

Welcome Back!

Briefing Slides for Release of 2025 GCE O-Level Results



This set of slides will be posted on the school website later.

Dear Montfortians,

As we gather here today, let us all celebrate your efforts!



Think about your opportunities

You may be:

- You are happy that your results meet your expectations;
- You are overjoyed that your results exceed your expectations, or;
- You are worried/upset because your results fall short of your expectations.

Remember that while **everyone's educational journey is different,**
we can each have a fulfilling outcome!



Resources to support you as you receive your results

Receiving your results and making decisions about your post-secondary pathways can be exciting to some, but stressful to others.

Scan this QR code for an infographic with some helpful resources to support you.



<https://go.gov.sg/olevelstudentresource>



Thinking about Your Next Step?

Consider these questions...



In the infographic, you can find resources which can help you make informed decisions.

PLANNING YOUR NEXT STEP

These resources will help you chart your path ahead:



- What's Next Brochure
<https://go.gov.sg/whats-next-olevel>



- MySkillsFuture Student Portal
<https://go.gov.sg/MySFSec>

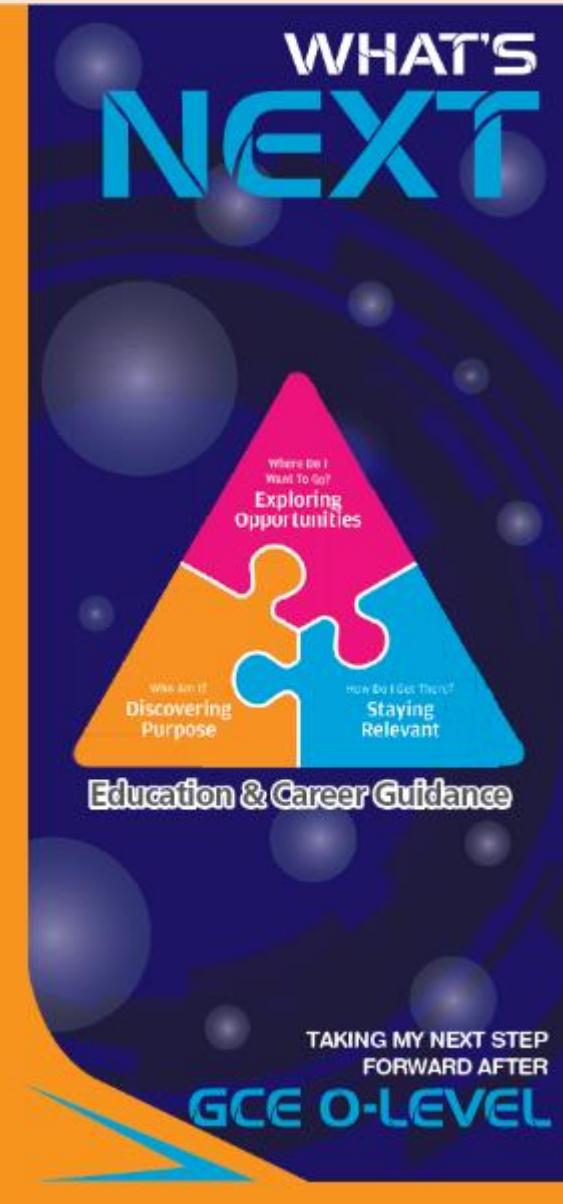


- Contact the ECG Centre @ MOE
<https://go.gov.sg/moe-ecg-centre>



- Chat with your school's ECG Counsellor

Resources to help you make informed decisions



PLANNING YOUR NEXT STEP

These resources will help you chart your path ahead:



