

# Things to bring to school

Please refer to the P1 Orientation Handbook on things to bring to school on a daily basis.



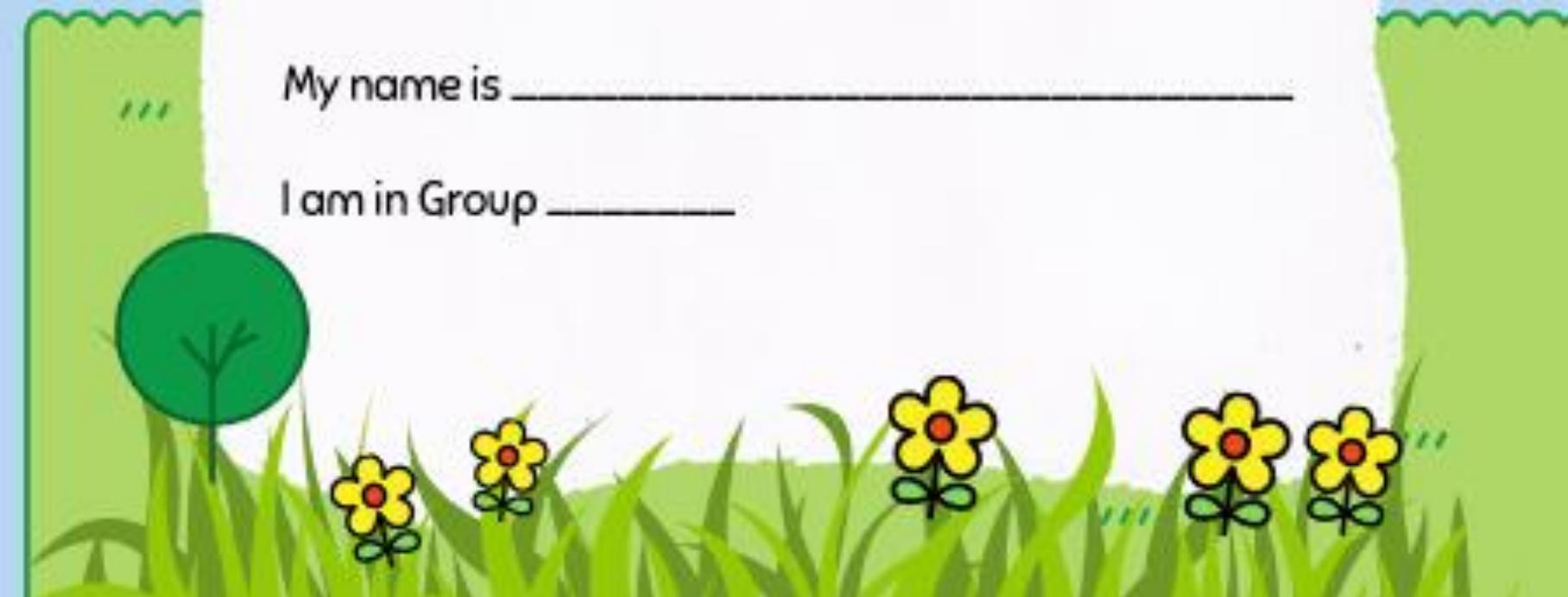
# HAIG GIRLS' SCHOOL

## P1 ORIENTATION HANDBOOK 2026



My name is \_\_\_\_\_

I am in Group \_\_\_\_\_



# Identity Tag

The identity tag has been given to your child.

Please write down your child's 2026 form class once we have emailed you by end November.

Please bring along the identity tag on 2nd January.

<b>HAIG GIRLS' SCHOOL</b>

Name: _____
Group: _____ (For P1 Orientation)
2026 Form Class: Primary 1 _____
Form Teachers' Names: _____

# Identity Tag

If your child is taking the school bus, write down the bus number given by the bus driver.

CONTACT DETAILS:	
Parents' / Guardians' Names & Contact No.	
After School Pick-up Arrangements: (pls tick)	
<input type="checkbox"/> HGS School Bus No: _____	
<input type="checkbox"/> HGS Student Care Ctr: Commit Learning Schoolhouse	
<input type="checkbox"/> Pick-up @ Gate 2 / 3 / 4 / Foyer (pls circle)	
<input type="checkbox"/> Others; (pls specify)	

If you are fetching your child, circle either 'the foyer' or the gate where you will be meeting your child.

