



We Learn,  
We Grow,  
We Achieve

Uniquely



**WELCOME TO**

**Opera Estate Primary School**

**Primary 1 Orientation 2021  
(For 2022 intake)**

# OEPS School Leaders



We Learn, We Grow, We Achieve

# Supporting your child



We Learn, We Grow, We Achieve

# Supporting your child

Learning  
Support



We Learn, We Grow, We Achieve

# Supporting your child

AED School Counsellors  
& AED Learning  
Behavioural Support



We Learn, We Grow, We Achieve

# Future Learning: 21<sup>st</sup> Century Competencies



## Confident Person

- Thinks independently
- Communicates effectively
- Has good inter-personal skills

## Self Directed Learner

- Takes responsibility for own learning
- Questions, reflects, perseveres
- Uses technology adeptly

## Desired Outcomes of Education

(1997, Revised 2009)

## Concerned Citizen

- Is informed about world and local affairs
- Empathises with and respects others
- Participates actively

## Active Contributor

- Exercises initiative and takes risks
- Is adaptable, innovative, resilient
- Aims for high standards



We Learn, We Grow, We Achieve

# The OPERA Vision

We Learn



We Grow



We Achieve



We Learn, We Grow, We Achieve

# The OPERA Mission



Celebrating Our G.E.M.

**Grow Leaders**

**Empower Learners**

**Mould Character**



*We Learn, We Grow, We Achieve*

# The OPERA Values

Excellence  
Through  
Diligence

- Showing a keen interest to learn
- Completes tasks to be the best of his/her ability to excel in his/her personal goals

Different Yet  
One

- Shows respect, care and concern
- Appreciates the diversity

Integrity in Us

- Does the right thing without being told
- Takes responsibility for his/her actions



We Learn, We Grow, We Achieve



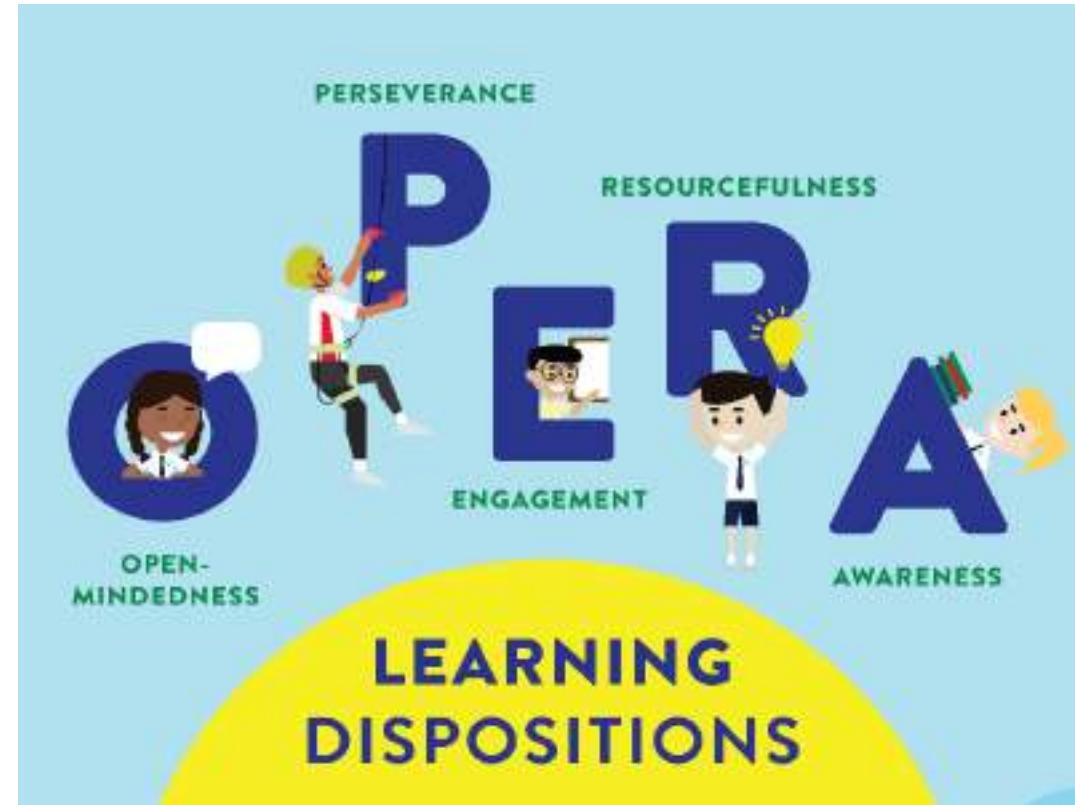
**“Let us prepare every child for the test of life, and not just a life of tests”**

~PM Lee, National Day Message 2012



*We Learn, We Grow, We Achieve*

# The OPERA Learning Dispositions



We Learn, We Grow, We Achieve

# Learning Dispositions

## O

### Open-Mindedness



I respect and am willing to explore ideas shared by my peers.

I cooperate well with others in a group learning setting.

## P

### Perseverance



I show continual effort in completing

I am not discouraged in the face of challenges.

## E

### Engagement



I am immersed in learning and enjoy it.

I ask relevant questions to deepen learning.

## R

### Resourcefulness



I make good use of resources, tools and materials.

I can come up with various ideas and solutions to challenges.

