RGPS/N20/P1/016

18 November, 2020

Updates on PE, Art & Music P1 (Term 4)

Dear Parents,

We have come to the end of Term 4 and here are some updates on P1 PE. The pupils have been taught the following components.

PHE

In term 4, the Primary 1 pupils did a short assessment (*Taking Care of Your Eyes, General Safety and Road Safety*) on topics from the Active and Healthy Me booklet as part of checking their understanding of the aforementioned. For the physical portion of PE, the Primary 1 pupils covered Gymnastics as well as Games and Sports.

Gymnastics

- 1. Jump over a swinging rope held by others several time in succession
- 2. Jump over a stationary rope on flat and low levels
- 3. Jump using one-foot and two feet take off to form different shapes
- 4. Jump and land lightly with control on one foot and on two foot

While carrying out these activities, safe distancing measures were in place between small groups and within the group.

Games and Sports

- 1. Throw using the sidearm movement pattern, a variety of objects towards a large target (skill identification with sports like softball)
- 2. Strike with 1 hand using the underhand movement pattern a large lightweight ball upwards (skill identification with sports like volleyball)

As the pupils move on to P2, the skills will continue to be worked on and in greater depth. Pupils demonstrated values like responsibility as they are allowed to use a variety of equipment this term. They learnt the importance of caring for common items to ensure that others have a chance to use equipment in good working condition. While carrying out these activities, safe distancing measures were in place between small groups and within the group.

Children's Day Games

In place of the annual Games Carnival, pupils played games in class on Children's Day.

Based on the theme of Empathy, we played games that allowed pupils to:

- Empathise with people with disabilities
- · Work on fine motor skills
- Learn and demonstrate teamwork
- Display the school value of Resilience

Each class is challenged to complete various tasks with a particular limitation/disability in class. The winning classes to the P1 levels are;

	Class
1st	1H
2nd	1C
2nd	1A

Congratulations to the P1 winning classes.

We hope that the pupils will continue to stay safe, stay healthy and stay strong during this pandemic. We would encourage them to continue to engage in physical activities safely during the December holidays for at least 60 minutes a day to promote a healthy lifestyle.

Best regards
Ms Victoria Chua
Primary 1 PE Level Representative

Art

The P1 pupils had the opportunity to view and appreciate the national flowers of different countries before learning in depth, our Singapore's national flower, the Vanda Miss Joaquim in their art lessons. They were guided to describe the flowers in terms of shapes, colours, lines, patterns and textures during art discussions. They used their observational skills to sketch and paint the orchid. Combining the concepts of what they had learnt throughout the year, the pupils did an imaginative and creative artwork of a portrait with a headful of flowers. They explored drawing variations of flowers in all shapes and sizes and experimented with different mediums like oil pastels and water colours.

At the end of the module, pupils did a reflection of their artwork. They described what they had created, how they carried it out and talked about how they felt throughout the experience.

A survey conducted showed that the pupils understood lesson concepts and enjoyed all their art lessons.

The pupils would require similar art materials in P2. They could still use their existing art bags and art materials but do check if certain items, e.g. drawing block, need to be replenished.

Best Regards, Miss Ho Soo Peng Primary 1 Art Level Representative

Music

In term 4, our pupils learnt songs from Australia as they moved into the module of 'Music Around the World'. To start off the module, the class danced to the music of "Highway Number 1" in their designated area. In this song, pupils pretended to drive and stop by at eight different cities in Australia with some fun actions. Thereafter, they were briefly introduced to the country with some volunteers coming forward to share about their experiences in different parts of Australia. They also learnt the well-known folk song, Kookaburra. Due to the current COVID-19 situation, pupils learnt canon recitation instead of singing.

After learning the song and being familiar with the solfeges, pupils were given hand bells to try playing the melody with their peers as an ensemble. Pupils were able to ring their own notes correctly when playing the melody with their group or as a class. Through ensemble playing, pupils demonstrated graciousness and confidence.

Before Children's Day, pupils also learnt the song, Semoga Bahagia, with understanding of the lyrics of the song.

To showcase some of what the pupils have learnt during their music lessons, their music teacher has put up a video which will be available on SLS from 18/11/2020, Wednesday, till the end of the year. We hope you will enjoy the performances, which is a fruit of labour from both the pupils and teachers.

There will be more fun and interesting music programmes for your child next year in P2. We look forward to seeing her next year.

Best Regards, Mrs Amy Ng Primary 1 Music Level Representative