

Welcome Back!

Serangoon Garden Secondary School
Class of 2025

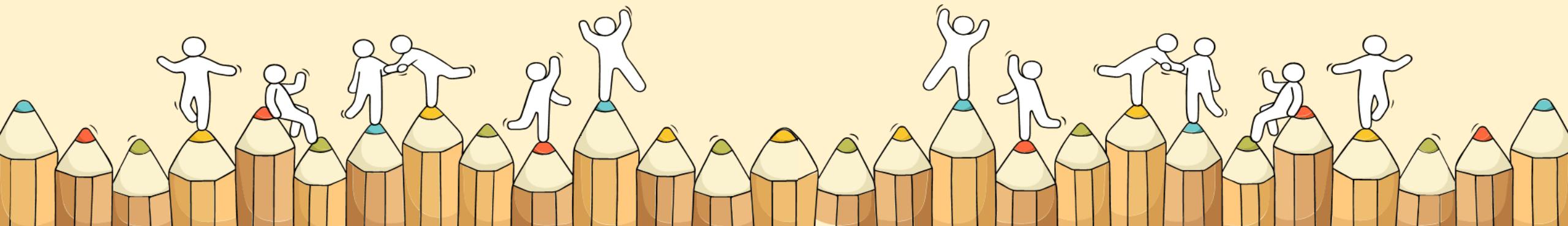


Acknowledgement and Appreciation

Thank you to:

- ☺ All parents / guardians who have supported their children / wards and partnering the school to bring out the best in them.

- ☺ To all teachers who have guided our 2025 4N cohort by laying a strong foundation at the lower secondary level and helping them in their journey towards the national examination.



Celebrate Efforts

The N-Level is a culmination of years of hard work and perseverance.

Let's celebrate our efforts regardless of the results.

Let's mark the end of the academic year by reflecting together on all our previous successes in school and the challenges we have overcome!

Remember that everyone's learning journey is different but we can each have a fulfilling outcome!



Resources to support you as you receive your results

Receiving your results and making decisions about your post-secondary pathways can be exciting to some, but stressful to others.

Scan this QR code for an infographic with some helpful resources to support you.

<https://go.gov.sg/2025nlevelstudentresource>



Thinking about Your Next Step?

Consider these questions...



In the infographic, you can find resources which can help you make informed decisions.

PLANNING YOUR NEXT STEP

These resources will help you chart your path ahead:



- What's Next Brochure
<https://go.gov.sg/whats-next-nlevel>



- MySkillsFuture Student Portal
<https://go.gov.sg/MySFSec>

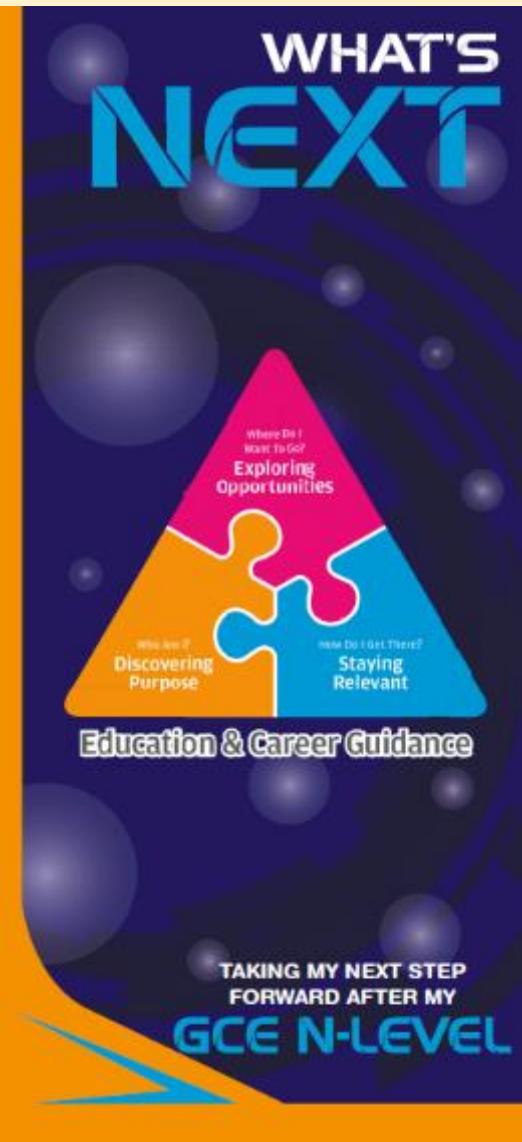


- Contact the ECG Centre @ MOE
<https://go.gov.sg/moe-ecg-centre>



- Chat with your school's ECG Counsellor

Resources to help you make informed decisions



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MySkillsFuture Student Portal

Use the information and tools to explore various education and career pathways and take charge of your future.

