



NORTHLAND TIMES

COVID -19 Edition
March 2020 Issue



**LEARNING
RESILIENCE,
CULTIVATING
GRATITUDE**

"A nation is great not by its size alone. It is the will, the cohesion, the stamina, the discipline of its people and the quality of their leaders which ensure it an honourable place in history."

— Lee Kuan Yew





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"When we learn how to become resilient, we learn how to embrace the beautifully broad spectrum of the human experience."

— Jaeda Dewalt





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"In the long run, we shape our lives, and we shape ourselves. The process never ends until we die. And the choices we make are ultimately our own responsibility."

- Eleanor Roosevelt



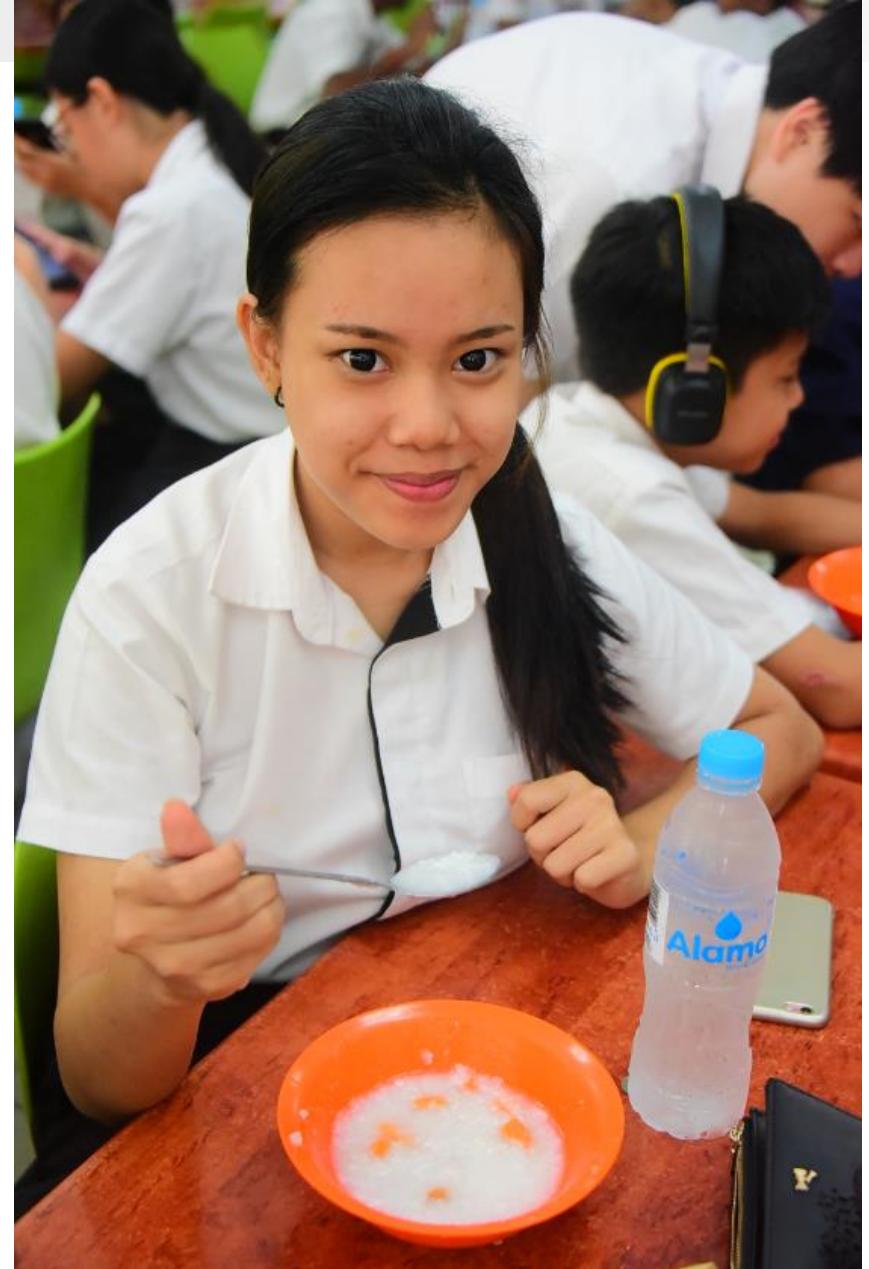
TOTAL DEFENCE DAY



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“Empathy is seeing with the eyes of another, listening with the ears of another and feeling with the heart of another.”

- Alfred Adler.

