

Secondary One Outdoor Adventure Learning Briefing

2 August 2024



Ask your questions at
pigeonhole.at

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27UNPM

Join session

Sec 1 OAL Briefing for Parents





At

Changi Coast

Outdoor Adventure
Learning Centre

Cohort Camp

Pasir Ris Secondary School

13 – 16 Aug 2024

Camp IC: Mr Andy Law

Camp 2IC: Ms Parvin



Key Student Development Experiences (SDEs)



All students will experience the following key SDEs:



Co-Curricular Activities (CCA);

e.g. Uniformed Groups, Performing Arts Groups, Sports Teams, Clubs & Societies

Education and Career Guidance (ECG) Experiences;

e.g. Career Days, Fairs and Work Attachments

National Education (NE) Commemorative Days;

e.g. Total Defence Day, International Friendship Day, Racial Harmony Day, National Day

Student Leadership Development (SLD) Programmes;

Values in Action (VIA);

Cohort Learning Journeys (LJs);

NRIC Presentation Ceremony; and

Outdoor Adventure Learning (OAL) Cohort Camps.

Key Student Development Experiences (SDEs) provide students with rich and authentic opportunities for CCE beyond the classroom. Explicit teaching and intentional reinforcement of learning can occur through the purposeful design, debriefing, and reflection during key SDEs, in alignment with CCE Learning Outcomes. Schools are encouraged to refer to the CCE Learning Outcomes⁵ for Key SDEs to plan for meaningful student engagement.



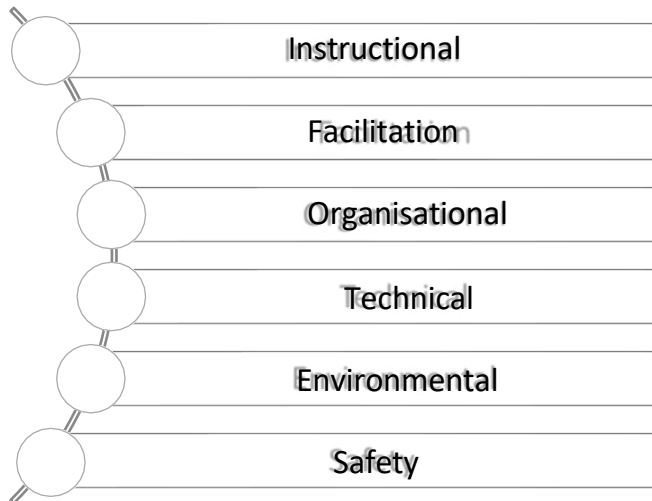
Background

- Under the National Outdoor Adventure Education (NOAE) Master Plan, each student is expected to go through 3 mandatory OAL cohort camps from Primary to Secondary.
- At steady state, the MOE-mandated OAL cohort camps are:
 - 3D2N OAL cohort camp at Primary 5
 - 4D3N OAL cohort camp at Secondary 1
 - 5D4N Secondary 3 MOE-OBS Challenge Programme

INTRODUCTION OF CCOALC

MOE OUTDOOR ADVENTURE EDUCATORS (OAEs)

- Full-time Outdoor Teachers
- Stringent selection criteria and process
- Equipped with skills and knowledge:



INTRODUCTION OF CCOALC

Changi Coast OALC

9 Changi Coast Walk S499741



Possible activity venues in the vicinity:

- East Coast Park
- Park Connector Changi Beach Park
- Changi Point Coastal Walk
- Coastal Park Connector

**School should
brief
Accompanying
Teachers**



FACILITIES



Adventure Facilities

- High Elements
 - 2-tiered Challenge Ropes Course
(Currently, only upper tier is available)
 - Zip-line (1 station)
 - Abseil (2 lanes)
 - Outdoor Rock Climbing Wall (Auto-Belay)
 - Indoor Rock Climbing Wall (Man Belay)
- Low Elements
- Artificial Caving
- Kayaking (open-decked)

General Facilities

- 2 teachers' rooms
- 8 students' accommodation blocks
- 1 sick bay (plus first aid kit)
- 1 dining hall
- 4 outdoor cooking pits



Dormitories

Key Pedagogical Approaches

For OAL Cohort camps



Experiential Learning Approach

Build upon past experiences and learn by making personal meaning of their new experiences through the process of reflection.



Place-Responsive Approach

Using the place as foreground to enrich students' understanding and appreciation of local places.



