

Sharing Feelings

Recognise that every child is different and your child is special in his/her way.

What parents can do to support at home:

- Give affirmation to your child.
- Appreciate your child for who he/she is.
- Take time to bond with your child.



Share with your child a few things that you love about him/her.

Recognise your child's progress. Praise your child on the effort that he/she has put in the things that he/she does and not just the result.

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Children are generally better adjusted when parents are attentive and sensitive to their needs and interests.

- Take time to connect and be engaged in 2-way communication with your child.
- Instilling the right values and developing a positive outlook are keys to enabling your child to face the challenges in the year ahead.