

## 2026 Semester 1 Timetable

## Teacher Tay Ai Ti

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00														
Odd Week	Day 1	FRC 2 Integrity	3 Soar/3 Innovate			4 Seek/4 Strive/4 Soar/4 Innovate			4U11			Comp 1			Comp 1			4 Respect/4 Integrity/4 Resilience/4 Care			4U16			Comp 1			2 Respect/2 Integrity/2 Resilience/2 Care			2M36														
	Tu	FRC 2 Integrity	3U11			4U11			Comp 1			Comp 1			Comp 1			2 Respect/2 Integrity/2 Resilience/2 Care			2M36			2 Respect																				
	We	FRC 2 Integrity	2 Respect/2 Integrity/2 Resilience/2 Care			3U16			Comp 1			4 Respect/4 Integrity/4 Resilience/4 Care			4U16			2 Integrity			FTGP			Comp 1			2 Respect/2 Integrity/2 Resilience/2 Care			2M36			2 Respect											
	Th	FRC 2 Integrity	2M36			2 Respect			3U16			3 Soar/3 Innovate			3U16			Comp 1			3U16			Comp 1			4 Seek/4 Strive/4 Soar/4 Innovate			4U11			Timetabled Time (PLT)			Board Rm								
	Fr	FRC 2 Integrity	CCE			2 Integrity			3U16			3 Soar/3 Innovate			3U11			Comp 1			3U11			Comp 1			2 Respect/2 Integrity/2 Resilience/2 Care			2M36			2 Respect											
Even Week	Day 1	FRC 2 Integrity	3U16			Comp 1			3U16			4U11			4 Seek/4 Strive/4 Soar/4 Innovate			4U16			Comp 1			2 Respect/2 Integrity/2 Resilience/2 Care			2M36			2 Respect			3 Soar/3 Innovate			3U11			Comp 1					
	Tu	FRC 2 Integrity	FTGP			4 Respect/4 Integrity/4 Resilience/4 Care			2M36			Comp 1			3 Resilience/3 Care			3U16			Comp 1			3 Resilience/3 Care			3 Soar/3 Innovate			3U11			Comp 1											
	We	FRC 2 Integrity	3U11			Comp 1			2M36			2 Respect			4 Seek/4 Strive/4 Soar/4 Innovate			4U11			Comp 1			4 Respect/4 Integrity/4 Resilience/4 Care			4U16			Comp 1			4 Respect/4 Integrity/4 Resilience/4 Care			4U16			Comp 1					
	Th	FRC 2 Integrity	CCE			2 Integrity			3U11			3 Soar/3 Innovate			4U16			Comp 1			3U16			Comp 1			3 Resilience/3 Care			4 Seek/4 Strive/4 Soar/4 Innovate			4U11			Comp 1								
	Fr	FRC 2 Integrity																2M36			2 Respect			4 Seek/4 Strive/4 Soar/4 Innovate			4U11			Comp 1														

# 2026 Semester 1 Timetable

# Teacher Aidil

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	4 Care/5N1							3 Integrity										4 Respect/4 Integrity/4 Resilience/4 Care											
	Tu	4 Strive	PE																3 Respect /3 Care		4 Respect/4 Integrity/4 Resilience/4 Care									
	We								4 Strive	PE									1 Care	PE										
	Th					3 Respect /3 Care		3X36	3 Integrity	PE								1 Care	PE			4 Respect/4 Integrity/4 Resilience/4 Care								
	Fr	4 Care/5N1	PE4					3 Respect /3 Care	3X36																					
Even Week	Day 1								3 Integrity	PE		4 Strive	PE						3 Respect /3 Care											
	Tu																		1 Care	PE		4 Respect/4 Integrity/4 Resilience/4 Care		3 Respect /3 Care						
	We					4 Care/5N1		PE4			1 Care	PE						3 Respect /3 Care		3X36			4 Respect/4 Integrity/4 Resilience/4 Care		4X36					
	Th					3 Integrity		PE		BBC		4 Strive	PE									4 Respect/4 Integrity/4 Resilience/4 Care								
	Fr																	4 Care/5N1	PE4											

# Teacher Aljunied

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:50	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1					1 Seek/1 Strive/1 Soar/ 1 Innovate	1 Respect/1 Integrity/1 Resilience/1 Care																							
	Tu	1 Seek/1 Strive/1 Soar/ 1 Innovate	1011			3 Resilience/3 Care	2 Seek/2 Strive/2 Soar/ 2 Innovate	3H26	2H21																					
	We	3 Resilience/3 Care								3 Soar/3 Innovate	3O11	3 Innovate		3 Soar/3 Innovate			2 Respect/2 Integrity/2 Resilience/2 Care	2H26	3 Resilience/3 Care	3H26	HIVE									
	Th					1 Seek/1 Strive/1 Soar/ 1 Innovate		1011						2 Respect/2 Integrity/2 Resilience/2 Care	2H26	2H21		3 Soar/3 Innovate												
	Fr	1 Seek/1 Strive/1 Soar/ 1 Innovate	1H21		1 Soar					3 Resilience/3 Care				3O16	3 Care		2 Resilience		3 Innovate											
Even Week	Day 1					2 Respect/2 Integrity/2 Resilience/2 Care		2H26						1 Seek/1 Strive/1 Soar/ 1 Innovate		1H21														
	Tu							2 Resilience						1 Soar																
	We	3 Soar/3 Innovate				3 Soar/3 Innovate		3O11						1 Seek/1 Strive/1 Soar/ 1 Innovate		1011	1 Innovate	1 Respect/1 Integrity/1 Resilience/1 Care	1H26	3 Resilience/3 Care	3H26						Timetabled Time (PLT)	Board Rm,TL Rm		
	Th					3 Soar/3 Innovate		3O11	3 Innovate					1 Soar		3 Resilience/3 Care		3H26	3 Care											
	Fr					2 Seek/2 Strive/2 Soar/2 Innovate		2H21	2 Soar					1 Seek/1 Strive/1 Soar/ 1 Innovate		1O11	1 Innovate	3 Resilience/3 Care												

# Teacher Alvin Hoo

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 5N1				4 Respect/4 Integrity/4 Resilience/4 Care									4 Seek/4 Strive/4 Soar/4 Innovate				1 Respect/1 Integrity/1 Resilience/1 Care											
	Tu	FRC 5N1								1 Respect/1 Integrity/1 Resilience/1 Care					3 Resilience/3 Care															
	We	FRC 5N1				Timetabled Time (PLT)				Board Rm					1 Respect/1 Integrity/1 Resilience/1 Care					4 Seek/4 Strive/4 Soar/4 Innovate										
	Th	FRC 5N1	CCE							4 Seek/4 Strive/4 Soar/4 Innovate					3 Resilience/3 Care															
	Fr	FRC 5N1								4 Respect/4 Integrity/4 Resilience/4 Care					4P37					1 Respect/1 Integrity/1 Resilience/1 Care					4S11					
Even Week	Day 1	FRC 5N1	3 Resilience/3 Care							4 Seek/4 Strive/4 Soar/4 Innovate					1 Respect/1 Integrity/1 Resilience/1 Care					1S36										
	Tu	FRC 5N1	3P26							4S11					4 Innovate					1 Respect					TS6					
	We	FRC 5N1								4 Seek/4 Strive/4 Soar/4 Innovate					4S11					3 Resilience/3 Care					4P37					
	Th	FRC 5N1	CCE							4 Innovate					4 Respect					TS6										
	Fr	FRC 5N1				1 Respect/1 Integrity/1 Resilience/1 Care				1S36					4 Seek/4 Strive/4 Soar/4 Innovate					1 Respect					4S11					

# Teacher Angie Chiang

Yishun Secondary School, Singapore

	0 7:25 7:50	1 7:50 8:10 8:30	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	1 Seek/1 Strive/1 Soar/1 Innovate 1E21 1 Soar					2 Seek/2 Strive/2 Soar/2 Innovate 2E31 2 Seek																						
	Tu																		1 Seek/1 Strive/1 Soar/1 Innovate 1E21 1 Soar										
	We												2 Seek/2 Strive/2 Soar/2 Innovate 2E31 2 Seek			1 Seek/1 Strive/1 Soar/1 Innovate 1E21 1 Soar													
	Th																		2 Seek/2 Strive/2 Soar/2 Innovate 2E31 2 Seek										
	Fr	2 Seek/2 Strive/2 Soar/2 Innovate 2E31 2 Seek											1 Seek/1 Strive/1 Soar/1 Innovate 1E21 1 Soar																
Even Week	Day 1															2 Seek/2 Strive/2 Soar/2 Innovate 2E31 2 Seek													
	Tu						1 Seek/1 Strive/1 Soar/1 Innovate 1E21 1 Soar											2 Seek/2 Strive/2 Soar/2 Innovate 2E31 2 Seek											
	We	2 Seek/2 Strive/2 Soar/2 Innovate 2E31 2 Seek													1 Seek/1 Strive/1 Soar/1 Innovate 1E21 1 Soar														
	Th							2 Seek/2 Strive/2 Soar/2 Innovate 2E31 2 Seek		1 Seek/1 Strive/1 Soar/1 Innovate 1E21 1 Soar																			
	Fr												1 Seek/1 Strive/1 Soar/1 Innovate 1E21 1 Soar																

## Teacher Azizah

Yishun Secondary School, Singapore

	0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	1 Seek/1 Strive/1 Soar/1 Innovate 1E23 1 Innovate								1 Respect/1 Integrity/1 Resilience/1 Care 1E16 1 Care																			
	Tu																	1 Respect/1 Integrity/1 Resilience/1 Care 1E16 1 Care	1 Seek/1 Strive/1 Soar/1 Innovate 1E23 1 Innovate										
	We	1 Respect/1 Integrity/1 Resilience/1 Care 1E16 1 Care															1 Seek/1 Strive/1 Soar/1 Innovate 1E23 1 Innovate												
	Th																												
	Fr									1 Respect/1 Integrity/1 Resilience/1 Care 1E16 1 Care	1 Seek/1 Strive/1 Soar/1 Innovate 1E23 1 Innovate																		
Even Week	Day 1									1 Respect/1 Integrity/1 Resilience/1 Care EL (Elective)16 1 Care																			
	Tu						1 Seek/1 Strive/1 Soar/1 Innovate 1E23 1 Innovate	1 Respect/1 Integrity/1 Resilience/1 Care 1E16 1 Care																					
	We																1 Seek/1 Strive/1 Soar/1 Innovate 1E23 1 Innovate	1 Respect/1 Integrity/1 Resilience/1 Care 1E16 1 Care											
	Th										1 Seek/1 Strive/1 Soar/1 Innovate 1E23 1 Innovate		1 Respect/1 Integrity/1 Resilience/1 Care 1E16 1 Care																
	Fr	1 Respect/1 Integrity/1 Resilience/1 Care 1E16 1 Care								1 Seek/1 Strive/1 Soar/1 Innovate 1E23 1 Innovate																			

## 2026 Semester 1 Timetable

## Teacher Eunice

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Resilience																												
	Tu	FRC 3 Resilience																												
	We	FRC 3 Resilience	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4SP(M)1 The Place 1																											
	Th	FRC 3 Resilience	3 Resilience CCE 3 Resilience																											
	Fr	FRC 3 Resilience																												
Even Week	Day 1	FRC 3 Resilience	2 Respect/2 Integrity/2 Resilience 2 Care 2 SP (O)16 The Place 1 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1SP(M)1 YSS Commons																											
	Tu	FRC 3 Resilience	3 Resilience FTGP 3 Resilience	3 Seek/3 Soar/3 Innovate/3 Respect/3 Resilience 3 Care 3SP(M)1 The Place 1 2 Seek/2 Strive/2 Soar/2 Innovate 2 SP (O)11 YSS Commons																										
	We	FRC 3 Resilience																												
	Th	FRC 3 Resilience	3 Resilience CCE 3 Resilience																											
	Fr	FRC 3 Resilience																												

# Teacher Bariyah

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1																													
	Tu	3 Soar/3 Resilience/3 Care 3ML9 B1-03	4 Seek/4 Strive/4 Soar/4 Respect/4 Integrity/4 Resilience/4 Care 4ML9 B1-03												3 Soar 3RO11 RO Room, Comp 3.B1-03			4 Respect/4 Integrity/4 Resilience/4 Care 4RO16 RO Room, Comp 3												
	We				3 Soar/3 Resilience/3 Care 3ML9 B1-03		4 Respect/4 Integrity/4 Resilience/4 Care 4RO16 RO Room, Comp 3												3 Soar 3RO11 RO Room, Comp 3.B1-03											
	Th					4 Respect/4 Integrity/4 Resilience/4 Care 4RO16 RO Room, Comp 3																								
	Fr															4 Seek/4 Strive/4 Soar/4 Respect/4 Integrity/4 Resilience/4 Care 4ML9 B1-03														
Even Week	Day 1	4 Respect/4 Integrity/4 Resilience/4 Care 4RO16 RO Room, Comp 3								3 Soar 3RO11 RO Room, Comp 3.B1-03					3 Soar/3 Resilience/3 Care 3ML9 B1-03															
	Tu									4 Respect/4 Integrity/4 Resilience/4 Care 4RO16 RO Room, Comp 3																				
	We																	3 Soar 3RO11 RO Room, Comp 3.B1-03												
	Th					4 Respect/4 Integrity/4 Resilience/4 Care 4RO16 RO Room, Comp 3									4 Seek/4 Strive/4 Soar/4 Respect/4 Integrity/4 Resilience/4 Care 4ML9 B1-03															
	Fr	4 Seek/4 Strive/4 Soar/4 Respect/4 Integrity/4 Resilience/4 Care 4ML9 B1-03								3 Soar/3 Resilience/3 Care 3ML9 B1-03		3 Soar 3RO11 RO Room, Comp 3.B1-03																		

# Teacher Mrs Bhupathy

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1																													
	Tu	3 Soar/3 Innovate/3 Care  3TL9  TL Rm	4 Seek/4 Strive/4 Soar/4 Respect/4 Integrity/4 Resilience/4 Care 4TL2 4 Care																											
	We	4 Seek/4 Strive/4 Soar/4 Respect/4 Integrity/4 Resilience/4 Care 4TL2 4 Care  4 Seek/4 Innovate/4 Respect 4TL3 4 Care	3 Soar/3 Innovate/3 Care  3TL9  TL Rm																											
	Th								2 Soar/2 Resilience/2 Care 2TL1 TL Rm																					
	Fr								2 Soar/2 Resilience/2 Care 2TL2 TL Rm																					
Even Week	Day 1	1 Seek/1 Soar/1 Respect/1 Integrity/1 Resilience  1TL7  Prefect's Room		4 Seek/4 Strive/4 Soar/4 Respect/4 Integrity/4 Resilience/4 Care 4TL2 4 Care																										
	Tu																													
	We	1 Seek/1 Soar/1 Respect/1 Integrity/1 Resilience  1TL7  Prefect's Room							1 Seek/1 Soar/1 Respect/1 Integrity/1 Resilience 1TL7 Prefect's Room																					
	Th																													
	Fr	4 Seek/4 Strive/4 Soar/4 Respect/4 Integrity/4 Resilience/4 Care 4TL2 4 Care  4 Seek/4 Innovate/4 Respect 4TL3 4 Care		3 Soar/3 Innovate/3 Care  3TL9  TL Rm																										

# Teacher Birundha

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1						3 Seek/3 Innovate/3 Resilience 3 Care  3TL7																							
	Tu	3 Seek/3 Innovate/3 Resilience 3 Care  3TL7	Prefect's Room	4 Strive/4 Innovate/4 Respect	4TL7	Prefect's Room										2 Integrity/2 Resilience  2TL9	Board Rm													
	We	4 Strive/4 Innovate/4 Respect	4TL7	Prefect's Room	3 Seek/3 Innovate/3 Resilience 3 Care  3TL7	Prefect's Room										1 Seek/1 Strive/1 Innovate/1 Respect/1 Integrity/1 Resilience 1 Care  1TL3	TL Rm													
	Th						2 Integrity/2 Resilience  2TL9	TS5								1 Seek/1 Strive/1 Innovate/1 Respect/1 Integrity/1 Resilience 1 Care  1TL3	TL Rm													
	Fr						1 Seek/1 Strive/1 Innovate/1 Respect/1 Integrity/1 Resilience 1 Care  1TL3	TL Rm								4 Strive/4 Innovate/4 Respect  4TL7	Prefect's Room													
Even Week	Day 1	1 Seek/1 Strive/1 Innovate/1 Respect/1 Integrity/1 Resilience 1 Care  1TL3	TL Rm				4 Strive/4 Innovate/4 Respect	4TL7								3 Seek/3 Innovate/3 Resilience 3 Care  3TL7	Prefect's Room													
	Tu						3 Seek/3 Innovate/3 Resilience 3 Care  3TL7	TL Rm								1 Seek/1 Strive/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care  1TL3	TL Rm													
	We	1 Seek/1 Strive/1 Innovate/1 Respect/1 Integrity/1 Resilience 1 Care  1TL3	TL Rm													3 Seek/3 Innovate/3 Resilience 3 Care  3TL7	Prefect's Room													
	Th															4 Strive/4 Innovate/4 Respect  4TL7	Prefect's Room													
	Fr	4 Strive/4 Innovate/4 Respect  4TL7	Prefect's Room													1 Seek/1 Strive/1 Innovate/1 Respect/1 Integrity/1 Resilience 1 Care  1TL3	TL Rm													

# Teacher Lee Boon Kiat

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10 8:30	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Soar	4 Seek/4 Strive/4 Soar/4 Innovate 4M11 4 Innovate							3 Soar/3 Innovate 3M11 3 Innovate																				
	Tu	FRC 3 Soar				3 Soar/3 Innovate 3M11 3 Innovate				3 Soar/3 Innovate 3M11 3 Innovate			FTGP	3 Soar	4 Seek/4 Strive/4 Soar/4 Innovate 4M11 4 Innovate															
	We	FRC 3 Soar					4 Seek/4 Strive/4 Soar/4 Innovate 4M11 4 Innovate													Timetabled Time (PLT) Board Rm										
	Th	FRC 3 Soar	3 Soar CCE 3 Soar												3 Soar/3 Innovate 3M11 3 Innovate			4 Seek/4 Strive/4 Soar/4 Innovate 4M11 4 Innovate												
	Fr	FRC 3 Soar	4 Seek/4 Strive/4 Soar/4 Innovate 4M11 4 Innovate						3 Soar/3 Innovate 3M11 3 Innovate																					
Even Week	Day 1	FRC 3 Soar				3 Soar/3 Innovate 3M11 3 Innovate										4 Seek/4 Strive/4 Soar/4 Innovate 4M11 4 Innovate														
	Tu	FRC 3 Soar	FTGP 3 Soar		4 Seek/4 Strive/4 Soar/4 Innovate 4M11 4 Innovate											3 Soar/3 Innovate 3M11 3 Innovate			4 Seek/4 Strive/4 Soar/4 Innovate 4M11 4 Innovate											
	We	FRC 3 Soar					4 Seek/4 Strive/4 Soar/4 Innovate 4M11 4 Innovate				3 Soar/3 Innovate 3M11 3 Innovate																			
	Th	FRC 3 Soar	3 Soar CCE 3 Soar						3 Soar/3 Innovate 3M11 3 Innovate																					
	Fr	FRC 3 Soar	3 Soar/3 Innovate 3M11 3 Innovate			4 Seek/4 Strive/4 Soar/4 Innovate 4M11 4 Innovate																								

# Teacher Poh Chee Jian

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Care					3 Seek/3 Soar/3 Innovate/3 Resilience 3CL7 TS3																							
	Tu	FRC 4 Care	3 Seek/3 Soar/3 Innovate/3 Resilience 3CL7 TS3	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care 4CL3 4 Soar										4 Care/5N1 FTGP4 4 Care TS3																
	We	FRC 4 Care	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care 4CL3 4 Soar	3 Seek/3 Soar/3 Innovate/3 Resilience 3CL7 TS3									1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1CL7 TS3																	
	Th	FRC 4 Care	4 Care/5N1 CCE4 4 Care										1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1CL7 TS3																	
	Fr	FRC 4 Care					1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1CL7 TS3							4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care 4CL3 4 Soar																
Even Week	Day 1	FRC 4 Care	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1CL7 TS3				4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care 4CL3 4 Soar							3 Seek/3 Soar/3 Innovate/3 Resilience 3CL7 TS3																
	Tu	FRC 4 Care	4 Care/5N1 FTGP4 4 Care	3 Seek/3 Soar/3 Innovate/3 Resilience 3CL7 TS3									1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1CL7 TS3																	
	We	FRC 4 Care	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1CL7 TS3										3 Seek/3 Soar/3 Innovate/3 Resilience 3CL7 TS3																	
	Th	FRC 4 Care	4 Care/5N1 CCE4 4 Care										1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1CL7 TS3																	
	Fr	FRC 4 Care	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care 4CL3 4 Soar										3 Seek/3 Soar/3 Innovate/3 Resilience 3CL7 TS3																	

# Teacher Ong Chee Kiong

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00	
		2 Soar							2 Seek																						
Odd Week	Day 1		2D11						2D12																						
	Tu						1 Seek		1 Strive										3 Integrity				4 Respect/4 Integrity/4 Resilience/4 Care/5N1								
	We						1D12		1D12										3D36				4D36								
	Th						3 Integrity		3D36										4 Respect/4 Integrity/4 Resilience/4 Care/5N1				4D36								
	Fr						3 Integrity		3D36										D&T Workshop 1,D&T Workshop 2, 3 Resilience				D&T Workshop 3,D&T Workshop 1								
Even Week	Day 1									1 Seek				1D12					3 Integrity				3D36								
	Tu						1 Soar		1D12					2 Seek		2D12								4 Respect/4 Integrity/4 Resilience/4 Care/5N1		3 Integrity					
	We						D&T Workshop 2						D&T Workshop 2		2D12									D&T Workshop 1,D&T Workshop 2, 3 Resilience		3D36		D&T Workshop 3,D&T Workshop 1			
	Th																		3 Integrity				3D36								
	Fr								1 Strive		2 Soar			1D12		2D11								4 Respect/4 Integrity/4 Resilience/4 Care/5N1		4D36		D&T Workshop 3,D&T Workshop 2			

# Teacher Cheng Sin Yee

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Respect					3 Seek/3 Strive /3 Soar/3 Respect /3 Integrity 3CL6																							
	Tu	FRC 4 Respect	3 Seek/3 Strive /3 Soar/3 Respect /3 Integrity 3CL6	TS4	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4CL2	4 Strive								4 Resped/5N1 FTGP1	2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Care 2CL4	2 Innovate														
	We	FRC 4 Respect	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4CL2	4 Strive	3 Seek/3 Strive /3 Soar/3 Respect /3 Integrity 3CL6	TS4							1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience 1 Care 1CL4	1 Innovate																
	Th	FRC 4 Respect	4 Respect/5N1 CCE1	4 Respect			2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Care 2CL4	2 Innovate					1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience 1 Care 1CL4	1 Innovate																
	Fr	FRC 4 Respect					1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience 1 Care 1CL4	1 Innovate						4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4CL2	4 Strive															
Even Week	Day 1	FRC 4 Respect	1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience 1 Care 1CL4	1 Innovate			4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4CL2	4 Strive						3 Seek/3 Strive /3 Soar/3 Respect /3 Integrity 3CL6	TS4															
	Tu	FRC 4 Respect	4 Respect/5N1 FTGP1	4 Respect	3CL6	TS5							1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience 1 Care 1CL4	1 Innovate																
	We	FRC 4 Respect	1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience 1 Care 1CL4	1 Innovate			3 Seek/3 Strive /3 Soar/3 Respect /3 Integrity 3CL6	TS5					4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4CL2	4 Strive																
	Th	FRC 4 Respect	4 Respect/5N1 CCE1	4 Respect									1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience 1 Care 1CL4	1 Innovate			4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4CL2	4 Strive												
	Fr	FRC 4 Respect	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4CL2	4 Strive			3 Seek/3 Strive /3 Soar/3 Respect /3 Integrity 3CL6	TS4																						

# Teacher Ang Choon Kiat

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1										2 Respect/2 Integrity/2 Resilience/2 Care  2L37  2 Integrity																			
	Tu									2 Respect/2 Integrity/2 Resilience/2 Care  2E37  2 Integrity						2 Seek/2 Strive/2 Soar/ 2 Innovate  2L32  2 Strive														
	We									2 Respect/2 Integrity/2 Resilience/2 Care  2E37  2 Integrity					2 Seek/2 Strive/2 Soar/ 2 Innovate  2L32  2 Strive															
	Th									2 Respect/2 Integrity/2 Resilience/2 Care  2L37  2 Integrity					2 Respect/2 Integrity/2 Resilience/2 Care  2E37  2 Integrity															
	Fr						2 Respect/2 Integrity/2 Resilience/2 Care  2E37  2 Integrity																							
Even Week	Day 1									2 Respect/2 Integrity/2 Resilience/2 Care  2E37  2 Integrity		2 Respect/2 Integrity/2 Resilience/2 Care  2E37  2 Integrity		2 Seek/2 Strive/2 Soar/ 2 Innovate  2L32  2 Strive																
	Tu				2 Respect/2 Integrity/2 Resilience/2 Care  2E37  2 Integrity																									
	We									2 Respect/2 Integrity/2 Resilience/2 Care  2E37  2 Integrity					2 Respect/2 Integrity/2 Resilience/2 Care  2L37  2 Integrity															
	Th						2 Respect/2 Integrity/2 Resilience/2 Care  2E37  2 Integrity																							
	Fr																													

