

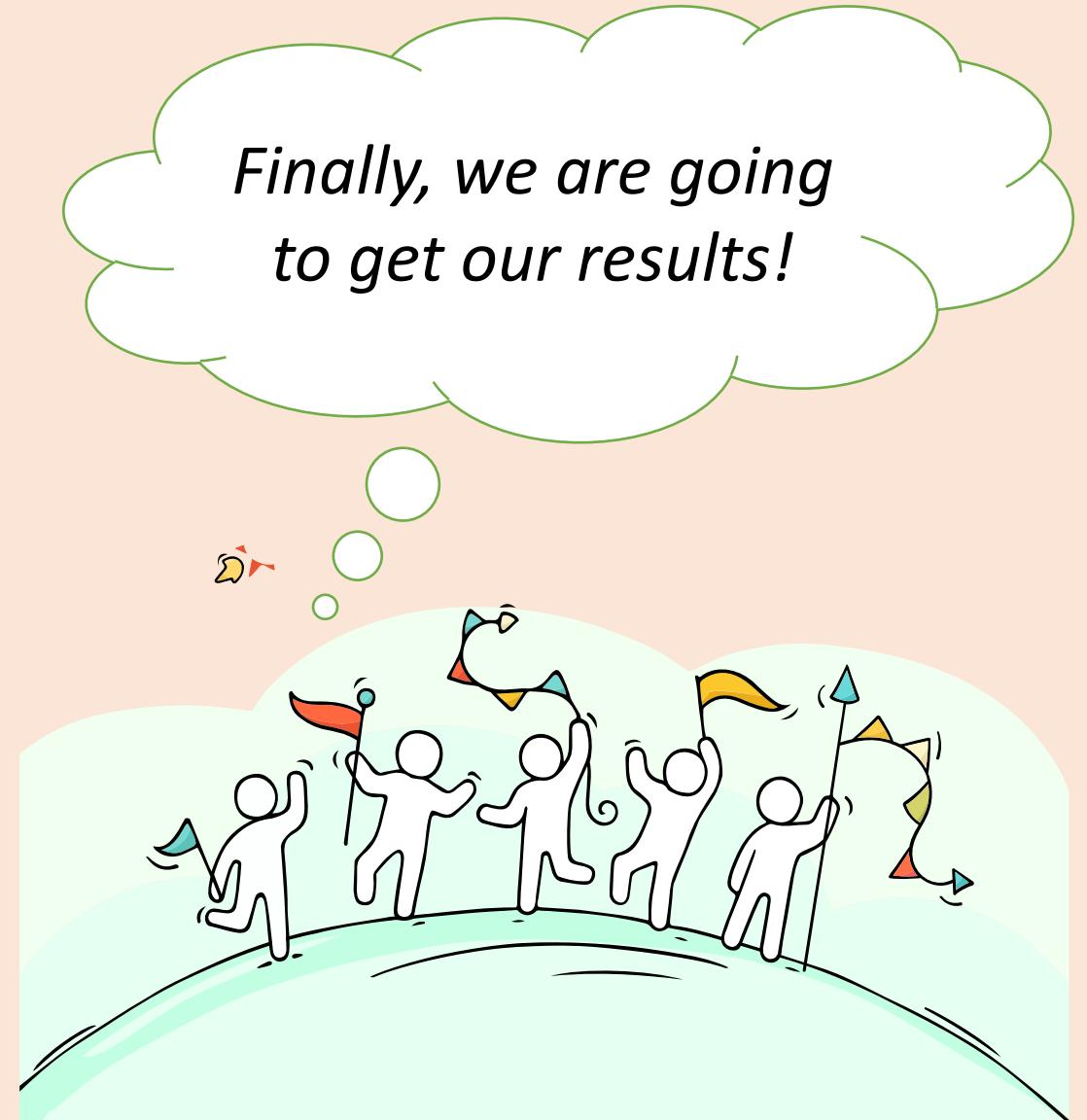
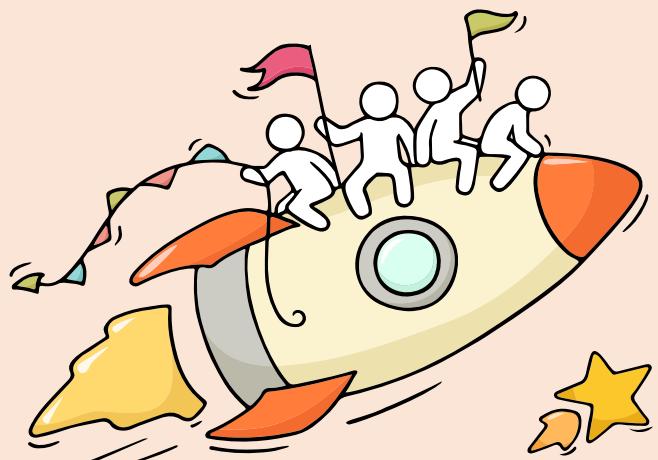
Welcome Back!

