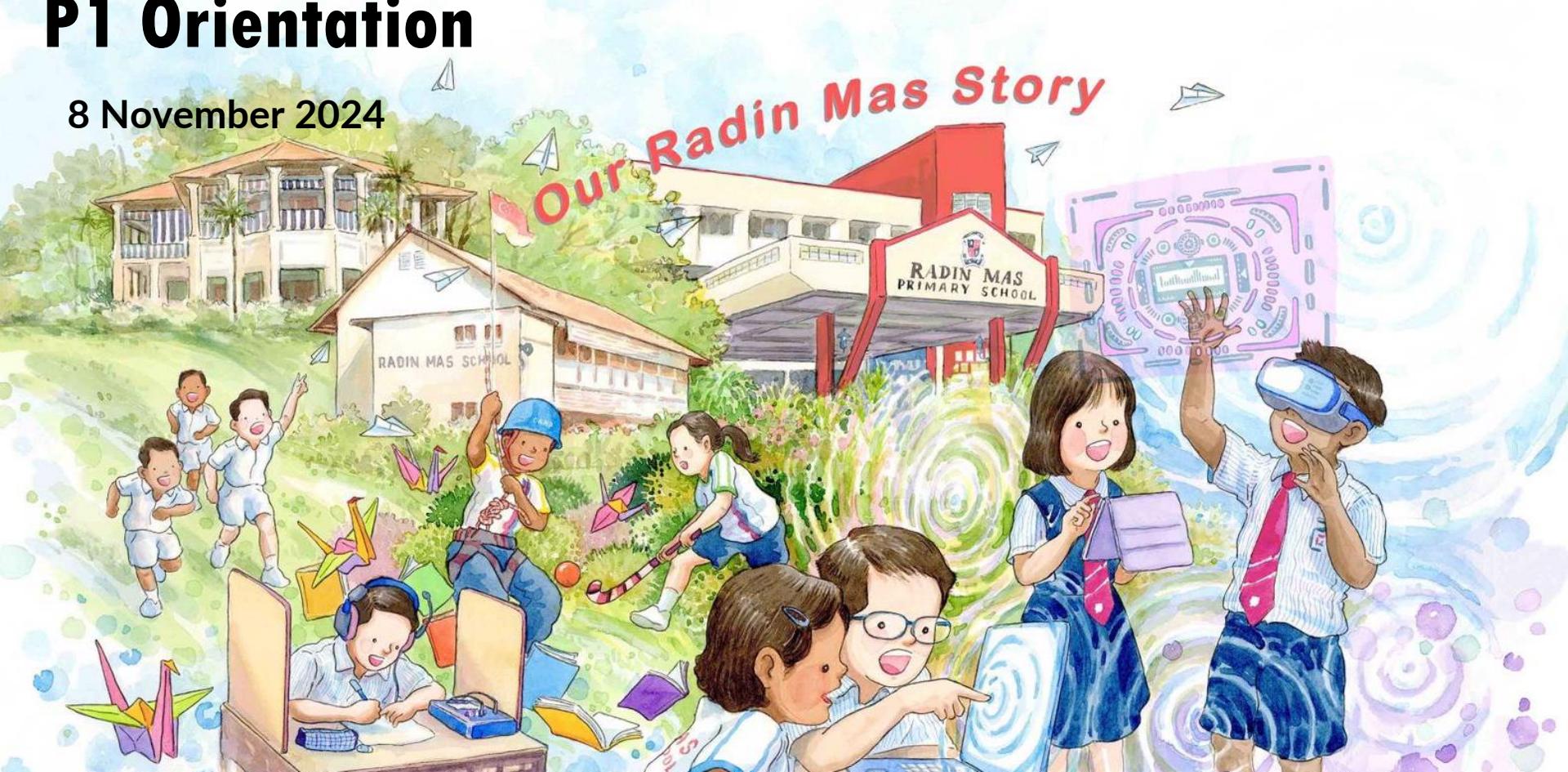


# Radin Mas Primary School

## P1 Orientation

8 November 2024



Time (Hrs)	Students	Parents
1500		Welcome to RMPS
1510	<b>ESTABLISH</b> <ul style="list-style-type: none"> <li>• Introduction</li> <li>• Getting to Know You</li> <li>• Class Activity</li> </ul>	Vice Principal's Address
1535	<b>EXCITE</b> <ul style="list-style-type: none"> <li>• Games</li> </ul>	Year Head's Address
1600	<b>EXPLORE</b> <ul style="list-style-type: none"> <li>• School Tour</li> </ul>	Virtual School Tour
1610		Parent Link & Dads for Life
1630		P1 Administrative Programme (selected parents only) / Home Sweet Home

# PROGRAMME





# **Address by Vice Principal**

## **Mrs Tan Li Yi**

# WELCOME

TO THE

# FAMILY



# What is Primary School about?

1

Laying a strong foundation

2

Nurturing well-rounded individuals & passionate lifelong learners

3

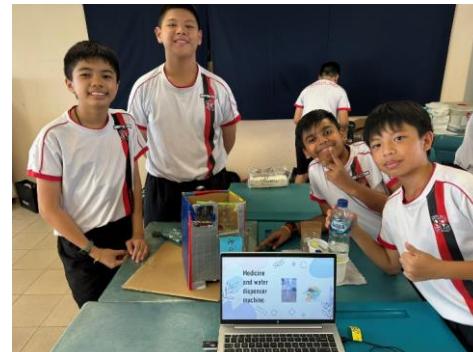
Providing learning opportunities, recognising our children's strengths & developing their potential

