



# **YISHUN SECONDARY SCHOOL**

## **Cultural Immersion Overseas Programme to Bali, Indonesia**

**09 NOVEMBER 2025 ⇔ 14 NOVEMBER 2025**

NAME

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CLASS

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# EMBARKATION & DISEMBARKATION PROCEDURES

## REPORTING (DEPARTURE FROM SINGAPORE)

All students are to report **PUNCTUALLY** to their respective teachers-in-charge as follows:

**Date :** 09 NOV 2025, Sunday  
**Time :** 6.30 AM SHARP  
**Venue :** CHANGI AIRPORT TERMINAL 2, ROW 4



## FLIGHT SCHEDULE

Date	Flight	Destination	Departure	Arriving
09 NOV '25	SQ938	Singapore – Denpasar	0905	1150
14 NOV '25	SQ947	Denpasar - Singapore	2140	0020 # 15NOV

## EMBARKATION PROCEDURES

- You are allowed to bring **ONE** suitcase (not exceeding 25 kg) that you must carry yourself and **ONE** piece of hand luggage/backpack (not exceeding 7 kg).
- For hand carry items onboard the plane: Liquids, Aerosols and Gels must be in containers with a maximum capacity of **not more than 100 ml each**. Liquids, Aerosols and Gels **in containers larger than 100ml will not be accepted**, even if the container is partially-filled. Containers must be placed in a transparent re-sealable plastic bag with a maximum capacity **not exceeding 1-litre**. These containers must fit comfortably within the transparent re-sealable plastic bag, which must be **completely closed**. Only **one** transparent re-sealable plastic bag will be permitted per passenger. The transparent re-sealable plastic bag must be presented separately for examination at the security screening point.
- Exemptions will be made for medications, and special dietary items in Liquids, Aerosols and Gels form. These items will be subjected to additional checks at the security screening point.
- The suitcase that you want to check in must be securely locked and both suitcase and hand luggage must have identification tags.
- Do not put any money in the check-in luggage.
- Boarding pass will be given to you after you check in your luggage. Hold on to your personal hand-luggage (**do not** put sharp items in your hand luggage).
- Students are at **ALL** times advised **NOT** to talk to strangers or to assist any strangers to carry luggage at the custom checkpoints. The strangers may be drug couriers in disguise.
- Move and queue with the teachers-in-charge.
- On the aircraft, students will sit in their assigned seats.

## DISEMBARKATION PROCEDURES

- On landing, students will move into their groups for orderly immigration clearance.
- After clearing immigration, students will proceed to the baggage claim area. Wait in assigned groups for baggage claims. Account for all pieces of luggage before moving out of the airport.
- At the customs checkpoint, students are to **check** that their **passports are stamped** before leaving the customs area
- On arrival at any stop, students are to **check** that they have their belongings with them e.g. purse/wallet/handphone etc

## ACCOMMODATION

### MaxOne Hotel - Ubud

**Address:** Jl. Raya Pengosekan Ubud, Gianyar regency - Bali  
**Phone:** +62 361 3025555

**Check-in:** 09 NOV 2025

**Check-out:** 12 NOV 2025

### HARRIS KUTA GALERIA

**Address:** Jl. Bypass Ngurah Rai No.1, Kuta, Kec. Kuta, Kabupaten Badung, Bali 80361, Indonesia  
**Phone:** +62 361 8947001

**Check-in:** 12 NOV 2025

**Check-out:** 14 NOV 2025

## IMPORTANT INFORMATION

My Group:		Teacher-in-charge of my group:	
My Room Buddy:		Teacher's Contact Number:	
My Room Number:		Teacher's Room Number:	

