

# Together we Can



# Attire and Grooming

# Student Code of Conduct



<b>RESPECT FOR SCHOOL</b>	<ol style="list-style-type: none"><li>1. Sing the School Song with pride.</li><li>2. Wear the prescribed School uniform.</li><li>3. Not make any modifications to my School uniform.</li></ol>
<b>RESPECT FOR SELF – PERSONAL GROOMING</b>	<ol style="list-style-type: none"><li>1. Uphold high standards of personal grooming and hygiene by adhering to the following:<ul style="list-style-type: none"><li>• Hair not to be tinted nor dyed.</li><li>• Girls – Hair beyond shoulder-length to be tied up. Face to be free of any form of make-up and neat in appearance.</li><li>• Boys – Hair to be kept short. Face to be clean-shaven and neat in appearance.</li><li>• No accessory for aesthetic or religious reasons to be worn. (Girls may wear a pair of simple ear studs at the ear lobes)</li><li>• Tattoo and all other forms of body piercing not allowed.</li><li>• Nails to be kept short, clean and free of nail varnish.</li><li>• Contact lenses to be transparent (without colour).</li></ul></li></ol>

Extracted from: [https://www.spectra.edu.sg/files/Attire\\_and\\_Grooming\\_for\\_Spectrans.pdf](https://www.spectra.edu.sg/files/Attire_and_Grooming_for_Spectrans.pdf)

# Wearing the School Uniform

- Foster School pride through common identity
- Enhance individual image
- Instill personal discipline in preparation for work and life



# School Uniform and Attire

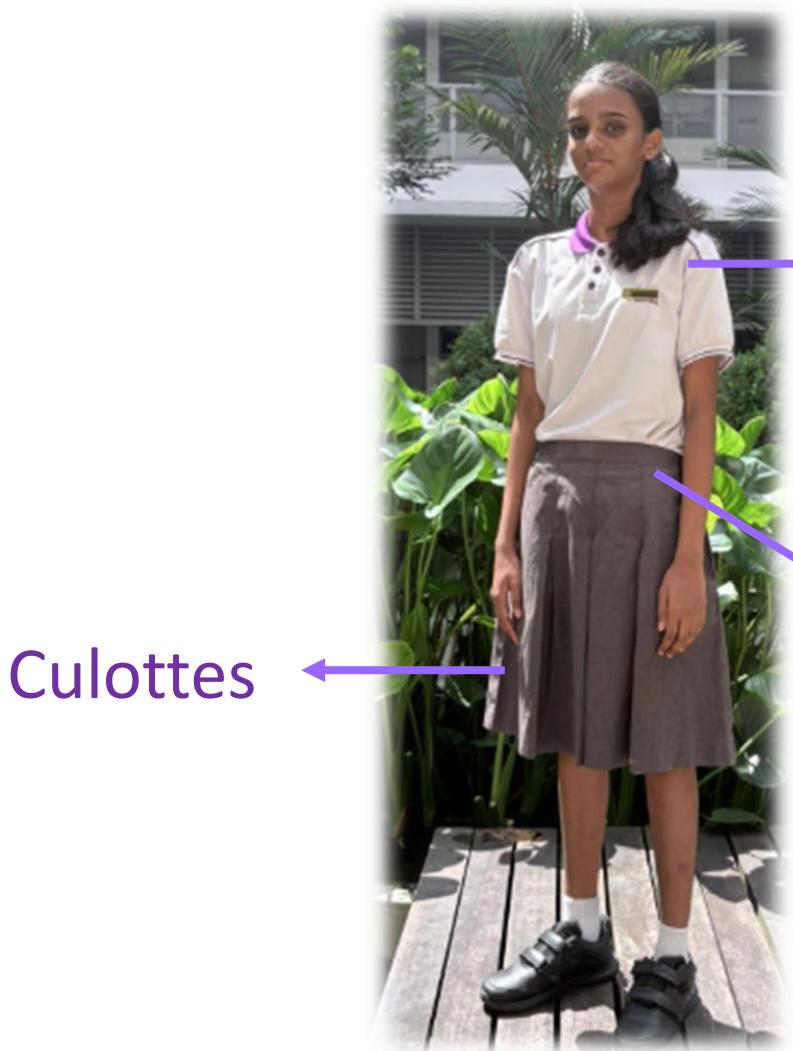


## School Attire items are:

- School uniform top and bottom
- School PE t-shirt and shorts
- Spectra Originals
- CCA T-shirts
- CCA-specific or VE-specific attire (e.g., jerseys, CRO uniform)

Prescribed attire for students will be based on their timetabled lessons and/or activities of the day.

# School Uniform (Lower Sec)



Culottes

Washed clean

Buttoned up  
(minimally two)

Tucked in



Uniform  
shorts

# School Uniform (Upper Sec)



Washed clean

Buttoned up  
(minimally two)

Tucked in

Plain black belt



Straight cut  
uniform pants



# School PE Attire



Tucked in

→ PE shorts with  
Spectra logo



# Spectra Originals

- Worn on Friday Specials or when instructed by Year Heads
- To be worn with uniform pants/ culottes and shorts

Tucked in



Official (Closed) / Sensitive (Normal)

# CCA Attire

- To be worn only during or just before and after CCA sessions
- Attire as required by respective CCAs



# Socks

- Plain white or black socks only
- Socks covering ankle bone but below the calf muscle



Official (Closed) / Sensitive (Normal)

# Shoes

- Canvas shoes: Plain white or black with similar coloured laces
- Running shoes: Any colour
- Shoes should reveal ankle



# Accessories

- No accessory for aesthetic or religious reasons to be worn  
(Girls may wear a pair of simple ear studs at the ear lobes)

Allowed for girls only



Official (Closed) / Sensitive (Normal)

# Accessories

- Contact lenses to be transparent (without colour).

Allowed



Official (Closed) / Sensitive (Normal)

# Hair

- Shall be of natural colour (similar as the root)
- Fringe should not touch the eyebrow, collar or ears
- Girls with hair beyond shoulder-length to be neatly tied up or pinned up
- Boys' faces should be clean shaven
- Boys should maintain sideburns at eye level or above.



Remove the following upon entering School:

1. Outerwear (e.g. jackets, cardigans, sweaters)
2. Listening devices (e.g. headphones, earphones, earbuds)

# Questions?

In doubt, ask your Form Teacher

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