4

Preparing our children for the future

5

Providing a safe learning environment to support their well-being



# Desired Outcomes of Education



# Our Vision

A School Where All Work Hard,  
Play Hard & Make A Mark



# Our Vision



## Work Hard

- Holistic Development (Academic & Non Academic)
- Self-Directed Learners
- To always push themselves
- Grit/Resilience

## Play Hard



- Positive school experiences.
- Combination of both structured play and unstructured play
- Build positive ties
- Develop passion, interest and talents



## Make A Mark

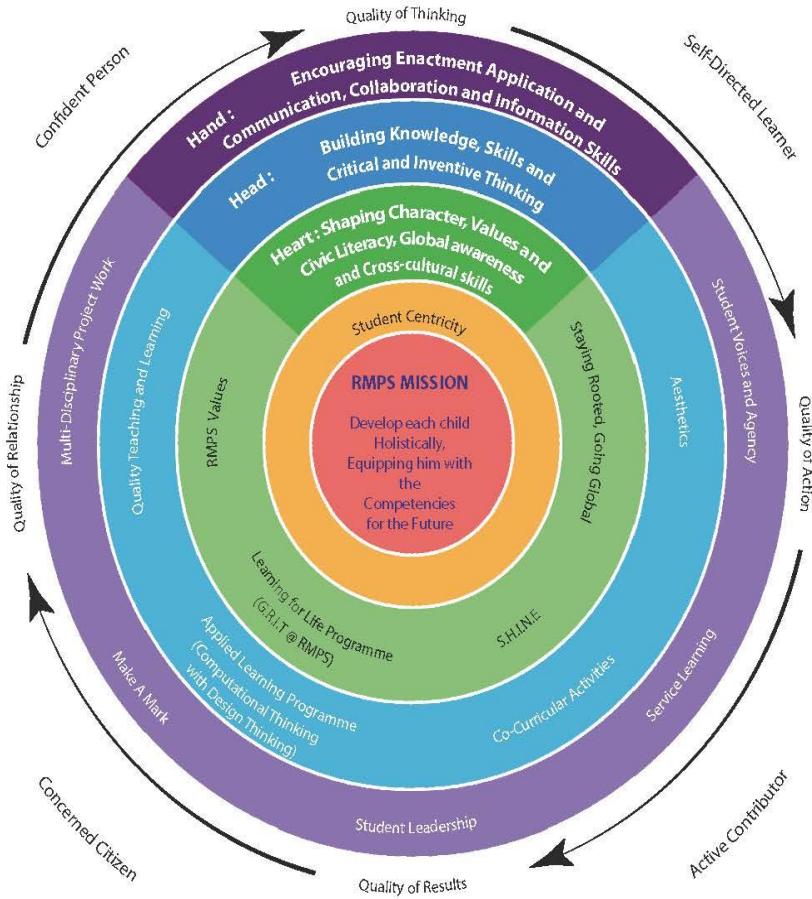
- Discovering passion, interests and talents.
- Internalising the school values.
- Strong sense of advocacy.
- A spirit of dare and continuous learning.

# Our Mission

- ▶ TO DEVELOP EACH CHILD HOLISTICALLY, EQUIPPING HIM WITH THE COMPETENCIES FOR THE FUTURE



## Total Curriculum Framework - RMPS Experiences



# RADIN MAS EXPERIENCE



**Applied Learning Programme(ALP):** Nurturing 21st Century Competencies through Computational Thinking With Design Thinking



**Learning for Life Programme(LLP): G.R.I.T@ RMPS**



**Multi-Disciplinary Project Work**



**Positive Education@ RMPS**

# Our Values

- ▶ Respect For Self And Others
- ▶ Always Be Gracious
- ▶ Desire For Learning
- ▶ Ignite Creativity And Innovation
- ▶ Never Give Up
- ▶ Maximize Potential
- ▶ Aim For Excellence
- ▶ Stand Up For Integrity



# **PRIMARY 1 IN RADIN MAS**

Developing strong literacy and numeracy rates

Identification and developing of talents

Working well with peers

Building self confidence and independence

Cultivating positive habits and routines.

Joy of learning

# Learn for Life



To reduce the emphasis on academic pursuit or stress.



Broadening the definition of success to incorporate talent meritocracy.



To front holistic growth and character development. (Personal Qualities and Learning Dispositions)



To stress on the importance of learning for life.



Learn for Life Initiative at PI.

No examinations

No weighted assessments

Focussing on formative assessment

# HOW CAN I SUPPORT MY CHILD THROUGH THE TRANSITION?

- ▶ **Support** your child and encourage them to overcome challenges with you
- ▶ **Affirm** your child by recognising small successes and praising their efforts
- ▶ **Familiarise** your child by easing them into new routines and sharing with them your experiences in primary school
- ▶ **Empathise** and acknowledge your child's feelings

# WHAT DOES MY CHILD NEED AT PRIMARY 1?

- ▶ Every child develops at a different pace
- ▶ Some children learn things earlier, others need more time
- ▶ Allowing them to learn at their own pace helps them enjoy the learning process
- ▶ Some skills that parents can develop are:
  - ▶ Relating to others
  - ▶ Developing good habits
  - ▶ Nurturing positive learning attitudes



**SCHOOLBAG**  
THE EDUCATION NEWS SITE

HOME EDUCATION FEATURES TEACHERS' DIGEST MULTIMEDIA FAQ

Home > Put the books down! 6 skills your child really needs for P1

## Put the books down! 6 skills your child really needs for P1

14 JUN 2021

MOE Stock Image (\*Photo taken before COVID-19)

Like 1.7K Tweet Share 8

Mastering the ABCs is well and good but having seen 29 years of children enter primary school through her doors, Mrs Marjorie Seck of CHIJ Katong Primary observes that these six soft skills are even more essential in preparing students for primary school.