## A

### Awareness



I think through my learning experiences to ensure improvement.

I take responsibility for my own learning.

NAME:

CLASS:



We Learn, We Grow, We Achieve



We Learn,  
We Grow,  
We Achieve

# Parents as Partners

PARENTS + R



R → Relationships

*Collaborative*  
*Positive*  
*Trusting*

as

## PARTNERS-IN-EDUCATION



We Learn,  
We Grow,  
We Achieve

# Every Parent, A Supportive Partner

- **Bringing Out The Best In Our Children, TOGETHER**
  - home is the child's first school
  - first teachers, role-model and most important teacher
  - complement school's efforts in delivering a holistic education



We Learn,  
We Grow,  
We Achieve

# Home-School-Community Links

Building on Trust, Partnering as One





We *learn*,  
We *grow*,  
We *achieve*

# HOME-SCHOOL LINKS

- **Communication**

- **Parents Gateway**

- **Introduction** – Letter from Form Teachers within the first week of school
    - Termly letters

- **Pupil Diary**

- **ClassDojo**

- **Email:** [oeps@moe.edu.sg](mailto:oeps@moe.edu.sg)

- **Phone** - 6241 0417

- **Website** - <https://operaestatepri.moe.edu.sg/>



We *learn*,  
We *grow*,  
We *achieve*

# Home-School Links

- Parent-Teacher Interactions:
  - *Curriculum Briefing*
    - 12 January 2022 (TBC)
  - *Parent-Child-Teacher Conference (PCTC)*
    - 26 May 2022 (TBC)



We Learn,  
We Grow,  
We Achieve

# Parent Support Group



## • Opera Parents Club (OPC)

- School Events/Programmes
- Coffee n 'Chat





We *learn*,  
We *grow*,  
We *achieve*

# The Butterfly Story





Once, there was a man who found a cocoon of a butterfly.

He saw a small opening appear in the cocoon.

The man sat and watched the butterfly for several hours as it struggled its body through a tiny hole.

Then it stopped, as if it could not go any further.



We Learn, We Grow, We Achieve



So, with the best intentions, the man decided to help the butterfly.

He took a pair of scissors and cut off bits of the cocoon to create a bigger opening for the butterfly to come out of the cocoon easily.

With the bigger opening, the butterfly no longer struggled and emerged the cocoon easily.

But the butterfly that emerged, had a swollen body and small shrivelled wings.



<https://www.thoughtco.com/why-monarch-butterfly-have-crumpled-wings-1968187>



*We Learn, We Grow, We Achieve*

The man expected the butterfly to grow its wings and fly away.

This did not happen.

The butterfly spent the rest of its life, crawling around the ground with shrivelled wings, unable to fly.



<https://forum.inaturalist.org/t/help-lime-butterfly-wings-very-crumpled/13135>



We Learn, We Grow, We Achieve

Sometimes, we need to experience forms of stumbles or struggles in our life in order to learn what strength is.

While we have the best intentions to come up with solutions for our children and help them solve problems, they will not be capable of doing it themselves later on in their life. Hence they become disempowered and their abilities are limited.



*We Learn, We Grow, We Achieve*



Let your child learn and find strength through obstacles.

With your guidance and support, they will be able to blossom and be empowered to become leaders in their own rights.



*We Learn, We Grow, We Achieve*

thank  
you!



We Learn, We Grow, We Achieve



We Learn,  
We Grow,  
We Achieve

# PRIMARY ONE 2022

## FIRST WEEK OF SCHOOL ORIENTATION



# Curriculum Hours

**First day of school : 4 January 2022, Tuesday**

Reporting Time	7.30 am Teachers will be at the gates to receive students. *Parents may drop child off either at Main Gate (Bus Stop Gate) or Back Gate (Canteen Gate)
Curriculum Time	7.30 am to 1.20 pm (Mondays, Tuesdays, Thursdays & Fridays) 7.30 am to 11.50 am (Wednesdays)
Recess Time	8.30 am to 9 am
Healthy Snack Break	11 pm to 12 pm (10 minutes daily)
Dismissal	1.20 pm

*\*Due to SMM guidelines, we seek parents' understanding that we are unable to allow parents to enter the school.*



**We Learn, We Grow, We Achieve**

# School Gates

*The following gates will be opened in the morning from 6.45 a.m.*



Main Gate  
(next to bus stop along Fidelio Street)



Back Gate  
(Swan Lake Avenue)



We Learn, We Grow, We Achieve

# Drop-Off & Pick-Up Points



Main Gate  
(next to bus stop along Fidelio Street)



Back Gate  
(Swan Lake Avenue)



We Learn, We Grow, We Achieve

# Parking Along Residents' Houses

- Do not obstruct the residents' house entrances.
- Guide your child to cross at the traffic light/ zebra crossing.



