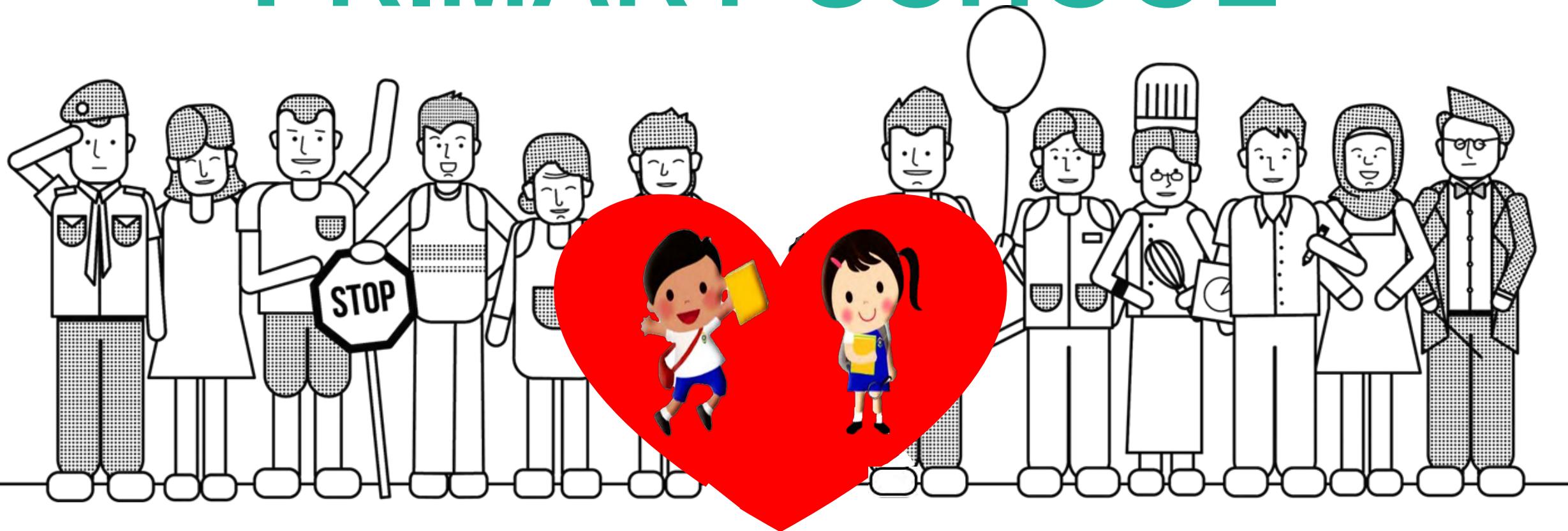




Ministry of Education
SINGAPORE

A GREAT START TO PRIMARY SCHOOL





Ministry of Education
SINGAPORE



Preparing Your Child for Primary 1

Monday 24 November 2025

Overview

1. What is Primary School about?



**2. Smoothening
the transition to
Primary 1**



**3. School-Home
Partnership**



Developments in Primary Education



<https://youtu.be/9paLbNR2zWg>

What is Primary School about?



1

Laying a strong foundation

2

Nurturing well-rounded individuals & passionate lifelong learners

3

Providing learning opportunities, recognising our children's strengths & developing their potential

4

Preparing our children for the future

5

Providing a safe learning environment to support their well-being



WHAT EXPERIENCES WILL MY CHILD GO THROUGH IN PRIMARY 1?



Holistic development Primary 1 includes:

Focus on building greater confidence and nurturing a stronger intrinsic motivation to learn



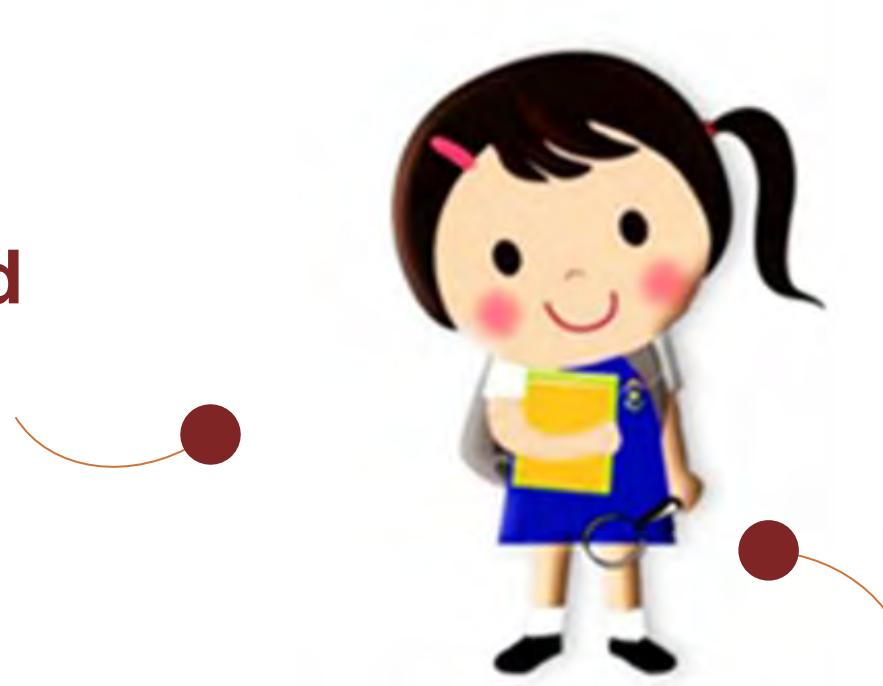
Offering age-appropriate assessment strategies to support learning

No examinations and weighted assessments at P1 and P2 to encourage the joy of learning.

Smoothening the transition to Primary 1

When your child enters primary school, their experience will include:

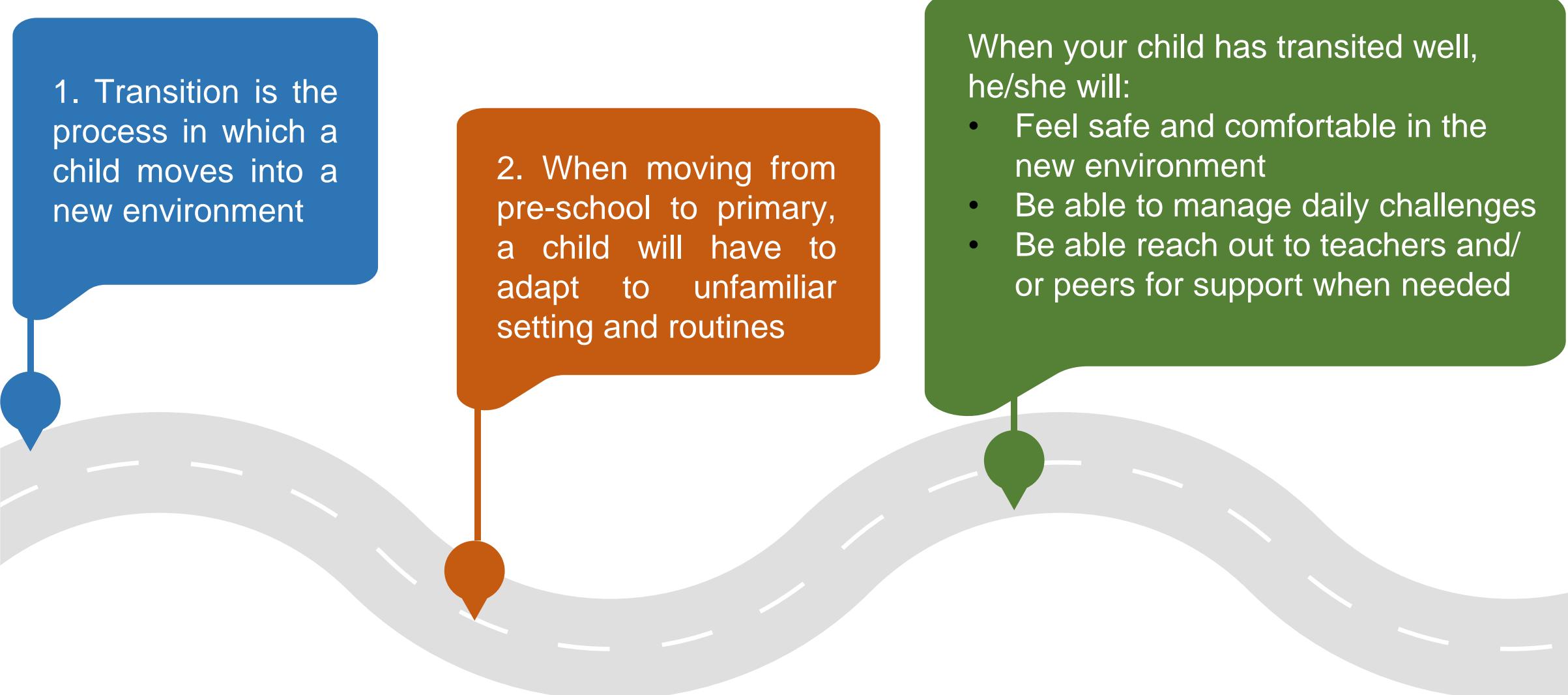
**New friends and
teachers**



New routines

New learning environment

Smoothening the transition to Primary 1



1. Transition is the process in which a child moves into a new environment

2. When moving from pre-school to primary, a child will have to adapt to unfamiliar setting and routines

When your child has transited well, he/she will:

- Feel safe and comfortable in the new environment
- Be able to manage daily challenges
- Be able reach out to teachers and/or peers for support when needed

How can you prepare your child for Primary 1?

