

# P3 Aesthetics Curriculum Briefing 2026

Presented by : Ms Serene Chan (HOD/Aesthetics)

# Agenda

**Mission**

**Approach**

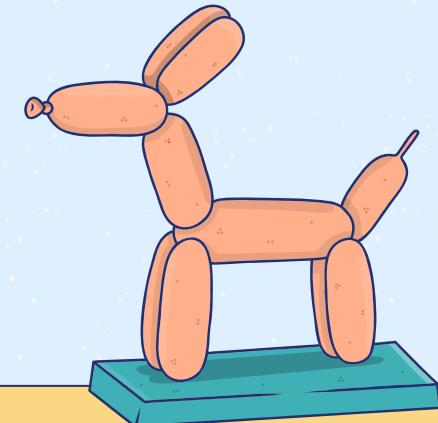
**Signature Programmes**

**Learning Outcomes**

**Parents as Partners in Education**

# Mission

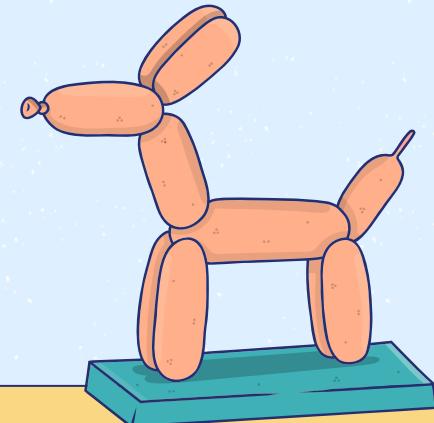
To nurture confidence and  
creativity in our pupils  
through a holistic learning  
experience in the arts





# Guiding Philosophy

To inculcate a love for the arts  
from young through  
exposure and experience of  
different art forms



# How the arts can benefit your mental health

Research suggests that colouring books, music and poetry can boost your mood



The notion that art can improve mental well-being is something many people can lose sight of, especially if they have become disconnected from the dancing, creative writing, drawing and singing they used to enjoy as children. ILLUSTRATION: NYTIMES

## Don't play down the importance of the Aesthetics

The Straits Times  
June 7 2023

# What research says...

Other studies have found  
that singing reduces  
levels of cortisol, your  
body's main stress  
hormone.

Music can be effective at reducing stress because things like rhythm, repetitive lyrics and chords engage multiple regions of the brain.

**3**  
**ENJOY MORE MUSIC**

Listening to music, playing an instrument or singing can all be beneficial, research shows. A 2022 study, for example, surveyed more than 650 people in four age groups and asked them to rank the artistic activities that helped them feel better during the 2020 pandemic lockdowns.

The youngest participants, aged 18 to 24, overwhelmingly rated musical activities as most effective.

Across all age groups, singing was ranked among the top activities.

Other studies have found that singing reduces levels of cortisol, a hormone that the body releases when it is under stress. As an example, mothers who had recently given birth and regularly sang to their babies had less anxiety.

Prof Magmans noted that music can be effective at reducing stress because things like rhythm, repetitive lyrics and chords engage multiple regions of the brain.

"I sing in the shower," she said. "I sing at the top of my lungs to the radio."

**4**  
**WRITE A**

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"An improvement in my mood," said Dr. Clark, who now sees patients in Greer, South Carolina. "It gave me another outlet."

The notion that art can improve mental well-being is something many people intuitively understand, but can lose sight of — especially if they have become disconnected from the dancing, creative writing, drawing and singing they enjoyed as children.

But there is a "really robust body of evidence" that suggests that creating art, as well as activities such as attending a concert or visiting a museum, can benefit mental health, said research director Sonke of the University of Florida Center for Arts in Medicine.