Entering Primary 1 can be a big step for a child — and the parents. While parents often consider

# THANK YOU!





# **Address by Year Head**

## **Mrs Doreen Foo-Chng**

**Year Head (LP)**

# OVERVIEW

**1** What Is It Like  
in Primary School?

**2** Transition to  
Primary 1

**3** School-Home  
Partnership

**4** RMPS  
Programmes



# What is Primary School about?



1

Laying a strong foundation



2

Nurturing well-rounded individuals & passionate lifelong learners



3

Providing learning opportunities, recognising our children's strengths & developing their potential



4

Preparing our children for the future



5

Providing a safe learning environment to support their well-being



# WHAT IS IT LIKE IN SCHOOL?

## Subjects taken at P1

1. English Language
2. Mother Tongue Language
3. Mathematics
4. Social Studies
5. Art
6. Music
7. Physical Education
8. School Based Curriculum (SBC)
9. Programme for Active Learning (PAL)



# WHAT IS IT LIKE IN SCHOOL?

## Holistic Assessment

- Focuses on building greater confidence and nurturing a stronger intrinsic motivation to learn so as to develop your child's potential
- No examinations at P1 & P2 to ease your child into formal schooling.
- Use of appropriate assessment modes to provide useful information to support students' learning and holistic development



# WHAT IS IT LIKE IN SCHOOL?

## Holistic Assessment

SUBJECT	SEMESTER 2
English Language	
Speaking: Speak clearly to express their thoughts, feelings and ideas.	Accomplished
Reading: Read aloud Primary 1 texts (e.g. STELLAR texts) with accuracy, fluency and expression.	Accomplished
Reading: Understand Primary 1 texts (e.g. STELLAR texts) and are able to identify simple aspects of fiction (e.g. main characters and setting).	Accomplished
Speaking: Follow communication etiquette such as taking turns, and using appropriate eye contact and volume in conversations or discussions.	Accomplished
Writing: Write a simple paragraph of at least 3 sentences to recount appropriately sequenced events.	Accomplished

SUBJECT	SEMESTER 2
Music	
Perform Music (e.g. a variety of children's songs, folksongs) in both instrumental and vocal settings, individually and in groups, focusing on simple rhythm, pitch, tempo and dynamics.	Competent
Create Music (e.g. short rhythmic and melodic phrases) in both instrumental and vocal settings, individually and in groups.	Competent
Appreciate Music from local and global cultures.	Competent
Understand musical elements and concepts.	Competent

SUBJECT	SEMESTER 2
Chinese Language	
Listening: Listen attentively to short, simple spoken content related to daily life.	Competent
Speaking: Ask and/or respond to simple questions related to daily life.	Developing
Reading: Read aloud Primary 1 texts with accuracy.	Developing
Reading: Understand Primary 1 texts and are able to identify some details with guidance.	Developing
Writing: Write words, phrases and simple sentence(s) about daily life with guidance.	Developing

Personal Qualities	Assessments	Rating
Creativity	OVERALL	Accomplished
Graciousness	OVERALL	Competent
Integrity	OVERALL	Competent
Resilience	OVERALL	Accomplished

Physical Fitness				
BMI Weight Indicator:				
Severely Overweight	[ ]	Overweight	[ ]	Acceptable [ ✓ ] Underweight [ ]
Severely Underweight	[ ]	Others	[ ]	

Enrichment		SDP Domain	Remarks
Area	Activity		
ENTERPRISE	P1 SBC	Cognitive	
PHYSICAL ACTIVITIES AND SPORTS	ACES Day 2022 P1 Camp 2022	Physical	Physical

# Preparing for School

## P1 Reporting and Dismissal Time

	Mon - Fri
Reporting Time	7.40 am
Recess	10.00 am – 10.30 am
Dismissal Time	1.30 pm (1.15pm for Week 0 & 1 only)



# **1<sup>st</sup> Two Weeks of School**

**First Day of School  
2 January 2025, Thursday  
(Can be accompanied by 1 parent)**

<b>Week</b>	<b>Day</b>	<b>Reporting Time</b>	<b>Dismissal Time</b>
0	2 Jan 2025, Thurs	0740 hrs	1130 hrs
0	3 Jan 2025, Fri	0740 hrs	1315 hrs
1	6 - 10 Jan 2025	0740 hrs	1315 hrs
2	13 – 17 Jan 2025	0740 hrs	1330 hrs

**Dismissal: Bukit Purmei Side Gate, Student care, School bus**

# Preparing for School

## Snack Break

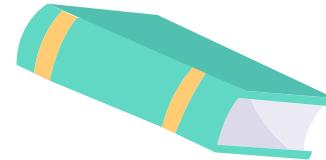
- 10mins snack time at about 12.00 pm
- Prepare a simple dry snack eg. bread, banana, grapes, biscuits in a snackbox
- Try out “snack time” at home!