Release of 2025 GCE O-Level Results



Dear students,

You have worked hard to reach this stage. Let's celebrate your efforts!



**Remember that while everyone's
educational journey is different,
we can each have a fulfilling outcome!**



Resources to support you as you receive your results

Receiving your results and making decisions about your post-secondary pathways can be exciting to some, but stressful to others.

Scan this QR code for an infographic with some helpful resources to support you.



<https://go.gov.sg/olevelstudentresource>

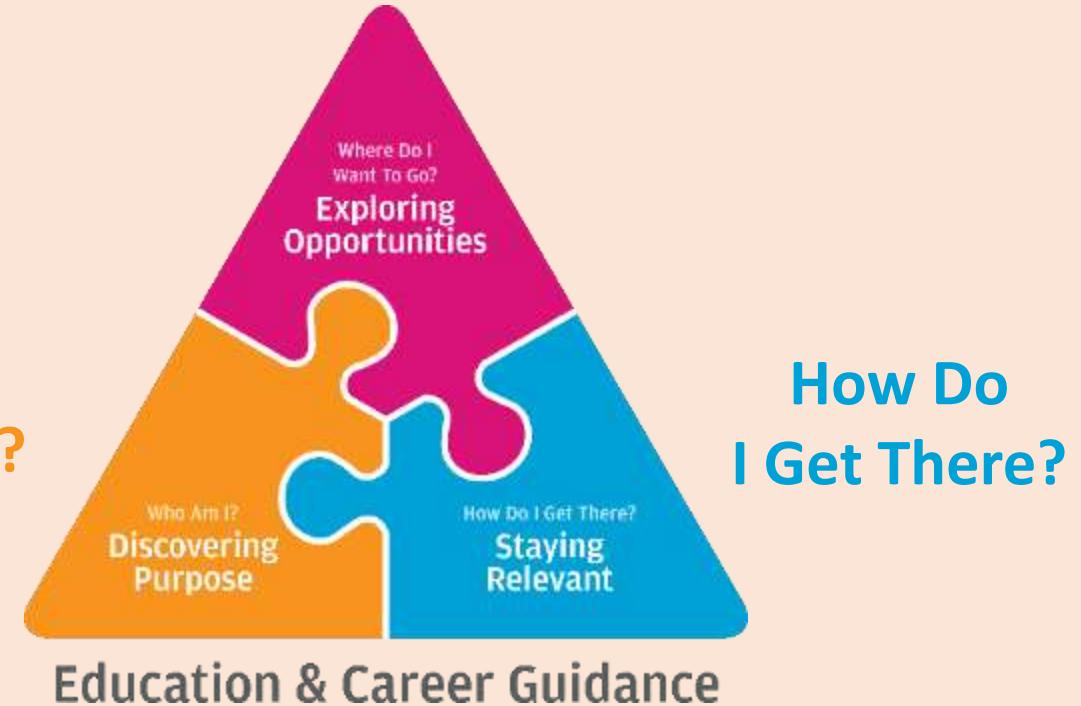


Thinking about Your Next Step?

