



P1 Orientation 2021 Parents' Briefing

* Dear Parents/ Guardians, kindly turn on your video and mute yourself. Do check your speakers if you are not able to hear music playing.







Welcome to Kranji Primary School









Principal's Briefing slides will be available on the school's website

https://kranjipri.moe.edu.sg/



Principal



Mdm Goh Meei Yunn (Mdm Goh)



Vice-Principals



Miss Marion Tay (Miss Tay)



Mdm Neu Siew Lay (Mdm Neu)





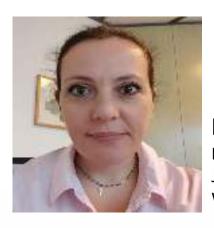
Mdm Lim Fang Fang Lower Primary Year Head



Mr Roy Tan
Senior School Counsellor



Parent Support Group



Maria
Parent of P1
Joined since 2021
Working mother of 2



Minh
Parent of P6 and P2
Joined since 2020
Father of 2



Joreen
Parent of P3 and
2022 P1
Joined since 2019
Working mother of 2



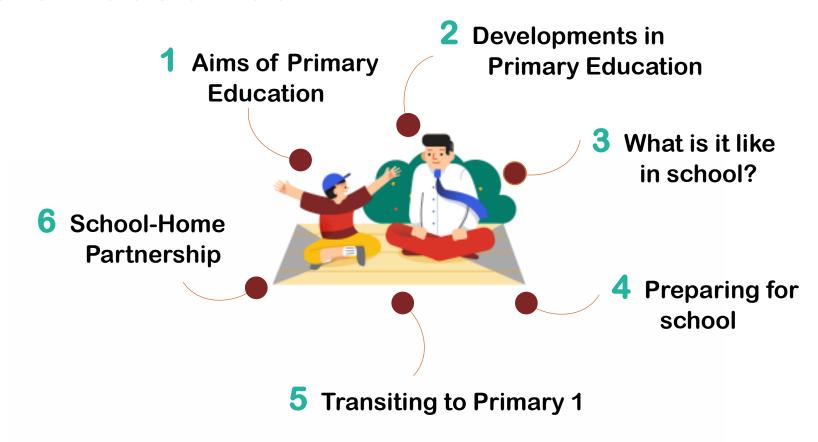
PREPARING YOUR CHILD FOR PRIMARY 1





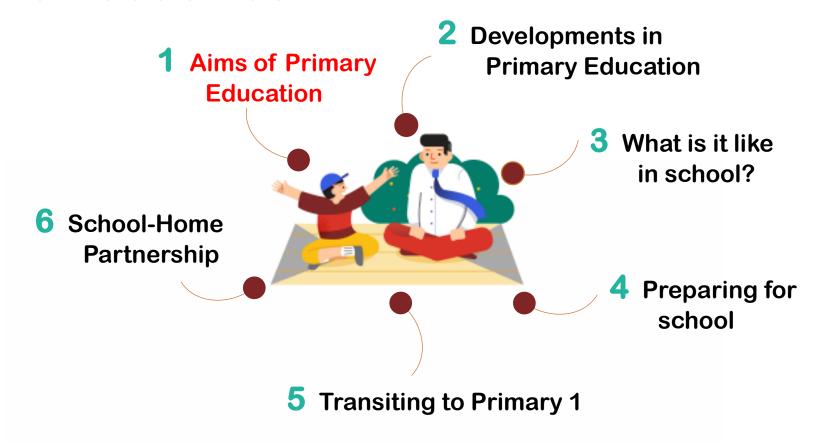


OVERVIEW





OVERVIEW





Aims of Primary School Education

- Lay a strong foundation
- Nurture well-rounded individuals and passionate lifelong learners
- Prepare the child for the future

