

# RGPS CCE CURRICULUM 2025

## PRIMARY 5

# CCE OBJECTIVES

**Good character:** Have a sound moral compass and a strong sense of right and wrong, think critically and ethically, be discerning in judgment, take responsibility for choices and actions, be caring towards others and strive for excellence.

**Resilience and social-emotional well-being:** Have a balanced sense of self, form healthy relationships, be resilient when faced with challenges, find meaning in life, and have a sense of gratitude and appreciation.

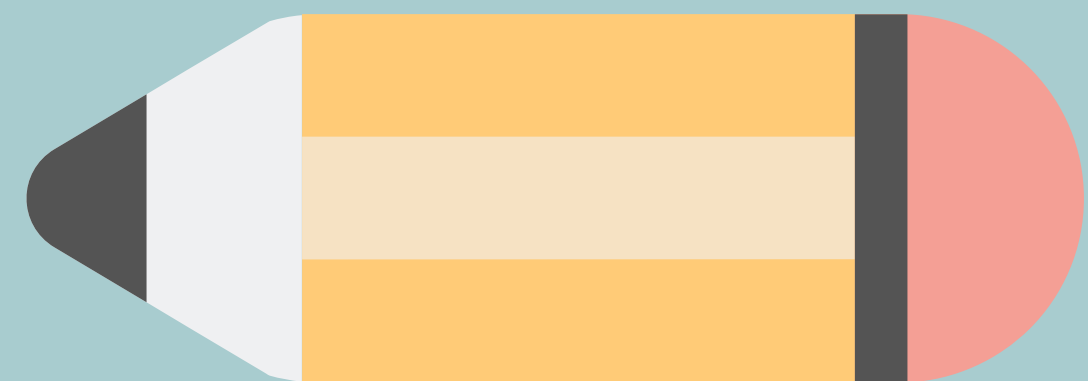
**Future readiness:** Have a sense of purpose in life, develop the dispositions of adaptability and lifelong learning so as to be able to navigate education and career pathways purposefully and take on the challenges of the future, including the world of work and life.

**Active citizenship:** Develop a strong national identity based on a sense of belonging to the nation, a sense of hope in themselves and the future, an awareness of the reality of Singapore's vulnerabilities and constraints, and the will to act on improving the lives of others, and building a future for our nation.

# CCE LESSONS



**CCE Form Teacher  
Guidance Period  
(FTGP)**



**CCE Mother  
Tongue (MTL)**

The curriculum content of CCE is based on the three big ideas of Identity, Relationships, and Choices, and comprises the teaching and learning of core values, and social-emotional competencies with a focus on developing a sense of purpose in our students.



Identity



Relationships



Choices

# P5 CCE LESSON FOCUS

1

National  
Education  
(NE)