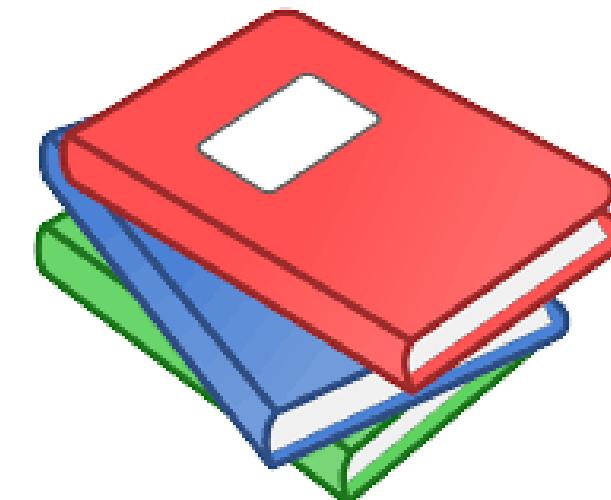
Please ensure your contact numbers are updated at all times in case we need to contact you in times of emergency, such as when your child has fallen ill.

# Things to Bring Every Day

Pencil Case with 2B pencils, an eraser, a ruler and sharpener



English or Mother Tongue Storybook



Homework File



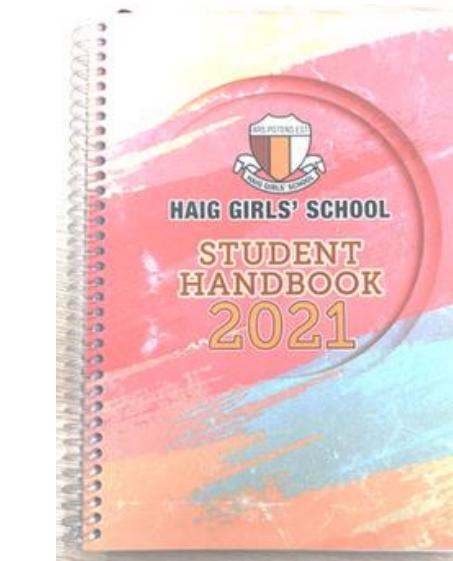
Coloured Pencils



Water Bottle



Mon-Thurs:  
Healthy Snacks



Student  
Handbook

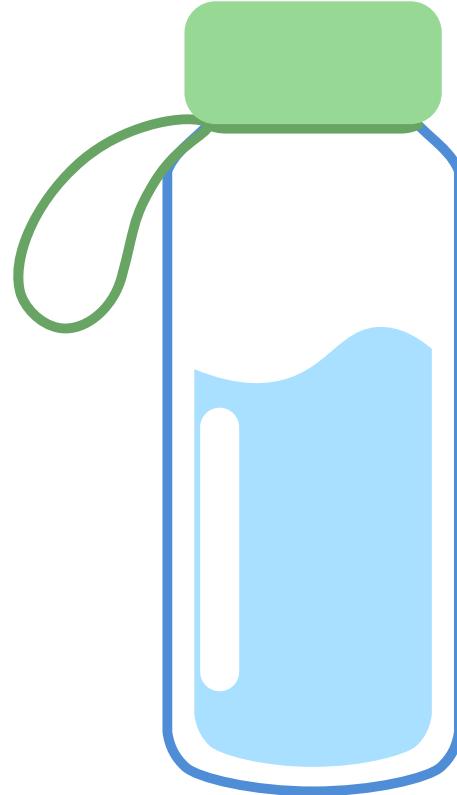
# Tips – Packing for school



While students need to bring some essentials, do consider the weight of the items before you purchase them.

Examples:

- Buy a 12-coloured pencil set instead of 72-coloured pencil set
- Buy a simple pencil case instead of a multi-layered pencil case
- Borrow or buy paperback storybooks instead of hardcover storybooks
- Use recyclable bags instead of bulky lunch bags
- For hygiene purposes, do purchase water bottles with covered tips



# Use of Mobile Devices in school

Students are reminded not to use their mobile devices in school during curriculum time.



Lower Primary students need not bring personal devices such as mobilephones and smartwatches.

