

Preparing Well for the Transition P1 Intake 2026

Presentation by Mrs May Soh, Year Head (P1/P2)
24 October 2025



Learn with Passion, Serve with Compassion, Lead with Vision

Objectives

Help parents prepare our children's mindset, habits & practical skills over the next 2 months

Outline

1. Understanding your Child's Formative Stage
2. Preparing your Child for Transition to Primary Level
3. Admin Matters

Where is my child at this stage?

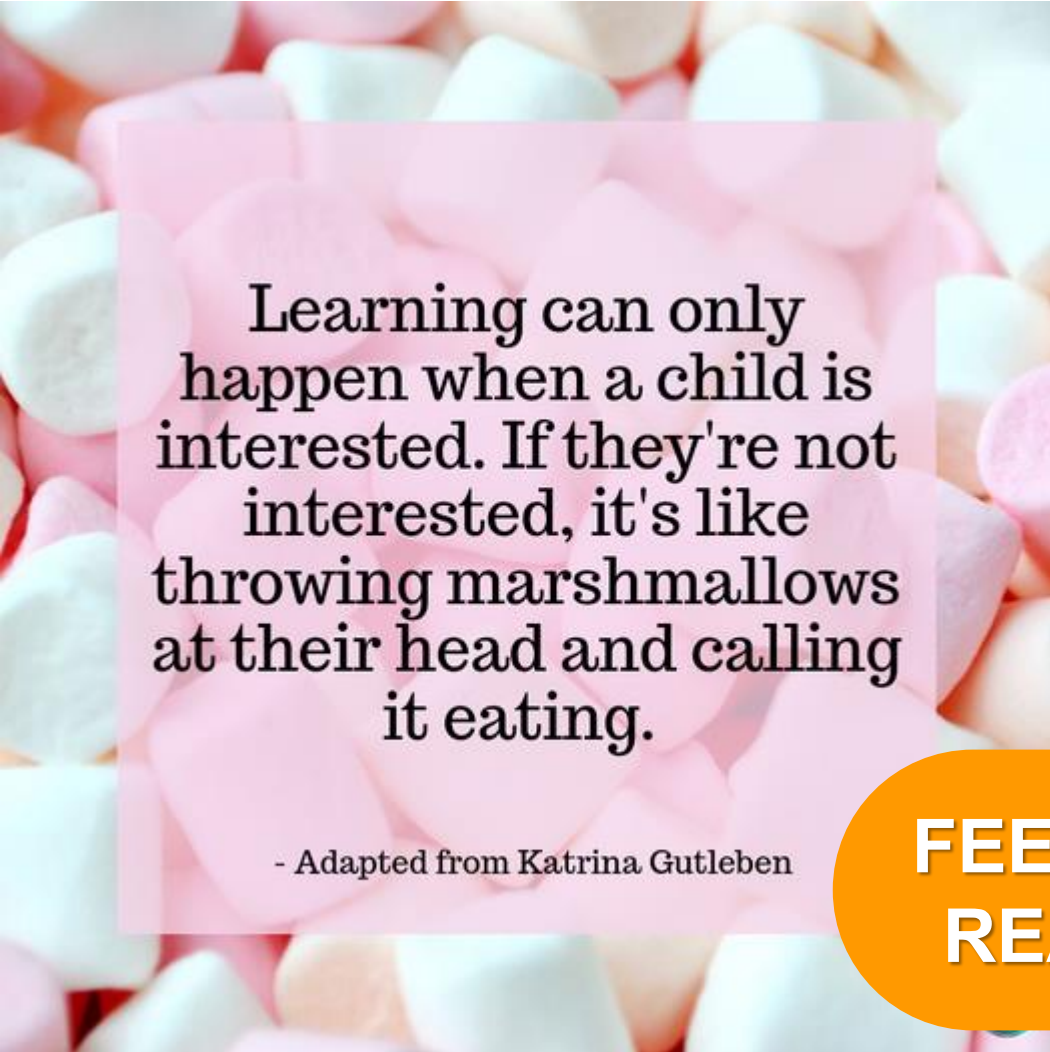
- Formative years
- Early stages of learning
- Discovering abilities and talents



***PROVIDING BROAD EXPOSURE,
DEVELOPING READINESS***



Age-appropriate Learning

A background image of many white and pink marshmallows.

Learning can only happen when a child is interested. If they're not interested, it's like throwing marshmallows at their head and calling it eating.

- Adapted from Katrina Gutleben

At a young age, the acquisition of **social-emotional competencies** and the **motivation to learn** are critical in the development of every child.

