

Teacher Tay Ai Ti

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00								
Odd Week	Day 1	FRC 2 Integrity	3 Soar/3 Innovate			4 Seek/4 Strive/4 Soar/4 Innovate			4U11			Comp 1			4U16			Comp 1			2 Respect/2 Integrity/2 Resilience/2 Care			2M36			2 Respect											
	Day 2	FRC 2 Integrity	3U11			Comp 1			4U11			Comp 1			4U16			Comp 1			2 Respect/2 Integrity/2 Resilience/2 Care			2M36			2 Respect											
	Day 3	FRC 2 Integrity	2 Respect/2 Integrity/2 Resilience/2 Care			2M36			Comp 1			2 Respect			3U16			Comp 1			3 Resilience/3 Care			4 Seek/4 Strive/4 Soar/4 Innovate			4U11			Timetabled Time (PLT)								
	Day 4	FRC 2 Integrity	CCE			2 Integrity			3U16			Comp 1			3 Resilience/3 Care			3U11			3 Soar/3 Innovate			4U11			Comp 1			Board Rm								
	Day 5	FRC 2 Integrity	3 Soar/3 Innovate			3U11			Comp 1			2 Respect			Timetabled Time (PLT)			FRC 2 Integrity			4 Respect/4 Integrity/4 Resilience/4 Care			4U16			2 Respect/2 Integrity/2 Resilience/2 Care			2M36			2 Respect					
Even Week	Day 1	FRC 2 Integrity	3U16			Comp 1			3 Resilience/3 Care			2 Respect/2 Integrity/2 Resilience/2 Care			2M36			2 Respect			3U11			3 Soar/3 Innovate			Comp 1			3U11								
	Day 2	FRC 2 Integrity	FTGP			4U16			2M36			Comp 1			2 Respect			3 Resilience/3 Care			3U16			3 Soar/3 Innovate			Comp 1			3U11								
	Day 3	FRC 2 Integrity	3U11			2M36			Comp 1			2 Respect			4 Seek/4 Strive/4 Soar/4 Innovate			4U11			Comp 1			4U16			4 Respect/4 Integrity/4 Resilience/4 Care			4U16			Comp 1					
	Day 4	FRC 2 Integrity	CCE			2 Integrity			3U16			Comp 1			3 Soar/3 Innovate			3U11			3 Resilience/3 Care			4U11			Comp 1			4U16			4 Respect/4 Integrity/4 Resilience/4 Care			4U16		
	Day 5	FRC 2 Integrity	3U11			Comp 1			2 Respect			3U11			2 Respect			4U11			Comp 1			2M36			2 Respect			3U11			3 Soar/3 Innovate					

2026 Semester 1 Timetable

Teacher Aidil

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	4 Care/SN1 PE4 ISH							3 Integrity PE BBC										4 Respect/4 Integrity/4 Resilience/4 Care 4X36 Comp 4											
	Day 2	4 Strive PE Field 2																3 Respect /3 Care 3X36 ESS Room,Comp 4		4 Respect/4 Integrity/4 Resilience/4 Care 4X36 Comp 4										
	Day 3								4 Strive PE Field 2									1 Care PE ISH												
	Day 4					3 Respect /3 Care 3X36 ESS Room,Comp 4		3 Integrity PE BBC							1 Care PE Hall			4 Respect/4 Integrity/4 Resilience/4 Care 4X36 Comp 4												
	Day 5	4 Care/SN1 PE4 Field 2					3 Respect /3 Care 3X36 ESS Room,Comp 4																							
Even Week	Day 1								3 Integrity PE Field 1		4 Strive PE Field 1							3 Respect /3 Care 3X36 ESS Room,Comp 4												
	Day 2															1 Care PE Hall		4 Respect/4 Integrity/4 Resilience/4 Care 4X36 Comp 4		3 Respect /3 Care 3X36 ESS Room,Comp 4										
	Day 3					4 Care/SN1 PE4 ISH		1 Care PE Hall								3 Respect /3 Care 3X36 ESS Room,Comp 4			4 Respect/4 Integrity/4 Resilience/4 Care 4X36 Comp 4											
	Day 4					3 Integrity PE BBC		4 Strive PE Field 1								4 Respect/4 Integrity/4 Resilience/4 Care 4X36 Comp 4														
	Day 5								4 Care/SN1 PE4 Hall																					

Teacher Aljunied

Yishun Secondary School, Singapore

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Odd Week	Day 1					1 Seek/1 Strive/1 Soar 1 Innovate		1 Respect/1 Integrity/1 Resilience/1 Care																						
	Day 2		1 Seek/1 Strive/1 Soar 1 Innovate	1O11			1O11		1H26																					
	Day 3					3 Resilience/3 Care			2 Seek/2 Strive/2 Soar 2 Innovate																					
	Day 4						1 Seek/1 Strive/1 Soar 1 Innovate			3H26																				
	Day 5					1 Seek/1 Strive/1 Soar/1 Innovate			1O11																					
Even Week	Day 1					2 Respect/2 Integrity/2 Resilience/2 Care				2H26																				
	Day 2								1H21																					
	Day 3					3 Soar/3 Innovate				3O11																				
	Day 4						1 Seek/1 Strive/1 Soar 1 Innovate				2H26																			
	Day 5					1 Seek/1 Strive/1 Soar/1 Innovate			1 Innovate																					

Teacher Alvin Hoo

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 5N1																												
	Day 2	FRC 5N1																												
	Day 3	FRC 5N1																												
	Day 4	FRC 5N1																												
	Day 5	FRC 5N1																												
Even Week	Day 1	FRC 5N1																												
	Day 2	FRC 5N1																												
	Day 3	FRC 5N1																												
	Day 4	FRC 5N1																												
	Day 5	FRC 5N1																												

Teacher Angie Chiang

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10 8:30	2 8:30 8:50	3 8:50 9:10	4 9:10 9:30	5 9:30 9:50	6 9:50 10:10	7 10:10 10:30	8 10:30 10:50	9 10:50 11:10	10 11:10 11:30	11 11:30 11:50	12 11:50 12:10	13 12:10 12:30	14 12:30 12:50	15 12:50 13:10	16 13:10 13:30	17 13:30 13:50	18 13:50 14:10	19 14:10 14:30	20 14:30 14:50	21 14:50 15:10	22 15:10 15:30	23 15:30 15:50	24 15:50 16:10	25 16:10 16:30	26 16:30 17:10	27 17:10 18:00				
Odd Week	Day 1	1 Seek/1 Strive/1 Soar/1 Innovate	1E21		1 Soar	2 Seek		2E31		2 Seek																							
	Day 2																																
	Day 3														2 Seek/2 Strive/2 Soar/2 Innovate	2E31		2 Seek		1 Seek/1 Strive/1 Soar/1 Innovate		1E21		1 Soar									
	Day 4																																
	Day 5	2 Seek/2 Strive/2 Soar/2 Innovate	2E31		2 Seek									1 Seek/1 Strive/1 Soar/1 Innovate		1E21		1 Soar		2 Seek/2 Strive/2 Soar/2 Innovate		2E31		2 Seek									
Even Week	Day 1															2 Seek/2 Strive/2 Soar/2 Innovate		2E31		2 Seek													
	Day 2														1 Seek/1 Strive/1 Soar/1 Innovate	1E21		1 Soar				2 Seek/2 Strive/2 Soar/2 Innovate		2E31		2 Seek							
	Day 3	2 Seek/2 Strive/2 Soar/2 Innovate	2E31		2 Seek											1 Seek/1 Strive/1 Soar/1 Innovate		1E21		1 Soar		1 Seek/1 Strive/1 Soar/1 Innovate		1E21		1 Soar							
	Day 4															2 Seek/2 Strive/2 Soar/2 Innovate		1E21		1 Soar		1 Seek/1 Strive/1 Soar/1 Innovate		1E21		1 Soar							
	Day 5															1 Seek/1 Strive/1 Soar/1 Innovate	1E21		1 Soar		1 Seek/1 Strive/1 Soar/1 Innovate		1E21		1 Soar								

Teacher Azizah

Yishun Secondary School, Singapore

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Odd Week	Day 1	1 Seek/1 Strive/1 Soar/1 Innovate									1 Respect/1 Integrity/1 Resilience/1 Care																		
	Day 2		1E23								1E16			1 Care															
	Day 3																		1 Respect/1 Integrity/1 Resilience/1 Care	1 Seek/1 Strive/1 Soar/1 Innovate									
	Day 4																		1E16	1E23									
	Day 5										1 Respect/1 Integrity/1 Resilience/1 Care			1 Care	1 Seek/1 Strive/1 Soar/1 Innovate				1E23										
Even Week	Day 1										1 Respect/1 Integrity/1 Resilience/1 Care			EL (Elective)16															
	Day 2										1 Seek/1 Strive/1 Soar/1 Innovate	1 Respect/1 Integrity/1 Resilience/1 Care			1E23	1E16													
	Day 3																		1 Seek/1 Strive/1 Soar/1 Innovate	1 Respect/1 Integrity/1 Resilience/1 Care									
	Day 4																	1E23	1E16										
	Day 5		1 Respect/1 Integrity/1 Resilience/1 Care								1 Seek/1 Strive/1 Soar/1 Innovate			1E23					1E23										

Teacher Eunice

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 3 Resilience								3 Strive/3 Soar/3 Innovate/3 Respect /3 Resilience/3 Care									2 Respect/2 Integrity/2 Resilience/2 Care	2 Seek/2 Strive/2 Soar/2 Innovate										
	Day 2	FRC 3 Resilience								3SP(M)1 The Place 1									2 SP (O)16	2 SP (O)11										
	Day 3	FRC 3 Resilience		4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care											3 Resilience				YSS Commons	YSS Commons										
	Day 4	FRC 3 Resilience														FTGP 3 Resilience														
	Day 5	FRC 3 Resilience																												
Even Week	Day 1	FRC 3 Resilience		2 Respect/2 Integrity/2 Resilience 2 Care		2 SP (O)16 The Place 1				2 Seek/2 Strive/2 Soar 2 Innovate		4 Seek/4 Strive/4 Soar 4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care																		
	Day 2	FRC 3 Resilience				1SP(M)1 HIVE		3 Seek/3 Soar/3 Innovate/3 Respect /3 Resilience/3 Care		2 SP (Sci)11 YSS Commons		3SP(M)1 The Place 1																		
	Day 3	FRC 3 Resilience																												
	Day 4	FRC 3 Resilience																												
	Day 5	FRC 3 Resilience																												

Teacher Bariyah

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1																													
	Day 2																													
	Day 3																													
	Day 4																													
	Day 5																													
Even Week	Day 1																													
	Day 2																													
	Day 3																													
	Day 4																													
	Day 5																													

Teacher Mrs Bhupathy

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1																								2 Soar/2 Resilience/2 Care					
	Day 2																								2TL1					
	Day 3																								TL Rm					
	Day 4																													
	Day 5																													
Even Week	Day 1																								2TL1					
	Day 2																								2TL2					
	Day 3																								TL Rm					
	Day 4																													
	Day 5																													

Teacher Birundha

Yishun Secondary School, Singapore

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Odd Week	Day 1																													
	Day 2																													
	Day 3																													
	Day 4																													
	Day 5																													
Even Week	Day 1																													
	Day 2																													
	Day 3																													
	Day 4																													
	Day 5																													

Teacher Lee Boon Kiat

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 3 Soar	4 Seek/4 Strive/4 Soar/4 Innovate 4M11 4 Innovate						3 Soar/3 Innovate 3M11 3 Innovate						4 Respect/4 Integrity/4 Resilience/4 Care 4RO16 RO Room,Comp 3															
	Day 2	FRC 3 Soar			3 Soar/3 Innovate 3M11 3 Innovate				3 Soar/3 Innovate 3M11 3 Innovate		FTGP 3 Soar		4 Seek/4 Strive/4 Soar/4 Innovate 4M11 4 Innovate																	
	Day 3	FRC 3 Soar				4 Seek/4 Strive/4 Soar/4 Innovate 4M11 4 Innovate			4 Respect/4 Integrity/4 Resilience/4 Care 4RO16 RO Room,Comp 3											Timetabled Time (PLT) Board Rm										
	Day 4	FRC 3 Soar	3 Soar CCE 3 Soar		4 Respect/4 Integrity/4 Resilience/4 Care 4RO16 RO Room,Comp 3								3 Soar/3 Innovate 3M11 3 Innovate		4 Seek/4 Strive/4 Soar/4 Innovate 4M11 4 Innovate															
	Day 5	FRC 3 Soar	4 Seek/4 Strive/4 Soar/4 Innovate 4M11 4 Innovate			3 Soar/3 Innovate 3M11 3 Innovate																								
Even Week	Day 1	FRC 3 Soar	4 Respect/4 Integrity/4 Resilience/4 Care 4RO16 RO Room,Comp 3		3 Soar/3 Innovate 3M11 3 Innovate										4 Seek/4 Strive/4 Soar/4 Innovate 4M11 4 Innovate															
	Day 2	FRC 3 Soar	3 Soar FTGP 3 Soar	4 Seek/4 Strive/4 Soar/4 Innovate	4M11 4 Innovate				4 Respect/4 Integrity/4 Resilience/4 Care 4RO16 RO Room,Comp 3						3 Soar/3 Innovate 3M11 3 Innovate		4 Seek/4 Strive/4 Soar/4 Innovate 4M11 4 Innovate													
	Day 3	FRC 3 Soar			4 Seek/4 Strive/4 Soar/4 Innovate 4M11 4 Innovate						3 Soar/3 Innovate 3M11 3 Innovate																			
	Day 4	FRC 3 Soar	3 Soar CCE 3 Soar		4 Respect/4 Integrity/4 Resilience/4 Care 4RO16 RO Room,Comp 3				3 Soar/3 Innovate 3M11 3 Innovate																					
	Day 5	FRC 3 Soar	3 Soar/3 Innovate 3M11 3 Innovate		4 Seek/4 Strive/4 Soar/4 Innovate 4M11 4 Innovate																									

Teacher Poh Chee Jian

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 4 Care					3 Seek/3 Soar/3 Innovate/3 Resilience																							
	Day 2	FRC 4 Care	3 Seek/3 Soar/3 Innovate/3 Resilience	3CL7	TS3	3CL7	TS3																							
	Day 3	FRC 4 Care	4 Seek/4 Strive/4 Soar/4 Innovate/4 Resilience/4 Care	4CL3	4 Soar	4CL3	4 Soar	4 Seek/4 Strive/4 Soar/4 Innovate/4 Resilience/4 Care	FTGP4	4 Care	FTGP4	4 Care	4 Seek/4 Strive/4 Soar/4 Innovate/4 Resilience/4 Care	1CL7	TS3	1CL7	TS3													
	Day 4	FRC 4 Care	4 Care/5N1	CCE4	4 Care	4 Soar	4 Soar	4 Seek/4 Strive/4 Soar/4 Innovate/4 Resilience/4 Care	1CL7	TS3	1CL7	TS3	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care																	
	Day 5	FRC 4 Care					1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL7	TS3	1CL7	TS3	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	4 Seek/4 Strive/4 Soar/4 Innovate/4 Resilience/4 Care	4CL3	4 Soar	4 CL3	4 Soar													
Even Week	Day 1	FRC 4 Care	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL7	TS3	4CL3	4 Soar	4 Seek/4 Strive/4 Soar/4 Innovate/4 Resilience/4 Care	3CL7	TS3	3CL7	TS3	3 Seek/3 Soar/3 Innovate/3 Resilience																	
	Day 2	FRC 4 Care	4 Care/5N1	FTGP4	3CL7	TS3	4 Soar	4 Seek/4 Strive/4 Soar/4 Innovate/4 Resilience/4 Care	1CL7	TS3	1CL7	TS3	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care																	
	Day 3	FRC 4 Care	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL7	TS3	4CL3	4 Soar	3 Seek/3 Soar/3 Innovate/3 Resilience	3CL7	TS3	3CL7	TS3	4 Seek/4 Strive/4 Soar/4 Innovate/4 Resilience/4 Care																	
	Day 4	FRC 4 Care	4 Care/5N1	CCE4	4 Care	4 Soar	4 Soar	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL7	TS3	1CL7	TS3	4 Seek/4 Strive/4 Soar/4 Innovate/4 Resilience/4 Care	4CL3	4 Soar	4 CL3	4 Soar													
	Day 5	FRC 4 Care	4 Seek/4 Strive/4 Soar/4 Innovate/4 Resilience/4 Care	4CL3	4 Soar	4CL3	4 Soar	3 Seek/3 Soar/3 Innovate/3 Resilience	3CL7	TS3	3CL7	TS3	3 Seek/3 Soar/3 Innovate/3 Resilience																	

Teacher Ong Chee Kiong

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	2 Soar	2D11						2 Seek	2D12												Timetabled Time (PLT)								
	Day 2		D&T Workshop 2			1 Seek	1D12			1 Strive	1D12												D&T Tech Rm							
	Day 3																						3 Integrity							
	Day 4					3 Integrity	3D36								1 Soar	1D12							4 Respect/4 Integrity/4 Resilience/4 Care							
	Day 5						3 Integrity	3D36			D&T Workshop 1,D&T Workshop 2 3 Resilience					D&T Workshop 2	D&T Workshop 2							4 Respect/4 Integrity/4 Resilience/4 Care						
Even Week	Day 1														1 Seek	1D12							3 Integrity							
	Day 2					1 Soar	1D12				2 Seek	2D12											4 Respect/4 Integrity/4 Resilience/4 Care			3 Integrity	3D36			
	Day 3											2 D&T Workshop 2												D&T Workshop 1,D&T Workshop 2 3 Resilience						
	Day 4																							4 Respect/4 Integrity/4 Resilience/4 Care						
	Day 5																							4 Respect/4 Integrity/4 Resilience/4 Care						

Teacher Cheng Sin Yee

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Respect					3 Seek/3 Strive/3 Soar/3 Respect/3 Integrity																							
	Day 2	FRC 4 Respect	3 Seek/3 Strive/3 Soar/3 Respect/3 Integrity	3CL6	TS5	3CL6																								
	Day 3	FRC 4 Respect	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4CL2	TS4	4 Strive																								
	Day 4	FRC 4 Respect	4 Respect/5N1	CCE1	4 Respect	2CL4																								
	Day 5	FRC 4 Respect				1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL4	1 Innovate																						
Even Week	Day 1	FRC 4 Respect	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL4	1 Innovate	4CL2	4 Strive																							
	Day 2	FRC 4 Respect	4 Respect/5N1	FTGP1	3CL6	TS5																								
	Day 3	FRC 4 Respect	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL4	1 Innovate	3CL6	TS5	3 Seek/3 Strive/3 Soar/3 Respect/3 Integrity																						
	Day 4	FRC 4 Respect	4 Respect/5N1	CCE1	4 Respect	2CL4		1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL4	1 Innovate	4CL2	4 Strive																		
	Day 5	FRC 4 Respect	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4CL2	4 Strive																									

Teacher Ang Choon Kiat

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1										2 Respect/2 Integrity/2 Resilience/2 Care																			
	Day 2										2 Respect/2 Integrity/2 Resilience/2 Care																			
	Day 3										2 Respect/2 Integrity/2 Resilience/2 Care																			
	Day 4										2 Respect/2 Integrity/2 Resilience/2 Care																			
	Day 5										2 Respect/2 Integrity/2 Resilience/2 Care																			
Even Week	Day 1										2 Respect/2 Integrity/2 Resilience/2 Care																			
	Day 2										2 Respect/2 Integrity/2 Resilience/2 Care																			
	Day 3										2 Respect/2 Integrity/2 Resilience/2 Care																			
	Day 4										2 Respect/2 Integrity/2 Resilience/2 Care																			
	Day 5										2 Respect/2 Integrity/2 Resilience/2 Care																			

Teacher Lee Chye Sheng

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Soar																												
	Day 2	FRC 4 Soar	3 Strive/3 Soar/3 Innovate/3 Respect/3 Resilience/3 Care	3CL9	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4CL4									4 Soar	2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care	FTGP	2CL2												
	Day 3	FRC 4 Soar	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4CL4	3CL9	TS8									1 Seek/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL5	TS4													
	Day 4	FRC 4 Soar	4 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care	CCE	4 Soar	2CL2	2 Strive								1 Seek/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL5	TS4													
	Day 5	FRC 4 Soar	1 Seek/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care		1CL5	TS4									4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4CL4	4 Innovate													
Even Week	Day 1	FRC 4 Soar	1 Seek/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL5	TS4			4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4CL4						3 Strive/3 Soar/3 Innovate/3 Respect/3 Resilience/3 Care	3CL9	TS8													
	Day 2	FRC 4 Soar	4 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care	FTGP 4 Soar											1 Seek/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL5	TS4													
	Day 3	FRC 4 Soar	1 Seek/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL5	TS4										4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4CL4	4 Innovate													
	Day 4	FRC 4 Soar	4 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care	CCE	4 Soar	2CL2	2 Strive								2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care	2CL2	2 Strive													
	Day 5	FRC 4 Soar	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4CL4	4 Innovate			3 Strive/3 Soar/3 Innovate/3 Respect/3 Resilience/3 Care	3CL9	TS8						2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care	2CL2	2 Strive												

