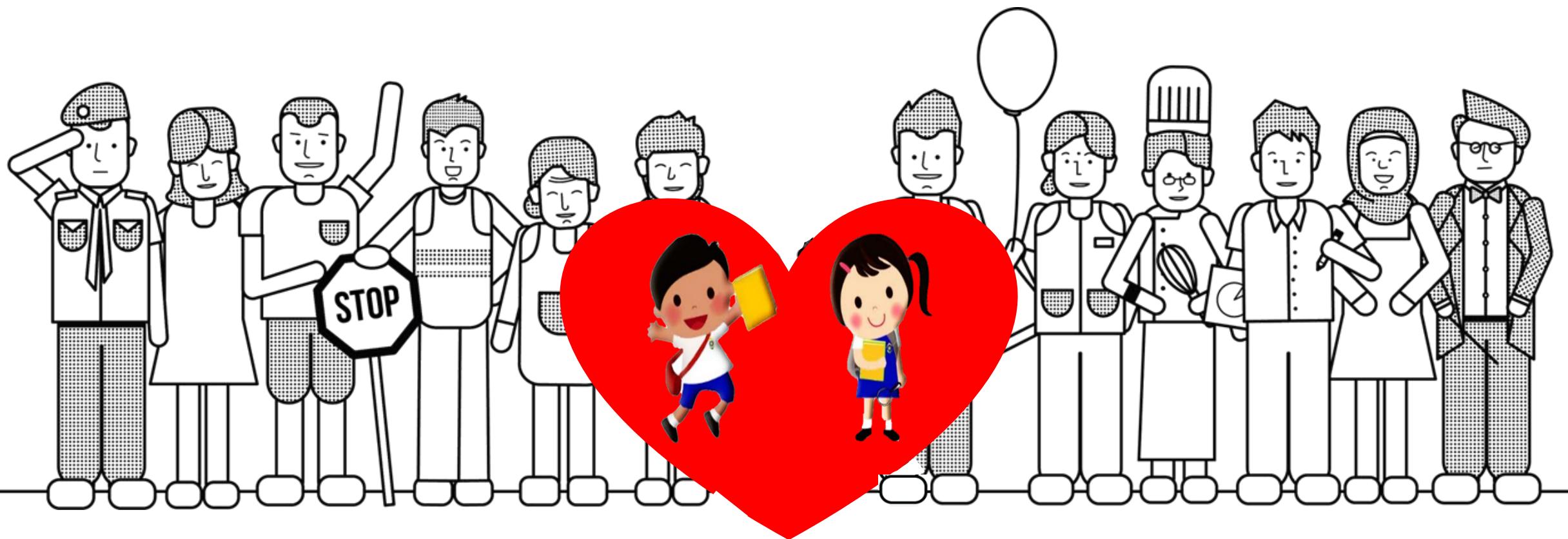




Ministry of Education
SINGAPORE

A GREAT START TO PRIMARY SCHOOL





Ministry of Education
SINGAPORE



Preparing Your Child for Primary 1

Tuesday 22 November 2022

TRANSITION TO PRIMARY 1

In primary school, your child will be equipped with skills to:

- Adjust to a larger learning environment
- Interact with more peers and teachers
- Adapt to longer school hours
- Become more independent and responsible



**Schools may access the video via:
<https://go.gov.sg/transition-to-primary1>**

OVERVIEW

1 Developments in Primary Education

4 School-Home Partnership

2 What Is It Like in Primary School?

3 Transition to Primary 1



WHAT IS IT LIKE IN PRIMARY SCHOOL?

- Laying a strong foundation
- Nurturing well-rounded individuals and passionate lifelong learners
- Providing learning opportunities that recognise their strengths and develop their full potential
- Preparing our children for the future



TRANSITION TO PRIMARY 1

- **Transition is the process when a child encounters a move into a new environment, for example when a child moves from pre-school to primary school. It requires a child to adapt to an unfamiliar setting.**
- **A smooth transition is made when your child:**
 - feels safe and comfortable in their new environment
 - is able to manage the daily challenges of school life



WHAT EXPERIENCES WILL MY CHILD GO THROUGH IN PRIMARY 1?



LOVE@PGVP



MID-AUTUMN
FESTIVAL



Parents Teacher
Conference

TRANSITION TO PRIMARY 1

When your child enters primary school, they will experience:

New friends
and teachers



TRANSITION TO PRIMARY 1

What are the tasks that your child should be able to do independently?

- Personal hygiene eg. going to the toilet, hand washing, tying shoelaces, buttoning their shirt/blouse/uniform
- Looking out for traffic
- Organising school bag
- Counting money and receiving change
- Asking for permission



RELATING TO OTHERS

Build your child's interpersonal skills by:

- **Modelling the use of friendly and polite phrases**
 - “Hello! My name is...What is your name?”
 - “May I please...”
- **Providing opportunities for your child to share and take turns during playtime with other children**



DEVELOPING GOOD HABITS

Routines help your child build confidence and learn to manage themselves.

Guide your child to do the following independently:

- Dress themselves
- Buy food at the canteen
- Make healthy food choices
- Pack their bag
- Wash their hands
- Take their temperature using a thermometer



NURTURING POSITIVE LEARNING ATTITUDES

Developing the right learning attitude will help your child learn better.

