



# Primary 1 & 2

Programme for **A**ctive **L**earning (**PAL**)

# Information

2024

## From Pre-school to Primary School



- Hands-on learning experiences
- Fun and enjoyable
- Peer interaction
- Self-discovery

PAL facilitates smooth transition from Pre-school to Primary School education

# Objectives of PAL

## Outdoor Education



## Visual Arts



## Performing Arts



## Sports & Games

(1) Broad exposure & experiences through fun and varied activities

## Values

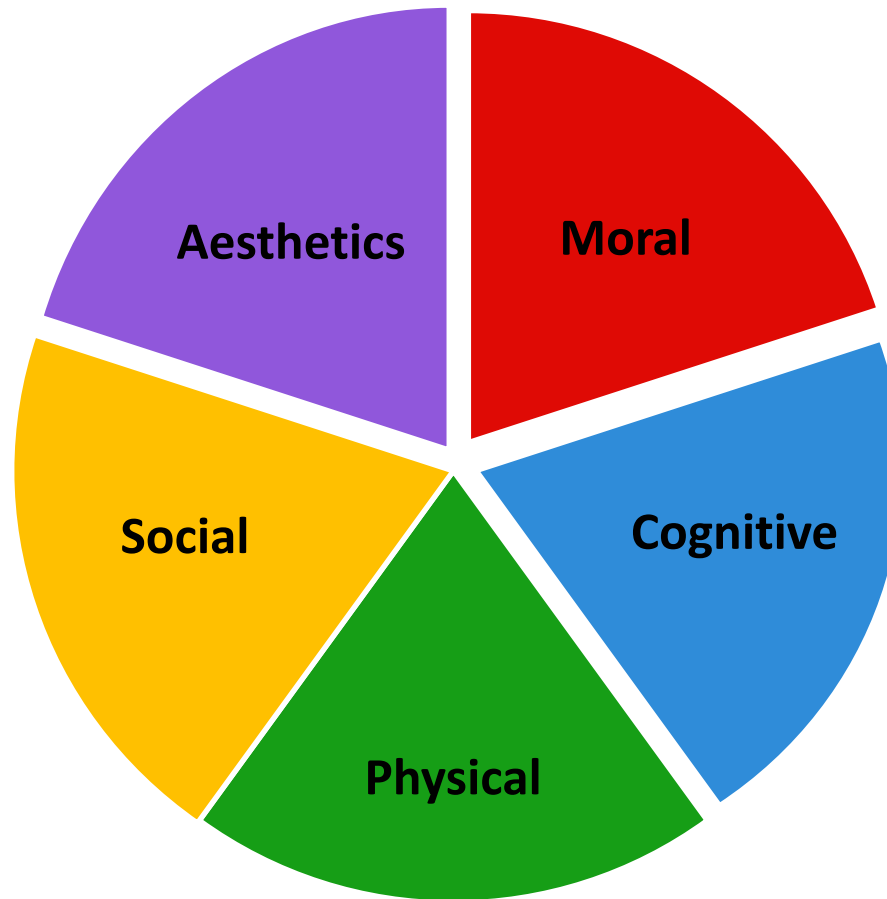
Responsibility  
Respect  
Resilience  
Integrity  
Care  
Harmony

## Social Emotional Competencies

Self Awareness  
Social Awareness  
Self Management  
Relationship  
Management  
Responsible Decision  
Making

(2) Values and Social & Emotional Competencies





### (3) Holistic Development of the Child

## Characteristics of PAL



- **Experiential** in nature
- **Fun** and **Enjoyable**
- Encompasses **learning** in a **creative** way
- Provides **opportunities** for children to **create**
- Incorporates **values education**\* and **social and emotional learning**

(\* responsibility, respect, resilience, integrity, care, harmony)



In PAL, students will:

- Exhibit **confidence** in what they do and **express themselves effectively**
- Exhibit **curiosity** and **positive attitudes** to learn
- Enjoy **group experiences** and **teamwork**

## How is PAL taught at Tao Nan School?

PAL is part of the curriculum and offered during time-tabled time.

- Form teacher as the **facilitator**
- **2 hours (4 periods)** of PAL lesson a week (starting from Term 1 Week 2)
- **4 Domains** over 2 years:
  - Sports & Games (SG)
  - Outdoor Education (OE)
  - Performing Arts (Music & Dance / Drama)
  - Visual Arts (VA)





# Schedule for Primary 1

Primary 1 PAL Lessons are on every **Tuesday**

Term 1	Term 2	Term 3	Term 4
1A, 1B, 1C (SG)	1A, 1B, 1C (DRAMA)	1A, 1B, 1C (OE)	1A, 1B, 1C (VA)
1D, 1E, 1F (VA)	1D, 1E, 1F (SG)	1D, 1E, 1F (DRAMA)	1D, 1E, 1F (OE)
1G, 1H, 1I (OE)	1G, 1H, 1I (VA)	1G, 1H, 1I (SG)	1G, 1H, 1I (DRAMA)
1J, 1K, 1L (DRAMA)	1J, 1K, 1L (OE)	1J, 1K, 1L (VA)	1J, 1K, 1L (SG)

Sports & Games (SG)/ Outdoor Education (OE)/ Drama/ Visual Arts (VA)



# Schedule for Primary 2

Primary 2 PAL Lessons are on every **Thursday**

Term 1	Term 2	Term 3	Term 4
2A, 2B, 2C (SG)	2A, 2B, 2C (Music)	2A, 2B, 2C (OE)	2A, 2B, 2C (VA)
2D, 2E, 2F (VA)	2D, 2E, 2F (SG)	2D, 2E, 2F (Music)	2D, 2E, 2F (OE)
2G, 2H, 2I (OE)	2G, 2H, 2I (VA)	2G, 2H, 2I (SG)	2G, 2H, 2I (Music)
2J, 2K, 2L (Music)	2J, 2K, 2L (OE)	2J, 2K, 2L (VA)	2J, 2K, 2L (SG)

Sports & Games (SG) / Outdoor Education (OE) / Music / Visual Arts (VA)



**THANK YOU!**