

# **HPPS Monthly Newsletter**

Mar 2025

28 Feb 2025

### Principal's note

Dear Parents/ Guardians,

# Together, We Keep Singapore Strong

Each year on February 15, we commemorate Total Defence Day (TDD), a significant occasion that reminds us of the importance of national defence, resilience, and community solidarity in safeguarding our nation's security, stability, and prosperity.

Our school observed TDD with a simulated disruption to our electricity supply, giving us a chance to reflect on the crises and disruptions that we have faced in the last 60 years. This experience also highlighted the importance of our collective efforts, individual strengths, and community spirit in building a resilient and strong nation.

A few weeks ago, our Primary 5 students went for their Outdoor Adventure Camp. This camp was an excellent opportunity for them to develop essential life skills, build confidence, and forge stronger bonds with their peers. The camp's focus on teamwork, adaptability, and community spirit aligns perfectly with the values we uphold on TDD. By learning to work together and support one another in challenging situations, our students are embodying the spirit of resilience and compassion that defines our nation.

This experience aligned perfectly with the values we uphold on TDD. As we move forward, let us continue to work together to build a resilient and compassionate community. We encourage you to have conversations with your child about the importance of teamwork, adaptability, and community spirit in overcoming challenges.

Charles Chan Principal

Honesty in Performance Pride in Service

#### 1 Protecting our students and staff

We would like to inform our parents and visitors to refrain from taking pictures or videos of our school personnel, teachers and fellow students within the school compound and not to post pictures or videos of them on any social media platforms without seeking their consent as it is a privacy concern. These photos and videos of our school personnel, teachers and students are classified as personal in nature. Unauthorized disclosure of such information in social media or other public social media platforms constitutes a breach of the Personal Data Protection Act (PDPA).

# 2 Supporting the holistic development of our students

We value the home-school partnership with our parents and are committed to providing care and assistance to our students and their families. If you require any assistance or know of any child/family who may require further support during the course of the year, please contact your child's Form Teacher.

The following highlight some of the support available for our students.

#### a) Learning & Behavioral support and Social-emotional support for our students:

- Support from our Special Educational Needs Officers (SENO) and School counsellors (SC) through:
  - Mdm Siti Rashidah (HOD CCE Curriculum Covering): siti\_rashidah\_abdul\_rahi@moe.edu.sg

Support through MOE programmes & assistance

- MOE's Learning Support Programmes (LSP) for P1 & P2
- MOE's School-based Dyslexia Remediation (SDR) programme for P3 & P4

Children with dyslexia may also enrol in the MOE-Aided literacy remediation Programme (MAP) at the <u>Dyslexia Association of Singapore (DAS)</u>, where they may qualify for subsidised programme fees.

Parents may also refer to <u>Parents' Guide for Children with Special Educational Needs (SEN)</u> to better understand your child's SEN and the appropriate education that will meet his/her unique learning needs.

For more information on *Provisions and Support in Mainstream Schools*, please refer to MOE's website

#### b) *Financial assistance support* for our students:

- MOE Financial Assistance Scheme (MOE-FAS) for Singapore Citizens
- School-based Financial Assistance Scheme funded by the School Advisory Committee (SAC) for students who require financial assistance but are not eligible for MOE-FAS. (For Singapore Citizens and subject to eligibility based on the school-based FAS criteria)

Parents may refer to the school website (Circulars & Forms- Financial Assistance) to find out more and download the MOE-FAS application form.

### 3 Healthy Eating

During Physical Health and Fitness (PHF) lessons in school, students are taught to eat healthily and to maintain a balanced diet using "My Healthy Plate". We hope that parents will help in guiding your child(ren) to ensure the nutritional intake at home. Here are some suggestions for healthy eating:

- Consume whole, natural foods that are minimally processed
- Include whole grains, fruits, and vegetables in all meals
- Eat from a variety of foods
- Consume foods in the right portion
- Choose water

You can check out the following website for more information.

# 4 Eat with Your Family Day 2025

"Eat with Your Family Day" (EWYFD) is a nation-wide initiative led by the Centre For Fathering and supported by the Ministry of Social and Family Development (MSF), to encourage all Singaporeans to consciously set aside time that day to be with their families. Through the simple practice of having a family meal, we hope the event will serve as a reminder to families to eat together regularly.

HPPS and our Student Care Centre (ACE@Work) will support this and would like to inform our parents of the EWYFD dates for 2025 as follows:

- 14 March 2025
- 30 May 2025
- 5 September 2025
- 21 November 2025

Please note that on these days, the General Office and SCC will close by 5.00pm. We seek the co-operation of our parents to make the necessary arrangement and enjoy a day with your family.

For more information on the EWYFD initiative, please refer to http://fathers.com.sg/ewyfd/.

