

Teacher Tay Ai Ti

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Integrity	3 Soar/3 Innovate			4 Seek/4 Strive/4 Soar/4 Innovate			4U11			Comp 1			4 Respect/4 Integrity/4 Resilience/4 Care			4U16			Comp 1			2 Respect/2 Integrity/2 Resilience/2 Care			2M36			
	Day 2	FRC 2 Integrity	3U11			Comp 1			4U11			Comp 1			4 Respect/4 Integrity/4 Resilience/4 Care			4U16			Comp 1			2 Respect						
	Day 3	FRC 2 Integrity	2 Respect/2 Integrity/2 Resilience/2 Care			2M36			Comp 1			3U16			3 Resilience/3 Care			3U16			Comp 1			4 Seek/4 Strive/4 Soar/4 Innovate			4U11			
	Day 4	FRC 2 Integrity	2 Integrity			CCE			3U16			Comp 1			3 Resilience/3 Care			3U11			Comp 1			4U16			FTGP			
	Day 5	FRC 2 Integrity	3 Soar/3 Innovate			3U11			Comp 1			Board Rm			Timetabled Time (PLT)			2M36			Comp 1			2 Respect			2 Respect			
Even Week	Day 1	FRC 2 Integrity	3 Resilience/3 Care			3U16			Comp 1			2M36			2 Respect			2M36			3 Soar/3 Innovate			3U11			Comp 1			
	Day 2	FRC 2 Integrity	2 Integrity			4 Respect/4 Integrity/4 Resilience/4 Care			FTGP			2 Respect/2 Integrity/2 Resilience/2 Care			3U16			3 Resilience/3 Care			3U11			3 Soar/3 Innovate			3U11			
	Day 3	FRC 2 Integrity	3 Soar/3 Innovate			3U11			Comp 1			2M36			2 Respect			4U11			Comp 1			4U16			4 Seek/4 Strive/4 Soar/4 Innovate			
	Day 4	FRC 2 Integrity	2 Integrity			CCE			Comp 1			2 Respect			4U16			4U11			Comp 1			3U16			3U16			
	Day 5	FRC 2 Integrity	2 Integrity			3U11			Comp 1			2M36			2 Respect			2M36			Comp 1			4U11			4U16			

2026 Semester 1 Timetable

Teacher Aidil

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	4 Care/5N1 PE4 ISH							3 Integrity PE BBC									4 Respect/4 Integrity/4 Resilience 4 Care 4X36 Comp 4												
	Day 2	4 Strive PE Field 2															3 Respect /3 Care 3X36 ESS Room,Comp 4	4 Respect/4 Integrity/4 Resilience 4 Care 4X36 Comp 4												
	Day 3								4 Strive PE Field 2								1 Care PE ISH													
	Day 4					3 Respect /3 Care 3X36 ESS Room,Comp 4	3 Integrity PE BBC							1 Care PE Hall			4 Respect/4 Integrity/4 Resilience 4 Care 4X36 Comp 4													
	Day 5	4 Care/5N1 PE4 Field 2				3 Respect /3 Care 3X36 ESS Room,Comp 4																								
Even Week	Day 1								3 Integrity PE Field 1	4 Strive PE Field 1							3 Respect /3 Care 3X36 ESS Room,Comp 4													
	Day 2															1 Care PE Hall	4 Respect/4 Integrity/4 Resilience 4 Care 4X36 Comp 4	3 Respect /3 Care 3X36 ESS Room,Comp 4												
	Day 3				4 Care/5N1 PE4 ISH			1 Care PE Hall							3 Respect /3 Care 3X36 ESS Room,Comp 4		4 Respect/4 Integrity/4 Resilience 4 Care 4X36 Comp 4													
	Day 4				3 Integrity PE BBC			4 Strive PE Field 1								4 Respect/4 Integrity/4 Resilience 4 Care 4X36 Comp 4														
	Day 5								4 Care/5N1 PE4 Hall																					

Teacher Aljunied

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1					1 Seek/1 Strive/1 Soar 1 Innovate	1 Respect/1 Integrity/1 Resilience 1 Care																							
	Day 2		1 Seek/1 Strive/1 Soar 1 Innovate	1O11		3 Resilience/3 Care	2 Seek/2 Strive/2 Soar 2 Innovate	1H26	2H21																					
	Day 3		3 Resilience/3 Care	3O16	3 Care	1 Seek/1 Strive/1 Soar 1 Innovate	3 Soar/3 Innovate	3O11	3 Innovate	3 Soar/3 Innovate	3H21	3 Innovate	2 Respect/2 Integrity/2 Resilience/2 Care	3 Resilience/3 Care	2H26	3H26	HIVE													
	Day 4					1 Seek/1 Strive/1 Soar 1 Innovate	1O11				2 Respect/2 Integrity/2 Resilience/2 Care	2H26	2H21	2 Resilience	3 Soar/3 Innovate	3H21														
	Day 5		1 Seek/1 Strive/1 Soar/1 Innovate	1H21	1 Soar					3 Resilience/3 Care	3O16	3 Care																		
Even Week	Day 1					2 Respect/2 Integrity/2 Resilience 2 Care	2H26				1 Seek/1 Strive/1 Soar 1 Innovate	1H21																		
	Day 2						2 Resilience				1 Soar					1 Respect/1 Integrity/1 Resilience/1 Care	1H26		3 Resilience/3 Care	3H26	3 Care									
	Day 3		3 Soar/3 Innovate	3H21	3 Innovate	3 Soar/3 Innovate	3O11				1 Seek/1 Strive/1 Soar 1 Innovate	1O11	1 Innovate		1 Respect/1 Integrity/1 Resilience/1 Care	1H26	1 Resilience					Timetabled Time (PLT)								
	Day 4					3 Soar/3 Innovate	3O11	3 Innovate	3 Soar/3 Innovate	3H21				3 Resilience/3 Care	3H26	3 Care		1 Seek/1 Strive/1 Soar 1 Innovate	1H21	1 Soar										
	Day 5					2 Seek/2 Strive/2 Soar/2 Innovate	2H21	2 Soar			1 Seek/1 Strive/1 Soar/1 Innovate	1O11	1 Innovate	3 Resilience/3 Care	3O16	3 Care														

Teacher Alvin Hoo

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 5N1				4 Respect/4 Integrity/4 Resilience 4 Care									4 Seek/4 Strive/4 Soar/4 Innovate		1 Respect/1 Integrity/1 Resilience 1 Care													
	Day 2	FRC 5N1										1 Respect/1 Integrity/1 Resilience 1 Care				4S11		1S36												
	Day 3	FRC 5N1							Timetabled Time (PLT)						1 Respect/1 Integrity/1 Resilience 1 Care															
	Day 4	FRC 5N1		CCE								1 Respect				3 Resilience/3 Care														
	Day 5	FRC 5N1													4 Seek/4 Strive/4 Soar/4 Innovate		3P26													
Even Week	Day 1	FRC 5N1			3P26										4 Seek/4 Strive/4 Soar 4 Innovate		4S11		1 Respect/1 Integrity/1 Resilience 1 Care											
	Day 2	FRC 5N1													4 Innovate			1S36		1 Respect										
	Day 3	FRC 5N1													4 Innovate		4 Seek/4 Strive/4 Soar/4 Innovate		3 Resilience/3 Care											
	Day 4	FRC 5N1		CCE											4P37		4 Innovate		3P26		TS6		4P37							
	Day 5	FRC 5N1													4 Respect		4 Respect		1S36		1 Respect									

Teacher Angie Chiang

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	1 Seek/1 Strive/1 Soar/1 Innovate						2 Seek/2 Strive/2 Soar 2 Innovate																						
	Day 2																													
	Day 3													2 Seek/2 Strive/2 Soar/2 Innovate					1 Seek/1 Strive/1 Soar/1 Innovate											
	Day 4																													
	Day 5	2 Seek/2 Strive/2 Soar/2 Innovate												1 Seek/1 Strive/1 Soar/1 Innovate					2 Seek/2 Strive/2 Soar/2 Innovate											
Even Week	Day 1																	2 Seek/2 Strive/2 Soar/2 Innovate												
	Day 2							1 Seek/1 Strive/1 Soar 1 Innovate											2 Seek/2 Strive/2 Soar 2 Innovate											
	Day 3	2 Seek/2 Strive/2 Soar/2 Innovate						1E21										1E21												
	Day 4													2 Seek/2 Strive/2 Soar/2 Innovate				1E21												
	Day 5	2E31																1 Seek/1 Strive/1 Soar/1 Innovate												

Teacher Azizah

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	1 Seek/1 Strive/1 Soar/1 Innovate									1 Respect/1 Integrity/1 Resilience 1 Care																			
	Day 2																		1 Respect/1 Integrity/1 Resilience 1 Care	1 Seek/1 Strive/1 Soar/1 Innovate										
	Day 3	1 Respect/1 Integrity/1 Resilience 1 Care		1E23																1E23										
	Day 4																													
	Day 5										1 Respect/1 Integrity/1 Resilience 1 Care	1E16		1 Seek/1 Strive/1 Soar/1 Innovate		1E23		1 Innovate												
Even Week	Day 1										1 Respect/1 Integrity/1 Resilience 1 Care		EL (Elective)16																	
	Day 2										1 Seek/1 Strive/1 Soar/1 Innovate	1 Respect/1 Integrity/1 Resilience 1 Care	1E23	1E16																
	Day 3																		1 Seek/1 Strive/1 Soar/1 Innovate	1 Respect/1 Integrity/1 Resilience 1 Care	1E23	1E16								
	Day 4																	1 Seek/1 Strive/1 Soar/1 Innovate	1 Respect/1 Integrity/1 Resilience 1 Care	1E23	1E16									
	Day 5	1 Respect/1 Integrity/1 Resilience 1 Care		1E16										1 Seek/1 Strive/1 Soar/1 Innovate		1E23		1 Innovate												

Teacher Eunice

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Resilience					3 Strive/3 Soar/3 Innovate/3 Respect/3 Resilience/3 Care												2 Respect/2 Integrity/2 Resilience/2 Care	2 Seek/2 Strive/2 Soar/2 Innovate										
	Day 2	FRC 3 Resilience																	2 SP (O)16	2 SP (O)11										
	Day 3	FRC 3 Resilience	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4SP(M)1															2 Respect/2 Integrity/2 Resilience/2 Care	2 Seek/2 Strive/2 Soar/2 Innovate	2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care									
	Day 4	FRC 3 Resilience	3 Resilience	CCE															1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1SP(M)1	TS6									
	Day 5	FRC 3 Resilience																	2 Respect/2 Integrity/2 Resilience/2 Care	2 SP (O)16	The Place 1									
Even Week	Day 1	FRC 3 Resilience	2 Respect/2 Integrity/2 Resilience/2 Care	2 SP (O)16	The Place 1		2 Seek/2 Strive/2 Soar/2 Innovate		4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4SP(M)1																				
	Day 2	FRC 3 Resilience	3 Resilience	FTGP		3 Resilience	3SP(M)1	The Place 1											1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1SP(M)1	YSS Commons		2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care	2SP(MT)1						
	Day 3	FRC 3 Resilience					2 Seek/2 Strive/2 Soar/2 Innovate		3 Strive/3 Soar/3 Innovate/3 Respect/3 Resilience/3 Care	3SP(M)1									2 Respect/2 Integrity/2 Resilience/2 Care	2 SP (O)11	The Place 1		2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care	2SP(MT)1						
	Day 4	FRC 3 Resilience	3 Resilience	CCE		3 Resilience																								
	Day 5	FRC 3 Resilience							2 Respect/2 Integrity/2 Resilience/2 Care	2 SP (Sci)16	The Place 1																			

Teacher Bariyah

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1																3 Soar													
	Day 2																3RO11													
	Day 3																RO Room, Comp 3, B1-03													
	Day 4																4 Respect/4 Integrity/4 Resilience/4 Care													
	Day 5																4 Seek/4 Strive/4 Soar/4 Respect/4 Integrity/4 Resilience/4 Care													
Even Week	Day 1																3 Soar													
	Day 2																3RO11													
	Day 3																RO Room, Comp 3, B1-03													
	Day 4																4RO16													
	Day 5																RO Room, Comp 3													

Teacher Mrs Bhupathy

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1																								2 Soar/2 Resilience/2 Care 2TL1					
	Day 2		3 Soar/3 Innovate/3 Care 3TL9		4 Seek/4 Strive/4 Soar/4 Respect/4 Integrity/4 Resilience/4 Care/SN1 4TL2		4 Care									2 Soar/2 Resilience/2 Care 2TL1	TL Rm													
	Day 3			4 Seek/4 Strive/4 Soar/4 Respect/4 Integrity/4 Resilience/4 Care/SN1 4TL2	3 Soar/3 Innovate/3 Care 3TL9					1 Seek/1 Soar/1 Respect/1 Integrity/1 Resilience/1 Care 1TL7								2 Soar/2 Resilience/2 Care 2TL1	TL Rm											
	Day 4					2 Soar/2 Resilience/2 Care 2TL1	TL Rm			1 Seek/1 Soar/1 Respect/1 Integrity/1 Resilience/1 Care 1TL7								2 Soar/2 Resilience/2 Care 2TL2	TL Rm											
	Day 5						2 Soar/2 Resilience/2 Care 2TL2	TL Rm										4 Seek/4 Strive/4 Soar/4 Respect/4 Integrity/4 Resilience/4 Care/SN1 4TL2	4 Care											
Even Week	Day 1		1 Seek/1 Soar/1 Respect/1 Integrity/1 Resilience/1 Care 1TL7				4 Seek/4 Strive/4 Soar/4 Respect/4 Integrity/4 Resilience/4 Care/SN1 4TL2		4 Care							3 Soar/3 Innovate/3 Care 3TL9				2 Soar/2 Resilience/2 Care 2TL1	TL Rm			2 Soar/2 Resilience/2 Care 2TL1						
	Day 2										1 Seek/1 Soar/1 Respect/1 Integrity/1 Resilience/1 Care 1TL7								2 Soar/2 Resilience/2 Care 2TL1	TL Rm										
	Day 3		1 Seek/1 Soar/1 Respect/1 Integrity/1 Resilience/1 Care 1TL7								4 Seek/4 Strive/4 Soar/4 Respect/4 Integrity/4 Resilience/4 Care/SN1 4TL2	4 Care						2 Soar/2 Resilience/2 Care 2TL2	TL Rm											
	Day 4										4 Seek/4 Innovate/4 Respect 4TL3	4 Care							2 Soar/2 Resilience/2 Care 2TL1	TL Rm										
	Day 5			4 Seek/4 Strive/4 Soar/4 Respect/4 Integrity/4 Resilience/4 Care/SN1 4TL2							4 Seek/4 Innovate/4 Respect 4TL3	4 Care						2 Soar/2 Resilience/2 Care 2TL2	TL Rm											

Teacher Birundha

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00	
Odd Week	Day 1						3 Seek/3 Innovate/3 Resilience/3 Care			3TL7						Timetabled Time (PLT)															
	Day 2		3 Seek/3 Innovate/3 Resilience/3 Care				4 Strive/4 Innovate/4 Respect			4TL7			TL Rm			Board Rm															
	Day 3		Prefect's Room				3 Seek/3 Innovate/3 Resilience/3 Care			Prefect's Room				2 Integrity/2 Resilience			ESS Room														
	Day 4		Prefect's Room				4 Strive/4 Innovate/4 Respect			3TL7				1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience			Prefect's Room														
	Day 5		Prefect's Room				1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience			1TL3				2 Integrity/2 Resilience			Prefect's Room														
Even Week	Day 1		1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience				1TL3			Prefect's Room				4 Strive/4 Innovate/4 Respect			4TL7				3 Seek/3 Innovate/3 Resilience/3 Care			3TL7			2 Integrity/2 Resilience				
	Day 2			3 Seek/3 Innovate/3 Resilience/3 Care			3TL7			TL Rm				1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience			Prefect's Room				1TL3			Prefect's Room			TS5				
	Day 3		Prefect's Room				1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience			1TL3				3 Seek/3 Innovate/3 Resilience/3 Care			Prefect's Room				3TL7			2TL9							
	Day 4			Prefect's Room			1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience			1TL3				4 Strive/4 Innovate/4 Respect			4TL7				Prefect's Room			2 Integrity/2 Resilience							
	Day 5		Prefect's Room				4 Strive/4 Innovate/4 Respect			4TL7				3 Seek/3 Innovate/3 Resilience/3 Care			Prefect's Room				3TL7			2TL9							

Teacher Lee Boon Kiat

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Soar	4 Seek/4 Strive/4 Soar/4 Innovate 4M11 4 Innovate						3 Soar/3 Innovate 3M11 3 Innovate							4 Respect/4 Integrity/4 Resilience/ 4 Care 4RO16 RO Room,Comp 3														
	Day 2	FRC 3 Soar				3 Soar/3 Innovate 3M11 3 Innovate			3 Soar/3 Innovate 3M11 3 Innovate		FTGP		4 Seek/4 Strive/4 Soar/4 Innovate 4M11 4 Innovate																	
	Day 3	FRC 3 Soar					4 Seek/4 Strive/4 Soar/4 Innovate 4M11 4 Innovate	4 Respect/4 Integrity/4 Resilience/ 4 Care 4RO16 RO Room,Comp 3																						
	Day 4	FRC 3 Soar	3 Soar CCE 3 Soar		4 Respect/4 Integrity/4 Resilience/ 4 Care 4RO16 RO Room,Comp 3							3 Soar/3 Innovate 3M11 3 Innovate	4 Seek/4 Strive/4 Soar/4 Innovate 4M11 4 Innovate																	
	Day 5	FRC 3 Soar	4 Seek/4 Strive/4 Soar/4 Innovate 4M11 4 Innovate				3 Soar/3 Innovate 3M11 3 Innovate																							
Even Week	Day 1	FRC 3 Soar	4 Respect/4 Integrity/4 Resilience/ 4 Care 4RO16 RO Room,Comp 3		3 Soar/3 Innovate 3M11 3 Innovate								4 Seek/4 Strive/4 Soar/4 Innovate 4M11 4 Innovate																	
	Day 2	FRC 3 Soar	3 Soar FTGP 3 Soar		4 Seek/4 Strive/4 Soar/4 Innovate 4M11 4 Innovate			4 Respect/4 Integrity/4 Resilience/ 4 Care 4RO16 RO Room,Comp 3					3 Soar/3 Innovate 3M11 3 Innovate	4 Seek/4 Strive/4 Soar/4 Innovate 4M11 4 Innovate																
	Day 3	FRC 3 Soar			4 Seek/4 Strive/4 Soar/4 Innovate 4M11 4 Innovate				3 Soar/3 Innovate 3M11 3 Innovate																					
	Day 4	FRC 3 Soar	3 Soar CCE 3 Soar		4 Respect/4 Integrity/4 Resilience/ 4 Care 4RO16 RO Room,Comp 3				3 Soar/3 Innovate 3M11 3 Innovate																					
	Day 5	FRC 3 Soar	3 Soar/3 Innovate 3M11 3 Innovate		4 Seek/4 Strive/4 Soar/4 Innovate 4M11 4 Innovate																									

Teacher Poh Chee Jian

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 4 Care					3 Seek/3 Soar/3 Innovate/3 Resilience		3CL7																					
	Day 2	FRC 4 Care	3 Seek/3 Soar/3 Innovate/3 Resilience	3CL7	TS3	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respected/4 Resilience/4 Care	4CL3	4 Soar						4 Care/5N1		FTGP4		4 Care												
	Day 3	FRC 4 Care	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respected/4 Resilience/4 Care	4CL3	4 Soar	3 Seek/3 Soar/3 Innovate/3 Resilience	3CL7	TS3						1 Seek/1 Strive/1 Soar/1 Innovate/1 Respected/1 Integrity/1 Resilience/1 Care	1CL7	TS3														
	Day 4	FRC 4 Care	4 Care/5N1	CCE4	4 Care									1 Seek/1 Strive/1 Soar/1 Innovate/1 Respected/1 Integrity/1 Resilience/1 Care	1CL7	TS3														
	Day 5	FRC 4 Care				1 Seek/1 Strive/1 Soar/1 Innovate/1 Respected/1 Integrity/1 Resilience/1 Care	1CL7	TS3						4 Seek/4 Strive/4 Soar/4 Innovate/4 Respected/4 Resilience/4 Care	4CL3	4 Soar														
Even Week	Day 1	FRC 4 Care	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respected/1 Integrity/1 Resilience/1 Care	1CL7	TS3		4 Seek/4 Strive/4 Soar/4 Innovated/4 Respected/4 Resilience/4 Care	4CL3	4 Soar						3 Seek/3 Soar/3 Innovate/3 Resilience	3CL7	TS3													
	Day 2	FRC 4 Care	4 Care/5N1	FTGP4	4 Care	3 Seek/3 Soar/3 Innovate/3 Resilience	3CL7	TS3						1 Seek/1 Strive/1 Soar/1 Innovated/1 Respected/1 Integrity/1 Resilience/1 Care	1CL7	TS3														
	Day 3	FRC 4 Care	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respected/1 Integrity/1 Resilience/1 Care	1CL7	TS3				3 Seek/3 Soar/3 Innovate/3 Resilience	3CL7	TS3			4 Seek/4 Strive/4 Soar/4 Innovated/4 Respected/4 Resilience/4 Care	4CL3	4 Soar														
	Day 4	FRC 4 Care	4 Care/5N1	CCE4	4 Care									1 Seek/1 Strive/1 Soar/1 Innovate/1 Respected/1 Integrity/1 Resilience/1 Care	1CL7	TS3														
	Day 5	FRC 4 Care	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respected/4 Resilience/4 Care	4CL3	4 Soar				3 Seek/3 Soar/3 Innovate/3 Resilience	3CL7	TS3																			

Teacher Ong Chee Kiong

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
		2 Soar	2D11						2 Seek	2D12																				
Odd Week	Day 1		D&T Workshop 2						D&T Workshop 2	2D12																				
	Day 2					1 Seek	1D12			1 Strive	1D12								3 Integrity	3D36				4 Respect/4 Integrity/4 Resilience/ 4 Care	4D36					
	Day 3									D&T Workshop 2	D&T Workshop 2																			
	Day 4					3 Integrity	3D36			D&T Workshop 1,D&T Workshop 2, 3 Resilience					1 Soar	1D12								4 Respect/4 Integrity/4 Resilience/ 4 Care	4D36					
	Day 5						3 Integrity	3D36			D&T Workshop 1,D&T Workshop 2, 3 Resilience					D&T Workshop 2	D&T Workshop 2													
Even Week	Day 1										1 Seek	1D12								3 Integrity	3D36									
	Day 2					1 Soar	1D12			D&T Workshop 2		2 Seek	2D12								4 Respect/4 Integrity/4 Resilience/ 4 Care	4D36			3 Integrity	3D36			D&T Workshop 1,D&T Workshop 2, 3 Resilience	
	Day 3									D&T Workshop 2																				
	Day 4																		3 Integrity	3D36				4 Respect/4 Integrity/4 Resilience/ 4 Care	4D36					
	Day 5						1 Strive	1D12			D&T Workshop 2		2 Soar	2D11																