# Preparing for School

## First day of school

What to pack	What to wear
<ol style="list-style-type: none"><li>1. Pencil case</li><li>2. Colour pencils</li><li>3. Water bottle</li><li>4. Pocket money</li><li>5. A story book</li></ol>	<ol style="list-style-type: none"><li>1. PE Attire</li><li>2. White school shoes and socks</li></ol>

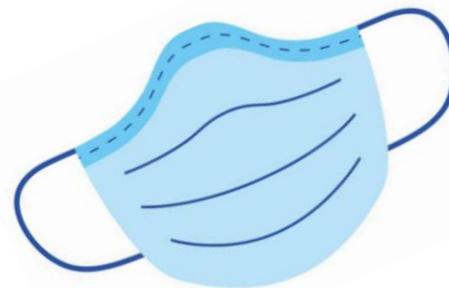


# School Uniform & PE Attire



# Safe Management Measures

- Screening processes
  - School buses, entrances and classrooms
  - Staff and visitors
- Practising Good Hygiene
  - Washing of hands
  - Wipe down routines
- Practising Social Responsibility
  - Staying away when unwell
  - Wearing of masks (Optional)



# TRANSITION TO PRIMARY 1

When your child enters primary school, they will experience:



# Transition to Primary 1

- Orientation
- P1 Orientation week
- Getting to know you games
- Classroom routines
- School tour
- FTs support during recess



# TRANSITION TO PRIMARY 1

**Routines help your child build confidence and learn to manage themselves.**

**Guide your child to do the following independently:**

- Dress themselves
- Buy food at the canteen
- Make healthy food choices
- Pack their bag
- Wash their hands
- Take their temperature using a thermometer



# HOW CAN I PREPARE MY CHILD FOR PRIMARY 1?

- Relating to others
- Developing good habits
- Nurturing positive learning attitudes
- Creating a conducive learning environment at home

# Relating Well to Others

Build your child's interpersonal skills by:

01

Modelling the use of friendly and polite phrases

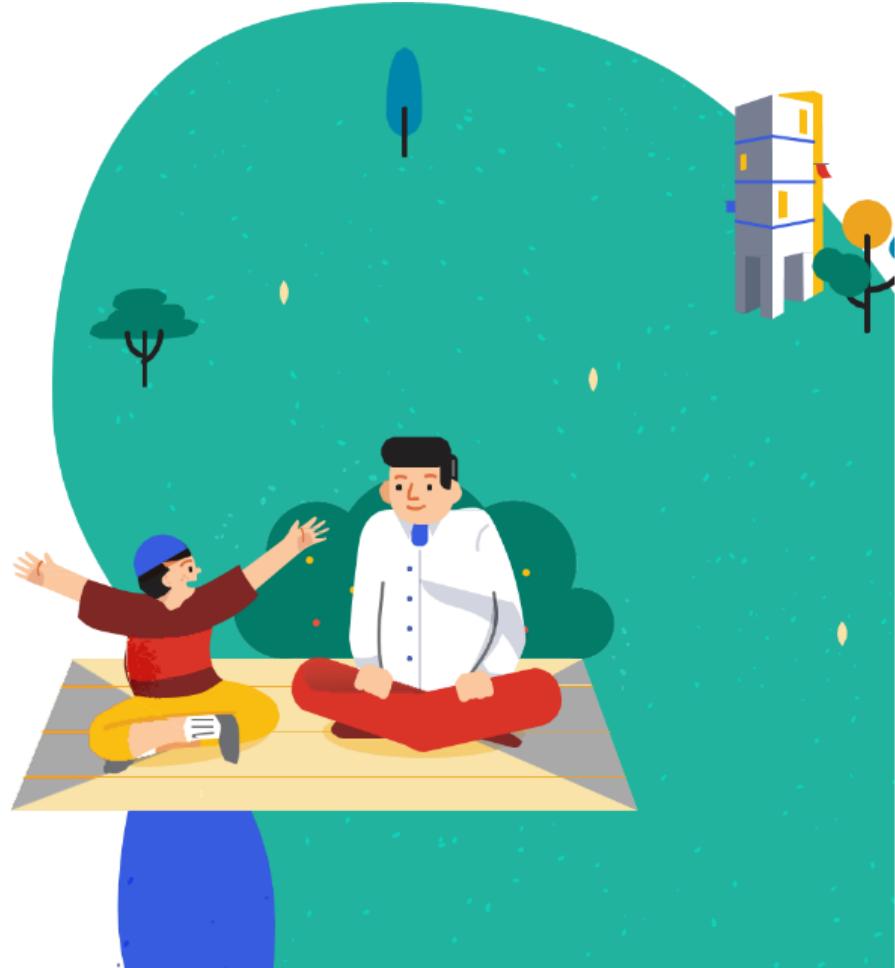
"May I please..."

"Hi! My name is...What is your name?"

"Could you help me with..."

02

Providing opportunities for your child to share and take turns during playtime with other children



# Developing Good Habits

**Routines help your child build confidence and learn to manage things by themselves.**

Take their temperature using a thermometer



Practise consistent pre-bedtime routines and have at least 9 hours of sleep

Wash their hands



Guide your child to do the following independently:



Dress themselves

Pack their bag and check for materials



Buy food at the canteen

Make healthy food choices



Knowing when and how to ask for



# Nurturing Positive Attitudes

**Developing the right learning attitude will help your child learn better. You can encourage your child to:**



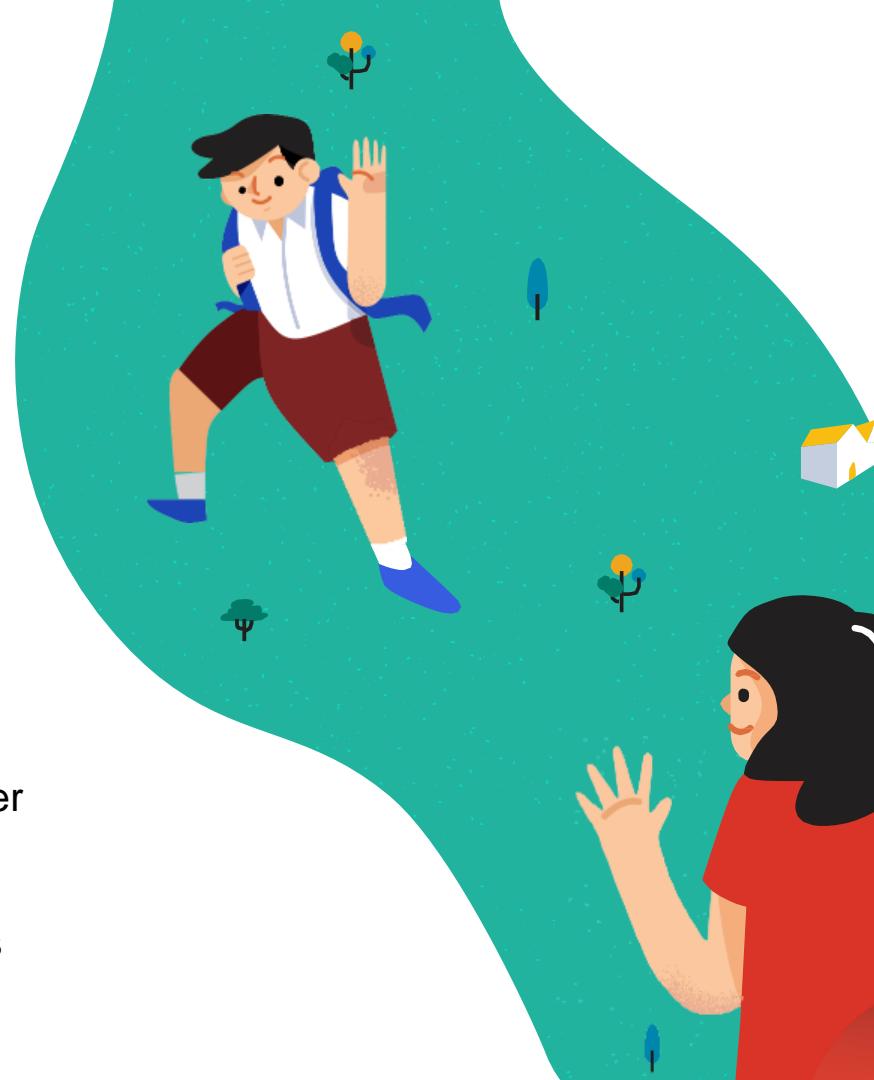
Ask questions about their experiences and their observations on the world around them



Reflect on learning experiences, learn from mistakes and try ways to do something better



Persevere even when faced with challenges

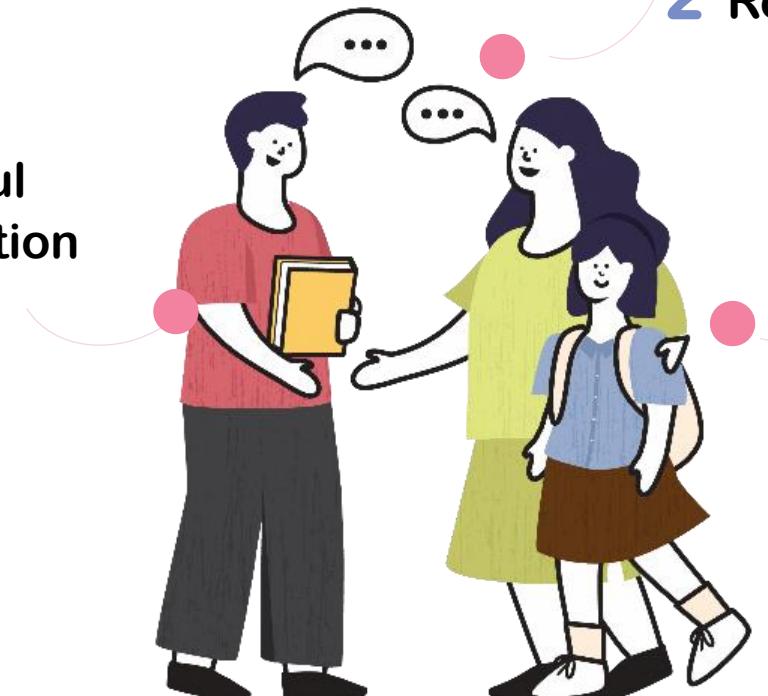


# 3 areas we can work together on to foster School-Home Partnership

1 Respectful Communication

2 Role Models

3 Real Connections



# Respectful Communication

**Foster kind words and actions  
between schools and educators**



Listen to and understand each other's perspectives and concerns regarding each child



Communicate kindly using official channels. Teachers are not required to share their personal mobile numbers



Respect each other's time by communicating during working hours



# Role Models

Show our children the skills and values they need for life



Find joy in everyday experiences with our children



Instill confidence by encouraging responsibility and believing in our children's abilities



Model good values in words and actions



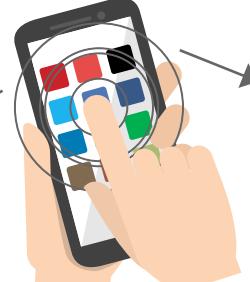
*Check out this video on MOE YouTube for tips on how parents can support the social-emotional learning of their children.*

# Real Connections

**Cultivate strong relationships and healthy habits in this digital age**

Establish good habits for our children to stay confident and in control of their technology use