You can encourage your child to:

- Ask questions about their experiences and the world around them
- Express their thoughts and feelings and discuss what can be done if they have worries
- Practise life skills independently like buying food and drinks on their own and asking for permission



Agenda for Today

- **First Few Days of School**
Preparing your child for Primary 1
- Things to bring
- Other Information





First few days of
school





START IT RIGHT!
3 Jan to 6 Jan



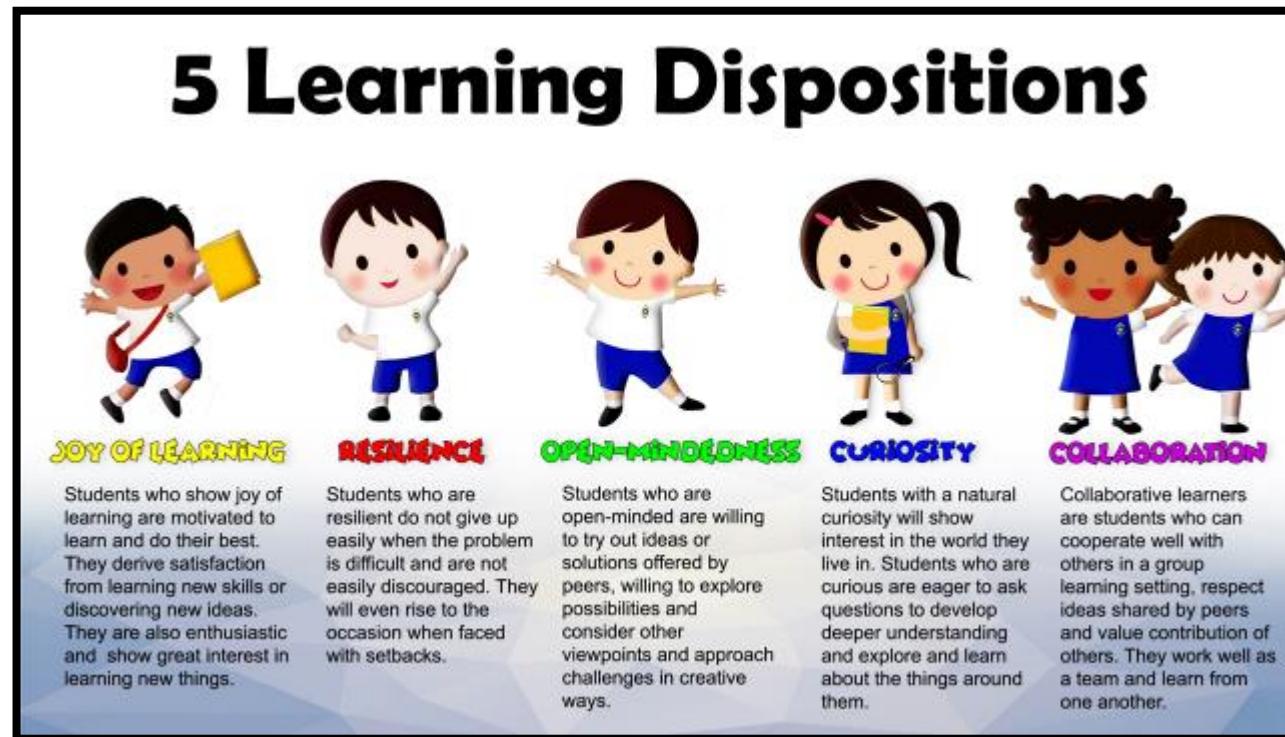
WHAT EXPERIENCES WILL MY CHILD GO THROUGH IN PRIMARY 1?

Holistic Assessment

- Focuses on building greater confidence and nurturing a stronger intrinsic motivation to learn so as to develop your child's potential
- No examinations and weighted assessments at Primary 1 and Primary 2 to ease your child into formal schooling
- Use of appropriate assessment modes to provide useful information to support students' learning and holistic development

WHAT IS IT LIKE IN SCHOOL?

- Strengthening efforts to nurture well-rounded individuals
- Moving away from over-emphasis on grades



WHAT IS IT LIKE IN SCHOOL?

Subjects taken at P1

1. English Language
2. Mother Tongue Language
3. Mathematics
4. Social Studies
5. Art
6. Music
7. Physical Education
8. PAL



PREPARING FOR SCHOOL

- Providing a structured and supportive environment
- Providing greater support for students with special educational needs (Transition meetings for selected students)



3 January, Tuesday

- Your child will wait in the canteen according to the assigned class.
- Teachers will walk to the classroom with your child when it is time to assemble.



PREPARING FOR SCHOOL

Snack Break

- 5 mins snack time at 11.55 am to 12.00 pm
- Prepare a simple dry snack eg. bread, fruits, biscuits
- Try to use fork or spoon
- Try out “snack time” at home!



PREPARING FOR SCHOOL



P1 Reporting and Dismissal Time

	Tuesday 3 Jan	Wednesday 4 Jan	Thursday 5 Jan	Friday 6 Jan
Reporting Time		8.00 am		7.25 am
Recess		9.25 am to 9.55 am (TBC)		
Snacks		11.55 am to 12.00 pm		
Dismissal Time	1.10 pm	1.10 pm	1.10 pm	1.10 pm

Students to report to school at 7.25 am from 6 Jan, Friday.

PREPARING FOR SCHOOL

First day of school

What to pack	What to wear
<ol style="list-style-type: none">1. Pencil case2. Colour pencils3. Student handbook4. Water bottle5. Pocket money (\$2)6. A story book7. A healthy snack	<ol style="list-style-type: none">1. School uniform2. Black school shoes



PREPARING FOR SCHOOL

**For other books, please check the website from 28 Dec,
Wednesday.**

Daily book collection

Monday eg: Exercise book for EL

Tuesday eg: Math Workbook 1A

Wednesday eg: Mother Tongue books

Thursday eg: Art materials

**Friday: Form Teacher Guidance
Activity Book**



Recess

Time : **9.25 am to 9.55 am (TBC) (staggered recess)**

Teachers to support students during the first few days of school.

