intensive programme
June Holiday [19 – 23 Jun]	June Supp	Evaluation	COMPULSORY – 4 th week of June Hol

Guangyang Secondary School
2023 Secondary 4E5NA Nutrition & Food Science Semester Plan 2

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T3W1 [26 – 30 Jun]	Coursework	Evaluation Completion of Coursework Draft 1	Draft 1 for checking
T3W2 [3 – 7 Jul]	Coursework	Coursework Completion	<i>Mon 3/7: Youth Day Holiday (after Sun)</i>
T3W3 [10 – 14 Jul]	Coursework	Coursework Completion	
T3W4 [17 – 21 Jul]	Coursework	Coursework Completion Internal Deadline for Submission (TBC)	
T3W5 [24 – 28 Jul]	Coursework	Coursework Completion	<i>HBL 3 days (Tue – Thu): National Oral Exam</i>
T3W6 [31 Jul – 4 Aug]	Theory	T18: Food Safety T19: Convenience Food	File Check by Teacher Mon 31/7, 5pm – DEADLINE FOR SUBMISSION
T3W7 [7 – 11 Aug]	Theory	T19: Convenience Food	<i>Tue 8/8: National Day Celebration</i> <i>Wed 9/8: National Day</i> <i>Thu 10/8: Day after National Day</i>
T3W8 [14 – 18 Aug]	Theory Revision	T20: Sustainable Food Consumption Revision for O Level Prelim Exam	Time Practice 1 (2h)
T3W9 [21 – 25 Aug]	“O” Level Prelim	Prelim Exam	
T3W10 [28 Aug – 1 Sept]	“O” Level Prelim	Prelim Exam	<i>Thu 31/8: Teachers’ Day Celebration</i> <i>Fri 1/9: Teachers’ Day</i>
Term Break			
T4W1 [11 – 15 Sept]	“O” Level Prelim	Prelim Exam Checking of Prelim Exam Scripts	<i>O level Prelim Science Practical</i>
T4W2 [18 – 22 Sept]	Revision	Revision for O Level Exam	
T4W3 [25 – 29 Sept]	Revision	Revision for O Level Exam	Time Practice 2 (2h)
T4W4 [2 Oct – 6 Oct]	Revision	Revision for O Level Exam	
T4W5 [9 Oct – 13 Oct]	Revision	Revision for O Level Exam	Study Leave for Exam (TBC)