

Woodgrove Secondary School
Scheme of Work for Physical Education Sec 2 (Semester 1)

Term 1			Term 2		
Week	Module	Module	Week	Module	Module
1	Safety, Expectations and Administration	Height and Weight (BMI)	1	PHF (NAPFA) 5 stations	PHF (NAPFA) 2.4km
2	PHF	Badminton	2	PHF (NAPFA) 5 stations	PHF (NAPFA) 2.4km
3	PHF	Badminton	3	PHF (NAPFA) 5 stations	PHF (NAPFA) 2.4km
4	PHF	Badminton	4 (Good Fri)	NIL	PHF (NAPFA) 2.4km
5 (CNY - Mon & Tue)	NIL	Badminton	5	PHF (NAPFA)	Badminton
6	PHF	Badminton	6 (MYE)	NIL	NIL
7	PHF	Badminton	7 (Labour Day & Hari Raya) (MYE)	NIL	NIL
8	PHF	Badminton	8 (MYE)	NIL	NIL
9	PHF	Badminton	9 (Vesak Day) (MYE Script checking)	NIL	NIL
10	PHF	Badminton	10	PHF (NAPFA)	Badminton