- What's Next Brochure
<https://go.gov.sg/whats-next-olevel>



- Contact the ECG Centre @ MOE
<https://go.gov.sg/moe-ecg-centre>



- MySkillsFuture Student Portal
<https://go.gov.sg/MySFSec>



- Chat with your school's ECG Counsellor



MySkillsFuture Student Portal

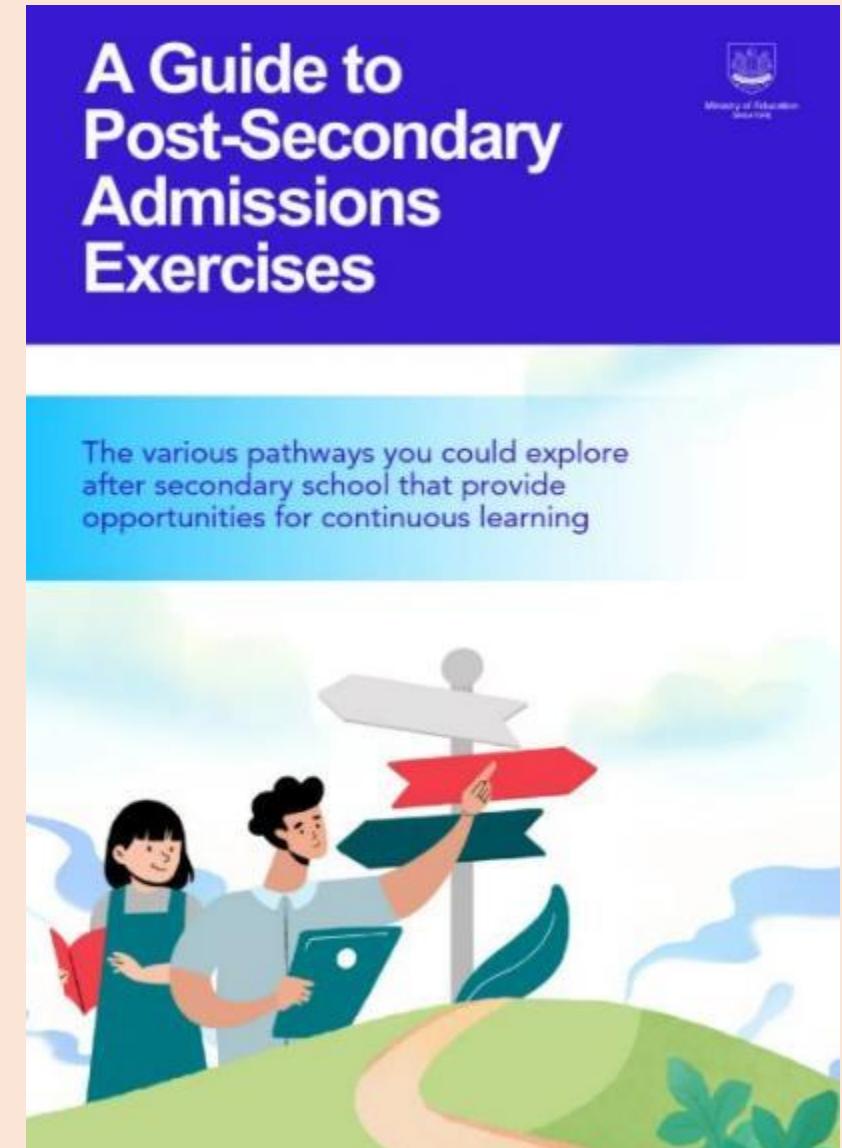
Use the information and tools to explore various education and career pathways and take charge of your future.

Details of Admissions Exercises

You can find the details of the various admissions exercises from the **Post-Secondary Admissions Exercises booklet** that can be downloaded from:

<https://www.moe.gov.sg/post-secondary/admissions>

- Joint Admissions Exercise (JAE)
- Joint Intake Exercise (JIE) ‘O’
- Nanyang Academy of Fine Arts (NAFA)
- LASALLE College of the Arts (LASALLE)



Resources to help students make informed decisions

Learn more about the
post-secondary education institutions



<https://moe.gov.sg/post-secondary/overview>

Concerned About Your Next Steps?

Stop

- Calm yourself down. Take a few deep breaths.

Think

- Think through the different options that are available for you.
- Remember that the O-Level examination is not the end point and is only one part of your life journey.

Do

- Have conversations with trusted adults who know you well to advise and guide you (parents, teachers, ECG Counsellor).
- Decide and act based on your options.