Consider these questions...

In the infographic, you can find resources which can help you make informed decisions.

Where do I want to go?



PLANNING YOUR NEXT STEP

These resources will help you chart your path ahead:



- What's Next Brochure
<https://go.gov.sg/whats-next-o-level>



- MySkillsFuture Student Portal
<https://go.gov.sg/MySFSec>

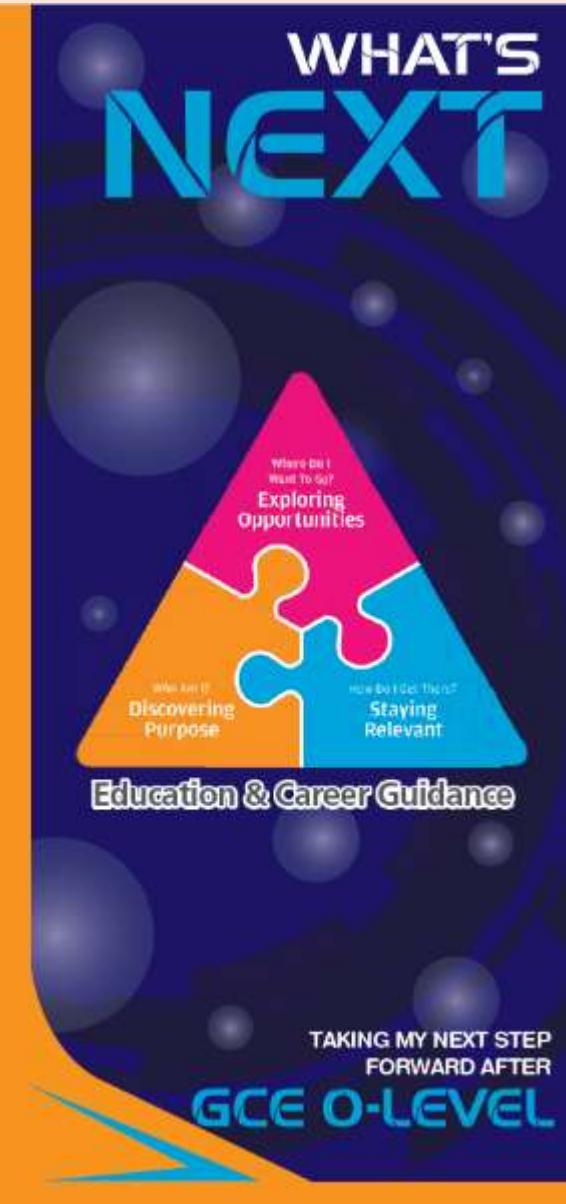


- Contact the ECG Centre @ MOE
<https://go.gov.sg/moe-ecg-centre>



- Chat with your school's ECG Counsellor

Resources to help you make informed decisions

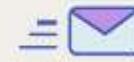


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MySkillsFuture Student Portal

