



in





aims to nurture the:

Confidence, Curiosity and Cooperation Skills

in our P1 and P2 students.



through the different PAL Domains:

Sports and Games
Outdoor Education
Visual Arts
Performing Arts



Sports and Games (P1 and P2)

We get to explore and create our own games.



SPORTS & GAMES (P1 - P2)

We get to explore and create our own games.



Look! We are good!

SPORTS & GAMES (P1 - P2)

We get to explore and create our own games.



SPORTS & GAMES (P1 - P2)

We enjoy ourselves but it is not all play.



SPORTS & GAMES (P1 - P2)

There's hard work too!



SPORTS & GAMES (P1 - P2)

We begin with the end in mind and persevere until we achieve our goal.



Yay! We did it!
We kept our
parachute!



SPORTS & GAMES (P1 - P2)

We learn to work together and synergise so that we can complete our tasks.



SPORTS & GAMES (P1 - P2)

We learn to work together and synergise so that we can complete our tasks.



SPORTS & GAMES (P1 - P2)

We learn to cooperate so that we can enjoy ourselves.



SPORTS & GAMES (P1 - P2)

We learn to cooperate to design games for our friends.



SPORTS & GAMES (P1 - P2)

We learn to be **confident** and teach our friends how to play our game.

You need to stand here, throw the bean bag through the hoop and hit the cones behind it. Ready?



SPORTS & GAMES (P1 - P2)

We play and enjoy the games our friends designed for us.



The game is to challenge the hula hoop rolled by my friend.

I won!



SPORTS & GAMES (P1 - P2)

We learn to encourage and cheer for our friends.

Wow! Great throw!



SPORTS & GAMES (P1 - P2)

As long as we follow the PAL rules that we created together, it is okay even when it is messy.



Rules for PAL.

1. Practise good listening. 
2. Play safely. 
3. Be calm. 
4. Have fun. 

SPORTS & GAMES (P1 - P2)



Outdoor Education (P1 and P2)

We learn to use our senses to observe and explore the things around us.



Outdoor Education (P1 - P2)

We learn to use our senses to observe and explore the things around us.



Outdoor Education (P1 - P2)

We learn to be curious about the things that we **see**!



Outdoor Education (P1 - P2)

We learn to be curious about the things that we **see**!



See! There's an ant
crawling in and out
of the hole!



Outdoor Education (P1 - P2)

We learn to be curious about the things that we **hear**!



Outdoor Education (P1 - P2)

We are curious about the things that we **touch**!



Soft... like my teddy bear!

It's slimy!!!



Outdoor Education (P1 - P2)

We are curious about the things that we **touch**!



Feels
rough!



Outdoor Education (P1 - P2)

We are also curious about how things work!



How does this happen?



Outdoor Education (P1 - P2)

We learn to be **confident** and lead my friends safely.



Outdoor Education (P1 - P2)

We also learn to follow my friend's directions and trust my friends.



Outdoor Education (P1 - P2)

We practise the value of resilience and try our best.

I need to reach for that green rock



Outdoor Education (P1 - P2)

We learn to listen mindfully and communicate clearly.



Outdoor Education (P1 - P2)

We have fun playing together and learning about teamwork



Outdoor Education (P1 - P2)

We learn that everyone contributes one way or another.



Outdoor Education (P1 - P2)

We learn to put aside our differences and
Put First Things First.



Almost!



Outdoor Education (P1 - P2)

It is not easy, but it was worth the effort
in the end!



Outdoor Education (P1 - P2)



Performing Arts: Dance (P1 and P2)

We learn how to express our emotions using movement and our bodies.



Dance (P1 and P2)

We work together in harmony to create an underwater movement sequence.



I'm an
octopus

We are
corals

Dance (P1 and P2)

We explore with different materials and try to mimic their properties too.



Dance (P1 and P2)

We encourage and challenge each other to do their best.

Yes, hold on for another 10 seconds!



We can do it!

Dance (P1 and P2)

We are exposed to the different cultural dances all around us.



This type of dance is all about the hand gestures



Dance (P1 and P2)

We work together to create a group sequence of movements and showcase it to our classmates.



Dance (P1 and P2)

We learn to be confident and present our dance pieces to our classmates.



Dance (P1 and P2)



Visual Arts - Art (P1)

We explore using different materials to create art



Art (P1)

We learn and discover why colours are so important!



My picture is
prettier with
colours



Art (P1)

We learn about the different emotions and how to manage them.



Art (P1)

We discuss and craft our social contract together as a group.



Art (P1)

We have many opportunities to create artworks together as a group.



Art (P1)

We practise Think Win-Win to include everyone's great ideas.



Art (P1)

We share our artworks with our classmates and learn to listen respectfully.



I made a pizza with a lot of vegetables, so it is very healthy.

