



# **Education and Career Guidance (ECG) Sharing**

**Unity Secondary School  
Sec 4N(A) Parents' Briefing**



By: Mr Teng,  
ECG Counsellor

# ECG Counsellor Contact Details

**Name:** Mr Teng, ECG Counsellor

**Email:** teng\_swee\_hoe@schools.gov.sg

**Venue:** ECG Room, Level 2 (Beside Art Room)

**Day:** Every Monday

**Time:** 8am to 5pm



## How to make an appointment?

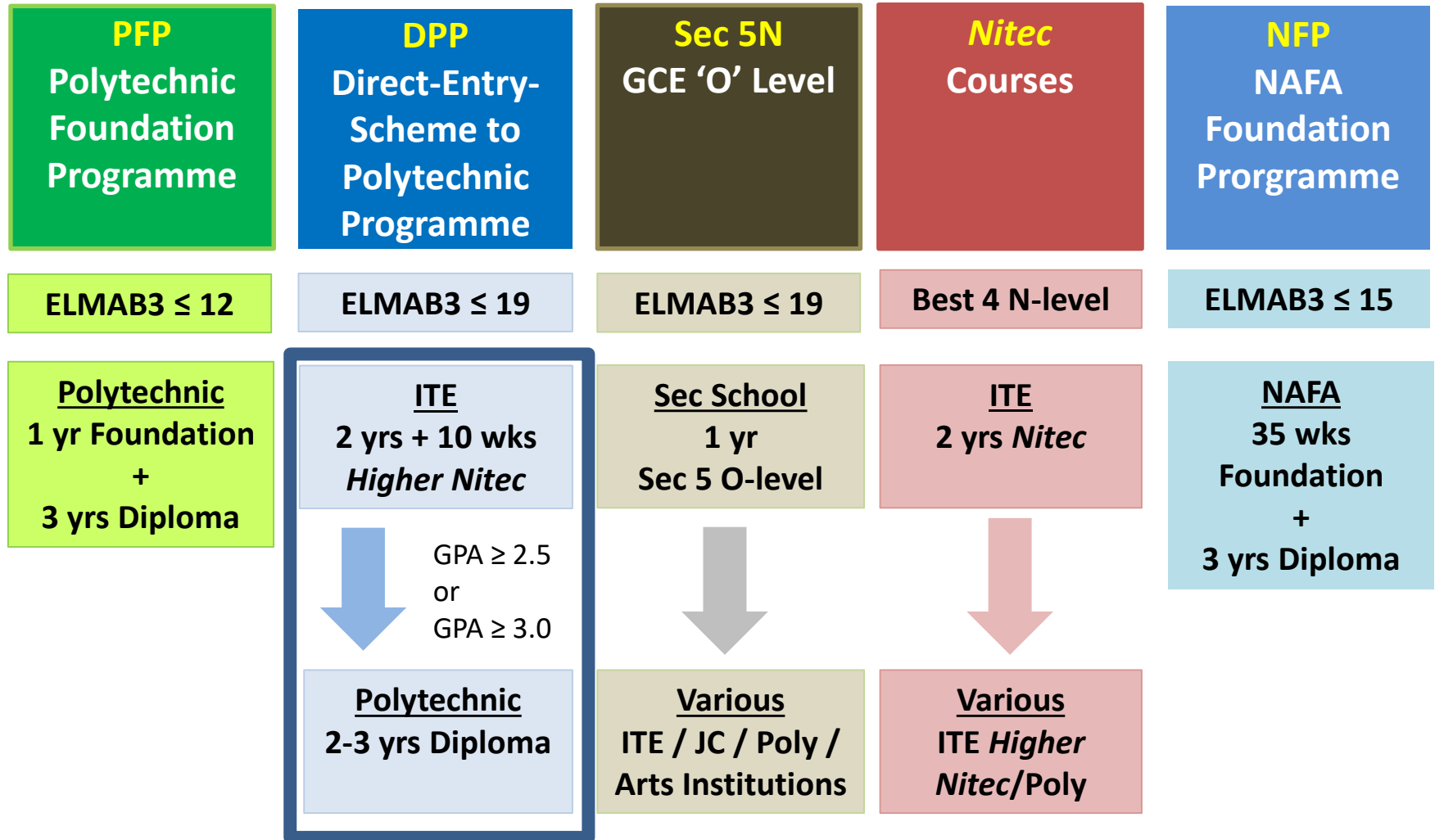
1. Fill up booking form via link/QR code: <https://go.gov.sg/ussecgappt>
2. Email me directly (including phone/videocall options)  
(Note: state your name, school and class)
3. Phone call at [6832 9414](tel:68329414)
4. Go through your Teachers
5. Walk-in (if I am available)