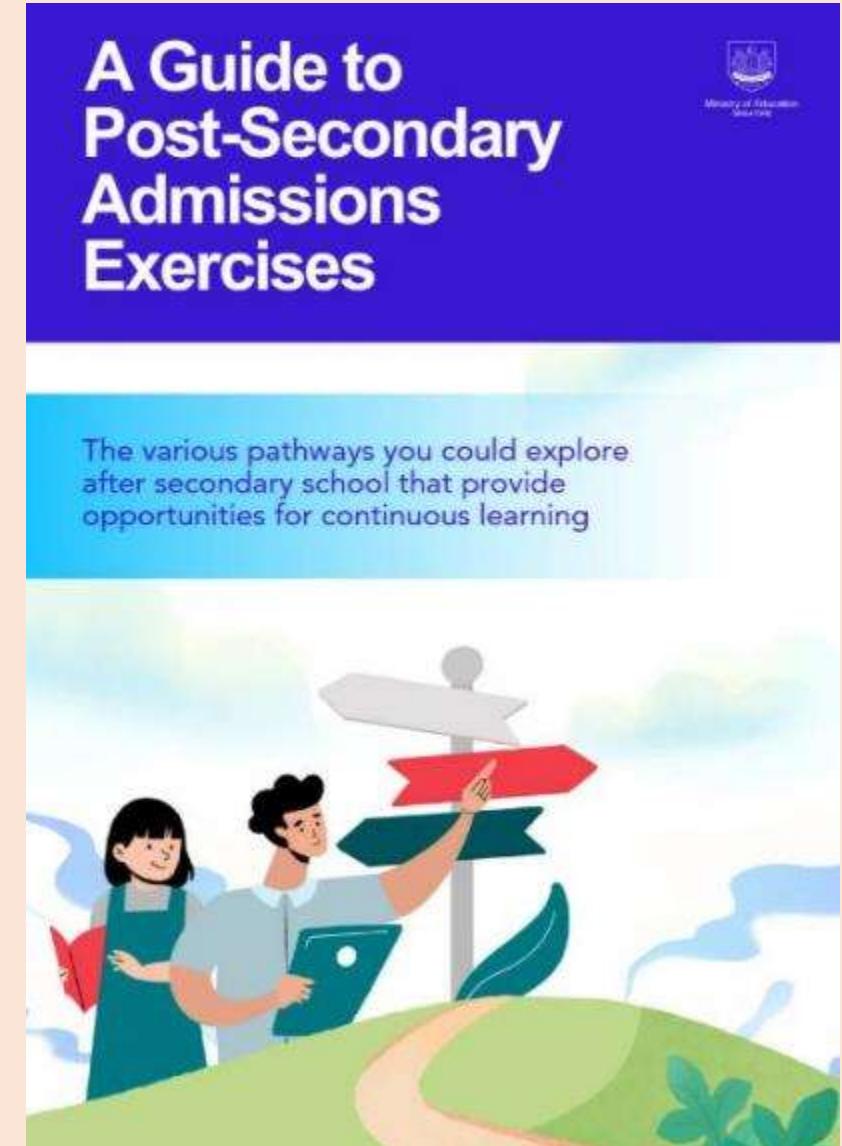
Use the information and tools to explore various education and career pathways and take charge of your future.

Details of Admissions Exercises

You can find the details of the various admissions exercises from the **Post-Secondary Admissions Exercises booklet** that can be downloaded from:

<https://www.moe.gov.sg/post-secondary/admissions>

- Joint Admissions Exercise (JAE)
- Joint Intake Exercise (JIE) ‘O’
- Nanyang Academy of Fine Arts (NAFA)
- LASALLE College of the Arts (LASALLE)



Resources to help students make informed decisions

Learn more about the
post-secondary education institutions



<https://moe.gov.sg/post-secondary/overview>

Concerned About Your Next Steps?

Stop

- Calm yourself down. Take a few deep breaths.

Think

- Think through the different options that are available for you.
- Remember that the O-Level examination is not the end point and is only one part of your life journey.

Do

- Have conversations with trusted adults who know you well to advise and guide you (parents, teachers, ECG Counsellor).
- Decide and act based on your options.

Managing your emotions

When you receive your results, you may experience a range of emotions.

Managing these emotions well will allow you to stay calm and make rational decisions.

Reaching out for support is a sign of strength

If you have questions about your options or are not coping well, you can reach out to trusted adults such as your parent/guardian, teacher, School Counsellor or ECG Counsellor. You can also talk to a trusted friend.