Teacher Crescencia Chay

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Seek	3PL2 3 Innovate								2 Respect/2 Integrity/2 Resilience/2 Care						3 Seek/3 Strive /3 Soar/3 Innovate													
	Day 2	FRC 3 Seek	4 Respect/4 Integrity/4 Resilience/4 Care SN1 4E38 EL Rm								3 Seek						2 Seek/2 Strive/2 Soar 2 Innovate	3 Seek/3 Strive /3 Soar/3 Innovate												
	Day 3	FRC 3 Seek				4 Respect/4 Integrity/4 Resilience/4 Care SN1											2 Seek/2 Strive/2 Soar 2 Innovate	3 Seek/3 Strive /3 Soar/3 Innovate												
	Day 4	FRC 3 Seek	CCE 3 Seek			3E31 3 Seek					2L36 2 Respect						4 Respect/4 Integrity/4 Resilience/4 Care/ SN1	4E38 EL Rm												
	Day 5	FRC 3 Seek				4 Respect/4 Integrity/4 Resilience/4 Care SN1					3 Seek/3 Strive /3 Soar/3 Innovate						3 Seek	3PL2 3 Innovate												
Even Week	Day 1	FRC 3 Seek									4 Respect/4 Integrity/4 Resilience/4 Care SN1	4E38 EL Rm			2L31 2 Seek					3 Seek/3 Strive /3 Soar/3 Innovate			3E31 Timetabled Time (PLT)							
	Day 2	FRC 3 Seek	FTGP 3 Seek								3 Seek/3 Strive /3 Soar/3 Innovate				3E31 3 Seek		4 Respect/4 Integrity/4 Resilience/4 Care/ SN1	4E38 EL Rm												
	Day 3	FRC 3 Seek									4 Respect/4 Integrity/4 Resilience/4 Care SN1	4E38 EL Rm			2L36 2 Respect					3 Seek/3 Strive /3 Soar/3 Innovate										
	Day 4	FRC 3 Seek	CCE 3 Seek								3 Seek/3 Strive /3 Soar/3 Innovate				3E31 3 Seek		3 Seek/3 Strive /3 Soar/3 Innovate	3PL2 3 Innovate												
	Day 5	FRC 3 Seek				4 Respect/4 Integrity/4 Resilience/4 Care SN1					4E38 EL Rm						3 Seek	3PL2 3 Innovate												

Teacher Daniel Woon

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Resilience 1 Resilience	3 Respect /3 Integrity /3 Resilience				4 Seek/4 Strive/4 Soar/4 Innovate											1 Respect/1 Integrity/1 Resilience/1 Care					2 Respect/2 Integrity/2 Resilience/2 Care							
	Day 2	FRC 1 Resilience 1 Resilience	1M36 1 Respect				4A32											1M36					2M26 2 Resilience							
	Day 3	FRC 1 Resilience 1 Resilience	2M26 2 Resilience			1M36 1 Respect												4 Seek/4 Strive/4 Soar/4 Innovate					4 Seek/4 Strive/4 Soar/4 Innovate							
	Day 4	FRC 1 Resilience 1 Resilience	1 Resilience CCE 1 Resilience			1M36 1 Respect											FTGP 1 Resilience					2 Respect/2 Integrity/2 Resilience/2 Care								
	Day 5	FRC 1 Resilience 1 Resilience				Timetabled Time (PLT) Board Rm											3 Respect /3 Integrity /3 Resilience					2M26 2 Resilience								
Even Week	Day 1	FRC 1 Resilience 1 Resilience				1 Respect/1 Integrity/1 Resilience/1 Care			4 Seek/4 Strive/4 Soar/4 Innovate								4A32					2 Respect/2 Integrity/2 Resilience/2 Care								
	Day 2	FRC 1 Resilience 1 Resilience	1 Resilience FTGP 1 Resilience			1M36 1 Respect		2M26 2 Resilience									4 Strive					2M26 2 Resilience								
	Day 3	FRC 1 Resilience 1 Resilience				2 Respect/2 Integrity/2 Resilience/2 Care		2M26 2 Resilience									3 Integrity	3 Respect /3 Integrity /3 Resilience				4 Seek/4 Strive/4 Soar/4 Innovate								
	Day 4	FRC 1 Resilience 1 Resilience	1 Resilience CCE 1 Resilience			1 Respect/1 Integrity/1 Resilience/1 Care		3M37 3 Integrity									Board Rm	Timetabled Time (PLT)				4A32 4 Strive								
	Day 5	FRC 1 Resilience 1 Resilience				3 Respect /3 Integrity /3 Resilience		3M37 3 Integrity									2 Resilience					2M26 2 Resilience								

Teacher Darwina

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10 8:30	2 8:10 8:30 8:50	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Innovate 1 Innovate	1 Seek/1 Strive/1 Soar/1 Innovate								1 Respect/1 Integrity/1 Resilience/1 Care																			
	Day 2	FRC 1 Innovate 1 Innovate	4 Respect/4 Integrity/4 Resilience/4 Care/ SN1	1E31 4 Respect								1 Respect																		
	Day 3	FRC 1 Innovate 1 Innovate	1 Respect/1 Integrity/1 Resilience/1 Care	1E36	4 Respect/4 Integrity/4 Resilience/4 Care/ SN1	4E36													1 Innovate											
	Day 4	FRC 1 Innovate 1 Innovate	1 Innovate	CCE	1 Innovate														1 Respect/1 Integrity/1 Resilience/1 Care	1E36	1 Respect	1 Seek								
	Day 5	FRC 1 Innovate 1 Innovate				4 Respect/4 Integrity/4 Resilience/4 Care/ SN1	4E36				1 Respect/1 Integrity/1 Resilience/1 Care	1E36	1 Respect	1 Seek					1 Seek/1 Strive/1 Soar/1 Innovate	1E31	1 Seek									
Even Week	Day 1	FRC 1 Innovate 1 Innovate								4 Respect/4 Integrity/4 Resilience/4 Care/ SN1	4E36	4 Respect													Timetabled Time (PLT)					
	Day 2	FRC 1 Innovate 1 Innovate	1 Innovate	FTGP	1 Innovate				1E31	1 Respect	1E36	1 Respect						4 Respect/4 Integrity/4 Resilience/4 Care/ SN1	4E36	4 Respect										
	Day 3	FRC 1 Innovate 1 Innovate							1 Seek/1 Strive/1 Soar/ 1 Innovate	1E31	1 Respect	1E36	1 Respect	1 Seek				4 Respect/4 Integrity/4 Resilience/4 Care/ SN1	4E36	4 Respect										
	Day 4	FRC 1 Innovate 1 Innovate	1 Innovate	CCE	1 Innovate													1 Seek/1 Strive/1 Soar/1 Innovate	1E31	1 Respect	1 Seek									
	Day 5	FRC 1 Innovate 1 Innovate	1 Respect/1 Integrity/1 Resilience/1 Care	1E36		4 Respect/4 Integrity/4 Resilience/4 Care/ SN1	4E36			4 Respect/4 Integrity/4 Resilience/4 Care/ SN1	4E36	4 Respect						1 Seek/1 Strive/1 Soar/1 Innovate	1E31	1 Respect	1 Seek									

Teacher Evon Tan

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00	
Odd Week	Day 1									3 Soar/3 Innovate							3 Respect/3 Integrity/3 Resilience	2 Respect/2 Integrity/2 Resilience/2 Care													
	Day 2									3 Soar/3 Innovate							3A26	2M37													
	Day 3		2 Respect/2 Integrity/2 Resilience/2 Care							3 Soar							3 Respect /3 Integrity /3 Resilience		2 Integrity												
	Day 4		2M37							3M21							3A26														
	Day 5		2 Integrity							3 Soar/3 Innovate							3 Respect /3 Integrity /3 Resilience		Timetabled Time (PLT)												
Even Week	Day 1						3 Soar/3 Innovate			3M21							2 Respect/2 Integrity/2 Resilience/2 Care														
	Day 2									3 Soar							2M37		2 Integrity												
	Day 3		2 Respect/2 Integrity/2 Resilience/2 Care							2M37							3A26														
	Day 4		CCE							3 Soar							3 Respect /3 Integrity /3 Resilience		2 Integrity												
	Day 5		Board Rm				Timetabled Time (PLT)			3M21							3 Soar/3 Innovate														

Teacher Fahmy Said

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00			
Odd Week	Day 1	FRC 2 Seek	3 Strive /3 Innovate 3R21						2 Innovate			Art			2 Innovate								Timetabled Time (PLT)										
	Day 2	FRC 2 Seek													2 Seek			FTGP			2 Seek												
	Day 3	FRC 2 Seek	2 Soar						2 Seek			Art			2 Seek								SN1			3 Strive /3 Innovate							
	Day 4	FRC 2 Seek	2 Seek						2 Strive			Art			2 Strive								3 Strive /3 Innovate			5N1							
	Day 5	FRC 2 Seek																															
Even Week	Day 1	FRC 2 Seek	2 Innovate																														
	Day 2	FRC 2 Seek	FTGP						2 Strive			Art			2 Strive										SN1			3 Strive /3 Innovate					
	Day 3	FRC 2 Seek										2 Soar			Art			2 Soar								5N1			4R36				
	Day 4	FRC 2 Seek	2 Seek																														
	Day 5	FRC 2 Seek							2 Seek			Art			2 Seek																		

Teacher Gary Sim

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1					4 Respect/4 Integrity/4 Resilience/4 Care					3 Seek/3 Strive /3 Soar				4 Seek/4 Strive/4 Soar/4 Innovate															
	Day 2					4P36					3P31			3 Strive			4PP1													
	Day 3					Timetabled Time (PLT)								3 Respect			3 Seek/3 Strive /3 Soar													
	Day 4					4 Seek/4 Strive/4 Soar/4 Innovate					3P6			LT@3			3P31													
	Day 5					4PP1					3P6			Instr Area			4PP1													
Even Week	Day 1					3 Respect					3 Seek/3 Strive /3 Soar			3P31			4 Seek/4 Strive/4 Soar/4 Innovate													
	Day 2					3PP6					LT@3			4PP1			4PP1													
	Day 3					Instr Area					4 Seek/4 Strive/4 Soar/4 Innovate			3 Respect			4P36													
	Day 4										LT@3			3 Respect			3P6			LT@3										
	Day 5					3 Respect					4 Respect/4 Integrity/4 Resilience/4 Care			4P36			3 Seek/3 Strive /3 Soar			TS8										

Teacher Germaine Goh

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Resilience								4 Seek/4 Strive/4 Soar/4 Innovate				3 Resilience/3 Care																
	Day 2	FRC 3 Resilience	4 Respect/4 Integrity/4 Resilience/4 Care/ SN1	4E37	3O37	3 Integrity				4 Seek/4 Strive/4 Soar/4 Innovate			3 Resilience		3E26	3 Resilience														
	Day 3	FRC 3 Resilience				4E37	4 Respect/4 Integrity/4 Resilience/4 Care/ SN1							3 Resilience/3 Care		3E26	3 Resilience			3O37	3 Resilience									
	Day 4	FRC 3 Resilience	3 Resilience	CCE										4 Seek/4 Strive/4 Soar/4 Innovate		4E31	4 Seek		4 Respect/4 Integrity/4 Resilience/4 Care/ SN1	4E37	3 Resilience									
	Day 5	FRC 3 Resilience	3 Resilience/3 Care	3E26	4E37	4 Integrity	4 Respect/4 Integrity/4 Resilience/4 Care/ SN1			4 Seek/4 Strive/4 Soar/4 Innovate					4E31	4 Seek		4 Respect/4 Integrity/4 Resilience/4 Care/ SN1	4E37	3 Resilience										
Even Week	Day 1	FRC 3 Resilience	4 Seek/4 Strive/4 Soar/4 Innovate			3 Resilience/3 Care		3E26	4E37	4 Respect/4 Integrity/4 Resilience/4 Care/ SN1														Timetabled Time (PLT)						
	Day 2	FRC 3 Resilience	3 Resilience	FTGP					4E31	4 Seek	4 Seek/4 Strive/4 Soar/4 Innovate			4 Respect/4 Integrity/4 Resilience/4 Care/ SN1		4E37	4 Integrity		3 Respect/3 Integrity		3O37	3 Resilience								
	Day 3	FRC 3 Resilience					3 Resilience/3 Care		3E26	4E37	4 Respect/4 Integrity/4 Resilience/4 Care/ SN1					4E31	4 Seek	4 Respect/4 Integrity/4 Resilience/4 Care/ SN1						Timetabled Time (PLT)						
	Day 4	FRC 3 Resilience	3 Resilience	CCE					4E31	4 Seek	4 Seek/4 Strive/4 Soar/4 Innovate			3 Resilience		3O37	3 Resilience													
	Day 5	FRC 3 Resilience	3 Resilience/3 Care	3E26	4E37	4 Integrity	4 Respect/4 Integrity/4 Resilience/4 Care/ SN1							4 Seek/4 Strive/4 Soar/4 Innovate		4E31	4 Seek	4 Respect/4 Integrity/4 Resilience/4 Care/ SN1							Board Rm,TL Rm					

Teacher Muhd Hafiz

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	Discipline				4 Respect/4 Integrity/4 Resilience/4 Care						3 Seek/3 Strive /3 Innovate																		
	Day 2	Discipline				4B37						3B31																		
	Day 3	Discipline				Timetabled Time (PLT)						3 Seek																		
	Day 4	Discipline				4 Seek/4 Strive/4 Soar/4 Innovate						3 Resilience/3 Care																		
	Day 5	Discipline				4B22						3B26																		
Even Week	Day 1	Discipline Hafiz										3 Seek/3 Strive /3 Innovate																		
	Day 2	Discipline										3B31																		
	Day 3	Discipline										4 Integrity																		
	Day 4	Discipline				5N1						TS5																		
	Day 5	Discipline				5B26						TS6																		

Teacher Ong Hai Ling

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Care					4 Seek/4 Strive/4 Soar/4 Innovate		4 Respect/4 Integrity/4 Resilience/4 Care SN1		4 Seek/4 Strive/4 Soar/4 Innovate							1 Seek/1 Strive/1 Soar/1 Innovate												
	Day 2	FRC 4 Care					3 Seek/3 Strive				FTGP4		4 Care		1 Seek/1 Strive/1 Soar/1 Innovate			4 Respect/4 Integrity/4 Resilience/4 Care SN1	4 Seek/4 Strive/4 Soar/4 Innovate											
	Day 3	FRC 4 Care	1 Seek/1 Strive/1 Soar/1 Innovate	1M32						4 Seek/4 Strive/4 Soar/4 Innovate		4A31						1 Seek/1 Strive/1 Soar/1 Innovate	Timetabled Time (PLT)											
	Day 4	FRC 4 Care	4 Care/SN1	CCE4					4 Respect/4 Integrity/4 Resilience/4 Care SN1	3 Seek/3 Strive	4M37		3A32					1 Seek/1 Strive/1 Soar/1 Innovate	1M32											
	Day 5	FRC 4 Care	3 Seek/3 Strive	3A32			Timetabled Time (PLT)				4 Integrity		3 Strive					1 Seek/1 Strive/1 Soar/1 Innovate	1 Strive											
Even Week	Day 1	FRC 4 Care								4 Respect/4 Integrity/4 Resilience/4 Care SN1		4M37					1 Seek/1 Strive/1 Soar/1 Innovate		1M32											
	Day 2	FRC 4 Care	4 Care/SN1	FTGP4							1 Seek/1 Strive/1 Soar/1 Innovate		1M32				3 Seek/3 Strive	4 Seek/4 Strive/4 Soar/4 Innovate												
	Day 3	FRC 4 Care	4 Respect/4 Integrity/4 Resilience/4 Care SN1	4M37			1 Seek/1 Strive/1 Soar/1 Innovate										3 Seek/3 Strive	4 Seek/4 Strive/4 Soar/4 Innovate												
	Day 4	FRC 4 Care	4 Care/SN1	CCE4						Timetabled Time (PLT)							3 Seek/3 Strive	4 Seek/4 Strive/4 Soar/4 Innovate												
	Day 5	FRC 4 Care	1 Seek/1 Strive/1 Soar/1 Innovate	1M32						4 Respect/4 Integrity/4 Resilience/4 Care SN1	4M37						3 Seek/3 Strive	4 Seek/4 Strive/4 Soar/4 Innovate		4A31										

Teacher Helen Tan

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1																													
	Day 2																													
	Day 3																													
	Day 4																													
	Day 5																													
Even Week	Day 1																													
	Day 2																													
	Day 3																													
	Day 4																													
	Day 5																													

Teacher Herdaninseh

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Soar																												
	Day 2	FRC 2 Soar				4 Seek/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care/SN1										2 Soar	FTGP	2 Soar	2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2ML7 2 Resilience											
	Day 3	FRC 2 Soar	4 Seek/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care/SN1	4ML2																2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2ML7 2 Resilience										
	Day 4	FRC 2 Soar	2 Soar	CCE				2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2ML7 2 Resilience																						
	Day 5	FRC 2 Soar				1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Resilience/1 Care	1ML1										4 Seek/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care/SN1	4ML2												
Even Week	Day 1	FRC 2 Soar	1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Resilience/1 Care	1ML1				4 Seek/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care/SN1	4ML2										2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2ML7 2 Resilience											
	Day 2	FRC 2 Soar	2 Soar	FTGP														1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Resilience/1 Care	1ML1											
	Day 3	FRC 2 Soar	1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Resilience/1 Care	1ML1														2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2ML7 2 Resilience												
	Day 4	FRC 2 Soar	2 Soar	CCE														2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2ML7 2 Resilience												
	Day 5	FRC 2 Soar	4 Seek/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care/SN1	4ML2														4 Integrity												

Teacher Tay Hoon Lay

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Innovate 1 Innovate	2 Innovate		2 Integrity			3 Care			PE			Field 2																
	Day 2	FRC 1 Innovate 1 Innovate	4 Innovate		PE			BBC						1 Innovate			1 Innovate			FTGP			ISH			1 Innovate				
	Day 3	FRC 1 Innovate 1 Innovate	3 Innovate		PE			2 Integrity			4 Innovate			PE			ISH						1 Resilience			PE				
	Day 4	FRC 1 Innovate 1 Innovate	1 Innovate		CCE						3 Care			PE			Field 2			1 Innovate			PE			ISH				
	Day 5	FRC 1 Innovate 1 Innovate												3 Innovate			2 Innovate			PE			Field 1			PE				
Even Week	Day 1	FRC 1 Innovate 1 Innovate									3 Care			PE			4 Innovate			PE			Parade Square			Parade Square				
	Day 2	FRC 1 Innovate 1 Innovate	1 Innovate		FTGP			1 Innovate			3 Innovate			PE			Hall						2 Integrity			PE				
	Day 3	FRC 1 Innovate 1 Innovate			2 Integrity			PE			1 Resilience			PE			Hall						BBC			PE				
	Day 4	FRC 1 Innovate 1 Innovate	1 Innovate		CCE						3 Care			PE			Field 2			4 Innovate			PE			ISH				
	Day 5	FRC 1 Innovate 1 Innovate												3 Innovate			2 Innovate			PE			Field 1			PE				

Teacher Zul Idham

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Innovate						2 Seek/2 Strive/2 Soar 2 Innovate	4 Seek/4 Strive/4 Soar/4 Innovate								3 Soar/3 Innovate													
	Day 2	FRC 3 Innovate						2 Seek/2 Strive/2 Soar 2 Innovate	4 Seek/4 Strive/4 Soar/4 Innovate	EL (Elective) 11 2 Innovate	4E11	4 Innovate					3 Innovate			3E11	3 Innovate									
	Day 3	FRC 3 Innovate											2 Seek/2 Strive/2 Soar/2 Innovate		2E11	2 Innovate														
	Day 4	FRC 3 Innovate	3 Innovate	CCE	3E11	3 Innovate						4 Seek/4 Strive/4 Soar/4 Innovate		4E11	4 Innovate					2 Seek/2 Strive/2 Soar/2 Innovate	2E11	2 Innovate								
	Day 5	FRC 3 Innovate	2 Seek/2 Strive/2 Soar/2 Innovate	2E11 2 Innovate						4 Seek/4 Strive/4 Soar/4 Innovate	4E11	4 Innovate	3 Soar/3 Innovate	3E11	3 Innovate															
Even Week	Day 1	FRC 3 Innovate	4 Seek/4 Strive/4 Soar/4 Innovate	4E11 4 Innovate												2 Seek/2 Strive/2 Soar/2 Innovate	2E11 2 Innovate	2 Innovate	3 Soar/3 Innovate	3E11 3 Innovate	3 Innovate	Timetabled Time (PLT)	Board Rm							
	Day 2	FRC 3 Innovate	3 Innovate	FTGP 3 Innovate					4 Seek/4 Strive/4 Soar/4 Innovate	4E11 4 Innovate	3E11 3 Innovate					3 Soar/3 Innovate			2 Seek/2 Strive/2 Soar 2 Innovate	2E11 2 Innovate										
	Day 3	FRC 3 Innovate	2 Seek/2 Strive/2 Soar/2 Innovate	2E11 2 Innovate												4 Seek/4 Strive/4 Soar/4 Innovate	4E11 4 Innovate	4 Innovate	3 Soar/3 Innovate	3E11 3 Innovate	3 Innovate									
	Day 4	FRC 3 Innovate	3 Innovate	CCE	4E11 4 Innovate					4 Seek/4 Strive/4 Soar/4 Innovate	2E11 2 Innovate	2 Innovate					3 Soar/3 Innovate													
	Day 5	FRC 3 Innovate																												