## IMPORTANT CONTACT NUMBERS

<p><b><u>YISHUN SECONDARY SCHOOL</u></b>  <b>Address:</b> 4 Yishun Secondary School  Singapore 768516  <b>Phone:</b> 6876 7129  (Office Hours, SG Time: 7am – 6pm)</p>	<p><b><u>GOLDEN TRAVEL SERVICES PTE LTD</u></b>  (Singapore Tour Agent)  <b>Address:</b> 20A Temple Street  Singapore 058565  <b>Office Tel:</b> (+65) 63232886  <b>Mobile:</b> (+65) 88138902  (Person-In-Charge: Ms Gina Uy Barce)</p>
<p><b><u>SINGAPORE CONSULATE</u></b>  <b><u>Embassy of the Republic Singapore</u></b>  <b>Address:</b> Jalan H.R. Rasuna Said Block X/4,  KAV No 2 Kuningan, Jakarta Selatan 12950  Tel :62-21 29950400    <b>Tel:</b> (+62) 21 29950400  Emergency Tel: (+62) 811 863 348    <b><u>Ministry of Foreign Affairs (Singapore)</u></b>  <b>Address:</b> Tanglin, Singapore 248163  <b>Tel:</b> (+65) 6379 8000  <b>Website:</b> <a href="https://www.mfa.gov.sg">https://www.mfa.gov.sg</a></p>	<p><b><u>(Local Overseas Contact Agent)</u></b>  <b>Tour Manager:</b> Mr Jason +65 8182 0600  <b>Local Guide:</b> Mr Yana  Tel: +62 816 4730 189  <b>Emergency Contact:</b> Mr Made  Tel: +62 823 4084 8368    <b><u>HOSPITAL</u></b>  <b>Rumah Sakit Ari Canti</b>  <b>Address:</b> Jl. Raya Mas No.69, MAS, Kecamatan  Ubud, Kabupaten Gianyar, Bali 80571, Indonesia  Tel: +62 361 974573    <b>Siloam Hospital</b>  <b>Address:</b> Jalan Sunset Road Kuta no. 818 Kuta.  Telephone: +62 361 779900    <b><u>ISOS Accredited Clinic</u></b>  <b>SOS Medika Klinik - Bali</b> (PT Abhaya Eka  Astuti)  Address: Jalan Bypass Ngurah Rai No. 505 X  Denpasar Selatan  Denpasar, Bali 80221  Telephone: 62 361720100    <b>BIMC Clinic &amp; Hospital</b>  Address: Jalan Bypass Ngurah Rai no. 100X  (5mins drive from hotel)  Telephone: +62 361 761263</p>



# ITINERARY

DAY/DATE	TIME	PROGRAM
<b>DAY 1:</b> <b>SUN</b> <b>09 NOV '25</b> <b>(MOB, L, D)</b>	0630	Check-in at CHANGI INTERNATIONAL AIRPORT Terminal 2 Row 4
	0905	Boarding SQ938 (0905-1150)
	1150	Estimation group arrives at Denpasar International Airport
	1300	Meet and greet our local guide at Denpasar
	1330-1345	Transfer to restaurant for lunch
	1345-1445	Lunch (halal foods) at Bali Timbungan restaurant, sunset road Kuta
	1500-1630	Visit Ubud Art Market and Ubud Royal Palace
	1630-1700	Transfer to hotel for Check In
	1700	Check-in at MaxOne Hotel in Ubud (3*)
	1745-1830	Transfer to Batubulan village for watching Kecak & Fire Dance
	1830-1930	Watching Kecak & Fire Dance performance
	1930-2000	Transfer to hotel for dinner
	2015-2115	Dinner at hotel (halal)
<b>DAY 2:</b> <b>MON</b> <b>10 NOV '25</b> <b>(B, L, D)</b>		Debrief (Function room)
	0700-0800	Breakfast at Hotel
	0845	Leave at Hotel
	0900-1200	Visit the Ubud Monkey Forest and explore the sacred ground
	1200-1230	Transfer to restaurant for lunch
	1230-1330	Lunch (halal) at Bale Udang restaurant, Ubud
	1330-1430	Transfer to Green School, Sibang village – Badung regency
	1430-1730	Arrive at Green School and the visit Green School for Tour/Activities Programme <i>(arranged by Yishun Secondary School)</i>
	1730-1830	Transfer to hotel for dinner
<b>DAY 3:</b> <b>TUE</b> <b>11 NOV '25</b> <b>(B,L,D)</b>	1830-1930	Dinner at Hotel (halal)
		Debrief (Function room)
	0700-0800	Breakfast at Hotel
	0830-0900	Transfer to Puri Lukisan Ubud
	0900-1030	Visit Puri Lukisan Museum in Ubud area to understand the history and foundation of Balinese modern art
	1030-1300	Visit Local Art Studio & Gallery for painting at Batuan village and woodcarving at Kemenuh village
	1300-1400	Lunch (halal) at Bebek Joni restaurant
	1400-1430	Depart to Balerung, Peliatan Royal Palace for Cultural activities
	1430-1730	Hand on Balinese Art & Cultural activities, such as learning Balinese dance dan gambelan. All students will be wearing Balinese outfit (sarong, sash, head-dress for men). The activities will be conducted by master of Balinese arts.
	1730-1800	Transfer to Puri Suling restaurant for dinner
	1800-1900	Experience a traditional Balinese dinner at Puri Suling restaurant (Balinese foods) and viewing of cultural performance (Balinese Legong Dances)
	1900-1915	Transfer back to hotel
		Debrief (Function room)

