



# XINGHUA PRIMARY SCHOOL

45 HOUGANG AVENUE 1 SINGAPORE 538882

TEL: 62889121 FAX: 62838831

*Xinghua Link*

Issue No. 07  
ADM 191/22  
8 August 2022

Dear Readers,

How time flies! Almost in a flash, half of 2022 has come and gone, and now we're in August.

August is one of my favourite months of the year because on the 9<sup>th</sup> of August, I am always reminded how blessed I am, to be a Singaporean. In 2022, Singapore just turned 57 years old; a really young nation still, compared to many countries around the world, considering some with ancient histories like Egypt, China, and India; and some which are at least a few centuries old e.g. United States of America. Although only 57, Singapore has come a long way, battling many limitations such as the lack of natural resources, and also in the early years, having to overcome economic hardships and social problems such as racial and political riots.

I count myself amongst the more fortunate generations, compared to our parents and grandparents who had lived through World War 2 and many other challenges that come with the founding of a new nation. We are more fortunate as we live in a country which has seen stability and success for the past few decades. Our children do not live in the shadow of the fear of war, hunger and natural disaster, unlike their peers in some other corners of the world. Of course, they do still meet some challenges growing up.

Apart from having to learn to live and learn under the inconveniences brought about by the COVID-19 pandemic, the students' greater involvement in social media and online gaming has also brought along issues e.g., internet and gaming addiction, exposure to online bullying and inappropriate content.

However, if there is anything to take away from commemorating our National Day, it would be a message made up of Unity, Hope and Resilience.

I believe that as a community – students, staff, parents, and community partners, we can overcome the many obstacles and challenges that are facing and waiting for us. Reflecting on our past successes and also setbacks, we know we will always overcome and become better learners and persons. This gives us Hope and Resilience for tomorrow.

Interestingly, what I just shared is reflected in this year's NDP Theme: Stronger Together, Majulah! So, join me to shout out loud wherever you are:

*Happy Birthday, Singapore!*

Mr Chew Mun Wai  
Principal

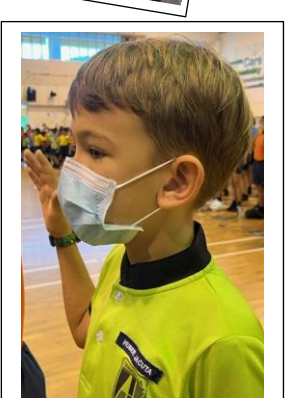
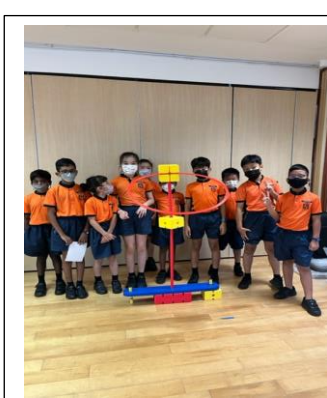
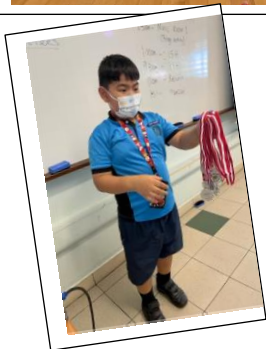
# Looking Back on July 2022

Fun

## Funathon

This year's Funathon was extra special because finally after two years of restrictions, we could resume interacting across classes. This allowed the students to play and interact with their House members from other levels. For the Primary 1 and 2 pupils who have not gotten the opportunity to interact with their peers from other levels since they entered school, it was special for them. It was such a joy to see the smiles on the students' faces as they competed and challenged themselves in the physical challenges and group activities. This year's theme was titled, ***"Put us to the test, we will do our best!"***

They showed resilience and creativity as they had to solve problems and compete with other schoolmates whom they were not familiar with. You could feel the intensity as they played their hearts out to try and earn as many points as possible for their Houses. It was a fun-filled day not only for the students but also the teachers as they got to cheer for their Houses. With many students commenting that they wished there was more time to play, it was an event that every Xinghua student not only enjoyed but was also enriched.

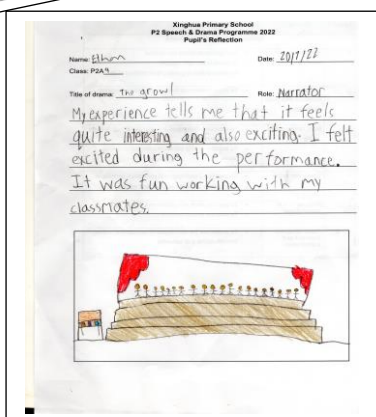
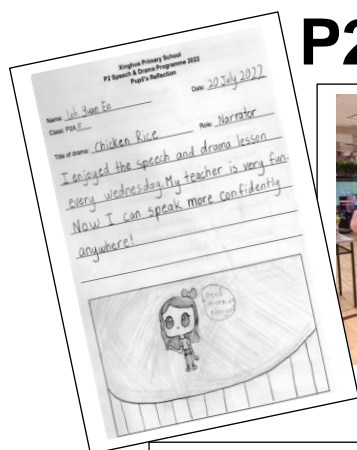




