

## **MERIDIAN SECONDARY SCHOOL RULES & REGULATIONS 2026**

Meridian Secondary School adopts a restorative approach to nurture positive behaviour and responsibility in students. The goal is to instil self-management and strong character in students through a whole-school, multi-faceted approach. Guiding behaviour is viewed as a learning process that develops students' thinking and moral faculties.

A key strategy for fostering positive behaviour is to build students' social and emotional competencies by:

- creating a supportive environment;
- inculcating values and social-emotional skills;
- providing opportunities for students to demonstrate responsible actions; and
- guiding students through a reflective journey towards better character development.

School rules are intended to help students cultivate positive habits that empower them to learn and grow in a safe, conducive, and meaningful environment. These rules provide clarity in students' behaviour in and out of school, and during Independent Learning Day. The Student Management (SM) Committee oversees matters relating to student behaviour and growth.

The school is committed to partner with parents in ensuring that school rules are adhered to by all students. Parents are encouraged to contact the school (**Tel: 6583 1387**) for clarifications.

### **A. RULES**

The following are mandatory rules that all Meridians must observe:

#### **1. National Anthem and Pledge**

**Students who are Singapore citizens must sing the National Anthem and recite the National Pledge. Students will recite the National Pledge with the right fist placed over the heart.**

#### **2. School Attire**

**2.1 Students are to be in the day's Full/Half School Uniform by Flag Raising Ceremony.**

- 2.2 School attire standards apply for Independent Learning Days if the student chooses to return to school.**

**Students must wear the prescribed school uniform. Modifications, alterations or additions of any forms to the uniform are NOT allowed. (Refer to Annex)**

- 2.3 Students must always wear the school uniform smartly with shirts/T-shirts tucked in neatly.**

The school attire is as follows:

| DAY                    | SCHOOL ATTIRE   |
|------------------------|---|
| MONDAY<br>to<br>FRIDAY | <p>Students must wear full or half uniform (i.e., White Polo T-shirt with school uniform shorts/pants/culottes) with <b>shirts/T-shirts tucked in</b>. No PE shorts to be worn.</p>  |
|                        | <p>Full Uniform or Half Uniform with White Polo T-shirt with school uniform bottoms</p>   |
|                        | <p>For PE lessons,</p> <p>Students may only wear school PE shorts during their PE lesson, and after the PE lesson, students must change to full or half uniform, i.e., White Polo T-shirt with school uniform shorts/pants/culottes.</p>                                |

- 2.4 Students must not wear jewellery, ornaments or any items of religious significance while they are in school uniform. Female students are allowed to wear a pair of plain silver or gold pin-sized ear studs that are not more than 4mm in diameter on their ear lobes. No other jewellery is to be worn in school by any student.
- 2.5 Students may wear low-cut sports shoes predominantly white, black, blue or grey with laces, and no flashy colours.
- 2.6 Students must wear plain white socks that are **visible and cover the ankle joints**.

### **3. Attendance and Punctuality**

- 3.1 Punctuality and regular attendance are essential habits that support every student's learning and personal growth. Arriving on time and being present in class demonstrate responsibility, respect for others, and readiness to learn. These are habits that do not form overnight — they require consistent practice, conscious effort, and self-discipline. By upholding these expectations, we help students build strong routines that will benefit them not only in school but throughout life.
- 3.2 Student must remove their headphones or earbuds when entering the school as a form of practicing road safety.
- 3.3 Students must be punctual for all school activities including Flag-Raising Ceremony, lessons, CCA and official school functions. Students who are absent from any of these activities must produce medical certificates / official documentary proof of absence.
- 3.4 The respective venues for Flag Raising Ceremony are as follows:

| Monday               | Tuesday                     | Wednesday                   | Thursday                    | Friday               |
|----------------------|-----------------------------|-----------------------------|-----------------------------|----------------------|
| 7.30 am<br>Classroom | 7.30 am<br>Parade<br>Square | 7.30 am<br>Parade<br>Square | 7.30 am<br>Parade<br>Square | 7.30 am<br>Classroom |

Students who are not standing in position with their respective class at the Flag Raising Ceremony venue **by 7.30am** will be considered **late** for school.

- 3.5 Students who are not in class **within 5 minutes** of the lesson's start will be considered late and may be addressed by the subject teacher.
- 3.6 Students who need to leave the school premises during curriculum hours must inform their Form Teachers so that both the school and parents are updated. This helps prevent any miscommunication, especially during emergencies.