<b>DAY 4: WED 12 NOV '25 (B,L,D)</b>	0700-0800	Breakfast at Hotel
	0800-0815	Check-out at Hotel
	0815-0900	Depart to Tirta Empul temple at Tampak Siring village
	0900-1000	Visit at Tirta Empul temple, a holy spring temple for purification.
	1000-1200	Transfer to Tanah Lot
	1200-1300	Lunch (halal) at Dewi Shinta restaurant, Tanah Lot
	1300-1400	Visit Tanah Lot temple
	1400-1530	Transfer to Batik Factory at Tohpati village
	1530-1700	Visit Batik Factory to see weaving with traditional process and hand on batik painting class
	1700-1800	Transfer to Jimbaran beach for Seafood dinner
	1800-1900	BBQ Seafood dinner at Jimbaran beach
	1900-1930	Transfer to hotel for check in
	1930	Check-in at Harris Kuta Galleria Hotel (3*) or similar
		Debrief (Function room)
<b>DAY 5: THU 13 NOV '25 (B,L,D)</b>	0700-0800	Breakfast at Hotel
	0815-1000	Transfer to Rumah Desa for cultural activities & rice plantation
	1000-1200	Hand on Cultural Activities: introduction for Balinese compound, making traditional Balinese scrub, making Balinese coconut leaf weaving and paku pipit "decoraton from young coconut leaf, making virgin coconut oil with traditional process
	1200-1300	Lunch at (Halal Foods) at Rumah Desa
	1300-1500	Visit Subak temple with traditional irrigation system for rice field, traditional plowing rice field with cows, and rice plantation (Note: students & staff have to bring changing clothes)
	1530-1830	Transfer to restaurant for dinner
	1830-1945	Dinner (halal foods) at Sukiyaki restaurant (BBQ)
	1945-2000	Transfer back to hotel
		Debrief (Function room)
<b>DAY 6: FRI 14 NOV '25 (B ,L, MOB)</b>	0700-0900	Breakfast at Hotel
	1000	Check Out from hotel
	1100-1230	Lunch at Halal Restaurant
	1300-1730	Shopping at Krisna Art & Souvenir shop (near to Bali airport)
	1800	Transfer to Denpasar International Airport for Departure
	2140	Boarding SQ947 (2140-0020)
	0020	Arrived at Singapore

## HOME SWEET HOME

**Note:** Under certain circumstances, the actual sequences of the sightseeing programs may be altered for the smooth running of the tour. Above time schedules served as a guideline only.

## DISCIPLINE AND GENERAL CONDUCT

The image that we project depends on the individual's and group's discipline. As ambassadors of Singapore, our speech, conduct and attitude will reflect on the group as well as the citizens of Singapore.

Students should at all times exercise self-discipline, be friendly, courteous, cooperative and considerate.

### CODE OF CONDUCT

- Uphold the good name of Yishun Secondary School.
- Be punctual for all activities and mealtimes.
- Be respectful to the customs and culture of our host country, Indonesia

### GENERAL BEHAVIOUR

- Be appreciative. Do not comment unfavorably on the service you receive or make comparisons with conditions in Singapore.
- Participate in all activities as set out in the programme.
- Lights out and be in bed by **10.00 p.m.**
- Check that your room is securely locked before you sleep. You should not allow any strangers into your room, including hotel staff.
- Inform your teacher immediately if you feel unwell or need help.

### DO NOT

- wander off alone anywhere.
- change accommodation assigned to you.
- leave the room at night without informing your teacher in-charge.
- buy anything without your teacher in-charge's permission.
- show your money unnecessarily.
- bring valuable items such as iPad or other electronic devices.



### What to do in emergencies 🚗

#### Scenario 1: When a child falls sick

1. One teacher will stay behind to look after the sick child in the hotel.
2. If the child is seriously ill, he/she will be brought to the nearest clinic/hospital.

#### Scenario 2: Missing child

1. Everyone will return to the hotel
2. Contact the local representative
3. Teachers will (i) Make a police report with the tour leader and guides.  
(ii) Inform Yishun Secondary School in Singapore  
(iii) Inform the child's parents  
(iv) Inform Ministry of Education, Singapore  
(v) Inform the Singapore Embassy in Jakarta
4. All the above will be done in 24 hours. Awaits news in the hotel.

