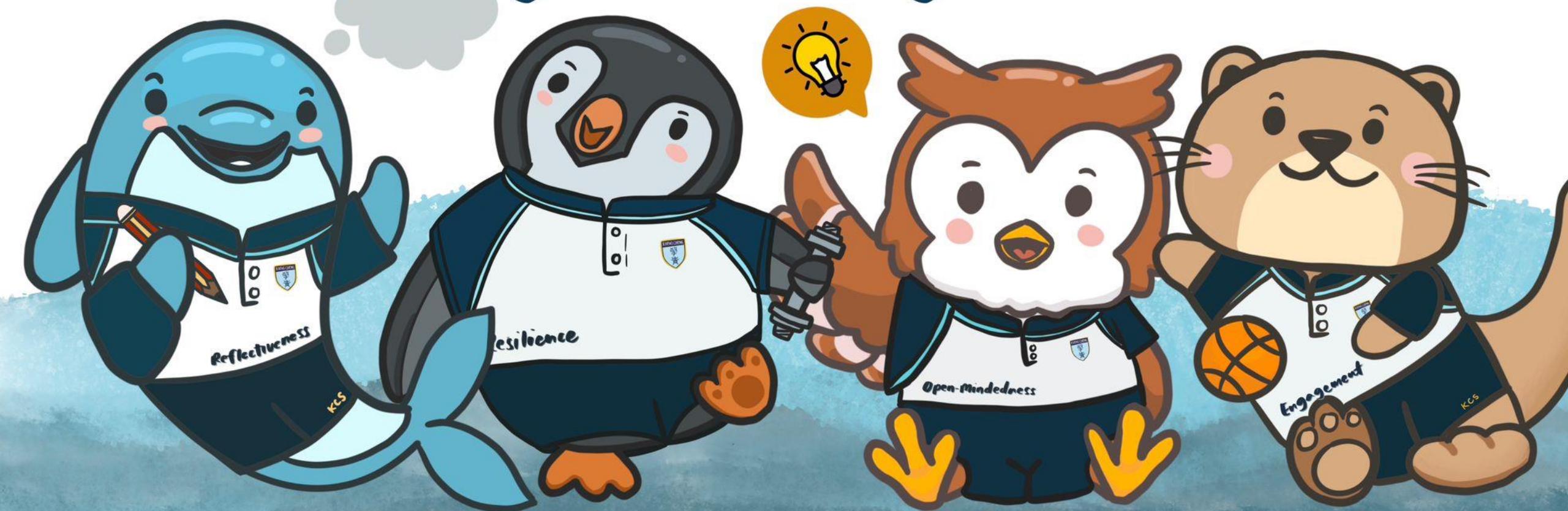


WELCOME PARENTS TO *Rheng Cheng School*



A Community of Compassionate Leaders and Innovators



About KCS

Total student population	1428
Total no. of classes	42
Total no. of P1 classes	8
Total no. of KCS staff	117
Total no. teaching staff	98
No. of CCAs	13

KHENG CHENG SCHOOL

SG
60



STAFF 2025

School Leaders



**MDM CHERYL TAN
PRINCIPAL**



**MR JACK PUN
VICE-PRINCIPAL (ADMIN)**



**MR LINCOLN SHEN
VICE-PRINCIPAL**



**MR KHOO GHEE HAN
VICE-PRINCIPAL**

Vision:

A Community of Compassionate Leaders and Innovators

Mission:

To Nurture a Culture of Learning and
Empower Every Child to Lead and Impact the Community



School Values

Kindness in Heart		<ul style="list-style-type: none">• We are gracious in our actions.• We show care and concern for others.• We love our community and environment.
Courage to Stand		<ul style="list-style-type: none">• We do the right thing.• We dare to try.• We finish the race strong.
Sincerity of Might		<ul style="list-style-type: none">• We speak the truth.• We show consideration to others.• We learn from our mistakes.
Diligence of Hand		<ul style="list-style-type: none">• We seek to learn.• We plan and act on what we set out to do.• We work hard and excel in what we do.