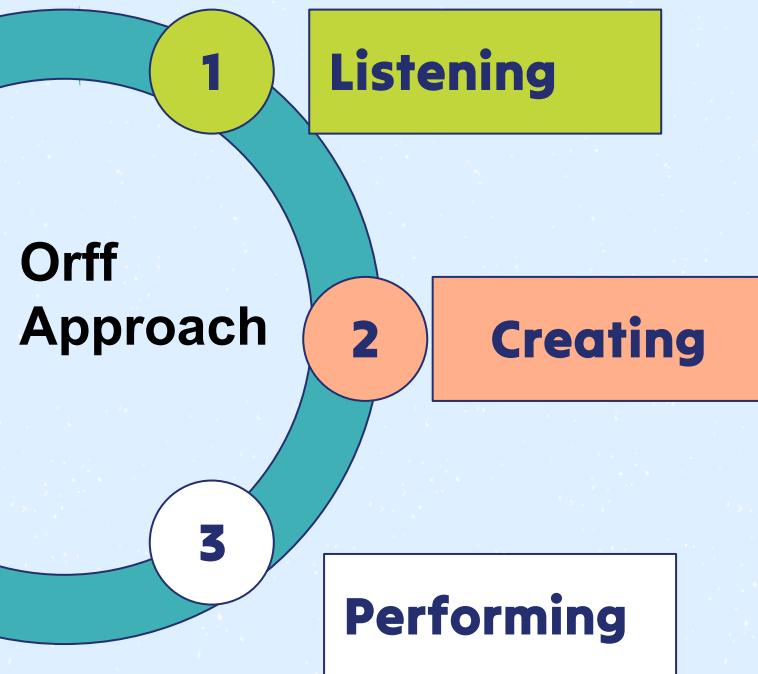
Here are a few simple ways to bring your mood with the arts.

There is a ‘really robust body of evidence’ that suggests that creating art, as well as activities such as attending a concert or visiting a museum, can benefit mental health

# Music curriculum and Pedagogy



# Main Pedagogy and concepts



Aural skills: Active listening in music

Creating music in individual and group settings, both in notation and graphic forms

Performing in individual and group settings, either vocally or/and with a variety of instruments

# Signature Events

Biennial (26/5/2026)  
Ticketed performance  
for SYF performing  
groups- Dance, Choir,  
Strings and Band

## Fantasia@UCC



**Talentime**  
Term 1 (week 8)

During Assembly slots  
(look out for PG call  
outs)

## RGPS Got Talent



**Instrumental  
Recital and  
Drama  
performance**

(Term 3) July  
Look out for PG call outs

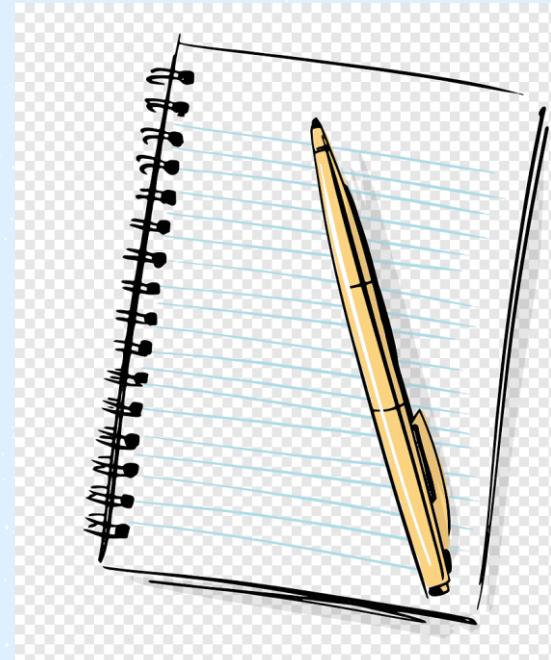
# P3 Music Modules for 2026

Term	Module	Skills explored
1	Music Around the World - Japan	<ul style="list-style-type: none"><li>Layered rhythms (drumming and clapping)</li><li>Note values of crotchets, quavers, semi quavers, minims, rests</li><li>Call and respond, imitation of rhythmic patterns</li></ul>
2-3	Introduction to Orff Instruments	<ul style="list-style-type: none"><li>Mallet and playing techniques of Orff Instruments</li><li>Composition and performance of 4 part instrumental ensemble playing consisting of the Bourdun, rhythmic and melodic ostinato, melody and colour parts</li><li>Dynamics in ensemble playing</li><li>Introduction to C pentatonic scale</li></ul>
3-4	Elemental Musical Theatre Introduction to the Ukulele	<ul style="list-style-type: none"><li>Timbre of percussion instruments</li><li>Create and perform soundscape to a story stimulus</li><li>History, Parts of the Ukulele, Handling of the Ukulele, Simple chords (C, G, F)</li></ul>

