



How Parents can Play a Supportive Role

BRINGING OUT THE BEST IN OUR CHILDREN, TOGETHER

Every Parent A Supportive Partner



PARENTS as PARTNERS- IN- EDUCATION

“Parents are a child’s first teachers. Parents are our most important partners. Teachers cannot be surrogate parents. I hope parents value teachers as their partners too.”

Minister Heng Swee Keat

Forging a strong School-Home Partnership

P6 Students have been told to do target-setting at the beginning of January. They will be introduced to the importance of having **grit** in Term 2



Abi

Work towards a goal



Stick to achieving the goal

Overcome challenges

Why should you care about GRIT?

INTELLIGENCE OR NATURAL
ABILITY IS NOT AS
POWERFUL AS GRIT

WITH GRIT, YOU CAN DEVELOP YOUR ABILITY
GET STRONGER
BETTER
AT SOMETHING
IF YOU WORK
LONG AND HARD
AT IT

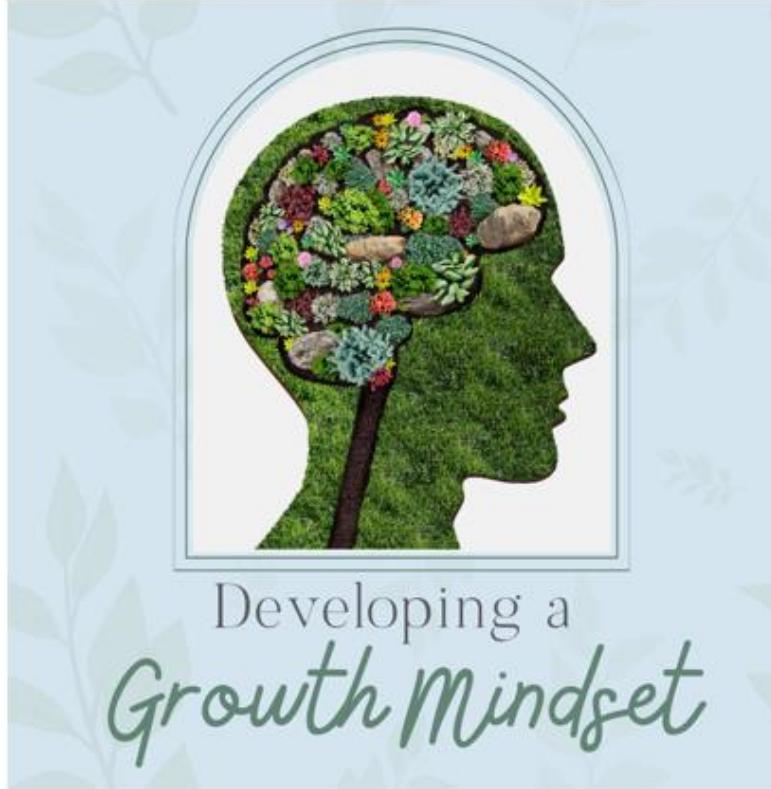
GRIT

Devel
Grow

- We
self
eve
knoc
self

I Am A Self Leader

Log in to SLS for I Am A Self Leader lesson (T1W8)



Illustrated By Maima W Adiputri

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LONG AS
' TRYING

RAIN BY
' THINGS

ILL KEEP
I GET IT

> NEEDS
EFFORT

IT YET.
WILL BE
GREAT



Daily Dose of Positive Education (PosEd)

Even though it wasn't the outcome I hoped for, I am pleased that I have learned a lot about myself.

Student's response

I aim to better myself...

I can use what I have learnt about myself to my advantage ...

Positive Self-Talk

Forging a strong School-Home Partnership



Common Challenges faced by P6 students

**Managing
expectations
from parents
and self**

**Time and Device
Management**

**Peer
Relationships**

**Physiological changes /
Emotional resilience**

How can you support your child?

1. Environment

Supportive Environment
& Positive Engagement

- Work together to encourage and support your child
- Open communication – regular feedback about progress
- Goal setting
- Clear expectations
- Routines & Structures
- Affirm your child's effort

2. Self-Directedness

Self-management & ownership

- Completing & handing in work assignments
- Punctuality & regular attendance
- Organisational skills e.g. filing of worksheets

How can you support your child?

