

PERSON-CENTRED PLANNING TOOLS



CONTENT OVERVIEW



The One-Page Profile form is a template for gathering student information. It features a 'SCAN ME' QR code at the top right. The form is divided into three main sections: 'What people like about me' (yellow background), 'What is important to me' (blue background), and 'How best to support me' (pink background). Each section has a 'picture' box and a 'text' area. The form is shown in two overlapping views, one slightly offset to the right and down.

The One-Page Profile distills key information about the student, including their strengths, preferences, interests, and the support they require.

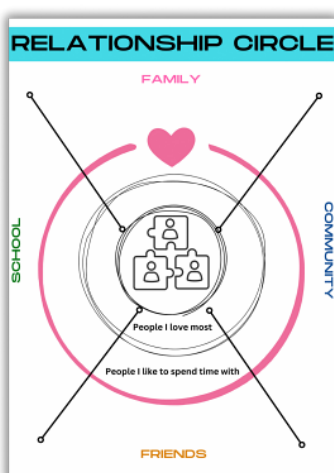
This tool facilitates more personalised interactions and better support by focusing on the student's unique identity and needs.



The Communication chart is a template for documenting student communication. It features a 'Communication chart' title at the top left. The chart is divided into four columns: 'At this time', 'When this happens', 'We think it means', and 'We need to do this'. Each column has a 'text' area. At the bottom, there is a 'What do we need to do' section with a 'NEXT' button.

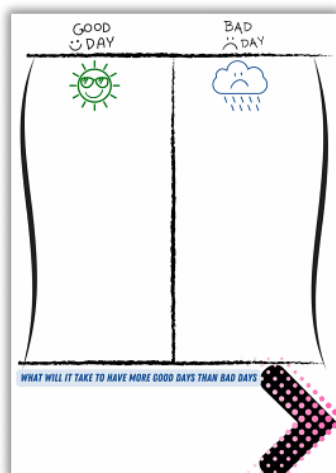
The Communication Chart documents the student's ways (i.e., words/behaviour) to express their thoughts, feelings, needs, and responses.

This tool aims to bridge communication gaps by capturing how the student communicates various messages, what those messages mean, and the most effective ways to respond. It is especially beneficial for students with limited verbal communication abilities.



The Relationship Circle offers a visual representation of the personal and professional relationships surrounding the student – the number, depth and spread of relationships.

This tool ensures a comprehensive understanding of the student's social and support ecosystem, allowing targeted efforts to strengthen their existing relationships and build new ones.



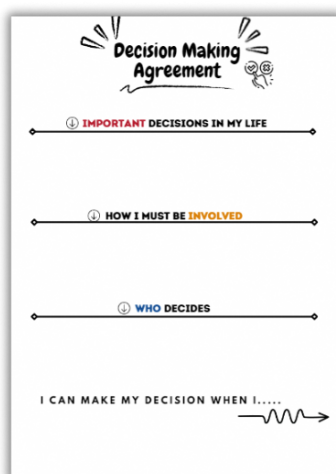
The Good Day/Bad Day highlights the elements that contribute to the student's well-being and satisfaction by contrasting positive and negative experiences.

This tool allows for proactive planning to maximise the occurrence of good days and minimize factors leading to bad days. It can be used alongside the One-Page-Profile to elicit the student's needs and preferences.



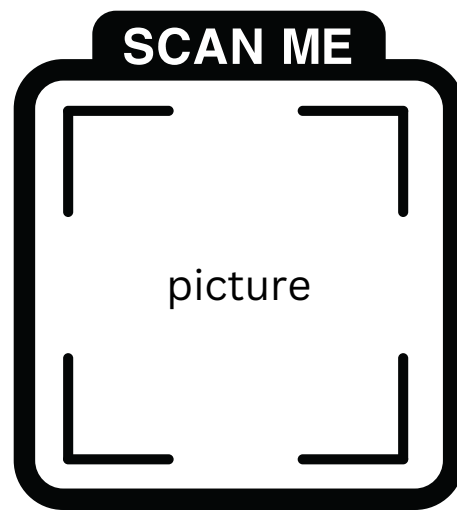
The Decision-Making Profile delves into the intricacies of how the student receives (i.e., written words, symbols, pictures or audio), processes, and responds to information.

This tool highlights effective methods of communicating information and presenting choices to the student, thereby empowering them to make informed decisions. It can be used alongside the One-Page-Profile and Communication Chart.



The Decision-Making Agreement identifies the key decisions, outlining how the individual should be involved, and clarifying who holds the final say.

This tool critically examines how much choice and control the student has and realigns the balance of decision-making power, ensuring that it rightfully sits with them.



