Our Ref: RGPS/N22/P3/006

Date: 11 March 2022

Dear Parents/Guardians,

# P3 Term 1 PE, Art & Music updates

### PΕ

We have come to the end of Term 1 and here are some updates on P3 PE. The students have been taught the following skills. They have also learnt some health-related topics based on the An Active and Healthy Me book.

## **Athletics**

- 1. Sprint from a standing start over a distance of 30 to 40m
- 2. Run in a pair relay to pass a baton using the visual pass
- 3. Run a distance over evenly spaced obstacles of approximately 30cm high (hurdles)
- 4. Jump for distance using the single-foot take off with a short approach (3-4 steps)
- Throw using the overhand throw from a standing position, a projectile-like object aiming for height and distance

## Dance

- 1. Explore movement phrases in variations of position and formation without contacting group members, in response to music
- 2. Work in a small group to develop and demonstrate a sequence of movement phrases and perform in various positions
- 3. Perform a pre-designed movement experience to "In Appreciation" and repeat with modifications to formation

# An Active and Healthy Me

- 1. Healthy eating
- 2. Keeping your hands and feet clean

In term 1, the P3 students learnt skills that are used in various athletics (track and field) events. As these skills are not so commonly practiced by the students, the students took a longer time to get accustomed to picking up the skillset. There were also blended learning lesson packages for the students to learn more about this sport.

For dance, students worked in small groups to modify the pre-designed movement phrases in the P3 dance, "In Appreciation". Students had the opportunity to demonstrate their creativity.

During health education lessons, students learnt about eating well balanced meals.

The topic on "keeping your hands and feet clean" was also timely to remind the students about cleanliness. It has been a fruitful term 1, and we hope the students continue to work hard for the rest of the year!

Regards Ms Victoria Chua Primary 3 PE Level Representative

## <u>Art</u>

In term 1, the students are introduced to more exploration in lines and colours. They explore using lines and colours to connect with their emotions. The activities involve the students in using their imagination in situations which would invoke certain emotions. For example, waking up at 530a.m. by the sound of an alarm, this would draw out a strong emotion from the students. When they imagine themselves in that situation, they would then draw using lines to express that emotion. They are tasked to draw non-objective lines as this exploration will lead up to their final art work, whereby they are to design an abstract art work which connects to their emotions using lines and colours.

As the lessons focus more on exploration, the students enjoy doing the activities as they could use their imagination. They are expressive and eager to share with their classmates about their drawings.

Best Regards
Ms Lim Siew Hoon
Primary 3 Art Level Representative

# **Music**

In term 1, the primary 3 students were introduced to the culture and music from Japan. They were engaged in a clapping game, Omochio Tsukimasho, which developed their sense of rhythm and steady beat. The students were also introduced to various traditional Japanese instruments and played simple Taiko rhythms to accompany a Japanese story, The Story of Noto Hanto. For their assessment, the students engaged in collaborative learning as they composed and arranged their own Taiko drumming ensemble using a variety of drums. At the end of the module, students gained a deeper understanding on Japanese music and culture.

Talentime, our annual singing and dancing competition, opened for auditions this term to all P3-6 students. This competition was pre-recorded on 15<sup>th</sup> February and has been shown in class during assembly. This competition allows students to showcase their talents and win attractive prizes. We would like to thank all those who have submitted their audition videos. Congratulations to all finalists and winners as well!

Best Regards Ms Serene Chan Primary 3 Music Level Representative