



Welcome to
Montfort Junior School
Primary 1 Orientation

Who can you approach?



Mr Tan Wee Boon
Vice principal



Mdm Poh Lee Siew
Vice principal



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Who can you approach?



Mrs Irene Loh
Year Head
P1 & P2 Block



Ms Brenda Koh
Administrative
Manager



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Montfort Junior School



**105-year old
Catholic all-boys
school, founded by
the Order of the
Brothers of St
Gabriel in 1916**



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**We offer a holistic curriculum
that integrates Catholic faith,
culture and life with academic
excellence.**



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Our Montfortian Values

Compassion

Humility

Respect

Integrity

Service

Team spirit

Excellence



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Our School Motto

AGE QUOD AGIS

Do Well in Whatever You Do



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Our Vision

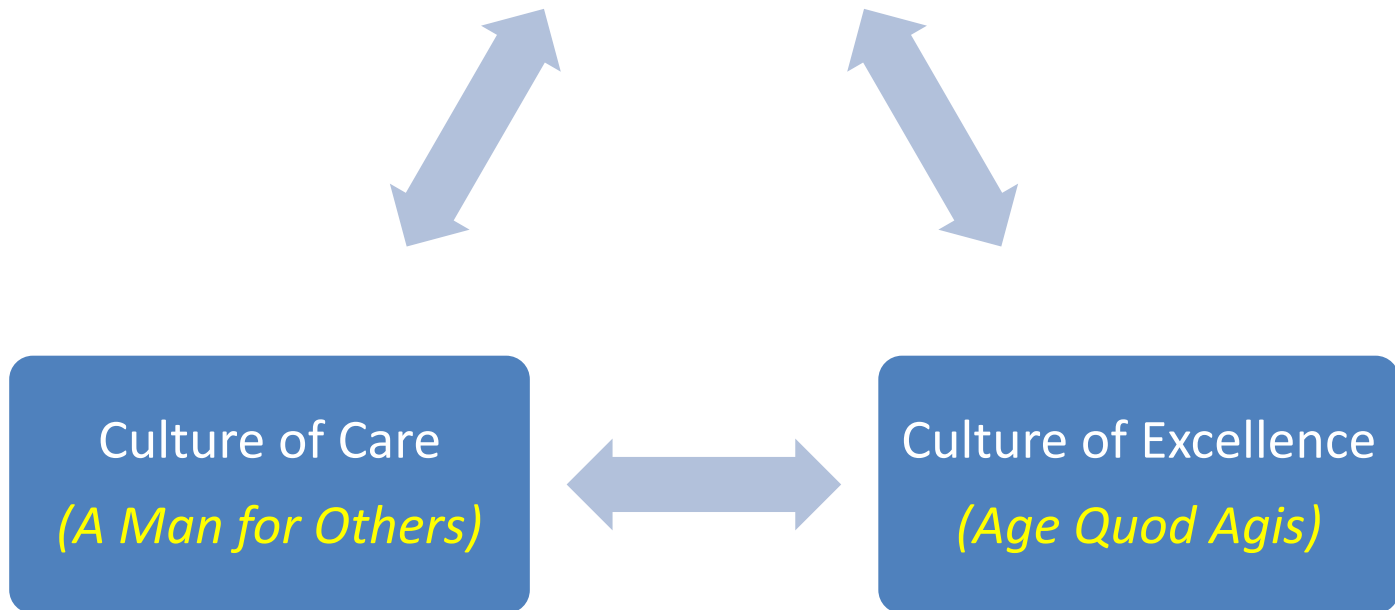
A Montfortian

A Man for Others



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Montfortian Culture



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Shifts in education:

- Focus on deep learning rather than grades
- Time to explore interests and discover strengths
- Space to try, tinker and create
- Future Ready Learning



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P1 and P2 are foundation years

- Exploration and development
- Timely assessments to help identify learning needs

P3 is a transition year

- New subject
- Pace and intensity is increased
- No mid year exams

P4 is a consolidation year

- Subject based banding
- No continual assessments (CA)