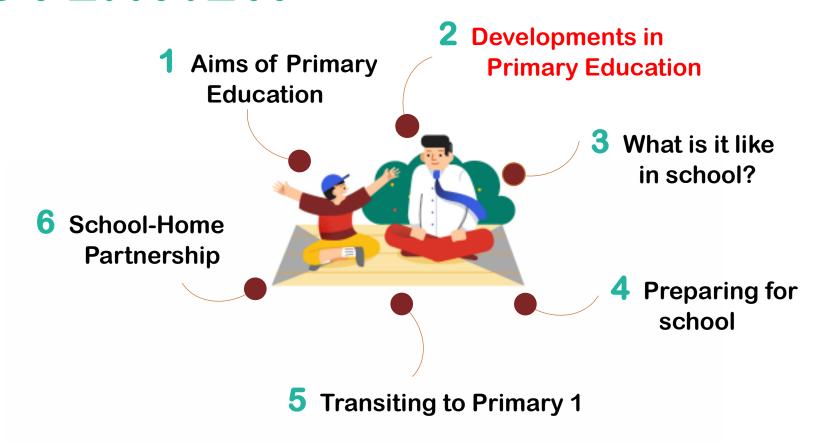




We Want Our Children to be

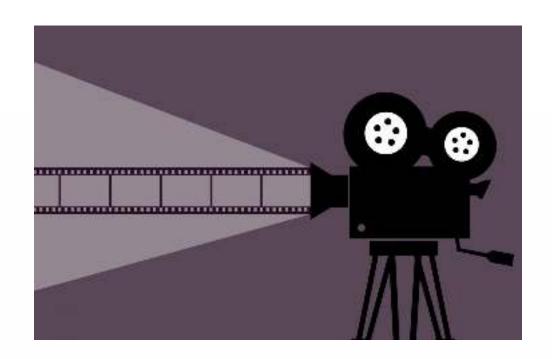


OVERVIEW





Developments in Primary Education





Developments in Primary Education

Move away from over-emphasis on academic grades

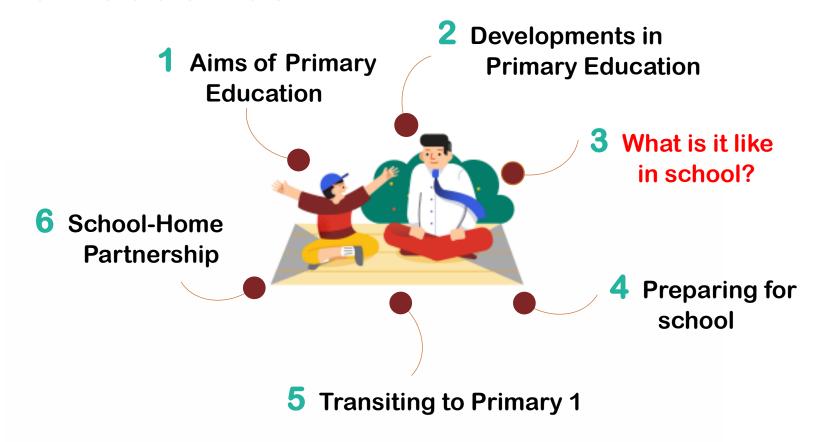
Nurturing a wellrounded individual

Student care centre (SCC) services

Opportunities for students with Special Educational Needs



OVERVIEW





A Typical Day

Time	Timetable
	Silent Reading
7.30am	Lessons
9.00am	Recess @ Canteen
9.30am	Lessons
12.00pm	Snack Break
1.30pm	Dismissal



A Typical Day



Silent Reading





Snack Break @ Class



Dismissal Time



Recess @ Canteen

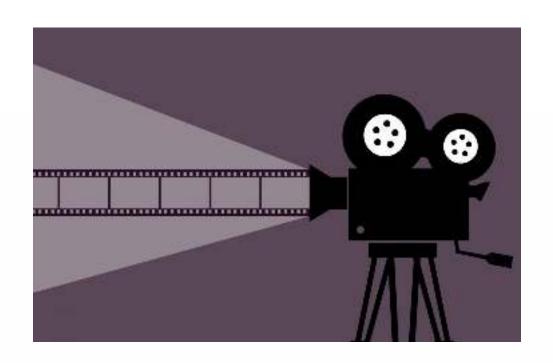
Subjects at P1

- 1. English Language
- 2. Mother Tongue Language
- 3. Mathematics
- 4. Social Studies
- 5. Art
- 6. Music
- 7. Physical Health and Fitness
- 8. Programme for Active Learning
- 9. Junior Tinkering Programme (KPS)



