

15 December 2021

Dear Parents/Guardian

#### Release of GCE N(A)/N(T) Results

The GCE N(A)/N(T)-Level results will be released on Friday, 17 December 2021.

To safeguard the well-being of students and staff, only students will be allowed to enter the school to collect their results and all students must comply with Safe Management Measures.

- Entry to the school commences at 1:30 pm and students are expected to be in the school by 2:15 pm
- Sign in via SafeEntry using Trace Together Token or App
- Proceed straight to the respective assigned classrooms for briefing and release of results
- Leave the school immediately after collection of results

Students who are unwell or issued Stay-Home Notice on the results release day should not return to school to collect their results and should view their results online instead. In this case, students who are unable to collect their results in school may appoint someone to collect the physical copy of the results, and the Joint Admissions Exercise Form, Polytechnic Foundation Programme form or Joint Intake Exercise form on their behalf within 3 working days (inclusive of the day of results release). If they are unable to do so, they can contact the school for assistance.

In addition, all students will be able to view their results for the 2021 national examinations online, via SEAB's results release system on the day of the respective national examination's results release. Students who are eligible for SingPass should login to the results release system via their SingPass. Students not eligible for SingPass will receive a system-generated password from SEAB closer to the results release day.

Please refer to Annex A and Annex B for more tips and resources on supporting your teen.

Keep well and stay safe.

Mrs Regina Lee Principal

#### **GCE N-Level Results Release: Supporting Your Teen**

Dear parents,

The N-Level results will be released soon. Regardless of the outcome, it is important for our teens to know that they are loved for who they are, and that their grades do not define them or their future. The social and emotional support you provide will be especially valuable and crucial in helping our teens manage their emotions and be positive when deciding on their next steps.

Do take this opportunity to have further open conversations with your teen about their interests and choices and build their pathways together.

For more resources on providing social and emotional support, affirming your teen, and supporting your teen's transition through post N-Level education, please refer to:

https://go.gov.sg/selresforparents. You and your teen may also wish to refer to the What's Next pamphlet (https://go.gov.sg/whats-next-nlevel) and available ECG resources on the MySkillsFuture Student Portal (https://go.gov.sg/MySFSec).

For ECG counselling services, students may contact the ECG Counsellor in their schools or the ECG Centre @ MOE (Grange Road) for online or phone counselling appointments between 13 to 24 December 2021 via

- Email: moe ecg@moe.gov.sg
- Appointment booking form: <a href="https://go.gov.sg/moe-ecg-centre">https://go.gov.sg/moe-ecg-centre</a>
- Phone: 68311420 (operating hours are 9.00am to 5.00pm on weekdays; 9.00am to 12.30pm on 18 December, Saturday and 24 December, Friday)

We encourage all students to return to their schools to collect their results. However, for those who are unable to return to school, they may view their results online. The guide on accessing the Candidates Portal (<a href="https://myexams.seab.gov.sg">https://myexams.seab.gov.sg</a>) can be found at: <a href="https://go.gov.sg/2j0grx.">https://go.gov.sg/2j0grx.</a>

Thank you.



# SUPPORTING YOUR TEEN **UPON RESULTS RELEASE**

## TIPS AND RESOURCES FOR PARENTS



# PROVIDING SOCIAL AND EMOTIONAL SUPPORT

Celebrate your teen's efforts. Acknowledge your teen's emotions. Help your teen manage his/her expectation and emotions, especially if he/she has overly high expectation or negative emotions.

Reassure your teen that the exam results do not determine how much he/she is worth, or how successful he/she will be in the future. Success is personal to every teen, and their efforts are worth affirming, regardless of the results.





Look out for out-of-character behaviours in your teen. Should common signs of stress persist, do seek help and advice from a health professional.

You may also wish to inform your teen's new school on his/her well-being so that appropriate support can be given e.g. monitoring by the teaching staff or school counsellor.







### **USEFUL RESOURCES:**

- Setting Realistic Expectations
- Is Your Child Too Stressed?
- Post-Secondary Transition: Click here to find out how you can support your teen's transition through post-secondary education.





## PROVIDING EDUCATION AND CAREER GUIDANCE

Encourage your teen to explore possible education pathways using resources like MySkillsFuture Student Portal and What's Next and discuss their thoughts with you. Engage your teen in conversations on their interests and support them in pursuing their diverse aspirations.



Further tips for parents can be found in the Education & Career Guidance Handbook for Parents (<a href="https://go.gov.sg/parent-guide">https://go.gov.sg/parent-guide</a>).



Check out articles from Schoolbag (https://www.schoolbag.edu.sg) for perspectives from other parents, on how they guided their teens, e.g. From Parents to Parents: Want to Raise Successful Children?