TOTAL DEFENCE DAY

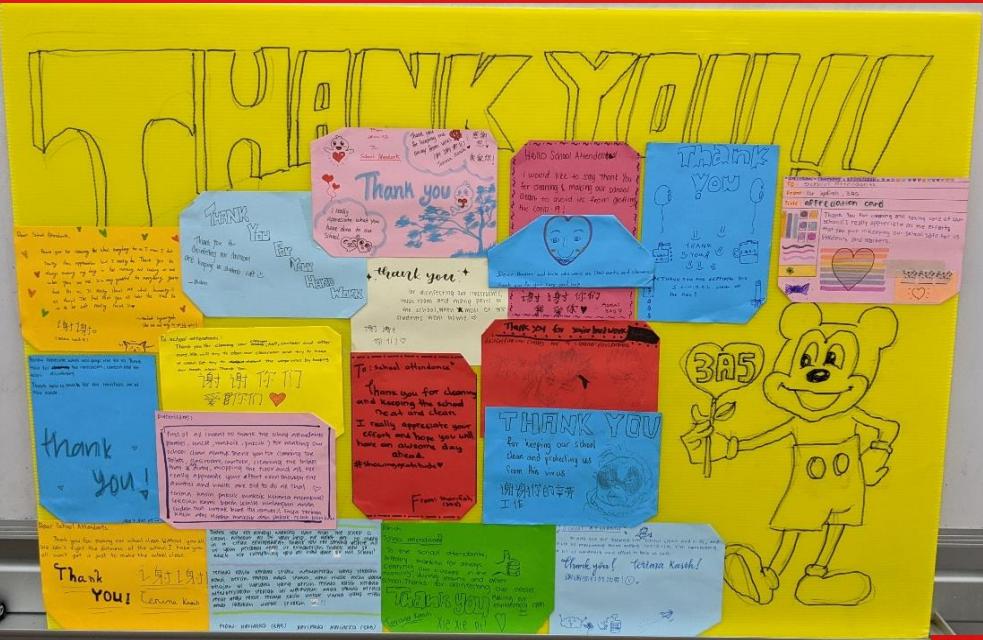




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#SG UNITED



"Gratitude is the fairest blossom which springs from the soul."

- Henry Ward Beecher

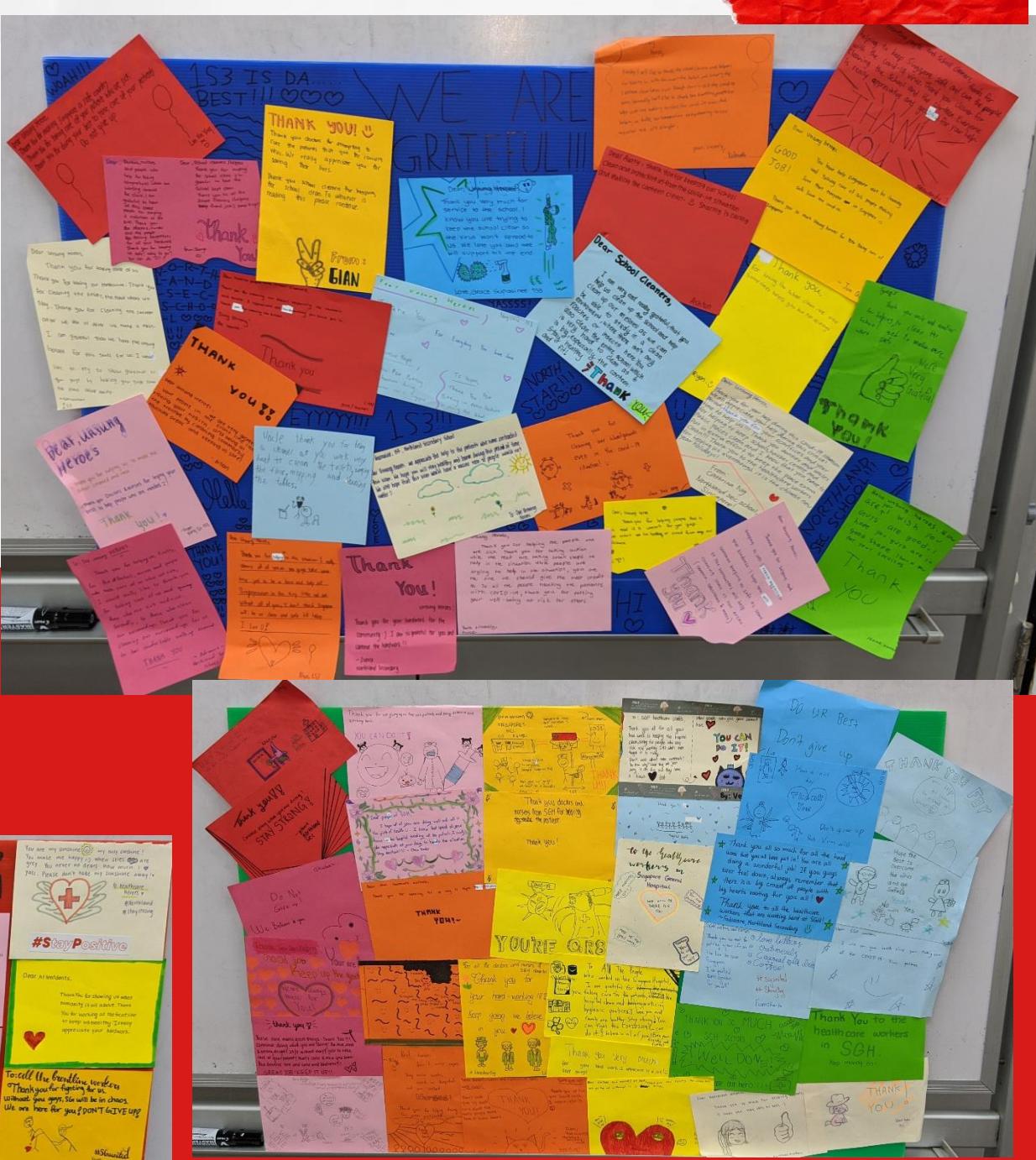
DEDICATION
TO OUR
HEALTHCARE
WORKERS



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"The way to develop the best that is in a person is by appreciation and encouragement."

- Charles Schwab

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DEDICATION TO OUR HEALTHCARE WORKERS





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YOU ARE OUR
HEROES!

#SGUNITED



3A1 shows their appreciation to our school aunties and uncles for keeping the school compound clean so that learning can continue to take place.

"How important it is for us to recognise and celebrate our heroes and she-roes!"

- Maya Angelou



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"The roots of all goodness lie in the soil of appreciation for goodness."

- Dalai Lama



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