#### Scenario 3: When you get lost

1. First of all, orientate yourself and find out the name of the place you are at
2. Use your cell phone or locate a public telephone that is located at a safe, well-lit & non-secluded place
3. Call the teachers or tour guides
4. Do not wander off and await help

#### Scenario 4: An accident has happened or when there are injuries

1. Minor injury cases will be referred to the nearest clinic
2. Major injury cases will be referred to the nearest hospital
3. A teacher / tour guide will accompany the injured party
4. The rest of the participants will continue with their activities

#### Scenario 5: Fires

1. Once you check into the hotel room, memorize the safety evacuation route pasted on the door of your room.
2. In event of fire, leave the building in an orderly fashion as soon as possible.
3. Use the nearest staircase as indicated by the evacuation route.
4. Remember NOT to use the hotel lift.
5. Group leaders to take attendance outside the main entrance of the hotel.
6. Teachers will stay with the pupils until it is safe to return to the building.

#### Scenario 6: Belongings are lost or stolen

1. For your own safety, do not chase after the pickpocket
2. Inform the teachers at once
3. Remember the person's appearance
4. Make a police report with the tour leaders



## During Typhoons:

- **Stay indoors and keep calm.**
- Monitor TV and radio reports.
- Keep roads clear for emergency vehicles.
- If hotel / home stay place is in a flood-prone area, go to the nearest designated evacuation centre.
- Have a flashlight and radio handy, with fresh batteries.
- Stock up on food, potable water, kerosene, batteries and first-aid supplies.
- Stack furniture above the expected flood level. Keep appliances, valuables, chemicals, toxic substances and garbage beyond reach of floodwaters.
- **Avoid low-lying areas**, riverbanks, creeks and coastal areas, slopes, cliffs and foothills. Rains can trigger landslides, rockslides or mudslides.
- Avoid wading through flooded areas. **Do not attempt to cross flowing streams.**
- **Do not operate any electrical equipment during a flood.**
- **Do not use gas or electrical appliances that have been flooded.**

## Earthquakes:

In *most* situations, you will reduce your chance of injury from falling objects (and even building collapse) if you immediately:



Surviving an earthquake and reducing its health impact requires preparation, planning and practice. One can gather emergency supplies, identify and reduce possible hazards in one's home, and practice what to do during and after an earthquake in advance. Learning what actions to take can help one and one's family to remain safe and healthy in the event of an earthquake. Here are some things to do to prepare for an earthquake and what to do once the ground starts shaking.

### If Shaking Begins

- **Drop down; take cover under a desk or table and hold on.**
  - Stay indoors until the shaking stops and you're sure it's safe to exit.
  - **Stay away from bookcases or furniture that can fall on you.**
  - **Stay away from windows.** In a high-rise building, expect the fire alarms and sprinklers to go off during a quake.
  - **If you are in bed, hold on and stay there, protecting your head with a pillow.**
  - **If you are outdoors, find a clear spot away from buildings, trees, and power lines.**
- Drop to the ground.**
- If you are in a car, slow down and drive to a clear place. Stay in the car until the shaking stops

*No matter what happens, please stay calm so that you can have a clear mind to think.*



## **The following rules must be followed strictly :**

- ✓ **Exercise self-discipline. Obey all teachers' instructions.**
- ✓ **When in doubt, always ask. Do not act on your own initiative.**
- ✓ **Approach any of the teachers if you need help.**
- ✓ **Stay in your assigned group throughout the whole trip.**
  - Do not wander off on your own without permission.
  - If you need to use the public toilets, always go in **a group of at least three students** & inform the teacher before you leave the group.
  - Do not change hotel room or seats without the teacher's consent.
- ✓ **Team work and cooperation are emphasized.**
  - Please be punctual and participate in all activities.
  - Take care of your room-mate and group members.

***Should there be any emergency, please consult your teacher immediately.***
- ✓ **You are responsible for all your belongings, especially valuables such as your handphone, camera and wallet.**
  - Do not carry things for strangers.
  - Do not put your money in any check-in luggage.
  - **You are to take good care of your own passports when crossing the customs.**
  - **The loss of your passport will incur a lot of inconvenience for everyone.**
  - Do not wear any jewellery on the trip.
- ✓ **Do not remove/damage any items from the hotel rooms.**
  - You are forbidden to admit any strangers into your room at any time of the day.
  - Only teachers are allowed to visit you at your rooms for spot checks.
  - Lock the doors of your room securely before you leave your room and before you sleep at night.
  - Boys are strictly NOT allowed to enter the girls' rooms and the girls likewise are NOT allowed to go to the boys' rooms at all times.
- ✓ **When you travel abroad, remember you are the ambassadors of Singapore, please show your best behaviour.**
  - When sightseeing, make sure you listen to the guide's explanation and instructions. You are expected to show respect for the customs and religious taboos of the country.
- ✓ **Other safety precautions**
  - Do not drink water directly from the tap. Bottled mineral water will be provided throughout the trip.
  - Be extra careful when crossing roads. Look out for **oncoming vehicles** as well as bicycles.
  - As there is no standard pricing and stringent quality control on the goods sold in Indonesia, please be careful when you make purchases. You must let your teacher in charge know what you are buying.

