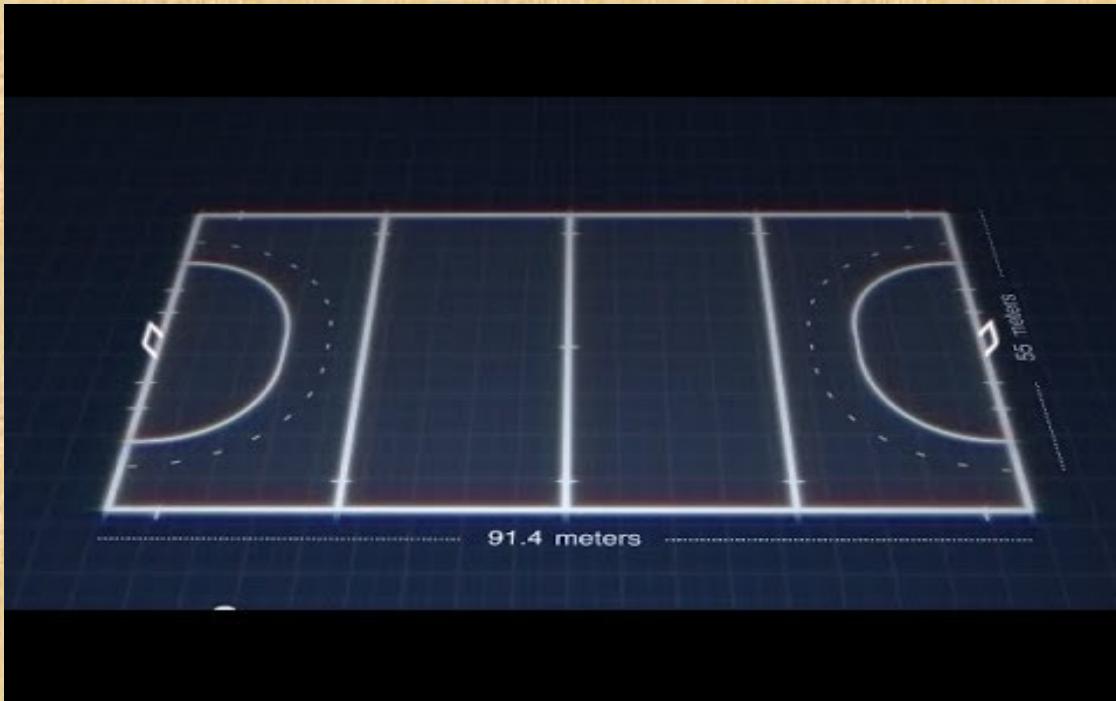




**Hildan
Hockey
2021**

Introduction to HOCKEY



[https://www.youtube.com/
watch?v=NPnrKxFwInc](https://www.youtube.com/watch?v=NPnrKxFwInc)

Achievements

National schools(C division 11 a side 2019) – Top 6

National schools(B division 11 a side 2019) – Top 6

National schools(C division 11 a side 2018) – Top 8

National schools(B division 11 a side 2018) – Top 8

Top 6/8* -Quarter-finalist



Achievements

National schools(C division 11 a side 2017) – 4th

National schools(B division 11 a side 2017) – 3rd

National schools (C division 11 a side 2016) - 2nd

National schools(B division 11 a side 2016) – Top 8



Core Values Of Hockey

- Attitude
- Attendance
- Respect
- Discipline

To become a DISCIPLINED leader through sport



Overseas Trips (An opportunity for team bonding)



Beside training together, we would gather even after our Hockey sessions to eat together and bond as a team!



Competitions

-B division competition
season (Jan-March)

-C division competition
season (July-Sept)



We also had our hockey camp during the first week of June!
(TBC for now)

Training details

Venue: We train at our skyLevel 7 Hockey pitch!

| NEW (To be try out for Semester 1) Term 1 and Term 2 | Previously (before 2021) |
|--|--|
| <p>Training days</p> <p>A) Frequency- <u>TWO</u> times per week Tuesday and Friday</p> <p>B) Training duration</p> <p>(i) Tuesday - 3.00 to 6.30pm and (ii) Friday - 2.30 to 6.30pm</p> <p>New:- Lessons (Theory and knowing the game)</p> <p>(i) 2hr monthly- zoom lesson</p> <p>Total: on a weekly basis: 8.5 hours</p> | <p>-Training days</p> <p>A) Frequency - three times per week Tuesday,Wednesday,Friday</p> <p>B) Training duration</p> <p>-Our Training is from 3.30pm to 6.30pm (Tuesday and Wednesday) and 2.30 to 5.30(Friday)</p> <p>Total on a weekly basis: 9 hrs</p> |



Zoom session/lesson

Highlights of Hildan Hockey



<https://youtu.be/nD2umzypRxA>

We Hope To See You In Hildan Hockey!