Build strong bonds through shared experiences and meaningful conversations



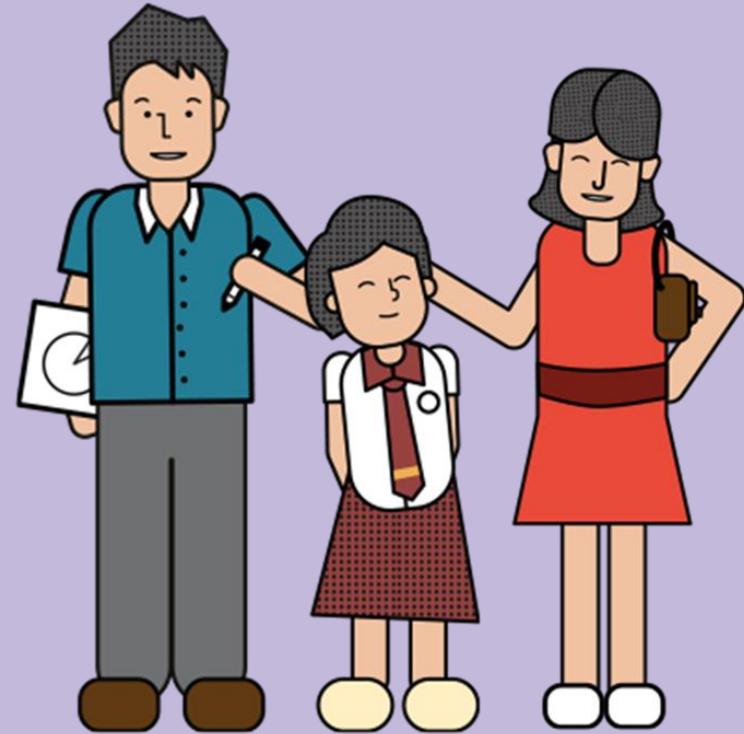
Provide a balanced mix of engaging online and offline activities, at school and at home



# SCHOOL-HOME PARTNERSHIP

## Communicating with your child's teacher

- Have regular conversations with teachers in both academic and non-academic areas
- Work with the teachers to help your child respect differences and resolve disagreements amicably.
- Check the teachers' preferred mode of communication
- Understand that teachers may not be able to respond to your queries immediately.



# Primary 1 @ RMPS

A snapshot of some of our  
school programmes





# ENGLISH



- Book Talks
- Straight from the Heart



# Straight from the Heart

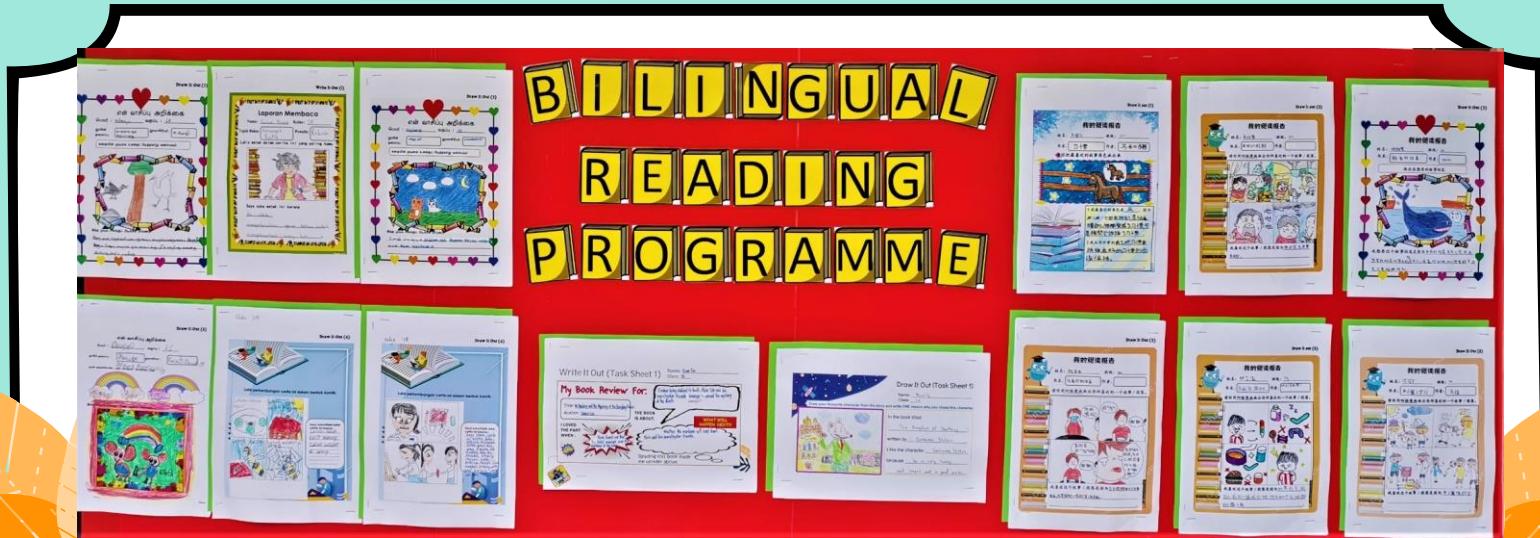


# Mother Tongue

- Experiential Learning
- Mother Tongue Fortnight



# Bilingual Reading Programme



A Uniquely RMPS Initiative



▪ Math Alive  
▪ Money Sense

# MATHEMATICS

# INTEGRATIVE PROGRAMME

- Multi-Disciplinary Project Work (MDPW)
- Integrated Trails



# STEAM Week



# STEAM Week



# PHYSICAL & AESTHETICS



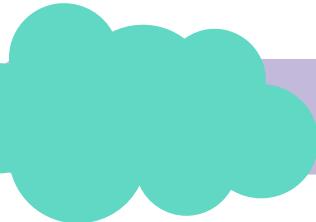
Level Camps  
Mini Olympics  
Digital Art



