Dear girls, we thought that things were getting much better when we were able to loosen some measures, for example, having 8 in a group instead of 5 when we dine out, resuming CCAs onsite, and so on. We also saw many people at the parks and shopping malls, believing that things were much under control. Who would have thought that we had to spring into Full Home-based Learning (FHBL) and that as a nation, we had to go into 'heightened alert' mode?

What can we learn from this? We can be easily hit by an unknown and that there are many things that we might not have control over. In this case, how the virus had mutated, causing more harm and being more infectious. This time, the virus seems to affect children more than the previous round.

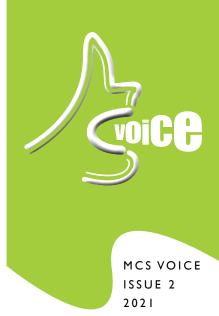
Are we to be discouraged and let fear take over? Of course not! We see our government taking swift action to get us to stay at home, we see our teachers getting us ready for FHBL, we see our parents adapting to work-fromhome and supporting your learning and we see our health care workers fighting back even harder! When crisis hits us again, because we had learnt from the previous round, we are able to bounce back fast and stay above the situation. This is resilience. This is perseverance!

It is in peace time that we can best prepare ourselves - at the government level, they learnt from the previous round and had improved on communicating with clarity and timeliness, so that there is less 'panic-buying' this time round. At school, seeing the situation of rising

MARYMOUNT CONVENT SCHOOL 20 Marymount Road, Singapore 297754







community cases, we immediately reverted to individual seating arrangements and removed any chance of students intermingling during CCAs. E-learning resources are constantly being prepared so that when the time calls for it, our teachers are ever ready to engage all of you to ensure learning continues.

I would like you to take this June holiday to once again, count your blessings. We are safe and we are standing strong together. How can you show your gratitude to your family members, grandparents, parents, siblings and loved ones, who took very good care of you, in this time of pandemic? How can you thank your teachers for going the extra mile to ensure your learning continues? How can you show care to your friends and encourage them to stay safe and positive?

We will continue to do more of what we can - to be responsible in carrying out the safe-distancing measures and staying positive. For the rest of the things, we learn to trust and rest in our Good Shepherd, for God is our Light!

Stay safe and strong, Mrs Allison Lim



Our Marymount

Marymount is a very fun and good school. The school teaches us about the eight most important values – Gratitude, Humility, Compassion, Zeal, Respect, Integrity, Perseverance and Responsibility.

I hope that when the Primary Ones become Primary Twos, they will do well and soar higher to the other levels. We want to encourage the Primary Ones to do better than us. We definitely think the Primary Ones can do better.

We think that whoever comes to this school is very privileged. The teachers and staff here are hardworking, thoughtful and kind.

Our favourite subjects are English and Mathematics. We enjoy English because we can learn new concepts and it is very fun. For example, we did research on animals, class games and buddy work. We also like Mathematics because Mdm Loh, our co-form and Maths teacher, has very exciting ways to teach us Maths. For example, we play with Maths cards, buddy work and do group presentations.

There are times that we may have disagreements with friends. We have to be open to others' ideas and suggestions. This way, we can show respect, relationship management and self-management. We can show self-management by letting others have their turn before us and letting others have a chance. We can show relationship management by making our friend a card when it is their birthday. Last but not least, you can show respect by saying encouraging words to your friends. Thanks for reading our newsletter.

Gwyneth Tan Wan Xuan Zoe Emanuela Henry Danielle Keilani Lubis 2 Compassion





My Adventure Camp

The primary five students set off to Dairy Farm Learning Centre to embark on their first adventure camp. My classmates and I looked forward to this experience enthusiastically.

"Now, when you're out there, I want you to remember this. If you ever look down and feel scared, you must relax and stay calm. It doesn't help if you feel weak and start wobbling," advised our camp coach.

High Elements was one of the activities we did. At the start, we did courses that had a lot of support with all the nets surrounding us, but as we went on to complete the other courses, there were unstable planks

and platforms attached to metal cables that we had to walk on. Some of us backed out, others cried and a few even screamed while doing the whole course.

I for one, am afraid of heights. It was really terrifying to complete the final course, the zip line. My classmates, who had already experienced it and were watching from below, shouted words of encouragement to me. One of my classmates gave me sound

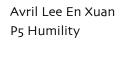
advice. She told me that the whole experience would be worth it, and that I should enjoy the adrenaline rush while doing it.

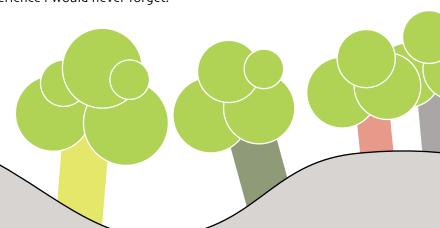


I told myself that I can do this and persevered through the course. After I zoomed down to the ground on the zip line, the camp coach asked me how my experience was. I told her, even though it was hard at first, I loved it and wanted to try it again.

