PUNGGOL PRIMARY SCHOOL

Punggol Cyber News (January - February)

CYBER WELLNESS PROGRAMME 2021

Dear parents,

Welcome to the first issue of Punggol Cyber News 2021.

The internet is playing an important role due to the COVID-19 pandemic and is driving our reliance on it even more so than before. While it is an important source of information for learning and socializing, the impending risks involved get increasingly complex. It is against this background that the Cyber Wellness Committee would like to engage parents to work together in guiding our young in creating a holistic user experience online.

In this issue, we would like to share with you our Cyber Wellness Programme for 2021.

Programme	Details	Schedule	Conducted by
Cyber Wellness Lessons	• Class discussion on values relating to online behaviour • Pri 1 & 2 - I am a responsible user online • Pri 3 & 4 - I will be kind to others online • Pri 5 & 6 - I will be a critical thinker and user of online resources	• Termly during FTGP lessons • HBL days via SLS	• Form teachers • Cyber Wellness Team
Out of the Box and Monday Assembly Talk	• Safer Internet Day - pledging to be a responsible user online • Learning Technology Week - assembly talk on current Cyber Wellness issues	• 8 Feb, Monday • Termly	• ICT department • Cyber Wellness Ambassadors
Recess Activities	• Held during recess to create awareness on Cyber issues	• Term 2 • Term 3	• ICT department • Cyber Wellness Ambassadors

Our Vision: A Gracious Community of Confident and Innovative Life-long Learners

Ambassadors Training Programme	• Held over Zoom for Pri 3 to Pri 5 class representatives • In depth training on roles and responsibilities of Cyber Wellness Ambassadors • 10 lessons in total per ambassador	• Term 1 (Week 7-10) • Term 2 (Week 1-10)	• Cyber Wellness Team • Cyber Wellness Ambassadors
Punggol Cyber News	• Once every 2 months of cyber wellness tips for parents	• Once every 2 months	• Cyber Wellness Team
Parenting talk on Cyber issues	• Conducted by experts with experience working in the related field	• Semester 1	• Vendor

We look forward to your partnership and thank you for your support in creating a safer internet for our children.

Brought to you by the PPS Cyber Wellness Team.