



Power of Care



Wellington Primary School Vision

**"Becoming an  
excellent institution  
(school)  
that grows  
future-ready leaders  
(students)."**

Respect | Responsibility | Innovation | Integrity  
Care | Community | Excellence | Empowerment



The Joy of  
Gratitude



Actions of  
Excellence



Yes, I can!  
Yes, I will!





# Wellington Primary School

Journey with us @ Wellington

Session 2

Interactions with form teachers



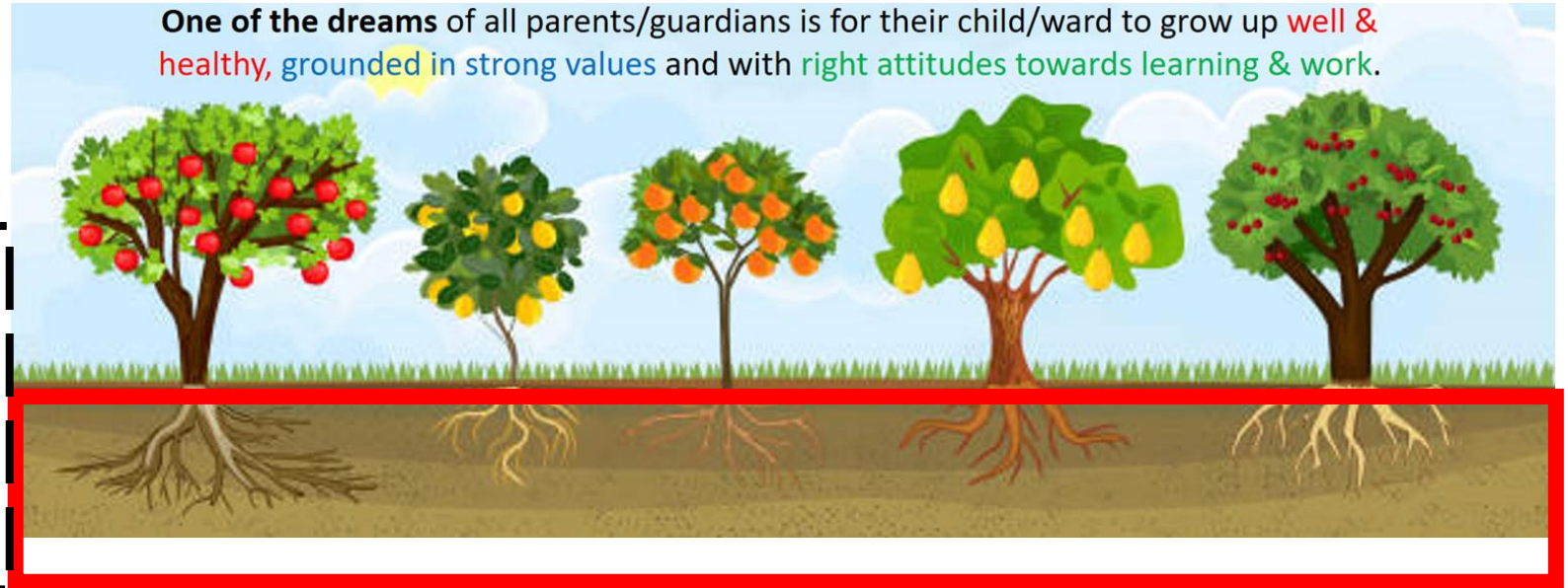
# Agenda

- Mode of communication (FTs & parents)
- Preparation for Primary 1



# Prepare your child through **WINNING** HABITS

- Start RIGHT for the child
- Build good routines
- Form healthy winning habits



# Prepare your child through **WINNING** HABIT 1



# Prepare your child for transition.....

- **Plan a timetable** with your child
- **Set routines** and form healthy habits
- **Guide them** to do up a timetable and follow it; teach them to tell time
- **Emphasise** the importance of adequate sleep





Follow school day routine. Example:

