



# RAFFLES GIRLS' PRIMARY SCHOOL

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Our Ref: RGPS/N20/P6/030

Date: 18 September 2020

Dear Parents/Guardians,

## **P6 Term 3 PE, Art & Music updates**

We have come to the end of Term 3 and here are some updates.

### **PE**

#### New SOP and safety measures during PE Lessons

Due to Covid-19, pupils were briefed on the new SOP and to follow the procedure of the updated safety measures during PE lessons for example, wipe down procedures and to stay in their own play areas that are marked out to ensure safe distancing.

#### Rope Skipping

We introduced rope skipping activities to the pupils when they returned to school after the Circuit Breaker. The pupils did rope skipping according to their ability individually and at the same time, familiarize themselves with the new PE safety measures procedures.

#### Gymnastics

- Fundamental movements – Locomotor and Non locomotor
- Gymnastics skills of travelling, jump, rotation and balance
- Individual inverted balances and Pair Sequence

Pupils learnt about the requirements of performing a good balance. After understanding the definition of an inverted balance, they were taught to perform a supported handstand. Through the basic movement pattern, pupils were taught the concept of performing a sequence individually and moving on to pair sequence. Generally, the pupils have shown good understanding on the module of Gymnastics.

While carrying out these activities, safe distancing measures were in place between small groups and within the group.

#### An Active and Healthy Me

- Substances harmful to Health
  - Understanding the side effects of Performance Enhancing Drugs.
  - Appropriate approach to training for fitness
- Maintaining proper oral hygiene
- Fire Safety
  - Identifying hazards
  - Escaping from fire

All these components formed the basis of their assessment. Through the activities carried out, the pupils also learned values like sportsmanship, teamwork and responsibility in using the equipment. Generally, pupils have performed well in their assessment.

### Racial Harmony Game

As part of our school's effort to celebrate Racial Harmony Day, two traditional games (Chapteh and Zero point) were introduced and played. The girls enjoyed the activities very much.

We encourage pupils to continue to be physically active, so as to stay healthy and be in their best mental and physical condition for the upcoming PSLE. All the best!

Best regards,  
Mr Yeo Eng Wee  
Primary 6 PE Level Representative

### Art

In Term 3, the pupils were introduced to story and poem illustration and did online research on different styles of illustration. Pupils were then given two poems to choose from and they practised drawing objects or ideas mentioned in one of them. They were taught the "Ink and Wash" method of painting and explored using a few basic watercolour techniques on their drawings.

For their final task, pupils had to write out the poem in ink and illustrate it using the ink and wash method. With their early practice drawings, pupils were able to compose their illustrations based on their selected poem. They were encouraged to work on another poem of their choice to consolidate their learning if they had completed the first poem illustration.

Overall, the pupils were able to use the 'Ink & Wash' method to paint their subject matters and compose their illustration with reference to the poem.

Best regards,  
Miss Elena Ker  
Primary 6 Art Level Representative

### Music

In term 3, the primary 6 students were introduced to Music Arrangement using our local song, "Home". They learnt to identify different musical elements in songs as a consolidation of the music knowledge learnt in primary school. For their assessment, the students engaged in collaborative learning as they worked together as a band. Under COVID 19 safety measure rules, students in their usual groups worked in a maximum of 5 to arrange and perform a cover of their choice of song. Students were encouraged to bring their own instruments (e.g. violin, guitar) as well as use the instruments in the music room.

Lastly, we hope you have enjoyed our recent online instrumental recital. We look forward to your continued support in other aesthetics-related events.

Best Regards,  
Ms Ng Beiyu  
Primary 6 Music Level Representative