

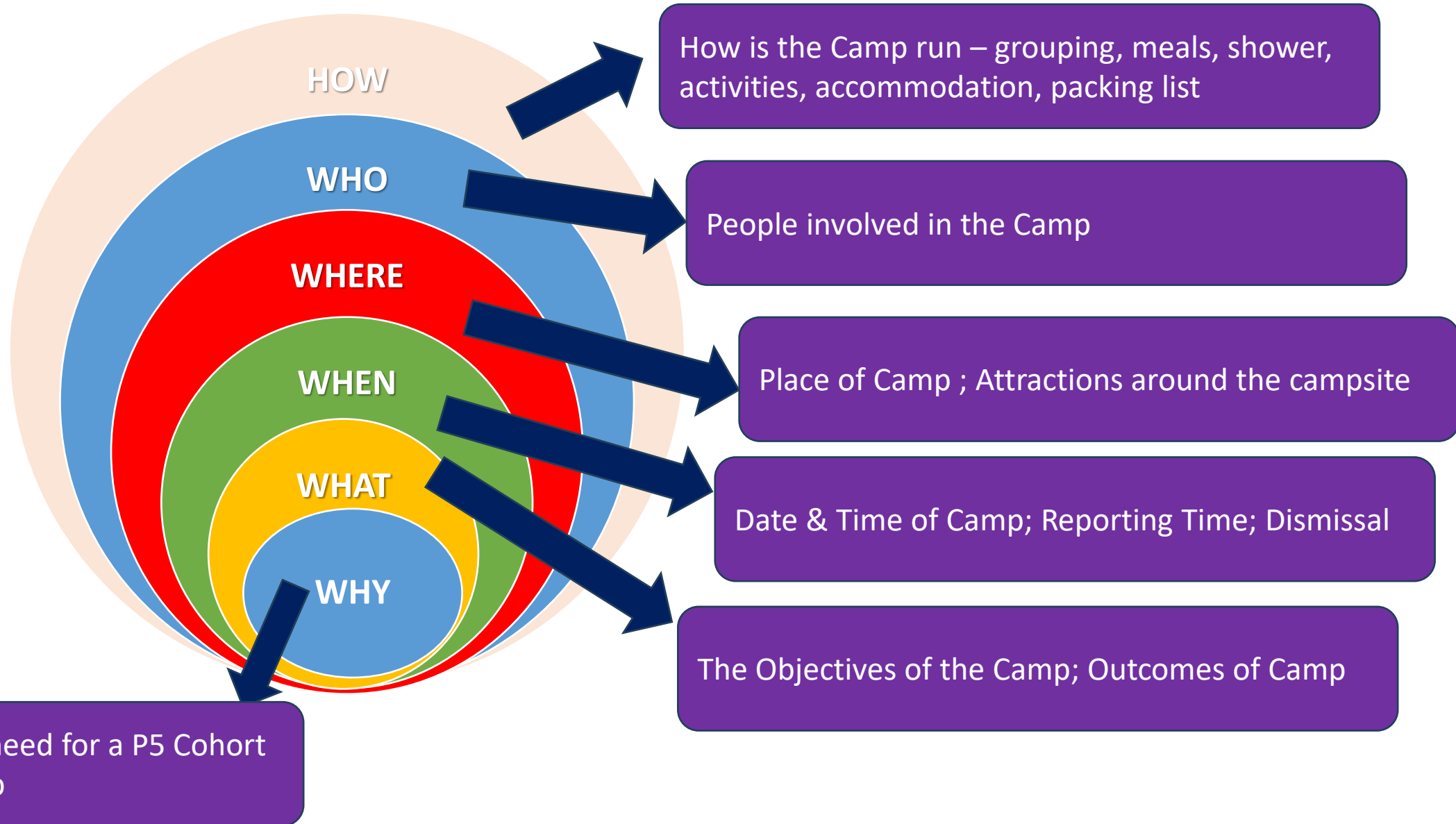


P5 COHORT CAMP 2024

PARENTS WEBINAR

4 APRIL 2024

CONTENTS OF BRIEFING



WHY THE P5 COHORT CAMP?