# Teacher Lee Chye Sheng

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00	
Odd Week	Day 1	FRC 4 Soar																													
	Tu	FRC 4 Soar	3 Strive /3 Soar/3 Innovate/3 Respect /3 Resilience/3 Care	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4CL4										4 Soar	FTGP	2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care	2CL2													
	We	FRC 4 Soar	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4CL4	3 Strive /3 Soar/3 Innovate/3 Respect /3 Resilience/3 Care	3CL9									1 Seek/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL5	TS4	4 Soar	2 Strive												
	Th	FRC 4 Soar	4 Soar	CCE	4 Soar	2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care	2CL2	2 Strive							1 Seek/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL5	TS4														
	Fr	FRC 4 Soar				1 Seek/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL5	TS4							4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4CL4	4 Innovate														
Even Week	Day 1	FRC 4 Soar	1 Seek/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL5	TS4			4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4CL4						3 Strive /3 Soar/3 Innovate/3 Respect /3 Resilience/3 Care	3CL9	TS8			2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care	2CL2										
	Tu	FRC 4 Soar	4 Soar	FTGP	4 Soar										1 Seek/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL5	TS4			2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care	2CL2	2 Strive									
	We	FRC 4 Soar	1 Seek/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL5	TS4										4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4CL4	4 Innovate			2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care	2CL2	2 Strive									
	Th	FRC 4 Soar	4 Soar	CCE	4 Soar			1 Seek/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL5	TS4					4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4CL4	4 Innovate			2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care	2CL2	2 Strive									
	Fr	FRC 4 Soar	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4CL4	4 Innovate										3 Strive /3 Soar/3 Innovate/3 Respect /3 Resilience/3 Care	3CL9	TS8														

# Teacher Crescencia Chay

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Seek	3 Seek 3PL2  3 Innovate								2 Respect/2 Integrity/2 Resilience/2 Care 2L36 2 Respect						3 Seek/3 Strive /3 Soar/3 Innovate 3E31 3 Seek													
	Tu	FRC 3 Seek	4 Respect/4 Integrity/4 Resilience/4 Care/5N1 4E38  EL Rm								3 Seek FTGP 3 Seek						2 Seek/2 Strive/2 Soar 2 Innovate 2L31 2 Seek	3 Seek/3 Strive /3 Soar/3 Innovate 3E31 3 Seek												
	We	FRC 3 Seek				4 Respect/4 Integrity/4 Resilience/4 Care/5N1 4E38  EL Rm											2 Seek/2 Strive/2 Soar 2 Innovate 2L31 2 Seek	3 Seek 3PL2 3 Innovate												
	Th	FRC 3 Seek	3 Seek CCE  3 Seek		3 Seek/3 Strive /3 Soar/3 Innovate 3E31 3 Seek			2 Respect/2 Integrity/2 Resilience/2 Care 2L36 2 Respect				4 Respect/4 Integrity/4 Resilience/4 Care/5N1 4E38 EL Rm				3 Seek 3PL2 3 Innovate														
	Fr	FRC 3 Seek			4 Respect/4 Integrity/4 Resilience/4 Care/5N1 4E38  EL Rm						3 Seek/3 Strive /3 Soar/3 Innovate 3E31 3 Seek																			
Even Week	Day 1	FRC 3 Seek									4 Respect/4 Integrity/4 Resilience/4 Care/5N1 4E38 EL Rm	2 Seek/2 Strive/2 Soar/2 Innovate 2L31 2 Seek						3 Seek/3 Strive /3 Soar/3 Innovate 3E31 3 Seek	Timetabled Time (PLT) Board Rm											
	Tu	FRC 3 Seek	3 Seek FTGP  3 Seek								3 Seek/3 Strive /3 Soar/3 Innovate 3E31 3 Seek	4 Respect/4 Integrity/4 Resilience/4 Care/5N1 4E38 EL Rm							3 Seek 3PL2 3 Innovate											
	We	FRC 3 Seek									4 Respect/4 Integrity/4 Resilience/4 Care/5N1 4E38 EL Rm			2 Respect/2 Integrity/2 Resilience/2 Care 2L36 2 Respect			3 Seek/3 Strive /3 Soar/3 Innovate 3E31 3 Seek													
	Th	FRC 3 Seek	3 Seek CCE  3 Seek									3 Seek/3 Strive /3 Soar/3 Innovate 3E31 3 Seek							3 Seek 3PL2 3 Innovate											
	Fr	FRC 3 Seek	3 Seek 3PL2  3 Strive		4 Respect/4 Integrity/4 Resilience/4 Care/5N1 4E38 EL Rm																									

## Teacher Daniel Woon

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Resilience 1 Resilience	3 Respect /3 Integrity /3 Resilience 3M37 3 Integrity		4 Seek/4 Strive/4 Soar/4 Innovate 4A32 4 Strive									1 Respect/1 Integrity/1 Resilience/1 Care 1M36 1 Respect				2 Respect/2 Integrity/2 Resilience/2 Care 2M26 2 Resilience												
	Tu	FRC 1 Resilience 1 Resilience	1 Respect/1 Integrity/1 Resilience/1 Care 1M36 1 Respect				3 Respect /3 Integrity /3 Resilience 3M37 3 Integrity		FTGP 1 Resilience						2 Respect/2 Integrity/2 Resilience/2 Care 2M26 2 Resilience		4 Seek/4 Strive/4 Soar/4 Innovate 4A32 4 Strive													
	We	FRC 1 Resilience 1 Resilience	2 Respect/2 Integrity/2 Resilience/2 Care 2M26 2 Resilience	1 Respect/1 Integrity/1 Resilience/1 Care 1M36 1 Respect				4 Seek/4 Strive/4 Soar/4 Innovate 4A32 4 Strive						Timetabled Time (PLT)		Board Rm														
	Th	FRC 1 Resilience 1 Resilience	1 Resilience CCE 1 Resilience	1 Respect/1 Integrity/1 Resilience/1 Care 1M36 1 Respect											2 Respect/2 Integrity/2 Resilience/2 Care 2M26 2 Resilience															
	Fr	FRC 1 Resilience 1 Resilience		Timetabled Time (PLT) Board Rm										3 Respect /3 Integrity /3 Resilience 3M37 3 Integrity																
Even Week	Day 1	FRC 1 Resilience 1 Resilience		1 Respect/1 Integrity/1 Resilience/1 Care 1M36 1 Respect		4 Seek/4 Strive/4 Soar/4 Innovate 4A32 4 Strive								2 Respect/2 Integrity/2 Resilience/2 Care 2M26 2 Resilience																
	Tu	FRC 1 Resilience 1 Resilience	1 Resilience FTGP 1 Resilience	1 Respect/1 Integrity/1 Resilience/1 Care 1M36 1 Respect	2 Respect/2 Integrity/2 Resilience/2 Care 2M26 2 Resilience																									
	We	FRC 1 Resilience 1 Resilience		2 Respect/2 Integrity/2 Resilience/2 Care 2M26 2 Resilience										3 Respect /3 Integrity /3 Resilience 3M37 3 Integrity						4 Seek/4 Strive/4 Soar/4 Innovate 4A32 4 Strive										
	Th	FRC 1 Resilience 1 Resilience	1 Resilience CCE 1 Resilience	1 Respect/1 Integrity/1 Resilience/1 Care 1M36 1 Respect		3 Respect /3 Integrity /3 Resilience 3M37 3 Integrity	Timetabled Time (PLT)									4 Seek/4 Strive/4 Soar/4 Innovate 4A32 4 Strive														
	Fr	FRC 1 Resilience 1 Resilience		3 Respect /3 Integrity /3 Resilience 3M37 3 Integrity			2 Respect/2 Integrity/2 Resilience/2 Care 2M26 2 Resilience	1 Respect/1 Integrity/1 Resilience/1 Care 1M36 1 Respect																						

## Teacher Darwina

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Innovate 1 Innovate	1 Seek/1 Strive/1 Soar/1 Innovate 1E31 4 Seek								1 Respect/1 Integrity/1 Resilience/1 Care 1 Respect																			
	Tu	FRC 1 Innovate 1 Innovate	4 Respect/4 Integrity/4 Resilience/4 Care 4E36 4 Respect											1 Innovate FTGP 1 Innovate						1 Respect/1 Integrity/1 Resilience/1 Care 1 Respect	1 Seek/1 Strive/1 Soar/1 Innovate 1E36 1 Respect	1 Respect/1 Integrity/1 Resilience/1 Care 1E31 1 Seek								
	We	FRC 1 Innovate 1 Innovate	1 Respect/1 Integrity/1 Resilience/1 Care 1E36 1 Respect		4 Respect/4 Integrity/4 Resilience/4 Care 4E36 4 Respect														1 Seek/1 Strive/1 Soar/1 Innovate 1E31 1 Seek											
	Th	FRC 1 Innovate 1 Innovate	1 Innovate CCE 1 Innovate														4 Respect/4 Integrity/4 Resilience/4 Care 4E36 4 Respect													
	Fr	FRC 1 Innovate 1 Innovate			4 Respect/4 Integrity/4 Resilience/4 Care 4E36 4 Respect						1 Respect/1 Integrity/1 Resilience/1 Care 1 Respect		1 Seek/1 Strive/1 Soar/1 Innovate 1E36 1 Respect		1 Seek/1 Strive/1 Soar/1 Innovate 1E31 1 Seek															
Even Week	Day 1	FRC 1 Innovate 1 Innovate									4 Respect/4 Integrity/4 Resilience/4 Care 4E36 4 Respect														Timetabled Time (PLT)					
	Tu	FRC 1 Innovate 1 Innovate	1 Innovate FTGP 1 Innovate								1 Seek/1 Strive/1 Soar/1 Innovate 1E31 1 Seek	1 Respect/1 Integrity/1 Resilience/1 Care 1 Respect														Board Rm				
	We	FRC 1 Innovate 1 Innovate									4 Respect/4 Integrity/4 Resilience/4 Care 4E36 4 Respect																			
	Th	FRC 1 Innovate 1 Innovate	1 Innovate CCE 1 Innovate														1 Seek/1 Strive/1 Soar/1 Innovate 1E31 1 Seek		1 Respect/1 Integrity/1 Resilience/1 Care 1 Respect											
	Fr	FRC 1 Innovate 1 Innovate	1 Respect/1 Integrity/1 Resilience/1 Care 1E36 1 Respect			4 Respect/4 Integrity/4 Resilience/4 Care 4E36 4 Respect						1 Seek/1 Strive/1 Soar/1 Innovate 1E31 1 Seek																		

# Teacher Evon Tan

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1									3 Soar/3 Innovate							3 Respect/3 Integrity /3 Resilience	2 Respect/2 Integrity/2 Resilience/2 Care												
	Tu									3 Soar/3 Innovate							3A26	2M37												
	We	2 Respect/2 Integrity/2 Resilience/2 Care								3 Soar							3 Resilience	2 Integrity												
	Th		CCE															2 Respect/2 Integrity/2 Resilience/2 Care	3 Respect /3 Integrity /3 Resilience											
	Fr					Timetabled Time (PLT)		3 Soar/3 Innovate		3M21		3 Soar						2M37	3A26											
Even Week	Day 1					3 Soar/3 Innovate		3M21		3 Soar							2 Respect/2 Integrity/2 Resilience/2 Care	2M37							3 Respect/3 Integrity /3 Resilience					
	Tu							2M37		2 Integrity							3 Respect /3 Integrity /3 Resilience	3A26												
	We	3 Respect /3 Integrity /3 Resilience				2 Respect/2 Integrity/2 Resilience/2 Care		2M37		2 Integrity							3 Soar/3 Innovate	3M21												
	Th		CCE														3 Soar/3 Innovate	3M21												
	Fr	3 Soar/3 Innovate								2 Respect/2 Integrity/2 Resilience/2 Care		2M37		2 Integrity																

# Teacher Fahmy Said

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Seek	3 Strive /3 Innovate 3R21 Art Rm1						2 Innovate Art 2 Innovate													Timetabled Time (PLT) D&T Tech Rm								
	Tu	FRC 2 Seek													2 Seek FTGP 2 Seek															
	We	FRC 2 Seek	2 Soar Art 2 Soar						2 Seek Art 2 Seek									5N1 4R36 Art Rm2	3 Strive /3 Innovate 4R36 3R21 Art Rm1											
	Th	FRC 2 Seek	2 Seek CCE 2 Seek						2 Strive Art 2 Strive										3 Strive /3 Innovate 3R21 Art Rm1											
	Fr	FRC 2 Seek																												
Even Week	Day 1	FRC 2 Seek	2 Innovate Art 2 Innovate																											
	Tu	FRC 2 Seek	2 Seek FTGP 2 Seek						2 Strive Art 2 Strive										5N1 4R36 Art Rm2	3 Strive /3 Innovate 3R21 Art Rm1										
	We	FRC 2 Seek													2 Soar Art 2 Soar															
	Th	FRC 2 Seek	2 Seek CCE 2 Seek																5N1 4R36 Art Rm2	3 Strive /3 Innovate 3R21 Art Rm1										
	Fr	FRC 2 Seek							2 Seek Art 2 Seek																					

# Teacher Gary Sim

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1					4 Respect/4 Integrity/4 Resilience/4 Care			4P36					3 Seek/3 Strive /3 Soar					4 Seek/4 Strive/4 Soar/4 Innovate			4PP1								
	Tu													3 Strive					4 Innovate											
	We					Timetabled Time (PLT)			Board Rm										3 Respect			3P31								
	Th					4 Seek/4 Strive/4 Soar/4 Innovate			4PP1										LT@3			3 Seek/3 Strive /3 Soar								
	Fr					4 Innovate			3 Respect			4 Respect/4 Integrity/4 Resilience/4 Care			4P36					LT@3			3P31							
Even Week	Day 1					3 Respect			3P31										4 Seek/4 Strive/4 Soar/4 Innovate			4PP1								
	Tu					LT@3			3 Seek/3 Strive /3 Soar									4 Innovate												
	We														4 Seek/4 Strive/4 Soar/4 Innovate			4PP1			3 Respect			4P36						
	Th														LT@3			LT@3			4 Respect/4 Integrity/4 Resilience/4 Care			LT@3						
	Fr														Instr Area			LT@3			3 Respect			3P31				4 Seek/4 Strive/4 Soar/4 Innovate		

# Teacher Germaine Goh

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Resilience								4 Seek/4 Strive/4 Soar/4 Innovate 4E31 4 Seek			3 Resilience/3 Care 3E26 3 Resilience																	
	Tu	FRC 3 Resilience	4 Respect/4 Integrity/4 Resilience/4 Care 4E37 4 Integrity	3 Respect/3 Integrity 3O37 3 Resilience					4 Seek/4 Strive/4 Soar/4 Innovate 4E31 4 Seek	3 Resilience FTGP 3 Resilience																				
	We	FRC 3 Resilience			4 Respect/4 Integrity/4 Resilience/4 Care 4E37 4 Integrity								3 Resilience/3 Care 3E26 3 Resilience			3 Respect /3 Integrity 3O37 3 Resilience														
	Th	FRC 3 Resilience	3 Resilience CCE 3 Resilience										4 Seek/4 Strive/4 Soar/4 Innovate 4E31 4 Seek			4 Respect/4 Integrity/4 Resilience/4 Care 4E37 4 Integrity	3 Resilience/3 Care 3E26 3 Resilience													
	Fr	FRC 3 Resilience	3 Resilience/3 Care 3E26 3 Resilience		4 Respect/4 Integrity/4 Resilience/4 Care 4E37 4 Integrity					4 Seek/4 Strive/4 Soar/4 Innovate 4E31 4 Seek																				
Even Week	Day 1	FRC 3 Resilience	4 Seek/4 Strive/4 Soar/4 Innovate 4E31 4 Seek		3 Resilience/3 Care 3E26 3 Resilience		4 Respect/4 Integrity/4 Resilience/4 Care 4E37 4 Integrity															Timetabled Time (PLT)								
	Tu	FRC 3 Resilience	3 Resilience FTGP 3 Resilience				4 Seek/4 Strive/4 Soar/4 Innovate 4E31 4 Seek						4 Respect/4 Integrity/4 Resilience/4 Care 4E37 4 Integrity			3 Respect /3 Integrity 3O37 3 Resilience														
	We	FRC 3 Resilience			3 Resilience/3 Care 3E26 3 Resilience		4 Respect/4 Integrity/4 Resilience/4 Care 4E37 4 Integrity						4 Seek/4 Strive/4 Soar/4 Innovate 4E31 4 Seek									Timetabled Time (PLT)			Board Rm					
	Th	FRC 3 Resilience	3 Resilience CCE 3 Resilience				4 Seek/4 Strive/4 Soar/4 Innovate 4E31 4 Seek						3 Respect /3 Integrity 3O37 3 Resilience																	
	Fr	FRC 3 Resilience	3 Resilience/3 Care 3E26 3 Resilience		4 Respect/4 Integrity/4 Resilience/4 Care 4E37 4 Integrity																									

## Teacher Muhd Hafiz

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	Discipline				4 Respect/4 Integrity/4 Resilience/4 Care						3 Seek/3 Strive /3 Innovate																		
	Tu	Discipline				4B37						3B31																		
	We	Discipline				4 Integrity						3 Seek																		
	Th	Discipline				4 Seek/4 Strive/4 Soar/4 Innovate						3 Resilience/3 Care									3 Seek/3 Strive /3 Innovate									
	Fr	Discipline				4B22						3B26									3B31									
Even Week	Day 1	Discipline Hafiz				3 Seek/3 Strive /3 Innovate						5N1																		
	Tu	Discipline				3B26						TS5									5B26									
	We	Discipline				4 Strive						TS6									TS6									
	Th	Discipline				4B22						TS5									5N1									
	Fr	Discipline				4 Integrity						4B37									TS6									

# Teacher Ong Hai Ling

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Care					4 Seek/4 Strive/4 Soar/4 Innovate	4A31	4 Seek	4 Respect/4 Integrity/4 Resilience/4 Care	4M37	4 Integrity							1 Seek/1 Strive/1 Soar/1 Innovate	1M32	1 Strive									
	Tu	FRC 4 Care					3 Seek/3 Strive	3A32	3 Strive					FTGP4	4 Care		1 Seek/1 Strive/1 Soar/1 Innovate	1M32	1 Strive	4 Respect/4 Integrity/4 Resilience/4 Care	4M37	4 Integrity	4 Seek/4 Strive/4 Soar/4 Innovate	4A31	4 Seek					
	We	FRC 4 Care	1 Seek/1 Strive/1 Soar/1 Innovate	1M32	1 Strive								4 Seek/4 Strive/4 Soar/4 Innovate	4A31	4 Seek				Timetabled Time (PLT)		Board Rm									
	Th	FRC 4 Care	4 Care/5N1	CCE4	4 Care					4 Respect/4 Integrity/4 Resilience/4 Care	4M37	4 Integrity	3 Seek/3 Strive	3A32	3 Strive			1 Seek/1 Strive/1 Soar/1 Innovate	1M32	1 Strive										
	Fr	FRC 4 Care	3 Seek/3 Strive	3A32	3 Strive	Timetabled Time (PLT)	Board Rm																							
Even Week	Day 1	FRC 4 Care											4 Respect/4 Integrity/4 Resilience/4 Care	4M37	4 Integrity		1 Seek/1 Strive/1 Soar/1 Innovate	1M32	1 Strive											
	Tu	FRC 4 Care	4 Care/5N1	FTGP4	4 Care									1 Seek/1 Strive/1 Soar/1 Innovate	1M32	1 Strive	3 Seek/3 Strive	3A32	3 Strive	4 Seek/4 Strive/4 Soar/4 Innovate	4A31	4 Seek								
	We	FRC 4 Care	4 Respect/4 Integrity/4 Resilience/4 Care	4M37	4 Integrity	1 Seek/1 Strive/1 Soar/1 Innovate	1M32	1 Strive								3 Seek/3 Strive	3A32	3 Strive	4 Seek/4 Strive/4 Soar/4 Innovate	4A31	4 Seek									
	Th	FRC 4 Care	4 Care/5N1	CCE4	4 Care								Timetabled Time (PLT)	Board Rm				3 Seek/3 Strive	3A32	3 Strive	4 Seek/4 Strive/4 Soar/4 Innovate	4A31	4 Seek							
	Fr	FRC 4 Care	1 Seek/1 Strive/1 Soar/1 Innovate	1M32	1 Strive					4 Respect/4 Integrity/4 Resilience/4 Care	4M37	4 Integrity																		

# Teacher Helen Tan

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1																													
	Tu																													
	We																													
	Th																													
	Fr																													
Even Week	Day 1																													
	Tu																													
	We																													
	Th																													
	Fr																													

## Teacher Herdaninseh

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Soar																												
	Tu	FRC 2 Soar				4 Seek/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience 4 Care	4ML2									2 Soar	FTGP	2 Soar	2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2ML7 2 Resilience											
	We	FRC 2 Soar	4 Seek/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience 4 Care	4ML2															1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Resilience 1 Care 1ML1	1 Respect	2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2ML7 2 Resilience									
	Th	FRC 2 Soar	2 Soar	CCE				2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2ML7 2 Resilience								1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Resilience 1 Care 1ML1	1 Respect													
	Fr	FRC 2 Soar				1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Resilience 1 Care	1ML1										4 Seek/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience 4 Care 4ML2	4 Integrity												
Even Week	Day 1	FRC 2 Soar	1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Resilience 1 Care	1ML1				4 Seek/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience 4 Care 4ML2										2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2ML7 2 Resilience		1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Resilience 1 Care 1ML1										
	Tu	FRC 2 Soar	2 Soar	FTGP														1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Resilience 1 Care 1ML1	1 Respect	2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2ML7 2 Resilience										
	We	FRC 2 Soar	1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Resilience 1 Care	1ML1													4 Seek/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience 4 Care 4ML2	4 Integrity	2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2ML7 2 Resilience											
	Th	FRC 2 Soar	2 Soar	CCE													1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Resilience 1 Care 1ML1	1 Respect	2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2ML7 2 Resilience											
	Fr	FRC 2 Soar	4 Seek/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience 4 Care	4ML2														4 Integrity		2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2ML7 2 Resilience										

# Teacher Tay Hoon Lay

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Innovate 1 Innovate	2 Innovate	PE	Hall	2 Integrity	PE	Hall		3 Care	PE	Field 2																		
	Tu	FRC 1 Innovate 1 Innovate	4 Innovate	PE	BBC					1 Innovate	PE	ISH	FTGP		1 Innovate															
	We	FRC 1 Innovate 1 Innovate	3 Innovate	PE	Field 1	2 Integrity	PE	Hall		4 Innovate	PE	ISH									1 Resilience	PE	Hall							
	Th	FRC 1 Innovate 1 Innovate	1 Innovate	CCE	1 Innovate					3 Care	PE	Field 2		1 Innovate	PE	ISH					1 Resilience	PE	Hall							
	Fr	FRC 1 Innovate 1 Innovate									3 Innovate	PE	Field 1	2 Innovate	PE	Field 1														
Even Week	Day 1	FRC 1 Innovate 1 Innovate								3 Care	PE	Parade Square	4 Innovate	PE	Parade Square															
	Tu	FRC 1 Innovate 1 Innovate	1 Innovate	FTGP	1 Innovate	1 Innovate	PE	ISH	3 Innovate	PE	Hall			2 Integrity	PE	BBC					1 Resilience	PE	ISH							
	We	FRC 1 Innovate 1 Innovate	2 Integrity	PE	Hall	1 Resilience	PE	Hall								2 Innovate	PE	ISH		1 Innovate	PE	ISH								
	Th	FRC 1 Innovate 1 Innovate	1 Innovate	CCE	1 Innovate	3 Care	PE	Field 2		4 Innovate	PE	Parade Square																		
	Fr	FRC 1 Innovate 1 Innovate				3 Innovate	PE	ISH	2 Innovate	PE	BBC																			

