

Guangyang Secondary School

2023 Secondary 3E Nutrition & Food Science Semester Plan 1 (Updated on 10 Mar 2023)

Term(T) Week(W)	Lesson		Remarks
T2W1 [20 – 24 Mar] 4D TT	Grp Work	Unit 8: Diet & Meal Planning (Tue, Thu)	<ul style="list-style-type: none"> Bring PLDs for Grp Work Presentation Practical → 1130 – 1300h (Bring Apron, towels, food container)
	Practical (Wed)	Banana Pie (SCP)	
T2W2 [27 – 31 Mar]	Grp Work	Unit 8: Diet & Meal Planning (Mon)	<ul style="list-style-type: none"> Presentation
	Theory	Unit 9: Methods of Cooking (Wed, Fri)	
T2W3 [3 – 7 Apr]	Practical (Mon)	Mee Hoon Kueh	Fri 7/4: Good Friday Practical → 0900 – 1030h (Bring Apron, towels, food container) Start of WA2 (Coursework)
	Coursework (WA2)	INTRODUCTION TO COURSEWORK (Wed)	
T2W4 [10 – 14 Apr]	Practical (Mon)	Chili Crab Quiche	Practical → 0900 – 1030h (Bring Apron, towels, food container)
	Coursework (WA2)	RESEARCH (Wed) – 50 minutes	
	Coursework (WA2)	DECISION MAKING (Fri)	
T2W5 [17 – 21 Apr] 4D TT	Coursework (WA2)	DECISION MAKING (Tue, Wed)	Fri 21/4: Eve of Hari Raya Puasa
	Coursework (WA2)	INVESTIGATION – PLAN <ul style="list-style-type: none"> Planning session (Thu) 	
T2W6 [24 – 28 Apr]	Coursework (WA2)	INVESTIGATION – PLAN <ul style="list-style-type: none"> Planning session (Wed, Fri) 	Mon 24/4: Sch Hol in lieu of Hari Raya Puasa
T2W7 [1 – 5 May] 4D TT	Coursework (WA2)	INVESTIGATION (CONDUCT) Practical for Food Sc Experiment Session 1 (Wed)	Mon 1/5: Labour Day Fri 5/5: Commendation Day Practical → 1130 – 1300h (Bring Apron, towels, food container)
	Coursework (WA2)	INVESTIGATION (PLAN) <ul style="list-style-type: none"> Planning session (Tue, Thu) 	
T2W8 [8 – 12 May]	Coursework (WA2)	INVESTIGATION (CONDUCT) Practical for Food Sc Experiment Session 2 (Mon)	Practical → 0900 – 1030h (Bring Apron, towels, food container) All WA2 to be completed by Friday
	Coursework (WA2)	DECISION MAKING & INVESTIGATION (FINAL SUBMISSION) (Wed, Fri)	
T2W9 [15 – 19 May]	Coursework	INVESTIGATION (APPLY) (Mon, Wed, Fri)	
T2W10 [22 – 26 May]	Theory	Unit 10: Sensory Evaluation (Mon, Wed, Fri)	Fri 26/5: PTC