P5 & P6 deepening of learning

- Subject based banding
- No mid year exams for P5

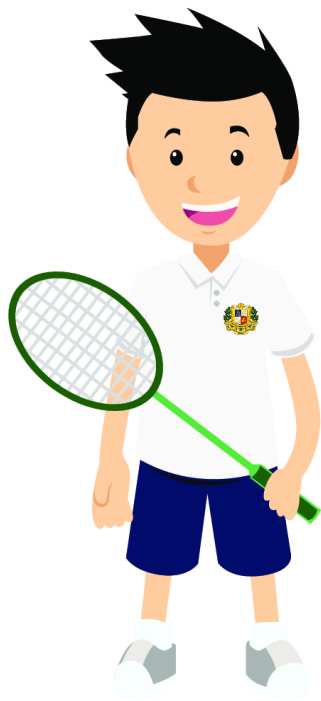


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Our Young Montfortian



Scholar



Sportsman



Gentleman



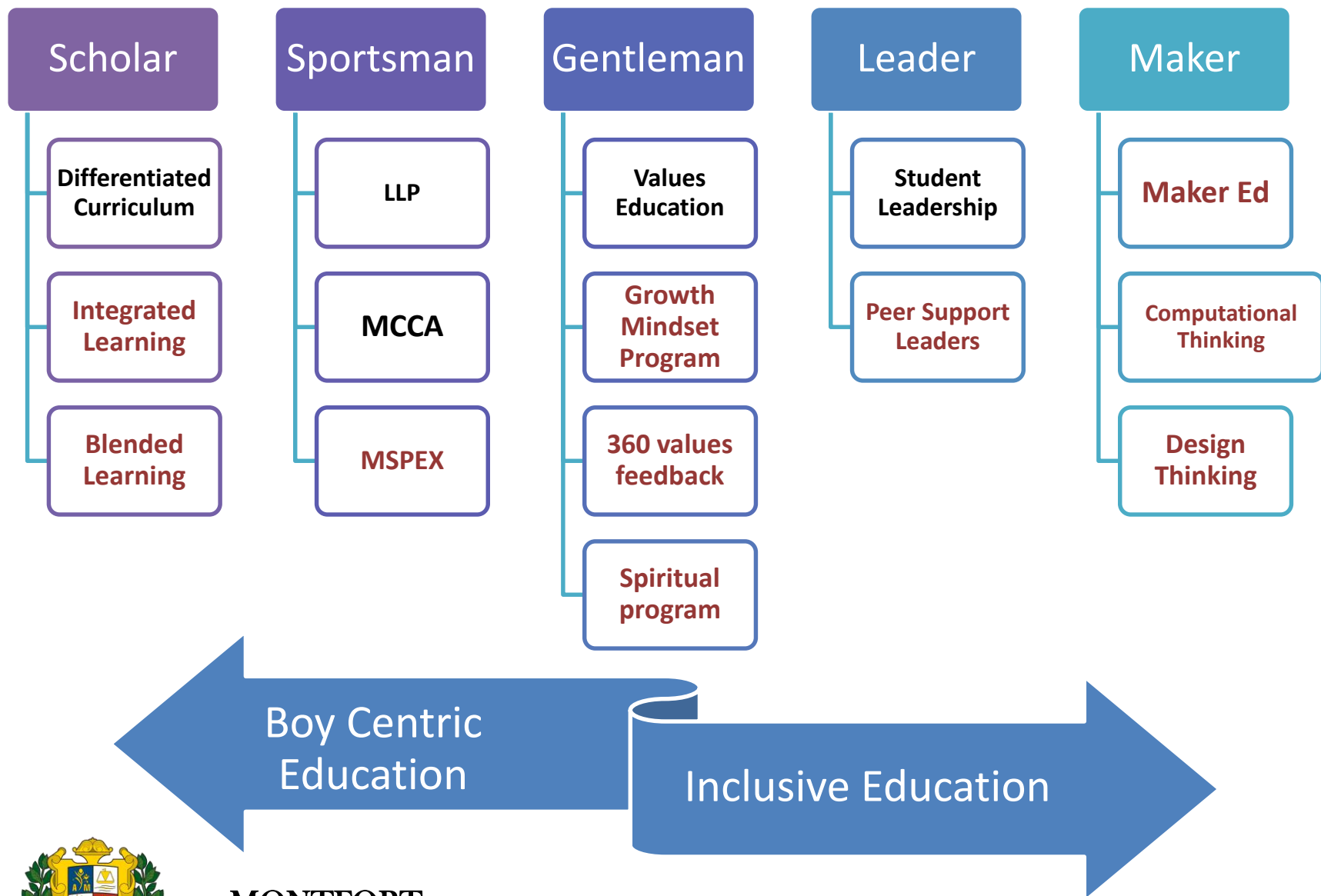
Leader



Maker



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Our Catholic Ethos

- Daily prayers
- Quiet Time
