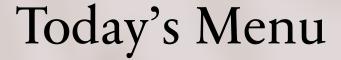




1) Welcome / Opening



2) Updates on School Program by Mr Ashiq





3) OBS Matters by Mr Andy Law



4) Student Leadership Opportunities by Ms Sabrina Ho



5) Q&A

Welcome Address by Principal (Mrs Grace Chua)

Updates on School Programs (Mr Ashiq) Year Head (Upper Secondary)

PARENT SUPPORT GROUP

Scan the QR Code to join our PSG.







PSG Liaison: Mdm Siti Mariam ST CCE



Student Well-being Check-in Survey

Administered to help HTs:

- Understand students' social-emotional needs, social support network and well-being as they enter the new school year
- Identify students for closer monitoring and support, including those who are having difficulties coping emotionally, facing family-related challenges, or struggling quietly and not reaching out for help.

Student Well-being Check-in Survey

What is the best part of Term 1 for you?

What are you looking forward to during the June holidays?

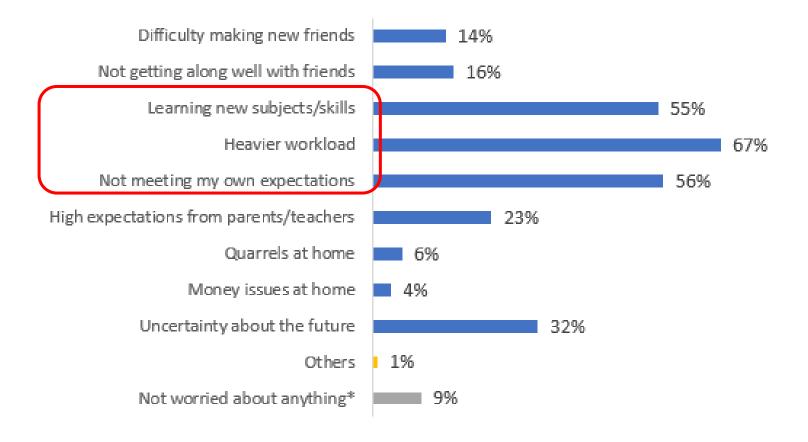
Top 3

- 1. Friends
- 2. CCA
- 3. Teachers

Top 3

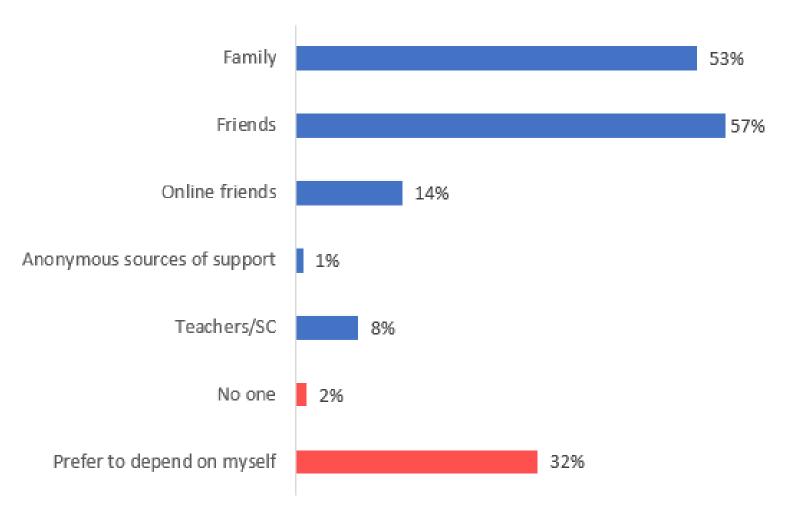
- 1. Spending time with family and friends
- 2. Sleeping
- 3. Travelling/Recreation activities

What worries your children?



Who Do they Turn to for Support?