Make an appointment to speak with your ECG Counsellor (**Mr Russell Cheong**) in school

OR

The ECG Centre @ MOE offers online or phone ECG counselling services. Make an appointment via go.gov.sg/moe-ecg-centre

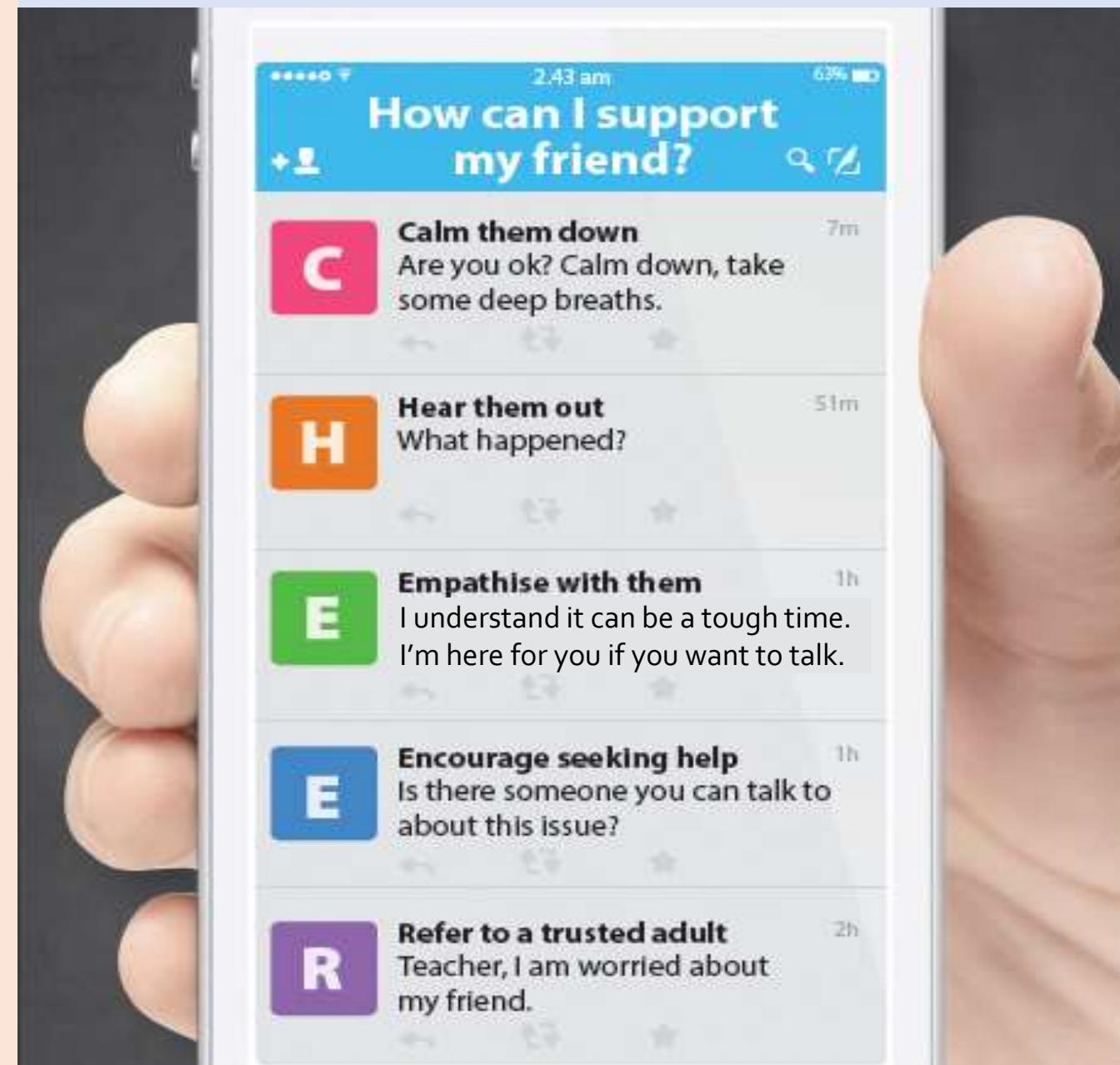


Supporting Your Friend

- We may each experience different emotions upon receiving the results.
- You can share your friends' joy by congratulating them.
- If your friends appear to be disappointed with their results, encourage them.
- Alert a teacher if you are worried for them.



