

# *School Leader Talk For Sec 4/5 Parents*

26 Jan 2024



# Sec 4/5 School Experience



# Highlights for Sec 4&5

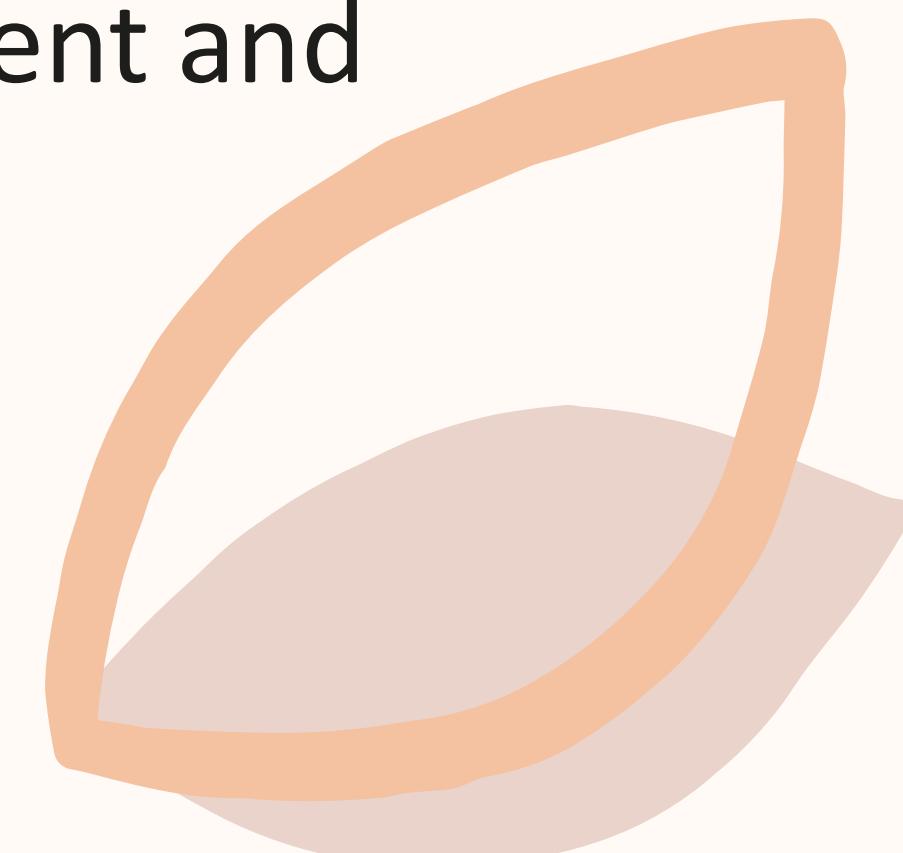
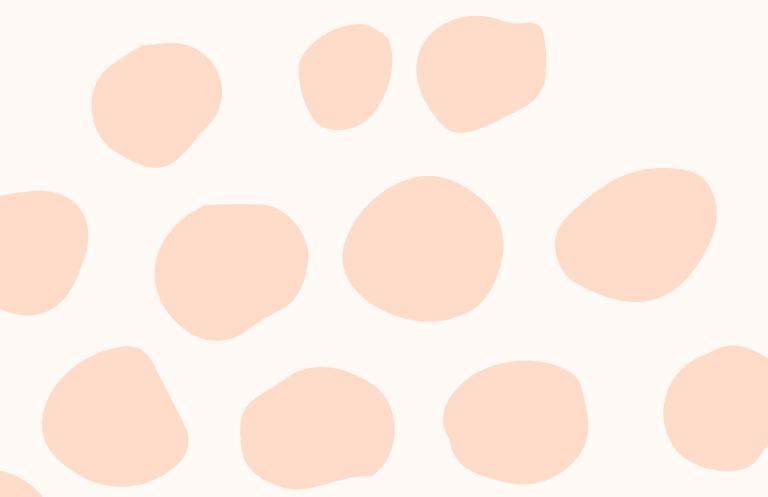
- Start-it-Right – T1W1
- Sports Carnival – 7 Mar
- Career Day – 25 Mar
- Learning Festival – (T2W9)
- Graduation Ceremony – 20 Sept
- Prom Night – 13 Nov

