Our Ref: RGPS/N20/P5/013

Date: 17 March 2020

Dear Parents/Guardians,

P5 Term 1 PE, Music & Art updates

We have come to the end of Term 1 and here are some updates.

PE

Sports & Games (Territorial-Invasion concept)

Objective:

To attack the opponent's defending area and score a goal while protecting own goal at the same time.

Approaches:

- Pupils to play basketball-alike games using soft volleyball / basketball.
- The territorial-invasion game concept was extended to floorball-alike and soccer-alike games to enrich their learning experiences.

Observation:

The pupils are able to articulate the tactical part of territorial-invasion concept without difficulty. However, the performance of the pupils in games related activities varies as each pupil's ability and readiness differs. In general, pupils performed better in basketball-alike game than floorball-alike and soccer-alike game.

Athletics

Objective:

Pupils will primarily involve in running, jumping and throwing activities that promote both personal striving and comparison.

Approaches:

- In running, pupils learnt to run in varying pace to cover a basketball / netball court, sprint from crouch start, run in standard replay to pass a baton using the visual pass and run over an overly spaced hurdles using left/right leg as leading leg in rhythmic manner.
- In jumping, pupils learnt to jump for distance and jump for height (over 40cm to 50cm hurdle) with single-foot take off using a short approach run.
- In throwing, pupils learnt to throw projectile-like objects, weight-appropriate shot-like implement and discuslike implement for both height and distance.

Observation:

Pupils were more competent in performing running and jumping components than the throwing component. In throwing, pupils were able to perform better in throwing projectile-like objects such as javelin than weight-appropriate shot-like implement and discus-like implement such as shot-put and quoit / discus respectively.

Health Education

This term, we have covered "Diet and Exercise" and "Health-related and Skill-related Fitness" in Health Education book. In Term 2, pupils will be doing an open-book health education assessment which will form part of the PHE grade for semester one.

Health Fair Games

As part of our school's effort in cultivating healthy lifestyle among our pupils, our department had organised a Health Fair Games week where pupils from P2 to P6 were to design games incorporating what they had learnt in physical education for their classmates to play during PE lessons.

The pupils took pride in designing and organising the games. They enjoyed the games very much. We hope that the pupils will continue to do their best and always strive to better themselves as they venture out in the other modules planned for them in the next term.

Best regards, Mr Ho Kai Huat Primary 5 PE Level Representative

Art

For Term 1, the pupils learnt to use Inkscape to create drawing of cupcakes. Inkscape is a free web-based software for drawing vector images. The pupils learnt basic skills such as using the 'biezel' tool to draw and 'fill' tool to colour the image. They also had the chance to use their creativity to come up with interesting designs for their cupcakes.

For the advanced level, the pupils chose their favourite celebrity portrait or animal to create a polygon-based portrait or image. They drew polygons using the 'biezel' tool and learnt how to use the 'eye dropper' tool to pick colour off the photo. The pupils were amazed at how polygons can be used to create beautiful portraits and images of their favourite stars and animals.

Best regards, Miss Elena Ker Primary 5 Art Level Representative

Music

The focus for P5 students is on recorder mastery. Through structured learning in phases, students learned how to play notes (B, A, G) on the upper register in Term 1. Besides drill practices to enhance finger dexterity, students were also given opportunities to make music in ensemble settings.

To ensure students' learning and participation in class, they are expected to bring along their recorder for their music lessons. Kindly remind your child to bring her recorder every lesson and wash it at home after use. Students are also encouraged to practise their fingering and repertoires taught.

All students were encouraged to keep their worksheets or music scores in a music file. This can be in the form of a simple clear folder (20 pockets).

Best Regards, Mrs Amy Ng Primary 5 Music Level Representative