If students need to contact their parents urgently, they can contact them from the General Office. Likewise, if parents need to contact their daughters urgently, they may contact the school office early so that the office can relay the message to the child.

# **Recess and Snack Time**

## **Recess:**

Monday to Thursday: 9.10 a.m. – 9.40 a.m.

Friday: 9.00 a.m. - 9.30 a.m.

## **Snack time:**

12.05 p.m. - 12.15 p.m. (Monday to Thursday only)



# Choosing between buying or packing food for recess



Alternatively, you may pack a lunchbox for your daughter, especially if she has special dietary requirements.



# Pocket Money

The decision lies on parents' discretion.

A recommended \$3 - \$4 a day will suffice if your child is buying food from the canteen.

## Tips:

- Please do not give large notes.
- Save your small notes and keep them aside for your child's use.

How much  
should I give my  
daughter?



Should I give her an  
allowance on a  
daily or weekly  
basis?



# Smart Buddy Watch



You can manage the daily allowance so that your child will not overspend.

Your child will scan her watch on this machine for contactless payment. As parents, you will be able to monitor which stall she buys from.



# **What can your child buy from the canteen?**

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Let's take a look at the stalls in HGS.

Do note that the stallholders may vary the items sold everyday.

# Canteen stall

Stalls selling a variety of food such as noodles, rice, light snacks.



# Supporting our P1 Haig girls for recess



2nd Jan: Teachers will support

5th Jan: Teachers and Parent  
Volunteers will support

6th Jan – 14th Jan:  
P5 Buddy to support

13<sup>th</sup> Jan: P1 Haig girls to buy food  
on their own



# Snack break

On Mondays to Thursdays, students can bring healthy snacks such as fruits, salads, biscuits, sandwiches.

Timing for the snack time is 12.05 p.m. to 12.15 p.m.



# Snack break

Students are discouraged from bringing these items





New learning  
environment

New routines

New friends and  
teachers

# When your child enters primary school, they will experience:

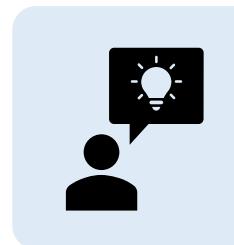
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New friends  
and teachers



# Nurturing Values and Positive Attitudes

**Values guide our words and actions, and develop character strengths and dispositions.**  
**You can encourage your child to:**



Reflect on how to show care and concern, and respect for their friends and family members



Ask questions about their experiences in school, at home and of the world around them



Reflect on learning experiences and try ways to do something better



Persevere even when faced with challenges and use these experiences as a teachable moment to share the importance of building resilience in life



# Relating Well to Others

Build your child's interpersonal skills by

01

Modelling the use of friendly and polite phrases

"Hi! My name is...What is your name?"

"Could you help me with..."

02

Providing opportunities for your child to share and take turns during playtime with other children

03

Modelling respectful interactions

"May I please..."

"It's okay if I can't join in..." "I am sorry I ..."

**MAKE NEW FRIENDS**

**What your child may learn in school**

**JOINING IN ACTIVITIES**

- 1 Choose a good time.
- 2 Look at the person.
- 3 Ask in a friendly way, "Hi, may I join you?"
- 4 Accept the answer by saying, "Thank you" or "Okay".

**What you can do at home**

**SAY HELLO AND SMILE**

Practice skill steps with your child to help him/her relate with others and make friends easily. Encourage them to say hello, greet, good morning and smile at their new friends and teachers. These greetings are a great way to connect with people.

Do a short role-play with your child to practise these steps for joining in activities:

- saying hello with a smile and introducing him/herself
- asking politely if he/she can join the group
- thanking them for choosing to include him/her
- saying and feeling okay even if they choose not to

Are you excited to meet your new friends? What do you do or say when you meet your new classmates or join them in group activities? Let's try it!

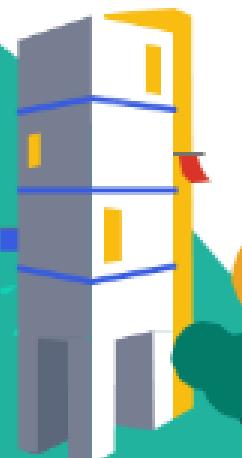
Quick Info:

- The Programme for Active Learning (PAL) helps your child to discover his/her interests and how to relate and work with peers through Sports and Games, Outdoor Education, Performing Arts (Dance, Drama and Music) and Visual Arts.