Vision: A Community of Compassionate Leaders and Innovators

Mission: To Nurture a Culture of Learning and Empower Every Child to Lead and Impact the Community



Confident Person
Adaptable Learner
Respectful Contributor
Engaged Citizen

3 areas we can work together on to foster School-Home Partnership

1 Respectful Communication

2 Role Models

3 Real Connections



Respectful Communication

Foster kind words and actions between schools and educators



Listen to and understand each other's perspectives and concerns regarding each child



Communicate kindly using official channels. Teachers are not required to share their personal mobile numbers

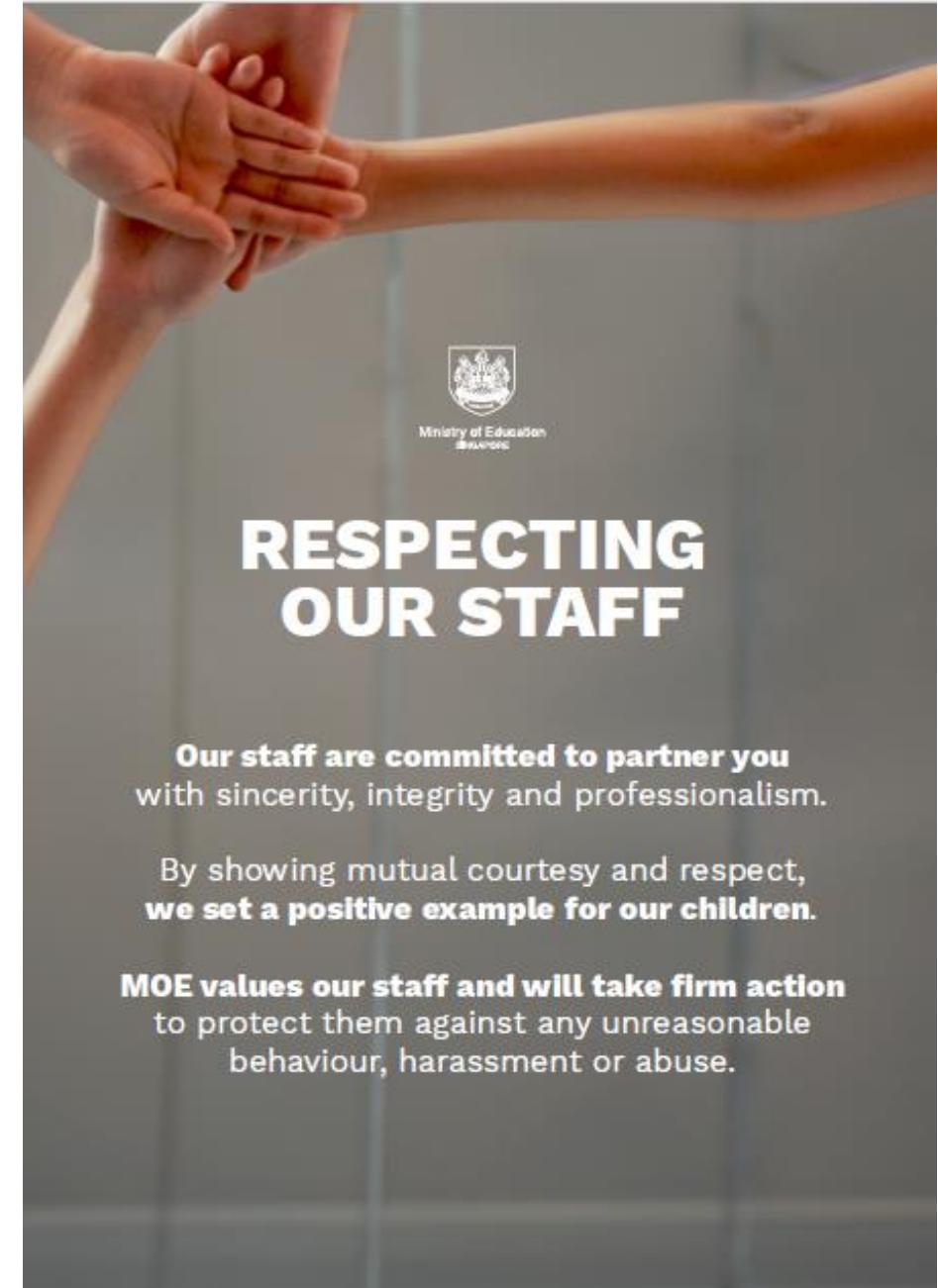


Respect each other's time by communicating during working hours



Engagement Charter

- The partnership between schools and parents is an essential one.
- By promoting mutual courtesy and respect in our interactions with each other, we can be good role models for our children and build authentic partnerships that will better benefit our children.



Role Models

Show our children the skills and values they need for life



Find joy in everyday experiences with our children



Instill confidence by encouraging responsibility and believing in our children's abilities



Model good values in words and actions



Check out this video on MOE YouTube for tips on how parents can support the social-emotional learning of their children.

Real Connections

Cultivate strong relationships and healthy habits in this digital age

Establish good habits for our children to stay confident and in control of their technology use

Build strong bonds through shared experiences and meaningful conversations



Provide a balanced mix of engaging online and offline activities, at school and at home



School-Home Partnership



1. Communication Channels

- Parents Gateway
- Email (within 3 working days)
- General Office (7.30 a.m. to 5 p.m. on a school day)

2. Other Platforms of Communication

- Annual Parent Engagement (Term 1)
- Parent-Teacher Meet (Term 2 – For all students)
- Parent-Teacher Meet (Term 4 – For selected students)
- Communication with Form Teachers / Subject Teachers

School-Home Partnership



3. Be contactable

4. Be mindful of teachers' well-being

5. Support school's decision on student management matters

Discipline Approach

Restorative School Discipline

- . **Promote** a safe and supportive environment and a culture of care, and **prevent** challenging behaviours from occurring;