- Students to sit at assigned tables.
- Students to conduct wipe down. (Before and after food)
- Students may buy from stalls.
- Parents may also pack food from home.



Recess



Time : **8.55 am to 9.25 am**



Things to bring

- The list of things that your child is required to bring for the first four days of school will be reflected at the website on 28 December 2022.
- **Label all the books and files** with your child's name clearly written/printed on it and pack the items together with your child.
- **Write/print your child's name and class** on all his/her books, files and other belongings (e.g. wallet/purse, water bottle, lunch box, colour pencils, shoes, bag etc.)



- He/She should bring these items to school every day:

- at least 2 sharpened 2B pencils,
(Mechanical pencils are strongly discouraged.)
- an eraser,
- a ruler,
- a sharpener,



**** Trolley bags are strongly discouraged.**



Homework File

- To help your child keep track of the homework given by the teachers, please use his/her **Homework File**. (Purchase from bookshop)
- Teach him/her to slot in all the homework he/she gets from his/her teacher every day.
- **Label** the file with his/her name and class.



Timetable

- Your child will receive his/her confirmed timetable on the first day of school.
- He/She should pack his/her bag every day and bring only the books required for that day starting from **6 Jan Friday 2022**.

Time/ Day 7.30am-7.55am	Monday HAPPY HALL Assemble in HALL	Tuesday Assembly P1 Assemble in HALL	Wednesday HAPPY HALL Assemble in HALL	Thursday FTGP FORM TEACHER GUIDANCE PERIOD Assemble in class	Friday MASS PE Assemble in class
7.55 am - 8.25 am	MA MATHEMATICS	MTL MOTHER TONGUE	MA MATHEMATICS	MA MATHEMATICS	PE PHYSICAL EDUCATION
8.25 am - 8.55 am	MA MATHEMATICS	MTL MOTHER TONGUE	MA MATHEMATICS	SPELLING	PE PHYSICAL EDUCATION
8.55 am - 9.25 am	Recess ☺	MTL MOTHER TONGUE	Recess ☺	Recess ☺	Recess ☺
9.25 am - 9.55 am	MTL MOTHER TONGUE	MA MATHEMATICS	EL ENGLISH/LSP	EL ENGLISH	MA MATHEMATICS
9.55 am - 10.25 am	MTL MOTHER TONGUE	MA MATHEMATICS	EL ENGLISH	EL ENGLISH	MA MATHEMATICS
10.25 am - 10.55 am	MTL MOTHER TONGUE	MTL MOTHER TONGUE	MTL MOTHER TONGUE	EL ENGLISH/LSP	EL English
10.55 am - 11.25 am	MTL MOTHER TONGUE	MUSIC	MTL MOTHER TONGUE	PAL <i>Prog for Active Learning</i>	MTL MOTHER TONGUE
11.25 am - 11.55 pm	MUSIC	EL ENGLISH/LSP	CCE MOTHER TONGUE	MTL MOTHER TONGUE	MTL MOTHER TONGUE
11.55 am - 12.00 pm	SNACK	PE PHYSICAL EDUCATION	SNACK	SNACK	SNACK
12.00 pm - 12.30 pm	EL ENGLISH	SNACK	CCE MOTHER TONGUE	MTL MOTHER TONGUE	MTL MOTHER TONGUE
12.30 pm - 1.00 pm	EL ENGLISH/LSP	PE PHYSICAL EDUCATION	SS/ICT	PAL <i>Prog for Active Learning</i>	EL ENGLISH/LSP
1.00 pm - 1.30 pm	EL ENGLISH	ART	SS/ICT	PAL <i>Prog for Active Learning</i>	EL Library

Other Information: Students' Attire



PUNGGOL VIEW PRIMARY UNIFORM & PE ATTIRE



Other Information: Students' Attire



- All P1 students should wear their school uniform on the first day of school.
- Physical Education (PE) attire should only be worn on the days when there are PE lessons.
- Girls with long hair should tie it up neatly with blue or black elastic bands or hairclips. Fanciful hairclips are not allowed.
- Boys should keep their hair short and neat.



Important Information



Your child will be given a lanyard with a temporary name tag on the first day of school

For the first month, all P1 students will be required to put on the lanyard with name tag at all times in school.

Write at the back of the name tag for easy reference.

- contact numbers (Mother's Hp/ Father's Hp)
- school bus number (if any) or
- which pick up point your child will be picked up from



Important Information

1 AMETHYST

Dismissal arrangement:

School Student Care: School Bus:
(please tick ✓) (please tick ✓)

School Bus Number: _____

Other Student Care: _____
(please specify)

Car: Back Gate: (please tick ✓)
(please tick ✓) Gate number: _____
(teachers to fill in)



Emergency Contact

_____ (Father)

_____ (Mother)

Colour is different
for each class.

Please ensure
that your child puts
on the lanyard
from the first
day (3 Jan)
onwards.