Art (P1)

We got to practise our presentation skills in front of a larger group too!



Art (P1)

Most importantly, we learn about the value of responsibility by cleaning up after our PAL lessons.



Art (P1)



Performing Arts - Music (P2)

We explore using different instruments to make music.



Music (P2)

We explore using different instruments to make music.



Music (P2)

We make digital music using the digital instruments on our iPads too!



Music (P2)

We learnt that colours and movements complement music and makes it more 'colourful' and fun.



Music (P2)

We always seek to understand our friends when we are composing our group music.



Music (P2)





Reflections (P1 and P2)

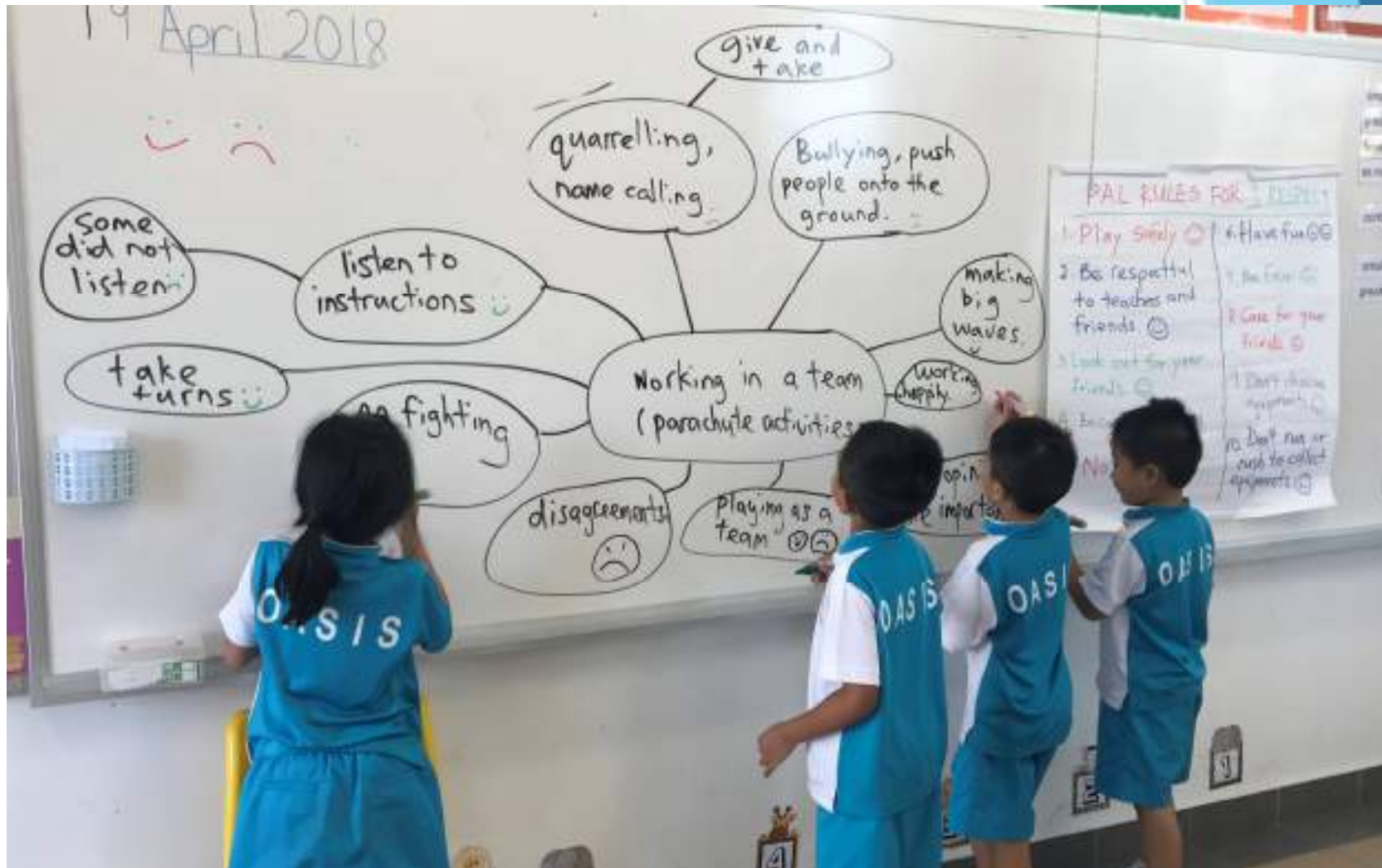


We end most of our PAL lessons reflecting about the activities...





... the problems encountered...





... and the skills learnt during our PAL lesson.





And through our PAL Journey in
Oasis Primary School, we
develop and become...

Passionate Learners Caring Leaders

