

CCA

INFORMATION

BOOKLET



Co-Curricular Activities (CCA)

CCA is an integral part of the learning process.

Participating in CCA will enable students to :

- **Develop creativity and innovation**
- **Maintain a good and healthy life**
- **Learn life-skills such as survival skills**
- **Increase self-confidence and compassion**
- **Work in teams**
- **Make new friends**
- **Be conscious on community needs**
- **Build a sense of belonging to a group, club or team**
- **Foster all-round development**

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Sports & Games

Basketball

Activities / Training Description:

Jurong Basketball Team strives to develop the thinking athlete who is a confident team player. Values like resilience, self-discipline and sportsmanship are strongly emphasized and expected to be displayed both on and off the court. Students are provided a platform to cultivate leadership, confidence, teamwork, and fair play through participation in practice and competitive matches

Students will learn fundamental basketball skills, physical conditioning, and perseverance through various Basketball CCA activities. Basketball CCA promotes social bonding among students and strengthens friendships while they are engaged in fun activities during training. In the process, students develop a positive attitude towards an active and healthy lifestyle



We believe that with the right attitude and a willingness to work hard, students will be able to achieve excellence.



Training Day

Thursdays

Training Time

3pm – 5pm

Venue

School Hall

Sports and Games

Badminton

Activities / Training Description :

Badminton is a racket team sport where you can explore playing as a Singles player, Doubles player or both. Singles is played with one player per side on the court (1 VS 1) and Doubles is played with two players per side on the court (2 VS 2). Both of these are unique in their own ways requiring different strategies and techniques. Sounds complicated? Fret not, our friendly coaches will be there to guide you!

They will provide guidance on the fundamentals such as footwork and basic strokes. Selected players will also have an opportunity to represent the school in competitions!

Come join us now for a fun-filled experience!



Training Day & Time :
Tuesdays, 3 pm – 5 pm

Venue : School Hall

Sports and Games

Football

Activities / Training Description:

Football is game that involves 11 players in each team. However, in primary school tournaments, to ensure the students develop in accordance to their age level, the game has been simplified to 8 players in a team.

During the CCA sessions, students will acquire ball handling skills being applied to relevant contexts of the game. Focus will initially be on 4 players or 5 players per team, which will provide the transition for them to progress to the competitive 8-versus-8 format, which is also the format adopted for the annual National School Games. By having small-sided games, students will have more touches of the ball, accelerating their progress in their playing ability.

For 2024, all students will attend the CCA sessions at Yuan Ching Secondary School with two-way transport provided.



Training Day and Time: Mondays, 3.00 p.m. to 5.00 p.m.

Training Venue: Field at Yuan Ching Secondary School (report at JPS school foyer)

Sports and Games

Netball

Activities / Training Description:

Jurong Netball Team is a **GIRLS ONLY** sports team.

Netball is a ball sport comprising of two teams of seven players each. The team with the ball, through running, jumping, throwing and catching, attempts to move the ball into its goal circle from where a goal may be scored.

We will teach you how to throw, catch or shoot to keep or gain possession of the ball. Students are provided a platform to cultivate leadership, confidence, teamwork, and fair play through participation in practice and competitive matches.

Come join us if you enjoy outdoor ball games!

Training Day: Thursdays

Training Time: 3 pm – 5 pm

Venue: School Hall



Sports and Games

Track & Field

Activities / Training Description:

Track and field is offered to students who display good potential in track and field events.



We help students to develop their talents and pursue excellence in the various track and field events. We also aim to develop students as leaders who display innate discipline, determination and sportsmanship. Students who show commitment and perseverance will have the capacity and opportunity to further develop and display their talent at the inter-school and national levels.

We believe that our progressive training programme, coupled with our emphasis on character building, will ensure that students take away valuable lessons that will stay with them in their journey towards an active and healthy lifestyle.



Training Day & Time: Thursdays, 3pm – 5pm

Venue: Parade Square, I & E Walkway



Performing Arts

PERCUSSION ENSEMBLE



Training Day: Thursdays

Time: 3-5pm

Venue: Band Room

(Beside the dental clinic)

Oh, when the saints. Oh, when the saints.
Oh, when the saints go marching in ♫ ♫ ♫ ...

Do you love **MUSIC**? Do you love to **PERFORM** and **EXPRESS** yourself?

Do you want to **MASTER** an instrument?

If you do, come on and join us to make some **NOISE**!

You will be given the opportunity to perform in school for your friends and even the Singapore Youth Festival (SYF) competition to represent our very own **Jurong Primary Percussion Ensemble**!

Let's have fun and play some musical instruments! ♫ ♫ ♫



Performing Arts

Guzheng Ensemble

Activities/Training Description

The guzheng, also known as a Chinese zither, is a Chinese plucked string instrument with a history of more than 2500 years. The modern guzheng has 21 strings and is tuned in a major pentatonic scale.

During the practice sessions, you will pick up basic plucking techniques from qualified instructors. As you progress, you will learn advanced techniques and move on to play various genres of music. As a performing arts ensemble, members also learn about team work and performance etiquette.