You can start talking to your child about the following:



Schools may access the video via:
<https://go.gov.sg/transition-to-primary1>

WHAT EXPERIENCES WILL MY CHILD GO THROUGH IN PRIMARY 1?

Holistic Assessment

- Focuses on building greater confidence and nurturing a stronger intrinsic motivation to learn so as to develop your child's potential
- No examinations and weighted assessments at Primary 1 and Primary 2 to ease your child into formal schooling
- Use of appropriate assessment modes to provide useful information to support students' learning and holistic development

How else can you support your child?

Primary 1 is an exciting and fun stage for your child.
Help your child to enjoy the journey by developing these skills:



Nurture a love for reading
Sign your child up for a free Library membership and myLibrary ID to enjoy NLB's e-resources!

Relating Well to Others

Build your child's interpersonal skills by:

01

Modelling the use of friendly and polite phrases

“May I please...”

“Hi! My name is...What is your name?”

“Could you help me with...”

02

Providing opportunities for your child to share and take turns during playtime with other children



Developing Good Habits

Routines help your child build confidence and learn to manage things by themselves.

Take their temperature using a thermometer



Wash their hands



Pack their bag and check for materials



Make healthy food choices



Practise consistent pre-bedtime routines and have at least 9 hours of sleep



Dress themselves



Buy food at the canteen



Knowing when and how to ask for help



Nurturing Positive Attitudes

Developing the right learning attitude will help your child learn better. You can encourage your child to:



Ask questions about their experiences and their observations on the world around them



Reflect on learning experiences, learn from mistakes and try ways to do something better



Persevere even when faced with challenges



Knowledge, Skills & Dispositions for the start of Primary 1



Values, Social-Emotional Competencies, Citizenship Dispositions

Art

English Language

Mathematics

Mother Tongue Languages

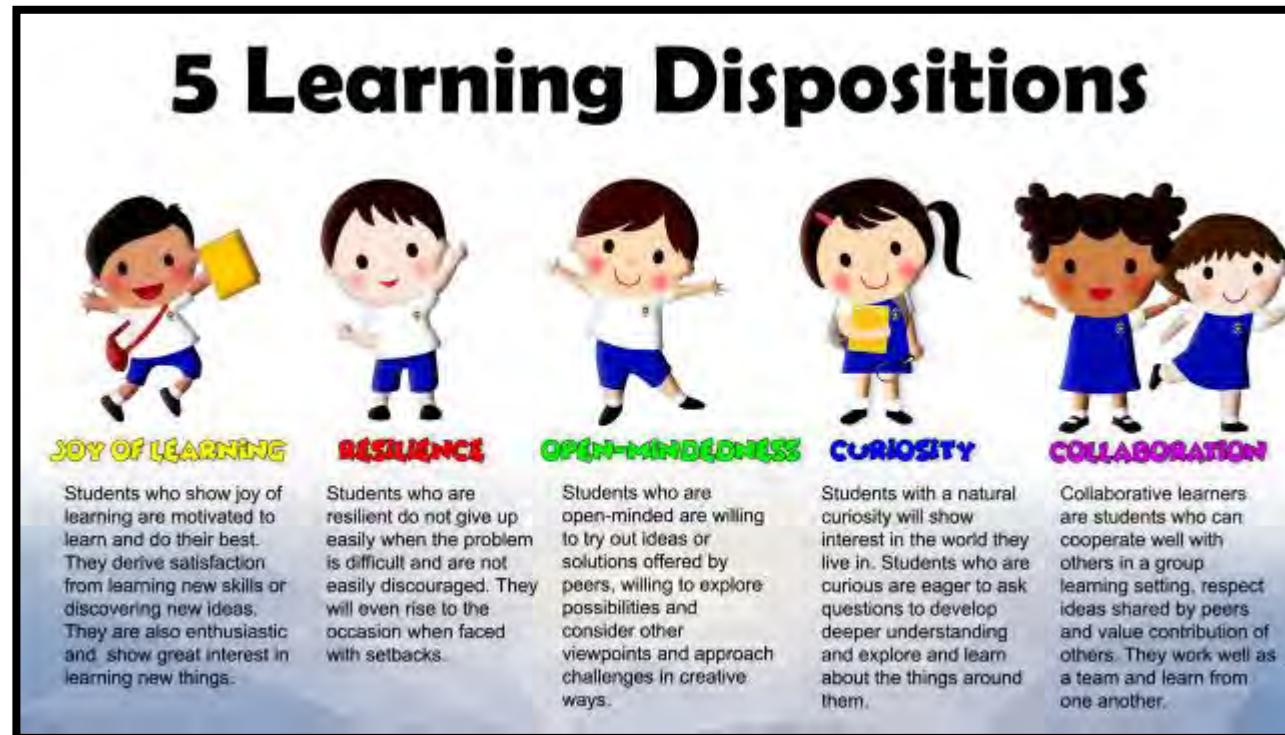
Music

Physical Education

• Understand and Care for Oneself	• Enjoy Participating in Art	• Listen and Speak for Enjoyment and Information	• Basic Understanding of Numbers Up To 10	• Enjoy and Show an Interest in Learning Mother Tongue	• Enjoy Participating in Music and Movement Activities	• Enjoy Physical Activities
• Show Care and Respect for Others	• Express Ideas and Feelings through Art	• Read with Enjoyment and Understanding	• Recognise Simple Patterns	• Enjoy and Show an Interest in Listening and Speaking in Mother Tongue	• Express Ideas and Feelings through Music and Movement Activities	• Display Coordination in Motor Tasks
• Make Responsible Decisions and Act on Them	• Demonstrate Awareness of Art from Different Cultural Groups	• Communicate Ideas and Information through Writing or Using Symbols or Letter-Like Shapes	• Compare Quantities Between Two Groups of Objects	• Demonstrate Awareness of Local Ethnic Culture	• Demonstrate Awareness of Music and Movement from Different Cultural Groups	• Demonstrate Awareness of Healthy Habits and Safety

WHAT IS IT LIKE IN SCHOOL?

- Strengthening efforts to nurture well-rounded individuals
- Moving away from over-emphasis on grades



How else can you support your child?

Support

your child and encourage them to overcome challenges with your care

Affirm

your child by recognising small successes and praising their efforts

Familiarise

your child with new routines gradually and share your experiences in primary school

Empathise

with and acknowledge your child's feelings



PREPARING FOR SCHOOL

- Providing a structured and supportive environment
- Providing greater support for students with special educational needs (Transition meetings for selected students)



Agenda for Today

Preparing your child for Primary 1

- **First Few Days of School**
- **Things to bring**
- **Other Information**





First few days of school





START IT RIGHT!
2 Jan, 5 Jan & 6 Jan



2 January, Friday

- Your child will wait in the canteen according to the assigned class.
- Teachers will walk to the classroom with your child when it is time to assemble.



PREPARING FOR SCHOOL

Snack Break

- 5 min snack time at 12.10pm to 12.15pm
- Prepare a simple dry snack eg. bread, fruits, biscuits
- Try to use fork or spoon
- Try out “snack time” at home!



PREPARING FOR SCHOOL



P1 Reporting and Dismissal Time

	Friday 2 Jan	Monday 5 Jan	Tuesday 6 Jan	Wednesday 7 Jan
Reporting Time		8.00 am		7.30 am
Recess	Group 1 : 8.55 am Group 2 : 9.40 am	8.45 am	8.45 am	8.45 am
Snacks	11.55 am to 12.00 pm			
Dismissal Time	11.30 am	1.15 pm	1.15 pm	1.45 pm

Students from other levels to report to school at 7.25 am from 5 Jan, Monday.