**As you will be in a foreign country, it is important that you listen and follow the instructions given to you by your teachers.  
They have your interest and safety at heart.  
Have a safe and enjoyable trip!**

# Brief Introduction of Bali Indonesia

## **WHERE IS BALI?**

The island of Bali is part of the Republic of Indonesia and is located 8 to 9 degrees south of the equator between Java in the West and Lombok and the rest of the Lesser Sunda Islands (Sumbawa, Flores, Sumba and Timor) in the East. Flying time to Jakarta is about 1.5 hours, to Singapore and Perth (Australia) 2.5 and 3 hours, to Hong Kong about 4.5 hours, and to Sydney/Melbourne about 5.5 to 6 hours.

## **GEOGRAPHY:**

The island of Bali has an area of only 5,632 square kilometers (2,175 square miles) and measures just 55 miles (90 kilometers) along the north-south axis and less than about 90 miles (140 kilometers) from East to West. Because of this it's no problem to explore the island on day tours. You can go wherever you want on the island and return to your hotel or villa in the evening.

Located only two kilometers east of Jawa, Bali's climate, flora and fauna are quite similar to its much larger neighbour. The island is famous for its beautiful landscape. A chain of six volcanoes, between 1,350 meters and 3,014 meters high, stretches from west to east. There are lush tropical forests, pristine crater lakes, fast flowing rivers and deep ravines, picturesque rice terraces, and fertile vegetable and fruit gardens. The beaches in the South consist of white sand, beaches in other parts of the island are covered with gray or black volcanic sand.

## **CLIMATE:**

You can expect pleasant day temperatures between 20 to 33 degrees Celsius or 68 to 93 degrees Fahrenheit year-round. From December to March, the West monsoon can bring heavy showers and high humidity, but usually days are sunny and the rains start during the night and pass quickly. From June to September the humidity is low, and it can be quite cool in the evenings. During this time of the year, you'll have hardly any rain in the coastal areas.

Even when it rains in most parts of Bali you can often enjoy sunny days on the "Bukit", the hill south of Jimbaran Beach. On the other hand, in Ubud and the mountains you must expect cloudy skies and showers throughout the year (this is why the international weather reports for "Denpasar" or "Bali" mention showers and rainstorms during all times of the year). In higher regions such as in Bedugul or Kintamani you'll also need either a sweater or jacket after the sun sets.

## **POPULATION:**

Bali's population has grown to over 3 million people the overwhelming majority of which are Hindus. However, the number of Muslims is steadily increasing through immigration of people from Java, Lombok and other areas of Indonesia who seek work in Bali.

Most people live in the coastal areas in the South, and the island's largest town and administrative center is fast growing Denpasar with a population of now over 370,000. The villages between the town of Ubud and Denpasar, Kuta (including Jimbaran, Tuban, and Legian, Seminyak, Basangkasa, etc), Sanur, and Nusa Dua are spreading rapidly in all directions, and before long the whole area from Ubud in the North to Sanur in the East, Berawa/Canggu in the West, and Nusa Dua in the South will be urbanized.

## **ECONOMY:**

This southern part of Bali is where most jobs are to be found, either in the hotel and tourist industry, the textile & garment industry. In many small scale and home industries producing handicrafts and souvenirs. Textiles, garments, and handicrafts have become the backbone of Bali's economy providing 300,000 jobs, and exports have been increasing by around 15% per year to over US\$400 million. Textiles and garments contribute about 45%, and wood products including statues, furniture and other handicrafts 22% to the province's total income from exports. Silver work is ranked third (4.65%) with 5,000 workers employed. Main buyers are the US and Europe with 38% each, and Japan with 9%.

Important agricultural products besides rice are tea, coffee, tobacco, cacao, copra, vanilla, soybeans, chilies, fruit, and vegetable (there are now even vineyards near the northwest coast). Bali's fishing industry and seaweed farming provide other products which are important exports.



The new free-trade regulations will create some problems for Bali's exporters as they do not allow employing children. Most children here work for their parents, and this is part of the process of acquiring professional skills and kind of an informal education which has been very important in the Balinese society for centuries.

