



# UNITY PRIMARY SCHOOL

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Dear Parents

## End of Year Updates

I will be concluding my term as Principal of Unity Primary School at the end of this year, having had the privilege of serving our community since December 2018. It has been a meaningful journey made possible by your support, trust and partnership. I am deeply proud of our students and the growth they have shown and I leave confident that the school will continue to nurture them with care and purpose under the leadership of the next Principal, Mrs Finella Goh.

The upcoming week will be the last 2 weeks of the school year and the following are some information to note:

### 1. Events for Term 4 & School Holidays

Day/ Date	School Holidays/ Celebrations
Wed, 19 Nov 25	<ul style="list-style-type: none"><li>Promotion &amp; Level Awards Day (Last Day of School for P1 – P5) School Hours: 7.30 am – 10.30 am</li></ul>
Thu, 20 Nov 25	<ul style="list-style-type: none"><li>Annual Awards Day (Only for P3 to P5 Award Recipients &amp; Performers) School Hours: 7.45 am – 10.30 am</li></ul>
Fri, 21 Nov 25	<ul style="list-style-type: none"><li>P6 Graduation Day (Only for P6 Students) School Hours: 7.45 am – 11 am</li></ul>
Sat to Thu, 22 Nov 25 – 1 Jan 26	<ul style="list-style-type: none"><li>School Holidays</li><li>New Year's Day public holiday</li></ul>
Fri, 2 Jan 26 onwards	<b>School Reopens: Only P1 (2026) Students report to School</b> Dismissal for Fri, 2 Jan 26 to Wed, 7 Jan 26: 12.30 pm
Mon, 5 Jan 26 onwards	<b>Start of School for P2 to P6 students</b> <u>Daily Staggered Dismissals</u> P1 : 1.25 pm (from 8 Jan 26 onwards) P2 & P4: 1.30 pm P3 : 1.25 pm P5 & P6: 1.35 pm

### 2. Year-End Holiday Travel Declaration

You would have received it via Parent's Gateway (PG) to submit your child's travel declarations if you intend to travel with your child during the year-end school holidays. Kindly submit your travel declarations via PG if you have not already done so.

### **3. Recognizing Efforts of Your Children**

As we draw nearer to the end of the school year, we feel it is opportune to share these insights. Understandably as parents, we expect our children to do well in school and achieve a reasonable level of academic performance. However, inevitably there will be some who may not have performed as anticipated and feel disappointed. They may also experience difficulties managing unmet expectations and emotions.

Be observant and supportive. Recognise your children's strengths and weaknesses. Instil in them the resilience to learn from their experience and confidence to continue forging on. While we set high expectations to stretch our children's potential, be realistic about their abilities. There are multiple pathways to reaching their goals in life. For primary school students, PSLE is but one of the many milestones in their educational journey and the results alone do not define who they are or determine their future.

The school has prepared specially designed cards (You're more than your results!) that will be passed to you through your child. The softcopies are also attached for your own printing should you require more. We recommend that you take the time to pen words of encouragement and affirmation to your child on the card. Show that you value his/her efforts and regardless, your love for him/her will not be any lesser. For the parents of the P6 students, we suggest you do it before the release of PSLE results.

We encourage you to take pictures of the card or pictures of you and your child with the card and upload to <https://shorturl.at/28Ond>. We would love for such meaningful cards and moments to be shared with the rest of the school community.

### **4. Student Well-Being**

We hope your child will continue to stay meaningfully engaged during the school holidays. The school has compiled a set of Grow Well resources and sites to reinforce key health messages and encourage your child to maintain a healthy lifestyle. These resources will be accessible via SLS from 24 Nov 25 to 12 Dec 25 of the school holidays. Please support and encourage your child to access and use these resources.

For parents of P1 to P3 students, your child should receive the Health Plan Booklet with the Health Goals filled in by the healthcare professional during the recent Health Screening in school. Parents are strongly encouraged to get your child to do some of the ball-challenge or jump-challenge activities found in the "Home Challenges". The Home Challenges can be found in the Health Plan Booklet. There are 4-week physical activities that students can do at home.

School holidays provide a great opportunity for your child to explore sports and the outdoors or to pick up a hobby or new skill. Following are some suggestions:

- Encourage your child to participate in moderate to vigorous physical activities for about 60 min a day as recommended by HPB. These can be in the form of exercises such as swimming, cycling, jogging or walking on the park connector, Kranji Marshes, Bukit Timah Hill, playing some outdoor games, etc.
- Learn to cook or bake or eat healthily as a family.
- Do revise on the areas, which your child needs to work on for the respective subjects. Start your child reading on new topics to be taught in the new level.
- If you plan to travel to another country this holiday, get your child to do mini research on culture, places of interest, historical background, geographical structure, famous people, etc. to widen his/her general knowledge.