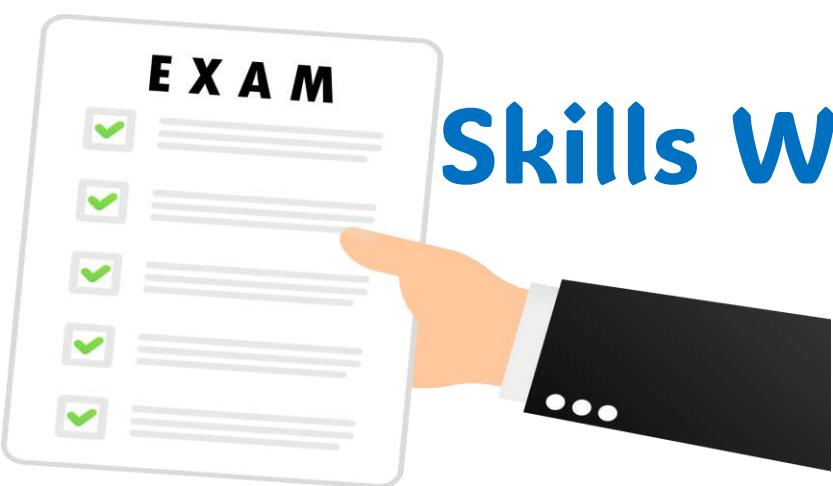


*Stand-down from CCA commitments from 7 Mar onwards*



- To set the overall tone and expectations for the school and individual levels
- To help prepare students' mindsets to approach the year
- To kick-start the building of good teacher-student and student-student relationships





# Skills Workshop

# Exam Skills Workshop

1

Learn creative examination preparation techniques

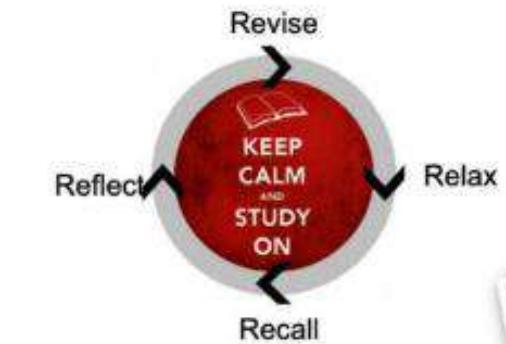


2

Acquire a courageous and optimistic mindset that helps them to be self-empowered



## Revision Strategy #3: Revise



### Revise

#### A. Clarify unclear topics and wrong answers

1. Check your notes and review summaries
2. Think through on your own
3. Ask your teachers
4. Test yourself by asking questions related to the topics.

If you are in study groups, test each other.

#### C. Know your exam schedule

- Modify Bio-clock

#### D. Look through past year papers, ten-year series and papers from other schools

1. Do at one go
2. Time yourself
3. Similar environment
4. According to exam schedule

2. Rework your notes into a more condensed format.

E.g. Mindmaps, flashcards, charts.

#### E. Plan a revision schedule

## Revision Strategies

### Revision Strategy #1: Self Empowering Affirmations

Choose to think and say positive, inspiring and motivating things to empower you



What is my Self Empowering Affirmation?