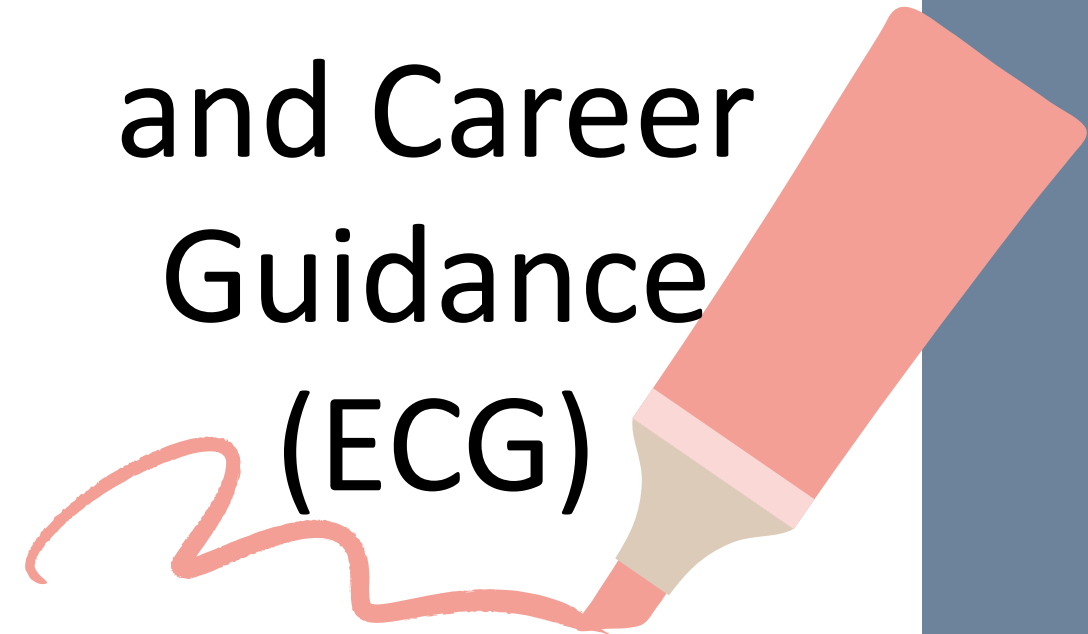
2

Mental  
Health  
(MH)



3

Education  
and Career  
Guidance  
(ECG)



# P5 CCE LESSON FOCUS

4

Cyber  
Wellness  
(CW)



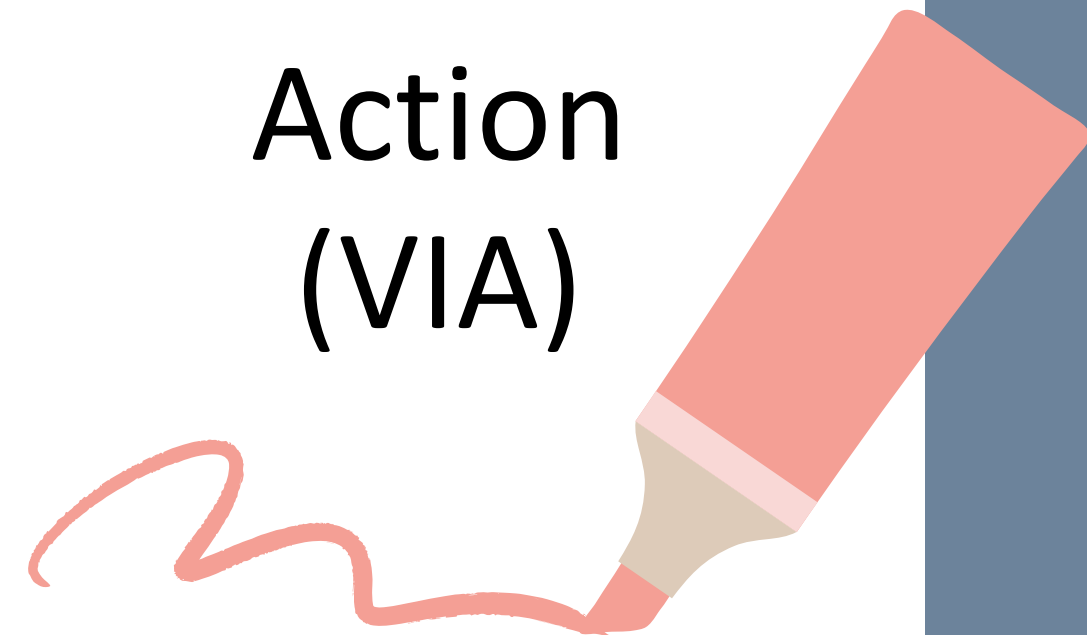
5

Family  
Education  
(FE)



6

Values in  
Action  
(VIA)



# P5 CCE LESSON FOCUS





# Value-Able for Life

Date:

**Value-Able**  
*For Life Semester 1 2025*

I Shine for:

- ☐ Graciousness
- ☐ Gratitude
- ☐ Integrity
- ☐ Responsibility
- ☐ Resilience

Encouragement Note from Parents / Guardian:

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## Objectives:

- To nurture character development in students by encouraging them to internalize and display the school's core values of responsibility, resilience, integrity, gratitude, and graciousness.
- Fosters a holistic approach to education, emphasizing values both within and beyond the classroom, while engaging students, teachers, and parents in collaborative efforts to affirm and cultivate these virtues.





# Empathy in Action (VIA)

1. The objective of the P5 VIA Programme is to engage students in developing empathy and understanding the needs of the elderly in their community. Through this programme, students will:

- Explore Community Needs: Understand the challenges and needs faced by elderly individuals.
- Foster Empathy: Learn to appreciate and empathize with the lived experiences of seniors.
- Encourage Contribution: Actively plan and execute activities to bring joy and support to the elderly.
- Develop Civic Consciousness: Recognize their role in contributing to the well-being of the community.
- Build Key Skills: Enhance social-emotional competencies like interpersonal communication, teamwork, and reflection.