Resources to help you make informed decisions

You can find the details of the various admissions exercises in the **Post-Secondary Admissions Exercises booklet** that can be downloaded from:

<https://www.moe.gov.sg/post-secondary/admissions>

- Direct-Entry-Scheme to Polytechnic Programme (DPP)
- Polytechnic Foundation Programme (PFP)
- Joint Intake Exercise (JIE) 'N' / 'E'
- NAFA Foundation Programme (NFP)



The booklet cover is blue at the top with the title 'A Guide to Post-Secondary Admissions Exercises' in white. It features the Ministry of Education logo and the text 'The various pathways you could explore after secondary school that provide opportunities for continuous learning'. Below the cover is a colorful illustration of two students, a boy and a girl, standing outdoors. The boy is pointing towards a signpost with three arrows pointing in different directions. They are holding books and a tablet. The background shows a green hillside and a bright sky.

Resources to help you make informed decisions

Post-Secondary Education

Learn more about the
post-secondary education institutions



<https://moe.gov.sg/post-secondary/overview>

Concerned about your next steps?

Stop

- Calm yourself down. Take a few deep breaths.

Think

- Think through the different options that are available for you.
- Remember that the N-Level examination is not the end point and is only one part of your life journey.

Do

- Have conversations with trusted adults who know you well to advise and guide you (parents, teachers, ECG Counsellor).
- Decide and act based on your options.

When you receive your results, you may experience a range of emotions.

Managing these emotions well will allow you to stay calm and make rational decisions.

Reaching out for support is a sign of strength

If you have questions about your options or are not coping well, you can reach out to trusted adults such as a parent/guardian, teacher, School Counsellor or ECG Counsellor. You can also talk to a trusted friend.



Who can we go to for ECG advice?