# Exam Skills Workshops

3

Be mentally and  
psychologically  
equipped to  
excel in their  
exams



Following my teachers' footsteps to WS, HTR, HIE



- Provide a platform and opportunities for FTs to share their personal education journey with their students
- Introduce university facilities and student life
- Inspire students to think about their future education prospects
- Encourage students to think and learn independently via self-exploration and observation



Keep learning

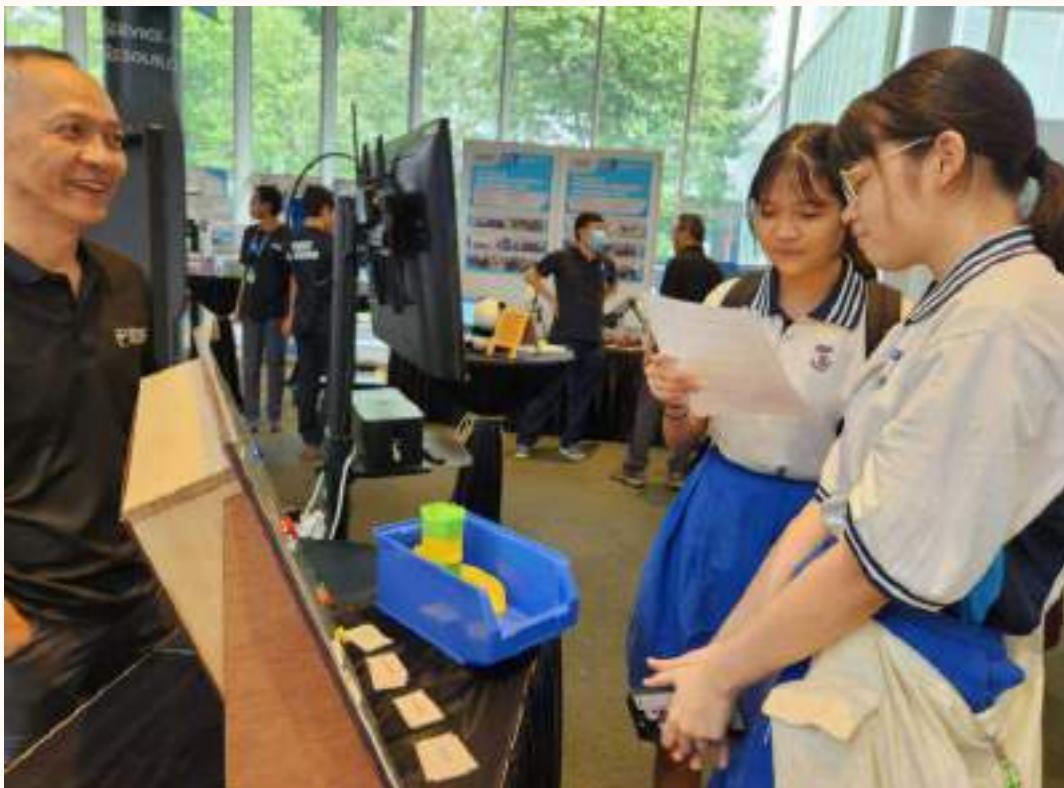
# Following my teachers' footsteps to NUS, HTR, HIE



