

Guangyang Secondary School

Food & Consumer Education (FCE)_Secondary 1ENANT_2023_Semester Plan

Term(T) Week(W)	Lesson	Remarks
T3W1 – 4-day wk. [26 Jun – 30 Jun]	Unit 1: Intro to FCE, Food & kitchen safety, and Cutting skills & kitchen equipment (SLS Lesson for Thursday's class)	Thu 29/6: Hari Raya Haji For ALL lessons, bring FCE file
T3W2 [3 Jul – 7 Jul]	Unit 2: Nutrients in food & My Healthy Plate, and Worksheet (Mon & Tue classes affected)	Mon 3/7: Youth's Day Tue 4/7: O Level MTL LC (Sec 1 ends by 1130am)
T3W3 – 4-day wk. [10 Jul – 14 Jul]	Unit 3: Sensory Evaluation Practical: Rock Buns [to complete sensory evaluation of dish in recipe sheet]	For all practical lessons, 1) Read recipe before lesson 2) Bring FCE file (with recipes), apron, 2 towels, 2 plastic bags and 1 food container
T3W4 [17 Jul – 21 Jul]	Unit 2: Nutrients in food & My Healthy Plate, and Worksheet Practical: Pancakes with fruit sauce [to complete sensory evaluation of dish in recipe sheet]	
T3W5 – 4-day wk. [24 Jul – 28 Jul]	Unit 2: Nutrients in food & My Healthy Plate, and Worksheet Practical: Shepherd's pie [to complete sensory evaluation of dish in recipe sheet]	
T3W6 [31 Jul – 4 Aug]	Unit 4: Methods of cooking & Worksheet Revision for WA 1 SA2: Coursework	
T3W7 – 4-day wk. [7 Aug – 11 Aug]	Revision for WA 1 (Mon's class)	Tue 8/8: N/Day celebration Wed 9/8: National Day Thu 10/8: Holiday
T3W8 [14 Aug – 18 Aug]	WA1: Unit 2: Nutrients in food & My Healthy Plate SA2: Coursework	
T3W9 – 4-day wk. [21 Aug – 25 Aug]	SA2: Coursework [Students with MC – WA1 on Tue 22/8 after 2.30pm] Checking of WA1 [Wed & Thu classes]	<i>Briefing of Practical Exam (Class missing on 31/8)</i>
T3W10 [28 Aug – 1 Sept]	Unit 4: Methods of cooking & Worksheet, and Checking of WA1 [Mon & Tue classes] <i>Briefing of Practical Exam</i>	Thu 31/8: T/Day celebration Fri 1/9: Teachers' Day Revision for WA2 (Google classroom)
Term Break		
T4W1 [11 Sep – 15 Sep]	SA2: Coursework – PRACTICAL EXAM	
T4W2 [18 Sep – 22 Sep]	WA2: Unit 4: Methods of Cooking [Students with MC – Practical Exam on Tue 19 /9 after 2.30pm]	
T4W3 [25 Sep – 29 Sep]	End-of-Year Exam: Tue 26/9 – Thu 5/10 [Students with MC – WA2 on Mon 25/9 after 2.30pm]	
T4W4 [2 Oct – 6 Oct]	End-of-Year Exam: Tue 26/9 – Thu 5/10; Marking Day: Fri 6/10	
T4W5 [9 Oct – 13 Oct]	Checking of WA2 & Coursework	All marks to be checked by 11 Oct
T4W6 [16 Oct – 20 Oct]	Money & Resource Management (Monster of the Debt Game) (Post-Exam Activity)	Craft & Tech Week
T4W7 [23 Oct – 27 Oct]	Money & Resource Management (Monster of the Debt Game, Budgeting Exercise)	