## **5. Advisory For Coming School Holidays**

The school would like to remind all parents to exercise vigilance in the care and supervision of your children to ensure that they stay meaningfully engaged and not get into trouble/ mischiefs/ bad company or fall prey to online scams/ predators.

Singapore Police Force (SPF), Central Narcotics Bureau (CNB), National Crime Prevention Council (NCPC) and National Council Against Drug Abuse (NCADA) would also like to educate students on crime-related issues, including the harmful effects of vaping, as well as to take measures to avoid being victims of crime. Our teachers will reiterate these messages and we hope that parents will continue to monitor and watch over the safety of your children. Please refer to the attached Advisory.

## **6. Minimising Screen Time**

Screen time often increases during the school break, which can affect children's well-being and family bonding. Here are some ideas to help maintain a healthy balance:

- **Set routines:** Establish tech-free hours each day.
  - **Designate screen-free zones:** Keep areas such as dining rooms and bedrooms free of devices.
  - **Encourage shared activities:** Try family projects like gardening, craft-making or card/ board games.
  - **Promote active play:** Organise playdates or community sports to encourage social interactions beyond screens.
-  *Tip:* Use a simple screen-time tracker or reward chart to celebrate non-screen accomplishments.

### Balancing Off-Screen Family Time

According to Singapore's HealthHub, maintaining screen-free routines such as no devices during meals or before bedtime helps strengthen family bonds and supports better sleep. Here are a few simple ways to enjoy meaningful offline time together:

- Read aloud as a family.
- Play board games or work on a jigsaw puzzle.
- Learn something new together such as cooking, gardening, or an art activity.

### Reinforcing Cyber Wellness Values

Even during the holidays, it is important to remind children about safe and responsible online behaviour:

- Encourage them to ask, "*Who can see this? Is this safe?*" before posting or sharing.
- Remind them to report any instances of cyberbullying or unsolicited contact.
- Teach them to recognise phishing attempts and to use strong, secure passwords.

### Parent Resources & Holiday Tools

- MOH Screen Use Guidance (<https://www.healthhub.sg/live-healthy/the-abcs-of-healthy-screen-time-for-your-child>)
- Parent Kit: Raising a Digitally Smart Child (<https://www.moe.gov.sg/education-in-sg/our-programmes/cyber-wellness>)
- Families for Life – Screen Time Strategies (<https://familiesforlife.sg/parenting/article/Pages/Managing-Your-Childs-Screen-Time.aspx>)
- My Screen-Free Diary (<https://www.healthhub.sg/programmes/184/my-screen-free-diary>)

As we wrap up the school year, let's continue to encourage balanced lifestyles, nurture meaningful offline connections and reinforce safe online habits. Together, we can help our children enjoy a healthy and fulfilling holiday, both online and offline.

## 7. School Schedule 2026

Next year's schedule is appended below for your planning. There will be a snack break in addition to the 30-min recess. If your child needs a bite, please ensure that he/she brings along his/her snack. The timings for snack breaks will be communicated by the form teachers.

Timings	Mon	Tue	Wed	Thu	Fri
7.30 am				Flag Raising & Pledge-Taking	
1.30 pm				School Dismissal	
2 pm – 3 pm	# P5 & P6 Foundation Mathematics ----- # P3 to P6 HMTL Lessons			* Dismissal at 3 pm for P3 to P6 students when there is CCA	
3 pm – 4 pm	# P5 & P6 Foundation English Language				
After-school	Competitive CCA (3.30 pm – 5 pm)	P3 – P6 Remedial Lessons (2 pm – 3.30 pm)		P1 – P2 Remedial Lessons (2 pm – 3 pm)	
		Competitive CCA (3.30 pm – 5 pm)		E2K Programme (3.15 pm – 4.45 pm)	
<b>Recess Timings by levels</b>					
<ul style="list-style-type: none"> <li>• P1 : 11 am</li> <li>• P2 &amp; P3 : 10.30 am</li> <li>• P4 : 10 am</li> <li>• P5 : 9.30 am</li> <li>• P6 : 9 am</li> </ul>					
<b>Lunch Timings by levels</b>					
For the well-being of the students, lunch break is mandated for lessons beyond 1.30 pm. Hence, the lunch breaks for students will be:					
Tuesdays (for students identified for remedial)					
<ul style="list-style-type: none"> <li>• P3 to P6: 1.30 pm – 2 pm</li> </ul>					
Thursdays (if there is CCA)					
<ul style="list-style-type: none"> <li>• P1 to P3: 1.30 pm – 2 pm</li> <li>• P4 : 1 pm – 1.30 pm</li> <li>• P5 : 12.30 pm – 1 pm</li> <li>• P6 : 12 pm – 12.30 pm</li> </ul>					