- A programme under the MOE Outdoor Education Master Plan
- Provides rich learning experiences through the outdoors
- Activities are purposeful and students learn valuable lessons that cannot be duplicated in a classroom setting.
- Encourages cohesion - the 'kampung' spirit
- Builds resilience and ruggedness

WHAT IS THE P5 COHORT CAMP?

- An overnight outdoor adventure camp (stay-in)

Objectives:

- Aims to develop well rounded individuals
 - * builds confidence and resilience
 - * provides interaction opportunities (SSR & TSR)
 - * forges camaraderie with teammates
 - * lays a foundation for active and healthy living.

OUR LEARNING GOALS

By the end of the 3-day camp, our P5 students would:

- ☐ **be more independent**
- ☐ **be more resilient**
- ☐ **be more confident**
- ☐ **be more responsible**
- ☐ **foster bonding and camaraderie within their class and level**
- ☐ **show empathy and concern, giving encouragement and support**



WHEN IS THE CAMP?

Date: 6 May to 8 May 2024 (Mon –Wed)

Time : 9.00am to 8.30pm (6 & 7 May)



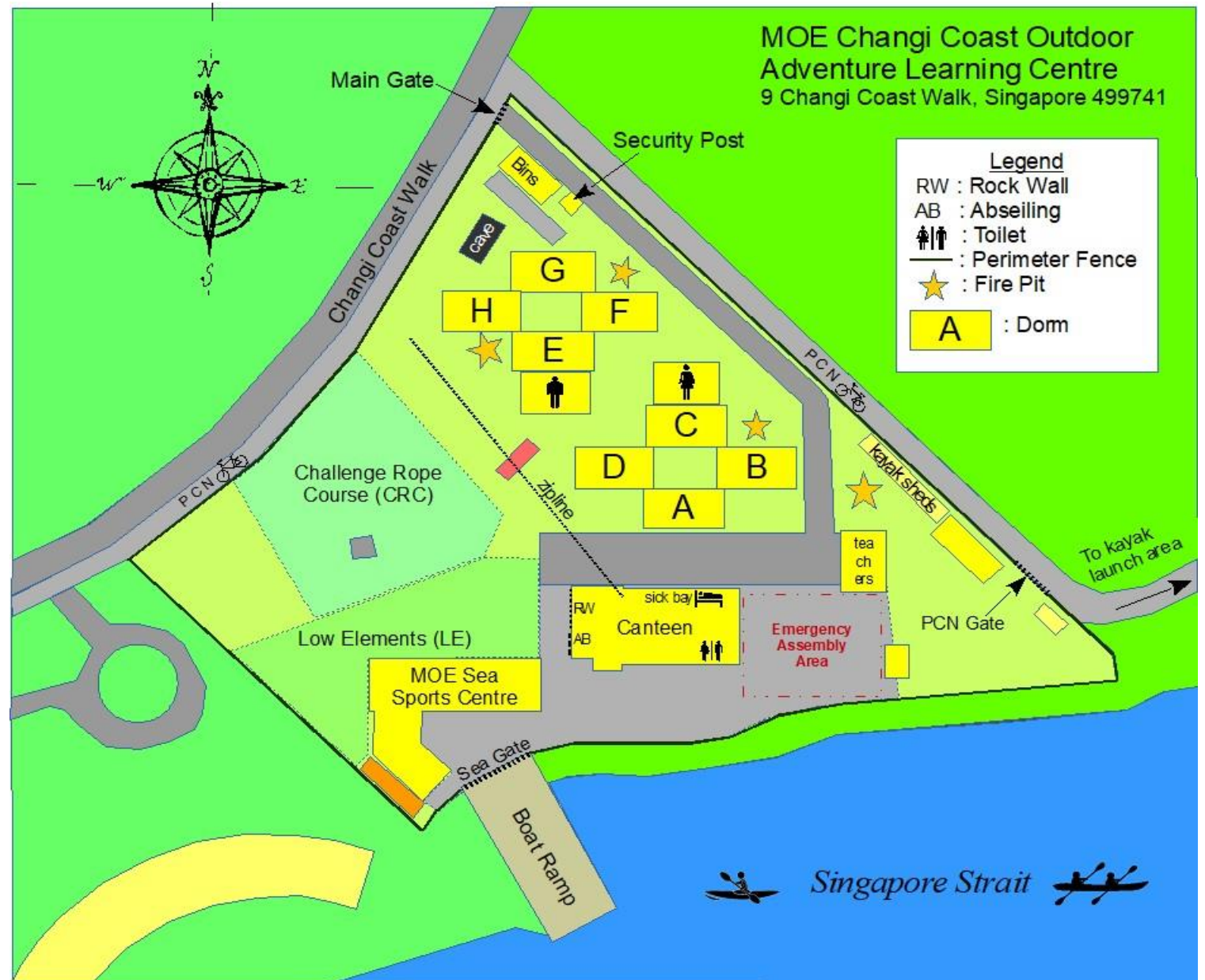
: 9.00am-11.30am (8 May)



