

**XISHAN PRIMARY SCHOOL**  
**CCE – TERM 1 SOW (2026)**  
**PRIMARY 5**

| Wk | Date          | Theme | Lesson   | Value Focus  | Keep C.A.L.M & Give   | E21CC Competencies  | Lesson Objectives   | Teaching Resources<br><a href="#">I:(11) CCE CCE(MTL &amp; EL)<br/>LESSONS SOW &amp;<br/>RESOURCES 2026 CCE<br/>SOW</a> |
|----|---------------|-------|--|--|---|---|---|---|
| 2  | 12/01 - 16/01 |       | <b>Lesson 1:</b><br>We can be Our Best in Many Areas         | <ul style="list-style-type: none"> <li>Positive and optimistic outlook</li> </ul>  | <b>Mindfulness: Being Mindful at All Times</b><br>When we do our best in any area, we usually feel a sense of satisfaction and achievement. | <ul style="list-style-type: none"> <li><b>Critical Thinking</b></li> <li><b>Civic Literacy</b></li> <li><b>Collaboration Skills</b></li> <li><b>Communication Skills</b></li> <li><b>Adaptive Thinking</b></li> </ul> | Students understand the importance of values in guiding them in becoming their best selves. | Journal: pg 1-3<br>Lesson Plan<br>PPT Slides  |
| 3  | 19/01 - 23/01 |       | <b>Unit 1:</b><br>A Better Me                                | <ul style="list-style-type: none"> <li><b>Respect</b> for self</li> <li><b>Responsibility</b> to self</li> </ul>   | <b>Give: Care for Others</b><br>Showing care for everyone, regardless of who they are, is one way to demonstrate good character.            | <ul style="list-style-type: none"> <li><b>Critical Thinking</b></li> <li><b>Civic Literacy</b></li> <li><b>Collaboration Skills</b></li> <li><b>Communication Skills</b></li> <li><b>Global Literacy</b></li> </ul>   | Students understand the importance of values in guiding them in becoming their best selves. | Journal: pg 4<br>Lesson Plan<br>PPT Slides  |
| 4  | 26/01 - 30/01 |       | <b>Lesson 2:</b><br>Be more Caring                           |  |   |   |   |   |
| 5  | 02/02 - 06/02 |       | <b>Lesson 3:</b><br>Find Opportunities to Demonstrate Values | <ul style="list-style-type: none"> <li>Belief that one's abilities can be developed through dedication and effort</li> <li><b>Resilience</b> in the face of challenge</li> </ul> | <b>Keep Learning: Growth Mind-set</b><br>Self-reflection helps us to identify the actions that we can take to become our best selves.       | <ul style="list-style-type: none"> <li><b>Critical Thinking</b></li> <li><b>Adaptive Thinking</b></li> <li><b>Civic Literacy</b></li> <li><b>Communication Skills</b></li> <li><b>Collaboration Skills</b></li> </ul> | Students learn that they can take actions to work towards becoming their best selves.       | Journal: pg 5<br>Lesson Plan (Annex A)<br>PPT Slides<br>TDD Resource: 'Our Pillars of Support'                          |

| Wk                                    | Date          | Theme                         | Lesson   | Value Focus   | Keep C.A.L.M & Give  | E21CC Competencies  | Lesson Objectives  | Teaching Resources                           |
|---------------------------------------|---------------|-------------------------------|--|---|--|---|--|--|
| 6                                     | 09/02 - 13/02 | Unit 2: Pursuing My Interests | Lesson 1: Everyone has Different Interests   | <ul style="list-style-type: none"> <li>• Care for self and others</li> <li>• Responsibility to self and others</li> </ul>             | <p><b>Keep Learning:</b><br/>Growth Mind-set</p> <p>In pursuing our interests, we will find satisfaction in the activities we do.</p>  | <ul style="list-style-type: none"> <li>▪ Critical Thinking</li> <li>▪ Civic Literacy</li> <li>▪ Communication Skills</li> <li>▪ Collaboration Skills</li> <li>▪ Global Literacy</li> </ul>    | Students understand that everyone has different interests which influence their dreams and ambitions.  | Journal: pg 6-7<br>Lesson Plan<br>PPT Slides |
| 7                                     | 16/02 - 20/02 |                               | Lesson 2: Developing Our Interests   | <ul style="list-style-type: none"> <li>• Care for self and others</li> <li>• Resilience in the face of challenges</li> </ul>          | <p><b>Keep Learning: A Meaningful Journey</b></p> <p>It takes time and effort to develop our interests and ambitions, and achieve our dreams and ambitions.</p>                          | <ul style="list-style-type: none"> <li>▪ Critical Thinking</li> <li>▪ Civic Literacy</li> <li>▪ Communication Skills</li> <li>▪ Collaboration Skills</li> <li>▪ Global Literacy</li> </ul>    | Students understand that everyone has different interests which influence their dreams and ambitions and it requires time, effort and support of the people around them to achieve their dreams and ambitions. | Journal: pg 8<br>Lesson Plan<br>PPT Slides   |
| 8                                     | 23/02 - 27/02 |                               | Lesson 3: Different Opportunities to Discover Interests  | <ul style="list-style-type: none"> <li>• Resilience in the face of challenges</li> <li>• Responsibility to self and others</li> </ul> | <p><b>Keep Learning: A Meaningful Journey</b></p> <p><b>Give: A Helping Hand</b></p> <p>There are many ways we can help others based on our interests and future career or ambition.</p> | <ul style="list-style-type: none"> <li>▪ Adaptive Thinking</li> <li>▪ Critical Thinking</li> <li>▪ Communication Skills</li> <li>▪ Collaboration Skills</li> <li>▪ Global Literacy</li> </ul> | Students learn that there are different opportunities available to discover their interests when they are open to new learning.  | Journal: pg 9<br>Lesson Plan<br>PPT Slides   |
| 9                                     | 02/03 - 06/03 |                               |  |   |  |   |  |  |
| 10                                    | 09/03 - 13/03 |                               |  |   |  |   |  |  |
| <b>Term 1 Public/School Holidays:</b> |               |                               | <ul style="list-style-type: none"> <li>☆ New Year's Day (W1, 01 Jan)</li> <li>☆ Chinese New Year School Holiday (W7, 17 &amp; 18 Feb)</li> </ul> |   |  |   |  |  |

**Remarks:**

☆ *Total Defence Day (W6, 13 Feb)*