MTS 2022 Secondary 4 & 5

08 January 2022

Develop students to become the best versions of themselves



Secondary 4 & 5 Support Team



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Designation	Name
Year Head (Ag)	Mr Tan Thiam Meng
School Counsellors	Mr Jonathan Xie, Ms Huang Zheng
AED (Learning & Behavioural Support)	Ms Suzila

Secondary 4&5 Support Team



Class	Form Teachers
4A	Mr Jawahir, Ms Candice Lee, Ms Amanda Tay
4B	Ms Nur Atiqah, Ms Wan Shi Ting
4C	Mr Kain Sng, Ms Wu Jieru, Mr Ahmad Nabil
4D	Mr Lim Xu Yao, Ms Loi Wee Kin
4E	Mr Ya'acob, Ms Michell Foo
4F	Ms Nurul A'mirah, Ms Jurana
4G	Mdm Ahadiyah, Mr Shuai Dong Xing
5A	Mdm Rose Ibrahim, Ms Natasha Loh

Secondary School Life as a Sec 4/5 student



Graduating Cohort – Important Timeline





Month	Event
Feb	Weighted Assessment
May	Mid-Year Examination
Jun	"O" Level MTL National Examination
Jul – Aug	"N" & "O" Level National Oral
Aug	"N" Level Prelim
Sep	"O" Level Prelim; "N" Level National Examination
Oct – Nov	"O" Level National Examination
Dec	"N" Level results release

How can I help my child?





Have the correct mindset



Examinations are not the be-all and end-all, but provide the opportunity for children to assess how much they have learnt.



Before the examination



IF YOUR CHILD IS...

How to motivate your child to study:

 Procrastinating because he/she is anxious

Distracted by digital devices

 Stuck in his/her revision because he/she has forgotten concepts learnt previously

YOU CAN TRY TO...

- Guide him/her to break down revision into smaller, more achievable tasks.
- Encourage your child to revisit the earlier chapters. If needed, ask them to approach his/her teachers and/or older siblings for help.

Before the examination



IF YOUR CHILD IS...

 Lethargic and lacks energy to do anything

How to motivate your child to study:

YOU CAN TRY TO...

 Guide your child to draw up a schedule which includes time for homework, revision, play, exercise and rest. Recreational activities and rest are key to helping the child de-stress and can boost their mood and energy.

Parents can also approach your child's teacher to discuss concerns about your child, so that together, better support can be provided.

Recognizing signs of stress



- Struggles to pay attention to studies or activities
- Tiredness
- Rebellious streak

- Excuses to miss school/class
- Stays away from others
- Sulkiness

- Loss of appetite and sleep
- Spending more time on mobile devices and social media

Or if your child starts saying:

- o "If I don't do well, I think that I will have no future"
- o "I am not good enough/ useless/ have no talent"
- o "Others will think less of me"



What can I do to help?



Know your child's needs and **be present**

Role model

Reassure

Be mindful



"If you don't do well, you will not have a good future".





Every child is unique, with different strengths and talents, and untapped potential. Every child will flourish in their own way.



Co-curriculum and School Experiences



Besides the academic curriculum, MJR students are also participate actively in a co-curriculum and a myriad of school experiences. Examples include

- CCAs
- Learning Programmes
- MJR SPARKS week-long enrichment from 7 10 Mar

Home-Based Learning (HBL)



- In line with the nation-wide National Digital Literacy Programme (NDLP), Blended Learning (BL) will be a key feature of the schooling experience for all students. Through BL, the school aims to develop students' ability to be self-directed, passionate and life-long learners.
- To achieve this, regularly scheduled Home-Based Learning (HBL) days will be used to complement school-based teaching and learning.
- Students' learning during HBL Days will be supported by all secondary students owning a personal learning device (PLD).

Home-Based Learning (HBL) Days in Term 1



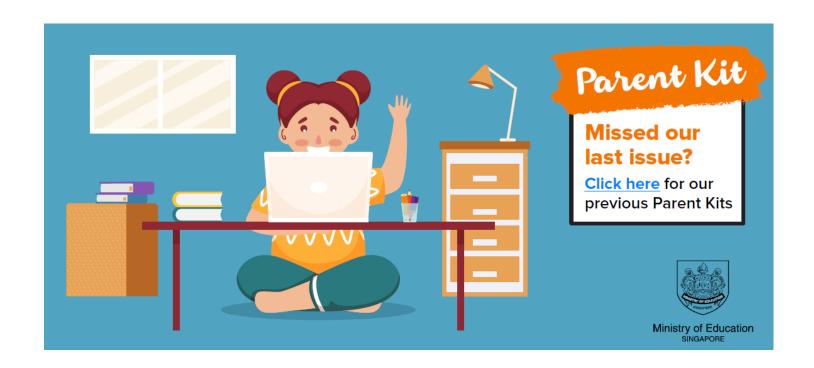
Home-Based Learning (HBL) days in Term 1:
24 Jan, 10 Feb and 25 Feb

 On HBL days, all students will participate in both online and offline learning from home and are not required to report to school. However, the school will be open to students who require additional support. The HBL timetable and instructions will be conveyed to students prior to HBL days.

Supporting Your Child during HBL



Parent Kit - Supporting your child during HBL can be found at https://www.moe.gov.sg/parentkit



Supporting Your Child during HBL



- Get Ready Together
- Tip #1: Set up an area conducive for learning
- Tip #2: Ensure that your child has the necessary resources
- (PLD, login credentials and learning materials)
- Agree On A Structure Together
- Tip #3: Unlike in school, an adult may not always be present to supervise your child. It is important to work out a routine with them on Study, meal, rest and recreation timings.
- Talk to Your Child About Their Experience
- Tip #4: At the end of the day, have a conversation with your child about their experience.
- Set Guidelines for Positive Screen Time
- Tip #5: Discuss and set guidelines on the use of devices and follow through on the guidelines.

Communications with Parents



- Mass communications from the school to parents (e.g. notifications, Term letters etc.) will be via Parents Gateway (PG)
- Parents may email teachers directly for 1-to-1
 communication; email addresses can be found on the school
 website, under "Our Staff" (link:
 https://manjusrisec.moe.edu.sg/discover-manjusri/our-staff)
- For urgent matters, parents may call the school general office (tel: 68424558)

Parent Engagement



Dear Parents, we seek your help to share your interest areas in this survey form, which will help the school to plan school events.

Do also indicate your interest to sign up as a PSG volunteer, or participate in PSG-run activities in the coming year.

Thank you.

* QR code will also be sent to you via Parents Gateway







THANK YOU

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