



SCHOOL EVENTS

SEC 1 INITIALISATION NIGHT

2025



CHINESE NEW YEAR 2025



CHINESE NEW YEAR 2025



UNITY RUN 2025



SPORTS FIESTA 2025



RACIAL HARMONY DAY 2025



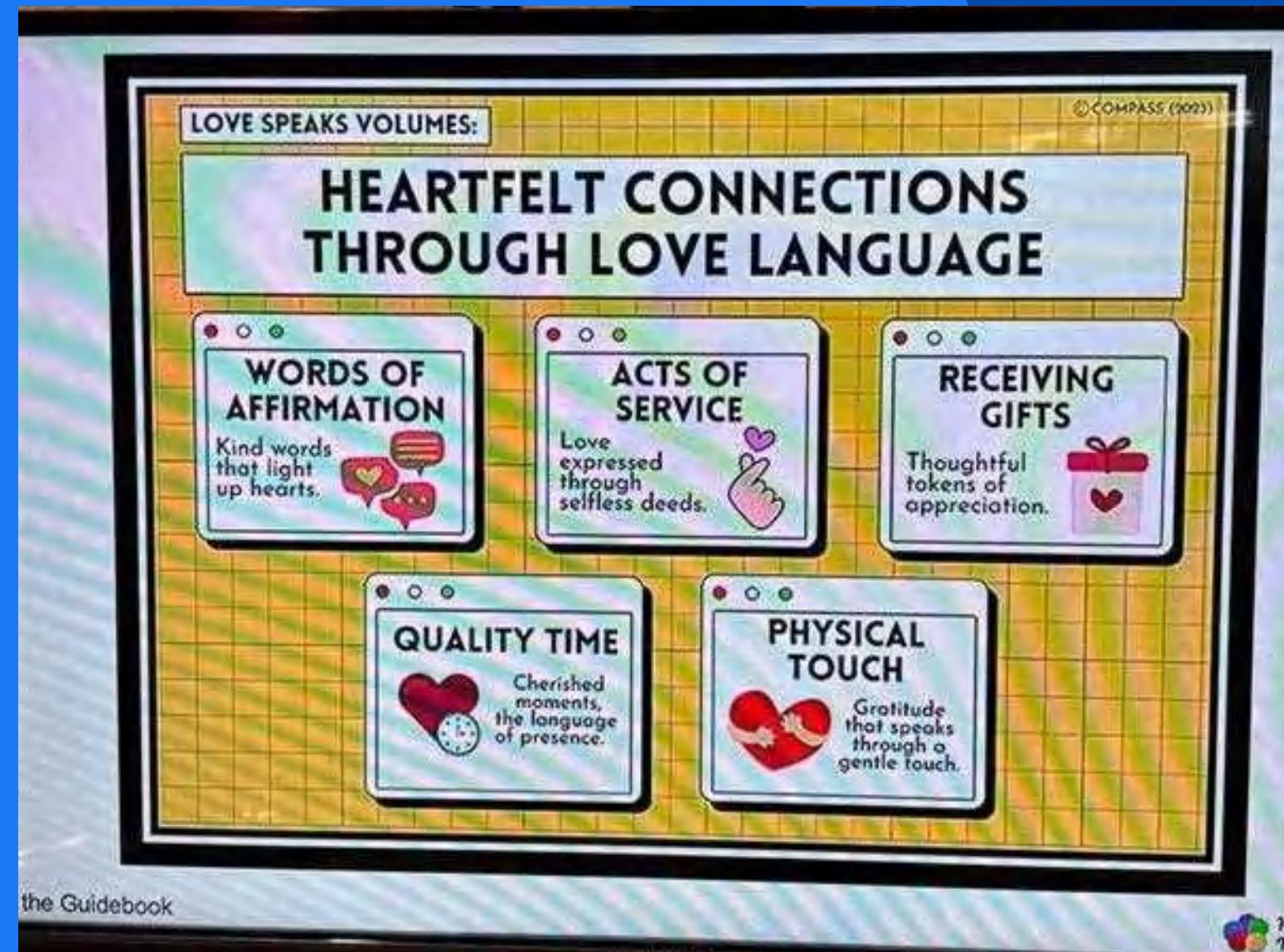
NATIONAL DAY 2025



NATIONAL DAY 2025



WELLNESS CARNIVAL 2025



STUDENTS' GRADUATION



STUDENTS' GRADUATION





ACTIVITIES BY PSG