Teacher Cheng Sin Yee

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Respect					3 Seek/3 Strive /3 Soar/3 Respect /3 Integrity	3CL6	TS5																					
	Day 2	FRC 4 Respect	3 Seek/3 Strive /3 Soar/3 Respect /3 Integrity	3CL6	TS4	4 CL2	4 Strive							4 Respec/5N1	FTGP1	2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Care	2CL4	4 Respect	2 Innovate											
	Day 3	FRC 4 Respect	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4 CL2	4 Strive	3CL6	TS4						1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL4	1 Innovate					2 Seek/2 Strive/2 Soar/2 Innovate 2 Respect/2 Integrity/2 Care	2CL4	2 Innovate								
	Day 4	FRC 4 Respect	4 Respect/5N1	CCE1	4 Respect	2CL4	2 Innovate	1 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Care	1CL4	1 Innovate			1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care																	
	Day 5	FRC 4 Respect			1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL4	1 Innovate						4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4CL2	4 Strive															
Even Week	Day 1	FRC 4 Respect	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL4	1 Innovate		4 CL2	4 Strive						3 Seek/3 Strive /3 Soar/3 Respect /3 Integrity	3CL6	TS4				2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Care	2CL4	2 Innovate								
	Day 2	FRC 4 Respect	4 Respect/5N1	FTGP1	3CL6	TS5							1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL4	1 Innovate				2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Care	2CL4	2 Innovate									
	Day 3	FRC 4 Respect	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL4	1 Innovate			3 Seek/3 Strive /3 Soar/3 Respect /3 Integrity	3CL6	TS5			4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4CL2	4 Strive				2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Care	2CL4	2 Innovate									
	Day 4	FRC 4 Respect	4 Respect/5N1	CCE1	4 Respect								1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL4	1 Innovate				2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Care	2CL4	2 Innovate									
	Day 5	FRC 4 Respect	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4CL2	4 Strive								3 Seek/3 Strive /3 Soar/3 Respect /3 Integrity	3CL6	TS4															

Teacher Ang Choon Kiat

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1										2 Respect/2 Integrity/2 Resilience/2 Care	2L37																		
	Day 2									2 Respect/2 Integrity/2 Resilience/2 Care	2E37		2 Integrity					2 Seek/2 Strive/2 Soar/2 Innovate	2L32		2 Strive									
	Day 3									2 Respect/2 Integrity/2 Resilience/2 Care	2E37		2 Integrity				2 Seek/2 Strive/2 Soar/2 Innovate	2L32		2 Strive										
	Day 4									2 Respect/2 Integrity/2 Resilience/2 Care	2L37		2 Integrity				2 Respect/2 Integrity/2 Resilience/2 Care	2E37		2 Integrity										
	Day 5							2 Respect/2 Integrity/2 Resilience/2 Care	2E37		2 Integrity																			
Even Week	Day 1									2 Respect/2 Integrity/2 Resilience/2 Care	2E37		2 Integrity	2L32		2 Strive														
	Day 2						2 Respect/2 Integrity/2 Resilience/2 Care	2E37		2 Integrity																				
	Day 3								2 Respect/2 Integrity/2 Resilience/2 Care	2E37		2 Integrity				2 Respect/2 Integrity/2 Resilience/2 Care	2L37		2 Integrity											
	Day 4							2 Respect/2 Integrity/2 Resilience/2 Care	2E37		2 Integrity																			
	Day 5																													

Teacher Lee Chye Sheng

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Soar																												
	Day 2	FRC 4 Soar	3 Strive/3 Soar/3 Innovate/3 Respect/3 Resilience/3 Care	3CL9	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4CL4	TS8	4 Innovate							4 Soar	FTGP	2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care	2CL2	2 Strive											
	Day 3	FRC 4 Soar	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4CL4	TS8	3 CL9					1 Seek/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL5	TS4					2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care	2CL2	2 Strive										
	Day 4	FRC 4 Soar	4 Soar	CCE	4 Soar	2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care	2CL2	TS8	2 Strive		1 Seek/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL5	TS4																	
	Day 5	FRC 4 Soar				1 Seek/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL5	TS4							4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4CL4	4 Innovate													
Even Week	Day 1	FRC 4 Soar	1 Seek/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL5	TS4	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4CL4	4 Innovate							3 Strive/3 Soar/3 Innovate/3 Respect/3 Resilience/3 Care	3CL9	TS8			2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care	2CL2	2 Strive								
	Day 2	FRC 4 Soar	4 Soar	FTGP	4 Soar						1 Seek/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL5	TS4					2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care	2CL2	2 Strive										
	Day 3	FRC 4 Soar	1 Seek/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL5	TS4						4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4CL4	4 Innovate					2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care	2CL2	2 Strive										
	Day 4	FRC 4 Soar	4 Soar	CCE	4 Soar	1 Seek/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL5	TS4			4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4CL4	4 Innovate					2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care	2CL2	2 Strive										
	Day 5	FRC 4 Soar	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4CL4	4 Innovate					3 Strive/3 Soar/3 Innovate/3 Respect/3 Resilience/3 Care	3CL9	TS8																		

Teacher Crescencia Chay

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 3 Seek	3 Seek 3PL2 3 Innovate								2 Respect/2 Integrity/2 Resilience/2 Care						3 Seek/3 Strive /3 Soar/3 Innovate 3E31 3 Seek													
	Day 2	FRC 3 Seek	4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1 4E38 EL Rm									3 Seek					2 Seek/2 Strive/2 Soar/ 2 Innovate 2L31 2 Seek 3 Seek	3 Seek/3 Strive /3 Soar/3 Innovate 3E31 3 Seek												
	Day 3	FRC 3 Seek				4 Respect/4 Integrity/4 Resilience 4 Care/5N1 4E38 EL Rm											2 Seek/2 Strive/2 Soar/ 2 Innovate 2L31 2 Seek		3 Seek 3PL2 3 Innovate											
	Day 4	FRC 3 Seek	3 Seek CCE 3 Seek			3 Seek/3 Strive /3 Soar/3 Innovate 3E31 3 Seek				2 Respect/2 Integrity/2 Resilience/2 Care 2L36 2 Respect						4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1 4E38 EL Rm	3 Seek 3PL2 3 Innovate													
	Day 5	FRC 3 Seek				4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1 4E38 EL Rm						3 Seek/3 Strive /3 Soar/3 Innovate 3E31 3 Seek																		
Even Week	Day 1	FRC 3 Seek									4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1 4E38 EL Rm	2 Seek/2 Strive/2 Soar/2 Innovate 2L31 2 Seek						3 Seek/3 Strive /3 Soar/3 Innovate 3E31 3 Seek	Timetabled Time (PLT) Board Rm											
	Day 2	FRC 3 Seek	FTGP 3 Seek									3 Seek/3 Strive /3 Soar/3 Innovate 3E31 3 Seek	4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1 4E38 EL Rm						3 Seek 3PL2 3 Innovate											
	Day 3	FRC 3 Seek									4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1 4E38 EL Rm				2 Respect/2 Integrity/2 Resilience/ 2 Care 2L36 2 Respect		3 Seek/3 Strive /3 Soar/3 Innovate 3E31 3 Seek													
	Day 4	FRC 3 Seek	3 Seek CCE 3 Seek									3 Seek/3 Strive /3 Soar/3 Innovate 3E31 3 Seek						3 Seek 3PL2 3 Innovate												
	Day 5	FRC 3 Seek	3 Seek 3PL2 3 Strive			4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1 4E38 EL Rm																								

Teacher Daniel Woon

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 1 Resilience 1 Resilience	3 Respect/3 Integrity/3 Resilience			4 Seek/4 Strive/4 Soar/4 Innovate			4A32						1 Respect/1 Integrity/1 Resilience/ 1 Care			1M36			2 Respect/2 Integrity/2 Resilience/2 Care			2M26			2 Resilience					
	Day 2	FRC 1 Resilience 1 Resilience	1 Respect/1 Integrity/1 Resilience/ 1 Care			1M36						3 Respect/3 Integrity/3 Resilience			3M37			FTGP			1 Respect			2 Respect/2 Integrity/2 Resilience/ 2 Care			2M26			4 Seek/4 Strive/4 Soar/4 Innovate		
	Day 3	FRC 1 Resilience 1 Resilience	2 Respect/2 Integrity/2 Resilience/ 2 Care			1 Respect/1 Integrity/1 Resilience/ 1 Care			1M36						4 Seek/4 Strive/4 Soar/4 Innovate			4A32			4 Strive			Timetabled Time (PLT)			Board Rm					
	Day 4	FRC 1 Resilience 1 Resilience	1 Respect			CCE			1M36			1 Respect/1 Integrity/1 Resilience/ 1 Care						FTGP			2 Respect/2 Integrity/2 Resilience/ 2 Care			2M26			2 Resilience					
	Day 5	FRC 1 Resilience 1 Resilience							Timetabled Time (PLT)						Board Rm																	
Even Week	Day 1	FRC 1 Resilience 1 Resilience				1 Respect/1 Integrity/1 Resilience/ 1 Care			1M36			4 Seek/4 Strive/4 Soar/4 Innovate			4A32						2 Respect/2 Integrity/2 Resilience/ 2 Care			2M26								
	Day 2	FRC 1 Resilience 1 Resilience	1 Respect			FTGP			1M36			2 Respect/2 Integrity/2 Resilience/ 2 Care			2M26																	
	Day 3	FRC 1 Resilience 1 Resilience				2 Respect/2 Integrity/2 Resilience/ 2 Care			2M26						3 Respect/3 Integrity/3 Resilience			3M37			3 Integrity			4 Seek/4 Strive/4 Soar/4 Innovate			4A32			4 Strive		
	Day 4	FRC 1 Resilience 1 Resilience	1 Respect			CCE			1M36			1 Respect/1 Integrity/1 Resilience/ 1 Care			3M37			Timetabled Time (PLT)			Board Rm						4 Seek/4 Strive/4 Soar/4 Innovate			4A32		
	Day 5	FRC 1 Resilience 1 Resilience	1 Respect			3 Respect/3 Integrity/3 Resilience			3M37			2 Respect/2 Integrity/2 Resilience/ 2 Care			2M26			1 Respect/1 Integrity/1 Resilience/ 1 Care			1M36			1 Respect								

Teacher Darwina

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Innovate 1 Innovate	1 Seek/1 Strive/1 Soar/1 Innovate 1E31 4 Seek								1 Respect/1 Integrity/1 Resilience 1 Care 1 Respect																			
	Day 2	FRC 1 Innovate 1 Innovate	4 Respec/4 Integrity/4 Resilience 4 Care/5N1 4E36 4 Respect												FTGP 1 Innovate				1 Respect/1 Integrity/1 Resilience 1 Care 1 Respect	1E36 1 Respect	1 Seek/1 Strive/1 Soar/1 Innovate 1E31 1 Seek									
	Day 3	FRC 1 Innovate 1 Innovate	1 Respect/1 Integrity/1 Resilience 1 Care 1E36 1 Respect		4 Respect/4 Integrity/4 Resilience 4 Care/5N1 4E36 4 Respect													1 Respect/1 Strive/1 Soar/1 Innovate 1E31 1 Seek												
	Day 4	FRC 1 Innovate 1 Innovate	1 Innovate CCE 1 Innovate															4 Respect/4 Integrity/4 Resilience 4 Care/5N1 4E36 4 Respect												
	Day 5	FRC 1 Innovate 1 Innovate			4 Respect/4 Integrity/4 Resilience 4 Care/5N1 4E36 4 Respect						1 Respect/1 Integrity/1 Resilience 1 Care 1 Respect	1E36 1 Respect	1E31 1 Seek																	
Even Week	Day 1	FRC 1 Innovate 1 Innovate									4 Respect/4 Integrity/4 Resilience 4 Care/5N1 4E36 4 Respect														Timetabled Time (PLT)					
	Day 2	FRC 1 Innovate 1 Innovate	1 Innovate FTGP 1 Innovate								1 Seek/1 Strive/1 Soar/1 Innovate 1E31 1 Seek	1 Respect/1 Integrity/1 Resilience 1 Care 1 Respect	1E36 1 Respect																	
	Day 3	FRC 1 Innovate 1 Innovate									4 Respect/4 Integrity/4 Resilience 4 Care/5N1 4E36 4 Respect														1 Respect/1 Integrity/1 Resilience 1 Care 1 Respect	1E31 1 Respect	1E36 1 Respect			
	Day 4	FRC 1 Innovate 1 Innovate	1 Innovate CCE 1 Innovate													1 Seek/1 Strive/1 Soar/1 Innovate 1E31 1 Seek			1 Respect/1 Integrity/1 Resilience 1 Care 1 Respect	1E36 1 Respect										
	Day 5	FRC 1 Innovate 1 Innovate	1 Respect/1 Integrity/1 Resilience 1 Care 1E36 1 Respect			4 Respect/4 Integrity/4 Resilience 4 Care/5N1 4E36 4 Respect										1 Seek/1 Strive/1 Soar/1 Innovate 1E31 1 Seek														

Teacher Evon Tan

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00	
Odd Week	Day 1									3 Soar/3 Innovate							3 Respect/3 Integrity /3 Resilience	2 Respect/2 Integrity/2 Resilience/2 Care													
	Day 2									3 Soar/3 Innovate							3A26	2M37													
	Day 3	2 Respect/2 Integrity/2 Resilience/ 2 Care	2M37							3 Soar							3 Respect/3 Integrity /3 Resilience	2 Respect/2 Integrity/2 Resilience	3 Respect /3 Integrity /3 Resilience												
	Day 4		CCE														2M37	3A26													
	Day 5					Timetabled Time (PLT)	Board Rm	3 Soar/3 Innovate	3M21	3 Soar							2 Respect/2 Integrity/2 Resilience 2 Care	2 Respect/2 Integrity/2 Resilience	3 Respect /3 Integrity /3 Resilience												
Even Week	Day 1				3 Soar/3 Innovate				3M21								2M37									3 Respect /3 Integrity /3 Resilience					
	Day 2							2 Respect/2 Integrity/2 Resilience/ 2 Care	2M37							3 Respect /3 Integrity /3 Resilience									3A26						
	Day 3	3 Respect /3 Integrity /3 Resilience	3A26		2 Respect/2 Integrity/2 Resilience 2 Care	2M37					3 Soar/3 Innovate					3M21															
	Day 4		CCE							3 Soar						3 Soar															
	Day 5		3 Soar/3 Innovate	3M21						2 Respect/2 Integrity/2 Resilience/ 2 Care	2M37					2 Integrity															

Teacher Fahmy Said

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Seek	3 Strive /3 Innovate						2 Innovate			Art			2 Innovate								Timetabled Time (PLT)							
	Day 2	FRC 2 Seek													FTGP			2 Seek						5N1			4R36			
	Day 3	FRC 2 Seek	2 Soar						2 Seek			Art			2 Seek					5N1			3 Strive /3 Innovate							
	Day 4	FRC 2 Seek	2 Seek			CCE						Art			2 Strive					3 Strive /3 Innovate			5N1			4R36				
	Day 5	FRC 2 Seek																												
Even Week	Day 1	FRC 2 Seek	2 Innovate																					3 Strive /3 Innovate						
	Day 2	FRC 2 Seek	FTGP						2 Strive			Art			2 Strive					5N1			3 Strive /3 Innovate							
	Day 3	FRC 2 Seek										2 Soar			Art			2 Soar					5N1			4R36				
	Day 4	FRC 2 Seek	2 Seek			CCE														5N1			3 Strive /3 Innovate							
	Day 5	FRC 2 Seek							2 Seek			Art			2 Seek															

Teacher Gary Sim

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
		Day 1	Day 2	Day 3	Day 4	Day 5																								
Odd Week	Day 1						4 Respect/4 Integrity/4 Resilience 4 Care	4P36					3 Seek/3 Strive /3 Soar					4 Seek/4 Strive/4 Soar/4 Innovate												
	Day 2												3P31					4PP1												
	Day 3						Timetabled Time (PLT)	Board Rm					3 Strive																	
	Day 4						4 Seek/4 Strive/4 Soar/4 Innovate	4PP1					3 Respect					3P31												
	Day 5												LT@3																	
Even Week	Day 1						3 Respect	3PP6					3 Seek/3 Strive /3 Soar					4 Seek/4 Strive/4 Soar/4 Innovate												
	Day 2												3P31					4PP1												
	Day 3												LT@3																	
	Day 4												4 Seek/4 Strive/4 Soar/4 Innovate					4P36												
	Day 5												3 Respect					4P36												

Teacher Germaine Goh

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Resilience								4 Seek/4 Strive/4 Soar/4 Innovate				3 Resilience/3 Care																
	Day 2	FRC 3 Resilience	4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1	4E37	3O37	3 Integrity				4 Seek/4 Strive/4 Soar/4 Innovate	4E31	4 Seek		FTGP		3 Resilience														
	Day 3	FRC 3 Resilience				4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1	4E37	4 Integrity							3 Resilience/3 Care			3E26	3 Resilience			3 Respect/3 Integrity								
	Day 4	FRC 3 Resilience	3 Resilience	CCE										4 Seek/4 Strive/4 Soar/4 Innovate		4E31	4 Seek		4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1	4E37	4 Integrity	3E26	3 Resilience							
	Day 5	FRC 3 Resilience	3 Resilience/3 Care		3E26	4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1	4E37	4 Integrity			4 Seek/4 Strive/4 Soar/4 Innovate	4E31	4 Seek																	
Even Week	Day 1	FRC 3 Resilience	4 Seek/4 Strive/4 Soar/4 Innovate	4E31	4 Seek	3 Resilience/3 Care	3E26	3 Resilience	4 Integrity	4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1	4E37													Timetabled Time (PLT)						
	Day 2	FRC 3 Resilience	3 Resilience	FTGP	3 Resilience				4 Seek/4 Strive/4 Soar/4 Innovate	4E31	4 Seek			4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1	4E37	4 Integrity			3 Respect/3 Integrity			3O37	3 Resilience							
	Day 3	FRC 3 Resilience				3 Resilience/3 Care	3E26	3 Resilience	4 Integrity	4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1	4E37				4 Seek/4 Strive/4 Soar/4 Innovate		4E31	4 Seek						Timetabled Time (PLT)			Board Rm,TL Rm			
	Day 4	FRC 3 Resilience	3 Resilience	CCE	3 Resilience				4 Seek/4 Strive/4 Soar/4 Innovate	4E31	4 Seek			3 Respect/3 Integrity		3O37	3 Resilience													
	Day 5	FRC 3 Resilience	3 Resilience/3 Care		3E26	4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1	4E37	4 Integrity						3 Resilience/3 Care		3E26	3 Resilience													

Teacher Muhd Hafiz

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	Discipline				4 Respect/4 Integrity/4 Resilience/ 4 Care						3 Seek/3 Strive /3 Innovate																		
	Day 2	Discipline				4B37						3B31																		
	Day 3	Discipline				Timetabled Time (PLT)		5N1		5B26		TS6							3 Seek											
	Day 4	Discipline				4 Seek/4 Strive/4 Soar/4 Innovate						3 Resilience/3 Care							TS5											
	Day 5	Discipline				4B22		4 Strive				3B26							TS5											
Even Week	Day 1	Discipline Hafiz										3 Seek/3 Strive /3 Innovate							5N1		5B26									
	Day 2	Discipline										3B31							TS5											
	Day 3	Discipline										4 Seek/4 Strive/4 Soar/4 Innovate							4 Strive		3B26									
	Day 4	Discipline				5N1		5B26				4B37							TS5		4B37									
	Day 5	Discipline				TS6						4 Respect/4 Integrity/4 Resilience/ 4 Care									4 Seek/4 Strive/4 Soar/4 Innovate									

Teacher Ong Hai Ling

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Care					4 Seek/4 Strive/4 Soar/4 Innovate	4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1										1 Seek/1 Strive/1 Soar/1 Innovate												
	Day 2	FRC 4 Care					3 Seek/3 Strive	3A32	4 Seek					FTGP4	4 Care			1 Seek/1 Strive/1 Soar/1 Innovate	1M32	1 Strive										
	Day 3	FRC 4 Care	1 Seek/1 Strive/1 Soar/1 Innovate	1M32	1 Strive								4 Seek/4 Strive/4 Soar/4 Innovate	4A31	4 Seek			4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1	4M37	4 Integrity	4 Seek	4A31								
	Day 4	FRC 4 Care	4 Care/5N1	CCE4	4 Care				4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1	4M37	3 Seek/3 Strive			3A32	3 Strive			1 Seek/1 Strive/1 Soar/1 Innovate	1M32	1 Strive										
	Day 5	FRC 4 Care	3 Seek/3 Strive	3A32	3 Strive	Timetabled Time (PLT)	Board Rm																							
Even Week	Day 1	FRC 4 Care											4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1	4M37	4 Integrity			1 Seek/1 Strive/1 Soar/1 Innovate	1M32	1 Strive										
	Day 2	FRC 4 Care	4 Care/5N1	FTGP4	4 Care								1 Seek/1 Strive/1 Soar/1 Innovate	1M32	1 Strive	3 Seek/3 Strive	3A32	3 Strive	4 Seek/4 Strive/4 Soar/4 Innovate	4A31	4 Seek									
	Day 3	FRC 4 Care	4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1	4M37	4 Integrity	1 Seek/1 Strive/1 Soar/1 Innovate	1M32	1 Strive					3 Seek/3 Strive	3A32	3 Strive			4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1	4A31	4 Seek										
	Day 4	FRC 4 Care	4 Care/5N1	CCE4	4 Care				Timetabled Time (PLT)		Board Rm		3 Seek/3 Strive	3A32	3 Strive			4 Seek/4 Strive/4 Soar/4 Innovate	4A31	4 Seek										
	Day 5	FRC 4 Care	1 Seek/1 Strive/1 Soar/1 Innovate	1M32	1 Strive				4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1	4M37	4 Integrity						3 Seek/3 Strive	3A32	3 Strive	4 Seek/4 Strive/4 Soar/4 Innovate	4A31	4 Seek								

Teacher Helen Tan

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1														4 Respect/4 Integrity/4 Resilience/ 4 Care		4G38													
	Day 2															4 Seek/4 Strive/4 Soar/4 Innovate		4G32												
	Day 3						4 Seek/4 Strive/4 Soar/ 4 Innovate		4G32																					
	Day 4					4 Respect/4 Integrity/4 Resilience 4 Care		4G38		HIVE																				
	Day 5																													
Even Week	Day 1															4 Seek/4 Strive/4 Soar/4 Innovate		4G32												
	Day 2							4 Respect/4 Integrity/4 Resilience/4 Care		4G38						4 Seek/4 Strive/4 Soar/4 Innovate		4G32												
	Day 3								HIVE							4 Respect/4 Integrity/4 Resilience 4 Care		4G38												
	Day 4																	HIVE												
	Day 5																													

Teacher Herdaninseh

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Soar																												
	Day 2	FRC 2 Soar				4 Seek/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care/5N1	4ML2								2 Soar	FTGP	2 Soar	2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2ML7 2 Resilience												
	Day 3	FRC 2 Soar	4 Seek/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care/5N1	4ML2											1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Resilience/1 Care	1ML1		2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2ML7 2 Resilience												
	Day 4	FRC 2 Soar	2 Soar	CCE					2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2ML7 2 Resilience					1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Resilience/1 Care	1ML1		2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2ML7 2 Resilience													
	Day 5	FRC 2 Soar				1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Resilience/1 Care	1ML1								4 Seek/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care/5N1	4ML2		4 Integrity												
Even Week	Day 1	FRC 2 Soar	1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Resilience/1 Care	1ML1				4 Seek/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care/5N1	4ML2									2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2ML7 2 Resilience												
	Day 2	FRC 2 Soar	2 Soar	FTGP											1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Resilience/1 Care	1ML1		2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2ML7 2 Resilience												
	Day 3	FRC 2 Soar	1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Resilience/1 Care	1ML1											4 Seek/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care/5N1	4ML2		2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2ML7 2 Resilience												
	Day 4	FRC 2 Soar	2 Soar	CCE											1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Resilience/1 Care	1ML1		4 Integrity												
	Day 5	FRC 2 Soar	4 Seek/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care/5N1	4ML2											2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2ML7 2 Resilience			2 Resilience												