Explain how doing the above helps him/her to:

- make others feel comfortable
- prevent conflict with new classmates
- be confident

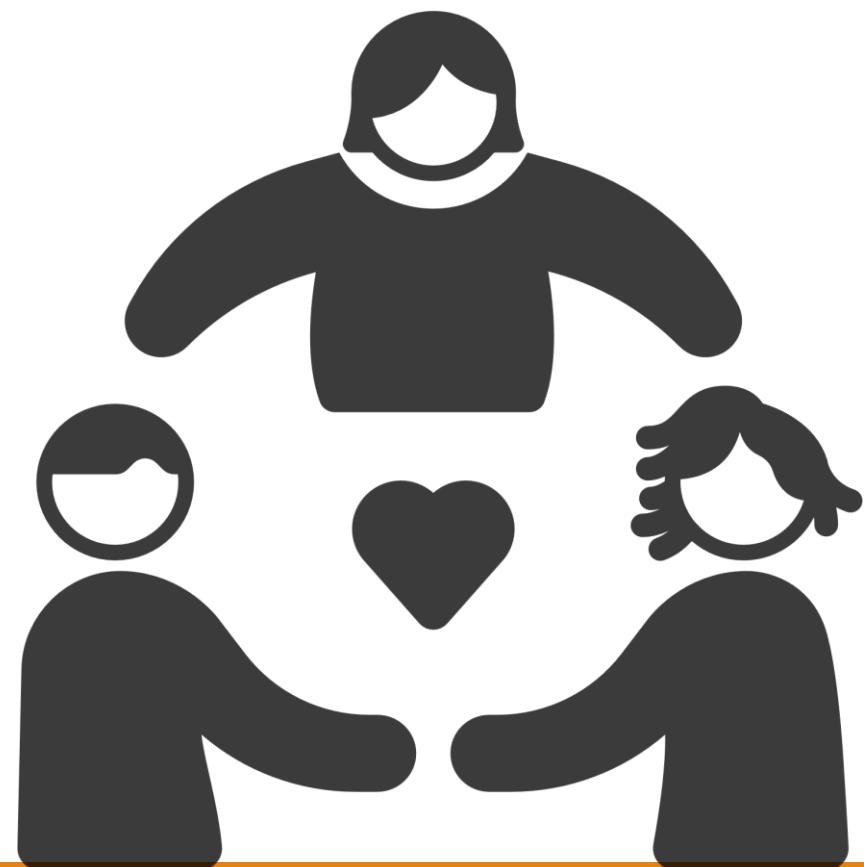
Read more: <https://www.schoolbag.sg/story/how-to-help-your-child-navigate-the-first-week-of-school>



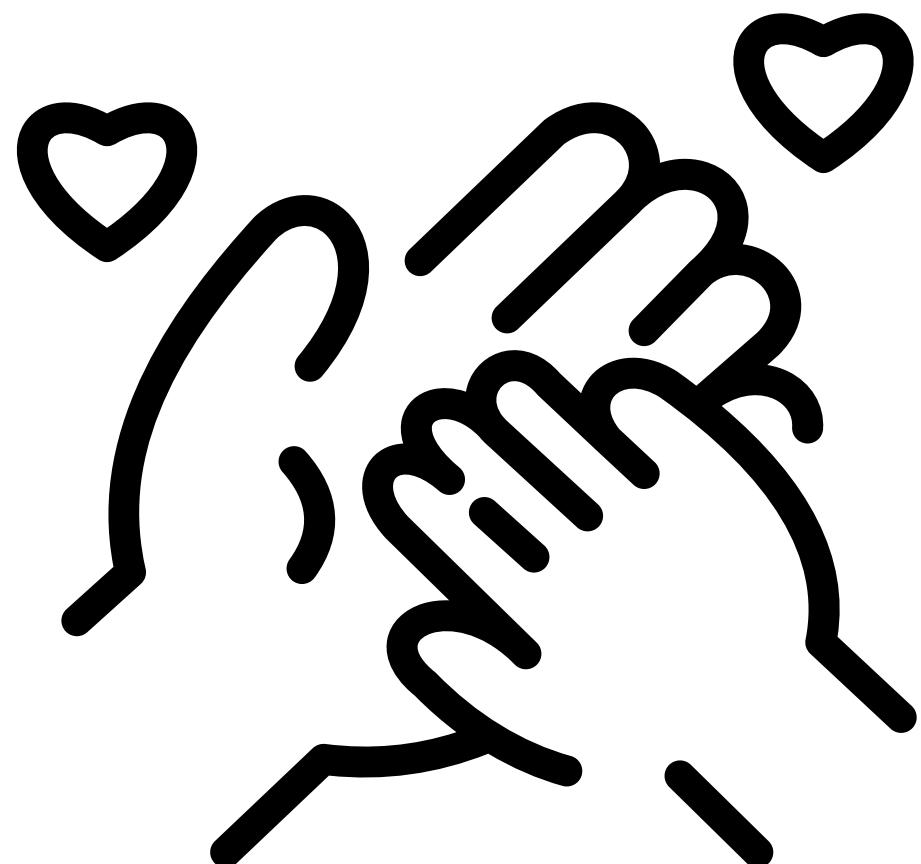
Find out more activities from the **P1 Parent-Child Role Playing Activity Kit**

