

Every White Sandian, a success story

**School-Parents
Engagement &
Communication
Session
(SPECS)**

9 February 2023

**A warm welcome to
Parents/Guardians of Primary 6E**





Our teachers & Communication Platforms



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Our Year Head and Asst Year Head




Mr Wong Yexiang



Mdm Nur Diana

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C4RE Teachers of 6 Excellent

		
Mdm Nadia	Mdm Shahira	Mrs Joycelyn Lok

Names of your child's subject teachers have been indicated in the **Introductory Letter sent to parents in the first week of Term 1.**

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Communication platforms



Parent Gateway



Student Handbook



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Communication platforms

Email of C4RE Teachers <ul style="list-style-type: none">• nadia_Hezryn_osman@moe.edu.sg• shahira_daud@moe.edu.sg• tay_aijing_joycelyn@moe.edu.sg	School Contact Details <ul style="list-style-type: none">• General Office : 6922 9100• Staffroom 2 : 6922 9125 <p>Do take note that you may not receive a reply immediately.</p> <p>For urgent matters, please call General Office directly.</p>
Other modes of communication <ul style="list-style-type: none">• WhatsApp / WhatsApp Broadcast	

Upper Primary Level Outcome

A Resilient Achiever

Concerned citizens who demonstrate resilience in achieving their best and contribute actively to the community and nation.

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A learner-oriented classroom environment

What you can do for yourself

Believe in yourself
Having **faith** in your own capabilities.

It means **believing** that you CAN do something — that it is within your ability.

You have not achieve it YET!
When you **believe in yourself**, you can overcome self-doubt and have the confidence to take action and get things done.



Builds Confidence 	The Power of Positive Self-Talk <small>www.thepathway2success.com</small>	
Improves Attitude 	Promotes Self-Love 	Helps Cope with Stress 
Allows for Taking Risks 	Encourages Motivation 	Helps Work Through Challenges 



Developing a **Growth Mindset using
“Power of Yet” & positive self-talk**

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3 'P's – Being a resilient achiever

1. Prompt & prepared

- Report to school on time
 - In line with the school value of responsibility, we seek parents' support in ensuring that your child be punctual.
- Submit homework on time.
 - Bring all necessary materials (books / stationery) to school
 - Get your child to check the time table every school night and pack their school bag accordingly to ensure that the weight of the school bag does not hamper his/her movement in school.



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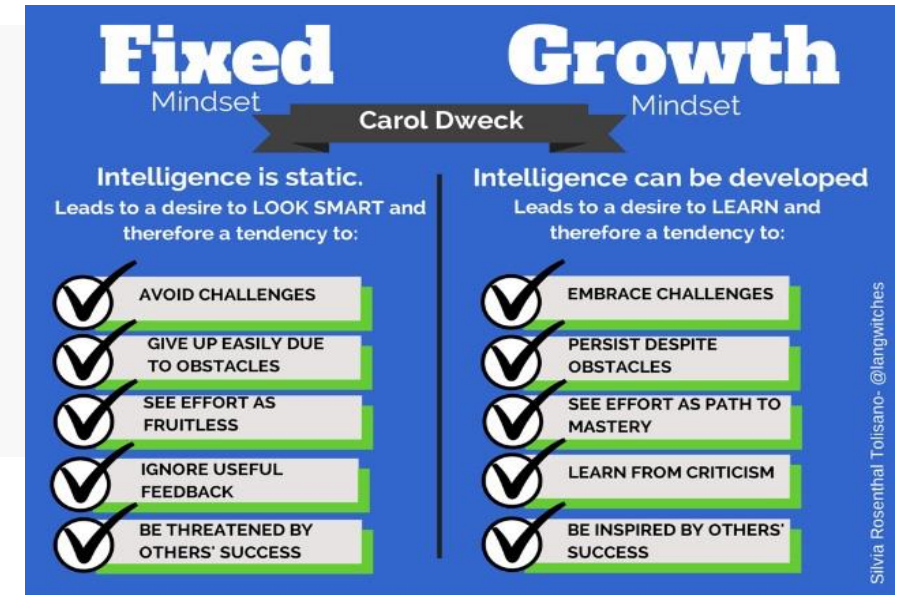
3 'P's – Being a resilient achiever

2. Productive

- Maximize learning time by
 - Staying on task, following instructions carefully while minimizing distractions.

3. Perseverance

Practise the Growth Mindset and strive for excellence!



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Supporting your child

Supporting your child's transition through

Primary 5/6

Build a caring home environment to nurture the social and emotional skills of your child using these S.A.F.E. tips.

SUPPORT

- **Encourage** your child to **talk to a trusted adult** for guidance.
E.g. Family members, school counsellors and teachers.
- **Help** your child **understand decisions** made **and actions** taken. **Share** the **reasons** for them.
- **Keep rules short** and **realistic**.
E.g. No handphones allowed during meal times.

AFFIRM

- **Recognise** his/her demonstration of **good values or social skills**.
E.g. Respect or good time-management.
- **Praise** your child's **efforts regularly**.
Only scolding him/her without providing any justified praise at other times can be demoralizing.

EMPATHISE

- **Show** that you **understand** your child's **concerns**.
Be flexible in guiding your child when necessary.
E.g. Vary your voice tone when you talk to him/her at different times and circumstances.
- **Teach with less talk and more role-modelling**. Children learn a lot by simply watching.

FAMILIARISE

- **Find out** what Primary 5 and 6 is like for students these days. **Moderate your expectations** according to your **child's** own **strengths** and **development**.
- **Share information** on physical changes during **puberty**; include the range of emotions that may accompany it.