WELCOME TEA 2025



WELCOME TEA 2025



TEACHERS' DAY 2025



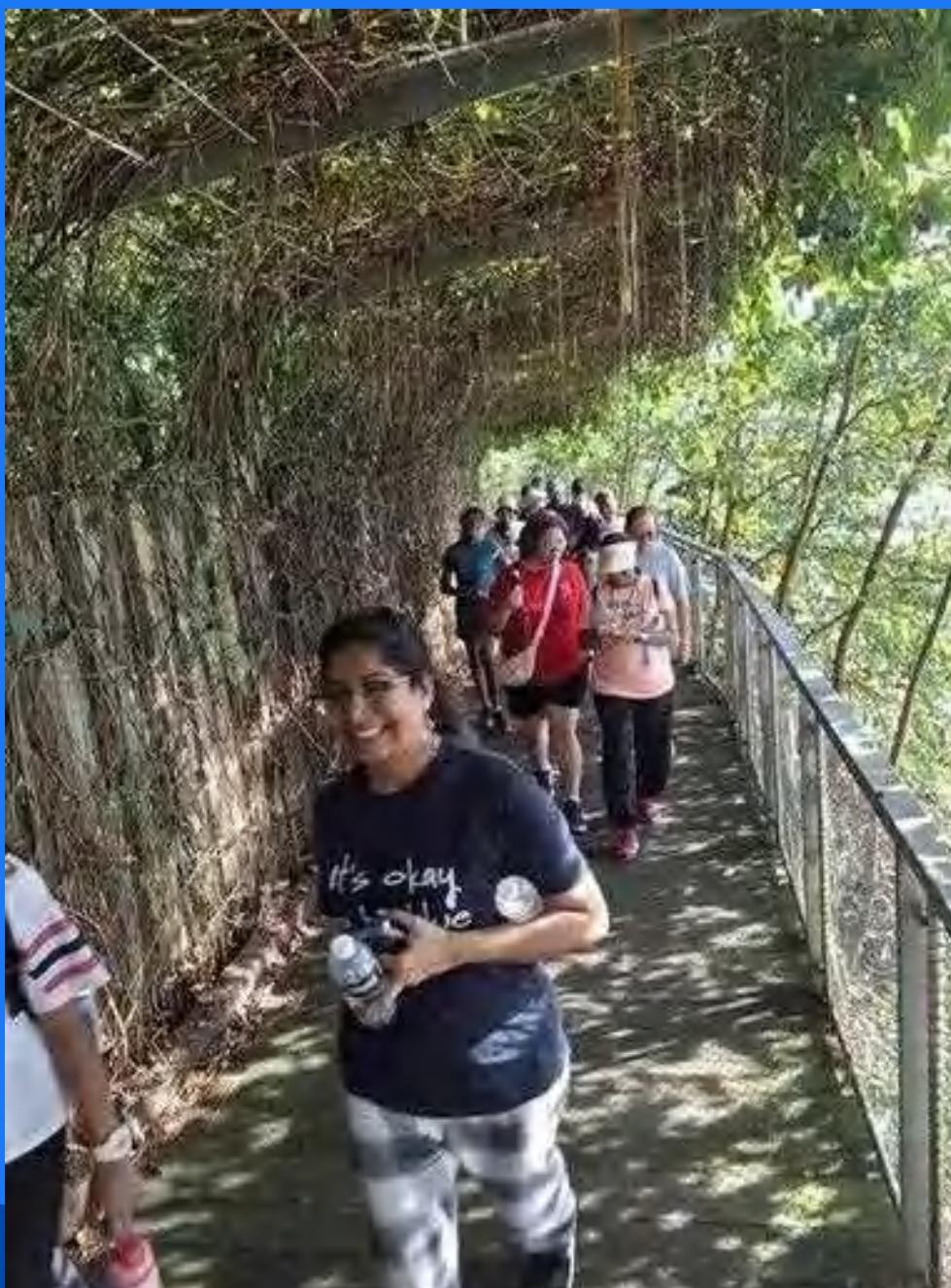
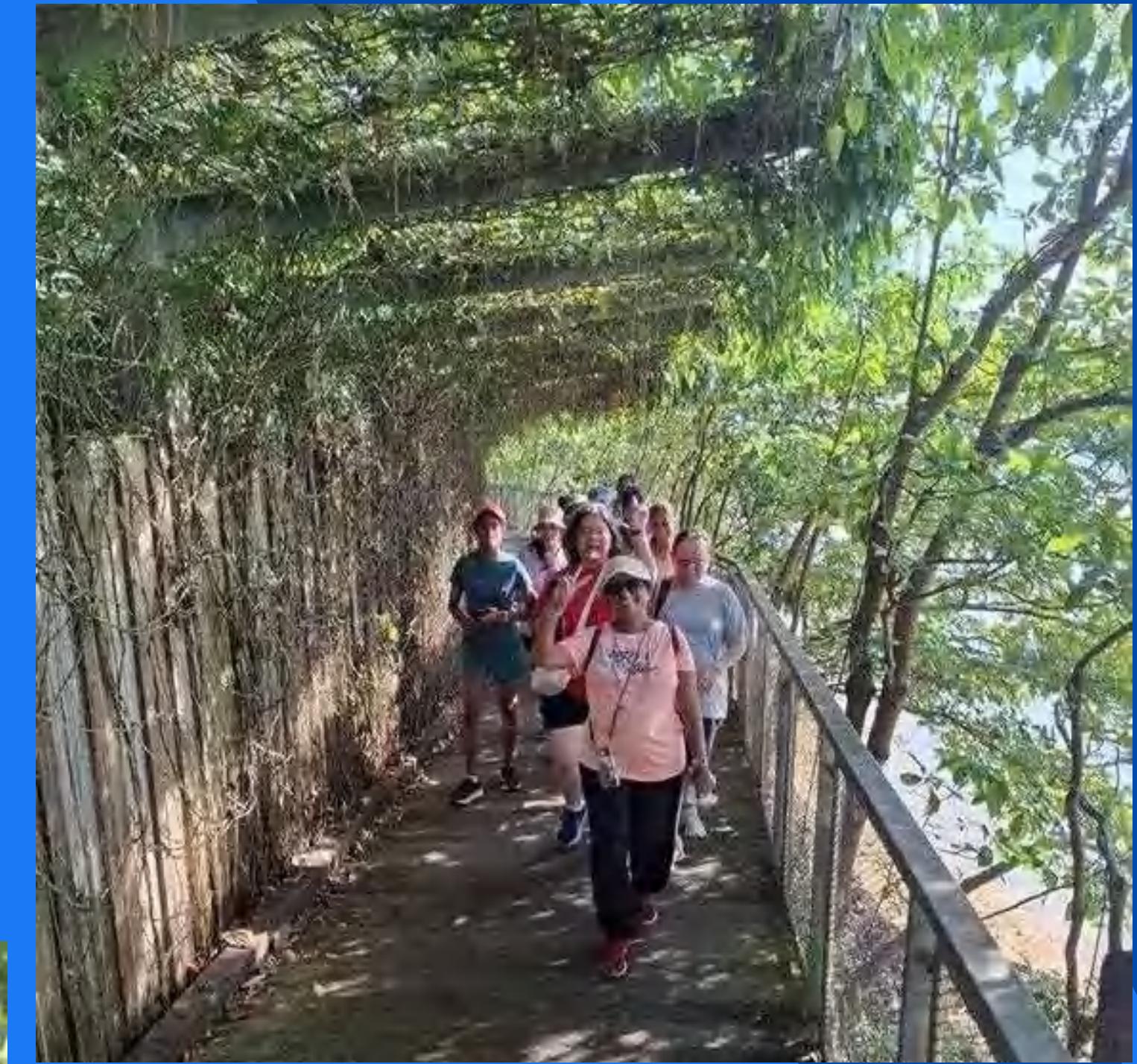
TEACHERS' DAY 2025