**FEELING
READY**

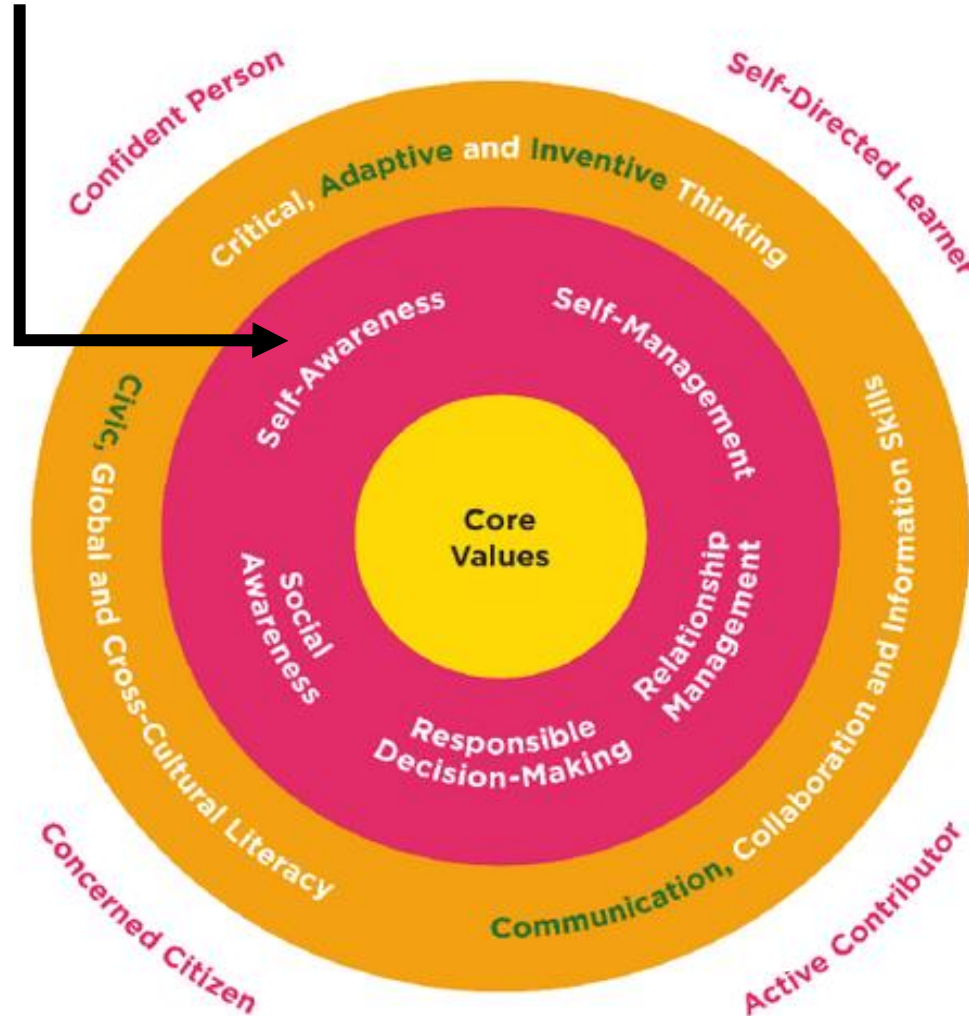
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**SOCIAL & EMOTIONAL
(NOT ACADEMIC)**

Social Emotional Learning (SEL)

Social-emotional learning supports the development of skills to manage oneself, build healthy relationships and make responsible decisions

5 SEL competencies in MOE's 21CC Framework



Motivation to Learn

Research has shown that students who are motivated to learn tend to display...

- **greater enjoyment of school**
- **more positive coping**
- **heightened engagement**
- **better performance**
- **less dropping out**
- **higher quality learning**
- **greater psychological wellbeing**

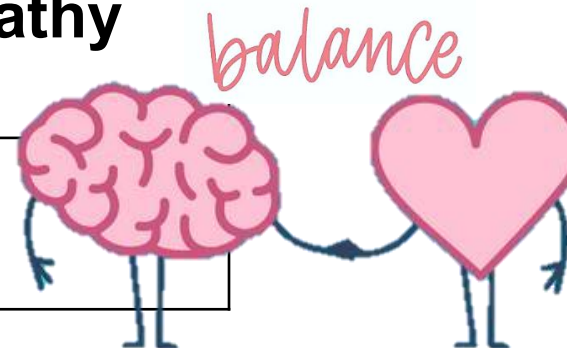


(Ciani et al., 2011; La Guardia, 2009; Vansteenkiste et al., 2010)