2026 Semester 1 Timetable

Teacher Imran

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Integrity									2 Respect/2 Integrity/2 Resilience/2 Care 2016 2 Care	4 Respect/4 Integrity/4 Resilience/4 Care 4G26 4 Respect		2 Respect/2 Integrity/2 Resilience/2 Care 2G37 2 Integrity	2 Seek/2 Strive/2 Soar/2 Innovate 2G32 2 Strive															
	Day 2	FRC 2 Integrity			3 Respect/3 Resilience 3 Care 3G26 3 Integrity						2 Integrity FTGP 2 Integrity	4 Seek/4 Strive/4 Soar/4 Innovate 4G21 2 Integrity	HIVE	2 Seek/2 Strive/2 Soar/2 Innovate 2011 2 Innovate																
	Day 3	FRC 2 Integrity				4 Seek/4 Strive/4 Soar 4 Innovate 4G21 HIVE	3 Seek/3 Strive 3G32 TS8							2 Respect/2 Integrity/2 Resilience/2 Care 2016 2 Care	3 Respect/3 Resilience/3 Care 3G26 3 Integrity															
	Day 4	FRC 2 Integrity	2 Integrity CCE 2 Integrity		4 Respect/4 Integrity/4 Resilience/4 Care 4G26 4 Respect	3 Seek/3 Strive 3G32 Instr Area	2 Respect/2 Integrity/2 Resilience/2 Care 2016 2 Care	2 Seek/2 Strive/2 Soar 2 Innovate 2011 2 Innovate																						
	Day 5	FRC 2 Integrity																												
Even Week	Day 1	FRC 2 Integrity	2 Respect/2 Integrity/2 Resilience/2 Care 2G37 2 Integrity		2 Respect/2 Integrity/2 Resilience/2 Care 2016 2 Care						2 Seek/2 Strive/2 Soar/2 Innovate 2011 2 Innovate		4 Seek/4 Strive/4 Soar/4 Innovate 4G21 HIVE																	
	Day 2	FRC 2 Integrity	2 Integrity FTGP 2 Integrity		2 Seek/2 Strive/2 Soar 2 Innovate 2G32 2 Strive			4 Respect/4 Integrity/4 Resilience/4 Care 4G26 4 Respect	2 Respect/2 Integrity/2 Resilience/2 Care 2G37 2 Integrity		4 Seek/4 Strive/4 Soar/4 Innovate 4G21 HIVE	3 Respect/3 Resilience/3 Care 3G26 3 Integrity																		
	Day 3	FRC 2 Integrity			3 Seek/3 Strive 3G32 TS8		2 Seek/2 Strive/2 Soar/ 2 Innovate 2G32 2 Strive			4 Respect/4 Integrity/4 Resilience/4 Care 4G26 4 Respect	2 Respect/2 Integrity/2 Resilience/2 Care 2016 2 Care		Timetabled Time (PLT) Board Rm,TL Rm																	
	Day 4	FRC 2 Integrity	2 Integrity CCE 2 Integrity		3 Seek/3 Strive 3G32 TS8			3 Respect/3 Resilience/ 3 Care 3G26 3 Integrity																						
	Day 5	FRC 2 Integrity			2 Seek/2 Strive/2 Soar/2 Innovate 2011 2 Innovate																									

Teacher Jacqueline Lee

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	3 Resilience/3 Care							4 Respect/4 Integrity/4 Resilience/4 Care/ SN1									1 Seek/1 Strive/1 Soar/1 Innovate												
	Day 2		3M26						4M38									1M31												
	Day 3	3 Resilience							Math Rm									1 Seek												
	Day 4								3 Resilience/3 Care									1M31												
	Day 5								3M26									4 Respected/4 Integrity/4 Resilience/4 Care/ SN1												
Even Week	Day 1	1 Seek/1 Strive/1 Soar/1 Innovate																Timetabled Time (PLT)												
	Day 2		1M31															Board Rm												
	Day 3	1 Seek																												
	Day 4								4 Respect/4 Integrity/4 Resilience/4 Care/ SN1									1M31												
	Day 5		Timetabled Time (PLT)						4M38									Math Rm												
Odd Week	Day 1																	1 Seek/1 Strive/1 Soar/1 Innovate												
	Day 2																	1M31												
	Day 3		1 Seek															1 Seek												
	Day 4																	3M26												
	Day 5																	3 Resilience												
Even Week	Day 1																	3 Resilience/3 Care												
	Day 2																	3M26												
	Day 3		4 Respect/4 Integrity/4 Resilience/4 Care/ SN1						1 Seek/1 Strive/1 Soar/1 Innovate									1M31												
	Day 4								1M31									1 Seek												
	Day 5		1 Seek/1 Strive/1 Soar/1 Innovate						3 Resilience/3 Care									3M26												

Teacher Nuruljannah

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Strive	4M22		Math Rm																									
	Day 2	FRC 2 Strive	2M21		2 Soar											2 Strive	FTGP		4A36		Math Rm									
	Day 3	FRC 2 Strive							2 Seek/2 Strive/2 Soar/2 Innovate	2M21									4 Respect/4 Integrity/4 Resilience/4 Care	4A36		4M22		Timetabled Time (PLT)						
	Day 4	FRC 2 Strive	CCE		2 Strive																									
	Day 5	FRC 2 Strive	4M22		Math Rm							2 Seek/2 Strive/2 Soar/2 Innovate		2M21																
Even Week	Day 1	FRC 2 Strive										2 Seek/2 Strive/2 Soar/2 Innovate		2M21																
	Day 2	FRC 2 Strive	FTGP		2 Strive							2 Seek/2 Strive/2 Soar/2 Innovate		2M21			4 Respect/4 Integrity/4 Resilience/4 Care	4A36		4 Respect		4M22		Math Rm						
	Day 3	FRC 2 Strive							4 Seek/4 Strive/4 Soar/4 Innovate		4M22																			
	Day 4	FRC 2 Strive	CCE		2 Strive							2 Seek/2 Strive/2 Soar/2 Innovate		2M21																
	Day 5	FRC 2 Strive							4 Seek/4 Strive/4 Soar/4 Innovate		4M22																			

Teacher Mrs Jaya

Yishun Secondary School, Singapore

	0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1																												
	Day 2																												
	Day 3																												
	Day 4																												
	Day 5																												
Even Week	Day 1																												
	Day 2																												
	Day 3																												
	Day 4																												
	Day 5																												

Teacher Jeremy Loy

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Resilience	2 Soar	2D12	D&T Workshop 1				2 Seek	2D11	D&T Workshop 1				1 Innovate	1D11	D&T Workshop 1			Timetabled Time (PLT)	D&T Tech Rm									
	Day 2	FRC 4 Resilience				1 Seek	1D11	D&T Workshop 1	1 Strive	1D11	D&T Workshop 1	FTGP3	4 Resilience				3 Integrity	3D36	D&T Workshop 1,D&T Workshop 2, 3 Resilience	D&T Workshop 3,D&T Workshop 1	4 Respect/4 Integrity/4 Resilience/4 Care									
	Day 3	FRC 4 Resilience	2 Strive	2D12	D&T Workshop 1												4 Respect/4 Integrity/4 Resilience/4 Care	4D36	D&T Workshop 3,D&T Workshop 2											
	Day 4	FRC 4 Resilience	4 Resilience/5N1	CCE3	4 Resilience	3 Integrity	3D36	D&T Workshop 1,D&T Workshop 2, 3 Resilience	2 Innovate	2D11	D&T Workshop 1	1D11	D&T Workshop 1				4 Respect/4 Integrity/4 Resilience/4 Care	4D36	D&T Workshop 3,D&T Workshop 1											
	Day 5	FRC 4 Resilience	1 Respect	1D11	D&T Workshop 1			3 Integrity	3D36	D&T Workshop 1,D&T Workshop 2, 3 Resilience																				
Even Week	Day 1	FRC 4 Resilience			1 Innovate	1D11	D&T Workshop 1					1 Seek	1D11	D&T Workshop 1			3 Integrity	3D36	D&T Workshop 1,D&T Workshop 2, 3 Resilience											
	Day 2	FRC 4 Resilience	4 Resilience/5N1	FTGP3	4 Resilience	1 Soar	1D11	D&T Workshop 1		2 Seek	2D11	D&T Workshop 1	2D11	D&T Workshop 1			4 Respect/4 Integrity/4 Resilience/4 Care	4D36	3 Integrity	3D36	D&T Workshop 3,D&T Workshop 2, 3 Resilience									
	Day 3	FRC 4 Resilience				1 Respect	1D11	D&T Workshop 1			2 Strive	2D12	D&T Workshop 1			3 Integrity	3D36	D&T Workshop 1,D&T Workshop 2, 3 Resilience	D&T Workshop 3,D&T Workshop 1	4 Respect/4 Integrity/4 Resilience/4 Care	4D36	D&T Workshop 3,D&T Workshop 2								
	Day 4	FRC 4 Resilience	4 Resilience/5N1	CCE3	4 Resilience														4 Respect/4 Integrity/4 Resilience/4 Care	4D36	D&T Workshop 3,D&T Workshop 2									
	Day 5	FRC 4 Resilience						1 Strive	1D11	D&T Workshop 1	2 Soar	2D12	D&T Workshop 1																	

Teacher Joan Chin

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Respect								3 Seek/3 Strive/3 Soar	2 Seek/2 Strive/2 Soar/2 Innovate					3 Respect/3 Integrity	1 Seek/1 Strive/1 Soar/1 Innovate													
	Day 2	FRC 3 Respect	2 Seek/2 Strive/2 Soar/2 Innovate	2M31	2 Seek					3 Seek/3 Strive/3 Soar	3M32	2M31	3 Strive	2 Seek		3 Respect	1 Seek/1 Strive/1 Soar/1 Innovate	1M21	1 Soar	3 Respect	3 Respect/3 Integrity	3A36	3 Respect							
	Day 3	FRC 3 Respect	1 Seek/1 Strive/1 Soar/1 Innovate	1M21	1 Soar			2 Seek/2 Strive/2 Soar/2 Innovate	2M31	2 Seek	3A36		3 Respect					Timetabled Time (PLT)	Board Rm											
	Day 4	FRC 3 Respect	3 Respect	CCE	3 Respect												1 Seek/1 Strive/1 Soar/1 Innovate	1M21	1 Soar	3 Respect/3 Integrity	3A36	3 Respect								
	Day 5	FRC 3 Respect				Timetabled Time (PLT)	Board Rm	3 Seek/3 Strive/3 Soar	3M32	3 Strive	2M31	2 Seek																		
Even Week	Day 1	FRC 3 Respect			3 Seek/3 Strive/3 Soar	3M32	3 Strive			2 Seek/2 Strive/2 Soar/2 Innovate	2M31	2 Seek					1 Seek/1 Strive/1 Soar/1 Innovate	1M21	1 Soar	3 Respect/3 Integrity	3A36	3 Respect								
	Day 2	FRC 3 Respect	FTGP	3 Respect				2 Seek/2 Strive/2 Soar/2 Innovate	2M31	2 Seek	3A36	3 Respect	1 Seek/1 Strive/1 Soar/1 Innovate	1M21	1 Soar															
	Day 3	FRC 3 Respect	3 Respect/3 Integrity	3A36	3 Respect	1 Seek/1 Strive/1 Soar/1 Innovate	1M21	1 Soar		3 Seek/3 Strive/3 Soar	3M32	3 Strive																		
	Day 4	FRC 3 Respect	3 Respect	CCE	3 Respect	2 Seek/2 Strive/2 Soar/2 Innovate	2M31	2 Seek		3 Seek/3 Strive/3 Soar	3M32	3 Strive																		
	Day 5	FRC 3 Respect	1 Seek/1 Strive/1 Soar/1 Innovate	1M21	1 Soar					2 Seek/2 Strive/2 Soar/2 Innovate	2M31	2 Seek																		

Teacher Jonathan Ong

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Strive																												
	Day 2	FRC 4 Strive							2 Seek/2 Strive/2 Soar/ 2 Innovate	2H32					4 Strive	4 Seek/4 Strive/4 Soar/ 4 Innovate														
	Day 3	FRC 4 Strive	3 Respect/3 Integrity	3H37				4 Seek/4 Strive/4 Soar/ 4 Innovate	4H31	3H32					FTGP	4H31														
	Day 4	FRC 4 Strive	4 Strive	CCE			4 Respect/4 Integrity/4 Resilience/4 Care		3 Seek/3 Strive	3H32					4 Strive	The Place 1														
	Day 5	FRC 4 Strive						4 Seek/4 Strive/4 Soar/4 Innovate	4O32		3 Seek				2 Integrity															
Even Week	Day 1	FRC 4 Strive			2 Respect/2 Integrity/2 Resilience/2 Care	2H37											4 Seek/4 Strive/4 Soar/4 Innovate													
	Day 2	FRC 4 Strive	4 Strive	FTGP					4 Respect/4 Integrity/4 Resilience/4 Care	4H26					LT@3			4 Seek/4 Strive/4 Soar/4 Innovate												
	Day 3	FRC 4 Strive					3 Seek/3 Strive	3H32							4O32		4H26											Timetabled Time (PLT)		
	Day 4	FRC 4 Strive	4 Strive	CCE			3 Seek	3H32							4 Strive		LT@3	3H37										Board Rm, TL Rm		
	Day 5	FRC 4 Strive				2 Seek/2 Strive/2 Soar/2 Innovate	2H32				4 Seek/4 Strive/4 Soar/4 Innovate		4 Seek		4O32		3 Respect/3 Integrity		3H37											

Teacher Phua Joo Shian

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Innovate					4 Seek/4 Strive/4 Soar/4 Innovate					2 Care				4 Respect/4 Integrity/4 Resilience/4 Care					Timetabled Time (PLT)									
	Day 2	FRC 2 Innovate	2 Resilience	2D11	D&T Workshop 1		4D21	D&T Workshop 1			2D11	D&T Workshop 1		4D16	D&T Workshop 3	D&T Tech Rm														
	Day 3	FRC 2 Innovate	2 Strive	2D11	D&T Workshop 2		4 Respect/4 Integrity/4 Resilience/4 Care		4D16	D&T Workshop 3	4D21	D&T Workshop 1	4 Seek/4 Strive/4 Soar/4 Innovate	1 Resilience	1D11	D&T Workshop 1														
	Day 4	FRC 2 Innovate	2 Innovate	CCE	4D16	D&T Workshop 3	4 Respect/4 Integrity/4 Resilience/4 Care		2 Innovate	2D12	D&T Workshop 2		1 Integrity	1D11	D&T Workshop 1															
	Day 5	FRC 2 Innovate			2 Innovate				2 Integrity	2D11	D&T Workshop 1	2 Respect	2D11	D&T Workshop 1																
Even Week	Day 1	FRC 2 Innovate	4 Respect/4 Integrity/4 Resilience/4 Care	4D16	D&T Workshop 3		4 Seek/4 Strive/4 Soar/4 Innovate		4D21	D&T Workshop 1			1 Care	1D11	D&T Workshop 1															
	Day 2	FRC 2 Innovate	2 Innovate	FTGP	2 Innovate		4 Respect/4 Integrity/4 Resilience/4 Care		4D16	D&T Workshop 3	2 Innovate	2D12	D&T Workshop 2	1 Resilience	1D11	D&T Workshop 1														
	Day 3	FRC 2 Innovate	4 Seek/4 Strive/4 Soar/4 Innovate	4D21	D&T Workshop 1		1 Integrity		1D11	D&T Workshop 1	2 Strive	2D11	D&T Workshop 2																	
	Day 4	FRC 2 Innovate	2 Innovate	CCE	4D16	D&T Workshop 3	4 Respect/4 Integrity/4 Resilience/4 Care		2 Resilience	2D11	D&T Workshop 1	2D11	D&T Workshop 1	4 Seek/4 Strive/4 Soar/4 Innovate	4D21	D&T Workshop 1														
	Day 5	FRC 2 Innovate	2 Respect	2D11	D&T Workshop 1					2 Care	2D11	D&T Workshop 1																		

Teacher Ang Swee Siang

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1																													
	Day 2																													
	Day 3																													
	Day 4																													
	Day 5																													
Even Week	Day 1																													
	Day 2																													
	Day 3																													
	Day 4																													
	Day 5																													

Teacher Yeung Chun Nam

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00											
Odd Week	Day 1	FRC 2 Resilience	3 Soar/3 Innovate			4 Seek/4 Strive/4 Soar/4 Innovate			4U11			Comp 1			4 Respect/4 Integrity/4 Resilience/4 Care			4U16			Comp 1			2 Respect/2 Integrity/2 Resilience/2 Care			2M16														
	Day 2	FRC 2 Resilience	3U11			Comp 1			4U11			Comp 1			4 Respect/4 Integrity/4 Resilience/4 Care			4U16			Comp 1			2 Care																	
	Day 3	FRC 2 Resilience	2M16			2 Care			3U16			Comp 1			3 Resilience/3 Care			4U11			Comp 1			4 Seek/4 Strive/4 Soar/4 Innovate			Timetabled Time (PLT)			Board Rm											
	Day 4	FRC 2 Resilience	CCE			2 Resilience			3U16			Comp 1			3 Resilience/3 Care			3U11			Comp 1			4U11			2 Respect/2 Integrity/2 Resilience/2 Care			2M16			2 Care								
	Day 5	FRC 2 Resilience	3 Soar/3 Innovate			3U11			Comp 1			4U11			4 Respect/4 Integrity/4 Resilience/4 Care			4U16			Comp 1			4 Seek/4 Strive/4 Soar/4 Innovate			2M16			2 Care											
Even Week	Day 1	FRC 2 Resilience	3U16			Comp 1			3 Resilience/3 Care			2M16			2 Care			3 Soar/3 Innovate			3U11			Comp 1																	
	Day 2	FRC 2 Resilience	FTGP		4U16			2M16			Comp 1			2 Resilience			3U16			Comp 1			3 Resilience/3 Care			2M16			2 Care			3 Soar/3 Innovate			3U11						
	Day 3	FRC 2 Resilience	3 Soar/3 Innovate			3U11			2M16			Comp 1			2 Resilience			4U11			Comp 1			4 Seek/4 Strive/4 Soar/4 Innovate			4U16			Comp 1			4 Respect/4 Integrity/4 Resilience/4 Care			4U16			Comp 1		
	Day 4	FRC 2 Resilience	2 Resilience			CCE			2 Resilience			Comp 1			4U16			3U16			Comp 1			3 Resilience/3 Care			4U11			4 Seek/4 Strive/4 Soar/4 Innovate			4U16			Comp 1			2 Care		
	Day 5	FRC 2 Resilience																																							

2026 Semester 1 Timetable

Teacher Juanita

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC	1 Respect/1 Integrity/1 Resilience/1 Care	1 Seek/1 Strive/1 Soar/1 Innovate	1G21																									
		1 Care	1 Care	1L26		1G21																								
	Day 2	1 Care	1 Care	1 Soar	1 Resilience																									
		FRC	1 Seek/1 Strive/1 Soar/1 Innovate	1G26																										
		1 Care	1 Care	1 Soar	1 Resilience																									
Even Week	Day 3	FRC	3 Respect/3 Integrity/3 Resilience																											
		1 Care	1 Care	3G37																										
	Day 4	FRC	1 Care	1 Seek/1 Strive/1 Soar/1 Innovate	1L21																									
		1 Care	1 Care	CCE		1L21																								
		1 Care	1 Care	1 Soar																										
Odd Week	Day 5	FRC																												
		1 Care																												
	Day 1	FRC	2 Respect/2 Integrity/2 Resilience/2 Care																											
		1 Care	2G26																											
		1 Care	2 Resilience																											
Even Week	Day 2	FRC	1 Care	2 Seek/2 Strive/2 Soar/2 Innovate	2G21																									
		1 Care	1 Care	FTGP		2G21																								
	Day 3	FRC	1 Care	2 Soar																										
		1 Care	4 Seek/4 Strive/4 Soar/4 Innovate																											
		1 Care	4O11																											
Odd Week	Day 4	FRC	1 Care	1 Seek/1 Strive/1 Soar/1 Innovate	1L21																									
		1 Care	1 Care	CCE		1L21																								
	Day 5	FRC	1 Care	1 Soar	3 Respect																									
		1 Care																												
		1 Care																												

