



RAFFLES GIRLS' PRIMARY SCHOOL

21 Hillcrest Road, Singapore 289072. Tel: 64684377 Fax: 6469 2024

Our Ref: RGPS/N21/P5/028

Date: 17 November 2021

Dear Parents/Guardians,

P5 Term 4 PE, Art & Music updates

PE

We have come to the end of Term 4 and here are some updates on P5 PHE. The students have been taught the following skills. They have also learnt some health-related topics based on the An Active and Healthy Me book.

Games and Sports

1. Pupils to revise on some individual PE components such as running, throwing and dribbling skills.
2. Pupils learnt about striking & fielding concepts through watching some softball games videos.

Gymnastics

1. Pupils learnt and practiced balance on hands with straightened arms in the inverted position and coming out of the balance with control.
2. Pupils continued to plan and perform a sequence of six different movements.

An Active and Healthy Me

1. Cardiopulmonary Resuscitation and Use of Automated External Defibrillator
 - a) The pupils learnt to identify the signs and symptoms of a cardiac arrest
 - b) The pupils learnt the steps to follow if someone suffers a cardiac arrest
2. Sports Safety
 - a) The pupils learnt about the different types of protective and safety gear for physical activity
 - b) The pupils learnt how to prevent injury by wearing protective and safety gear

Due to the tightening of SMM for PE lessons, the focus for Sports & Games for this term continued to be on individual gymnastics activities. During the lessons, pupils generally demonstrated that they were able to plan and perform a gymnastics sequence which involved at least 6 movements. They were also able to perform inverted handstand balance with support without much difficulty and coming out of the balance with control.

During the December break, we greatly encourage the pupils to stay active as much as possible while adhering to the Enhanced Safe Management Measures.

Best regards,
Mr Ho Kai Huat
ST (PE)
Primary 5 PE Level Representative

Art

For Term 4, the pupils continued to work on their digital artwork using Tayasui Sketches Pro. During the home-based learning (HBL), pupils were tasked to design a greeting card with a person in mind for any occasion. This gave authenticity to the task and made it meaningful.

Using the “ink and wash” method they were taught, pupils then transformed the “physical” greeting card into a digital form. This process allowed them to appreciate the advantages of using a digital tool to create the card. At the same time, they appreciated the time and effort put in to make a physical card and the value attached to it.

The digital cards were then uploaded on padlet, an online platform, for peer feedback. The pupils were proud of their digital cards and felt a sense of achievement. They were fully engaged during lessons and they enjoyed the module.

Best regards,
Miss Elena Ker
Primary 5 Art Level Representative

Music

In term 4, our P5 pupils were introduced to Music Around the world – Thailand. In this module, they learnt about the different musical ensembles and instruments used in Thailand. On top of that, they were also introduced to a popular children’s song, Pleeng Chang. After a few rounds of listening and understanding of the song and the music score, the class were tasked to record their own rendition of ‘Pleeng Chang’ using the Chrome Music Lab either on an ipad or their laptops at home. Pupils were encouraged to enhance their music with at least 2 percussion instruments. Through this process, pupils learnt the different digital techniques to record the melody of ‘Pleeng Chang’.

As we are nearing the end of 2020 and moving on to 2021, I would like to invite all pupils to prepare themselves during the year-end holiday for our upcoming annual Talentime 2022. Pupils who are interested may prepare a video recording of themselves either singing or dancing. This video can be used to submit for their online Talentime audition in 2022. The online submission date will be announced in 2022. Do look out for that in our PG notification in 2022. We look forward to seeing your child next year.

Best Regards,
Mrs Amy Ng
Primary 5 Music Level Representative