# Teacher Zul Idham

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Innovate						2 Seek/2 Strive/2 Soar 2 Innovate	4 Seek/4 Strive/4 Soar/4 Innovate								3 Soar/3 Innovate													
	Tu	FRC 3 Innovate						2 Seek/2 Strive/2 Soar 2 Innovate	EL (Electiv e)11 2 Innovate	4 Seek/4 Strive/4 Soar/4 Innovate	3 Innovate						3 Soar/3 Innovate													
	We	FRC 3 Innovate											2 Seek/2 Strive/2 Soar/2 Innovate	2E11 2 Innovate																
	Th	FRC 3 Innovate	3 Innovate	CCE	3E11	3 Innovate						4 Seek/4 Strive/4 Soar/4 Innovate	4E11 4 Innovate				2 Seek/2 Strive/2 Soar/2 Innovate	2E11 2 Innovate												
	Fr	FRC 3 Innovate	2 Seek/2 Strive/2 Soar/2 Innovate	2E11 2 Innovate						4 Seek/4 Strive/4 Soar/4 Innovate	4E11 4 Innovate	3 Soar/3 Innovate	3E11 3 Innovate																	
Even Week	Day 1	FRC 3 Innovate	4 Seek/4 Strive/4 Soar/4 Innovate	4E11 4 Innovate													2 Seek/2 Strive/2 Soar/2 Innovate	2E11 2 Innovate	3 Soar/3 Innovate	3E11 3 Innovate	Timetabled Time (PLT)									
	Tu	FRC 3 Innovate	3 Innovate	FTGP					4 Seek/4 Strive/4 Soar/4 Innovate	4E11 4 Innovate	3 Soar/3 Innovate	3E11 3 Innovate					2 Seek/2 Strive/2 Soar 2 Innovate	2E11 2 Innovate												
	We	FRC 3 Innovate	2 Seek/2 Strive/2 Soar/2 Innovate	2E11 2 Innovate									4 Seek/4 Strive/4 Soar/4 Innovate	4E11 4 Innovate	3 Soar/3 Innovate	3E11 3 Innovate														
	Th	FRC 3 Innovate	3 Innovate	CCE	3E11	3 Innovate			4 Seek/4 Strive/4 Soar/4 Innovate	4E11 4 Innovate	2 Seek/3 Innovate	3E11 3 Innovate					3 Soar/3 Innovate	3E11 3 Innovate												
	Fr	FRC 3 Innovate																												

# 2026 Semester 1 Timetable

# Teacher Imran

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Integrity									2 Respect/2 Integrity/2 Resilience/2 Care 2016 2 Care	4 Respect/4 Integrity/4 Resilience/4 Care 4G26 4 Respect		2 Respect/2 Integrity/2 Resilience/2 Care 2G37 2 Integrity		2 Seek/2 Strive/2 Soar/2 Innovate 2G32 2 Strive														
	Tu	FRC 2 Integrity			3 Respect/3 Resilience/ 3 Care 3G26 3 Integrity									2 Integrity FTGP 2 Integrity	4 Seek/4 Strive/4 Soar/4 Innovate 4G21 HIVE	2 Seek/2 Strive/2 Soar/2 Innovate 2011 HIVE 2 Innovate														
	We	FRC 2 Integrity				4 Seek/4 Strive/4 Soar/ 4 Innovate 4G21 HIVE	3 Seek/3 Strive 3G32 TS8							2 Respect/2 Integrity/2 Resilience/2 Care 2016 2 Care	3 Respect /3 Resilience/3 Care 3G26 3 Integrity															
	Th	FRC 2 Integrity	2 Integrity CCE 2 Integrity		4 Respect/4 Integrity/4 Resilience/4 Care 4G26 4 Respect		3 Seek/3 Strive 3G32 Instr Area	2016	2011	2 Respect/2 Integrity/2 Resilience/2 Care 2016 2 Care	2 Seek/2 Strive/2 Soar/ 2 Innovate 2 Innovate																			
	Fr	FRC 2 Integrity																												
Even Week	Day 1	FRC 2 Integrity	2 Respect/2 Integrity/2 Resilience/2 Care 2G37 2 Integrity		2 Respect/2 Integrity/2 Resilience/2 Care 2016 2 Care						2 Seek/2 Strive/2 Soar/2 Innovate 2011 2 Innovate		4 Seek/4 Strive/4 Soar/4 Innovate 4G21 HIVE																	
	Tu	FRC 2 Integrity	2 Integrity FTGP 2 Integrity		2 Seek/2 Strive/2 Soar/ 2 Innovate 2G32 2 Strive			4 Respect/4 Integrity/4 Resilience/4 Care 4G26 4 Respect	2011 2 Integrity	2 Respect/2 Integrity/2 Resilience/2 Care 2011 2 Integrity	4 Seek/4 Strive/4 Soar/4 Innovate 4G21 HIVE		3 Respect /3 Resilience/3 Care 3G26 3 Integrity																	
	We	FRC 2 Integrity			3 Seek/3 Strive 3G32 TS8		2G32 2 Strive			4 Respect/4 Integrity/4 Resilience/4 Care 4G26 4 Respect	2016 2 Care	2 Respect/2 Integrity/2 Resilience/2 Care 2016 2 Care							Timetabled Time (PLT)			Board Rm,TL Rm								
	Th	FRC 2 Integrity	2 Integrity CCE 2 Integrity		3 Seek/3 Strive 3G32 TS8				3 Respect /3 Resilience/ 3 Care 3G26 3 Integrity																					
	Fr	FRC 2 Integrity			2 Seek/2 Strive/2 Soar/2 Innovate 2011 2 Innovate																									

# Teacher Jacqueline Lee

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10 8:30	2 8:30 8:30 8:30	3 8:50 9:10 8:50	4 9:10 9:30 9:10	5 9:30 9:50 10:10	6 9:50 10:10 10:30	7 10:10 10:30 10:50	8 10:30 10:50 11:10	9 10:50 11:10 11:30	10 11:10 11:30 11:50	11 11:30 11:50 12:10	12 11:50 12:10 12:30	13 12:10 12:30 12:50	14 12:30 12:50 13:10	15 12:50 13:10 13:30	16 12:50 13:10 13:30	17 13:10 13:30 14:10	18 13:30 13:50 14:10	19 13:50 14:10 14:30	20 14:10 14:30 14:50	21 14:30 14:50 15:10	22 14:50 15:10 15:30	23 15:10 15:30 15:50	24 15:30 15:50 16:10	25 15:50 16:10 16:30	26 16:10 16:30 16:30	27 16:30 17:10 17:10	28 17:10 18:00
Odd Week	Day 1		3 Resilience/3 Care																											
	Tu		3M26																											
	We		3 Resilience																											
	Th																													
	Fr																													
Even Week	Day 1																													
	Tu																													
	We		4 Respect/4 Integrity/4 Resilience/4 Care/5N1																											
	Th		1 Seek/1 Strive/1 Soar/1 Innovate																											
	Fr		1 Seek																											

# Teacher Nuruljannah

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Strive	4 Seek/4 Strive/4 Soar/4 Innovate 4M22 Math Rm												2 Seek/2 Strive/2 Soar/2 Innovate 2M21 2 Soar			4 Respect/4 Integrity/4 Resilience/4 Care 4A36 Math Rm												
	Tu	FRC 2 Strive	2 Seek/2 Strive/2 Soar/2 Innovate 2M21 2 Soar												2 Strive FTGP 2 Strive	4 Respect/4 Integrity/4 Resilience/4 Care 4A36 4 Respect														
	We	FRC 2 Strive						2 Seek/2 Strive/2 Soar/2 Innovate 2M21 2 Soar							4 Respect/4 Integrity/4 Resilience/4 Care 4A36 4 Respect	4 Seek/4 Strive/4 Soar/4 Innovate 4M22 Math Rm	Timetabled Time (PLT) Board Rm													
	Th	FRC 2 Strive	2 Strive CCE 2 Strive													4 Seek/4 Strive/4 Soar/4 Innovate 4M22 Math Rm														
	Fr	FRC 2 Strive	4 Seek/4 Strive/4 Soar/4 Innovate 4M22 Math Rm						2 Seek/2 Strive/2 Soar/2 Innovate 2M21 2 Soar																					
Even Week	Day 1	FRC 2 Strive							2 Seek/2 Strive/2 Soar/2 Innovate 2M21 2 Soar								4 Respect/4 Integrity/4 Resilience/4 Care 4A36 4 Respect													
	Tu	FRC 2 Strive	2 Strive FTGP 2 Strive						2 Seek/2 Strive/2 Soar/2 Innovate 2M21 2 Soar		4 Respect/4 Integrity/4 Resilience/4 Care 4A36 4 Respect						4 Seek/4 Strive/4 Soar/4 Innovate 4M22 Math Rm													
	We	FRC 2 Strive						4 Seek/4 Strive/4 Soar/4 Innovate 4M22 Math Rm									4 Respect/4 Integrity/4 Resilience/4 Care 4A36 4 Respect													
	Th	FRC 2 Strive	2 Strive CCE 2 Strive		2 Seek/2 Strive/2 Soar/2 Innovate 2M21 2 Soar										4 Respect/4 Integrity/4 Resilience/4 Care 4A36 Math Rm															
	Fr	FRC 2 Strive			4 Seek/4 Strive/4 Soar/4 Innovate 4M22 Math Rm				2 Seek/2 Strive/2 Soar/2 Innovate 2M21 2 Soar																					

# Teacher Mrs Jaya

Yishun Secondary School, Singapore

	0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1																												
	Tu																												
	We																												
	Th																												
	Fr																												
Even Week	Day 1																												
	Tu																												
	We																												
	Th																												
	Fr																												

# Teacher Jeremy Loy

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
		FRC 4 Resilience	2 Soar 2D12 D&T Workshop 1						2 Seek 2D11 D&T Workshop 1						1 Innovate 1D11 D&T Workshop 1				Timetabled Time (PLT) D&T Tech Rm											
Odd Week	Day 1	FRC 4 Resilience																												
	Tu	FRC 4 Resilience							1 Seek 1D11 D&T Workshop 1	1 Strive 1D11 D&T Workshop 1	4 Resilience/5N1 FTGP3 4 Resilience								3 Integrity 3D36 D&T Workshop 1,D&T Workshop 2, 3 Resilience		4 Respect/4 Integrity/4 Resilience/4 Care/5N1 4D36 D&T Workshop 3,D&T Workshop 1									
	We	FRC 4 Resilience	2 Strive 2D12 D&T Workshop 1																4 Respect/4 Integrity/4 Resilience/4 Care/5N1 4D36 D&T Workshop 3,D&T Workshop 2											
	Th	FRC 4 Resilience	4 Resilience/5N1 CCE3 4 Resilience					3 Integrity 3D36 D&T Workshop 1,D&T Workshop 2, 3 Resilience		2 Innovate 2D11 D&T Workshop 1	1 Soar 1D11 D&T Workshop 1								4 Respect/4 Integrity/4 Resilience/4 Care/5N1 4D36 D&T Workshop 3,D&T Workshop 1											
	Fr	FRC 4 Resilience	1 Respect 1D11 D&T Workshop 1					3 Integrity 3D36 D&T Workshop 1,D&T Workshop 2, 3 Resilience																						
Even Week	Day 1	FRC 4 Resilience						1 Innovate 1D11 D&T Workshop 1							1 Seek 1D11 D&T Workshop 1				3 Integrity 3D36 D&T Workshop 1,D&T Workshop 2, 3 Resilience											
	Tu	FRC 4 Resilience	4 Resilience/5N1 FTGP3 4 Resilience					1 Soar 1D11 D&T Workshop 1		2 Seek 2D11 D&T Workshop 1	2 Innovate 2D11 D&T Workshop 1							4 Respect/4 Integrity/4 Resilience/4 Care/5N1 4D36 D&T Workshop 3,D&T Workshop 1		3 Integrity 3D36 D&T Workshop 1,D&T Workshop 2, 3 Resilience										
	We	FRC 4 Resilience						1 Respect 1D11 D&T Workshop 1							2 Strive 2D12 D&T Workshop 1				3 Integrity 3D36 D&T Workshop 1,D&T Workshop 2, 3 Resilience		4 Respect/4 Integrity/4 Resilience/4 Care/5N1 4D36 D&T Workshop 3,D&T Workshop 1									
	Th	FRC 4 Resilience	4 Resilience/5N1 CCE3 4 Resilience																4 Respect/4 Integrity/4 Resilience/4 Care/5N1 4D36 D&T Workshop 3,D&T Workshop 2											
	Fr	FRC 4 Resilience						1 Strive 1D11 D&T Workshop 1		2 Soar 2D12 D&T Workshop 1																				

## Teacher Joan Chin

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Respect								3 Seek/3 Strive /3 Soar	2 Seek/2 Strive/2 Soar/2 Innovate				3 Respect/3 Integrity	1 Seek/1 Strive/1 Soar/1 Innovate														
	Tu	FRC 3 Respect	2 Seek/2 Strive/2 Soar/2 Innovate	2M31						3 Seek/3 Strive /3 Soar	3M32	2M31			3A36	1M21														
	We	FRC 3 Respect	1 Seek/1 Strive/1 Soar/1 Innovate	1M21					2 Seek/2 Strive/2 Soar/2 Innovate	2M31		3 Respect/3 Integrity				1 Seek/1 Strive/1 Soar/1 Innovate	1M21		3 Respect	3A36										
	Th	FRC 3 Respect	3 Respect	CCE						3 Strive	3M32	2M31				1 Seek/1 Strive/1 Soar/1 Innovate	1M21			3 Respect/3 Integrity										
	Fr	FRC 3 Respect				Timetabled Time (PLT)	Board Rm	3 Seek/3 Strive /3 Soar	3M32	2 Seek	2 Seek/2 Strive/2 Soar/2 Innovate	2M31				1 Soar				3 Respect										
Even Week	Day 1	FRC 3 Respect				3 Seek/3 Strive /3 Soar		3M32		2 Seek	2 Seek/2 Strive/2 Soar/2 Innovate	2M31				1 Seek/1 Strive/1 Soar/1 Innovate	1M21			3 Respect/3 Integrity										
	Tu	FRC 3 Respect	3 Respect	FTGP					2 Seek/2 Strive/2 Soar/2 Innovate	2M31		3 Respect/3 Integrity		1 Seek/1 Strive/1 Soar/1 Innovate	1M21					3A36										
	We	FRC 3 Respect	3 Respect /3 Integrity	3A36			1 Seek/1 Strive/1 Soar/1 Innovate	1M21				3 Seek/3 Strive /3 Soar		3M32																
	Th	FRC 3 Respect	3 Respect	CCE			2 Seek/2 Strive/2 Soar/2 Innovate	2M31		2 Seek	3 Strive	3M32				1 Soar														
	Fr	FRC 3 Respect	1 Seek/1 Strive/1 Soar/1 Innovate	1M21			2 Seek/2 Strive/2 Soar/2 Innovate			3 Strive	2 Seek/2 Strive/2 Soar/2 Innovate	2M31			2 Seek															

# Teacher Jonathan Ong

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Strive																												
	Tu	FRC 4 Strive							2 Seek/2 Strive/2 Soar/ 2 Innovate	2H32					4 Strive	4 Seek/4 Strive/4 Soar/ 4 Innovate	4H31													
	We	FRC 4 Strive	3 Respect/3 Integrity					4 Seek/4 Strive/4 Soar/ 4 Innovate	4H31	3 Seek/3 Strive					The Place 1															
	Th	FRC 4 Strive	4 Strive	CCE		4 Respect/4 Integrity/4 Resilience/4 Care/5N1	4H26		3 Seek/3 Strive		2H32		2H37	2H32																
	Fr	FRC 4 Strive						4 Seek/4 Strive/4 Soar/ 4 Innovate	4O32		3 Respect/3 Integrity		3H37																	
Even Week	Day 1	FRC 4 Strive			2 Respect/2 Integrity/2 Resilience/2 Care	2H37											4 Seek/4 Strive/4 Soar/ 4 Innovate	4H31												
	Tu	FRC 4 Strive	4 Strive	FTGP					4 Respect/4 Integrity/4 Resilience/4 Care/5N1	4H26					LT@3			4 Seek/4 Strive/4 Soar/ 4 Innovate	4H31											
	We	FRC 4 Strive				3 Seek/3 Strive		3H32							3 Seek			4 Respect/4 Integrity/4 Resilience/4 Care/5N1	4H26										Timetabled Time (PLT)	
	Th	FRC 4 Strive	4 Strive	CCE		3 Seek/3 Strive		3H32			4O32					4 Seek		4 Respect/4 Integrity/4 Resilience/4 Care/5N1	4H26									Board Rm,TL Rm		
	Fr	FRC 4 Strive				2 Seek/2 Strive/2 Soar/ 2 Innovate		2H32			4 Seek/4 Strive/4 Soar/ 4 Innovate		4O32			4 Seek	3 Respect/3 Integrity	3H37												

## Teacher Phua Joo Shian

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Innovate					4 Seek/4 Strive/4 Soar/4 Innovate 4D21 D&T Workshop 1				2 Care 2D11 D&T Workshop 1			4 Respect/4 Integrity/4 Resilience/4 Care 4D16 D&T Workshop 3			Timetabled Time (PLT) D&T Tech Rm													
	Tu	FRC 2 Innovate	2 Resilience 2D11 D&T Workshop 1								2 Innovate FTGP 2 Innovate D&T Workshop 1	1 Care 1D11 D&T Workshop 1		4 Seek/4 Strive/4 Soar/4 Innovate 4D21 D&T Workshop 1																
	We	FRC 2 Innovate	2 Strive 2D11 D&T Workshop 2					4 Respect/4 Integrity/4 Resilience/4 Care 4D16 D&T Workshop 3		4 Seek/4 Strive/4 Soar/4 Innovate 4D21 D&T Workshop 1		1 Resilience 1D11 D&T Workshop 1																		
	Th	FRC 2 Innovate	2 Innovate CCE 2 Innovate D&T Workshop 3	4 Respect/4 Integrity/4 Resilience/4 Care 4D16 D&T Workshop 3					2 Innovate 2D12 D&T Workshop 2			1 Integrity 1D11 D&T Workshop 1																		
	Fr	FRC 2 Innovate							2 Integrity 2D11 D&T Workshop 1	2 Respect 2D11 D&T Workshop 1																				
Even Week	Day 1	FRC 2 Innovate	4 Respect/4 Integrity/4 Resilience/4 Care 4D16 D&T Workshop 3					4 Seek/4 Strive/4 Soar/4 Innovate 4D21 D&T Workshop 1			1 Care 1D11 D&T Workshop 1																			
	Tu	FRC 2 Innovate	2 Innovate FTGP 2 Innovate					4 Respect/4 Integrity/4 Resilience/4 Care 4D16 D&T Workshop 3		2 Innovate 2D12 D&T Workshop 2	1 Resilience 1D11 D&T Workshop 1																			
	We	FRC 2 Innovate	4 Seek/4 Strive/4 Soar/4 Innovate 4D21 D&T Workshop 1					1 Integrity 1D11 D&T Workshop 1	2 Strive 2D11 D&T Workshop 2																					
	Th	FRC 2 Innovate	2 Innovate CCE 2 Innovate D&T Workshop 3	4 Respect/4 Integrity/4 Resilience/4 Care 4D16 D&T Workshop 3				2 Resilience 2D11 D&T Workshop 1	2 Integrity 2D11 D&T Workshop 1		4 Seek/4 Strive/4 Soar/4 Innovate 4D21 D&T Workshop 1																			
	Fr	FRC 2 Innovate	2 Respect 2D11 D&T Workshop 1						2 Care 2D11 D&T Workshop 1																					

# Teacher Ang Swee Siang

Yishun Secondary School, Singapore

	0 7:25 7:50	1 7:50 8:10	2 8:30 8:50	3 8:50 9:10	4 9:10 9:30	5 9:30 9:50	6 9:50 10:10	7 10:10 10:30	8 10:30 10:50	9 10:50 11:10	10 11:10 11:30	11 11:30 11:50	12 11:50 12:10	13 12:10 12:30	14 12:30 12:50	15 12:50 13:10	16 13:10 13:30	17 13:30 13:50	18 13:50 14:10	19 14:10 14:30	20 14:30 14:50	21 14:50 15:10	22 15:10 15:30	23 15:30 15:50	24 15:50 16:10	25 16:10 16:30	26 16:30 17:10	27 17:10 18:00	28
Odd Week	Day 1																												
	Tu																												
	We																												
	Th																												
	Fr																												
Even Week	Day 1																												
	Tu																												
	We																												
	Th																												
	Fr																												

# Teacher Yeung Chun Nam

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Resilience	3 Soar/3 Innovate 3U11 Comp 1		4 Seek/4 Strive/4 Soar/4 Innovate 4U11 Comp 1									4 Respect/4 Integrity/4 Resilience/4 Care 4U16 Comp 1			2 Respect/2 Integrity/2 Resilience/2 Care 2M16 2 Care													
	Tu	FRC 2 Resilience			3 Resilience/3 Care 3U16 Comp 1		4 Respect/4 Integrity/4 Resilience/4 Care 4U16 Comp 1	2 Resilience FTGP Comp 1						2 Respect/2 Integrity/2 Resilience/2 Care 2M16 2 Care																
	We	FRC 2 Resilience	2 Respect/2 Integrity/2 Resilience/2 Care 2M16 2 Care						3 Resilience/3 Care 3U16 Comp 1		4 Seek/4 Strive/4 Soar/4 Innovate 4U11 Comp 1				4 Respect/4 Integrity/4 Resilience/4 Care 4U11 Comp 1			Timetabled Time (PLT) Board Rm												
	Th	FRC 2 Resilience	2 Resilience CCE 2 Resilience		3 Resilience/3 Care 3U16 Comp 1	3 Soar/3 Innovate 3U11 Comp 1									2 Respect/2 Integrity/2 Resilience/2 Care 2M16 2 Care															
	Fr	FRC 2 Resilience	3 Soar/3 Innovate 3U11 Comp 1			4 Seek/4 Strive/4 Soar/4 Innovate 4U11 Comp 1	4 Respect/4 Integrity/4 Resilience/4 Care 4U16 Comp 1																							
Even Week	Day 1	FRC 2 Resilience	3 Resilience/3 Care 3U16 Comp 1												2 Respect/2 Integrity/2 Resilience/2 Care 2M16 2 Care			3 Soar/3 Innovate 3U11 Comp 1												
	Tu	FRC 2 Resilience	2 Resilience FTGP 2 Resilience	4 Respect/4 Integrity/4 Resilience/4 Care 4U16 Comp 1	2 Respect/2 Integrity/2 Resilience/2 Care 2M16 2 Care		3 Resilience/3 Care 3U16 Comp 1							2 Respect/2 Integrity/2 Resilience/2 Care 2M16 2 Care			3 Soar/3 Innovate 3U11 Comp 1													
	We	FRC 2 Resilience	3 Soar/3 Innovate 3U11 Comp 1	2 Respect/2 Integrity/2 Resilience/2 Care 2M16 2 Care		4 Seek/4 Strive/4 Soar/4 Innovate 4U11 Comp 1								4 Respect/4 Integrity/4 Resilience/4 Care 4U16 Comp 1																
	Th	FRC 2 Resilience	2 Resilience CCE 2 Resilience			4 Respect/4 Integrity/4 Resilience/4 Care 4U16 Comp 1		3 Resilience/3 Care 3U16 Comp 1		4 Seek/4 Strive/4 Soar/4 Innovate 4U11 Comp 1				4 Respect/4 Integrity/4 Resilience/4 Care 4U11 Comp 1																
	Fr	FRC 2 Resilience				2 Respect/2 Integrity/2 Resilience/2 Care 2M16 2 Care	4 Seek/4 Strive/4 Soar/4 Innovate 2M16 2 Care		4 Respect/4 Integrity/4 Resilience/4 Care 4U11 Comp 1					4 Seek/4 Strive/4 Soar/4 Innovate 4U11 Comp 1																

## 2026 Semester 1 Timetable

## Teacher Juanita

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Care 1 Care	1 Respect/1 Integrity/1 Resilience/1 Care 1L26	1 Seek/1 Strive/1 Soar/1 Innovate	1G21					2 Respect/2 Integrity/2 Resilience/2 Care 2L26					2 Respect/2 Integrity/2 Resilience/2 Care 2G26		2 Seek/2 Strive/2 Soar/2 Innovate 2G21													
	Tu	FRC 1 Care 1 Care	1 Seek/1 Strive/1 Soar/ 1 Innovate 1G21	1 Respect/1 Integrity/1 Resilience/1 Care 1G26						1 Care FTGP							4 Seek/4 Strive/4 Soar/ 4 Innovate 4O11													
	We	FRC 1 Care 1 Care	3 Respect/3 Integrity/3 Resilience 3G37																											
	Th	FRC 1 Care 1 Care	1 Care CCE 1 Care	1 Seek/1 Strive/1 Soar/1 Innovate	1L21					2 Respect/2 Integrity/2 Resilience/2 Care 2L26	4 Respect/4 Integrity/4 Resilience/4 Care 4O16	1 Respect/1 Integrity/1 Resilience/1 Care 1G26																		
	Fr	FRC 1 Care 1 Care								3 Respect /3 Integrity /3 Resilience 3G37																				
Even Week	Day 1	FRC 1 Care 1 Care	2 Respect/2 Integrity/2 Resilience/2 Care 2G26							1 Respect/1 Integrity/1 Resilience/1 Care 1G26						4 Respect/4 Integrity/4 Resilience/4 Care 4O16	1 Respect/1 Integrity/1 Resilience/1 Care 1L26													
	Tu	FRC 1 Care 1 Care	1 Care FTGP 1 Care	2 Seek/2 Strive/2 Soar/ 2 Innovate 2G21						2 Respect/2 Integrity/2 Resilience/2 Care 2G26						1 Seek/1 Strive/1 Soar/ 1 Innovate 1L21														
	We	FRC 1 Care 1 Care	4 Seek/4 Strive/4 Soar/ 4 Innovate 4O11						2 Seek/2 Strive/2 Soar/ 2 Innovate 2G21	1 Seek/1 Strive/1 Soar/ 1 Innovate 1L21						2 Respect/2 Integrity/2 Resilience/2 Care 2L26									Timetabled Time (PLT)					
	Th	FRC 1 Care 1 Care	1 Care CCE 1 Care							2 Respect/3 Integrity /3 Resilience 3G37								1 Respect/1 Integrity/1 Resilience/1 Care 1L26												
	Fr	FRC 1 Care 1 Care							1 Seek/1 Strive/1 Soar/1 Innovate 1G21		3 Respect /3 Integrity /3 Resilience 3G37																			