- Assembly spiritual sharing
- Faith based character development for Catholics
- Rosary – Every May & October
- Masses – 1st Friday, Termly, Feast Days
- Prayer Room



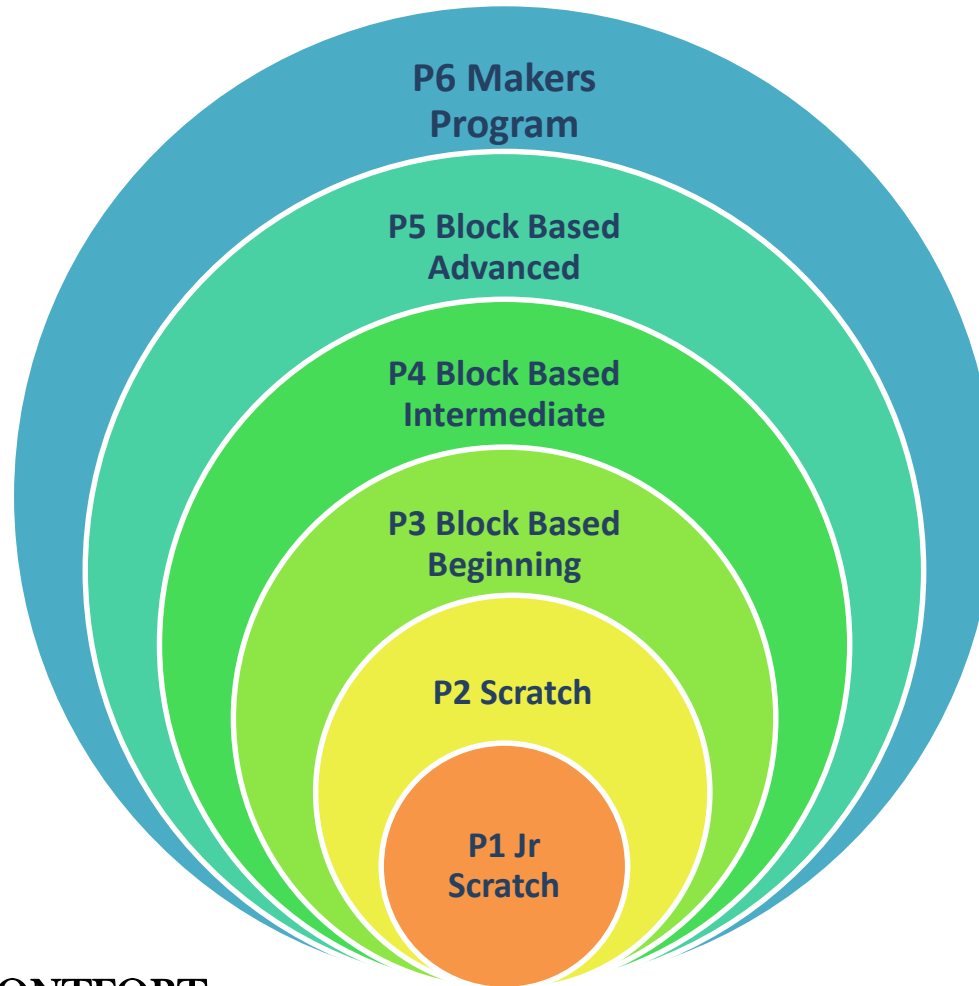
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Future-Centric Education in MJS

Montfort Junior School is the designated lead school for MOE Maker Education Program for the North Zone.