MANDAI BROADWALK 2025



MANDAI BROADWALK 2025



PSG TALK 2025

Post Secondary Pathway & Skillfuture for Students



PSG TALK 2025

SEL Power up & How to enter a teenager's heart



PSG TALK 2025

Positive Discipline Correcting in Love



PSG TALK 2025

Raising Resilient Teens

Collaboration with Choa Chu Kang Secondary School

**RAISING RESILIENT TEENS:
UNDERSTANDING STRESS,
STRUGGLES & SUPPORT**

Date: 18 July 2025 (Friday)
Time: 7.00 pm - 8.45 pm
(Registration starts at 6.30 pm)
Venue: Unity Secondary School
20 Choa Chu Kang Street 62, Singapore 689143

Speaker: Dr Jared Ng
Psychiatrist & Senior Consultant
Medical Director
Connections MindHealth

What are teenagers really stressed about today? How do you tell the difference between normal ups and downs and something more serious? In this session for parents of secondary school students, psychiatrist Dr Jared Ng will share insights into what teens face today – from academic pressure and social comparisons to struggles with low mood and anxiety. He will also touch on common mental health conditions in youth and how parents can support their children with calm and clarity. The session will include practical suggestions, real examples, and time for questions.

Jointly organised by :

Unity Secondary School
Lifelong learners, Inspiring Leaders

**CHUA CHU KANG
SECONDARY SCHOOL**

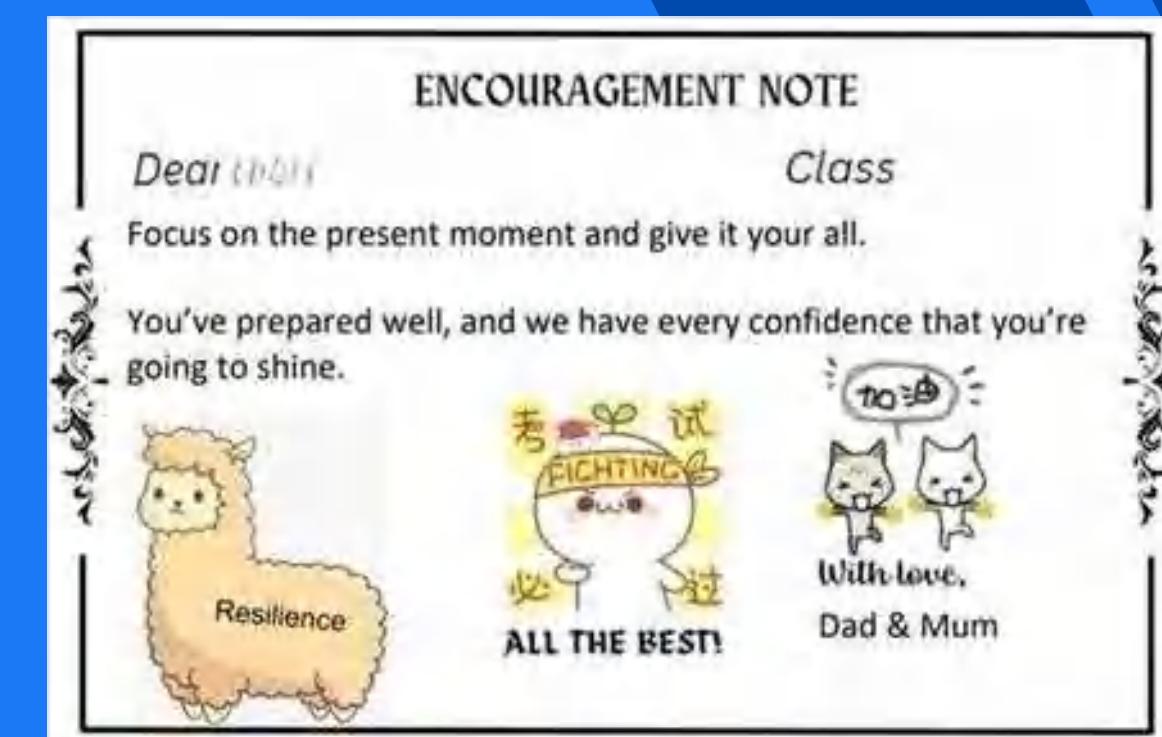
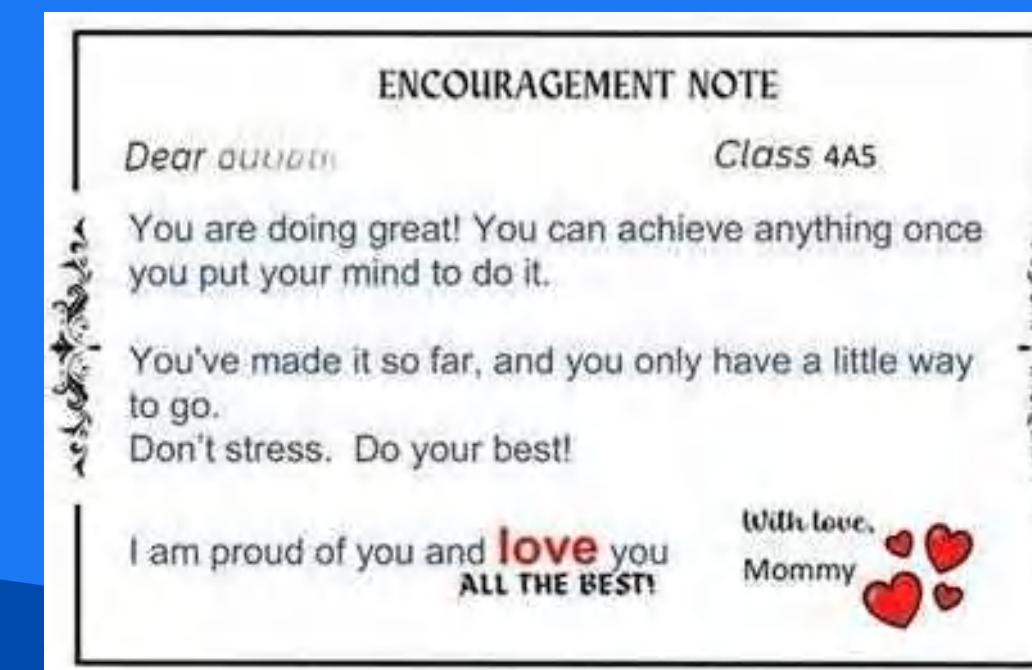
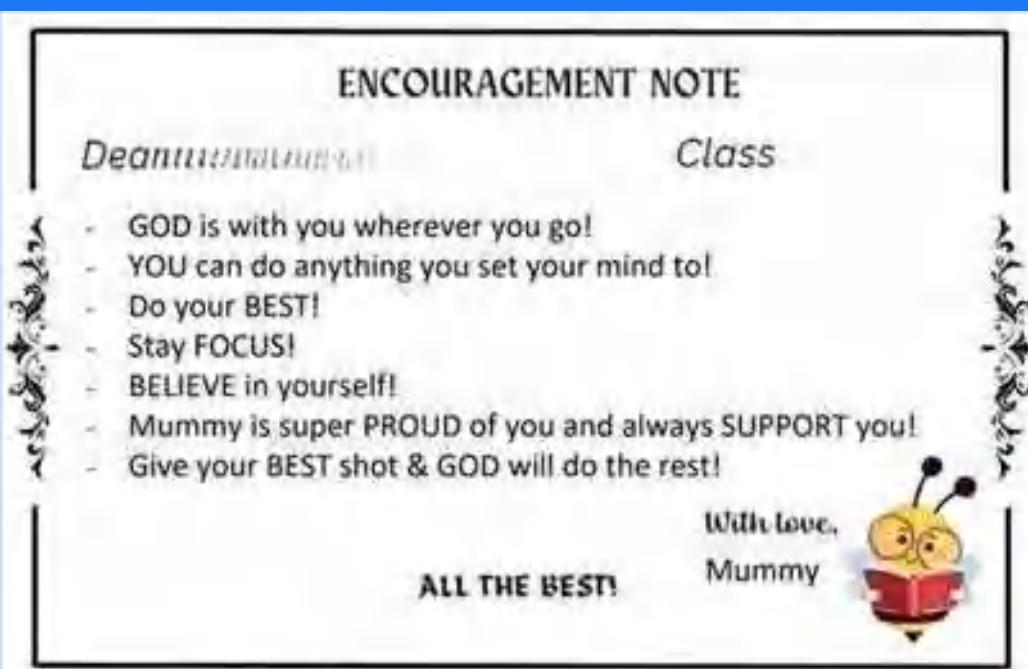
REGISTER NOW
SCAN ME