The High Elements was supposed to represent the years spent in our primary school, from the first challenge with lots of support, to the end with the zip line course.

This was just one out of the many activities, games and lessons we did during the camp. The camp enriched me in many ways and it will be an experience I would never forget.





Foundress Day **Mass**



For the first time since I joined Marymount Convent School, our Foundress Day and Prize Giving ceremony was combined into one event. Being one of the altar girls for Foundress Day Mass and at the same time, a prize recipient for the Prize Giving ceremony, is an overwhelming experience.

In order to better prepare all the altar girls for the very sacred and important Foundress Day Mass, we had to go for daily rehearsals in the morning before school starts. We practised diligently, trying our best to ensure that we knew what to do and when to do it. One of the most challenging parts of the rehearsal was coordinating our footsteps while walking down the hall. It took us at least five attempts until we were walking at almost the same pace as the beat of the hymn. Serving Jesus as an altar girl is such a privilege and I hope to experience that again.

Now, moving on to the prize presentation rehearsals. We only had one rehearsal for the prize presentation ceremony. All prize recipients had to go to their respective computer labs for a short briefing before

Prize PresentationCeremony 2021

we all headed to the hall for the actual rehearsal. It wasn't easy as well, for some of us forgot to bow, some did not bow properly, some forgot to greet the guest-of-honour and there were many other problems faced. Thankfully, we managed to take note of all that we had to remember and even though we only had one day of rehearsal, everyone tried their best on the day itself and it all worked out.

Being on the stage as one of the prize recipients made me feel proud of myself and I felt I had done my grandmother proud. My grandmother, whom I am very close to, was unable to be present for the ceremony as she had passed away before Foundress Day this year. It was her loving discipline towards me and model of humility that has shaped me into the person that I am. I will continue to do my best in all things to bring honour

and glory to the Marymount family and our Heavenly Father!

Celeste Yap Hui Fang 5 Gratitude





An 'International' **nterview**

Hi, I am the country Turkey, and I heard a group of Marymount Convent girls did a presentation about me during International Friendship Day (IFD). I am curious to know what IFD is about, so I will ask them! I will be speaking with five girls from 6G: Alyx, Hazel, Rylee, Solenn and Thanya.

Turkey: What is International Friendship Day all about? How did you celebrate it at Marymount Convent School?

(**Solenn**) International Friendship Day is a day where we come together to celebrate friendships and promote the understanding of cultures all across the world. This year, the event was held virtually on Zoom. We were able to commemorate the event with Lighthouse School, a school for pupils with visual impairments or hearing loss. The pupils showed us how they read using Braille and communicate with sign language.

In addition to this, our Primary 6 classes at MCS also prepared special country reports, on nations such as Bhutan, Egypt, Italy, Japan, Norway and of course, Turkey!

Turkey: I am flattered that 6G is interested in me. How did you find out so much information about me?

(**Thanya**) We really have to thank our classmates, for they all helped with the research. They found more than 100 pieces of information and pictures about Turkey.

Our teacher, Mr Faizal, organised us into groups, which looked into various aspects of Turkish culture, such as food, clothing, transport, and so on.

Turkey: How did you prepare for your presentation?

(**Hazel**) Our form teacher, Mr Faizal, helped to film our presentation. We also had to write the script ourselves. We were the only P6 group that used a green screen, so that was really cool.

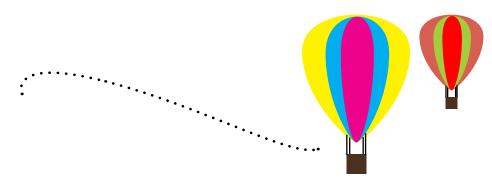
I felt like a Hollywood celebrity.

A green screen works like a Zoom virtual background - we could literally choose anywhere or any picture to

be our background. (Of course we chose a picture of Turkey.) Thanya and I are from Emerald house and our shirts are also green, so they would be absorbed into the green screen and our heads were 'floating'. We then thought of wearing our Marymount jackets backwards! Once IFD was over, people kept coming to us to tell us how funny it was.







Fun and laughter aside, there was also hard work involved. We had quite a number of bloopers while filming. In fact, we took three days to complete the filming, because there were so many bloopers.

(**Alyx**) I found script-writing to be quite a thrilling experience, as it was my first time doing it. It was not easy to build up enough confidence to present in front of a camera, and I had to be very mindful of my pronunciation.

Turkey: How did this project push you to develop more of your current skills?

(**Rylee**) I was able to use the web research skills I knew to look up information on Turkey. The challenge was making sure the information was clear enough for younger pupils to understand.

(**Thanya**) I needed to be very careful to make sure that my sources of information are



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correct. I would not want anybody to remember wrong information about Turkey.

(Alyx) This project pushed me to my limits and helped me to refine my skills in web research and presenting. I also made sure to practise good cyberwellness skills while researching on the internet.

Turkey: What did you encounter during this project that felt difficult and challenged you?