- . **Address** inappropriate behaviour promptly, and **correct** it before it affects students' development and well-being;
- . **Replace** inappropriate behaviour with prosocial, appropriate ones, and **restore** relationships with others hurt by their actions.

Attendance in School

Traveling Overseas during School Term

- No Leave of Absence will be granted for travelling overseas during term time for family travel or non-school related activities
- No make-up for lessons and activities missed during absence
- Travel declaration must be completed in PG and student's absence must be submitted.

Attendance in School

- All absences are to be covered by MC or parent's letter
- Submit MC or reason via PG

Late-coming

- Late-coming is defined as arriving in school after 7.30 a.m.
- Students arriving after 7.30 a.m. are to report to the General Office
- A late coming slip will be stapled onto the Student Handbook for Parent's/Guardian's acknowledgement

RESPONSIBILITY

Use of Mobile Devices & Smart Watches



Smart Buddy Watch

Keeping Our Children Safe After School

- **Safe pick-up routines:** Reinforce that children should leave with authorised adults only and follow agreed pick-up points.
- **If plans change, communicate early:** Update your child clearly and confirm they understand the revised pick-up arrangement.
- **Avoid unsupervised “free roaming”:** Minimise time spent wandering around school grounds or nearby areas without an adult.



Keeping Our Children Safe After School

- **Set clear boundaries:** Agree on where your child can go, who they can be with and what time to go home.
- **Playground safety:** If your child is using the playground after school, adult supervision is recommended at all times.
- **Active supervision matters:** Be present, attentive and ready to intervene.



Keeping Our Children Safe After School

- **Meaningful after-school engagement:** Children do best when they are purposefully occupied.
- **Digital safety after school:** Set expectations for device use, screen time, and online interactions when they are at home/elsewhere.



Cyber Wellness



Why Should We Be Concerned about Cyber Wellness?



Singapore

'Draco
sceptic

Early screen exposure linked to slower decision-making, higher anxiety in children: Study

But it is never too late to reverse the side effects faced by children who have had too much screen time as infants, said researchers.