Reporting time to school on 6 May: by 715am

Dismissal time from school on 8 May : by 1230pm

WHERE IS
THE CAMP?

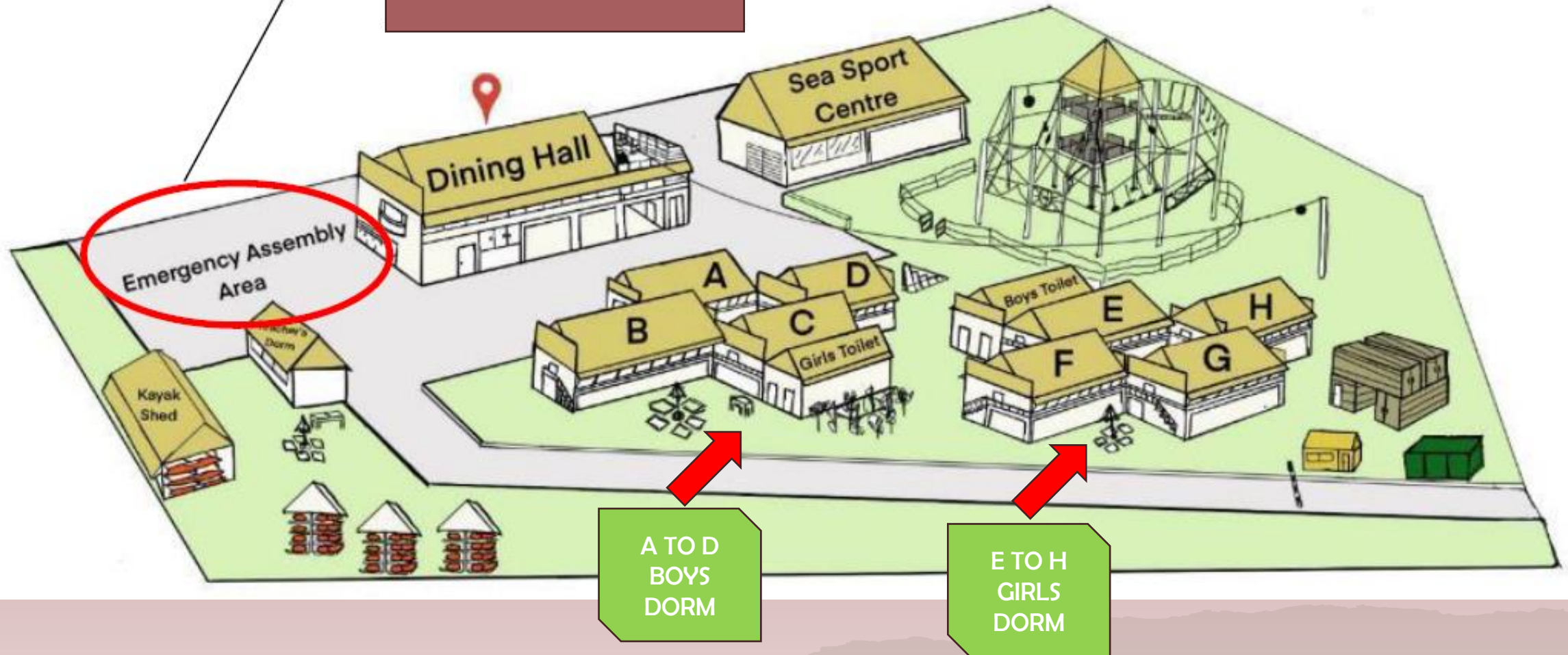


WHERE IS THE CAMP?



