

Yio Chu Kang Primary School Empowering Mind • Engaging Heart • Extending Hands

Annex A

[Parent Opt-out Form –This section is applicable only if parents wish to opt their child out of the Growing Years programme.]

Dat	e:				
Par	ent's I	Name:			
Mr I	Ng Ail	k Boon			
Yio	Chu k	Kang Primary Schoo	I		
Dea	ır Prin	cipal			
		THE GR	OWING YEARS PROGRAMM	E FOR YEAR 2018	
1.	۱v	vould like to withdrav	v my child,(full n	, of	
			(full n	ame of child)	
		(class of child)	from the <i>Growing Year</i>	s programme for 2018.	
2.	Му	My reason(s) for my decision to opt my child out of the programme:			
	☐ Religious reasons				
	☐ My child is too young.				
	☐ I would like to personally educate my child on sexuality matters.				
		☐ I do not think it is important for my child to attend Sexuality Education lessons.			
	☐ I have previously taught my child the topics in the <i>GY</i> Programme for this year.				
		☐ I am not comfortable with the topics covered in the <i>GY</i> Programme for this year.			
		Others:			
3.	Tł	nank you.			
•	• • •	. 			
Parent's Signature			Contact No. (mobile)	Email address (optional)	

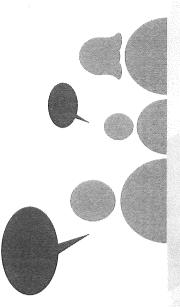
THE GROWING YEARS PROGRAMME

THE GROWING YEARS ENABLES THE CHILD TO:

- Understand the physiological, social and emotional changes they experience as they mature
- Develop healthy relationships
- Make wise, informed and responsible decisions on sexuality matters

HOW IS SEXUALITY EDUCATION TAUGHT?

- Based on values which mainstream society believes in Through age-appropriate lessons by trained teachers
- Focus on values of love, respect and responsibility, and social and emotional skills



CALL LEAR CONSEXUAL

Who Am 1?



OUR

What builds healthy

SAFETY

How do I keep myself safe? relationships?

RELATIONSHIPS

Management and coping of possible stresses caused by physical and

Importance of respect for self and others

emotional changes during puberty

Physical and emotional changes resulting from puberty

DENTITY

- Importance of family and friends
- Building of healthy friendships based on respect and responsibility
 - Difference between love and infatuation, and coping with teasing



SAFETY

- Safety is a right and a responsibility
- Exercise of safety in potentially harmful situations and seek help when needed
 - Ways to keep safe when using social networking sites and the internet



IS MY CHIILD TOO YOUNG TO LEARN LIEST LESSONS

leg. managing puberty, making friends) and will help your child handle these experiences with confidence

CARE GIVER OF M SUPPORT BUSINESS CHUILD, HOW CAN'T AS THEIR PRINMARKY DIEVELOPMENT?

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OPTION: You have a key role in your child's total development. As such, you may exercise your choice to opt your child out of the Growing Years Programme. You may approach your child's school for the opt-out form. Alternatively, you may download it from the school's website.

For more information, please visit https://www.moe.gov.sg/education/programmes/social-and-emotional-learning/sexuality-education