## **WHAT MAKES BALI SO SPECIAL:**

There is the combination of the friendly people, the natural attractions, the great variety of things to see and do, the year-round pleasant climate, and the absence of security problems. And then there is Bali's special "magic", which is difficult to explain. As soon as you step off the plane you might sense the difference. In the villages you'll notice the quietness and wisdom in old people's faces, and the interest and respect in the young's. Old men sit at the roadside caressing their fighting cocks. Beautifully dressed women walk proudly through rice fields and forests carrying offerings on their heads to the next temple. There is the smell of flowers, and in the distance, you hear the sound of gamelan music.

Gods and spirits have been an important part of Bali's daily life for hundreds of years. Gunung Agung – Bali's holy mountain – is internationally regarded as one of the eight "Chakra" points of the world. This may be more than a coincident. Watch out, the moment you feel the magic of this island, you're addicted for the rest of your life.

## Some Indonesian phrases that might come in handy

 <p> <b>Good morning / afternoon</b>  <b>How are you?</b>  <b>Thank you</b>  <b>I don't understand</b>  <b>My name is...</b>  <b>Your Name</b>  <b>How much?</b>  <b>I'd like to buy...</b>  <b>Bottled water</b>  <b>Where is...?</b>  <b>Hotel</b>  <b>Police</b>  <b>Toilet</b>  <b>Post office</b>  <b>Man</b>  <b>Woman</b>  <b>One</b>  <b>Two</b>  <b>Three</b>  <b>Four</b>  <b>Five</b>  <b>Six</b>  <b>Seven</b>  <b>Eight</b>  <b>Nine</b>  <b>Ten</b>  <b>Good Bye / Till we meet again</b> </p>	<p> <b>SELAMAT SIANG / SORE</b>  <b>APA KHABAR KAMU?</b>  <b>TERIMA KASIH</b>  <b>SAYA TIDAK MENGETI</b>  <b>NAMA SAYA...</b>  <b>NAMA KAMU</b>  <b>BERAPA BANYAK / HARGANYA?</b>  <b>SAYA INGIN MEMBELI...</b>  <b>AIR BOTOL</b>  <b>DIMANA...</b>  <b>HOTEL</b>  <b>POLISI</b>  <b>WC</b>  <b>KANTOR POS</b>  <b>LELAKI</b>  <b>WANITA</b>  <b>SATU</b>  <b>DUA</b>  <b>TIGA</b>  <b>EMPAT</b>  <b>LIMA</b>  <b>ENAM</b>  <b>TUJUH</b>  <b>DELAPAN</b>  <b>SEMBILAN</b>  <b>SEPULUH</b>  <b>SAMPAI KETEMU/ JUMPA LAGI</b> </p> 
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Add on to the list of words you've picked up on this trip!


# Things To Bring / Check List

Pack only the essential items so that the luggage can be easily managed by you.