'It'll just be

Students and
devices.On subr
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One of the ways to address online sexual violence is to start by teaching young children, especially boys, comprehensive sex education and imposing strict consequences. (Photo: iStock/CG Tan)



Muhammad Bahajjaj



Louisa Tang

05 Jan 2026 06:06PM



sing their

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home.

Did you know?

Our children are **going online from a younger age**.

67% of children aged 7 to 9, and **85%** for those aged 10 to 12 in Singapore use **smartphones** every day, and are active on **social media**.

However, research has shown that both **screen time** and **type of screen use** (educational vs recreational) can impact our **children's well-being**.

Source: Milieu Insights, [reported by the Straits Times](#) (Feb 2021)

What does this mean?

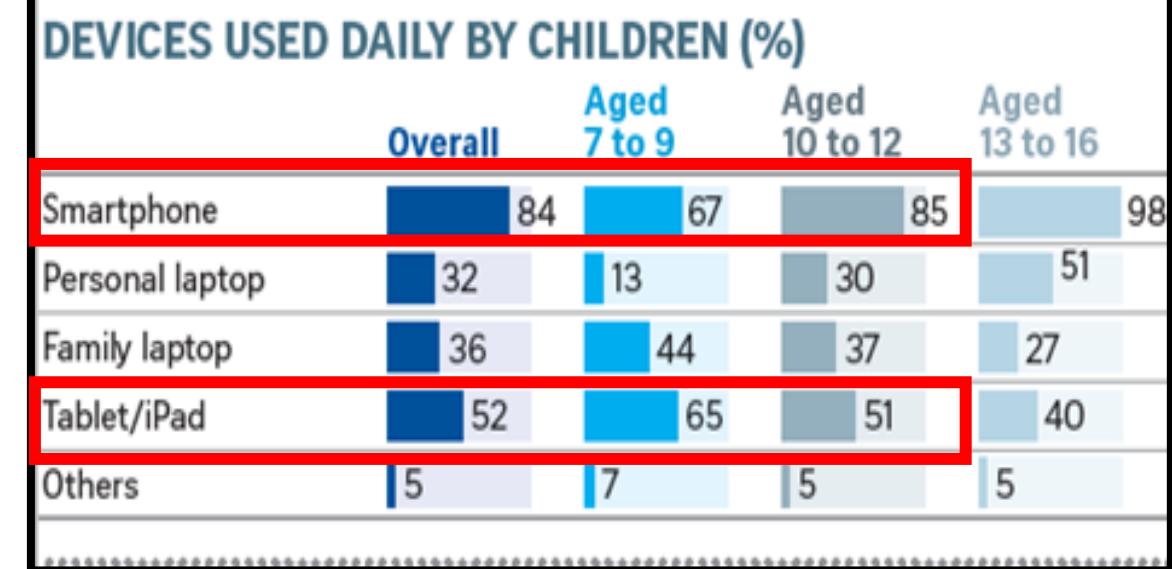
We need to help our children achieve **balanced and purposeful** screen use.

#1 Resources on balanced and purposeful screen use are available at the end of the presentation.



CURRENT REALITY
Children are going online from a younger age

CURRENT REALITY
Two-thirds of these children use a smartphone and/or a tablet/iPad daily.



Did you know?

A survey of 600 parents in Singapore revealed the types and frequency of **harmful content** our children are exposed to, including cyberbullying, sexual grooming, and sexual harassment.