Common adjustments for P1 intake

- **Transition from preschool:** change of environment, longer hours
- **Self-management skills:** bigger class size, class rules, school norms
- **Relationship-building skills:** change in social circle, appreciating diversity

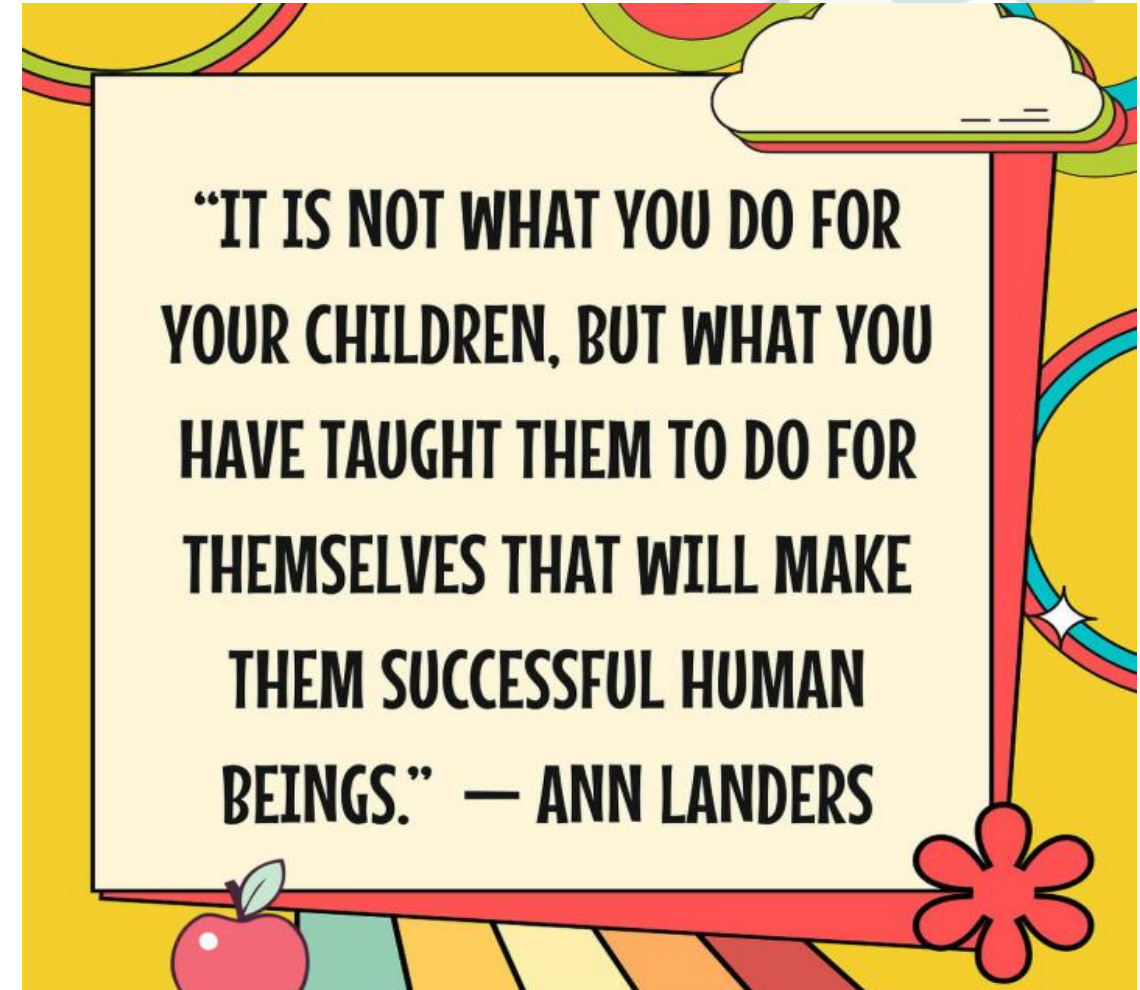
<u>ICARE values</u>
Semester 1 – Care & Empathy
Semester 2 – Respect



