



ECHOES OF REGENT

2025 Edition

Eyes Wide Open: Regenites Explore Vision Science at Ngee Ann Polytechnic

Our Secondary Four Regenites dived into the fascinating world of eye care during Ngee Ann Polytechnic's Applied Learning Module: Eyesight Matters. From understanding common eye conditions to experimenting with optical tools, students gained hands-on experience in vision science. Some of the highlights included measuring pupil distances, cutting tinted lenses and assembling their very own sunglasses! Ashlyn (4-Honour) shared, "The intriguing lens-cutting session sparked my interest in polytechnic courses." Beyond optometry, students discovered how Biology and Physics intertwine in real world fields. They left with both a unique souvenir and a clearer vision for their future pathways!



Geographers in Action: Uncovering Tourism Secrets at Gardens by the Bay

Our Secondary Four and Five Geography students brought their lessons to life during an exciting fieldwork study at Gardens by the Bay. Equipped with surveys and keen curiosity, they interviewed visitors to uncover fresh insights into Singapore's vibrant tourism scene - exploring visitor experiences, preferences and the garden's appeal. Jovan Lim (4-Integrity) said, "Interacting with the visitors was an eye-opening experience and really fun!" Beyond sharpening their data collection and analysis skills, this highly immersive experience revealed the real impact of tourism on Singapore's landscape, proving that learning truly comes alive when students step into the world and engage directly with it.

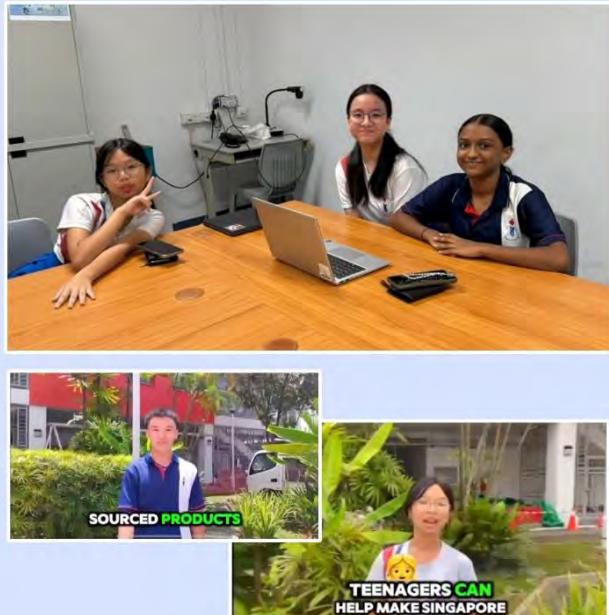
POA Students Bring Business Concepts to Life at JEM & Westgate

Learning leapt beyond the classroom as our Secondary Three Principles of Accounts (POA) students embarked on an enriching journey to JEM and Westgate malls. Through an interactive Padlet activity, they explored how trading and service businesses operate. This also included observing inventory management, pricing strategies and how assets support daily operations. From retail giants like IKEA to service outlets like salons, students connected real world practices to key POA concepts. In collaboration with the Mathematics Department, they even delved into topics such as compound interest and the role of numeracy in financial literacy. This authentic learning experience deepened their understanding of business and sparked future career aspirations!



Championing Sustainability at Prove It! 2025

Two teams of Lower Secondary students proudly represented Regent Secondary at Prove It! 2025, a national competition by the National Library Board. Tackling the theme "Singapore's green future: How can teenagers create maximum impact in promoting sustainability through digital tools?", our students combined their research skills, creativity and digital storytelling to craft an informative article and an impactful 90 second video news reel that inspired their peers to think green. To top it all off, our Secondary Two team shared their video during one of the school wide Zoom-based assembly sessions - a proof that Regent students are future-ready changemakers!



Regentstorians Bring History to Life at Fort Canning—Virtually!