<p><b>General:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <input type="checkbox"/> Passport / Air Ticket</li> <li><input type="checkbox"/> <input type="checkbox"/> Luggage with TSA lock</li> <li><input type="checkbox"/> <input type="checkbox"/> Backpack (Hand carrier)</li> <li><input type="checkbox"/> <input type="checkbox"/> Daypack</li> </ul> <p><b>Footwear:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <input type="checkbox"/> Canvas / Track shoes (2x)</li> <li><input type="checkbox"/> <input type="checkbox"/> Sandals / Slippers (worn at accommodation only)</li> <li><input type="checkbox"/> <input type="checkbox"/> Socks (min. 5 pairs)</li> </ul> <p><b>Toiletries:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <input type="checkbox"/> Toothbrush</li> <li><input type="checkbox"/> <input type="checkbox"/> Toothpaste</li> <li><input type="checkbox"/> <input type="checkbox"/> Soap</li> <li><input type="checkbox"/> <input type="checkbox"/> Shampoo</li> <li><input type="checkbox"/> <input type="checkbox"/> Face Wash</li> <li><input type="checkbox"/> <input type="checkbox"/> Anti-perspirant/deodorant</li> <li><input type="checkbox"/> <input type="checkbox"/> *Comb</li> <li><input type="checkbox"/> <input type="checkbox"/> *Hair/Skincare products</li> <li><input type="checkbox"/> <input type="checkbox"/> *Powder</li> <li><input type="checkbox"/> <input type="checkbox"/> *Tissue pack</li> <li><input type="checkbox"/> <input type="checkbox"/> *Feminine Sanitary products</li> <li><input type="checkbox"/> <input type="checkbox"/> *Bath towel</li> </ul> <p><b>Currency:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <input type="checkbox"/> Sufficient Money (not more than 150 SGD in Rupiah)</li> </ul>	<p><b>Clothing:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Undergarments (min. 6)</li> <li><input type="checkbox"/> Light Jacket / Windbreaker</li> <li><input type="checkbox"/> Cap/Hat</li> <li><input type="checkbox"/> Shorts / Pyjamas / Sleeping wear</li> <li><input type="checkbox"/> <input type="checkbox"/> BIND T-shirt (1 piece)</li> <li><input type="checkbox"/> <input type="checkbox"/> OneBDS shirt (1 piece)</li> <li><input type="checkbox"/> <input type="checkbox"/> PE and School-based T-shirt (3-4 pieces)</li> <li><input type="checkbox"/> 1 set of own attire (decent, shoulders covered)</li> <li><input type="checkbox"/> <input type="checkbox"/> School pants / School skirt/Jeans/Trackpants (3-4 pairs)</li> </ul> <p><b>Personal Medication:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <input type="checkbox"/> Insect Repellent</li> <li><input type="checkbox"/> Sunscreen</li> <li><input type="checkbox"/> Thermometer</li> <li><input type="checkbox"/> <input type="checkbox"/> Personal Regular Medicine</li> <li><input type="checkbox"/> <input type="checkbox"/> *Medicated Oil</li> <li><input type="checkbox"/> <input type="checkbox"/> *Fever / Flu / Cold medicine</li> <li><input type="checkbox"/> <input type="checkbox"/> *Diarrhoea / allergy medicine</li> <li><input type="checkbox"/> <input type="checkbox"/> *Motion Sickness medicine</li> <li><input type="checkbox"/> <input type="checkbox"/> *Vitamins</li> <li><input type="checkbox"/> <input type="checkbox"/> *Bandages and Band-Aids</li> </ul>	<p><b>Others:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Logistics / Briefing materials</li> <li><input type="checkbox"/> Tour Booklet (this)</li> <li><input type="checkbox"/> Spectacles/Contact Lens</li> <li><input type="checkbox"/> *Spare Spectacles</li> <li><input type="checkbox"/> Universal Travel Adapter</li> <li><input type="checkbox"/> Small torchlight with batteries (or mobile phone)</li> <li><input type="checkbox"/> 1 L Water bottle (empty)</li> <li><input type="checkbox"/> Pencil Case &amp; Stationery</li> <li><input type="checkbox"/> Umbrella/Poncho / Raincoat</li> <li><input type="checkbox"/> Plastic bags for dirty clothes</li> <li><input type="checkbox"/> <input type="checkbox"/> *Zip-lock bags for Waterproofing your wallet</li> <li><input type="checkbox"/> <input type="checkbox"/> *Camera</li> <li><input type="checkbox"/> <input type="checkbox"/> *Snacks/cup noodle (pack into luggage, no meat products)</li> <li><input type="checkbox"/> <input type="checkbox"/> *Camera</li> <li><input type="checkbox"/> <input type="checkbox"/> *Sunglasses</li> <li><input type="checkbox"/> <input type="checkbox"/> *Ear plugs</li> <li><input type="checkbox"/> <input type="checkbox"/> *Eye mask for sleeping</li> </ul>
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\*Optional

## REMINDERS

Students are advised not to bring valuables (eg. jewellery, etc) and any expensive electronic gadgets.

## MONEY AND VALUABLES

- A 1 litre water bottle is advised and recommended as students need to ensure that they are properly hydrated at all times.
- As all essentials will be provided, there is no necessity to bring too much cash or Rupiah. SGD50 equivalent is recommended.
- Please note that the school and the organisers will not be responsible for any loss of cash and personal belongings such as handphone/wallet.
- Do not bring any valuables e.g. laptop, jewelry or electronic game sets.
- You may want to bring along a camera/ handphone.
- Students need to be responsible for their possessions at all times.

