Our Ref: RGPS/N20/P1/004

Date: 17 March 2020

Dear Parents/Guardians,

P1 Term 1 PE, Music & Art updates

We have come to the end of Term 1 and here are some updates.

PΕ

The pupils have been taught the following skills. They have also learnt some health related topics based on the An Active and Healthy Me book.

Games and Sports

- 1. Roll using the underhand movement pattern, small to medium-sized objects towards a large target.
- 2. Throw using the underhand movement pattern, a medium-sized ball towards a large target at a low and medium level.
- 3. Throw using the 2-handed underhand movement pattern, a medium-sized ball towards a large target 3-5 meters away.
- 4. Self-toss using the 1- and 2-handed underarm movement pattern, a ball and catch with 1 and 2 hands above the head and at waist level within two steps.
- 5. Catch using 1 and 2 hands a self-bounced ball at different levels.

Health Education

Pupils took their height and weight. They also learnt about physical growth. Pupils were taught how physical activities are important in ensuring we grow and stay healthy. They also understood the importance of drinking water and having a good posture.

In term 1, the P1 pupils learned the different skills that are fundamental in playing sports in the future. These skills will also be developed further in the year as well as in Primary 2. They have also been assessed on several basic components as well. Pupils were also taught to relate these skills to sports they might have experiences with before, or seen of. Teachers applied the technique of "See-Think-Wonder" to get pupils to try and figure out and explore the various skills. Based on the equipment or cues they see, they will think about the skill they are about to learn. They then get to practice and if they have questions, the pupils will ask the teachers.

Best regards
Ms Victoria Chua
Primary 1 PE Level Representative

Art

Pupils learnt about portraits and how to describe a portrait artwork using lines, colours and forms. They practised observational skills as they learnt about continuous line drawing and then progressed from drawing a portrait to creating a Keith Haring-inspired figure. In the process, they learnt about adding interest to shapes and forms and how to compose an image that is proportionate to the canvas, paying attention to the setting, background and details. Pupils also experimented and learnt certain properties of oil pastels and how to use them effectively to achieve positive results.

Thinking routines such as 'See Think Wonder' helped them to ask relevant questions and kept them focused. They learnt simple self-critique of their own artwork and find solutions to improve on it or how to add finer details

to achieve a more interesting outcome and one that shows completeness. Pupils were given opportunities to show and talk about their artwork.

Pupils were also given opportunities to appreciate one another's artwork and to learn from their friends.

It was observed that generally, pupils enjoyed their art lessons and they did put in extra effort to do their best.

We hope that you will continue to encourage your child to have the freedom to draw, paint, explore materials and think creatively whenever there is an opportunity.

Best Regards, Miss Ho Soo Peng Primary 1 Art Level Representative

Music

Students were exposed to a variety of children songs. Appropriate movements were created as the girls sang and moved to the music. Students were taught to read simple notation and rhythmic syllabus such as crotchet ('ta') and quaver ('ti') so as to be able to sing and clap the rhythm of the songs confidently. They also sang the lively Chinese New Year songs with great gusto. As listening is a key process in music education, students are encouraged to listen attentively and thoughtfully during the creation and performance process with their peers.

To encourage interaction, class assignments were designed to have students to work in small groups and as a whole too. Through these activities, students were able to demonstrate teamwork and learn to respect each other's opinions graciously.

All students were encouraged to keep their activity sheets in a music file. This can be the pink folder which most of the girls had bought at the beginning of the year in the book list or any pocket file. This same file will be used for the entire 6 years of music education in RGPS. However, there are still some students who still do not have such a folder. Please assist your child if necessary. We would like to cultivate a sense of responsibility in our students and seek your cooperation to ensure that they keep their worksheets neatly in the folder.

Best Regards, Mrs Amy Ng Primary 1 Music Level Representative