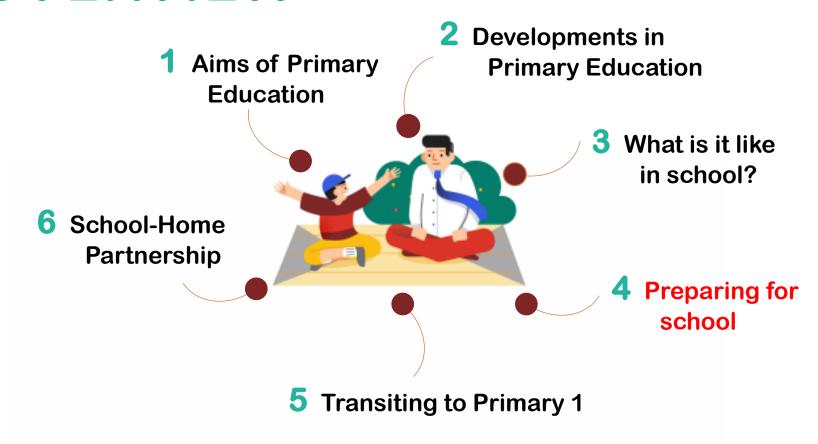


A Day in the Life of a P1 Kranjian





OVERVIEW





School Rules

Hair Style Boy's hair style



Girls' hair styles



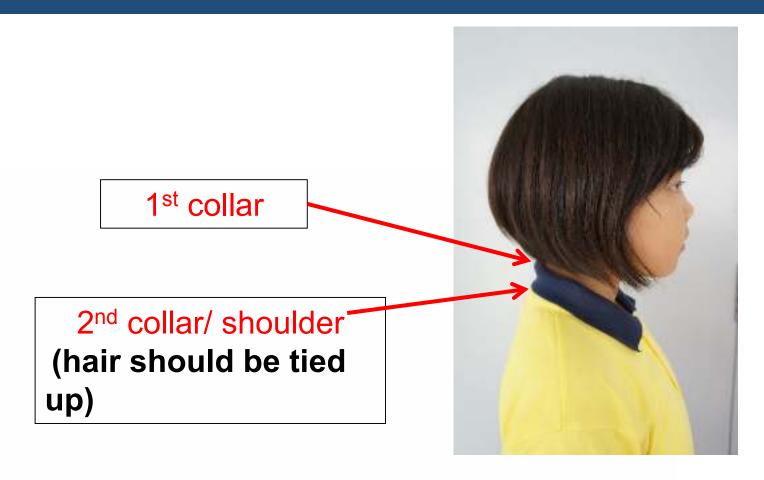
Short hair



Long hair



School Rules





School Attire Purchase at least 2 sets of uniform





For boys



For girls



Black shoes and socks



School Attire Purchase at least 2 sets of uniform





For boys:
School Polo Tee shirts
with school shorts

For girls:
School Polo Tee shirts
with school skorts

For both boys and girls:

- 1. Black shoes
- 2. Black socks with school logo
- 3. School Polo Tee shirt to be neatly tucked in
- 4. Skorts must be knee length



School Bag

- DO NOT buy trolley bags as they are too heavy.
- It is a hazard for students as they move up and down the stairs and corridors.



Types of Food on Sale in the Canteen

Noodles set Eg. Stir Fried Noodles, Spaghetti (includes a piece of fruit) (\$1.50 to \$1.70)



Rice set Eg. Fried Rice, Chicken Rice, Nasi Lemak (includes a piece of fruit) (\$1.50 to \$1.70)

Snacks



Types of Food on Sale in the Canteen

- Drinks Eg. Milk, Milo, Bottled Mineral Water, Tea w/o sugar, Yakult, Yoghurt Drink (\$0.50 to \$1.00)
- ❖ Seasonal Cut Fruits (\$0.30 each)





Amount of pocket money that is roughly required each day is \$2



Snack Break

Snack Break

- 10 mins snack time at 12 pm
- Prepare a <u>simple dry snack</u>
 eg. bread, fruits, biscuits
- Try out "snack time" at home!