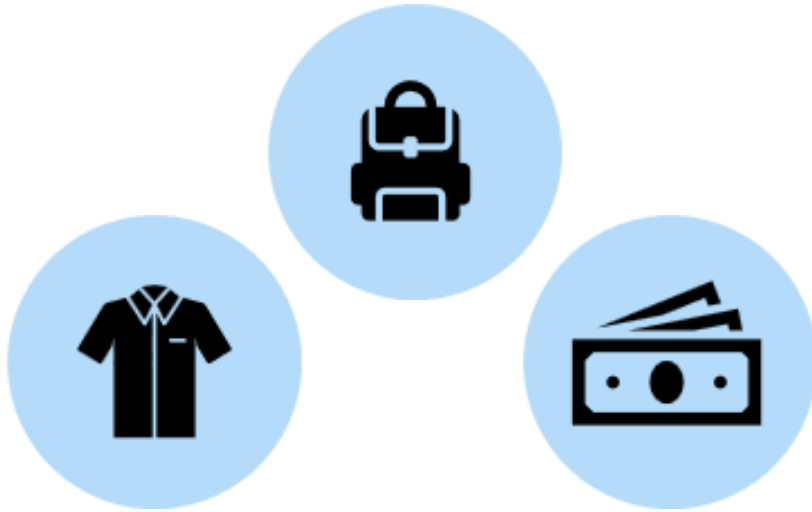
You can start simple!
Focus on joy,
curiosity and self-
help, rather than
perfection.

How can I help my child get ready for primary level?

- Build child's independence
- Establish habits & routines
- Social & emotional preparation
- Learning preparation
- Practical preparations
- Self-preparation



Build child's independence



Practise daily **self-help**
(e.g. pack bag with only
necessary items, wear
clothes & shoes
independently, make
purchases)



Guide child to
know when and
how to **ask for
help**

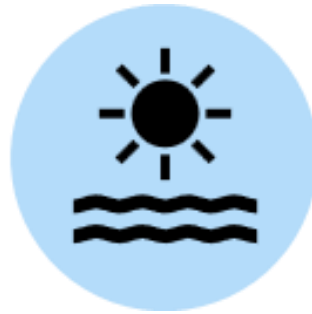


Teach child to **manage
health** (e.g. bring
medication, take
temperature, wash hands,
make healthy food choices,
manage allergies)

Establish habits & routines



Set regular **sleep & wake** times with at least 9 hours of rest



Practise **morning routines** to reduce anxiety



Put in place **structured screen-free times** for reading & play

Social & emotional preparation



WHAT YOU CAN SAY

- Talk positively about school life
- Inform child of what environment and experiences they may encounter
- Suggest how child can manage peer influence (e.g. saying 'No' to friends, knowing which friend to approach for support, being open to friendships with those who are different)
- Describe inappropriate ways to engage with others (e.g. rough play, snatching, unwanted touch)



WHAT YOU CAN DO TOGETHER

- Role-play social situations (e.g. greeting, sharing, turn-taking, using polite words)
- Simulate scenarios that allow space for child to solve problems (e.g. how to resolve conflicts or unexpected changes)
- Encourage naming and managing emotions
- Guide child to generate healthy responses when experiencing negative emotions

What kind of environment and experiences should our P1 children expect?



RELATING TO PEERS

- **Respect** others' opinions, feelings, personal space and differences
- Use **positive language** (kind words)
- **Be an Upstander** against hurtful behaviour and reminding others to do what's right even when nobody is watching

BASIC EXPECTATIONS

BEHAVING IN AND OUTSIDE SCHOOL

- **Safety first!** Discourage running in corridors, jumping off staircases, playing outside of designated areas and dashing across roads when entering/exiting school premises.
- **Rosyth as a second home:** everyone to keep the school clean and bin litter, even if it's not theirs.
- **Exiting the school premises once per day;** not to leave for leisure and re-enter for after-school activities.
- When donning the uniform, every child represents Rosyth and should **uphold the school's reputation.**

RELATING TO ADULTS IN SCHOOL

- **Respect** for authority and have regard for all school staff irrespective of their role/position
- Show courtesy by stopping and **greeting**
- Seek help by **asking politely** rather than making demands (e.g. "May I please..." vs "I want/need...")

What kind of environment and experiences should our P1 children expect?

Nurturing positive peer relations and prosocial behaviours at Rosyth

- Providing a safe and enabling environment for children to forge new and strong friendships
- Setting and upholding expectations for Rosythians to live out our school values of Care, Empathy and Respect in social interactions



Settling in



Buddy Bench



Buddy Programme





Building a support structure using straws



Authoring a piece of writing together



Engaging in a pre-writing task (preparing sandwiches)

- Equipping Rosythians with the skills to learn and work effectively with others
- Creating team-based learning opportunities for Rosythians to put into practice our school values of Respect, Resilience and Innovative Spirit

Learning preparation

Create the **RIGHT MOTIVATION**

- Nurture **joy** – not fear – of learning
- **Read** together daily, discussing pictures and stories
- Use home language to talk about feelings and **curiosity**
- **Avoid pressure** on spelling, worksheets, extra assignments, academic enrichment
- Prevent dependence on **device/screen use**, esp. on non-sch days

Get the **RIGHT SUPPORT**

- Observe and consider if your child may require learning and behavioural support
- Share information with the school if your child has special education needs (diagnosed or observed)

How do I know if my child might need support?