History took on new life as our Regentstorians embarked on their first learning adventure with a captivating virtual tour of Fort Canning Hill led by the Lion Heartlanders Tour Company. This inaugural experience kicked off the newest Regentstorians Programme, an initiative nurturing young historians to champion the Humanities within our school. Students explored Singapore's colonial past, uncovered hidden stories and even brought home spices from the iconic Spice Garden! Zafran (1-Integrity) shared, "It was memorable and engaging. I learned so much!" With this inspiring start, our Regentstorians are ready to share Singapore's history with pride!



From Muddy Water to Bright Ideas: Science Comes Alive for Secondary One Students

Science was transformed into a hands-on experience as our Secondary Ones tackled a real world challenge - purifying muddy water with self-built filtration devices. Guided by research on materials like sand, gravel and activated carbon, the students designed prototypes to transform the murky water into something clear. Harnessing the digital interactivity aspects of their Personal Learning Devices, they refined ideas, collaborated online and tested their creations by measuring water clarity. "It was exciting to build our own filtration devices and see if they worked effectively," shared Shan Ning (1-Honour). This investigative project went beyond the textbook, fostering creativity, teamwork and problem-solving, essential skills for future-ready learners!



My Let's R.O.W! Pledge	
Water is a precious resource. We must conserve it.	
Alannah TD	I promise to take shorter showers for more than 20 minutes.
Brianna SP	I promise to turn off the shower when I'm not showering.
Natalia ZD	I promise to turn off the tap while brushing my teeth.
Vanesa 3 Respect	I promise to turn off the tap when I'm not washing my hands.
Afif OPI	I promise to use shorter showers and turn off the tap after doing my hair.
Jessica 4-H	I promise to take shorter showers for less than 10 minutes.
Levi 2D	I promise to turn off the tap while brushing my teeth.
Chloe Loh 1G	I promise to spend in the shower for less than 10 minutes.
Stephanie 2G	I promise to take a shorter shower at home and use less water.
Lydia 1D	I promise to take shorter showers, use less water for other purposes.
Wan Theng, 1D	I promise to not waste water by turning off the tap when I'm not showering.
Agnes 2E	My pledge is to save water by turning off the tap when not needed.
Sari 4E	I promise to use half flush.
Zeyki 3D	My pledge is to use less water by turning off the tap when not needed.
Phoenix 1e	I promise to turn off the tap when brushing my teeth.
Dipakrit 1H	I promise to shower less than 20 minutes.
Jayen 2I	I promise to take shorter showers and use less water.
Kick Jun 1e	I promise to turn off the tap when brushing my teeth.
En Gi 3H	I promise to use less water, protect our environment, and protect our water sources. Every drop counts.
Isahid 1-P	My pledge is to reduce water usage by turning off the tap when not using it.
Goh Xiang Yi 1H	I promise to turn off the tap when brushing my teeth.

World Water Day 2025: Making Every Drop Count

Regent Secondary commemorated World Water Day with an inspiring line up of activities centred on this year's global theme - Glacier Preservation. Environment Champions shared eye-opening facts on how glaciers sustain global freshwater supplies, while Environmental Science Co-Curricular Activity (CCA) students highlighted Singapore's efforts to cut daily water usage to 130 litres by 2030. Students engaged in both fun yet meaningful Kahoot! and Blooket Apps quizzes, explored interactive booth games in the canteen and pledged personal water saving commitments on the Applied Learning Programme Wall. The event showed how even small, conscious actions can create lasting and meaningful change - reminding us that every drop and every learner's keen effort truly counts in building a sustainable future!



A Run to Remember: Cross Country 2025

On 23 May, over a thousand students and staff gathered with eager anticipation for Regent's Annual Cross Country run along the scenic Pang Sua Park Connector. This year's event featured a revamped competitive race, where only those meeting strict NAPFA qualifying times raced for top honours, while others joined the Fun Run, sharing laughter and encouragement. The runners surged forward as the horn sounded, tackling gentle slopes and muddy patches in the cool morning weather. Cheers from peers and teachers who lined the route boosted the students' spirits. More than just a race, it was a celebration of resilience, camaraderie and school spirit, leaving everyone fired up and looking forward to next year's challenge.