We Learn, We Grow, We Achieve

# Road Safety Reminders

(Students Walking/Cycling/Scooting to School)

## Guide your child to:

- put on safety helmet while cycling /scooting
- cycle/scoot at a safe speed
- mount off the bicycle/scooter when crossing the road at the zebra crossing
- use the traffic light/zebra crossing when crossing
- lock the bicycle/scooter at all times when parking in the school premise



We Learn, We Grow, We Achieve

# School Uniform and PE Attire

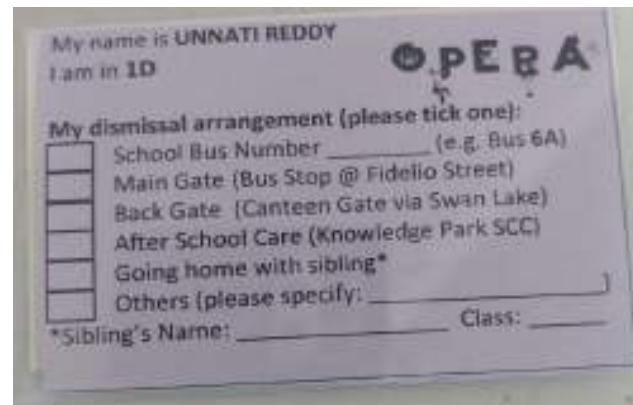
- Recommended sets of school uniforms : **2 sets**
- Recommended sets of PE attires : **3 sets**
- Pupils can wear PE attire on PE and PAL days (i.e. usually 3 days a week)
- Wearing of smart watches is strongly discouraged during school hours.



*We Learn, We Grow, We Achieve*

# Name Tag

- Iron on name tag to be placed above the school badge.
- Plastic name tag to be put on daily for the first 3 weeks until students are well settled into the dismissal routine.
- Going home arrangement to be indicated clearly on student's plastic name tag.



We Learn, We Grow, We Achieve

# First Week of School Orientation Programme

- ☺ Getting to know teachers and peers
- ☺ School tour
- ☺ School routines:
  - Arrival
  - Recess
  - Transition between lessons
  - Snack break
  - Dismissal
- ☺ Class rules & expectations
- ☺ Subject orientation



*We Learn, We Grow, We Achieve*

# Recess Time

- 8.30 a.m. to 9 a.m. daily
- First day of school: Recess time will be staggered and extended to an hour to enable teachers to orientate pupils through the recess experience.
- Students can choose to bring their own food or buy from the canteen.
- Pocket money of \$2.50 should be sufficient.
- Food served from the canteen stalls are aligned with HPB's Healthy Eating in Schools Programme Guidelines.

*\*Due to SMM guidelines, we seek parents' understanding that we are unable to allow parents to enter the school.*



*We Learn, We Grow, We Achieve*

# Healthy Snack Break

- 10 minutes daily between 11am to 12pm in the classroom.
- Pupils are strongly encouraged to bring healthy, light snacks.
- Pupils will be engaged in mindfulness activities before the lesson continues.



We Learn, We Grow, We Achieve

# Items to bring daily

- Trace Together token
- stationeries & coloured pencils
- OEPS pupil's diary 2022
- school homework file
- a lightweight English storybook
- water bottle
- an extra set of mask
- thermometer (will be given on first day of school)
- pocket money in a small wallet/coin pouch for buying recess meal or packed food from home
- healthy, light snacks

## Important:

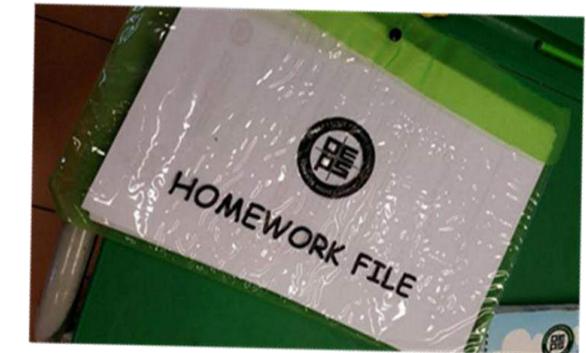
Please guide your child to label his/her belongings with name and class clearly.



We Learn, We Grow, We achieve

# OEPS Pupil Diary & Homework File

- Every student will receive a pupil diary
- Students should bring the pupil diary **daily** to record homework & reminders.
- Pupil diary serves as a form of communication between parents and teachers.
- Familiarise your child with the school rules & disciplinary matters.
- Students should bring the homework file **daily** to keep homework, worksheets and letters issued to parents.



We Learn, We Grow, We Achieve

# Books to bring during the first week of school

- Refer to P1 2022 e-handbook for parents in OEPS website

<https://operaestatepri.moe.edu.sg/2022-p1/>

**What to bring to school daily**

To make sure that your school bag is not too heavy, pack your bag with your parent/guardian using the guide below:

Day/Date	Items to Bring
Tuesday 4 Jun 2022 (Orientation Day 1)	1. Pencil Case 2. Colour pencils 3. Water Bottle 4. Money for recess (approximately \$2.50) 5. Packaged healthy light snacks 6. Water Bottle 7. A thin and lightweight English storybook
Wednesday 5 Jun 2022 (Orientation Day 2)	1. My Form Teacher Guidance Portal (FTOP) Journal P1 2. Social Studies: Inquiring into Our World Activity Book 1 3. Physical Education: An Active and Healthy Me! Student Journal Primary 1 4. ITESTAR Handwriting Book 5. Little Writer's Jotter Book 6. Report Book 7. Mini whiteboard with whiteboard marker & eraser FAST ID

(The above items are part of the daily items to be brought to school. Do label the items with your name and class.)

(The above items will be collected by form teachers and kept in the classroom. Do label the items with your name and class.)

[Back to "Getting ready for school"](#)  [Click for more](#)



We Learn, We Grow, We Achieve

# Forgetting Items

**Set a daily routine and guide child to:**

- pack school bag according to the timetable
- look through the pupil diary for homework and reminders
- prepare items that need to be brought to school, e.g. pocket money, snacks, etc...

