



RAFFLES GIRLS' PRIMARY SCHOOL

21 Hillcrest Road, Singapore 289072. Tel: 64684377 Fax: 6469 2024

Our Ref: RGPS/N22/P1/005

Date: 11 March 2022

Dear Parents/Guardians,

P1 Term 1 PE, Art & Music updates

PE

We have come to the end of Term 1 and here are some updates on P1 PE. The students have been taught the following skills. They have also learnt some health-related topics based on the An Active and Healthy Me book.

Games and Sports

1. Roll using the underhand movement pattern, small to medium-sized objects towards a large target.
2. Catch using two hands, a ball rolled from a partner and a medium-sized ball thrown by a partner.
3. Catch using one or two hands a self-bounced ball at different levels.
4. Throw using the 2-handed overhead throw movement pattern, a medium-sized ball towards a large target at least 5 meters away, at different levels.
5. Throw using the overhand movement, small objects towards a large target, at least 5 meters away.

An Active and Healthy Me

Students also learnt values like sportsmanship, teamwork and responsibility while using the equipment during PE lessons. Generally, students have performed well and showed good understanding in both physical and health components.

During the PHF lessons, students took their height and weight and learnt about physical growth. They were taught how physical activities, healthy eating, good hydration as well as sufficient sleep are important to help our bodies grow and be healthy.

For this upcoming March holidays, we want to take on a more hands-on approach towards learning about physical health to encourage students to take the first step in making healthier choices in their daily lives. Your child would have received her **"My Active & Healthy March Holiday Activity Card"** during the last week of Term 1. She is strongly encouraged to complete the activity card during the March holiday. Thank you for keeping your girl active and healthy during this upcoming holiday.

Best regards,
Ms Teo Siew Huai
Primary 1 PE Level Representative

Art

Students learnt about portraits in art and how artists use different mediums to express their work. The students practised observational skills as lines and shapes of facial features were discussed. Students had the opportunity to learn and draw a continuous line portrait.

The students progressed to creating full figure drawing, focusing on the flexibility of the head, body and limbs. They were introduced to the works of Keith Haring and how he used shapes, colours and lines to express the actions of the figures in his artwork. The students then attempted to draw and paint their own Keith Haring-inspired artwork. Students also experimented and learnt certain properties of oil pastels and how to use them effectively to achieve positive results.

Thinking routines such as 'See Think Wonder' helped them to ask relevant questions and kept them focused. They learnt simple self-critique of their own artwork and find solutions to improve on it or how to add finer details to achieve a more interesting outcome and one that shows completeness. Students were given opportunities to tell a story of "My friends and I" in an art composition.

It was observed that generally, students enjoyed their art lessons and they did put in extra effort and resilience to do their best.

We hope that you will continue to encourage your child to have the freedom to draw, paint, explore materials and think creatively whenever there is an opportunity.

Best regards,
Ms Ho Soo Peng
Primary 1 Art Level Representative

Music

Students were exposed to a variety of children songs. Appropriate movements were created as the girls recited and moved to the music. Students were taught to read simple notation and rhythmic syllabus such as crotchet ('ta') and quaver ('ti') so as to be able to recite and clap the rhythm of the songs confidently. Students also learnt to identify and play the different percussion instruments in class. As listening is a key process in music education, students are encouraged to listen attentively and thoughtfully during the creation and performance process with their peers.

To encourage interaction, class assignments were designed to have students to work in small groups (while observing SMM) and as a whole too. Through these activities, students were able to demonstrate teamwork and learnt to respect each other's opinions graciously.

All students were given a little song booklet for this semester. Do encourage your child to bring it along with her for all lessons. We would like to cultivate a sense of responsibility in our students and seek your cooperation to ensure that they have their song booklet weekly.

Best regards,
Mrs Amy Ng
Primary 1 Music Level Representative