## Teacher Justin Lee

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Innovate	1 Respect/1 Integrity/1 Resilience/1 Care 1L37 1 Integrity						4 Seek/4 Strive/4 Soar/4 Innovate 4E22 EL Rm			3 Resilience/3 Care 3E16 3 Care																		
	Tu	FRC 4 Innovate	4 Respect/4 Integrity/4 Resilience/4 Care 4E16 4 Care						4 Seek/4 Strive/4 Soar/4 Innovate 4E22 EL Rm	4 Innovate FTGP 4 Innovate						3 Resilience/3 Care 3E16 3 Care														
	We	FRC 4 Innovate				4 Respect/4 Integrity/4 Resilience/4 Care 4E16 4 Care						3 Resilience/3 Care 3E16 3 Care																		
	Th	FRC 4 Innovate	4 Innovate CCE 4 Innovate		1 Seek/1 Strive/1 Soar/1 Innovate 1L32 1 Strive				4 Seek/4 Strive/4 Soar/4 Innovate 4E22 EL Rm		4 Respect/4 Integrity/4 Resilience/4 Care 4E16 4 Care																			
	Fr	FRC 4 Innovate	3 Resilience/3 Care 3E16 3 Care		4 Respect/4 Integrity/4 Resilience/4 Care 4E16 4 Care				4 Seek/4 Strive/4 Soar/4 Innovate 4E22 EL Rm																					
Even Week	Day 1	FRC 4 Innovate	4 Seek/4 Strive/4 Soar/4 Innovate 4E22 EL Rm		3 Resilience/3 Care 3E16 3 Care	4 Respect/4 Integrity/4 Resilience/4 Care 4E16 4 Care										1 Respect/1 Integrity/1 Resilience/1 Care 1L37 1 Integrity		Timetabled Time (PLT)												
	Tu	FRC 4 Innovate	4 Innovate FTGP 4 Innovate				4 Seek/4 Strive/4 Soar/4 Innovate 4E22 EL Rm			4 Respect/4 Integrity/4 Resilience/4 Care 4E16 4 Care	1 Seek/1 Strive/1 Soar/1 Innovate 1L32 1 Strive																			
	We	FRC 4 Innovate			3 Resilience/3 Care 3E16 3 Care	4 Respect/4 Integrity/4 Resilience/4 Care 4E16 4 Care		1 Seek/1 Strive/1 Soar/1 Innovate 1L32 1 Strive			4 Seek/4 Strive/4 Soar/4 Innovate 4E22 EL Rm																			
	Th	FRC 4 Innovate	4 Innovate CCE 4 Innovate			4 Seek/4 Strive/4 Soar/4 Innovate 4E22 EL Rm					3 Resilience/3 Care 3E16 3 Care	1 Respect/1 Integrity/1 Resilience/1 Care 1L37 1 Integrity																		
	Fr	FRC 4 Innovate	3 Resilience/3 Care 3E16 3 Care		4 Respect/4 Integrity/4 Resilience/4 Care 4E16 4 Care																									

# Teacher Kalpana

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Seek 1 Seek																												
	Tu	FRC 1 Seek 1 Seek	3 Innovate/3 Resilience 3TL3 3 Care	4 Strive/4 Soar/4 Respect/4 Care 4TL1	ESS Room										1 Seek	FTGP	2 Seek/2 Strive/2 Innovate/2 Integrity/2 Resilience/2 Care 2TL3													
	We	FRC 1 Seek 1 Seek	4 Strive/4 Soar/4 Respect/4 Care 4TL1	3 Innovate/3 Resilience 3TL3 3 Care											1 Strive/1 Respect	1TL9	2 Seek/2 Strive/2 Innovate/2 Integrity/2 Resilience/2 Care 2TL3													
	Th	FRC 1 Seek 1 Seek	CCE 1 Seek					2 Seek/2 Strive/2 Innovate/2 Integrity/2 Resilience/2 Care 2TL3																						
	Fr	FRC 1 Seek 1 Seek					1 Strive/1 Respect 1TL9									4 Strive/4 Soar/4 Respect/4 Care 4TL1		4 Strive/4 Soar/4 Respect/4 Care 4TL1												
Even Week	Day 1	FRC 1 Seek 1 Seek					4 Strive/4 Soar/4 Respect/4 Care 4TL1									3 Innovate/3 Resilience 3TL3 3 Care		2 Seek/2 Strive/2 Innovate/2 Integrity/2 Resilience/2 Care 2TL3												
	Tu	FRC 1 Seek 1 Seek	3 Innovate/3 Resilience 3TL3 3 Care														3 Seek/3 Strive /3 Respect /3 Integrity /3 Resilience 3TL2 3 Care		2 Seek/2 Strive/2 Innovate/2 Integrity/2 Resilience/2 Care 2TL3											
	We	FRC 1 Seek 1 Seek	1 Strive/1 Respect 1TL9													3 Innovate/3 Resilience 3TL3 3 Care		4 Strive/4 Soar/4 Respect/4 Care 4TL1												
	Th	FRC 1 Seek 1 Seek	CCE 1 Seek													1 Strive/1 Respect 1TL9		4 Strive/4 Soar/4 Respect/4 Care 4TL1												
	Fr	FRC 1 Seek 1 Seek	4 Strive/4 Soar/4 Respect/4 Care 4TL1													3 Innovate/3 Resilience 3TL3 3 Care		2 Seek/2 Strive/2 Innovate/2 Integrity/2 Resilience/2 Care 2TL3												

# Teacher Chew Kang Wei

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	3 Respect /3 Integrity /3 Resilience  3M36  3 Respect													2 Seek/2 Strive/2 Soar/2 Innovate  2M32  2 Strive			4 Respect/4 Integrity/4 Resilience/4 Care  4A37  4 Integrity												
	Tu	2 Seek/2 Strive/2 Soar/2 Innovate  2M32  2 Strive							3 Respect /3 Integrity /3 Resilience  3M36  3 Respect					4 Respect/4 Integrity/4 Resilience/4 Care  4A37  4 Integrity																
	We						2 Seek/2 Strive/2 Soar 2 Innovate  2M32  2 Strive								4 Respect/4 Integrity/4 Resilience/4 Care  4A37  4 Integrity				Timetabled Time (PLT)  Board Rm											
	Th																													
	Fr					Timetabled Time (PLT)  Board Rm			2 Seek/2 Strive/2 Soar/2 Innovate  2M32  2 Strive		3 Respect /3 Integrity /3 Resilience  3M36  3 Respect																			
Even Week	Day 1							2 Seek/2 Strive/2 Soar/2 Innovate  2M32  2 Strive										4 Respect/4 Integrity/4 Resilience/4 Care  4A37  4 Integrity												
	Tu							2 Seek/2 Strive/2 Soar 2 Innovate  2M32  2 Strive		4 Respect/4 Integrity/4 Resilience/4 Care  4A37  4 Integrity																				
	We									3 Respect /3 Integrity /3 Resilience  3M36  3 Respect					4 Respect/4 Integrity/4 Resilience/4 Care  4A37  4 Integrity															
	Th					2 Seek/2 Strive/2 Soar/2 Innovate  2M32  2 Strive		3 Respect /3 Integrity /3 Resilience  3M36  3 Respect		Timetabled Time (PLT)  Board Rm				4 Respect/4 Integrity/4 Resilience/4 Care  4A37  4 Integrity																
	Fr					3 Respect /3 Integrity /3 Resilience  3M36  3 Respect			2 Seek/2 Strive/2 Soar/2 Innovate  2M32  2 Strive																					

## Teacher Klaudia Ng

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00					
Odd Week	Day 1	FRC 3 Seek	3PB1			4 Respect/4 Integrity/4 Resilience/4 Care			1 Seek/1 Strive/1 Soar/1 Innovate			1S11			TS6			1 Respect/1 Integrity/1 Resilience/1 Care			1S37			1 Integrity			1 Respect/1 Integrity/1 Resilience/1 Care								
	Tu	FRC 3 Seek											1S37			FTGP			3 Respect /3 Integrity			1S11			3 Seek			3PB1							
	We	FRC 3 Seek				1 Seek/1 Strive/1 Soar/1 Innovate							1S11			TS6			1 Respect/1 Integrity/1 Resilience/1 Care			1S37			4 Seek/4 Strive/4 Soar/4 Innovate			4B31							
	Th	FRC 3 Seek	CCE			4 Seek/4 Strive/4 Soar/4 Innovate			4B31			TS6			Instr Area			3 Respect /3 Integrity			3B36			3 Seek			3PB1								
	Fr	FRC 3 Seek																4 Respect/4 Integrity/4 Resilience/4 Care			4B26			1S37			1 Integrity								
Even Week	Day 1	FRC 3 Seek	3B36			3 Resilience			3 Seek			3PB1			3 Strive			1 Respect/1 Integrity/1 Resilience/1 Care			1S37			1 Integrity			1 Respect/1 Strive/1 Soar/1 Innovate			1S11					
	Tu	FRC 3 Seek	FTGP			3 Seek			4 Seek/4 Strive/4 Soar/4 Innovate			4B31			Instr Area			3 Respect /3 Integrity			3B36			4B26			TS6								
	We	FRC 3 Seek																4 Respect/1 Integrity/1 Resilience/1 Care			1S37			1 Integrity			4 Seek/4 Strive/4 Soar/4 Innovate			4B31					
	Th	FRC 3 Seek	CCE			3 Seek			4B26			TS6			4 Respect/4 Integrity/4 Resilience/4 Care			1 Respect/1 Integrity/1 Resilience/1 Care			1S37			1 Integrity			1S11			3 Seek			3PB1		
	Fr	FRC 3 Seek				1 Respect/1 Integrity/1 Resilience/1 Care			1S37			1 Integrity						3 Seek			3PB1			3 Strive			LT@3								

# 2026 Semester 1 Timetable

# Teacher Tan Kok Young

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00		
Odd Week	Day 1																	4 Respect/4 Integrity/4 Resilience/4 Care	5N1													
	Tu																	4T26	5T26													
	We																	4 Respect/4 Integrity/4 Resilience/4 Care	4 Integrity													
	Th			CCE														3T26	3 Respect,RO Room	4 Respect/4 Integrity/4 Resilience/4 Care	4T26											
	Fr																	3 Respect,RO Room	4 Resilience,RO Room	4 Integrity	5N1	5T26										
Even Week	Day 1																	3 Resilience	3T26	4T26	4 Respect/4 Integrity/4 Resilience/4 Care											
	Tu																	Timetabled Time (PLT)	Board Rm	4 Resilience,RO Room	4 Integrity	5N1	5T26	3 Resilience	3T26	4 Respect/4 Integrity/4 Resilience/4 Care	4 Resilience,RO Room					
	We																	4 Respect/4 Integrity/4 Resilience/4 Care	4 Integrity	5N1	5T26	3 Respect,RO Room	4 Integrity	3 Resilience	3T26	4 Respect/4 Integrity/4 Resilience/4 Care	4 Resilience,RO Room					
	Th			CCE														4T26	4 Resilience,RO Room	4 Respect/4 Integrity/4 Resilience/4 Care	5N1	5T26	3 Respect,RO Room	4 Integrity	4 Resilience,RO Room	4 Integrity						
	Fr																	4 Resilience	3T26	3 Respect,RO Room	4 Integrity	5N1	5T26	3 Respect,RO Room	4 Integrity	4 Resilience,RO Room	4 Integrity					

## 2026 Semester 1 Timetable

## Teacher Lathika

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1					1 Seek/1 Strive/1 Soar/ 1 Innovate									4 Respect/4 Integrity/4 Resilience/4 Care															
	Tu	1 Seek/1 Strive/1 Soar/ 1 Innovate	1G31	1 Seek		1 Respect/1 Integrity/1 Resilience/1 Care	1G36			4 Respect/4 Integrity/4 Resilience/4 Care/5N1	4O37	4 Integrity																		
	We									3 Soar/3 Innovate	3O22	HIVE	3 Soar/3 Innovate	3G21	3 Soar															
	Th					4 Respect/4 Integrity/4 Resilience/4 Care	4G36	4 Integrity		3 Soar/3 Innovate	3O22	HIVE	4 Respect/4 Integrity/4 Resilience/4 Care/5N1	4O37	1 Respect/1 Integrity/1 Resilience/1 Care	1G36	3 Soar/3 Innovate	3G21	3 Soar											
	Fr																													
Even Week	Day 1	4 Respect/4 Integrity/4 Resilience/4 Care/5N1	4O37	TS9						1 Respect/1 Integrity/1 Resilience/1 Care	1G36	1 Respect																		
	Tu				4 Respect/4 Integrity/4 Resilience/4 Care/5N1	4O37	4 Integrity		4 Respect/4 Integrity/4 Resilience/4 Care	4G36	4 Integrity																			
	We	3 Soar/3 Innovate	3G21	3 Soar		3 Soar/3 Innovate	3O22	HIVE					4 Respect/4 Integrity/4 Resilience/4 Care	4G36	4 Integrity							Timetabled Time (PLT)				Board Rm,TL Rm				
	Th				3 Soar/3 Innovate	3O22	HIVE	3 Soar	3 Soar/3 Innovate	3G21	3 Soar																			
	Fr								1 Seek/1 Strive/1 Soar/ 1 Innovate	1G31	1 Seek																			

# Teacher Leong Sin Yee

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00	
Odd Week	Day 1	FRC 3 Innovate				4 Respect/4 Integrity/4 Resilience/4 Care								3 Soar/3 Innovate						4 Seek/4 Strive/4 Soar/4 Innovate											
	Tu	FRC 3 Innovate			IM Pre-Lesson									3B21						4PB1											
	We	FRC 3 Innovate				Timetabled Time (PLT)								3 Innovate						LT@3											
	Th	FRC 3 Innovate	3 Innovate		4 Seek/4 Strive/4 Soar/4 Innovate		4B21							IM Post-Lesson						3 Respect/3 Integrity /3 Resilience											
	Fr	FRC 3 Innovate				4 Seek/4 Strive/4 Soar/4 Innovate		4PB1						4 Respect/4 Integrity/4 Resilience/4 Care		4B36						3 Integrity									
Even Week	Day 1	FRC 3 Innovate	3 Respect /3 Integrity /3 Resilience		3B37									3 Soar/3 Innovate						4 Seek/4 Strive/4 Soar/4 Innovate											
	Tu	FRC 3 Innovate	FTGP											4 Seek/4 Strive/4 Soar/4 Innovate		4B21				3 Respect /3 Integrity /3 Resilience		4B37				4 Respect/4 Integrity/4 Resilience/4 Care					
	We	FRC 3 Innovate	4 Seek/4 Strive/4 Soar/4 Innovate		4PB1									4 Respect/4 Integrity/4 Resilience/4 Care		4B36				3 Integrity											
	Th	FRC 3 Innovate	3 Innovate		CCE		4B21							IM Post-Lesson						3 Integrity											
	Fr	FRC 3 Innovate				4 Seek/4 Strive/4 Soar/4 Innovate		4PB1						4 Respect/4 Integrity/4 Resilience/4 Care		4B36				3 Integrity											

# 2026 Semester 1 Timetable

## Teacher Li Bin

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Respect					3 Seek/3 Strive /3 Respect /3 Integrity /3 Resilience <b>3CL5</b>																	1 Seek/1 Strive/1 Soar/ 1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care <b>1CL1</b>						
	Tu	FRC 2 Respect	3 Seek/3 Strive /3 Respect /3 Integrity /3 Resilience <b>3CL5</b>		4 Seek/4 Strive/4 Innovate/4 Integrity/4 Resilience/4 Care									2 Respect	FTGP	2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care <b>2CL3</b>														
	We	FRC 2 Respect			3 Seek/3 Strive /3 Respect /3 Integrity /3 Resilience <b>3CL5</b>									1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care <b>1CL1</b>									2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care <b>2CL3</b>							
	Th	FRC 2 Respect	2 Respect <b>CCE</b>				2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care <b>2CL3</b>		1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care <b>1CL1</b>																					
	Fr	FRC 2 Respect			1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care <b>1CL1</b>		1 Seek								4 Seek/4 Strive/4 Innovate/4 Integrity/4 Resilience/4 Care <b>4CL10</b>															
Even Week	Day 1	FRC 2 Respect	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care <b>1CL1</b>													3 Seek/3 Strive /3 Respect /3 Integrity /3 Resilience <b>3CL5</b>							2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care <b>2CL3</b>							
	Tu	FRC 2 Respect	2 Respect <b>FTGP</b>	3 Seek/3 Strive /3 Respect /3 Integrity /3 Resilience <b>3CL5</b>										1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care <b>1CL1</b>							2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care <b>2CL3</b>									
	We	FRC 2 Respect	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care <b>1CL1</b>					3 Seek/3 Strive /3 Respect /3 Integrity /3 Resilience <b>3CL5</b>														2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care <b>2CL3</b>								
	Th	FRC 2 Respect	2 Respect <b>CCE</b>						1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care <b>1CL1</b>		1 Seek				4 Seek/4 Strive/4 Innovate/4 Integrity/4 Resilience/4 Care <b>4CL10</b>							2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care <b>2CL3</b>								
	Fr	FRC 2 Respect	4 Seek/4 Strive/4 Innovate/4 Integrity/4 Resilience/4 Care <b>4CL10</b>						3 Seek/3 Strive /3 Respect /3 Integrity /3 Resilience <b>3CL5</b>																					

# Teacher Yap Li Ren

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Soar	2 Seek Mu Music Room,Music Lab						2 Strive Mu Music Room,Music Lab																					
	Tu	FRC 2 Soar	2 Integrity Mu Music Room,Music Lab												2 Soar FTGP 2 Soar															
	We	FRC 2 Soar							2 Soar Mu Music Room,Music Lab			1 Innovate Mu Music Room,Music Lab																		
	Th	FRC 2 Soar	2 Soar CCE 2 Soar																											
	Fr	FRC 2 Soar	1 Integrity Mu Music Room,Music Lab						2 Respect Mu Music Room,Music Lab			2 Care Mu Music Room,Music Lab																		
Even Week	Day 1	FRC 2 Soar	2 Strive Mu Music Room,Music Lab																											
	Tu	FRC 2 Soar	2 Soar FTGP 2 Soar												2 Soar Mu Music Room,Music Lab	1 Integrity Mu Music Room,Music Lab														
	We	FRC 2 Soar	2 Respect Mu Music Room,Music Lab													2 Seek Mu Music Room,Music Lab														
	Th	FRC 2 Soar	2 Soar CCE 2 Soar						2 Care Mu Music Room,Music Lab																					
	Fr	FRC 2 Soar							1 Innovate Mu Music Room,Music Lab			2 Integrity Mu Music Room,Music Lab																		

# Teacher Madeline Wong

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Soar 1 Soar	2 Respect/2 Integrity/2 Resilience/2 Care 2S26 2 Resilience							1 Seek/1 Strive/1 Soar/1 Innovate 1S31 1 Seek							2 Seek/2 Strive/2 Soar/2 Innovate 2S22 TS8													
	Tu	FRC 1 Soar 1 Soar				2 Respect/2 Integrity/2 Resilience/2 Care 2S26 2 Resilience				2 Seek/2 Strive/2 Soar/2 Innovate 2S22 TS8		FTGP 1 Soar							1 Seek/1 Strive/1 Soar/1 Innovate 1S31 1 Seek											
	We	FRC 1 Soar 1 Soar				1 Seek/1 Strive/1 Soar/1 Innovate 1S31 1 Seek			5N1		5P26 4 Care		2 Respect/2 Integrity/2 Resilience/2 Care 2S26 2 Resilience																	
	Th	FRC 1 Soar 1 Soar	1 Soar CCE 1 Soar															2 Seek/2 Strive/2 Soar/2 Innovate 2S22 2 Innovate	5N1 5P26 TS5											
	Fr	FRC 1 Soar 1 Soar	2 Respect/2 Integrity/2 Resilience/2 Care 2S26 2 Resilience						2 Seek/2 Strive/2 Soar/2 Innovate 2S22 TS8		1S31 1 Seek																			
Even Week	Day 1	FRC 1 Soar 1 Soar				2 Seek/2 Strive/2 Soar/2 Innovate 2S22 2 Innovate							2 Respect/2 Integrity/2 Resilience/2 Care 2S26 2 Resilience			5N1		5P26 TS5		1 Seek/1 Strive/1 Soar/1 Innovate 1S31 1 Seek										
	Tu	FRC 1 Soar 1 Soar	1 Soar FTGP 1 Soar																	1 Seek/1 Strive/1 Soar/1 Innovate 1S31 1 Seek										
	We	FRC 1 Soar 1 Soar				2 Seek/2 Strive/2 Soar/2 Innovate 2S22 2 Innovate			1 Seek/1 Strive/1 Soar/1 Innovate 1S31 1 Seek		2 Respect/2 Integrity/2 Resilience/2 Care 2S26 2 Resilience																			
	Th	FRC 1 Soar 1 Soar	1 Soar CCE 1 Soar			5N1		5P26 TS5					2 Seek/2 Strive/2 Soar/2 Innovate 2S22 TS8		1 Seek/1 Strive/1 Soar/1 Innovate 1S31 1 Seek		2 Respect/2 Integrity/2 Resilience/2 Care 2S26 2 Resilience													
	Fr	FRC 1 Soar 1 Soar	2 Seek/2 Strive/2 Soar/2 Innovate 2S22 TS9					2 Respect/2 Integrity/2 Resilience/2 Care 2S26 2 Resilience																						

## Teacher Malarvelee

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1																													
	Tu																													
	We																													
	Th																													
	Fr																													
Even Week	Day 1																													
	Tu																													
	We																													
	Th																													
	Fr																													

# Teacher Murugapa

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Integrity	4 Integrity/5N1 PE2 Field 1						3 Respect PE ISH			2 Resilience PE BBC																		
	Tu	FRC 4 Integrity			1 Strive PE Hall								4 Integrity/5N1 FTGP2 4 Integrity			1 Respect PE Hall														
	We	FRC 4 Integrity	3 Soar PE BBC		2 Resilience PE ISH			2 Strive PE Hall					1 Respect PE BBC																	
	Th	FRC 4 Integrity	4 Integrity/5N1 CCE2 4 Integrity					3 Respect PE ISH			1 Strive PE Hall																			
	Fr	FRC 4 Integrity	4 Integrity/5N1 PE2 Field 1							3 Soar	2 Strive PE BBC			PE ISH																
Even Week	Day 1	FRC 4 Integrity			1 Strive PE ISH		3 Respect PE BBC						1 Respect PE Hall																	
	Tu	FRC 4 Integrity	4 Integrity/5N1 FTGP2 4 Integrity		1 Strive PE Hall		3 Soar PE BBC			2 Resilience PE Field 1			1 Respect PE Hall																	
	We	FRC 4 Integrity	2 Resilience PE BBC		4 Integrity/5N1 PE2 Field 1								2 Strive PE Hall																	
	Th	FRC 4 Integrity	4 Integrity/5N1 CCE2 4 Integrity		3 Respect PE ISH																									
	Fr	FRC 4 Integrity			3 Soar PE Field 1		2 Strive PE Hall			4 Integrity/5N1 PE2 Field 1																				

# Teacher Nor Mohamad

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1														1 Respect/1 Integrity/1 Resilience/1 Care	1M16			1 Seek/1 Strive/1 Soar/1 Innovate	1M11										
	Tu	1 Respect/1 Integrity/1 Resilience/1 Care 1M16 1 Care	3 Seek/3 Strive 3A21 3 Soar												1 Respect/1 Integrity/1 Resilience/1 Care	1M16			1 Seek/1 Strive/1 Soar/1 Innovate 1M11 1 Innovate											
	We	1 Seek/1 Strive/1 Soar/1 Innovate 1M11 1 Innovate	1 Respect/1 Integrity/1 Resilience/1 Care 1M16 1 Care												1 Respect/1 Integrity/1 Resilience/1 Care	1M16			1 Seek/1 Strive/1 Soar/1 Innovate 1M11 1 Innovate											
	Th		1 Respect/1 Integrity/1 Resilience/1 Care 1M16 1 Care												3 Seek/3 Strive 3A21 3 Soar				1 Seek/1 Strive/1 Soar/1 Innovate 1M11 1 Innovate											
	Fr	3 Seek/3 Strive 3A21 3 Soar																												
Even Week	Day 1				1 Respect/1 Integrity/1 Resilience/1 Care	1M16										1 Respect/1 Integrity/1 Resilience/1 Care	1M16			1 Seek/1 Strive/1 Soar/1 Innovate 1M11 1 Innovate										
	Tu				1 Respect/1 Integrity/1 Resilience/1 Care	1M16										1 Respect/1 Integrity/1 Resilience/1 Care	1M16			3 Seek/3 Strive 3A21 3 Soar										
	We				1 Seek/1 Strive/1 Soar/1 Innovate 1M11 1 Innovate											1 Seek/1 Strive/1 Soar/1 Innovate	1M11			3 Seek/3 Strive 3A21 3 Soar										
	Th				1 Respect/1 Integrity/1 Resilience/1 Care 1M16 1 Care															3 Seek/3 Strive 3A21 3 Soar										
	Fr	1 Seek/1 Strive/1 Soar/1 Innovate 1M11 1 Innovate													1 Respect/1 Integrity/1 Resilience/1 Care	1M16 1 Care			3 Seek/3 Strive 3A21 3 Soar											

