



RAFFLES GIRLS' PRIMARY SCHOOL

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Our Ref: RGPS/N22/P5/009

Date: 11 March 2022

Dear Parents/Guardians,

P5 Term 1 PE, Art & Music updates

Physical Education

We have come to the end of Term 1 and here are some updates on P5 PHE. The students have been taught of the following components.

Athletics

- Running
 - Running with varying pace to & fro across court
 - Baton passing using visual pass for relay.
- Jumping
 - Using 3 to 4 steps approach for a 1 foot-take-off jump for distance.
 - Using 5 to 7 steps approach for a 1 foot-take-off jump for height.
- Throwing
 - Throw a foam javelin using a short, fast approach run, demonstrating good throwing form.
 - Push a rubberised shot from a standing position, aiming for height and distance
 - Throw a discus-like object using the sidearm pattern with arm fully extended, aiming for height and distance

For Athletics, the students demonstrated that they were more competent in the running and jumping components than the throwing component. During lessons, the students were willing to put in effort to practice the throwing techniques in order to improve their performance. Some of the components will be taught in term 2 as well.

Gymnastics

- Gymnastics skills of travelling, jumping, rotation and balance
- Individual gymnastics sequencing

After going through the basic gymnastics movement, students planned and performed individual gymnastics sequence during lessons. Generally, the students showed good understanding in gymnastics module and were able to perform smooth gymnastics sequence.

An Active and Healthy Me

- Diet and Exercise
 - Understand the need to balance diet with physical activity levels to ensure healthy growth.
 - Understand that factors such as body composition, gender, age and appropriate nutritional intake must also be taken into consideration when striving for caloric balance.

During the term break, students are encouraged to continue to be physically active and adopt an active and healthy lifestyle.

We hope that the students will continue to do their best and always strive to better themselves as they venture out in the other modules planned for them in the next term.

Best regards,
Mr Ho kai Huat
P5 PHE Level Rep

Art

For Term 1, the students were introduced to the product design process. The module challenged them to respond to the question, "How Interesting Can a Vessel Be?" They worked in pairs and trios to think of possible design problems in their water bottles and recorded them in a mind map. To look for creative designs for water bottles mugs and teacups, the students did online research and captured some of these designs on paper. They were then introduced to SCAMPER, a creativity tool. Using SCAMPER, students came up with new product design ideas based on their online research drawings and their own creativity. Students chose one of their best designs as their final designs and wrote notes to highlight the key features of their designs.

After a gallery walk, each student received feedback from their classmates (Praise - an area they did well, Question - a question about the design, Polish – a suggestion to further improve the design). The whole module ended with the students presenting their final designs to their shoulder partners and receiving peer evaluation.

Due to the scheduling of lessons, some classes started with the ceramics module. They will work on their vessel design after the ceramics module.

Best regards,
Miss Elena Ker
Primary 5 Art Level Representative

Music

The focus for P5 students is on recorder mastery. Through structured learning in phases, students learned how to play notes (B, A, G, C' & D') on the upper register in Term 1 via blended learning. As with the current situation, where recorder playing in class is still prohibited, students were encouraged to practise their repertoire at home. To assist our students better, we got them to record their playing either through Flipgrid (embedded in SLS) or email their recording to their respective music teachers. Should students face difficulties in sending their videos online, we seek the help of parents to assist your child in recording her playing via a smartphone and email it to her music teacher instead.

Drill practices do help them to enhance their finger dexterity. Students are encouraged to practise their fingering and repertoires taught at home diligently.

To ensure students' learning and participation in class, they are expected to bring along their recorder for their music lessons. Kindly remind your child to bring her recorder every lesson and wash it at home after use. Should she have any worksheets printed out for her, please ensure that she keeps them in a file.

Talentine, our annual singing and dancing competition, opened for auditions this term to all P3-6 students. This competition was pre-recorded on 15th February and will be shown in class in Term 2. This competition allows students to showcase their talents and win attractive prizes. We would like to thank all those who have submitted their audition videos. Congratulations to all finalists and winners as well!

RGPS Got Talent was open for auditions in week 6. A total of 10 videos were selected, including a special segment on RGPS Staff Got Talent. The video will be made available on SLS at the end of week 10 for your viewing pleasure during the school holidays. We would like to thank all students who have submitted their videos.

Best regards,
Mrs Amy Ng
Primary 5 Music Level Representative