Our Ref: RGPS/N20/P1/012 Date: 18 September 2020

Dear Parents/Guardians,

P1 Term 3 PE, Art & Music updates

We have come to the end of Term 3 and here are some updates.

PE

New SOP and safety measures during PE Lessons

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Due to Covid-19, pupils were briefed on the new SOP and to follow the procedure of the updated safety measures during PE lessons for example, wipe down procedures and to stay in their own play areas that are marked out to ensure safe distancing.

In term 3, the Primary 1 pupils covered several topics in the Active and Healthy Me book, about keeping clean and hygienic as well as road safety. The topics are aligned to personal hygiene and safety during the Covid period. For the physical portion of PE, the Primary 1 pupils learnt Dance and Outdoor Education.

Dance

- 1. Used their knowledge on locomotor and non-locomotor movements in variation to space, direction, level and time. Pupils developed deeper understanding on how they can use basic steps, accompanied by music to create a simple dance.
- 2. Developed a movement phrase using feelings and ideas through taking turns or in unison. Pupils tried making their dance by taking turns.
- 3. Perform a pre-designed dance to the music 'Chan Mali Chan'
- 4. Perform the pre-designed dance with modifications (by taking turns).

Outdoor Education

- 1. Move confidently across a variety of ground surfaces (field, basketball court, hall etc) in a familiar environment (school)
- 2. Recognise hazards within the school grounds that may cause harm to self and others (eg: wet grounds, uneven surfaces etc)
- 3. Explain how to take care of the school (not to litter, clean up after self etc)
- 4. Identify and participate in outdoor activities for personal enjoyment (looking at nature, plants).

While carrying out these activities, safe distancing measures were in place between small groups and within the group.

An Active and Healthy Me

Using the An Active and Healthy Me book, pupils learnt about road safety. They learnt about different types of pedestrian crossings. They also identified where these crossings are seen/found. Pupils also learnt on how to be safe on the roads.

Racial Harmony Game

As part of our school's effort to celebrate Racial Harmony Day, two traditional games (Pick-up Stick and Zero point) were introduced and played. The girls enjoyed the activities very much.

We hope that the pupils will continue to stay safe, stay healthy and stay strong during this pandemic. We can overcome this challenging period together.

Best regards, Ms Victoria Chua Primary 1 PE Level Representative

Art

The P1s learnt about lines as one of the elements of art. In an activity, they were given the opportunity to create a variety of repeated lines. They were introduced to the famous artist Romero Britto and his style of art. The pupils learnt to create art using a similar style. Subsequently, they delved into the subject of boats. There were many discussions on the shapes (another element of art) of boats and ships. After being inspired by the visual images of boats, the pupils stretched their imagination and created their own artwork based on the theme, "A Boat at Sea". The pupils were guided to focus on the elements of art that they had learnt, namely, Lines, Colours, Shapes and Patterns in this module and express them in their artmaking.

Pupils learnt to use a self-checklist to track their progression and as a prompt to ensure the required elements were applied in their artwork.

Pupils looked carefully at a piece of artwork by Vincent Van Gogh and were guided to ask relevant questions about it as an art appreciation lesson.

Best Regards, Miss Ho Soo Peng Primary 1 Art Level Representative

Music

In term 3, the Primary 1 students learnt to recognise our familiar National songs like Singapore Town, Singapura, Home, Everything I am and many more with simple movements to express their love for Singapore. They were introduced to simple body percussion like how they can clap, tap and stamp with their different body parts. With the basic knowledge of body percussion, students were able to improvise and come up with their own creative body percussion to accompany the song, Singapura, using note values of the minim, crotchet and quaver.

Majority of the students were able to complete their tasks quickly and they were excited to choose their instrument for their individual class performance. During their performance, I was glad to witness their enthusiasm and confidence when showcasing their work for their peers. I would also like to commend our youngest girls for helping to take charge of cleaning and returning the percussion instruments after use.

Lastly, we hope you have enjoyed our recent online instrumental recital. We look forward to your continued support in other aesthetics-related events.

Best Regards, Mrs Amy Ng Primary 1 Music Level Representative