Make an appointment to speak with your ECG Counsellor in school

OR

Make an ECG counselling appointment via the ECG Centre @ MOE

<https://go.gov.sg/moe-ecg-centre>

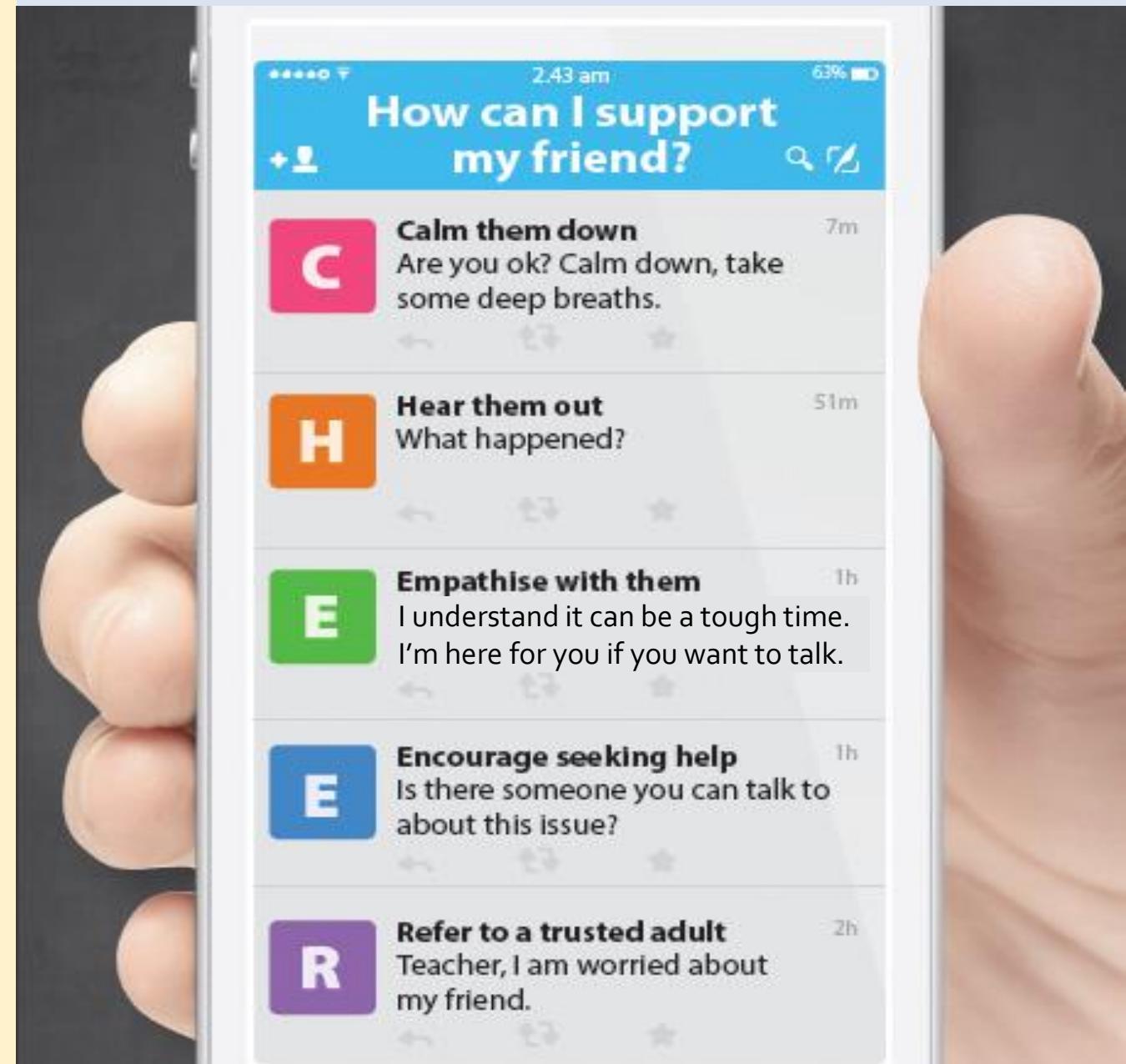


Supporting Your Friend

- We may each experience different emotions upon receiving the results.
- You can share your friends' joy by congratulating them.
- If your friends appear to be disappointed with their results, encourage them.
- Alert a teacher if you are worried for them.



Keep a lookout for your friends in distress. You can support them in the following ways:



- C Calm them down**
Are you ok? Calm down, take some deep breaths.
7m
- H Hear them out**
What happened?
51m
- E Empathise with them**
I understand it can be a tough time.
I'm here for you if you want to talk.
1h
- E Encourage seeking help**
Is there someone you can talk to about this issue?
1h
- R Refer to a trusted adult**
Teacher, I am worried about my friend.
2h

Keep a lookout for some of these signs in your peers or in yourself

How can we support one another?



Having difficult emotions during a stressful and uncertain period is normal. Keep a look out for some of these signs:

**D
I
S
T
R
E
S
S**

Deliberately avoiding others

Increased irritability, restlessness, agitation, stress and anxiety

Sending or posting moody messages on social media

Talking about death or dying

Reacting differently or gradually losing interest in things they used to like

Eating more than usual or having a much reduced appetite

Sleep pattern changes with difficulty falling asleep or oversleeping

Slowing down of energy levels

If you notice any of these signs in yourself or your friends,
have a chat with your School Counsellor or teacher,

Or contact SOS 24-hour hotline at **1767** or SOS 24-hour CareText Whatsapp at **91511767**
For cyber wellness related matters, call Help123 at **1800-612-3123*** or email **hello@help123.sg**

*available only from Mon to Fri (excluding Public Holidays), from 9am - 6pm.

Support is readily available for you.

There are other hotlines and chats available if you are more comfortable seeking help using these platforms.

SOS provides round-the-clock emotional support for those in distress, thinking of suicide or affected by suicide.

Call: **1767**
(24-hour helpline)

WhatsApp: **9151 1767**
(24-hour Care Text)

Carey is an online platform by Care Corner that provides free mental health check-ins with mental health professionals. Find out more at: <https://carey.carecorner.org.sg/>

Community Health Assessment Team (CHAT) provides personalised and confidential mental health checks and consultation for youths. To speak with a youth support worker, you can:

Visit: **CHAT Hub at *Scape, 2 Orchard Link, #04-01A**
Call: **6493 6500 / 6501**
Email: chat@mentalhealth.sg

eC2 is an e-Counselling Centre where you can talk to a trained counsellor about the issues you are facing, right where you are.