#### 5 SHINE Day Term 2 2025

On Monday, 24 March 2025, we will be celebrating Term 2 SHINE Day, a meaningful initiative to foster personal growth and well-being amongst our students. Aligned with the SG60 theme, this term's activities will focus on the theme: Connect as we reflect on Singapore's progress over the past 60 years and our collective future.

Through the engaging recess and classroom activities, students will continue to strengthen relationships, show appreciation for others, and contribute positively to their school and community. There will also be classroom discussion about showing care and empathy towards others who may be different from themselves. These experiences will nurture Reflective Learners and responsible citizens who uphold shared values and foster an inclusive school culture.

As we will kickstart the day with an assembly programme in the hall on 24 March, kindly remind your child/ward to report to the school hall in the morning.

#### 6 World Water Day

Our school will be commemorating World Water Day in March as part of our annual celebration of water—our most precious resource. With a growing population, an expanding economy, and the impacts of climate change, water conservation has become more crucial than ever.

This year, World Water Day falls on 22 March 2025, and the global theme is 'Glacier Preservation'. Glaciers are melting at an alarming rate due to climate change, disrupting natural water flows and causing floods, droughts, landslides, and rising sea levels. These changes threaten communities and ecosystems around the world.

Protecting our water supply starts with small actions. Whether it is reducing shower time, reusing rice water, or fixing leaks at home, every effort contributes to a sustainable future. Every Act Can Make a Difference!

At school, students will learn about water conservation and the impact of climate change. We encourage families to take part in this conversation at home and explore ways to save water together.

Thank you for your support in nurturing our students to be environmentally responsible citizens.

# 7 Student Leaders' Investiture and NSG Oath Taking – 3 Feb 2025

On Monday, 3 February 2025, Henry Park Primary School proudly held its Student Leadership Investiture, a momentous occasion dedicated to recognizing and celebrating the student leaders who will guide and inspire their peers in the year ahead.

The ceremony honored leaders across three tiers: Tier 1 Class Leaders, including Class Monitors, Class Peer Supporters, Digital Leaders, Green Monitors, and Subject Monitors; Tier 2 Leaders, such as Prefects, Peer Support Leaders, CCA Junior Leaders, NE Ambassadors, Green Ambassadors, and I-Makers; and finally, our Tier 3 Leaders, comprising the Prefectorial Exco, Peer Support Leader Exco, and CCA Senior Leaders, who led the school in the solemn Leadership Pledge-Taking Ceremony.





This investiture was more than just a recognition event—it marked the beginning of a meaningful journey for our newly appointed student leaders, empowering them to serve with integrity, resilience, and a strong sense of responsibility.



Following the investiture, the ceremony continued with the National School Games (NSG) Oath-Taking, led by our CCA Senior Sports Leaders. With unwavering pride and determination, all CCA sports training teams stood together and took the pledge, reaffirming their commitment to sportsmanship, teamwork, and excellence.

The event concluded with an inspiring address by our Principal Mr Chan, who shared a thought-provoking story on leadership and self-belief. His words served as a powerful reminder that true leadership is not just about holding a title but about making a difference in the lives of others.



As we embark on this new year, we are confident that our student leaders will uphold the school's values and lead with courage, compassion, and conviction. Here's to an exciting year of growth and leadership!

### 8 Chinese New Year Celebration – 28 Jan 2025

This year's Chinese New Year celebration was a vibrant and engaging spectacle filled with fun and joy for our students.

The celebration is brought to life through performances that engaged the audience and created a festive atmosphere. The Chinese Orchestra set the tone with its harmonious melodies, blending traditional instruments to evoke nostalgia and festivity. This was followed by a music video featuring teachers' faces seamlessly swapped into the scenes using Al. As soon as the beat dropped, students could not help but dance along, fully immersed in the fun and energetic vibe. Next, the elegance of Chinese Dance CCA showcased cultural heritage through intricate gestures and flowing costumes. After that, the Contemporary Dance CCA added a modern flair, infusing graceful movements with dynamic energy, further enhancing the celebration.

The music teachers then led the entire school in a mass singing of Chinese New Year songs, filling the air with festive melodies and joyous voices. As everyone joined in to sing along, the atmosphere became lively and heartwarming, creating a shared experience that resonated throughout the school.

The Lion Dance is always a highlight of the celebration, with its rhythmic drumbeats and acrobatic stunts, symbolizing prosperity and driving away bad luck. This has brought an unforgettable moment of joy and excitement to the audience.

After the concert, students returned to their classroom for activities. They watched a video of story about the 'Snake'. They watched another video about traditional Singaporean CNY food, highlighting the significance of these food in bringing families together for joyous feasting. They took part in a quiz to challenge and test their understanding of the festival. They did spring cleaning before the celebration ended for the day.

