

# Guangyang Secondary School

## 2023 Secondary 3E Nutrition & Food Science Semester Plan 2 (Updated on 27 June 2023)

Term(T) Week(W)	Lesson		Remarks
<b>T3W1 (BL Week)</b> [26 Jun – 30 Jun]	Theory	Unit 12: Eggs	<b>29 Jun (Thu): Hari Raya Haji</b>
	Practical (Tue)	Potato Eggs (AKA Scotch Eggs) • Report at <b>1130hr</b> for practical lesson	
T3W2 [3 Jul – 7 Jul]	Theory	Unit 13: Meat & Poultry	<b>3 Jul (Mon): Youth Day</b> <b>4 Jul (Tue): O Level MTL LC Exam (dismiss @2<sup>nd</sup> recess)</b>
	Practical (Fri)	Pan-fried Dumplings (AKA Gyozas) • Report at <b>1130hr</b> for practical lesson	
<b>T3W3 (BL Week)</b> [10 Jul – 14 Jul]	Theory	Unit 14: Dairy & Dairy Products	
	Coursework	<b>Planning (WA3)</b> • Intro to Planning • Recipes	
T3W4 [17 Jul – 21 Jul]	Coursework	<b>Planning (WA3)</b> • Recipes • Time Plan	
<b>T3W5 (BL Week)</b> [24 Jul – 28 Jul]	<b>OBS for 3E</b>		
T3W6 [31 Jul – 4 Aug]	Practical (Thu)	Pancakes with Strawberry Compote • Report at <b>1130hr</b> for practical lesson	All students to complete Planning by Week 8
	Coursework	<b>Planning (WA3)</b> • Time Plan	
<b>T3W7 (BL Week)</b> [7 Aug – 11 Aug]	Coursework	<b>Planning (WA3)</b> • Time Plan	<b>8 Aug (Tue): National Day Celebration</b> <b>9 Aug (Wed): National Day</b> <b>10 Aug (Thu): School Holiday – Day after National Day</b>
T3W8 [14 Aug – 18 Aug]	Coursework (2 sessions)	<b>Execution (WA3)</b> Shift 1: Execution (Thu → 1130 – 1300h) Shift 2: Execution (Fri → 1130 – 1300h)	Weigh & pack ingredients for Coursework Execution on Mon
<b>T3W9 (BL Week)</b> [21 Aug – 25 Aug]	Theory	Unit 15: Fruit, Vegetables, Legumes & Pulses	
	Practical (Tue)	Spring Rolls • Report at <b>1130hr</b> for practical lesson	
T3W10 [28 Aug – 1 Sept]	Theory	Unit 16: Seafood	<b>31 Aug (Thu): Teachers' Day Celebration</b> <b>1 Sept (Fri): Teachers' Day</b>
<b>Term Break</b>			
T4W1 [11 Sept – 15 Sept]	Coursework	Evaluation	
	Practical (Tue & Thu)	Rough Puff Pastries (Tuna Puffs) • Report at <b>0800hr (Tue)</b> for practical • Report at <b>1130hr (Thu)</b> for practical	
T4W2 [18 Sept – 22 Sept]	Revision	Revision for End-of-Year Exam ( <b>EYE</b> )	
T4W3 [25 Sept – 29 Sept]	Exam	<b>EYE</b>	<b>26 Sept – 5 Oct (EYE)</b> <b>6 Oct (Marking Day for EYE)</b>
T4W4 [2 Oct – 6 Oct]	Exam	<b>EYE</b>	
T4W5 [9 Oct – 13 Oct]	Post Exam	Checking of Scripts & Corrections	Scripts to be checked by 11 Oct (Wed)
	Practical (Fri)	Hor Fun • Report at <b>1130hr</b> for practical lesson	
T4W6 [16 Oct – 20 Oct]	Theory	Unit 17: Key Ingredients	<b>17 Oct (Tue): Promotion Day</b> <b>C&amp;T Week</b>
	Practical (Fri)	Kebabs • Report at <b>1130hr</b> for practical lesson	
T4W7 [23 Oct – 27 Oct]	Theory	Unit 17: Key Ingredients	<b>27 Oct (Fri) is the last day of school for Sec School Division</b> <b>School ends by 1pm on most days</b>  <b>LJ to Shatec, Tue/Wed afternoon (TBC)</b>
	Practical (Fri)	Rice Burger with Chicken patties • Report at <b>1130hr</b> for practical lesson	