Computational Thinking



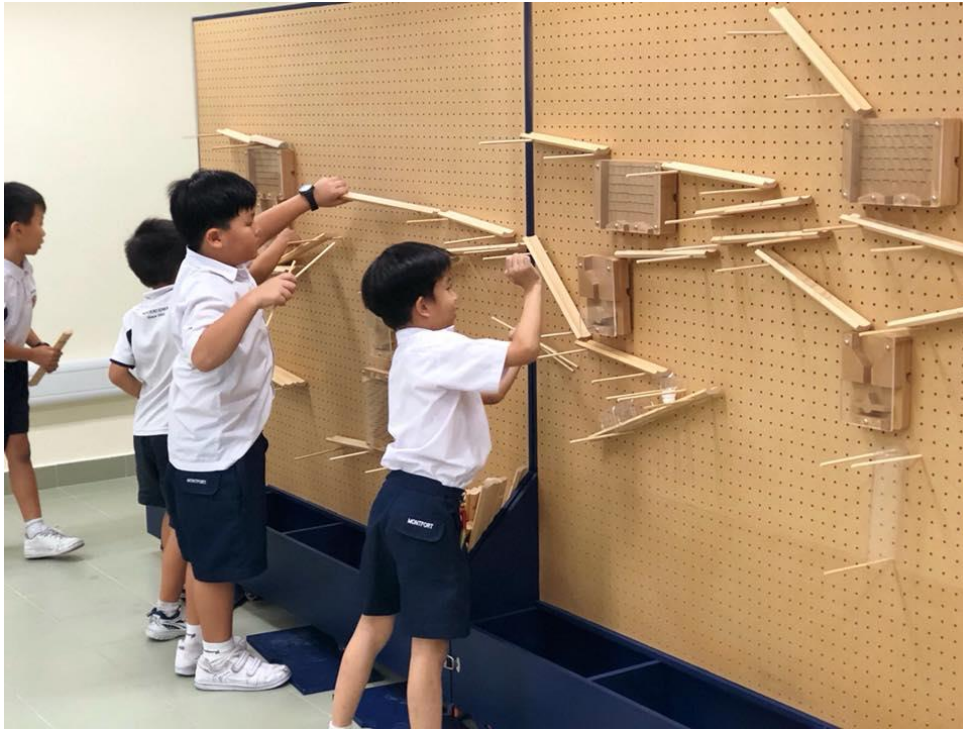
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Future-Centric Education in MJS



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Future-Centric Education in MJS



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Future-Centric Education in MJS

TinkerSpace@MJS:



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*How do you get feedback on
your child's learning?*



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-
- **Daily work**
 - **Multiple modes of assessments**
 - **Regular and timely short assessments**
 - **Student led Parent-Child-Teacher Conference (PCTC) twice a year**



*How we want to work in
partnership with you.*



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The **partnership** and
understanding that prevails
between you and the school will be
the key factor that will aid the
development of your child.



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Managing the transition to Primary School !



A Montfortian, A Man for Others

Setting Routines:

- Go through various situations that your child may face at school
- Allow him to be independent
- Practise – buying food, packing his bag and adjusting to new routines
- Set up after school expectations and homework routines



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Other Matters



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Other matters

- After School Care
- Road safety
- Communication expectations
- COVID SMM



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Montfort- Gabrielite Educational Institutions (MGEI)



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Our 7 Institutions:

Montfort Junior School

Montfort Secondary School

St. Gabriel's Primary

St. Gabriel's Secondary

Assumption English School

Assumption Pathway

Boys Town



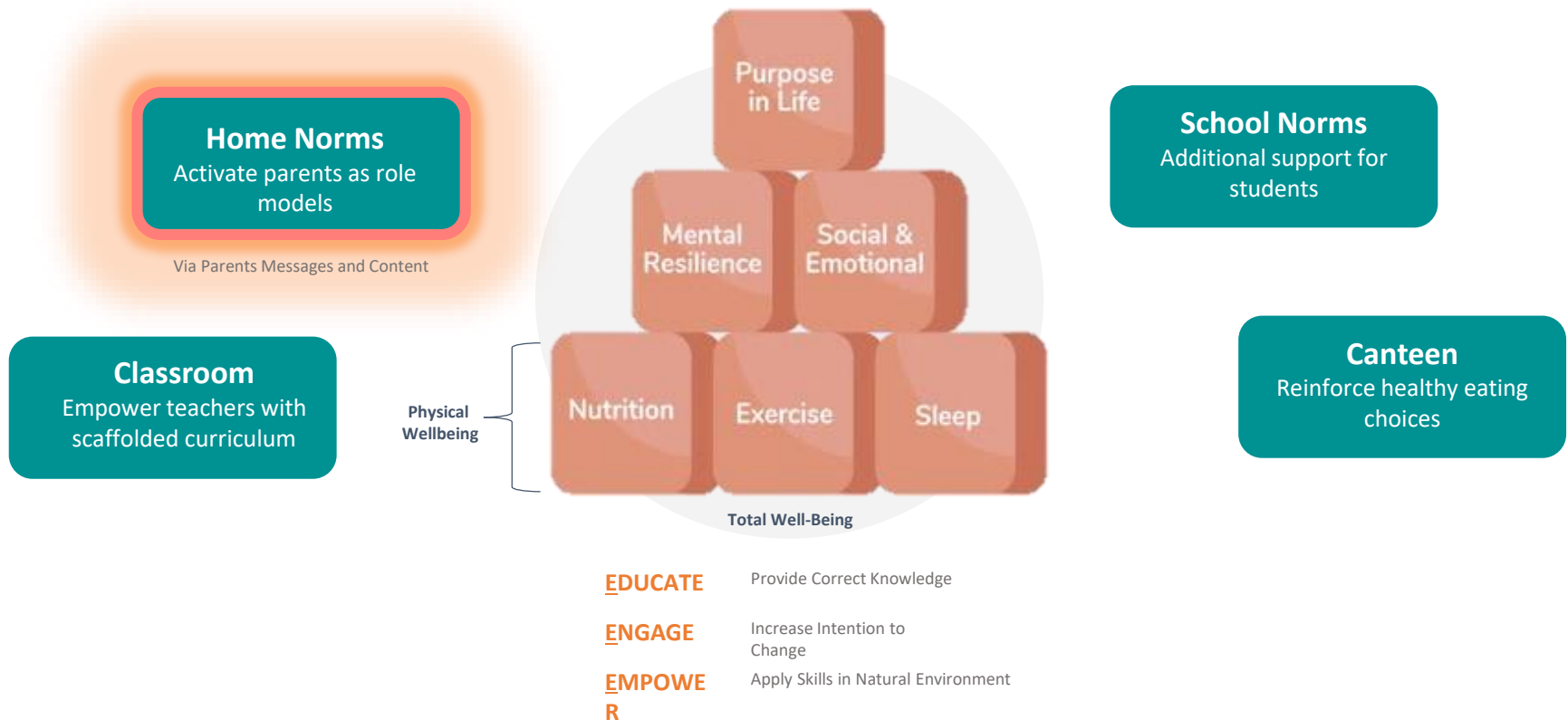
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Partnership with NHG



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Improve the Total Wellbeing of Students



Talking Points for School Leaders

Why Parent Messages ?

To Extend learning at Home

By reinforcing key messages taught in the PHF curriculum and enable parents to practice and adopt healthy habits at home with their children.

To Activate Parents to be Role Models

By engaging them to be enablers for their families and boosting them with simple small steps to increase skills and self-efficacy into their routines.