**\* CCA Day on Thursdays**

- For P3 to P6 students, to factor in CCA on Thursday morning, the curriculum hours will be extended and students dismissed at 3 pm every Thursday.
- When there is no CCA, all P3 to P6 students will be dismissed at 1.30 pm and there will not be any lunch breaks. **CCA will start on Thu, 5 Feb 26.**

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- P5 & P6 students taking *Foundation Mathematics* will have lessons from 2 pm to 3 pm on Mondays.
- P5 & P6 students taking *Foundation English Language* will have lessons from 3 pm to 4 pm on Mondays.
- P3 to P6 students taking *Higher Mother Tongue Languages* will have lessons from 2 pm to 3 pm on Mondays.

**Remedial Lessons on Tuesdays from 2 pm to 3.30 pm**

- For identified P3 to P6 students starting on **3 Feb 26.**

**Remedial Lessons on Thursdays from 2 pm to 3 pm**

- For identified P2 students starting in Term 2.
- For identified P1 students starting in Term 3.

**E2K Programme (Mathematics or Science) on Thursdays from 3.15 pm to 4.45 pm**

- For identified P4 to P6 students only.

**Competitive CCA on Mondays or Tuesdays from 3.30 pm to 5 pm**

- For identified participants only. Competitive CCA may start earlier than **5 Feb 26.**

## 8. Student Dismissal Plan 2026

For better management of crowds and safety, please note that students are dismissed from different gates after lessons or remedial lessons.

Level	Side Gates 1 & 2 (Front)	Side Gate 3 (near Block 672)	Side Gate 5 (near School Field)
P1	✓		✓
P2	✓		✓
P3		✓	✓
P4		✓	✓
P5		✓	✓
P6		✓	✓

Students involved in afternoon Competitive CCAs or E2K Programmes will be dismissed from Side Gates 1 & 2.

Do also note that when students are dismissed from lessons at 1.30 pm, dismissal time is staggered.

Level	Staggered Dismissal Time
P1	1.25 pm
P2	1.30 pm
P3	1.25 pm
P4	1.30 pm
P5	1.35 pm
P6	1.35 pm

Kindly observe the following:

Parents/Caregivers

- Wait at the appropriate dismissal venue regardless of weather conditions.
- Wait at the appropriate dismissal venue of the younger/ youngest sibling. Arrange with and inform your children where they should be picked up.
- Pick up P1 & P2 children at the designated waiting area within the school.
- Do not crowd outside Side Gate 3 but keep the pavement clear for the students. Wait at the sheltered HDB void deck.
- Gates will be opened during dismissal times to facilitate movement of students. P4 – P6 students can also exit via the turnstile using their student pass should the gate be closed after 3.30 pm.

Students

- **Bring an umbrella to school every day.**
- Can be dismissed via Side Gate 1 & 2 if they have a sibling in P1 or P2 or be dismissed collectively via a gate that is convenient for the family. Dismissal points **should not vary** on a day-to-day basis so as not to confuse the students and teachers.
- Wait at the canteen for siblings before proceeding to the appropriate dismissal gate if they are going home together without any adults.
- Walk along the pavement instead of on the road and not dash across the road.
- Comply with road safety regulations. Exercise the kerb drills and safe pedestrian practices. Be considerate road users.

**9. Silver Zone along Choa Chu Kang Crescent**

The entire Choa Chu Kang Crescent along which the school is located has been redesignated a Silver Zone. Please be reminded that there is enforcement against vehicles that are parked outside the main gate.

All parents and visitors driving into the school to drop off/ pick up students/ passengers are advised to exercise patience and consideration. **We reiterate that there should be no right turn upon exit from the carpark from 6.30 am to 7.30 am to facilitate smoother and safer traffic flow.**

**10. Partnering for Success**

Last but not least, we wish to express our sincere gratitude to all parents for your steadfast support and partnership throughout this academic year. Your commitment to your children's education and your collaboration with the school have been invaluable, and we look forward to continuing this strong partnership in the years ahead.

As we conclude this year, we extend our warmest wishes to you and your families for a joyous holiday season. We trust that you will enjoy a well-deserved break with your loved ones and remain in good health and safety throughout the holidays. We look forward to welcoming our students back when school reopens in 2026.

With warm regards  
Mrs Lee-Koh SC  
Principal