



Dear parents/ guardians,

We are reaching the end of Term 2. We would like to thank you for your continued partnership in developing the success stories in all our pupils. Following are the programmes we have planned for your attention.

**1. Parent Engagement Sessions on 25 and 26 May 2023**

**a) *GROW with Me!* Conversations (Parent-Teacher-Child Conference)**

*GROW with Me!* was implemented in 2021 to promote Positive Education through the inculcation of the Growth Mindset. The school hopes to develop students with a **G**rateful heart and a **R**esilient spirit to **O**vercome obstacles and **W**in together! This programme strives to develop White Sandians' 21<sup>st</sup> Century Competencies and social-emotional competencies.

The ***GROW with Me!* Conversations** for P1 – P6 levels will be held over two days from 25 to 26 May 2023, 8.00 am to 4.00 pm. This year, we will revert to having face-to-face sessions involving you, your child/ward and your child/ward's C4RE teachers in school. You will have the opportunity to hear from your child/ward about his/her school learning journey and his/her sharing on the successes and challenges experienced. We hope that this conversation platform can be an impetus to help your child/ward develop skills and competencies to enhance his learning experiences in school and continue to strive to get better.

A session of 20 mins will be allocated for each child/ward and the booking details will be sent via Parents Gateway nearer the date. All parents/guardians are strongly encouraged to book for a slot with the C4RE Teachers for the purposeful conversations to be held. As shared in the Mar ILB calendar, there will be no school for your child/ward on these two days.

**b) PSLE, Full SBB, S1 Posting & DSA-Sec Posting Briefing**

To support P6 parents/guardians who may need further clarification on matters regarding PSLE, Full Subject-Based Banding, S1 Posting as well as how to support their child/ward to prepare for DSA-Sec selections and posting, the school will be conducting an engagement session on 25 May 2023 via zoom. More details will be provided on Parents Gateway nearer the date.

**c) Parents Networking Session during Grow With Me! Conversations**

To enhance home-school partnership, the school would be conducting a 1-hr engagement session via Zoom for parents of P1 – P4 pupils on strategies to manage behavioural and learning needs. There will be 2 sessions available, and parents could choose to attend one of them. Below are the details and more information will be shared via Parents Gateway nearer the date.

Date	Time	Programme
25 & 26 May 2023	4.00 pm – 5.00 pm  via Zoom	1. Sharing on strategies <ul style="list-style-type: none"> <li>• Focusing Attention and Ignoring Distractions</li> <li>• Use of Task/ Time Management Aids</li> <li>• Improving Self Control</li> </ul> 2. Q & A

## 2) Student-Initiated Learning Programme

As part of our school's mission to develop our pupils as passionate learners, we will be implementing a non-graded Student-Initiated Learning (SIL) programme during the upcoming mid-year school holidays. The objectives of SIL are to:

- provide opportunities for pupils to explore their interests and passions.
- promote self-directed learning and encourage pupil voices.
- uncover hidden talents that pupils may have.

Through SIL, pupils will be able to decide on what they would like to do to build on their interests in various areas such as art, active lifestyle, mass communication, etc. Pupils can access the SLS portal for the lesson package on 25 May 2023 to kick-start the programme. We hope to showcase our pupils' work in Semester 2 through presentations and exhibitions.

We strongly encourage all pupils to participate in the spirit of learning for life.

## 3) P6 Supplementary Lessons during June holidays

To provide further support our P6 pupils in their preparation for the PSLE, the school has planned supplementary lessons for the P6 cohort from **21 – 23 June 2023 (Wed – Fri), 8.00 am – 12.30 pm** during the June school holidays. The schedule and consent form would be sent to parents/guardians via Parents Gateway nearer the date.

## 4) Model Pupil Award 2023

The Model Pupil Award endeavours to recognise and affirm pupils who consistently display and demonstrate good character traits and school values. The school has refined the processes for the Model Pupil Award. As such, different tiered badges (Gold, Silver, Bronze) would not be given. Instead, every nominee will receive a certificate and/or a Model Pupil badge if he/she is awarded at the end of each semester.