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Common sources of stress at Upper Primary and what you can do to support your child



Academic pressure

- **Focus on affirming** their efforts, not just results.
- **Celebrate small successes**, let them know you care.
- **Encourage a growth mindset.**
(e.g. say "What is one thing you have learnt from this mistake" instead of "This is wrong. Do it this way.")
- **Guide your child** to set consistent and realistic expectations.

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4 tips to check in with your child about school

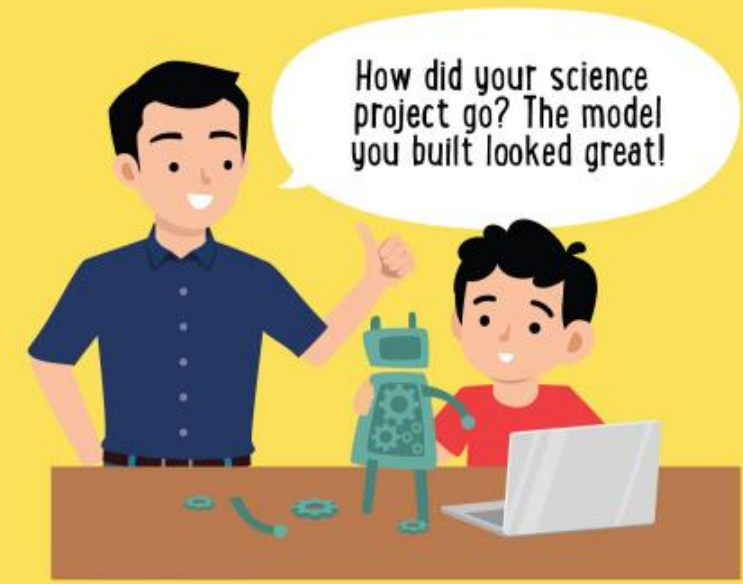
Tip 1: Ask open-ended questions

Compared to 'Yes or no' questions, these can encourage your child to share more. If they are quiet, offer options.



Tip 2: Follow your child's interest

Talk to them about things that get them excited or chat about a school activity they mentioned. This shows you are interested in what they care about.



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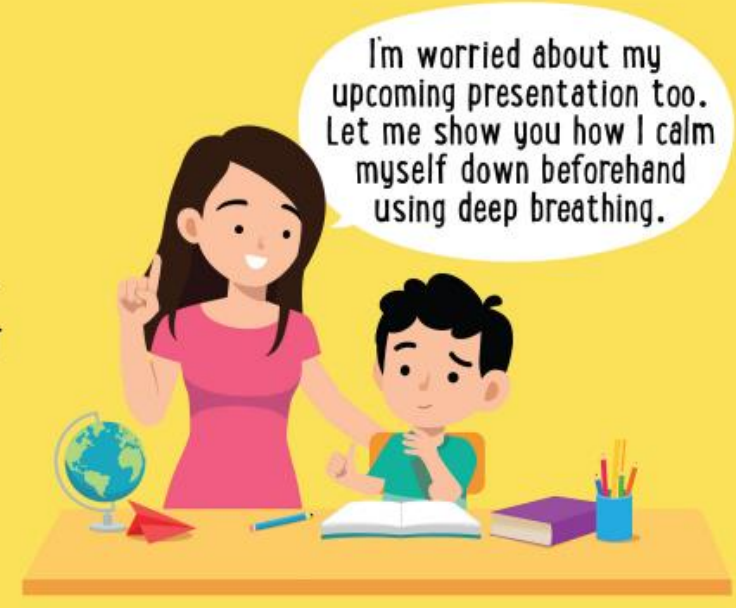
Tip 3: Problem-solve together

It's tempting to offer solutions right away when your child shares his problems. Instead, listen and ask them to think about how they will address the situation and guide them towards their own solutions.



Tip 4: Be a role model

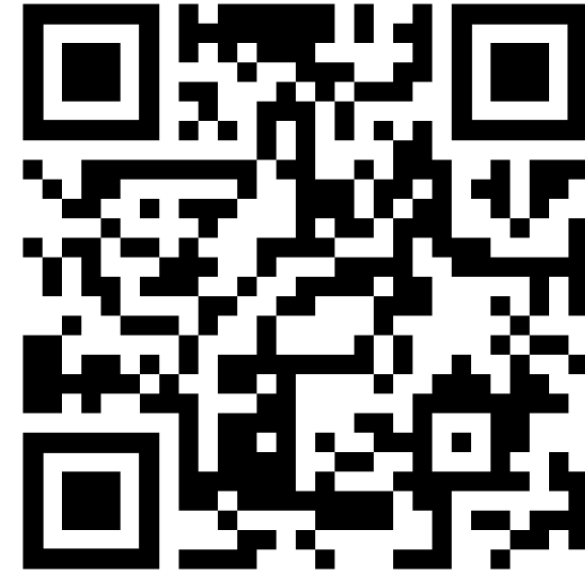
Share your own thoughts to show it's ok to talk about one's emotions and worries. Explain how you deal with your problems, and encourage your child to find ways that work for them.



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Thank you!

- Do share your suggestions and feedback on the engagement session with us!



Please scan the QR code to
access the Feedback Form!

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Important Admin Matters

Attendance:

- a. Please update the C4RE teachers by 7.30am should the child is absent from school that day.
Do provide reason(s) for absence.

Note: An official letter (from parents) or medical certificate should be submitted to C4RE teachers when the child is back in school.

- b. For remedial/supplementary lessons, do update C4RE teachers a day before if child is unable to attend. C4RE teachers would need to update the various Subject teachers.



Thank you!

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