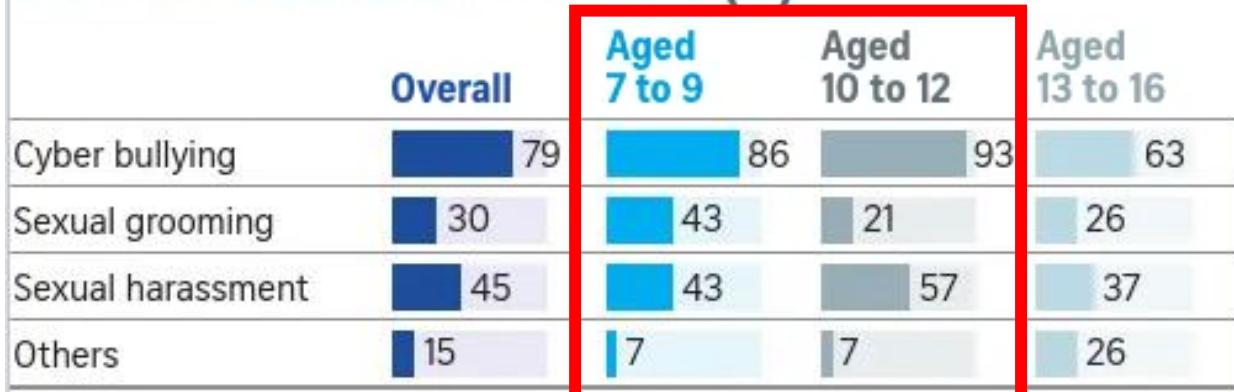
However, **not all parents are aware** of the **online risks**.

What does this mean?

We need to be **involved** in our children's digital lives, and put in **parental controls** to keep them safe and role-model for responsible use.

#2 Resources on parental controls are available at the end of the presentation.

TYPES OF ONLINE HARASSMENT (%)



NOTE: This question was posed only to parents who reported that their children had faced online harassment. The poll is subject to a margin of error that is comparable with other research surveys.

Source: MILIEU INSIG
STRAITS TIMES GRAPHICS

CURRENT REALITY

Types and frequency of harmful content our children are exposed to

Source: Milieu Insights, [reported by the Straits Times](#) (Feb 2021)

Parents might not be aware, but...

1 in 3 children has chatted with strangers online

1 in 3 children has been exposed to pornographic materials

1 in 4 children has overshared their personal information

Source: [MLC-TOUCH Parent Child Poll Findings](#) (30 Nov 2023)



Source: [MDDI Survey](#) (Feb 2024)

Did you know?

Most social media platforms and popular games have **App Store age-ratings**:

- **12+** : WhatsApp, Instagram, Roblox
- **17+** : Telegram and Discord

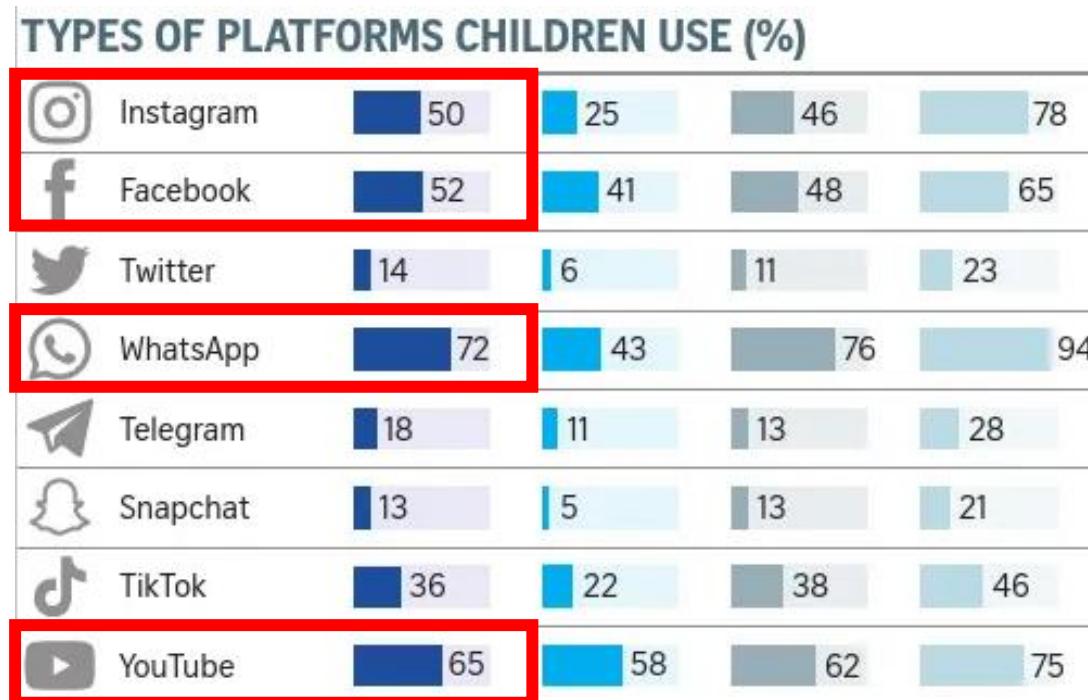
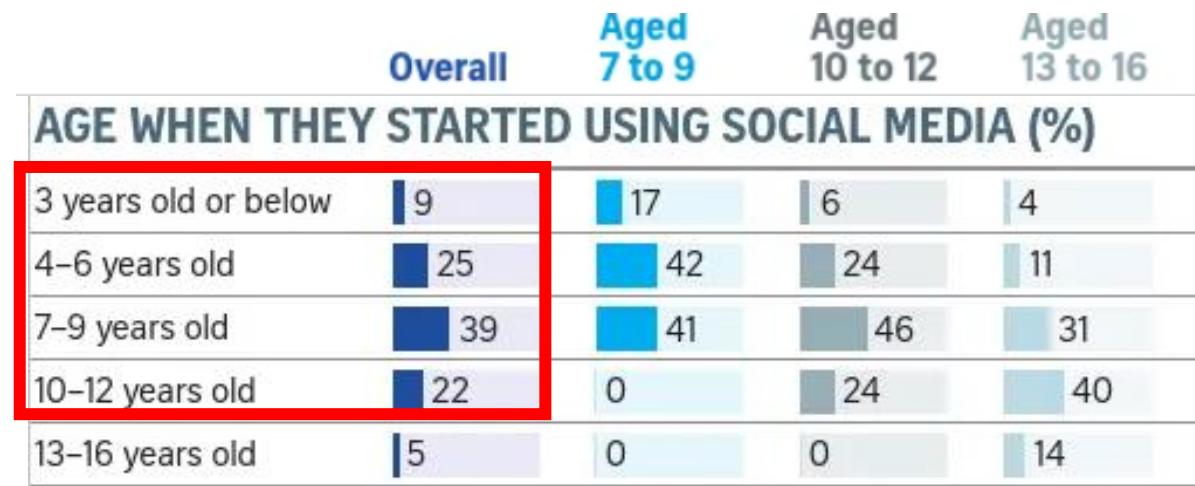
But the **majority of our children** have access to social media **before the recommended ages**.

Research shows that **screen use (smartphone and social media access) in young children** is associated with: insufficient good quality sleep, sedentary behaviours, obesity, and mental health and well-being .

What does this mean?

We need to ensure our children's use of devices and platforms are **age-appropriate**, and have **open conversations** with them about their digital habits.

#3 Resources from Grow Well SG are available at the end of the presentation.



CURRENT REALITY

About a third of parents



with children aged seven to 12 said they had Instagram accounts

Source: Milieu Insights, reported by the [Straits Times](#) (Feb 2021)

What is Cyber Wellness?

Cyber Wellness is the ability of our children and youth to navigate the cyberspace safely.

This is done through our **Character and Citizenship Education (CCE) curriculum** which aims to:

- **equip students with the knowledge and skills** to harness the power of Information and Communication Technology (ICT) **for positive purposes**;
- maintain a **positive presence in cyberspace**; and
- be **safe and responsible users of ICT**.

Through the curriculum, your child learns knowledge and skills to have **balanced screen use, be safe online, and exhibit positive online behaviours**.

Resources

Scan here to find out more about MOE's Cyber Wellness curriculum:



<https://go.gov.sg/moe-cw-education>

Let's Be Vigilant



A COMMUNITY OF COMPASSIONATE LEADERS AND INNOVATORS

Student Well-Being

Zero Tolerance on Bullying

- Bullying is not acceptable in any form (in person or online).
- We take all reports seriously and respond promptly.
- We support both the student harmed and the student who harmed to learn, repair and grow.
- Parents can help by reporting early and not encouraging retaliation.