Let us work together to develop every child in White Sands!

## 5) Spot-the-Hazards Contest 2023

To encourage pupils to identify potential hazards in their daily school lives and inculcate good safety habits, MOE in collaboration with Workplace Safety & Health (WSH) Council is proud to present the Spot-the-Hazards Contest!

This contest opens from 17 April to 31 July 2023, for all MOE school pupils. They will be asked to identify the hazards in a school-based scenario (e.g. classroom). The details of the contest have been shared in the Student Learning Space. Pupils are to submit their responses through the FormSG link: <https://go.gov.sg/gfkh71>

We kindly seek your assistance to encourage your child to participate in this contest.

## 6) P3 SwimSafer 2.0 Programme in Term 3 2023

Primary 3 pupils will be having their SwimSafer 2.0 Programme every Friday within school curriculum in Term 3, from 30 Jun – 25 Aug 2023 at Toa Payoh Swimming Pool. To facilitate the programme, there will be a change in recess timings for the following 2 levels on Fridays in Term 3.

P3 Recess ( Term 3 Fridays)	9.30 am -10.00 am
P2 Recess ( Term 3 Fridays)	11.00 am -11.30am

More details for the programme will be provided to the parents of our P3 pupils through Parents Gateway at a later date.

## 7) Keeping Children Healthy Part 1

As role models, parents can encourage your children to cultivate healthy habits by making healthier choices. You can influence them in a positive way in eating well, managing your screen time, sleeping better or even practising self-care. Let's start today!

<p>Based on HPB programmes for pupils in schools, parents can continue building healthy habits at home for their children. This edition addresses the following:</p> <ul style="list-style-type: none"><li>• What types of healthy food are sold in my child's school?</li><li>• How can I continue preparing healthy food at home for my child?</li><li>• Embark on the "One-Week Eat Healthy" Challenge with your children!</li><li>• Does my child's school provide any programme to help with stress?</li><li>• Vaping: What is it?</li><li>• How do I keep safe, hygiene and clean at home?</li></ul>	<p><a href="https://go.gov.sg/parentsnewsletter1">https://go.gov.sg/parentsnewsletter1</a></p>
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## 8) Parenting Article on "Engaging Your Disengaged Child in Conversations"

Our partner, MWS Family Support Programme, has prepared a parenting article, "Engaging Your Disengaged Child in Conversations". This article features useful practical tips on how to occupy your child and make meaningful conversations.

The article is attached for your reading pleasure.



Infographic Engaging  
your Unengaged Child

For your information, MWS Family Support Programme offers three levels of Triple P (Positive Parenting Programme) to support your parenting journey. Please refer to this **link to its Interest Form** to register your interest:

<https://forms.office.com/r/0GpLXbFFT5>

## 9) Growth Mindset Nuggets #4 (Embracing Inclusion with a Growth Mindset)

Every child feels safe and has a sense of belonging in an inclusive environment. A growth mindset can be closely linked to inclusion as it encourages individuals to see the strength in themselves and in others. We believe that everyone can learn. This belief can lead to more inclusive attitudes and develop important life skills like respect and empathy.

As parents, we can help our children to understand inclusion. These are some tips you can work on.

1. Teach them that everyone is different.
2. Emphasize that everyone is capable in our own ways and we contribute our strengths through participation.
3. Teach patience, as it goes a long way towards building friendships and including others.
4. Remind our children that everyone wants to have friends.

As we promote a growth mindset in our children, we can help to create a more inclusive school environment where every child is valued and supported in their learning and development.

Do share your positive experience of teaching inclusion to your child via <https://go.gov.sg/gminclusion> or by scanning the QR code provided.



Thank you for your kind attention to the above information. We would like to take this opportunity to wish all our Muslim parents and pupils once again, *Salamat Hari Raya!*

Your partner-in-education,

Ms Audrey Wong  
Principal