Keep a lookout for your friends in distress. You can support them in the following ways:



How can I support my friend?

C Calm them down

Are you ok? Calm down, take some deep breaths.

H Hear them out

What happened?

E Empathise with them

I understand it can be a tough time. I'm here for you if you want to talk.

E Encourage seeking help

Is there someone you can talk to about this issue?

R Refer to a trusted adult

Teacher, I am worried about my friend.

Keep a lookout for some of these signs in your peers or in yourself

How can we support one another?



Having difficult emotions during a stressful and uncertain period is normal. Keep a look out for some of these signs:

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- Deliberately avoiding others
- Increased irritability, restlessness, agitation, stress and anxiety
- Sending or posting moody messages on social media
- Talking about death or dying
- Reacting differently or gradually losing interest in things they used to like
- Eating more than usual or having a much reduced appetite
- Sleep pattern changes with difficulty falling asleep or oversleeping
- Slowing down of energy levels

If you notice any of these signs in yourself or your friends,
have a chat with your School Counsellor or teacher,

Or contact SOS 24-hour hotline at **1767** or SOS 24-hour CareText Whatsapp at **91511767**
For cyber wellness related matters, call Help123 at **1800-612-3123*** or email **hello@help123.sg**

*available only from Mon to Fri (excluding Public Holidays), from 9am - 6pm.

Support is readily available for you.

There are other hotlines and chats available if you are more comfortable seeking help using these platforms.

SOS provides round-the-clock emotional support for those in distress, thinking of suicide or affected by suicide.

Call: **1767**

(24-hour helpline)

WhatsApp: **9151 1767**

(24-hour Care Text)

Community Health Assessment Team (CHAT) provides personalised and confidential mental health checks and consultation for youths. To speak with a youth support worker, you can:

Visit: **CHAT Hub at *Scape, 2 Orchard Link, #04-07**

Call: **6493 6500 / 6501**

Email: **chat@mentalhealth.sg**

Mindline is Singapore's national mental health helpline and textline service. The service is manned by trained counsellors who are ready to listen and support you.

Call: **1771**

(24-hour helpline)

WhatsApp: **6669 1771**

(24-Hour messaging service via WhatsApp)

Carey is an online platform by Care Corner that provides free mental health check-ins with mental health professionals. Find out more at: <https://carey.carecorner.org.sg/>

eC2 is an e-Counselling Centre where you can talk to a trained counsellor about the issues you are facing, right where you are.

Chat with a counsellor at: www.ec2.sg

Monday – Friday (Excluding Public Holidays): 10am – 12pm & 2pm – 5pm

TOUCHline is a helpline to provide youths with emotional support and practical advice.

Call: **1800 377 2252**

Monday- Friday (Excluding Public Holidays): 9am – 6pm



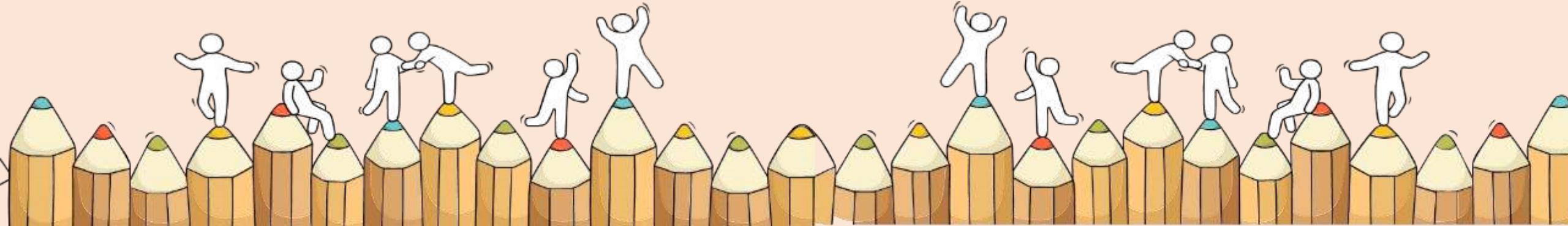
The O-Level examination is one milestone in your education journey, and there are many more exciting pathways ahead.



