



RAFFLES GIRLS' PRIMARY SCHOOL

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Our Ref: RGPS/N21/P4/014

Date: 27 May 2021

Dear Parents/Guardians,

P4 Term 2 PE, Art & Music updates

PE

We have come to the end of Term 2 and here are some updates on P4 PE. The students have been taught the following components.

Gymnastics

- Balance on hands with straightened arms and with feet supported (e.g. apparatus-support, wall-support), with hips and feet raised above the height of the head.
- Climbing up the ladder with distinct and identifiable movement using the squat and stand technique.
- Turn in lateral rotation, demonstrating a transfer of body weight from feet, onto hands by swinging one straightened leg up and off the floor, and pushing off the floor with the other foot, and back to feet to land with control (Cartwheel)
- Perform a sequence of four different movements which includes a balancing action and a rotating action, demonstrating varied movement pathways, with smooth transition and different starting and ending positions.

NAPFA

There is no NAPFA assessment this year due to the national safe measures posture. However, we have taught the students on the proper execution of each NAPFA item.

- Sit up – Number of sit ups in 1 min
- Standing broad jump – Based on distance
- Shuttle run – 4 x 10m shuttle run time
- Incline Pull up – Number of incline pull ups in 30 seconds
- Sit and Reach – Based on distance

An Active and Healthy Me

- How a proper warm-up and cool-down before and after physical activity can prevent injuries
- How to stretch safely after a warm-up and a cool-down
- How to participate in the NAPFA fitness tests safely
- Plan a simple exercise routine before and after an activity

All these components formed the basis of their assessment. Through the activities carried out, the students also learnt values like sportsmanship, teamwork and responsibility in using and keeping the equipment. Generally, students have performed well in their assessment and are able to show their understanding in both physical and health components.

During this June, we greatly encourage the students to stay active as much as possible while adhering to the Enhanced Safe Management Measures.

We hope that the students will continue to do their best and always strive to better themselves as they venture out in the other modules planned for them in the next term.

Warm regards,
Mr Jonathan Alvar
Primary 4 PE Level Representative

Art

In Term 2, students explored and learned about self-portraits – the artists' intentions, purposes and painting styles. At the start of the term, students were introduced to the four different painting styles (impressionist, cubist, abstract and Chinese) that they would be exploring in the upcoming weeks. Teachers empowered students with knowledge of the subject matter and students had fruitful classroom discussions on the distinctive qualities of each of the painting styles. This helped students to be more confident as they moved on to explore how they could create portraits using these painting styles.

In the next segment of the module, students were re-introduced to the four local artists, Liu Kang, Georgette Chen, Chen Wen Hsi and Cheong Soo Pieng, whom they had learned about in Term 1. This time, they delved deeper into the painting styles of these four artists and discussed how their artworks have been inspired and influenced by the four different painting styles, as well as the intentions and purposes behind the artists' artworks.

Finally, students drew their inspirations and ideas from the four local artists and the different painting styles to create their own unique self-portraits.

I believe this module has been an enriching one for the students as it challenged them to observe artworks more keenly and to be more intentional and purposeful when creating their own artworks.

Best Regards,
Ms Cassandra Quek
Primary 4 Art Level Representative

Music

In term 2, the primary 4 students were introduced to the music and culture of Indonesia & Malaysia where they learnt various Malay performing art forms such as Silat, Wayang Kulit and Dikir Barat. They learnt the song "Dayung Sampan" using Orff pedagogy. The Orff pedagogy incorporates games, speech and movement to engage students in musical concepts via interactive and experiential activities before the theory is delivered. The focus of the Orff programme is to ensure that the students take home the experience of music, giving them a deeper understanding of the theory behind it.

Instrumental Recital is an annual performance for students to showcase their musical talents on an instrument. Over the years, we have had students performing on a variety of instruments, such as the piano, violin, cello and gu Zheng. Due to the current COVID-19 Situation, precautionary measures have been put in place for the safety of the students and staff. As such, the application process and performance would be conducted online. All interested students are to submit recorded videos of themselves playing an instrument via email to rgpsrecital@gmail.com. The deadline for the online submission is 20 June 2021. Please refer to the PG notification sent out on 18 May for more information. The top 10 entries would be selected and shared with the school population on SLS.

Talentine, our annual singing/dancing competition was held in early Term 2. The event was pre-recorded and shown to all P3-6 students in class during assembly. Due to the current COVID situation, only the solo category took place in PARTs with social distancing measures in place. Students enjoyed watching the performances and gamely cheered for the participants when they saw familiar faces on stage.

Best Regards,
Mrs Lee Beiyu
Primary 4 Music Level Representative