Dismissal points- Back Gate

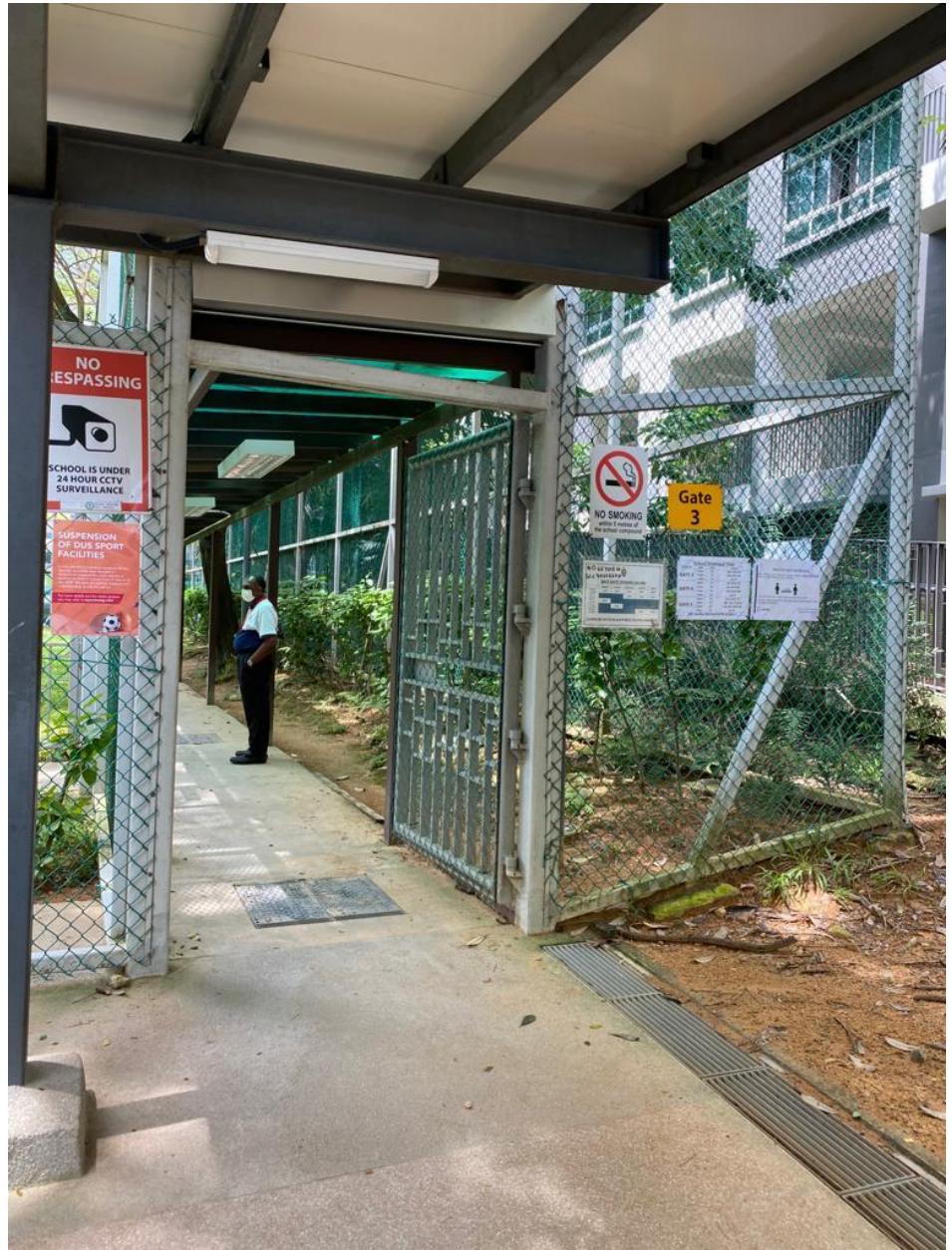
- Step 1: Walk with your teacher to respective gates
- Step 2: Spot your parent
- Step 3: Wave to your parent
- Step 4: Inform your teacher
- Step 5: Say “Goodbye”