Follow Up from the Data Collected

Cohort level program to address issues pertaining to student's concern e.g. assembly program and CCE lessons

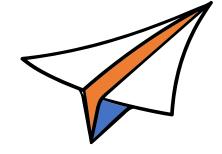
1-to-1 Student Teacher Conference with your Child

Connecting child with buddy/peer support leader

Referral for students needing more support to school counsellor, SEN officer, Year Heads or even family service centres

Academic Matters - Important Dates

- Term 2 Weighted Assessment (WA2)
 - 15 Apr 8 May 2024
 - conducted during class time
 - Max 2 subjects per day
 - Test dates have been sent via PG on 22 Mar 2024



INSTRUCTIONAL PROGRAMMES

Nurturing Talents

Authentic Learning - Real world application





Mother Tongue Languages Fortnight

Geography Hybrid fieldwork

@Sentosa



Science Department Investigative Project



Real World Context in Math



Music Artist in School Scheme



Code for Fun

Pop-Up Café: Valentine's Day (14 Feb 2024)

- Wednesday, 3-4.30pm
- Location: School Library
- Tickets: Gratitude Notes for classmates, friends, parents, teachers, etc.





English Language Literature Festival (1-5 April 2024)

ENGLISH LANGUAGE & LITERATURE FESTIVAL

EMPOWER YOUR VOICE







DATE: Term 2 Week 3, 1 - 5 April 2024

MASTER WORKSHOPS. BOOK SHARING.
DRAMA COMPETITION. THEMATIC LIBRARY DISPLAYS.

Department of English Language and Literature . Pasir Ris Secondary School 2024





Pop-Up Café: International Friendship Day

International Friendship Day Pop-Up Café!

Welcome dignitaries!

Honourable members of ASEAN,

Please accept this as an honorific invitation to you to attend our Annual Luncheon event this year.

The Character and Citizenship Education Committee will be holding its International Friendship Day Pop-Up Café on:

> Date: 17 April 2024 Time: 3pm to 4.30pm Venue: Main Library

This annual event is designed to get members of ASEAN together to learn more about each other's culture through food, and simple, fun and engaging activities.

It would be a great honour to have you join us in kicking off this year's event.



Student Learning Festival (24 April 2024)

Student Learning Festival

Theme: Inspire!

Rationale:

 Pasirians take inspiration from the sharing by their peers as they explore their passion and interests beyond the curriculum, and continue to inspire one another in the spirit of lifelong learning.





- Wednesday
- 9-10am
- Student-Initiated Learning (SIL) Projects Presentation
- Location: Around School

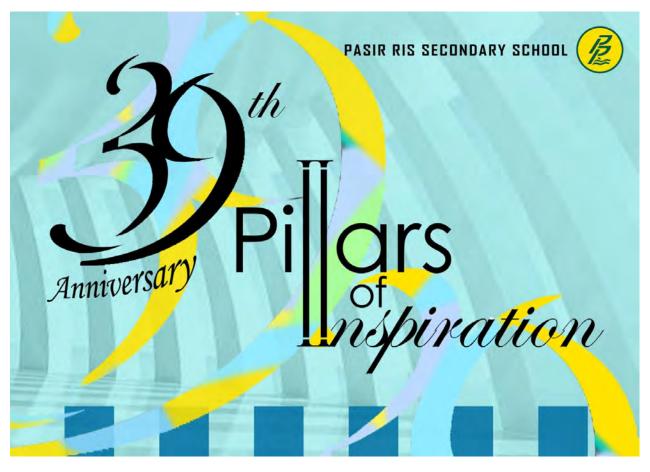




PRSS Awards Ceremony (24 April 2024)

- Wednesday,11.30am-1230pm
- Location: School Hall





Performing Arts Concert (The Pursuit)

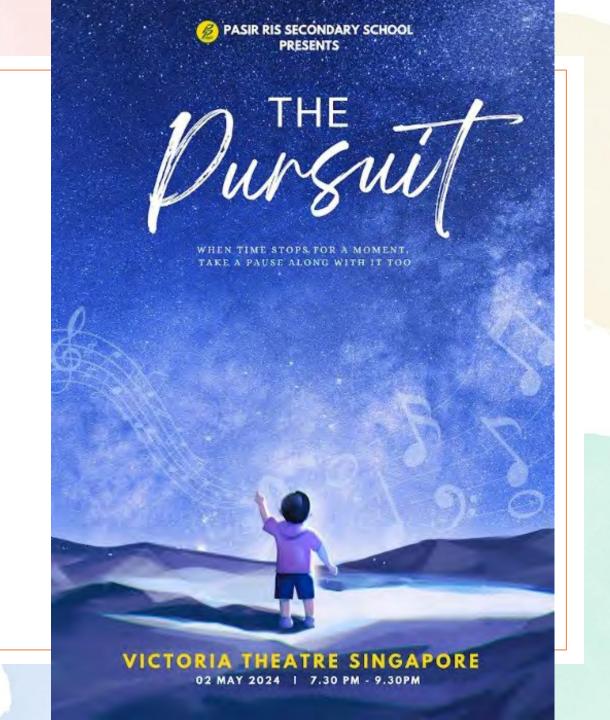
Date: 2 May 2024

Day: Thursday

Time: 7.30-9.30pm

Venue: Victoria Concert Hall

A Performing Arts Production



Cross Country (8 May 2024)