To take note



2 Jan Friday

	Friday 2 Jan
Reporting Time	8.00 am
Recess	Group 1 : 8.55 am Group 2 : 9.40 am
Snacks	11.55 am to 12.00 pm
Dismissal Time	11.30 am

**Bus Transport will only operate at 1pm.
Students are strongly encouraged to go home with parents at 11.30am after programme.**

PREPARING FOR SCHOOL

First day of school

What to pack	What to wear
<ol style="list-style-type: none">1. Pencil case2. Colour pencils3. Student handbook4. Water bottle5. Pocket money (\$3)6. A story book7. A healthy snack	<ol style="list-style-type: none">1. School uniform2. Black school shoes



PREPARING FOR SCHOOL

For other books, please check the website from 29 Dec, Monday.

Daily book collection

Monday eg: Exercise book for EL

Tuesday eg: Math Workbook 1A

Wednesday eg: Mother Tongue books

Thursday eg: Art materials

Friday: Form Teacher Guidance

Activity Book



Recess

Time : **8.45 am to 9.15 am** (staggered recess)

Teachers to support students during the first few days of school.

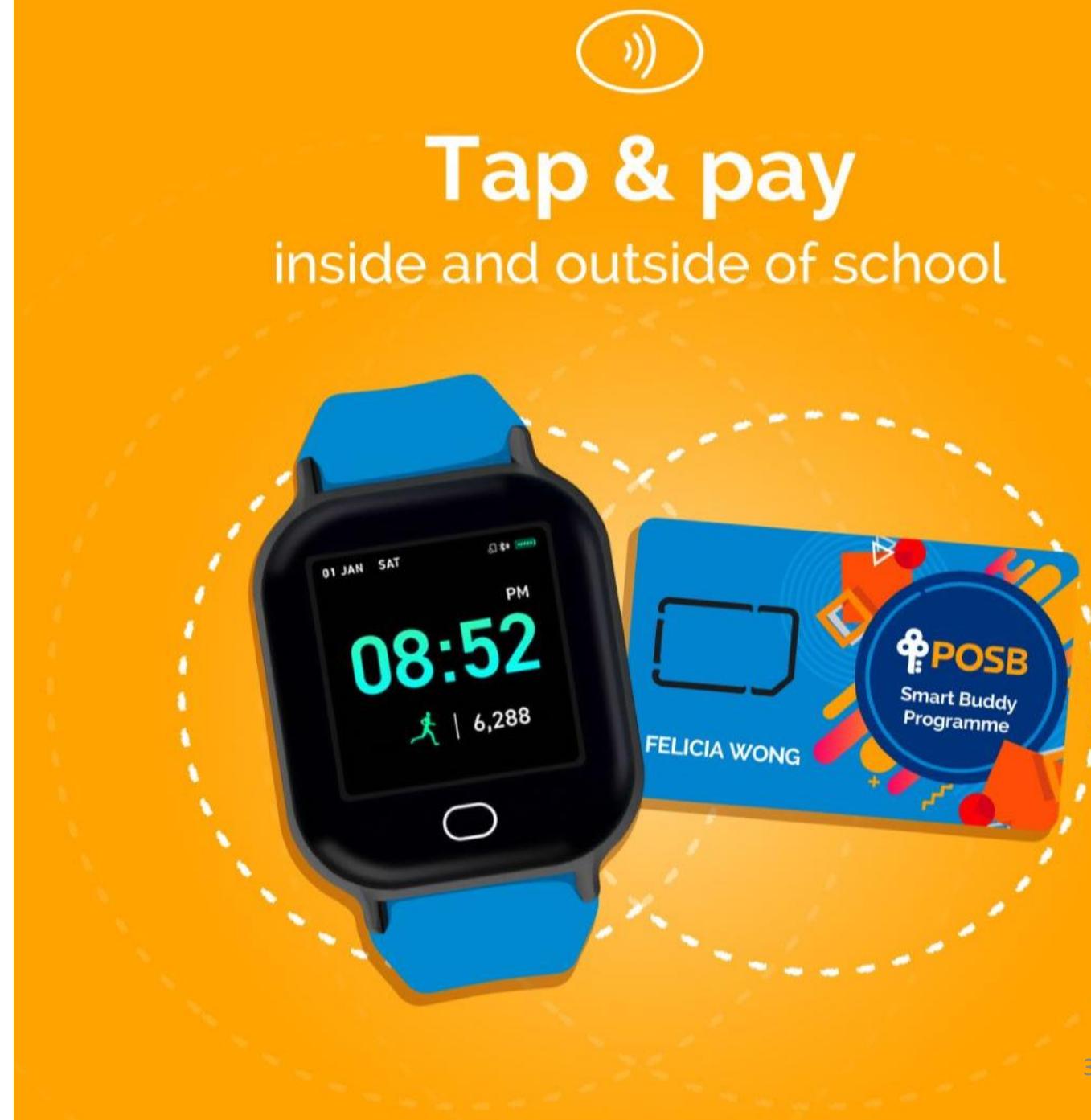
- Students to sit at assigned tables.
- Students to conduct wipe down. (Before and after food)
- Students may buy from stalls. \$3 – ideal amount
- Parents may also pack food from home.



POSB Smart Buddy

Cashless payment system for canteen and bookshop

Refer to letter



Recess



Time : 8.45 am to 9.15 am (5 min to assemble to return to classrooms)



Recess!



JAPANESE
CUISINE



Stall 1: Japanese Cuisine



GOURMET CHICKEN



B-01-03G-STALL 2

2

Stall 2: Gourmet Chicken



Western Bites

HALAL

Stall 3: Western Bites (HALAL)

JAPANESE NOODLE
↓↓ \$1.50 ↓↓

FISHBALL NOODLE
↓↓ \$1.20 ↓↓

FRIED NOODLE
↓↓ \$1.00 ↓↓

Q↓Q



B-01-034-STALL 4

4



Stall 4: Asian Kitchen



HALAL

B-0103A-STALL 5

5

Stall 5: Kampong Delights (HALAL)



6

BUSIKA STALL 6

Stall 6: Chinese Wok

7



B-7440-STALL 7

7

B-7440-STALL 8

8

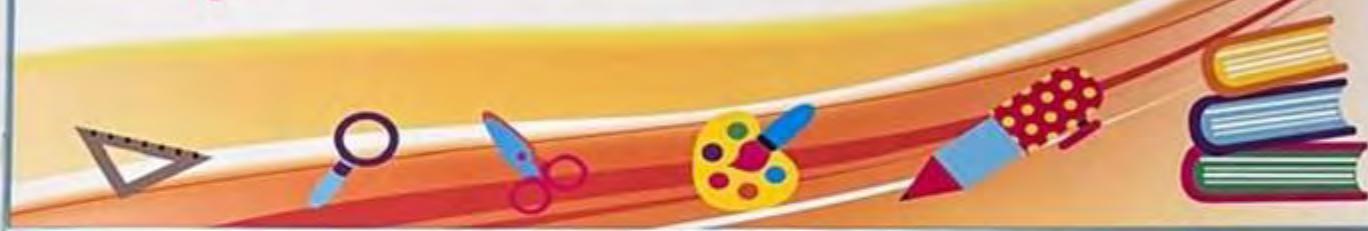
Stall 7: Hot Café (Drinks and Snacks)



Stall 8: Cool Café (Drinks and Snacks)



THE CONTINENTAL BOOK CENTRE



B-01-028



Bookshop



PLEASE QUE



Return Area

- Students to match the number stall to the metal bins to return bowls, plates, forks, spoons and chopsticks.
- Students can also read the respective stall names.

Things to bring

- The list of things that your child is required to bring for the first four days of school will be reflected at the website on 29 December 2026.
- **Label all the books and files** with your child's name clearly written/printed on it and pack the items together with your child.
- **Write/print your child's name and class** on all his/her books, files and other belongings (e.g. wallet/purse, water bottle, lunch box, colour pencils, shoes, bag etc.)



- He/She should bring these items to school every day:

- at least 2 sharpened 2B pencils,
(Mechanical pencils are strongly discouraged.)
- an eraser,
- a ruler,
- a sharpener,



**** Trolley bags are strongly discouraged.**



Homework File

- To help your child keep track of the homework given by the teachers, please use his/her **Homework File**. (Purchase from bookshop)
- Teach him/her to slot in all the homework he/she gets from his/her teacher every day.
- **Label** the file with his/her name and class.