Managing your emotions

When you receive your results, you may experience a range of emotions.

Managing these emotions well will allow you to stay calm and make rational decisions.

Reaching out for support is a sign of strength

If you have questions about your options or are not coping well, you can reach out to trusted adults such as your parent/guardian, teacher, School Counsellor or ECG Counsellor. You can also talk to a trusted friend.



Make an appointment to speak with ECG
Counsellor, Mr Isaac Ang:
 **6883 6904** or email him at
 ang_zhaoliang@moe.edu.sg

14 Jan: Mr Tony at the back of hall.

OR

The ECG Centre @ MOE offers online or phone ECG
counselling services. Make an appointment via
go.gov.sg/moe-ecg-centre



Keep a lookout for some of these signs in your peers or in yourself

How can we support one another?



Having difficult emotions during a stressful and uncertain period is normal. Keep a look out for some of these signs:

**D
I
S
T
R
E
S
S**

Deliberately avoiding others

Increased irritability, restlessness, agitation, stress and anxiety

Sending or posting moody messages on social media

Talking about death or dying

Reacting differently or gradually losing interest in things they used to like

Eating more than usual or having a much reduced appetite

Sleep pattern changes with difficulty falling asleep or oversleeping

Slowing down of energy levels

If you notice any of these signs in yourself or your friends,
have a chat with your School Counsellor or teacher,

Or contact SOS 24-hour hotline at **1767** or SOS 24-hour CareText Whatsapp at **91511767**
For cyber wellness related matters, call Help123 at **1800-612-3123*** or email **hello@help123.sg**

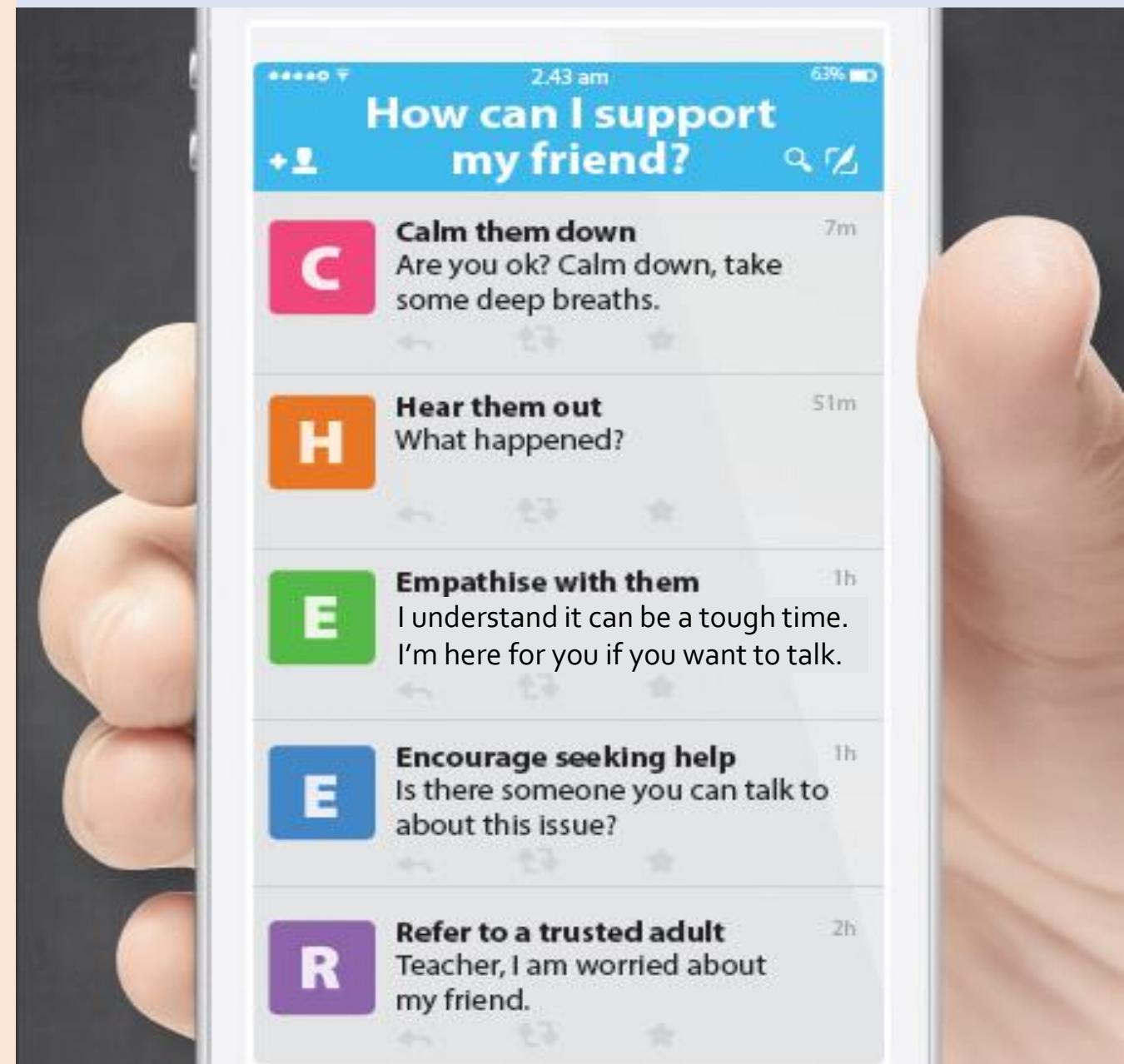
*available only from Mon to Fri (excluding Public Holidays), from 9am - 6pm.

