## RGPS/N21/G/014 Rhythmic Gymnastics Level 1 Rope Video Submission

To custodians of students in: PRIMARY 1, PRIMARY 2

Dear Parents/Guardians/Caregivers,

This notification is for students who have been training outside for Rhythmic Gymnastics Level 1 Rope and is 8 years old and under.

If your daughter's coach deem her fit and prepared for participation in competition and would like her to participate in the Inter-Schools Competition (National School games, NSG) organised by the Primary Schools Sports Council, please send in her video of her performing a complete Level 1 Rope routine to Claresta\_wong@schools.gov.sg

- 1. Athlete video will be reviewed by the teachers and coaches.
- 2. Filming must take place under coach supervision.
- 3. Video submitted must include music.
- 4. Video recording must be framed to capture the athlete's full body and apparatus. No parts of the athlete should be out-of-frame.
- 5. Video must be saved in MP4 format (Landscape Mode, 16:9). All other formats will not be accepted.
- 6. Video must be labelled in the following format: "Full Name\_Class\_LEVEL 1 ROPE" e.g.: "TAN Mae Yi\_2C\_LEVEL 1 ROPE"

Please submit the video by 17 February 2021, 5pm. Any late submission will not be accepted.

In line with the latest Covid advisory, NSG has been postponed due to the increase in community cases. Therefore if your daughter is selected to participated in Level 1 Rope, we will inform you on the date of NSG for RG once it is announced.

Best regards, Mrs Claresta Chee SH PE (RG CCA IC)