#### **4. Personal Grooming**

- 4.1 Maintaining good personal grooming helps students present themselves confidently and respectfully. It cultivates self-discipline, responsibility, and positive habits that extend beyond school. A well-groomed appearance also supports a conducive learning environment, reduces distractions, and promotes a sense of unity and school pride. By upholding these standards, students learn the importance of personal care and professionalism, preparing them for future workplace and societal expectations.
- 4.2 Students must always be well-groomed. This includes:
  - a) neat and tidy appearance with shirts / blouses neatly tucked in
  - b) well-groomed hair and
  - c) well-trimmed and clean fingernails
- 4.3 Students must not dye, highlight or tint their hair.
- 4.4 Students must not have tattoos on any part of their bodies and are not allowed to have any kind of face or body piercing.
- 4.5 Boys must maintain short decent hair lengths with a slope at the back. Fringes must not touch the eyebrows. (Refer to Annex)

- 4.6 Boys must always be clean-shaven.**
- 4.7 Girls with hair reaching below their collars must keep their hair neatly tied up using black hair clips or black hair bands.
- 4.8 Girls with short hair must ensure that their hair is above the collar of the blouse.
- 4.9 Girls must comb and tuck their fringes neatly behind their ears and not allow the fringes to hang loosely in front. (Refer to Annex)
- 4.10 Students wearing spectacles must take note that all brightly coloured and flashy spectacles are **NOT** allowed. Only dark coloured frames for spectacles are allowed. In addition, only transparent contact lens is allowed.
- 4.11 The routine Attire and Grooming Check will be conducted at the start of each month. Any teacher may flag students who do not meet the school's attire and grooming standards and students will be sent home to rectify.
- 4.12 Recalcitrant students who do not act on Attire and Personal Grooming reminders will face disciplinary consequences.

## **5. Cleanliness**

- 5.1 Maintaining cleanliness in the school environment is essential to prevent pest infestations and ensure a safe, healthy, and conducive space for teaching and learning. A clean environment supports students' well-being, reduces health risks, and promotes positive habits of responsibility and care for shared spaces.
- 5.2 Students must not litter in and out of the school premises.

- 5.3 Students must do their part to maintain the state of cleanliness in the school premises.
- 5.4 Consumption of food and drinks beyond the canteen is not allowed except for plain/mineral water which can be brought back to the classrooms.

## **6. School and Public Property**

- 6.1 Students should show respect and consideration for common spaces and school property. Caring for shared facilities ensures a safe and pleasant environment for everyone and reflects responsible use of resources funded by taxpayers. This helps build a culture of respect, ownership, and civic responsibility.
- 6.2 Students must not vandalise school or public property.
- 6.3 Students must handle with care all furniture and equipment in the school and return them to their proper place after use.

## **7. Conduct & Use of Premises**

- 7.1 The proper and responsible use of school venues is essential to ensure the safety and well-being of all students and staff.

### **7.2 Classroom / Special Rooms / Laboratories**

- 7.2.1 Students must always maintain a conducive learning environment in the classroom.
- 7.2.2 Movement from one place to another must be done in a quiet and orderly manner.

7.2.3 Students must obtain the movement ‘Pass’ from the teachers and display it prominently when they leave the classrooms.

### 7.3 **Canteen**

7.3.1 Students must queue in an orderly manner for food and drinks.

7.3.2 Students must ensure that tables and benches are kept clean during and after their meals.

7.3.3 Eating utensils must be deposited in the receptacles provided by the stalls. Disposable cups and food wrappers must be thrown into the rubbish bins.

### 7.4 **Staff Room**

The Staff Room is out of bounds to all students unless their presence is required by the teacher.

### 7.5 **School Facilities**

7.5.1 Use of school facilities like the School Hall, Indoor Sports Hall, Computer Labs and other special rooms must be with the permission and presence of the teacher-in-charge.

7.5.2 The specific rule pertaining to the use of the various school facilities must be strictly always adhered to.

## 8. **Use of Smart Gadgets**

Limiting handphone use supports students’ mental well-being by reducing distractions, social pressure, and overstimulation. It helps them stay present, build healthier screen habits, and engage more meaningfully with their peers. Keeping handphones away during school hours also allows students to maintain better focus in class, promoting deeper learning and improved

academic performance. This creates a calmer, more focused, and more supportive environment for everyone.

Therefore, the use of smart gadgets (e.g. smartphones/smart watches) is **NOT allowed during school hours, including recess, CCA and after school programmes** (e.g. supplementary/enrichment/remedial lesson). Students found to infringe this rule, may have their phones confiscated by the teacher for the day.

Students are to place their mobile phones in their lockers before the start of the first lesson. All mobile phones are to be switched off and or turned to silent mode. They may collect their phones from their lockers at the end of their last school activity for the day.

## **9. Internet Rule & Social Media Etiquette**

Students who have infringed any of the below rules will be dealt with accordingly either by the school or the relevant authorities.