Teacher Justin Lee

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Innovate	1 Respect/1 Integrity/1 Resilience/1 Care 1L37 1 Integrity						4 Seek/4 Strive/4 Soar/4 Innovate 4E22 EL Rm			3 Resilience/3 Care 3E16 3 Care																		
	Day 2	FRC 4 Innovate	4 Respect/4 Integrity/4 Resilience/4 Care 4E16 4 Care						4 Seek/4 Strive/4 Soar/4 Innovate 4E22 EL Rm	4 Innovate FTGP 4 Innovate						3 Resilience/3 Care 3E16 3 Care														
	Day 3	FRC 4 Innovate	4 Respect/4 Integrity/4 Resilience/4 Care 4E16 4 Care									3 Resilience/3 Care 3E16 3 Care																		
	Day 4	FRC 4 Innovate	4 Innovate CCE 4 Innovate		1 Respect/1 Integrity/1 Resilience/1 Care 1L32 1 Strive				4 Seek/4 Strive/4 Soar/4 Innovate 4E22 EL Rm		4 Respect/4 Integrity/4 Resilience/4 Care 4E16 4 Care																			
	Day 5	FRC 4 Innovate	3 Resilience/3 Care 3E16 3 Care		4 Respect/4 Integrity/4 Resilience/4 Care 4E16 4 Care				4 Seek/4 Strive/4 Soar/4 Innovate 4E22 EL Rm																					
Even Week	Day 1	FRC 4 Innovate	4 Seek/4 Strive/4 Soar/4 Innovate 4E22 EL Rm		3 Resilience/3 Care 3E16 3 Care		4 Respect/4 Integrity/4 Resilience/4 Care 4E16 4 Care									1 Respect/1 Integrity/1 Resilience/1 Care 1L37 1 Integrity		Timetabled Time (PLT)												
	Day 2	FRC 4 Innovate	4 Innovate FTGP 4 Innovate				4 Seek/4 Strive/4 Soar/4 Innovate 4E22 EL Rm			4 Respect/4 Integrity/4 Resilience/4 Care 4E16 4 Care	1 Seek/1 Strive/1 Soar/1 Innovate 1L32 1 Strive																			
	Day 3	FRC 4 Innovate				3 Resilience/3 Care 3E16 3 Care	4 Respect/4 Integrity/4 Resilience/4 Care 4E16 4 Care	1 Seek/1 Strive/1 Soar/1 Innovate 1L32 1 Strive		4 Seek/4 Strive/4 Soar/4 Innovate 4E22 EL Rm																				
	Day 4	FRC 4 Innovate	4 Innovate CCE 4 Innovate			4 Seek/4 Strive/4 Soar/4 Innovate 4E22 EL Rm				3 Resilience/3 Care 3E16 3 Care	1 Respect/1 Integrity/1 Resilience/1 Care 1L37 1 Integrity																			
	Day 5	FRC 4 Innovate	3 Resilience/3 Care 3E16 3 Care		4 Respect/4 Integrity/4 Resilience/4 Care 4E16 4 Care																									

Teacher Kalpana

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Seek 1 Seek																												
		3 Innovate/2 Resilience 3TL3 3 Care																												
	Day 2																													
		3 Innovate/2 Resilience 3TL3 3 Care																												
		3 Seek/3 Strive/3 Respect/3 Integrity/3 Resilience 3TL2 3 Care																												
Even Week	Day 3	FRC 1 Seek 1 Seek																												
		4 Strive/4 Soar/4 Innovate/4 Respect/4 Care 4TL1 ESS Room																												
		3 Innovate/3 Resilience 3TL3 3 Care																												
	Day 4																													
		FRC 1 Seek 1 Seek		CCE																										
	Day 5																													
		FRC 1 Seek 1 Seek																												
Odd Week	Day 1	FRC 1 Seek 1 Seek																												
		4 Strive/4 Soar/4 Innovate/4 Respect/4 Care 4TL1 ESS Room																												
		3 Innovate/3 Resilience 3TL3 3 Care																												
	Day 2																													
		FRC 1 Seek 1 Seek		FTGP																										
Even Week	Day 3																													
		1 Respect/1 Resilience 1TL9 ESS Room																												
		3 Innovate/3 Resilience 3TL3 3 Care																												
	Day 4																													
		FRC 1 Seek 1 Seek		CCE																										
	Day 5																													
		FRC 1 Seek 1 Seek		4 Strive/4 Soar/4 Innovate/4 Respect/4 Care 4TL1 ESS Room																										

Teacher Chew Kang Wei

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	3 Respect /3 Integrity /3 Resilience																												
	Day 2	2 Seek/2 Strive/2 Soar/2 Innovate																												
	Day 3	2 Seek/2 Strive/2 Soar/2 Innovate																												
	Day 4																													
	Day 5	Timetabled Time (PLT)																												
Even Week	Day 1																													
	Day 2																													
	Day 3																													
	Day 4	2 Seek/2 Strive/2 Soar/2 Innovate																												
	Day 5	3 Respect /3 Integrity /3 Resilience																												

Teacher Klaudia Ng

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Seek	3PB1			4B26			1S11			TS6			1S37			1 Integrity			1S37			1 Integrity						
	Day 2	FRC 3 Seek	3 Strive			TS6			1S37			1 Integrity			FTGP			3B36			1S11			TS6						
	Day 3	FRC 3 Seek	1 Seek/1 Strive/1 Soar/1 Innovate			1S11			TS6			1S37			1 Integrity			1 Respect/1 Integrity/1 Resilience/1 Care			4 Seek/4 Strive/4 Soar/4 Innovate			4B31						
	Day 4	FRC 3 Seek	CCE			4B31			Instr Area			3 Seek			3B36			3 Respect/3 Integrity			3 Seek			3PB1			3 Strive			
	Day 5	FRC 3 Seek	3 Seek			Instr Area			TS6			4 Respect/4 Integrity/4 Resilience/4 Care			1S37			1 Integrity			1 Respect/1 Integrity/1 Resilience/1 Care			4 Seek/4 Strive/4 Soar/4 Innovate			4B31			
Even Week	Day 1	FRC 3 Seek	3 Respect/3 Integrity			3 Resilience			TS6			3 Seek			3PB1			1S37			1 Integrity			1S11			TS6			
	Day 2	FRC 3 Seek	FTGP			3 Seek			TS6			4 Seek/4 Strive/4 Soar/4 Innovate			4B31			3B36			3 Respect/3 Integrity			4B26			TS6			
	Day 3	FRC 3 Seek	Instr Area			TS6			1S37			1 Integrity			1 Respect/1 Integrity/1 Resilience/1 Care			4 Seek/4 Strive/4 Soar/4 Innovate			4B31			LT@3						
	Day 4	FRC 3 Seek	CCE			3 Seek			TS6			4 Respect/4 Integrity/4 Resilience/4 Care			4B26			1S37			1 Integrity			1S11			TS6			
	Day 5	FRC 3 Seek	1 Respect/1 Integrity/1 Resilience/1 Care			1S37			1 Integrity			TS6			3 Seek			3PB1			3 Strive									

2026 Semester 1 Timetable

Teacher Tan Kok Young

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1																	4 Respect/4 Integrity/4 Resilience/4 Care	SN1											
	Day 2																	4T26	5T26											
	Day 3																	4 Respect/4 Integrity/4 Resilience/4 Care	SN1											
	Day 4			CCE														4T26	5T26											
	Day 5																	4 Respect/4 Integrity/4 Resilience/4 Care	SN1											
Even Week	Day 1																	3 Resilience	4T26	3T26	4 Respect/4 Integrity/4 Resilience/4 Care									
	Day 2																	Timetabled Time (PLT)	Board Rm											
	Day 3																	4 Respect/4 Integrity/4 Resilience/4 Care	4T26	3T26	4 Respect/4 Integrity/4 Resilience/4 Care									
	Day 4			CCE														4 Resilience,RO Room												
	Day 5																	3 Resilience	5N1	5T26	3 Resilience									

2026 Semester 1 Timetable

Teacher Lathika

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1					1 Seek/1 Strive/1 Soar/ 1 Innovate									4 Respect/4 Integrity/4 Resilience/4 Care															
	Day 2	1 Seek/1 Strive/1 Soar/ 1 Innovate	1G31	1 Seek	1G36	1 Respect				4 Respect/4 Integrity/4 Resilience/4 Care/ SN1	4O37	LT@3			4 Integrity															
	Day 3									3 Soar/3 Innovate	3O22	HIVE	3 Soar/3 Innovate	3G21	3 Soar															
	Day 4					4 Respect/4 Integrity/4 Resilience/4 Care				3 Soar/3 Innovate	3O22	HIVE	4 Respect/4 Integrity/4 Resilience/4 Care/ SN1	4O37	1G36	1 Respect	3 Soar/3 Innovate	3G21	3 Soar											
	Day 5					4 Integrity																								
Even Week	Day 1	4 Respect/4 Integrity/4 Resilience/4 Care/ SN1	4O37	LT@3						1 Respect/1 Integrity/1 Resilience/1 Care			1 Respect																	
	Day 2				4 Respect/4 Integrity/4 Resilience/4 Care/ SN1	4O37	LT@3		4 Respect/4 Integrity/4 Resilience/4 Care			4 Integrity																		
	Day 3	3 Soar/3 Innovate	3G21	3 Soar		3 Soar/3 Innovate	3O22	HIVE						4 Respect/4 Integrity/4 Resilience/4 Care		4G36	4 Integrity					Timetabled Time (PLT)			Board Rm,TL Rm					
	Day 4				3 Soar/3 Innovate	3O22	HIVE		3 Soar/3 Innovate	3G21	3 Soar																			
	Day 5								1 Seek/1 Strive/1 Soar/1 Innovate	1G31	1 Seek																			

Teacher Leong Sin Yee

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Innovate				4 Respect/4 Integrity/4 Resilience/4 Care					3 Soar/3 Innovate									4 Seek/4 Strive/4 Soar/4 Innovate										
	Day 2	FRC 3 Innovate				4B36	Instr Area				3B21		3 Innovate								4PB1		LT@3							
	Day 3	FRC 3 Innovate				Timetabled Time (PLT)	Board Rm				3 Innovate	3 Respect /3 Integrity /3 Resilience		FTGP	3 Innovate	3 Integrity	3 Integrity	3 Integrity	3 Soar/3 Innovate	3B21		3 Innovate								
	Day 4	FRC 3 Innovate	3 Innovate	CCE	4B21	4 Soar				IM Post-Lesson			3B37							4 Seek/4 Strive/4 Soar/4 Innovate	4B21		4 Soar							
	Day 5	FRC 3 Innovate			4 Seek/4 Strive/4 Soar/4 Innovate	4PB1	LT@3			4 Respect/4 Integrity/4 Resilience/4 Care		4B36	4 Care																	
Even Week	Day 1	FRC 3 Innovate	3 Respect /3 Integrity /3 Resilience	3B37	3 Integrity					3 Soar/3 Innovate	3B21	3 Innovate								4 Seek/4 Strive/4 Soar/4 Innovate	4PB1		4 Soar							
	Day 2	FRC 3 Innovate	3 Innovate	FTGP	3 Innovate						4 Seek/4 Strive/4 Soar/4 Innovate		4B21	4 Soar	3B37	3 Integrity	3 Integrity	4 Respect/4 Integrity/4 Resilience/4 Care	4B36											
	Day 3	FRC 3 Innovate	4 Seek/4 Strive/4 Soar/4 Innovate	4PB1	LT@3													4 Seek/4 Strive/4 Soar/4 Innovate	4B21		4 Soar									
	Day 4	FRC 3 Innovate	3 Innovate	CCE	3 Innovate						4 Respect/4 Integrity/4 Resilience/4 Care	4B36	4 Care																	
	Day 5	FRC 3 Innovate								4 Seek/4 Strive/4 Soar/4 Innovate	4PB1	4 Soar	3 Innovate																	

2026 Semester 1 Timetable

Teacher Li Bin

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Respect																												
	Day 2	FRC 2 Respect	3 Seek/3 Strive/3 Respect/3 Integrity/3 Resilience	3CL5																										
	Day 3	FRC 2 Respect																												
	Day 4	FRC 2 Respect	2 Respect	CCE																										
	Day 5	FRC 2 Respect																												
Even Week	Day 1	FRC 2 Respect	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL1																										
	Day 2	FRC 2 Respect	2 Respect	FTGP	3 Seek/3 Strive/3 Respect/3 Integrity/3 Resilience	3CL5																								
	Day 3	FRC 2 Respect	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL1																										
	Day 4	FRC 2 Respect	2 Respect	CCE																										
	Day 5	FRC 2 Respect	4 Seek/4 Strive/4 Innovate/4 Integrity/4 Resilience/4 Care	4CL10																										

Teacher Yap Li Ren

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Seek	2 Soar	Mu Music Room,Music Lab																										
	Day 2	FRC 2 Integrity	2 Soar	Mu Music Room,Music Lab												2 Soar FTGP	2 Soar													
	Day 3	FRC 2 Soar													2 Soar Mu		1 Innovate Mu													
	Day 4	FRC 2 Soar		CCE 2 Soar																										
	Day 5	FRC 1 Integrity	2 Soar	Mu Music Room,Music Lab											2 Respect Mu		2 Care Mu													
Even Week	Day 1	FRC 2 Strive	2 Soar	Mu Music Room,Music Lab																										
	Day 2	FRC 2 Soar	FTGP 2 Soar													2 Soar Mu		1 Integrity Mu												
	Day 3	FRC 2 Respect	2 Soar	Mu Music Room,Music Lab														2 Seek Mu												
	Day 4	FRC 2 Soar		CCE 2 Soar											2 Care Mu															
	Day 5	FRC 2 Soar												1 Innovate Mu			2 Integrity Mu													

Teacher Madeline Wong

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Soar 1 Soar	2 Respect/2 Integrity/2 Resilience/2 Care 2S26 2 Resilience							1 Seek/1 Strive/1 Soar/1 Innovate 1S31 1 Seek						2 Seek/2 Strive/2 Soar/2 Innovate 2S22 TS8														
	Day 2	FRC 1 Soar 1 Soar	2 Respect/2 Integrity/2 Resilience/2 Care 2S26 2 Resilience							2 Seek/2 Strive/2 Soar/2 Innovate 2S22 TS8		FTGP 1 Soar						1 Seek/1 Strive/1 Soar/1 Innovate 1S31 1 Seek												
	Day 3	FRC 1 Soar 1 Soar	1 Seek/1 Strive/1 Soar/1 Innovate 1S31 1 Seek							5N1	5P26 4 Care	2 Respect/2 Integrity/2 Resilience/2 Care 2S26 2 Resilience																		
	Day 4	FRC 1 Soar 1 Soar	1 Soar CCE 1 Soar														2 Seek/2 Strive/2 Soar/2 Innovate 2S22 2 Innovate	5N1 TS5	5P26 2 Innovate											
	Day 5	FRC 1 Soar 1 Soar	2 Respect/2 Integrity/2 Resilience/2 Care 2S26 2 Resilience							2 Seek/2 Strive/2 Soar/2 Innovate 2S22 TS8	1 Seek/1 Strive/1 Soar/1 Innovate 1S31 1 Seek																			
Even Week	Day 1	FRC 1 Soar 1 Soar	2 Seek/2 Strive/2 Soar/2 Innovate 2S22 2 Innovate							2 Respect/2 Integrity/2 Resilience/2 Care 2S26 2 Resilience						5N1 TS5	1 Seek/1 Strive/1 Soar/1 Innovate 1S31 1 Seek													
	Day 2	FRC 1 Soar 1 Soar	1 Soar FTGP 1 Soar															1 Seek/1 Strive/1 Soar/1 Innovate 1S31 1 Seek												
	Day 3	FRC 1 Soar 1 Soar	2 Seek/2 Strive/2 Soar/2 Innovate 2S22 2 Innovate							1 Seek/1 Strive/1 Soar/1 Innovate 1S31 1 Seek	2 Respect/2 Integrity/2 Resilience/2 Care 2S26 2 Resilience																			
	Day 4	FRC 1 Soar 1 Soar	1 Soar CCE 1 Soar							5N1 TS5	5P26 TS8	2 Seek/2 Strive/2 Soar/2 Innovate 2S22 TS8					1 Seek/1 Strive/1 Soar/1 Innovate 1S31 1 Seek	2 Respect/2 Integrity/2 Resilience/2 Care 2S26 2 Resilience												
	Day 5	FRC 1 Soar 1 Soar	2 Seek/2 Strive/2 Soar/2 Innovate 2S22 TS9							2 Respect/2 Integrity/2 Resilience/2 Care 2S26 2 Resilience																				

Teacher Malarvelee

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1																													
	Day 2																													
	Day 3																													
	Day 4																													
	Day 5																													
Even Week	Day 1																													
	Day 2																													
	Day 3																													
	Day 4																													
	Day 5																													

Teacher Murugapa

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Integrity	4 Integrity/5N1							3 Respect			2 Resilience																	
	Day 2	FRC 4 Integrity	PE2			Field 1				PE			ISH			PE			BBC											
	Day 3	FRC 4 Integrity	FRC 4 Integrity			1 Strive				PE			PE			PE			Hall											
	Day 4	FRC 4 Integrity	4 Integrity/5N1			CCE2				PE			ISH			PE			1 Strive											
	Day 5	FRC 4 Integrity	4 Integrity/5N1			PE2			Field 1				PE			PE			BBC											
Even Week	Day 1	FRC 4 Integrity	FRC 4 Integrity			1 Strive			PE			ISH			PE			BBC			PE			Hall						
	Day 2	FRC 4 Integrity	4 Integrity/5N1			FTGP2			1 Strive			PE			ISH			PE			Field 1			PE			Hall			
	Day 3	FRC 4 Integrity	2 Resilience			4 Integrity/5N1			PE2			Field 1			PE			BBC			PE			Hall						
	Day 4	FRC 4 Integrity	4 Integrity/5N1			CCE2			4 Integrity			PE			ISH			PE			1 Strive			PE			Hall			
	Day 5	FRC 4 Integrity	4 Integrity/5N1			PE2			Field 1			PE			ISH			PE			BBC			PE			Hall			

Teacher Nor Mohamad

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00	
Odd Week	Day 1														1 Respect/1 Integrity/1 Resilience/1 Care				1 Seek/1 Strive/1 Soar/1 Innovate												
	Day 2		1 Respect/1 Integrity/1 Resilience/1 Care	3 Seek/3 Strive											1M16				1M11												
	Day 3		1M16	1 Care	3A21										1 Respect/1 Integrity/1 Resilience/1 Care				1 Seek/1 Strive/1 Soar/1 Innovate												
	Day 4				1 Respect/1 Integrity/1 Resilience/1 Care										1M16				1M11												
	Day 5		1 Seek/1 Strive/1 Soar/1 Innovate	3A21	3 Soar										1 Innovate				1 Innovate												
Even Week	Day 1				1 Respect/1 Integrity/1 Resilience/1 Care										1M16				1M11												
	Day 2				1 Respect/1 Integrity/1 Resilience/1 Care										1 Care				1 Seek/1 Strive/1 Soar/1 Innovate												
	Day 3				1M16										1 Care				1M11												
	Day 4					1 Respect/1 Integrity/1 Resilience/1 Care									3 Seek/3 Strive				3A21												
	Day 5		3 Seek/3 Strive	3A21	3 Soar										1 Innovate				3 Soar												