Chat with a counsellor at: www.ec2.sg
Monday – Friday (Excluding Public Holidays): 10am – 12pm & 2pm – 5pm

Mindline is Singapore's national mental health helpline and textline service. The service is manned by trained counsellors who are ready to listen and support you.

Call: **1771**
(24-hour helpline)
WhatsApp: **6669 1771**
(24-Hour messaging service via WhatsApp)

TOUCHline is a helpline to provide youths with emotional support and practical advice.

Call: **1800 377 2252**
Monday- Friday (Excluding Public Holidays): 9am – 6pm



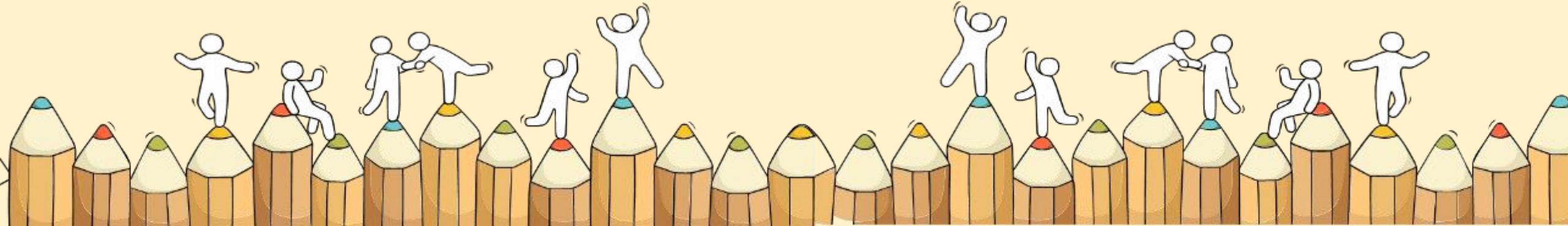


**The N-Level examination is
one milestone in your
education journey, and
there are many more
exciting pathways ahead.**

**Your future holds many
opportunities waiting to be
discovered!**

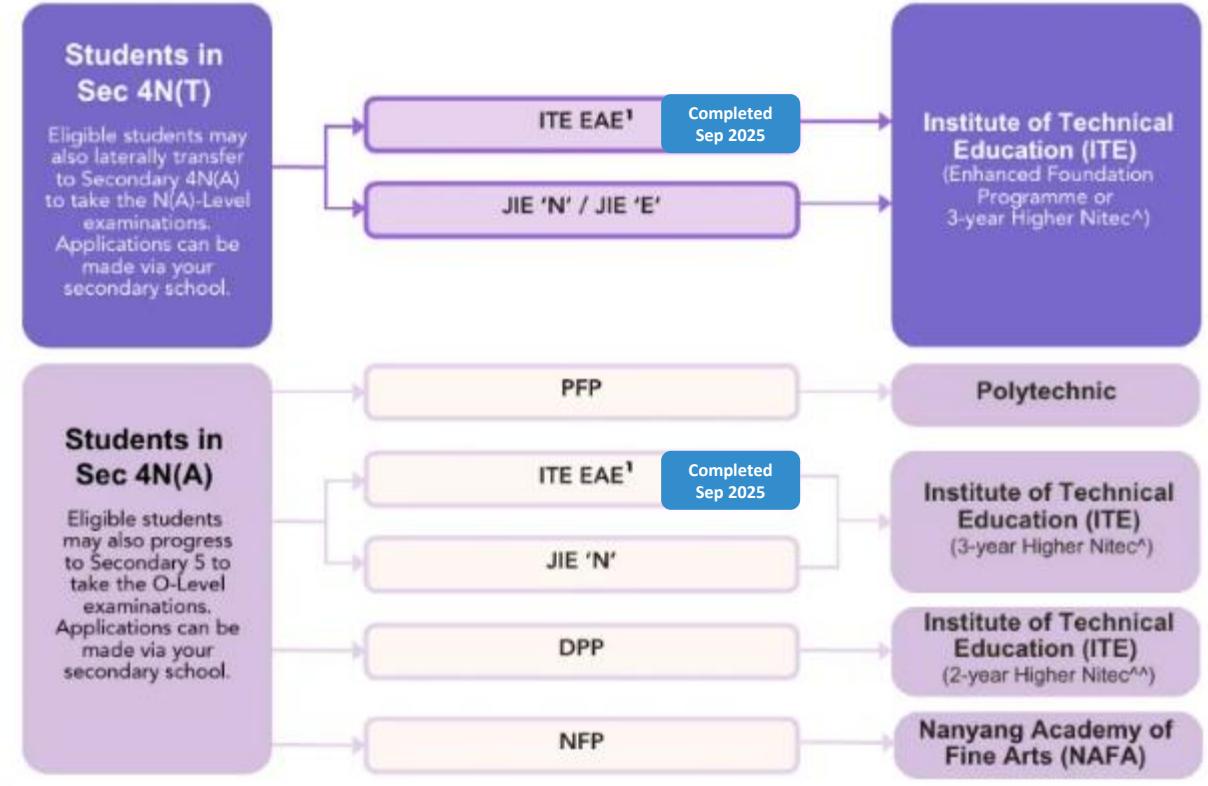
Admissions Exercises

Things to note



Post-Secondary Admissions Exercises for Students in Sec 4 Normal (Technical) and Normal (Academic)

Admissions exercises to take part in



Source: [Post-Secondary Admissions Exercises booklet](#)

¹ Students apply through these admissions exercises before their examinations.

[^]For the list of 3-year Higher Nitec courses, please visit <https://www.ite.edu.sg/secondary-school-students/ite-full-time-courses/3-year-4-year-higher-nitec>

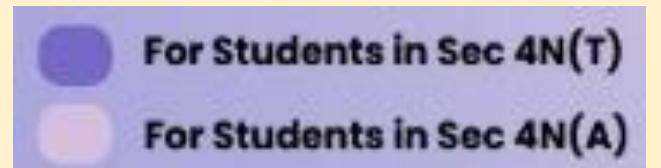


^{^^}For the list of 2-year Higher Nitec courses under the DPP, please visit <https://www.ite.edu.sg/secondary-school-students/ite-full-time-courses/higher-nitec-for-dpp>



Application Period

Application Period	Dec 2025	Jan 2026	