LEARNING NEEDS

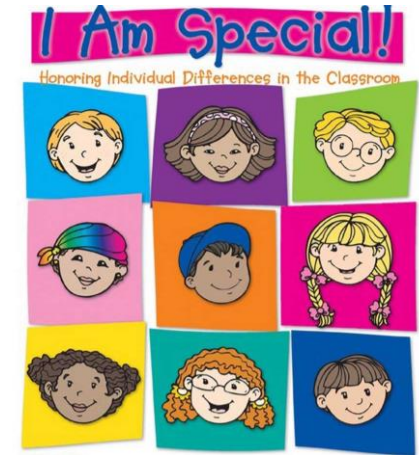
The gap between student's current level (e.g. literacy and numeracy levels) and the required level of knowledge and skills to perform a task

BEHAVIOURAL NEEDS

- Stress / anxiety
- Anger / aggression
- Depression / Self harm
- Impulse control

SPECIAL EDUCATION NEEDS

- Dyslexia
- Autism
- ADHD
- Hearing, visual or physical impairments

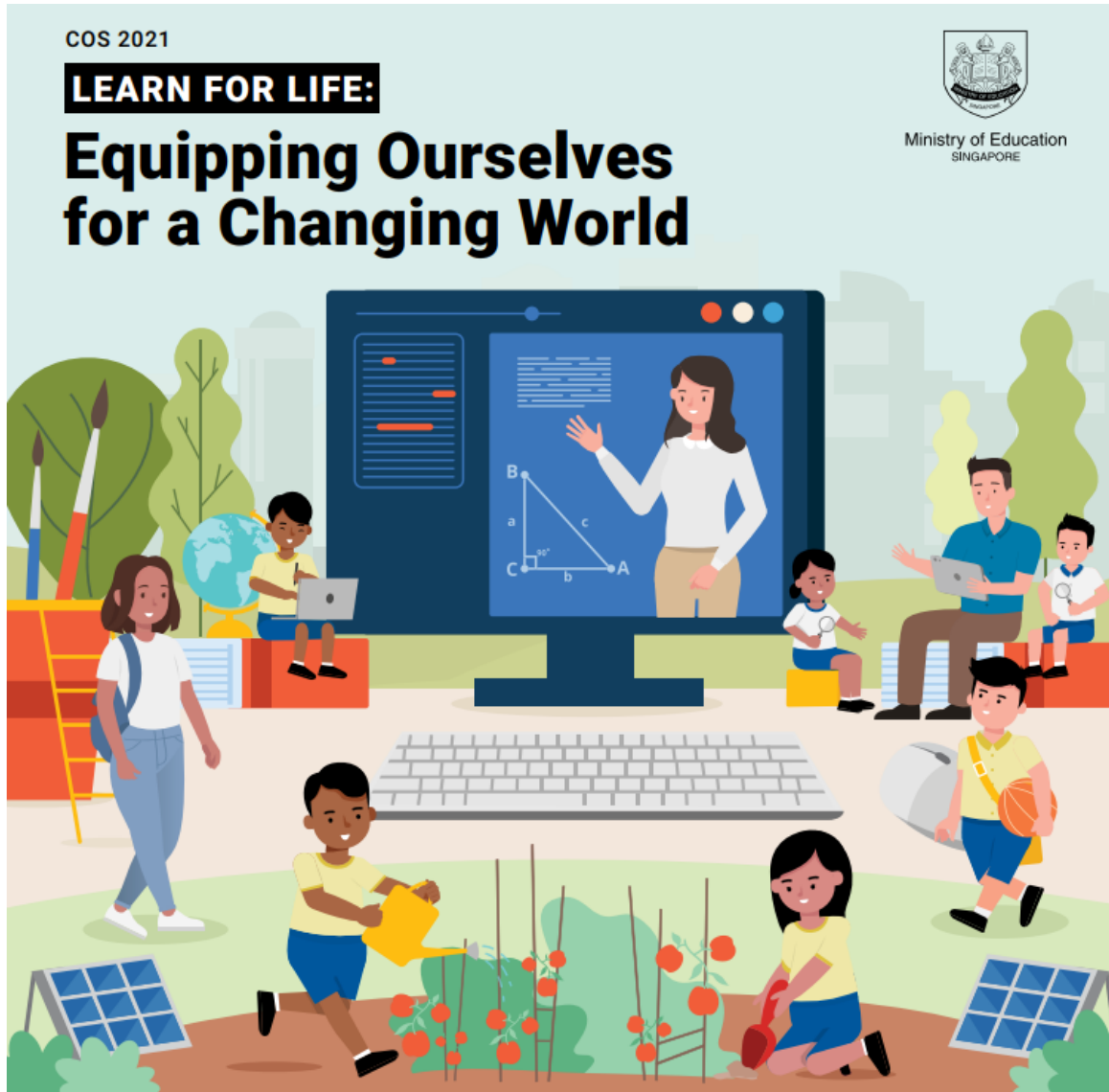


View more info at <https://www.moe.gov.sg/special-educational-needs/understand>

Learning Support Available in Rosyth

- Learning Support for Mathematics (LSM) to develop numeracy skills
- Learning Support Programme (LSP) to build English language skills
- A variety of MOE and school-based intervention programmes to improve emotional, cognitive, social and physical skills
 - TRANSition Support for InTegration (TRANSIT) (P1 – only)
 - Coolkids Junior - Social skills and anger management
 - 1-to-1 customised intervention by Special Educational Needs Officer (SENO)

TRANSIT



For students who may need more time to adjust to primary school life.

Aim

- **Identify** students' needs early
- **Explicitly teach** and guide practice of social and behavioral skills
- **Facilitate and scaffold integration** of students into their form classes
 - Provision of appropriate environmental support
 - Building staff capacity to support