These rules apply to all types of communication, postings or pictures on the Internet:

- 9.1 To uphold integrity in the use of the internet. Do not use the internet to post unsubstantiated, insensitive, insulting or hostile materials or information against anyone, including the school, teaching and non-teaching staff and fellow Meridians.
- 9.2 To respect others and show responsibility by thinking carefully before giving comments. Do not use any form of vulgarities or expletives. This includes the suggestion of vulgarities or expletives, for example, writing the first letter of the word and replacing the rest of the letters with symbols or dashes.
- 9.3 Do not infringe any copyright law.
- 9.4 Do not post or access materials with pornographic content.

## **10. Banned Items**

The following items are banned in school

- a) Chewing gum / Bubble gum.
- b) Pornographic materials.
- c) Lighters / Inflammable substances e.g. petrol, kerosene, gas cylinders.
- d) Cigarettes or any Tobacco products.
- e) Inhalant substances and other hazardous materials which pose a potential danger to both school environment and property.
- f) **Weapons e.g. knives, metal rods or any other items which may cause grievous hurt to others.**
- g) Poker cards or other card types that promotes gambling.

Any of the above items found in the student's possession will be confiscated and the consequences will be meted out accordingly.

## B. OFFENCES & CONSEQUENCES

There are various forms of consequences in varying degrees of severity which will be administered to a student who has committed any offence. School may mete out school-based consequences, in addition to the consequences meted out by the authorities.

**Students may be liable for the following consequences if they commit any of the following offences:**

- a) late for school / lessons
- b) skipping classes / lessons
- c) truancy
- d) persistent non-submission / late submission of assignment
- e) improper attire (Refer to Annex)
- f) improper grooming (Refer to Annex)
- g) other minor offences - failure to return eating utensils after eating, littering, etc.

|                       |   |
|-----------------------|---|
| First-time offenders  | <ul style="list-style-type: none"><li>• Corrective Work; and/or</li><li>• Reflection Essays; and/or</li><li>• Pledge of Good Behaviour; and/or</li><li>• Research &amp; Presentation to class on harms caused; and/or</li><li>• Conduct Grade reduction (where relevant)</li></ul>  |
| Second-time offenders | <ul style="list-style-type: none"><li>• Reflection Time-out; and/or</li><li>• Detention after school; and/or</li><li>• Formal Warning Letters; and/or</li><li>• Ineligibility for Scholarships/Awards, Leadership Appointments, Overseas Trips, School Team Representation; and/or</li><li>• Conduct Grade reduction; and/or</li><li>• In-school or home suspension</li></ul> |
| Subsequent offenders  |   |

An offence is considered serious when a student:

- causes serious harm and/or disruption to self, whether physical, psychological or social; and/or

- causes serious harm and/or disruption to others, whether physical, psychological or social; and/or
- causes serious damage to property or resources; and/or
- shows defiance against authorities

**Students are liable the following consequences if they commit any of the following offences:**

- gambling**
- smoking / possession of cigarettes / lighter**
- fighting / hooliganism**
- vandalism**
- theft / shoplifting**
- possession of pornographic materials**
- use of abusive language / gestures**
- defiance and rudeness to any members of the school staff**
- infringement of Internet rules and etiquette**

| <b>Baseline</b>       | <b>Serious Offences</b>  | <b>Very Serious Offences (i.e., egregious)</b>  |
|-----------------------|--|---|
| First-time offenders  | <ul style="list-style-type: none"> <li>• 1 to 3 days of detention and/or suspension; and/or</li> <li>• 1 stroke of the cane (for boys only, with aggravating factors)</li> <li>• Ineligibility for Scholarships/Awards, Leadership Appointments, Overseas Trips, School Team Representation; and/or</li> <li>• AND conduct grade 'Fair'</li> </ul> | <ul style="list-style-type: none"> <li>• 3 to 5 days of detention and/or suspension; and/or</li> <li>• Up to 2 strokes of the cane (for boys only)</li> <li>• Ineligibility for Scholarships/Awards, Leadership Appointments, Overseas Trips, School Team Representation; and/or</li> <li>• AND conduct grade 'Fair'</li> </ul> |
| Second-time offenders | <ul style="list-style-type: none"> <li>• 3 to 5 days of detention and/or suspension; and/or</li> <li>• Up to 2 strokes of the cane (for boys only)</li> </ul>  | <ul style="list-style-type: none"> <li>• 5 to 14 days of detention and/or suspension; and/or</li> <li>• Up to 3 strokes of the cane (for boys only)</li> </ul>  |

|                      |  |  |
|----------------------|--|--|
|                      | <ul style="list-style-type: none"> <li>• Ineligibility for Scholarships/Awards, Leadership Appointments, Overseas Trips, School Team Representation; and/or</li> <li>• AND conduct grade adjustment 'Fair'</li> </ul>  | <ul style="list-style-type: none"> <li>• Ineligibility for Scholarships/Awards, Leadership Appointments, Overseas Trips, School Team Representation; and/or</li> <li>• AND conduct grade 'Poor'</li> </ul> |
| Subsequent offenders | <ul style="list-style-type: none"> <li>• 5 to 14 days of detention and/or suspension; and/or</li> <li>• Up to 3 strokes of the cane (for boys only)</li> <li>• Ineligibility for Scholarships/Awards, Leadership Appointments, Overseas Trips, School Team Representation; and/or</li> <li>• AND conduct grade 'Poor'</li> </ul> |  |