Admissions Exercises	JIE 'N' JIE 'E' DPP (1 st window of applications) NFP	    	PFP DPP (2 nd window of applications)  



Key Dates for Jan 2026 Intake Exercise

Key Activity	Period for 3-Year and 4-year Higher Nitec courses	Remarks
<u>1st Phase (Main Phase)</u>		
Application	18 Dec 2025 (2.30pm) to 22 Dec 2025 (5pm)	Apply through the Internet at https://www.ite.edu.sg with SingPass.
Release of Results	26 Dec 2025	Check results at https://istudent.ite.edu.sg with web ID and password
Acceptance of Course Offer Period	26 Dec 2025 to 2 Jan 2026	Accept course offer at https://istudent.ite.edu.sg with web ID and password
<u>2nd Phase (Late Application/Appeal Phase)</u>		
Application	26 Dec 2025 to 2 Jan 2026	Apply through the Internet at https://istudent.ite.edu.sg with SingPass.
Release of Results	6 Jan 2026	Check results at https://istudent.ite.edu.sg with web ID and password
Acceptance of Course Offer Period	6 Jan 2026 to 9 Jan 2026	Accept course offer at https://istudent.ite.edu.sg with web ID and password
<u>3rd Phase (Final Top-up Phase)</u>		
Application	1 st Top-up Phase Application - 9 Jan to 16 Jan 2026 2 nd Top-up Phase Application - 22 Jan to 6 Feb 2026	Apply through the Internet at https://istudent.ite.edu.sg with SingPass.
Release of Results	1 st Top-up Phase - 12 Jan to 22 Jan 2026 2 nd Top-up Phase - 22 Jan to 11 Feb 2026	Check results at https://istudent.ite.edu.sg with web ID and password
Acceptance of Course Offer Period	1 st Top-up Phase - 12 Jan to 22 Jan 2026 2 nd Top-up Phase - 22 Jan to 11 Feb 2026	Accept course offer at https://istudent.ite.edu.sg with web ID and password