Small class size: Max 10

Practical preparations

Label name
clearly on all
items (uniform,
bottle, stationery)



Prepare child for
canteen set-up and
pocket money use



Familiarise child with
processes for taking
school bus or public
transport



Test school attire
for comfort and fit



Communicate clearly
about transport and
care arrangements



Go through Student
Handbook together



Self-preparation

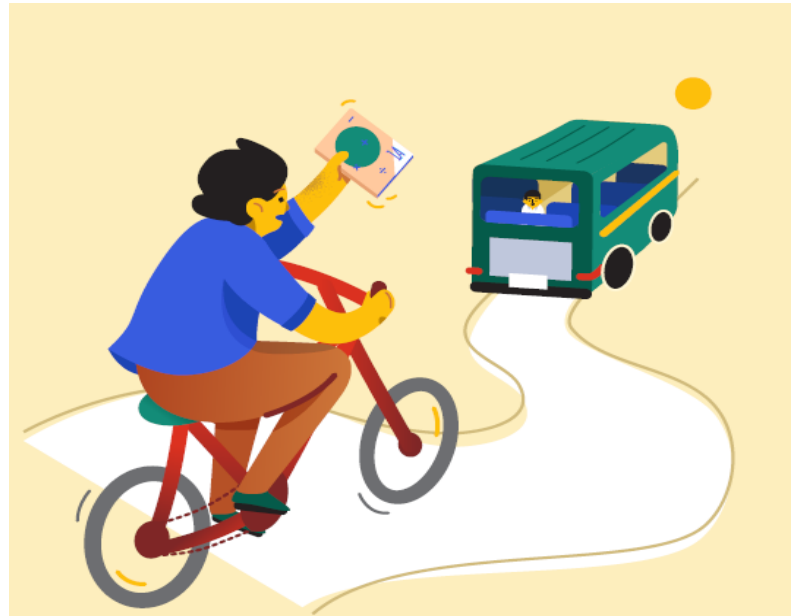
- Prepare yourself emotionally, e.g. practise drop-off separation with short goodbyes
- Model calm confidence
- Know and keep up-to-date via main communication channels (email, Parents Gateway, school website, General Office telephone number)



If you keep going to the teacher for daily updates, your child misses the chance to learn about responsibility



If you do your child's homework, he/she loses the opportunity to learn



By letting your child forget, you are helping him/her to remember

Resources: Parent Kit <https://www.moe.gov.sg/parentkit>

- Promote parents' understanding and appreciation of school processes and practices.
- Support parents guiding their children as they enter Primary 1, so that their children enjoy learning and going to school.
- Support parents in building strong relationships with their children, through bite-sized activities that encourage sharing and spending time together.



What Happens Next?