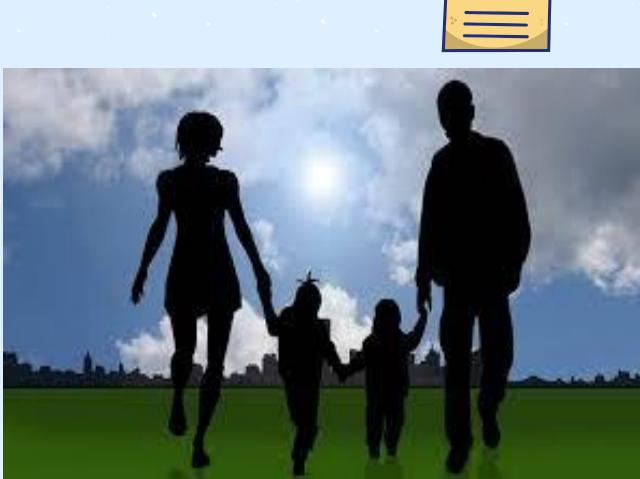


# Things to note

- Use of hand sanitizer (before and after use of instruments)
- Sight and sign on assessment rubrics after every module
- Keep all music worksheets and rubrics in a music file (to be used for the whole 6 years of music education)



How can you  
support your  
child?



**Sing/make music together**

**Affirm and encourage**

**Be supportive**



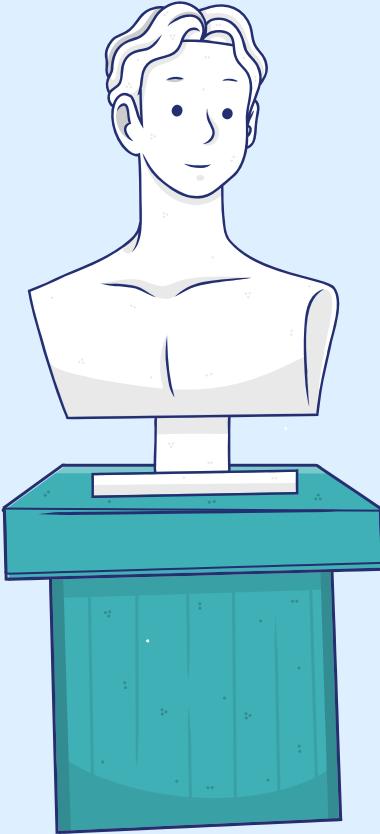
# Art curriculum and Pedagogy



# **Aims of Art Education**

To enable every student to **enjoy art, communicate visually, and make meaning through connecting with society and culture.**



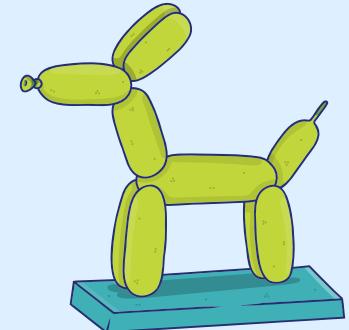


# 3 Big Ideas of Art

- Art helps us to see in new ways
- Art tells stories about our world
  - Art influences how we live