- ☺ Parents are discouraged from rushing down to school to send forgotten items.
- ☺ Teacher will guide students in managing the situation.
- ☺ With the home-school partnership, the school aims to develop pupils' confidence, independence and sense of personal responsibility.



*We Learn, We Grow, We Achieve*

# School Lockers

- Every pupil will be given a personal locker
- Bring a lock (preferably a number lock)
- Set an easy number code for your child to remember
- Items that can be kept in the locker: Art bag with Art materials, mini whiteboards

*(School textbooks are strongly not encouraged to be kept in school)*



We Learn, We Grow, We Achieve

# Individual Student Details Report (ISDR) Form

- The ISDR form will be issued to every P1 student during the first week of school.
- Parents to verify child's personal information
- Declare prevailing medical condition, special educational needs, if any
- Sign and return updated ISDR form to child's FT

### Changes to the ISDR form

Please fill in or update your child/ward's existing medical / **special educational needs (SEN)** in the form below.  
Please do so correctly.

Medical / <b>SEN</b> Conditions	Yes/No	If Yes, please state the special precaution to take for your child/ward. Please attach a copy of <b>medical/ psycho-educational report(s)</b> from the attending doctor(s)/ psychologist(s)/ therapist(s).
Epilepsy	Yes/No	
Periodic Loss of Consciousness	Yes/No	
Heart Condition	Yes/No	
Ear Disorder	Yes/No	
Respiratory Disorder e.g. Asthma	Yes/No	
Allergies e.g. food, medication, insect bites and asthma	Yes/No	
Is your child/ward on regular medication?	Yes/No	
Has your child/ward been specifically told to modify further physical activity or exercise participation?	Yes/No	
Other relevant medical information	Yes/No	
Has your child been identified to have special educational needs?	Yes/No	

1. Insertion of "special educational needs (SEN)".  
2. Insertion of "psycho-educational report(s)" and "psychologist(s)/ therapist(s)".  
3. New SEN declaration field.

### Changes to the ISDR form

I submit the **attached medical/ psycho-educational information from the attending doctor(s)/ psychologist(s)/ therapist(s)** concerning my child/ward which includes details of limitations that **my child/ward has in activities**.

I hereby authorise **teacher(s)** instructors to obtain medical assistance which they deem necessary.

I acknowledge that the school may arrange for my child to be assessed by an MOE psychologist, should he/she experience significant learning difficulties even after additional support and/or intervention. I understand that should the MOE psychologist assess that my child's needs would be better met in a special education school funded by the Government, the Ministry will engage me to discuss the possible educational options for my child.

I am aware that by signing this document, I consent to the Ministry of Education (MOE) to be enrolled in, and its staff (including Form Teachers, PE teachers, CCA teachers, **Year Heads**, and other authorized personnel) using the information contained herein for the purposes of:  
(a) updating any student information database managed by the schools or the Ministry of Education;  
(b) planning and conducting the schools' programmes;  
(c) sending me information on education-related issues and events; and  
(d) making disclosure of all necessary data (including personal data of both my child and I) to other government agencies or services for my child's educational advancement or other purposes beneficial to my child as determined by the Government, unless such sharing is prohibited by law.

Tick this box if you do not wish to receive information on education-related issues and events from the Ministry of Education / Headquarters. Please note that Schools may still continue to send you information relating to school programmes and matters.

I confirm that the above information is correct.

Parent/Guardian's Name \_\_\_\_\_ Parent/Guardian's Signature \_\_\_\_\_ Date \_\_\_\_\_

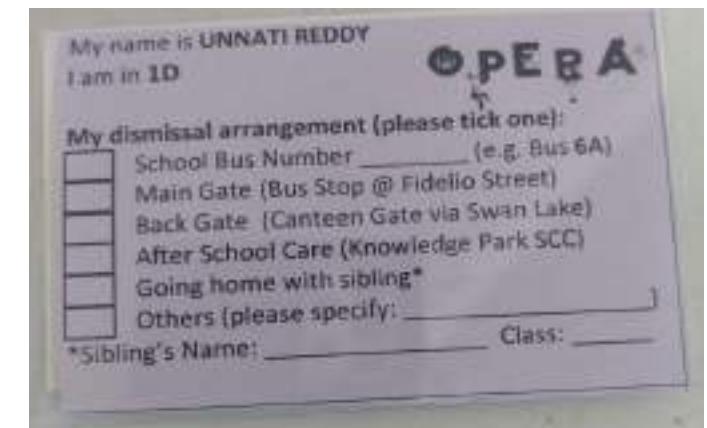


We Learn, We Grow, We Achieve

# Going Home Arrangement

- Indicate your child's going home arrangement clearly on the plastic name tag.
- Guide your child to approach any of the school staff or the General Office in the event that parent/caregiver may be late in fetching the child.