Day: Wednesday

• Time: 7.30-11.30am

Location: Passion Wave@Bedok

Reservoir

Parent Volunteers welcome





STEAM Carnival (13-17 May 2024)

- Week-long activities
- Enrichment activities
- Learning Journeys
- Workshops



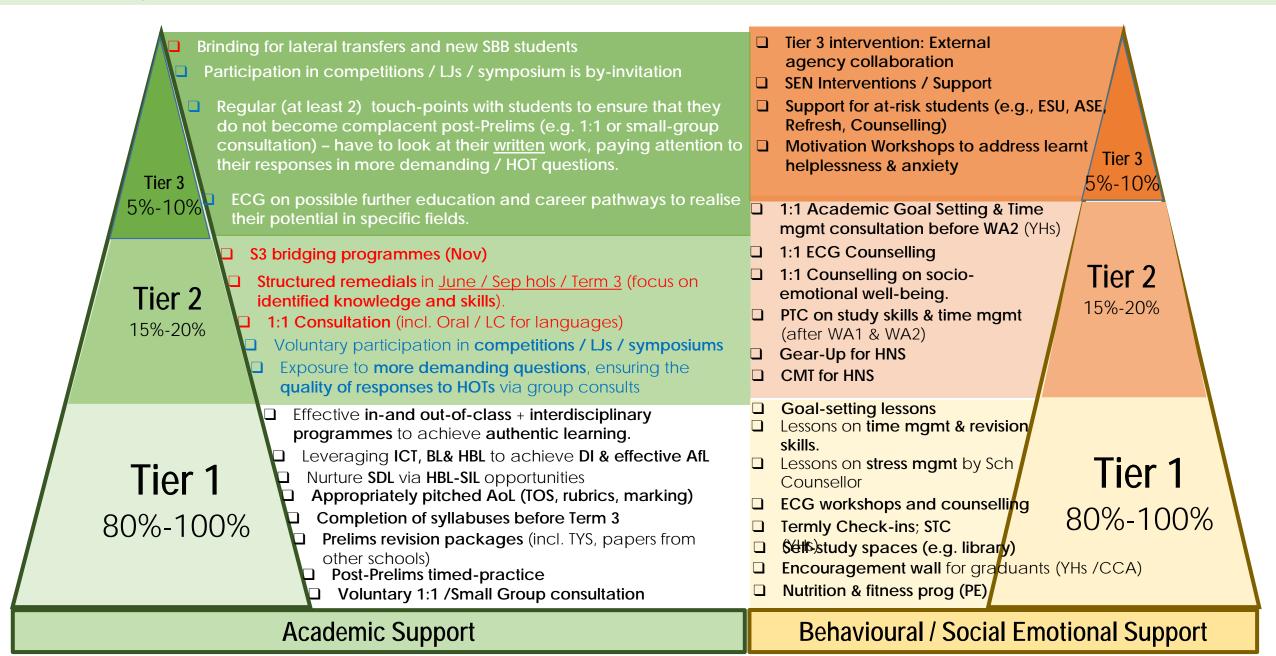


Sec 3 OBS (Outward Bound School)

- Date: 22nd 26th July 2024 (5D4N Camp)
- Location: OBS Campsites



Tiered-System of Support Spans Across both Academic as well as Behavioural / Social-Emotional Support Areas



MOE-OBS Challenge (MOC) programme (22-26 July 2024)

(Mr Andy Law) SH PE&CCA

A Holistic Education

- As part of the National Outdoor Adventure Education Masterplan, students will have opportunities outside the classroom to develop holistically; building up their ruggedness and resilience.
- Authentic learning experiences help our students to develop 21st century competencies as well as competencies for sustainable, active and healthy living.



Question: Benefits of going to OBS?