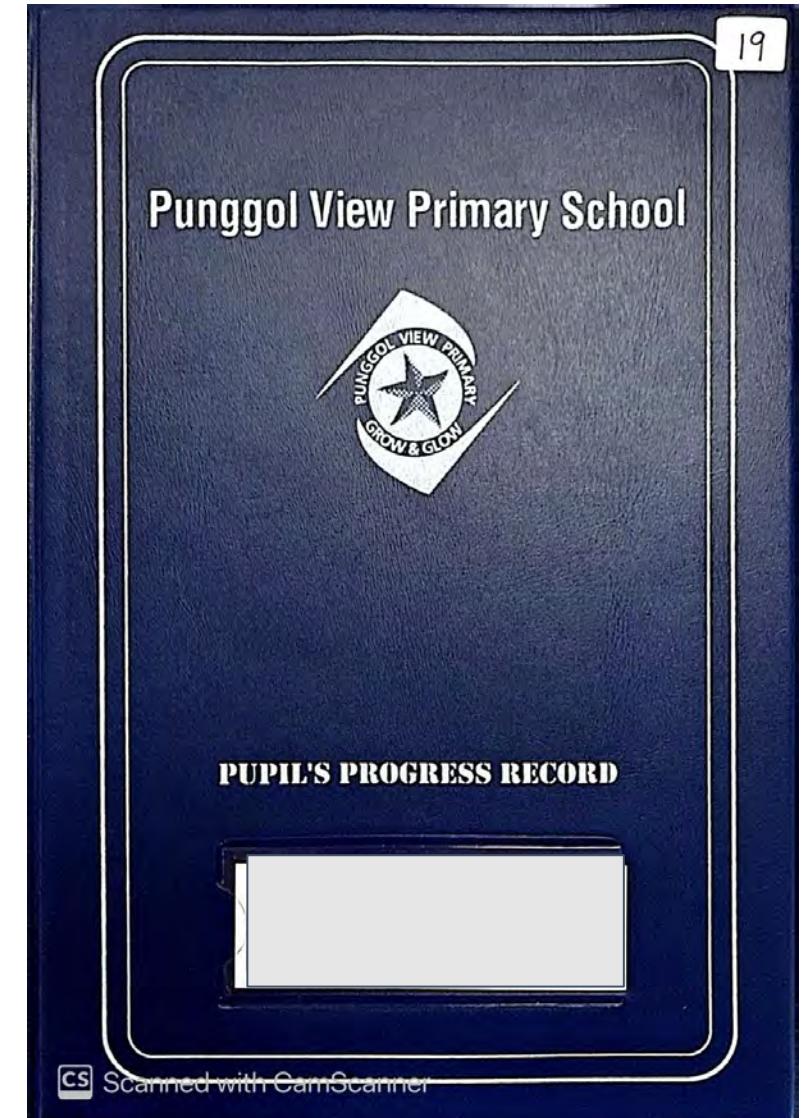
Timetable

- Your child will receive his/her confirmed timetable on the first day of school.
- He/She should pack his/her bag every day and bring only the books required for that day starting from **7 Jan Wednesday 2026**.

Time/ Day 7.30am-7.55am	Monday HAPPY HALL Assemble in HALL	Tuesday Assembly P1 Assemble in HALL	Wednesday HAPPY HALL Assemble in HALL	Thursday FTGP FORM TEACHER GUIDANCE PERIOD Assemble in class	Friday MASS PE Assemble in class
7.55 am - 8.25 am	MA MATHEMATICS	MTL MOTHER TONGUE	MA MATHEMATICS	FORM TEACHER GUIDANCE PERIOD	PE PHYSICAL EDUCATION
8.25 am - 8.55 am	MA MATHEMATICS	MTL MOTHER TONGUE	MA MATHEMATICS	FTGP	PE PHYSICAL EDUCATION
8.55 am - 9.25 am	Recess ☺	MTL MOTHER TONGUE	Recess ☺	Assemble in class	Recess ☺
9.25 am - 9.55 am	MTL MOTHER TONGUE	MA MATHEMATICS	EL ENGLISH/LSP	MA MATHEMATICS	MA MATHEMATICS
9.55 am - 10.25 am	MTL MOTHER TONGUE	MA MATHEMATICS	EL ENGLISH	EL ENGLISH	EL English
10.25 am - 10.55 am	MTL MOTHER TONGUE	MA MATHEMATICS	MTL MOTHER TONGUE	EL ENGLISH/LSP	MTL MOTHER TONGUE
10.55 am - 11.25 am	MTL MOTHER TONGUE	EL ENGLISH	MTL MOTHER TONGUE	PAL Prog for Active Learning	MTL MOTHER TONGUE
11.25 am - 11.55 pm	MUSIC	EL ENGLISH/LSP	MTL MOTHER TONGUE	MTL MOTHER TONGUE	SNACK
11.55 am - 12.00 pm	MUSIC	PE PHYSICAL EDUCATION	CCE MOTHER TONGUE	MTL MOTHER TONGUE	MTL MOTHER TONGUE
12.00 pm - 12.30 pm	SNACK	SNACK	SNACK	SNACK	SNACK
12.30 pm - 1.00 pm	EL ENGLISH	PE PHYSICAL EDUCATION	CCE MOTHER TONGUE	MOTHER TONGUE	MOTHER TONGUE
1.00 pm - 1.30 pm	EL ENGLISH/LSP	ART	SS/ICT	PAL Prog for Active Learning	EL ENGLISH/LSP
	EL ENGLISH	ART	SS/ICT	PAL Prog for Active Learning	EL Library

Report Book

- Report Book will be managed and monitored by parents at home.
- Your child need not submit report book to Form teachers in 2026.
- Your child needs to file the result slips responsibly after each semester with parents' supervision.



Other Information: Students' Attire



Other Information: Students' Attire



- All P1 students should wear their school attire on the first day of school.
- Physical Education (PE) attire are worn daily.
- Girls with long hair should tie it up neatly with **blue or black** elastic bands or hairclips. Fanciful hairclips are not allowed.



- Girls should wear **plain ear studs**.
- Boys should keep their hair short and neat.

Important Information



Your child will be given a lanyard with a temporary name tag on the first day of school

For the first month, all P1 students will be required to put on the lanyard with name tag at all times in school.

Write at the back of the name tag for easy reference.

- contact numbers (Mother's Hp/ Father's Hp)
- school bus number (if any) or
- which pick up point your child will be picked up from



Please ensure
that your
child wears
his/her
lanyard on 2
Jan Friday.



Dismissal points- Back Gate

- Step 1: Walk with your teacher to respective gates
- Step 2: Spot your parent
- Step 3: Wave to your parent
- Step 4: Inform your teacher
- Step 5: Say “Goodbye”