JUST-IN-TIME INFORMATION ON JIE APPLICATION (JAN 2026 INTAKE)

Information For Students on Key Dates for Jan 2026 intake

1. All N(A)*/N(T) school leavers are encouraged to submit an application during the **1st Phase (Main Phase)** between 18 Dec 2025 (2.30 p.m.) to 22 Dec 2025 (5 p.m.). Application results for the 1st Phase will be released on 26 Dec 2025 from 9 a.m.
2. If you wish to appeal, please accept the course offered before applying in the **2nd Phase (Late Application/Appeal Phase)** between 26 Dec 2025 to 2 Jan 2026. The application results for the 2nd Phase will be known on 6 Jan 2025 from 9 a.m.
3. Unsuccessful applicants can appeal under the **3rd Phase (Final Top-up Phase)** between 9 Jan and 16 Jan 2026 and 22 Jan to 6 Feb 2026 for courses with vacancies. The application results for the 3rd Phase will be known between 12 Jan and 22 Jan 2026 and 22 Jan and 11 Feb 2026.

*N(A) students progressing to ITE

Key Pointers for Students on ITE's Joint Intake Exercise (JIE)

ALL students in N(T) and N(A) students (who are not progressing to 5N(A) or repeating 4N(A)) are eligible for JIE.
Those who were unsuccessful in EAE are also eligible for JIE.

Apply in the 1st JIE main phase in December.

Use all 12 JIE choices wisely, as competition for 3-year Higher Nitec courses is keen!

Do consult your teachers / ECG counsellors to help you make your choices!

Do use the Last Aggregate Score (LAS) published in ITE's admission portal to help you make your course choices.

You are eligible for Enhanced Foundation Programme (EFP) if you receive an invitation letter to the EFP addressed to you and a copy of invitation letter for your parent/guardian.

If you are eligible for EFP, make sure you apply for both the 4-Year Course.

The EFP helps to build the necessary literacy and numeracy foundations!

If you are counter-offered a course, accept it first to secure a place in ITE, before appealing for another course you may be more interested in!

STEP-BY-STEP INFORMATION FOR JIE APPLICATION

Online Application for

3-Year Higher Nitec Courses

4-year Higher Nitec Course with EFP
(for N(T) students with 0, 1 "N" pass)

1. Go to <https://www.ite.edu.sg>.

2. Click  icon.

3. Under JIE 'N', click  icon to link to the application website

Under JIE 'E', click  icon to link to the application website

4. At the application website:

- a) Use your Singpass to access the application portal.
- b) Upon completion of application, applicants will receive their web ID and password.

STEP-BY-STEP INFORMATION FOR JIE APPLICATION

Checking of Posting Results/Accept Course Offer

3-Year Higher Nitec Courses

4-year Higher Nitec Course with
EFP

(for N(T) students with 0, 1 "N" pass)

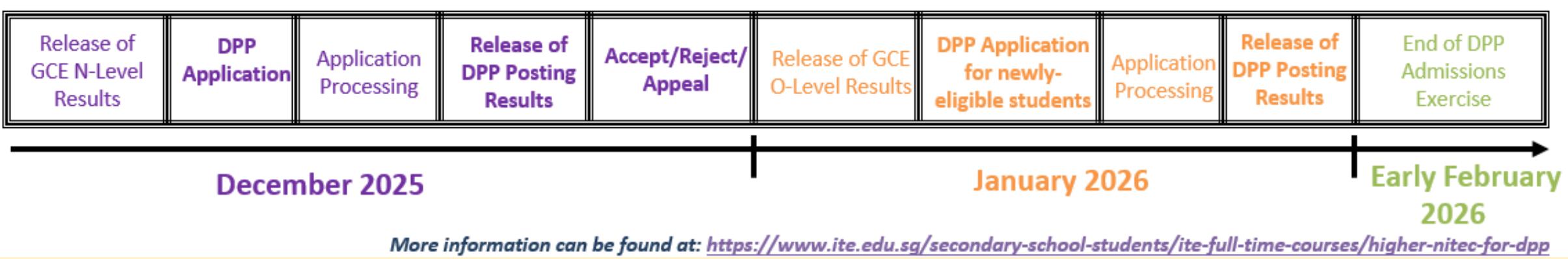
1. Go to <https://istudent.ite.edu.sg>.
2. Enter web ID and password.
3. Click '**Self-Service**' followed by '**Student Admission**' followed by '**View Application Results**' to view the application results and to accept course offer.