# Learning outcomes

See	Observe – Inquire
Express	Create – Innovate
Appreciate	Connect - Respond





# PEDAGOGY in Art Making & Art Discussion

## Inquiry Based Approach

Present opportunities for students to be engaged in different levels of inquiry

Curiosity, exploration and experimentation are valued

Students Agency – own the creative process to bring their ideas to reality

Develop motivation & a sense of identity & self-efficacy

# P3 Art Modules for 2026

Term	Theme/Module	Skills explored
1	<p><b>Theme</b> People and Places <b>Module: Painting</b> Honesty Starts with Me</p>	<ul style="list-style-type: none"><li>Elements of art – colors, patterns, and shapes</li><li>Art form – Pop Art painting</li></ul>
2	<p><b>Theme</b> Time and Space <b>Module: Digital Art</b> Shows, Movies, and Performances</p>	<ul style="list-style-type: none"><li>Elements of art – color, expression and scale</li><li>Art form – Digital art</li></ul>
3	<p><b>Theme</b> Natural World <b>Module: 3D Art</b> Save Our Earth</p>	<ul style="list-style-type: none"><li>Elements of art – color, space, and variety</li><li>Art form – Ceramics Sculpture</li></ul>
4	<p>Portfolio management Aesthetics Showcase</p>	<ul style="list-style-type: none"><li>Curate artworks, table showcase</li><li>Presentation ( show and tell )</li><li>Grow and Glow reflection</li></ul>

# Portfolio Presentation for Art Award

- Creating, sharing, and presenting an artist's portfolio fosters self-reflection, confidence, and critical thinking in our students.
- By selecting and discussing their best work, reflection and processes, students **celebrate personal growth, enhance communication skills, and build a supportive community.**
- This **process nurtures creativity, expression, and essential learning skills** foundational to their development.





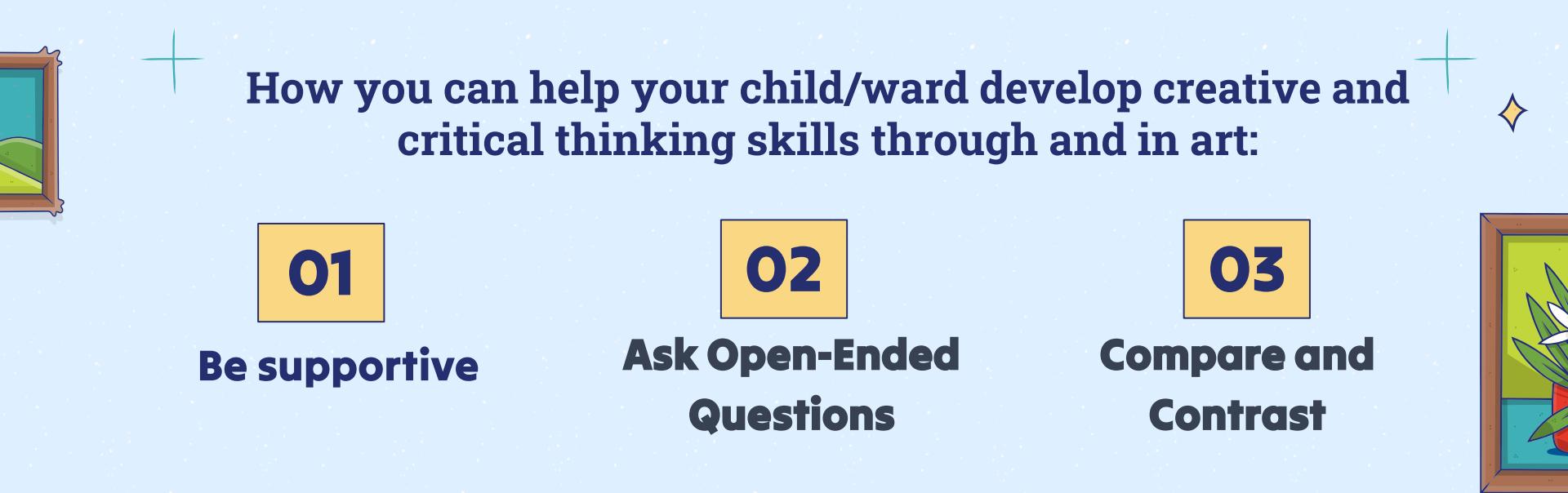
# Art Sketchbook

Please purchase the RGPS Art sketchbook sold in the school bookshop. (already in book list)

Do not buy any other art materials yet.

If necessary, art teachers will inform respective class/level in advance.





# How you can help your child/ward develop creative and critical thinking skills through and in art:

**01**

**Be supportive**

**02**

**Ask Open-Ended  
Questions**

**03**

**Compare and  
Contrast**

**04**

**Problem-Solving  
Projects**

**05**

**Art Journaling**

**06**

**Museum Visits**

# Thank you