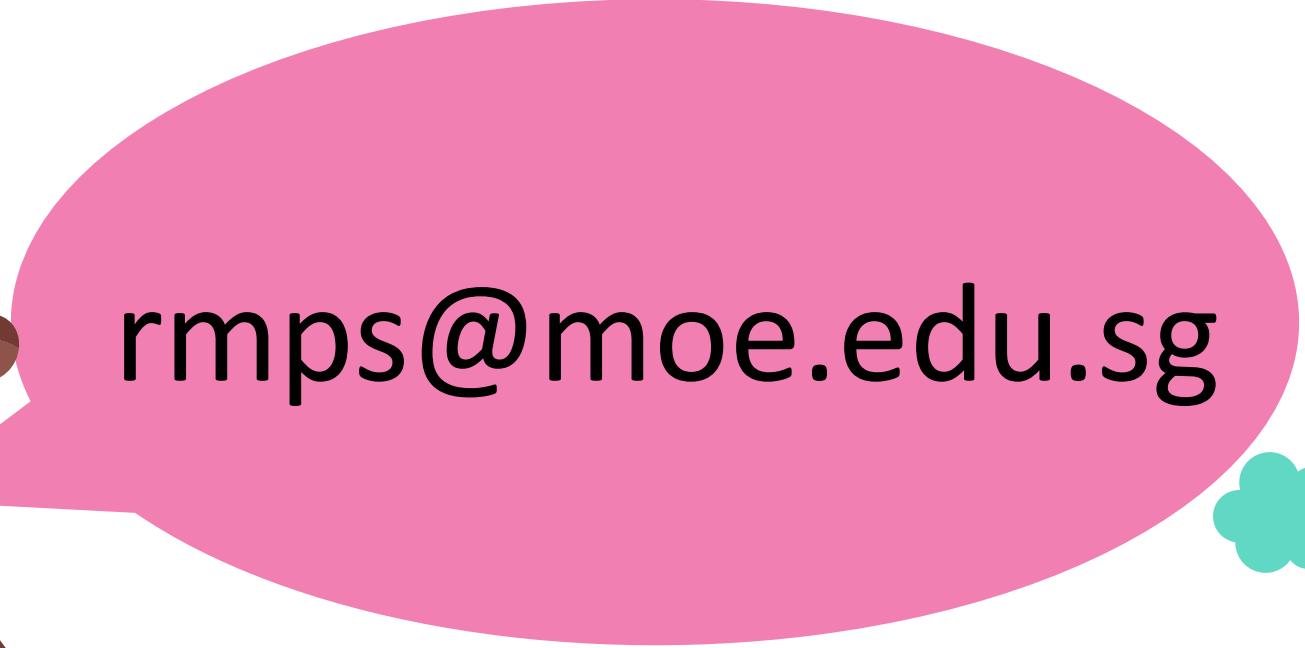
# SOCIAL & MORAL

- Programme for Active Learning
- Form Teacher Guidance Periods
- National Education Commemorations
  - FriYAY!





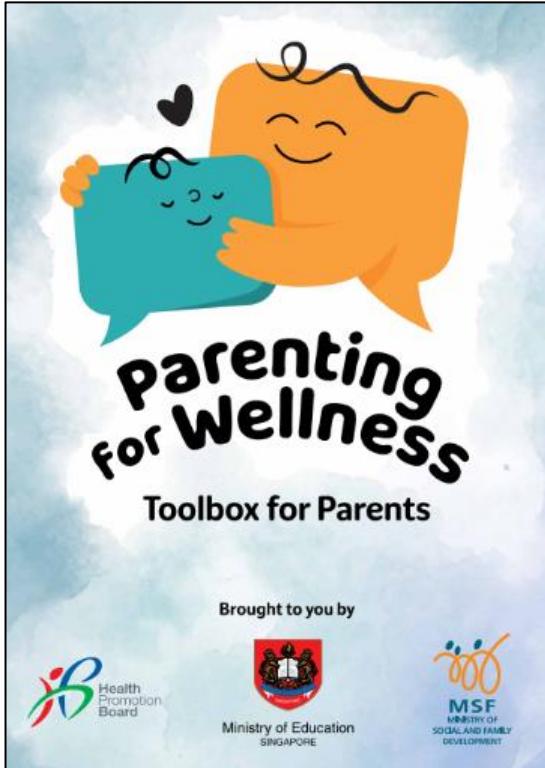
For any clarifications



rmmps@moe.edu.sg



# Latest Resource: Parenting for Wellness Toolbox



**Building Relationships**

**Helping Your Child Build Healthy Relationships**

**Building Relationships**

**Helping Your Child Develop Good Daily Habits**

Developing good daily healthy, balanced habits. What are the negative effects of not doing so?

**Things You Can Do**

- Affirm your child when they follow good daily habits. Role model these habits yourself too.

**4 Important areas**

- Nutrition
- Sleep
- Play
- Screen time

**Have a balanced diet of nutritious foods**

- Involve your child in shopping and meal planning to make healthy eating fun!
- Use the nutrition labels on food packaging to teach your child about healthy eating.
- What are the benefits of a balanced diet?