Going Home Arrangement	Assembly Point & Procedure
1 Taking school bus	School Hall Bus drivers will fetch students from the school hall.
2 Attending school-based Student Care Centre (SCC)	Reading Cove SCC caregivers will fetch pupils from the Reading Cove and usher them to the SCC.
3 Going home with older siblings studying in OEPS	Classroom Older siblings will fetch pupils from their respective P1 classrooms at dismissal [for the first 2 weeks] until students are familiar with their dismissal routines.
4 To be fetched by parent/guardian*	Main Gate/ Back Gate Inform your child/ward the specific gate that he/she will be fetched. Teachers will accompany pupils to the Main/Back gates for dismissal. <small>*should your parent/guardian be late, please approach staff at the General Office for assistance.</small>

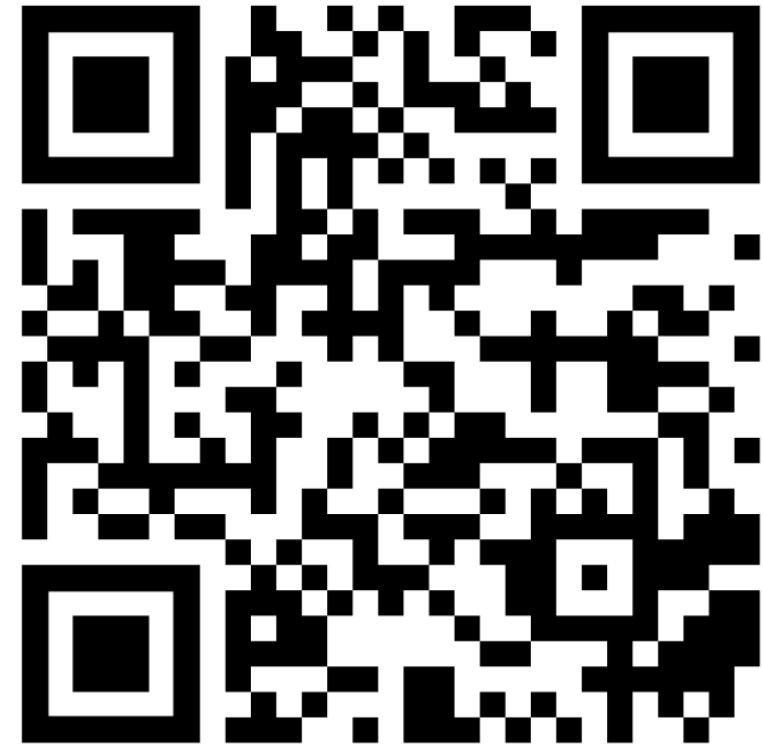


We Learn, We Grow, We Achieve

# More Information on Orientation Matters

e-handbook for Parents : <https://operaestatepri.moe.edu.sg/2022-p1/>

The screenshot shows the homepage of the P1 Orientation for 2022 Cohort. At the top, there is a banner with the text "P1 Orientation for 2022 Cohort". Below the banner, there are three main sections: "ADMINISTRATIVE MATTERS", "E-HANDBOOK FOR PARENTS", and "OTHER USEFUL RESOURCES". The "E-HANDBOOK FOR PARENTS" section is highlighted with a red oval. The "ADMINISTRATIVE MATTERS" section contains links for P1 Booklist 2022 & Purchase of PE Attire, Purchase of School Uniform, Application for Interbank GIRO, Edusave Scheme (for Singapore Citizens students only), MOE Financial Assistance Schemes 2022 (for eligible Singapore Citizens only), and Consent for Dental Service 2022 (To be available soon). The "OTHER USEFUL RESOURCES" section contains links for Parents' Gateway, Knowledge Park Student Care Centre, School Bus Service Provider, Opera Parents' Club, and Useful External Links.



We Learn, We Grow, We Achieve

thank  
you!



We Learn, We Grow, We Achieve

# DEVELOPMENTS IN PRIMARY EDUCATION



Link to video:

<https://youtu.be/9paLbNR2zWg>



We Learn, We Grow, We Achieve



We Learn  
We Grow  
We Achieve

# SUPPORTING MY CHILD DURING THIS TRANSITION

**Support** your child and encourage them to overcome challenges with you

**Affirm** your child by recognising small successes and praising their efforts

**Familiarise** your child by easing them into new routines and sharing with them your experiences in primary school

**Empathise** and acknowledge your child's feelings





We Learn  
We Grow  
We Achieve



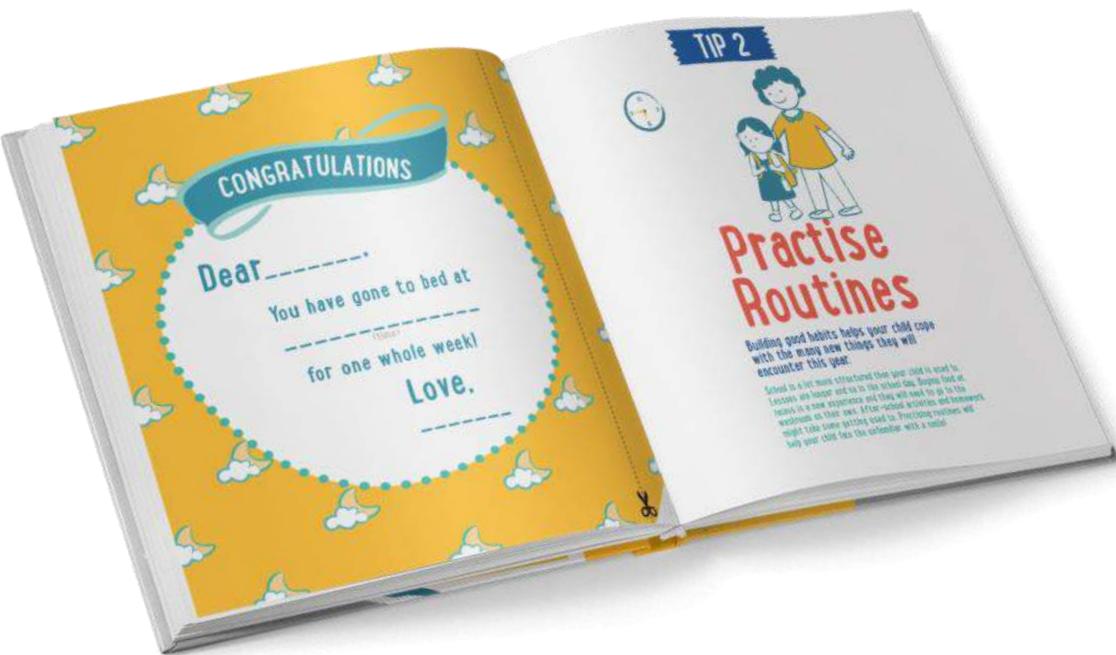
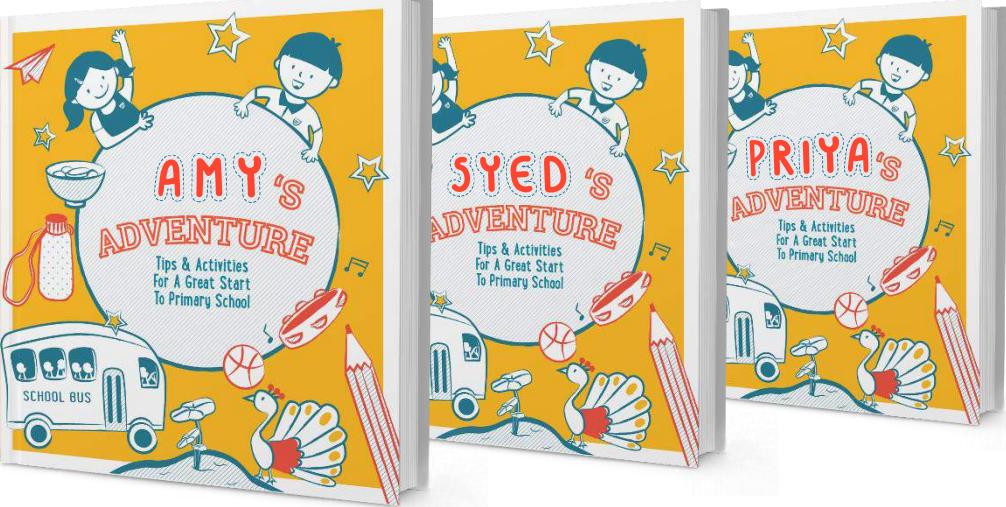
**FOR YOU & YOUR CHILD**

# PARENT-CHILD ACTIVITY BOOK

Tips & Activities for a Great Start to Primary School



We Learn  
We Grow  
We Achieve



---

## PERSONALISE THE COVER!

---

**10 TIPS FOR PARENTS** to help you navigate your child's first year in primary school

---

## RESOURCES FOR PARENTS





We Learn  
We Grow  
We Achieve



---

## ACTIVITIES TO DO TOGETHER

- 
- Chat with your child
  - Boost their confidence
  - Practise various scenarios
  - Create something interesting
  - Thank others for their help
  - Pledge to do things together



We Learn  
We Grow  
We Achieve

# PREPARING MY CHILD FOR PRIMARY 1

- Relating to others
- Developing good habits
- Nurturing positive learning attitudes
- Creating a conducive learning environment at home





We Learn  
We Grow  
We Achieve

# RELATING TO OTHERS

## Build your child's interpersonal skills by:

- Modelling the use of friendly and polite phrases
  - “Hello! My name is... what is your name?”
  - “May I please...”
- Providing opportunities for your child to share and take turns during playtime with other children.
- Teaching them coping mechanisms (e.g. deep breaths, quiet corner, stop-think-do) to enable them to manage their emotions.



Check out pages 34 - 38 of the PCAB for activities on making friends.