- **Attendance**
 - Attend all lessons (including R3, Starlite, CARE, Holiday Classes)
 - If genuinely unwell (e.g. with flu-like symptoms), see a doctor and obtain an MC (refrain from taking self-medication/home remedies)
- **Punctuality**
 - Be punctual for all lessons
 - From Term 2 onwards, being late will mean missing at least part of R3 programme
 - We are monitoring late-coming cases, and if necessary, will work with parents to identify the root cause of chronic late-coming

What can you do as a parent?

1. SUPERVISE

Look out for signs of distress, and monitor your child's progress.

Noticed any of the following signs that is out of the norm for your child?

- Struggles to pay attention in studies or activities
- Tiredness
- Rebellious streak
- Excuses to miss school/class
- Stays away from others
- Sulkiness

It may be an indication of too much stress.

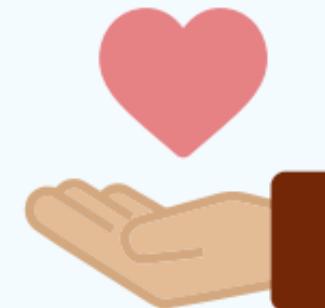


2. PROVIDE

Know your child's needs and be present.

Be willing to listen and communicate frequently in an open and supportive manner.

Give them your attention.



The **ZONES** of Regulation™



Toolbox

Blue Zone Toolbox



exercise



think happy
thoughts



hugs



rest



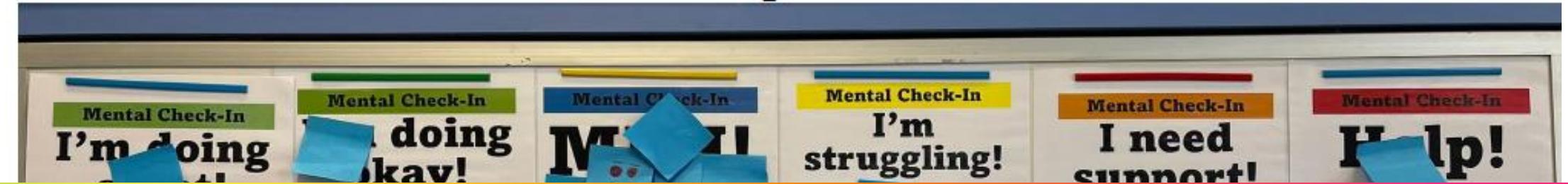
listening to
music



get a drink

To rest or get gain some energy and motivation to participate in an activity

Primary 6 Check-ins



Mental Check-In

- At Primary 6, teachers do a weekly check-in with the students.
- Check-in is done every Monday or after a long holiday break
- Students indicate how they feel using post-it notes
 1. Take a post-it paper
 2. Write name/ number at the back of the post-it
 3. Paste it on the poster which relates to how you are feeling

Confidentiality:

ZONES of Regulation @PGVP

Checking in at home

PGVP ZoR

Home About Parent's Guide Resources Cont

Zones of Regulation



Checking in with your child

The PGVP Parent's Guide contains information and step by step instructions on how to facilitate and provide a conducive environment for the check in.

Let's start by asking how their day was and then encourage them to describe their feelings.



PGVP Parents' Guide

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What can you do as a parent?

3. ROLE MODEL

Role model resilient behaviour and positive mindsets in everyday situations.

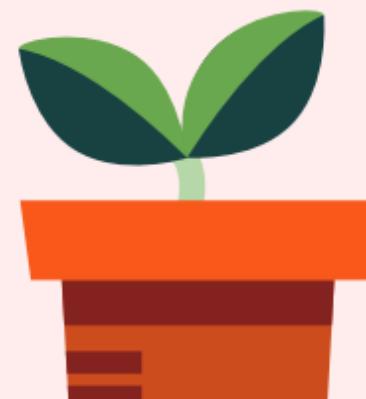
Share with your child some of the challenges and setbacks you've faced, and how you managed and maintained positivity.



4. REASSURE

Encourage your child regularly.

Provide positive feedback and cheer your child on for every effort.