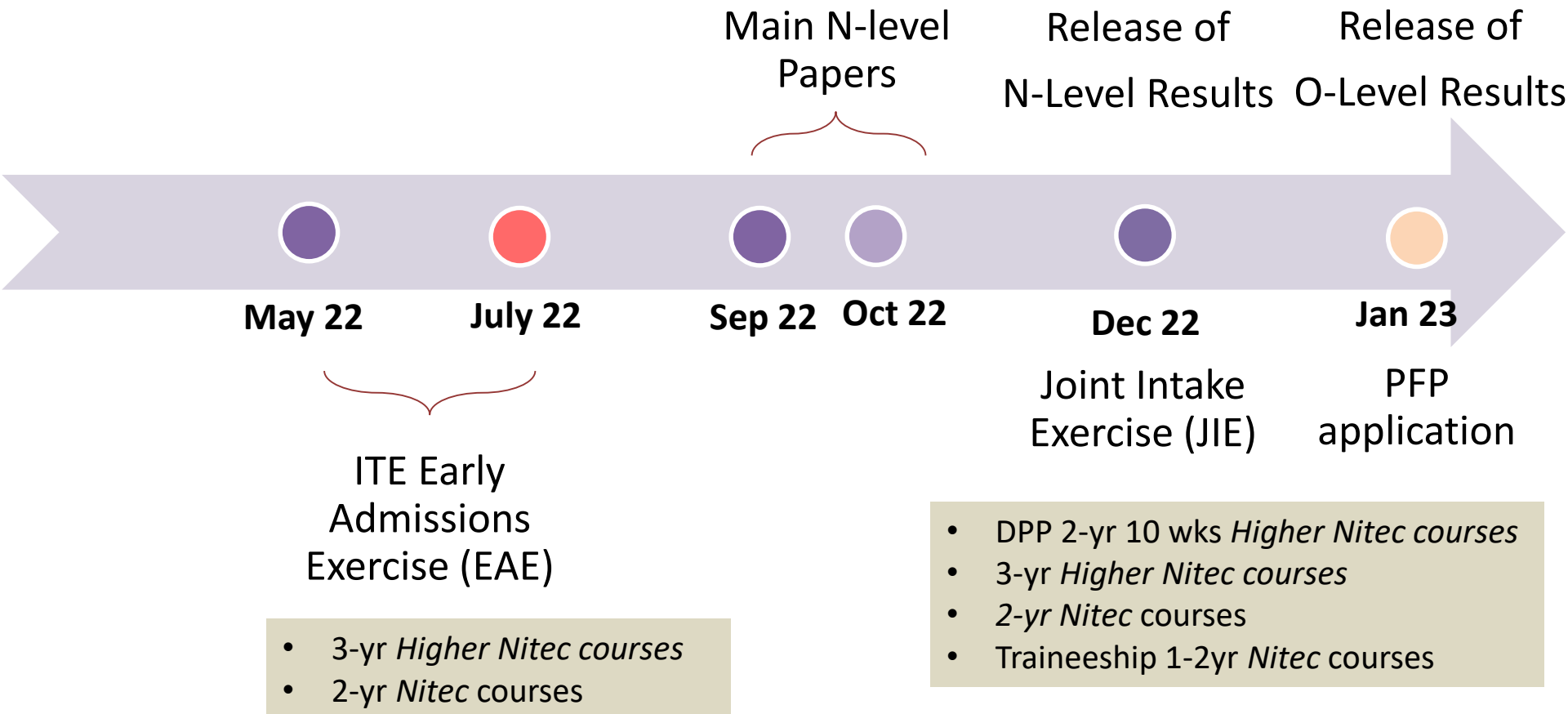
# Education Pathways & Admissions Exercises