Eating Well, Eating Right

CHOOSE SNACKS HIGH IN PROTEIN, CALCIUM AND/OR FIBRE

*The portion shown is the recommended amount to take



1 slice of wholemeal/

softmeal bread with thin layer

of peanut butter

OR



1 packet low fat

plain milk

OR



1 packet high calcium lower sugar milo



sugar soya bean milk

OR



1 hard boiled egg





3 pieces wholemeal crackers

OR



6 small pieces of plain crackers



1 small packet (30g) plain cornflakes



OR

4-5 tablespoon Plain steamed com (without butter/margarine)



One fruit (e.g. 1 apple, 1 pear, 1 orange or 10 pieces of grapes)

For any enquiries, please contact.
Imingwell@nhg.com.sg.





Eating Well, Eating Right

LIMIT/AVOID SNACKS HIGH IN SUGAR, SALT, AND/OR FAT



For any enquiries, please contact livingwell@nhg.com.sg.





What to bring on 4th Jan

- Pack the school bag
 - Stationery
 - One storybook
 - Students' Handbook 2022
 - Books and files listed in the Parents' Handbook
 - Snack for Snack Break
 - Food/Money for Recess
 - Water Bottle
- Put on the name tag (for 2 weeks)



Arrival Information

❖ By Foot → Gate A (Main Entrance)
Gate B (Beside Blk 784, All Weather)

Gate D (Beside Blk 761, All Weather)

- By School Bus
- By Private Transport



Arrival: By Vehicle Through School's Main Gate A

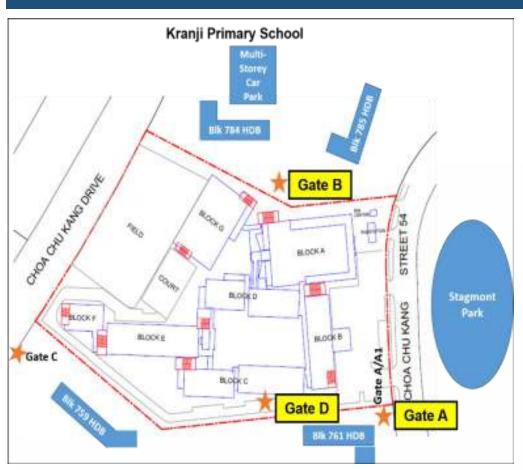


Arrival: By Vehicle Through School's Main Gate A

- While driving inside the school compound, please adhere to the speed limit within the school and follow the instructions from our security personnel.
- To facilitate a **<u>quick drop-off</u>**, your child/ward should be ready with his/her school bag and seated on the left-hand side of the vehicle.
- Parking is strictly <u>not</u> allowed inside the school at all times.



Arrival: On Foot Through School's Side Gates A, B or D



Students may enter through Gates A, B (beside Block 784) and D (beside **Block 761)** between 6.30 am and 7.30 am as per current arrangement.

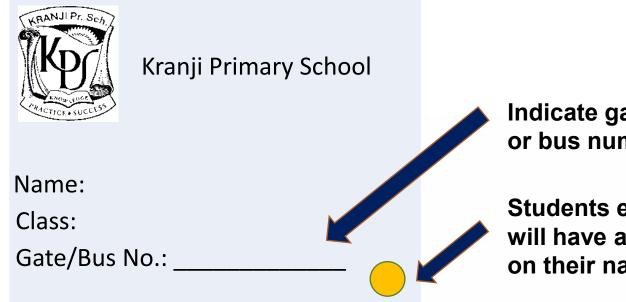


Dismissal

- Indicate on name tag where you will be waiting for your child. (Gate A, B or D)
- Students will be dismissed at Foyer (students taking school buses), Gates A, B, D or SCC by their teachers.
- Vehicles are not allowed to enter the school during dismissal.



Name Tag



Indicate gate for dismissal or bus number.

Students enrolled in SCC will have an orange sticker on their name tag.

Students are expected to wear this name tag for 2 weeks.