Supporting Your Friend

- We may each experience different emotions upon receiving the results.
- You can share your friends' joy by congratulating them.
- If your friends appear to be disappointed with their results, encourage them.
- Alert a teacher if you are worried for them.



Keep a lookout for your friends in distress. You can support them in the following ways:



- C Calm them down**
Are you ok? Calm down, take some deep breaths.
7m
- H Hear them out**
What happened?
51m
- E Empathise with them**
I understand it can be a tough time. I'm here for you if you want to talk.
1h
- E Encourage seeking help**
Is there someone you can talk to about this issue?
1h
- R Refer to a trusted adult**
Teacher, I am worried about my friend.
2h

Support is readily available for you.

There are other hotlines and chats available if you are more comfortable seeking help using these platforms.

SOS provides round-the-clock emotional support for those in distress, thinking of suicide or affected by suicide.

Call: **1767**

(24-hour helpline)

WhatsApp: **9151 1767**

(24-hour Care Text)

Carey is an online platform by Care Corner that provides free mental health check-ins with mental health professionals. Find out more at: <https://carey.carecorner.org.sg/>

Community Health Assessment Team (CHAT) provides personalised and confidential mental health checks and consultation for youths. To speak with a youth support worker, you can:

Visit: **CHAT Hub at *Scape, 2 Orchard Link, #04-07**

Call: **6493 6500 / 6501**

Email: chat@mentalhealth.sg

eC2 is an e-Counselling Centre where you can talk to a trained counsellor about the issues you are facing, right where you are.

Chat with a counsellor at: www.ec2.sg

Monday – Friday (Excluding Public Holidays): 10am – 12pm & 2pm – 5pm

Mindline is Singapore's national mental health helpline and textline service. The service is manned by trained counsellors who are ready to listen and support you.

Call: **1771**

(24-hour helpline)

WhatsApp: **6669 1771**

(24-Hour messaging service via WhatsApp)

TOUCHline is a helpline to provide youths with emotional support and practical advice.