Teacher Tay Hoon Lay

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Innovate 1 Innovate	2 Innovate	PE	Hall	2 Integrity	PE	Hall		3 Care	PE	Field 2																		
	Day 2	FRC 1 Innovate 1 Innovate	4 Innovate	PE	BBC					1 Innovate	PE	ISH	FTGP	1 Innovate																
	Day 3	FRC 1 Innovate 1 Innovate	3 Innovate	PE	Field 1	2 Integrity	PE	Hall		4 Innovate	PE	ISH								1 Resilience	PE	Hall								
	Day 4	FRC 1 Innovate 1 Innovate	1 Innovate	CCE	1 Innovate					3 Care	PE	Field 2		1 Innovate	PE	ISH				1 Resilience	PE	Hall								
	Day 5	FRC 1 Innovate 1 Innovate									3 Innovate	PE	Field 1	2 Innovate	PE	Field 1														
Even Week	Day 1	FRC 1 Innovate 1 Innovate								3 Care	PE	Parade Square	4 Innovate	PE	Parade Square															
	Day 2	FRC 1 Innovate 1 Innovate	1 Innovate	FTGP	1 Innovate	3 Innovate	PE	PE	Hall				2 Integrity	PE	BBC				1 Resilience	PE	ISH									
	Day 3	FRC 1 Innovate 1 Innovate	2 Integrity	PE	Hall	1 Resilience	PE	Hall							2 Innovate	PE	ISH		1 Innovate	PE	ISH									
	Day 4	FRC 1 Innovate 1 Innovate	1 Innovate	CCE	1 Innovate	3 Care	PE	Field 2		4 Innovate	PE	Parade Square																		
	Day 5	FRC 1 Innovate 1 Innovate				3 Innovate	PE	ISH	2 Innovate	PE	BBC																			

Teacher Zul Idham

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Innovate						2 Seek/2 Strive/2 Soar 2 Innovate	4 Seek/4 Strive/4 Soar/4 Innovate								3 Soar/3 Innovate													
	Day 2	FRC 3 Innovate						2 Seek/2 Strive/2 Soar 2 Innovate	4 Seek/4 Strive/4 Soar/4 Innovate	EL (Elective) 11	4E11	FTGP					3 Soar/3 Innovate													
	Day 3	FRC 3 Innovate						2 Innovate	4 Innovate			3 Innovate					3 Innovate													
	Day 4	FRC 3 Innovate	3 Innovate	CCE	3E11					4 Seek/4 Strive/4 Soar/4 Innovate	4E11					2 Seek/2 Strive/2 Soar/2 Innovate														
	Day 5	FRC 3 Innovate	2 Seek/2 Strive/2 Soar/2 Innovate	2E11				2 Innovate		4 Seek/4 Strive/4 Soar/4 Innovate	4E11	3E11				2 Innovate														
Even Week	Day 1	FRC 3 Innovate	4 Seek/4 Strive/4 Soar/4 Innovate	4E11												2 Seek/2 Strive/2 Soar/2 Innovate		3 Soar/3 Innovate		Timetabled Time (PLT)										
	Day 2	FRC 3 Innovate	FTGP	3 Innovate				4 Seek/4 Strive/4 Soar/4 Innovate	3 Soar/3 Innovate	4E11	3E11					2 Innovate		3 Innovate		Board Rm										
	Day 3	FRC 3 Innovate	2 Seek/2 Strive/2 Soar/2 Innovate	2E11				2 Innovate		4 Seek/4 Strive/4 Soar/4 Innovate	4E11	4 Innovate				4 Seek/4 Strive/4 Soar/4 Innovate		3 Soar/3 Innovate												
	Day 4	FRC 3 Innovate	3 Innovate	CCE	3E11					4 Innovate	2E11				3 Soar/3 Innovate															
	Day 5	FRC 3 Innovate																												

2026 Semester 1 Timetable

Teacher Imran

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Integrity									2 Respect/2 Integrity/2 Resilience/2 Care	4 Respect/4 Integrity/4 Resilience/4 Care			2 Respect/2 Integrity/2 Resilience/2 Care	2 Respect/2 Integrity/2 Resilience/2 Care	2 Seek/2 Strive/2 Soar/2 Innovate													
	Day 2	FRC 2 Integrity			3 Respect/3 Resilience 3 Care	3G26					2016	4G26			2G37	2 Integrity	2G32	2 Strive												
	Day 3	FRC 2 Integrity						4 Seek/4 Strive/4 Soar 4 Innovate	4G21	3 Seek/3 Strive					2 Integrity	4 Seek/4 Strive/4 Soar/4 Innovate	2 Seek/2 Strive/2 Soar/2 Innovate	2011	HIVE	2 Innovate										
	Day 4	FRC 2 Integrity	2 Integrity	CCE	4 Respect/4 Integrity/4 Resilience 4 Care	4G26			3 Seek/3 Strive	3G32		2016	2011																	
	Day 5	FRC 2 Integrity						4 Respect		Instr Area	2 Care	2 Innovate																		
Even Week	Day 1	FRC 2 Integrity	2 Respect/2 Integrity/2 Resilience/2 Care	2G37	2016						2 Seek/2 Strive/2 Soar/2 Innovate				4 Seek/4 Strive/4 Soar/4 Innovate															
	Day 2	FRC 2 Integrity	2 Integrity	FTGP	2016						2011				4G21															
	Day 3	FRC 2 Integrity			2 Seek/2 Strive/2 Soar/2 Innovate	2 Strive			4 Respect/4 Integrity/4 Resilience/4 Care	4G26	2G37				4 Seek/4 Strive/4 Soar/4 Innovate	3 Respect/3 Resilience/3 Care														
	Day 4	FRC 2 Integrity	2 Integrity	CCE	3 Seek/3 Strive	3G32			4 Respect	2 Integrity				4G21	3G26															
	Day 5	FRC 2 Integrity			2 Seek/2 Strive/2 Soar/2 Innovate	2011					3 Integrity																			

Teacher Jacqueline Lee

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1																													
	Day 2																													
	Day 3																													
	Day 4																													
	Day 5																													
Even Week	Day 1																													
	Day 2																													
	Day 3																													
	Day 4																													
	Day 5																													

Teacher Nuruljannah

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Strive	4 Seek/4 Strive/4 Soar/4 Innovate 4M22 Math Rm												2 Seek/2 Strive/2 Soar/2 Innovate 2M21 2 Soar			4 Respect/4 Integrity/4 Resilience/4 Care 4A36 Math Rm												
	Day 2	FRC 2 Strive	2 Seek/2 Strive/2 Soar/2 Innovate 2M21 2 Soar												2 Strive FTGP 2 Strive	4 Respect/4 Integrity/4 Resilience 4 Care 4A36 4 Respect														
	Day 3	FRC 2 Strive						2 Seek/2 Strive/2 Soar/2 Innovate 2M21 2 Soar							4 Respect/4 Integrity/4 Resilience 4 Care 4A36 4 Respect	4 Seek/4 Strive/4 Soar/4 Innovate 4M22 Math Rm	Timetabled Time (PLT)													
	Day 4	FRC 2 Strive	2 Strive CCE 2 Strive													4 Seek/4 Strive/4 Soar/4 Innovate 4M22 Math Rm														
	Day 5	FRC 2 Strive	4 Seek/4 Strive/4 Soar/4 Innovate 4M22 Math Rm							2 Seek/2 Strive/2 Soar/2 Innovate 2M21 2 Soar																				
Even Week	Day 1	FRC 2 Strive							2 Seek/2 Strive/2 Soar/2 Innovate 2M21 2 Soar								4 Respect/4 Integrity/4 Resilience 4 Care 4A36 4 Respect													
	Day 2	FRC 2 Strive	2 Strive FTGP 2 Strive						2 Seek/2 Strive/2 Soar/2 Innovate 2M21 2 Soar		4 Respect/4 Integrity/4 Resilience 4 Care 4A36 4 Respect						4 Seek/4 Strive/4 Soar/4 Innovate 4M22 Math Rm													
	Day 3	FRC 2 Strive						4 Seek/4 Strive/4 Soar/4 Innovate 4M22 Math Rm									4 Respect/4 Integrity/4 Resilience/ 4 Care 4A36 4 Respect													
	Day 4	FRC 2 Strive	2 Strive CCE 2 Strive		2 Seek/2 Strive/2 Soar/2 Innovate 2M21 2 Soar										4 Respect/4 Integrity/4 Resilience/ 4 Care 4A36 Math Rm															
	Day 5	FRC 2 Strive	4 Seek/4 Strive/4 Soar/4 Innovate 4M22 Math Rm						2 Seek/2 Strive/2 Soar/2 Innovate 2M21 2 Soar																					

Teacher Mrs Jaya

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1																													
	Day 2																													
	Day 3																													
	Day 4																													
	Day 5																													
Even Week	Day 1																													
	Day 2																													
	Day 3																													
	Day 4																													
	Day 5																													

Teacher Jeremy Loy

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10 8:10	2 8:30 8:30	3 8:50 8:50	4 9:10 9:10	5 9:30 9:30	6 9:50 9:50	7 10:10 10:10	8 10:30 10:30	9 10:50 10:50	10 11:10 11:10	11 11:30 11:30	12 11:50 11:50	13 12:10 12:10	14 12:30 12:30	15 12:50 12:50	16 13:10 13:10	17 13:30 13:30	18 13:50 13:50	19 14:10 14:10	20 14:30 14:30	21 14:50 14:50	22 15:10 15:10	23 15:30 15:30	24 15:50 15:50	25 16:10 16:10	26 16:30 16:30	27 17:10 17:10	28 18:00
		FRC 4 Resilience	2 Soar 2D12 D&T Workshop 1						2 Seek 2D11 D&T Workshop 1						1 Innovate 1D11 D&T Workshop 1				Timetabled Time (PLT) D&T Tech Rm											
Odd Week	Day 1																													
	Day 2	FRC 4 Resilience				1 Seek 1D11 D&T Workshop 1			1 Strive 1D11 D&T Workshop 1		4 Resilience/5N1 FTGP3 4 Resilience							3 Integrity 3D36 D&T Workshop 1,D&T Workshop 2, 3 Resilience			4 Respect/4 Integrity/4 Resilience/ 4 Care 4D36 D&T Workshop 3,D&T Workshop 1									
	Day 3	FRC 4 Resilience	2 Strive 2D12 D&T Workshop 1															4 Respect/4 Integrity/4 Resilience/ 4 Care 4D36 D&T Workshop 3,D&T Workshop 2												
	Day 4	FRC 4 Resilience	4 Resilience/5N1 CCE3 4 Resilience		3 Integrity 3D36 D&T Workshop 1,D&T Workshop 2, 3 Resilience			2 Innovate 2D11 D&T Workshop 1		1 Soar 1D11 D&T Workshop 1								4 Respect/4 Integrity/4 Resilience/ 4 Care 4D36 D&T Workshop 3,D&T Workshop 1												
	Day 5	FRC 4 Resilience	1 Respect 1D11 D&T Workshop 1		3 Integrity 3D36 D&T Workshop 1,D&T Workshop 2, 3 Resilience																									
Even Week	Day 1	FRC 4 Resilience			1 Innovate 1D11 D&T Workshop 1					1 Seek 1D11 D&T Workshop 1							3 Integrity 3D36 D&T Workshop 1,D&T Workshop 2, 3 Resilience													
	Day 2	FRC 4 Resilience	4 Resilience/5N1 FTGP3 4 Resilience		1 Soar 1D11 D&T Workshop 1				2 Seek 2D11 D&T Workshop 1		2 Innovate 2D11 D&T Workshop 1						4 Respect/4 Integrity/4 Resilience/ 4 Care 4D36 D&T Workshop 3,D&T Workshop 1		3 Integrity 3D36 D&T Workshop 1,D&T Workshop 2, 3 Resilience											
	Day 3	FRC 4 Resilience			1 Respect 1D11 D&T Workshop 1					2 Strive 2D12 D&T Workshop 1				3 Integrity 3D36 D&T Workshop 1,D&T Workshop 2, 3 Resilience				4 Respect/4 Integrity/4 Resilience/ 4 Care 4D36 D&T Workshop 3,D&T Workshop 1												
	Day 4	FRC 4 Resilience	4 Resilience/5N1 CCE3 4 Resilience															4 Respect/4 Integrity/4 Resilience/ 4 Care 4D36 D&T Workshop 3,D&T Workshop 2												
	Day 5	FRC 4 Resilience			1 Strive 1D11 D&T Workshop 1				2 Soar 2D12 D&T Workshop 1																					

Teacher Joan Chin

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Respect								3 Seek/3 Strive /3 Soar	2 Seek/2 Strive/2 Soar/2 Innovate					3 Respect /3 Integrity	1 Seek/1 Strive/1 Soar/1 Innovate													
	Day 2	FRC 3 Respect	2 Seek/2 Strive/2 Soar/2 Innovate	2M31 2 Seek					3 Seek/3 Strive /3 Soar	3M32 3 Strive	2M31 3 Respect					3 Respect	1 Seek/1 Strive/1 Soar/1 Innovate	1M21 1 Soar												
	Day 3	FRC 3 Respect	1 Seek/1 Strive/1 Soar/1 Innovate	1M21 1 Soar			2 Seek/2 Strive/2 Soar/2 Innovate	2M31 2 Seek	3 Respect /3 Integrity	3A36 3 Respect								Timetabled Time (PLT)												
	Day 4	FRC 3 Respect	3 Respect	CCE 3 Respect													1 Seek/1 Strive/1 Soar/1 Innovate	1M21 1 Soar			3 Respect /3 Integrity	3A36 3 Respect								
	Day 5	FRC 3 Respect				Timetabled Time (PLT)	3 Seek/3 Strive /3 Soar	3M32 3 Strive	2 Seek/2 Strive/2 Soar/2 Innovate	2M31 2 Seek																				
Even Week	Day 1	FRC 3 Respect			3 Seek/3 Strive /3 Soar	3M32 3 Strive		2 Seek/2 Strive/2 Soar/2 Innovate	2M31 2 Seek							1 Seek/1 Strive/1 Soar/1 Innovate	1M21 1 Soar			3 Respect /3 Integrity	3A36 3 Respect									
	Day 2	FRC 3 Respect	3 Respect	FTGP 3 Respect			2 Seek/2 Strive/2 Soar/2 Innovate	2M31 2 Seek	3 Respect /3 Integrity	3A36 3 Respect	1 Seek/1 Strive/1 Soar/1 Innovate	1M21 1 Soar																		
	Day 3	FRC 3 Respect	3 Respect /3 Integrity	3A36 3 Respect	1 Seek/1 Strive/1 Soar/1 Innovate	1M21 1 Soar		3 Seek/3 Strive /3 Soar	3M32 3 Strive																					
	Day 4	FRC 3 Respect	3 Respect	CCE 3 Respect	2 Seek/2 Strive/2 Soar/2 Innovate	2M31 2 Seek		3 Seek/3 Strive /3 Soar	3M32 3 Strive																					
	Day 5	FRC 3 Respect	1 Seek/1 Strive/1 Soar/1 Innovate	1M21 1 Soar			2 Seek/2 Strive/2 Soar/2 Innovate	2M31 2 Seek	3 Seek/2 Strive/2 Soar/2 Innovate	2M31 2 Seek																				

Teacher Jonathan Ong

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00	
Odd Week	Day 1	FRC 4 Strive															4 Respect/4 Integrity/4 Resilience/ 4 Care	4H26													
	Day 2	FRC 4 Strive							2 Seek/2 Strive/2 Soar/ 2 Innovate	2H32							4 Strive	4 Seek/4 Strive/4 Soar/ 4 Innovate													
	Day 3	FRC 4 Strive	3 Respect/3 Integrity					4 Seek/4 Strive/4 Soar/ 4 Innovate	4H31	3 Seek/3 Strive																					
	Day 4	FRC 4 Strive	4 Strive	CCE			4 Respect/4 Integrity/4 Resilience/ 4 Care	4H26		3 Seek/3 Strive		3H32		2H37		2 Integrity															
	Day 5	FRC 4 Strive							LT@3				4O32		3H37																
Even Week	Day 1	FRC 4 Strive			2 Respect/2 Integrity/2 Resilience/ 2 Care	2H37											4 Seek/4 Strive/4 Soar/4 Innovate														
	Day 2	FRC 4 Strive	4 Strive	FTGP						4H26				LT@3				4 Seek/4 Strive/4 Soar/4 Innovate													
	Day 3	FRC 4 Strive					3 Seek/3 Strive	3H32		4O32							4 Respect/4 Integrity/4 Resilience/ 4 Care	4H26												Timetabled Time (PLT)	Board Rm,TL Rm
	Day 4	FRC 4 Strive	4 Strive	CCE			3 Seek/3 Strive	3H32			4 Seek						3 Respect/3 Integrity	3H37													
	Day 5	FRC 4 Strive					2 Seek/2 Strive/2 Soar/2 Innovate	2H32					4 Seek/4 Strive/4 Soar/4 Innovate		3 Respect /3 Integrity		3H37														

2026 Semester 1 Timetable

Teacher Phua Joo Shian

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Innovate					4 Seek/4 Strive/4 Soar/4 Innovate				2 Care					4 Respect/4 Integrity/4 Resilience/ 4 Care		4 Respect/4 Integrity/4 Resilience/ 4 Care												
	Day 2	FRC 2 Innovate	2 Resilience	2D11	D&T Workshop 1		4D21	D&T Workshop 1			2D11	D&T Workshop 1				4D16	D&T Workshop 3	Timetabled Time (PLT)	D&T Tech Rm											
	Day 3	FRC 2 Innovate	2 Strive	2D11	D&T Workshop 2					4 Respect/4 Integrity/4 Resilience/ 4 Care	4D16	D&T Workshop 3	4 Seek/4 Strive/4 Soar/4 Innovate	D&T Workshop 1	4D21	1 Care	1D11	D&T Workshop 1	4 Seek/4 Strive/4 Soar/4 Innovate	D&T Workshop 1										
	Day 4	FRC 2 Innovate	2 Innovate	CCE	4D16	D&T Workshop 3	4 Respect/4 Integrity/4 Resilience/ 4 Care			2 Innovate	2D12	D&T Workshop 2			1 Integrity	1D11	D&T Workshop 1													
	Day 5	FRC 2 Innovate			2 Innovate	D&T Workshop 3				2 Integrity	2D11	D&T Workshop 1	2 Respect	D&T Workshop 1	2D11	1 Resilience	1D11	D&T Workshop 1												
Even Week	Day 1	FRC 2 Innovate	4 Respect/4 Integrity/4 Resilience/ 4 Care	4D16	D&T Workshop 3				4 Seek/4 Strive/4 Soar/4 Innovate	4D21	D&T Workshop 1				1 Care	1D11	D&T Workshop 1													
	Day 2	FRC 2 Innovate	2 Innovate	FTGP	2 Innovate				4 Respect/4 Integrity/4 Resilience/ 4 Care	4D16	D&T Workshop 3	2 Innovate	2D12	D&T Workshop 2	1 Resilience	1D11	D&T Workshop 1													
	Day 3	FRC 2 Innovate	4 Seek/4 Strive/4 Soar/4 Innovate	4D21	D&T Workshop 1				1 Integrity	1D11	D&T Workshop 1	2 Strive	2D11	D&T Workshop 2																
	Day 4	FRC 2 Innovate	2 Innovate	CCE	4D16	D&T Workshop 3	4 Respect/4 Integrity/4 Resilience/ 4 Care			2 Resilience	2D11	D&T Workshop 1	2 Integrity	2D11	D&T Workshop 1	4 Seek/4 Strive/4 Soar/4 Innovate	4D21	D&T Workshop 1												
	Day 5	FRC 2 Innovate	2 Respect	2D11	D&T Workshop 1					2 Care	2D11	D&T Workshop 1																		

Teacher Ang Swee Siang

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1																													
	Day 2																													
	Day 3																													
	Day 4																													
	Day 5																													
Even Week	Day 1																													
	Day 2																													
	Day 3																													
	Day 4																													
	Day 5																													

2026 Semester 1 Timetable

Teacher Yeung Chun Nam

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Resilience	3 Soar/3 Innovate 3U11 Comp 1		4 Seek/4 Strive/4 Soar/4 Innovate 4U11 Comp 1									4 Respect/4 Integrity/4 Resilience/ 4 Care 4U16 Comp 1			2 Respect/2 Integrity/2 Resilience/ 2 Care 2M16 2 Care													
	Day 2	FRC 2 Resilience			3 Resilience/3 Care 3U16 Comp 1		4 Respect/4 Integrity/4 Resilience/ 4 Care 4U16 Comp 1	2 Resilience FTGP 2 Resilience							2 Respect/2 Integrity/2 Resilience/ 2 Care 2M16 2 Care															
	Day 3	FRC 2 Resilience	2 Respect/2 Integrity/2 Resilience/ 2 Care 2M16 2 Care						3 Resilience/3 Care 3U16 Comp 1		4 Seek/4 Strive/4 Soar/4 Innovate 4U11 Comp 1						Timetabled Time (PLT)													
	Day 4	FRC 2 Resilience	2 Resilience CCE 2 Resilience		3 Resilience/3 Care 3U16 Comp 1		3 Soar/3 Innovate 3U11 Comp 1									2 Respect/2 Integrity/2 Resilience/ 2 Care 2M16 2 Care														
	Day 5	FRC 2 Resilience	3 Soar/3 Innovate 3U11 Comp 1			4 Seek/4 Strive/4 Soar/4 Innovate 4U11 Comp 1	4 Respect/4 Integrity/4 Resilience/ 4 Care 4U16 Comp 1																							
Even Week	Day 1	FRC 2 Resilience	3 Resilience/3 Care 3U16 Comp 1													2 Respect/2 Integrity/2 Resilience/ 2 Care 2M16 2 Care			3 Soar/3 Innovate 3U11 Comp 1											
	Day 2	FRC 2 Resilience	2 Resilience FTGP 2 Resilience	4 Respect/4 Integrity/4 Resilience/ 4 Care 4U16 Comp 1	2 Respect/2 Integrity/2 Resilience/ 2 Care 2M16 2 Care			3 Resilience/3 Care 3U16 Comp 1							2 Respect/2 Integrity/2 Resilience/ 2 Care 2M16 2 Care			3 Soar/3 Innovate 3U11 Comp 1												
	Day 3	FRC 2 Resilience	3 Soar/3 Innovate 3U11 Comp 1	2 Respect/2 Integrity/2 Resilience/ 2 Care 2M16 2 Care			4 Seek/4 Strive/4 Soar/4 Innovate 4U11 Comp 1								4 Respect/4 Integrity/4 Resilience/ 4 Care 4U16 Comp 1															
	Day 4	FRC 2 Resilience	2 Resilience CCE 2 Resilience				4 Respect/4 Integrity/4 Resilience/ 4 Care 4U16 Comp 1		3 Resilience/3 Care 3U16 Comp 1		4 Seek/4 Strive/4 Soar/4 Innovate 4U11 Comp 1																			
	Day 5	FRC 2 Resilience					2 Respect/2 Integrity/2 Resilience/ 2 Care 2M16 2 Care			4 Seek/4 Strive/4 Soar/4 Innovate 4U11 Comp 1																				