Come join us for a rewarding experience in music-making!



Training Day & Time :

**Thursdays, 3:00 – 5:00 p.m,
Venue: AVA Room 2**

Performing Arts

Modern Dance

Activities / Training Description:

Modern dance is a very exciting and enjoyable art form, popular among our students. It comprises a fusion of modern jazz, ballet and hip hop. Through dance, students can channel their energy through outward expressions and showcase their creativity through various dance steps.



Annual Speech and Prize Giving Day 2022

During training, the students will learn various choreographies and hone their dance techniques. Each performance is unique. They will also foster camaraderie and teamwork during the dance training under the guidance of a qualified dance instructor. Students who show potential and passion will be selected to represent the school at the Singapore Youth Festival (SYF) as well as various external performances.



SYF 2022

Training Day & Time: Thursdays, 3pm to 5pm

Venue: Music Studio

Performing Arts



CHOIR

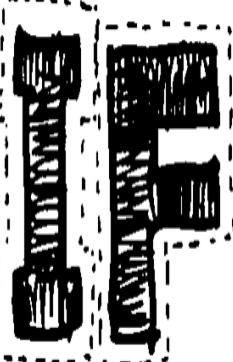


Love to sing?

Tuesdays
3pm to 5pm
AVA Room 1



Want to showcase your talent in public performances?



you think **singing** is **fun** and **engaging**...

you understand that **listening**, **learning** and **connecting** with friends through **music** is **meaningful**...

you want to learn basic **techniques** of music appreciation using **different singing skills and musical styles**...

you want to build **self-discipline** and **focus** in a **team**...

you have a **burning passion** for music...

Join us!



Clubs

Art and Crafts

Activities / Training Description:

Do you love **Art**? Do you always wish you could be better in drawing and painting? Then Art Club is **the CCA** for you!

The mission of the Art Club is to develop creative and confident artists! As an artist, you will become skilled in communicating your ideas through your art works and articulate in telling others about Art!

Besides drawing, you will get to try many other exciting art forms such as painting, printmaking, sculpting, digital art, mixed media, etc.

There will also be opportunities for you to participate in external competitions to showcase your talent such as the Singapore Youth Festival Art Exhibition. You may even have your masterpiece to be featured around the school's compound!

So hesitate no more and join us!



Training Day & Time: Thursdays, 3pm to 5pm

Venue: Art Room and Ceramics Room

Clubs

Robotics Club

Activities / Training Description :

Students in this CCA will be working in groups of 4-5, where they will be engaged actively in building and programming using LEGO MINDSTORMS EV3/Spike Prime kit. EV3 and Spike Prime are programmable robotics construction sets which give students the power to build, program and command their own LEGO robots. Students can make the robots walk, move and do whatever they can imagine. With each of the training session, students will have the opportunity to participate in the National Robotics Programming Competition (NPRC) in May, as well as National Robotics Competition (NRC) in September.



Training Day & Time : Tuesday, 3-5 pm

Venue : Computer Lab

Clubs

Digital Media

Activities/ Training Description:

The Media Club is for students who love photography, videos, and writing. It provides training in these skills, helping students become better at taking photos, editing videos, and writing articles. Through hands-on involvement in school events and competitive opportunities, students can practically apply their skills, gaining real-world experience. A unique aspect of the club is the chance for pupils to experiment with a green screen, stepping into the roles of presenters for a day. This hands-on approach fosters creativity and knowledge in media production techniques. The club also boosts their confidence and communication abilities using various media tools. Last year, the club participated in the "Our Schools, Our Stories Photo Contest," showcasing their talent and skills. In a nutshell, the Media Club is a place where students learn, gain confidence, and show their talents in media-related activities.



Training Day & Time:
Thursday, 3pm to 5pm

Venue: Computer Lab

Uniformed Groups

Girl Guide (Brownies)

Activities / Training Description:

Our mission is to allow Brownie members the opportunity to develop their heart, mind and body by participating in numerous unit and inter-unit activities which are fun and interactive. These activities provide a rich platform for the members to develop their individual skills and competencies as well as networking opportunities with other members from the Girl Guides fraternity. Through these activities, they will be able to hone their basic life skills and also to make new friends.

Beyond these, through the leadership roles of a 1st I/C or Sixer, members will be tasked to lead in selected activities during the year.



Training Day & Time:

Thursday, 3pm to 5 pm

Venue: Science Lab 1

Uniformed Groups

Scouts

Activities / Training Description :

Scouting is a global movement of self-education for young people. Scouting offers a wider range of skills, activities and services that simply cannot be found in any other single youth organisation. The Scout programme is centred around outdoors and adventure, global citizenship, leadership, fitness, creativity, beliefs, and all-rounded character development. In addition, activities are based on the natural sense of fun and enthusiasm of their age group and thus the training is achieved largely through games, interaction in small groups and activities.

If you have a zest for learning, adventure and life, come join us! Wear an attractive uniform, work towards progress awards and proficiency badges. Join an extended family of close to 30 million boys and girls around the world!



Training Day & Time: Thursday, 3pm to 5pm

Venue : Classroom