Dismissal Gates

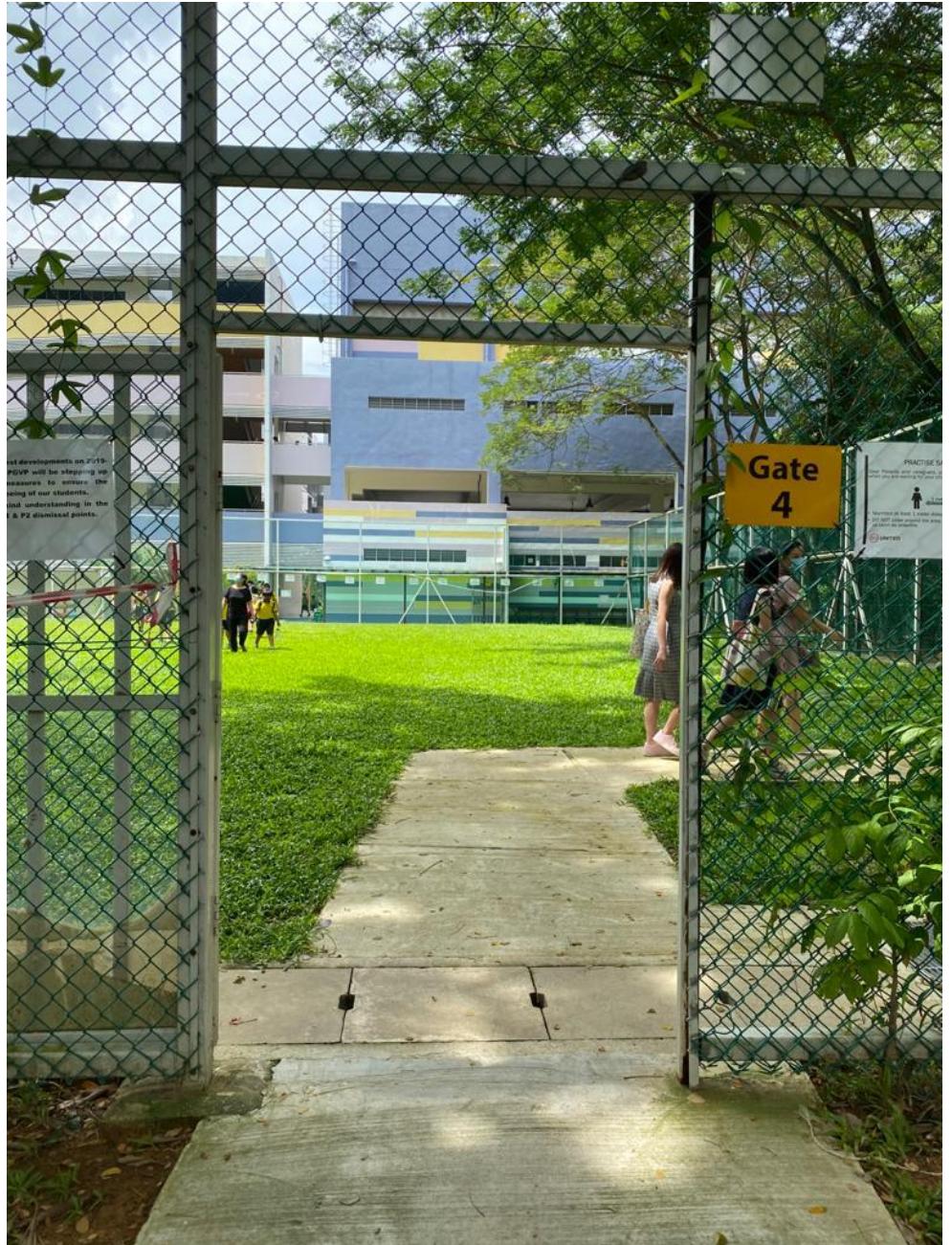
Gate 3 Near IBC	Gate 4 Near Field	Gate 5 Near MOE Kindergarten
1 Amethyst	1 Jade	1 Ruby
1 Diamond	1 Opal	1 Sapphire
1 Emerald	1 Pearl	

Parents to wait at the correct gates.



Gate 3

1 Amethyst 1 Diamond 1 Emerald



Gate 4
1 Jade
1 Opal
1 Pearl



Gate 5

1 Ruby

1 Sapphire

Dismissal points- SCC

Wait at IBC



**Walk to venues with
SCC teachers**

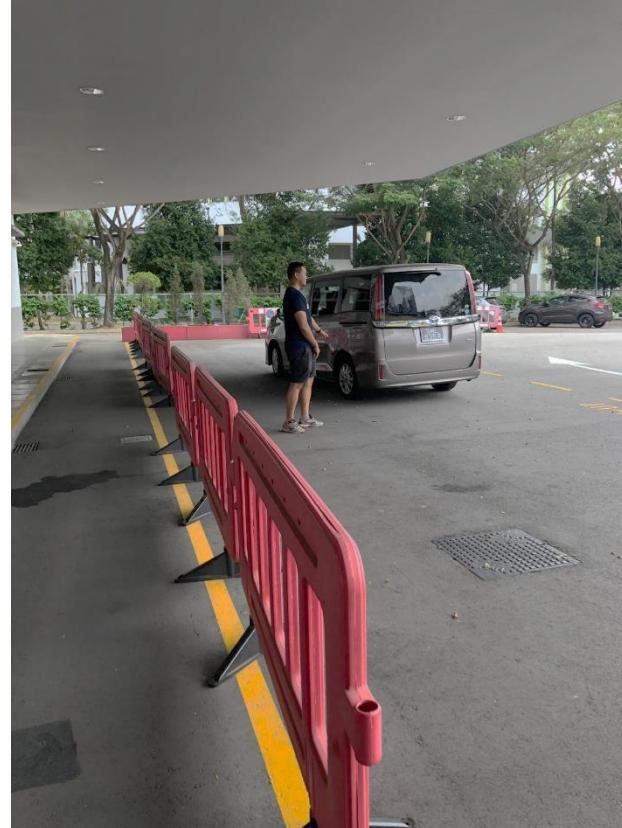
- Wait for SCC teachers
- Mark attendance
- Walk to SCC venues

Dismissal points- School bus/Car

Wait at school foyer



Wait at car/ school bus



Absence from School

- Medical Certificate or a Letter of Excuse is to be produced the day following the absence.
(Please note that it is our school policy to contact you if your child is absent to find out the reason for his/her absence.)
- Inform the Form Teacher in advance if your child will be absent from school for more than two days.



HOW CAN I SUPPORT MY CHILD DURING THIS TRANSITION?

- **Support** your child and encourage them to overcome challenges with you
- **Affirm** your child by recognising small successes and praising their efforts
- **Familiarise** your child by easing them into new routines and sharing with them your experiences in primary school
- **Empathise** and acknowledge your child's feelings



Supporting your child's transition through Primary 1

Build a caring home environment to nurture the social and emotional skills of your child using these S.A.F.E. tips.

The illustration shows a father in a green polo shirt, a mother in a pink top, and a young child in a white shirt and blue shorts standing together outdoors in a grassy area under a clear sky.

SUPPORT

- Commit some time every weekend to **play games** and **have fun** together.
- Visit places or take part in events that **both of you enjoy**.
- Encourage your child to make **new friends**.
- Try out FTGP* Family Time activities.