Student Well-Being

What Counts as Bullying?

- Bullying = intentional harm + repeated behaviour + power imbalance.
- Can be physical, verbal, social/relational, or cyber.

Not All Unkind Behaviour is Bullying?

- Conflict: Disagreement between equals.
- Rudeness / thoughtless act: One-off, may be impulsive.
- Mean behaviour: hurtful, may be repeated, but no clear power imbalance.
- Still unacceptable — we address every incident, but the response differs.

Student Well-Being

Values Education

- **We explicitly teach and practice:** Kindness, Courage, Sincerity and Diligence, our school values
- **Students learn to:** Speak up, seek help and be upstanders
- We reinforce expectations through class routines, CCE lesson and assemblies

School-Home Partnership

- **Reinforce at home:** Be kind. Be safe. Speak up.
- **Talk to your child regularly:** friends, feelings, online behaviour.
- **Model respectful communication** and help children repair mistakes.
- **If you have concerns:** inform the Form Teacher early with facts (what/when/where/who).

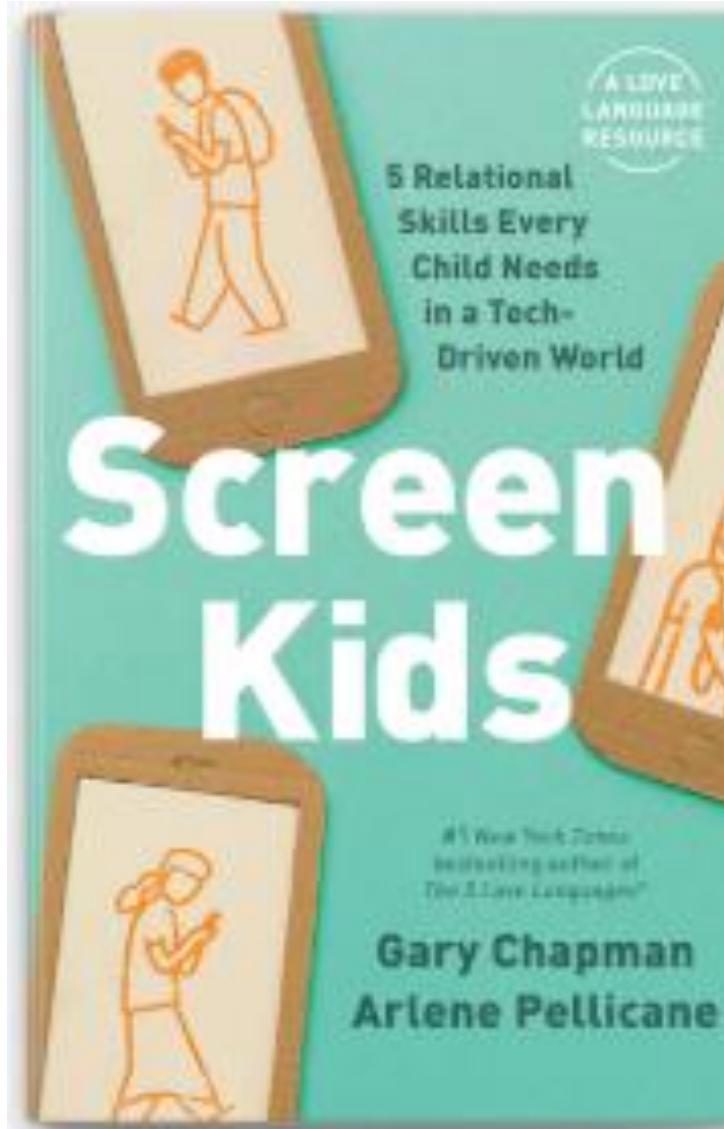
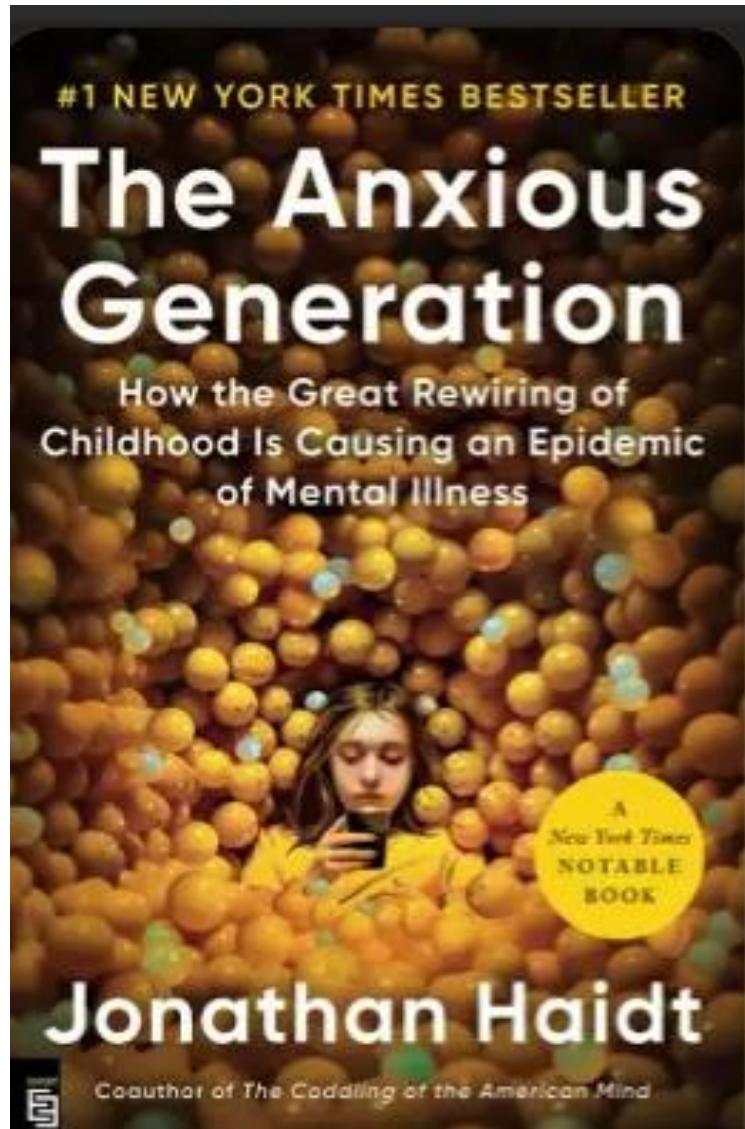


**EMBRACING LEARNING BEYOND
GRADES**



**IT TAKES A VILLAGE TO RAISE
A CHILD**

Resources:



SCHOOLBAG

primary Secondary Post-Secondary Special Education Lifelong Learning Interactive Stories [Subscribe](#)

All in a night's work: How sleep shapes tomorrow's learning

From bedtime battles to moody mornings, two local researchers help unpack what parents need to know about their children's sleep health. They also debunk adult myths about sleep that may be keeping our young ones from restful slumber.

19 June, 2025

A photograph of a young boy with short dark hair, wearing a grey and white striped pajama top, lying in bed. He is yawning wide, with his mouth open and hands near his face. The background shows a wooden shelf with various items and a window with light coming through.

<https://www.schoolbag.edu.sg/story/all-in-a-nights-work-how-sleep-shapes-tomorrows-learning>

Children need:

- ✓ Structures and routines
- ✓ Balanced diet & exercise
- ✓ Adequate amount of sleep
- ✓ Controlled screen time



A group of diverse children of various ethnicities and ages are looking down at the camera from above. They are wearing different clothing, including a white shirt with a red emblem, a purple shirt with buttons, and a red jacket. The lighting is warm and focused on their faces.

Thank you