# Education Pathways available for Sec 4N(A) students



# 2022-23 Timeline



# Application Period

Admission Type	Courses	Application Period
ITE EAE	<i>2-yr Nitec/ 3-yr Higher Nitec courses</i>	May-June 2022
JIE 'N'	- <i>2-yr Nitec/ 3-yr Higher Nitec courses</i>	Dec 2022
JIE 'H'	- <i>DPP Higher Nitec courses</i>	
JIE - Traineeship	- <i>Traineeship 1-2-yr Nitec courses</i>	
NFP Admission	Foundation programme leading to NAFA Diploma courses	Dec 2022
PFP Admission	Foundation programme leading to Polytechnic Diploma courses	Jan 2023

# **Supporting your child in their ECG Journey**



# How to support your child in their post-secondary decision-making?

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1. Recognise their uniqueness
    - Interest/Strengths?

2. Converse with them
  - Decisional Outcomes
  - Challenges & Solutions



# Common ECG Cases


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- “I want to study this course because my brother says it is easy.....”  
**Explore about the career, course and self**
- “I only want this course at Poly or ABC JC and nothing else!”  
**Have alternative plans  
(ie Plan A & B)**

# What your child could find ECG Counsellor for



**Decision-making:**  
Poly or ITE?  
Course A or B?




**Where huh?**  
Unsure of  
post-sec pathways



**Parental  
Expectations**



**Self-discovery**  
Strengths,  
Interest, Values,  
Personality



**EAE**  
Personal  
Statement,  
Portfolio,  
Interview

# ECG-related Resources



# Useful ECG Resource

## 1. MySkillsFuture Portal

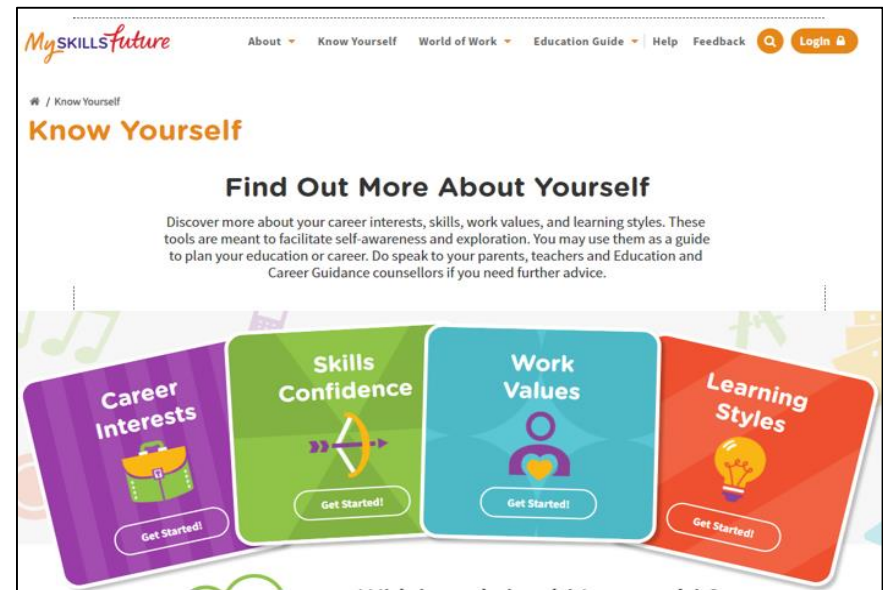
<https://www.myskillsfuture.gov.sg/secondary>



### A Browse Occupations



### B Know Yourself



# Useful ECG Resource

## 2. Other Resources

<https://www.myskillsfuture.gov.sg/content/student/en/secondary/help/ecg-resources.html>



An Education & Career Guidance Handbook  
for Parents



### Conversation Starters

Set aside time and space where you can speak with, listen to and understand your children's thoughts and feelings. Try using the following questions to get a conversation going.