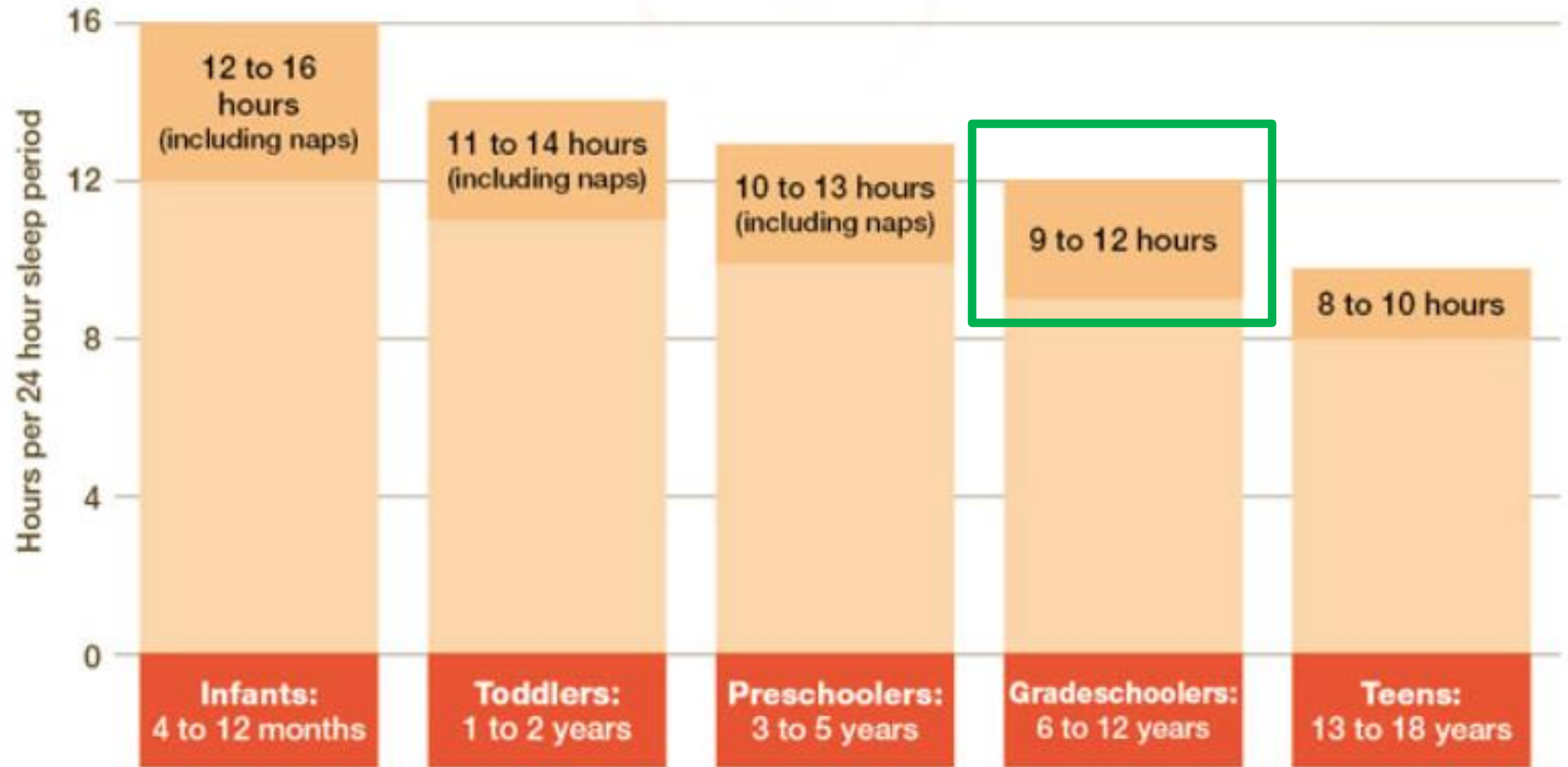
6.30 am	Rise and Shine/ Breakfast
7 am	Exercise (Take a walk to school)
8 am	Writing (Trace dotted lines)
9 am	TV time
9.35 am	Snack time (25 min)
10 am	Reading time
12 pm	Lunch (30 min)
9 pm	Sleeping time



- 1 week before school starts, prepare them. Eg. Wake up at the time they are supposed to for sch, eat breakfast. If time permits, walk them to school.