Call: **1800 377 2252**

Monday- Friday (Excluding Public Holidays): 9am – 6pm





**The O-Level examination is
one milestone in your
education journey, and
there are many more
exciting pathways ahead.**

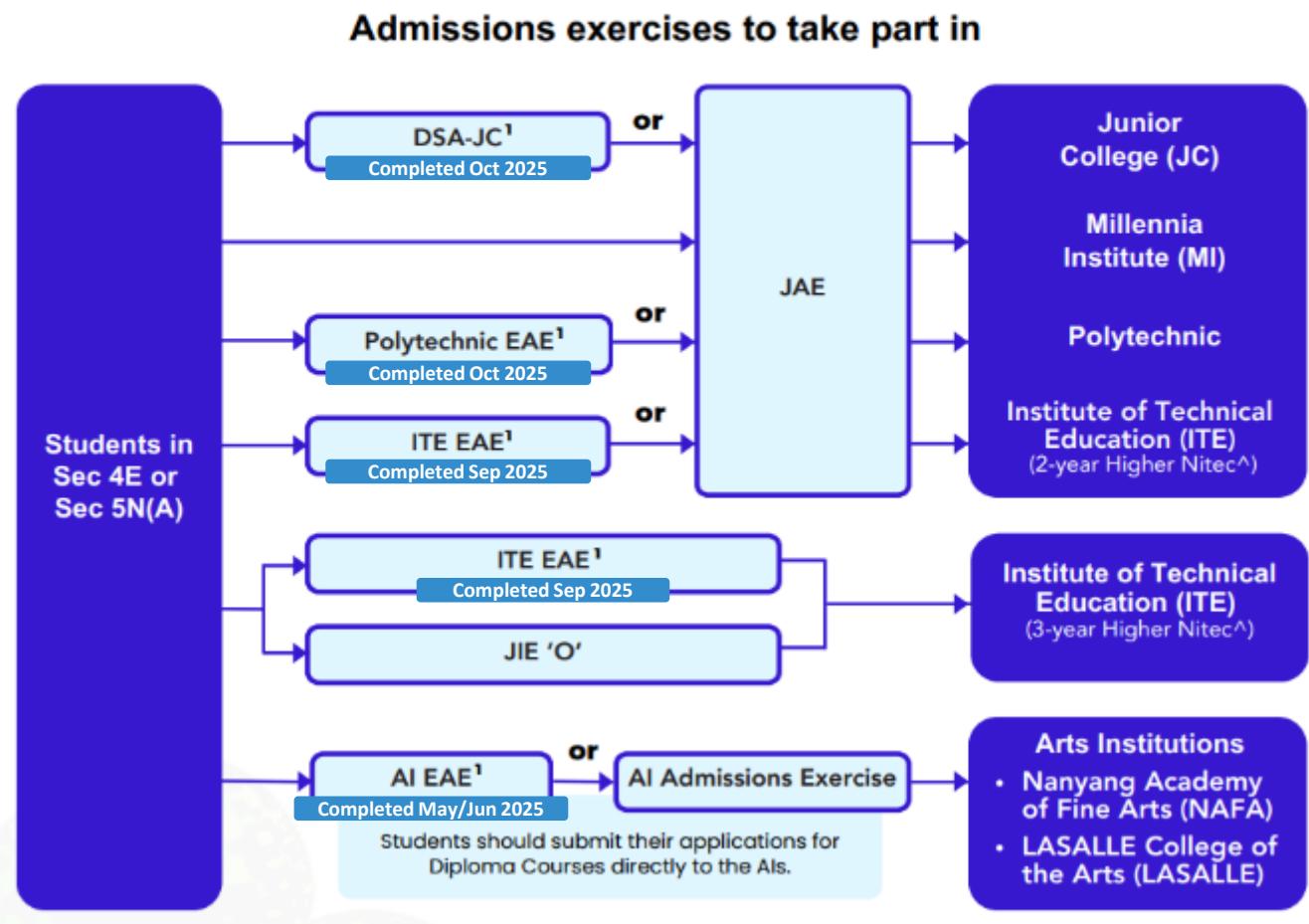
**Your future holds many
opportunities waiting to be
discovered!**

Admissions Exercises

Things to note



Post-Secondary Admissions Exercises for Students in Sec 4 Express or Sec 5 Normal (Academic)



Source: [Post-Secondary Admissions Exercises booklet](#)

¹Students apply through these admissions exercises before their examinations.