AFFIRM

- Encourage your child when he makes **observations**. E.g. Say "That's interesting!" and ask why he/she said that.
- Recognise **small successes**. E.g. Say "You've made another new friend in class - well done!"

FAMILIARISE

- Find out what primary schools have in store for students these days.
- Do practical things to **ease your child into new routines**. E.g. Plan daily routines together; teach your child new habits like packing his/her bag.

EMPATHISE

- Teach your child words that describe feelings.
- Acknowledge your child's emotions. E.g. "It's okay to feel anxious about starting school."
- Understand your child's needs. E.g. Start bedtime early. Children need a lot of sleep.

Form Teacher Guidance Period

Spend Time Chatting. Use T.A.D.

Talk

Talk about fond memories of your own school days.
E.g. What you did in Primary One; kind teachers and cheeky classmates you had.

Ask

Ask about his/her thoughts and feelings about the school.
E.g. FTGP activities; when he/she felt happiest.

Discuss

Discuss together what can be done if your child has worries at school.
E.g. Explore how people deal with conflicts.

QUICK TIPS

- Listen without interrupting.
- Nod your head and **ask questions** to show interest and affirmation.

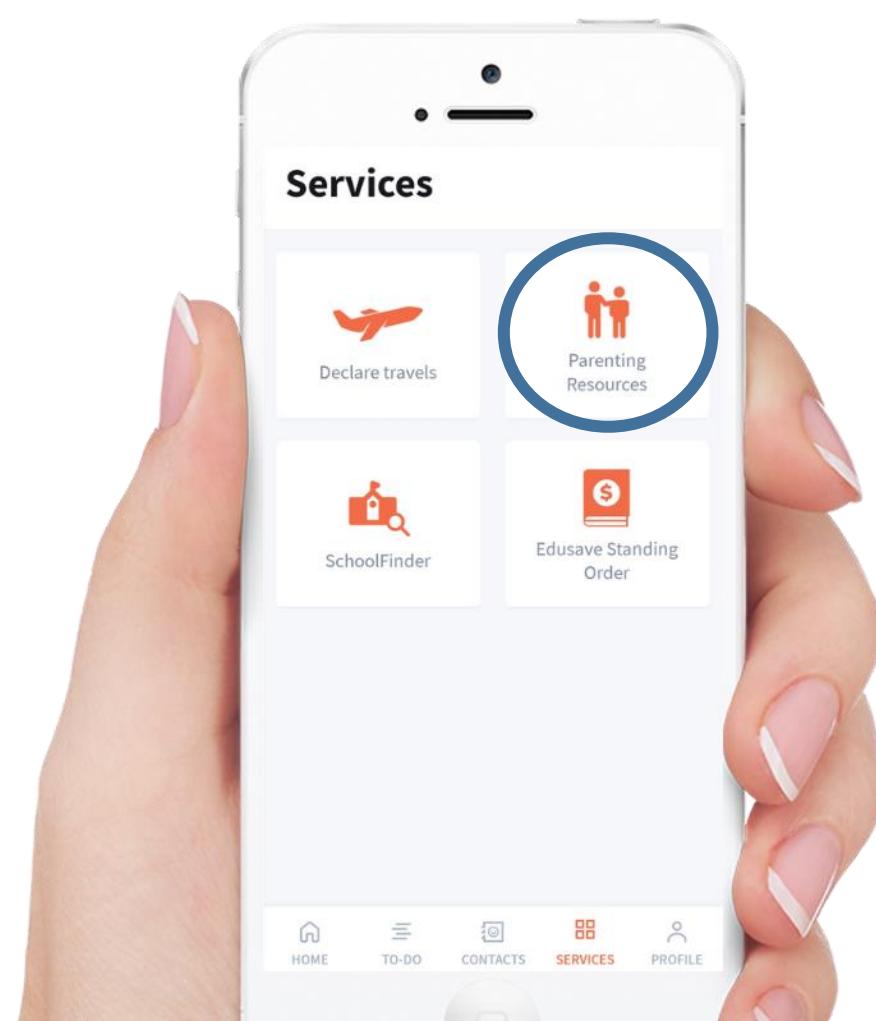
These tips may be used with children of other ages too; it depends on each child's needs. Using these tips as your child journeys through the school years can help ease anxiety and worries, and build warmer and closer relationships at home.

Ministry of Education
SINGAPORE

ONLY ON PARENTS GATEWAY! A ONE-STOP PORTAL OF RESOURCES

Parenting Resources repository

A repository for parents to browse resources on topics such as preparing for Primary 1, forging parent-child relationships and education pathways.



Education Stages

Pre-school Preparing for Primary 1 Lower Prima

13 resources available

P1 cheat sheet: How to pick and pack your schoolbag

Learn how you can guide your Primary 1 child to pick and pack their schoolbag.

PARENT KIT
Starting Your Primary 1 Journey

Your child will be reaching another milestone going into Primary 1 soon.



Find out more about Parents Gateway here.

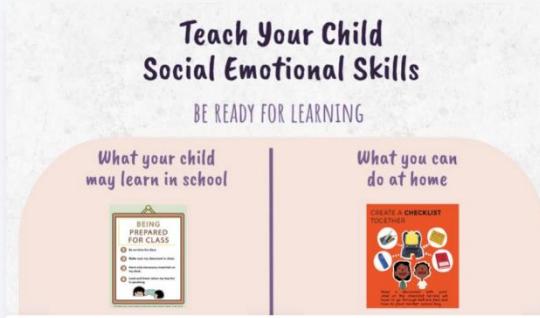
WHAT'S AVAILABLE ON THE REPOSITORY?