# Home support

- Relating to others
- Developing good habits
- Nurturing positive learning attitudes
- Encouraging children to learn from their mistakes
- Creating a conducive learning environment at home



# Tips for parents



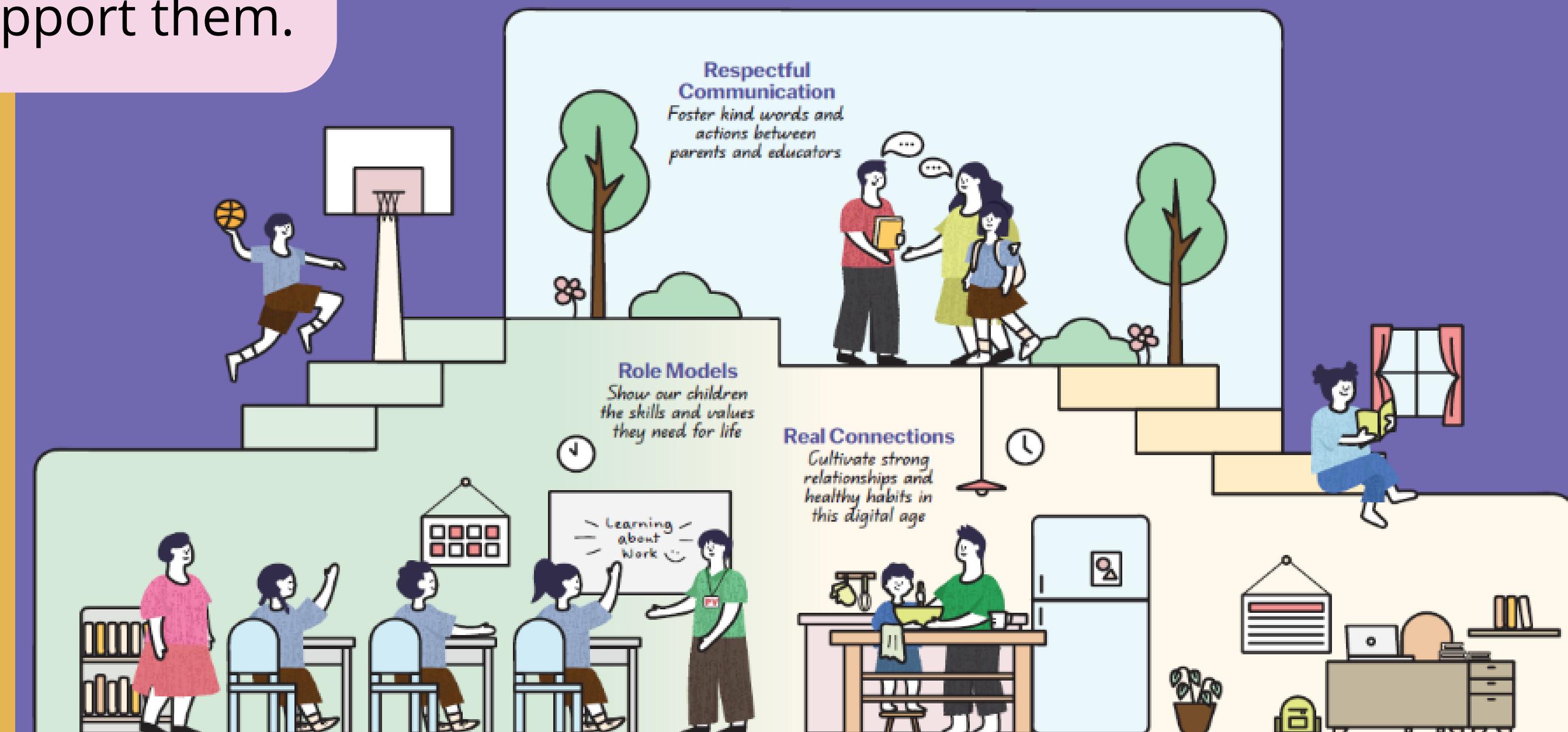
- Manage your own anxiety as children can sense your anxiousness
- Affirm their efforts, not just outcomes
- Be their listening ear and listen to their sharing
- Clarify with our teachers to seek to understand