# How much sleep do kids need?





# Prepare your child through **WINNING** HABIT 2



# Introduce money through play



# Prepare your child through **WINNING** HABIT 3



- Teach your child how to **pack his/her own school bag**.
- He/She will know what are the items in his/her bag and **not feel lost in class**.



Packing your child's bag



Your child packing his/her own bag

# Prepare your child through **WINNING** HABIT 4





Feeding your child



Your child eating  
independently



# Prepare your child through **WINNING** HABIT 5





Dressing up your child



Your child dressing up  
independently



# Prepare your child through **WINNING** HABIT 6





Parents always buying things on child's behalf



gg105736501 www.gograph.com

Your child buying things independently



# Prepare your child through **WINNING** HABIT 7



# Wellington Personal Organiser

**MONDAY** *Start of Term 1* **JAN 04** Done Notes From Trs/Parents

1 English worksheet ✓

Have I...

- ☐ packed my school bag?
- ☐ consumed fruits & vegetables?
- ☐ exercised for at least 30 minutes?
- ☐ done a kind deed today?

**TUESDAY** **JAN 05** Notes From Trs/Parents

Have I...

- ☐ packed my school bag?
- ☐ consumed fruits & vegetables?
- ☐ exercised for at least 30 minutes?
- ☐ done a kind deed today?

**WEDNESDAY** **JAN 06** Notes From Trs/Parents

**THURSDAY** **JAN 07** Done Notes From Trs/Parents

**FRIDAY** **JAN 08** Done Notes From Trs/Parents

**SATURDAY** **JAN 09** **SUNDAY** **JAN 10**

Have I...

- ☐ packed my school bag?
- ☐ consumed fruits & vegetables?
- ☐ exercised for at least 30 minutes?
- ☐ done a kind deed today?

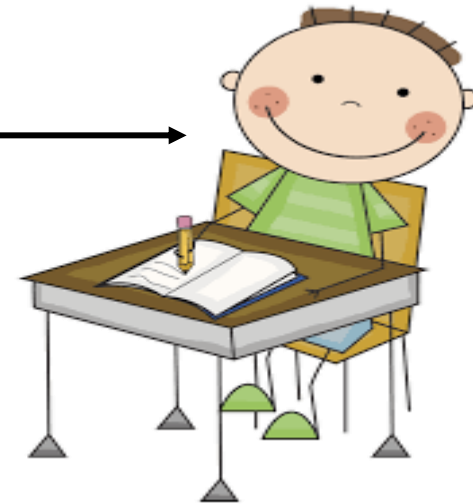
**January** My Reflection:

## Challenges students faced:

1. Unable to find the page number
2. Unable to read the date – JAN 04
3. Copying from the whiteboard/ screen







Play a game with your child. Learn how to copy from a small whiteboard at home.

- Arrange 'homework time' such as training their hand muscles – tracing n writing names.



# Prepare your child through **WINNING** HABIT 8





Homework file

Learn how to keep worksheets in his/her file.

