



RAFFLES GIRLS' PRIMARY SCHOOL

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Our Ref: RGPS/N20/P2/005

Date: 17 March 2020

Dear Parents/Guardians,

P2 Term 1 PE, Music & Art updates

We have come to the end of Term 1 and here are some updates.

PE

The pupils have been taught the following skills. They have also learnt some health related topics based on the An Active and Healthy Me book.

Gymnastics

- Mount and dismount a bench with one foot and two feet take-offs.
- Jump off a bench while forming different shapes in flight, and land on two feet with control.
- Perform a forward roll using the teaching cues.
- Hold a point or patch balance for three counts.
- Design and perform a gymnastics sequence using two different movements of their choice (i.e. travelling movement like jumping and galloping, a point or patch balance, rolls like forward roll or pencil roll).

Sports and Games

- Roll using the underarm movement pattern, a small ball with accuracy.
- Throw using the underarm movement pattern, a variety of small and medium-sized objects towards a stationary partner, at least 4 metres away.
- Catch an object thrown by a partner with one or two hands, below and above the waist.

They have covered content and activities in the areas of "Safety during Physical Activity" and "Food & Growth" in the "My Active and Healthy Me" book. In these topics, we have shared with them about the importance of safety rules when participating in physical activities. They also learnt how to ensure that they are ready to participate in physical activities. We discussed about healthy eating habits using a questionnaire to get pupils to recognise their personal eating habits. They also recapitulated on the Healthy Plate portions that they have learnt in Primary 1. To keep healthy, the pupils were taught to eat healthy portions of brown rice and wholemeal bread, fruits and vegetables and meat and others on top of taking part in physical activities for at least 60 minutes in totality a day.

All these components formed the basis of their assessment. Through the activities carried out, the pupils also learnt values like sportsmanship, teamwork and responsibility in using the equipment. Generally, pupils have performed well in their assessment and are able to show their understanding in health components too.

Health Fair Games 2020

The term culminated with pupils designing a game for their classmates to try out. This is to commemorate the Health Fair this year and to encourage healthy living through participation in physical activities. They had a games day where they played the various games created by their classmates. The team who came up with the most popular game based on class votes, received a certificate of recognition.

It would be encouraged to continue to engage them in physical activities during the school holidays for at least 60 minutes a day.

Best regards,

Ms Farhani
Primary 2 PE Level Representative

Art

The Primary 2 pupils explored different ways in which they could express their identities. They were guided through some thinking routines and hands-on activities to discover what identity means and how it can be represented. They learned about logos and the difference between a picture-drawing artwork and a poster design. Pupils also learned to critique and appreciate artworks using forms, shapes, patterns and colours. In the process of creating their name poster, pupils discover principles of balance, unity and proportion in design.

It was observed that generally, pupils enjoyed their art lessons and they did put in extra effort to do their best. Through the varied art activities, the pupils had learnt to be more confident, adventurous in trying out new ideas, solve problems and think out-of-the-box. The pupils had also performed better in their social skills as they communicated and interacted with their team mates in art class.

We hope that you will continue to support and encourage your child to have the freedom to draw, paint, explore materials and think creatively whenever there is an opportunity.

Best Regards,
Miss Ho Soo Peng
Primary 2 Art Level Representative

Music

In term 1, the primary 2 students developed their rhythmical and improvisation skills through the Singapore Delights module. In the Singapore Delights module, students are engaged in interactive and experiential activities to scaffold the improvisation of rhythms. At the end of the module, students were able to perform their improvised rhythms as an ensemble using appropriate classroom instruments. Students also gained a deeper understanding on local food and culture through this experience.

Due to the COVID-19 situation, RGPS Got Talent, a singing and dancing showcase, is unable to be conducted this term. This programme, held during assembly, allows students to showcase their talents to their school mates. RGPS Got Talent would be suspended till further notice.

Best Regards,
Miss Ng Beiyu
Primary 2 Music Level Representative