WHITE SANDS PRIMARY SCHOOL



ILB / 05 / 2021

IN LINK 1 May 2021

Dear Parents/ Guardians,

1. Trace Together Token/App in Schools

With reference to the centralised PG notification on 22 Apr 2021, please note that the TraceTogether-Only SafeEntry (TT-only SE) will be implemented on 1 June 2021 in schools. While students will not be required to scan their TT token when they enter school, we strongly encourage you to continue to remind your child/ward to have their TT tokens with them in school as it facilitates faster and more accurate contact tracing. Following are information of management of loss tokens for your noting:

- Good Practices to Prevent Loss of TT Tokens. Please assist in reminding your child/ ward to be responsible and to take good care of the TT tokens issued to them. Each student is advised to ensure that his/her name and class are indicated on the token to facilitate the returning of the tokens to the rightful owners, in the event it is found.
- b. Management of Lost and Found TT Tokens. TT tokens found in school should be handed over to the General Office immediately. Students who have lost their tokens should approach the General Office staff. For students who are still unable to find their tokens, parents should proceed to a Community Centre to report the loss and to get a replacement as soon as possible.

2. Donation Drive

The school would like to thank all parents and students who have supported the donation drive for migrant workers held between 5 April and 9 April. The value of Care is clearly demonstrated as we gave generously to the foreign workers who contributed much to our nation's development. Do look out for our Facebook post where we will be uploading the pictures of the IFD activities as well as the donation drive.

3. P1 to P6 Parent-Teacher-Conference

As part of our efforts to keep you updated on your child/ward's development and growth, the school will be holding a Parent-Teacher-Conference (PTC). The details of the PTC are as follows:

Date of PTC	Monday, 31 May 2021	
Duration of PTC	8.00am to 4.00pm	
	(15 min per session)	
Mode of PTC	Zoom	

Booking for the PTC will be via Parents Gateway from 8 May 2021, 7.00am to 23 May 2021, 11.30pm. More details on the Zoom session will be provided by your child/ward's respective C4RE teachers. All parents/guardians are strongly encouraged to book for a slot for the PTC session.

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4. P2 CCE Learning Journey

As part of the school's efforts to provide students with outdoor experiential learning opportunities, the Primary 2 students will visit the Prehistoric Safari Park at Pasir Ris East Community Club during school hours on 19-21 May 2021.

Students will be immersed in the world of dinosaurs using augmented reality (AR). Through this experience, they will learn how augmented reality brings life to the digital content such that it looks part of the real world. Please see the table below for the classes' schedule.

Classes	Dates	Time
2A	Wednesday, 19 May 2021	7.50am to 9.30am
2B		10.00am to 11.30am
2C	Thursday, 20 May 2021	7.50am to 9.30am
2D		10.00am to 11.30am
2E	Friday, 21 May 2021	7.50am to 9.30am
2F		10.00am to 11.30am

A letter of consent will be sent through Parents Gateway a week before the event.

5. PSLE 2021: Supporting students and parents in making school choices [Briefing for P5 & 6 parents]

As a follow up to the PG message sent on 28 April on the release of indicative PSLE score range for individual secondary schools, we would be holding an online briefing session with P5 & P6 parents on 21 May 4.30pm. More details would be shared with you via PG.

6. School-Home partnership: Promoting students' well-being

a) Change language, change mindset

"How are you?"

We will habitually respond with "I'm okay", but is that really how we feel all the time? Similarly, our children could very well be saying "I'm okay" when they do not mean it. But with a slight shift in mindset, as parents, you can help your child move from saying "I'm okay" to thinking "It's okay".

Teachers have started inculcating Growth Mindset in our students. We want our students to know and understand that it is okay to make mistakes sometimes. Failure is a necessary part of life's growth journey and we need to practise self-compassion. You can help your child too! Here are the M3 tips you can try out at home:-

- 1. **Manage Emotions**: Be kind to themselves in the face of challenges. This will help them to cope more effectively and bounce back when they encounter difficulties.
- Mindset Change: Change their language to change their mindset. Guide them to say that it is okay not to be okay and it is perfectly fine to find social support to share their struggles.

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3. **Maintain Support:** Help your child to understand it is okay for them to turn to you and other trusted adults such as teachers, for help and support.

We hope that by taking care of the children's mental well-being and strengthening their resilience, they will be better prepared to overcome challenges ahead.

For more information, please refer to: https://www.schoolbag.edu.sg/story/from-i-m-okay-to-it-s-okay

b) Tips and useful links on Cyber wellness

With the wide availability of learning resources and portals online, pupils have been spending more time online to meet their learning needs. Please see the attached Annex A for some tips and useful links on how to manage your child's screen time to maintain a healthy balance of online and offline activities.

c) Promoting active lifestyle through outdoor play

Play is an essential aspect of learning. Playgrounds provide many learning opportunities for children to play and keep fit at the same time. Outdoor play not only encourages the physical, social, emotional, imaginative and cognitive development of children, but also takes them away from excessive screen time during the pandemic.

Singapore offers plenty of outdoor playgrounds for our children. Considering the myriad of developmental benefits that our children can get from the playgrounds, we strongly encourage you and your family to make outdoor play at the playgrounds, a part of your family's regular routine.

Below are some of the few awesome playgrounds in Singapore that we have chosen for you. Do check them out during the June holidays with your family!

i) NORTH: Admiralty Park Playground

https://www.sassymamasg.com/admiralty-park-huge-slides-kids-all-ages/



ii) SOUTH: Children's Garden @ Gardens by the bay

https://www.cheekiemonkie.net/2014/01/childrens-garden-gardens-by-bay.html

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iii) EAST: Tampines Green Forest Park and Playground

https://www.mychirpylife.com/2017/09/18/tampines-green-forest-park/



iv) WEST: Jurong Lake Gardens Playground

https://www.cheekiemonkie.net/2019/04/lakeside-garden-review-jurong-lake-gardens-west.html



Once again, thank you for your kind attention to the contents of this bulletin. On behalf of my staff, I would like to wish all Muslim families, a meaningful and blessed Ramadan and Selamat Hari Raya Aidilfitri in advance!

Your partner in education,

Ms Audrey Wong Principal

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