[^]Please visit these websites for the list of courses for 2-year Higher Nitec:

<https://www.ite.edu.sg/current-full-time-students/progression/higher-nitec/>



for 3-year Higher Nitec:

<https://www.ite.edu.sg/secondary-school-students/ite-full-time-courses/3-year-4-year-higher-nitec>



Details of Admissions Exercises

JAE – Joint Admissions Exercise

JAE enables GCE O-Level holders to apply for courses offered by JC^s, MI, polytechnics and ITE (2-year Higher Nitec courses).

JAE: <http://go.gov.sg/applyjae>

JIE 'O' – Joint Intake Exercise 'O'

The JIE 'O' enables GCE O-Level holders to apply for the 3-year Higher Nitec courses conducted by ITE.

JIE 'O': <https://go.gov.sg/applyjieo>

Poly EAE & DSA-JC

Students with successful Poly EAE or DSA-JC applications

- Will not be eligible for JAE.
- You are **expected to honour your offer.**
- You will not see the list of courses when you open Form A.

Students with unsuccessful applications

- You need to **take part in the JAE to submit your choices.**

Affiliated JC

Choices	Scenario 1 (1 st choice)	Scenario 2 (1 st & 2 nd choice)	Scenario 3 (1 st choice)	Scenario 4
First Choice	CJC (Science) Valid BP	CJC (Science) Valid BP	CJC (Art) Valid BP	SAJC
Second Choice	SAJC	CJC (Art) Valid BP	NJC	CJC (Art) No BP
Third Choice	MI	RP Sports Science	CJC (Science) No BP	NYP Media

So long as it is your **first choice**, you will get the bonus points

Affiliated JC

Choices	Scenario 1 (1 st choice)	Scenario 2 (1 st & 2 nd choice)	Scenario 3 (1 st choice)	Scenario 4
First Choice	CJC (Science) Valid BP	CJC (Science) Valid BP	CJC (Art) Valid BP	SAJC
Second Choice	SAJC	CJC (Art) Valid BP	NJC	CJC (Art) No BP
Third Choice	MI	RP Sports Science	CJC (Science) No BP	NYP Media

So long as it is your **first choice**, you will get the bonus points

Affiliated JC

Choices	Scenario 1 (1 st choice)	Scenario 2 (1 st & 2 nd choice)	Scenario 3 (1 st choice)	Scenario 4
First Choice	CJC (Science) Valid BP	CJC (Science) Valid BP	CJC (Art) Valid BP	SAJC
Second Choice	SAJC	CJC (Art) Valid BP	NJC	CJC (Art) No BP
Third Choice	MI	RP Sports Science	CJC (Science) No BP	NYP Media

So long as it is your **first choice**, you will get the bonus points

Affiliated JC

Choices	Scenario 1 (1 st choice)	Scenario 2 (1 st & 2 nd choice)	Scenario 3 (1 st choice)	Scenario 4
First Choice	CJC (Science) Valid BP	CJC (Science) Valid BP	CJC (Art) Valid BP	SAJC
Second Choice	SAJC	CJC (Art) Valid BP	NJC	CJC (Art) No BP
Third Choice	MI	RP Sports Science	CJC (Science) No BP	NYP Media

So long as it is your **first choice**, you will get the bonus points

Key Dates for JAE Application period

Application Period:

**Start: Wed 14 Jan 2026 (4.00 pm)
End: Mon 19 Jan 2026 (4.30 pm)**

During this period, click on [HOW TO APPLY] to see the documents required

4pm on Wed, 14 Jan to 4.30pm on Mon, 19 Jan 2026

Apply

Before the JAE application period, [register for a Singpass](#). You can only submit your application through the JAE-IS using your Singpass.

The JAE application starts at 4pm on Wednesday, 14 January 2026 and ends at 4.30pm on Monday, 19 January 2026.

During this period, you must submit your application through the JAE-IS (available 24-hour). [Learn how to apply](#).