**\*\*\*\* PLEASE LABEL ALL YOUR BELONGINGS\*\*\*\***

# *My Reflection*

Day: 1 Date: 09 NOV 2025 My feelings today: \_\_\_\_\_



**3 things I have learnt...**

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**2 things I found interesting...**

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**1 thing I admire...**

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# *My Reflection*

Day: 1 Date: 10 NOV 2025 My feelings today: \_\_\_\_\_



**3 things I have learnt...**

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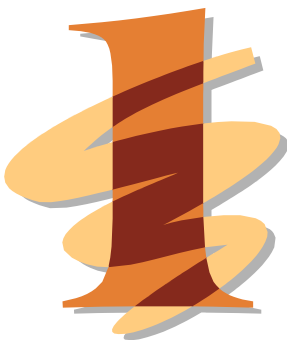
**2 things I found interesting...**

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**1 thing I admire...**

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# My Journal



# *My Reflection*

Day: 1 Date: 11 NOV 2025 My feelings today: \_\_\_\_\_



**3 things I have learnt...**

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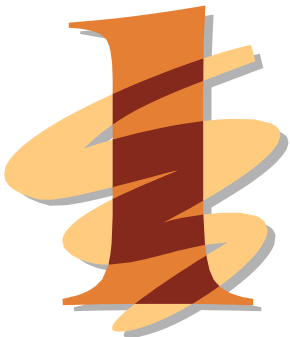
**2 things I found interesting...**

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**1 thing I admire...**

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# My Journal



# *My Reflection*

Day: <u>1</u>	Date: <u>12 NOV 2025</u>	My feelings today: _____
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**3 things I have learnt...**

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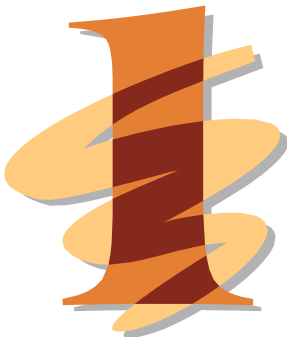
**2 things I found interesting...**

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**1 thing I admire...**

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[illegible]

# *My Reflection*

Day: 1 Date: 13 NOV 2025 My feelings today: \_\_\_\_\_



**3 things I have learnt...**

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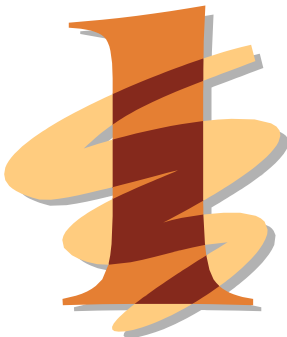
**2 things I found interesting...**

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**1 thing I admire...**

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[illegible]

# *My Reflection*

Day: 1 Date: 14 NOV 2025 My feelings today: \_\_\_\_\_



**3 things I have learnt...**

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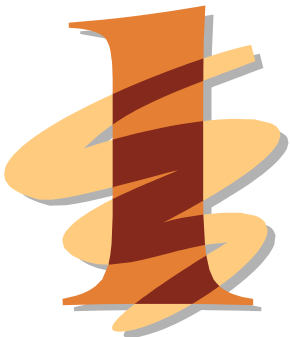
**2 things I found interesting...**

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**1 thing I admire...**

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# My Journal





I know how to take care of myself:	09NOV	10NOV	11NOV	12NOV	13NOV
I drink enough water for the day.					
I take note of food hygiene.					
I pay attention to my personal hygiene.					
I ensure that I have enough rest.					
I have completed the tasks assigned by my teacher.					




Date	MY TEMPERATURE AT _____(TIME)	FOR TEACHER'S USE	MY TEMPERATURE AT _____(TIME)	FOR TEACHER'S USE
09 NOV	°C		°C	
10 NOV	°C		°C	
11 NOV	°C		°C	
12 NOV	°C		°C	
13 NOV	°C		°C	
14 NOV	°C		°C	

## 3 Days prior Before Departure from Singapore

**\*Submit your eArrival card & Customs Declaration before arrival**

**\*Mandate**




★ Indonesia e-Arrival Card & Electronic Customs Declaration

**Submit Online 3 Days before Departure**

**AII Indonesia**  
Simplify Your Arrival

TAN XIN HUA  
Passport Number: K2577108



\*screenshot or print out QR code after successful submission

Apply for Visa Exemption

Application Successful

Visa Exemption will be sent to the email address you registered.

OK

★ After successful submission of e-Arrival Card & Electronic Customs Declaration, Apply V.E.A. in order to use the Auto Gate upon arrival @ Immigration

www.learningjourney.com.sg

GOLDEN TRAVEL

## Upon Return to Singapore

GOLDEN TRAVEL

### Travelling to Singapore by Air or Sea?

Please be reminded that residents travelling by the Air and Sea Checkpoints are required to submit their SG Arrival Card within three (3) days prior to the date of arrival (including the day of arrival) in Singapore.

**Submit SG Arrival Card (SGAC) with Electronic Health Declaration before proceeding to immigration Automated Clearance lanes**



**Don't Forget!**

## SG Arrival Card



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