



RAFFLES GIRLS' PRIMARY SCHOOL

21 Hillcrest Road, Singapore 289072. Tel: 64684377 Fax: 6469 2024

Our Ref: RGPS/N20/P4/014

Date: 17 March 2020

Dear Parents/Guardians,

P4 Term 1 PE, Music & Art updates

We have come to the end of Term 1 and here are some updates.

PE

Gymnastics

- Turn in lateral rotation, demonstrating a transfer of body weight from feet, onto hands by swinging one straightened leg up and off the floor, and pushing off the floor with the other foot, and back to feet to land with control.
- Balance on hands with straightened arms and with feet supported with hips and feet raised above the height of the head.
- Balance on hands with straightened arms on ground, with the body facing downward, while swinging one straightened leg up and off the floor, and pushing off the floor with the other foot, to switch legs in the air, and landing on the foot of the swung leg.
- Design and perform a gymnastics sequence using four different movements which includes a balancing action followed by a rotating action, with smooth transition and different starting and ending positions.

Sports and Games

- Receive a pass with the hands and send to a stationary and moving teammate, with either the receiver or sender is being defended.
- Receive a pass or rebound and shoot a goal, with and without a defender.
- Receive a pass and dribble, keeping away from a defender and either pass to a stationary and moving partner or shoot on goal, with and without a defender.

All these components formed the basis of their assessment. Through the activities carried out, the pupils also learnt values like sportsmanship, teamwork and responsibility in using the equipment. Generally, pupils have performed well in their assessment and are able to show their understanding in health components too.

Health Fair Games 2020

The term culminated with pupils designing a game for their classmates to try out. This is to commemorate the Health Fair this year and to encourage healthy living through participation in physical activities. They had a games day where they played the various games created by their classmates. The team who came up with the most popular game based on class votes, received a certificate of recognition.

During this March holidays, do get them to continue to be physically active in preparation for the upcoming NAPFA Test in term 2.

Best regards,

Mrs Claresta Chee
Primary 4 PE Level Representative

Art

For term 1, pupils started on the museum based-learning module. However, due to the COVID-19 situation, the learning journeys to the National Gallery were postponed. The pupils continued with the module with some modifications. They had discussions on the biodata of the Pioneer Artists and through the discussion, they learnt about the significant importance of the Pioneer Artists' contribution to Singapore Art. Once they studied about the artists, they viewed the Pioneer Artists' artworks in class and had discussions based on that. They responded to the artworks by drawing and painting. The final artwork that they would do is to draw and paint on the still life objects which are representative of Singapore's past (refer to photo).



The pupils enjoyed drawing and painting the objects. This required them to make observational study on the objects. They had to explore how to come up with different tones and how to paint the textures of the objects. The challenges that were posed to them made the activity even more interesting.

Best Regards,
Miss Lim Siew Hoon
Primary 4 Art Level Representative

Music

In term 1, the primary 4 students went through a ten-week ukulele programme. The programme was conducted by an external ukulele instructor who went through with the students the proper techniques of holding, plucking and strumming. The students were given a booklet that contained various songs and chord sheets which they can play with the techniques learnt during the programme. In the meantime, all classes are busy preparing for their class performance repertoires. With the current COVID situation, instead of the usual level concert in PARTs, we will be getting all classes to video record their class performance. Thereafter, these videos will be shared among other P4 classes only in Term 2 to allow them to appreciate their peers' efforts and achievement.

Best Regards,
Mrs Amy Ng
Primary 4 Music Level Representative