Teacher Juanita

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Care 1 Care	1 Respect/1 Integrity/1 Resilience/ 1 Care	1 Seek/1 Strive/1 Soar/ 1 Innovate	1G21						2 Respect/2 Integrity/2 Resilience/ 2 Care					2 Respect/2 Integrity/2 Resilience/ 2 Care		2 Seek/2 Strive/2 Soar/2 Innovate												
		1 Care	1L26		1G21						2L26					2G26		2G21												
	Day 2	FRC 1 Care 1 Care	1 Seek/1 Strive/1 Soar/ 1 Innovate		1 Respect/1 Integrity/1 Resilience/ 1 Care	1G26					1 Care																			
		1 Care	1G21		1 Soar						FTGP					1 Care														
		1 Care			1 Resilience																									
Even Week	Day 3	FRC 1 Care 1 Care	3 Respect/3 Integrity /3 Resilience		3G37																									
		1 Care			3 Respect																									
	Day 4	FRC 1 Care 1 Care	1 Care	1 Seek/1 Strive/1 Soar/1 Innovate	CCE	1L21					2L26		4O16		1G26															
		1 Care			1 Care						2 Resilience		4 Care		1 Resilience															
	Day 5	FRC 1 Care 1 Care									3 Respect /3 Integrity /3 Resilience		3G37																	
Even Week	Day 1	FRC 1 Care 1 Care	2 Respect/2 Integrity/2 Resilience/2 Care		2G26						1 Respect/1 Integrity/1 Resilience/ 1 Care		1G26																	
		1 Care			2 Resilience						1 Resilience																			
	Day 2	FRC 1 Care 1 Care	1 Care	2 Seek/2 Strive/2 Soar/ 2 Innovate	FTGP	2G21					2 Respect/2 Integrity/2 Resilience/2 Care		2G26																	
		1 Care			1 Care						2 Resilience																			
	Day 3	FRC 1 Care 1 Care	4 Seek/4 Strive/4 Soar/ 4 Innovate		4O11						2 Seek/2 Strive/2 Soar/ 2 Innovate		2G21		1L21															
		1 Care			4 Innovate						1 Seek/1 Strive/1 Soar/ 1 Innovate		1L21																	
		1 Care									2 Soar		2G21		1L21															
Even Week	Day 4	FRC 1 Care 1 Care	1 Care	CCE	1 Care						3 Respect/3 Integrity /3 Resilience		3G37																	
		1 Care			1 Care						3 Respect																			
Even Week	Day 5	FRC 1 Care 1 Care									1 Seek/1 Strive/1 Soar/1 Innovate		1G21		3G37															
		1 Care									1 Soar																			

Teacher Justin Lee

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Innovate	1 Respect/1 Integrity/1 Resilience/ 1 Care	1L37						4 Seek/4 Strive/4 Soar/4 Innovate				3 Resilience/3 Care																
	Day 2	FRC 4 Innovate	4 Respect/4 Integrity/4 Resilience/ 4 Care	4E16						4 Seek/4 Strive/4 Soar/4 Innovate	4E22	EL Rm		3E16		3 Care														
	Day 3	FRC 4 Innovate				4 Respect/4 Integrity/4 Resilience/ 4 Care				4E16				3 Resilience/3 Care																
	Day 4	FRC 4 Innovate	4 Innovate	CCE	1L32				1 Seek/1 Strive/1 Soar/1 Innovate				4 Seek/4 Strive/4 Soar/4 Innovate	4E22	EL Rm		4 Respect/4 Integrity/4 Resilience/ 4 Care	4E16												
	Day 5	FRC 4 Innovate	3 Resilience/3 Care	3E16	4E16				4 Respect/4 Integrity/4 Resilience/ 4 Care				4 Seek/4 Strive/4 Soar/4 Innovate	4E22	EL Rm															
Even Week	Day 1	FRC 4 Innovate	4 Seek/4 Strive/4 Soar/4 Innovate	4E22	EL Rm				3 Resilience/3 Care	3E16	3 Care	4 Respect/4 Integrity/4 Resilience/ 4 Care	4E16					1 Respect/1 Integrity/1 Resilience/ 1 Care	1L37		Timetabled Time (PLT)									
	Day 2	FRC 4 Innovate	4 Innovate	FTGP	4 Innovate				4 Seek/4 Strive/4 Soar/4 Innovate	4E22	EL Rm		4 Respect/4 Integrity/4 Resilience/ 4 Care	4E16	1L32	4 Care	1 Seek/1 Strive/1 Soar/ 1 Innovate	1 Strive												
	Day 3	FRC 4 Innovate							3 Resilience/3 Care	3E16	3 Care	4 Respect/4 Integrity/4 Resilience/ 4 Care	4E16	1L32	1 Strive		1 Seek/1 Strive/1 Soar/ 1 Innovate	4E22	EL Rm											
	Day 4	FRC 4 Innovate	4 Innovate	CCE	4 Innovate				4 Seek/4 Strive/4 Soar/4 Innovate	4E22	EL Rm					3 Resilience/3 Care	3E16	1L37		1 Integrity										
	Day 5	FRC 4 Innovate	3 Resilience/3 Care	3E16	4E16				4 Respect/4 Integrity/4 Resilience/ 4 Care		4 Care					1 Respect/1 Integrity/1 Resilience/ 1 Care														

Teacher Kalpana

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Seek 1 Seek																												
	Day 2	FRC 1 Seek 1 Seek	3 Innovate/3 Resilience 3TL3 3 Care	4 Strive/4 Soar/4 Innovate/4 Respect/4 Care 4TL1	ESS Room										1 Seek	FTGP 1 Seek	2 Seek/2 Strive/2 Innovate/2 Integrity/2 Resilience/2 Care 2TL3	2 Care												
	Day 3	FRC 1 Seek 1 Seek	4 Strive/4 Soar/4 Innovate/4 Respect/4 Care 4TL1	ESS Room	3 Innovate/3 Resilience 3TL3 3 Care					1 Respect/1 Resilience 1TL9							2 Seek/2 Strive/2 Innovate/2 Integrity/2 Resilience/2 Care 2TL3	2 Care												
	Day 4	FRC 1 Seek 1 Seek	CCE 1 Seek				2 Seek/2 Strive/2 Innovate/2 Integrity/2 Resilience/2 Care 2TL3																							
	Day 5	FRC 1 Seek 1 Seek				1 Respect/1 Resilience 1TL9										4 Strive/4 Soar/4 Innovate/4 Respect/4 Care 4TL1	ESS Room	4TL1 4 Strive/4 Soar/4 Innovate/4 Respect/4 Care	ESS Room											
Even Week	Day 1	FRC 1 Seek 1 Seek					4 Strive/4 Soar/4 Innovate/4 Respect/4 Care 4TL1	ESS Room								3 Innovate/3 Resilience 3TL3 3 Care		2 Seek/2 Strive/2 Innovate/2 Integrity/2 Resilience/2 Care 2TL3	2 Care											
	Day 2	FRC 1 Seek 1 Seek	1 Seek	3 Innovate/3 Resilience 3TL3 3 Care	3 Seek/3 Strive /3 Respect /3 Integrity /3 Resilience 3TL2 3 Care											2 Seek/2 Strive/2 Innovate/2 Integrity/2 Resilience/2 Care 2TL3	2 Care													
	Day 3	FRC 1 Seek 1 Seek	1 Respect/1 Resilience 1TL9				3 Innovate/3 Resilience 3TL3 3 Care			4 Strive/4 Soar/4 Innovate/4 Respect/4 Care 4TL1	ESS Room						2 Seek/2 Strive/2 Innovate/2 Integrity/2 Resilience/2 Care 2TL3	2 Care												
	Day 4	FRC 1 Seek 1 Seek	CCE 1 Seek						1 Respect/1 Resilience 1TL9			1 Respect/1 Resilience 1TL9		4 Strive/4 Soar/4 Innovate/4 Respect/4 Care 4TL1	ESS Room		2 Seek/2 Strive/2 Innovate/2 Integrity/2 Resilience/2 Care 2TL3	2 Care												
	Day 5	FRC 1 Seek 1 Seek	4 Strive/4 Soar/4 Innovate/4 Respect/4 Care 4TL1	ESS Room			3 Innovate/3 Resilience 3TL3 3 Care									3 Seek/3 Strive /3 Respect /3 Integrity /3 Resilience 3TL2 3 Care														

Teacher Chew Kang Wei

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	3 Respect /3 Integrity /3 Resilience 3M36 3 Respect													2 Seek/2 Strive/2 Soar/2 Innovate 2M32 2 Strive			4 Respect/4 Integrity/4 Resilience/4 Care/5N1 4A37 4 Integrity												
	Day 2	2 Seek/2 Strive/2 Soar/2 Innovate 2M32 2 Strive								3 Respect /3 Integrity /3 Resilience 3M36 3 Respect					4 Respect/4 Integrity/4 Resilience/4 Care/5N1 4A37 4 Integrity															
	Day 3						2 Seek/2 Strive/2 Soar/2 Innovate 2M32 2 Strive								4 Respect/4 Integrity/4 Resilience/4 Care/5N1 4A37 4 Integrity				Timetabled Time (PLT)											
	Day 4																													
	Day 5					Timetabled Time (PLT) Board Rm				2 Seek/2 Strive/2 Soar/2 Innovate 2M32 2 Strive		3 Respect /3 Integrity /3 Resilience 3M36 3 Respect																		
Even Week	Day 1									2 Seek/2 Strive/2 Soar/2 Innovate 2M32 2 Strive									4 Respect/4 Integrity/4 Resilience/4 Care/5N1 4A37 4 Integrity											
	Day 2								2 Seek/2 Strive/2 Soar/2 Innovate 2M32 2 Strive		4 Respect/4 Integrity/4 Resilience/4 Care/5N1 4A37 4 Integrity																			
	Day 3										3 Respect /3 Integrity /3 Resilience 3M36 3 Respect					4 Respect/4 Integrity/4 Resilience/4 Care/5N1 4A37 4 Integrity														
	Day 4					2 Seek/2 Strive/2 Soar/2 Innovate 2M32 2 Strive		3 Respect /3 Integrity /3 Resilience 3M36 3 Respect		Timetabled Time (PLT) Board Rm		4 Respect/4 Integrity/4 Resilience/4 Care/5N1 4A37 4 Integrity																		
	Day 5					3 Respect /3 Integrity /3 Resilience 3M36 3 Respect				2 Seek/2 Strive/2 Soar/2 Innovate 2M32 2 Strive																				

Teacher Klaudia Ng

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Seek	3PB1 3 Strive	4B26 TS6		1 Seek/1 Strive/1 Soar/1 Innovate TS6											1 Respect/1 Integrity/1 Resilience/ 1 Care 1S37 1 Integrity													
	Day 2	FRC 3 Seek				1 Respect/1 Integrity/1 Resilience/ 1 Care 1S37 1 Integrity		FTGP 3 Seek		3 Respect /3 Integrity 3 Seek		3 Resilience					1 Seek/1 Strive/1 Soar/ 1 Innovate 1S11 TS6				3 Seek 3PB1 3 Strive									
	Day 3	FRC 3 Seek			1 Seek/1 Strive/1 Soar/1 Innovate TS6	1S11					1 Respect/1 Integrity/1 Resilience/ 1 Care 1S37 1 Integrity						4 Seek/4 Strive/4 Soar/4 Innovate 4B31 Instr Area													
	Day 4	FRC 3 Seek	3 Seek CCE		4 Seek/4 Strive/4 Soar/4 Innovate 4B31 Instr Area						3 Respect /3 Integrity 3 Seek		3B36 3 Resilience				3 Seek 3PB1 3 Strive													
	Day 5	FRC 3 Seek								4 Respect/4 Integrity/4 Resilience/ 4 Care 4B26 TS6	1 Respect/1 Integrity/1 Resilience/ 1 Care 1S37 1 Integrity																			
Even Week	Day 1	FRC 3 Seek	3 Respect /3 Integrity 3B36 3 Resilience					3 Seek 3PB1 3 Strive		1 Respect/1 Integrity/1 Resilience/ 1 Care 1S37 1 Integrity						1 Seek/1 Strive/1 Soar/1 Innovate 1S11 TS6														
	Day 2	FRC 3 Seek	FTGP 3 Seek						4 Seek/4 Strive/4 Soar/4 Innovate 4B31 Instr Area	3 Respect /3 Integrity 3 Resilience	4 Respect/4 Integrity/4 Resilience/ 4 Care 4B26 TS6																			
	Day 3	FRC 3 Seek								1 Respect/1 Integrity/1 Resilience/ 1 Care 1S37 1 Integrity						4 Seek/4 Strive/4 Soar/4 Innovate 4B31 LT@3														
	Day 4	FRC 3 Seek	3 Seek CCE					4 Respect/4 Integrity/4 Resilience/ 4 Care 4B26 TS6	1 Respect/1 Integrity/1 Resilience/ 1 Care 1S37 1 Integrity		1 Seek/1 Strive/1 Soar/1 Innovate 1S11 TS6						3 Seek 3PB1 3 Strive													
	Day 5	FRC 3 Seek			1 Respect/1 Integrity/1 Resilience/ 1 Care 1S37 1 Integrity				3 Seek 3PB1 3 Strive																					

2026 Semester 1 Timetable

Teacher Tan Kok Young

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1																	4 Respect/4 Integrity/4 Resilience/ 4 Care	5N1											
	Day 2																	4T26	5T26											
	Day 3																	4 Respect/4 Integrity/4 Resilience/ 4 Care	5N1											
	Day 4			CCE														4T26	5T26											
	Day 5																	4 Respect/4 Integrity/4 Resilience/ 4 Care	5N1											
Even Week	Day 1																	3 Resilience	4T26											
	Day 2																	3T26	4 Respect/4 Integrity/4 Resilience/4 Care											
	Day 3																	3 Respect,RO Room	5N1											
	Day 4			CCE														4T26	5T26											
	Day 5																	3 Respect,RO Room	4 Integrity											

2026 Semester 1 Timetable

Teacher Lathika

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1					1 Seek/1 Strive/1 Soar/ 1 Innovate									4 Respect/4 Integrity/4 Resilience/ 4 Care															
	Day 2	1 Seek/1 Strive/1 Soar/ 1 Innovate	1G31	1 Seek	1G36	1 Respect			4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1	4O37	LT@3				4 Integrity															
	Day 3								3 Soar/3 Innovate	3O22	HIVE	3 Soar/3 Innovate	3G21	3 Soar																
	Day 4					4 Respect/4 Integrity/4 Resilience/ 4 Care	4G36	4 Integrity	3 Soar/3 Innovate	3O22	HIVE	4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1	4O37	1G36	1 Respect	3 Soar/3 Innovate	3G21	3 Soar												
	Day 5																													
Even Week	Day 1	4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1	4O37	LT@3					1 Respect/1 Integrity/1 Resilience/ 1 Care	1G36		1 Respect																		
	Day 2				4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1	4O37	LT@3		4 Respect/4 Integrity/4 Resilience/ 4 Care	4G36	4 Integrity																			
	Day 3	3 Soar/3 Innovate	3G21	3 Soar		3 Soar/3 Innovate	3O22	HIVE					4 Respect/4 Integrity/4 Resilience/ 4 Care	4G36	4 Integrity									Timetabled Time (PLT)						
	Day 4				3 Soar/3 Innovate	3O22	HIVE	3 Soar	3 Soar/3 Innovate	3G21	3 Soar																			
	Day 5								1 Seek/1 Strive/1 Soar/1 Innovate	1G31	1 Seek																			

Teacher Leong Sin Yee

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Innovate				4 Respect/4 Integrity/4 Resilience/ 4 Care						3 Soar/3 Innovate																		
	Day 2	FRC 3 Innovate				4B36 Instr Area						3B21										4 Seek/4 Strive/4 Soar/4 Innovate								
	Day 3	FRC 3 Innovate				Timetabled Time (PLT)						3 Innovate	3 Respect/3 Integrity /3 Resilience	FTGP	3 Innovate	3 Integrity	IM LO	4PB1	LT@3	4 Seek/4 Strive/4 Soar/4 Innovate	4B21									
	Day 4	FRC 3 Innovate	3 Innovate	CCE	4 Seek/4 Strive/4 Soar/4 Innovate	4B21						IM Post-Lesson			3B37															
	Day 5	FRC 3 Innovate			3 Innovate	4 Seek/4 Strive/4 Soar/4 Innovate						4 Respect/4 Integrity/4 Resilience/ 4 Care	4B36		4 Care															
Even Week	Day 1	FRC 3 Innovate	3 Respect /3 Integrity /3 Resilience	3B37								3 Soar/3 Innovate																		
	Day 2	FRC 3 Innovate	3 Innovate	FTGP	3 Innovate							4 Seek/4 Strive/4 Soar/4 Innovate	4B21		4 Soar	3B37		3 Integrity	4B36		4 Respect/4 Integrity/4 Resilience/4 Care									
	Day 3	FRC 3 Innovate	4 Seek/4 Strive/4 Soar/4 Innovate	4PB1	LT@3																4 Seek/4 Strive/4 Soar/4 Innovate	4B21								
	Day 4	FRC 3 Innovate	3 Innovate	CCE	3 Innovate							4 Respect/4 Integrity/4 Resilience/ 4 Care	4B36		4 Care															
	Day 5	FRC 3 Innovate										4 Seek/4 Strive/4 Soar/4 Innovate				3 Soar/3 Innovate														

2026 Semester 1 Timetable

Teacher Li Bin

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Respect					3 Seek/3 Strive /3 Respect /3 Integrity /3 Resilience	3CL5	TS1						Timetabled Time (PLT)	Board Rm								1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL1					
	Day 2	FRC 2 Respect	3 Seek/3 Strive /3 Respect /3 Integrity /3 Resilience	3CL5	4 Seek/4 Strive/4 Innovate/4 Integrity/4 Resilience/4 Care	4CL10	TS1	Instr Area						2 Respect	FTGP	2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care	2CL3							1 Seek						
	Day 3	FRC 2 Respect				3 Seek/3 Strive /3 Respect /3 Integrity /3 Resilience	3CL5	TS1						1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL1	1 Seek							2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care	2CL3						
	Day 4	FRC 2 Respect	2 Respect	CCE	2 Respect			2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care	2CL3	2 Soar				1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL1	1 Seek							2 Soar							
	Day 5	FRC 2 Respect				1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL1	1 Seek						4 Seek/4 Strive/4 Innovate/4 Integrity/4 Resilience/4 Care	4CL10	Instr Area														
Even Week	Day 1	FRC 2 Respect	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL1	1 Seek									3 Seek/3 Strive /3 Respect /3 Integrity /3 Resilience	3CL5	TS1							2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care	2CL3			1 Seek			
	Day 2	FRC 2 Respect	2 Respect	FTGP	3 Seek/3 Strive /3 Respect /3 Integrity /3 Resilience	3CL5	TS1							1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL1	1 Seek							2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care	2CL3			2 Soar			
	Day 3	FRC 2 Respect	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL1	1 Seek			3 Seek/3 Strive /3 Respect /3 Integrity /3 Resilience	3CL5	TS1													2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care	2CL3			2 Soar			
	Day 4	FRC 2 Respect	2 Respect	CCE	2 Respect									1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL1	1 Seek							2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care	2CL3			2 Soar			
	Day 5	FRC 2 Respect	4 Seek/4 Strive/4 Innovate/4 Integrity/4 Resilience/4 Care	4CL10	Instr Area									3 Seek/3 Strive /3 Respect /3 Integrity /3 Resilience	3CL5	TS1														

Teacher Yap Li Ren

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Soar	2 Seek Mu Music Room,Music Lab						2 Strive Mu Music Room,Music Lab																					
	Day 2	FRC 2 Soar	2 Integrity Mu Music Room,Music Lab												2 Soar FTGP 2 Soar															
	Day 3	FRC 2 Soar							2 Soar Mu Music Room,Music Lab			1 Innovate Mu Music Room,Music Lab																		
	Day 4	FRC 2 Soar	2 Soar CCE 2 Soar																											
	Day 5	FRC 2 Soar	1 Integrity Mu Music Room,Music Lab						2 Respect Mu Music Room,Music Lab			2 Care Mu Music Room,Music Lab																		
Even Week	Day 1	FRC 2 Soar	2 Strive Mu Music Room,Music Lab																											
	Day 2	FRC 2 Soar	2 Soar FTGP 2 Soar												2 Soar Mu Music Room,Music Lab			1 Integrity Mu Music Room,Music Lab												
	Day 3	FRC 2 Soar	2 Respect Mu Music Room,Music Lab													2 Seek Mu Music Room,Music Lab														
	Day 4	FRC 2 Soar	2 Soar CCE 2 Soar						2 Care Mu Music Room,Music Lab																					
	Day 5	FRC 2 Soar							1 Innovate Mu Music Room,Music Lab			2 Integrity Mu Music Room,Music Lab																		

Teacher Madeline Wong

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Respect/2 Integrity/2 Resilience/ 2 Care	1 Soar 2 Resilience	2S26						1 Seek/1 Strive/1 Soar/1 Innovate									2 Seek/2 Strive/2 Soar/2 Innovate											
	Day 2	FRC 1 Soar 1 Soar			2S26 2 Resilience				2 Respect/2 Integrity/2 Resilience/2 Care	2S22 TS8	FTGP 1 Soar								1 Seek/1 Strive/1 Soar/ 1 Innovate	1S31 1 Seek										
	Day 3	FRC 1 Soar 1 Soar			1 Seek/1 Strive/1 Soar/1 Innovate	1S31 1 Seek			5N1	5P26 4 Care	2S26 2 Resilience																			
	Day 4	FRC 1 Soar 1 Soar	1 Soar CCE 1 Soar															2 Seek/2 Strive/2 Soar/2 Innovate	5N1 2 Innovate	5P26 TS5										
	Day 5	FRC 1 Soar 1 Soar	2 Respect/2 Integrity/2 Resilience/ 2 Care 2S26 2 Resilience			2 Seek/2 Strive/2 Soar/2 Innovate	2S22 TS8	1 Seek/1 Strive/1 Soar/1 Innovate 1S31 1 Seek																						
Even Week	Day 1	FRC 1 Soar 1 Soar			2 Seek/2 Strive/2 Soar/ 2 Innovate	2S22 2 Innovate					2 Respect/2 Integrity/2 Resilience/ 2 Care	2S26 2 Resilience					5N1 TS5	5P26 1 Seek	1 Seek/1 Strive/1 Soar/1 Innovate 1S31 1 Seek											
	Day 2	FRC 1 Soar 1 Soar	1 Soar FTGP 1 Soar															1 Seek/1 Strive/1 Soar/ 1 Innovate	1S31 1 Seek											
	Day 3	FRC 1 Soar 1 Soar			2 Seek/2 Strive/2 Soar/2 Innovate	2S22 2 Innovate		1 Seek/1 Strive/1 Soar/1 Innovate	1S31 1 Seek		2 Respect/2 Integrity/2 Resilience/ 2 Care	2S26 2 Resilience																		
	Day 4	FRC 1 Soar 1 Soar	1 Soar CCE 1 Soar		5N1 5P26 TS5					2 Seek/2 Strive/2 Soar/2 Innovate	2S22 TS8	1 Seek/1 Strive/1 Soar/1 Innovate					1 Seek/1 Strive/1 Soar/1 Innovate	2S26 1 Seek	2 Respect/2 Integrity/2 Resilience/2 Care											
	Day 5	FRC 1 Soar 1 Soar	2 Seek/2 Strive/2 Soar/2 Innovate 2S22		TS9	2 Resilience	2S26																							