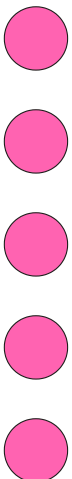
What people like about me

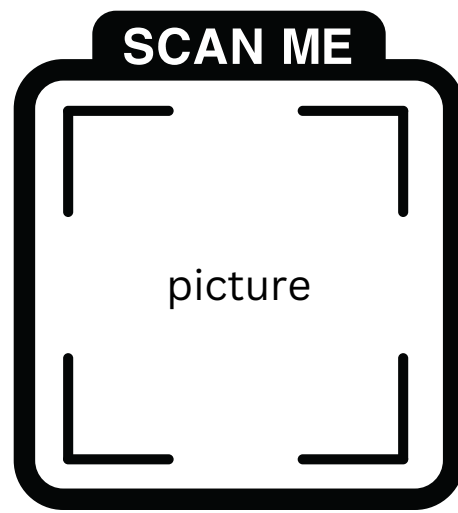


What is important to me



How best to support me





What people like about me

What is important to me

How best to support me



We need to
do this

NEXT

RELATIONSHIP CIRCLE

FAMILY



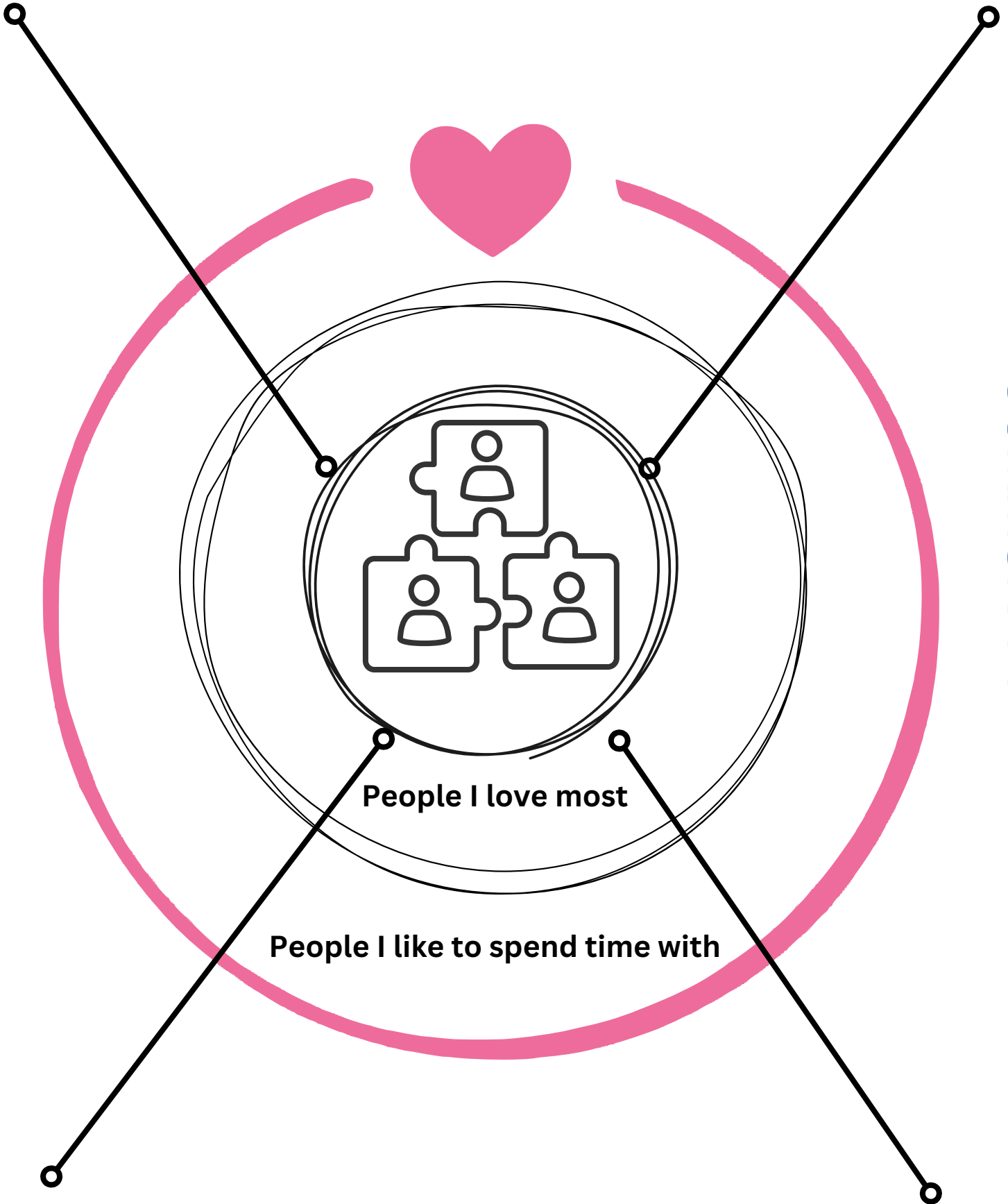
People I love most

People I like to spend time with

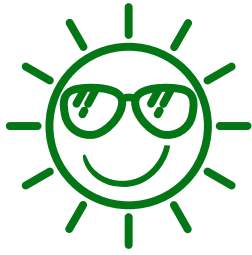
FRIENDS

SCHOOL

COMMUNITY



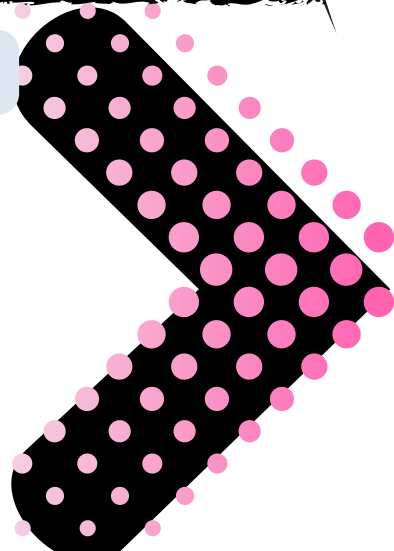
GOOD
☺ DAY



BAD
☹ DAY



WHAT WILL IT TAKE TO HAVE MORE GOOD DAYS THAN BAD DAYS



Decision Making Profile



① HOW I LIKE TO FIND OUT ABOUT THINGS

② HOW TO PRESENT CHOICES TO ME

③ WAYS I CAN UNDERSTAND BETTER

Decision Making Profile



I AM READY TO MAKE A DECISION WHEN...



I AM NOT READY TO MAKE A DECISION WHEN...

Decision Making Agreement



① **IMPORTANT** DECISIONS IN MY LIFE

① HOW I MUST BE **INVOLVED**

① **WHO** DECIDES

I CAN MAKE MY DECISION WHEN I.....





Ministry of Education SINGAPORE

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