5 Learning Dispositions



JOY OF LEARNING

Students who show joy of learning are motivated to learn and do their best. They derive satisfaction from learning new skills or discovering new ideas. They are also enthusiastic and show great interest in learning new things.



Learner Agency

Self-directedness

easily when the problem is difficult and are not easily discouraged. They will even rise to the occasion when faced with setbacks.

to try out ideas or solutions offered by peers, willing to explore possibilities and consider other viewpoints and approach challenges in creative ways.



COLLABORATION

Collaborative learners are students who can cooperate well with others in a group learning setting, respect ideas shared by peers and value contribution of others. They work well as a team and learn from one another.

Direct School Admission for Secondary Schools (DSA-Sec)

DSA-Sec allows P6 students to apply to some secondary schools before taking the Primary School Leaving Examination (PSLE).

Direct School Admission (DSA) Route – Talks by YH and CCA teachers to P6 Students

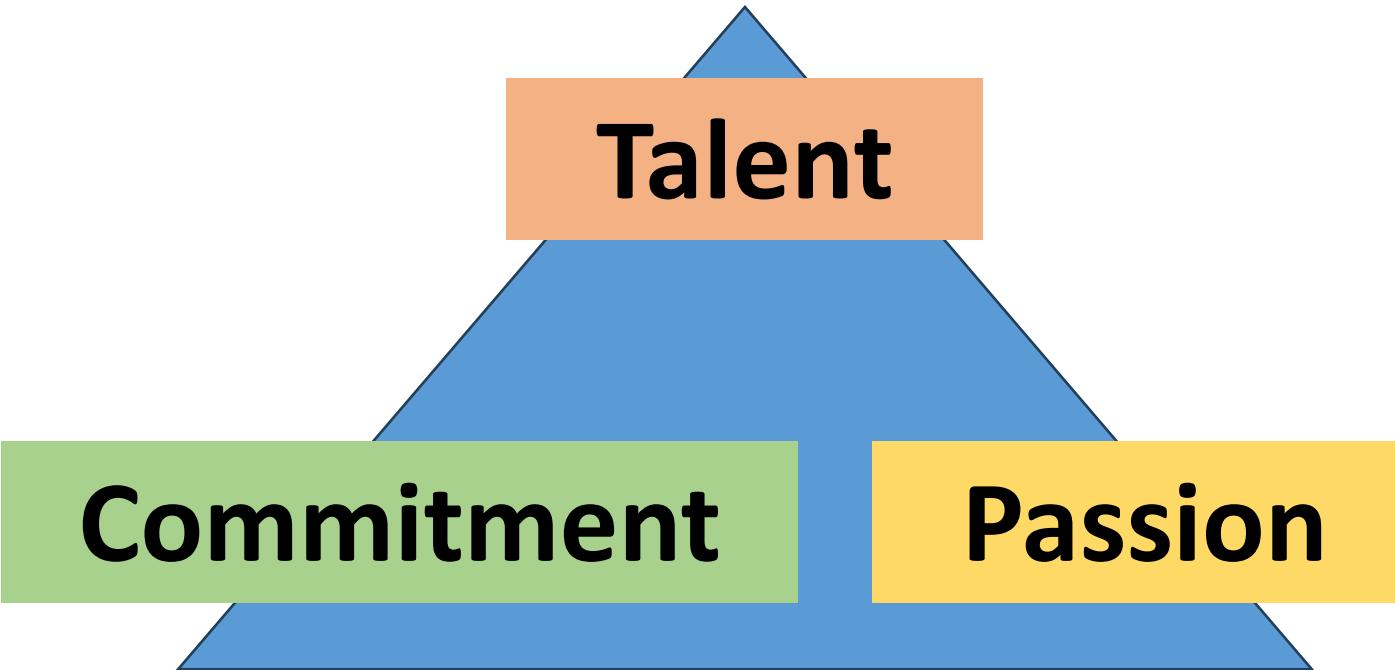
- For students with talents and achievements beyond those that can be demonstrated at PSLE
- To seek admission to schools that can develop their talents (academic and non-academic) further ***even before taking PSLE***
 - However, though final PSLE score doesn't need to match the Cut-Off Point of the school, it needs to satisfy the minimum score for the Posting Group of the respective schools

Direct School Admission (DSA) – Areas of Strengths

- Sports and games
- Visual, literary and performing arts
- Debate and public speaking
- Science, mathematics and engineering
- Languages and humanities
- Uniformed groups
- Leadership



Direct School Admission for Secondary Schools (DSA-Sec)



Is DSA-Sec an appropriate pathway for your child? Carefully consider

- your child's strengths and interests, and
- the school's programmes and their ability to develop specific talent.