Teacher Malarvelee

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1																													
	Day 2																													
	Day 3																													
	Day 4																													
	Day 5																													
Even Week	Day 1																													
	Day 2																													
	Day 3																													
	Day 4																													
	Day 5																													

Teacher Murugapa

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Integrity	4 Integrity/5N1 PE2 Field 1						3 Respect PE ISH			2 Resilience PE BBC																		
	Day 2	FRC 4 Integrity			1 Strive	PE Hall						4 Integrity/5N1 FTGP2 4 Integrity			1 Respect PE Hall															
	Day 3	FRC 4 Integrity	3 Soar PE BBC		2 Resilience	PE ISH			2 Strive PE Hall						1 Respect PE BBC															
	Day 4	FRC 4 Integrity	4 Integrity/5N1 CCE2 4 Integrity						3 Respect PE ISH			1 Strive PE Hall																		
	Day 5	FRC 4 Integrity	4 Integrity/5N1 PE2 Field 1							3 Soar	PE BBC			2 Strive PE ISH																
Even Week	Day 1	FRC 4 Integrity			1 Strive	PE ISH		3 Respect PE BBC						1 Respect PE Hall																
	Day 2	FRC 4 Integrity	4 Integrity/5N1 FTGP2 4 Integrity		1 Strive	PE Hall		3 Soar PE BBC			2 Resilience PE Field 1			1 Respect PE Hall																
	Day 3	FRC 4 Integrity	2 Resilience PE BBC		4 Integrity/5N1	PE2 Field 1								2 Strive PE Hall																
	Day 4	FRC 4 Integrity	4 Integrity/5N1 CCE2 4 Integrity		3 Respect	PE ISH																								
	Day 5	FRC 4 Integrity			3 Soar	PE Field 1		2 Strive PE Hall			4 Integrity/5N1 PE2 Field 1			PE2 Field 1																

2026 Semester 1 Timetable

Teacher Nor Mohamad

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1														1 Respect/1 Integrity/1 Resilience/ 1 Care	1M16			1 Seek/1 Strive/1 Soar/1 Innovate											
	Day 2	1 Respect/1 Integrity/1 Resilience/ 1 Care	1M16	1 Care	3 Seek/3 Strive	3A21									1 Respect/1 Integrity/1 Resilience/ 1 Care	1M11	1 Innovate		1 Seek/1 Strive/1 Soar/1 Innovate											
	Day 3	1 Seek/1 Strive/1 Soar/1 Innovate	1M11	1 Innovate	1 Respect/1 Integrity/1 Resilience/ 1 Care	1M16									1 Respect/1 Integrity/1 Resilience/ 1 Care	1M11	1 Innovate	Timetabled Time (PLT)	Board Rm											
	Day 4				1 Respect/1 Integrity/1 Resilience/ 1 Care	1M16									3 Seek/3 Strive	3A21	3 Soar	1 Seek/1 Strive/1 Soar/1 Innovate	1M11	1 Innovate										
	Day 5	3 Seek/3 Strive	3A21	3 Soar																										
Even Week	Day 1				1 Respect/1 Integrity/1 Resilience/ 1 Care	1M16									1 Respect/1 Integrity/1 Resilience/ 1 Care	1M11	1 Innovate													
	Day 2	1 Respect/1 Integrity/1 Resilience/ 1 Care	1M16	1 Care											1 Respect/1 Integrity/1 Resilience/ 1 Care	1M11	1 Innovate	3 Seek/3 Strive	3A21	3 Soar										
	Day 3				1 Seek/1 Strive/1 Soar/1 Innovate	1M11									1 Seek/1 Strive/1 Soar/1 Innovate	3 Seek/3 Strive	3 Soar	3A21												
	Day 4	1 Respect/1 Integrity/1 Resilience/ 1 Care	1M16	1 Care														3 Seek/3 Strive	3A21	3 Soar										
	Day 5	1 Seek/1 Strive/1 Soar/1 Innovate	1M11	1 Innovate											1 Respect/1 Integrity/1 Resilience/ 1 Care	1M16	1 Care	3 Seek/3 Strive	3A21	3 Soar										

Teacher Nurfirdaus

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Integrity 1 Integrity	3 Soar 3D21 D&T Workshop 3,D&T Workshop 2		4 Seek/4 Strive/4 Soar/4 Innovate 4D21 D&T Workshop 1					2 Care 2D12 D&T Workshop 2		1 Innovate 1D12 D&T Workshop 2			Timetabled Time (PLT) D&T Tech Rm															
	Day 2	FRC 1 Integrity 1 Integrity	2 Resilience 2D12 D&T Workshop 2							1 Integrity FTGP 1 Integrity	1 Care 1D12 D&T Workshop 2		4 Seek/4 Strive/4 Soar/4 Innovate 4D21 D&T Workshop 1																	
	Day 3	FRC 1 Integrity 1 Integrity								4 Seek/4 Strive/4 Soar/4 Innovate 4D21 D&T Workshop 1		1 Resilience 1D12 D&T Workshop 2		3 Soar 3D21 D&T Workshop 3,D&T Workshop 1																
	Day 4	FRC 1 Integrity 1 Integrity	1 Integrity CCE 1 Integrity									1 Integrity 1D12 D&T Workshop 2	3 Soar 3D21 D&T Workshop 3,D&T Workshop 1																	
	Day 5	FRC 1 Integrity 1 Integrity	1 Respect 1D12 D&T Workshop 2						2 Integrity 2D12 D&T Workshop 2	2 Respect 2D12 D&T Workshop 2																				
Even Week	Day 1	FRC 1 Integrity 1 Integrity		1 Innovate 1D12 D&T Workshop 2		4 Seek/4 Strive/4 Soar/4 Innovate 4D21 D&T Workshop 1				1 Care 1D12 D&T Workshop 2					3 Soar 3D21 D&T Workshop 3,D&T Workshop 1															
	Day 2	FRC 1 Integrity 1 Integrity	1 Integrity FTGP 1 Integrity								1 Resilience 1D12 D&T Workshop 2					3 Soar 3D21 D&T Workshop 3,D&T Workshop 1														
	Day 3	FRC 1 Integrity 1 Integrity	4 Seek/4 Strive/4 Soar/4 Innovate 4D21 D&T Workshop 1		1 Respect 1D12 D&T Workshop 2	1 Integrity 1D12 D&T Workshop 2																								
	Day 4	FRC 1 Integrity 1 Integrity	1 Integrity CCE 1 Integrity					2 Resilience 2D12 D&T Workshop 2	2 Integrity 2D12 D&T Workshop 2		4 Seek/4 Strive/4 Soar/4 Innovate 4D21 D&T Workshop 1		3 Soar 3D21 D&T Workshop 3,D&T Workshop 1																	
	Day 5	FRC 1 Integrity 1 Integrity	2 Respect 2D12 D&T Workshop 2						2 Care 2D12 D&T Workshop 2																					

Teacher Wan Pei Fang

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1														1 Soar Kitchen 2		1 Strive Kitchen 2		1F11 Kitchen 2		Timetabled Time (PLT) D&T Tech Rm									
	Day 2								1 Innovate 1F11 Kitchen 2		1 Seek 1F11 Kitchen 2																			
	Day 3																		1 Integrity 1F11 Kitchen 2											
	Day 4																		1 Resilience 1F11 Kitchen 2		1 Respect 1F11 Kitchen 2									
	Day 5						1 Care 1F11 Kitchen 2																							
Even Week	Day 1						1 Soar 1F11 Kitchen 2								1 Innovate 1F11 Kitchen 2		1 Resilience 1F11 Kitchen 2													
	Day 2						1 Seek 1F11 Kitchen 2											1 Respect 1F11 Kitchen 2												
	Day 3							1 Integrity 1F11 Kitchen 2																						
	Day 4								1 Strive 1F11 Kitchen 2																					
	Day 5									1 Care 1F11 Kitchen 2																				

Teacher Ng Puay Hoon

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Innovate				5N1									4 Seek/4 Strive/4 Soar/4 Innovate						3 Respect /3 Integrity /3 Resilience									
	Day 2	FRC 4 Innovate				5C26	TS9								4PC1						3C37									
	Day 3	FRC 4 Innovate					Timetabled Time (PLT)		4 Respect/4 Integrity/4 Resilience/4 Care		4C38				4 Innovate	3 Seek/3 Strive /3 Soar				4 Seek/4 Strive/4 Soar/4 Innovate										
	Day 4	FRC 4 Innovate	4 Innovate	CCE					4 Seek/4 Strive/4 Soar/4 Innovate		4PC1				FTGP	3C31				4PC1										
	Day 5	FRC 4 Innovate									4 Soar				4 Innovate		3 Seek			TS9										
Even Week	Day 1	FRC 4 Innovate	3 Seek/3 Strive /3 Soar	3C31											4 Respect/4 Integrity/4 Resilience/4 Care		4C38													
	Day 2	FRC 4 Innovate	4 Innovate	FTGP	4 Seek/4 Strive/4 Soar/4 Innovate				3 Respect /3 Integrity /3 Resilience		3C37							5N1	5C26	3 Seek/3 Strive /3 Soar										
	Day 3	FRC 4 Innovate							4 Seek/4 Strive/4 Soar/4 Innovate		4PC1				3 Resilience															
	Day 4	FRC 4 Innovate	4 Innovate	CCE		4 CCE		4 Respect/4 Integrity/4 Resilience/4 Care		4C38																				
	Day 5	FRC 4 Innovate								4 Soar					4 Seek/4 Strive/4 Soar/4 Innovate		4PC1													

Teacher Hui Qi

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Seek 1 Seek	2 Strive 2F11 Kitchen 2												1 Soar 1F12 Kitchen 1		1 Strive 1F12 Kitchen 1			Timetabled Time (PLT) D&T Tech Rm										
	Day 2	FRC 1 Seek 1 Seek	2 Care 2F11 Kitchen 2		1 Innovate 1F12 Kitchen 1		1 Seek 1F12 Kitchen 1		1 Seek FTGP 1 Seek											4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1 4F36 D&T Tech Rm										
	Day 3	FRC 1 Seek 1 Seek	2 Seek 2F11 Kitchen 2		2 Respect 2F11 Kitchen 2		2 Innovate 2F11 Kitchen 2													4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1 4F36 D&T Tech Rm										
	Day 4	FRC 1 Seek 1 Seek	1 Seek CCE 1 Seek							2 Soar 2F11 Kitchen 2											4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1 4F36 D&T Tech Rm									
	Day 5	FRC 1 Seek 1 Seek								2 Resilience 2F11 Kitchen 2		2 Integrity 2F11 Kitchen 2																		
Even Week	Day 1	FRC 1 Seek 1 Seek				1 Soar 1F12 Kitchen 1						1 Innovate 1F12 Kitchen 1																		
	Day 2	FRC 1 Seek 1 Seek	1 Seek FTGP 1 Seek		1 Seek 1F12 Kitchen 1					2 Innovate 2F11 Kitchen 2		2 Strive 2F11 Kitchen 2									4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1 4F36 D&T Tech Rm									
	Day 3	FRC 1 Seek 1 Seek											2 Seek 2F11 Kitchen 2		2 Soar 2F11 Kitchen 2							4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1 4F36 D&T Tech Rm								
	Day 4	FRC 1 Seek 1 Seek	1 Seek CCE 1 Seek				1 Strive 1F12 Kitchen 1		2 Respect 2F11 Kitchen 2		2 Care 2F11 Kitchen 2										4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1 4F36 D&T Tech Rm									
	Day 5	FRC 1 Seek 1 Seek	2 Integrity 2F11 Kitchen 2							2 Resilience 2F11 Kitchen 2																				

Teacher Jelena Sundraraj

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00	
Odd Week	Day 1	FRC 1 Strive 1 Strive	2 Respect/2 Integrity/2 Resilience/ 2 Care 2S26 2 Resilience							1 Seek/1 Strive/1 Soar/1 Innovate					4 Seek/4 Strive/4 Soar/4 Innovate				3 Resilience/3 Care												
	Day 2	FRC 1 Strive 1 Strive	2 Respect/2 Integrity/2 Resilience/ 2 Care 2S26 2 Resilience							1S22		1 Innovate			4S11		4 Innovate		3S16		3 Care										
	Day 3	FRC 1 Strive 1 Strive	1 Seek/1 Strive/1 Soar/1 Innovate							1S22		1 Innovate			2 Respect/2 Integrity/2 Resilience/ 2 Care 2S26		2 Resilience		3S16		3 Care	4 Seek/4 Strive/4 Soar/4 Innovate		TS9							
	Day 4	FRC 1 Strive 1 Strive	1 Strive CCE 1 Strive							4 Seek/4 Strive/4 Soar/4 Innovate					4S11		4 Innovate		3S16		3 Care										
	Day 5	FRC 1 Strive 1 Strive	2 Respect/2 Integrity/2 Resilience/ 2 Care 2S26 2 Resilience							1S22		1 Innovate			1 Seek/1 Strive/1 Soar/1 Innovate																
Even Week	Day 1	FRC 1 Strive 1 Strive								4 Seek/4 Strive/4 Soar/ 4 Innovate 4S11			2 Respect/2 Integrity/2 Resilience/ 2 Care 2S26				2 Resilience				3 Resilience/3 Care		1 Seek/1 Strive/1 Soar/1 Innovate								
	Day 2	FRC 1 Strive 1 Strive	1 Strive FTGP 1 Strive							3 Resilience/3 Care 3S16			4 Seek/4 Strive/4 Soar/4 Innovate 4S11				4 Innovate				1S22										
	Day 3	FRC 1 Strive 1 Strive	3 Resilience/3 Care 3S16 3 Care							1 Seek/1 Strive/1 Soar/1 Innovate			1S22			2 Respect/2 Integrity/2 Resilience/ 2 Care 2S26				4 Seek/4 Strive/4 Soar/4 Innovate 4S11											
	Day 4	FRC 1 Strive 1 Strive	1 Strive CCE 1 Strive							1S22			2 Resilience				1 Innovate			1 Seek/1 Strive/1 Soar/1 Innovate			2 Respect/2 Integrity/2 Resilience/ 2 Care 2S26			3 Resilience/3 Care					
	Day 5	FRC 1 Strive 1 Strive								2S26			4 Seek/4 Strive/4 Soar/4 Innovate 4S11				2 Resilience			1 Innovate			1S22			2 Resilience			3 Care		

Teacher Mrs Kunna

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10 8:10 8:30	2 8:30 8:30 8:30	3 8:50 8:50 8:50	4 9:10 9:10 9:10	5 9:30 9:30 9:30	6 9:50 9:50 9:50	7 10:10 10:10 10:10	8 10:10 10:30 10:30	9 10:30 10:50 10:50	10 10:50 11:10 11:10	11 11:10 11:30 11:30	12 11:30 11:50 11:50	13 11:50 12:10 12:10	14 12:10 12:30 12:30	15 12:30 12:50 12:50	16 12:50 13:10 13:10	17 13:10 13:30 13:30	18 13:30 13:50 13:50	19 13:50 14:10 14:10	20 14:10 14:30 14:30	21 14:30 14:50 14:50	22 14:50 15:10 15:10	23 15:10 15:30 15:30	24 15:30 15:50 15:50	25 15:50 16:10 16:10	26 16:10 16:30 16:30	27 16:30 17:10 17:10	28 17:10 18:00 18:00
Odd Week	Day 1	4 Seek/4 Strive/4 Soar/4 Innovate								3 Seek/3 Strive																				
	Day 2									3 Seek/3 Strive																				
	Day 3																													
	Day 4																													
	Day 5	4 Seek/4 Strive/4 Soar/4 Innovate								3 Seek/3 Strive																				
Even Week	Day 1									3 Seek/3 Strive																				
	Day 2									3M31																				
	Day 3										4 Seek/4 Strive/4 Soar/4 Innovate																			
	Day 4										4M31																			
	Day 5	4 Seek/4 Strive/4 Soar/4 Innovate									3M31																			

2026 Semester 1 Timetable

Teacher Rekha

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1							1 Respect/1 Integrity/1 Resilience/ 1 Care		1H36																				
	Day 2							2 Seek/2 Strive/2 Soar/ 2 Innovate		2H31																				
	Day 3		3 Respect/3 Integrity							3 Seek/3 Strive		3H31			3 Seek/3 Strive			2 Respect/2 Integrity/2 Resilience/2 Care			2H36									
	Day 4									3 Seek/3 Strive		3H31			2H36		2H31			3 Seek/3 Strive			3O32							
	Day 5		1 Seek/1 Strive/1 Soar/1 Innovate							3 Respect/3 Integrity			3H36			HIVE														
Even Week	Day 1				2 Respect/2 Integrity/2 Resilience/ 2 Care		2H36				1H31			1H31																
	Day 2																1 Respect/1 Integrity/1 Resilience/1 Care		1H36											
	Day 3		3 Seek/3 Strive			3 Seek/3 Strive											1 Respect/1 Integrity/1 Resilience/1 Care		1H36					Timetabled Time (PLT)						
	Day 4				3 Strive		3H31			3 Strive							3 Respect/3 Integrity		3H36					Board Rm,TL Rm						
	Day 5				2 Seek/2 Strive/2 Soar/2 Innovate		2H31									3 Respect/3 Integrity		3H36			HIVE				1 Seek/1 Strive/1 Soar/ 1 Innovate		1H31			

Teacher Renuga

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1																													
	Day 2																													
	Day 3																													
	Day 4																													
	Day 5																													
Even Week	Day 1																													
	Day 2																													
	Day 3																													
	Day 4																													
	Day 5																													

Teacher Richard Armstrong

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	3 Seek	3PL1			3 Seek				4 Seek/4 Strive/4 Soar/4 Innovate									4 Seek/4 Strive/4 Soar/4 Innovate											
	Day 2									4 Seek/4 Strive/4 Soar/4 Innovate			4 Strive						4 Seek/4 Strive/4 Soar/4 Innovate											
	Day 3																		4 Seek/4 Strive/4 Soar/4 Innovate			3 Seek								
	Day 4																		4 Seek/4 Strive/4 Soar/4 Innovate			3 Seek								
	Day 5									4 Seek/4 Strive/4 Soar/4 Innovate			4 Strive						4 Seek/4 Strive/4 Soar/4 Innovate			3 Seek								
Even Week	Day 1	4 Seek/4 Strive/4 Soar/4 Innovate	4E32			4 Strive													4 Seek/4 Strive/4 Soar/4 Innovate			Timetabled Time (PLT)								
	Day 2									4 Seek/4 Strive/4 Soar/4 Innovate			4 Strive										3 Seek	3PL1						
	Day 3	4 Seek/4 Strive/4 Soar/4 Innovate	4PL1			4 Seek													4 Seek/4 Strive/4 Soar/4 Innovate											
	Day 4									4 Seek/4 Strive/4 Soar/4 Innovate			4 Strive						4 Seek/4 Strive/4 Soar/4 Innovate											
	Day 5	3 Seek	3PL1			3 Seek																	3 Seek	3PL1						

Teacher Mohd Rizal

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Respect								1 Seek/1 Strive/1 Soar/1 Innovate	4 Seek/4 Strive/4 Soar/4 Innovate				1 Respect/1 Integrity/1 Resilience/ 1 Care	3 Respect	1 Respect/1 Integrity/1 Resilience/ 1 Care	3 Respect												
	Day 2	FRC 3 Respect								1S32	4C32	1 Strive	4 Strive		1S37	FTGP	1 Integrity	1S37	3PC6	Instr Area										
	Day 3	FRC 3 Respect				1 Seek/1 Strive/1 Soar/1 Innovate				4 Respect/4 Integrity/4 Resilience/ 4 Care	1 Respect/1 Integrity/1 Resilience/ 1 Care	1S37	1 Integrity		1S37				3 Respect											
	Day 4	FRC 3 Respect	3 Respect	CCE		3 Respect	3PC6		4 Seek/4 Strive/4 Soar/4 Innovate	4C32	4 Strive				TS9			4 Respect/4 Integrity/4 Resilience/ 4 Care	4C39											
	Day 5	FRC 3 Respect			3 Respect					1 Seek/1 Strive/1 Soar/1 Innovate	1S32	1 Strive	1 Integrity		1S37		1 Integrity													
Even Week	Day 1	FRC 3 Respect													1 Respect/1 Integrity/1 Resilience/ 1 Care	1S37	4 Respect/4 Integrity/4 Resilience/ 4 Care	1S32												
	Day 2	FRC 3 Respect	3 Respect	FTGP	4 Seek/4 Strive/4 Soar/4 Innovate		3 Respect	3PC6							4 Strive	Instr Area		1 Seek/1 Strive/1 Soar/1 Innovate	1S32											
	Day 3	FRC 3 Respect			3 Respect				1 Seek/1 Strive/1 Soar/1 Innovate	1S32	1 Strive	1 Integrity				1S37		1 Respect/1 Integrity/1 Resilience/ 1 Care	3 Respect	3PC6										
	Day 4	FRC 3 Respect	3 Respect	CCE	4 Respect/4 Integrity/4 Resilience/ 4 Care		3 Respect	4C39							Instr Area		1 Respect/1 Integrity/1 Resilience/ 1 Care	1S37	1S32											
	Day 5	FRC 3 Respect			3 Respect	1 Respect/1 Integrity/1 Resilience/ 1 Care	1S37		4 Seek/4 Strive/4 Soar/4 Innovate	4C32	4 Strive				1 Integrity		1 Respect/1 Integrity/1 Resilience/ 1 Care	1S37	3PC6											

Teacher Kong Rui Jia

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Strive 1 Strive				1 Seek/1 Strive/1 Soar/ 1 Innovate						5N1								4 Seek/4 Strive/4 Soar/4 Innovate										
	Day 2	FRC 1 Strive 1 Strive	1 Seek/1 Strive/1 Soar/ 1 Innovate	1G32 1 Strive		1 Respect/1 Integrity/1 Resilience/1 Care						5G26 EL Rm								4PG1 4 Soar										
	Day 3	FRC 1 Strive 1 Strive				1G37 1 Integrity						1 Strive	4 Seek/4 Strive/4 Soar/ 4 Innovate	FTGP 1 Strive	4 Seek/4 Strive/4 Soar/ 4 Innovate					4 Seek/4 Strive/4 Soar/ 4 Innovate										
	Day 4	FRC 1 Strive 1 Strive	1 Strive	CCE 1 Strive		5N1 5G26 EL Rm			3 Seek/3 Strive			3G31 LT@3			1G37 1 Integrity					4 Seek/4 Strive/4 Soar/ 4 Innovate										
	Day 5	FRC 1 Strive 1 Strive																												
Even Week	Day 1	FRC 1 Strive 1 Strive										1 Respect/1 Integrity/1 Resilience/ 1 Care							4 Seek/4 Strive/4 Soar/4 Innovate	4 Seek/4 Strive/4 Soar/4 Innovate										
	Day 2	FRC 1 Strive 1 Strive	1 Strive	FTGP 1 Strive								5N1 5G26 TS5							4 Seek/4 Strive/4 Soar/4 Innovate		4G31 4 Seek		4PG1 4 Soar							
	Day 3	FRC 1 Strive 1 Strive	4 Seek/4 Strive/4 Soar/4 Innovate		3 Seek/3 Strive 4PG1										5N1 5G26 TS5															
	Day 4	FRC 1 Strive 1 Strive	1 Strive	CCE 1 Strive		3 Seek/3 Strive 3G31 LT@3												4 Seek/4 Strive/4 Soar/4 Innovate			4PG1 4 Soar									
	Day 5	FRC 1 Strive 1 Strive										1 Seek/1 Strive/1 Soar/1 Innovate																		