# Teacher Nurfirdaus

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
		FRC 1 Integrity 1 Integrity	3 Soar 3D21 D&T Workshop 3,D&T Workshop 2		4 Seek/4 Strive/4 Soar/4 Innovate 4D21 D&T Workshop 1							2 Care 2D12 D&T Workshop 2		1 Innovate 1D12 D&T Workshop 2																
Odd Week	Day 1	FRC 1 Integrity 1 Integrity	2 Resilience 2D12 D&T Workshop 2									1 Integrity FTGP 1 Integrity	1 Care 1D12 D&T Workshop 2		4 Seek/4 Strive/4 Soar/4 Innovate 4D21 D&T Workshop 1															
	Tu	FRC 1 Integrity 1 Integrity																												
	We	FRC 1 Integrity 1 Integrity											4 Seek/4 Strive/4 Soar/4 Innovate 4D21 D&T Workshop 1		1 Resilience 1D12 D&T Workshop 2		3 Soar 3D21 D&T Workshop 3,D&T Workshop 1													
	Th	FRC 1 Integrity 1 Integrity	1 Integrity CCE 1 Integrity												1 Integrity 1D12 D&T Workshop 2	3 Soar 3D21 D&T Workshop 3,D&T Workshop 1														
	Fr	FRC 1 Integrity 1 Integrity	1 Respect 1D12 D&T Workshop 2									2 Integrity 2D12 D&T Workshop 2	2 Respect 2D12 D&T Workshop 2																	
Even Week	Day 1	FRC 1 Integrity 1 Integrity			1 Innovate 1D12 D&T Workshop 2		4 Seek/4 Strive/4 Soar/4 Innovate 4D21 D&T Workshop 1					1 Care 1D12 D&T Workshop 2							3 Soar 3D21 D&T Workshop 3,D&T Workshop 1											
	Tu	FRC 1 Integrity 1 Integrity	1 Integrity FTGP 1 Integrity												1 Resilience 1D12 D&T Workshop 2					3 Soar 3D21 D&T Workshop 3,D&T Workshop 1										
	We	FRC 1 Integrity 1 Integrity	4 Seek/4 Strive/4 Soar/4 Innovate 4D21 D&T Workshop 1		1 Respect 1D12 D&T Workshop 2		1 Integrity 1D12 D&T Workshop 2																							
	Th	FRC 1 Integrity 1 Integrity	1 Integrity CCE 1 Integrity									2 Resilience 2D12 D&T Workshop 2	2 Integrity 2D12 D&T Workshop 2		4 Seek/4 Strive/4 Soar/4 Innovate 4D21 D&T Workshop 1					3 Soar 3D21 D&T Workshop 3,D&T Workshop 1										
	Fr	FRC 1 Integrity 1 Integrity	2 Respect 2D12 D&T Workshop 2									2 Care 2D12 D&T Workshop 2																		

# Teacher Wan Pei Fang

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1														1 Soar Kitchen 2		1 Strive Kitchen 2		1F11											
	Tu								1 Innovate 1F11 Kitchen 2		1 Seek 1F11 Kitchen 2																			
	We																		1 Integrity 1F11 Kitchen 2											
	Th																		1 Resilience 1F11 Kitchen 2		1 Respect 1F11 Kitchen 2									
	Fr				1 Care 1F11 Kitchen 2																									
Even Week	Day 1						1 Soar 1F11 Kitchen 2								1 Innovate 1F11 Kitchen 2			1 Resilience 1F11 Kitchen 2												
	Tu						1 Seek 1F11 Kitchen 2											1 Respect 1F11 Kitchen 2												
	We						1 Integrity 1F11 Kitchen 2																							
	Th								1 Strive 1F11 Kitchen 2																					
	Fr									1 Care 1F11 Kitchen 2																				

# Teacher Ng Puay Hoon

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Innovate				5N1									4 Seek/4 Strive/4 Soar/4 Innovate					3 Respect /3 Integrity /3 Resilience										
	Tu	FRC 4 Innovate				5C26	TS9								4PC1	4 Soar				3C37	3 Resilience									
	We	FRC 4 Innovate				Timetabled Time (PLT)	Board Rm	4 Respect/4 Integrity/4 Resilience/4 Care	4C38						4 Innovate	3 Seek/3 Strive /3 Soar				4 Seek/4 Strive/4 Soar/4 Innovate										
	Th	FRC 4 Innovate	4 Innovate	CCE	4 Innovate			4 Seek/4 Strive/4 Soar/4 Innovate	4PC1	4 Soar					FTGP	3C31	3 Seek			4PC1	TS9									
	Fr	FRC 4 Innovate													5N1	5C26	TS9			3C31	3 Seek	3C37	3 Resilience							
Even Week	Day 1	FRC 4 Innovate	3 Seek/3 Strive /3 Soar	3C31	3 Seek											4 Respect/4 Integrity/4 Resilience	4C38													
	Tu	FRC 4 Innovate	4 Innovate	FTGP	4 Innovate	4 Seek/4 Strive/4 Soar/4 Innovate	4PC1	3 Respect /3 Integrity /3 Resilience	3C37	3 Resilience										5N1	5C26	3 Seek/3 Strive /3 Soar								
	We	FRC 4 Innovate						4 Seek/4 Strive/4 Soar/4 Innovate	4PC1	4 Soar										5N1	5C26	3C31	3 Seek							
	Th	FRC 4 Innovate	4 Innovate	CCE	4 Innovate	4 Respect/4 Integrity/4 Resilience/4 Care	4C38													3 Respect /3 Integrity /3 Resilience		3C37								
	Fr	FRC 4 Innovate													4 Seek/4 Strive/4 Soar/4 Innovate	4PC1	4 Soar													

## 2026 Semester 1 Timetable

## Teacher Hui Qi

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Seek 1 Seek	2 Strive 2F11 Kitchen 2												1 Soar 1F12 Kitchen 1		1 Strive 1F12 Kitchen 1				Timetabled Time (PLT) D&T Tech Rm									
	Tu	FRC 1 Seek 1 Seek	2 Care 2F11 Kitchen 2		1 Innovate 1F12 Kitchen 1		1 Seek 1F12 Kitchen 1		1 Seek FTGP 1 Seek												4 Respect/4 Integrity/4 Resilience/4 Care 4F36 D&T Tech Rm									
	We	FRC 1 Seek 1 Seek	2 Seek 2F11 Kitchen 2		2 Respect 2F11 Kitchen 2		2 Innovate 2F11 Kitchen 2										4 Respect/4 Integrity/4 Resilience/4 Care 4F36 D&T Tech Rm													
	Th	FRC 1 Seek 1 Seek	1 Seek CCE 1 Seek							2 Soar 2F11 Kitchen 2											4 Respect/4 Integrity/4 Resilience/4 Care 4F36 D&T Tech Rm									
	Fr	FRC 1 Seek 1 Seek								2 Resilience 2F11 Kitchen 2		2 Integrity 2F11 Kitchen 2																		
Even Week	Day 1	FRC 1 Seek 1 Seek				1 Soar 1F12 Kitchen 1						1 Innovate 1F12 Kitchen 1																		
	Tu	FRC 1 Seek 1 Seek	1 Seek FTGP 1 Seek		1 Seek 1F12 Kitchen 1				2 Innovate 2F11 Kitchen 2		2 Strive 2F11 Kitchen 2						4 Respect/4 Integrity/4 Resilience/4 Care 4F36 D&T Tech Rm													
	We	FRC 1 Seek 1 Seek										2 Seek 2F11 Kitchen 2		2 Soar 2F11 Kitchen 2						4 Respect/4 Integrity/4 Resilience/4 Care 4F36 D&T Tech Rm										
	Th	FRC 1 Seek 1 Seek	1 Seek CCE 1 Seek			1 Strive 1F12 Kitchen 1		2 Respect 2F11 Kitchen 2		2 Care 2F11 Kitchen 2						4 Respect/4 Integrity/4 Resilience/4 Care 4F36 D&T Tech Rm														
	Fr	FRC 1 Seek 1 Seek	2 Integrity 2F11 Kitchen 2							2 Resilience 2F11 Kitchen 2																				

# Teacher Jelena Sundraraj

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10 8:30	2 8:30 8:50	3 8:50 9:10	4 9:10 9:30	5 9:30 9:50	6 9:50 10:10	7 10:10 10:30	8 10:30 10:50	9 10:50 11:10	10 11:10 11:30	11 11:30 11:50	12 11:50 12:10	13 12:10 12:30	14 12:30 12:50	15 12:50 13:10	16 13:10 13:30	17 13:30 13:50	18 13:50 14:10	19 14:10 14:30	20 14:30 14:50	21 14:50 15:10	22 15:10 15:30	23 15:30 15:50	24 15:50 16:10	25 16:10 16:30	26 16:30 17:10	27 17:10 18:00	28
Odd Week	Day 1	FRC 1 Strive 1 Strive	2 Respect/2 Integrity/2 Resilience/2 Care 2S26 2 Resilience							1 Seek/1 Strive/1 Soar/1 Innovate 1S22 1 Innovate					4 Seek/4 Strive/4 Soar/4 Innovate 4S11 4 Innovate				3 Resilience/3 Care 3S16 3 Care											
	Tu	FRC 1 Strive 1 Strive	2 Respect/2 Integrity/2 Resilience/2 Care 2S26 2 Resilience												1 Strive FTGP 1 Strive		3 Resilience/3 Care 3S16 3 Care		1 Seek/1 Strive/1 Soar/1 Innovate 1S22 1 Innovate											
	We	FRC 1 Strive 1 Strive	1 Seek/1 Strive/1 Soar/1 Innovate 1S22 1 Innovate												2 Respect/2 Integrity/2 Resilience/2 Care 2S26 2 Resilience				3 Resilience/3 Care 3S16 3 Care		4 Seek/4 Strive/4 Soar/4 Innovate 4S11 TS9									
	Th	FRC 1 Strive 1 Strive	1 Strive CCE 1 Strive							4 Seek/4 Strive/4 Soar/4 Innovate 4S11 4 Innovate					3 Resilience/3 Care 3S16 3 Care															
	Fr	FRC 1 Strive 1 Strive	2 Respect/2 Integrity/2 Resilience/2 Care 2S26 2 Resilience							1 Seek/1 Strive/1 Soar/1 Innovate 1S22 1 Innovate																				
Even Week	Day 1	FRC 1 Strive 1 Strive								4 Seek/4 Strive/4 Soar/4 Innovate 4S11 4 Innovate		2 Respect/2 Integrity/2 Resilience/2 Care 2S26 2 Resilience					3 Resilience/3 Care 3S16 3 Care		1 Seek/1 Strive/1 Soar/1 Innovate 1S22 1 Innovate											
	Tu	FRC 1 Strive 1 Strive	1 Strive FTGP 1 Strive							3 Resilience/3 Care 3S16 3 Care		4 Seek/4 Strive/4 Soar/4 Innovate 4S11 4 Innovate							1 Seek/1 Strive/1 Soar/1 Innovate 1S22 1 Innovate											
	We	FRC 1 Strive 1 Strive	3 Resilience/3 Care 3S16 3 Care							1 Seek/1 Strive/1 Soar/1 Innovate 1S22 1 Innovate		2 Respect/2 Integrity/2 Resilience/2 Care 2S26 2 Resilience							4 Seek/4 Strive/4 Soar/4 Innovate 4S11 4 Innovate											
	Th	FRC 1 Strive 1 Strive	1 Strive CCE 1 Strive																1 Seek/1 Strive/1 Soar/1 Innovate 1S22 1 Innovate		2 Respect/2 Integrity/2 Resilience/2 Care 2S26 2 Resilience		3 Resilience/3 Care 3S16 3 Care							
	Fr	FRC 1 Strive 1 Strive								2 Respect/2 Integrity/2 Resilience/2 Care 2S26 2 Resilience		4 Seek/4 Strive/4 Soar/4 Innovate 4S11 4 Innovate																		

## Teacher Mrs Kunna

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	4 Seek/4 Strive/4 Soar/4 Innovate				4M31				3 Seek/3 Strive				3M31				3 Seek												
	Tu									3 Seek/3 Strive				3M31				3 Seek												
	We																		4A39				HIVE				Timetabled Time (PLT)			
	Th																													
	Fr	4 Seek/4 Strive/4 Soar/4 Innovate				4M31				3 Seek/3 Strive				3M31				3 Seek				4 Seek				4M31				
Even Week	Day 1					3 Seek/3 Strive				3M31				4 Seek/4 Strive/4 Soar/4 Innovate				4M31												
	Tu																													
	We					4 Seek/4 Strive/4 Soar/4 Innovate				4M31				3 Seek				3 Seek/3 Strive				3M31				3 Seek				
	Th														3 Seek/3 Strive				3M31				3 Seek							
	Fr					4 Seek/4 Strive/4 Soar/4 Innovate				4M31				3 Seek																

## 2026 Semester 1 Timetable

## Teacher Rekha

Yishun Secondary School, Singapore

	0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1																												
	Tu																												
	We																												
	Th																												
	Fr																												
Even Week	Day 1																												
	Tu																												
	We																												
	Th																												
	Fr																												

# Teacher Renuga

Yishun Secondary School, Singapore

	0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1																												
	Tu																												
	We																												
	Th																												
	Fr																												
Even Week	Day 1																												
	Tu																												
	We																												
	Th																												
	Fr																												

# Teacher Richard Armstrong

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00		
Odd Week	Day 1	3 Seek	3PL1			3 Seek				4 Seek/4 Strive/4 Soar/4 Innovate			4E32			4 Strive						4 Seek/4 Strive/4 Soar/4 Innovate			4PL1			4 Seek				
	Tu									4 Seek/4 Strive/4 Soar/4 Innovate			4E32			4 Strive						4 Seek/4 Strive/4 Soar/4 Innovate			4PL1			4 Seek				
	We																	4 Seek/4 Strive/4 Soar/4 Innovate			4PL1			4 Seek	3 Seek			3PL1			3 Seek	
	Th													4 Seek/4 Strive/4 Soar/4 Innovate			4E32			4 Strive				3 Seek			3PL1			3 Seek		
	Fr									4 Seek/4 Strive/4 Soar/4 Innovate			4E32			4 Strive																
Even Week	Day 1	4 Seek/4 Strive/4 Soar/4 Innovate	4E32			4 Strive													4 Seek/4 Strive/4 Soar/4 Innovate			4PL1			Timetabled Time (PLT)							
	Tu									4 Seek/4 Strive/4 Soar/4 Innovate			4E32			4 Strive												4 Seek	Board Rm			
	We	4 Seek/4 Strive/4 Soar/4 Innovate	4PL1			4 Seek													4 Seek/4 Strive/4 Soar/4 Innovate			4E32			4 Strive				3 Seek			3PL1
	Th									4 Seek/4 Strive/4 Soar/4 Innovate			4E32			4 Strive													3 Seek			3PL1
	Fr	3 Seek	3PL1			3 Seek																										

## Teacher Mohd Rizal

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Respect								1 Seek/1 Strive/1 Soar/1 Innovate  1S32  1 Strive	4 Seek/4 Strive/4 Soar/4 Innovate  4C32  4 Strive			1 Respect/1 Integrity/1 Resilience/1 Care  1S37  1 Integrity	3 Respect  FTGP  3 Respect		1 Respect/1 Integrity/1 Resilience/1 Care  1S37  1 Integrity	3 Respect  3PC6  Instr Area												
	Tu	FRC 3 Respect								1 Respect/1 Integrity/1 Resilience/1 Care  1S37  1 Integrity	3 Respect  FTGP  3 Respect						1 Seek/1 Strive/1 Soar/1 Innovate  1S32  1 Strive													
	We	FRC 3 Respect				1 Seek/1 Strive/1 Soar/1 Innovate  1S32  1 Strive			4 Respect/4 Integrity/4 Resilience/4 Care  4C39  LT@3	4 Respect/4 Integrity/4 Resilience/4 Care  4C32  4 Strive			1 Respect/1 Integrity/1 Resilience/1 Care  1S37  1 Integrity					3 Respect  3PC6  LT@3												
	Th	FRC 3 Respect	3 Respect  CCE  3 Respect	3 Respect  3PC6			4 Seek/4 Strive/4 Soar/4 Innovate  4C32  4 Strive									4 Respect/4 Integrity/4 Resilience/4 Care  4C39  LT@3														
	Fr	FRC 3 Respect								1 Seek/1 Strive/1 Soar/1 Innovate  1S32  1 Strive	1 Respect/1 Integrity/1 Resilience/1 Care  1S37  1 Integrity																			
Even Week	Day 1	FRC 3 Respect									1 Respect/1 Integrity/1 Resilience/1 Care  1S37  1 Integrity	4 Respect/4 Integrity/4 Resilience/4 Care  4C39  LT@3		1 Seek/1 Strive/1 Soar/1 Innovate  1S32  1 Strive																
	Tu	FRC 3 Respect	3 Respect  FTGP  3 Respect	4 Seek/4 Strive/4 Soar/4 Innovate  4C32  4 Strive		3 Respect  3PC6  Instr Area										1 Seek/1 Strive/1 Soar/1 Innovate  1S32  1 Strive														
	We	FRC 3 Respect							1 Seek/1 Strive/1 Soar/1 Innovate  1S32  1 Strive		1 Respect/1 Integrity/1 Resilience/1 Care  1S37  1 Integrity					3 Respect  3PC6  Instr Area														
	Th	FRC 3 Respect	3 Respect  CCE  3 Respect	4 Respect/4 Integrity/4 Resilience/4 Care  4C39  Instr Area					1 Respect/1 Integrity/1 Resilience/1 Care  1S37  1 Integrity		1 Respect/1 Integrity/1 Resilience/1 Care  1S32  1 Strive			3 Respect  3PC6  Instr Area																
	Fr	FRC 3 Respect			1 Respect/1 Integrity/1 Resilience/1 Care  1S37  1 Integrity				4 Seek/4 Strive/4 Soar/4 Innovate  4C32  4 Strive																					

# Teacher Kong Rui Jia

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Strive 1 Strive				1 Seek/1 Strive/1 Soar/1 Innovate						5N1								4 Seek/4 Strive/4 Soar/4 Innovate										
	Tu	FRC 1 Strive 1 Strive	1 Seek/1 Strive/1 Soar/1 Innovate	1G32		1 Respect/1 Integrity/1 Resilience/1 Care						5G26	EL Rm							4PG1 4 Soar										
	We	FRC 1 Strive 1 Strive				1G37						1 Strive	FTGP	4 Seek/4 Strive/4 Soar/4 Innovate						4 Seek/4 Strive/4 Soar/4 Innovate										
	Th	FRC 1 Strive 1 Strive	1 Strive	CCE	5N1							3G31	TS9							4PG1 4 Soar										
	Fr	FRC 1 Strive 1 Strive			1 Strive	4 Seek/4 Strive/4 Soar/4 Innovate						TS9	LT@3	1 Respect/1 Integrity/1 Resilience/1 Care	1G37															
Even Week	Day 1	FRC 1 Strive 1 Strive										1 Integrity							4 Seek/4 Strive/4 Soar/4 Innovate											
	Tu	FRC 1 Strive 1 Strive	1 Strive	FTGP								5G26	TS5						4 Seek/4 Strive/4 Soar/4 Innovate											
	We	FRC 1 Strive 1 Strive	4 Seek/4 Strive/4 Soar/4 Innovate	4PG1		3 Seek/3 Strive						3G31	LT@3						5N1	5G26	TS5									
	Th	FRC 1 Strive 1 Strive	1 Strive	CCE	3 Seek/3 Strive							TS5							4 Seek/4 Strive/4 Soar/4 Innovate											
	Fr	FRC 1 Strive 1 Strive			1 Strive	3G31						LT@3							4 PG1 4 Soar											

# Teacher Selvam

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
		3 Strive /3 Innovate					2 Respect					2 Integrity																		
Odd Week	Day 1	3R21					Art				Art				Art				Timetabled Time (PLT)											
	Tu															1 Integrity														
	We															1 Care				3 Strive /3 Innovate										
	Th	CCE														1 Respect			3 Strive /3 Innovate											
	Fr	Art														Art			3R21											
Even Week	Day 1															1 Integrity				3 Strive /3 Innovate										
	Tu															2 Care			2 Resilience											
	We															Art			3R21											
	Th	CCE														1 Respect			3 Strive /3 Innovate											
	Fr	Art														Art			3R21											

# Teacher Foung Seng Huat

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00			
Odd Week	Day 1						3 Seek/3 Strive /3 Respect /3 Integrity  3CL1  3 Seek									Timetabled Time (PLT)  Board Rm																	
	Tu	3 Seek/3 Strive /3 Respect /3 Integrity  3CL1  3 Seek	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care  4CL1  4 Seek												2 Seek/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care  2CL7  2 Seek																		
	We	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care  4CL1  4 Seek	3 Seek/3 Strive /3 Respect /3 Integrity  3CL1  3 Seek				1 Seek/1 Soar/1 Integrity/1 Resilience/1 Care  1CL10  TS5								2 Seek/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care  2CL7  2 Seek																		
	Th						2 Seek/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care  2CL7  2 Seek																										
	Fr						1 Seek/1 Soar/1 Integrity/1 Resilience/1 Care  1CL10  TS5								4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care  4CL1  4 Seek		4CL1  4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care  4CL1  4 Seek																
Even Week	Day 1						4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care  4CL1  4 Seek								3 Seek/3 Strive /3 Respect /3 Integrity  3CL1  3 Seek				2 Seek/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care  2CL7  2 Seek														
	Tu						3 Seek/3 Strive /3 Respect /3 Integrity  3CL1  3 Seek									2 Seek/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care  2CL7  2 Seek																	
	We	1 Seek/1 Soar/1 Integrity/1 Resilience/1 Care  1CL10  TS5					3 Seek/3 Strive /3 Respect /3 Integrity  3CL1  3 Seek		4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care  4CL1  4 Seek						2 Seek/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care  2CL7  2 Seek																		
	Th														1 Seek/1 Soar/1 Integrity/1 Resilience/1 Care  1CL10  TS5		4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care  4CL1  4 Seek				2 Seek/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care  2CL7  2 Seek												
	Fr	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care  4CL1  4 Seek					3 Seek/3 Strive /3 Respect /3 Integrity  3CL1  3 Seek								3CL1  3 Seek/3 Strive /3 Respect /3 Integrity  3CL1  3 Seek																		

## Teacher Shahidah

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Soar																												
	Tu	FRC 3 Soar	3 Soar/3 Innovate/3 Integrity/3 Resilience/3 Care 3ML7 3 Respect				4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4ML7 4 Resilience												Timetabled Time (PLT)											
	We	FRC 3 Soar	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4ML7 4 Resilience				3 Soar/3 Innovate/3 Integrity/3 Resilience/3 Care 3ML7 3 Respect											Board Rm												
	Th	FRC 3 Soar																3 Soar	2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Care 2ML2 2 Integrity											
	Fr	FRC 3 Soar																FTGP	3 Soar	3 Soar/2 Innovate/2 Integrity/2 Care 3ML7 3 Respect										
Even Week	Day 1	FRC 3 Soar																												
	Tu	FRC 3 Soar																2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Care 2ML2 2 Integrity												
	We	FRC 3 Soar	1 Strive/1 Soar/1 Innovate/1 Care 1ML9															Shahidah 3 Respect		2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Care 2ML2 2 Integrity										
	Th	FRC 3 Soar																CCE	3 Soar	2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Care 2ML2 2 Integrity										
	Fr	FRC 3 Soar	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4ML7 4 Resilience															ML Rm	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4ML7 4 Resilience											

# Teacher Lee Siew Kim

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1																													
	Tu																													
	We																													
	Th																													
	Fr																													
Even Week	Day 1																													
	Tu																													
	We																													
	Th																													
	Fr																													