Dismissal

Information for Parent Drivers:

- Park at HDB car parks
- Do not park or double-park along the surrounding roads
- Do not stop your vehicle directly in front of the school gates

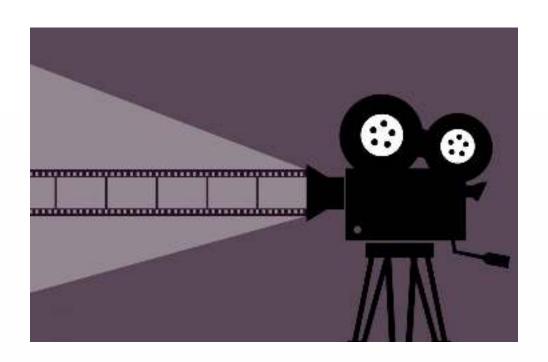


Communication Channels

- ❖School General Office 6763 4812
- Students' Handbook
- Class Dojo
- ❖ Teachers' email (Details will be given in the introductory letter during the 1st week of school)
- School Email <u>kranji ps@moe.edu.sg</u>

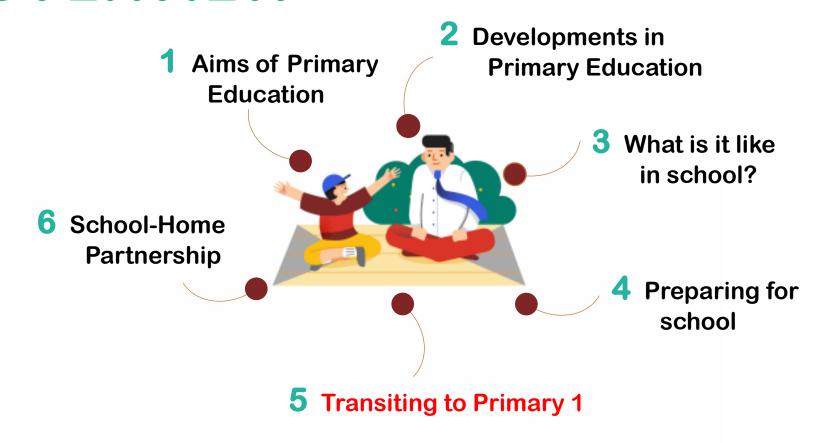


School Routines





OVERVIEW





KPS Ignite!

- Three-week programme
- Purpose: To ease transition into KPS
- Format: Start with familiar activities and gradually ease into school routine
- Areas of Focus:
 - ✓ Social and emotional learning
 - ✓ Basic lifeskills
 - ✓ Learning through play (hands-on activities, role-play, learning centres)







KPS Ignite! (1st to 3rd Weeks)

Week	Focus
Week 1	Getting to Know
Week 2	I Can Do It! Enabling Learning
Week 3	I Can Do It! Easing Into Learning







KPS Ignite! (1st Week)

Date	School Hours	KPS Ignite!
Tue 4 Jan 2022	8 am – 12 pm	Getting to Know You and Me
Wed 5 Jan 2022	8 am – 1.30 pm	Getting to Know My School (School Tour)
Thu 6 Jan 2022	8 am – 1.30 pm	Getting to Know My School
Fri 7 Jan 2022	8 am – 1.30 pm	Knowing My School Routines
10 Jan onwards	7.30 am - 1.30 pm	I Can Do It!

Parents' School Visit (4th Jan 2022, 8 am to 12 pm)

Time	Programme for Parents
8.00 am	Welcome Children to Classroom
8.15 am	Principal's Welcome for Parents
9.00 am	Observe P1 Recess
9.30 am	Morning Tea For Parents
10.00 am	School Tour for Parents
10.30 am	Sharing by Parent Support Group
10.45 am	Transition to Primary School Talk "Helping your child to settle in and succeed in Primary 1"
11.45 am	Dismissal (Collect Children from Classroom)



How Can I Prepare My Child for Primary 1?

- Prepare your child for new environment
- Build skills

- Emotional (calming down strategies eg taking deep breaths)
 Communication (ability to express needs)
 Self Management (ability to sit at table for prolonged period; ability to eat unaided; packing school bag, buying food, using money)
- Relating to Others (respect for others)
- Nurture positive learning attitudes (write/remember) instructions, complete homework on time)
- Create a conducive learning environment at home and healthy habits



How Can I Prepare My Child for Primary 1?



