



Dear parents/ guardians,

Following are some important announcements and information for your noting:

### **1. School's Achievements in National School Games (NSG) and CCAs**

We are pleased to announce our pupils' achievements in the NSG and various CCA competitions:

a) NSG Achievements:

- Football Girls (Junior Division) : National First Runner Up
- Football Boys (Junior Division): 4<sup>th</sup> Position in Tier 1 Group 1B Classification

b) CCA Achievements:

- i) 1<sup>st</sup> Active SG- TBAS Inter-school B Div Tchoukball Championships 2023
  - Senior Division – 2<sup>nd</sup> Runner Up
  - Junior Division – 3<sup>rd</sup> Runner Up (Cup Team)
  - Junior Division – Champion (Plate Team)
- ii) National Primary Game Creation and Coding Competition (NPGC3) - First Runner up
- iii) Hwa Chong Info-communications Challenge (HCIC) - Bronze Award
- iv) Scouts CCA
  - Akela Awards for 6 cub-scouts
  - Frank Cooper Sands Award – Silver (for the year 2022)

We would like to thank all our parents/guardians for their continued support in their child's CCA development and pursuit of excellence. We would also like to thank our dedicated teachers and coaches who have trained and motivated our pupils in the process.

### **2. HeArts Shine Fiesta cum Children's Day 2023**

The school will be celebrating HeArts Shine Fiesta cum Children's Day on Thursday, 5 October 2023. This year, our theme, 'HeArts in Motion' promotes wellness of mind, healthy and active lifestyle as well as the appreciation of the Arts. Pupils will embark on a day filled with engaging activities encompassing active sports, brain stimulating games booths and learning stations and the appreciation of performance and aesthetic arts.

School hours are as per usual. Pupils are to report in their PE attire with sports or school shoes. They are encouraged to bring a small bag/bag pack and water bottle. The school canteen will operate as usual and as part of the Children's Day celebration, a selection of carnival food items will also be sold at the canteen.

We thank you for your support and look forward to your child's/ ward's participation.

### **3. Post-PSLE Programme for Primary 6 Pupils**

As part of our P6 pupils' holistic development in White Sands Primary School, an array of enjoyable and purposeful Post-PSLE Programme activities has been planned. These activities would be conducted during curriculum time.

Programme	Purpose
1. Aesthetics Programme	Learning about various art/music interests
2. Secondary School Highlights	Gaining better understanding about the Secondary Schools invited to share on their respective school programmes
3. Career Fair Talk	Learning about possible career opportunities and dispositions required
4. Trekking at MacRitchie Reservoir	Outdoor learning experiences
5. Traffic Games	Learning about road safety
6. Code for Fun	Learning about coding to develop their logical reasoning and analytical skills
7. Values in Action Programme	Learning about Design Thinking, creation of a prototype and contributing but to the community.

There will be a P6 Graduation Celebration on 16 November 2023, Thursday. Details for the respective programmes will be provided to the pupils nearer the date of the activities.

#### 4. Online CCA Option for Primary 2 Pupils

It is the time of the year where our Primary 2 pupils will get an opportunity to select their CCA for 2024 when they are promoted to Primary 3. All pupils are highly encouraged to have a CCA.

To ensure varied opportunities to develop competencies and talents amongst our pupils, the school offers a variety of CCAs as shown in the table below. This year, the CCAs are grouped into **3 Categories** in the Online CCA Option Form. Pupils will have to choose two CCAs from **EACH** Category A, B & C and rank their 6 choices in order of preference.

The Online CCA Option Form will be opened for registration from **20 to 31 October 2023** via Parents' Gateway. Each pupil will only need to submit one option form.

<u>Category A</u> <b>PERFORMING ARTS</b>	<u>Category B</u> <b>UNIFORM GROUP &amp; CLUBS</b>	<u>Category C</u> <b>SPORTS</b>
1) Chinese Dance	1) Art Club	1) Netball (Girls only)
2) Choir	2) Computing Club	2a) Soccer (Boys)
3) Guzheng	3) Environment Science Club	2b) Soccer (Girls)
4) Malay Dance	4) Media Production Club	3) Table Tennis
5) Modern Dance	5) Scouts	4) Tchoukball

A Zoom CCA Discovery Day will be organised on **20 October 2023, Friday** from **2.30pm to 3.45pm** to assist you and your child to make an informed decision on the choice of CCA. More information on the various CCAs is also available in the school's website.

#### 5. Parenting Article: "Is Self-Care for Parents Selfish?"

We would like to share an article "Is Self-Care for Parents Selfish?" from the Methodist Welfare Services Family Support Programme (MWS FSP).

The article highlights the need for you to constantly recharge through activities to nourish your body, mind and soul. In your journey of self-care, learn more about the 2 pointers of Let It Go! and Connect!

You can empower your children to perform age-appropriate tasks and they learn about discipline, responsibility and independence. When you create happy times and bond with your family, your children become more receptive to your influence. Please find attached the full article (Attachment 1) for your reference. Happy reading!

## 6. Growth Mindset Nuggets #8: Embracing Inclusion with a Growth Mindset

How do we build a more inclusive society? We start by getting our pupils to experience and empathize challenges some people may go through.

At home, parents can reinforce to our children on what they can do to help anyone with disabilities. Here are some tips you can work on.

1. Everyone has disabilities, just that some are more obvious than others.
2. Focus on abilities, not disabilities.
3. Teach empathy, the ability to notice the feelings of others and imagine how it feels to be in their position or to see from their perspective.



Do share your positive experience of teaching inclusion to your child via <https://go.gov.sg/gminclusion> or by scanning the QR code provided.

## 7. Purple Parade 2023 @ WSPS

To show our support to persons with disabilities in Singapore and in conjunction with Purple Parade 2023, **our school will be organizing a series of activities from 10 to 13 October 2023 to promote inclusivity and empathy in school and to teach our pupils to recognize the unique contributions of individuals with disabilities.** These activities will take place during pre-assembly and recess time.

To culminate the event, all staff and pupils are encouraged to come to school dressed in their purple top (i.e. T-shirt, blouse) on Friday, 13 October 2023 to show their support for Purple Parade. Pupils who do not have purple tops could come in their usual school or PE attire.

For more information on the Purple Parade, please visit <https://www.purpleparade.sg/>

Thank you for your kind attention to the above information. Wishing you a joyous occasion with your children this Children's Day!

Your partner-in-education,

A handwritten signature in blue ink, appearing to read 'Audrey'.

Ms Audrey Wong  
Principal