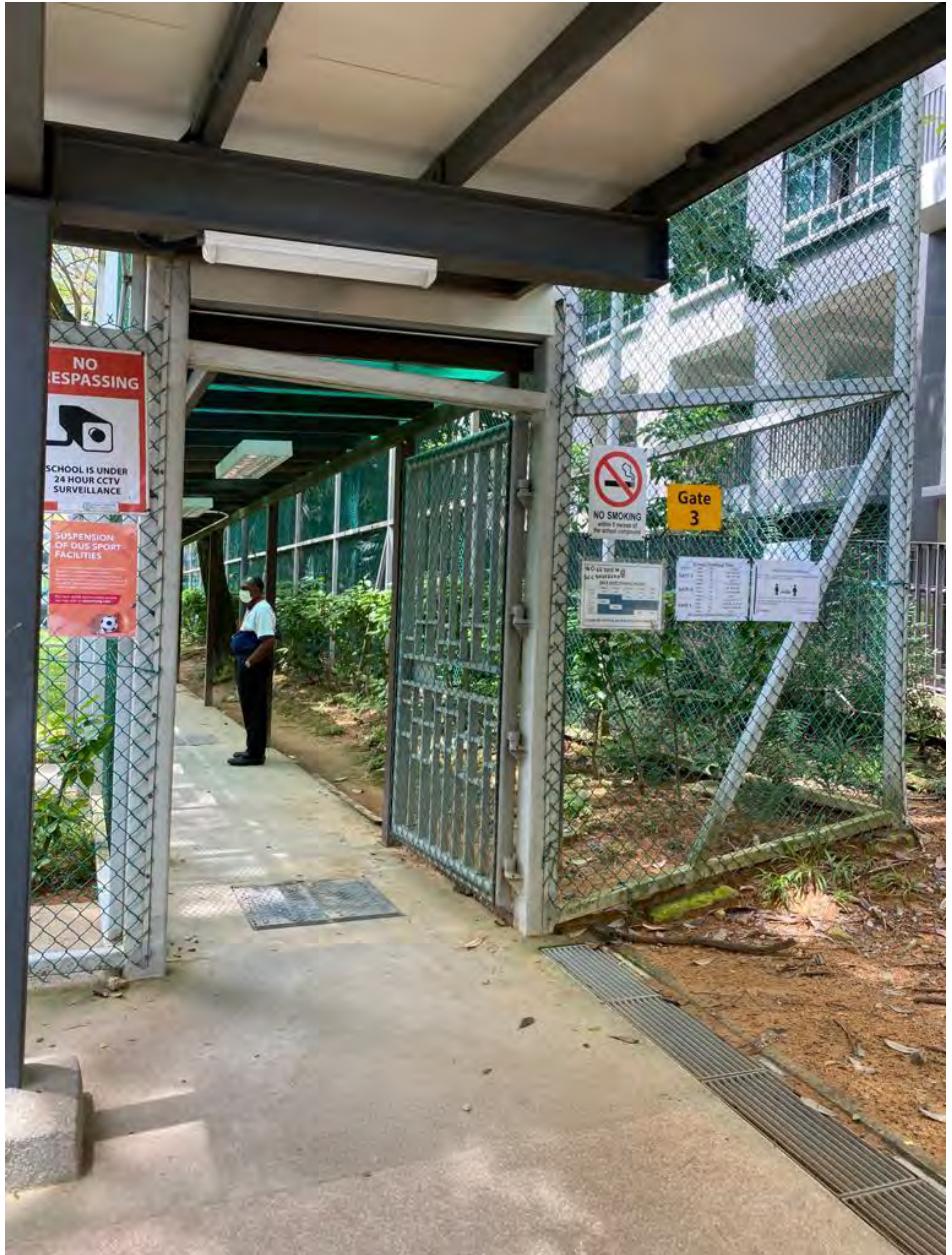


Dismissal Gates

Level	Dismissal Time	Gate 3 (Sheltered)	Gate 4	Gate 5 (Sheltered)
P1		1AM 1DI 1EM staircase 2	1JA 1OP staircase 2	1PE 1RU 1SA staircase 4

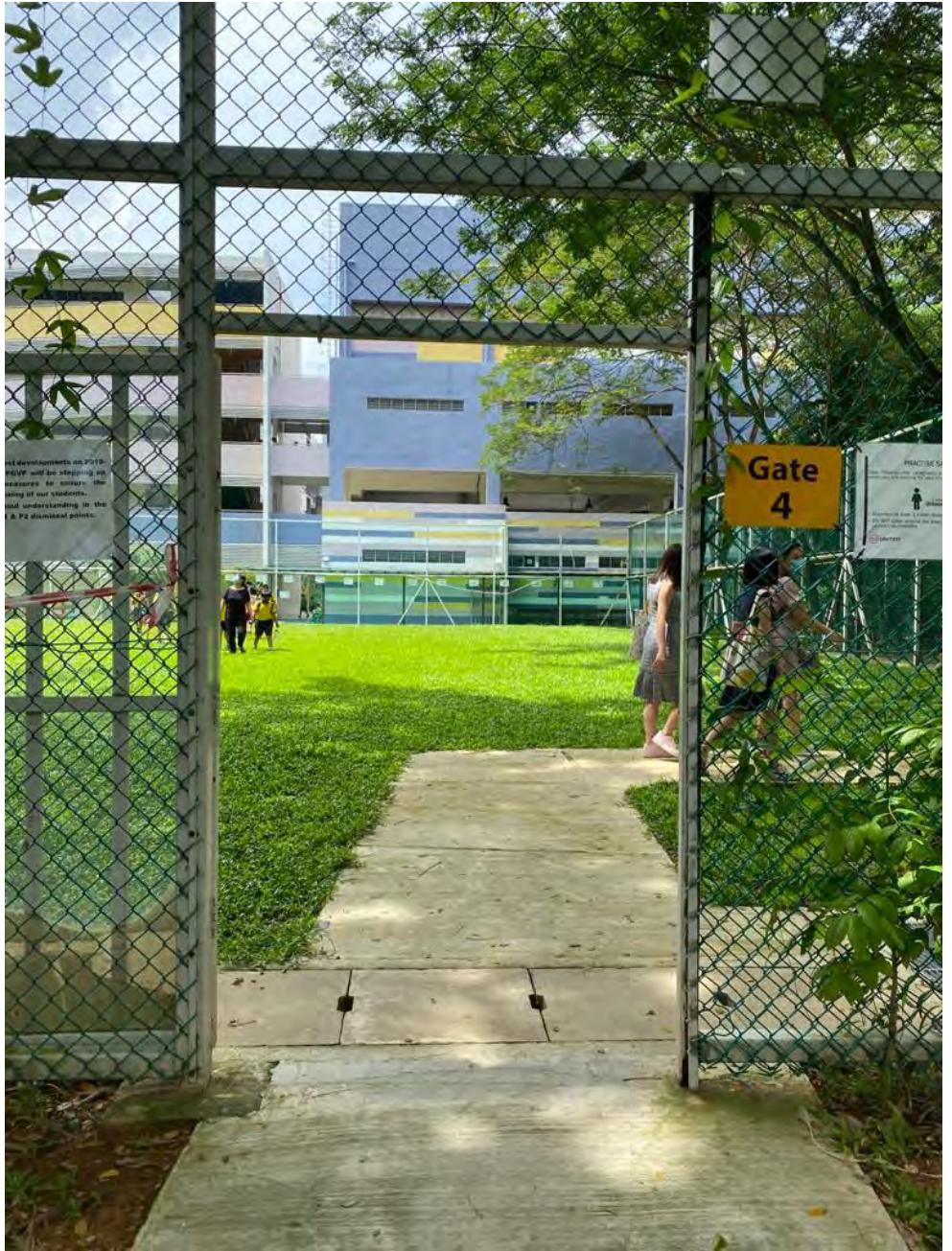
Parents to wait at the correct gates.





Gate 3

1 Amethyst 1 Diamond 1 Emerald



Gate 4
1 Jade
1 Opal



Gate 5

1 Pearl

1 Ruby

1 Sapphire

Dismissal points- Sch and External SCC

Wait at IBC



Walk to venues with SCC teachers

- Wait for SCC teachers
- Mark attendance
- Walk to SCC venues

Dismissal points- Siblings (from other levels)