LAYOUT OF CAMPSITE

*IN AN EMERGENCY
A WIDE-OPEN
SPACE
TO ASSEMBLE*



WHO WILL ATTEND THE CAMP?

A group of seven diverse cartoon children of various ethnicities and ages, some wearing hats and backpacks, standing behind a white banner.

P5 STUDENTS



P5 AYH

P5 Form Teachers

PE Teachers



WHO WILL RUN THE CAMP?

INTRODUCTION OF CCOALC

MOE OUTDOOR ADVENTURE EDUCATORS (OAEs)

- Full-time Outdoor Teachers
- Stringent selection criteria and process
- Equipped with:



Facilitation skills

Environmental skills

Organisational skills

Safety skills

Technical skills

Instructional skills

HOW IS THE CAMP ORGANISED?



WHAT ARE THE ACTIVITIES AT THE CAMP?

Experiential Learning Approach

Build upon past experiences and learn by making personal meaning of their new experiences through the process of reflection



Place-Responsive Approach

Using the place as foreground to enrich students' understanding and appreciation of local places.

ACTIVITIES AT THE CAMP

During Camp

Explore & Experience



INITIATE



BUILD

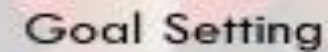
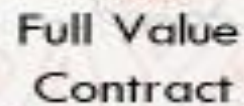
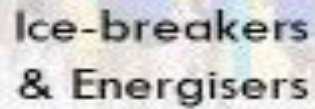


CHALLENGE



CONSOLIDATE
& CELEBRATE

Initiation Activities



ACTIVITIES AT THE CAMP



Communicative & Collaborative Games



Team Building Activities

ACTIVITIES AT THE CAMP

Hikes



- Preparation before embarking on journey
- Activities along the journey
- Enjoy the place and build relationship

ACTIVITIES AT THE CAMP

Outdoor Living Skills



Shelter Building



Navigation



Sandwich Making (pri)/
Outdoor Cooking (sec)



ACTIVITIES AT THE CAMP

Night Activities



Night Consolidation

HIGHLIGHTS OF THE CAMP

- All students will participate in one High element – zipline, abseil, rockwall or tower circuit.



- Each activity - 2hr long
- Random placement in kayaking & caving.
- No consent to kayaking – will do caving.

Do 2 out
of 3 key
events

IMPT to note:

Weight of the child matters for the 3 key events 90kg & above – no participation in key events 20kg & below – no high elements

ACTIVITIES AT THE CAMP

Kayaking

- Intro to Kayak programme
- Stay in bay
- 2 safety motor boats



ACTIVITIES AT THE CAMP



Rock Climbing

High Elements



Abseiling



High Rope Elements- Tower circuit



Long pants (no tights/leggings) and
no hard objects/accessories.



Ministry of Education
SINGAPORE

Artificial Caving



ACCOMMODATION

Long house

Wooden
flooring

25 students

Sleep by
gender



**OPEN
CONCEPT**

Sleeping bag
is **A MUST**

Dual Use Facility - Tidy up the place after waking up.

MEALS

- All food served is halal & non-spicy
- Strictly no beef and no pork
- Food is served in buffet style
- We will take note of dietary requirements
- In this camp:
 - ✓ WATER is served for all meals 😊
 - ✓ Students will serve their groupmates.
 - ✓ Food served follow the healthier choice requirements
 - ✓ No NEED to bring fork, spoon, plate & mug.

MEALS

Bento sets- vegetarians



Supper



After meal: Desserts/Fruits



GROUPING -DAY

- ☐ Students are put in groups of 20. Mixture of boys and girls
- ☐ Groups are made up of students from two classes
- ☐ Groups will remain the same throughout the camp during their stay at campsite
- ☐ Each group will have one OAE and one P5 FT



GROUPING - SLEEP

❑ 20 – 25 pax per dormitory

❑ Single gender

❑ From different classes

❑ **DO NOT BRING THE FOLLOWING:**

- ❖ A SOFT TOY TO GO TO SLEEP
- ❖ A LARGE PILLOW
- ❖ A BLANKET
- ❖ A RADIO
- ❖ A BATTERY OPERATED FAN / NECK FAN



SHOWER / BATHING

- ☐ Only at night or early morning
- ☐ Shower at the end of the night activity after 830pm
- ☐ No hot water for bath
- ☐ No hair dryer
- ☐ Bring toiletries (refer to packing list)
- ☐ Bring small bottles of toiletries