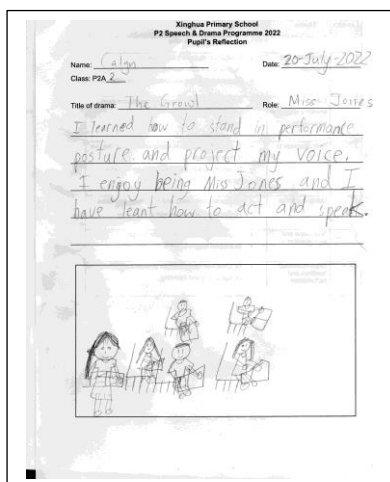
# Looking Back on July 2022



## P2 Speech & Drama



**Speech and drama** is an empowering way for students to learn effective, clear communication that will serve them throughout their life. The Primary 2 Speech and Drama Programme started in Term 2. It was conducted by the Primary 2 English teachers during English lessons. There was a total of 6 lessons in this programme followed by a drama performance by every class. Students learned many skills like expressing their emotions with facial expressions, voice projection, clear articulation, and diction. The lessons not only seamlessly enhanced their communication skills and vocabulary, but it also sparked their imagination, and they learned to perform with charisma. Students unleashed their inner courage and confidence to speak! They practised hard for their performance, and they enjoyed it!





# Looking Back on July

## National Education (NE)

The Primary 5 students and teachers attended the NE Show on Saturday, 9 July 2022. It aims to instill national pride and serves as a key cohort experience for the students to gain a deeper understanding of what it means to be Singaporeans. The event was held at the Marina Bay floating platform, with the city skyline as its remarkable backdrop.

The theme for NDP 2022 is **“Stronger Together, Majulah”**. It encapsulates our hopes and spirit as a nation since our independence 57 years ago. Also, it is a rallying call for Singaporeans to strive for a better future and grow from strength to strength as we emerge from COVID-19.

Everyone proudly waved their Singapore flags up in the air while following the rhythm and beat of the National Day songs. Everyone held up their phones to capture the special moments such as the aerobatic displays by F-16 fighter jets, landings by the Red Lions parachutists, and the security operations demonstration called the Total Defence Display.

Through this collective experience, everyone had a deeper appreciation of what we can do and how we can forge ahead, as a nation, in the future.



One of the key things that I learnt after attending the NE show is to appreciate the efforts, dedication, and sacrifices of the front-liners like the nurses, doctors, and delivery men. I could see the importance of showing gratitude and being thankful to everyone who did their part to keep Singapore safe.

*Lim Ke, Wei, Cowie, 5R1*



After attending this NE show, I could see how advanced Singapore defense is by looking at the military equipment and vehicles. I like the segment that showcase how the different uniformed groups responded to the contingency scenarios.

*Kevin Rana, 5R3*

# Looking Back on July 2022

## Mother Tongue Fortnight Activities 2022 (MTFN)

MTFN was conducted from the 1<sup>st</sup> to 3<sup>rd</sup> week of Term 3. During this period, the Chinese, Malay and Tamil students got the opportunities to experience their culture, and actively learn and use their Mother Tongue Language through interesting hands-on activities.



P2 - Oil lamp painting  
(Agal Villakku painting)

### Tamil Language



P3 - Oyilaatum: Dancing to the traditional folk music



P4 – Villupaatu: an ancient form of story telling using a bow as the musical instrument. Students were taught to play simple tunes and sing to the tune.

We learnt the significance of oil lamp in Tamil Culture. I enjoyed painting and decorating the lamp. The activity was fun.

*Rathi Sornam, 2A3*

We were introduced to 'Villupaatu' and my friends and I learnt how to make music with a bow. We also learnt how to sing the introductory lines of Villupaatu. I got to know something new about Tamil Culture through this activity.

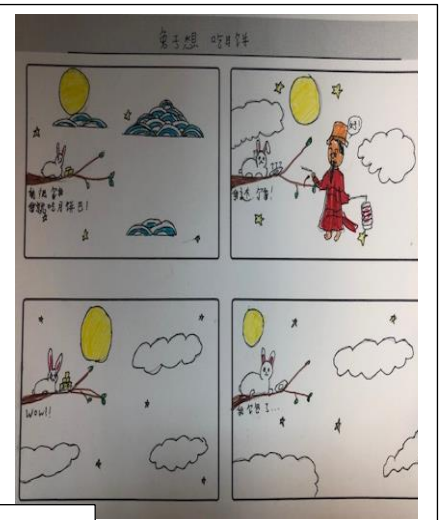
*Kavinessh Vijayan, 4R3*



We learnt about Mid-Autumn Festival through a fun and engaging activity which was to create Mid-Autumn Festival comics. I like the activity because we get to showcase what we already know about the festival.