Teacher Nurfirdaus

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Integrity 1 Integrity	3 Soar 3D21 D&T Workshop 3,D&T Workshop 2	4 Seek/4 Strive/4 Soar/4 Innovate 4D21 D&T Workshop 1											2 Care 2D12 D&T Workshop 2		1 Innovate 1D12 D&T Workshop 2													
	Day 2	FRC 1 Integrity 1 Integrity	2 Resilience 2D12 D&T Workshop 2												1 Integrity FTGP 1 Integrity	1 Care 1D12 D&T Workshop 2		4 Seek/4 Strive/4 Soar/4 Innovate 4D21 D&T Workshop 1												
	Day 3	FRC 1 Integrity 1 Integrity													4 Seek/4 Strive/4 Soar/4 Innovate 4D21 D&T Workshop 1		1 Resilience 1D12 D&T Workshop 2		3 Soar 3D21 D&T Workshop 3,D&T Workshop 1											
	Day 4	FRC 1 Integrity 1 Integrity	1 Integrity CCE 1 Integrity												1 Integrity 1D12 D&T Workshop 2	3 Soar 3D21 D&T Workshop 3,D&T Workshop 1														
	Day 5	FRC 1 Integrity 1 Integrity	1 Respect 1D12 D&T Workshop 2							2 Integrity 2D12 D&T Workshop 2		2 Respect 2D12 D&T Workshop 2																		
Even Week	Day 1	FRC 1 Integrity 1 Integrity			1 Innovate 1D12 D&T Workshop 2		4 Seek/4 Strive/4 Soar/4 Innovate 4D21 D&T Workshop 1								1 Care 1D12 D&T Workshop 2				3 Soar 3D21 D&T Workshop 3,D&T Workshop 1											
	Day 2	FRC 1 Integrity 1 Integrity	1 Integrity FTGP 1 Integrity												1 Resilience 1D12 D&T Workshop 2				3 Soar 3D21 D&T Workshop 3,D&T Workshop 1											
	Day 3	FRC 1 Integrity 1 Integrity	4 Seek/4 Strive/4 Soar/4 Innovate 4D21 D&T Workshop 1		1 Respect 1D12 D&T Workshop 2		1 Integrity 1D12 D&T Workshop 2																							
	Day 4	FRC 1 Integrity 1 Integrity	1 Integrity CCE 1 Integrity						2 Resilience 2D12 D&T Workshop 2		2 Integrity 2D12 D&T Workshop 2		4 Seek/4 Strive/4 Soar/4 Innovate 4D21 D&T Workshop 1				3 Soar 3D21 D&T Workshop 3,D&T Workshop 1													
	Day 5	FRC 1 Integrity 1 Integrity	2 Respect 2D12 D&T Workshop 2								2 Care 2D12 D&T Workshop 2																			

Teacher Wan Pei Fang

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00	
Odd Week	Day 1														1 Soar Kitchen 2		1 Strive Kitchen 2		1F11 Kitchen 2		1F11 Kitchen 2		Timetabled Time (PLT) D&T Tech Rm								
	Day 2								1 Innovate Kitchen 2	1 Seek Kitchen 2	1F11 Kitchen 2																				
	Day 3																		1 Integrity Kitchen 2	1F11 Kitchen 2											
	Day 4																		1 Resilience Kitchen 2	1F11 Kitchen 2	1 Respect Kitchen 2	1F11 Kitchen 2									
	Day 5		1 Care 1F11 Kitchen 2																												
Even Week	Day 1						1 Soar Kitchen 2	1F11 Kitchen 2								1 Innovate Kitchen 2		1F11 Kitchen 2		1F11 Kitchen 2		1F11 Kitchen 2									
	Day 2						1 Seek Kitchen 2	1F11 Kitchen 2											1 Respect Kitchen 2	1F11 Kitchen 2											
	Day 3							1 Integrity Kitchen 2	1F11 Kitchen 2																						
	Day 4								1 Strive Kitchen 2	1F11 Kitchen 2																					
	Day 5									1 Care 1F11 Kitchen 2																					

Teacher Ng Puay Hoon

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Innovate				5N1									4 Seek/4 Strive/4 Soar/4 Innovate						3 Respect /3 Integrity /3 Resilience									
	Day 2	FRC 4 Innovate				5C26	TS9								4PC1						3C37									
	Day 3	FRC 4 Innovate													4 Innovate	3 Seek/3 Strive /3 Soar				4 Seek/4 Strive/4 Soar/4 Innovate										
	Day 4	FRC 4 Innovate													FTGP	3C31	3 Seek			4PC1	TS9									
	Day 5	FRC 4 Innovate													4 Innovate					3C31	3 Seek	3C37	3 Resilience							
Even Week	Day 1	FRC 4 Innovate				3 Seek/3 Strive /3 Soar									4C38					4 Respect/4 Integrity/4 Resilience/4 Care										
	Day 2	FRC 4 Innovate				3C31									4PC1					4C38	TS9									
	Day 3	FRC 4 Innovate													3 Resilience					5N1	3 Seek/3 Strive /3 Soar									
	Day 4	FRC 4 Innovate													5C26					5C26	TS9	3C31	3 Seek							
	Day 5	FRC 4 Innovate													4 Seek/4 Strive/4 Soar/4 Innovate					4PC1		3 Respect /3 Integrity /3 Resilience								

2026 Semester 1 Timetable

Teacher Hui Qi

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Seek 1 Seek	2 Strive 2F11 Kitchen 2												1 Soar 1F12 Kitchen 1		1 Strive 1F12 Kitchen 1			Timetabled Time (PLT) D&T Tech Rm										
	Day 2	FRC 1 Seek 1 Seek	2 Care 2F11 Kitchen 2		1 Innovate 1F12 Kitchen 1		1 Seek 1F12 Kitchen 1		1 Seek FTGP 1 Seek											4 Respect/4 Integrity/4 Resilience/4 Care/ 5N1 4F36 D&T Tech Rm										
	Day 3	FRC 1 Seek 1 Seek	2 Respect 2F11 Kitchen 2		2 Respect 2F11 Kitchen 2		2 Innovate 2F11 Kitchen 2									4 Respect/4 Integrity/4 Resilience/4 Care/ 5N1 4F36 D&T Tech Rm														
	Day 4	FRC 1 Seek 1 Seek	1 Seek CCE 1 Seek							2 Soar 2F11 Kitchen 2										4 Respect/4 Integrity/4 Resilience/4 Care/ 5N1 4F36 D&T Tech Rm										
	Day 5	FRC 1 Seek 1 Seek								2 Resilience 2F11 Kitchen 2		2 Integrity 2F11 Kitchen 2																		
Even Week	Day 1	FRC 1 Seek 1 Seek				1 Soar 1F12 Kitchen 1						1 Innovate 1F12 Kitchen 1																		
	Day 2	FRC 1 Seek 1 Seek	1 Seek FTGP 1 Seek		1 Seek 1F12 Kitchen 1					2 Innovate 2F11 Kitchen 2		2 Strive 2F11 Kitchen 2							4 Respect/4 Integrity/4 Resilience/4 Care/ 5N1 4F36 D&T Tech Rm											
	Day 3	FRC 1 Seek 1 Seek										2 Seek 2F11 Kitchen 2		2 Soar 2F11 Kitchen 2						4 Respect/4 Integrity/4 Resilience/4 Care/ 5N1 4F36 D&T Tech Rm										
	Day 4	FRC 1 Seek 1 Seek	1 Seek CCE 1 Seek				1 Strive 1F12 Kitchen 1			2 Respect 2F11 Kitchen 2		2 Care 2F11 Kitchen 2						4 Respect/4 Integrity/4 Resilience/4 Care/ 5N1 4F36 D&T Tech Rm												
	Day 5	FRC 1 Seek 1 Seek	2 Integrity 2F11 Kitchen 2								2 Resilience 2F11 Kitchen 2																			

Teacher Jelena Sundraraj

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Strive 1 Strive	2 Respect/2 Integrity/2 Resilience/2 Care 2S26 2 Resilience							1 Seek/1 Strive/1 Soar/1 Innovate 1S22 1 Innovate				4 Seek/4 Strive/4 Soar/4 Innovate 4S11 4 Innovate				3 Resilience/3 Care 3S16 3 Care												
	Day 2	FRC 1 Strive 1 Strive	2 Respect/2 Integrity/2 Resilience/2 Care 2S26 2 Resilience										1 Strive FTGP 1 Strive	3 Resilience/3 Care 3S16 3 Care			1 Seek/1 Strive/1 Soar/1 Innovate 1S22 1 Innovate													
	Day 3	FRC 1 Strive 1 Strive	1 Seek/1 Strive/1 Soar/1 Innovate 1S22 1 Innovate										2 Respect/2 Integrity/2 Resilience/2 Care 2S26 2 Resilience				3 Resilience/3 Care 3S16 3 Care	4 Seek/4 Strive/4 Soar/4 Innovate 4S11 TS9												
	Day 4	FRC 1 Strive 1 Strive	1 Strive CCE 1 Strive							4 Seek/4 Strive/4 Soar/4 Innovate 4S11 4 Innovate			3 Resilience/3 Care 3S16 3 Care																	
	Day 5	FRC 1 Strive 1 Strive	2 Respect/2 Integrity/2 Resilience/2 Care 2S26 2 Resilience							1 Seek/1 Strive/1 Soar/1 Innovate 1S22 1 Innovate																				
Even Week	Day 1	FRC 1 Strive 1 Strive								4 Seek/4 Strive/4 Soar/4 Innovate 4S11 4 Innovate	2 Respect/2 Integrity/2 Resilience/2 Care 2S26 2 Resilience					3 Resilience/3 Care 3S16 3 Care	1 Seek/1 Strive/1 Soar/1 Innovate 1S22 1 Innovate													
	Day 2	FRC 1 Strive 1 Strive	1 Strive FTGP 1 Strive							3 Resilience/3 Care 3S16 3 Care	4 Seek/4 Strive/4 Soar/4 Innovate 4S11 4 Innovate					1 Seek/1 Strive/1 Soar/1 Innovate 1S22 1 Innovate														
	Day 3	FRC 1 Strive 1 Strive	3 Resilience/3 Care 3S16 3 Care							1 Seek/1 Strive/1 Soar/1 Innovate 1S22 1 Innovate	2 Respect/2 Integrity/2 Resilience/2 Care 2S26 2 Resilience					4 Seek/4 Strive/4 Soar/4 Innovate 4S11 4 Innovate														
	Day 4	FRC 1 Strive 1 Strive	1 Strive CCE 1 Strive													1 Seek/1 Strive/1 Soar/1 Innovate 1S22 1 Innovate	2 Respect/2 Integrity/2 Resilience/2 Care 2S26 2 Resilience	3 Resilience/3 Care 3S16 3 Care												
	Day 5	FRC 1 Strive 1 Strive							2 Respect/2 Integrity/2 Resilience/2 Care 2S26 2 Resilience	4 Seek/4 Strive/4 Soar/4 Innovate 4S11 4 Innovate					1 Seek/1 Strive/1 Soar/1 Innovate 1S22 1 Innovate	2 Respect/2 Integrity/2 Resilience/2 Care 2S26 2 Resilience	3 Resilience/3 Care 3S16 3 Care													

Teacher Mrs Kunna

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10 8:30	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	4 Seek/4 Strive/4 Soar/4 Innovate	4M31		4 Seek				3 Seek/3 Strive		3M31		3 Seek																	
	Day 2																													
	Day 3																													
	Day 4																													
	Day 5	4 Seek/4 Strive/4 Soar/4 Innovate	4M31		4 Seek				3 Seek/3 Strive		3M31		3 Seek				4A39		HIVE		Timetabled Time (PLT)		Board Rm							
Even Week	Day 1																													
	Day 2																													
	Day 3																													
	Day 4																													
	Day 5	4 Seek/4 Strive/4 Soar/4 Innovate	4M31		4 Seek				3 Seek/3 Strive		3M31		3 Seek				4M31		4 Seek											

2026 Semester 1 Timetable

Teacher Rekha

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1							1 Respect/1 Integrity/1 Resilience/1 Care		1H36																				
	Day 2							2 Seek/2 Strive/2 Soar 2 Innovate		2H31																				
	Day 3	3 Respect/3 Integrity		3H36						3 Seek/3 Strive		3H31		3O32		3 Strive		2H36												
	Day 4									3 Seek/3 Strive		3H31		2H36		2H31		2 Respect		2 Seek		3O32								
	Day 5	1 Seek/1 Strive/1 Soar/1 Innovate		1H31						3 Respect/3 Integrity		3H36		HIVE																
Even Week	Day 1				2 Respect/2 Integrity/2 Resilience/2 Care		2H36				1H31		1H31		1 Seek															
	Day 2															1 Respect/1 Integrity/1 Resilience/1 Care		1H36		1 Respect										
	Day 3	3 Seek/3 Strive		3O32		3 Strive		3H31									1 Respect/1 Integrity/1 Resilience/1 Care		1H36		1 Respect		Timetabled Time (PLT)		Board Rm,TL Rm					
	Day 4				3 Seek/3 Strive		3H31		3 Strive							3 Respect/3 Integrity		3H36		HIVE				1 Seek/1 Strive/1 Soar/1 Innovate		1H31		1 Seek		
	Day 5				2 Seek/2 Strive/2 Soar/2 Innovate		2H31		2 Seek							3 Respect/3 Integrity		3H36		HIVE										

Teacher Renuga

Yishun Secondary School, Singapore

	0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1																												
	Day 2																												
	Day 3																												
	Day 4																												
	Day 5																												
Even Week	Day 1																												
	Day 2																												
	Day 3																												
	Day 4																												
	Day 5																												

Teacher Richard Armstrong

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	3 Seek	3PL1			3 Seek				4E32			4 Strive						4 Seek/4 Strive/4 Soar/4 Innovate			4PL1			4 Seek					
	Day 2									4E32			4 Strive						4 Seek/4 Strive/4 Soar/4 Innovate			4PL1			4 Seek					
	Day 3																		4 Seek/4 Strive/4 Soar/4 Innovate			4PL1			4 Seek	3PL1				
	Day 4										4E32			4 Strive					4 Seek/4 Strive/4 Soar/4 Innovate			3PL1			3 Seek					
	Day 5									4E32			4 Strive					4 Seek/4 Strive/4 Soar/4 Innovate												
Even Week	Day 1	4 Seek/4 Strive/4 Soar/4 Innovate	4E32			4 Strive													4 Seek/4 Strive/4 Soar/4 Innovate			4PL1			Timetabled Time (PLT)					
	Day 2									4E32			4 Strive						4 Seek/4 Strive/4 Soar/4 Innovate			3PL1			3 Seek					
	Day 3	4 Seek/4 Strive/4 Soar/4 Innovate	4PL1			4 Seek													4 Seek/4 Strive/4 Soar/4 Innovate			4E32			4 Strive					
	Day 4									4E32			4 Strive					4 Seek/4 Strive/4 Soar/4 Innovate			4PL1			3 Seek	3PL1					
	Day 5	3 Seek	3PL1			3 Seek													4 Seek/4 Strive/4 Soar/4 Innovate			4PL1			3 Seek					

Teacher Mohd Rizal

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Respect								1 Seek/1 Strive/1 Soar/1 Innovate	4 Seek/4 Strive/4 Soar/4 Innovate					1 Respect/1 Integrity/1 Resilience/1 Care	3 Respect													
	Day 2	FRC 3 Respect								1S32	4C32	1 Strive	4 Strive			1S37	3PC6	Instr Area												
	Day 3	FRC 3 Respect				1 Seek/1 Strive/1 Soar/1 Innovate				1S37	FTGP	1 Integrity	3 Respect			1 Seek/1 Strive/1 Soar/1 Innovate	1S32	1 Strive												
	Day 4	FRC 3 Respect	3 Respect	CCE	3 Respect	3PC6	4C32	4 Strive	TS9	4 Seek/4 Strive/4 Soar/4 Innovate					1 Respect/1 Integrity/1 Resilience/1 Care	3 Respect	3PC6	LT@3												
	Day 5	FRC 3 Respect								1S32	4C39	1 Strive	1 Integrity			1 Seek/1 Strive/1 Soar/1 Innovate	1S37	1 Integrity												
Even Week	Day 1	FRC 3 Respect													1 Respect/1 Integrity/1 Resilience/1 Care	4 Respect/4 Integrity/4 Resilience/4 Care	1 Seek/1 Strive/1 Soar/1 Innovate													
	Day 2	FRC 3 Respect	3 Respect	FTGP	4 Seek/4 Strive/4 Soar/4 Innovate	3 Respect	3PC6	4C32	4 Strive						1 Integrity	1S32	1 Strive	LT@3												
	Day 3	FRC 3 Respect								1S32	4C39	1 Strive	1 Integrity			1 Respect/1 Integrity/1 Resilience/1 Care	3 Respect	3PC6	Instr Area											
	Day 4	FRC 3 Respect	3 Respect	CCE	4 Respect/4 Integrity/4 Resilience/4 Care	3 Respect	4C39	4C32	4 Strive						1 Seek/1 Strive/1 Soar/1 Innovate	1S32	1 Strive	LT@3												
	Day 5	FRC 3 Respect				1 Respect/1 Integrity/1 Resilience/1 Care				1S37	4C32	4 Strive			4 Seek/4 Strive/4 Soar/4 Innovate	1 Integrity	3 Respect	3PC6	Instr Area											

Teacher Kong Rui Jia

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Strive 1 Strive			1 Seek/1 Strive/1 Soar/ 1 Innovate	1G32 1 Strive						SN1								4 Seek/4 Strive/4 Soar/4 Innovate										
	Day 2	FRC 1 Strive 1 Strive	1 Seek/1 Strive/1 Soar/ 1 Innovate	1G32 1 Strive	1 Respect/1 Integrity/1 Resilience/1 Care	1G37 1 Integrity						5G26 EL Rm								4PG1 4 Soar										
	Day 3	FRC 1 Strive 1 Strive					4 Seek/4 Strive/4 Soar/ 4 Innovate	4G31 4 Seek	3 Seek/3 Strive 3G31			TS9								4 Seek/4 Strive/4 Soar/4 Innovate										
	Day 4	FRC 1 Strive 1 Strive	1 Strive	CCE 1 Strive	5N1	5G26 EL Rm		3 Seek/3 Strive 3G31			LT@3			1 Respect/1 Integrity/1 Resilience/1 Care	1G37 1 Integrity					4 Seek/4 Strive/4 Soar/4 Innovate										
	Day 5	FRC 1 Strive 1 Strive																												
Even Week	Day 1	FRC 1 Strive 1 Strive										1 Respect/1 Integrity/1 Resilience/1 Care								4 Seek/4 Strive/4 Soar/4 Innovate										
	Day 2	FRC 1 Strive 1 Strive	1 Strive	FTGP 1 Strive					5N1	5G26 TS5									4 Seek/4 Strive/4 Soar/4 Innovate											
	Day 3	FRC 1 Strive 1 Strive	4 Seek/4 Strive/4 Soar/4 Innovate	4PG1 4 Soar		3 Seek/3 Strive 3G31						5N1				5G26 TS5														
	Day 4	FRC 1 Strive 1 Strive	1 Strive	CCE 1 Strive	3 Seek/3 Strive 3G31		LT@3												4 Seek/4 Strive/4 Soar/4 Innovate											
	Day 5	FRC 1 Strive 1 Strive						1 Seek/1 Strive/1 Soar/1 Innovate		1G32 1 Strive									4PG1 4 Soar											

Teacher Selvam

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
		3 Strive /3 Innovate					2 Respect					2 Integrity																		
Odd Week	Day 1	3R21					Art				Art				Art				Timetabled Time (PLT)											
	Day 2																													
	Day 3																		1 Integrity											
	Day 4	CCE																	1 Respect											
	Day 5	Art																	1 Resilience											
Even Week	Day 1																		1 Integrity											
	Day 2																		2 Care											
	Day 3																		2 Resilience											
	Day 4	CCE																	2 Integrity											
	Day 5	Art																	2 Resilience											

Teacher Foung Seng Huat

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1						3 Seek/3 Strive /3 Respect /3 Integrity																							
	Day 2		3 Seek/3 Strive /3 Respect /3 Integrity		3CL1		3 Seek											Timetabled Time (PLT)												
	Day 3		4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care		4CL1		4 Seek										2 Seek/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care													
	Day 4							2 Seek/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care		2CL7							2 Seek													
	Day 5						1 Seek/1 Soar/1 Respect/1 Integrity/1 Resilience/1 Care									3 Seek/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care														
Even Week	Day 1						4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care		4CL1		4 Seek					3 CL1		3 Seek												
	Day 2						3 Seek/3 Strive /3 Respect /3 Integrity									2CL7		2 Seek												
	Day 3						1 Seek/1 Soar/1 Respect/1 Integrity/1 Resilience/1 Care									2 Seek/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care														
	Day 4						1CL10									4CL1		4 Seek												
	Day 5						TS5									4CL1		4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care		4 Seek										

Teacher Shahidah

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Soar																												
	Day 2	FRC 3 Soar	3 Soar/3 Innovate/3 Integrity/3 Resilience/3 Care	3ML7 3 Respect																										
	Day 3	FRC 3 Soar	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4ML7 4 Resilience																										
Even Week	Day 4	FRC 3 Soar	3 Soar/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Care	2ML2 2 Integrity																										
	Day 5	FRC 3 Soar	CCE 3 Soar	1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Care	1ML9 3 Respect																									
Even Week	Day 1	FRC 3 Soar																												
	Day 2	FRC 3 Soar	3 Soar/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Care	2ML2 2 Integrity																										
Even Week	Day 3	FRC 3 Soar	1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Care	1ML9 ML Rm																										
	Day 4	FRC 3 Soar	CCE 3 Soar	2 Soar/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Care	2ML2 2 Integrity																									
Even Week	Day 5	FRC 3 Soar	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4ML7 4 Resilience																										

