



JURONG WEST PRIMARY SCHOOL

30 Jurong West St 61 Singapore 648368

Tel: 67933419 Fax: 67936593

Email: jwps@moe.edu.sg

Our Ref: JWPS/2025/080

Date: 16 October 2025

Dear Primary Two Parents/Guardians,

PRIMARY 3 SWIMMING PROGRAMME 2026

As part of the PE curriculum, all primary school students will have to go through 12 hours of swimming lessons (unless medically certified to be exempted). The programme will start in Term 1 Week 1.

Details of the programme are as follows:

Class	Day / Time	Venue
I2 & I4	Fridays (Refer to attached schedule for dates) 1 p.m. to 2.30 p.m. (Actual Swimming Lesson Time)	Jurong West Swimming Complex
I1, I3 & I5	Tuesdays (Refer to attached schedule for dates) 1 p.m. to 2.30 p.m. (Actual Swimming Lesson Time)	Clementi Swimming Complex

Your child/ward will have their lunch at 12.00 p.m. in the canteen. They will then change into their swimming attire and slippers before departing the school at 12.30 p.m. The students will be dismissed from the school at around 3.20 p.m. Transportation catered by Jurong West Primary School.

SwimSafer Certification

If your child/ward has already achieved SwimSafer certification, please email a copy of the certificate to how_jie_wei_joel@schools.gov.sg or submit a printed hardcopy to your child's/ward's PE teacher by **07 November 2025**. The instructors at the pool will further assess your child/ward to see if he/she is suitable for the next level of SwimSafer certification.

Students who do not submit any SwimSafer certification will be registered for SwimSafer 2.0 Stage 1 test. Please complete the acknowledgement form in Parents Gateway by **7 November, Friday**.

For students who are unable to attend the P3 Swimming Programme, he/she will be situated at the school library for self-study until 1.30 p.m. to be dismissed. We look forward to seeing your child's/ward's participation in the programme. Further details will be shared nearer to the start of the programme.

Thank you.

On behalf of the PE department,
Mr Joel How
Swimsafer 2.0 coordinator



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P3 Swimming Programme Schedule 2026

Please be informed of the swimming schedule for all Primary 3 classes **either on Tuesdays or Fridays**.

I1, I3 and I5

Lesson	Date	Day	Starting	Ending
Week 2	13 January 2026	Tuesday	1.00 p.m.	2.30 p.m.
Week 3	20 January 2026	Tuesday	1.00 p.m.	2.30 p.m.
Week 4	27 January 2026	Tuesday	1.00 p.m.	2.30 p.m.
Week 5	03 February 2026	Tuesday	1.00 p.m.	2.30 p.m.
Week 6	10 February 2026	Tuesday	1.00 p.m.	2.30 p.m.
Week 8	24 February 2026	Tuesday	1.00 p.m.	2.30 p.m.
Week 9	03 March 2026	Tuesday	1.00 p.m.	2.30 p.m.
Week 10	10 March 2026	Tuesday	1.00 p.m.	2.30 p.m.

I2 and I4

Lesson	Date	Day	Starting	Ending
Week 1	09 January 2026	Friday	1.00 p.m.	2.30 p.m.
Week 2	16 January 2026	Friday	1.00 p.m.	2.30 p.m.
Week 3	23 January 2026	Friday	1.00 p.m.	2.30 p.m.
Week 4	30 January 2026	Friday	1.00 p.m.	2.30 p.m.
Week 5	06 February 2026	Friday	1.00 p.m.	2.30 p.m.
Week 7	20 February 2026	Friday	1.00 p.m.	2.30 p.m.
Week 8	27 February 2026	Friday	1.00 p.m.	2.30 p.m.
Week 9	06 March 2026	Friday	1.00 p.m.	2.30 p.m.

Teachers-in-charge of this programme:

Mr Joel, Email: how_jie_wei_joel@schools.gov.sg



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Rules and Regulations

Pupils shall adhere to the following rules during swimming lessons:

Attire

1. Wear proper swimming attire (recommended: one piece swimsuit for girls, swimming trunks/suit for boys).
2. Bring all items listed in the checklist.
3. Bring swimming cap provided by the school for all lessons.
4. Label clothes and personal belongings with name and class.
5. Leave all jewellery and valuables at home.

Discipline

1. Report punctually for every lesson.
2. Pupils are required to observe the school rules and maintain discipline at all times.
3. Pupils are required to observe safety rules at the swimming complex. Running, shouting and pushing are not allowed.
4. Pupils are NOT allowed to buy food/drinks from the swimming complex.



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Swimming Checklist

Please note the following checklist on the attire and things to bring for the swimming lessons.

S/N	What to Bring/Wear	Qty	Note
1	School attire (T-shirt & shorts/skorts)	1 set	Bring along your swimming attire, slippers in a small bag to change into before boarding the bus at 12.30p.m.
2	Swimming costume	1	Students are encouraged to have their snacks in the canteen. (A full meal is not advisable before swimming lessons)
3	Slippers	1 pair	Students are strongly advised to put their belongings inside their bag to prevent loss of items
4	Small Bag (Label with name)	1	

S/N	Things to Bring (Pupils can use the checklist provided on page 6 to help them remember)	Qty
5	Undergarment (briefs, panties, camisole, etc.)	1 pair
6	Towel	1
7	Swimming Goggles	1
8	Swimming Cap (Provided by the Vendor)	1
9	Plastic Bags (for wet clothes and towel)	2
10	Comb	1
11	Water Bottle	1
12	Light Snacks	Just enough for after shower