# DEVELOPING GOOD HABITS

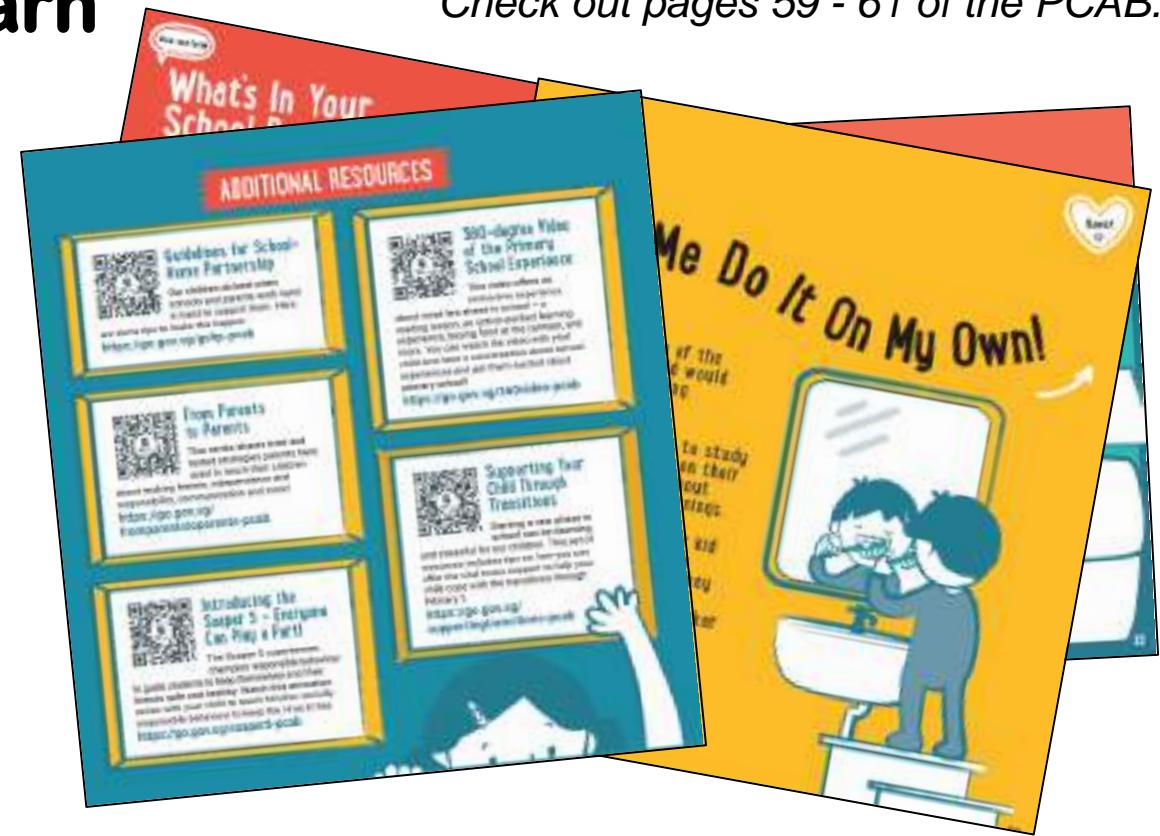
We Learn  
We Grow  
We Achieve

## Routines help your child learn to manage themselves.

Guide your child to do the following independently:

- Maintain a healthy sleep-wake routine
- Make healthy food choices
- Pack their bag
- Dress themselves
- Buy food at the canteen
- Wash their hands
- Use a mask responsibly
- Take their temperature using a thermometer

*Help your child commit to doing some of these independently when they are ready. Check out pages 59 - 61 of the PCAB.*





We Learn  
We Grow  
We Achieve

# NURTURING POSITIVE LEARNING ATTITUDES

**Developing the right learning attitude in your child will help them transit smoothly into the learning routines in school.**

**You can encourage your child to:**

- Ask questions about their experiences and the world around them.
- Express their thoughts and feelings and discuss what can be done if they have worries.
- Practise life skills independently like buying food and drinks on their own and asking for permission.



*Check out pages 39 - 54 of the PCAB for activities that will help your child develop a positive learning attitude.*