(**Solenn**) I was an NE Ambassador, helping to introduce the IFD event on Zoom, while my classmates worked on the Turkey country report. I had to memorise a script, and kept memorising new information as the script changed. I felt very nervous during the IFD celebrations, and all I could think about was the possibility of messing up. In the end, though, I managed to calm down and everything went smoothly.

(**Rylee** and **Alyx**) We felt that delivering a smooth presentation to the camera was a big challenge. After a few days of re-shoots, we finally got our parts done, and realised that it wasn't that bad after all. We are happy that we were able to experience an IFD with a difference this year!

Hazel Callista Solenn Monique Javelona Basas Campbell Thanya, Bekesi Rylee Sarah Trinidad Alyx Gail Arcilla 6 Gratitude







"铃,铃,铃!"上学的钟声响起,令人兴奋且期待的一天开始了。今天,学校将举办一年一度的运动会,大家都穿着五颜六色的运动衣,带着兴奋的心情来到了学校。早晨集会一结束,运动会就掀开序幕了!

首先,班主任带我们全班到第一个活动地点,随后我们被分成两个小组。我们进教室后,班主任就向我们说明活动的规则并分发乒乓球给每个人,我们也把属于自己小组的塑料盒子从书包里拿了出来,再把废纸揉成一团,塞进塑料盒子里。这样,一个简单的游戏装备就完成啦!我们先把塑料盒子放在桌上,再与盒子保持一定的距离,然后把手中的球奋力一丢,球就投进盒子里了。我和同学们试了各种玩法,玩得不亦乐乎!

玩了一会儿后,班主任就通知大家是时候前往下一个活动地点了。"啊,再让我们多玩一会儿吧!"大家异口同声地喊道。大家都沉浸在这项有趣、刺激的游戏中,舍不得这么快就离开。最后,大家还是乖乖地听从了班主任的指示,往下一站出发。

大家爬了一阶又一阶的楼梯后,气喘吁吁地来到最高一层的室内体育馆。打开室内体育馆大门的那一刹那,大家看到色彩缤纷的体育设备,瞬间变得精力充沛。我们放下了书包后,各个队伍的同学立刻坐好,准备就绪。这时,负责老师吹了吹口哨,表示活动正式开始。每队都派出跑得最快的队员参赛,其他同学则拉开嗓门,大声地为她们加油打气。经过几个回合后,胜负也已敲定。老师宣布成绩时,有的同学兴高采烈地拍手欢呼,有的同学则垂头丧气地离开了室内体育馆,真是有人欢喜有人忧!然而,胜败乃是兵家常事,更可贵的是,同学们都体现出了体育精神。

接下来的活动便是我最期待的!这个活动主要是让我们体验 失明运动员的日常训练。我很快地找到了一个伙伴,并戴好 了眼罩,负责老师就给了我们一条绳子,让我们各自紧握着 绳子的一端,然后再绕着指定的路线走一圈。由于什么都看 不见,我的内心充满恐惧,只能试探着一小步、一小步向前 走。幸亏,我有一个会耐心安慰我、鼓励我的伙伴,真是多 亏有她,我才能走到终点。能通过一个简单的活动学习体恤 周围的人,我 觉得实在是太 有意义了!

过后,我们又回 到课室进行另一 轮游戏。首先,大 家利用废纸剪下大 小各异的纸鱼,剪

好后,就在纸上画上

大大的眼睛,红红的嘴巴,还有各种花纹以及涂上颜色,让鱼儿看起来更生动。画好后,我们便把自己的鱼儿放在"起跑点"上。当班主任大声喊出:"3,2,1,开始!"时,每个同学都用尽各种方式拼命地让自己的鱼儿"游"到终点。但是,我那条大鱼不争气,没有胜出,真可惜!

玩了这么多游戏后,大家回到课室进行最后一项活动。班主任向我们介绍残疾人奥林匹克运动会(残奥)以及选手们所展现的体育精神。听了老师的讲解后,我不仅学到了许多课外知识,更打从心底佩服这些运动员靠着坚持不懈的精神,战胜了自己身体的缺陷。

这时,大家都已精疲力尽,肚子也发出"咕噜咕噜"的叫声。 到吃点心的时候了!班主任拿着一大袋面包放到桌上,大家 看到后双眼发亮、口水直流。班主任让我们排好队才分发面 包。当我们接过面包时,都迫不及待地打开来,狼吞虎咽, 不一会儿就把面包吃了个精光。

时光飞逝,转眼就到了宣布运动会总冠军的时候。大家压制不住紧张又兴奋的心情,纷纷站了起来。通过扩音器,各班同学听到各队的排名,有些同学非常激动,有些则失望地叹气。凡是获得第一名和第二名的队伍,都得到了精美的徽章作为奖励。随着成绩揭晓,本届运动会也画上了圆满的句点。虽然今年的运动会不像往年在体育馆举行,但这样的举办方式也为这次的运动会增添了不少色彩!

杨晨曦 五感恩班