FOR YOU & YOUR CHILD

PARENT-CHILD ACTIVITY BOOK

Tips & Activities for a Great Start to Primary School



Personnel to Know

- Year Head, Mdm Lim Fang Fang
- Form Teachers
- Senior School Counsellor
- Allied Educators (Learning and Behavioural Support) Mr Roy Tan



Mdm Angeline Foo



Transiting to Primary School Education



New School Experiences

Longer Hours

Increased Work

New Routines

New Rules, Guidelines, Instructions etc

Bigger Classes

New Friends

Unfamiliar Adults

Higher Expectations

New and Bigger School Compound



How Your Child May Be Feeling

Excited

Worried

Confused

Lost

Anxious

Frustrated

Encouraged

Scared

Discouraged



Getting Your Child Ready

How You Can Help



Phase I

Now - 31 Dec 2021



Ensure a good balance of Work, Play and Rest (even during the school holidays).



Work = Learning Hours

Set aside time daily to cultivate these habits:

- Reading
- Writing
- Spelling
- Speaking
- Counting

*Add the fun element to motivate and sustain.



Play = Recreational Hours

Determine how much time should be allocated to these activities:

- General play time
- TV time
- Digital device (Handphone, Ipad and Computer)



Rest = Sleeping, eating, bathing etc

Primary school children usually requires 9 – 11 hours of rest.

Determine what time your child should go to bed daily. Eg.

- Monday Thursday & Sunday: 9pm
- Friday and Saturday: 10pm



2. Talk To Your Child About The Transition

 Find out what he/she thinks and feels about it.

 Ask if there are any concerns or anything he'll like to know more about.



2. Talk To Your Child About The Transition

Some examples of children's concerns:

- Missing kindergarten friends and teachers.
- Will primary school teachers be very fierce?
- What if I have no friends?
- ➤ Will it be a very long day?
- Missing mummy, daddy or a pet.
- ➤ What happens if I need to go to the toilet?
- ➤ What should I do when I need help?



3. Explain What School Life Is Like

- Discuss the different types of subjects where we have fun learning new things with new friends.
- Talk about recess, snack breaks and even the bookshop.
- Explain how class time is for learning and stress the importance of paying attention. (Good to start training your child to stay focused for longer periods of time)
- Class work vs homework.



4. Do A Transportation Practice Run

 Talk to your child about how he/she will get to and from school.

 Consider doing a practice run if necessary.



5. Talk About Making Friends

 Acknowledge your child's sadness about leaving his kindergarten friends.

 Talk to your child about things he could do to make new friends.

Do role plays to practice introducing himself.



6. Discuss About Recess And Snack Breaks

 Discuss with your child if he will be bringing his meal or buying food from the canteen.

Do role plays to prepare him/her.

Good opportunity to teach about money.



7. Involve Your Child In Buying School Items

- Get him excited.
- Inspect the items together and introduce him to the textbooks and exercise books.

 Get him to write his own name on the books to foster a greater sense of ownership.



8. Teach Necessary Life Skills

- Reading the time
- Counting money and how much to spend and save
- Putting on uniform and tying shoe laces
- Healthy habits washing hands before and after meals; wearing mask properly; drinking enough water throughout the day.



8. Teach Necessary Life Skills

- Good toileting habits
- Looking after personal belongings
- Packing school bag



9. Be Positive and Encouraging

 Paint a positive picture of school, teachers and peers.



10. Manage Your Own Anxiety

 Children are incredibly sensitive to their parents' feelings so do not put unnecessary stress on them.

 Trust the school and work closely with the teachers.



Phase II

January 2022

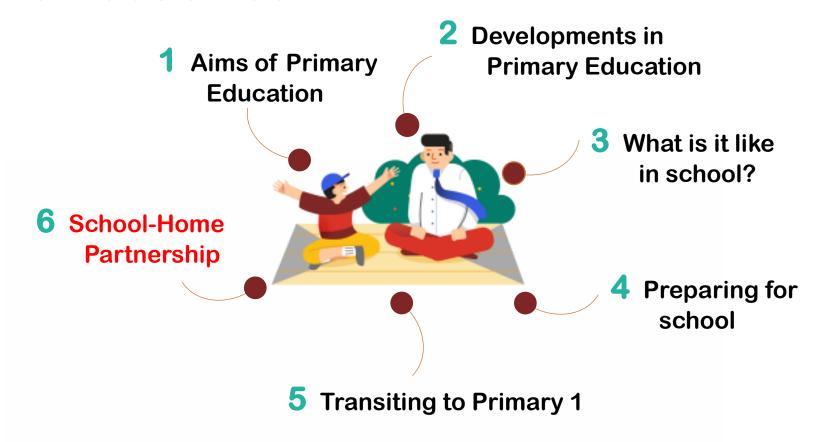


Check In with Your Child Daily When He/She Returns

- Find out how school was.
- Celebrate every little milestone.
- Ask if there were concerns he/she would like to raise.
- Work closely with the teachers.