Programme Design Principles

Provide opportunities for students to:

- Exercise agency
 - Challenge by Choice
- Exercise and develop competence
- Collaborate with others



Pre-camp Lessons

Equip & Empower

*Participate in
the 360°
Immersive
Video Project



Pre-camp preparation
during FT Time



CCE Lessons



Equipping students with
outdoor skills in PE Lessons



School briefing to students

During Camp

Explore & Experience



INITIATE

BUILD

CHALLENGE

**CONSOLIDATE
& CELEBRATE**

Post-camp Lessons



Presentation during school assembly



CCE Lessons / FT Time



Leadership development in CCA



IP Lessons e.g. Journaling in EL

Initiation Activities



Ice-breakers
& Energisers



Full Value
Contract



Goal Setting

Low Elements



Communicative & Collaborative Games



Inter-group Challenges



Team Building Activities

Journey



- Preparation before embarking on journey
- Activities along the journey
- Enjoy the place and build relationship

Height Activities

Rock Climbing



Abseil



Tower Circuit



Zip-line



Kayaking

- Intro to Kayak programme
- Stay in bay
- 1 instructor (KCI) – 10 participants (minimum)
- 1 safety motorboat (rescue and evacuation)
- 1 Beach Master



*Situation closely monitored pending updates from NEA

Outdoor Living Skills



Shelter Building
1 night



Navigation



Outdoor Cooking

Sense of Place

- Have a better sense of place
- Explore and observe the habitats and environment at Changi
- Appreciate the relationship between self and environment
- Affordance of flora and fauna in Changi Coast OALC





Artificial Caving

Participant will go through a gap test to determine whether they could proceed with the activity.



Night Activities



Night Consolidation

SOP for HIGH ELEMENTS: **MUST** wear a tubular headgear

During Height-based activities, students and school staff entering the HIGH ELEMENTS Zone **MUST** wear a **Helmet**.

For hygiene purpose, a tubular Headwear commonly known as BUFF, must be worn beneath the helmet .

Swim cap, shower cap, towel, bandana are NOT SUITABLE for use in HIGH Elements.



Camp peripherals provided by the school

1. Buff
2. Track Pants
3. Towel



Reporting / Dismissal Time

Reporting

Date: 13 Aug 2024 (Tuesday)

Time: 7.30am

Attire: PE Attire with covered shoes

Camping Items in Haversacks or Duffel Bag

Dismissal (From school)

Date: 16 Aug 2024 (Fri)

Time: 12.30pm

Meals

1. Halal-Certified Caterer
2. All food – No Beef, No Seafood (Shellfish), No Nuts
3. Snacks may be provided if required
4. Breakfast not provided on 13 Aug (day 1)

*To highlight to Home Teachers if child have prescribed Epi- Pen and have been diagnosed with known food allergy

Emergency

1. In Case of any Family Emergency:

To contact the School's General Office: 6501 0800

After office hour (after 5.30pm) contact no:

Mr Amir (HOD PE&CCA): 65010857 (Whatsapp call only)

Mr Andy Law (SH PE&CCA): 65010819 (Whatsapp call only)

2. In Case of Injury/Emergency at the Camp: Teachers will contact parents/guardians directly.

3. First Aid and assessment will be done on-site to determine severity of the injury before evacuating to nearest clinic or Hospital (KK Hospital).

4. Camp activities Approach – “Challenge By Choice” based on student's readiness level.

5. In outdoor adventure camp setting – “No news is good news”

Q&A

1. Contact With Child

- Recommends that they do not bring their phone
- Enhanced social interaction

We hope that our students can engage directly with each other, fostering face-to-face communication, teamwork, and building stronger relationships.

- Promote a Tech-free environment

Many of our students are spending a large amount of time on their phones. The camp will provide a break from screens, promoting outdoor activities, creativity, and physical exercise.

- Being more present and mindful, appreciating their surroundings and the experiences they are having.

Q&A

2. Safety Concerns

- For all activities, RAMS have been done to ensure safety of the child. HQ has also reviewed all processes regarding height activities before allowing the resumption of height base activities

3. Prayers at the camp

- Students will be given lunch, dinner and after lights off time. They can approach the camp IC on site for advice.

4. Will there be heater for the students to shower?

- There is no provision of water heater at the campsite. We would like to provide the students with an authentic outdoor experience.

Question & Answer

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Thank you

We hope your child will have
an enriching experience at the
camp.