Wait at IBC



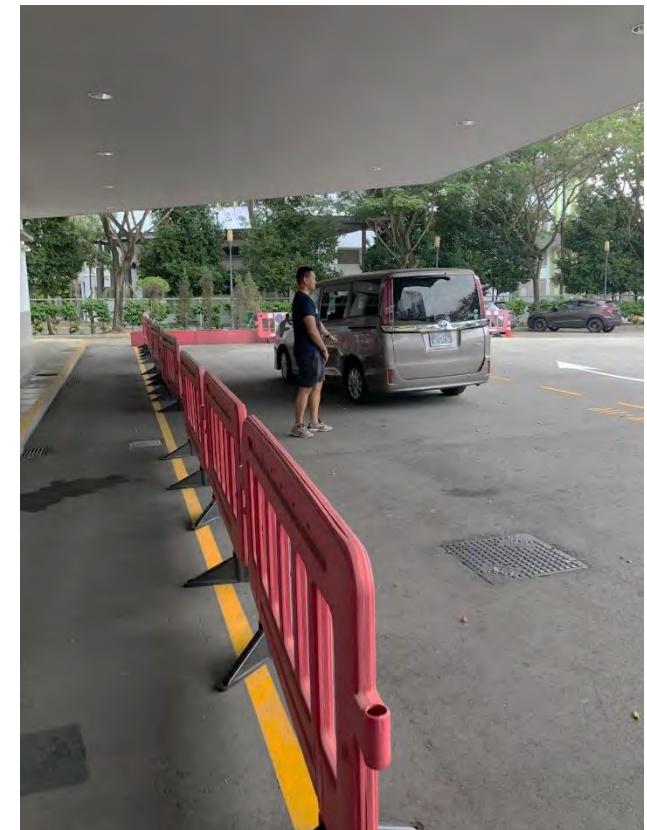
Walk towards dismissal gate together

- Wait at the area near PE store for their siblings

Dismissal points- School bus/Car



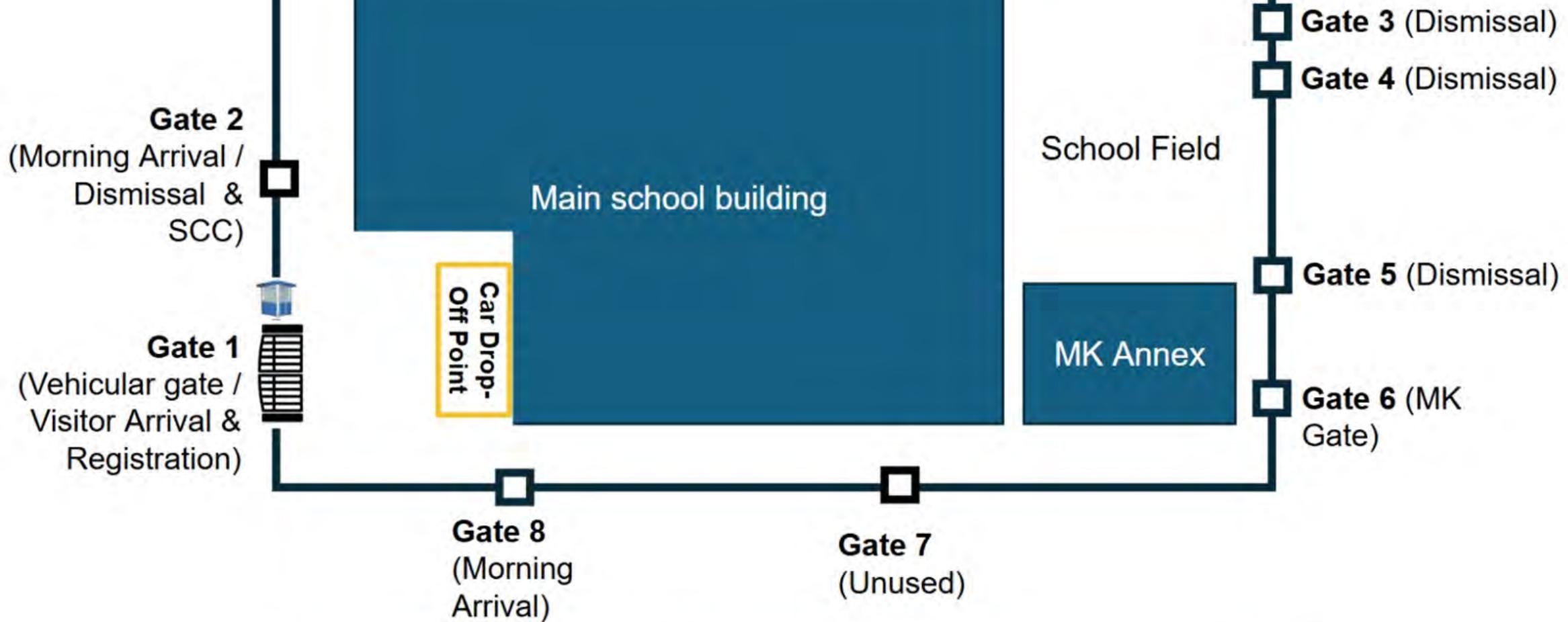
**Waiting area:
car/ school bus**



Wait at IBC

- Bus Captains will take attendance before leading students to the foyer.**
- School Personnel will lead students to foyer for parents/ cars.**

HDB Treelodge Estate



HDB Coralinus Estate

Absence from School

- Medical Certificate or a Letter of Excuse is to be produced the day following the absence. (Please note that it is our school policy to contact you if your child is absent to find out the reason for his/her absence.)
- Inform the Form Teacher in advance if your child will be absent from school for more than two days.
- Your child is only allowed to have 5 letters in each Semester.



Other matters:

Books : Fitness Room (in the canteen)

Uniform: Indoor Basketball Court
(Next to Parade Square)

School bus services: School Foyer

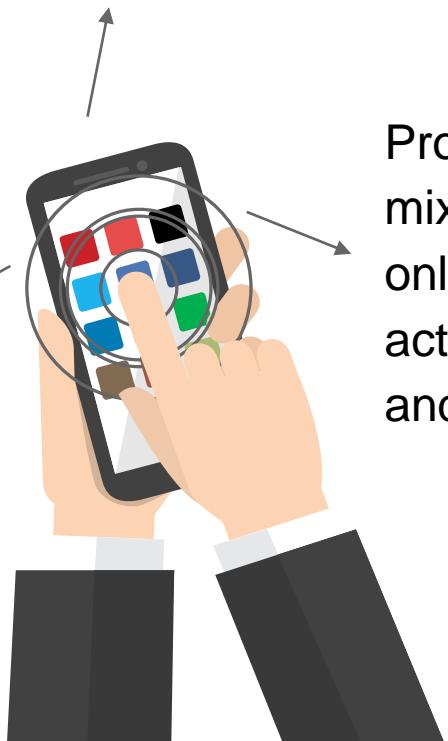
Student Care Services: Student Care Main Office
(In the canteen)

Real Connections

Cultivate strong relationships and healthy habits in this digital age

Establish good habits for our children to stay confident and in control of their technology use

Build strong bonds through shared experiences and meaningful conversations



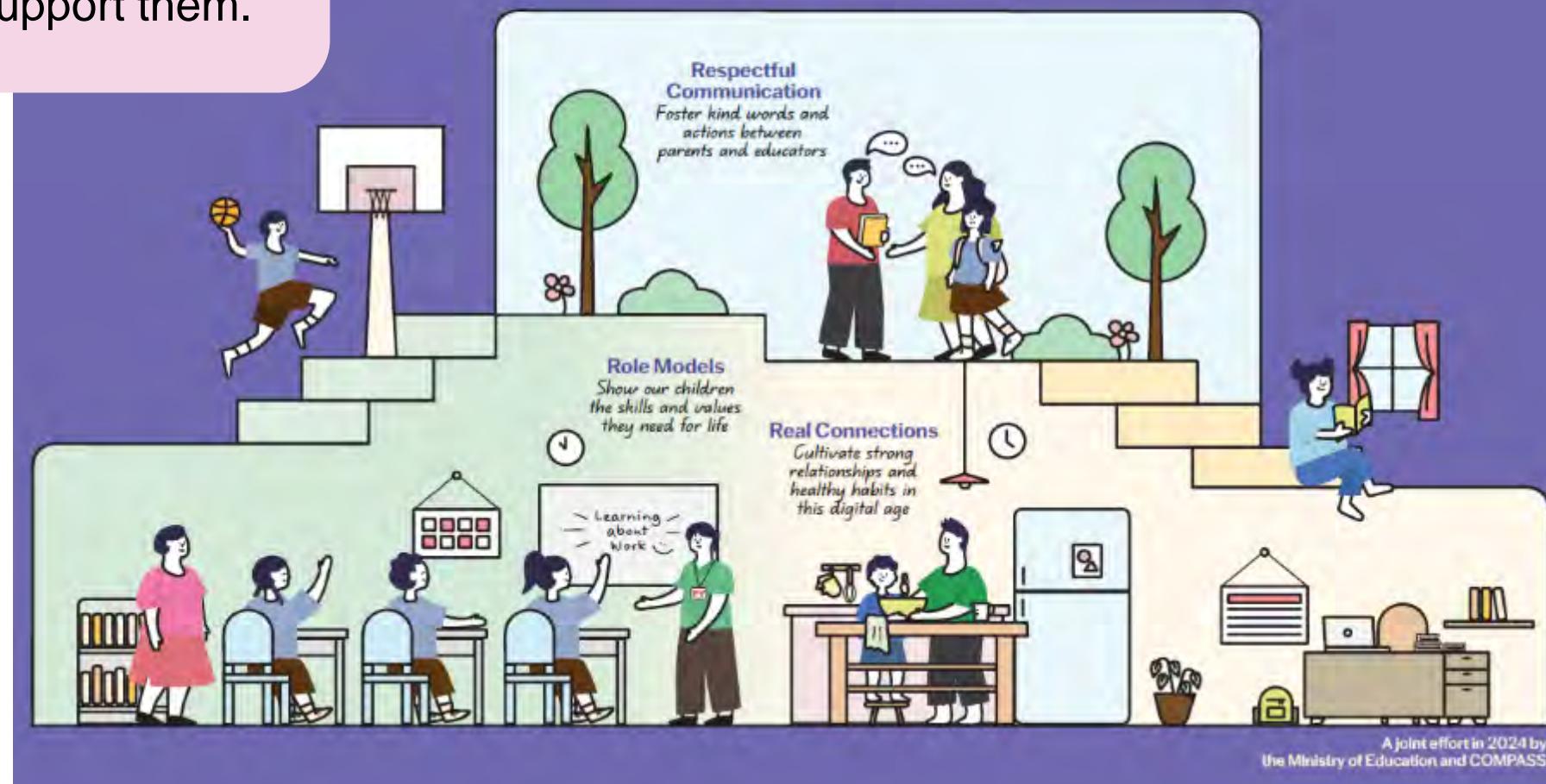
Provide a balanced mix of engaging online and offline activities, at school and at home



Our children do best when schools and parents work hand in hand to support them.