Teacher Lee Siew Kim

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1																	3 Respect /3 Integrity /3 Resilience/3 Care	3 Seek/3 Strive /3 Innovate											
	Day 2																	3E37	3E32											
	Day 3																	3 Respect /3 Integrity /3 Resilience/3 Care	3 Integrity	3 Strive										
	Day 4																	3E37	3E32	3 Strive										
	Day 5																	3 Respect /3 Integrity /3 Resilience/3 Care	3 Integrity	3 Strive										
Even Week	Day 1																	3 Respect /3 Integrity /3 Resilience/3 Care	3 Seek/3 Strive /3 Innovate											
	Day 2																	3E37	3E32	3 Strive										
	Day 3																	3 Respect /3 Integrity /3 Resilience/3 Care	3 Strive	3 Seek/3 Strive /3 Innovate										
	Day 4																	3E37	3E32	3 Strive										
	Day 5																	3 Respect /3 Integrity /3 Resilience/3 Care	3 Integrity	3 Strive										

Teacher Suhairi

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00			
Odd Week	Day 1	FRC 2 Care				2 Care			PE			ISH				1 Seek			PE			Hall											
	Day 2	FRC 2 Care	4 Soar			PE			Parade Square							2 Care			FTGP				2 Care	3 Respect /3 Care			3X36						
	Day 3	FRC 2 Care	3 Strive			2 Care				PE			BBC	4 Soar			PE			1 Seek			Hall										
	Day 4	FRC 2 Care	2 Care			CCE				3 Respect /3 Care				3X36			2 Seek			PE				Hall									
	Day 5	FRC 2 Care				2 Care				ESS Room,Comp 4			3 Respect /3 Care			3X36			3 Strive			2 Seek			ISH	PE			PE			Hall	
Even Week	Day 1	FRC 2 Care	2 Seek			PE			1 Seek			PE			Hall			4 Soar			PE			Field 2	3 Respect /3 Care			3X36			ESS Room,Comp 4		
	Day 2	FRC 2 Care	FTGP			2 Care			3 Strive			PE			ISH			2 Seek			PE			Field 2	3 Respect /3 Care			3X36			ESS Room,Comp 4		
	Day 3	FRC 2 Care	2 Care			PE			ISH			4 Soar			Field 2			3 Respect /3 Care			3X36			Hall	1 Seek			PE			Hall		
	Day 4	FRC 2 Care	2 Care			CCE			2 Care			4 Soar			Field 2			PE			ISH			Field 2	3 Respect /3 Care			3X36			ESS Room,Comp 4		
	Day 5	FRC 2 Care	2 Care			PE			3 Strive			PE			ISH			4 Soar			PE			Hall	3 Respect /3 Care			3X36			ESS Room,Comp 4		

Teacher Lim Su Wen

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Respect																												
	Day 2	FRC 4 Respect																												
	Day 3	FRC 4 Respect																												
	Day 4	FRC 4 Respect	4 Respect/5N1 CCE1 4 Respect																											
	Day 5	FRC 4 Respect	1 Seek/1 Strive/1 Soar/1 Innovate 1H32 1 Strive																											
Even Week	Day 1	FRC 4 Respect	4 Respect/4 Integrity/4 Resilience/4 Care 4O26 4 Resilience																											
	Day 2	FRC 4 Respect	4 Respect/5N1 FTGP1 4 Respect																											
	Day 3	FRC 4 Respect	4 Seek/4 Strive/4 Soar 4PH1 4 Strive																											
	Day 4	FRC 4 Respect	4 Respect/5N1 CCE1 4 Respect																											
	Day 5	FRC 4 Respect																												

2026 Semester 1 Timetable

Teacher Syhella

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Soar 1 Soar	3R21							Art				Art				Timetabled Time (PLT)												
	Day 2	FRC 1 Soar 1 Soar								Art			1 Soar					FTGP			1 Soar									
	Day 3	FRC 1 Soar 1 Soar	Art							Art				Art				3R21												
	Day 4	FRC 1 Soar 1 Soar	CCE							Art				Art				3R21												
	Day 5	FRC 1 Soar 1 Soar																												
Even Week	Day 1	FRC 1 Soar 1 Soar	Art								Art				Art				3R21											
	Day 2	FRC 1 Soar 1 Soar	FTGP							Art				Art				3R21												
	Day 3	FRC 1 Soar 1 Soar																Art												
	Day 4	FRC 1 Soar 1 Soar	CCE							Art				Art				3R21												
	Day 5	FRC 1 Soar 1 Soar								Art				Art				3R21												

Teacher Ng Tian Wen

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Respect 1 Respect	2 Strive 2F12 Kitchen 1		4 Seek/4 Strive/4 Soar/4 Innovate 4F21 D&T Tech Rm																									
	Day 2	FRC 1 Respect 1 Respect	2 Care 2F12 Kitchen 1									1 Respect FTGP 1 Respect						4 Seek/4 Strive/4 Soar/4 Innovate 4F21 D&T Tech Rm												
	Day 3	FRC 1 Respect 1 Respect	2 Seek 2F12 Kitchen 1	2 Respect 2F12 Kitchen 1		2 Innovate 2F12 Kitchen 1	4 Seek/4 Strive/4 Soar/4 Innovate 4F21 D&T Tech Rm					1 Integrity 1F12 Kitchen 1																		
	Day 4	FRC 1 Respect 1 Respect	1 Respect CCE 1 Respect						2 Soar 2F12 Kitchen 1				1 Resilience 1F12 Kitchen 1		1 Respect 1F12 Kitchen 1															
	Day 5	FRC 1 Respect 1 Respect	1 Care 1F12 Kitchen 1						2 Resilience 2F12 Kitchen 1	2 Integrity 2F12 Kitchen 1																				
Even Week	Day 1	FRC 1 Respect 1 Respect							4 Seek/4 Strive/4 Soar/4 Innovate 4F21 D&T Tech Rm				1 Resilience 1F12 Kitchen 1																	
	Day 2	FRC 1 Respect 1 Respect	1 Respect FTGP 1 Respect						2 Innovate 2F12 Kitchen 1	2 Strive 2F12 Kitchen 1	1 Respect 1F12 Kitchen 1																			
	Day 3	FRC 1 Respect 1 Respect	4 Seek/4 Strive/4 Soar/4 Innovate 4F21 D&T Tech Rm		1 Integrity 1F12 Kitchen 1				2 Seek 2F12 Kitchen 1	2 Soar 2F12 Kitchen 1																				
	Day 4	FRC 1 Respect 1 Respect	1 Respect CCE 1 Respect						2 Respect 2F12 Kitchen 1	2 Care 2F12 Kitchen 1		4 Seek/4 Strive/4 Soar/4 Innovate 4F21 D&T Tech Rm																		
	Day 5	FRC 1 Respect 1 Respect	2 Integrity 2F12 Kitchen 1						1 Care 1F12 Kitchen 1	2 Resilience 2F12 Kitchen 1																				

Teacher Ummu Sumaiyah

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Resilience	2 Respect/2 Integrity/2 Resilience/2 Care	4 Respect/4 Integrity/4 Resilience/4 Care															2 Seek/2 Strive/2 Soar/2 Innovate	3 Resilience/3 Care										
	Day 2	FRC 4 Resilience	2S37 2 Integrity	4P26 4 Resilience															2S32 2 Strive	3S16 3 Care										
	Day 3	FRC 4 Resilience			2S37 2 Integrity				2 Seek/2 Strive/2 Soar/2 Innovate	2S32 2 Strive		FTGP3 4 Resilience		3S16 3 Care																
	Day 4	FRC 4 Resilience	4 Resilience/5N1 CCE3 4 Resilience	4 Seek/4 Strive/4 Soar/4 Innovate 4P31 4 Seek								3S16 3 Care		2S32 2 Strive																
	Day 5	FRC 4 Resilience	2 Respect/2 Integrity/2 Resilience/2 Care 2S37 2 Integrity		2 Seek/2 Strive/2 Soar/2 Innovate 2S32 2 Strive		4 Respect/4 Integrity/4 Resilience/4 Care 4P26 4 Resilience																							
Even Week	Day 1	FRC 4 Resilience		2 Seek/2 Strive/2 Soar/2 Innovate 2S32 2 Strive					2 Respect/2 Integrity/2 Resilience/2 Care 2S37 2 Integrity									3 Resilience/3 Care 3S16 3 Care												
	Day 2	FRC 4 Resilience	4 Resilience/5N1 FTGP3 4 Resilience			3 Resilience/3 Care 3S16 3 Care		4 Seek/4 Strive/4 Soar/4 Innovate 4P31 4 Seek										4 Respect/4 Integrity/4 Resilience/4 Care 4P26 4 Resilience												
	Day 3	FRC 4 Resilience	3 Resilience/3 Care 3S16 3 Care	2 Seek/2 Strive/2 Soar/2 Innovate 2S32 2 Strive				2 Respect/2 Integrity/2 Resilience/2 Care 2S37 2 Integrity										4 Seek/4 Strive/4 Soar/4 Innovate 4P31 4 Seek												
	Day 4	FRC 4 Resilience	4 Resilience/5N1 CCE3 4 Resilience			4 Respect/4 Integrity/4 Resilience/4 Care 4P26 4 Resilience		2 Seek/2 Strive/2 Soar/2 Innovate 2S32 2 Strive										2 Respect/2 Integrity/2 Resilience/2 Care 2S37 2 Integrity	3 Resilience/3 Care 3S16 3 Care											
	Day 5	FRC 4 Resilience	2 Seek/2 Strive/2 Soar/2 Innovate 2S32 2 Strive		2 Respect/2 Integrity/2 Resilience/2 Care 2S37 2 Integrity																									

Teacher Vemala Naguran

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Care																												
	Day 2	FRC 4 Care															4 Care/5N1	3 Soar	FTGP4	3 RO11	4 Care	RO Room, Comp 3.B1-03		3 Resilience		3 T26				
	Day 3	FRC 4 Care																												
	Day 4	FRC 4 Care															4 Care/5N1	3 Resilience	3T26	3 Respect, 3 Care										
	Day 5	FRC 4 Care																3 Resilience	3T26	3 Respect, RO Room										
Even Week	Day 1	FRC 4 Care																3 Soar	3 RO11	RO Room, Comp 3.B1-03										
	Day 2	FRC 4 Care															4 Care/5N1	Timetabled Time (PLT)	Board Rm											
	Day 3	FRC 4 Care																												
	Day 4	FRC 4 Care															4 Care/5N1	CCE4	4 Care											
	Day 5	FRC 4 Care																	3 Soar	3 RO11	RO Room, Comp 3.B1-03									

Teacher Vera Lee

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Integrity	4 Seek/4 Strive/4 Soar/4 Innovate							4 Respect/4 Integrity/4 Resilience/4 Care				1 Respect/1 Integrity/1 Resilience/1 Care																
	Day 2	FRC 4 Integrity	1 Respect/1 Integrity/1 Resilience/1 Care	4M21						4M26				1M37																
	Day 3	FRC 4 Integrity	1 Respect/1 Integrity/1 Resilience/1 Care				1M37				4 Resilience				1 Integrity															
	Day 4	FRC 4 Integrity	4 Integrity/5N1	1 Respect/1 Integrity/1 Resilience/1 Care	CCE2		1M37			4M26				FTGP2		4M26			4 Respect/4 Integrity/4 Resilience/4 Care											
	Day 5	FRC 4 Integrity	4 Seek/4 Strive/4 Soar/4 Innovate	4 Soar	4M21			1 Integrity	Timetabled Time (PLT)				1 Care	4 Integrity		4 Resilience		4M26												
Even Week	Day 1	FRC 4 Integrity				1 Respect/1 Integrity/1 Resilience/1 Care	1M37							4 Respect/4 Integrity/4 Resilience/4 Care	4M26															
	Day 2	FRC 4 Integrity	4 Integrity/5N1	FTGP2	1 Integrity	1 Respect/1 Integrity/1 Resilience/1 Care	1M37			4 Resilience								4 Seek/4 Strive/4 Soar/4 Innovate	4M21											
	Day 3	FRC 4 Integrity	4 Respect/4 Integrity/4 Resilience/4 Care	4M26		4 Seek/4 Strive/4 Soar/4 Innovate	4M21							1 Respect/1 Integrity/1 Resilience/1 Care	1S16			1 Care												
	Day 4	FRC 4 Integrity	4 Integrity/5N1	CCE2	4 Integrity	1 Respect/1 Integrity/1 Resilience/1 Care	1M37			4 Resilience					1S16			1 Care												
	Day 5	FRC 4 Integrity	4 Seek/4 Strive/4 Soar/4 Innovate	4 Soar	4M21		Board Rm																							

Teacher Pak Wanni

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Integrity													1 Respect/1 Integrity/1 Resilience/1 Care	3 Respect /3 Integrity		4 Respect/4 Integrity/4 Resilience/4 Care												
	Day 2	FRC 3 Integrity	1 Respect/1 Integrity/1 Resilience/1 Care	1M26											3 Integrity	FTGP	3 Integrity	3A37	4A26						4 Respect/4 Integrity/4 Resilience/4 Care	4A26				
	Day 3	FRC 3 Integrity			1 Respect/1 Integrity/1 Resilience/1 Care	1M26									3 Respect /3 Integrity	3A37	3 Integrity		4 Respect/4 Integrity/4 Resilience/4 Care	4A26	Timetabled Time (PLT)									
	Day 4	FRC 3 Integrity	3 Integrity	CCE	1 Respect/1 Integrity/1 Resilience/1 Care	1M26													4 Respect/4 Integrity/4 Resilience/4 Care	4A26	Board Rm									
	Day 5	FRC 3 Integrity			Timetabled Time (PLT)	1 Respect/1 Integrity/1 Resilience/1 Care													3 Respect /3 Integrity	3A37	3 Integrity									
Even Week	Day 1	FRC 3 Integrity			1 Respect/1 Integrity/1 Resilience/1 Care	1M26													3 Respect /3 Integrity	3A37										
	Day 2	FRC 3 Integrity	3 Integrity	FTGP	1 Respect/1 Integrity/1 Resilience/1 Care	1M26									3 Respect /3 Integrity	3A37	3 Integrity		4 Respect/4 Integrity/4 Resilience/4 Care	4A26	4 Resilience									
	Day 3	FRC 3 Integrity	3 Respect /3 Integrity	3A37															4 Respect/4 Integrity/4 Resilience/4 Care	4A26	4 Resilience									
	Day 4	FRC 3 Integrity	3 Integrity	CCE	1 Respect/1 Integrity/1 Resilience/1 Care	1M26													4 Respect/4 Integrity/4 Resilience/4 Care	4A26	4 Resilience									
	Day 5	FRC 3 Integrity			1 Respect/1 Integrity/1 Resilience/1 Care	1M26									1 Respect/1 Integrity/1 Resilience/1 Care	1M26	1 Resilience		4 Respect/4 Integrity/4 Resilience/4 Care	4A26	4 Resilience									

Teacher Toh Wen Yi

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10 8:10 8:30	2 8:30 8:30 8:30	3 8:50 8:50 8:50	4 9:10 9:10 9:10	5 9:30 9:30 9:30	6 9:50 9:50 9:50	7 10:10 10:10 10:10	8 10:10 10:30 10:30	9 10:30 10:50 10:50	10 10:50 11:10 11:10	11 11:10 11:30 11:30	12 11:30 11:50 11:50	13 11:50 12:10 12:10	14 12:10 12:30 12:30	15 12:30 12:50 12:50	16 12:50 13:10 13:10	17 13:10 13:30 13:30	18 13:30 13:50 13:50	19 13:50 14:10 14:10	20 14:10 14:30 14:30	21 14:30 14:50 14:50	22 14:50 15:10 15:10	23 15:10 15:30 15:30	24 15:30 15:50 15:50	25 15:50 16:10 16:10	26 16:10 16:30 16:30	27 16:30 17:10 17:10	28 17:10 18:00 18:00
Odd Week	Day 1	FRC 1 Integrity 1 Integrity	4 Resilience/SN1 PE3 Field 2						2 Soar PE Hall			2 Respect PE ISH			1 Soar PE Hall															
	Day 2	FRC 1 Integrity 1 Integrity	2 Respect PE ISH																											
	Day 3	FRC 1 Integrity 1 Integrity															1 Soar PE ISH								1 Integrity PE BBC					
	Day 4	FRC 1 Integrity 1 Integrity	1 Integrity CCE 1 Integrity			3 Respect /3 Care 3X36 ESS Room,Comp 4																								
	Day 5	FRC 1 Integrity 1 Integrity	4 Resilience/SN1 PE3 Hall			3 Respect /3 Care 3X36 ESS Room,Comp 4																								
Even Week	Day 1	FRC 1 Integrity 1 Integrity	2 Soar PE ISH																											
	Day 2	FRC 1 Integrity 1 Integrity	1 Integrity FTGP 1 Integrity																											
	Day 3	FRC 1 Integrity 1 Integrity	4 Resilience/SN1 PE3 Field 2																											
	Day 4	FRC 1 Integrity 1 Integrity	1 Integrity CCE 1 Integrity			1 Soar PE Hall																								
	Day 5	FRC 1 Integrity 1 Integrity				1 Soar PE Parade Square																								

Teacher Widayah Othman

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Soar	2 Respect/2 Integrity/2 Resilience/2 Care 2S38 Instr Area												4 Seek/4 Strive/4 Soar/4 Innovate 4C31 4 Seek						3 Seek 3PC1 3 Seek									
	Day 2	FRC 4 Soar				2 Respect/2 Integrity/2 Resilience/2 Care 2S38 LT@3									4 Soar FTGP 4 Soar	3 Seek 3PC1 TS8														
	Day 3	FRC 4 Soar					Timetabled Time (PLT) Board Rm			4 Respect/4 Integrity/4 Resilience/4 Care 4C36		2 Respect/2 Integrity/2 Resilience/2 Care 2S38					3 Seek 3PC1 TS8													
	Day 4	FRC 4 Soar	4 Soar CCE 4 Soar						4 Seek/4 Strive/4 Soar/4 Innovate 4C31 4 Seek								4 Respect/4 Integrity/4 Resilience/4 Care 4C36 4 Respect													
	Day 5	FRC 4 Soar	2 Respect/2 Integrity/2 Resilience/2 Care 2S38 Instr Area																											
Even Week	Day 1	FRC 4 Soar	3 Seek 3PC1 TS8												2 Respect/2 Integrity/2 Resilience/2 Care 2S38 Instr Area		4 Respect/4 Integrity/4 Resilience/4 Care 4C36 4 Respect													
	Day 2	FRC 4 Soar	4 Soar FTGP 4 Soar 4 Seek			4 Seek/4 Strive/4 Soar/4 Innovate 4C31												3 Seek 3PC1 TS8												
	Day 3	FRC 4 Soar													2 Respect/2 Integrity/2 Resilience/2 Care 2S38 Instr Area															
	Day 4	FRC 4 Soar	4 Soar CCE 4 Soar 4 Respect			4 Respect/4 Integrity/4 Resilience/4 Care 4C36											2 Respect/2 Integrity/2 Resilience/2 Care 2S38 2 Care													
	Day 5	FRC 4 Soar	3 Seek 3PC1 TS8			2 Respect/2 Integrity/2 Resilience/2 Care 2S38 2 Care			4 Seek/4 Strive/4 Soar/4 Innovate 4C31 4 Seek																					

Teacher Koh Yong Cheng

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 5N1	4 Respect/SN1 PE1 BBC						3 Resilience PE Field 1							2 Seek/2 Strive/2 Soar/2 Innovate 2S11 2 Innovate														
	Day 2	FRC 5N1	4 Seek PE Field 1						2 Seek/2 Strive/2 Soar/2 Innovate 2S11 2 Innovate							3 Strive/3 Soar/3 Innovate 3C22 3 Soar														
	Day 3	FRC 5N1	3 Seek PE Hall						4 Seek PE Field 1							3 Strive/3 Soar/3 Innovate 3C22 3 Soar														
	Day 4	FRC 5N1	CCE						3 Resilience PE Field 1																					
	Day 5	FRC 5N1	4 Respect/SN1 PE1 BBC						2 Seek/2 Strive/2 Soar/2 Innovate 2S11 2 Innovate			3 Seek PE Hall																		
Even Week	Day 1	FRC 5N1	3 Strive/3 Soar/3 Innovate 3C22 3 Soar						3 Resilience PE Field 2			4 Seek PE Hall																		
	Day 2	FRC 5N1							3 Seek PE Field 1							3 Strive/3 Soar/3 Innovate 3C22 3 Soar														
	Day 3	FRC 5N1							4 Respect/SN1 PE1 BBC																					
	Day 4	FRC 5N1	3 Resilience PE Field 1						4 Seek PE Hall			2 Seek/2 Strive/2 Soar/2 Innovate 2S11 2 Innovate																		
	Day 5	FRC 5N1	2 Seek/2 Strive/2 Soar/2 Innovate 2S11 2 Innovate						3 Seek PE Field 2			4 Respect/SN1 PE1 BBC																		