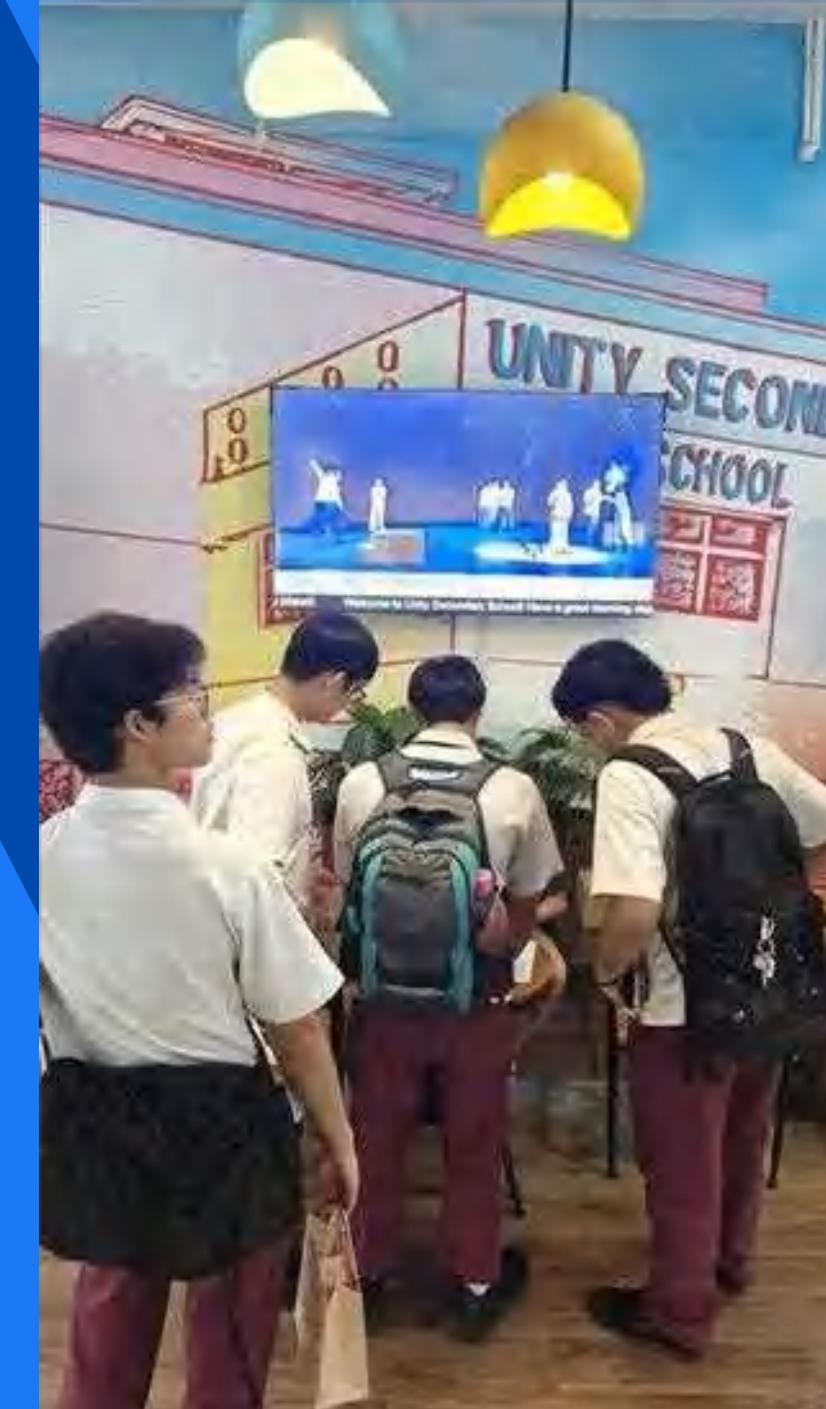
MONTHLY GAMES NIGHT



NOTES OF ENCOURAGEMENT



GRADUATION GIFT DISTRIBUTION





Unity Secondary School

Lifelong learners, Inspiring Leaders



Join USS PSG

(Parent Support Group)

now!

PSG

EXCO

2026



**PARENT
SUPPORT GROUP
EXCO 2026**

JASPER
Mentor

GEOK KUAN
Chairperson

WYNN
Vice -Chairperson

YIN YIN
Vice -Chairperson

Exco Members

SANKAR

SANDHYA

JUDY

DINA

SUSAN

MIN YAN

NUR

UPCOMING ACTIVITIES





PSG WELCOME TEA & LOH EI 2026

30 January 2026

Time: 7-8.30pm

Venue: School

Library



Secondary 1 Transition Talk

16 January 2026

Time: 7-8.30pm

Venue: Seminar Room
CCKSS



Chua Chu Kang Secondary School & Unity Secondary School
Secondary 1 Transition Talk
Introducing our Guest Speaker

Jazon graduated with a Master of Counselling from Monash University (Australia), as well as a BA (Hons) in Childhood Studies and Guidance & Counselling from Northumbria University (UK). Jazon is an accredited Triple P (Positive Parenting Programme) Practitioner (up to Level 4), and a certified Signpost (Parenting Programme for Parents with disability young children) trainer. As a Parenting Practitioner, Jazon works with parents from diverse ethnic groups and cultures to empower them in their parenting journey. He conducted Triple P seminar talks, father's talk and largely work with parents on one-to-one parenting consultation. Prior to Fei Yue, Jazon served in both government and social service sectors, working closely with the community. Jazon volunteers as the chairman for a Parent Support Group in his children's school and works closely with the parents and school. Jazon is married with a son and daughter.

Date: Fri, 16 Jan 2026
Time: 7.00 - 8.30 pm
Venue: Seminar Room, Chua Chu Kang Secondary School

Scan the QR Code to Register
First come first served basis!

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PSG MONTHLY GAMES NIGHT

23 January 2026
Time: 6.50pm-
8.50pm
Venue: School Hall