Rising to the Challenge: MOE-OBS Programme 2025

In July, 178 Secondary Three students embarked on the MOE-OBS Challenge Programme - a thrilling 5-day, 4-night outdoor adventure across Pulau Ubin, Punggol and East Coast. From navigating rugged trails on land expeditions to conquering high rope obstacle courses and building rafts, students pushed past their limits, honed their teamwork skills and fortified their resilience. Cooking their own meals and learning to manage daily routines outdoors built the students' mental strength and self-reliance. Additionally, these shared challenges also forged stronger bonds among teammates. More than just an adventure, it was a learning journey of growth, courage and camaraderie, proving that the best rewards come when we step out of our comfort zones together.

Graduating Cohort Wraps Up with a Zesty Sports Fiesta!

On 4 July, our graduating students laced up for an exhilarating Ultimate Frisbee Tournament. Classes battled it out with sharp passes, swift sprints and clutch catches, turning the court into a vibrant showcase of teamwork, skill and determination. Cheers echoed across the courts as students supported and motivated one another, strengthening bonds and fostering a true sense of unity. A huge shoutout goes to the PE Department and Secondary Three CCA leaders whose planning made the event a success. Our Secondary Four students' sportsmanship shone brightly, proving their strength both on and off the field of play.



Regenites Ushered in the Lunar New Year with Joy and Excellence

Slithering into the year of the snake with festive cheer, Regenites came together for a Chinese New Year celebration filled with colour, energy and community spirit. The class CNY Bingo Game had students collaborating and learning about rich Chinese traditions, while the concert at the school hall dazzled with dynamic performances - from the commanding presence of the God of Fortune to an electrifying Taekwondo display and a sleek modern dance routine. The student leaders also stepped into the spotlight with a high energy dance item, inspiring their peers with confidence and flair. The Show Choir's rousing festive medley brought the hall to life, ending the celebration on a joyful high.



Hari Raya Concert 2025: A Festive Fusion of Culture, Unity and Joy

Regenites burst into celebration with invigorating Hari Raya performances that lit up the stage! From the rhythmic Zapin dances and enchanting Gamelan melodies to the fierce moves of Pencak Silat, every act captivated the audience. The concert's standout was the debut of Wayang Kulit - a traditional shadow puppetry show that brought Hari Raya stories vividly to life and sparked curiosity with an interactive quiz. The event represented a vibrant cultural tapestry weaving together diverse aspects of the Malay culture. Through lively, student-led performances, Sinar Lebaran 2025 ignited pride, unity and a lasting sense of community among all Regenites.



Bringing Literature to Life: Inspiring Learning Through Theatre

Regent's English Language and Literature Department took students beyond the classroom with two unforgettable theatre experiences. The Secondary Four Elective Literature students were mesmerised by a magical retelling of 'Wicked', gaining fresh insights into the concepts of character and theme through a live performance. Meanwhile, our Secondary Two students attended 'Perfecting Pratas' and 'Don't Know Don't Care', experiencing syllabus plays come alive and deepening their understanding of plot and emotions. Each dramatic performance sparked rich discussions on human relationships and society, proving that Literature truly resonates when experienced firsthand. By weaving performing arts into learning, Regent nurtures thoughtful and empathetic learners ready to engage meaningfully with culture and ideas.



CCA-Led Gratitude Challenge 2025: Building Bonds Through Appreciation

On 12 March 2025, Regent Secondary launched its first ever CCA-Led Gratitude Challenge, bringing students together in a celebration of kindness and community spirit. In their respective CCAs, students took part in a gratitude themed Bingo game, created papercraft chains and designed personalised cards. Each activity highlighted the power of simple yet meaningful gestures. From linking heartfelt messages into a colourful Gratitude papercraft Chain to penning notes of appreciation for peers, the atmosphere was filled with laughter, warmth and connection. Beyond fun, the challenge deepened bonds within CCAs and reminded Regenites that gratitude strengthens relationships. It was a step towards nurturing empathy, respect and unity across the school. At Regent, gratitude is a way of life.