SCHOOL CHOICE JOURNEY

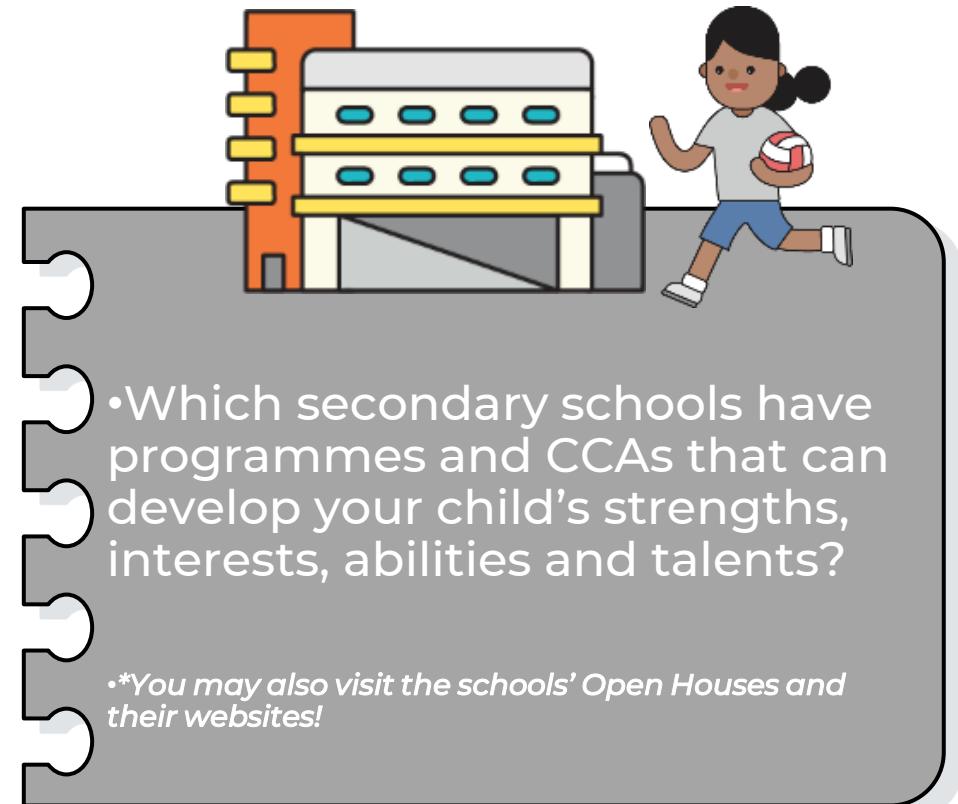
- The PSLE Score ranges are a **useful starting point** for parents and students to consider secondary schools.
- Use this information, together with other **important factors** such as the secondary schools' distinctive programmes, CCAs, ethos and cultures, to shortlist schools that would best fit the educational needs of the student.



WHICH SCHOOLS SHOULD MY CHILD SHORTLIST?



Want to know more about yourself? Embark on a journey in **Career Quest** on the [MySkillsFuture Student Portal \(Primary\)](#) now!



Want to learn more about different schools? Explore the **Education Guide** on the [MySkillsFuture Student Portal \(Primary\)](#) now!

IMPORTANT FACTORS TO CONSIDER WHEN CHOOSING SECONDARY SCHOOLS

01 SCHOOL CULTURE



What is the school's culture and ethos?

04 CCAs



Are there CCAs that interest me and can nurture my strengths, abilities and talents?

02

LEARNING ENVIRONMENT



How do I feel about the school based on what I saw at the Open House?

03

PROGRAMMES



Does the school have programmes I would enjoy?