Teacher Ng Yulin

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00		
Odd Week	Day 1	FRC 3 Care					3 Strive/3 Soar/3 Innovate/3 Respect /3 Resilience/3 Care																									
	Day 2	FRC 3 Care	3 Strive/3 Soar/3 Innovate/3 Respect /3 Resilience/3 Care	3CL8			4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care/5N1	4CL5	TS2						3 Care	FTGP	2CL6	Board Rm														
	Day 3	FRC 3 Care	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care/5N1	4CL5			3 Strive/3 Soar/3 Innovate/3 Respect /3 Resilience/3 Care	3CL8	TS5						1 Seek/1 Strive/1 Innovate/1 Integrity/1 Resilience	1CL9	TS1	TS3	2 Seek/2 Strive/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care	2CL6	TS3											
	Day 4	FRC 3 Care	3 Care	CCE			2 Seek/2 Strive/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care	2CL6	TS3																							
	Day 5	FRC 3 Care					1 Seek/1 Strive/1 Innovate/1 Integrity/1 Resilience	1CL9	TS1						4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care/5N1	4CL5	TS5															
Even Week	Day 1	FRC 3 Care					4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care/5N1	4CL5	TS5						3 Strive/3 Soar/3 Innovate/3 Respect /3 Resilience/3 Care	3CL8	TS2	TS3	2 Seek/2 Strive/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care	2CL6	TS3											
	Day 2	FRC 3 Care	3 Care	FTGP	3CL8	TS2													2 Seek/2 Strive/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care	2CL6	TS3											
	Day 3	FRC 3 Care	1 Seek/1 Strive/1 Innovate/1 Integrity/1 Resilience	1CL9	TS1		3 Strive/3 Soar/3 Innovate/3 Respect /3 Resilience/3 Care	3CL8	TS2						4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care/5N1	4CL5	TS5		2 Seek/2 Strive/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care	2CL6	TS3											
	Day 4	FRC 3 Care	3 Care	CCE	3 Care										1 Seek/1 Strive/1 Innovate/1 Integrity/1 Resilience	1CL9	TS1	TS5	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care/5N1	4CL5	TS5			2 Seek/2 Strive/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care	2CL6	TS3						
	Day 5	FRC 3 Care	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Resilience/4 Care/5N1	4CL5	TS5										3 Strive/3 Soar/3 Innovate/3 Respect /3 Resilience/3 Care	3CL8	TS2															

Teacher Shu Yun Chao

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Care 1 Care					3 Strive/3 Soar/3 Respect/3 Integrity/3 Resilience/3 Care																	2 Seek/2 Strive/2 Soar/ 2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care	2CL1					
	Day 2	FRC 1 Care 1 Care	3 Strive/3 Soar/3 Respect/3 Integrity/3 Resilience/3 Care	3CL4	4CL6	TS4																		TS2						
	Day 3	FRC 1 Care 1 Care	SN1	4CL6	3CL4	TS4	3 Innovate																							
	Day 4	FRC 1 Care 1 Care	1 Care	CCE	1 Care	2CL1	TS2	1 Seek/1 Strive/1 Innovate/1 Integrity/1 Resilience	1CL8	TS2																				
	Day 5	FRC 1 Care 1 Care				1 Seek/1 Strive/1 Innovate/1 Integrity/1 Resilience	1CL8	TS2																						
Even Week	Day 1	FRC 1 Care 1 Care	1 Seek/1 Strive/1 Innovate/1 Integrity/1 Resilience	1CL8	TS2	5N1	4CL6								3 Strive/3 Soar/3 Respect/3 Integrity/3 Resilience/3 Care		3 Innovate						2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care	2CL1						
	Day 2	FRC 1 Care 1 Care	1 Care	FTGP	3CL4	3 Innovate									1 Seek/1 Strive/1 Innovate/1 Integrity/1 Resilience	1CL8	TS2							2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care	2CL1					
	Day 3	FRC 1 Care 1 Care	1 Seek/1 Strive/1 Innovate/1 Integrity/1 Resilience	1CL8	TS2			3 Strive/3 Soar/3 Respect/3 Integrity/3 Resilience/3 Care	3CL4	TS4														2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care	2CL1					
	Day 4	FRC 1 Care 1 Care	1 Care	CCE	1 Care			1 Seek/1 Strive/1 Innovate/1 Integrity/1 Resilience	1CL8	TS2														2CL1						
	Day 5	FRC 1 Care 1 Care	SN1	4CL6	TS4			3 Strive/3 Soar/3 Respect/3 Integrity/3 Resilience/3 Care	3CL4	3 Innovate																				

2026 Semester 1 Timetable

Teacher Zainal

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Care	3 Resilience/3 Care 3M16	4 Respect/4 Integrity/4 Resilience/4 Care 4M16					4 Respect/4 Integrity/4 Resilience/4 Care 4M16	2 Seek/2 Strive/2 Soar/2 Innovate 2M11																				
	Day 2	FRC 3 Care	2 Seek/2 Strive/2 Soar/2 Innovate 2M11						3 Resilience/3 Care 3M16	3 Care	FTGP		3 Care		4 Respect/4 Integrity/4 Resilience/4 Care 4M16															
	Day 3	FRC 3 Care						2 Seek/2 Strive/2 Soar/2 Innovate 2M11						4 Respect/4 Integrity/4 Resilience/4 Care 4M16					Timetabled Time (PLT)											
	Day 4	FRC 3 Care	3 Care CCE						4 Respect/4 Integrity/4 Resilience/4 Care 4M16					4 Care					Board Rm											
	Day 5	FRC 3 Care						3 Resilience/3 Care 3M16	2 Seek/2 Strive/2 Soar/2 Innovate 2M11		3 Resilience/3 Care 3M16		3 Care																	
Even Week	Day 1	FRC 3 Care							2 Seek/2 Strive/2 Soar/2 Innovate 2M11	4 Respect/4 Integrity/4 Resilience/4 Care 4M16					3 Resilience/3 Care 3M16															
	Day 2	FRC 3 Care	3 Care FTGP						2 Seek/2 Strive/2 Soar/2 Innovate 2M11					3 Resilience/3 Care 3M16		4 Respect/4 Integrity/4 Resilience/4 Care 4M16														
	Day 3	FRC 3 Care	4 Respect/4 Integrity/4 Resilience/4 Care 4M16						2 Seek/2 Strive/2 Soar/2 Innovate 2M11		3 Resilience/3 Care 3M16		3 Care	4 Respect/4 Integrity/4 Resilience/4 Care 4M16																
	Day 4	FRC 3 Care	3 Care CCE					2 Seek/2 Strive/2 Soar/2 Innovate 2M11		3 Resilience/3 Care 3M16	Timetabled Time (PLT)		Board Rm		4 Respect/4 Integrity/4 Resilience/4 Care 4M16															
	Day 5	FRC 3 Care						3 Resilience/3 Care 3M16		4 Respect/4 Integrity/4 Resilience/4 Care 4M16																				

2026 Semester 1 Timetable

Teacher Zakir

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Seek																4 Seek/4 Strive/4 Soar/ 4 Innovate 4O21 HIVE												
	Day 2	FRC 4 Seek				3 Respect/3 Integrity /3 Resilience				4 Respect/4 Integrity/4 Resilience/4 Care/ 5N1	4O36	FTGP																		
	Day 3	FRC 4 Seek	3 Respect /3 Resilience/3 Care	3O26						3 Soar/3 Innovate	3O21		3O31						3 Respect /3 Integrity /3 Resilience			4 Seek/4 Strive/4 Soar/ 4 Innovate 4O31 HIVE								
	Day 4	FRC 4 Seek	4 Seek	CCE						3 Soar/3 Innovate	3O21		4O36						3 Seek/3 Strive		4 Seek/4 Strive/4 Soar/4 Innovate 4O31 HIVE									
	Day 5	FRC 4 Seek							4 Seek/4 Strive/4 Soar/4 Innovate	4O21		3O26		3 Integrity																
Even Week	Day 1	FRC 4 Seek	4 Respect/4 Integrity/4 Resilience/4 Care/ 5N1	4O36																										
	Day 2	FRC 4 Seek	4 Seek	FTGP	4O36				4 Respect/4 Integrity/4 Resilience/4 Care/ 5N1									3 Respect /3 Integrity /3 Resilience		4 Seek/4 Strive/4 Soar/ 4 Innovate 4O31 3 Respect										
	Day 3	FRC 4 Seek	3 Seek/3 Strive	3O31				3 Soar/3 Innovate	3O21		4O21														Timetabled Time (PLT)					
	Day 4	FRC 4 Seek	4 Seek	CCE	3O21			3 Soar/3 Innovate		3 Seek/3 Strive	3O31			3O36		3O26		3 Respect /3 Integrity /3 Resilience		4 Seek/4 Strive/4 Soar/ 4 Innovate 4O31 HIVE										
	Day 5	FRC 4 Seek										4 Seek/4 Strive/4 Soar/4 Innovate		4O21		3O26		3 Integrity												

Teacher Zarina Ismail

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Resilience 1 Resilience																												
	Day 2	FRC 1 Resilience 1 Resilience	3 Seek/3 Strive /3 Respect /3 Integrity	3ML1																										
	Day 3	FRC 1 Resilience 1 Resilience	4 Seek/4 Strive/4 Soar/4 Innovate/4 Resilience	4ML3	ML Rm																									
	Day 4	FRC 1 Resilience 1 Resilience	1 Resilience	CCE	ML Rm																									
	Day 5	FRC 1 Resilience 1 Resilience		1 Resilience	1 ML2 1 Integrity	1 ML2 1 Integrity	1 ML2 1 Integrity	1 ML2 1 Integrity	1 ML2 1 Integrity	1 ML2 1 Integrity	1 ML2 1 Integrity	1 ML2 1 Integrity	1 ML2 1 Integrity	1 ML2 1 Integrity	1 ML2 1 Integrity	1 ML2 1 Integrity	1 ML2 1 Integrity	1 ML2 1 Integrity	1 ML2 1 Integrity	1 ML2 1 Integrity	1 ML2 1 Integrity	1 ML2 1 Integrity	1 ML2 1 Integrity	1 ML2 1 Integrity	1 ML2 1 Integrity	1 ML2 1 Integrity				
Even Week	Day 1	FRC 1 Resilience 1 Resilience	Zarina 1 Integrity	1 ML2 1 Integrity																										
	Day 2	FRC 1 Resilience 1 Resilience	1 Resilience	FTGP	3 Seek/3 Strive /3 Respect /3 Integrity	ML Rm																								
	Day 3	FRC 1 Resilience 1 Resilience	1 ML2 1 Integrity																											
	Day 4	FRC 1 Resilience 1 Resilience	1 Resilience	CCE	ML Rm																									
	Day 5	FRC 1 Resilience 1 Resilience	4 Seek/4 Strive/4 Soar/4 Innovate/4 Resilience	4ML3	ML Rm																									

Teacher Zhang Hui

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Care					3 Seek/3 Respect/3 Integrity/3 Resilience																							
	Day 2	FRC 2 Care	3 Seek/3 Respect/3 Integrity/3 Resilience	3CL3	3 Soar	4CL9	TS6								2 Care	FTGP	2 Care	2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience	2CL5	TS4										
	Day 3	FRC 2 Care			3 Seek/3 Respect/3 Integrity/3 Resilience	3CL3	3 Soar								1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL2	1 Strive													
	Day 4	FRC 2 Care	2 Care	CCE	2 Care	2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience	2CL5	TS4	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL2	1 Strive																			
	Day 5	FRC 2 Care			1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL2	1 Strive							4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4CL9	TS6														
Even Week	Day 1	FRC 2 Care	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL2	1 Strive									3 Seek/3 Respect/3 Integrity/3 Resilience	3CL3	3 Soar														
	Day 2	FRC 2 Care	2 Care	FTGP	3 Seek/3 Respect/3 Integrity/3 Resilience	3CL3	3 Soar							1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL2	1 Strive														
	Day 3	FRC 2 Care	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL2	1 Strive				3 Seek/3 Respect/3 Integrity/3 Resilience	3CL3	3 Soar																			
	Day 4	FRC 2 Care	2 Care	CCE	2 Care	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1CL2	1 Strive	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4CL9	TS6				2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience	2CL5	TS4													
	Day 5	FRC 2 Care	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4CL9	TS6				3 Seek/3 Respect/3 Integrity/3 Resilience	3CL3	3 Soar																			

Teacher Yeo Zhi Qin

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Strive																												
	Day 2	FRC 3 Strive	3 Seek/3 Strive/3 Soar/3 Innovate/3 Respect/3 Integrity/3 Resilience	3CL2 3 Strive	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4CL7 TS2																								
	Day 3	FRC 3 Strive	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4CL7 TS2	3CL2 3 Strive	3 Seek/3 Strive/3 Soar/3 Innovate/3 Respect/3 Integrity/3 Resilience																								
	Day 4	FRC 3 Strive	3 Strive	CCE 3 Strive			2 Seek/2 Strive/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care	2CL9 2 Respect		1 Seek/1 Strive/1 Soar/1 Respect/1 Integrity/1 Resilience/1 Care	1CL3 1 Soar																			
	Day 5	FRC 3 Strive				1 Seek/1 Strive/1 Soar/1 Respect/1 Integrity/1 Resilience/1 Care	1CL3 1 Soar				4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4CL7 TS2																		
Even Week	Day 1	FRC 3 Strive	1 Seek/1 Strive/1 Soar/1 Respect/1 Integrity/1 Resilience/1 Care	1CL3 1 Soar			4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4CL7 TS2				3 Seek/3 Strive/3 Soar/3 Innovate/3 Respect/3 Integrity/3 Resilience	3CL2 3 Strive																	
	Day 2	FRC 3 Strive	FTGP 3 Strive	3CL2 3 Strive						1 Seek/1 Strive/1 Soar/1 Respect/1 Integrity/1 Resilience/1 Care	1CL3 1 Soar																			
	Day 3	FRC 3 Strive	1 Seek/1 Strive/1 Soar/1 Respect/1 Integrity/1 Resilience/1 Care	1CL3 1 Soar			3 Seek/3 Strive/3 Soar/3 Innovate/3 Respect/3 Integrity/3 Resilience	3CL2 3 Strive		4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4CL7 TS2																			
	Day 4	FRC 3 Strive	3 Strive	CCE 3 Strive					1 Seek/1 Strive/1 Soar/1 Respect/1 Integrity/1 Resilience/1 Care	1CL3 1 Soar		4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4CL7 TS2																	
	Day 5	FRC 3 Strive	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4CL7 TS2			3 Seek/3 Strive/3 Soar/3 Innovate/3 Respect/3 Integrity/3 Resilience	3CL2 3 Strive																						

2026 Semester 1 Timetable

Teacher Ida

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Respect																												
	Day 2	FRC 2 Respect	3 Seek/3 Strive/3 Respect/3 Integrity																											
	Day 3	FRC 2 Respect																												
	Day 4	FRC 2 Respect	2 Respect	CCE																										
	Day 5	FRC 2 Respect																												
Even Week	Day 1	FRC 2 Respect																												
	Day 2	FRC 2 Respect	2 Respect	FTGP																										
	Day 3	FRC 2 Respect																												
	Day 4	FRC 2 Respect	2 Respect	CCE																										
	Day 5	FRC 2 Respect																												

Teacher Lee Mei

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Seek	1 Respect/1 Integrity/1 Resilience/1 Care 1L36 1 Respect				2 Seek/2 Strive/2 Soar/ 2 Innovate	2E21 2 Soar		1 Respect/1 Integrity/1 Resilience/1 Care 1E26 1 Resilience																				
	Day 2	FRC 2 Seek								2 Respect/2 Integrity/2 Resilience/2 Care 2E27 2 Care	2 Seek FTGP 2 Seek					1 Respect/1 Integrity/1 Resilience/1 Care 1E26 1 Resilience														
	Day 3	FRC 2 Seek	1 Respect/1 Integrity/1 Resilience/1 Care 1E26 1 Resilience						2 Respect/2 Integrity/2 Resilience/2 Care 2E27 2 Care	2 Seek/2 Strive/2 Soar/2 Innovate 2E21 2 Soar																				
	Day 4	FRC 2 Seek	2 Seek CCE 2 Seek	1 Seek/1 Strive/1 Soar/1 Innovate 1L31 1 Seek											2 Respect/2 Integrity/2 Resilience/2 Care 2E27 2 Care	2 Seek/2 Strive/2 Soar/2 Innovate 2E21 2 Soar														
	Day 5	FRC 2 Seek	2 Seek/2 Strive/2 Soar/2 Innovate 2E21 2 Soar				2 Respect/2 Integrity/2 Resilience/2 Care 2E27 2 Care	1 Respect/1 Integrity/1 Resilience/1 Care 1E26 1 Resilience																						
Even Week	Day 1	FRC 2 Seek							2 Respect/2 Integrity/2 Resilience/2 Care 2E27 2 Care					2 Seek/2 Strive/2 Soar/2 Innovate 2E21 2 Soar	1 Respect/1 Integrity/1 Resilience/1 Care 1L36 1 Respect		Timetabled Time (PLT)													
	Day 2	FRC 2 Seek	2 Seek FTGP 2 Seek	2 Respect/2 Integrity/2 Resilience/2 Care 2E27 2 Care			1 Respect/1 Integrity/1 Resilience/1 Care 1E26 1 Resilience								1 Seek/1 Strive/1 Soar/1 Innovate 1L31 1 Seek	2 Seek/2 Strive/2 Soar/2 Innovate 2E21 2 Soar														
	Day 3	FRC 2 Seek	2 Seek/2 Strive/2 Soar/2 Innovate 2E21 2 Soar					2 Respect/2 Integrity/2 Resilience/2 Care 2E27 2 Care	1 Seek/1 Strive/1 Soar/1 Innovate 1L31 1 Seek						1 Respect/1 Integrity/1 Resilience/1 Care 1E26 1 Resilience															
	Day 4	FRC 2 Seek	2 Seek CCE 2 Seek				2 Respect/2 Integrity/2 Resilience/2 Care 2E27 2 Care	2 Seek/2 Strive/2 Soar/2 Innovate 2E21 2 Soar						1 Respect/1 Integrity/1 Resilience/1 Care 1E26 1 Resilience	1 Respect/1 Integrity/1 Resilience/1 Care 1L36 1 Respect															
	Day 5	FRC 2 Seek	1 Respect/1 Integrity/1 Resilience/1 Care 1E26 1 Resilience																											

Teacher Charissa

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00	
Odd Week	Day 1	FRC 4 Seek																3 Respect/3 Integrity/3 Resilience	3 Soar/3 Innovate												
	Day 2	FRC 4 Seek								2 Respect/2 Integrity/2 Resilience/2 Care	2E36	4 Seek	FTGP	4G22				3 Respect	3E36	3E21											
	Day 3	FRC 4 Seek						4 Seek/4 Strive/4 Soar/4 Innovate	4G22	Instr Area	2E36	2 Respect			3 Respect/3 Integrity/3 Resilience		3E36														
	Day 4	FRC 4 Seek	4 Seek	CCE	4 Seek	3E21	3 Soar								2 Respect/2 Integrity/2 Resilience/2 Care		2E36	2 Respect	3E36	3 Respect											
	Day 5	FRC 4 Seek	3 Respect/3 Integrity/3 Resilience	3E36	3 Respect			2 Respect/2 Integrity/2 Resilience/2 Care			2E36				3 Soar/3 Innovate		3E21	3 Soar													
Even Week	Day 1	FRC 4 Seek						3 Respect/3 Integrity/3 Resilience	3E36	2E36	2 Respect				2 Respect/2 Integrity/2 Resilience/2 Care		4 Seek/4 Strive/4 Soar/4 Innovate		4G22	3E21	3 Soar	Timetabled Time (PLT)									
	Day 2	FRC 4 Seek	4 Seek	FTGP	4 Seek	2E36	2 Respect								3 Soar/3 Innovate		3E21		4G22												
	Day 3	FRC 4 Seek						3 Respect/3 Integrity/3 Resilience	3E36	2E36	2 Respect				2 Respect/2 Integrity/2 Resilience/2 Care				3 Soar/3 Innovate	3E21	3 Soar	Timetabled Time (PLT)									
	Day 4	FRC 4 Seek	4 Seek	CCE	4 Seek	2E36	2 Respect								3 Soar/3 Innovate		3E21	3 Soar	4G22	3E36	3 Respect										
	Day 5	FRC 4 Seek	3 Respect/3 Integrity/3 Resilience	3E36	3 Respect			2 Respect/2 Integrity/2 Resilience/2 Care			2E36				3 Soar/3 Innovate				3E21			Board Rm,TL Rm									

Teacher Jih Heong Chee

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Strive	2 Respect/2 Integrity/2 Resilience/2 Care 2S36																											
	Day 2	FRC 2 Strive																												
	Day 3	FRC 2 Strive																												
	Day 4	FRC 2 Strive																												
	Day 5	FRC 2 Strive	2 Respect/2 Integrity/2 Resilience/2 Care 2S36																											
Even Week	Day 1	FRC 2 Strive	3 Respect /3 Integrity /3 Resilience 3P36																											
	Day 2	FRC 2 Strive	FTGP 2 Strive																											
	Day 3	FRC 2 Strive																												
	Day 4	FRC 2 Strive																												
	Day 5	FRC 2 Strive	2 Seek/2 Strive/2 Soar/2 Innovate 2S21																											