Guidelines for School-Home Partnership

Raising a Happy, Confident, and Kind Generation Together



3 areas we can work together on to foster School-Home Partnership

1 Respectful Communication

2 Role Models

3 Real Connections



Respectful Communication

Foster kind words and actions between schools and educators



Listen to and understand each other's perspectives and concerns regarding each child



Communicate kindly using official channels. Teachers are not required to share their personal mobile numbers



Respect each other's time by communicating during working hours



Role Models

Show our children the skills and values they need for life



Find joy in everyday experiences with our children



Instill confidence by encouraging responsibility and believing in our children's abilities



Model good values in words and actions



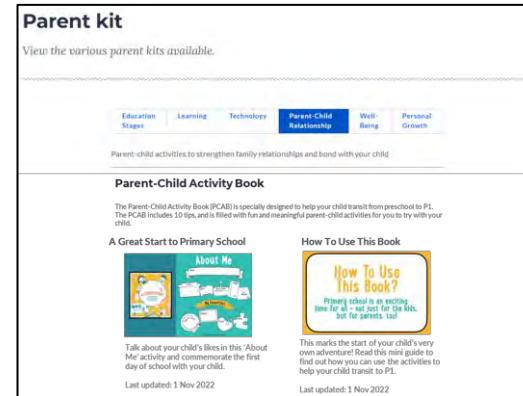
Check out this video on MOE YouTube for tips on how parents can support the social-emotional learning of their children.

PARENT-CHILD ACTIVITY BOOK IS AVAILABLE ONLINE!

PARENT-CHILD ACTIVITY BOOK (DIGITAL)

**10 TIPS FOR
PARENTS** to help you
navigate your child's first year
in primary school.

- Chat with your child
- Boost their confidence
- Practise various scenarios
- Create something interesting
- Thank others for their help
- Pledge to do things together



PARENT-CHILD ACTIVITY BOOK IS AVAILABLE ONLINE!

How To Use This Book?

Primary school is an exciting time for all – not just for the kids, but for parents, too!

In this book, you'll find **10 tips for parents** – to help you and your child adjust smoothly to primary-school life. Each tip includes activities which you can do together.

As this is an e-version, you may want to download this and print it, and let your child write or draw on paper. If you prefer an environmental-friendly way, screenshot the pages, or download it and use a mobile application for your child to doodle on it.

With your child, pick the activities that you'd like to do. You don't have to do them all!



This "hand" tells your child what to do



Use an application and allow your child to doodle on it!

Activities Inside Include:

Pledge

Make promises and keep them



Every child needs encouragement

Thank

Show gratitude. It's a great habit.

Create

Make something awesome together

Practise

Get familiar with new routines

Show-and-Tell

Keep that conversation flowing

This will be a year of making great memories together. Have fun learning with your child!

Your adventure begins on the next page.

PARENT-CHILD ACTIVITY BOOK IS AVAILABLE ONLINE!

Great Ideas For A Great Adventure

Paste a sticker after you complete each tip!
Stickers can be downloaded from <https://www.moe.gov.sg/parentkit>

Before school starts!

Tip 1: Get Ready For School
pg 9 - 16
Dec - before school starts!

Tip 2: Practise Routines
pg 17 - 28
Dec - before school starts!

During term time!

Tip 3: New Places, New Faces
pg 29 - 38
Jan - first week of school

Tip 4: We Can Do This! Together
pg 39 - 48
Feb - when learning gets more serious

Tip 5: Show Interest In Your Child
pg 49 - 56
Mar - holidays!

Tip 6: Time To Let Go!
pg 57 - 68
Apr - start of Term 2

Tip 7: Team Up With Teachers
pg 69 - 76
May - before and after the Parent-Teacher Meeting!

Tip 8: Every Child Is Unique
pg 79 - 86
May - before and after the Parent-Teacher Meeting!

Tip 9: Be A Great Role Model
pg 87 - 96
Jun - holidays!

Tip 10: Let's Help Out At Home
pg 97 - 104
Jun - holidays!

© COMMUNICATIONS AND ENGAGEMENT GROUP MOE

TIP 2

Practise Routines

Building good habits helps your child cope with the many new things they will encounter this year.

School is a lot more structured than your child is used to. Lessons are longer and so is the school day. Buying food at recess is a new experience and they will need to go to the washroom on their own. After-school activities and homework might take some getting used to. Practising routines will help your child face the unfamiliar with a smile!

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To take note:

- School Uniform & PE Attire for P1 & P2
 - Optional for P1 and P2 to purchase school uniforms.
- Report Book management
 - Report books will no longer be collected by the school
 - Students will be responsible to file their own result slips
- Revised school hours
 - 7.30am – Flag raising and morning announcements
 - 7.45am – Start of curriculum
 - 1.45pm – Dismissal time



Upcoming Parenting Seminars for P1 Parents Off to a Good Start



Click on any topics to find out more

Theme	Topic
Strengthening Connections	5 Love Languages
	Listen More, Listen differently
Emotion Coaching	Feel, Connect, Thrive - Mastering Emotion coaching in Parenthood
	Parenting with Resilience
Digital Wellness	Parenting in the Digital Age
Success	A Smooth Transition: Empowering your child for success
	Navigating the Next Chapter: Empowering your child for secondary school



Registration Requirements

On-site : min. 50 registrations

Online : min 40 registrations

YOUR CHILD IS READY.

ARE YOU?

Some questions you may have...



You can encourage your child for efforts in learning to read. Most importantly, reading should be a fun learning process.

Reading is a habit that we can build.

Interest your child in reading

- It is never too late to start getting your child interested in books
- Take your child to the library, expose them to various picture books and read together for a start
- Students will be introduced to various genres of books, and be taught how to blend letter sounds through games or craft work

Some questions you may have...

My child takes so long to complete her work. Will she fall behind?



Be specific about how much time they should spend on the work, and offer a set time that they should complete the work.

Children pick up time management at a different pace and can improve with help.

Support your child in time management

- Parents can model this with your child at home with small tasks and everyday activities
- If you find your child struggling with completing their tasks or homework within a given time, it could also mean that they are not sure how to go about completing them. Try breaking the task down into smaller steps
- If you notice any learning issues, do reach out to the school early

Some questions you may have...



Practise with your child when and how to ask for help. Remember to affirm them for their efforts.

Asking for help may not seem obvious to a child.

Teach your child how to ask for help:

Step 1: Look for someone who can help

Step 2: Check if that person has the time to help; if not, look for another suitable person

Step 3: Share what the problem is and how they feel

Step 4: Listen carefully to the advice given

Step 5: Thank the person for the help

Some questions you may have...



Remind your child that eating during recess is important as it helps them with the physical energy to continue focusing and learning in class.

Students may enjoy recess so much that they forget to eat. Some students may not be eating because they are shy about ordering food.

Encourage your child to eat during recess

- Let your child practise ordering food and making payment when out with the family
- If they need more time to build their confidence or observe how it is done by other students, you may pack a lunch box in the meantime, so they will always have something to eat
- If you worry that your child is not eating at all, discuss with your child's teacher

We get you ready for your primary school journey

SCHOOLBAG
PARTNERING YOU ON YOUR EDUCATION JOURNEY

Hear from fellow parents, MOE educators and more on how
your child can get more out of their primary school experiences.
Subscribe to Schoolbag.edu.sg today!