## Teacher Suhairi

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Care				2 Care	PE						1 Seek	PE																
	Tu	FRC 2 Care	4 Soar Parade Square	PE									2 Care	FTGP				3 Respect /3 Care	3X36											
	We	FRC 2 Care	3 Strive PE	PE				BBC	PE				1 Seek	PE																
	Th	FRC 2 Care	2 Care CCE			3 Respect /3 Care ESS Room,Comp 4	3X36						2 Seek	PE																
	Fr	FRC 2 Care						3 Respect /3 Care ESS Room,Comp 4	3X36				3 Strive	PE				2 Seek	PE											
Even Week	Day 1	FRC 2 Care	2 Seek PE		1 Seek Hall	PE		Hall					4 Soar Field 2	PE				3 Respect /3 Care ESS Room,Comp 4	3X36											
	Tu	FRC 2 Care	2 Care FTGP						3 Strive ISH	PE							2 Seek Field 2	PE						3 Respect /3 Care ESS Room,Comp 4	3X36					
	We	FRC 2 Care	2 Care PE														3 Respect /3 Care ESS Room,Comp 4	3X36												
	Th	FRC 2 Care	2 Care CCE										4 Soar Field 2	PE																
	Fr	FRC 2 Care	2 Care PE		3 Strive ISH	PE		BBC																						

## Teacher Lim Su Wen

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Respect							1 Respect/1 Integrity/1 Resilience/1 Care				4 Respect/4 Integrity/4 Resilience/4 Care				4 Seek/4 Strive/4 Soar/4 Innovate	4 Seek/4 Strive/4 Soar												
	Tu	FRC 4 Respect							1H37				4H36				4O22	4PH1												
	We	FRC 4 Respect							1 Integrity				4 Care				4 Strive													
	Th	FRC 4 Respect	4 Respect/5N1 CCE1 4 Respect					4 Respect/4 Integrity/4 Resilience/4 Care				4O26		FTGP1		4 Seek/4 Strive/4 Soar/4 Innovate	4H21													
	Fr	FRC 4 Respect	1 Seek/1 Strive/1 Soar/1 Innovate 1H32 1 Strive					4 Seek/4 Strive/4 Soar/4 Innovate				4O22				4 Soar		4 Seek/4 Strive/4 Soar												
Even Week	Day 1	FRC 4 Respect	4 Respect/4 Integrity/4 Resilience/4 Care 4O26 4 Resilience						1 Seek/1 Strive/1 Soar/1 Innovate				1H32				4 Seek/4 Strive/4 Soar/4 Innovate	4H21	4 Seek/4 Strive/4 Soar											
	Tu	FRC 4 Respect	4 Respect/5N1 FTGP1 4 Respect					4 Respect/4 Integrity/4 Resilience/4 Care				4H36				1 Respect/1 Integrity/1 Resilience/1 Care	1H37	4 Seek/4 Strive/4 Soar/4 Innovate	4H21											
	We	FRC 4 Respect	4 Seek/4 Strive/4 Soar 4PH1 4 Strive					4 Seek/4 Strive/4 Soar/4 Innovate				4O22				4 Resilience		4 Seek/4 Strive/4 Soar/4 Innovate	4H36	1H37						Timetabled Time (PLT)				
	Th	FRC 4 Respect	4 Respect/5N1 CCE1 4 Respect					4 Respect/4 Integrity/4 Resilience/4 Care								4 Soar		4 Seek/4 Strive/4 Soar												
	Fr	FRC 4 Respect															4 Strive		4 Seek/4 Strive/4 Soar	4PH1	1H32									

# Teacher Syhella

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10 8:10	2 8:30 8:30	3 8:50 8:50	4 9:10 9:10	5 9:30 9:30	6 9:50 9:50	7 10:10 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
		FRC 1 Soar 1 Soar	3 Strive /3 Innovate 3R21 Art Rm1						2 Innovate Art 2 Innovate		1 Innovate Art 1 Innovate																			
Odd Week	Day 1	FRC 1 Soar 1 Soar	3 Strive /3 Innovate 3R21 Art Rm1						2 Innovate Art 2 Innovate		1 Innovate Art 1 Innovate																			
	Tu	FRC 1 Soar 1 Soar				1 Soar Art 1 Soar					1 Soar FTGP 1 Soar																			
	We	FRC 1 Soar 1 Soar	2 Soar Art 2 Soar						2 Seek Art 2 Seek			1 Strive Art 1 Strive							3 Strive /3 Innovate 3R21 Art Rm1											
	Th	FRC 1 Soar 1 Soar	1 Soar CCE 1 Soar						2 Strive Art 2 Strive		1 Seek Art 1 Seek								3 Strive /3 Innovate 3R21 Art Rm1											
	Fr	FRC 1 Soar 1 Soar																												
Even Week	Day 1	FRC 1 Soar 1 Soar	2 Innovate Art 2 Innovate						1 Strive Art 1 Strive										3 Strive /3 Innovate 3R21 Art Rm1											
	Tu	FRC 1 Soar 1 Soar	1 Soar FTGP 1 Soar						2 Strive Art 2 Strive										3 Strive /3 Innovate 3R21 Art Rm1											
	We	FRC 1 Soar 1 Soar								2 Soar Art 2 Soar									1 Soar Art 1 Soar											
	Th	FRC 1 Soar 1 Soar	1 Soar CCE 1 Soar			1 Innovate Art 1 Innovate													3 Strive /3 Innovate 3R21 Art Rm1											
	Fr	FRC 1 Soar 1 Soar				1 Seek Art 1 Seek		2 Seek Art 2 Seek																						

# Teacher Ng Tian Wen

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
		FRC 1 Respect 1 Respect	2 Strive 2F12 Kitchen 1			4 Seek/4 Strive/4 Soar/4 Innovate 4F21 D&T Tech Rm																								
Odd Week	Day 1	FRC 1 Respect 1 Respect	2 Care 2F12 Kitchen 1						1 Respect FTGP 1 Respect						4 Seek/4 Strive/4 Soar/4 Innovate 4F21 D&T Tech Rm			Timetabled Time (PLT) D&T Tech Rm												
	Tu	FRC 1 Respect 1 Respect										1 Respect FTGP 1 Respect						4 Seek/4 Strive/4 Soar/4 Innovate 4F21 D&T Tech Rm												
	We	FRC 1 Respect 1 Respect	2 Seek 2F12 Kitchen 1			2 Respect 2F12 Kitchen 1			2 Innovate 2F12 Kitchen 1			4 Seek/4 Strive/4 Soar/4 Innovate 4F21 D&T Tech Rm			1 Integrity 1F12 Kitchen 1															
	Th	FRC 1 Respect 1 Respect	1 Respect CCE 1 Respect						2 Soar 2F12 Kitchen 1						1 Resilience 1F12 Kitchen 1			1 Respect 1F12 Kitchen 1												
	Fr	FRC 1 Respect 1 Respect	1 Care 1F12 Kitchen 1						2 Resilience 2F12 Kitchen 1			2 Integrity 2F12 Kitchen 1																		
Even Week	Day 1	FRC 1 Respect 1 Respect							4 Seek/4 Strive/4 Soar/4 Innovate 4F21 D&T Tech Rm						1 Resilience 1F12 Kitchen 1															
	Tu	FRC 1 Respect 1 Respect	1 Respect FTGP 1 Respect						2 Innovate 2F12 Kitchen 1			2 Strive 2F12 Kitchen 1			1 Respect 1F12 Kitchen 1															
	We	FRC 1 Respect 1 Respect	4 Seek/4 Strive/4 Soar/4 Innovate 4F21 D&T Tech Rm			1 Integrity 1F12 Kitchen 1						2 Seek 2F12 Kitchen 1			2 Soar 2F12 Kitchen 1															
	Th	FRC 1 Respect 1 Respect	1 Respect CCE 1 Respect						2 Respect 2F12 Kitchen 1			2 Care 2F12 Kitchen 1			4 Seek/4 Strive/4 Soar/4 Innovate 4F21 D&T Tech Rm															
	Fr	FRC 1 Respect 1 Respect	2 Integrity 2F12 Kitchen 1						1 Care 1F12 Kitchen 1			2 Resilience 2F12 Kitchen 1																		

# Teacher Ummu Sumaiyah

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
		Day 1	FRC 2 Respect/2 Integrity/2 Resilience/2 Care	4 Resilience 2S37	2 Integrity	4P26	4 Respect/4 Integrity/4 Resilience/4 Care																							
Odd Week	Tu	FRC 4 Resilience				2S37	2 Respect/2 Integrity/2 Resilience/2 Care	4P26	2 Seek/2 Strive/2 Soar/2 Innovate	2S32	4 Resilience/5N1	FTGP3	3 Resilience/3 Care	3S16	2 Strive	3 Resilience/3 Care	3S16	3 Care	3 Resilience/3 Care	3S16	4 Seek/4 Strive/4 Soar/4 Innovate	4P31	4 Resilience							
	We	FRC 4 Resilience				2S37	2 Integrity	Timetabled Time (PLT)	Board Rm	2S37	2 Respect/2 Integrity/2 Resilience/2 Care	2S37	2 Integrity	2S37	2 Integrity	3 Resilience/3 Care	3S16	3 Care	3 Resilience/3 Care	3S16	4 Seek	4P31	4 Resilience							
	Th	FRC 4 Resilience	4 Resilience/5N1	CCE3	4 Resilience	4P31	4 Seek/4 Strive/4 Soar/4 Innovate	4 Seek						3S16	3 Care	3 Resilience/3 Care	2S32	2 Strive	2 Seek/2 Strive/2 Soar/2 Innovate	2S32										
	Fr	FRC 4 Resilience	2 Respect/2 Integrity/2 Resilience/2 Care	2S37	2 Integrity	2S37	2 Seek/2 Strive/2 Soar/2 Innovate	2S32	2 Strive	4P26	4 Respect/4 Integrity/4 Resilience/4 Care	4P26	4 Resilience																	
	Day 1	FRC 4 Resilience				2S32	2 Seek/2 Strive/2 Soar/2 Innovate	2S32	2 Strive					2S37	2 Integrity		3 Resilience/3 Care	3S16	3 Care	3 Resilience/3 Care	3S16									
Even Week	Tu	FRC 4 Resilience	4 Resilience/5N1	FTGP3	4 Resilience	3S16	3 Resilience/3 Care	2S32	3 Care	3S16	4 Seek/4 Strive/4 Soar/4 Innovate	4P31	4 Resilience	4P26	4 Resilience	4 Respect/4 Integrity/4 Resilience/4 Care	4P26	4 Resilience	4 Respect/4 Integrity/4 Resilience/4 Care	4P26	4 Resilience									
	We	FRC 4 Resilience	3S16	3 Care	2S32	2 Strive	2 Seek/2 Strive/2 Soar/2 Innovate	2S32	2 Strive	2S37	2 Respect/2 Integrity/2 Resilience/2 Care	2S37	2 Integrity			4 Seek/4 Strive/4 Soar/4 Innovate	4P31	4 Resilience	4 Seek/4 Strive/4 Soar/4 Innovate	4P31	4 Resilience									
	Th	FRC 4 Resilience	4 Resilience/5N1	CCE3	4 Resilience	4P26	4 Respect/4 Integrity/4 Resilience/4 Care	4P26	4 Resilience	2S32	2 Seek/2 Strive/2 Soar/2 Innovate	2S32	2 Strive			2 Respect/2 Integrity/2 Resilience/2 Care	2S37	2 Integrity	2 Respect/2 Integrity/2 Resilience/2 Care	2S37	3 Resilience/3 Care	3S16								
	Fr	FRC 4 Resilience	2 Seek/2 Strive/2 Soar/2 Innovate	2S32	2 Strive	2S37	2 Respect/2 Integrity/2 Resilience/2 Care	2S37	2 Integrity																					

# Teacher Vemala Naguran

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00		
Odd Week	Day 1	FRC 4 Care															3 Soar															
	Tu	FRC 4 Care															3RO11															
	We	FRC 4 Care															RO Room,Comp 3,B1-03	4 Respect/4 Integrity/4 Resilience/4 Care														
	Th	FRC 4 Care	4 Care/5N1 CCE4 4 Care														FTGP4	3 Soar														
	Fr	FRC 4 Care															4 Care	RO Room,Comp 3,B1-03	3T26													
Even Week	Day 1	FRC 4 Care	4 Respect/4 Integrity/4 Resilience/4 Care 4RO16 RO Room,Comp 3														3 Soar															
	Tu	FRC 4 Care	4 Care/5N1 FTGP4 4 Care														Timetabled Time (PLT)	4 Respect/4 Integrity/4 Resilience/4 Care 4RO16 Board Rm RO Room,Comp 3														
	We	FRC 4 Care																	3 Resilience													
	Th	FRC 4 Care	4 Care/5N1 CCE4 4 Care															4 Respect/4 Integrity/4 Resilience/4 Care 4RO16 RO Room,Comp 3														
	Fr	FRC 4 Care																	3 Soar													

## Teacher Vera Lee

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Integrity	4 Seek/4 Strive/4 Soar/4 Innovate	4M21						4 Respect/4 Integrity/4 Resilience/4 Care	4M26			1 Respect/1 Integrity/1 Resilience/1 Care	1M37															
	Tu	FRC 4 Integrity	1 Respect/1 Integrity/1 Resilience/1 Care	1M37						1 Respect/1 Integrity/1 Resilience/1 Care	1S16	1 Care	FTGP2	4 Integrity	4 Respect/4 Integrity/4 Resilience/4 Care	4M26			4 Respect/4 Integrity/4 Resilience/4 Care	4M26										
	We	FRC 4 Integrity				1 Respect/1 Integrity/1 Resilience/1 Care	1M37							1 Respect/1 Integrity/1 Resilience/1 Care	1S16	1 Care		4 Seek/4 Strive/4 Soar/4 Innovate	4M21	Timetabled Time (PLT)										
	Th	FRC 4 Integrity	4 Integrity/5N1	CCE2		1 Respect/1 Integrity/1 Resilience/1 Care	1M37			4 Respect/4 Integrity/4 Resilience/4 Care	4M26				4 Seek/4 Strive/4 Soar/4 Innovate	4M21														
	Fr	FRC 4 Integrity	4 Seek/4 Strive/4 Soar/4 Innovate	4M21	4 Soar	Timetabled Time (PLT)	Board Rm							1 Respect/1 Integrity/1 Resilience/1 Care	1S16	1 Care														
Even Week	Day 1	FRC 4 Integrity				1 Respect/1 Integrity/1 Resilience/1 Care	1M37							4 Respect/4 Integrity/4 Resilience/4 Care	4M26															
	Tu	FRC 4 Integrity	4 Integrity/5N1	FTGP2	4 Integrity	1 Respect/1 Integrity/1 Resilience/1 Care	1M37										4 Seek/4 Strive/4 Soar/4 Innovate	4M21												
	We	FRC 4 Integrity	4 Respect/4 Integrity/4 Resilience/4 Care	4M26	4 Resilience	4 Seek/4 Strive/4 Soar/4 Innovate	4M21	4 Soar						1 Respect/1 Integrity/1 Resilience/1 Care	1S16	1 Care														
	Th	FRC 4 Integrity	4 Integrity/5N1	CCE2	4 Integrity	1 Respect/1 Integrity/1 Resilience/1 Care	1M37	1 Integrity						1 Respect/1 Integrity/1 Resilience/1 Care	1S16	1 Care		4 Respect/4 Integrity/4 Resilience/4 Care	4M26											
	Fr	FRC 4 Integrity	4 Seek/4 Strive/4 Soar/4 Innovate	4M21	4 Soar	4 Respect/4 Integrity/4 Resilience/4 Care	4M26							1 Respect/1 Integrity/1 Resilience/1 Care	1M37	1 Integrity														

# Teacher Pak Wanni

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Integrity													1 Respect/1 Integrity/1 Resilience/1 Care	3 Respect /3 Integrity	3 Respect/3 Integrity	4 Respect/4 Integrity/4 Resilience/4 Care												
	Tu	FRC 3 Integrity	1 Respect/1 Integrity/1 Resilience/1 Care	1M26											3 Integrity	FTGP	3 Integrity	1 Resilience	3A37	4A26	4 Resilience	3 Respect /3 Integrity	3A37	4A26	4 Resilience	4 Respect/4 Integrity/4 Resilience/4 Care				
	We	FRC 3 Integrity				1 Respect/1 Integrity/1 Resilience/1 Care	1M26								3 Respect /3 Integrity	3A37	3 Integrity		4 Respect/4 Integrity/4 Resilience/4 Care	4A26	4 Resilience	Timetabled Time (PLT)								
	Th	FRC 3 Integrity	3 Integrity	CCE		1 Respect/1 Integrity/1 Resilience/1 Care	1M26															3 Respect/3 Integrity	3A37	3 Integrity						
	Fr	FRC 3 Integrity				Timetabled Time (PLT)	Board Rm																							
Even Week	Day 1	FRC 3 Integrity				1 Respect/1 Integrity/1 Resilience/1 Care	1M26															3 Respect /3 Integrity	3A37	3 Integrity						
	Tu	FRC 3 Integrity	3 Integrity	FTGP	1 Respect/1 Integrity/1 Resilience/1 Care	1M26									3 Respect /3 Integrity	3A37	3 Integrity		4 Respect/4 Integrity/4 Resilience/4 Care	4A26	4 Resilience									
	We	FRC 3 Integrity	3 Respect /3 Integrity	3 Integrity	3A37														4 Respect/4 Integrity/4 Resilience/4 Care	4A26	4 Resilience									
	Th	FRC 3 Integrity	3 Integrity	CCE		1 Respect/1 Integrity/1 Resilience/1 Care	1M26														4 Respect/4 Integrity/4 Resilience/4 Care	4A26	4 Resilience							
	Fr	FRC 3 Integrity													1 Respect/1 Integrity/1 Resilience/1 Care	1M26	1 Resilience													

## Teacher Toh Wen Yi

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10 8:10 8:30	2 8:30 8:30 8:30	3 8:50 8:50 8:50	4 9:10 9:10 9:10	5 9:30 9:30 9:30	6 9:50 9:50 9:50	7 10:10 10:10 10:10	8 10:10 10:30 10:30	9 10:30 10:50 10:50	10 10:50 11:10 11:10	11 11:10 11:30 11:30	12 11:30 11:50 11:50	13 11:50 12:10 12:10	14 12:10 12:30 12:30	15 12:30 12:50 12:50	16 12:50 13:10 13:10	17 13:10 13:30 13:30	18 13:30 13:50 13:50	19 13:50 14:10 14:10	20 14:10 14:30 14:30	21 14:30 14:50 14:50	22 14:50 15:10 15:10	23 15:10 15:30 15:30	24 15:30 15:50 15:50	25 15:50 16:10 16:10	26 16:10 16:30 16:30	27 16:30 17:10 17:10	28 17:10 18:00 18:00
Odd Week	Day 1	FRC 1 Integrity 1 Integrity	4 Resilience/5N1 PE3 Field 2						2 Soar PE Hall			2 Respect PE ISH			1 Soar PE Hall															
	Tu	FRC 1 Integrity 1 Integrity	2 Respect PE ISH																											
	We	FRC 1 Integrity 1 Integrity														1 Soar PE ISH					1 Integrity PE BBC									
	Th	FRC 1 Integrity 1 Integrity	1 Integrity CCE 1 Integrity			3 Respect /3 Care 3X36 ESS Room,Comp 4															1 Integrity PE BBC									
	Fr	FRC 1 Integrity 1 Integrity	4 Resilience/5N1 PE3 Hall			3 Respect /3 Care 3X36 ESS Room,Comp 4										2 Soar PE BBC														
Even Week	Day 1	FRC 1 Integrity 1 Integrity	2 Soar PE ISH																		3 Respect /3 Care 3X36 ESS Room,Comp 4									
	Tu	FRC 1 Integrity 1 Integrity	1 Integrity FTGP 1 Integrity													2 Soar PE Hall	2 Respect PE ISH				1 Integrity PE BBC	3 Respect /3 Care 3X36 ESS Room,Comp 4								
	We	FRC 1 Integrity 1 Integrity				4 Resilience/5N1 PE3 Field 2												3 Respect /3 Care 3X36 ESS Room,Comp 4												
	Th	FRC 1 Integrity 1 Integrity	1 Integrity CCE 1 Integrity			1 Soar PE Hall											2 Respect PE Hall													
	Fr	FRC 1 Integrity 1 Integrity				1 Soar PE Hall			1 Integrity PE Parade Square								4 Resilience/5N1 PE3 Field 2													

# Teacher Widayah Othman

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10 8:30	2 8:30 8:50	3 8:50 9:10	4 9:10 9:30	5 9:30 9:50	6 9:50 10:10	7 10:10 10:30	8 10:30 10:50	9 10:50 11:10	10 11:10 11:30	11 11:30 11:50	12 11:50 12:10	13 12:10 12:30	14 12:30 12:50	15 12:50 13:10	16 13:10 13:30	17 13:30 13:50	18 13:50 14:10	19 14:10 14:30	20 14:30 14:50	21 14:50 15:10	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Soar	2 Respect/2 Integrity/2 Resilience/2 Care		2S38		Instr Area								4 Seek/4 Strive/4 Soar/4 Innovate		4C31		4 Seek		3 Seek		3PC1		3 Seek					
	Tu	FRC 4 Soar														4 Soar	3 Seek	FTGP		3PC1		TS8								
	We	FRC 4 Soar						Timetabled Time (PLT)		Board Rm		4 Respect/4 Integrity/4 Resilience/4 Care		4C36		2 Respect/2 Integrity/2 Resilience/2 Care		2S38		2 Care		3 Seek		3PC1		TS8				
	Th	FRC 4 Soar	4 Soar		CCE		4 Soar						4 Seek/4 Strive/4 Soar/4 Innovate		4C31		4 Seek				4 Respect/4 Integrity/4 Resilience/4 Care		4C36		4 Respect					
	Fr	FRC 4 Soar	2 Respect/2 Integrity/2 Resilience/2 Care		2S38		Instr Area																							
Even Week	Day 1	FRC 4 Soar	3 Seek		3PC1		TS8								2 Respect/2 Integrity/2 Resilience/2 Care		2S38		Instr Area		4 Respect/4 Integrity/4 Resilience/4 Care		4C36		4 Respect					
	Tu	FRC 4 Soar	4 Soar		FTGP		4 Soar		4 Seek/4 Strive/4 Soar/4 Innovate		4C31		4 Seek								3 Seek		3PC1		TS8					
	We	FRC 4 Soar													2 Respect/2 Integrity/2 Resilience/2 Care		2S38		Instr Area											
	Th	FRC 4 Soar	4 Soar		CCE		4 Soar		4 Respect/4 Integrity/4 Resilience/4 Care		4C36		4 Respect								2 Respect/2 Integrity/2 Resilience/2 Care		2S38		2 Care					
	Fr	FRC 4 Soar	3 Seek		3PC1		TS8								2 Respect/2 Integrity/2 Resilience/2 Care		2S38		4 Seek/4 Strive/4 Soar/4 Innovate		4C31		4 Seek							

# Teacher Koh Yong Cheng

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 5N1	4 Respect/5N1 PE1 BBC						3 Resilience PE Field 1						2 Seek/2 Strive/2 Soar/2 Innovate 2S11 2 Innovate															
	Tu	FRC 5N1	4 Seek PE Field 1						2 Seek/2 Strive/2 Soar/ 2 Innovate 2S11 2 Innovate					3 Strive /3 Soar/3 Innovate 3C22 3 Soar																
	We	FRC 5N1	3 Seek PE Hall						4 Seek PE Field 1						3 Strive /3 Soar/3 Innovate 3C22 3 Soar															
	Th	FRC 5N1	CCE						3 Resilience PE Field 1																					
	Fr	FRC 5N1	4 Respect/5N1 PE1 BBC						2 Seek/2 Strive/2 Soar/2 Innovate 2S11 2 Innovate		3 Seek PE Hall																			
Even Week	Day 1	FRC 5N1	3 Strive /3 Soar/3 Innovate 3C22 3 Soar						3 Resilience PE Field 2		4 Seek PE Hall																			
	Tu	FRC 5N1							3 Seek PE Field 1																					
	We	FRC 5N1							4 Respect/5N1 PE1 BBC																					
	Th	FRC 5N1	3 Resilience PE Field 1						4 Seek PE Hall		2 Seek/2 Strive/2 Soar/2 Innovate 2S11 2 Innovate																			
	Fr	FRC 5N1	2 Seek/2 Strive/2 Soar/2 Innovate 2S11 2 Innovate						3 Seek PE Field 2					4 Respect/5N1 PE1 BBC																