ATTIRE

*Refer to Packing List

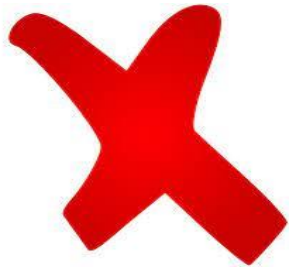
	Day	Night
Tops (4)	School PE T-shirt / CCA T-shirts / Camp Tee (first day) T-shirts (dark colour for kayaking)	Pyjamas T-shirts
Bottoms (4)	long pants (no body-hugging tights)	Shorts/long pants



X Baggy pants

FOOTWEAR

*Refer to Packing List



FOOTWEAR

*Refer to Packing List



WATER
BOOTIES



What not to bring

- Do not bring the following:
 - Handphones
 - Watches
 - Jewellery
 - Snacks
 - too much cash

Bring the following:

1. EZ Link card
 2. Cash (\$4 for bfast /lunch)
- Put them in a wallet and give the wallet to the teachers for safe keeping.



PACKING LIST

- Detailed packing list(according to their assigned activities) will be given on 15 April.
- Named/labelled all personal items.
- No trolley bags or luggage bags allowed.
- Bring a **haversack**.
- Have a **small bag** for day activities – sanitiser, wet wipes, cap, stationery, spectacles, poncho (raincoat), water bottle etc.



haversack



Small bag



PACKING LIST

Kayaking

- MUST HAVE an extra pair of shoes – old shoes /water



Artificial Caving/High Elements

- MUST HAVE a buff.

The school will buy for each student



GRANT

MOE PROVIDES FUNDING PER STUDENT FOR CAMPING

- **Camp tee**
- **All meals at campsite**
- **Buff (worn under the helmet)**
- **Ear plugs (before sleep)**

SALE & COLLECTION OF CAMPING ITEMS

22 - 24 Apr 2024

Venue: Outside bookshop

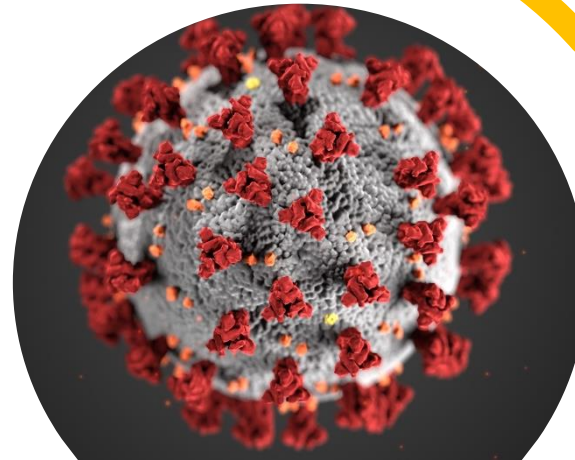
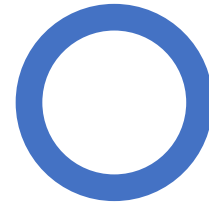
9.30am to 10am (during recess)

1.30pm to 2.30pm (Online order collection only)

**Parents (accompanied with child) can come to buy
after school**

MEDICAL CONDITIONS

- Submit Medical Declaration via PG
- Provide medication if necessary, e.g. inhaler for asthma, cream for eczema
- If child is unwell during the camp:
 - monitor, call parents, if fever is high, we will call the parents to fetch him/her home.



Safety



- Safety of our students is of the highest priority.
- All necessary precautions to ensure the safety of our students will be taken.
- Students will have the autonomy to participate at the level of challenge that they are comfortable with.
- Our Outdoor Adventure Educators (OAEs) are proficient in outdoor & facilitation skills and are first-aid trained.

OPEN TO THE FLOOR FOR QUESTIONS



Please unmute
yourself, give us
your name and
provide us with
your question.

Please scan
the QR code
for
Attendance





Thank You