2. Term 1, Week 2 to Term 2, Week 6



# CCE-FTGP Family Time Activities

## Objectives:

- Strengthen family bonds and support children's holistic development by creating meaningful opportunities for parents and children to engage and reflect together.
- Reinforce the values and skills taught in school, ensuring consistency in character education while fostering empathy, responsibility, and positive habits.
- By encouraging active parental involvement, Family Time serves as a platform to nurture relationships, promote open communication, and cultivate a supportive home environment that complements the school's efforts in shaping confident and compassionate individuals.



# CCE-FTGP Family Time Activities

## Motivating Me 2

Date: \_\_\_\_\_

### Applying CH.AR.GE.

I may become unmotivated when I face challenges while working towards my S.M.A.R.T. goal.

What is one challenge that I would face?

\_\_\_\_\_

How I will use the CH.AR.GE. strategy to motivate myself:



Think about what you can do to become a better person or feel better about yourself.

What is my goal?

\_\_\_\_\_

Why is my goal important to me?

\_\_\_\_\_



Think about the challenges you are facing.

What is/are preventing me from reaching my goal?

\_\_\_\_\_

What new skill do I need to learn to overcome my challenge?

\_\_\_\_\_

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Do My Best



Think about the support you need and who you can ask for help.

Whom can I turn to when I need help?

\_\_\_\_\_



### Family Chat Time

I can share with my parents/guardians...

- the S.M.A.R.T. goal that I have set and why I want to set this goal.
- the CH.AR.GE. strategy I want to practise to motivate myself to reach my goal.

We did it together!

Parent's / Guardian's signature



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Do My Best



# P5 Sexuality Education Programme

The Goals of Sexuality Education are:

- a) Support students in managing their physiological, social and emotional changes as they grow up and develop safe and healthy relationships.
- b) Guide students to make wise, informed and responsible decisions on sexuality matters.
- c) Help students develop a moral compass and respect for themselves and others by having positive mainstream values and attitudes about sexuality that are premised on the family as the basic unit of society.



# P5 Sexuality Education Programme

The Key Messages of Sexuality Education are:

- a) Love and respect yourself as you love and respect others;
- b) Build positive relationships based on love and respect (which are the foundation for strong families);
- c) Make responsible decisions for yourself, your family and society; and
- d) Abstinence before marriage is the best protection against STIs/HIV and unintended pregnancies. Casual sex can harm and hurt you and your loved ones.



# P5 Sexuality Education Programme

The Changes  
in Me  
(60 min)

This lesson focuses on helping students identify the emotions and stress caused by physical changes during puberty. Students will learn to describe the healthy ways to manage their negative feelings during this time. They will also learn to recognise that one's identity need not be negatively affected, even when one's body is experiencing changes due to puberty.





# P5 Sexuality Education Programme

Did You  
Know?  
(60 min)

This lesson focuses on helping students know what pornography is and how it can affect themselves and others. Students will learn about the dangers of being exposed to sexually explicit materials and reject the viewing and/or reading of pornographic materials. They will learn to evaluate their own responses when they encounter pornography by applying the strategy 'Stop-Think-Do'.



# P5 Sexuality Education Programme

Keeping  
Myself Safe  
(60 min)

In this lesson, students will learn about sexual abuse, how it can happen during online and offline interactions and the impact of such abuse on victims. They also learn how to take precautionary measures to be safe and how to seek help for themselves and their friends.





# Give@RGPS

The objectives of Give@RGPS for P4-P6 are to:

1. Encourage Participation: Motivate students to identify and address school and community needs.
  2. Empower Action: Enable students to take initiative, plan, and execute meaningful projects.
  3. Enliven Community: Foster a warm, inclusive, and caring school environment.
  4. Develop Competencies and Values: Strengthen leadership, teamwork, and RGPS core values like responsibility and respect.
  5. Promote Reflection: Cultivate civic consciousness through reflection on their contributions and impact.
- Term 1, Week 8 – Term 3, Week 1

# THANK YOU