# Teacher Ng Yulin

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Care					3 Strive /3 Soar/3 Innovate/3 Respect /3 Resilience/3 Care 3CL8	TS2								Timetabled Time (PLT)	Board Rm													
	Tu	FRC 3 Care	3 Strive /3 Soar/3 Innovate/3 Respect /3 Resilience/3 Care 3CL8	TS2	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care 4CL5	TS5					3 Care	FTGP	3 Care	2 Seek/2 Strive/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care 2CL6	TS3															
	We	FRC 3 Care	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care 4CL5	TS5	3 Strive /3 Soar/3 Innovate/3 Respect /3 Resilience/3 Care 3CL8	TS2			1 Seek/1 Strive/1 Innovate/1 Integrity/1 Resilience 1CL9	TS1				2 Seek/2 Strive/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care 2CL6	TS3															
	Th	FRC 3 Care	3 Care	CCE	3 Care	2 Seek/2 Strive/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care 2CL6	TS3																							
	Fr	FRC 3 Care				1 Seek/1 Strive/1 Innovate/1 Integrity/1 Resilience 1CL9	TS1					4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care 4CL5	TS5																	
Even Week	Day 1	FRC 3 Care					4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care 4CL5	TS5						3 Strive /3 Soar/3 Innovate/3 Respect /3 Resilience/3 Care 3CL8	TS2			2 Seek/2 Strive/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care 2CL6	TS3											
	Tu	FRC 3 Care	FTGP	3 Strive /3 Soar/3 Innovate/3 Respect /3 Resilience/3 Care 3CL8	TS2	3 Care								2 Seek/2 Strive/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care 2CL6	TS3															
	We	FRC 3 Care	1 Seek/1 Strive/1 Innovate/1 Integrity/1 Resilience 1CL9	TS1			3 Strive /3 Soar/3 Innovate/3 Respect /3 Resilience/3 Care 3CL8	TS2	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care 4CL5	TS5				2 Seek/2 Strive/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care 2CL6	TS3															
	Th	FRC 3 Care	3 Care	CCE	3 Care		1 Seek/1 Strive/1 Innovate/1 Integrity/1 Resilience 1CL9	TS1			4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care 4CL5	TS5			2 Seek/2 Strive/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care 2CL6	TS3														
	Fr	FRC 3 Care	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care 4CL5	TS5			3 Strive /3 Soar/3 Innovate/3 Respect /3 Resilience/3 Care 3CL8	TS2																						

# Teacher Shu Yun Chao

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Care 1 Care					3 Strive /3 Soar/3 Respect /3 Integrity /3 Resilience/3 Care 3CL4 3 Innovate																	2 Seek/2 Strive/2 Soar/ 2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2CL1 TS2						
	Tu	FRC 1 Care 1 Care	3 Strive /3 Soar/3 Respect /3 Integrity /3 Resilience/3 Care 3CL4 3 Innovate		5N1	4CL6									1 Care	FTGP	1 Care	2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2CL1 TS2												
	We	FRC 1 Care 1 Care	5N1 4CL6 TS4	3 Strive /3 Soar/3 Respect /3 Integrity /3 Resilience/3 Care 3CL4 3 Innovate											1 Seek/1 Strive/1 Innovate/1 Integrity/1 Resilience 1CL8 TS2								2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2CL1 TS2							
	Th	FRC 1 Care 1 Care	1 Care CCE 1 Care				2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2CL1 TS2	1 Seek/1 Strive/1 Innovate/1 Integrity/1 Resilience 1CL8 TS2																						
	Fr	FRC 1 Care 1 Care					1 Seek/1 Strive/1 Innovate/1 Integrity/1 Resilience 1CL8 TS2									5N1 4CL6 TS4														
Even Week	Day 1	FRC 1 Care 1 Care	1 Seek/1 Strive/1 Innovate/1 Integrity/1 Resilience 1CL8 TS2		5N1	4CL6 TS4									3 Strive /3 Soar/3 Respect /3 Integrity /3 Resilience/3 Care 3CL4 3 Innovate								2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2CL1 TS2							
	Tu	FRC 1 Care 1 Care	1 Care FTGP 1 Care	3 Strive /3 Soar/3 Respect /3 Integrity /3 Resilience/3 Care 3CL4 3 Innovate											1 Seek/1 Strive/1 Innovate/1 Integrity/1 Resilience 1CL8 TS2								2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2CL1 TS2							
	We	FRC 1 Care 1 Care	1 Seek/1 Strive/1 Innovate/1 Integrity/1 Resilience 1CL8 TS2					3 Strive /3 Soar/3 Respect /3 Integrity /3 Resilience/3 Care 3CL4 3 Innovate		5N1	4CL6 TS4													2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2CL1 TS2						
	Th	FRC 1 Care 1 Care	1 Care CCE 1 Care					1 Seek/1 Strive/1 Innovate/1 Integrity/1 Resilience 1CL8 TS2									5N1 4CL6 TS4								2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2CL1 TS2					
	Fr	FRC 1 Care 1 Care	5N1 4CL6 TS4					3 Strive /3 Soar/3 Respect /3 Integrity /3 Resilience/3 Care 3CL4 3 Innovate																						

# 2026 Semester 1 Timetable

# Teacher Zainal

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00							
Odd Week	Day 1	FRC 3 Care	3 Resilience/3 Care			4 Respect/4 Integrity/4 Resilience/4 Care			4 Respect/4 Integrity/4 Resilience/4 Care			2 Seek/2 Strive/2 Soar/2 Innovate			4M16			2M11																			
	Tu	FRC 3 Care	2 Seek/2 Strive/2 Soar/2 Innovate						3 Resilience/3 Care			3 Care			FTGP						4 Respect/4 Integrity/4 Resilience/4 Care			4M16													
	We	FRC 3 Care				2 Seek/2 Strive/2 Soar/2 Innovate			2M11			2 Innovate						4 Respect/4 Integrity/4 Resilience/4 Care			4M16						Timetabled Time (PLT)										
	Th	FRC 3 Care	3 Care			CCE						3 Care			4 Respect/4 Integrity/4 Resilience/4 Care			4M16						3 Resilience/3 Care			3M16										
	Fr	FRC 3 Care							3 Resilience/3 Care			2 Seek/2 Strive/2 Soar/2 Innovate			3M16			2M11			3 Resilience/3 Care						3M16			Board Rm							
Even Week	Day 1	FRC 3 Care							2 Seek/2 Strive/2 Soar/2 Innovate			2M11			4 Respect/4 Integrity/4 Resilience/4 Care			4M16						3 Resilience/3 Care			3M16										
	Tu	FRC 3 Care	FTGP						3 Care			2 Seek/2 Strive/2 Soar/2 Innovate			2M11						3 Resilience/3 Care			3M16			4 Respect/4 Integrity/4 Resilience/4 Care			4M16							
	We	FRC 3 Care	4 Respect/4 Integrity/4 Resilience/4 Care			4M16						2 Innovate						2M11			3 Resilience/3 Care			3M16			4 Respect/4 Integrity/4 Resilience/4 Care			4M16							
	Th	FRC 3 Care	3 Care			CCE						2 Innovate			2 Seek/2 Strive/2 Soar/2 Innovate			2M11			3 Resilience/3 Care			3M16			4 Respect/4 Integrity/4 Resilience/4 Care			4M16							
	Fr	FRC 3 Care				3 Resilience/3 Care			3M16						2 Innovate			4 Respect/4 Integrity/4 Resilience/4 Care			4M16						2M11			3 Care			Timetabled Time (PLT)			Board Rm	

# 2026 Semester 1 Timetable

# Teacher Zakir

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Seek																4 Seek/4 Strive/4 Soar/ 4 Innovate <b>4O21</b> HIVE												
	Tu	FRC 4 Seek				3 Respect/3 Integrity /3 Resilience				4 Respect/4 Integrity/4 Resilience/4 Care		4 Seek FTGP																		
	We	FRC 4 Seek	3 Respect/3 Resilience/3 Care						3 Soar/3 Innovate		3 Seek/3 Strive							3 Respect /3 Integrity /3 Resilience				4 Seek/4 Strive/4 Soar/ 4 Innovate <b>4O31</b> HIVE								
	Th	FRC 4 Seek	4 Seek CCE						3 Soar/3 Innovate		4 Respect/4 Integrity/4 Resilience/4 Care							3 Seek/3 Strive			4 Seek/4 Strive/4 Soar/4 Innovate <b>4O31</b> HIVE									
	Fr	FRC 4 Seek							4 Seek/4 Strive/4 Soar/4 Innovate <b>4O21</b> HIVE		3 Respect /3 Resilience/3 Care																			
Even Week	Day 1	FRC 4 Seek	4 Respect/4 Integrity/4 Resilience/4 Care <b>4O36</b> HIVE																											
	Tu	FRC 4 Seek	4 Seek FTGP	4 Respect/4 Integrity/4 Resilience/4 Care <b>4O36</b>														3 Respect /3 Integrity /3 Resilience			4 Seek/4 Strive/4 Soar/ 4 Innovate <b>4O31</b> 3 Respect 4 Strive									
	We	FRC 4 Seek	3 Seek/3 Strive 3O31			3 Soar/3 Innovate 3O21			4 Seek/4 Strive/4 Soar/4 Innovate 4O21												Timetabled Time (PLT)					Board Rm,TL Rm				
	Th	FRC 4 Seek	4 Seek CCE		3 Soar/3 Innovate		3 Seek	3 Soar	3 Seek/3 Strive 3O21		3 Respect /3 Integrity /3 Resilience		3 Respect /3 Resilience/ 3 Care				4 Seek/4 Strive/4 Soar/ 4 Innovate <b>4O31</b> HIVE													
	Fr	FRC 4 Seek								4 Seek/4 Strive/4 Soar/4 Innovate <b>4O21</b> HIVE		3 Respect /3 Resilience/3 Care				3 Integrity														

## Teacher Zarina Ismail

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Resilience 1 Resilience					3 Seek/3 Strive /3 Respect /3 Integrity 3ML1 ML Rm																							
	Tu	FRC 1 Resilience 1 Resilience	3 Seek/3 Strive /3 Respect /3 Integrity 3ML1 ML Rm	4 Seek/4 Strive/4 Soar/4 Innovate/4 Resilience 4ML3 ML Rm										1 Resilience FTGP 1 Resilience	2 Strive/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care 2ML9 ML Rm															
	We	FRC 1 Resilience 1 Resilience	4 Seek/4 Strive/4 Soar/4 Innovate/4 Resilience 4ML3 ML Rm	3 Seek/3 Strive /3 Respect /3 Integrity 3ML1 ML Rm										1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1ML2 1 Integrity																
	Th	FRC 1 Resilience 1 Resilience	1 Resilience CCE 1 Resilience				2 Strive/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care 2ML9 ML Rm							Zarina 1 Integrity																
	Fr	FRC 1 Resilience 1 Resilience					1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1ML2 1 Integrity							4 Seek/4 Strive/4 Soar/4 Innovate/4 Resilience 4ML3 ML Rm																
Even Week	Day 1	FRC 1 Resilience 1 Resilience	Zarina 1 Integrity 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1ML2 1 Integrity				4 Seek/4 Strive/4 Soar/4 Innovate/4 Resilience 4ML3 ML Rm							3 Seek/3 Strive /3 Respect /3 Integrity 3ML1 ML Rm																
	Tu	FRC 1 Resilience 1 Resilience	1 Resilience FTGP 1 Resilience	3 Seek/3 Strive /3 Respect /3 Integrity 3ML1 ML Rm										1ML3 Zarina 1 Integrity 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1ML2 1 Integrity																
	We	FRC 1 Resilience 1 Resilience	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1ML2 1 Integrity											3 Seek/3 Strive /3 Respect /3 Integrity 3ML1 ML Rm																
	Th	FRC 1 Resilience 1 Resilience	1 Resilience CCE 1 Resilience											Zarina 1 Integrity 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1ML2 1 Integrity	4 Seek/4 Strive/4 Soar/4 Innovate/4 Resilience 4ML3 ML Rm															
	Fr	FRC 1 Resilience 1 Resilience	4 Seek/4 Strive/4 Soar/4 Innovate/4 Resilience 4ML3 ML Rm											3 Seek/3 Strive /3 Respect /3 Integrity 3ML1 ML Rm																

## Teacher Zhang Hui

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Care					3 Seek/3 Respect /3 Integrity /3 Resilience 3CL3 3 Soar																							
	Tu	FRC 2 Care	3 Seek/3 Respect /3 Integrity /3 Resilience 3CL3 3 Soar	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4CL9 TS6							2 Care	FTGP	2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience 2CL5 TS4																	
	We	FRC 2 Care		3 Seek/3 Respect /3 Integrity /3 Resilience 3CL3 3 Soar			1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1CL2				1 Strive						2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience 2CL5 TS4													
	Th	FRC 2 Care	2 Care CCE 2 Care		2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience 2CL5 TS4	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1CL2			1 Strive																					
	Fr	FRC 2 Care		1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1CL2 1 Strive							4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4CL9 TS6																			
Even Week	Day 1	FRC 2 Care	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1CL2 1 Strive										3 Seek/3 Respect /3 Integrity /3 Resilience 3CL3 3 Soar					2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience 2CL5 TS4												
	Tu	FRC 2 Care	2 Care FTGP 2 Care	3 Seek/3 Respect /3 Integrity /3 Resilience 3CL3 3 Soar							1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1CL2		1 Strive				2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience 2CL5 TS4													
	We	FRC 2 Care	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1CL2 1 Strive				3 Seek/3 Respect /3 Integrity /3 Resilience 3CL3 3 Soar										2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience 2CL5 TS4													
	Th	FRC 2 Care	2 Care CCE 2 Care				1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1CL2 1 Strive			4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4CL9 TS6						2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience 2CL5 TS4														
	Fr	FRC 2 Care	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4CL9 TS6				3 Seek/3 Respect /3 Integrity /3 Resilience 3CL3 3 Soar																							

## Teacher Yeo Zhi Qin

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Strive					3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect/3 Integrity /3 Resilience 3CL2 3 Strive																							
	Tu	FRC 3 Strive	3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect/3 Integrity /3 Resilience 3CL2 3 Strive	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4CL7 TS2							3 Strive	FTGP 3 Strive	2 Seek/2 Strive/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2CL9 2 Respect																	
	We	FRC 3 Strive	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4CL7 TS2	3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience 3CL2 3 Strive			1 Seek/1 Strive/1 Respect/1 Integrity/1 Resilience/1 Care 1CL3 1 Soar																							
	Th	FRC 3 Strive	3 Strive CCE 3 Strive		2 Seek/2 Strive/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2CL9 2 Respect		1 Seek/1 Strive/1 Respect/1 Integrity/1 Resilience/1 Care 1CL3 1 Soar																							
	Fr	FRC 3 Strive		1 Seek/1 Strive/1 Respect/1 Integrity/1 Resilience/1 Care 1CL3 1 Soar							4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4CL7 TS2																			
Even Week	Day 1	FRC 3 Strive	1 Seek/1 Strive/1 Respect/1 Integrity/1 Resilience/1 Care 1CL3 1 Soar		4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4CL7 TS2						3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience 3CL2 3 Strive							2 Seek/2 Strive/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2CL9 2 Respect												
	Tu	FRC 3 Strive	3 Strive FTGP 3 Strive	3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience 3CL2 3 Strive							1 Seek/1 Strive/1 Respect/1 Integrity/1 Resilience/1 Care 1CL3 1 Soar																			
	We	FRC 3 Strive	1 Seek/1 Strive/1 Respect/1 Integrity/1 Resilience/1 Care 1CL3 1 Soar			3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience 3CL2 3 Strive		4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4CL7 TS2																						
	Th	FRC 3 Strive	3 Strive CCE 3 Strive				1 Seek/1 Strive/1 Respect/1 Integrity/1 Resilience/1 Care 1CL3 1 Soar		4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4CL7 TS2								2 Seek/2 Strive/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2CL9 2 Respect													
	Fr	FRC 3 Strive	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4CL7 TS2				3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience 3CL2 3 Strive																							

## 2026 Semester 1 Timetable

## Teacher Ida

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Respect																												
	Tu	FRC 2 Respect	3 Seek/3 Strive /3 Respect /3 Integrity 3ML2 3 Integrity													2 Respect	2 Seek/2 Strive/2 Innovate/2 Integrity 2ML1 TS1													
	We	FRC 2 Respect					3 Seek/3 Strive /3 Respect /3 Integrity 3ML2 3 Integrity												2 Seek/2 Strive/2 Innovate/2 Integrity 2ML1 TS1											
	Th	FRC 2 Respect	2 Respect CCE 2 Respect					2 Seek/2 Strive/2 Innovate/2 Integrity 2ML1 TS1																						
	Fr	FRC 2 Respect																												
Even Week	Day 1	FRC 2 Respect															3 Seek/3 Strive /3 Respect /3 Integrity 3ML2 3 Integrity			2 Seek/2 Strive/2 Innovate/2 Integrity 2ML1 TS1				2 Seek/2 Strive/2 Innovate/2 Integrity 2ML1 TS1						
	Tu	FRC 2 Respect	2 Respect FTGP 2 Respect	3 Seek/3 Strive /3 Respect /3 Integrity 3ML2 3 Integrity													2 Seek/2 Strive/2 Innovate/2 Integrity 2ML1 TS1													
	We	FRC 2 Respect														3 Seek/3 Strive /3 Respect /3 Integrity 3ML2 3 Integrity			2 Seek/2 Strive/2 Innovate/2 Integrity 2ML1 TS1				2 Seek/2 Strive/2 Innovate/2 Integrity 2ML1 TS1							
	Th	FRC 2 Respect	2 Respect CCE 2 Respect														2 Seek/2 Strive/2 Innovate/2 Integrity 2ML1 TS1													
	Fr	FRC 2 Respect														3 Seek/3 Strive /3 Respect /3 Integrity 3ML2 3 Integrity														

## Teacher Lee Mei

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Seek	1 Respect/1 Integrity/1 Resilience/1 Care 1L36 1 Respect				2 Seek/2 Strive/2 Soar/ 2 Innovate 2E21 2 Soar		1 Respect/1 Integrity/1 Resilience/1 Care 1E26 1 Resilience																					
	Tu	FRC 2 Seek							2 Respect/2 Integrity/2 Resilience/2 Care 2E26 2 Resilience	2 Seek FTGP 2 Seek						1 Respect/1 Integrity/1 Resilience/1 Care 1E26 1 Resilience														
	We	FRC 2 Seek	1 Respect/1 Integrity/1 Resilience/1 Care 1E26 1 Resilience						2 Respect/2 Integrity/2 Resilience/2 Care 2E26 2 Resilience	2 Seek/2 Strive/2 Soar/ 2 Innovate 2E21 2 Soar																				
	Th	FRC 2 Seek	2 Seek CCE 2 Seek	1 Seek/1 Strive/1 Soar/1 Innovate 1L31 1 Seek											2 Respect/2 Integrity/2 Resilience/2 Care 2E26 2 Resilience	2 Seek/2 Strive/2 Soar/ 2 Innovate 2E21 2 Soar														
	Fr	FRC 2 Seek	2 Seek/2 Strive/2 Soar/2 Innovate 2E21 2 Soar				2 Respect/2 Integrity/2 Resilience/2 Care 2E26 2 Resilience	1 Respect/1 Integrity/1 Resilience/1 Care 1E26 1 Resilience																						
Even Week	Day 1	FRC 2 Seek						2 Respect/2 Integrity/2 Resilience/2 Care 2E26 2 Resilience							2 Seek/2 Strive/2 Soar/ 2 Innovate 2E21 2 Soar	1 Respect/1 Integrity/1 Resilience/1 Care 1L36 1 Resilience		Timetabled Time (PLT)												
	Tu	FRC 2 Seek	2 Seek FTGP 2 Seek	2 Respect/2 Integrity/2 Resilience/2 Care 2E26 2 Resilience				1 Respect/1 Integrity/1 Resilience/1 Care 1E26 1 Resilience							1 Seek/1 Strive/1 Soar/ 1 Innovate 1L31 1 Seek	2 Seek/2 Strive/2 Soar/ 2 Innovate 2E21 2 Soar														
	We	FRC 2 Seek	2 Seek/2 Strive/2 Soar/2 Innovate 2E21 2 Soar					2 Respect/2 Integrity/2 Resilience/2 Care 2E26 2 Resilience	1 Seek/1 Strive/1 Soar/ 1 Innovate 1L31 1 Seek						1 Respect/1 Integrity/1 Resilience/1 Care 1E26 1 Resilience															
	Th	FRC 2 Seek	2 Seek CCE 2 Seek				2 Respect/2 Integrity/2 Resilience/2 Care 2E26 2 Resilience	2 Seek/2 Strive/2 Soar/ 2 Innovate 2E21 2 Soar						1 Respect/1 Integrity/1 Resilience/1 Care 1E26 1 Resilience	1 Respect/1 Integrity/1 Resilience/1 Care 1L36 1 Resilience															
	Fr	FRC 2 Seek	1 Respect/1 Integrity/1 Resilience/1 Care 1E26 1 Resilience																											

## Teacher Charissa

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Seek													3 Respect /3 Integrity /3 Resilience	3 Soar/3 Innovate														
	Tu	FRC 4 Seek							2 Respect/2 Integrity/2 Resilience/2 Care	2E36	4 Seek	4 Seek/4 Strive/4 Soar/4 Innovate			3E36	3E21														
	We	FRC 4 Seek						4 Seek/4 Strive/4 Soar/4 Innovate	4G22	2E36	2 Respect	4 Seek	Instr Area	3E36	3 Respect															
	Th	FRC 4 Seek	4 Seek	CCE		3 Soar/3 Innovate	3E21	3 Soar						2E36	2 Respect	3 Respect /3 Integrity /3 Resilience	3E36													
	Fr	FRC 4 Seek	3 Respect /3 Integrity /3 Resilience	3E36	3 Respect			2 Respect/2 Integrity/2 Resilience/2 Care	2E36					3 Soar/3 Innovate	3E21	3 Soar														
Even Week	Day 1	FRC 4 Seek				3 Respect /3 Integrity /3 Resilience	3E36	3 Respect	2 Respect/2 Integrity/2 Resilience/2 Care	2E36				4 Seek/4 Strive/4 Soar/4 Innovate	4G22	3 Soar/3 Innovate	3E21	3 Soar	Timetabled Time (PLT)	Board Rm										
	Tu	FRC 4 Seek	4 Seek	FTGP	2 Respect/2 Integrity/2 Resilience/2 Care	2E36	4 Seek	2 Respect	3 Soar/3 Innovate	3E21	3 Soar			4 Seek/4 Strive/4 Soar/4 Innovate	4G22															
	We	FRC 4 Seek			3 Respect /3 Integrity /3 Resilience	3E36	3 Respect	2 Respect/2 Integrity/2 Resilience/2 Care	2E36					3 Soar/3 Innovate	3E21	3 Soar			Timetabled Time (PLT)	Board Rm,TL Rm										
	Th	FRC 4 Seek	4 Seek	CCE		2 Respect/2 Integrity/2 Resilience/2 Care	2E36	4 Seek	2 Respect	3 Soar/3 Innovate	3E21	3 Soar		3 Respect /3 Integrity /3 Resilience	3E36	3 Respect														
	Fr	FRC 4 Seek	3 Respect /3 Integrity /3 Resilience	3E36	3 Respect			2 Respect/2 Integrity/2 Resilience/2 Care	2E36					3 Soar/3 Innovate	3E21	3 Soar														

# Teacher Jih Heong Chee

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10 8:30	2 8:30 8:50	3 8:50 9:10	4 9:10 9:30	5 9:30 9:50	6 9:50 10:10	7 10:10 10:30	8 10:30 10:50	9 10:50 11:10	10 11:10 11:30	11 11:30 11:50	12 11:50 12:10	13 12:10 12:30	14 12:30 12:50	15 12:50 13:10	16 13:10 13:30	17 13:30 13:50	18 13:50 14:10	19 14:10 14:30	20 14:30 14:50	21 14:50 15:10	22 15:10 15:30	23 15:30 15:50	24 15:50 16:10	25 16:10 16:30	26 16:30 17:10	27 17:10 18:00
Odd Week	Day 1	FRC 2 Strive	2 Respect/2 Integrity/2 Resilience/2 Care		2S36																								
	Tu	FRC 2 Strive																											
	We	FRC 2 Strive																											
	Th	FRC 2 Strive	2 Strive	CCE		4 Seek/4 Strive/4 Soar/4 Innovate		4P21		TS6																			
	Fr	FRC 2 Strive		2 Respect/2 Integrity/2 Resilience/2 Care		2S36																							
Even Week	Day 1	FRC 2 Strive	3 Respect/3 Integrity /3 Resilience		2 Seek/2 Strive/2 Soar/2 Innovate				3 Strive /3 Soar/3 Innovate			2 Respect/2 Integrity/2 Resilience/2 Care		2S36															
	Tu	FRC 2 Strive	2 Strive	FTGP																									
	We	FRC 2 Strive																											
	Th	FRC 2 Strive	2 Strive	CCE																									
	Fr	FRC 2 Strive		2 Soar		2S21			2 Soar																				

# Teacher Sharon

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1									1 Seek/1 Strive/1 Soar/1 Innovate  1S21  1 Soar	4 Seek/4 Strive/4 Soar/4 Innovate  4C21  TS8								3 Resilience/3 Care  3C26  TS8											
	Tu																		1 Seek/1 Strive/1 Soar/1 Innovate  1S21  1 Soar											
	We					1 Seek/1 Strive/1 Soar/1 Innovate  1S21  1 Soar			4 Respect/4 Integrity/4 Resilience/4 Care  4C37  4 Integrity										3 Resilience/3 Care  3C26  TS8											
	Th									4 Seek/4 Strive/4 Soar/4 Innovate  4C21  TS8								4 Respect/4 Integrity/4 Resilience/4 Care  4C37  4 Integrity												
	Fr									1 Seek/1 Strive/1 Soar/1 Innovate  1S21  1 Soar																				
Even Week	Day 1																	4 Respect/4 Integrity/4 Resilience/4 Care  4C37  4 Integrity	1 Seek/1 Strive/1 Soar/1 Innovate  1S21  1 Soar											
	Tu				4 Seek/4 Strive/4 Soar/4 Innovate  4C21  TS8		3 Resilience/3 Care  3C26  TS8										1 Seek/1 Strive/1 Soar/1 Innovate  1S21  1 Soar													
	We									1 Seek/1 Strive/1 Soar/1 Innovate  1S21  1 Soar																				
	Th					4 Respect/4 Integrity/4 Resilience/4 Care  4C37  4 Integrity											1 Seek/1 Strive/1 Soar/1 Innovate  1S21  1 Soar	3 Resilience/3 Care  3C26  TS8												
	Fr									4 Seek/4 Strive/4 Soar/4 Innovate  4C21  TS8																				