Outdoor Adventure Learning (OAL) Experiences for ALL

Age-appropriate OE experiences

Lower Upper **Lower Primary Upper Primary** Secondary Secondary Outdoor Education in Physical Education Curriculum Active and healthy lifestyle Social and emotional competencies Programme for **MOE-OBS** 1 outdoor 1 outdoor **Active Learning** adventure Challenge adventure (Outdoor learning camp learning camp Programme Education) Social and emotional competencies Resilience, ruggedness and social cohesion

The MOE-OBS Challenge Programme is the highlight for students in the **National Outdoor** Adventure Education Masterplan.

Outdoor Adventure Learning

- 1. Outdoor Education is a component of curriculum in our schools. The 5D4N expedition-based course will bring together students from various schools, allowing them to interact and work together to overcome various challenges.
- 2. The experience will provide opportunities for students to:
 - a) Build camaraderie through working together in unfamiliar yet authentic situations;
 - b) Be resilient, have empathy and maintain a positive attitude when faced with adversity.
- 3. Through overcoming challenging obstacles with their peers, participants learn that it is possible to be innovative and to adapt to their surroundings.

What Will My Child Learn From The MOC?

Confident Person & Resilience

Thriving in an unfamiliar environment with other students.

Social Cohesion

Working together with students from various schools to achieve a common objective.

Concerned Citizen

Different roles they can play as a resident to the community and environment.



Your Child's Journey

Pre-Course Lessons & Preparation



5D4N Course



Post-Course Lessons & Reflections

- Outdoor Education in PE lessons
- Character and Citizenship Education (CCE) lessons
- Pre-course lesson with Form Teacher
- School briefing to cohort

- Students share their experiences and learning from the course
- Reflect on commitment that they set for themselves during the course – on their actions and behaviour, interactions with others and the environment

- Develop character and learn values and skills through doing and reflection
- Learning in outdoor classroom



Sample of the MOC 5D4N course

First Day	\leftrightarrow	Last Day
Objective: Team Socialisation	Objective: Building competence & confidence by overcoming challenges as a team	Sharing of Feedback, Transfer of Learning
In-process administration Ice breaker Expectation setting First aid briefing Team problem solving activities Expedition preparation	Expedition preparation, journaling, morning circle Land and water-based expeditions Wash up, tent pitching, outdoor cooking	Peer affirmation Commitment activity Sharing of feedback Transfer of learning Final debrief Certificate presentation
Debriefing / Journal		



Kindly Scan this QR code for details on the MOE-OBS Challenge Programme. (https://go.gov.sg/moc)

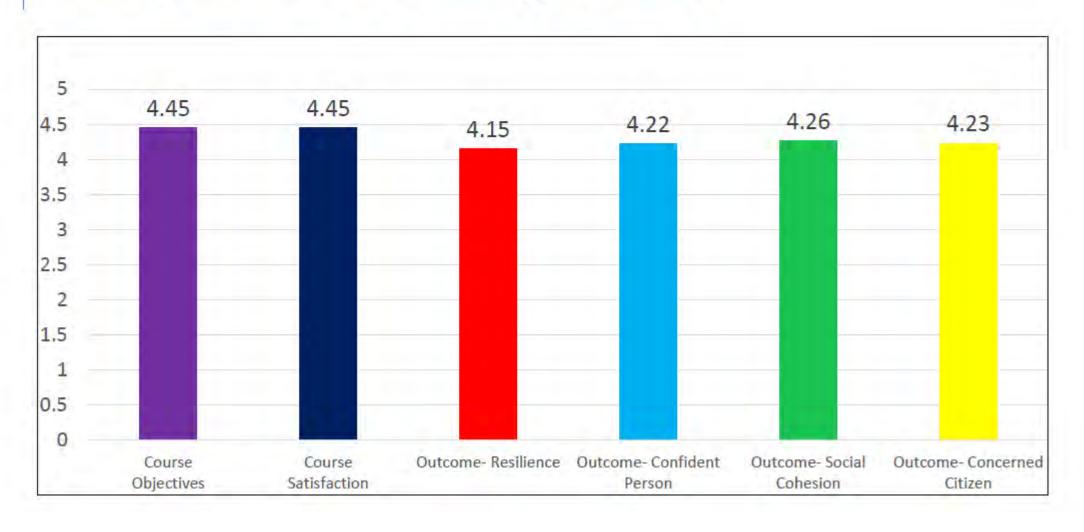


Is there a need to prepare for OBS in terms of physical fitness?

