

克明小学  
KEMING PRIMARY SCHOOL



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Ref no.: 015/2022

17 January 2022

Through Principal

Dear Parents,

**MOE SEXUALITY EDUCATION IN SCHOOLS 2022 - GROWING YEARS**

Sexuality Education (SEd) in schools is about enabling students to understand the physiological, social and emotional changes they experience as they mature, develop healthy and rewarding relationships including those with members of the opposite sex, and make wise, informed and responsible decisions on sexuality matters. SEd is premised on the importance of the family as the basic unit of society. This means encouraging healthy, heterosexual marriages and stable nuclear family units with extended family support. The teaching and learning of SEd is based on respect for the values and beliefs of the different ethnic and religious communities in Singapore on sexuality issues.

2. The goals of Sexuality Education are:
  - (i) To help students make wise, responsible and informed decisions through the provision of accurate, current and age-appropriate knowledge on human sexuality and the consequences of sexual activity;
  - (ii) To help students know themselves and build healthy and rewarding relationships through the acquisition of social and emotional skills of self-awareness, management of their thoughts, feelings and behaviours, development of empathy for others, possession of effective communication, problem-solving and decision-making skills; and
  - (iii) To help students develop a moral compass, respect for themselves and for others as sexual beings, premised on the family as the basic unit of society, through the inculcation of positive mainstream values and attitudes about sexuality.
3. The key messages of Sexuality Education are:
  - (i) Love and respect yourself as you love and respect others;
  - (ii) Build positive relationships based on love and respect (which are the foundation for strong families);
  - (iii) Make responsible decisions for yourself, your family and society; and
  - (i) Abstinence before marriage is the best protection against STIs/HIV and unintended pregnancies. Casual sex can harm and hurt you and your loved ones.
4. Please visit the school's Sexuality Education webpage (<http://kemingpri.moe.edu.sg/keming-grow/sexuality-education>) for more information on Keming Primary School's Sexuality Education Programme for 2022.
5. Please click the relevant button below to **indicate your Acknowledgement via Parents Gateway by Monday 24 January 2022**. Parents need to print, complete and submit the Parent Opt-out Form only if you choose to opt your child out of the *Growing Years* programme.
6. Thank you.

Warmest regards,

Mdm Chng Boon Lee  
HOD Character & Citizenship Development

# KEMING PRIMARY SCHOOL

## PARENT OPT-OUT FORM

*[To be completed only by parents who choose to opt their child out of the Growing Years programme]*

Dear Principal,

### MOE SEXUALITY EDUCATION IN SCHOOLS 2022 - GROWING YEARS

1. I would like to withdraw my child, \_\_\_\_\_  
(Full Name of Child)

of \_\_\_\_\_ from the *Growing Years* programme for **2022**.  
(Form Class)

2. My reason(s) for my decision to opt my child out of the programme:

- ☐ Religious reasons [State religion: \_\_\_\_\_]
- ☐ My child is too young.
- ☐ I would like to personally educate my child on sexuality matters.
- ☐ I do not think it is important for my child to attend Sexuality Education lessons.
- ☐ I have previously taught my child the topics in the GY Programme for this year.
- ☐ I am not comfortable with the topics covered in the GY Programme for this year.
- ☐ Others: \_\_\_\_\_

3. Thank you.

\_\_\_\_\_  
\* Parent/Guardian's Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\* *Delete where inapplicable*

Please complete and submit this Parent Opt-out Form, if relevant, to your child's form teacher  
by **Monday 24 January 2022**.