

30 Jurong West St 61 Singapore 648368 Tel: 67933419 Fax: 67936593

Email: jwps@moe.edu.sg

Our Ref: JWPS/2024/082 Date: 18 October 2024

Dear Primary Two Parents/Guardians,

### PRIMARY 3 SWIMMING PROGRAMME 2025

As part of the PE curriculum, all primary school students will have to go through 12 hours of swimming lessons (unless medically certified to be exempted). The programme will start in Term 1 Week 1/2.

Details of the programme are as follows:

| Class       | Day / Time   | Venue  |
|-------------|--|--|
| I1 & I2     | Fridays (Refer to attached schedule for dates)  1 p.m. to 2.30 p.m. (Actual Swimming Lesson Time)  | Choa Chu Kang Swimming<br>Complex                          |
| 13, 14 & 15 | Tuesdays (Refer to attached schedule for dates)  1 p.m. to 2.30 p.m. (Actual Swimming Lesson Time) | Bukit Batok Swimming Complex  Jurong Lake Swimming Complex |

Your child/ward will have their lunch at 12.00 p.m. in the canteen. They will then change into their swimming attire and slippers before departing the school at 12.30 p.m. The students will be dismissed from the school at around 3.20 p.m. Transportation will be catered by Jurong West Primary School.

#### **SwimSafer Certification**

If your child/ward has already achieved SwimSafer certification, please email a copy of the certificate to how jie wei joel@moe.edu.sg or submit a printed hardcopy to your child's/ward's PE teacher by 31st October 2024. In the event that you received the certifications after 31st October 2024, you may submit the latest copy to us via the same email address above (latest by 6th January 2025).

Students who do not submit any SwimSafer certification will automatically be registered for SwimSafer 2.0 Stage 1 test. Please complete the acknowledgement form in Parents Gateway by 25th October 2024, Friday.

For students who are unable to attend the P3 Swimming Programme, he/she will be situated at the school library for self-study until 1.30 p.m. to be dismissed. We look forward to seeing your child's/ward's participation in the programme. Further details will be shared nearer to the start of the programme.

Thank you.

On behalf of the PE department, Mr Joel



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## P3 Swimming Programme Schedule 2025

Please be informed of the swimming schedule for all Primary 3 classes **either on Tuesdays or Fridays.** 

(There will be no lesson on 28 January 2025 & 31 January 2025 due to Chinese New Year)

### **I3, I4 and I5**

| Lesson  | Date             | Day     | Starting  | Ending    |
|---------|------------------|---------|-----------|-----------|
| Week 2  | 14 January 2025  | Tuesday | 1.00 p.m. | 2.30 p.m. |
| Week 3  | 21 January 2025  | Tuesday | 1.00 p.m. | 2.30 p.m. |
| Week 5  | 04 February 2025 | Tuesday | 1.00 p.m. | 2.30 p.m. |
| Week 6  | 11 February 2025 | Tuesday | 1.00 p.m. | 2.30 p.m. |
| Week 7  | 18 February 2025 | Tuesday | 1.00 p.m. | 2.30 p.m. |
| Week 8  | 25 February 2025 | Tuesday | 1.00 p.m. | 2.30 p.m. |
| Week 9  | 04 March 2025    | Tuesday | 1.00 p.m. | 2.30 p.m. |
| Week 10 | 11 March 2025    | Tuesday | 1.00 p.m. | 2.30 p.m. |

### **I1** and **I2**

| Lesson  | Date             | Day    | Starting  | Ending    |
|---------|------------------|--------|-----------|-----------|
| Week 1  | 10 January 2025  | Friday | 1.00 p.m. | 2.30 p.m. |
| Week 2  | 17 January 2025  | Friday | 1.00 p.m. | 2.30 p.m. |
| Week 3  | 24 January 2025  | Friday | 1.00 p.m. | 2.30 p.m. |
| Week 5  | 07 February 2025 | Friday | 1.00 p.m. | 2.30 p.m. |
| Week 6  | 14 February 2025 | Friday | 1.00 p.m. | 2.30 p.m. |
| Week 8  | 28 February 2025 | Friday | 1.00 p.m. | 2.30 p.m. |
| Week 9  | 07 March 2025    | Friday | 1.00 p.m. | 2.30 p.m. |
| Week 10 | 14 March 2025    | Friday | 1.00 p.m. | 2.30 p.m. |

Teachers-in-charge of this programme:

Mr Joel, Email: <a href="mailto:how\_jie\_wei\_joel@moe.edu.sg">how\_jie\_wei\_joel@moe.edu.sg</a>
Ms Jean, Email: <a href="mailto:chia\_gek\_lan@moe.edu.sg">chia\_gek\_lan@moe.edu.sg</a>



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# **Rules and Regulations**

Pupils shall adhere to the following rules during swimming lessons:

#### Attire

- 1. Wear proper swimming attire (recommended: one piece swimsuit for girls, swimming trunks/suit for boys).
- 2. Bring all items listed in the checklist.
- 3. Bring swimming cap provided by the school for all lessons.
- 4. Label clothes and personal belongings with name and class.
- 5. Leave all jewellery and valuables at home.

### **Discipline**

- 1. Report punctually for every lesson.
- 2. Pupils are required to observe the school rules and maintain discipline at all times.
- 3. Pupils are required to observe safety rules at the swimming complex. Running, shouting and pushing are not allowed.
- 4. Pupils are NOT allowed to buy food/drinks from the swimming complex.



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# **Swimming Checklist**

Please note the following checklist on the attire and things to bring for the swimming lessons.

| S/N | What to Bring/Wear                      | Qty    | Note  |
|-----|---|--------|---|
| 1   | School attire (T-shirt & shorts/skorts) | 1 set  | Bring along your swimming attire, slippers in a small bag to change into before boarding the bus at 12.30p.m. |
|     |   |        | Students are encouraged to have their snacks in the   |
| 2   | Swimming costume                        | 1      | canteen. (A full meal is not advisable before swimming lessons)   |
|     |   |        | Students are strongly advised to put their belongings inside their bag to prevent loss of                     |
| 3   | Slippers/Sandals                        | 1 pair | items   |
| 4   | Small Bag (Label with name)             | 1      |   |

| S/N | Things to Bring                                | Qty                   |
|-----|--|-----------------------|
|     | (All items to be labelled with name and class) |                       |
| 5   | Undergarment (briefs, panties, camisole, etc.) | 1 pair                |
| 6   | Towel  | 1                     |
| 7   | Swimming Goggles                               | 1                     |
| 8   | Swimming Cap (Provided by the Vendor)          | 1                     |
| 9   | Plastic Bags (for wet clothes and towel)       | 2                     |
| 10  | Comb   | 1                     |
| 11  | Water Bottle                                   | 1                     |
| 12  | Light Snacks                                   | Just enough for after |
|     |  | shower                |