### Suggested Activities

Reflecting on meaningful experiences, such as transitions, setbacks and achievements, is something you can do together with your children. Encourage your children to document experiences, skills and accomplishments regularly (e.g., in their ePortfolio in the MySkillsFuture Student Portal), as this will help your children chart out their own process of lifelong learning and personal growth.

# Useful ECG Resource

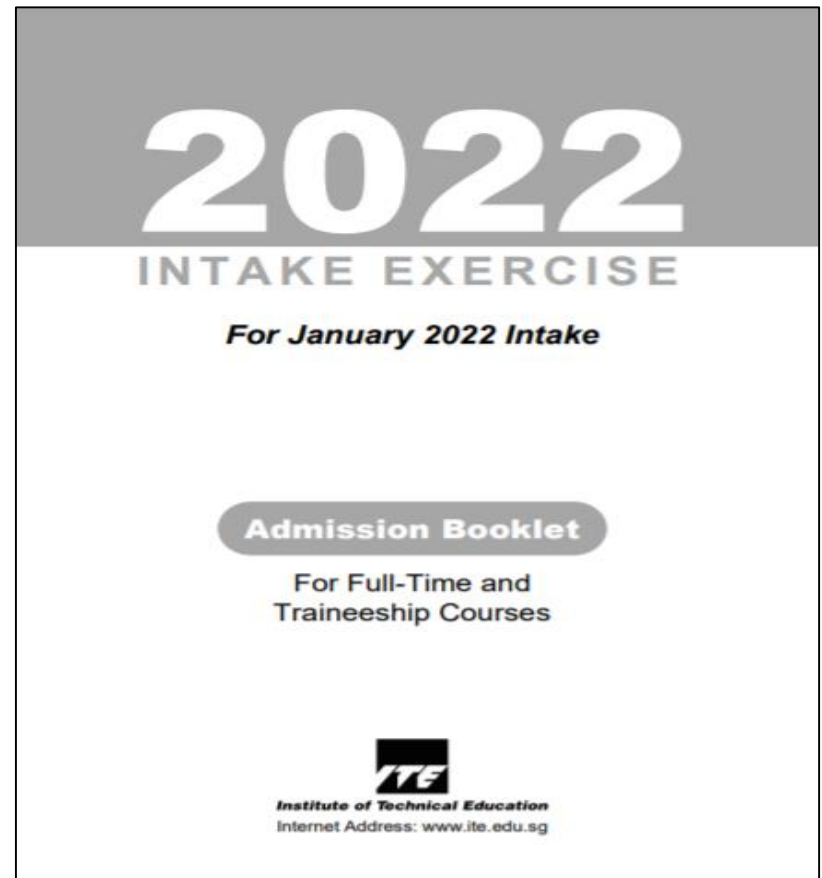
## 3. JIE 'N' 2022 Booklet

<https://go.gov.sg/jien>



<https://go.gov.sg/jien>

3-yr *Higher Nitec* (full-time courses)  
2-yr Nitec (full-time courses)  
Traineeship 1-2 yr *Nitec courses*  
DPP 2-yr 10 wks *Higher Nitec* courses



## 4. PFP (Polytechnic Foundation Programme)

<https://pfp.polytechnic.edu.sg/>



<https://go.gov.sg/pfpportal>

## Polytechnic Foundation Programme

If you're a Normal Academic student looking at entering a polytechnic, then the Polytechnic Foundation Programme (PFP) might be the route for you.

[Overview »](#)

# Summary

- Education Pathways and Admissions Exercises
- Supporting your child in their ECG Journey
- ECG-related Resources