Strategy of Parents Messages

Raise Awareness, Create Interest and Curiosity, Build Self-Efficacy

Sample Parent Gateway Message for Parents

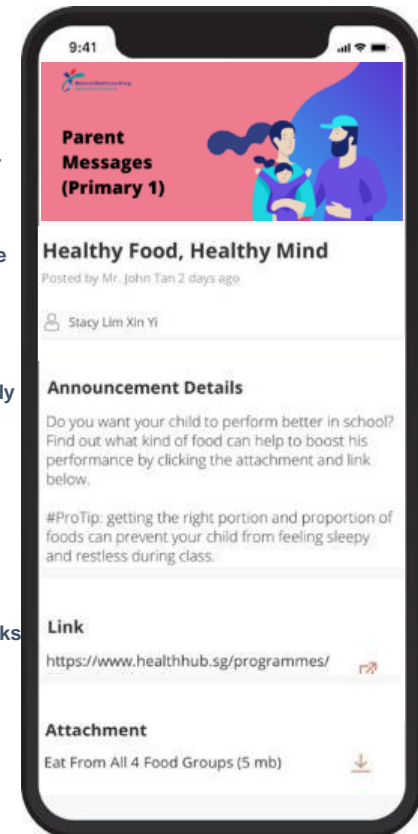
Level Banner

Message Title

Message Body

Resource Links

Attachments



Examples of Messages Parents Messages – Primary 1 (Term 1)

Message Title	Message for Parents	Links
The Growth Mindset Journey with Your Child STARTS NOW! (Growth Mindset)	<p>What helps your child grow his/her confidence at school?</p> <p>Besides having a supportive school environment, your child's mindset matters in how he/she copes with the new environment.</p> <p>Click on this video to find out more.</p>	<p>The Growth Mindset Journey with Your Child STARTS NOW!</p> <p>https://bit.ly/2UZFKye</p>
A Life-long Gift That You Can Give To Your Child (Physical Health & Fitness)	<p>Did you know that certain kinds of food can impair a child's learning and memory?</p> <p>The type of food that your children eat can affect their brain development. By learning more about nutrition, you can protect your child from these stresses.</p> <p>Click this video link.</p>	<p>Importance of Nutrition on Development:</p> <p>https://bit.ly/3kz7M4b</p>
Do You Think Snacking Can Affect Your Child's Learning? (Physical Health & Fitness)	<p>Snacks are one good way to satisfy hunger pangs in between meals. But the wrong type of snacks can affect your child. How?</p> <p>#ProTip: Short term effect: too much sugary snacks may cause your child to lose concentration and be restless in class. Long term effect: excessive calorie intake can lead to obesity.</p> <p>Click on the link to find out more.</p>	<p>"Healthy Snacking: Infographic [Refer to Next Slide]</p>

YouTube Videos



Infographic

HEALTHY SNACKING

CHOOSE SNACKS HIGH IN PROTEIN, CALCIUM AND/OR FIBRE
*The portion shown is the recommended amount to take

	OR		OR		OR		OR	
1 slice of wholemeal softbread with thin layer of peanut butter		1 packet low fat plain milk		1 packet lower sugar malted drink		1 packet high calcium lower sugar soya bean milk		1 hard boiled egg
	OR		OR		OR		OR	
3 pieces of wholemeal crackers		6 small pieces of plain crackers		1 small packet (30g) plain cornflakes		4-5 tablespoons of plain steamed corn (without butter/margarine)		One fruit (e.g. 3 apples, 1 pear, 1 orange or 10 pieces of grapes)

LIMIT / AVOID SNACKS HIGH IN SUGAR, SALT, AND/OR FAT

Chocolates	Donuts	Cream biscuits	Potato chips
Fried food	Sweets	Sweetened beverages (soft drinks, flavoured teas, fruit juices)	

National Healthcare Group
For any enquires, please contact livingwell@nhg.com.sg

Can you see the sparkle?



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School website:

www.montfortjunior.moe.edu.sg

Follow us on



wilbur_wong@moe.edu.sg



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