Teacher Sharon

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1									1 Seek/1 Strive/1 Soar/1 Innovate	4 Seek/4 Strive/4 Soar/4 Innovate								3 Resilience/3 Care											
	Day 2																		TS8		3C26									
	Day 3						1 Seek/1 Strive/1 Soar/1 Innovate	1S21	1 Soar	4 Respect/4 Integrity/4 Resilience/4 Care	4C21	TS8								1 Seek/1 Strive/1 Soar/1 Innovate	1S21	1 Soar	3 Resilience/3 Care	3C26	TS8					
	Day 4								4 Seek/4 Strive/4 Soar/4 Innovate	4C21	TS8									4 Respect/4 Integrity/4 Resilience/4 Care	4C37	4 Integrity								
	Day 5								1 Seek/1 Strive/1 Soar/1 Innovate	1S21	1 Soar																			
Even Week	Day 1																		4 Respect/4 Integrity/4 Resilience/4 Care	1 Seek/1 Strive/1 Soar/1 Innovate	4C37	4 Integrity	1S21	1 Soar						
	Day 2						4 Seek/4 Strive/4 Soar/4 Innovate	4C21	TS8	3 Resilience/3 Care	3C26	TS8								1 Seek/1 Strive/1 Soar/1 Innovate	1S21	1 Soar								
	Day 3								1 Seek/1 Strive/1 Soar/1 Innovate	1S21	1 Soar																			
	Day 4						4 Respect/4 Integrity/4 Resilience/4 Care	4C37	4 Integrity										1 Seek/1 Strive/1 Soar/1 Innovate	1S21	1 Soar	3 Resilience/3 Care	3C26	TS8						
	Day 5								4 Seek/4 Strive/4 Soar/4 Innovate	4C21	TS8																			

2026 Semester 1 Timetable

Teacher Gaya

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 2 Innovate	2 Respect/2 Integrity/2 Resilience/2 Care												4 Seek/4 Strive/4 Soar/4 Innovate		2 Seek/2 Strive/2 Soar/2 Innovate		3 Respect/3 Integrity/3 Resilience											
	Day 2	FRC 2 Innovate		2S16	2 Care										4C22	TS9	2S31	2 Seek	3C36	3 Respect										
	Day 3	FRC 2 Innovate													4 Respect/4 Integrity/4 Resilience/4 Care				3 Soar/3 Innovate	3 Respect/3 Integrity/3 Resilience										
	Day 4	FRC 2 Innovate	2 Innovate	CCE											4C22	TS9	FTGP	3C21	2 Innovate	3 Innovate	3C36	3 Respect								
	Day 5	FRC 2 Innovate	2 Respect/2 Integrity/2 Resilience/2 Care												2 Seek/2 Strive/2 Soar/2 Innovate		2 Seek/2 Strive/2 Soar/2 Innovate	4 Respect/4 Integrity/4 Resilience/4 Care												
Even Week	Day 1	FRC 2 Innovate	3 Soar/3 Innovate		2S31	2 Seek									2 Respect/2 Integrity/2 Resilience/2 Care		2S16	2 Care	4C26	4 Resilience										
	Day 2	FRC 2 Innovate	2 Innovate	FTGP	4C22	TS9									3 Respect/3 Integrity/3 Resilience		3C36	3 Respect	3C21	3 Innovate										
	Day 3	FRC 2 Innovate			2S31	2 Seek									2 Respect/2 Integrity/2 Resilience/2 Care		2S16	2 Care	4C26	4 Resilience										
	Day 4	FRC 2 Innovate	2 Innovate	CCE	4C26	4 Resilience									2 Seek/2 Strive/2 Soar/2 Innovate		2S31	2 Seek	4C26	4 Resilience										
	Day 5	FRC 2 Innovate	2 Seek/2 Strive/2 Soar/2 Innovate		2S31	2 Seek									4 Seek/4 Strive/4 Soar/4 Innovate	TS9	4C22	4 Resilience	3C36	3 Respect										

Teacher Crystal

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Strive	3PG1					1 Respect/1 Integrity/1 Resilience/1 Care					4 Respect/4 Integrity/4 Resilience/4 Care				2 Respect/2 Integrity/2 Resilience/2 Care			2 Seek/2 Strive/2 Soar/2 Innovate										
	Day 2	FRC 3 Strive				3 Soar		1O16			1 Care		4G37				2G36			2G31										
	Day 3	FRC 3 Strive	3G36											4 Resilience				2 Respect			2 Seek									
	Day 4	FRC 3 Strive	CCE					4G37			1 Care				FTGP															
	Day 5	FRC 3 Strive													3 Strive				3PG1											
Even Week	Day 1	FRC 3 Strive	2 Respect/2 Integrity/2 Resilience/2 Care																1 Respect/1 Integrity/1 Resilience/1 Care											
	Day 2	FRC 3 Strive	FTGP		2G31										4G37	2G36			1O16	1 Care										
	Day 3	FRC 3 Strive													2 Seek/2 Strive/2 Soar/2 Innovate				4G37	1O16							Timetabled Time (PLT)			
	Day 4	FRC 3 Strive	CCE												3 Strive				3PG1											
	Day 5	FRC 3 Strive													3 Resilience				3G36	3 Soar										

Teacher Gail

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10 8:30	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00												
Odd Week	Day 1	1 Seek/1 Strive/1 Soar/1 Innovate	1E22		EL Rm	2 Seek/2 Strive/2 Soar/2 Innovate		EL Rm	2E22		EL Rm																															
	Day 2																																									
	Day 3														2 Seek/2 Strive/2 Soar/2 Innovate	2E22		EL Rm	1 Seek/1 Strive/1 Soar/1 Innovate		1E22		EL Rm																			
	Day 4																		2 Seek/2 Strive/2 Soar/2 Innovate	2E22		EL Rm																				
	Day 5	2 Seek/2 Strive/2 Soar/2 Innovate	2E22		EL Rm										1 Seek/1 Strive/1 Soar/1 Innovate	1E22		EL Rm																								
Even Week	Day 1																		2 Seek/2 Strive/2 Soar/2 Innovate	2E22		EL Rm																				
	Day 2														1 Seek/1 Strive/1 Soar/1 Innovate	1E22		TS6																								
	Day 3	2 Seek/2 Strive/2 Soar/2 Innovate	2E22		EL Rm														2 Seek/2 Strive/2 Soar/2 Innovate	2E22																						
	Day 4														2 Seek/2 Strive/2 Soar/2 Innovate	2E22		EL Rm	1 Seek/1 Strive/1 Soar/1 Innovate		1E22		EL Rm																			
	Day 5														2 Seek/2 Strive/2 Soar/2 Innovate	1E22		EL Rm	1 Seek/1 Strive/1 Soar/1 Innovate		1E22		EL Rm																			

Teacher Rachel Ong Ying Li

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00	
Odd Week	Day 1	FRC 2 Resilience				2 Resilience			Mu						1 Strive			Mu			1 Seek			Mu							
	Day 2	FRC 2 Resilience			IM Pre-Lesson				Mu			Music Room,Music Lab			1 Soar			2 Resilience			1 Resilience			Mu			Music Room,Music Lab				
	Day 3	FRC 2 Resilience	2 Innovate			Mu			Music Room,Music Lab									IM LO						1 Respect			Mu				
	Day 4	FRC 2 Resilience	2 Resilience			CCE									IM Post-Lesson						2 Resilience			Mu			Music Room,Music Lab				
	Day 5	FRC 2 Resilience				2 Resilience																									
Even Week	Day 1	FRC 2 Resilience													1 Soar			Mu			Music Room,Music Lab										
	Day 2	FRC 2 Resilience	2 Resilience			FTGP			2 Resilience												1 Care			Mu			Music Room,Music Lab				
	Day 3	FRC 2 Resilience													1 Respect			Mu			Music Room,Music Lab			2 Innovate			Mu				
	Day 4	FRC 2 Resilience	2 Resilience			CCE			2 Resilience						Mu			Music Room,Music Lab			2 Resilience			Mu			Music Room,Music Lab				
	Day 5	FRC 2 Resilience				2 Resilience									1 Seek			Mu			Music Room,Music Lab			1 Strive			Mu			Music Room,Music Lab	

Teacher Mrs Wong

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10 8:30	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00	
Odd Week	Day 1	4 Seek/4 Strive/4 Soar/4 Innovate	4M32			4 Strive						4 Respect/4 Integrity/4 Resilience/4 Care/ SN1			4M36			4 Respect													
	Day 2																														
	Day 3																														
	Day 4															4 Respect/4 Integrity/4 Resilience/4 Care/ SN1	4M36			4 Respect						4 Seek/4 Strive/4 Soar/4 Innovate			4M32		
	Day 5	4 Seek/4 Strive/4 Soar/4 Innovate	4M32			4 Strive												4 Respect/4 Integrity/4 Resilience/4 Care/ SN1				4M36			4 Respect						
Even Week	Day 1																														
	Day 2																														
	Day 3	4 Respect/4 Integrity/4 Resilience/4 Care/ SN1	4M36			4 Seek/4 Strive/4 Soar/4 Innovate									4M32			4 Strive			4 Respect			4 Seek/4 Strive/4 Soar/4 Innovate			4M32				
	Day 4																														
	Day 5	4 Seek/4 Strive/4 Soar/4 Innovate	4M32			4 Strive												4 Respect/4 Integrity/4 Resilience/4 Care/ SN1				4M36			4 Respect						

Teacher Sarah Diyana Zainol

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	1 Respect/1 Integrity/1 Resilience/1 Care					3 Strive/3 Soar/3 Innovate/3 Respect /3 Resilience/3 Care											1 Respect/1 Integrity/1 Resilience/1 Care												
	Day 2																	1 SP (Sci)16												
	Day 3	4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care																2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care												
	Day 4	4SP(M)1																2SP(MT)1												
	Day 5	1 Seek/1 Strive/1 Soar/1 Innovate																The Place 1												
Even Week	Day 1						4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care	4SP(M)1			1 Seek/1 Strive/1 Soar/1 Innovate			1 Respect/1 Integrity/1 Resilience/1 Care																
	Day 2	3 Strive /3 Soar/3 Innovate/3 Respect /3 Resilience/3 Care					3SP(M)1				1 SP (O)11			1 SP (Sci)16					2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care	2SP(MT)1										
	Day 3													1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1SP(M)1															
	Day 4																	1 Seek/1 Strive/1 Soar/1 Innovate	1 SP (O)11											
	Day 5	1 Respect/1 Integrity/1 Resilience/1 Care					1 SP (Sci)16											2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care	2SP(MT)1											

Teacher Daniel Keng

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 4 Strive						2 Seek/2 Strive/2 Soar/ 2 Innovate	4 Seek/4 Strive/4 Soar/4 Innovate	2E32	4E21																			
	Day 2	FRC 4 Strive	4 Respect/4 Integrity/4 Resilience/4 Care	4E26	4 Resilience			4 Seek/4 Strive/4 Soar/4 Innovate	4 Strive	4E21	FTGP	4 Soar	4 Strive	2 Strive	2L21	2 Soar														
	Day 3	FRC 4 Strive	4 Respect/4 Integrity/4 Resilience/4 Care	4E26	4 Resilience			2 Seek/2 Strive/2 Soar/2 Innovate	2 Strive	2E32		2L21	2 Soar																	
	Day 4	FRC 4 Strive	4 Strive	CCE	4 Strive			4 Seek/4 Strive/4 Soar/4 Innovate	4 Strive	4E21	4 Soar	4 Strive	4 Resilience	2 Strive	4E26	2E32														
	Day 5	FRC 4 Strive	2 Seek/2 Strive/2 Soar/2 Innovate	2E32	2 Strive	4 Resilience		4 Seek/4 Strive/4 Soar/4 Innovate	4 Strive	4E21	4 Soar																			
Even Week	Day 1	FRC 4 Strive	4 Seek/4 Strive/4 Soar/4 Innovate	4E21	4 Soar			4 Respect/4 Integrity/4 Resilience/4 Care	2 Strive	4E26	2L21	2 Strive	2 Soar	2 Strive	2E32															
	Day 2	FRC 4 Strive	4 Strive	FTGP	4 Strive			4 Seek/4 Strive/4 Soar/4 Innovate	4 Strive	4E21	4 Soar	4 Strive	4 Resilience	2 Strive	4E26	2E32														
	Day 3	FRC 4 Strive	2 Seek/2 Strive/2 Soar/2 Innovate	2E32	2 Strive	4 Resilience		4 Respect/4 Integrity/4 Resilience/4 Care	4 Strive	4E26		4 Strive	4 Soar	4 Strive	4E21	4 Soar														
	Day 4	FRC 4 Strive	4 Strive	CCE	4 Strive			4 Seek/4 Strive/4 Soar/4 Innovate	4 Strive	4E21	4 Soar	2 Strive	2 Strive	2 Strive	2E32															
	Day 5	FRC 4 Strive						4 Respect/4 Integrity/4 Resilience/4 Care	4 Strive	4E26																				

Teacher Patricia

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00	
Odd Week	Day 1	1 Seek/1 Strive/1 Soar/1 Innovate									1 Respect/1 Integrity/1 Resilience/1 Care																				
	Day 2		1E32								1E37				1 Integrity																
	Day 3										2 Respect/2 Integrity/2 Resilience/2 Care				2E26										1 Respect/1 Integrity/1 Resilience/1 Care	1 Seek/1 Strive/1 Soar/1 Innovate					
	Day 4														2 Resilience																
	Day 5										2 Respect/2 Integrity/2 Resilience/2 Care		1 Respect/1 Integrity/1 Resilience/1 Care		2E26											1E37	1E32	1 Integrity	1 Strive		
Even Week	Day 1										2 Respect/2 Integrity/2 Resilience/2 Care				2E26																
	Day 2										2 Respect/2 Integrity/2 Resilience/2 Care	1 Seek/1 Strive/1 Soar/1 Innovate			2E26																
	Day 3											1 Respect/1 Integrity/1 Resilience/1 Care			1E32																
	Day 4														2 Resilience																
	Day 5										2 Respect/2 Integrity/2 Resilience/2 Care		1 Respect/1 Integrity/1 Resilience/1 Care		1E37																

Teacher Zawana

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 3 Integrity								3 Soar/3 Innovate/3 Resilience/3 Care																				
	Day 2	FRC 3 Integrity	3 Soar/3 Innovate/3 Resilience/3 Care	3ML3	4 Seek	4ML1				3 Resilience					3 Integrity															
	Day 3	FRC 3 Integrity	4 Seek	3 Soar/3 Innovate/3 Resilience/3 Care	4ML1	3ML3				3 Resilience					1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1ML7														
	Day 4	FRC 3 Integrity	3 Integrity	CCE	3 Integrity										1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1ML7		1 Resilience												
	Day 5	FRC 3 Integrity				1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1ML7		1 Resilience						1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	4 Seek	4ML1		4 Respect						4ML1	4 Seek	4 Respect			
Even Week	Day 1	FRC 3 Integrity	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1ML7	1 Resilience		4 Seek								3 Soar/3 Innovate/3 Resilience/3 Care	3ML3		3 Resilience												
	Day 2	FRC 3 Integrity	3 Integrity	FTGP	3 Soar/3 Innovate/3 Resilience/3 Care	3ML3				3 Resilience					1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1ML7		1 Resilience												
	Day 3	FRC 3 Integrity	1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1ML7	1 Resilience										3 Soar/3 Innovate/3 Resilience/3 Care	3ML3		4 Seek	4ML1		4 Respect									
	Day 4	FRC 3 Integrity	3 Integrity	CCE	3 Integrity										1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care	1ML7		1 Resilience												
	Day 5	FRC 3 Integrity	4 Seek	4ML1	4 Respect										3 Soar/3 Innovate/3 Resilience/3 Care	3ML3		3 Resilience												

Teacher Angeline Liu

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	FRC 1 Respect 1 Respect								1 Seek/1 Strive/1 Soar/1 Innovate									1 Respect/1 Integrity/1 Resilience/1 Care		3 Respect/3 Integrity/3 Resilience									
	Day 2	FRC 1 Respect 1 Respect								1 Respect/1 Integrity/1 Resilience/1 Care		1 Respect		3 Seek/3 Strive/3 Innovate					1 Seek/1 Strive/1 Soar/1 Innovate		3 Integrity									
	Day 3	FRC 1 Respect 1 Respect			1 Seek/1 Strive/1 Soar/1 Innovate		1S11	TS6			1 Respect	1 Resilience	FTGP	3C32					1S11	TS6										
	Day 4	FRC 1 Respect 1 Respect	1 Respect	CCE																										
	Day 5	FRC 1 Respect 1 Respect												1 Respect/1 Integrity/1 Resilience/1 Care					3 Seek/3 Strive/3 Innovate		3 Respect/3 Integrity/3 Resilience									
Even Week	Day 1	FRC 1 Respect 1 Respect	3 Seek/3 Strive/3 Innovate	3C32										1 Respect/1 Integrity/1 Resilience/1 Care					1 Respect/1 Integrity/1 Resilience/1 Care		1 Seek/1 Strive/1 Soar/1 Innovate									
	Day 2	FRC 1 Respect 1 Respect	1 Respect	FTGP						3 Respect/3 Integrity/3 Resilience		3 Integrity		3C38							3 Seek/3 Strive/3 Innovate		3C32	3 Strive						
	Day 3	FRC 1 Respect 1 Respect												1 Respect/1 Integrity/1 Resilience/1 Care					1 Respect/1 Integrity/1 Resilience/1 Care											
	Day 4	FRC 1 Respect 1 Respect	1 Respect	CCE										1 Respect/1 Integrity/1 Resilience/1 Care					1S26	TS6	1S11									
	Day 5	FRC 1 Respect 1 Respect				1 Respect/1 Integrity/1 Resilience/1 Care		1S26						1 Respect/1 Integrity/1 Resilience/1 Care							3 Seek/3 Strive/3 Innovate		3C38	3 Integrity						

Teacher Mrs Phua Lee Hoon

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:30 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	3 Respect /3 Integrity /3 Resilience																												
	Day 2		3M38	TS9																										
	Day 3																													
	Day 4														3 Seek/3 Strive	3A31	Math Rm		4A40	EL Rm										
	Day 5	3 Seek/3 Strive	3A31	3 Seek											3 Respect /3 Integrity /3 Resilience	3M38	Math Rm				Timetabled Time (PLT)									
Even Week	Day 1																													
	Day 2																	3 Seek/3 Strive	3A31	3 Seek										
	Day 3														3 Respect /3 Integrity /3 Resilience	3M38	Math Rm		3A31	3 Seek										
	Day 4														3 Respect /3 Integrity /3 Resilience	3M38	Math Rm				3 Seek/3 Strive	3A31	3 Seek							
	Day 5	3 Respect /3 Integrity /3 Resilience	3M38	TS8																										

Teacher Farisah Trainee

Yishun Secondary School, Singapore

		0 7:25 7:50	1 7:50 8:10	2 8:10 8:30	3 8:30 8:50	4 8:50 9:10	5 9:10 9:30	6 9:30 9:50	7 9:50 10:10	8 10:10 10:30	9 10:30 10:50	10 10:50 11:10	11 11:10 11:30	12 11:30 11:50	13 11:50 12:10	14 12:10 12:30	15 12:30 12:50	16 12:50 13:10	17 13:10 13:30	18 13:30 13:50	19 13:50 14:10	20 14:10 14:30	21 14:30 14:50	22 14:50 15:10	23 15:10 15:30	24 15:30 15:50	25 15:50 16:10	26 16:10 16:30	27 16:30 17:10	28 17:10 18:00
Odd Week	Day 1	3 Soar/3 Innovate							3 Soar/3 Innovate										1 Seek/1 Strive/1 Soar/1 Innovate											
	Day 2		3U11							3M21										1M32										
	Day 3	1 Seek/1 Strive/1 Soar/1 Innovate								3 Soar										1 Seek/1 Strive/1 Soar/1 Innovate										
	Day 4									3 Soar/3 Innovate										1M32										
	Day 5	3 Soar/3 Innovate							3 Soar/3 Innovate											1 Seek/1 Strive/1 Soar/1 Innovate										
Even Week	Day 1					3 Soar/3 Innovate			3M21										1 Seek/1 Strive/1 Soar/1 Innovate											
	Day 2								3 Soar											1M32										
	Day 3	3 Soar/3 Innovate				1 Seek/1 Strive/1 Soar/1 Innovate				3U11										1 Seek/1 Strive/1 Soar/1 Innovate										
	Day 4									Comp 1										1M32										
	Day 5	3U11				Comp 1			3M21											1 Strive										