04 CCAs

05 SUBJECTS

What subjects are offered in the school?



06

LOCATION



How long will it take for me to travel to school and back home?

TIPS FOR PARENTS!



Be open and flexible when discussing your child's preferences, needs and choices.

Manage your own expectations and do not project these expectations onto your child.

Have regular conversations with your child to understand more about his/her strengths, interests, abilities, talents and aspirations.

Affirm your child and offer support when he/she shares his/her plans with you.

ENTERING SCHOOLS THROUGH DSA-SEC

- There is no change to the application and selection process with the shift to Full SBB.
- If your child has specific talents and strengths beyond the PSLE (e.g. areas such as sports, performing arts and leadership), consider the **Direct School Admission-Secondary (DSA-Sec)** as an alternative admission pathway to access secondary schools that have talent development programmes in these areas.



**Before
MAY**

Explore schools and their talent areas, and shortlist suitable schools



**MAY to
JUN**

Apply for DSA



**JUN to
SEP**

Attend selection trials, interviews and auditions



**late
OCT**

Selection of preferred schools

**Nov
PSLE
results**

Receive DSA offers if successful

ENTERING SCHOOLS THROUGH DSA-SEC

- Apply via the DSA-Sec Portal with your Singpass Two-Factor Authentication (Singpass 2FA).
- Indicate up to 3 choices and 3 talent areas. You may indicate up to 2 talent areas for the same school. If you want to apply for 2 talent areas at the same school, you must indicate both as separate choices.

<https://www.moe.gov.sg/secondary/dsa/application>

S1 Posting

- PSLE Students (non-DSA) and unsuccessful DSA candidates will participate in the S1 posting exercise to opt for secondary schools
- Successful candidates will participate in the S1 posting exercise to opt for foreign languages/elective programmes/course options if eligible

ENTERING SCHOOLS THROUGH DSA-SEC

In 2024, 20 students from PGVP were successful in DSA application:

- Zhonghua Secondary School
- Tanjong Katong Secondary School
- School Of Science And Technology, Singapore
- School Of The Arts, Singapore
- Cedar Girls' Secondary School - Integrated Programme
- Tanjong Katong Girls' School
- Compassvale Secondary School
- St. Andrew's Secondary School
- Methodist Girls' School (Secondary)
- Pei Hwa Secondary School
- North Vista Secondary School
- Damai Secondary School

Useful resources

Quick tips on shortlisting secondary schools



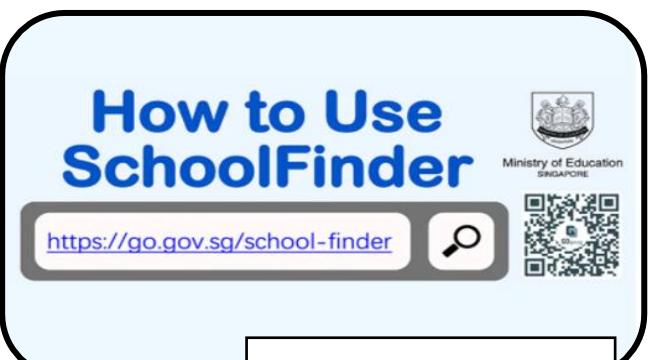
Tools to use to explore secondary schools