Your future holds many opportunities waiting to be discovered!

Admissions Exercises

Things to note



The 2026 Joint Admissions Exercise (JAE) is conducted in January after the release of 2025 GCE O-Level results.

Eligible applicants can apply for admission to JC, MI, polytechnics and ITE by submitting your online application through the JAE Internet System (JAE-IS).

LOG IN TO JAE-IS



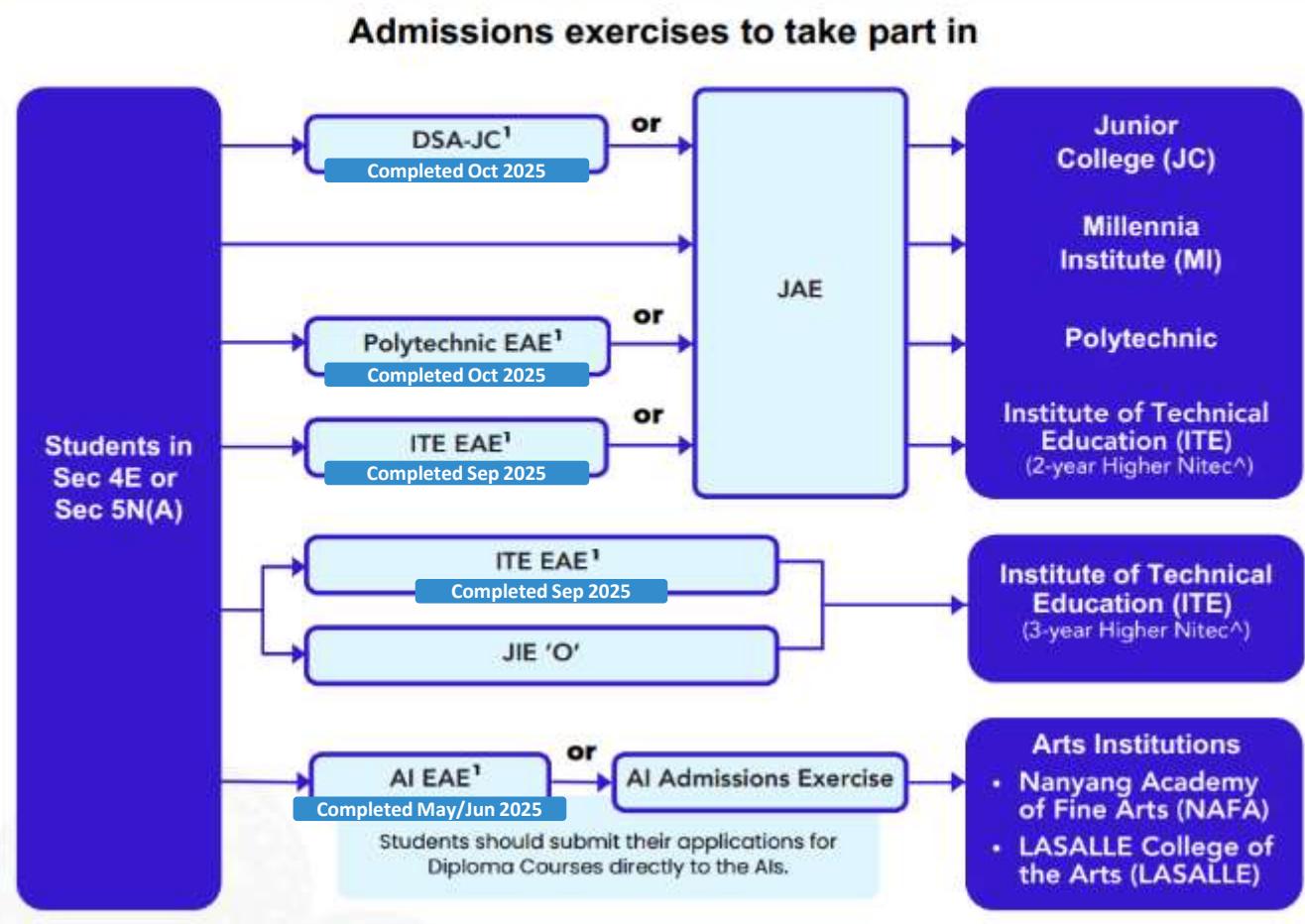
The login button will be activated during the [JAE application period](#) from 4pm on Wednesday, 14 January 2026 to 4.30pm on Monday, 19 January 2026.