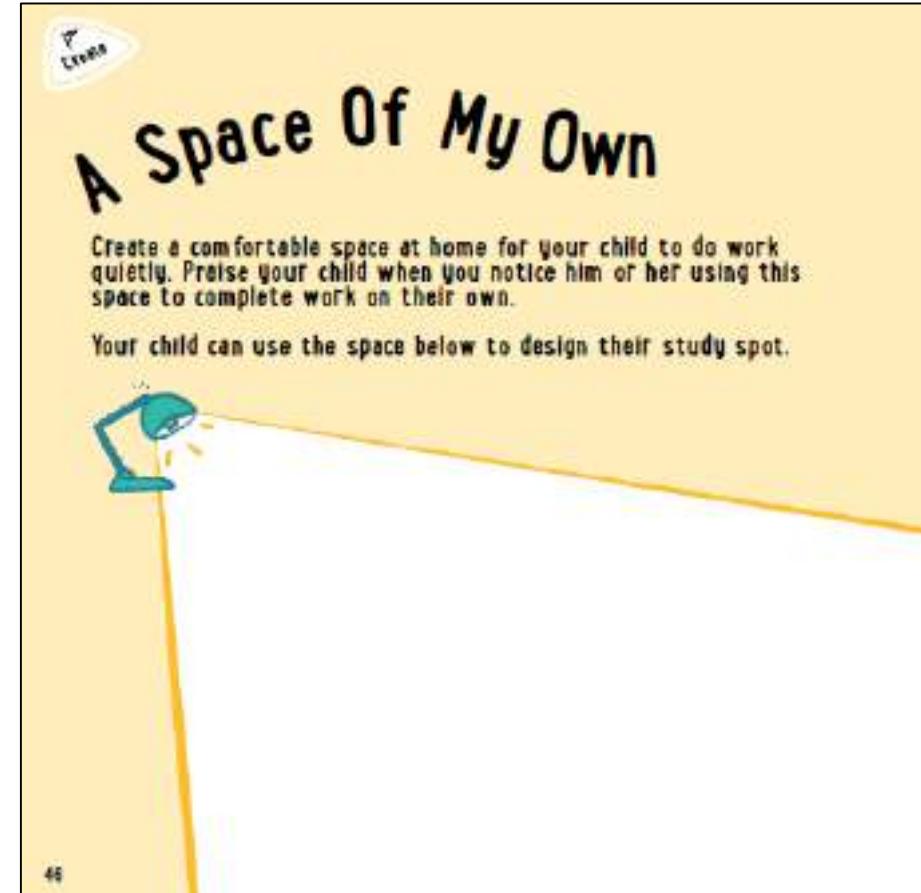


We Learn  
We Grow  
We Achieve

# CREATING A CONDUCIVE LEARNING ENVIRONMENT AT HOME

**Set up a conducive home environment so that your child can learn both at home and in school:**

- Have a dedicated area for learning, such as doing schoolwork or reading to put your child in the right frame of mind to learn.
- If you have more than one child, allocate areas for each child to learn independently or together.
- Role model positive learning behaviours.
- Establish a daily routine with your child, with time set aside for reading, schoolwork, rest, family time and play.



*Check out page 46 of the PCAB for an activity to help you create a conducive learning environment at home.*



We Learn  
We Grow  
We Achieve

# SCHOOL-HOME PARTNERSHIP

Our children do best when schools and parents work hand in hand to support them.



Link to resource:  
<https://go.gov.sg/moe-school-home-partnership>



We Learn  
We Grow  
We Achieve

# SCHOOL-HOME PARTNERSHIP

## Communicating with your child's teacher

- Connect with teachers of the class through email or Class Dojo
- Have regular conversations with teachers in both academic and non-academic areas – this will help you better guide your child's development.
- Ask the teacher for the best way and time to contact them.



**ClassDojo**



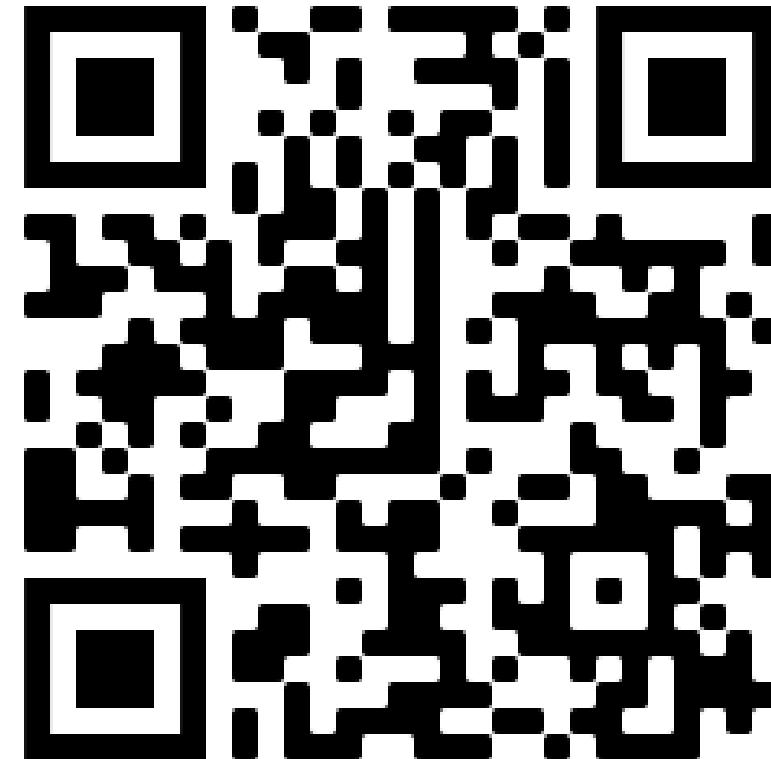


We Learn  
We Grow  
We Achieve



# WE ARE HERE TO SUPPORT YOU!

**Opera Estate  
Primary School**



**Link to website:**  
<https://operaestatepri.moe.edu.sg/>



We Learn  
We Grow  
We Achieve

# WE ARE HERE TO SUPPORT YOU!

## Parent Kit



### Parent Kit

[www.moe.gov.sg/parentkit](http://www.moe.gov.sg/parentkit)

Each Parent Kit issue contains bite-sized actionable tips with supporting resources for parents to help them support their child in their education journey.



### SCHOOLBAG THE EDUCATION NEWS SITE

### Schoolbag.sg

[www.schoolbag.sg](http://www.schoolbag.sg)

Through articles and multimedia content, Schoolbag provide parents and general public with information and insights related to education, tips for parent involvement and features on school programmes.



We Learn  
We Grow  
We Achieve



[www.instagram.com/moesingapore](https://www.instagram.com/moesingapore)



[www.facebook.com/moesingapore](https://www.facebook.com/moesingapore)



# WE ARE HERE TO SUPPORT YOU!



[www.youtube.com/moespore](https://www.youtube.com/moespore)



[www.instagram.com/parentingwith.moesg](https://www.instagram.com/parentingwith.moesg)





We Learn  
We Grow  
We Achieve

# PARENTS GATEWAY



## Steps:

1. Open the Apple App Store or Google Play Store app on your mobile phone.
2. Search for 'Parents Gateway' mobile app.
3. Download and install the app onto your phone.
4. Enable 'Allow Notifications' to receive push notifications.
5. Stay logged in to receive notification of your child(ren)'s school announcements and consent forms.



We Learn  
We Grow  
We Achieve

# RESOURCES



<https://fathers.com.sg/back-to-school-with-dad/>

**YOUR CHILD IS READY.  
ARE YOU?**



*We Learn, We Grow, We Achieve*