Teacher Selvam

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
		3 Strive /3 Innovate					2 Respect					2 Integrity																		
Odd Week	Day 1	3R21					Art				Art				Art				Timetabled Time (PLT)											
	Day 2															1 Integrity	Art													
	Day 3															1 Care	Art				3 Strive /3 Innovate									
	Day 4	CCE														1 Respect	Art				3 Strive /3 Innovate									
	Day 5	Art					1 Resilience				2 Care	Art				2 Resilience	Art				3R21									
Even Week	Day 1															1 Integrity	Art				3 Strive /3 Innovate									
	Day 2															2 Care	Art				3 Strive /3 Innovate									
	Day 3						1 Care	Art			1 Resilience	Art				1 Resilience	Art				3R21									
	Day 4	CCE									2 Integrity	Art				2 Integrity	Art				3 Strive /3 Innovate									
	Day 5	Art					2 Resilience				1 Respect	Art				1 Respect	Art				3R21									

Teacher Foung Seng Huat

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1						3 Seek/3 Strive /3 Respect /3 Integrity																							
	Day 2		3 Seek/3 Strive /3 Respect /3 Integrity		3CL1																									
	Day 3			4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care		4CL1																								
	Day 4																													
	Day 5																													
Even Week	Day 1						4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care		4CL1																					
	Day 2			3 Seek/3 Strive /3 Respect /3 Integrity		3CL1																								
	Day 3		1 Seek/1 Soar/1 Respect/1 Integrity/1 Resilience/1 Care			1CL10																								
	Day 4																													
	Day 5						TS5																							

Teacher Shahidah

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Soar																												
	Day 2	FRC 3 Soar	3 Soar/3 Innovate/3 Integrity/3 Resilience/3 Care																											
			3ML7 3 Respect																											
				Shahidah 3 Respect																										
	Day 3	FRC 3 Soar	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care																											
			4ML7 4 Resilience																											
	Day 4	FRC 3 Soar	3 Soar/3 Innovate/3 Integrity/3 Resilience/3 Care																											
			3ML7 3 Respect																											
	Day 5	FRC 3 Soar	4ML7 4 Resilience																											
			Shahidah 3 Respect																											
Even Week	Day 1	FRC 3 Soar																												
			3 Soar/3 Innovate/3 Integrity/3 Resilience/3 Care																											
	Day 2	FRC 3 Soar	3ML7 3 Respect																											
				Shahidah 3 Respect																										
					2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Care																									
	Day 3	FRC 3 Soar	1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Care																											
			1ML9 ML Rm																											
	Day 4	FRC 3 Soar	3 Soar/3 Innovate/3 Integrity/3 Resilience/3 Care																											
			CCE 3 Soar																											
	Day 5	FRC 3 Soar	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care																											
			4ML7 4 Resilience																											

Teacher Lee Siew Kim

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1																													
	Day 2																													
	Day 3																													
	Day 4																													
	Day 5																													
Even Week	Day 1																													
	Day 2																													
	Day 3																													
	Day 4																													
	Day 5																													

Teacher Suhairi

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Care				2 Care			PE					1 Seek			PE													
	Day 2	FRC 2 Care	4 Soar Parade Square	PE										2 Care			FTGP		2 Care		3 Respect /3 Care		3X36							
	Day 3	FRC 2 Care	3 Strive PE		PE			BBC			4 Soar		PE		1 Seek			PE												
	Day 4	FRC 2 Care	2 Care CCE			3 Respect /3 Care		3X36			2 Seek		PE			Hall														
	Day 5	FRC 2 Care						ESS Room,Comp 4		3 Respect /3 Care		3 Strive		PE		2 Seek		PE												
Even Week	Day 1	FRC 2 Care	2 Seek PE		1 Seek Hall	PE		Hall					4 Soar		PE		Field 2				3 Respect /3 Care		3X36							
	Day 2	FRC 2 Care	2 Care FTGP			3 Strive		PE					2 Seek		PE		Field 2					3 Respect /3 Care		3X36						
	Day 3	FRC 2 Care	2 Care PE															3 Respect /3 Care		1 Seek		PE								
	Day 4	FRC 2 Care	2 Care CCE						4 Soar		PE						Field 2													
	Day 5	FRC 2 Care	2 Care PE		3 Strive		PE		BBC																					

Teacher Lim Su Wen

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Respect																												
	Day 2	FRC 4 Respect																												
	Day 3	FRC 4 Respect																												
	Day 4	FRC 4 Respect	4 Respect/5N1 CCE1 4 Respect																											
	Day 5	FRC 4 Respect	1 Seek/1 Strive/1 Soar/1 Innovate 1H32 1 Strive																											
Even Week	Day 1	FRC 4 Respect	4 Respect/4 Integrity/4 Resilience/ 4 Care 4O26 4 Resilience																											
	Day 2	FRC 4 Respect	4 Respect/5N1 FTGP1 4 Respect																											
	Day 3	FRC 4 Respect	4 Seek/4 Strive/4 Soar 4PH1 4 Strive																											
	Day 4	FRC 4 Respect	4 Respect/5N1 CCE1 4 Respect																											
	Day 5	FRC 4 Respect																												

Teacher Syhella

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Soar 1 Soar	3 Strive /3 Innovate 3R21 Art Rm1						2 Innovate Art 2 Innovate			1 Innovate Art 1 Innovate								Timetabled Time (PLT) D&T Tech Rm										
	Day 2	FRC 1 Soar 1 Soar				1 Soar	Art 1 Soar					1 Soar	FTGP 1 Soar																	
	Day 3	FRC 1 Soar 1 Soar	2 Soar Art 2 Soar						2 Seek Art 2 Seek				1 Strive Art 1 Strive						3 Strive /3 Innovate 3R21 Art Rm1											
	Day 4	FRC 1 Soar 1 Soar	1 Soar CCE 1 Soar						2 Strive Art 2 Strive			1 Seek	Art 1 Seek						3 Strive /3 Innovate 3R21 Art Rm1											
	Day 5	FRC 1 Soar 1 Soar																												
Even Week	Day 1	FRC 1 Soar 1 Soar	2 Innovate Art 2 Innovate										1 Strive Art 1 Strive						3 Strive /3 Innovate 3R21 Art Rm1											
	Day 2	FRC 1 Soar 1 Soar	1 Soar FTGP 1 Soar						2 Strive Art 2 Strive				1 Soar Art 1 Soar						3 Strive /3 Innovate 3R21 Art Rm1											
	Day 3	FRC 1 Soar 1 Soar											2 Soar Art 2 Soar						1 Soar Art 1 Soar											
	Day 4	FRC 1 Soar 1 Soar	1 Soar CCE 1 Soar						1 Innovate Art 1 Innovate										3 Strive /3 Innovate 3R21 Art Rm1											
	Day 5	FRC 1 Soar 1 Soar							1 Seek Art 1 Seek			2 Seek Art 2 Seek																		

Teacher Ng Tian Wen

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Respect 1 Respect	2 Strive 2F12 Kitchen 1		4 Seek/4 Strive/4 Soar/4 Innovate 4F21 D&T Tech Rm																									
	Day 2	FRC 1 Respect 1 Respect	2 Care 2F12 Kitchen 1										1 Respect FTGP 1 Respect					4 Seek/4 Strive/4 Soar/4 Innovate 4F21 D&T Tech Rm												
	Day 3	FRC 1 Respect 1 Respect	2 Seek 2F12 Kitchen 1	2 Respect 2F12 Kitchen 1		2 Innovate 2F12 Kitchen 1	4 Seek/4 Strive/4 Soar/4 Innovate 4F21 D&T Tech Rm						1 Integrity 1F12 Kitchen 1																	
	Day 4	FRC 1 Respect 1 Respect	1 Respect CCE 1 Respect						2 Soar 2F12 Kitchen 1				1 Resilience 1F12 Kitchen 1					1 Respect 1F12 Kitchen 1												
	Day 5	FRC 1 Respect 1 Respect	1 Care 1F12 Kitchen 1						2 Resilience 2F12 Kitchen 1	2 Integrity 2F12 Kitchen 1																				
Even Week	Day 1	FRC 1 Respect 1 Respect							4 Seek/4 Strive/4 Soar/4 Innovate 4F21 D&T Tech Rm				1 Resilience 1F12 Kitchen 1																	
	Day 2	FRC 1 Respect 1 Respect	1 Respect FTGP 1 Respect						2 Innovate 2F12 Kitchen 1	2 Strive 2F12 Kitchen 1	1 Respect 1F12 Kitchen 1																			
	Day 3	FRC 1 Respect 1 Respect	4 Seek/4 Strive/4 Soar/4 Innovate 4F21 D&T Tech Rm		1 Integrity 1F12 Kitchen 1				2 Seek 2F12 Kitchen 1	2 Soar 2F12 Kitchen 1																				
	Day 4	FRC 1 Respect 1 Respect	1 Respect CCE 1 Respect						2 Respect 2F12 Kitchen 1	2 Care 2F12 Kitchen 1			4 Seek/4 Strive/4 Soar/4 Innovate 4F21 D&T Tech Rm																	
	Day 5	FRC 1 Respect 1 Respect	2 Integrity 2F12 Kitchen 1						1 Care 1F12 Kitchen 1	2 Resilience 2F12 Kitchen 1																				

Teacher Ummu Sumaiyah

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Resilience	2 Respect/2 Integrity/2 Resilience/ 2 Care	2S37	4P26	4 Respect/4 Integrity/4 Resilience/ 4 Care													2 Seek/2 Strive/2 Soar/2 Innovate	3 Resilience/3 Care										
	Day 2	FRC 4 Resilience				2 Respect/2 Integrity/2 Resilience/2 Care		2S37	4P26	2 Integrity	4 Resilience	2 Seek/2 Strive/2 Soar/ 2 Innovate	FTGP3	3 Resilience/3 Care	3S16	2 Strive	3 Care													
	Day 3	FRC 4 Resilience						Timetabled Time (PLT)	Board Rm	2 Integrity	2S37	2 Integrity	2 Respect/2 Integrity/2 Resilience/ 2 Care						3 Resilience/3 Care	4 Seek/4 Strive/4 Soar/4 Innovate										
	Day 4	FRC 4 Resilience	4 Resilience/5N1	CCE3	4P31	4 Seek/4 Strive/4 Soar/4 Innovate		4 Seek					3 Resilience/3 Care	3S16	2 Strive	2S32	3 Care													
	Day 5	FRC 4 Resilience	2 Respect/2 Integrity/2 Resilience/ 2 Care	2S37	4P26	2 Integrity			2 Strive	4 Resilience	4P26	4 Resilience																		
Even Week	Day 1	FRC 4 Resilience			2S32	2 Strive	2 Seek/2 Strive/2 Soar/ 2 Innovate					2S37	2 Integrity					3 Resilience/3 Care	3S16	3 Care										
	Day 2	FRC 4 Resilience	4 Resilience/5N1	FTGP3	4 Resilience			3 Resilience/3 Care	3S16	3 Care	4 Seek	4P31	4 Resilience					4 Respect/4 Integrity/4 Resilience/ 4 Care	4P26	4 Resilience										
	Day 3	FRC 4 Resilience	3 Resilience/3 Care	3S16	2S32	2 Strive	2 Seek/2 Strive/2 Soar/2 Innovate					2S37	2 Integrity	2 Respect/2 Integrity/2 Resilience/ 2 Care					4 Seek/4 Strive/4 Soar/4 Innovate	4P31	4 Resilience									
	Day 4	FRC 4 Resilience	4 Resilience/5N1	CCE3	4 Resilience							4P26	4 Resilience	4 Seek/2 Strive/2 Soar/2 Innovate	2S32	2 Strive														
	Day 5	FRC 4 Resilience	2 Seek/2 Strive/2 Soar/2 Innovate	2S32	2 Strive		2 Respect/2 Integrity/2 Resilience/ 2 Care	2S37	2 Integrity									2 Respect/2 Integrity/2 Resilience/ 2 Care	2S37	3 Resilience/3 Care	3S16	3 Care								

Teacher Vemala Naguran

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00		
Odd Week	Day 1	FRC 4 Care													3 Soar	3RO11																
	Day 2	FRC 4 Care													4 Care/5N1	3 Soar	FTGP4		3RO11		3T26											
	Day 3	FRC 4 Care																4 Care	RO Room,Comp 3.B1-03	3 Respect,RO Room												
	Day 4	FRC 4 Care	4 Care/5N1 CCE4		4 Care		3 Resilience		3T26		3 Respect,3 Care																					
	Day 5	FRC 4 Care													3 Resilience	3T26		3 Respect,RO Room														
Even Week	Day 1	FRC 4 Care													3 Soar	3RO11				3 Resilience		3T26										
	Day 2	FRC 4 Care	4 Care/5N1 FTGP4				Timetabled Time (PLT)		Board Rm												3 Respect,RO Room		3 Resilience		3T26							
	Day 3	FRC 4 Care																		3 Soar	3RO11		3 Resilience		3T26							
	Day 4	FRC 4 Care	4 Care/5N1 CCE4		4 Care																											
	Day 5	FRC 4 Care														3 Soar	3RO11															

Teacher Vera Lee

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Integrity	4 Seek/4 Strive/4 Soar/4 Innovate							4 Respect/4 Integrity/4 Resilience 4 Care				1 Respect/1 Integrity/1 Resilience/ 1 Care																
	Day 2	FRC 4 Integrity	1 Respect/1 Integrity/1 Resilience/ 1 Care	4M21						4M26				1M37																
	Day 3	FRC 4 Integrity				1 Respect/1 Integrity/1 Resilience/ 1 Care					4 Resilience				1 Integrity															
	Day 4	FRC 4 Integrity	4 Integrity/5N1	CCE2		1M37					1 Respect/1 Integrity/1 Resilience/ 1 Care	1S16			FTGP2	4 Integrity	4 Respect/4 Integrity/4 Resilience 4 Care	4M26			4 Respect/4 Integrity/4 Resilience/ 4 Care	4M26								
	Day 5	FRC 4 Integrity	4 Seek/4 Strive/4 Soar/4 Innovate	4M21			1 Integrity				4 Resilience																			
Even Week	Day 1	FRC 4 Integrity				1 Respect/1 Integrity/1 Resilience/ 1 Care								1M37			4 Respect/4 Integrity/4 Resilience 4 Care	4M26												
	Day 2	FRC 4 Integrity	4 Integrity/5N1	FTGP2		1 Respect/1 Integrity/1 Resilience/ 1 Care	1M37													4 Seek/4 Strive/4 Soar/4 Innovate	4M21									
	Day 3	FRC 4 Integrity	4 Respect/4 Integrity/4 Resilience/ 4 Care	4M26			4 Seek/4 Strive/4 Soar/4 Innovate								4M21		1 Respect/1 Integrity/1 Resilience/ 1 Care	1S16												
	Day 4	FRC 4 Integrity	4 Integrity/5N1	CCE2		1M37					4 Resilience									1 Respect/1 Integrity/1 Resilience/ 1 Care	1S16									
	Day 5	FRC 4 Integrity	4 Seek/4 Strive/4 Soar/4 Innovate	4M21			4 Soar				4 Resilience				Board Rm		4 Respect/4 Integrity/4 Resilience/ 4 Care	4M26			4 Respect/4 Integrity/4 Resilience/ 4 Care	4M26								

Teacher Pak Wanni

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Integrity													1 Respect/1 Integrity/1 Resilience/ 1 Care	3 Respect/3 Integrity	4 Respect/4 Integrity/4 Resilience/ 4 Care													
	Day 2	FRC 3 Integrity	1 Respect/1 Integrity/1 Resilience/ 1 Care	1M26										3 Integrity	4 Respect/4 Integrity/4 Resilience/ 4 Care	3A37	4A26													
	Day 3	FRC 3 Integrity				1 Respect/1 Integrity/1 Resilience/ 1 Care	1M26							3 Respect/3 Integrity	3A37	3 Integrity	4 Respect/4 Integrity/4 Resilience/ 4 Care	4A26	Timetabled Time (PLT)											
	Day 4	FRC 3 Integrity	3 Integrity	CCE		1 Respect/1 Integrity/1 Resilience/ 1 Care	1M26							FTGP	4 Respect/4 Integrity/4 Resilience/ 4 Care	4A26	4 Resilience	3 Respect/3 Integrity	3A37											
	Day 5	FRC 3 Integrity				Timetabled Time (PLT)	Board Rm																							
Even Week	Day 1	FRC 3 Integrity				1 Respect/1 Integrity/1 Resilience/ 1 Care	1M26												3 Respect/3 Integrity	3A37										
	Day 2	FRC 3 Integrity	3 Integrity	FTGP		1 Respect/1 Integrity/1 Resilience/ 1 Care	1M26							3 Respect/3 Integrity	3A37	3 Integrity	4 Respect/4 Integrity/4 Resilience/ 4 Care	4A26	4 Resilience											
	Day 3	FRC 3 Integrity	3 Respect/3 Integrity	3A37														4 Respect/4 Integrity/4 Resilience/ 4 Care	4A26											
	Day 4	FRC 3 Integrity	3 Integrity	CCE		1 Respect/1 Integrity/1 Resilience/ 1 Care	1M26											4 Respect/4 Integrity/4 Resilience/ 4 Care	4A26	4 Resilience										
	Day 5	FRC 3 Integrity												1 Respect/1 Integrity/1 Resilience/ 1 Care	1M26	1 Resilience														

Teacher Toh Wen Yi

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10 8:10 8:30	2 8:30 8:30 8:30	3 8:50 8:50 8:50	4 9:10 9:10 9:10	5 9:30 9:30 9:30	6 9:50 9:50 9:50	7 10:10 10:10 10:10	8 10:10 10:30 10:30	9 10:30 10:50 10:50	10 10:50 11:10 11:10	11 11:10 11:30 11:30	12 11:30 11:50 11:50	13 11:50 12:10 12:10	14 12:10 12:30 12:30	15 12:30 12:50 12:50	16 12:50 13:10 13:10	17 13:10 13:30 13:30	18 13:30 13:50 13:50	19 13:50 14:10 14:10	20 14:10 14:30 14:30	21 14:30 14:50 14:50	22 14:50 15:10 15:10	23 15:10 15:30 15:30	24 15:30 15:50 15:50	25 15:50 16:10 16:10	26 16:10 16:30 16:30	27 16:30 17:10 17:10	28 17:10 18:00 18:00	
Odd Week	Day 1	FRC 1 Integrity 1 Integrity	4 Resilience/5N1 PE3 Field 2						2 Soar PE Hall			2 Respect PE ISH			1 Soar PE Hall																
	Day 2	FRC 1 Integrity 1 Integrity	2 Respect PE ISH									1 Integrity FTGP 1 Integrity			3 Respect /3 Care 3X36 ESS Room,Comp 4																
	Day 3	FRC 1 Integrity 1 Integrity													1 Soar PE ISH						1 Integrity PE BBC										
	Day 4	FRC 1 Integrity 1 Integrity	1 Integrity CCE 1 Integrity			3 Respect /3 Care 3X36 ESS Room,Comp 4														1 Integrity PE BBC											
	Day 5	FRC 1 Integrity 1 Integrity	4 Resilience/5N1 PE3 Hall			3 Respect /3 Care 3X36 ESS Room,Comp 4			2 Soar PE BBC																						
Even Week	Day 1	FRC 1 Integrity 1 Integrity	2 Soar PE ISH																	3 Respect /3 Care 3X36 ESS Room,Comp 4											
	Day 2	FRC 1 Integrity 1 Integrity	1 Integrity FTGP 1 Integrity						2 Soar PE Hall			2 Respect PE ISH								1 Integrity PE BBC			3 Respect /3 Care 3X36 ESS Room,Comp 4								
	Day 3	FRC 1 Integrity 1 Integrity				4 Resilience/5N1 PE3 Field 2									3 Respect /3 Care 3X36 ESS Room,Comp 4																
	Day 4	FRC 1 Integrity 1 Integrity	1 Integrity CCE 1 Integrity			1 Soar PE Hall			2 Respect PE Hall																						
	Day 5	FRC 1 Integrity 1 Integrity				1 Soar PE Hall			1 Integrity PE Parade Square				4 Resilience/5N1 PE3 Field 2																		

Teacher Widayah Othman

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Soar	2 Respect/2 Integrity/2 Resilience/ 2 Care 2S38 Instr Area												4 Seek/4 Strive/4 Soar/4 Innovate 4C31 4 Seek							3 Seek 3PC1 3 Seek								
	Day 2	FRC 4 Soar													4 Soar	3 Seek	FTGP 4 Soar		3PC1 TS8											
	Day 3	FRC 4 Soar					Timetabled Time (PLT)			Board Rm		4 Respect/4 Integrity/4 Resilience/ 4 Care 4C36		2S38 2 Respect/2 Integrity/2 Resilience/ 2 Care				3 Seek 3PC1 TS8												
	Day 4	FRC 4 Soar	4 Soar CCE 4 Soar											4 Seek/4 Strive/4 Soar/4 Innovate 4C31 4 Seek							4 Respect/4 Integrity/4 Resilience/ 4 Care 4C36 4 Respect									
	Day 5	FRC 4 Soar	2 Respect/2 Integrity/2 Resilience/ 2 Care 2S38 Instr Area																											
Even Week	Day 1	FRC 4 Soar	3 Seek 3PC1 TS8											2 Respect/2 Integrity/2 Resilience/ 2 Care 2S38 Instr Area			4 Respect/4 Integrity/4 Resilience/ 4 Care 4C36 4 Respect													
	Day 2	FRC 4 Soar	FTGP 4 Soar		4 Seek/4 Strive/4 Soar/4 Innovate 4C31 4 Seek																3 Seek 3PC1 TS8									
	Day 3	FRC 4 Soar												2 Respect/2 Integrity/2 Resilience/ 2 Care 2S38 Instr Area																
	Day 4	FRC 4 Soar	4 Soar CCE 4 Soar		4 Respect/4 Integrity/4 Resilience/ 4 Care 4C36 4 Respect																2 Respect/2 Integrity/2 Resilience/ 2 Care 2S38 2 Care									
	Day 5	FRC 4 Soar	3 Seek 3PC1 TS8											2 Respect/2 Integrity/2 Resilience/ 2 Care 2S38 2 Seek																

Teacher Koh Yong Cheng

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 5N1	4 Respect/5N1 PE1 BBC						3 Resilience PE Field 1						2 Seek/2 Strive/2 Soar/2 Innovate 2S11 2 Innovate															
	Day 2	FRC 5N1	4 Seek PE Field 1						2 Seek/2 Strive/2 Soar/ 2 Innovate 2S11 2 Innovate						3 Strive/3 Soar/3 Innovate 3C22 3 Soar															
	Day 3	FRC 5N1	3 Seek PE Hall						4 Seek PE Field 1						3 Strive/3 Soar/3 Innovate 3C22 3 Soar															
	Day 4	FRC 5N1	CCE						3 Resilience PE Field 1																					
	Day 5	FRC 5N1	4 Respect/5N1 PE1 BBC						2 Seek/2 Strive/2 Soar/2 Innovate 2S11 2 Innovate	3 Seek PE Hall																				
Even Week	Day 1	FRC 5N1	3 Strive/3 Soar/3 Innovate 3C22 3 Soar						3 Resilience PE Field 2 Hall																					
	Day 2	FRC 5N1							3 Seek PE Field 1																					
	Day 3	FRC 5N1	4 Respect/5N1 PE1 BBC																											
	Day 4	FRC 5N1	3 Resilience PE Field 1						4 Seek PE Hall						2 Seek/2 Strive/2 Soar/2 Innovate 2S11 2 Innovate															
	Day 5	FRC 5N1	2 Seek/2 Strive/2 Soar/2 Innovate 2S11 2 Innovate						3 Seek PE Field 2						4 Respect/5N1 PE1 BBC															