JAE eligibility

Your eligibility to participate in the JAE depends on your citizenship and whether you have participated in similar post-secondary admission exercises. [Learn more about the factors that affect eligibility.](#)



Post-Secondary Admissions Exercises for Students in Sec 4 Express or Sec 5 Normal (Academic)



Source: [Post-Secondary Admissions Exercises booklet](#)

¹Students apply through these admissions exercises before their examinations.

[^]Please visit these websites for the list of courses for 2-year Higher Nitec:

<https://www.ite.edu.sg/current-full-time-students/progression/higher-nitec/>



for 3-year Higher Nitec:

<https://www.ite.edu.sg/secondary-school-students/ite-full-time-courses/3-year-4-year-higher-nitec>



Details of Admissions Exercises

JAE – Joint Admissions Exercise

JAE enables GCE O-Level holders to apply for courses offered by JC^s, MI, polytechnics and ITE (2-year Higher Nitec courses).

JAE: <http://go.gov.sg/applyjae>

JIE 'O' – Joint Intake Exercise 'O'

The JIE 'O' enables GCE O-Level holders to apply for the 3-year Higher Nitec courses conducted by ITE.

JIE 'O': <https://go.gov.sg/applyjieo>

Details of Admissions Exercises



Arts Institutions – NAFA/LASALLE

GCE O-Level holders with the aptitude and interest to pursue the creative arts at the tertiary level may apply for diploma programmes at the Arts Institutions (AIs). Each AI runs its own admissions exercise, and interested students should apply directly to the institution.

The AIs also run their own Early Admissions Exercise, an aptitude-based admissions exercise open to graduating O-Level students, final-year Nitec and Higher Nitec students from ITE and graduating Integrated Programme (IP) / International Baccalaureate (IB) Year 4 students. This exercise allows students to apply for and receive conditional offers for admission to NAFA and LASALLE prior to receiving their final grades.

NAFA: <http://go.gov.sg/applynafa>

LASALLE: <https://go.gov.sg/applylasalle>

Application Period

Application Period	Oct 2025 – Mar 2026*	6 calendar days starting from the day of the O-Level results release
Admissions Exercises	NAFA LASALLE	JAE JIE ‘O’

**Applications may close early once programme places have been filled.*

Additional resources to help you make informed decisions



About Discover On My Way:

Discover your **education and career interests** and **chart your personal and professional future** with Discover On My Way! **Explore** different careers, **connect** with industry professionals and peers, and **get firsthand exposure** at various job roles. *Let's get you on your way to Discover-ing!*

What to study?
What career to pursue?

Still figuring out your future?

Join programmes organised by NYC and our partners to meet professionals from various industries & youth on the same journey as you.



Learning Journey to
*SCAPE & ChaPanda



SEAcret Gatherings



Industry Connects With Grab SG





**Ministry of Education
SINGAPORE**