Fri, 23 September 2022

[Preparing for P1 - PDF] Supporting Your Child Through the Primary 1 Journey

Click to download or view this issue on preparing your child for P1.



Mon, 18 October 2021

[PDF] Social skills to prepare your child for Primary 1

Click to download or view this resource to learn how you can help your child learn social skills.



Mon, 23 August 2021

Are you over-preparing your child for P1?

Learn how overpreparing your child may hinder learning.



Wed, 15 December 2021

[NLB] LearnX Reading - Primary

Create fun experiences for your child to discover the joy of reading.

Find out what your child really needs for Primary 1.

Help develop your child's social and emotional skills by referring to this infographic

Are you over-preparing your child for primary school?

How to cultivate the love for reading? Check out resources from the National Library Board.

WE ARE HERE TO SUPPORT YOU!



Parent Kit

www.moe.gov.sg/parentkit

Parent Kit

Each Parent Kit issue contains bite-sized actionable tips with supporting resources for parents to help them support their child in their education journey.



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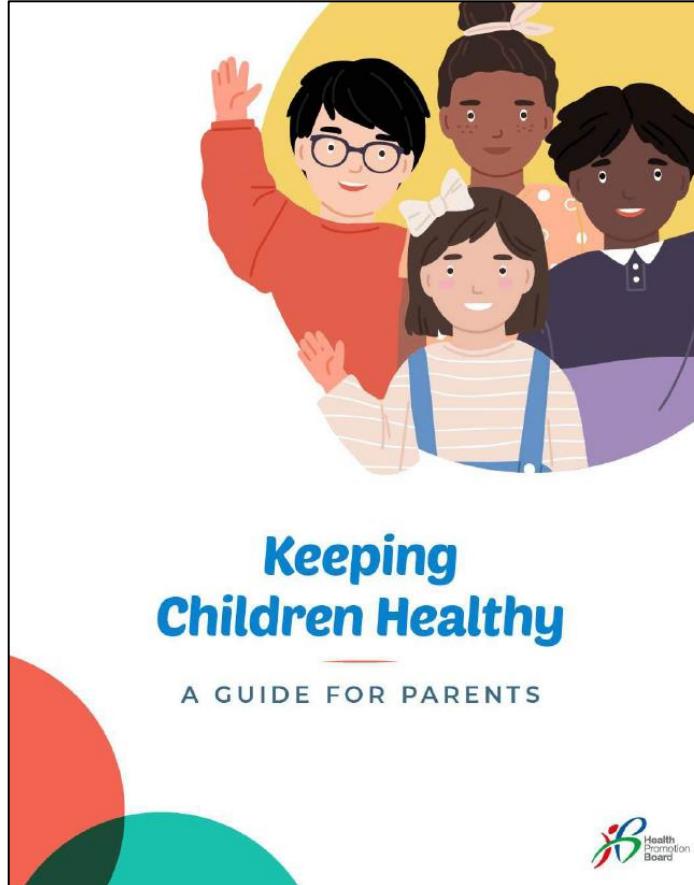


www.youtube.com/moespore 48

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KEEPING CHILDREN HEALTHY – A GUIDE FOR PARENTS



Is your child transitioning to P1?

Unlike preschool where your child is served meals based on a fixed menu, they will have to start making more independent choices about what they want to eat in primary school.

This transition from being served to choosing for themselves can be daunting for children. Prepare them for it in the following ways:

- Talk to your child about 'My Healthy Plate' and highlight the importance of different food groups in our diet. Teach them how to choose a combination of dishes using the 'quarter-quarter-half' method so they learn to incorporate all food groups in their meals.

Here is an example of a meal that is not well-balanced, and a couple that are:



Edition 1



Edition 2



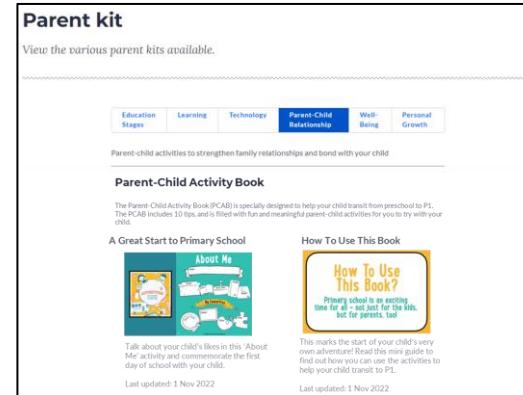
Edition 3

PARENT-CHILD ACTIVITY BOOK IS AVAILABLE ONLINE!

PARENT-CHILD ACTIVITY BOOK (DIGITAL)

**10 TIPS FOR
PARENTS** to help you
navigate your child's first year
in primary school.

- Chat with your child
- Boost their confidence
- Practise various scenarios
- Create something interesting
- Thank others for their help
- Pledge to do things together



PARENT-CHILD ACTIVITY BOOK IS AVAILABLE ONLINE!

How To Use This Book?

Primary school is an exciting time for all – not just for the kids, but for parents, too!

In this book, you'll find **10 tips for parents** – to help you and your child adjust smoothly to primary-school life. Each tip includes activities which you can do together.

As this is an e-version, you may want to download this and print it, and let your child write or draw on paper. If you prefer an environmental-friendly way, screenshot the pages, or download it and use a mobile application for your child to doodle on it.

With your child, pick the activities that you'd like to do. You don't have to do them all!



This "hand" tells your child what to do



Use an application and allow your child to doodle on it!