- 1. Active participation during weekly PE & CCA sessions.
- 2. Do regular strength & conditioning and aerobic-based exercises on their own (2 to 3 sessions per week).
- 3. Practice good eating habits and have nutritious meals daily.
- 4. Regular sleep every night (7 9 hours).

Question: Benefits of going to OBS?

2023 Student Learning Survey



Contact Person

Teacher Coordinator: Mr Mohammed Riffaii Maidin

Email of Teacher Co-ordinator: mohammed_riffaii_maidin@schools.gov.sg

Question: Why CCA required twice per week? Any plans to reduce to once per week for non-competitive sports?

- 1. CCA is a Key Student Development Experience.
- 2. CCA is compulsory for all Secondary School Students.
- 3. Average time spent on CCA is about 6 hours weekly (3 hours x 2 session).
- 4. Time spent on CCA may differ according to the demands of the CCA and the Phase of the CCA season.
- 5. More training hours are required during *Pre* and *In-season* in preparation for Competitions or Performances so that the team is ready to meet the demands and rigours of the competitions safely.
- 6. CCA hours is reduced during *post/off-season*. CCA stand down at least 2 weeks before the End of Year Examinations.
- 7. Sec 4/5 students will stand down in May.
- 8. All our Sports CCAs are Competitive Sports Teams. We do not have a recreational Sports CCA team.

Student Leadership Opportunities (Ms Sabrina Ho)



QR Code for more info on LEAPS 2.0

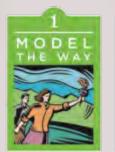
Understanding LEAPS System

- A framework to recognize secondary school students' holistic development
- Main components include
- 1) Leadership: Highest leadership position held
- 2) Achievement: Highest level of achievement (representation, accomplishment)
- 3) Participation: Regular attendance at CCA (at least 75% annually)
- 4) **S**ervice: Service hours and values in actions (Community involvement) projects

LEAPS Bonus Points (Exp/NA/NT)

Co-Curricular Attainment	Details		
Excellent (2 bonus points)	Student who attains a minimum Level 3 in all four domains with at least a Level 4 in one domain.		
Good (1 bonus point)	Student who attains a minimum Level 1 in all four domains with any one of the following: i. At least Level 2 in three domains; ii. At least Level 2 in one domain and at least Level 3 in another domain; or iii. At least Level 4 in one domain.		
Fair	Student's attainment in co-curricular will not translate into any bonus points.		













Leadership Framework in PRSS

- Structured and comprehensive that provides leadership development opportunities for all students to develop their leadership potential
- Aims to develop student leaders to embody the qualities of a creator, connector and contributor, to take ownership and pride in their learning and environment, care for their peers and influence their peers positively.
- Provide appropriate training platforms and application opportunities for student leaders to serve the school and to exercise leadership among peers.

LEADERSHIP (Level of Attainment)

	Level 1	Level 2	Level 3	Level 4	Level 5
School-based Leadership Opportunities - Class - CCA - School	Completed 2 leadership modules of at least 3 hours each	Class Committee Committee for student-initiated or student-led projects, approved by school (or equivalent)	 Class Chairperson Prefect Peer Support Leader Committee for school-wide events⁴ Chairperson/Vice-Chairperson for student-initiated or student-led projects, approved by school (or equivalent) 	Senior Prefect Chairperson/ViceChair person for schoolwide events (or equivalent) VIA Projects	Executive Committee ⁵ of Student Council / Prefectorial Board (or equivalent)
		Lower Sec CCA Committee (or equivalent)	Lower Sec CCA Executive Committee Upper Sec CCA Committee (or equivalent)	Upper Sec CCA Executive Committee (or equivalent)	CCA Captain/ Chairperson (or equivalent)
National Youth Achievement Award		NYAA Bronze	NYAA Silver and above		
Uniformed Groups (Rank/Appointment)	Lance Corporal (or equivalent)	Corporal Patrol Second Assistant Patrol Leader (or equivalent)	Sergeant Patrol Leader (or equivalent)	Staff Sergeant Senior Patrol Leader (or equivalent)	Warrant Officer Master Sergeant Station Inspector Troop/ Company Leader (or equivalent) Assistant Company Leader

