



Primary 1 & 2

Programme for **A**ctive **L**earning (**PAL**)

Information

2023

From Pre-school to Primary School



- Hands-on learning experiences
- Fun and enjoyable
- Peer interaction
- Self-discovery

PAL facilitates smooth transition
from Pre-school to Primary School
education

Objectives of PAL

Outdoor Education



Visual Arts



Performing Arts



Sports & Games

(1) Broad exposure & experiences through fun and varied activities

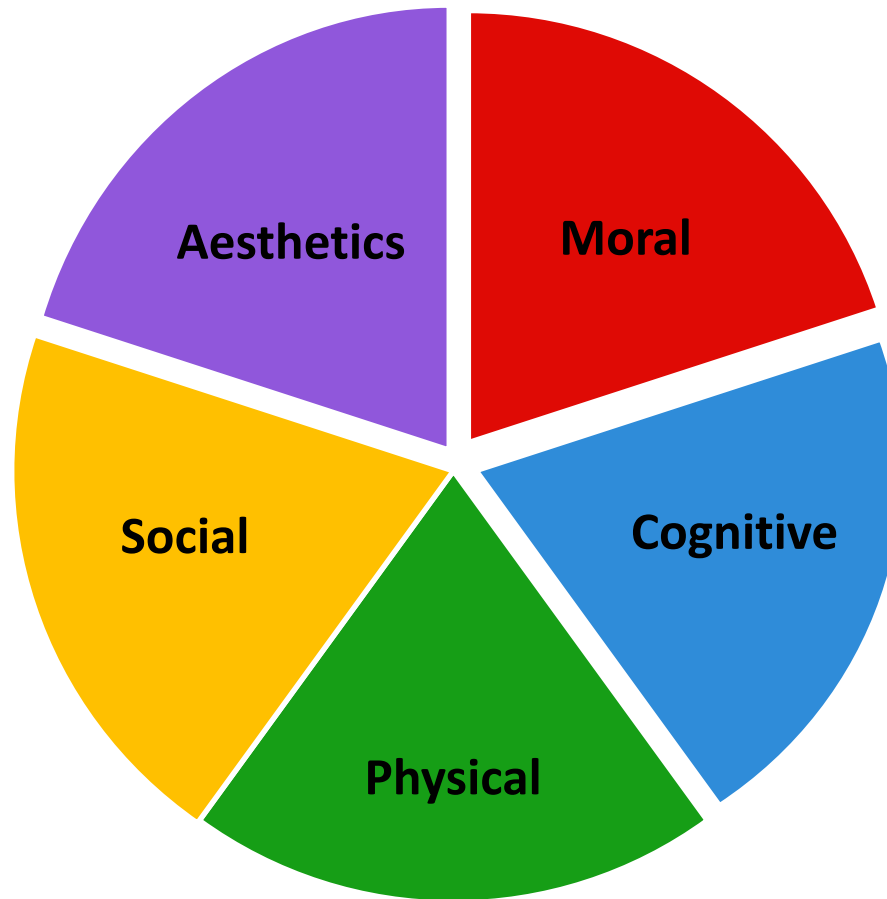
Values

Responsibility
Respect
Resilience
Integrity
Care
Harmony

Social Emotional Competencies

Self Awareness
Social Awareness
Self Management
Relationship
Management
Responsible Decision
Making

(2) Values and Social & Emotional Competencies



(3) Holistic Development of the Child

Characteristics of PAL



- **Experiential** in nature
- **Fun** and **Enjoyable**
- Encompasses **learning** in a **creative** way
- Provides **opportunities** for children to **create**
- Incorporates **values education*** and **social and emotional learning**

(* responsibility, respect, resilience, integrity, care, harmony)



In PAL, students will:

- Exhibit **confidence** in what they do and **express themselves effectively**
- Exhibit **curiosity** and **positive attitudes** to learn
- Enjoy **group experiences** and **teamwork**

How is PAL taught at Tao Nan School?

PAL is part of the curriculum and offered during time-tabled time.

- Form teacher as the **facilitator**
- **2 hours (4 periods)** of PAL lesson a week (starting from Term 1 Week 2)
- **4 Domains** over 2 years:
 - Sports & Games (SG)
 - Outdoor Education (OE)
 - Performing Arts (Music & Dance / Drama)
 - Visual Arts (VA)

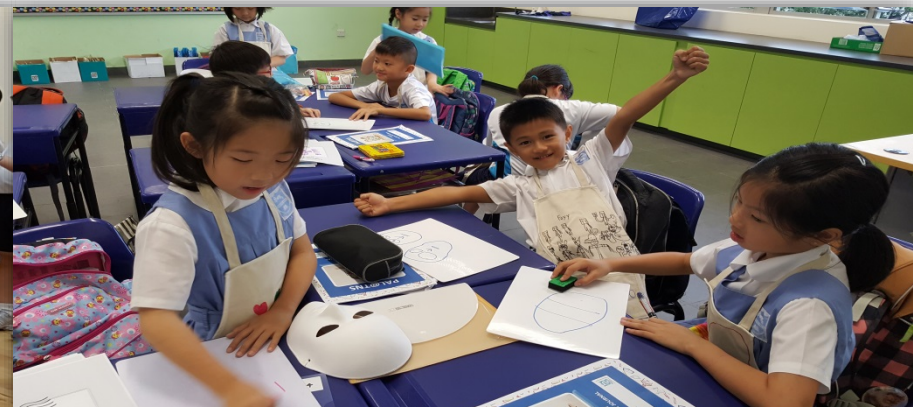


Schedule for Primary 1

Primary 1 PAL Lessons are on every **Tuesday**

Term 1	Term 2	Term 3	Term 4
1A, 1B, 1C (SG)	1A, 1B, 1C (DRAMA)	1A, 1B, 1C (OE)	1A, 1B, 1C (VA)
1D, 1E, 1F (VA)	1D, 1E, 1F (SG)	1D, 1E, 1F (DRAMA)	1D, 1E, 1F (OE)
1G, 1H, 1I (OE)	1G, 1H, 1I (VA)	1G, 1H, 1I (SG)	1G, 1H, 1I (DRAMA)
1J, 1K, 1L (DRAMA)	1J, 1K, 1L (OE)	1J, 1K, 1L (VA)	1J, 1K, 1L (SG)

Sports & Games (SG)/ Outdoor Education (OE)/ Drama/ Visual Arts (VA)



Schedule for Primary 2

Primary 2 PAL Lessons are on every **Thursday**

Term 1	Term 2	Term 3	Term 4
2A, 2B, 2C (SG)	2A, 2B, 2C (Music)	2A, 2B, 2C (OE)	2A, 2B, 2C (VA)
2D, 2E, 2F (VA)	2D, 2E, 2F (SG)	2D, 2E, 2F (Music)	2D, 2E, 2F (OE)
2G, 2H, 2I (OE)	2G, 2H, 2I (VA)	2G, 2H, 2I (SG)	2G, 2H, 2I (Music)
2J, 2K, 2L (Music)	2J, 2K, 2L (OE)	2J, 2K, 2L (VA)	2J, 2K, 2L (SG)

Sports & Games (SG) / Outdoor Education (OE) / Music / Visual Arts (VA)



THANK YOU!