If you need help with any of the following, [learn how to request assistance](#):

<https://www.moe.gov.sg/post-secondary/admissions/jae>

Key Dates for JAE Application period

Application Period:

**Start: Wed 14 Jan 2026 (4.00 pm)
End: Mon 19 Jan 2026 (4.30 pm)**

Includes a
worksheet by MOE

2024 JOINT ADMISSIONS EXERCISE WORKSHEET

This JAE worksheet is provided to assist you before you do your online course application.

(A) Personal Particulars

Please fill in your personal particulars and update them as necessary in the online system.

NRIC/FIN	:	
Name	:	
Mobile Number*	:	
Contact Number	:	
Email Address^	:	

*Your posting result will be sent via SMS to a valid Singapore mobile number.
^Your JAE verification slip, which captures your submitted course preferences, will be sent to this email address.

(B) Course Preference

- You can apply for courses which you meet the eligibility criteria. Please refer to your Form A for course eligibility.
- Course codes and descriptions can be found in www.moe.gov.sg/jaecourses.
- You are strongly advised to make full use of the 12 choices, where applicable.

Choice Order	Course Code	Choice Order	Course Code
1 st		7 th	
2 nd		8 th	
3 rd		9 th	
4 th		10 th	
5 th		11 th	
6 th		12 th	

(C) Elective Programmes

This section only applies to students who are eligible for the following elective programmes.

If you qualify and wish to apply, you must select the JC(s) offering the programme as one of your choice(s) in

2. Submit application

Use the [JAE worksheet](#) to guide you in preparing your:

- Personal particulars
- 12 course choices and their codes in order of preference
- Elective programme choice (if any)

Once you are ready with the details, submit your application through the JAE Internet System (JAE-IS) during the application period.

To log into the JAE-IS, use **your personal Singpass**. You cannot use your parent's Singpass.

LOG IN TO JAE-IS

If you encounter Singpass issues, [learn how you can resolve them](#). If you still cannot log into JAE-IS, [request for assistance](#).

<https://www.moe.gov.sg/post-secondary/admissions/jae/how-to-apply/submit-application>

Key Dates for JAE Application period

Application Period:

Start: Wed 14 Jan 2026 (4.00 pm)

End: Mon 19 Jan 2026 (4.30 pm)

2023 JOINT ADMISSIONS EXERCISE WORKSHEET

This JAE worksheet is provided to assist you before you do your online course registration.

(A) **Personal Particulars**
Please fill in your personal particulars and update them as necessary in the online system.

NRIC/FIN	:
Name	:
Mobile Number*	:
Contact Number	:
Email Address^	:

*Your posting result will be sent via SMS to a valid Singapore mobile number.
^Your JAE verification slip, which captures your submitted course preferences, will be sent to this email address.

(B) **Course Preference**
You are only allowed to specify courses that you are eligible for, up to a maximum of 12 courses.
You are strongly advised to make full use of the 12 choices, where applicable.
Please refer to your Form A and Information Booklet for course eligibility details.

Choice Order	Course Code
1 st	
2 nd	
3 rd	
4 th	
5 th	
6 th	
7 th	
8 th	
9 th	
10 th	
11 th	
12 th	

(C) **Elective Programmes**
This section only applies to students who are eligible for the following elective programmes.
If you qualify and wish to apply, you must select the JC(s) offering the programme as one of your choice(s) in (B) Course Preference.
Please note that you may apply for only ONE Programme.

Chinese Language Elective Programme (CLEP)	Malay Language Elective Programme (MLEP)	Tamil Language Elective Programme (TLEP)
I would like to apply for CLEP in the following JC(s):	I would like to apply for MLEP in the following JC(s):	I would like to apply for TLEP in the following JC(s):
<input type="checkbox"/> Dunman High School <input type="checkbox"/> Hwa Chong Institution <input type="checkbox"/> Jurong Pioneer JC <input type="checkbox"/> Nanyang JC <input type="checkbox"/> Temasek JC	<input type="checkbox"/> Jurong Pioneer JC <input type="checkbox"/> National JC <input type="checkbox"/> Raffles Institution <input type="checkbox"/> Tampines Meridian JC <input type="checkbox"/> Yishun Innovia JC	<input type="checkbox"/> Anderson Serangoon JC <input type="checkbox"/> National JC

After you have completed this JAE worksheet, please submit your application online at www.moe.gov.sg/jae

Worksheet published by MOE to give students an idea of the data required for application via the JAE Internet System.

