



RAFFLES GIRLS' PRIMARY SCHOOL

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Dear Parents/Guardians,

P5 Term 3 PE, Art & Music updates

We have come to the end of Term 3 and here are some updates.

PE

New SOP and safety measures during PE Lessons

Due to Covid-19, pupils were briefed on the new SOP and to follow the procedure of the updated safety measures during PE lessons for example, wipe down procedures and to stay in their own play areas that are marked out to ensure safe distancing.

Rope Skipping

We introduced rope skipping activities to the pupils when they returned to school. The pupils did rope skipping according to their ability individually and at the same time, familiarize themselves with the new PE safety measures procedures,

Sports & Games (striking-fielding) with the focus on sending to space and running to base

- The pupils started with revisited and practiced with a partner on Throw & Catch and Hit & Catch
- Then they moved on to 2 v 2 modified rounder game within an assigned play area
- Lastly, they played a 1 v 3 modified softball ball game where the focus was to build pupils' understanding of sending into space and running to base such as :
 - Send the ball to space and try to run to 1st or 3rd base
 - Send the ball to space and try to run to 1st or 2nd base

Even though the game was limited by the new safety measures, the pupils were very cooperative and they controlled their activities within the assigned areas. During the game, pupils shown that they had the understanding of sending the ball to the space so that they were able to run to their targeted base successfully.

Gymnastics

- Pupils were to plan and perform a sequence of six different movements which includes joining a jumping action to a rotating action (in this order), demonstrating degrees of body extensions and movement planes, with smooth transition.
- Pupils were to practice wall-supported inverted balances
- Pupils to plan their gymnastics sequence using the "Gymnastics Sequence Planning Form" and to practice their planned sequence.

The pupils were on-task in their planning. They were able to choose appropriate balances, movements or rotations according to their ability and connect them into a smooth sequence.

Even though most pupils were able to perform wall-supported inverted handstand, some pupils were not confident in doing the activity. Hence, they did an inclined handstand instead so as to build up their confidence and their arms muscles and core body's strength.

While carrying out these activities, safe distancing measures were in place between small groups and within the group.

Active & Healthy Me

This term, we have covered the following topics, some will be continued in Term 4:

- Personal Hygiene
- Transmissible Diseases
- Eye Infections
- Taking Care Of Your Ears
- Simple First Aid

The topics on “Personal Hygiene” and “Transmissible Diseases” were very timely during this period. During lessons, pupils were able to relate to these topics easily and we were able to have good discussion in class.

Lesson on Resilience

We covered Resilience lesson during the PHE. We want to teach them the value of perseverance and not to give up during difficult situation. Pupils were taught on the skill of building resilience through technique of “Inner Talk”. We hope to increase their resilience especially during this pandemic period.

Racial Harmony Game

As part of our school's effort to celebrate Racial Harmony Day, two traditional games (Chapteh and Zero point) were introduced and played. The girls enjoyed the activities very much.

We hope that the pupils will continue to stay safe, stay healthy and stay strong during this pandemic. We can overcome this challenging period together

Best regards,
Mr Ho Kai Huat
Primary 5 PE Level Representative

Art

For Term 3, the pupils had ceramics, vessel design and impressionist landscapes lessons going on concurrently. For ceramics, they used the slab method to make vessels they designed and added details on it. Every child created a vessel that is unique which she can call her own.

For the impressionist landscapes, the pupils learnt to use ‘Broken colour’ method to paint a landscape. They learnt about impressionist paintings and how the artists captured light in their paintings. They used this method and painted a landscape of their choice.

Another module introduced was on product design with the thematic question, “How Interesting Can a Vessel Be?” Pupils learnt to think creatively to change the form of a cylindrical object to enhance its functions. They did online research and worked in pairs and trios using SCAMPER, a creativity tool, to come up with various product design ideas. They were encouraged to write notes alongside their drawings to substantiate their designs. They documented each stage of the design process on their drawing papers and submitted their individual final design. This process challenged the pupils to see art and design as a continual process as opposed to the final outcome only.

The pupils will complete all the three modules by the end of Term 4.

Best regards,
Miss Elena Ker
Primary 5 Art Level Representative

Music

In term 3, the Primary 5 students continued with the learning of the recorder. As we have stopped playing the recorder in class during this COVID period, we focused on their fingering for the lower notes namely F, E, D and C, using different repertoires as practice pieces. Students were encouraged to practise at home and submit video recordings of themselves playing the songs.

We would like to acknowledge and thank all students for their effort in video recording themselves playing the counter melody of the assessment piece, Edelweiss, and submitting it to their respective music teacher for grading. We understand that it is not an easy task especially during this period with all the restrictions in place.

Lastly, we hope you have enjoyed our recent online instrumental recital. We look forward to your continued support in other aesthetics-related events.

Best Regards,
Mrs Amy Ng
Primary 5 Music Level Representative