Admin Matters



By Nov 2025

Information for Parents containing:

- Class allocation
(current groupings are temporary and subject to change)
- School-based Student Care Centre (SCC)
- School hours / term
- School uniform
- School bus
- School booklist
- Dental services

2 Jan 2026

“Day 1” Programme

- Principal’s address to parents
 - VP’s briefing on curriculum and student well-being
 - Talk by NLB
 - Tour of school facilities/ Cyberwellness sharing
- Please note that parking is not available in school; access is via main entrance (gate 1) or back gate (7) only*

5 – 6 Jan 2026

Orientation P1- P6

- Setting positive Class Culture & positive tone as a School for the start of year
- Bonding activities

7 Jan

Regular lessons
(based on timetable)

School Terms 2026 (MOE)

Term 1: Fri 2 Jan – Fri 14 Mar

Term 2: Mon 23 Mar – Fri 29 May

Term 3: Mon 29 Jun – Fri 04 Sep

Term 4: Mon 14 Sep – Fri 20 Nov

PREPARING MY CHILD FOR P1



Available online!

Parent-Child Activity Book



10 TIPS FOR PARENTS

to help you navigate your child's first year in primary school.



Chat with your child

Boost their confidence

Practise various scenarios

Create something interesting

Thank others for their help

Pledge to do things together



Begin your parenting journey with us

@parentingwith.moesg

Follow us on Instagram for bite-sized and actionable parenting tips to tackle the everyday demands of parenting.

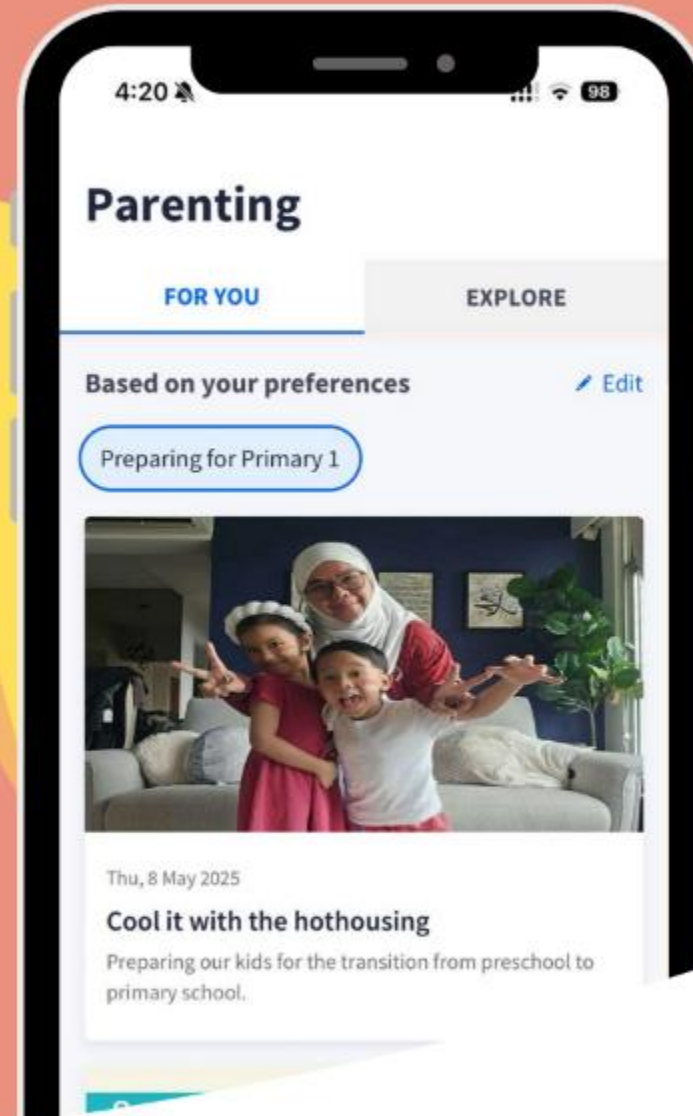




Parenting Resources on Parents Gateway (PG)

