RGPS/N21/P5/032

18 November, 2020

### Updates on PE, Art & Music P5 (Term 4)

Dear Parents,

We have come to the end of Term 4 and here are some updates on P5 PE. The pupils have been taught the following components.

# Sports & Games (Net-barrier)

Pupils learned to play small-sided modified games in 2 v 2 setting with no implement. The focus is for the pupils to learn and experience working in pairs and to apply the theories learnt in the actual games.

During the games, we observed that the pupils performed better in attack than defence. They were able to attack the space in their opponents' areas but need more guidance to work as a team in defence.

While carrying out these activities, safe distancing measures were in place between small groups and within the group.

Dance (Ceimo Ceimo and Slappin' Leather)

Pupils were taught 2 dances; Ceimo Ceimo and Slappin' Leather. They learned to move their bodies with music, counting beat in relationship to space and others around. Single-circle and line formation were introduced during the dance module.

Generally, the pupils did very well in dance. They were able to follow the beat and dance steps without much difficulty. They were also able to perform Ceimo Ceimo dance with at least 1 modification.

#### Outdoor Education

This Term, we covered 3 areas in outdoor education. They are:

- Know and follow the direction of travel from one checkpoint to another
- Give directions to move from one location to another in school
- Develop an essential pack list for a 3D2N residential camp

During the activity, the pupils realised that even though they were familiar with the school environment, in order to complete the task from one location to another, they needed to give clear direction and with the appropriate used of landmarks in school.

When we discussed with the pupils to develop an essential pack list for a 3D2N residential camp, the pupils showed that they have a good sense of what to pack for the camp based on the relevant information given even though the camping activity for P5 level was cancelled this year due to Covid-19.

#### **Health Education**

This term, we have covered "CPR and Use of AED" and "Sports Safety" in Health Education book with the focus on teaching our pupils:

- to identify the signs and symptoms of a cardiac arrest
- to the steps to follow if someone suffers a cardiac arrest
- to learn about the different types of protective and safety gear for physical activity
- to learn how to prevent injury by wearing protective and safety gear

# Children's Day Games

In place of the annual Games Carnival, pupils played games in class on Children's Day.

Based on the theme of Empathy, we played games that allowed pupils to:

- Empathise with people with disabilities
- Work on fine motor skills
- Learn and demonstrate teamwork
- Display the school value of Resilience

Each class is challenged to complete various tasks with a particular limitation/disability in class. The winning classes to the P5 levels are;

	Class
1st	5G
2nd	5P
3rd	5C

Congratulations to the P5 winning classes.

We hope that the pupils will continue to stay safe, stay healthy and stay strong during this pandemic. We would encourage them to continue to engage in physical activities safely during the December holidays for at least 60 minutes a day to promote a healthy lifestyle.

Best regards,

Mr Ho Kai Huat ST(PE)

## <u>Art</u>

In term 4, the pupils completed their ceramic pieces and impressionist landscapes. As the classes were conducted concurrently, these two modules would spill over to term 4.

For consolidation of their learning, the classes did a gallery walk towards the end of the module. They looked at their friends' artworks and shared how they used different techniques in their artworks. Pupils were able to appreciate their peers' artworks and gave affirmation of the works done.

They were quite amazed at their friends' artworks as they could see how they could create different tones and how the broken stroke technique allows them to blend colours and achieve a different tone through blending of colours.

Best regards, Miss Elena Ker Primary 5 Art Level Representative

### Music

In term 4, our P5 pupils were introduced to Music Around the world – Thailand. In this module, they learnt about the different musical ensembles and instruments used in Thailand. On top of that, they were also introduced to a popular children's song, Pleeng Chang. After a few rounds of listening and understanding of the song and the music score, the class were tasked to record their own rendition of 'Pleeng Chang' using the Garage band app on the ipads individually. Pupils were encouraged to enhance their music with at least 3 additional instruments. Through this process, pupils learnt the different digital techniques to record the melody of 'Pleeng Chang'.

As we are nearing the end of 2020 and moving on to 2021, I would like to invite all pupils to prepare themselves during the year-end holiday for our upcoming annual Talentime 2021. Pupils who are interested may prepare a video recording of themselves either singing or dancing. This video can be used to submit for their online Talentime audition in 2021. The online submission date will be announced in 2021. Do look out for that in our PG notification in 2021. We look forward to seeing your child next year.

Best Regards, Mrs Amy Ng Primary 5 Music Level Representative