Teacher Ng Yulin

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Care					3 Strive/3 Soar/3 Innovate/3 Respect/3 Resilience/3 Care 3CL8 TS2									Timetabled Time (PLT) Board Rm														
	Day 2	FRC 3 Care	3 Strive/3 Soar/3 Innovate/3 Respect/3 Resilience/3 Care 3CL8 TS2		4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care 4CL5 TS5						3 Care	FTGP	2CL6 3 Care TS3																	
	Day 3	FRC 3 Care	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care 4CL5 TS5		3 Strive/3 Soar/3 Innovate/3 Respect/3 Resilience/3 Care 3CL8 TS2				1 Seek/1 Strive/1 Innovate/1 Integrity/1 Resilience 1CL9 TS1								2 Seek/2 Strive/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care 2CL6 TS3													
	Day 4	FRC 3 Care	3 Care CCE 3 Care		2 Seek/2 Strive/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care 2CL6 TS3																									
	Day 5	FRC 3 Care			1 Seek/1 Strive/1 Innovate/1 Integrity/1 Resilience 1CL9 TS1							4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care 4CL5 TS5																		
Even Week	Day 1	FRC 3 Care					4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care 4CL5 TS5								3 Strive/3 Soar/3 Innovate/3 Respect/3 Resilience/3 Care 3CL8 TS2				2 Seek/2 Strive/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care 2CL6 TS3											
	Day 2	FRC 3 Care	3 Care FTGP 3 Care	3 Strive/3 Soar/3 Innovate/3 Respect/3 Resilience/3 Care 3CL8 TS2												2 Seek/2 Strive/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care 2CL6 TS3														
	Day 3	FRC 3 Care	1 Seek/1 Strive/1 Innovate/1 Integrity/1 Resilience 1CL9 TS1				3 Strive/3 Soar/3 Innovate/3 Respect/3 Resilience/3 Care 3CL8 TS2		4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care 4CL5 TS5							2 Seek/2 Strive/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care 2CL6 TS3														
	Day 4	FRC 3 Care	3 Care CCE 3 Care					1 Seek/1 Strive/1 Innovate/1 Integrity/1 Resilience 1CL9 TS1		4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care 4CL5 TS5						2 Seek/2 Strive/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care 2CL6 TS3														
	Day 5	FRC 3 Care	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care 4CL5 TS5					3 Strive/3 Soar/3 Innovate/3 Respect/3 Resilience/3 Care 3CL8 TS2																						

Teacher Shu Yun Chao

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Care 1 Care					3 Strive /3 Soar/3 Respect /3 Integrity /3 Resilience/3 Care 3CL4 3 Innovate																	2 Seek/2 Strive/2 Soar/ 2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2CL1 TS2						
	Day 2	FRC 1 Care 1 Care	3 Strive /3 Soar/3 Respect /3 Integrity /3 Resilience/3 Care 3CL4 3 Innovate		5N1	4CL6 TS4									1 Care FTGP 1 Care	2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2CL1 TS2														
	Day 3	FRC 1 Care 1 Care	5N1 4CL6 TS4	3 Strive /3 Soar/3 Respect /3 Integrity /3 Resilience/3 Care 3CL4 3 Innovate					1 Seek/1 Strive/1 Innovate/1 Integrity/1 Resilience 1CL8 TS2							2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2CL1 TS2														
	Day 4	FRC 1 Care 1 Care	1 Care CCE 1 Care			2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2CL1 TS2	1 Seek/1 Strive/1 Innovate/1 Integrity/1 Resilience 1CL8 TS2																							
	Day 5	FRC 1 Care 1 Care			1 Seek/1 Strive/1 Innovate/1 Integrity/1 Resilience 1CL8 TS2										5N1 4CL6 TS4															
Even Week	Day 1	FRC 1 Care 1 Care	1 Seek/1 Strive/1 Innovate/1 Integrity/1 Resilience 1CL8 TS2			5N1 4CL6 TS4									3 Strive /3 Soar/3 Respect /3 Integrity /3 Resilience/3 Care 3CL4 3 Innovate				2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2CL1 TS2				2 Seek/2 Strive/2 Soar/ 2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2CL1 TS2							
	Day 2	FRC 1 Care 1 Care	1 Care FTGP 1 Care	3 Strive /3 Soar/3 Respect /3 Integrity /3 Resilience/3 Care 3CL4 3 Innovate					1 Seek/1 Strive/1 Innovate/1 Integrity/1 Resilience 1CL8 TS2						2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2CL1 TS2															
	Day 3	FRC 1 Care 1 Care	1 Seek/1 Strive/1 Innovate/1 Integrity/1 Resilience 1CL8 TS2				3 Strive /3 Soar/3 Respect /3 Integrity /3 Resilience/3 Care 3CL4 3 Innovate		5N1 4CL6 TS4							2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2CL1 TS2														
	Day 4	FRC 1 Care 1 Care	1 Care CCE 1 Care					1 Seek/1 Strive/1 Innovate/1 Integrity/1 Resilience 1CL8 TS2	1 Seek/1 Strive/1 Innovate/1 Integrity/1 Resilience 1CL8 TS4		5N1 4CL6 TS4				2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2CL1 TS2															
	Day 5	FRC 1 Care 1 Care	5N1 4CL6 TS4				3 Strive /3 Soar/3 Respect /3 Integrity /3 Resilience/3 Care 3CL4 3 Innovate																							

2026 Semester 1 Timetable

Teacher Zainal

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Care	3 Resilience/3 Care			4 Respect/4 Integrity/4 Resilience/4 Care			4 Respect/4 Integrity/4 Resilience/4 Care			2 Seek/2 Strive/2 Soar/2 Innovate																		
	Day 2	FRC 3 Care	2 Seek/2 Strive/2 Soar/2 Innovate						4M16			2M11																		
	Day 3	FRC 3 Care	3M16			4 Care			4M16			2 Innovate																		
	Day 4	FRC 3 Care	2M11						2 Innovate			3 Resilience/3 Care			FTGP			3 Care			4 Respect/4 Integrity/4 Resilience/4 Care			4M16						
	Day 5	FRC 3 Care	2 Innovate						3M16			3 Care			4M16			4 Care			Timetabled Time (PLT)									
Even Week	Day 1	FRC 3 Care							2 Seek/2 Strive/2 Soar/2 Innovate			4M16			4 Respect/4 Integrity/4 Resilience/4 Care						3 Resilience/3 Care									
	Day 2	FRC 3 Care	CCE						3 Care			2 Innovate			4M16			4 Care			3M16									
	Day 3	FRC 3 Care							2M11			2 Innovate			3 Resilience/3 Care			3M16			3 Care			4M16						
	Day 4	FRC 3 Care	FTGP						3 Care			2 Innovate			2 Seek/2 Strive/2 Soar/2 Innovate			3 Resilience/3 Care			3M16			4 Care						
	Day 5	FRC 3 Care	4M16						4 Care			2 Innovate			2 Seek/2 Strive/2 Soar/2 Innovate			3 Resilience/3 Care			4M16			4 Respect/4 Integrity/4 Resilience/4 Care						

2026 Semester 1 Timetable

Teacher Zakir

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Seek																4 Seek/4 Strive/4 Soar/ 4 Innovate												
	Day 2	FRC 4 Seek				3 Respect/3 Integrity /3 Resilience				4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1	4O36	FTGP						4O21 HIVE												
	Day 3	FRC 4 Seek	3 Respect/3 Resilience/3 Care						3 Soar/3 Innovate	3O21		3O31						3 Seek/3 Strive		3 Respect/3 Integrity /3 Resilience			4 Seek/4 Strive/4 Soar/ 4 Innovate							
	Day 4	FRC 4 Seek	4 Seek	CCE					3 Soar/3 Innovate	3O21	4O36						3 Seek/3 Strive		3 Respect/3 Integrity /3 Resilience			4O31								
	Day 5	FRC 4 Seek							4 Seek/4 Strive/4 Soar/4 Innovate	4O21	3O26		3 Integrity				3 Seek		4 Seek/4 Strive/4 Soar/4 Innovate			4O31	HIVE							
Even Week	Day 1	FRC 4 Seek	4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1	4O36																										
	Day 2	FRC 4 Seek	FTGP 4 Seek	4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1	4O36													3 Respect/3 Integrity /3 Resilience		3 Respect/3 Integrity /3 Resilience			4 Seek/4 Strive/4 Soar/ 4 Innovate							
	Day 3	FRC 4 Seek	3 Seek/3 Strive 3 Seek	3O31			3 Soar/3 Innovate	3O21	4 Seek/4 Strive/4 Soar/4 Innovate HIVE	4O21									3 Respect/3 Integrity /3 Resilience		3 Respect/3 Integrity /3 Resilience			4O31	4 Strive					
	Day 4	FRC 4 Seek	CCE 4 Seek		3 Soar/3 Innovate		3 Soar	3O21	3 Seek	3O31		3O36	3O26						3 Respect/3 Integrity /3 Resilience		3 Respect/3 Integrity /3 Resilience			4O31						
	Day 5	FRC 4 Seek							4 Seek/4 Strive/4 Soar/4 Innovate	4O21		3O26		3 Integrity																

Teacher Zarina Ismail

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Resilience 1 Resilience					3 Seek/3 Strive /3 Respect /3 Integrity	3ML1	ML Rm																					
	Day 2	FRC 1 Resilience 1 Resilience	3 Seek/3 Strive /3 Respect /3 Integrity	3ML1	ML Rm	4 Seek/4 Strive/4 Soar/4 Innovate/4 Resilience	4ML3	ML Rm						1 Resilience	FTGP	2 Strive/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care	2ML9	ML Rm												
	Day 3	FRC 1 Resilience 1 Resilience	4 Seek/4 Strive/4 Soar/4 Innovate/4 Resilience	4ML3	ML Rm	3 Seek/3 Strive /3 Respect /3 Integrity	3ML1	ML Rm						1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1ML2	1 Integrity	Zarina	1 Integrity												
	Day 4	FRC 1 Resilience 1 Resilience	1 Resilience	CCE	1 Resilience	2 Strive/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care	2ML9	ML Rm						Zarina	1 Integrity	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1ML2	1 Integrity	Zarina	1 Integrity										
	Day 5	FRC 1 Resilience 1 Resilience				1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1ML2	1 Integrity								4 Seek/4 Strive/4 Soar/4 Innovate/4 Resilience	4ML3	ML Rm												
Even Week	Day 1	FRC 1 Resilience 1 Resilience	Zarina 1 Integrity			4 Seek/4 Strive/4 Soar/4 Innovate/4 Resilience	4ML3	ML Rm								3 Seek/3 Strive /3 Respect /3 Integrity	3ML1	ML Rm												
	Day 2	FRC 1 Resilience 1 Resilience	1 Resilience	FTGP	1 Resilience	3 Seek/3 Strive /3 Respect /3 Integrity	3ML1	ML Rm							1ML3	Zarina 1 Integrity	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1ML2	1 Integrity											
	Day 3	FRC 1 Resilience 1 Resilience	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1ML2	1 Integrity											3 Seek/3 Strive /3 Respect /3 Integrity	3ML1	ML Rm												
	Day 4	FRC 1 Resilience 1 Resilience	1 Resilience	CCE	1 Resilience										Zarina 1 Integrity	4 Seek/4 Strive/4 Soar/4 Innovate/4 Resilience	4ML3	ML Rm												
	Day 5	FRC 1 Resilience 1 Resilience	4 Seek/4 Strive/4 Soar/4 Innovate/4 Resilience	4ML3	ML Rm										3 Seek/3 Strive /3 Respect /3 Integrity	3ML1	ML Rm													

Teacher Zhang Hui

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Care					3 Seek/3 Respect /3 Integrity /3 Resilience 3CL3 3 Soar																							
	Day 2	FRC 2 Care	3 Seek/3 Respect /3 Integrity /3 Resilience 3CL3 3 Soar		4 Seek/4 Strive/4 Soar/4 Innovate/4 Respected/4 Integrity/4 Resilience/4 Care 4CL9 TS6					2 Care	FTGP		2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience 2CL5 2 Care TS4																	
	Day 3	FRC 2 Care			3 Seek/3 Respect /3 Integrity /3 Resilience 3CL3 3 Soar					1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1CL2		1 Strive						2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience 2CL5 TS4												
	Day 4	FRC 2 Care	2 Care CCE 2 Care			2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience 2CL5 TS4		1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1CL2		1 Strive																				
	Day 5	FRC 2 Care			1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1CL2 1 Strive					4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4CL9 TS6																				
Even Week	Day 1	FRC 2 Care	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1CL2 1 Strive											3 Seek/3 Respect /3 Integrity /3 Resilience 3CL3 3 Soar				2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience 2CL5 TS4												
	Day 2	FRC 2 Care	2 Care FTGP 2 Care	3 Seek/3 Respect /3 Integrity /3 Resilience 3CL3 3 Soar						1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1CL2		1 Strive						2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience 2CL5 TS4												
	Day 3	FRC 2 Care	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1CL2 1 Strive				3 Seek/3 Respect /3 Integrity /3 Resilience 3CL3 3 Soar										2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience 2CL5 TS4													
	Day 4	FRC 2 Care	2 Care CCE 2 Care					1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1CL2 1 Strive		4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4CL9 TS6						2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience 2CL5 TS4														
	Day 5	FRC 2 Care	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4CL9 TS6					3 Seek/3 Respect /3 Integrity /3 Resilience 3CL3 3 Soar																						

Teacher Yeo Zhi Qin

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Strive					3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience 3CL2 3 Strive																							
	Day 2	FRC 3 Strive	3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience 3CL2 3 Strive		4 Seek/4 Strive/4 Soar/4 Innovate/4 Respected/4 Integrity/4 Resilience/4 Care 4CL7 TS2						3 Strive	FTGP 3 Strive	2 Seek/2 Strive/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2CL9 2 Respect																	
	Day 3	FRC 3 Strive	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4CL7 TS2	3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience 3CL2 3 Strive			1 Seek/1 Strive/1 Soar/1 Respect/1 Integrity/1 Resilience/1 Care 1CL3 1 Soar																							
	Day 4	FRC 3 Strive	3 Strive CCE 3 Strive		2 Seek/2 Strive/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2CL9 2 Respect	1CL3 1 Soar	1 Seek/1 Strive/1 Soar/1 Respect/1 Integrity/1 Resilience/1 Care 1CL3 1 Soar																							
	Day 5	FRC 3 Strive		1 Seek/1 Strive/1 Soar/1 Respect/1 Integrity/1 Resilience/1 Care 1CL3 1 Soar								4 Seek/4 Strive/4 Soar/4 Innovate/4 Respected/4 Integrity/4 Resilience/4 Care 4CL7 TS2																		
Even Week	Day 1	FRC 3 Strive	1 Seek/1 Strive/1 Soar/1 Respect/1 Integrity/1 Resilience/1 Care 1CL3 1 Soar		4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4CL7 TS2							3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience 3CL2 3 Strive					2 Seek/2 Strive/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2CL9 2 Respect													
	Day 2	FRC 3 Strive	FTGP 3 Strive	3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience 3CL2 3 Strive							1 Seek/1 Strive/1 Soar/1 Respect/1 Integrity/1 Resilience/1 Care 1CL3 1 Soar																			
	Day 3	FRC 3 Strive	1 Seek/1 Strive/1 Soar/1 Respect/1 Integrity/1 Resilience/1 Care 1CL3 1 Soar			3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience 3CL2 3 Strive	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4CL7 TS2																							
	Day 4	FRC 3 Strive	3 Strive CCE 3 Strive				1 Seek/1 Strive/1 Soar/1 Respect/1 Integrity/1 Resilience/1 Care 1CL3 1 Soar	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respected/4 Integrity/4 Resilience/4 Care 4CL7 TS2					2 Seek/2 Strive/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2CL9 2 Respect																	
	Day 5	FRC 3 Strive	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4CL7 TS2				3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience 3CL2 3 Strive																							

2026 Semester 1 Timetable

Teacher Ida

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Respect																												
	Day 2	FRC 2 Respect	3 Seek/3 Strive /3 Respect /3 Integrity 3ML2 3 Integrity																											
	Day 3	FRC 2 Respect					3 Seek/3 Strive /3 Respect /3 Integrity 3ML2 3 Integrity																							
	Day 4	FRC 2 Respect	2 Respect CCE 2 Respect				2 Seek/2 Strive/2 Innovate/2 Integrity 2ML1 TS1																							
	Day 5	FRC 2 Respect																												
Even Week	Day 1	FRC 2 Respect																	3 Seek/3 Strive /3 Respect /3 Integrity 3ML2 3 Integrity				2 Seek/2 Strive/2 Innovate/2 Integrity 2ML1 TS1							
	Day 2	FRC 2 Respect	2 Respect FTGP 2 Respect	3 Seek/3 Strive /3 Respect /3 Integrity 3ML2 3 Integrity															2 Seek/2 Strive/2 Innovate/2 Integrity 2ML1 TS1											
	Day 3	FRC 2 Respect													3 Seek/3 Strive /3 Respect /3 Integrity 3ML2 3 Integrity								2 Seek/2 Strive/2 Innovate/2 Integrity 2ML1 TS1							
	Day 4	FRC 2 Respect	2 Respect CCE 2 Respect																2 Seek/2 Strive/2 Innovate/2 Integrity 2ML1 TS1											
	Day 5	FRC 2 Respect													3 Seek/3 Strive /3 Respect /3 Integrity 3ML2 3 Integrity															

Teacher Lee Mei

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Seek	1 Respect/1 Integrity/1 Resilience/ 1 Care	1L36					2 Seek/2 Strive/2 Soar/ 2 Innovate	2E21		1 Respect/1 Integrity/1 Resilience/ 1 Care																		
	Day 2	FRC 2 Seek								2 Soar		1E26		1 Resilience																
	Day 3	FRC 2 Seek	1 Respect/1 Integrity/1 Resilience/ 1 Care	1E26							2 Respect/2 Integrity/2 Resilience/ 2 Care	2E27	2 Seek	1 Respect/1 Integrity/1 Resilience/ 1 Care																
	Day 4	FRC 2 Seek	2 Seek	CCE	1 Seek/1 Strive/1 Soar/1 Innovate	1L31				1 Seek	2 Respect/2 Integrity/2 Resilience/ 2 Care	2E27	2 Care	2 Seek/2 Strive/2 Soar/2 Innovate	2E21															
	Day 5	FRC 2 Seek	2 Seek/2 Strive/2 Soar/2 Innovate	2E21	2 Soar						2 Respect/2 Integrity/2 Resilience/ 2 Care	2E27	2 Care	2 Respect/2 Integrity/2 Resilience/ 2 Care	2E21	2 Soar														
Even Week	Day 1	FRC 2 Seek									2 Respect/2 Integrity/2 Resilience/ 2 Care	2E27	2 Care			2 Seek/2 Strive/2 Soar/2 Innovate	2E21	2 Soar	1 Respect/1 Integrity/1 Resilience/ 1 Care	1L36	1 Respect	Timetabled Time (PLT)	Board Rm							
	Day 2	FRC 2 Seek	FTGP 2 Seek	2 Respect/2 Integrity/2 Resilience/ 2 Care	2E27	2 Care				1 Respect/1 Integrity/1 Resilience/ 1 Care	1E26					1 Seek/1 Strive/1 Soar/ 1 Innovate	1L31	1 Respect	2E21	2 Soar										
	Day 3	FRC 2 Seek	2 Seek/2 Strive/2 Soar/2 Innovate	2E21	2 Soar						2 Respect/2 Integrity/2 Resilience/ 2 Care	2E27	2 Care	1 Seek/1 Strive/1 Soar/ 1 Innovate	1L31				1 Respect/1 Integrity/1 Resilience/ 1 Care	1E26	1 Respect									
	Day 4	FRC 2 Seek	2 Seek	CCE	2 Seek	2 Care				2 Respect/2 Integrity/2 Resilience/ 2 Care	2E27	2 Care	2 Seek/2 Strive/2 Soar/2 Innovate	2E21				1 Respect/1 Integrity/1 Resilience/ 1 Care	1E26	1 Respect										
	Day 5	FRC 2 Seek	1 Respect/1 Integrity/1 Resilience/ 1 Care	1E26	1 Resilience																									

Teacher Charissa

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Seek													3 Respect/3 Integrity/3 Resilience	3 Soar/3 Innovate														
	Day 2	FRC 4 Seek							2 Respect/2 Integrity/2 Resilience/ 2 Care	2E36	FTGP	4 Seek	4 Seek/4 Strive/4 Soar/4 Innovate			3 Respect	3E21													
	Day 3	FRC 4 Seek						4 Seek/4 Strive/4 Soar/ 4 Innovate	4G22	2E36		2 Respect		3 Respect/3 Integrity/3 Resilience	3E36															
	Day 4	FRC 4 Seek	4 Seek	CCE			3 Soar/3 Innovate	3E21						2 Respect/2 Integrity/2 Resilience/ 2 Care	2E36		3 Respect/3 Integrity/3 Resilience	3E36												
	Day 5	FRC 4 Seek	3 Respect/3 Integrity/3 Resilience	3E36			3 Respect		2 Respect/2 Integrity/2 Resilience/ 2 Care	2E36		2 Respect		3 Soar/3 Innovate	3E21		3 Respect													
Even Week	Day 1	FRC 4 Seek					3 Respect/3 Integrity /3 Resilience	3E36	2 Respect/2 Integrity/2 Resilience 2 Care	2E36		2 Respect			4 Seek/4 Strive/4 Soar/4 Innovate	3 Soar/3 Innovate	4G22	3E21		Timetabled Time (PLT)										
	Day 2	FRC 4 Seek	4 Seek	FTGP			2 Respect/2 Integrity/2 Resilience/ 2 Care	2E36						3 Soar/3 Innovate	3E21															
	Day 3	FRC 4 Seek					3 Respect/3 Integrity /3 Resilience	3E36	2 Respect/2 Integrity/2 Resilience/ 2 Care	2E36		2 Respect			3 Soar/3 Innovate	3E21				Timetabled Time (PLT)										
	Day 4	FRC 4 Seek	4 Seek	CCE			2 Respect/2 Integrity/2 Resilience/ 2 Care	2E36						3 Soar/3 Innovate	3E21															
	Day 5	FRC 4 Seek	3 Respect/3 Integrity/3 Resilience	3E36			3 Respect		2 Respect/2 Integrity/2 Resilience/ 2 Care	2E36		2 Respect		3 Soar/3 Innovate	3E21		3 Respect													

