

## Day 1 (2 January 2024)

Period	Sec 1	Sec 2	Sec 3	Sec 4/5		
0745 - 0800	Flag Raising	Flag Raising	Flag Raising	Flag Raising		
0800 - 0820	Principal Address Discipline Briefing					
0820 - 0840						
0840 - 0900						
0900 - 0920	FT Time	Recess	YH Address	FT Time		
0920 - 0940		FT Time	Recess	YH Address		
0940 - 1000						
1000 - 1020	Snack Time	FT Time	Recess	YH Address		
1020 - 1040	Orientation Programme	YH Address	FT Time	Recess		
1040 - 1100		FT Time		FT Time		
1100 - 1120						
1120 - 1140	Recess	FT Time	FT Time	FT Time		
1140 - 1200						
1200 - 1220	Orientation Programme	ICT/ Cyberwellness Briefing				
1220 - 1240						
1240 - 1300						
1300 - 1320	Facilitator Briefing					
1320 - 1340	Daily Reflections					
1340 - 1400						