Celebrating Diversity and Connection: International Friendship Day 2025

In April, Regent Secondary came alive for International Friendship Day (IFD). Themed 'Forging Friendships in a Complex World', students kickstarted the celebration with an energetic IFD Regent Rave and interactive in-class sessions, where international students and NE Ambassadors shared personal stories that sparked meaningful cross-cultural conversations. An interesting highlight was a live performance by Hummingbird Music ensemble, bringing iconic ASEAN songs to life and demonstrating how music unites diverse communities across borders. The celebrations wrapped up with insightful CCE lessons exploring openness and respect. Regent's IFD was a vibrant reminder that small acts of understanding can create lasting bonds.



Safer Internet Day 2025

Regent Secondary proudly marked Safer Internet Day 2025 under the theme 'Empowering a Safe and Resilient Online Community.' On 16 February, our passionate Cyber Wellness Ambassadors delivered engaging presentations to encourage their peers to explore healthier alternatives to screen time. They also led their classmates in the 'Safer Internet' Pledge to commit to responsible and safe online behaviour. The celebration continued on 25 February with the Cyber Kindness Show where students learnt and applied the THINK framework - True, Helpful, Inspiring, Necessary, Kind to safely navigate online conflicts. Together, Regenites reaffirmed their commitment to keep the internet a safe and kind online space.



25 in 2025: A Milestone of Excellence



Regent Secondary School proudly marked its 25th anniversary with Regent25, a joyous celebration of memories, achievements and aspirations. The school community, together with partners and families, gathered on the last day of Semester One to honour this significant milestone. The Guest of Honour, Dr Poon Jae Fai, inspired the students by sharing about his own educational journey. Similarly, the valedictorian for the class of 2024, Lee Xin Yan Richelle's heart-warming address gave hope to our Secondary Four students. Nostalgia filled the hall with the Voices of Regent montage, reminding all of the school's enduring spirit. Energised by stellar performing arts showcases, Regent25 became more than a celebration. With 25 years behind us, Regent blazes ahead - stronger, prouder and ready for the future.

Regent Celebrates SG60

On 8 August, we commemorated Singapore's 60th birthday with a vibrant Observance Ceremony themed 'Building Our Singapore Together.' The hall buzzed with energy with our Uniformed Groups' patriotic march-in with the national flag and a stirring rendition of the National Anthem by our talented Concert Band. Students journeyed through Singapore's history via symbolic games, interactive activities and thought-provoking reflections. Our Performing Arts groups, Infocomm CCA and the Regent Pop Band brought the celebration to life with dynamic performances, culminating in an energised sing-along of National Day favourites. With one heart and one voice, Regenites proudly wished Singapore a Happy 60th Birthday!



Secondary One VIA: Leading Change for the Environment

On 21 May, our Secondary One students stepped up as young leaders during their Values In Action project championing sustainability across the school. Each class took the initiative to lead a unique environmental campaign, covering topics like energy conservation, upcycling and dengue prevention. Through collaborative research, content creation and the design of interactive games such as Kahoot quizzes and recycling themed challenges, students practised key leadership skills like communication, teamwork and project management. By educating their peers and inspiring eco-conscious habits, these students not only raised awareness but also embodied what it means to be responsible leaders driving positive change in their community.



Igniting Our Potential: Student Leaders' Investiture 2025

On 20 May, the hall buzzed with pride as Regenites gathered for the annual Student Leaders' Investiture celebrating the passing of the torch from outgoing leaders to the next generation. This year's theme, 'Igniting Our Potential,' reflected the passion and purpose of the ceremony. Applause filled the hall as the 14th Student Council, new CCA Leaders and Class Committee members received badges of trust and service. A symbolic blazer handover marked continuity, while Lydia Imran, the new Student Council President, pledged to lead with empathy and inclusivity. With fresh energy and vision, our leaders are ready to lead with pride and purpose.

