

**Guangyang Secondary School**
**2023 Secondary 3NA Nutrition & Food Science Semester Plan 1 (Updated on 10 Mar 2023)**

Term(T) Week(W)	Lesson		Remarks
T2W1 [20 – 24 Mar]	Theory	Unit 8: Diet & Meal Planning	<i>ITE Experience (Mon – Wed)</i>
	Grp Work		
T2W2 [27 – 31 Mar]	Grp Work	Unit 8: Diet & Meal Planning (Mon)	<i>Presentation of Grp Work</i>
	Theory	Unit 9: Methods of Cooking (Tue, Thu)	
T2W3 [3 – 7 Apr]	Practical (Tue)	Mee Hoon Kueh	Practical → 1330h – 1500h (Bring Apron, towels, food container)
	Coursework (WA2)	RESEARCH (Mon, Thu)	Start of WA2 (Coursework) <i>Fri 7/4: Good Friday</i>
T2W4 [10 – 14 Apr]	Practical (Tue)	Chili Crab Quiche (SCP) Banana Pie (SCP)	Practical → 1330h – 1500h (Bring Apron, towels, food container)
	Coursework (WA2)	RESEARCH/ DECISION MAKING (Mon, Thu)	
T2W5 [17 – 21 Apr]	Coursework (WA2)	DECISION MAKING (Mon, Tue, Wed)	<i>Fri 21/4: Eve of Hari Raya Puasa</i>
T2W6 [24 – 28 Apr]	Coursework (WA2)	EXPLORATORY STUDY (PLAN) (Tue, Thu)	<i>Mon 24/4: Sch Hol in lieu of Hari Raya Puasa</i>
T2W7 [1 – 5 May]	Coursework (WA2)	EXPLORATORY STUDY (PLAN) (Wed)	<i>Mon 1/5: Labour Day</i> <i>Fri 5/5: Sch Commendation Day</i> Practical → 1230h – 1400h (Bring Apron, towels, food container)
	Coursework (WA2)	EXPLORATORY STUDY (CONDUCT) • Practical (Tue)	
T2W8 [8 – 12 May]	Coursework (WA2)	DECISION MAKING (FINAL) (Mon, Tue, Thu)	<i>All WA2 to be completed by Thursday – including Absentee(s)</i>
T2W9 [15 – 19 May]	Coursework	EXPLORATORY STUDY (DISCUSSION) (Mon, Tue, Thu)	
T2W10 [22 – 26 May]	Theory	Unit 10: Sensory Evaluation (Mon, Tue, Thu)	<i>Fri 26/5: PTC</i>