*Ng Wan Ji, 4R1*

### Chinese Language



P3 students appreciating the beauty of Chinese traditional Fan Art. Painting a panda on the paper fan while learning the unique characteristic of a panda.

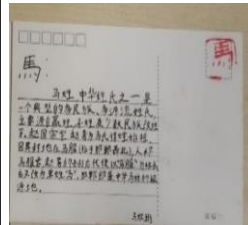


# Looking Back on July 2022

## Mother Tongue Fortnight Activities 2022 (MTFN)

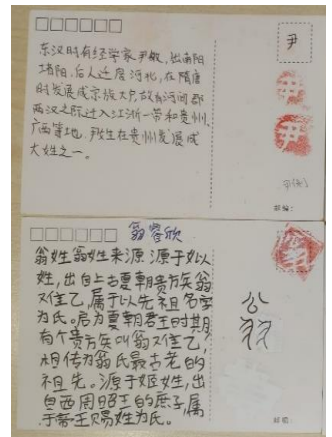


Textbook Comes Alive: P2 students playing traditional Chinese games and applying the vocabulary learnt from the textbook.



I found the activity fun and meaningful as it made me more interested in learning Chinese. I am overjoyed that I learned how to carve a seal with my own surname as it is a special skill that not everybody knows how to do

Jaysine Eng, 5R4



### Malay Language



I feel happy because I can bring the traditional fan that I made everywhere I go. I can also teach my other friends how to make a new one because it is very easy, and it looks very nice.

Muhammad Khairul Fariish Bin Abdullah, 2A2

I like the 'kampong' activity during the Mother Tongue Fortnight because I can sing together with my friends. The instructor has taught me how to sing a 'dikir barat' song titled 'Wau Bulan' properly and I get to learn new hand movements. I am very happy to be given the opportunity to learn 'dikir barat'.

Musyriift Muhammad Mu'ayyad Bin Danny, 4R4

# August & September

## Important Dates:

Monday	15 Aug 22	<b>PSLE Oral Examination – Day 1</b>
Tuesday	16 Aug 22	<b>PSLE Oral Examination – Day 2</b>
Wednesday	17 Aug 22	GEP Exercise (Primary 3)
Thursday	18 Aug 22	Prelim EL (Paper 1 & 2)
Friday	19 Aug 22	Prelim Math (Paper 1 & 2)
Monday	22 Aug 22	Prelim MTL (Paper 1 & 2)
Tuesday	23 Aug 22	Prelim Sc
Wednesday	24 Aug 22	Prelim HMT (Paper 1 & 2)
Thursday	25 Aug 22	Prelim LC (MT & EL)
Friday	2 Sept 22	Teachers' Day School Holiday
	3 Sept – 10 Sept 22	Term 3 School Holiday
Friday	16 Sept 22	<b>PSLE Listening Comprehension (MTL &amp; EL)</b>

\* Pupils from Primary 1 to Primary 5 are **NOT to report** to school **on Monday 15 Aug, Tuesday 16 Aug and on Friday 16 Sept** due to PSLE Oral and Listening Comprehension Examinations.

## Updates On Healthy Meals Programme @ School Canteen

Our school has implemented the Healthy Meals in Schools Programme (HMSP) since 2016. The aim is to build a supportive environment to promote healthy eating among our students through the sale of healthier food and beverage in our school canteen.

Recently, school carried out a review of the programme, especially review of the items sold at each stall to ensure consistent alignment to HPB's **My Healthy Plate** recommendation. The committee also incorporated feedback from staff and students. It considered the difficult challenges faced by stallholders to cope with rising costs, especially with costlier ingredients for healthy meals.

Following the review, our school has decided to enhance the HMSP and at the same time be cognizant of the heavier business cost that stallholders faced. We will encourage **daily** consumption of fruit and vegetables, and wholegrains. Only 'My Healthy Plate' set meals and a limited number of sugared drinks and snacks will be allowed to be sold at the canteen. Stallholders will offer the set meals in 3 sizes: small, medium and large. These will be sold at \$1.80, \$2.00 and \$2.50 respectively. Each meal will include a generous portion of vegetables, carbohydrates, meat and cut fruit.

Our school will continue to educate the students on healthier eating habits. We hope that such habits, when inculcated from young in the school setting, will help them make healthier choices outside of school and later in life. We hope that parents too will do the same to teach the children so they reap the benefits of reduced risks of many diseases (e.g., heart disease, stroke and certain cancers) both now and in the future.

# My Healthy Plate



## FEEDBACK FROM PARENTS

As partners in education, we value your feedback and suggestions to make the school a more conducive learning environment for our children. Please feel free to give us your feedback and/or suggestions via the QR Code. It will give you access to our digital form to pen your thoughts, compliments, or comments for the school.

Thank you.