The above steps applies to all phases (refer to Slide 11 for dates).
For more details, please refer to ITE website.

Important things to note

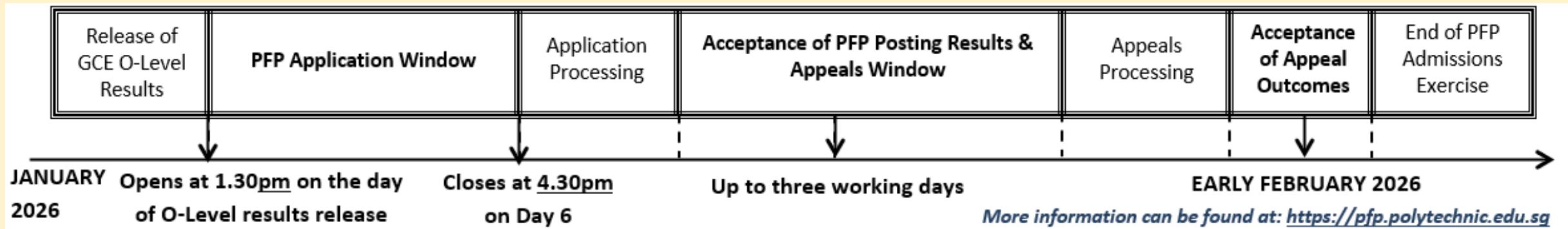
1. All ITE courses are now 3 year Higher Nitec courses (applicable for NT students too). There are no more 2 year Nitec courses.
2. Students with confirmed EAE offers must take up the course (unless 4NA students qualify and apply for PFP or DPP)

DPP Application Timeline



All N(A) school leavers who qualified are encouraged to submit an application during the **1st Phase (Main Phase)** between **18 Dec 2025 (2.30 p.m.) to 22 Dec 2025 (5 p.m.)**.

PFP Application Timeline



Additional Information For Students

Should you require further advice or assistance in your applications or future plans, please contact your teachers and/or ECG Counsellor.

For further inquiries, you may refer to the following hotlines and links for more information and advice on further education:

Institute of Technical Education (ITE)	
ITE Hotline (for ITE admissions and courses)	1800 2222 111 training@ite.edu.sg
ECG Centre @ MOE	
e-Appointment link	https://go.gov.sg/moe-ecg-centre

RESOURCES FOR STUDENTS

Additional Information For Students

The information listed in the table below will help you to make an informed decision on which choice of courses you could consider applying at ITE.

S/N	Information	Attachment/Link
1	ITE Factsheet 2025	 2025 JIEN Factsheet
2	ITE Course Booklet 2026	ITE-Course-Booklet-2025.pdf
3	Information on Progression Opportunities (From <i>Nitec</i> Courses to <i>Higher Nitec</i> and Technical diplomas)	https://www.ite.edu.sg/current-full-time-students/progression/
4	Information on Progression Opportunities (from <i>Higher Nitec</i> courses to diploma courses)	https://www.ite.edu.sg/secondary-school-students/admissions/academic-progression/academic-progression-from-full-time-higher-nitec/

Additional Support for Students

Type	Notes
Computer access	Comp Lab 2, Must be in school uniform, <u>19 Dec 2025 & 22 Dec 2025 (8.30 a.m. to 4.30 p.m.)</u> , Register with security first and then inform Mdm Rohana at General Office counter before going to Comp Lab 2.
ECG Counsellor	V Hub (Must be in school uniform) or online <u>19 Dec 2025 & 22 Dec 2025 (8.30 a.m. to 4.30 p.m.)</u> Book slot at go.gov.sg/sgsseccg If meet in V Hub, register with security first and then inform Mdm Rohana at General Office counter before going up to V Hub.
Any other support required	Message FTs or Mr Wong first

The N-Level is not the destination.
It is part of your education journey.
No matter what the results are, you must remember that your results do not determine who you are or how successful you will be in the future!



**ALL THE BEST
FOR YOUR FUTURE!**