Together, these performances and activities elevate the festive spirit, making the celebration a truly meaningful and unforgettable experience.



Chinese Orchestra filling the air with melodious tunes



Chinese Dancers embodying the joy and vitality of spring



Students enjoying the mass sing-along of CNY songs



School Leaders with the Lion Dance Troupe



Our energetic Contemporary Dancers in action



Happy moments in the classroom

# 9 P5 Camp 2025 - 12 to 14 February 2025

The Primary 5 Residential Outdoor Adventure Camp, held from 12 to 14 February 2025, provided our students with a truly immersive outdoor learning experience — an unforgettable classroom without walls. Over three days, they embraced communal living, built lasting memories with their classmates, and stepped out of their comfort zones.

The camp was more than just an adventure; it was a journey of self-discovery and friendship. New bonds were forged, and existing ones grew stronger as students tackled challenges together. While some initially hesitated to participate in certain activities, they demonstrated courage by openly communicating their comfort levels with teachers and instructors. Their supportive cheers for peers reflected the deep camaraderie within the class, turning individual struggles into collective victories.

Through perseverance and grit, our students conquered obstacles they once thought impossible. Encouraged by their friends, they faced their fears head-on and emerged more resilient than before. As their camp shirt boldly declared: *The possibilities are limitless!* 









### 10 Total Defence Commemoration 2025: Together We Keep Singapore Strong

This year's Total Defence Commemoration at HPPS was an immersive and engaging experience, bringing students closer to the significance of defending our nation in various ways. The event kicked off with Taste of Joy, an assembly production by Chingay, highlighting the importance of resilience and unity in our diverse society.

The Primary 5 cohort took on a Flag Game activity during their camp, where they strategised to defend their "home ground" while reinforcing their understanding of the six pillars of Total Defence. Adding depth to the commemoration, our Total Defence Forum featured three insightful panelists, two of whom are our very own HPPA members, sharing their experiences and perspectives on how Total Defence plays a role in our daily lives.



P5 Flag Game Activity Briefing



Panelists for Total Defence Forum



P5 Flag Game in Action

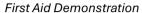


NE Ambassador in Action (Forum)

Students also had the opportunity to gain hands-on skills at the First-Aid Booths, a collaborative effort between Scouts and NE Ambassadors. Meanwhile, the P5 and P6 students tested their critical

thinking and teamwork in the Total Defence Digital Escape Room, a thrilling challenge that required them to apply their knowledge of defence strategies in a simulated crisis scenario.







Demonstrating Head Bandage



Learn about the First Aid Kit



NE ambassadors Guiding their Peers



Engrossed Students eager to solve the puzzles



Total Defence Escape Room

The commemoration concluded with *ESR 25*, reinforcing the importance of sustainability and crisis preparedness in our ever-changing world. Through these engaging activities, our students deepened their appreciation for Total Defence, recognizing their roles in keeping Singapore safe and strong.

# 11 2024 Henry Park Primary School eYearbook

The 2024 Henry Park Primary School eYearbook documents the events and experiences of the school community throughout 2024. The theme this year is "A Tapestry of Talents".

You may download the 2024 Henry Park Primary School eYearbook via this linkhttps://online.fliphtml5.com/obrr/tmai/ from 04 March 2025, Tuesday onwards.

The password to open the Yearbook is: THRIVE2024

#### 12 Calendar of Events

A copy of the Term 2 Calendar of Events is provided to your child. Please refer to Appendix 1.

## 13 Parenting Article

#### Finding A Healthy Balance: Four Easy Ways To Help Manage Your Child's Screen Use

Today, screens are an integral part of our lives. And it's no different for your child. Whether it's for schoolwork, entertainment, learning, or connecting with family and friends, screens are ever present.

You can read more about in this article.

# Vision Lead with Character, Serve with Talents

Mission
Nurturing concerned citizens with integrity and a spirit of excellence through holistic education

School Values Respect, Integrity, Care, Excellence













# HPPS 2025 Term 2 School Calendar Mon 24 Mar 2025 to Fri 30 May 2025 (For mainstream students only)

Date/Day	Event	Remarks
31 Mar 2025 / Monday	Hari Raya Puasa	Public Holiday
11 Apr 2025 / Friday	International Friendship Day	Regular School Day
18 Apr 2025 / Friday	Good Friday	Public Holiday
1 May 2025 / Thursday	Labour Day	Public Holiday
12 May 2025 / Monday	Vesak Day	Public Holiday
29 May 2025 / Thursday to 30 May 2025 / Friday	Parent-Teacher Meeting (PTM/PCTC)	P1-6 students do not need to attend school
31 May 2025 / Saturday to 29 Jun 2025 / Sunday	Term 2 School Vacation	-