MOE strongly encourages all students to fill in the JAE worksheet to assist you BEFORE you do your online course registration.

Fill in ALL 12 course choices.

Key Dates for JAE Application period

Posting results:

Tue 3 Feb 2026 (9 am)

SMS to the local mobile phone number provided by applicant during registration
OR by accessing the JAE portal.

9am on Tue, 3 Feb 2026

Release of posting results

JAE posting results will be released through:

- JAE-IS, which can be accessed using your Singpass.
- SMS, which is sent to the Singapore mobile number provided in your application.

[Learn more about accessing your posting results.](#)

<https://www.moe.gov.sg/post-secondary/admissions/jae>

Key Dates for JAE Application period

Acceptance:

See website for more details on specific details on when to report to your learning institute.

By end-Feb 2026

Acceptance of offer

If posted to a JC or MI course
You will report to the school on the morning of Wednesday, 4 February 2026, in your secondary school uniform.

If posted to a polytechnic course
You will receive an email with the enrolment instructions by end February.

If posted to an ITE course
You will receive an email with the enrolment instructions on Tuesday, 3 February 2026.

[Learn more about what to do after you receive your posting results.](#)

<https://www.moe.gov.sg/post-secondary/admissions/jae>

Key Dates for JAE Application period

Appeal:

Start: Tue 3 Feb 2026 (9 am)

End: Fri 6 Feb 2026 (4pm)

See website for more details on specific details on how to appeal to each specific learning institute.



You MUST accept at least one offer before submitting your appeal or you will not have any courses.

From Tue, 3 Feb 2026

Appeal process

To appeal for a place in a JC or MI

Approach the school of your choice directly.

To appeal for a place in a polytechnic or the ITE

Apply on the [JAE Online Appeal Portal](#) from 9am on Tuesday, 3 February 2026 to 4pm on Friday, 6 February 2026.

[Find out how to submit an appeal.](#)

<https://www.moe.gov.sg/post-secondary/admissions/jae>

Key Summary (JAE)

Key Activity	Dates/Period	Links to instructions
Application Period	Start: Wed 14 Jan 2026 (4.00 pm) End: Mon 19 Jan 2026 (4.30 pm)	How to apply: https://www.moe.gov.sg/post-secondary/admissions/jae/how-to-apply Submit Application: https://www.moe.gov.sg/post-secondary/admissions/jae/how-to-apply/submit-application
Posting Results	Tue 3 Feb 2026 (9.00 am)	Viewing Posting Results https://www.moe.gov.sg/post-secondary/admissions/jae/release-of-posting-results
Acceptance	By end Feb 2026	Accepting Offer based on Groups of Institutions https://www.moe.gov.sg/post-secondary/admissions/jae/release-of-posting-results/accept-offer
Appeal	Start: Tue 3 Feb 2026 (9.00 am) End: Fri 6 Feb 2026 (4.00 pm)	Submit an Appeal https://www.moe.gov.sg/post-secondary/admissions/jae/release-of-posting-results/submit-an-appeal

Accept the offer before submitting your appeal through JAE appeals website:
<https://jaeappeal.edu.sg>

Additional resources to help you make informed decisions



About Discover On My Way:

Discover your **education and career interests** and **chart your personal and professional future** with Discover On My Way! **Explore** different careers, **connect** with industry professionals and peers, and **get firsthand exposure** at various job roles. *Let's get you on your way to Discover-ing!*

What to study?
What career to pursue?

Still figuring out your future?

Join programmes organised by NYC and our partners to meet professionals from various industries & youth on the same journey as you.



Learning Journey to
*SCAPE & ChaPanda



SEAcret Gatherings



Industry Connects With Grab SG



<https://discover.nyc.gov.sg/omw>



**Ministry of Education
SINGAPORE**