## Zero Tolerance Stance on Vaping

- **We will act.** The school-based disciplinary measures will be **in addition to** the penalties that the Health Sciences Authority will impose.
- As schools, we have a **fundamental responsibility to develop character and instil values in our students.**
  - The disciplinary measures send a strong signal that vaping is a serious offence in our school and ensure that students do not vape.
  - We will provide support to help you understand the serious health risks of vaping and make better choices to maintain a healthy lifestyle.

| <u>Baseline</u>       | <u>Vaping</u>   |  | <u>Vaping with Etomidate</u>  |  |
|-----------------------|---|--|---|--|
|                       | <u>Boys</u>   | <u>Girls</u>   | <u>Boys</u>   | <u>Girls</u>   |
| First-time offenders  | <ul style="list-style-type: none"> <li>• 1 day home suspension <u>AND;</u></li> <li>• 1 stroke of cane <u>AND;</u></li> <li>• Fair Conduct</li> </ul>   | <ul style="list-style-type: none"> <li>• 3 days home suspension <u>AND;</u></li> <li>• Fair Conduct</li> </ul> | <ul style="list-style-type: none"> <li>• 3 days home suspension <u>AND;</u></li> <li>• 2 strokes of cane <u>AND;</u></li> <li>• Poor Conduct</li> </ul> | <ul style="list-style-type: none"> <li>• 5 days home suspension <u>AND;</u></li> <li>• Poor Conduct</li> </ul> |
| Second-time offenders | <ul style="list-style-type: none"> <li>• 3 days home suspension <u>AND;</u></li> <li>• 2 strokes of cane <u>AND;</u></li> <li>• Poor Conduct</li> </ul> | <ul style="list-style-type: none"> <li>• 5 days home suspension <u>AND;</u></li> <li>• Poor Conduct</li> </ul> | <ul style="list-style-type: none"> <li>• 5 days home suspension <u>AND;</u></li> <li>• 3 strokes of cane <u>AND;</u></li> <li>• Poor Conduct</li> </ul> | <ul style="list-style-type: none"> <li>• 7 days home suspension <u>AND;</u></li> <li>• Poor Conduct</li> </ul> |
| Subsequent offenders  | <ul style="list-style-type: none"> <li>• 5 days home suspension <u>AND;</u></li> <li>• 3 strokes of cane <u>AND;</u></li> <li>• Poor Conduct</li> </ul> | <ul style="list-style-type: none"> <li>• 7 days home suspension <u>AND;</u></li> <li>• Poor Conduct</li> </ul> |   |  |

The list of offences and disciplinary consequences stated above are not exhaustive and are subjected to changes.

**The school may mete out consequences which could include a combination of measures in proportion to the nature, intent and severity of the offence(s) committed by a student.**

## **C. GENERAL**

These rules and regulations serve as a guide and are subjected to review by the School Management.

Rules and regulations pertaining to specific matters on various aspects of school activities will be issued by the school as and when it is necessary to supplement or to reinforce the existing set of school rules.

## Annex



# MERIDIAN SECONDARY SCHOOL

## Attire & Grooming Guidelines



Clean-shaven at all times.  
Slope at the back.  
Hair not touching ears.  
Sideburns not extended beyond earhole.  
Neat and short haircuts that does not result in a voluminous crown, fringe above eyebrows.



Knee length culotte

Dark framed spectacles



Fringe tucked away neatly without hanging loosely in front.  
No make-up must be worn.  
Hair longer than shoulder length must be tied up.  
A pair of small gold or silver pin-sized ear studs only.  
Hair longer than shoulder length must be tied up.  
Hair accessories must be plain black or dark blue.



Low-cut sport shoes, predominantly white, black, blue or grey, with laces without flashy colours.

Plain white socks that are visible and covers the ankle joint.

Uniform to be worn proudly with shirt/T-shirt tucked in at all times.

Hair must not be tinted or dyed. No dark or tinted glasses are allowed. Coloured or fanciful contact lenses are also not allowed.

No tattoos and any kind of body piercing on any part of their bodies are allowed.

Female students are allowed to wear a pair of plain silver or gold-coloured ear studs that are not more than 4mm in diameter on their ear lobes.

No other jewellery is to be worn in school by any student.

No ear sticks are allowed.