



Introduction to Positive Parenting Programme (PPP) & Parent Support Group

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Subject Head / Partnerships



Care Corner Family Support Services

Families for Life @ Community



Quiz Question 1

How many decisions does a person make each day?

- a) 35
- b) 350
- c) 3,500
- d) 35,000

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Quiz Question 2

What is the average amount of time Singaporeans spend on their mobile phones daily?

- a) 45 minutes
- b) 1.5 hours
- c) 5 hours
- d) 6.5 hours

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Quiz Question 3

Research has shown that praising a child at least
____ times a day leads to better behaviours and less
inattentiveness than those who are not.

- a) 2
- b) 3
- c) 4
- d) 5

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About Us



BECKY BUNNY
Families for Life's Mascot

Parenting Support Partnership

We are the appointed Parenting Support Provider by Ministry of Social and Family Development (MSF). We work closely with schools to support parents.

Strengthening Families Together

Our goal is to help parents confidently support your children, build strong family bonds, and promote healthy child development.

WRSS

Overview of FFL Programmes

Parenting Programmes

Online

On-site

Seminars & Talks

One-to-One

Small Group

Topical Talks

Triple P

Signposts

Why Does Transition Matter?

Significant Milestone

Transitioning to Secondary 1 is a key developmental stage for children and families.

Challenges of Changes

New routines and expectations may cause anxiety and stress for children adjusting to school.

Parent Support Role

Parents can ease transition by offering empathy, guidance, and proactive support.





care corner

Ready Together for Sec 1: Confident Parenting with Positive Strategies

Exclusive for Parents of Secondary 1 Child
Studying/Staying in Woodlands/ Sembawang

Join us to

- See Your Teen's Perspective
 - Understand their world and emotions
- Co-create responsibility
 - Share ownership of routines and choices
- Coach Self- Discipline & Problem Solving
 - Guide them to manage challenges
- Help Build Connections with Family and Friends
 - Create lasting bonds with family and friends

FREE!
PARENTING
TALK

PARENTING SEMINARS

Session 1

Date: 24 Jan 2026

Time: 9am to 11.30am



Session 2

Date: 27 Jan 2026

Time: 7.30pm to 9.30pm



Conducted virtually
via zoom



GO

govsg

Triple P Seminars: Ready for Sec 1 [Online]

Parent Testimonials

'Learned a couple of practical tips regarding relations with my teen, as well as what to expect as they grow.

'Understand further on how to deal with my child during this transition period from primary to secondary in building their commitment, set a screening time, encourage open communication, build their confident.

Meanwhile, encourage them to keeping in touch with their primary mate, teachers or childcare friends

The program provided **helpful information and tips** in dealing with and creating a **healthy relationship** with my teenager son



PARENTING CLINIC – ONE TO ONE CONSULTATION



LINK TO VIDEO



SIGN UP HERE



PARENTING CLINIC – ONE TO ONE CONSULTATION

- **Free Personalized Support**
 - Parents receive free, customized guidance from certified trainers to address specific parenting concerns.
- **Practical and Immediate Strategies**
 - Sessions provide actionable strategies that parents can apply immediately to improve daily family life.
- **Interactive and Supportive Environment**
 - The program encourages questions and real-time feedback, fostering confidence and empowerment.
- **Addressing Diverse Parenting Challenges**
 - Supports help manage issues like emotional regulation and homework struggles, reducing stress.

SIGN UP





FAMILIES
for LIFE

BECKY BUNNY

Families for Life's Mascot

We look forward to support you
in your parenting journey!





Contact Us

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Tel: 6978 4090

Email: ffl@carecorner.org.sg



Care to every corner in Singapore

www.carecorner.org.sg
  @carecornersg

WRSS Parent Support Group (PSG)

Partnering parents to

- 1) Enhance home and school partnerships**
- 2) Support students' holistic development**



Strengthening Home and School Partnership



Support students' holistic development







Join Us! **Parent Support Group (PSG)**

A team of dedicated parents supporting each other in nurturing their children. Network, share and learn with fellow parents by involving yourself in initiatives such as Parenting Workshops and Career Talks for P5 and P6 students.