# Prepare your child through **WINNING** HABIT 9



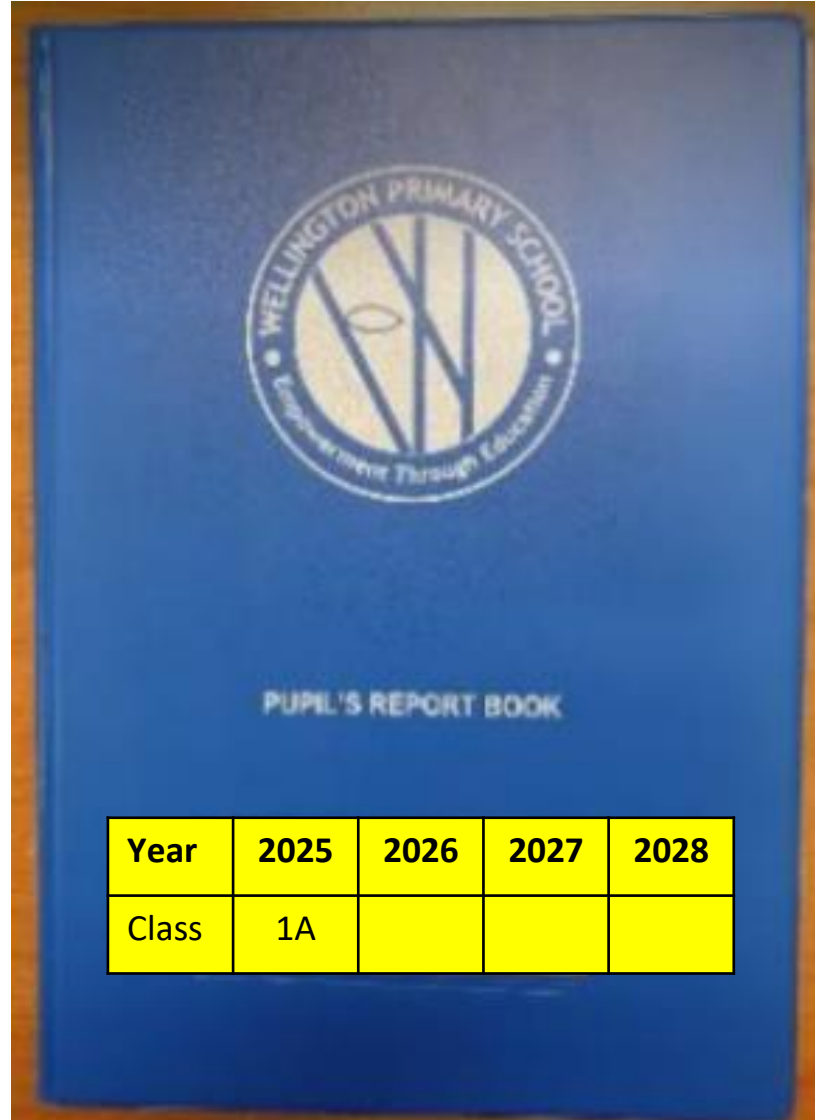
Suggested activities to do during Dec holiday	Activity to avoid
<ul style="list-style-type: none"> <li>• Visit library (<b>READ</b>)</li> <li>• Practice penmanship</li> <li>• Writing names in English and Chinese(if any)</li> <li>• Exercise</li> <li>• Craftwork</li> <li>• Block play/ Lego</li> </ul>	<ul style="list-style-type: none"> <li>• Uncontrolled/ unsupervised usage of electronic devices e.g. handphone, IPAD etc</li> </ul> <p><a href="https://www.todayonline.com/big-read/big-read-teenagers-hooked-social-media-whats-cost-their-mental-health-2216401">https://www.todayonline.com/big-read/big-read-teenagers-hooked-social-media-whats-cost-their-mental-health-2216401</a></p>



# Help to prepare the following:



- **Guide** your child to **label all items** such as pencil case, water bottle, wallet, books etc.



# Journey with us @ Wellington

## Session 3

2 Jan 2025 (Thursday)


- Things to bring: Pencil case and colour pencils, water bottle, wallet, story book
  - Attire: PE Attire
  - Place to assemble: School Hall (with parents)
- 
- More details will be shared nearer to date, including reporting time, things to bring after day 1, etc
  - Do check your email & our school website.

# Wellington Primary School website

wellingtonpri.moe.edu.sg/useful-links

Apps NIE Portal iCON 2.0 Wellington Primary... Zdic Dictionary xuele Get Code ASKnLearn™ Learning SLS Student Learning S... Reading list

ABOUT US KEY PROGRAMMES OUR DEPARTMENTS & CCA MK@WL E-OPEN HOUSE **USEFUL LINKS**




Home > Useful Links


## Useful Links

<b>For Parents</b>	For Students	For Staff
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- School Information
- School Rules
- Privacy Policy
- Calendar
- Contact Us
- SLS Password Reset



What do you think of the website?  
Let us know!



# Contacts

- School mobile phone – 9105 5012
- School phone - 6753 3319
- School Email – [wellingtonps@moe.edu.sg](mailto:wellingtonps@moe.edu.sg)

<https://www.wellingtonpri.moe.edu.sg/useful-links/general/school-information/>







Q & A