SCHOOL
FINDER

My SKILLS future

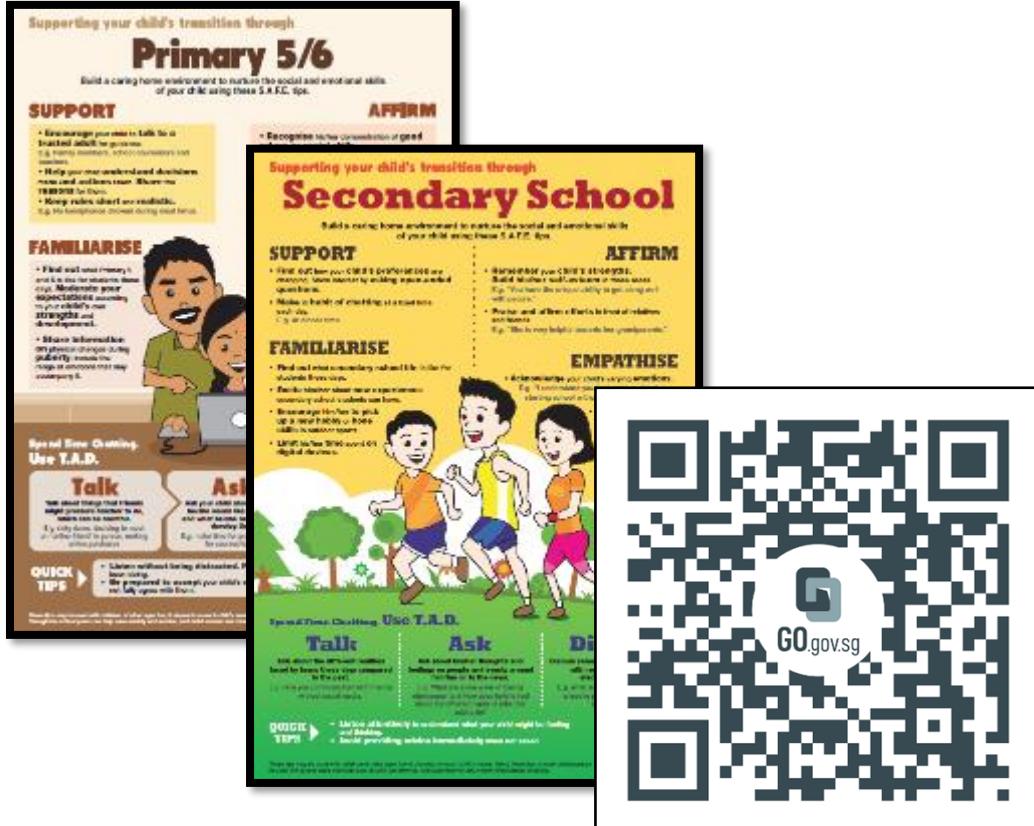


How-to-Guides to equip parents on how to use the tools



Useful resources

Transition Materials



Resilience Boosters



FIND OUT MORE ON THE PSLE-FSBB MICROSITE



<https://go.gov.sg/pslefsbb>



EXPLORE YOUR FULL SBB PATH



<https://go.gov.sg/my-fsbb-path>

OTHER RESOURCES

SchoolFinder Tool



[https://go.gov.sg/
secschoolfinder](https://go.gov.sg/secschoolfinder)

“Welcome to Secondary School” video



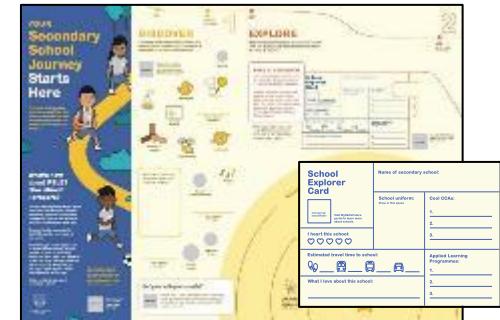
[https://go.gov.sg/we-
lcome-to-
secondary-school](https://go.gov.sg/we-
lcome-to-
secondary-school)

Secondary School Education Booklet



[https://go.gov.sg/
psle-sec-sch-
brochure](https://go.gov.sg/
psle-sec-sch-
brochure)

Student Journey Map and School Explorer Card



[https://go.gov.sg/
psle-student-
journey](https://go.gov.sg/
psle-student-
journey)

OTHER RESOURCES

ECG Tips For Parents



[https://go.gov.sg/
tips-for-parents](https://go.gov.sg/tips-for-parents)

MySkillsFuture Student Portal (Primary)



<https://go.gov.sg/mysfpri>

ECG What's Next



[https://go.gov.sg/what
s-next-psle](https://go.gov.sg/what-s-next-psle)

Be a P.S.L.E. parent

P - PROACTIVE

S - SUPPORTIVE

L - LOVING

E - EMPOWERING

"Every Child deserves
A CHAMPION

an adult who will never give up on them
who understands the power of connection
and **INSISTS** that they
become the best

they can possibly be."

-Rita Pierson

-inthelandofteaching-

<https://www.moe.gov.sg/parentkit>



THANK YOU!