# School- Home Partnership

Our children do best when schools and parents work hand in hand to support them.

Guidelines for School-Home Partnership

## Raising a Happy, Confident, and Kind Generation Together



A joint effort in 2024 by  
the Ministry of Education and COMPASS

# 3 areas we can work together on to foster School-Home Partnership

**1 Respectful Communication**

**2 Role Models**

**3 Real Connections**



# Respectful Communication

## Foster kind words and actions between schools and educators



Listen to and understand each other's perspectives and concerns regarding each child



Communicate kindly using official channels. Teachers are not required to share their personal mobile numbers



Respect each other's time by communicating during working hours



# Role Models

Show our children the skills and values they need for life



Find joy in everyday experiences with our children



Instill confidence by encouraging responsibility and believing in our children's abilities



Model good values in words and actions



*Check out this video on MOE YouTube for tips on how parents can support the social-emotional learning of their children.*

# Creating a Conducive Learning Environment at Home

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Set up a conducive home environment so that your child can learn both at home and in school:

- Role model positive learning behaviours.
- Have a dedicated area for learning, such as doing schoolwork or reading to put your child in the right frame of mind to learn.
- If you have more than one child, allocate areas for each child to learn independently or together.
- Establish a daily routine with your child, with time set aside for reading, schoolwork, rest, family time and play.

# Real Connections

**Cultivate strong relationships  
and healthy habits in this digital  
age**

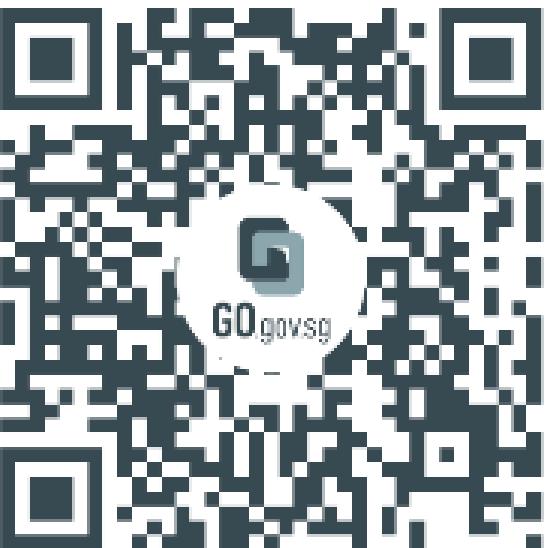
Establish good habits for our  
children to stay confident and  
in control of their technology

Build strong bonds  
through shared  
experiences and  
meaningful  
conversations



use

Provide a balanced  
mix of engaging  
online and offline  
activities, at school  
and at home



*Check out the refreshed  
Guidance on Screen Use in  
Children by MOH.*

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# School - Home Partnership

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## Communicating with your child's teacher

- Have regular conversations with teachers in both academic and non-academic areas – this will help you better guide your child's development.
- Ask the teacher for the best way and time to contact them.
- Understand that teachers may not be able to respond to your queries immediately.