OVERVIEW





Regular School Attendance









Parent Engagement Sessions

Date	Time	Programme
Fri 21 Jan 2022	3 pm – 5 pm	P1 Parents' Briefing cum Meet the Teachers Session - Briefing on the school curriculum, programmes and holistic assessment - Meet your child's form teachers to find out how your child is doing in school
End May 2022	8 am – 4.30 pm	Parent Teacher Meeting (1)
End Nov 2022	8 am – 4.30 pm	Parent Teacher Meeting (2)



2022 Parenting Talks

When?	Title	Synopsis
Term 1	Transition To Primary School	Anxious about how your little one is going to cope with the new environment, new friends, new schedule and new learning structures? Get a head start on preparing your child well for primary school.
Term 2	Parenting for GRIT (Duckworth, 2016)	Success in life is about showing up and not giving up. Find out if there's a trade off between supportive parenting and demanding parenting and how we can nurture our kids so they can bounce back when they experience frustrations and setbacks.
Term 3	Hand in Hand. Heart to Heart.	Building positive relationships with your child to manage challenging behaviour and encourage success in life.



Sharing by PSG members



Panelist:
Maria
Parent of P1
Joined since 2021
Working mother of 2



Panelist: Minh Parent of P6 and P2 Joined since 2020 Father of 2



Moderator:
Joreen
Parent of P3 and 2022 P1
Joined since 2019
Working mother of 2



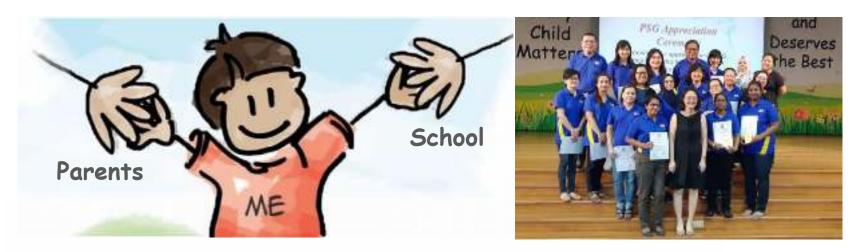
PARENT SUPPORT GROUP (PSG)

Parents As Partners In Education





PARENT SUPPORT GROUP (PSG)



Parents as Partners in Education

Who are we?

- A group of dedicated parents partnering the school in nurturing our children.
- A platform for parents networking, sharing, learning and supporting one another in the parenting journey.



PARENT SUPPORT GROUP (PSG)

Parents' participation in school events..

Benefits:

- Keep abreast with school programs, policies & direction
- Gain support from other parents in parenting journey

Outcome:

- Support our children in their learning & development
- Strengthen positive parent-child relationship











PSG & Mode of Communications







2 Whatsapp Group Chat

PSG Teacher-In-Charge



PSG Focus Group

(Parents championing PSG activities)



PSG Members

(All parents of KPS students)

Mdm Lena Chua



Contact us to indicate your interest to join us in championing PSG activities





PSG Activities











Fun With Magic, Mosaic Art,

Water Colour Painting, Clay Art

Parent-Child Bonding

2021 Activities:

Participate in PSG Activities

Participate in School Events Chinese New Year Celebrations 2021





Join Us NOW!



Join P1 Parents' Chat Group!

Scan this QR code using the Whatsapp camera

Or follow this link to join the group: https://chat.whatsapp.com/KVrewduY7c hGGBCQxSJVrA



More Information about Kranji Primary



Appletis

Virtual tended from

the NFS experience

Joyful Learners

Gracibus Cilizens

Characters in Life:



https://kranjipri.moe.edu.sg/



More Information about Kranji Primary





Every Kranjian Matters and Deserves the Best





Post Your Questions on Pigeonhole



Go to

www.pigeonhole.at

Enter passcode

KPS2021