Teacher Jih Heong Chee

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Strive	2 Respect	2S36												3 Strive /3 Soar/3 Innovate		2 Seek/2 Strive/2 Soar/2 Innovate												
	Day 2	FRC 2 Strive				2 Respect	2S36			2 Seek/2 Strive/2 Soar/ 2 Innovate	2S21	2 Soar				2 Strive	3 Respect /3 Integrity /3 Resilience	3P36			2 Soar					3 Strive /3 Soar/3 Innovate				
	Day 3	FRC 2 Strive														2 Respect/2 Integrity/2 Resilience/ 2 Care	2S36													
	Day 4	FRC 2 Strive	2 Strive	CCE		4 Seek/4 Strive/4 Soar/4 Innovate	4P21									3 Respect /3 Integrity /3 Resilience	3P36				2 Seek/2 Strive/2 Soar/2 Innovate									
	Day 5	FRC 2 Strive	2 Respect	2S36					2 Seek/2 Strive/2 Soar/2 Innovate	2S21	2 Soar						3 Respect				2 Soar									
Even Week	Day 1	FRC 2 Strive	3 Respect	3P36		2 Seek/2 Strive/2 Soar/ 2 Innovate	2S21	2 Soar			3 Strive /3 Soar/3 Innovate					2 Respect/2 Integrity/2 Resilience/ 2 Care	2S36													
	Day 2	FRC 2 Strive	2 Strive	FTGP												4 Seek/4 Strive/4 Soar/4 Innovate	4P21		3 Respect /3 Integrity /3 Resilience											
	Day 3	FRC 2 Strive				2 Seek/2 Strive/2 Soar/2 Innovate	2S21	2 Soar								2 Respect/2 Integrity/2 Resilience/ 2 Care	2S36													
	Day 4	FRC 2 Strive	2 Strive	CCE												2 Seek/2 Strive/2 Soar/2 Innovate	2S21	2 Soar												
	Day 5	FRC 2 Strive	2 Soar	2S21		2 Respect	2S36									3 Strive /3 Soar/3 Innovate		3P21	3 Soar											

Teacher Sharon

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1									1 Seek/1 Strive/1 Soar/1 Innovate	4 Seek/4 Strive/4 Soar/4 Innovate								3 Resilience/3 Care											
	Day 2																		3C26											
	Day 3					1 Seek/1 Strive/1 Soar/1 Innovate				4 Respect/4 Integrity/4 Resilience/4 Care									1 Seek/1 Strive/1 Soar/1 Innovate											
	Day 4									4 Seek/4 Strive/4 Soar/4 Innovate									4 Respect/4 Integrity/4 Resilience/4 Care											
	Day 5									4C21									4C37											
Even Week	Day 1																		4 Respect/4 Integrity/4 Resilience/4 Care	1 Seek/1 Strive/1 Soar/1 Innovate										
	Day 2					4 Seek/4 Strive/4 Soar/4 Innovate				3 Resilience/3 Care									1S21											
	Day 3									TS8	3C26								1 Seek/1 Strive/1 Soar/1 Innovate											
	Day 4									1S21									1S21											
	Day 5									4C37								4 Integrity		3 Resilience/3 Care										

2026 Semester 1 Timetable

Teacher Gaya

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Innovate	2 Respect/2 Integrity/2 Resilience/ 2 Care	2S16	2 Care										4 Seek/4 Strive/4 Soar/4 Innovate		2 Seek/2 Strive/2 Soar/2 Innovate		3 Respect/3 Integrity/3 Resilience											
	Day 2	FRC 2 Innovate				2 Respect/2 Integrity/2 Resilience/2 Care	2S16	2 Care			2 Seek/2 Strive/2 Soar/ 2 Innovate	2S31	2 Seek			TS9	2 Innovate	3 Soar/3 Innovate	3C21	2 Seek	3 Respect									
	Day 3	FRC 2 Innovate								4 Respect/4 Integrity/4 Resilience/ 4 Care	4C26	4 Resilience							3 Soar/3 Innovate	3C21	3 Innovate	3 Respect	3C36	3 Respect						
	Day 4	FRC 2 Innovate	2 Innovate	CCE	2 Innovate					4 Seek/4 Strive/4 Soar/4 Innovate	4C22	TS9						2 Seek/2 Strive/2 Soar/2 Innovate	4 Respect/4 Integrity/4 Resilience/ 4 Care	2S31	4C26	2 Seek	4 Resilience							
	Day 5	FRC 2 Innovate	2 Respect/2 Integrity/2 Resilience/ 2 Care	2S16	2 Care				2 Seek/2 Strive/2 Soar/2 Innovate	2S31	2 Seek																			
Even Week	Day 1	FRC 2 Innovate	3 Soar/3 Innovate	2S21	2S31	3 Innovate	2 Seek				2 Seek/2 Strive/2 Soar/ 2 Innovate				2 Respect/2 Integrity/2 Resilience/ 2 Care	2S16	2 Care	4 Respect/4 Integrity/4 Resilience/ 4 Care	4C26	4 Resilience										
	Day 2	FRC 2 Innovate	2 Innovate	FTGP	4C22	2 Innovate	TS9		3 Respect/3 Integrity/3 Resilience	3C36	3 Respect								3 Soar/3 Innovate	3C21	3 Innovate									
	Day 3	FRC 2 Innovate				2 Seek/2 Strive/2 Soar/2 Innovate	2S31	2 Seek							2 Respect/2 Integrity/2 Resilience/ 2 Care	2S16	2 Care													
	Day 4	FRC 2 Innovate	2 Innovate	CCE	2 Innovate	4 Respect/4 Integrity/4 Resilience/ 4 Care	4C26	4 Resilience								2 Seek/2 Strive/2 Soar/2 Innovate	2S31	2 Seek	3 Respect	3C36	3 Respect									
	Day 5	FRC 2 Innovate	2 Seek/2 Strive/2 Soar/2 Innovate	2S31	2 Seek						4 Seek/4 Strive/4 Soar/4 Innovate	4C22	TS9						4 Seek/4 Strive/4 Soar/4 Innovate	4C22	TS9									

Teacher Crystal

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Strive	3PG1					1 Respect/1 Integrity/1 Resilience/ 1 Care					4 Respect/4 Integrity/4 Resilience/ 4 Care			2 Respect/2 Integrity/2 Resilience/ 2 Care			2 Seek/2 Strive/2 Soar/2 Innovate											
	Day 2	FRC 3 Strive				3 Soar		1O16			1 Care		4G37			2G36			2G31											
	Day 3	FRC 3 Strive	3G36																											
	Day 4	FRC 3 Strive	CCE					4G37			1 Care																			
	Day 5	FRC 3 Strive											3 Respect /3 Integrity			3G36			3 Resilience											
Even Week	Day 1	FRC 3 Strive	2G36			2 Respect																								
	Day 2	FRC 3 Strive	FTGP					2 Seek/2 Strive/2 Soar/ 2 Innovate			2G31			4G37			2 Respect/2 Integrity/2 Resilience/2 Care			1O16			1 Respect/1 Integrity/1 Resilience/1 Care							
	Day 3	FRC 3 Strive																												
	Day 4	FRC 3 Strive	CCE										3 Strive			3G36			3 Soar											
	Day 5	FRC 3 Strive	3PG1			HIVE																								

Teacher Gail

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00								
Odd Week	Day 1	1 Seek/1 Strive/1 Soar/1 Innovate	1E22		EL Rm		2 Seek/2 Strive/2 Soar/2 Innovate		2E22		EL Rm																											
	Day 2																																					
	Day 3														2 Seek/2 Strive/2 Soar/2 Innovate	2E22		EL Rm		1 Seek/1 Strive/1 Soar/1 Innovate		1E22		EL Rm														
	Day 4																																					
	Day 5	2 Seek/2 Strive/2 Soar/2 Innovate	2E22		EL Rm										1 Seek/1 Strive/1 Soar/1 Innovate	1E22		EL Rm		2 Seek/2 Strive/2 Soar/2 Innovate		2E22		EL Rm														
Even Week	Day 1																			2 Seek/2 Strive/2 Soar/2 Innovate	2E22		EL Rm															
	Day 2														1 Seek/1 Strive/1 Soar/1 Innovate	1E22		TS6								2 Seek/2 Strive/2 Soar/2 Innovate		2E22		EL Rm								
	Day 3	2 Seek/2 Strive/2 Soar/2 Innovate	2E22		EL Rm											2 Seek/2 Strive/2 Soar/2 Innovate		1E22		TS6																		
	Day 4														2 Seek/2 Strive/2 Soar/2 Innovate	2E22		EL Rm		1 Seek/1 Strive/1 Soar/1 Innovate		1E22		EL Rm														
	Day 5	2 Seek/2 Strive/2 Soar/2 Innovate	2E22		EL Rm											2 Seek/2 Strive/2 Soar/2 Innovate		1E22		EL Rm		1 Seek/1 Strive/1 Soar/1 Innovate		1E22		EL Rm												

Teacher Rachel Ong Ying Li

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00			
Odd Week	Day 1	FRC 2 Resilience				2 Resilience			Mu						1 Strive			Mu			1 Seek			Mu									
	Day 2	FRC 2 Resilience			IM Pre-Lesson				Mu			1 Soar			2 Resilience		1 Resilience		FTGP			Mu			Music Room,Music Lab								
	Day 3	FRC 2 Resilience	2 Innovate			Mu			Music Room,Music Lab			IM LO			1 Respect			Mu			Music Room,Music Lab												
	Day 4	FRC 2 Resilience	2 Resilience			CCE			IM Post-Lesson			1 Care			Mu			Music Room,Music Lab															
	Day 5	FRC 2 Resilience				2 Resilience																											
Even Week	Day 1	FRC 2 Resilience										1 Soar			Mu			Music Room,Music Lab															
	Day 2	FRC 2 Resilience	2 Resilience		FTGP			2 Resilience												1 Care			Mu			Music Room,Music Lab							
	Day 3	FRC 2 Resilience										1 Respect			2 Innovate			Mu			Mu			1 Strive			Mu			Music Room,Music Lab			
	Day 4	FRC 2 Resilience	2 Resilience			CCE			2 Resilience			1 Seek			Mu			Music Room,Music Lab			2 Resilience			Mu			Music Room,Music Lab						
	Day 5	FRC 2 Resilience													1 Resilience			Mu			Music Room,Music Lab												

Teacher Mrs Wong

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00	
Odd Week	Day 1	4 Seek/4 Strive/4 Soar/4 Innovate 4M32 4 Strive							4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1 4M36 4 Respect																						
	Day 2																		4 Respected/4 Integrity/4 Resilience/ 4 Care/5N1 4M36 4 Respect												
	Day 3																		Timetabled Time (PLT) Board Rm												
	Day 4								4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1 4M36 4 Respect						4 Seek/4 Strive/4 Soar/4 Innovate 4M32 4 Strive																
	Day 5	4 Seek/4 Strive/4 Soar/4 Innovate 4M32 4 Strive																													
Even Week	Day 1															4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1 4M36 4 Respect															
	Day 2																	4 Seek/4 Strive/4 Soar/4 Innovate 4M32 4 Strive													
	Day 3	4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1 4M36 4 Respect							4 Seek/4 Strive/4 Soar/4 Innovate 4M32 4 Strive																						
	Day 4															Timetabled Time (PLT) Board Rm															
	Day 5	4 Seek/4 Strive/4 Soar/4 Innovate 4M32 4 Strive							4 Respect/4 Integrity/4 Resilience/ 4 Care/5N1 4M36 4 Respect																						

Teacher Sarah Diyana Zainol

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00							
Odd Week	Day 1	1 Respect/1 Integrity/1 Resilience/ 1 Care	3 Strive /3 Soar/3 Innovate/3 Respect /3 Resilience/3 Care			3SP(M)1			The Place 1									1 Respect/1 Integrity/1 Resilience/ 1 Care			1 SP (Sci)16			The Place 1													
	Day 2																																				
	Day 3	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4SP(M)1			The Place 1												2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care			2SP(MT)1			The Place 1													
	Day 4																	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1SP(M)1		1 Respect/1 Integrity/1 Resilience/1 Care	1 SP (O)16	2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care		2 SP (Sci)11			YSS Commons									
	Day 5	1 Seek/1 Strive/1 Soar/1 Innovate	1 SP (O)11			YSS Commons						1 Seek/1 Strive/1 Soar/1 Innovate			1 SP (Sci)11			YSS Commons																			
Even Week	Day 1							4 Seek/4 Strive/4 Soar/ 4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4SP(M)1	The Place 1			1 Seek/1 Strive/1 Soar/ 1 Innovate	1 SP (O)11		1 Respect/1 Integrity/1 Resilience/1 Care																					
	Day 2	3 Strive /3 Soar/3 Innovate/3 Respect /3 Resilience/3 Care	3SP(M)1			The Place 1									1 Seek/1 Strive/1 Soar/ 1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care				2SP(MT)1		1 Seek/1 Strive/1 Soar/ 1 Innovate			1 SP (Sci)11			YSS Commons										
	Day 3																	3 Strive /3 Soar/3 Innovate/3 Respect /3 Resilience/3 Care	3SP(M)1	The Place 1		4 Seek/4 Strive/4 Soar/ 4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4SP(M)1	The Place 1					2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care			2SP(MT)1			The Place 1		
	Day 4																	1 Seek/1 Strive/1 Soar/1 Innovate	1 SP (Sci)11		YSS Commons						2 SP (Sci)16			The Place 1							
	Day 5	1 Respect/1 Integrity/1 Resilience/ 1 Care	1 SP (Sci)16			YSS Commons															1 SP (O)16			YSS Commons			1 SP (O)11			YSS Commons							

Teacher Daniel Keng

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Strive						2 Seek/2 Strive/2 Soar/ 2 Innovate	4 Seek/4 Strive/4 Soar/4 Innovate																					
	Day 2	FRC 4 Strive	4 Respect/4 Integrity/4 Resilience/ 4 Care	4E26	4 Resilience			2E32	4E21	2 Strive	4 Soar							2 Seek/2 Strive/2 Soar/ 2 Innovate	2L21	2 Soar										
	Day 3	FRC 4 Strive				4 Respect/4 Integrity/4 Resilience/ 4 Care	4E26					2 Seek/2 Strive/2 Soar/2 Innovate	2E32	2 Strive			2 Seek/2 Strive/2 Soar/ 2 Innovate	2L21	2 Soar											
	Day 4	FRC 4 Strive	4 Strive	CCE	4 Strive							4 Seek/4 Strive/4 Soar/4 Innovate	4E21	4 Soar			4 Respect/4 Integrity/4 Resilience/ 4 Care	4E26	2E32	2 Strive										
	Day 5	FRC 4 Strive	2 Seek/2 Strive/2 Soar/2 Innovate	2E32	2 Strive	4 Respect/4 Integrity/4 Resilience/ 4 Care	4E26	4 Resilience				4 Seek/4 Strive/4 Soar/4 Innovate	4E21	4 Soar			4 Resilience	2 Seek/2 Strive/2 Soar/2 Innovate	2E32	2 Strive										
Even Week	Day 1	FRC 4 Strive	4 Seek/4 Strive/4 Soar/4 Innovate	4E21	4 Soar				4 Respect/4 Integrity/4 Resilience/ 4 Care	4E26	4 Resilience	2 Seek/2 Strive/2 Soar/2 Innovate	2E32	2 Strive							Timetabled Time (PLT)									
	Day 2	FRC 4 Strive	4 Strive	FTGP	4 Strive				4 Seek/4 Strive/4 Soar/4 Innovate	4E21	4 Soar		4 Respect/4 Integrity/4 Resilience/ 4 Care	4E26	4 Resilience		2 Seek/2 Strive/2 Soar/ 2 Innovate	2E32	2 Strive											
	Day 3	FRC 4 Strive	2 Seek/2 Strive/2 Soar/2 Innovate	2E32	2 Strive				4 Respect/4 Integrity/4 Resilience/ 4 Care	4E26	4 Resilience			4 Seek/4 Strive/4 Soar/4 Innovate	4E21	4 Soar														
	Day 4	FRC 4 Strive	4 Strive	CCE	4 Strive							4 Seek/4 Strive/4 Soar/4 Innovate	4E21	4 Soar																
	Day 5	FRC 4 Strive						4 Respect/4 Integrity/4 Resilience/ 4 Care	4E26	4 Resilience							2 Seek/2 Strive/2 Soar/ 2 Innovate	2E32	2 Strive											

Teacher Patricia

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00	
Odd Week	Day 1	1 Seek/1 Strive/1 Soar/1 Innovate									1 Respect/1 Integrity/1 Resilience/ 1 Care																				
	Day 2		1E32								1 Integrity																				
	Day 3									2 Respect/2 Integrity/2 Resilience/ 2 Care		2E26									1 Respect/1 Integrity/1 Resilience/ 1 Care		1 Seek/1 Strive/1 Soar/ 1 Innovate								
	Day 4										2 Resilience									1 Integrity		1E37		1E32							
	Day 5								2 Respect/2 Integrity/2 Resilience/ 2 Care		2E26		2 Respect/2 Integrity/2 Resilience/ 2 Care		1 Respect/1 Integrity/1 Resilience/ 1 Care		1 Seek/1 Strive/1 Soar/1 Innovate		1 Strive		1E32										
Even Week	Day 1									2 Respect/2 Integrity/2 Resilience/ 2 Care		2E26																			
	Day 2								2 Respect/2 Integrity/2 Resilience/ 2 Care		2E26		1 Seek/1 Strive/1 Soar/ 1 Innovate		1 Respect/1 Integrity/1 Resilience/ 1 Care		1E37														
	Day 3									2 Resilience		1 Strive		2 Respect/2 Integrity/2 Resilience/ 2 Care		2E26					1 Seek/1 Strive/1 Soar/1 Innovate		1 Strive		1E32						
	Day 4									2 Resilience										1 Integrity		1E37									
	Day 5		1 Respect/1 Integrity/1 Resilience/ 1 Care		1 Integrity				2 Respect/2 Integrity/2 Resilience/ 2 Care		2E26		1 Respect/1 Integrity/1 Resilience/ 1 Care		1 Seek/1 Strive/1 Soar/1 Innovate		1 Strive		1 Integrity		1E37										

Teacher Zawana

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Integrity					3 Soar/3 Innovate/3 Resilience/3 Care 3ML3 3 Resilience																							
	Day 2	FRC 3 Integrity	3 Soar/3 Innovate/3 Resilience/3 Care 3ML3 3 Resilience	4 Seek 4ML1 4 Respect																										
	Day 3	FRC 3 Integrity	4 Seek 4ML1 4 Respect	3 Soar/3 Innovate/3 Resilience/3 Care 3ML3 3 Resilience																										
	Day 4	FRC 3 Integrity	3 Integrity CCE 3 Integrity																											
	Day 5	FRC 3 Integrity				1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1ML7 1 Resilience																								
Even Week	Day 1	FRC 3 Integrity	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1ML7 1 Resilience			4 Seek 4ML1 4 Respect																								
	Day 2	FRC 3 Integrity	3 Integrity FTGP 3 Integrity	3 Soar/3 Innovate/3 Resilience/3 Care 3ML3 3 Resilience																										
	Day 3	FRC 3 Integrity	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1ML7 1 Resilience				3 Soar/3 Innovate/3 Resilience/3 Care 3ML3 3 Resilience																							
	Day 4	FRC 3 Integrity	3 Integrity CCE 3 Integrity					1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1ML7 1 Resilience																						
	Day 5	FRC 3 Integrity	4 Seek 4ML1 4 Respect						3 Soar/3 Innovate/3 Resilience/3 Care 3ML3 3 Resilience																					

Teacher Angeline Liu

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00	
Odd Week	Day 1	FRC 1 Respect 1 Respect								1 Seek/1 Strive/1 Soar/1 Innovate							1 Respect/1 Integrity/1 Resilience/ 1 Care		3 Respect/3 Integrity/3 Resilience												
	Day 2	FRC 1 Respect 1 Respect								1 Respect/1 Integrity/1 Resilience/ 1 Care	1S26	1 Respect	FTGP	3 Seek/3 Strive/3 Innovate			1 Seek/1 Strive/1 Soar/ 1 Innovate	1S26	3C38	3 Integrity											
	Day 3	FRC 1 Respect 1 Respect				1 Seek/1 Strive/1 Soar/1 Innovate						1 Respect/1 Integrity/ 1 Resilience/1 Care	1S26	1 Respect	3 Strive	1S11	TS6														
	Day 4	FRC 1 Respect 1 Respect	1 Respect	CCE	1 Respect																										
	Day 5	FRC 1 Respect 1 Respect														1 Respect/1 Integrity/1 Resilience/ 1 Care	1S26	1 Respect	3 Seek/3 Strive/3 Innovate	3C32	3 Strive	3 Integrity	3C38								
Even Week	Day 1	FRC 1 Respect 1 Respect	3 Seek/3 Strive/3 Innovate	3C32	3 Strive											1 Respect/1 Integrity/ 1 Resilience/1 Care	1S26	1 Respect	1 Seek/1 Strive/1 Soar/1 Innovate	1S11	TS6										
	Day 2	FRC 1 Respect 1 Respect	1 Respect	FTGP	1 Respect					3 Respect/3 Integrity/3 Resilience	3C38	3 Integrity							3 Seek/3 Strive/3 Innovate	3C32	3 Strive										
	Day 3	FRC 1 Respect 1 Respect														1 Respect/1 Integrity/1 Resilience/ 1 Care	1S26	1 Respect	1 Seek/1 Strive/1 Soar/1 Innovate	1S11	TS6										
	Day 4	FRC 1 Respect 1 Respect	1 Respect	CCE	1 Respect											1 Respect/1 Integrity/1 Resilience/ 1 Care	1S26	1 Respect	3 Seek/3 Strive/3 Innovate	3C38	3 Integrity										
	Day 5	FRC 1 Respect 1 Respect				1 Respect/1 Integrity/1 Resilience/ 1 Care	1S26	1 Respect																							

Teacher Mrs Phua Lee Hoon

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	3 Respect /3 Integrity /3 Resilience TS9																												
	Day 2				3 Seek/3 Strive 3A31 3 Seek			3 Respect /3 Integrity /3 Resilience 3M38 Math Rm			4A40 EL Rm																			
	Day 3																							Timetabled Time (PLT) Board Rm						
	Day 4														3 Seek/3 Strive 3A31 3 Seek															
	Day 5		3 Seek/3 Strive 3A31 3 Seek												3 Respect /3 Integrity /3 Resilience 3M38 Math Rm															
Even Week	Day 1																													
	Day 2														3 Seek/3 Strive 3A31 3 Seek															
	Day 3														3 Respect /3 Integrity /3 Resilience 3M38 Math Rm			3 Seek/3 Strive 3A31 3 Seek												
	Day 4														3 Respect /3 Integrity /3 Resilience 3M38 Math Rm			3 Seek/3 Strive 3A31 3 Seek												
	Day 5		3 Respect /3 Integrity /3 Resilience 3M38 TS8																											

2026 Semester 1 Timetable

Teacher Farisah Trainee

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	3 Soar/3 Innovate							3 Soar/3 Innovate										1 Seek/1 Strive/1 Soar/1 Innovate											
	Day 2		3U11		Comp 1					3M21		3 Soar								1M32		1 Strive								
	Day 3	1 Seek/1 Strive/1 Soar/1 Innovate								3 Soar/3 Innovate		3M21		3 Soar					1 Seek/1 Strive/1 Soar/1 Innovate		1M32		1 Strive							
	Day 4									3 Soar/3 Innovate		3U11		Comp 1						1 Seek/1 Strive/1 Soar/1 Innovate		1M32		1 Strive						
	Day 5	3 Soar/3 Innovate			Comp 1				3 Soar/3 Innovate		3M21		3 Soar							Timetabled Time (PLT)		Board Rm								
Even Week	Day 1				3 Soar/3 Innovate				3M21		3 Soar								1 Seek/1 Strive/1 Soar/1 Innovate		1M32		1 Strive			3U11				
	Day 2																		1 Seek/1 Strive/1 Soar/1 Innovate		1M32		1 Strive			3U11				
	Day 3	3 Soar/3 Innovate			1 Seek/1 Strive/1 Soar/1 Innovate				1M32		1 Strive								3 Soar/3 Innovate		1M32		1 Strive			3U11				
	Day 4									3 Soar/3 Innovate		3M21		3 Soar																
	Day 5	3 Soar/3 Innovate			3M21		3 Soar																							