SCAN TO SUBSCRIBE

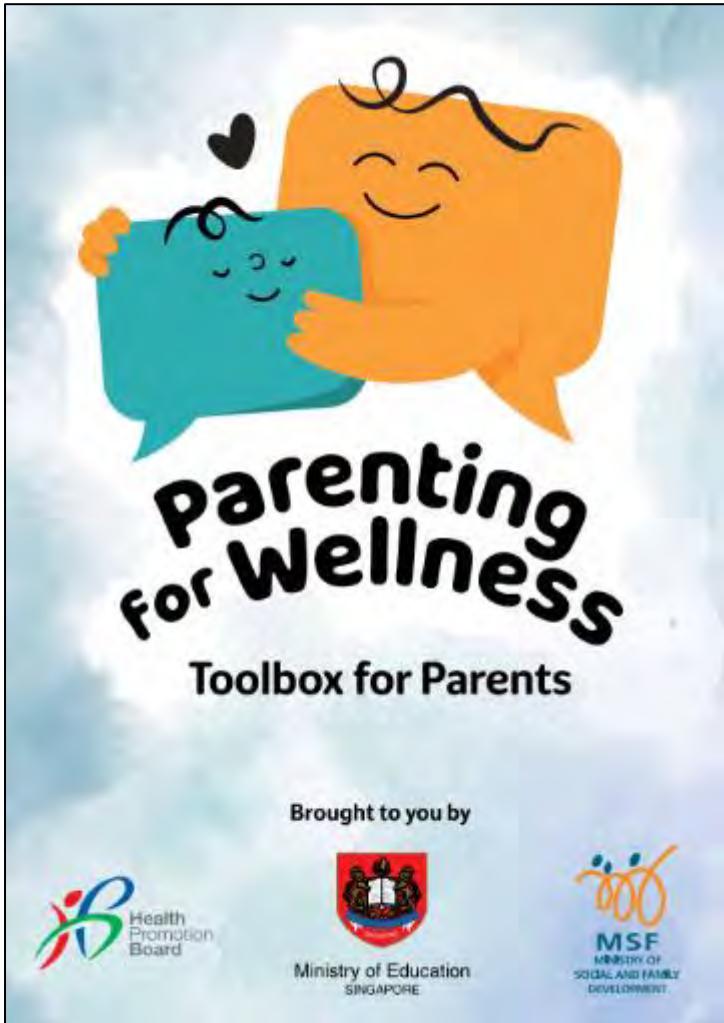


go.gov.sg/schoolbag-newsletter



Brought to you by
MOE Communications
and Engagement Group

Latest Resource: Parenting for Wellness Toolbox



Building Relationships

Helping Your Child Build Healthy Relationships

Building Relationships

Helping Your Child Develop Good Daily Habits

Building Relationships

Supporting Your Child in Performing Age-Appropriate Tasks

Things You Can Do

- Affirm your child when they do well, and encourage them to develop good daily habits. Role model these habits yourself too.
- Important areas:** Nutrition, Sleep.

Things You Can Say

- Affirm your child's efforts and encourage them to try again if they fail.
- Express concern in an open and respectful way, let your child know that you trust their judgement.

An initiative to empower parents with key knowledge and skills to build strong parent-child relationships, strengthen their children's mental well-being and resilience, and parent effectively in the digital age.

The Toolbox for Parents **comprises bite-sized practical tips and strategies for parents**, such as ways to create a safe and nurturing home environment, build resilience in children, and stay safe online.



Check out Parenting Resources on Parents Gateway (PG)

Repository of parenting resources

A repository for parents to browse resources on topics such as preparing for Primary 1, forging parent-child relationships and education pathways.

The screenshot shows the 'Parenting' section of the Parents Gateway app. At the top, there are two tabs: 'FOR YOU' and 'EXPLORE'. Below this is a 'Highlights' section featuring a news item from 'Thu, 10 Oct 2024' about 'Refreshed Guidelines for School-Home Partnership'. Underneath is a 'Based on your preferences' section with categories like 'Cyber wellness' (which is highlighted with a blue oval), 'Interpersonal skills', and 'Managing time'. A large image of a person interacting with a laptop is displayed. At the bottom, there are navigation icons for 'HOME', 'CONTACTS', 'SERVICES', 'PARENTING' (circled in blue), and 'PROFILE'.

Education Stages

Pre-school Preparing for Primary 1 Lower Prima

13 resources available

HOW TO PICK & PACK SCHOOLBAG

Thu, 2 December 2021
P1 cheat sheet: How to pick and pack your schoolbag
Learn how you can guide your Primary 1 child to pick and pack their schoolbag.

PARENT KIT
Starting Your Primary 1 Journey

Your child will be reaching another milestone going into Primary 1 soon.



Find out more about Parents Gateway here.

Resources in PG for every educational stage



Fri, 23 September 2022

[Preparing for P1 - PDF] Supporting Your Child Through the Primary 1 Journey

Click to download or view this issue on preparing your child for P1.

Find out what your child really needs for Primary 1.

The infographic is titled 'Teach Your Child Social Emotional Skills' and includes the subtext 'BE READY FOR LEARNING'. It features two side-by-side sections: 'What your child may learn in school' (with a checklist icon) and 'What you can do at home' (with a colorful icons icon). Below the infographic are two resource cards:

Mon, 18 October 2021
[PDF] Social skills to prepare your child for Primary 1
Click to download or view this resource to learn how you can help your child learn social skills.

Mon, 23 August 2021
Are you over-preparing your child for P1?
Learn how overpreparing your child may hinder learning.

Wed, 15 December 2021
[NLB] LearnX Reading - Primary
Create fun experiences for your child to discover the joy of reading.

Help develop your child's social and emotional skills by referring to this infographic.

Are you over-preparing your child for primary school?

How to cultivate the love for reading? Check out resources from the National Library Board.

Check out more resources from MOE

Parent Kit



Parent Kit

www.moe.gov.sg/parentkit

Each Parent Kit issue contains bite-sized actionable tips with supporting resources for parents to help them support their child in their education journey.

MOE Social Media Platforms



www.instagram.com/parentingwith.moesg



www.instagram.com/moesin-gapore



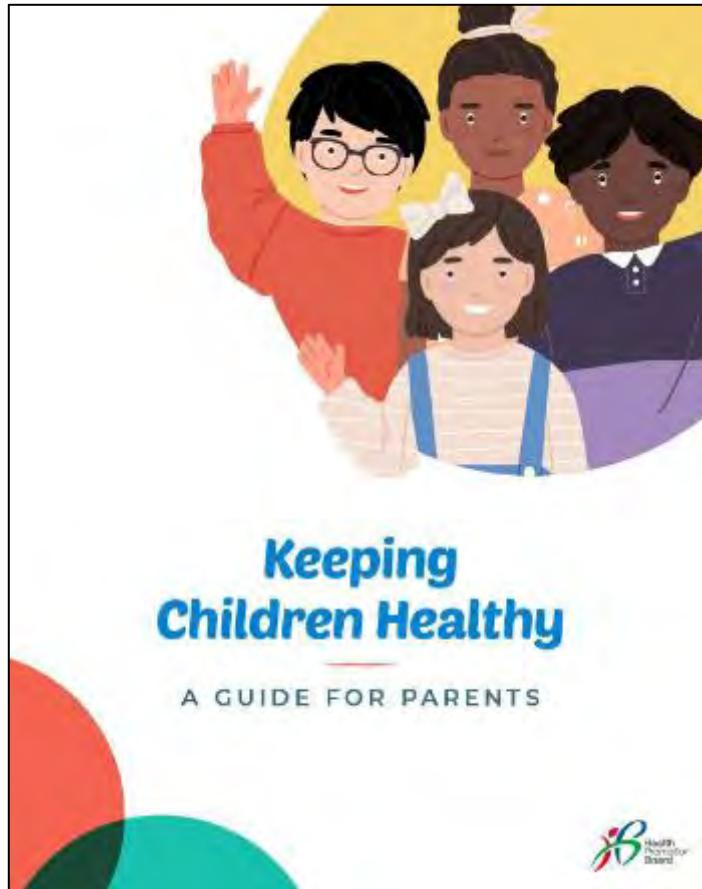
www.facebook.com/moesingapore



www.youtube.com/moe-spore



Keeping Children Healthy



Is your child transitioning to P1?

Unlike preschool where your child is served meals based on a fixed menu, they will have to start making more independent choices about what they want to eat in primary school.

This transition from being served to choosing for themselves can be daunting for children. Prepare them for it in the following ways:

- a) Talk to your child about 'My Healthy Plate' and highlight the importance of different food groups in our diet. Teach them how to choose a combination of dishes using the 'quarter-quarter-half' method so they learn to incorporate all food groups in their meals.

Here is an example of a meal that is not well-balanced, and a couple that are:



Edition 1



Edition 2



Edition 3

Family Values Card Game

Families for Life, in partnership with the Ministry of Education

- Designed for parent-child bonding and provide opportunities to discuss about family values as a family
- Families can learn how to play the game by scanning the QR code on the game box
- Parents are encouraged to make use of the conversation starters included in the rulebook to engage children in understanding and demonstrating the family values of **love, care and concern, commitment and respect**