**Have a regular sleep routine and healthy pre-sleep rituals**

- Avoid screen time at least 1 hour before bed.
- If your child has difficulty falling asleep due to overexcitation, encourage them to have a quiet activity, such as reading a book or listening to soft music.
- What should we do if our child has trouble sleeping?

**Things You Can Do**

- Involve your child in selecting and scheduling activities for the family to go shopping, making a meal plan, or helping to prepare dinner.
- When your child is involved in grocery shopping, encourage them to plan their own meals and help with the preparation.

**Give your child opportunities to make age-appropriate decisions**

- For younger children, this could be found in simple tasks like choosing what to eat or what to do during playtime.
- For older children, this could involve more complex decisions in areas such as career or college choices.

**Involve your child in household chores**

- Allow your child to do chores properly, then do it together with them. Finally, encourage your child to take ownership of their chores.
- Encourage your child to make mistakes and learn from them.
- Affirm your child's progress while they are doing the chores, instead of only after they have completed them.

An initiative to empower parents with key knowledge and skills to build strong parent-child relationships, strengthen their children's mental well-being and resilience, and parent effectively in the digital age.

The Toolbox for Parents **comprises bite-sized practical tips and strategies for parents**, such as ways to create a safe and nurturing home environment, build resilience in children, and stay safe online.



# Check out Parenting Resources on Parents Gateway (PG)

## Repository of parenting resources

A repository for parents to browse resources on topics such as preparing for Primary 1, forging parent-child relationships and education pathways.

FOR YOU

EXPLORE

Highlights

Thu, 10 Oct 2024

Refreshed Guidelines for School-Home Partnership

Guidance on how parents and schools can work together positively and respectfully

Based on your preferences

Cyber wellness

Interpersonal skills

Managing expectations

T  
H  
I  
S  
F  
C

Tue, 1 October 2024

HOME

CONTACTS

SERVICES

PARENTING

PROFILE

Education Stages

Pre-school

Preparing for Primary 1

Lower Prima

13 resources available

Thu, 2 December 2021

P1 cheat sheet: How to pick and pack your schoolbag

Learn how you can guide your Primary 1 child to pick and pack their schoolbag.

Ministry of Education resources

PARENT KIT

Starting Your Primary 1 Journey

Your child will be reaching another milestone going into Primary 1 soon.

GO.gov.sg



Find out more about Parents Gateway here.

# Check out more resources from MOE

## Parent Kit



## Parent Kit

[www.moe.gov.sg/parentkit](http://www.moe.gov.sg/parentkit)

Each Parent Kit issue contains bite-sized actionable tips with supporting resources for parents to help them support their child in their education journey.

## MOE Social Media Platforms



[www.instagram.com/parentingwith.moesg](http://www.instagram.com/parentingwith.moesg)



[www.instagram.com/  
moesingapore](http://www.instagram.com/moesingapore)



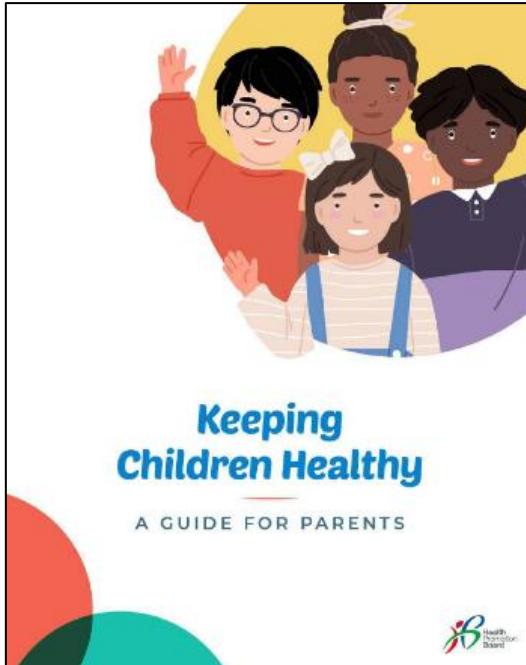
[www.facebook.com/moesingapore](http://www.facebook.com/moesingapore)



[www.youtube.co  
m/moespore](http://www.youtube.com/moespore)



# Keeping Children Healthy



**Is your child transitioning to P1?**

Unlike preschool where your child is served meals based on a fixed menu, they will have to start making more independent choices about what they want to eat in primary school.

This transition from being served to choosing for themselves can be daunting for children. Prepare them for it in the following ways:

a) Talk to your child about 'My Healthy Plate' and highlight the importance of different food groups in our diet. Teach them how to choose a combination of dishes using the 'quarter-quarter-half' method so they learn to incorporate all food groups in their meals.

Here is an example of a meal that is not well-balanced, and a couple that are:

The first plate has a red X, indicating it's not well-balanced. The second and third plates each have a green checkmark, indicating they are well-balanced according to the 'quarter-quarter-half' method.



**Edition 1**



**Edition 2**



**Edition 3**

# Family Values Card Game

*Families for Life, in partnership with the Ministry of Education*

- Designed for parent-child bonding and provide opportunities to discuss about family values as a family
- Families can learn how to play the game by scanning the QR code on the game box
- Parents are encouraged to make use of the conversation starters included in the rulebook to engage children in understanding and demonstrating the family values of **love, care and concern, commitment and respect**



# Parent- Child Activity Book is readily available online:

**10 TIPS FOR PARENTS** to help you navigate your child's first year in primary school.

- Chat** with your child
- Boost** their confidence
- Practise** various scenarios
- Create** something interesting
- Thank** others for their help
- Pledge** to do things together





**YOUR CHILD IS READY.  
ARE YOU?**