Activities Inside Include:

Pledge

Make promises and keep them



Every child needs encouragement



Show gratitude. It's a great habit



Make something awesome together



Get familiar with new routines



Keep that conversation flowing

This will be a year of making great memories together. Have fun learning with your child!

Your adventure begins on the next page.

PARENT-CHILD ACTIVITY BOOK IS AVAILABLE ONLINE!

**Great Ideas
For A Great
Adventure**

Paste a sticker after you complete each tip!
Stickers can be downloaded from <https://www.moe.gov.sg/parentkit>

Before school starts!

Tip 1: Get Ready For School
pg 9 - 16
Dec—before school starts!

Tip 2: Practise Routines
pg 17 - 28
Dec—before school starts!

During term time!

Tip 3: New Places, New Faces
pg 29 - 38
Jan—first week of school

Tip 4: We Can Do This! Together
pg 39 - 48
Feb—when learning gets more serious!

Tip 5: Show Interest In Your Child
pg 49 - 56
Mar—holidays!

Tip 6: Time To Let Go!
pg 57 - 68
Apr—start of Term 2!

Tip 7: Team Up With Teachers
pg 69 - 78
May—before and after the Parent-Teacher Meeting!

Tip 8: Every Child Is Unique
pg 79 - 86
May—before and after the Parent-Teacher Meeting!

Tip 9: Be A Great Role Model
pg 87 - 96
Jun—holidays!

Tip 10: Let's Help Out At Home
pg 97 - 104
Jun—holidays!

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TIP 2

Practise Routines

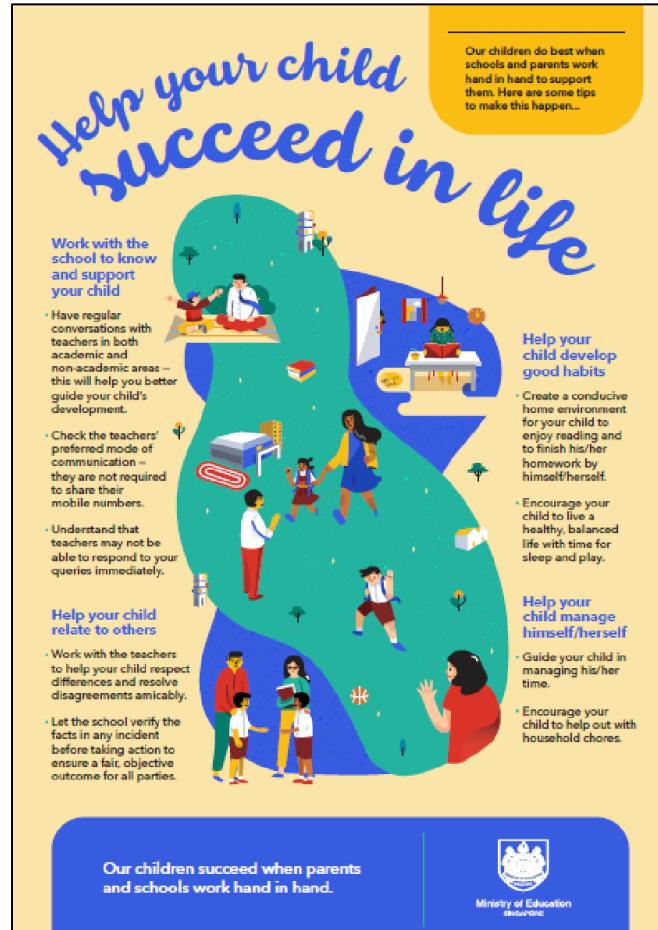
Building good habits helps your child cope with the many new things they will encounter this year.

School is a lot more structured than your child is used to. Lessons are longer and so is the school day. Buying food at recess is a new experience and they will need to go to the washroom on their own. After-school activities and homework might take some getting used to. Practising routines will help your child face the unfamiliar with a smile!

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SCHOOL-HOME PARTNERSHIP

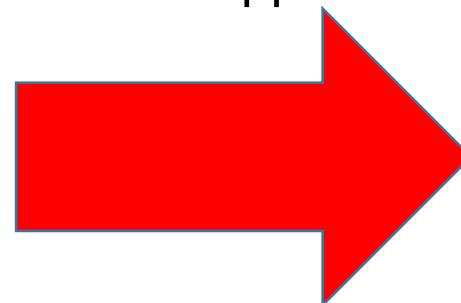
Our children do best when schools and parents work hand in hand to support them.



SCHOOL-HOME PARTNERSHIP

Join the Parent Support Group (PSG)!

- The PSG consists of a group of dedicated parents who partner the school to support fellow parents in nurturing their children.
- It is a platform for parents to network, share, learn and support each other in this parenting journey.
- Some of the initiatives of the PSG include:
 - Parenting Workshops
 - Career Talks for P5 and P6 students



SCHOOL-HOME PARTNERSHIP

Communicating with your child's teacher

- Have regular conversations with teachers in both academic and non-academic areas – this will help you better guide your child's development.
- Ask the teacher for the best way and time to contact them.



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www.instagram.com/parentingwith.moesg



www.youtube.com/moespore 57

TRANSITING TO PRIMARY 1

- A smooth transition is made when your child:
 - feels safe and comfortable in their new environment.
 - is able to manage the daily challenges of school life.
-
- ✓ You may go through the Videos with your child again to familiarize the school environment.
 - ✓ Do talk about school.
 - ✓ Do talk about friends that they will have.

YOUR CHILD IS READY.

ARE YOU?