# Following my teachers' footsteps to WBS, HTR, HIE



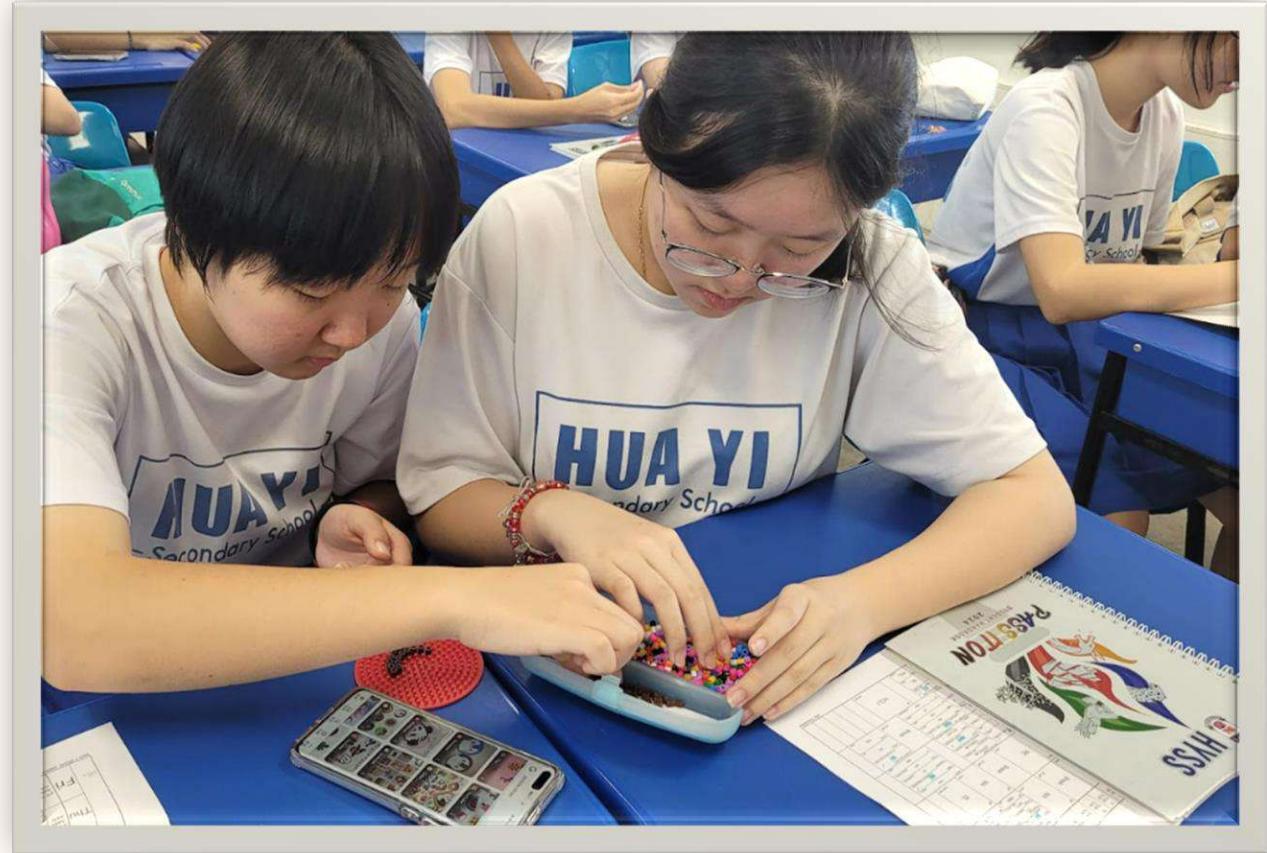
# Visit to Polytechnic Open House



Learn more about the courses  
at various polytechnics and  
the career options available to  
them



# Pyssla Art



Create pyssla art pieces that reflect their personality



# Supporting our Teenager

What can we do as parents



## Time

- Conversations
- Understand that there are different education and career pathways your child can explore
- Be open-minded and listen to our children



## Guide

- Discover their talents, strengths and interests
- Make realistic and consistent expectations



## Affirm

- Affirm their efforts not just results
- Celebrate small successes, let them know you care

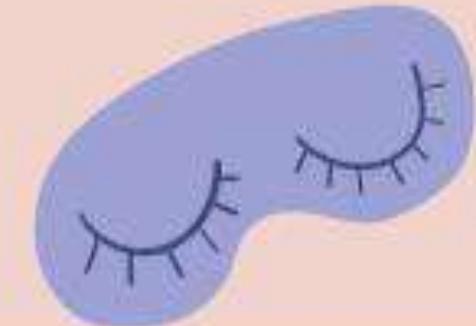
Don't forget to show some **LOVE** to yourself as well, you deserve it too!



Recharge on  
the daily



Enjoy time  
with friends



Get adequate  
**Sleep**



Take our time and  
do what works for us



Thank  
you