⁴ Examples of school-wide events are Open House, CCA exhibition, Speech Day, Founder's Day and the four National Education (NE) commemorative days: Total Defence Day, International

Enabling Platforms for Student Leader Groups

Class Committee Leaders/ Peer Support Leaders (PSL)	CCA Leaders	Student Councillors
 Role-specific training Student Leadership Challenge Workshop for Chairpersons (Full-Day Workshop on 27 May 2024) Circle Time and Peer Mediation Training for Vice-Chair and PSLs (Full-Day Workshop on 27 May 2024) Mentoring by PSL Peer Semesterly check-ins by PSL Teacher Mentor Form Teacher guidance and regular check-ins 	 Role-specific training Circle Time and Peer Mediation Training for CCA Captains (upcoming: Full-Day Workshop on 27 May 2024) Mentoring by alumni CCA Teacher guidance and regular check-ins 	 Student Leadership Challenge Workshop for newly appointed Student Councillors (Full-Day Workshop on 27 May 2024) Student Leadership Forum / Exchange (other schools) Student Council Camp (Full-Day Camp on 28 May) Student Leadership Committee Teacher guidance and regular check-ins

Empowering Platforms for Student Leader Groups

Class Committee Leaders/ Peer Support Leaders (PSL)	CCA Leaders	Student Councillors
 Role-specific initiatives and activities (e.g. Cyber Wellness Campaign, Eco-stewardship Activities) Lead class-based initiatives and activities (e.g. Celebration of Life, Chinese New Year Celebrations, Teachers' Day Celebrations, Student-Initiated Activities) Here's a Hand Ambassador Pop-Up Café student Facilitators 	 CCA specific initiatives and activities Lead CCA based activities (e.g. VIA initiatives) Co-conduct training sessions alongside trainers or teacher officers 	 Lead school-based activities (e.g. Investiture, National Day, Teachers' day) School improvement projects (e.g. academic rejection, sleeping difficulties, bullying) Student Well-Being Outreach efforts Developmental opportunities e.g. emcee, logistic and welfare roles

Here's A Hand Initiative (PSL)

- PSL-led to support well-being of all Pasirians, especially for students who are afraid to ask for help or speak to someone
- Students can scan the QR code to share their concerns or worries and Year Heads & HOD/SM will have purview of form to provide assistance



School
Improvement
Projects
(Student
Council)



NIGHT ROUTINE FOR

A GOOD SLEEP



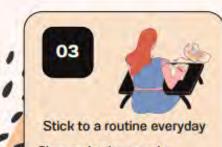
Create a cosy and relaxing sleep environment

It will help you reset for the next day. Listen to a comforting playlist, take a nice shower and block out light when you sleep.



Take some time to read

Cuddle up in bed and unwind with a book. Instead of reading from blue-light devices like your phones, stick to a physical book or an e-reader.



Sleep and wake up early everyday at the same time. The consistency of a routine signals to our body and brain when to sleep.

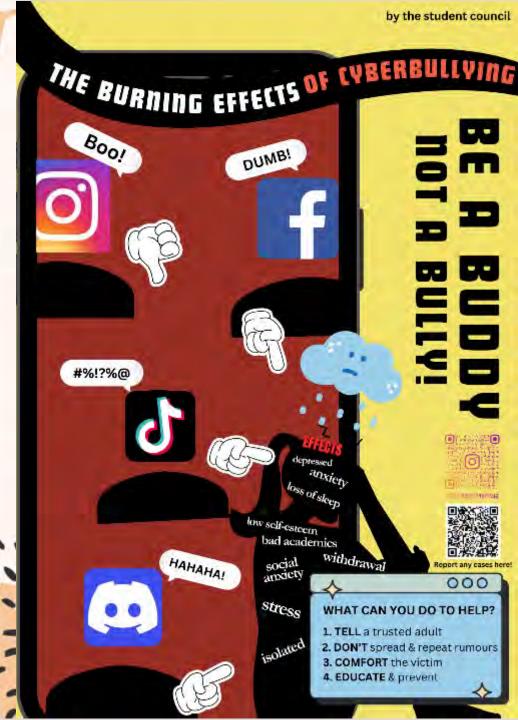


Do some relaxation exercises

Take several minutes to meditate, journal, deep breathe and more, to fully relax your body for a better

sleep. Check out the QR code for some self help tools:





Mingling Session with KPs & S3 Home Teachers