# 2026 Semester 1 Timetable

# Teacher Gaya

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10 8:30	2 8:10 8:30 8:50	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Innovate	2 Respect/2 Integrity/2 Resilience/2 Care		2S16		2 Care								4 Seek/4 Strive/4 Soar/4 Innovate		4C22		TS9		2 Seek/2 Strive/2 Soar/2 Innovate		2S31		3 Respect /3 Integrity /3 Resilience		3C36			
	Tu	FRC 2 Innovate				2 Respect/2 Integrity/2 Resilience/2 Care		2S16		2 Care				2 Seek/2 Strive/2 Soar/2 Innovate		2S31		2 Seek		FTGP		3 Soar/3 Innovate		3 Innovate						
	We	FRC 2 Innovate									4 Respect/4 Integrity/4 Resilience/4 Care		4C26		4 Resilience						3 Soar/3 Innovate		3 Innovate		3 Respect /3 Integrity /3 Resilience		3C36			
	Th	FRC 2 Innovate	2 Innovate		CCE		2 Innovate				4 Seek/4 Strive/4 Soar/4 Innovate		4C22		TS9				2 Seek/2 Strive/2 Soar/2 Innovate		2S31		4 Respect/4 Integrity/4 Resilience/4 Care		4C26					
	Fr	FRC 2 Innovate	2 Respect/2 Integrity/2 Resilience/2 Care		2S16		2 Care				2 Seek/2 Strive/2 Soar/2 Innovate		2S31		2 Seek															
Even Week	Day 1	FRC 2 Innovate	3 Soar/3 Innovate		2 Seek/2 Strive/2 Soar/2 Innovate		2S31		3 Innovate		2 Seek				2 Respect/2 Integrity/2 Resilience/2 Care		2S16		2 Care		4 Respect/4 Integrity/4 Resilience/4 Care		4C26		4 Resilience					
	Tu	FRC 2 Innovate	2 Innovate		FTGP		4 Seek/4 Strive/4 Soar/4 Innovate		4C22		TS9		3 Respect /3 Integrity /3 Resilience		3C36		3 Respect				3 Soar/3 Innovate		3C21		3 Innovate					
	We	FRC 2 Innovate				2 Seek/2 Strive/2 Soar/2 Innovate		2S31		2 Seek				2 Respect/2 Integrity/2 Resilience/2 Care		2S16		2 Care				2 Respect/2 Integrity/2 Resilience/2 Care		2S16		2 Care				
	Th	FRC 2 Innovate	2 Innovate		CCE		2 Innovate				4 Respect/4 Integrity/4 Resilience/4 Care		4C26		4 Resilience				2 Seek/2 Strive/2 Soar/2 Innovate		2S31		2 Seek		3 Respect /3 Integrity /3 Resilience		3C36			
	Fr	FRC 2 Innovate	2 Seek/2 Strive/2 Soar/2 Innovate		2S31		2 Seek								4 Seek/4 Strive/4 Soar/4 Innovate		4C22		TS9				2 Respect/2 Integrity/2 Resilience/2 Care		2S16		2 Care		3 Respect	

# Teacher Crystal

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Strive	3 Strive 3PG1 3 Soar			1 Respect/1 Integrity/1 Resilience/1 Care 1O16 1 Care			4 Respect/4 Integrity/4 Resilience/4 Care 4G37 4 Resilience			2 Respect/2 Integrity/2 Resilience/2 Care 2G36 2 Respect			2 Seek/2 Strive/2 Soar/2 Innovate 2G31 2 Seek															
	Tu	FRC 3 Strive				1 Respect/1 Integrity/1 Resilience/1 Care 1O16 1 Care						3 Strive FTGP 3 Strive																		
	We	FRC 3 Strive	3 Respect/3 Integrity 3G36 3 Resilience																3 Strive 3PG1 3 Soar											
	Th	FRC 3 Strive	3 Strive CCE 3 Strive			4 Respect/4 Integrity/4 Resilience/4 Care 4G37 4 Resilience													3 Strive 3PG1 3 Soar											
	Fr	FRC 3 Strive										3 Respect/3 Integrity 3G36 3 Resilience																		
Even Week	Day 1	FRC 3 Strive	2 Respect/2 Integrity/2 Resilience/2 Care 2G36 2 Respect																1 Respect/1 Integrity/1 Resilience/1 Care 1O16 1 Care											
	Tu	FRC 3 Strive	FTGP 3 Strive 2 Seek			2 Seek/2 Strive/2 Soar/2 Innovate 2G31 2 Seek			4 Respect/4 Integrity/4 Resilience/4 Care 4G37 4 Resilience	2 Respect/2 Integrity/2 Resilience/2 Care 2G36 2 Respect	1 Respect/1 Integrity/1 Resilience/1 Care 1O16 1 Care									3 Strive 3PG1 3 Soar										
	We	FRC 3 Strive							2 Seek/2 Strive/2 Soar/2 Innovate 2G31 2 Seek		4 Respect/4 Integrity/4 Resilience/4 Care 4G37 4 Resilience	1 Respect/1 Integrity/1 Resilience/1 Care 1O16 1 Care								Timetabled Time (PLT) Board Rm, TL Rm										
	Th	FRC 3 Strive	3 Strive CCE 3 Strive								3 Respect/3 Integrity 3G36 3 Resilience									3 Strive 3PG1 3 Soar										
	Fr	FRC 3 Strive	3 Strive 3PG1 HIVE								3 Respect/3 Integrity 3G36 3 Resilience																			

## Teacher Gail

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	1 Seek/1 Strive/1 Soar/1 Innovate  1E22  EL Rm					2 Seek/2 Strive/2 Soar/2 Innovate  2E22  EL Rm																							
	Tu																		1 Seek/1 Strive/1 Soar/1 Innovate  1E22  EL Rm											
	We											2 Seek/2 Strive/2 Soar/2 Innovate  2E22  EL Rm			1 Seek/1 Strive/1 Soar/1 Innovate  1E22  EL Rm															
	Th																	2 Seek/2 Strive/2 Soar/2 Innovate  2E22  EL Rm												
	Fr	2 Seek/2 Strive/2 Soar/2 Innovate  2E22  EL Rm										1 Seek/1 Strive/1 Soar/1 Innovate  1E22  EL Rm																		
Even Week	Day 1														2 Seek/2 Strive/2 Soar/2 Innovate  2E22  EL Rm															
	Tu						1 Seek/1 Strive/1 Soar/1 Innovate  1E22  TS6										2 Seek/2 Strive/2 Soar/2 Innovate  2E22  EL Rm													
	We	2 Seek/2 Strive/2 Soar/2 Innovate  2E22  EL Rm												1 Seek/1 Strive/1 Soar/1 Innovate  1E22  TS6																
	Th								2 Seek/2 Strive/2 Soar/2 Innovate  2E22  EL Rm		1 Seek/1 Strive/1 Soar/1 Innovate  1E22  EL Rm																			
	Fr										1 Seek/1 Strive/1 Soar/1 Innovate  1E22  EL Rm																			

# Teacher Rachel Ong Ying Li

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00	
Odd Week	Day 1	FRC 2 Resilience				2 Resilience			Mu						1 Strive			Mu			1 Seek			Mu							
	Tu	FRC 2 Resilience			IM Pre-Lesson				Mu			Music Room,Music Lab			1 Soar			2 Resilience		1 Resilience		Mu		Music Room,Music Lab		Music Room,Music Lab					
	We	FRC 2 Resilience	2 Innovate			Mu									IM LO							1 Respect			Mu		Music Room,Music Lab				
	Th	FRC 2 Resilience	2 Resilience			CCE				IM Post-Lesson												1 Care			Mu		Music Room,Music Lab				
	Fr	FRC 2 Resilience																													
Even Week	Day 1	FRC 2 Resilience													1 Soar			Mu			Music Room,Music Lab										
	Tu	FRC 2 Resilience	2 Resilience		FTGP		2 Resilience															1 Care			Mu		Music Room,Music Lab				
	We	FRC 2 Resilience								1 Respect			2 Innovate			Mu			Mu			Music Room,Music Lab			1 Strive			Mu		Music Room,Music Lab	
	Th	FRC 2 Resilience	2 Resilience			CCE		2 Resilience		1 Seek			Mu			Music Room,Music Lab			2 Resilience			Mu			Music Room,Music Lab						
	Fr	FRC 2 Resilience								1 Resilience			Mu			Music Room,Music Lab															

# Teacher Mrs Wong

Yishun Secondary School, Singapore

	0 7:25 7:50	1 7:50 8:10 8:30	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	4 Seek/4 Strive/4 Soar/4 Innovate 4M32 4 Strive							4 Respect/4 Integrity/4 Resilience/4 Care 4M36 4 Respect																				
	Tu																		4 Respect/4 Integrity/4 Resilience/4 Care 4M36 4 Respect										
	We																		Timetabled Time (PLT) Board Rm										
	Th								4 Respect/4 Integrity/4 Resilience/4 Care 4M36 4 Respect									4 Seek/4 Strive/4 Soar/4 Innovate 4M32 4 Strive											
	Fr	4 Seek/4 Strive/4 Soar/4 Innovate 4M32 4 Strive																											
Even Week	Day 1									4 Respect/4 Integrity/4 Resilience/4 Care 4M36 4 Respect																			
	Tu																		4 Seek/4 Strive/4 Soar/4 Innovate 4M32 4 Strive										
	We	4 Respect/4 Integrity/4 Resilience/4 Care 4M36 4 Respect		4 Seek/4 Strive/4 Soar/4 Innovate 4M32 4 Strive																									
	Th														Timetabled Time (PLT) Board Rm														
	Fr		4 Seek/4 Strive/4 Soar/4 Innovate 4M32 4 Strive						4 Respect/4 Integrity/4 Resilience/4 Care 4M36 4 Respect																				

# Teacher Sarah Diyana Zainol

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	1 Respect/1 Integrity/1 Resilience/1 Care  1 SP (O)16  YSS Commons		3 Strive /3 Soar/3 Innovate/3 Respect /3 Resilience/3 Care  3SP(M)1  The Place 1													1 Respect/1 Integrity/1 Resilience/1 Care  1 SP (Sci)16  The Place 1													
	Tu																													
	We	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care  4SP(M)1  The Place 1															2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care  2SP(MT)1  The Place 1													
	Th																1 Respect/1 Integrity/1 Resilience/1 Care  1 SP (O)16  YSS Commons		2 Seek/2 Strive/2 Soar/2 Innovate  2 SP (Sci)11  YSS Commons											
	Fr	1 Seek/1 Strive/1 Soar/1 Innovate  1 SP (O)11  YSS Commons															1 SP (Sci)11  YSS Commons													
Even Week	Day 1						4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care  4SP(M)1  The Place 1		1 Seek/1 Strive/1 Soar/1 Innovate  1 SP (O)11  YSS Commons		1 Respect/1 Integrity/1 Resilience/1 Care  1 SP (Sci)16  YSS Commons																			
	Tu			3 Strive /3 Soar/3 Innovate/3 Respect /3 Resilience/3 Care  3SP(M)1  The Place 1					1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care  1SP(M)1  YSS Commons									2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care  2SP(MT)1  The Place 1		1 Seek/1 Strive/1 Soar/1 Innovate  1 SP (Sci)11  YSS Commons										
	We							3 Strive /3 Soar/3 Innovate/3 Respect /3 Resilience/3 Care  3SP(M)1  The Place 1		4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care  4SP(M)1  The Place 1								2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care  2SP(MT)1  The Place 1												
	Th																		2 SP (Sci)16  The Place 1											
	Fr			1 Respect/1 Integrity/1 Resilience/1 Care  1 SP (Sci)16  YSS Commons													1 SP (O)16  YSS Commons		1 SP (O)11  YSS Commons											

# Teacher Daniel Keng

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Strive						2 Seek/2 Strive/2 Soar/ 2 Innovate	2E32 2 Strive	4 Seek/4 Strive/4 Soar/4 Innovate	4E21 4 Soar																			
	Tu	FRC 4 Strive	4 Respect/4 Integrity/4 Resilience/4 Care	4E26 4 Resilience				4 Seek/4 Strive/4 Soar/4 Innovate	4E21 4 Soar	4 Strive	FTGP 4 Strive				2 Seek/2 Strive/2 Soar/ 2 Innovate	2L21 2 Soar														
	We	FRC 4 Strive	4 Respect/4 Integrity/4 Resilience/4 Care	4E26 4 Resilience				2 Seek/2 Strive/2 Soar/2 Innovate	2E32 2 Strive	2 Seek/2 Strive/2 Soar/ 2 Innovate	2L21 2 Soar																			
	Th	FRC 4 Strive	4 Strive	CCE 4 Strive						4 Seek/4 Strive/4 Soar/4 Innovate	4E21 4 Soar		4 Respect/4 Integrity/4 Resilience/4 Care	4E26 4 Resilience	2 Seek/2 Strive/2 Soar/2 Innovate	2E32 2 Strive														
	Fr	FRC 4 Strive	2 Seek/2 Strive/2 Soar/2 Innovate	2E32 2 Strive	4 Respect/4 Integrity/4 Resilience/4 Care	4E26 4 Resilience		4 Seek/4 Strive/4 Soar/4 Innovate	4E21 4 Soar																					
Even Week	Day 1	FRC 4 Strive	4 Seek/4 Strive/4 Soar/4 Innovate	4E21 4 Soar				4 Respect/4 Integrity/4 Resilience/4 Care	4E26 4 Resilience	2 Seek/2 Strive/2 Soar/2 Innovate	2L21 2 Soar	2 Seek/2 Strive/2 Soar/2 Innovate	2E32 2 Strive																	
	Tu	FRC 4 Strive	4 Strive	FTGP 4 Strive				4 Seek/4 Strive/4 Soar/4 Innovate	4E21 4 Soar		4 Respect/4 Integrity/4 Resilience/4 Care	4E26 4 Resilience	2 Seek/2 Strive/2 Soar/ 2 Innovate	2E32 2 Strive																
	We	FRC 4 Strive	2 Seek/2 Strive/2 Soar/2 Innovate	2E32 2 Strive				4 Respect/4 Integrity/4 Resilience/4 Care	4E26 4 Resilience		4 Seek/4 Strive/4 Soar/4 Innovate	4E21 4 Soar																		
	Th	FRC 4 Strive	4 Strive	CCE 4 Strive				4 Seek/4 Strive/4 Soar/4 Innovate	4E21 4 Soar	2 Seek/2 Strive/2 Soar/2 Innovate	2E32 2 Strive																			
	Fr	FRC 4 Strive						4 Respect/4 Integrity/4 Resilience/4 Care	4E26 4 Resilience																					

# Teacher Patricia

Yishun Secondary School, Singapore

	0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	1 Seek/1 Strive/1 Soar/1 Innovate  1E32  1 Strive								1 Respect/1 Integrity/1 Resilience/1 Care  1E37  1 Integrity																			
	Tu								2 Respect/2 Integrity/2 Resilience/2 Care  2E27  2 Care								1 Respect/1 Integrity/1 Resilience/1 Care  1E37  1 Integrity		1 Seek/1 Strive/1 Soar/1 Innovate  1E32  1 Strive										
	We	1 Respect/1 Integrity/1 Resilience/1 Care  1E37  1 Integrity							2 Respect/2 Integrity/2 Resilience/2 Care  2E27  2 Care							1 Seek/1 Strive/1 Soar/1 Innovate  1E32  1 Strive													
	Th														2 Respect/2 Integrity/2 Resilience/2 Care  2E27  2 Care														
	Fr						2 Respect/2 Integrity/2 Resilience/2 Care  2E27  2 Care		1 Respect/1 Integrity/1 Resilience/1 Care  1E37  1 Integrity		1 Seek/1 Strive/1 Soar/1 Innovate  1E32  1 Strive																		
Even Week	Day 1								2 Respect/2 Integrity/2 Resilience/2 Care  2E27  2 Care														Timetabled Time (PLT)						
	Tu			2 Respect/2 Integrity/2 Resilience/2 Care  2E27  2 Care	1 Seek/1 Strive/1 Soar/1 Innovate  1E32  1 Strive	1 Respect/1 Integrity/1 Resilience/1 Care  1E37  1 Integrity																							
	We								2 Respect/2 Integrity/2 Resilience/2 Care  2E27  2 Care						1 Seek/1 Strive/1 Soar/1 Innovate  1E32  1 Strive		1 Respect/1 Integrity/1 Resilience/1 Care  1E37  1 Integrity												
	Th						2 Respect/2 Integrity/2 Resilience/2 Care  2E27  2 Care			1 Seek/1 Strive/1 Soar/1 Innovate  1E32  1 Strive			1 Respect/1 Integrity/1 Resilience/1 Care  1E37  1 Integrity																
	Fr	1 Respect/1 Integrity/1 Resilience/1 Care  1E37  1 Integrity								1 Seek/1 Strive/1 Soar/1 Innovate  1E32  1 Strive																			

## Teacher Zawana

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Integrity					3 Soar/3 Innovate/3 Resilience/ 3 Care	3ML3	3 Resilience																					
	Tu	FRC 3 Integrity	3 Soar/3 Innovate/3 Resilience/ 3 Care	3ML3	4 Seek	4ML1					3 Integrity																			
	We	FRC 3 Integrity	4 Seek	4ML1	3 Soar/3 Innovate/3 Resilience/ 3 Care	3ML3				1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1ML7	1 Resilience																		
	Th	FRC 3 Integrity	3 Integrity	CCE						1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1ML7	1 Resilience																		
	Fr	FRC 3 Integrity			1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1ML7	1 Resilience				4 Seek	4ML1									4ML1	4 Seek								
Even Week	Day 1	FRC 3 Integrity	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1ML7	1 Resilience		4 Seek	4ML1					3 Soar/3 Innovate/3 Resilience/ 3 Care	3ML3	3 Resilience															
	Tu	FRC 3 Integrity	3 Integrity	FTGP	3 Soar/3 Innovate/3 Resilience/ 3 Care	3ML3				1 Seek/1 Strive/1 Soar/ Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1ML7	1 Resilience																		
	We	FRC 3 Integrity	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1ML7	1 Resilience				3 Soar/3 Innovate/3 Resilience/3 Care	3ML3	3 Resilience	4 Seek	4ML1																	
	Th	FRC 3 Integrity	3 Integrity	CCE					1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1ML7	1 Resilience	4 Seek	4ML1																	
	Fr	FRC 3 Integrity	4 Seek	4ML1					3 Soar/3 Innovate/3 Resilience/ 3 Care	3ML3	3 Resilience																			

## Teacher Angeline Liu

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Respect 1 Respect								1 Seek/1 Strive/1 Soar/1 Innovate <b>1S11</b> TS6						1 Respect/1 Integrity/1 Resilience/1 Care <b>1S26</b> 1 Resilience		1 Respect/1 Integrity/1 Resilience/1 Care <b>1S26</b> 1 Resilience		3 Respect/3 Integrity /3 Resilience <b>3C38</b> 3 Integrity										
	Tu	FRC 1 Respect 1 Respect								1 Respect/1 Integrity/1 Resilience/1 Care <b>1S26</b> 1 Resilience	FTGP	3 Seek/3 Strive /3 Innovate			1 Seek/1 Strive/1 Soar/1 Innovate <b>1S11</b> TS6															
	We	FRC 1 Respect 1 Respect				1 Seek/1 Strive/1 Soar/1 Innovate <b>1S11</b> TS6						1 Respect/1 Integrity/1 Resilience/1 Care <b>1S26</b> 1 Resilience		3 Seek/3 Strive /3 Innovate <b>3C32</b> 3 Strive		3 Seek/3 Strive /3 Innovate <b>3C32</b> 3 Strive		3 Respect/3 Integrity /3 Resilience <b>3C38</b> 3 Integrity												
	Th	FRC 1 Respect 1 Respect	1 Respect	CCE	1 Respect																									
	Fr	FRC 1 Respect 1 Respect													1 Respect/1 Integrity/1 Resilience/1 Care <b>1S26</b> 1 Resilience															
Even Week	Day 1	FRC 1 Respect 1 Respect	3 Seek/3 Strive /3 Innovate <b>3C32</b> 3 Strive									1 Respect/1 Integrity/1 Resilience/1 Care <b>1S26</b> 1 Resilience				1 Seek/1 Strive/1 Soar/1 Innovate <b>1S11</b> TS6														
	Tu	FRC 1 Respect 1 Respect	1 Respect	FTGP	1 Respect					3 Respect/3 Integrity /3 Resilience <b>3C38</b> 3 Integrity						3 Seek/3 Strive /3 Innovate <b>3C32</b> 3 Strive														
	We	FRC 1 Respect 1 Respect										1 Respect/1 Integrity/1 Resilience/1 Care <b>1S26</b> 1 Resilience																		
	Th	FRC 1 Respect 1 Respect	1 Respect	CCE	1 Respect							1 Respect/1 Integrity/1 Resilience/1 Care <b>1S26</b> 1 Resilience				1 Seek/1 Strive/1 Soar/1 Innovate <b>1S11</b> TS6		3 Respect/3 Integrity /3 Resilience <b>3C38</b> 3 Integrity												
	Fr	FRC 1 Respect 1 Respect				1 Respect/1 Integrity/1 Resilience/1 Care <b>1S26</b> 1 Resilience																								

# Teacher Mrs Phua Lee Hoon

Yishun Secondary School, Singapore

	0 7:25 7:50	1 7:50 8:10	2 8:30 8:50	3 8:50 9:10	4 9:10 9:30	5 9:30 9:50	6 9:50 10:10	7 10:10 10:30	8 10:30 10:50	9 10:50 11:10	10 11:10 11:30	11 11:30 11:50	12 11:50 12:10	13 12:10 12:30	14 12:30 12:50	15 12:50 13:10	16 13:10 13:30	17 13:30 13:50	18 13:50 14:10	19 14:10 14:30	20 14:30 14:50	21 14:50 15:10	22 15:10 15:30	23 15:30 15:50	24 15:50 16:10	25 16:10 16:30	26 16:30 17:10	27 17:10 18:00
Odd Week	Day 1	3 Respect /3 Integrity /3 Resilience TS9	3M38																									
	Tu				3 Seek/3 Strive 3A31 3 Seek		3 Respect /3 Integrity /3 Resilience Math Rm			5N1 4A40 EL Rm																		
	We																							Timetabled Time (PLT) Board Rm				
	Th													3 Seek/3 Strive 3A31 3 Seek														
	Fr		3 Seek/3 Strive 3A31 3 Seek											3 Respect /3 Integrity /3 Resilience 3M38 Math Rm														
Even Week	Day 1																											
	Tu																	3 Seek/3 Strive 3A31 3 Seek										
	We													3 Respect /3 Integrity /3 Resilience 3M38 Math Rm		3 Seek/3 Strive 3A31 3 Seek												
	Th													3 Respect /3 Integrity /3 Resilience 3M38 Math Rm														
	Fr		3 Respect /3 Integrity /3 Resilience 3M38 TS8																									

# 2026 Semester 1 Timetable

# Teacher Farisah Trainee

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00		
Odd Week	Day 1	3 Soar/3 Innovate									3 Soar/3 Innovate			3M21			3 Soar						1 Seek/1 Strive/1 Soar/1 Innovate			1M32						
	Tu														3 Soar/3 Innovate			3M21			3 Soar			1 Seek/1 Strive/1 Soar/1 Innovate			1M32					
	We	1 Seek/1 Strive/1 Soar/1 Innovate															1 Strive						1 Strive									
	Th														3 Soar/3 Innovate			3U11			Comp 1						1 Seek/1 Strive/1 Soar/1 Innovate			1M32		
	Fr	3 Soar/3 Innovate									3 Soar/3 Innovate			3M21			3 Soar															
Even Week	Day 1														3 Soar/3 Innovate			3M21			3 Soar						1 Seek/1 Strive/1 Soar/1 Innovate			1M32		
	Tu																				1 Strive						3 Soar/3 Innovate			3U11		
	We	3 Soar/3 Innovate			1 Seek/1 Strive/1 Soar/1 Innovate												3 Soar/3 Innovate			3M21			3 Soar			1 Seek/1 Strive/1 Soar/1 Innovate			1M32			
	Th																	3 Soar/3 Innovate			3M21			3 Soar						1 Strive		
	Fr	3 Soar/3 Innovate			3M21			3 Soar																		3 Soar/3 Innovate			3U11			