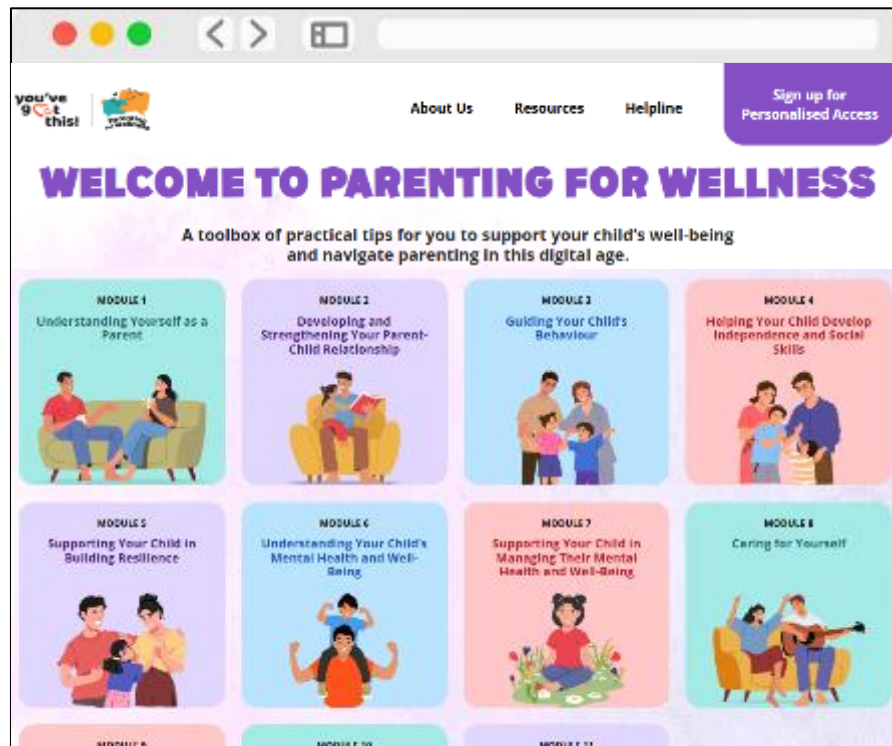


Discover rich and customisable parenting resources on topics such as preparing for Primary 1, forging parent-child relationships and education pathways.



Parenting for Wellness

An initiative to empower parents with key knowledge and skills to build strong parent-child relationships, strengthen their children's mental well-being and resilience, and parent effectively in the digital age.



The Toolbox for Parents **comprises bite-sized practical tips and strategies for parents**, such as ways to create a safe and nurturing home environment, build resilience in children, and stay safe online.

The **Website** offers **customised tips and resources tailored for individual parent**, including curated module recommendations, and allows you to easily track your parenting journey through a personalised dashboard.



SCHOOLBAG

CHECK US OUT!

PARTNERING YOU ON YOUR EDUCATION JOURNEY

New look, new features,
same good content

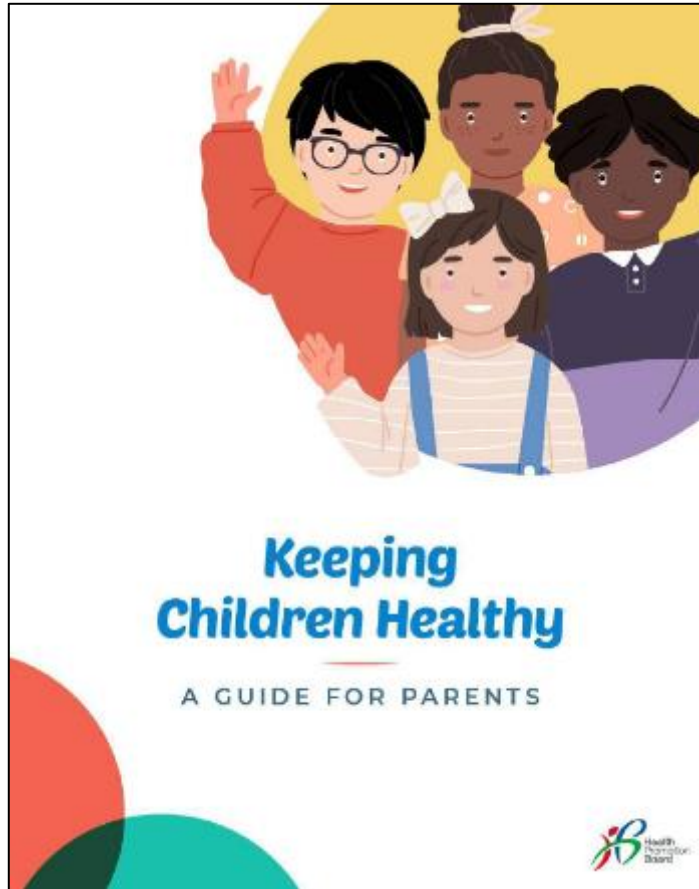
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Keeping Children Healthy



Edition 1



Edition 2



Edition 3