XISHAN PRIMARY SCHOOL CCE – TERM 2 SOW (2023) PRIMARY 4

Wk	Date	Theme	Lesson	Value Focus	Keep C.A.L.M & Give	Lesson Objectives	Teaching Resources I:\(11) CCE\CCE LESSONS SOW & RESOURCES\2023 CCE (MTL_NTIL_EL)
1	20/03 - 24/03	Unit 3: A Stronger Me	Lesson 1: Changes in Family	 Care for self/ self- compassion Positive and optimistic outlook 	Mindfulness: Be Mindful to the Changes Be Active: Being Active Agents of Change When family members help and care for one another, we can manage the changes and/ or challenges better.	Students understand that families go through different changes and/ or challenges in life and the importance of caring for one another.	↓ Journal: pg 13↓ Lesson Plan (Annex A)↓ PPT Slides
3	27/03 - 31/03 03/04 - 07/04		Lesson 2: Changes Build the Character Strength of Resilience	 Belief that one's abilities can be developed through dedication and effort Resilience in the face of challenges 	Be Active: Being Active Agents of Change When we face changes and challenges in life, thinking of different ways to manage them will build our character strength of resilience.	Students understand that changes and/ or challenges in life build the character strength of resilience.	↓ Journal: 14-15 ↓ Lesson Plan ↓ PPT Slides
4	10/04 - 14/04		Lesson 3: Postponing Satisfaction of Immediate Wants	 Belief that one's abilities can be developed through dedication and effort Resilience in the face of challenges 	Be Active: Being Active Agents of Change Keep Learning: Learning for Life When we learn to postpone the satisfaction of our immediate wants, we can build our resilience and confidence to manage our emotions and thoughts.	Students learn that they can build resilience through postponing satisfaction of their immediate wants.	↓ Journal: pg 16 ↓ Lesson Plan ↓ PPT Slides

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5	17/04 - 21/04 24/04	Unit 4: My Choices	Lesson 1: Dilemma: the Difficulties of Making a Decision	 Integrity Moral responsibility Moral sensitivity Resilience in the face of challenges 	Be Active: Being Active Agents of Change In a dilemma, it is important to look at the consequences and make responsible decisions.	Students understand what dilemmas are and the difficulties of making a decision when faced with a dilemma	↓ Journal: pg 17-19 ↓ Lesson Plan (Annex A) ↓ PPT Slides
6	- 28/04						
7	01/05 - 05/05		Lesson 2: Dilemma: the Consequences of Irresponsible Decisions	 Care for self and others Moral courage Moral responsibility Respect for self and others 	Be Active: Being Active Agents of Change In a dilemma, our emotions and thoughts can influence us to make irresponsible decisions.	Students understand the consequences of irresponsible decisions in a dilemma.	↓ Journal: pg 20↓ Lesson Plan (Annex B)↓ PPT Slides
8	08/05 - 12/05		Lesson 3: Make Responsible Decisions	 Care for self and others Moral courage Integrity Moral responsibility Resilience in the face of challenges 	Mindfulness: Mindful Decision Be Active: Being Active Agents of Change We will use the Responsible Decision-making process during a dilemma.	Students explore how to make responsible decisions towards self and others when faced with a dilemma.	↓ Journal: pg 21-22↓ Lesson Plan (Annex C)↓ PPT Slides
9	15/05 - 19/05						
10	22/05		Lesson 1: Listening with	Care for self and others	Connect: Connectedness with Peers Listening with an open mind	Students learn the importance of listening to others with an open mind.	↓ Journal: pg 23-24 ↓ Lesson Plan ↓ PPT Slides
10	26/05	Mind	an Open Mind	Respect of self and others	helps us to see different perspectives and not jump to conclusions.		
Term 2 Public/School Holidays:				 Good Friday (W3, 7 April)			

	2	CCM Programme: 23 March 2023 28 March 2023	Thursday Tuesday	1 hour (11:30-12:30) 1.5 hour (12:00-13:00)
Remarks:	3	30 March 2023 04 April 2023	Thursday Tuesday	1 hour (11:30-12:30) 1.5 hour (12:00-13:00)
	☆ Mother Tongue Fortnight (W8-W9, 08 May-19 May)			